DIRECTORY OF SOCIAL AND COMMUNITY RESOURCES
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Child, Youth and Family

CHILD WELFARE

DAYCARE AND RESPITE

FAMILY SUPPORT

JUVENILE DELINQUENCY

MATERNITY SUPPORT AND ADOPTION

PARENTING EDUCATION

RECREATIONAL ACTIVITIES

YOUTH CENTRES AND SUPPORT

YOUTH EMPLOYMENT

YOUTH SHELTERS AND SUPPORT
**Child welfare**

**ASSOCIATION CARREFOUR FAMILLE MONTCALM - SUPERVISION DES DROITS D'ACCÈS**

20 Payette Road, Saint-Lin–Laurentides, Lanaudière, QC, J5M 0L4  
1 844 439-2454      Fax: 450 439-8763  
Website: www.acfmqc.org/sda  
Email: info@acfm-qc.org  

**Services:**  * Supervised visits and exchange of custody for parents and their children.  
**Eligibility:** parents, children, families  
**Coverage area:** Lanaudière  
**Hours:** Wednesday every two weeks 9h00 to 16h00, Thursday and Friday 13h00 to 20h00, Saturday 9h00 to 16h00, Sunday every two weeks 10h00 to 17h00 Charlemagne's point of service: Wednesday every two weeks 9h00 to 16h00, Friday 11h00 to 16h00  
**Fees:** file opening: $15, supervised visit: no fee, custody exchange: $2.50 per parent per exchange  
**Financing:** federal, provincial, self-financing  
**Legal status:** non-profit organization

**CENTRE DE PROTECTION DE L'ENFANCE ET DE LA JEUNESSE DE LANAUDIÈRE**

260 Lavaltrie Street South, Joliette, Lanaudière, QC, J6E 5X7  
1 800 668-9229  
Website: www.cisss-lanaudiere.gouv.qc.ca  

**Services:** Administration of Youth Centres and direction de la protection de la jeunesse.  * Reports reception and assessment for acts of neglect, violence, abuse against a young person or behavioral disorders, under the Act on the Protection of youth.  * Psychosocial services for young offenders when necessary (under the Youth Criminal Justice Act).  * Network of alternative environment: host families, group homes, rehabilitation centres and intermediate resources.  * Adoption, biological background research, reunion, expertise at the Superior Court, subsidized guardianship.  * Psychosocial services, rehabilitation, social integration, guidance, support and social emergency.  
**Eligibility:** children and teenagers in difficulties, young offenders, parents, guardians, counsellors  
**Coverage area:** Lanaudière  
**Hours:** Monday to Friday 8h30 to 12h00 and 13h00 to 16h30  
**Financing:** provincial  
**Legal status:** parapublic organization

**CENTRE DE PROTECTION DE L'ENFANCE ET DE LA JEUNESSE DE MASCOUCHE**

3083 Mascouche Boulevard, 2nd floor, Mascouche, Lanaudière, QC, J7K 3B7  
450 474-0027  
Website: www.cisss-lanaudiere.gouv.qc.ca  

**Services:** Psychosocial services and outpatient rehabilitation.  
**Eligibility:** children and teenagers in difficulties, young offenders, parents, guardians, counsellors  
**Coverage area:** Mascouche  
**Financing:** provincial  
**Legal status:** parapublic organization

**CENTRE DE RÉADAPTATION EN DÉFICIENCE PHYSIQUE ET DE PROTECTION DE L'ENFANCE ET DE LA JEUNESSE DE REPENTIGNY**

630 Marseille Street, Suite 201, Repentigny, Lanaudière, QC, J6A 7A3  
1 800 229-1879  
Website: www.cisss-lanaudiere.gouv.qc.ca  

**Services:**  * Psychosocial services.  * Multidisciplinary rehabilitation services.  
**Eligibility:** children and teenagers in difficulties, young offenders, parents, guardians, counsellors, people living with a physical disability  
**Coverage area:** Repentigny
CENTRE MIHAWOSO - CENTRE DE PÉDIATRIE SOCIALE DE MANAWAN
450-B Otapi Street, Manawan, Lanaudière, QC, J0K 1M0
819 971-8852
Website: fondationdrjulien.org/centres/centre-mihawoso
Email: centremihawoso@gmail.com
Eligibility: children and teenagers of the Atikamekw community of Manawan and their families
Coverage area: Manawan
Hours: Monday to Friday 8h00 to 16h30
Financing: municipal, federal, provincial, donations
Legal status: non-profit organization

ENFANCE LIBRE LANAUDIÈRE
1208 Lanaudière Street, Joliette, Lanaudière, QC, J6E 3P1
450 760-4848     Fax: 450 760-4847
Website: enfancelibrelanaudiere.ca
Email: info@enfancelibrelanaudiere.ca
Eligibility: children, parents, adults, schools, organizations
Coverage area: Lanaudière
Hours: Monday to Thursday 8h30 to 16h30
Fees: variable
Financing: self-financing
Legal status: non-profit organization

LEGAL AID OFFICE - JOLIETTE
440 Saint-Louis Street, Joliette, Lanaudière, QC, J6E 2Y8
450 759-2500     Fax: 450 759-8682
Website: www.ccjjll.qc.ca
Email: bajjoli@ccjjll.qc.ca
Services: Free or low cost legal services to eligible individuals. * Receive and process legal aid requests.
Eligibility: person or non-profit organization residing in Quebec or forced to remain in Quebec, financially eligible, and with a legal need that is covered by the Law
Coverage area: Joliette
Hours: Monday to Friday 8h30 to 12h00 and 13h00 to 16h30, by appointment only, except emergency
Fees: people may be eligible for free legal aid or contributory legal aid between $100 and $800, depending on their financial situation, see scale on website
Financing: provincial
Legal status: parapublic organization
LEGAL AID OFFICE - REPENTIGNY
10-A Brien Boulevard, Suite 100, Repentigny, Lanaudière, QC, J6A 4R7
450 581-8691    Fax: 450 581-1218
Website: www.ccjll.qc.ca
Email: bajrep@ccjll.qc.ca
Services: Free or low cost legal services to eligible individuals. * Reception and processing legal aid requests.
Eligibility: person or non-profit organization residing in Quebec or forced to remain in Quebec, financially eligible and with a legal need that is covered by the Law
Coverage area: Repentigny
Hours: Monday to Friday 8h30 to 12h00 and 13h00 to 16h30, by appointment only, except emergency
Fees: people may be eligible for free legal aid or contributory legal aid between $100 and $800, depending on their financial situation, see scale on website
Financing: provincial
Legal status: provincial government agency

LEGAL AID OFFICE - TERREBONNE
891 Saint-François-Xavier Street, Suite 210, Terrebonne, Lanaudière, QC, J6W 1H1
450 492-1535    Fax: 450 492-8378
Website: www.ccjll.qc.ca
Email: bajter@ccjll.qc.ca
Services: Free or low cost legal services to eligible individuals. * Reception and processing legal aid requests.
Eligibility: people or non-profit organizations residing in Quebec or forced to remain in Quebec, financially eligible and with a legal need that is covered by the Law
Coverage area: Terrebonne
Hours: Monday to Friday 8h30 to 12h00 and 13h00 to 16h30, by appointment only, except emergency
Fees: people may be eligible for free legal aid or contributory legal aid between $100 and $800, depending on their financial situation, see scale on website
Financing: provincial
Legal status: provincial government agency

MILIEU D’INTERVENTION ET DE THÉRAPIE EN AGRESSION SEXUELLE
144 Saint-Joseph Street, Joliette, Lanaudière, QC, J6E 5C4
450 755-6755    Fax: 450 755-1773
Website: www.mitas.ca
Email: mitas@mitas.ca
Capacity: groups: 8 people
Coverage area: Lanaudière
Hours: Monday to Thursday 9h00 to 16h00, therapies for adults in the evening
Fees: free for children, variable for adults
Financing: provincial, self-financing, grants, donations
Legal status: non-profit organization

REGARD EN ELLE
Confidential Address
1 888 582-6005    Fax: 450 582-2206
Website: www.regardenelle.org/index.php
Email: equipe@regardenelle.org
Eligibility: women victims of violence, with or without children
Capacity: 16 spots
Coverage area: Province of Québec
Hours: 24 hours / 7 days, open self-help group: 1st Thursday of the month 9h00 to 11h30
Fees: none
Financing: grants, donations
Legal status: non-profit organization

REGROUPELLES
Confidential Address
450 964-4404  Fax: 450 964-4653
Website: www.regroupelles.org
Email: information@regroupelles.org
Eligibility: women living or having experienced domestic violence, with or without children, children exposed to domestic violence
Capacity: 18 rooms, support groups: 15 participants
Coverage area: Lanaudière
Hours: housing and phone line: 24 hours / 7 days, external follow-up and support groups: day and evening
Fees: none
Financing: donations, provincial
Legal status: non-profit organization

SERVICE DE POLICE DE MASCouce
822 Brien Street, Mascouche, Lanaudière, QC, J7K 2X3
450 474-6114  TTY: 911
Website: ville.mascouche.qc.ca/services-aux-citoyens/securite-publique/service-de-police
Email: police@ville.mascouche.qc.ca
Coverage area: Mascouche
Financing: municipal
Legal status: municipal agency

Daycare and respite

ACTION FAMILLE LANORAIE
42 Louis-Joseph-Doucet Street, Lanoraie, Lanaudière, QC, J0K 1E0
450 887-2624
Website: www.actionfamillelanoraie.org
Email: actfamlanoraie@qc.aira.com
Eligibility: families and single people, drop-in daycare: children 2 to 5 years old
Coverage area: Lanoraie
Hours: Monday to Friday 7h00 to 12h00, 13h00 to 18h00, drop-in daycare: Wednesday 9h00 to 15h00, Friday 9h00 to 12h00, thrift shop: Monday to Friday 13h00 to 15h00, childcare services and homework assistance: Monday to Friday 7h00 to 8h00, 15h15 to 18h00 in addition to the pedagogical days
Child, Youth and Family

**Fees:** workshops: variable, drop-in daycare: $8 on Wednesday, $4 on Friday, childcare services: 7h00 to 8h00 $3, 15h15 to 16h30 $3, 15h15 to 18h00 $4.50, homework assistance: $3, day camp: 1st child $315, 2nd child $275, 3rd child and the following ones $235

**Financing:** municipal, self-financing, donations, provincial

**Legal status:** non-profit organization

**ACTION FAMILLE LAVALTRIE**

1725 Notre-Dame Street, Lavaltrie, Lanaudière, QC, J5T 1S2

450 586-0733 Fax: 450 586-6652

Website: www.actionfamillelavaltrie.org

Email: actionfamillelavaltrieinc@bellnet.ca


**Eligibility:** Expérience Loisirs program: people, parents and families on a low income, daycare: children 18 month to 5 years old, welcoming and support program for immigrants: immigrants, room rental: members

**Coverage area:** Lavaltrie, welcoming and support program for immigrants: MRC D'Autray

**Hours:** Monday to Friday 9h00 to 16h00, daycare: Wednesday to Friday 9h00 to 16h00

**Fees:** membership: $12 per year, workshops: variable, daycare: $12 per day, $8 per day for the second child and the other children or $3 per hour, Expérience Loisirs program: free, room rental: $50 deposit, $100 for 4 hours, $120 for 6 hours, $200 for the day

**Financing:** Centraide Lanaudière, municipal, provincial, contributions, self-financing, fundraising campaigns, donations

**Legal status:** non-profit organization

**CARREFOUR FAMILIAL DES MOULINS**

427 Léveillé Street, Terrebonne, Lanaudière, QC, J6W 1Z7

450 492-1257 Fax: 450 492-6019

Website: www.carrefourfamilialdesmoulins.com

Email: info@carrefourfamilialdesmoulins.com


**Eligibility:** families, future parents

**Coverage area:** MRC Les Moulins

**Hours:** Monday to Thursday 8h30 to 12h15 and 13h00 to 16h00

**Fees:** member access: $10 per year

**Financing:** Centraide Laurentides, provincial, municipal, contributions, self-financing, donations

**Legal status:** non-profit organization

**CÉGEP RÉGIONAL DE LANAUDIÈRE - COLLÈGE CONSTITUANT DE JOUZETTE**

20 Saint-Charles-Borromée Street South, Joliette, Lanaudière, QC, J6E 4T1

450 759-1661 Fax: 450 759-7120

Website: www.cegep-lanaudiere.qc.ca/joliette

**Services:** Public higher education institution at the collegial level. * 30 pre-university and technical programs (DEC). * La Cabotine Daycare (CPE). * Room and sports facilities rental.

**Coverage area:** Province of Québec

**Financing:** provincial

**Legal status:** parapublic organization
CENTRE MIHAWOSO - CENTRE DE PÉDIATRIE SOCIALE DE MANAWAN
450-B Otapi Street, Manawan, Lanaudière, QC, J0K 1M0
819 971-8852
Website: fondationdrjulien.org/centres/centre-mihawoso
Email: centremihawoso@gmail.com


Eligibility: children and teenagers of the Atikamekw community of Manawan and their familie

Coverage area: Manawan

Hours: Monday to Friday 8h00 to 16h30

Financing: municipal, federal, provincial, donations

Legal status: non-profit organization

CIBLE FAMILLE BRANDON
15 Monday Street, Saint-Gabriel, Lanaudière, QC, J0K 2N0
450 835-9094  Fax: 450 835-3935
Website: ciblefamillebrandon.com
Email: info@ciblefamillebrandon.com


Eligibility: families, pregnant women, mothers, fathers, children 0 to 12 years old

Coverage area: Saint-Gabriel, Saint-Gabriel-De-Brandon, Mandeville, Saint-Damien, Saint-Didace, Saint-Cléophas-De-Brandon, Saint-Norbert

Hours: Monday to Friday 9h00 to 12h00 and 13h00 to 16h00

Fees: free or depending on activities

Financing: Centraide Lanaudière, donations, self-financing

Legal status: non-profit organization

CUISINES COLLECTIVES LA JOYEUSE MARMITE
50 Thouin Street, Suite 114, Repentigny, Lanaudière, QC, J6A 4J4
450 581-0468
Website: www.lajoyeusemarmite.com
Email: cclajoyeusemarmite@hotmail.com


Eligibility: individuals and families on a low income, priority to families referred by CISSS de la Montérégie-Est or other community agencies and partners

Coverage area: MRC L'Assomption

Hours: Monday to Thursday 8h30 to 16h00, Friday 8h30 to 12h00

Fees: $4 per person at home aged 1 year and older, includes 1 soup, 4 main meals and 1 dessert, seniors: $8 per person

Financing: Centraide Lanaudière, provincial

Legal status: non-profit organization

DÉFI-FAMILLE MATAWINIE
244 Sainte-Louise Street, Saint-Jean-de-Matha, Lanaudière, QC, J0K 2S0
450 886-0458
Email: defiacceuil@bellnet.ca

**Eligibility:** families

**Coverage area:** Saint-Félix-De-Valois, Saint-Jean-De-Matha, Saint-Michel-Des-Saints, Saint-Zénon, Sainte-Béatrix, Sainte-Émélie-De-L’énergie

**Hours:** Monday to Friday 9h00 to 16h00

**Financing:** municipal

**Legal status:** non-profit organization

**GÎT’ENFANTS (LE)**

430 de la Mairie Street, Sainte-Émélie-de-l’Énergie, Lanaudière, QC, J0K 2K0

450 271-0797

Email: gitenfants@yahoo.ca


**Eligibility:** young people from 2 to 21 years old with school adjustment difficulties or from disadvantaged backgrounds, parents

**Capacity:** 30

**Coverage area:** Sainte-Émélie-De-L’Énergie

**Hours:** Monday to Sunday 9h00 to 21h00 depending of the needs

**Fees:** $5 per year per family

**Financing:** provincial

**Legal status:** non-profit organization

**MAISON DE LA FAMILLE LA PARENTHÈSE (LA)**

222 Notre-Dame-des-Champs Boulevard, Repentigny, Lanaudière, QC, J6A 3B5

450 582-2677     Fax: 450 582-1168

Website: maisonlaparenthese.org

Email: info@maisonlaparenthese.org


**Eligibility:** parents, children 0 to 5 years old, families

**Coverage area:** MRC L'Assomption

**Hours:** Monday to Thursday 9h00 to 12h00 and 13h00 to 16h00, occasional workshops in the evening, summer: outdoor activities only, respite: Wednesday and Friday 9h00 to 15h30

**Fees:** membership fees: $10, respite: $5 from 8h30 to 12h00, $7 from 8h30 to 13h00 and $10 from 8h30 to 15h30

**Financing:** provincial, federal

**Legal status:** non-profit organization

**MAISON DE PARENTS DE LA MATAWINIE OUEST**

3615 Queen Street, Suite 2, Rawdon, Lanaudière, QC, J0K 1S0

450 834-5179     Fax: 450 834-5179

Website: maisonparents.org

Email: maisonparents.mo@gmail.com
**MAISON DES GRANDS-PARENTS DU GRAND JOLIETTE (LA)**

200 Salaberry Street, Suite 203-205, Joliette, Lanaudière, QC, J6E 4G1

450 394-4100     Fax: 450 394-4200

Website: www.mgpjoliette.wordpress.com

Email: mgpjoliette@hotmail.ca


**Eligibility:** people 50 years and over

**Coverage area:** MRC Joliette

**Hours:** Tuesday to Thursday 8h30 to 16h30

**Fees:** membership: free or voluntary contribution

**Financing:** contributions, Centraide Lanaudière, provincial, donations

**Legal status:** non-profit organization

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**MAISON PARENT-AISE**

98 Saint-Pierre Street South, Joliette, Lanaudière, QC, J6E 5Y6

450 752-0582

Website: maisonparentaise.com

Email: parent-aise@videotron.ca


**Eligibility:** parents with a child aged between 0 and 17 years old, drop-in: children from 0 to 5 years old, Les Grenouilles Bleues: children from 3 to 5 years old

**Coverage area:** MRC Joliette

**Hours:** Monday to Thursday 8h00 to 16h00, Friday 8h00 to 12h00

**Fees:** membership card: $5 per year per family, activities: low cost

**Financing:** provincial, self-financing

**Legal status:** non-profit organization

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**MARRAINES COUP DE POUCHE**

222 Notre-Dame-des-Champs Boulevard, Repentigny, Lanaudière, QC, J6A 3B5

450 582-2677 ext. 29     Fax: 450 582-1168

Website: maisonlaparenthese.org/marraines-coup-de-pouce

Email: info@maisonlaparenthese.org
Eligibility: parents of a child younger than a year
Coverage area: MRC L’Assomption
Hours: Monday to Friday 8h00 to 12h00 and 13h00 to 16h00
Fees: none
Financing: provincial
Legal status: non-profit organization

Mouvement Organisé des Mères Solidaires
640 Langlois Street, Suite 1, Terrebonne, Lanaudière, QC, J6W 4P3
450 961-9107 Fax: 450 492-0473
Website: www.momsterrebonne.org
Email: info@momsterrebonne.org
Eligibility: single young mothers 14 to 25 years old in vulnerable situations, their children
Capacity: 10 mothers per group
Coverage area: MRC Les Moulins
Hours: Monday to Thursday 8h00 to 16h00, closed in summer
Fees: none
Financing: provincial, fundraising campaigns
Legal status: non-profit organization

Parenfants de Mascouche - Maison de la Famille
2492 Sainte-Marie Road, Mascouche, Lanaudière, QC, J7K 1M5
450 474-6431 Fax: 450 722-0599
Website: www.parenfants.org
Email: info@parenfants.com
Eligibility: families
Coverage area: MRC Les Moulins
Hours: Monday to Friday 8h30 to 15h00, Saturday according to activities
Fees: membership: $10 per year
Financing: provincial, municipal, donations, fundraising campaigns
Legal status: non-profit organization

Family Support

Accueil Multietnique et Intégration des Nouveaux Arrivants à Terrebonne et Mascouche
500 des Seigneurs Boulevard, Suite 002, basement, Terrebonne, Lanaudière, QC, J6W 1T3
450 492-7989 Fax: 450 492-1303
Website: www.amineate.qc.ca
Email: reception@aminate.qc.ca

Eligibility: newcomers and immigrants

Coverage area: Terrebonne, Mascouche

Hours: Monday to Friday 8h30 to 16h30

Fees: none

Financing: federal, provincial, municipal

Legal status: non-profit organization

ACTION FAMILLE LANORAIE
42 Louis-Joseph-Doucet Street, Lanoraie, Lanaudière, QC, J0K 1E0
450 887-2624

Website: www.actionfamillelanoraie.org
Email: actfamlanoraie@qc.aira.com


Eligibility: families and single people, drop-in daycare: children 2 to 5 years old

Coverage area: Lanoraie

Hours: Monday to Friday 7h00 to 12h00, 13h00 to 18h00, drop-in daycare: Wednesday 9h00 to 15h00, Friday 9h00 to 12h00, thrift shop: Monday to Friday 13h00 to 15h00, childcare services and homework assistance: Monday to Friday 7h00 to 8h00, 15h15 to 18h00 in addition to the pedagogical days

Fees: workshops: variable, drop-in daycare: $8 on Wednesday, $4 on Friday, childcare services: 7h00 to 8h00 $3, 15h15 to 16h30 $3, 15h15 to 18h00 $4.50, homework assistance: $3, day camp: 1st child $315, 2nd child $275, 3rd child and the following ones $235

Financing: municipal, self-financing, donations, provincial

Legal status: non-profit organization

ACTION FAMILLE LAVALTRIE
1725 Notre-Dame Street, Lavaltrie, Lanaudière, QC, J5T 1S2
450 586-0733  Fax: 450 586-6652

Website: www.actionfamillelavaltrie.org
Email: actionfamillelavaltrieinc@bellnet.ca


Eligibility: Expérience Loisirs program: people, parents and families on a low income, daycare: children 18 month to 5 years old, welcoming and support program for immigrants: immigrants, room rental: members

Coverage area: Lavaltrie, welcoming and support program for immigrants: MRC D’Auteur

Hours: Monday to Friday 9h00 to 16h00, daycare: Wednesday to Friday 9h00 to 16h00

Fees: membership: $12 per year, workshops: variable, daycare: $12 per day, $8 per day for the second child and the other children or $3 per hour, Expérience Loisirs program: free, room rental: $50 deposit, $100 for 4 hours, $120 for 6 hours, $200 for the day

Financing: Centraide Lanaudière, municipal, provincial, contributions, self-financing, fundraising campaigns, donations

Legal status: non-profit organization
ASSOCIATION CARREFOUR FAMILLE MONTCALM
20 Payette Road, Saint-Lin–Laurentides, Lanaudière, QC, J5M 0L4
1 877 439-2669   Fax: 450 439-8763
Website: www.acfmqc.org
Email: info@acfm-qc.org


Eligibility: families, parents, language skills and motricity development activities: children aged 0 to 5 years old and their parents

Coverage area: MRC Montcalm

Hours: Monday to Friday 8h00 to 16h00, drop-in daycare: Monday to Friday 8h30 to 15h30

Fees: free services, $40 deposit for child safety seat loan

Financing: federal, provincial, self-financing

Legal status: non-profit organization

ASSOCIATION DE PARENTS D’ENFANT TRISOMIQUE-21 LANAUDIÈRE (L’)
245 des Anglais Road, Mascouche, Lanaudière, QC, J7L 3P3
450 477-4116   Fax: 450 477-3534
Website: www.apetl.org
Email: info@apetl.org


Eligibility: people living with Down syndrome, their family, pediatric physiotherapy: children 0 to 5 years old

Coverage area: Lanaudière

Hours: Monday to Thursday 8h00 to 16h00

Fees: annual membership: $25

Financing: membership fees, donations, grants

Legal status: non-profit organization

CARREFOUR FAMILIAL DES MOULINS
427 Léveillé Street, Terrebonne, Lanaudière, QC, J6W 1Z7
450 492-1257   Fax: 450 492-6019
Website: www.carrefourfamilialdesmoulins.com
Email: info@carrefourfamilialdesmoulins.com


Eligibility: families, future parents

Coverage area: MRC Les Moulins

Hours: Monday to Thursday 8h30 to 12h15 and 13h00 to 16h00

Fees: member access: $10 per year

Financing: Centraide Laurentides, provincial, municipal, contributions, self-financing, donations

Legal status: non-profit organization
CENTRE D’AMITIÉ AUTOCHTONE DE LANAUDIÈRE
523 Sainte-Anne Boulevard, Joliette, Lanaudière, QC, J6E 5A3
450 760-3865  Fax: 450 760-9923
Website: www.caalanaudiere.ca
Email: info@caalanaudiere.ca


Eligibility: native people of all ages
Coverage area: Joliette
Hours: Monday to Friday 9h00 to 16h00
Fees: none
Financing: federal, provincial, self-financing, donations, grants, foundations
Legal status: non-profit organization

CENTRE DE PÉDIATRIE SOCIALE EN COMMUNAUTÉ DE LANAUDIÈRE
994 de Lanaudière Street, Joliette, Lanaudière, QC, J6E 3N6
450 758-3795
Website: www.cpscl.org
Email: info@cpscl.org


Eligibility: children, teenagers and families
Hours: Monday to Friday 9h30 to 16h30
Fees: none
Financing: provincial, municipal, grants, donations
Legal status: non-profit organization

CENTRE DE PÉDIATRIE SOCIALE EN COMMUNAUTÉ DE LANAUDIÈRE - POINT DE SERVICE DE CHERTSEY
423 de l’Église Road, Chertsey, Lanaudière, QC, J0K 3K0
450 758-3795
Website: www.cpscl.org
Email: info@cpscl.org


Eligibility: children, adolescents and families
Hours: Monday to Friday 8h30 to 16h30
Fees: none
CENTRE MIHAWOSO - CENTRE DE PÉDIATRIE SOCIALE DE MANAWAN
450-B Otapi Street, Manawan, Lanaudière, QC, J0K 1M0
819 971-8852
Website: fondationdrjulien.org/centres/centre-mihawoso
Email: centremihawoso@gmail.com


Eligibility: children and teenagers of the Atikamekw community of Manawan and their families

Coverage area: Manawan
Hours: Monday to Friday 8h00 to 16h30

FINANCING: municipal, federal, provincial, donations
Legal status: non-profit organization

CIBLE FAMILLE BRANDON
15 Monday Street, Saint-Gabriel, Lanaudière, QC, J0K 2N0
450 835-9094   Fax: 450 835-3935
Website: ciblefamillebrandon.com
Email: info@ciblefamillebrandon.com


Eligibility: families, pregnant women, mothers, fathers, children 0 to 12 years old

Coverage area: Saint-Gabriel, Saint-Gabriel-De-Brandon, Mandeville, Saint-Damien, Saint-Didace, Saint-Cléophas-De-Brandon, Saint-Norbert

Hours: Monday to Friday 9h00 to 12h00 and 13h00 to 16h00

Fees: free or depending on activities

FINANCING: Centraide Lanaudière, donations, self-financing
Legal status: non-profit organization

DÉFI-FAMILLE MATAWINIE
244 Sainte-Louise Street, Saint-Jean-de-Matha, Lanaudière, QC, J0K 2S0
450 886-0458
Email: defiaccueil@bellnet.ca

Services: Organization offering services to families. * Loan of car seats and baby carriers. * Installation and verification of car seats.* Breastfeeding godmothers: breastfeeding support.* Parent-baby workshops: babywearing, breastfeeding, childbirth, baby massage.* Stimulation workshops for babies and children 2 to 5 years old.* Drop-in daycare.* Parent-child workshops.* Workshops on healthy communication offered to parents of children 3 to 12 years.* Workshops on healthy eating habits.* Workshops for the family before, during and after pregnancy, preschool, etc.* Distribution of school supplies.

Eligibility: families


Hours: Monday to Friday 9h00 to 16h00

FINANCING: municipal
Legal status: non-profit organization
GÎT’ENFANTS (LE)
430 de la Mairie Street, Sainte-Émélie-de-l’Énergie, Lanaudière, QC, J0K 2K0
450 271-0797
Email: gitenfants@yahoo.ca


Eligibility: young people from 2 to 21 years old with school adjustment difficulties or from disadvantaged backgrounds, parents

Capacity: 30

Coverage area: Sainte-Émélie-De-L’énergie

Hours: Monday to Sunday 9h00 to 21h00 depending of the needs

Fees: $5 per year per family

Financing: provincial

Legal status: non-profit organization

JOUJOUTHÈQUE FARFOUILLE (LA)
845 Saint-Louis Street, Joliette, Lanaudière, QC, J6E 3A3
450 752-2587 Fax: 450 752-2502
Website: www.joujouthequefarfouille.org
Email: farfouille@videotron.ca


Eligibility: families, parents of children with special needs, organizations, CPE, daycare centres

Coverage area: Lanaudière

Hours: Tuesday to Thursday 9h00 to 17h00, Friday and Saturday 9h00 to 15h00

Fees: families: $25 per year to access 3 games per child per month, $35 per year to access 6 games per child per month, organizations: $70 per year to access 20 games per 2 months, $100 per year to access 30 games per 2 months

Financing: membership fees, donations, self-financing, provincial, grants

Legal status: non-profit organization

L’ASSOMPTION PUBLIC LIBRARY
375 Saint-Pierre Street, L’Assomption, Lanaudière, QC, J5W 2B6
450 589-5671 ext. 3100 Fax: 450 589-4512
Website: www.ville.lassomption.qc.ca/bibliotheque
Email: bibliotheque@ville.lassomption.qc.ca


Coverage area: L’Assomption

Hours: Tuesday to Thursday 11h00 to 19h00, Friday and Saturday 9h00 to 17h00, Sunday 12h00 to 17h00, summer: closed on Sunday and Monday

Fees: subscription: free for residents

Financing: municipal

Legal status: municipal agency

MAISON DE LA FAMILLE AUX QUATRE VENTS
85 Iberville Street, Berthierville, Lanaudière, QC, J0K 1A0
450 836-3770 Fax: 450 836-2153
Email: maisonfamille@derytele.com
Child, Youth and Family

**MAISON DE LA FAMILLE LA PARENTHÈSE (LA)**

222 Notre-Dame-des-Champs Boulevard, Repentigny, Lanaudière, QC, J6A 3B5  
450 582-2677  Fax: 450 582-1168  
Website: maisonlaparenthese.org  
Email: info@maisonlaparenthese.org


**Eligibility:** parents, children 0 to 5 years old, families  
**Coverage area:** MRC L'Assomption  
**Hours:** Monday to Friday 9h00 to 12h00 and 13h00 to 16h00, occasional workshops in the evening, summer: outdoor activities only, respite: Wednesday and Friday 9h00 to 15h30  
**Fees:** membership fees: $10, respite: $5 from 8h30 to 12h00, $7 from 8h30 to 13h00 and $10 from 8h30 to 15h30  
**Financing:** provincial, federal  
**Legal status:** non-profit organization

**MAISON DE PARENTS DE LA MATAWINIE OUEST**

3615 Queen Street, Suite 2, Rawdon, Lanaudière, QC, J0K 1S0  
450 834-5179  Fax: 450 834-5179  
Website: maisonparents.org  
Email: maisonparents.mo@gmail.com

**Eligibility:** families, parents, drop-in: children from 1 to 5 years old  
**Coverage area:** West Matawinie: Chertsey, Entrelacs, Notre-Dame-de-la-Merci, Rawdon, Saint-Alphonse-Rodriguez, Saint-Côme, Saint-Donat, Sainte-Marcelline-de-Kildare  
**Hours:** Monday to Friday 9h00 to 15h00, drop-in daycare: Wednesday and Thursday 9h00 to 14h30 and during an activity  
**Fees:** membership card: $10 per family per year, drop-in daycare: $6 for one child, $8 for 2 children and $10 for 3 children  
**Financing:** contributions, self-financing  
**Legal status:** non-profit organization

**MAISON DES FAMILLES PLAINOISES (LA)**

5900 Rodrigue Street, Terrebonne, Lanaudière, QC, J7M 2C1  
514 436-0819  
Email: maisonfamillesplainoises@gmail.com

**Services:** * Recreational activities for families.**  
**Eligibility:** families with children  
**Coverage area:** La Plaine, Terrebonne  
**Hours:** variable  
**Fees:** annual contribution: $5, activities: variable
Financing: membership fees, grants
Legal status: non-profit organization

MAISON OXYGÈNE JOLIETTE-LANAUDIÈRE
Confidential Address
450 499-2617
Website: www.maisonoxgenejoliettelanaudiere.org
Email: administration@mojl.org
Eligibility: fathers and their children living with severe family problems
Capacity: housing: 10 adults and 10 children
Coverage area: Lanaudière
Hours: variable
Fees: housing: according to income, psychosocial follow-up: none
Financing: grants, donations
Legal status: non-profit organization

MAISON OXYGÈNE L’ASSOMPTION
Confidential Address
450 591-2617
Website: www.maisonoxgenejoliettelanaudiere.org
Email: administration@mojl.org
Eligibility: fathers and their children living with severe family problems
Capacity: 4 father and 8 children
Coverage area: Lanaudière
Hours: variable
Fees: housing: according to income, psychosocial follow-up: none
Financing: grants, donations
Legal status: non-profit organization

MAISON PARENT-AISE
98 Saint-Pierre Street South, Joliette, Lanaudière, QC, J6E 5Y6
450 752-0582
Website: maisonparentaise.com
Email: parent-aise@videotron.ca
Eligibility: parents with a child aged between 0 and 17 years old, drop-in: children from 0 to 5 years old, Les Grenouilles Bleues: children from 3 to 5 years old
Coverage area: MRC Joliette
Hours: Monday to Thursday 8h00 to 16h00, Friday 8h00 to 12h00
Fees: membership card: $5 per year per family, activities: low cost
Financing: provincial, self-financing
Legal status: non-profit organization
**MASCOUCHE PUBLIC LIBRARY**
3015 des Ancêtres Avenue, Mascouche, Lanaudière, QC, J7K 1X6

**450 474-4159**  **Fax:** 450 474-3410

**Website:** biblio.ville.mascouche.qc.ca

**Email:** biblio@ville.mascouche.qc.ca


**Coverage area:** Mascouche

**Hours:** Monday to Friday 10h00 to 20h00, Saturday and Sunday 9h30 to 17h00, summer: Monday to Thursday 10h00 to 20h00, Friday to Sunday 9h30 to 17h00

**Fees:** free for residents, $75 per year for non-residents

**Financing:** municipal

**Legal status:** municipal agency

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**MOUVEMENT ORGANISÉ DES MÈRES SOLIDAIRES**
640 Langlois Street, Suite 1, Terrebonne, Lanaudière, QC, J6W 4P3

**450 961-9107**  **Fax:** 450 492-0473

**Website:** www.momsterrebonne.org

**Email:** info@momsterrebonne.org


**Eligibility:** single young mothers 14 to 25 years old in vulnerable situations, their children

**Capacity:** 10 mothers per group

**Coverage area:** MRC Les Moulins

**Hours:** Monday to Thursday 8h00 to 16h00, closed in summer

**Fees:** none

**Financing:** provincial, fundraising campaigns

**Legal status:** non-profit organization

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**NÉO (LE)**
950 Moody Boulevard, Terrebonne, Lanaudière, QC, J6W 3K8

**1 800 964-1860**

**Website:** le-neo.com

**Email:** neo@le-neo.com


**Eligibility:** LGBTQ+ people and allies, people living with HIV/AIDS or hepatitis

**Coverage area:** Lanaudière

**Hours:** administration: Monday to Friday 8h30 to 16h30

**Fees:** none

**Financing:** provincial

**Legal status:** non-profit organization

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**PANDA DE LA MRC L'ASSOMPTION**
50 Thouin Street, Suite 242, Repentigny, Lanaudière, QC, J6A 4J4

**450 582-0003**

**Website:** tdahpanda.ca

**Email:** panda3@bellnet.ca

**Eligibility:** children or adults with a diagnosis, or awaiting a diagnosis of attention deficit with or without hyperactivity disorder, and their parents

**Capacity:** parent support groups: 10 people, support groups for adults and children: 6 people

**Coverage area:** MRC de L’Assomption

**Hours:** groups for parents or adults: weeknights, groups for children: Saturday morning

**Fees:** annual membership: $10 per family, parental coaching: $100 for 10 meetings, groups for children or adults with ADHD: $10 per meeting

**Financing:** self-financing, provincial, fundraising campaigns, membership fees, donations

**Legal status:** non-profit organization

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**PARENTFANTS DE MASCOCHE - MAISON DE LA FAMILLE**

2492 Sainte-Marie Road, Mascouche, Lanaudière, QC, J7K 1M5

450 474-6431    Fax: 450 722-0599

Website: www.parenfants.org

Email: info@parenfants.com


**Eligibility:** families

**Coverage area:** MRC Les Moulins

**Hours:** Monday to Friday 8h30 to 15h00, Saturday according to activities

**Fees:** membership: $10 per year

**Financing:** provincial, municipal, donations, fundraising campaigns

**Legal status:** non-profit organization

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**REPENTIGNY PUBLIC LIBRARY - EDMOND-ARCHAMBAULT**

231 J.-A.-Paré Boulevard, Repentigny, Lanaudière, QC, J5Z 4M6

450 470-3430

Website: bibliotheques.repentigny.ca

Email: bibliotheque@ville.repentigny.qc.ca


**Coverage area:** Repentigny

**Hours:** Tuesday to Thursday 13h00 to 21h00, Friday 9h00 to 17h00, Saturday and Sunday 13h00 to 17h00

**Fees:** residents of Repentigny: none, non-resident: $100 per year

**Financing:** municipal

**Legal status:** municipal agency

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**REPENTIGNY PUBLIC LIBRARY - ROBERT-LUSSIER**

1 Place d’Évry, Repentigny, Lanaudière, QC, J6A 8H7

450 470-3420

Website: bibliotheques.repentigny.ca

Email: bibliotheque@ville.repentigny.qc.ca

Coverage area: Repentigny
Hours: Monday to Thursday 10h00 to 21h00, Friday and Saturday 9h00 to 17h00, Sunday 13h00 to 17h00
Fees: residents of Repentigny: none, non-residents: $100 per year
Financing: municipal
Legal status: municipal agency

SOCIÉTÉ DE L'AUTISME RÉGION LANAUDIÈRE
584 Almira-S.-Choinière Street, Joliette, Lanaudière, QC, J6E 0K5
450 759-9788
Website: autisme-lanaudiere.org
Email: sarl@autisme-lanaudiere.org


Eligibility: people with an autism spectrum disorder (TSA), their family, general public
Coverage area: Lanaudière
Hours: Monday to Friday 8h00 to 16h00
Fees: annual contribution: family: $25, participating member: $25, individual: $35, professional: $50, corporate member: $100
Financing: contributions
Legal status: non-profit organization

TERREBONNE PUBLIC LIBRARY - ANDRÉ-GUÉRARD
3425 Camus Place, Terrebonne, Lanaudière, QC, J6Y 0C8
450 961-2001 ext. 1349
Website: biblio.ville.terrebonne.qc.ca
Email: biblio@ville.terrebonne.qc.ca


Coverage area: Terrebonne
Hours: Monday to Wednesday 12h00 to 21h00, Thursday and Friday 12h00 to 20h00, Saturday and Sunday 10h00 to 17h00
Fees: none
Financing: municipal
Legal status: municipal agency

TERREBONNE PUBLIC LIBRARY - ÎLE-DES-MOULINS
855 de l'Île-des-Moulins Place, Terrebonne, Lanaudière, QC, J6W 4N7
450 961-2001 ext. 1116     Fax: 450 471-3761
Website: biblio.ville.terrebonne.qc.ca
Email: biblio@ville.terrebonne.qc.ca


Coverage area: Terrebonne
Child, Youth and Family

**TERREBONNE PUBLIC LIBRARY - LA PLAINE**

6900 Guérin Street, Terrebonne, Lanaudière, QC, J7M 1L9  
450 961-2001 ext. 1133  
Website: biblio.ville.terrebonne.qc.ca  
Email: biblio@ville.terrebonne.qc.ca  
**Coverage area:** Terrebonne  
**Hours:** Monday to Wednesday 12h00 to 21h00, Thursday to Sunday 10h00 to 17h00  
**Fees:** none  
**Financing:** municipal  
**Legal status:** municipal agency

**TERREBONNE PUBLIC LIBRARY - LACHENAIE**

3060 Saint-Charles Road, Terrebonne, Lanaudière, QC, J6V 1A1  
450 961-2001 ext. 1378  
Website: biblio.ville.terrebonne.qc.ca/client/en_US/default  
Email: biblio@ville.terrebonne.qc.ca  
**Coverage area:** Terrebonne  
**Hours:** Monday to Wednesday 12h00 to 21h00, Thursday to Sunday 10h00 to 17h00  
**Fees:** none  
**Financing:** municipal  
**Legal status:** municipal agency

**TRAVAIL DE RUE DE REPENTIGNY**

294 Iberville Boulevard, Repentigny, Lanaudière, QC, J6A 2A3  
514 793-5565  
Website: travailderuerepentigny.com  
Email: trrepentigny@hotmail.com  
**Eligibility:** adolescents and young adults 12 to 30 years old, homeless people, marginalized people or struggling with mental health issues  
**Coverage area:** Repentigny  
**Hours:** Monday to Friday  
**Fees:** none  
**Financing:** provincial, donations  
**Legal status:** non-profit organization
Juvenile Delinquency

ÉQUIJUSTICE LANAUDIÈRE NORD
200 de Salaberry Street, Joliette, Lanaudière, QC, J6E 4G1
450 755-3815    Fax: 450 755-4540
Website: equijustice.ca/en
Email: lanaudierenord@equijustice.ca

Eligibility: adults, teenagers
Coverage area: MRC D’Autray, MRC Matawinie, MRC Montcalm, MRC Joliette
Hours: Monday to Friday 8h00 to 17h30
Fees: free
Financing: provincial
Legal status: non-profit organization

ÉQUIJUSTICE LANAUDIÈRE SUD
50 Thouin Street, Suite 200, Repentigny, Lanaudière, QC, J6A 4J4
450 581-1459    Fax: 450 581-1453
Website: equijustice.ca/en
Email: lanaudieresud@equijustice.ca

Eligibility: young people 9 to 17 years old and their parents, adult offenders and victims, school and community workers and clients, citizen mediation: general population
Coverage area: MRC Les Moulins, MRC L’Assomption
Hours: Monday, Tuesday, Thursday, Friday 8h30 to 17h00, Wednesday 9h00 to 20h00
Financing: provincial
Legal status: non-profit organization

MAISON DES JEUNES LA BARAK DE MASCOUCHE
2522 Sainte-Marie Road, Mascouche, Lanaudière, QC, J7K 1M5
450 966-9290    Fax: 450 966-6243
Website: mdjlabarak.wixsite.com/labarak
Email: mdjlabarak@videotron.ca

Eligibility: youth 12 to 17 years old
Coverage area: Mascouche
Hours: Monday and Tuesday 17h00 to 20h00, Wednesday and Thursday 17h00 to 21h00, Friday 17h00 to 22h00
Fees: none
Financing: grants, self-financing, donations
Legal status: non-profit organization
TRAVAL DE RUE DE REPENTIGNY
294 Iberville Boulevard, Repentigny, Lanaudière, QC, J6A 2A3
514 793-5565
Website: travailderuerepentigny.com
Email: trrepentigny@hotmail.com
Eligibility: adolescents and young adults 12 to 30 years old, homeless people, marginalized people or struggling with mental health issues
Coverage area: Repentigny
Hours: Monday to Friday
Fees: none
Financing: provincial, donations
Legal status: non-profit organization

Maternity support and adoption

ACTION FAMILLE LANORAIE
42 Louis-Joseph-Doucet Street, Lanoraie, Lanaudière, QC, J0K 1E0
450 887-2624
Website: www.actionfamillelanoraie.org
Email: actfamlanoraie@qc.aira.com
Eligibility: families and single people, drop-in daycare: children 2 to 5 years old
Coverage area: Lanoraie
Hours: Monday to Friday 7h00 to 12h00, 13h00 to 18h00, drop-in daycare: Wednesday 9h00 to 15h00, Friday 9h00 to 12h00, thrift shop: Monday to Friday 13h00 to 15h00, childcare services and homework assistance: Monday to Friday 7h00 to 8h00, 15h15 to 18h00 in addition to the pedagogical days
Fees: workshops: variable, drop-in daycare: $8 on Wednesday, $4 on Friday, childcare services: 7h00 to 8h00 $3, 15h15 to 16h30 $3, 15h15 to 18h00 $4.50, homework assistance: $3, day camp: 1st child $315, 2nd child $275, 3rd child and the following ones $235
Financing: municipal, self-financing, donations, provincial
Legal status: non-profit organization

ACTION FAMILLE LAVALTRIE
1725 Notre-Dame Street, Lavaltrie, Lanaudière, QC, J5T 1S2
450 586-0733 Fax: 450 586-6652
Website: www.actionfamillelavaltrie.org
Email: actionfamillelavaltrieinc@bellnet.ca
Eligibility: Expérience Loisirs program: people, parents and families on a low income, daycare: children 18 month to 5 years old, welcoming and support program for immigrants: members
Coverage area: Lavaltreie, welcoming and support program for immigrants: MRC D'Autray
ASSOCIATION CARREFOUR FAMILLE MONTCALM
20 Payette Road, Saint-Lin–Laurentides, Lanaudière, QC, J5M 0L4
1 877 439-2669     Fax: 450 439-8763
Website: www.acfmqc.org
Email: info@acfmqc.org


Eligibility: families, parents, language skills and motricity development activities: children aged 0 to 5 years old and their parents

Coverage area: MRC Montcalm

Hours: Monday to Friday 8h00 to 16h00, drop-in daycare: Monday to Friday 8h30 to 15h30

Fees: free services, $40 deposit for child safety seat loan

Financing: federal, provincial, self-financing

Legal status: non-profit organization

CARREFOUR FAMILIAL DES MOULINS
427 Léveillé Street, Terrebonne, Lanaudière, QC, J6W 1Z7
450 492-1257     Fax: 450 492-6019
Website: www.carrefourfamilialdesmoulins.com
Email: info@carrefourfamilialdesmoulins.com


Eligibility: families, future parents

Coverage area: MRC Les Moulins

Hours: Monday to Thursday 8h30 to 12h15 and 13h00 to 16h00

Fees: member access: $10 per year

Financing: Centraide Laurentides, provincial, municipal, contributions, self-financing, donations

Legal status: non-profit organization

CENTRE DE PROTECTION DE L’ENFANCE ET DE LA JEUNESSE DE LANAUDIÈRE
260 Lavaltrie Street South, Joliette, Lanaudière, QC, J6E 5X7
1 800 668-9229
Website: www.ciss-lanaudiere.gouv.qc.ca

Services: Administration of Youth Centres and direction de la protection de la jeunesse. * Reports reception and assessment for acts of neglect, violence, abuse against a young person or behavioral disorders, under the Act on the Protection of youth. * Psychosocial services for young offenders when necessary (under the Youth Criminal Justice Act). * Network of alternative environment: host families, group homes, rehabilitation centres and intermediate resources. * Adoption, biological background research, reunion, expertise at the Superior Court, subsidized guardianship. * Psychosocial services, rehabilitation, social integration, guidance, support and social emergency.
Eligibility: children and teenagers in difficulties, young offenders, parents, guardians, counsellors
Coverage area: Lanaudière
Hours: Monday to Friday 8h30 to 12h00 and 13h00 to 16h30
Financing: provincial
Legal status: parapublic organization

CENTRE MIHAWOSO - CENTRE DE PÉDIATRIE SOCIALE DE MANAWAN
450-B Otapi Street, Manawan, Lanaudière, QC, J0K 1M0
819 971-8852
Website: fondationdrjulien.org/centres/centre-mihawoso
Email: centremihawoso@gmail.com


Eligibility: children and teenagers of the Atikamekw community of Manawan and their families
Coverage area: Manawan
Hours: Monday to Friday 8h00 to 16h30
Financing: municipal, federal, provincial, donations
Legal status: non-profit organization

CENTRE MULTISERVICES DE SANTÉ ET DE SERVICES SOCIAUX DE SAINT-JEAN-DE-MATHA
895 Louis-Cyr Road, Saint-Jean-de-Matha, Lanaudière, QC, J0K 2S0
450 886-3861
Website: www.cisss-lanaudiere.gouv.qc.ca/votre-cisss/coordonnees-et-horaires/clsc

Coverage area: Lanaudière
Hours: Monday to Friday 8h30 to 16h30
Financing: provincial
Legal status: parapublic organization

CHERTSEY - MUNICIPALITY
333 de l'Amitié Avenue, Chertsey, Lanaudière, QC, J0K 3K0
450 882-2920  Fax: 450 882-3333
Website: www.chertsey.ca
Email: general@chertsey.ca

Coverage area: Chertsey
Hours: Monday to Friday 8h00 to 16h00
Financing: municipal
Legal status: municipal agency

CIBLE FAMILLE BRANDON
15 Monday Street, Saint-Gabriel, Lanaudière, QC, J0K 2N0
450 835-9094  Fax: 450 835-3935
Website: ciblefamillebrandon.com
Email: info@ciblefamillebrandon.com

Eligibility: families, pregnant women, mothers, fathers, children 0 to 12 years old

Coverage area: Saint-Gabriel, Saint-Gabriel-De-Brandon, Mandeville, Saint-Damien, Saint-Didace, Saint-Cléophas-De-Brandon, Saint-Norbert

Hours: Monday to Friday 9h00 to 12h00 and 13h00 to 16h00

Fees: free or depending on activities

Financing: Centraide Lanaudière, donations, self-financing

Legal status: non-profit organization

COURT OF QUÉBEC - YOUTH DIVISION - JOLIETTE
200 Saint-Marc Street, Joliette, Lanaudière, QC, J6E 8C2
450 753-4800  Fax: 450 752-6994
Website: www.justice.gouv.qc.ca/en/find-a-courthouse/joliette-courthouse

Services: Court constituting the judicial system of Québec. * Hearing of all cases involving a minor. * Hearing of cases of adoption.

Coverage area: Lanaudière: Joliette judicial district

Hours: Monday to Friday 8h30 to 16h30

Financing: provincial

Legal status: provincial government agency

CUISINES COLLECTIVES LA JOYEUSE MARMITE
50 Thouin Street, Suite 114, Repentigny, Lanaudière, QC, J6A 4J4
450 581-0468

Website: www.lajoyeusemarmite.com
Email: cclajoyeusemarmite@hotmail.com


Eligibility: individuals and families on a low income, priority to families referred by CISSS de la Montérégie-Est or other community agencies and partners

Coverage area: MRC L'Assomption

Hours: Monday to Thursday 8h30 to 16h00, Friday 8h30 to 12h00

Fees: $4 per person at home aged 1 year and older, includes 1 soup, 4 main meals and 1 dessert, seniors: $8 per person

Financing: Centraide Lanaudière, provincial

Legal status: non-profit organization

DÉFI-FAMILLE MATAWINIE
244 Sainte-Louise Street, Saint-Jean-de-Matha, Lanaudière, QC, J0K 2S0
450 886-0458

Email: defiaccueil@bellnet.ca


Eligibility: families


Hours: Monday to Friday 9h00 to 16h00
Financing: municipal
Legal status: non-profit organization

ENTRAIDE COMMUNAUTAIRE SAINTE-MÉLANIE
910 Principale Road, Sainte-Mélanie, Lanaudière, QC, J0K 3A0
450 889-5871 ext. 227
Email: entraidecommunautairestm@gmail.com


Eligibility: food assistance: people and families on a low income, thrift store: general public
Coverage area: Sainte-Mélanie
Hours: thrift store: Tuesday 9h00 to 12h00 and 13h30 to 15h30, food assistance: Friday 9h00 to 12h00
Fees: food basket: $5 per person, $10 for 2 people and over
Financing: donations, self-financing
Legal status: non-profit organization

FIN À LA FAIM...
50 Thouin Street, Suite 223, Repentigny, Lanaudière, QC, J6A 4J4
450 654-3871     Fax: 450 704-2871
Website: www.finalafaim.org
Email: info@finalafaim.org


Eligibility: people and families on a low income
Coverage area: Lanaudière
Hours: office: Monday to Thursday 8h30 to 16h30, Friday 8h30 to 12h30, food distribution: Thursday 12h00 to 16h00, by appointment
Fees: food assistance: $3 per family per week
Financing: donations
Legal status: non-profit organization

LANORAIE - MUNICIPALITY
57 Laroche Street, Lanoraie, Lanaudière, QC, J0K 1E0
450 887-1100
Website: www.lanoraie.ca
Email: info@lanoraie.ca

Coverage area: Lanoraie
Hours: Monday to Thursday 8h30 to 12h00 and 13h00 to 16h30, Friday 8h30 to 12h00
Financing: municipal
Legal status: municipal agency

LEGAL AID OFFICE - JOLIETTE
440 Saint-Louis Street, Joliette, Lanaudière, QC, J6E 2Y8
450 759-2500     Fax: 450 759-8682
Website: www.ccjll.qc.ca
Email: bajjoli@ccjll.qc.ca

Services: Free or low cost legal services to eligible individuals. * Receive and process legal aid requests.
Eligibility: person or non-profit organization residing in Quebec or forced to remain in Quebec, financially eligible, and with a legal need that is covered by the Law

Coverage area: Joliette

Hours: Monday to Friday 8h30 to 12h00 and 13h00 to 16h30, by appointment only, except emergency

Fees: people may be eligible for free legal aid or contributory legal aid between $100 and $800, depending on their financial situation, see scale on website

Financing: provincial

Legal status: parapublic organization

LEGAL AID OFFICE - REPENTIGNY
10-A Brien Boulevard, Suite 100, Repentigny, Lanaudière, QC, J6A 4R7
450 581-8691 Fax: 450 581-1218
Website: www.ccjll.qc.ca
Email: bajrep@ccjll.qc.ca

Services: Free or low cost legal services to eligible individuals. * Reception and processing legal aid requests.

Eligibility: person or non-profit organization residing in Quebec or forced to remain in Quebec, financially eligible and with a legal need that is covered by the Law

Coverage area: Repentigny

Hours: Monday to Friday 8h30 to 12h00 and 13h00 to 16h30, by appointment only, except emergency

Fees: people may be eligible for free legal aid or contributory legal aid between $100 and $800, depending on their financial situation, see scale on website

Financing: provincial

Legal status: provincial government agency

LEGAL AID OFFICE - TERREBONNE
891 Saint-François-Xavier Street, Suite 210, Terrebonne, Lanaudière, QC, J6W 1H1
450 492-1535 Fax: 450 492-8378
Website: www.ccjll.qc.ca
Email: bajter@ccjll.qc.ca

Services: Free or low cost legal services to eligible individuals. * Reception and processing legal aid requests.

Eligibility: people or non-profit organizations residing in Quebec or forced to remain in Quebec, financially eligible and with a legal need that is covered by the Law

Coverage area: Terrebonne

Hours: Monday to Friday 8h30 to 12h00 and 13h00 to 16h30, by appointment only, except emergency

Fees: people may be eligible for free legal aid or contributory legal aid between $100 and $800, depending on their financial situation, see scale on website

Financing: provincial

Legal status: provincial government agency

MAISON DE LA FAMILLE LA PARENTHÈSE (LA)
222 Notre-Dame-des-Champs Boulevard, Repentigny, Lanaudière, QC, J6A 3B5
450 582-2677 Fax: 450 582-1168
Website: maisonlaparenthese.org
Email: info@maisonlaparenthese.org


Eligibility: parents, children 0 to 5 years old, families

Coverage area: MRC L'Assomption

Hours: Monday to Thursday 9h00 to 12h00 and 13h00 to 16h00, occasional workshops in the evening, summer: outdoor activities only, respite: Wednesday and Friday 9h00 to 15h30

Fees: membership fees: $10, respite: $5 from 8h30 to 12h00, $7 from 8h30 to 13h00 and $10 from 8h30 to 15h30
Financing: provincial, federal
Legal status: non-profit organization

MAISON DE PARENTS DE LA MATAWINIE OUEST
3615 Queen Street, Suite 2, Rawdon, Lanaudière, QC, J0K 1S0
450 834-5179   Fax: 450 834-5179
Website: maisonparents.org
Email: maisonparents.mo@gmail.com
Eligibility: families, parents, drop-in: children from 1 to 5 years old
Coverage area: West Matawinie: Chertsey, Entrelacs, Notre-Dame-de-la-Merci, Rawdon, Saint-Alphonse-Rodriguez, Saint-Côme, Saint-Donat, Sainte-Marcelline-de-Kildare
Hours: Monday to Friday 9h00 to 15h00, drop-in daycare: Wednesday and Thursday 9h00 to 14h30 and during an activity
Fees: membership card: $10 per family per year, drop-in daycare: $6 for one child, $8 for 2 children and $10 for 3 children
Financing: contributions, self-financing
Legal status: non-profit organization

MARRAINES COUP DE POUCE
222 Notre-Dame-des-Champs Boulevard, Repentigny, Lanaudière, QC, J6A 3B5
450 582-2677 ext. 29   Fax: 450 582-1168
Website: maisonlaparenthese.org/marraines-coup-de-pouce
Email: info@maisonlaparenthese.org
Eligibility: parents of a child younger than a year
Coverage area: MRC L’Assomption
Hours: Monday to Friday 8h00 to 12h00 and 13h00 to 16h00
Fees: none
Financing: provincial
Legal status: non-profit organization

MOUVEMENT ORGANISÉ DES MÈRES SOLIDAIRES
640 Langlois Street, Suite 1, Terrebonne, Lanaudière, QC, J6W 4P3
450 961-9107   Fax: 450 492-0473
Website: www.momsterrebonne.org
Email: info@momsterrebonne.org
Eligibility: single young mothers 14 to 25 years old in vulnerable situations, their children
Capacity: 10 mothers per group
Coverage area: MRC Les Moulins
Hours: Monday to Thursday 8h00 to 16h00, closed in summer
Fees: none
Financing: provincial, fundraising campaigns
Legal status: non-profit organization
NAÎTRE ET GRANDIR AVEC LES AMIES DE L'ALLAITEMENT

Confidential Address
450 882-2123 ext. 3048
Website: www.lesamiesdelallaitement.org
Email: info@allaitementmatawinie.org


Eligibility: pregnant women, mothers, parents
Coverage area: Chertsey, Entrelacs, Notre-Dame-de-la-Merci, Rawdon, Saint-Alphonse-Rodriguez, Saint-Côme, Saint-Donat, Sainte-Marcelline-de-Kildare

Fees: none
Financing: self-financing
Legal status: non-profit organization

NOTRE-DAME-DES-PRAIRIES - CITY
132 Antonio-Barrette Boulevard, Notre-Dame-des-Prairies, Lanaudière, QC, J6E 1E5
450 759-7741     Fax: 450 759-6255
Website: www.notredamedesprairies.com
Email: info@notredamedesprairies.com

Coverage area: Notre-Dame-Des-Prairies
Hours: Monday to Wednesday 8h30 to 12h00 and 13h00 to 16h30, Thursday 8h30 to 12h00 and 13h00 to 17h30, Friday 8h30 to 12h00
Financing: municipal
Legal status: municipal agency

NOURRI-SOURCE - LANAUDIÈRE
2500 Mascouche Boulevard, Suite 212, Mascouche, Lanaudière, QC, J7K 0H5
1 888 524-9696
Website: www.nourrisourcelanaudiere.org
Email: nourrisourcelanaudiere@gmail.com


Eligibility: families wishing to practice breastfeeding
Coverage area: territory of the Autray-Berthierville, Autray-Lavaltrie, MRC de Joliette, Lamater, Meilleur, MRC Montcalm, MRC Matawinie-Ouest CLSCs
Hours: office: Monday to Friday 9h00 to 16h00, godmothers are available 7 days per week
Fees: none
Financing: Centraide Lanaudière, provincial, federal
Legal status: non-profit organization
NOURRI-SOURCE - MEILLEUR
135 Claude-David Boulevard, Repentigny, Lanaudière, QC, J6A 1N6
450 654-2307 ext. 61290
Website: nourrisourcelanaudiere.org
Email: meilleur@nourri-source.org
Eligibility: families practising or wishing to practice breastfeeding
Coverage area: Charlemagne, L'Assomption, city of l'Épiphanie, Repentigny, Saint-Sulpice
Hours: prenatal technical workshop: 1st Tuesday of the month 18h30 to 20h30
Fees: none
Financing: self-financing, federal, provincial
Legal status: non-profit organization

REPENTIGNY - CITY
435 Iberville Boulevard, Repentigny, Lanaudière, QC, J6A 2B6
450 470-3000 Fax: 450 470-3082
Website: repentigny.ca
Email: communication@repentigny.ca
Coverage area: Repentigny
Hours: Monday to Wednesday 8h30 to 12h00 and 13h00 to 16h30, Thursday 8h30 to 12h00 and 13h00 to 17h30, Friday 8h00 to 12h00
Financing: municipal
Legal status: municipal agency

SAINT-FÉLIX-DE-VADOIS - MUNICIPALITY
600 de Joliette Road, Saint-Félix-de-Valois, Lanaudière, QC, J0K 2M0
450 889-5589
Website: st-felix-de-valois.com
Coverage area: Saint-Félix-De-Valois
Hours: Monday to Wednesday 9h00 to 12h00 and 13h00 to 16h00, Thursday 10h00 to 12h00 and 13h00 to 16h00, Friday 9h00 to 12h00 and 13h00 to 16h00
Financing: municipal
Legal status: municipal agency

SAINT-JACQUES - MUNICIPALITY
16 Maréchal Street, Saint-Jacques, Lanaudière, QC, J0K 2R0
450 839-3671 Fax: 450 839-2387
Website: www.st-jacques.org
Email: info@st-jacques.org
Coverage area: Saint-Jacques
Hours: Monday to Thursday 8h00 to 12h00 and 13h00 to 16h30, Friday 8h00 to 12h00
SAINT-LIN-LAURENTIDES - CITY
900 12th Avenue, Saint-Lin–Laurentides, Lanaudière, QC, J5M 2W2
450 439-3130 ext. 7200 Fax: 450 439-1525
Website: www.saint-lin-laurentides.com
Email: info@saint-lin-laurentides.com


Coverage area: Saint-Lin-Laurentides
Hours: Monday to Thursday 8h00 to 12h00 and 13h00 to 16h00, Friday 8h00 to 12h00

SAINT-ROCH-DE-L’ACHIGAN - MUNICIPALITY
7 du Docteur-Wilfrid-Locat Street, Saint-Roch-de-l’Achigan, Lanaudière, QC, J0K 3H0
450 588-2326 Fax: 450 588-4848
Website: www.sra.quebec
Email: reception@sra.quebec


Coverage area: Saint-Roch-De-L’Achigan
Hours: Monday to Thursday 8h30 to 12h00 and 12h30 to 16h30

SAINTE-JULIENNE - MUNICIPALITY
2450 Victoria Street, Sainte-Julienne, Lanaudière, QC, J0K 2T0
450 831-2688 Fax: 450 831-4433
Website: www.sainte-julienne.com
Email: municipalite@sainte-julienne.com


Coverage area: Sainte-Julienne
Hours: Monday to Thursday 8h30 to 12h00 and 13h00 to 16h30, Friday 8h30 to 12h00

SERVICE DE SAGES-FEMMES ET MAISON DE NAISSANCE DE LANAUDIÈRE
145 Jacques-Plante Street, Repentigny, Lanaudière, QC, J5Y 4G4
450 582-5111 Fax: 450 582-5929
Website: www.cisss-lanaudiere.gouv.qc.ca/votre-cisss/coordonnees-et-horaires/service-de-sages-femmes
Email: sagesfemmes.cisssl@ssss.gouv.qc.ca
Eligibility: pregnant women
Coverage area: Lanaudière
Financing: provincial
Legal status: parapublic organization

Parenting Education

ACTION FAMILLE LAVALTRIE
1725 Notre-Dame Street, Lavaltrie, Lanaudière, QC, J5T 1S2
450 586-0733   Fax: 450 586-6652
Website: www.actionfamillelavaltrie.org
Email: actionfamillelavaltrieinc@bellnet.ca

Eligibility: Expérience Loisirs program: people, parents and families on a low income, daycare: children 18 month to 5 years old, welcoming and support program for immigrants: immigrants, room rental: members
Coverage area: Lavaltrie, welcoming and support program for immigrants: MRC D'Autra
Hours: Monday to Friday 9h00 to 16h00, daycare: Wednesday to Friday 9h00 to 16h00
Fees: membership: $12 per year, workshops: variable, daycare: $12 per day, $8 per day for the second child and the other children or $3 per hour, Expérience Loisirs program: free, room rental: $50 deposit, $100 for 4 hours, $120 for 6 hours, $200 for the day
Financing: Centraide Lanaudière, municipal, provincial, contributions, self-financing, fundraising campaigns, donations
Legal status: non-profit organization

AMIS DE LA DÉFICIENCE INTELLECTUELLE, RIVE-NORD (LES)
50 Thouin Street, Suite 225, Repentigny, Lanaudière, QC, J6A 4J4
450 585-3632   Fax: 450 585-3633
Website: www.lesamisdeladi.org
Email: info@lesamisdeladi.org

Eligibility: men and women living with an intellectual disability, their close ones
Coverage area: MRC L'Assomption
Hours: office: Monday to Thursday 9h00 to 16h00, Friday 9h00 to 12h00, summer: closed on Friday, activities: 7 days, variable
Fees: annual membership: $15
Financing: Centraide Lanaudière, municipal, provincial, self-financing
Legal status: non-profit organization

ASSOCIATION CARREFOUR FAMILLE MONTCALM
20 Payette Road, Saint-Lin–Laurentides, Lanaudière, QC, J5M 0L4
1 877 439-2669   Fax: 450 439-8763
Website: www.acfmqc.org
Email: info@acfm-qc.org
Child, Youth and Family


**Eligibility:** families, parents, language skills and motricity development activities: children aged 0 to 5 years old and their parents

**Coverage area:** MRC Montcalm

**Hours:** Monday to Friday 8h00 to 16h00, drop-in daycare: Monday to Friday 8h30 to 15h30

**Fees:** free services, $40 deposit for child safety seat loan

**Financing:** federal, provincial, self-financing

**Legal status:** non-profit organization

**ASSOCIATION D'ENFANTS SCOLARISÉS À LA MAISON**

Confidential Address
450 882-2123 ext. 5026
Website: aesmlanaudiere.org
Email: info@aesmlanaudiere.org


**Eligibility:** homeschooled kids, their family

**Coverage area:** Lanaudière

**Hours:** variable

**Fees:** annual membership: $10 per family

**Financing:** membership fees, self-financing

**Legal status:** non-profit organization

**ASSOCIATION DE PARENTS D'ENFANT TRISOMIQUE-21 LANAUDIÈRE (L')**

245 des Anglais Road, Mascouche, Lanaudière, QC, J7L 3P3
450 477-4116     Fax: 450 477-3534
Website: www.apetl.org
Email: info@apetl.org


**Eligibility:** people living with Down syndrome, their family, pediatric physiotherapy: children 0 to 5 years old

**Coverage area:** Lanaudière

**Hours:** Monday to Thursday 8h00 to 16h00

**Fees:** annual membership: $25

**Financing:** membership fees, donations, grants

**Legal status:** non-profit organization

**ASSOCIATION PANDA-MRC LES MOULINS**

737 de la Sour-Marie-Rose Street, Terrebonne, Lanaudière, QC, J6V 1P1
450 654-1153
Website: www.pandamrclesmoulins.org
Email: info@pandamrclesmoulins.org

**Services:** Tools and information on attention deficit disorder with or without hyperactivity (ADD/ADHD). * Workshops for parents of children 6 to 12 years old. * Social skills development workshops for children 8 to 10 years old. * Emotion management workshops for children 9 to 12 years old. * Workshops for adults. * Active listening and support by email. * Documentation and referral.

**Eligibility:** children, teenagers, adults showing signs of a diagnostic for an attention deficit disorder with or without hyperactivity, their parents
Capacity: variable
Coverage area: MRC Les Moulins, Montréal Island, Laval
Hours: office: variable
Fees: variable
Financing: provincial, self-financing, donations
Legal status: non-profit organization

CARREFOUR FAMILIAL DES MOULINS
427 Léveillé Street, Terrebonne, Lanaudière, QC, J6W 1Z7
450 492-1257 Fax: 450 492-6019
Website: www.carrefourfamilialdesmoulins.com
Email: info@carrefourfamilialdesmoulins.com
Eligibility: families, future parents
Coverage area: MRC Les Moulins
Hours: Monday to Thursday 8h30 to 12h15 and 13h00 to 16h00
Fees: member access: $10 per year
Financing: Centraide Laurentides, provincial, municipal, contributions, self-financing, donations
Legal status: non-profit organization

CENTRE MIHAWOSO - CENTRE DE PÉDIATRIE SOCIALE DE MANAWAN
450-B Otapi Street, Manawan, Lanaudière, QC, J0K 1M0
819 971-8852
Website: fondationdrjulien.org/centres/centre-mihawoso
Email: centremihawoso@gmail.com
Eligibility: children and teenagers of the Atikamekw community of Manawan and their families
Coverage area: Manawan
Hours: Monday to Friday 8h00 to 16h30
Financing: municipal, federal, provincial, donations
Legal status: non-profit organization

CENTRE MULTISERVICES DE SANTÉ ET DE SERVICES SOCIAUX DE SAINT-JEAN-DE-MATHA
895 Louis-Cyr Road, Saint-Jean-de-Matha, Lanaudière, QC, J0K 2S0
450 886-3861
Website: www.cisss-lanaudiere.gouv.qc.ca/votre-cisss/coordonnees-et-horaires/clsc
Coverage area: Lanaudière
Hours: Monday to Friday 8h30 to 16h30
Financing: provincial
Legal status: parapublic organization
CIBLE FAMILLE BRANDON
15 Monday Street, Saint-Gabriel, Lanaudière, QC, J0K 2N0
450 835-9094 Fax: 450 835-3935
Website: ciblefamillebrandon.com
Email: info@ciblefamillebrandon.com


Eligibility: families, pregnant women, mothers, fathers, children 0 to 12 years old
Coverage area: Saint-Gabriel, Saint-Gabriel-De-Brandon, Mandeville, Saint-Damien, Saint-Didace, Saint-Cléophas-De-Brandon, Saint-Norbert
Hours: Monday to Friday 9h00 to 12h00 and 13h00 to 16h00
Fees: free or depending on activities
Financing: Centraide Lanaudière, donations, self-financing
Legal status: non-profit organization

DÉFI-FAMILLE MATAWINIE
244 Sainte-Louise Street, Saint-Jean-de-Matha, Lanaudière, QC, J0K 2S0
450 886-0458
Email: defiacueil@bellnet.ca


Eligibility: families
Hours: Monday to Friday 9h00 to 16h00
Financing: municipal
Legal status: non-profit organization

GYMNO LANAUĐIÈRE
130 Valmont Street, Repentigny, Lanaudière, QC, J5Y 1N9
450 582-7930
Website: www.gymno.org/article/259-gymno-lanaudiere.html
Email: lanaudiere@gymno.org


Eligibility: youth 5 to 21 years old living with learning difficulties
Capacity: 1 instructor for 5 kids
Coverage area: Lanaudière, mainly Repentigny
Fees: variable
Financing: self-financing
Legal status: non-profit organization
JOUJOUTHÈQUE FARFOUILLE (LA)
845 Saint-Louis Street, Joliette, Lanaudière, QC, J6E 3A3
450 752-2587 Fax: 450 752-2502
Website: www.joujouthequefarfouille.org
Email: farfouille@videotron.ca

Eligibility: families, parents of children with special needs, organizations, CPE, daycare centres
Coverage area: Lanaudière
Hours: Tuesday to Thursday 9h00 to 17h00, Friday and Saturday 9h00 to 15h00
Fees: families: $25 per year to access 3 games per child per month, $35 per year to access 6 games per child per month, organizations: $70 per year to access 20 games per 2 months, $100 per year to access 30 games per 2 months
Financing: membership fees, donations, self-financing, provincial, grants
Legal status: non-profit organization

MAISON DE LA FAMILLE AUX QUATRE VENTS
85 Iberville Street, Berthierville, Lanaudière, QC, J0K 1A0
450 836-3770 Fax: 450 836-2153
Email: maisonfamille@derytele.com

Eligibility: families with children from 0 to 18 years old
Coverage area: Berthierville
Hours: Monday to Thursday 8h30 to 16h30, some evenings, some Fridays
Financing: municipal, donations
Legal status: non-profit organization

MAISON DE LA FAMILLE LA PARENTHÈSE (LA)
222 Notre-Dame-des-Champs Boulevard, Repentigny, Lanaudière, QC, J6A 3B5
450 582-2677 Fax: 450 582-1168
Website: maisonlaparenthese.org
Email: info@maisonlaparenthese.org

Eligibility: parents, children 0 to 5 years old, families
Coverage area: MRC L’Assomption
Hours: Monday to Thursday 9h00 to 12h00 and 13h00 to 16h00, occasional workshops in the evening, summer: outdoor activities only, respite: Wednesday and Friday 9h00 to 15h30
Fees: membership fees: $10, respite: $5 from 8h30 to 12h00, $7 from 8h30 to 13h00 and $10 from 8h30 to 15h30
Financing: provincial, federal
Legal status: non-profit organization

MAISON PARENT-AISE
98 Saint-Pierre Street South, Joliette, Lanaudière, QC, J6E 5Y6
450 752-0582
Website: maisonparentaise.com
Email: parent-aise@videotron.ca

Eligibility: parents with a child aged between 0 and 17 years old, drop-in: children from 0 to 5 years old, Les Grenouilles Bleues: children from 3 to 5 years old

Coverage area: MRC Joliette

Hours: Monday to Thursday 8h00 to 16h00, Friday 8h00 to 12h00

Fees: membership card: $5 per year per family, activities: low cost

Financing: provincial, self-financing

Legal status: non-profit organization

MARRAINES COUP DE POUCE

222 Notre-Dame-des-Champs Boulevard, Repentigny, Lanaudière, QC, J6A 3B5

450 582-2677 ext. 29  Fax: 450 582-1168

Website: maisonlaparenthese.org/marraines-coup-de-pouce

Email: info@maisonlaparenthese.org


Eligibility: parents of a child younger than a year

Coverage area: MRC L'Assomption

Hours: Monday to Friday 8h00 to 12h00 and 13h00 to 16h00

Fees: none

Financing: provincial

Legal status: non-profit organization

MOUVEMENT ORGANISÉ DES MÈRES SOLIDAIRES

640 Langlois Street, Suite 1, Terrebonne, Lanaudière, QC, J6W 4P3

450 961-9107     Fax: 450 492-0473

Website: www.momsterrebonne.org

Email: info@momsterrebonne.org


Eligibility: single young mothers 14 to 25 years old in vulnerable situations, their children

Capacity: 10 mothers per group

Coverage area: MRC Les Moulins

Hours: Monday to Thursday 8h00 to 16h00, closed in summer

Fees: none

Financing: provincial, fundraising campaigns

Legal status: non-profit organization

NAÎTRE ET GRANDIR AVEC LES AMIES DE L’ALLAITEMENT

Confidential Address

450 882-2123 ext. 3048

Website: www.lesamiesdelallaitement.org

Email: info@allaitementmatawinie.org


Eligibility: pregnant women, mothers, parents
Coverage area: Chertsey, Entrelacs, Notre-Dame-de-la-Merci, Rawdon, Saint-Alphonse-Rodriguez, Saint-Côme, Saint-Donat, Sainte-Marcelline-de-Kildare
Fees: none
Financing: self-financing
Legal status: non-profit organization

PARENFANTS DE MASCOUCHE - MAISON DE LA FAMILLE
2492 Sainte-Marie Road, Mascouche, Lanaudière, QC, J7K 1M5
450 474-6431 Fax: 450 722-0599
Website: www.parenfants.org
Email: info@parenfants.com
Eligibility: families
Coverage area: MRC Les Moulins
Hours: Monday to Friday 8h30 to 15h00, Saturday according to activities
Fees: membership: $10 per year
Financing: provincial, municipal, donations, fundraising campaigns
Legal status: non-profit organization

PETITS MOUSSES - CENTRE DE SOUTIEN À L'ENFANCE DE LANAUDIÈRE (LES)
994 de Lanaudière Street, 2nd floor, Joliette, Lanaudière, QC, J6E 3N6
1 866 759-3327 Fax: 450 759-7113
Website: www.petits-mousses.org
Email: aelpm@videotron.ca
Eligibility: children 3 to 5 years old showing a delay in their global or specific development (social, physical, intellectual, emotional or language)
Capacity: between 30 and 40 children
Coverage area: Lanaudière
Hours: Monday to Thursday 8h00 to 16h00
Fees: monthly fees depending on the family income
Financing: provincial, federal, self-financing
Legal status: non-profit organization

RÉUSSITE ÉDUCATIVE MONTCALM
2463 Victoria Street, Sainte-Julienne, Lanaudière, QC, J0K 2T0
450 758-3703 ext. 28492 Fax: 450 831-3002
Website: reussiteeducativemontcalm.com
Email: reussiteeducativemontcalm@gmail.com
Services: Family support. * Workshops for parents of children 0 to 17 years old on various subjects related to children and school. * School dropout prevention project. * Family follow-up and accompaniment.
Eligibility: children 0 to 17 years old and their parents
Coverage area: MRC Montcalm
Fees: none
Financing: donations
Legal status: non-profit organization
SOCIÉTÉ DE L'AUTISME RÉGION LANAUDIÈRE
584 Almira-S.-Choinière Street, Joliette, Lanaudière, QC, J6E 0K5
450 759-9788
Website: autisme-lanaudiere.org
Email: sarl@autisme-lanaudiere.org
Eligibility: people with an autism spectrum disorder (TSA), their family, general public
Coverage area: Lanaudière
Hours: Monday to Friday 8h00 to 16h00
Fees: annual contribution: family: $25, participating member: $25, individual: $35, professional: $50, corporate member: $100
Financing: contributions
Legal status: non-profit organization

Recreational Activities

ACTION FAMILLE LANORAIE
42 Louis-Joseph-Doucet Street, Lanoraie, Lanaudière, QC, J0K 1E0
450 887-2624
Website: www.actionfamilleanoraie.org
Email: actfamlanoraie@qc.aira.com
Eligibility: families and single people, drop-in daycare: children 2 to 5 years old
Coverage area: Lanoraie
Hours: Monday to Friday 7h00 to 12h00, 13h00 to 18h00, drop-in daycare: Wednesday 9h00 to 15h00, Friday 9h00 to 12h00, thrift shop: Monday to Friday 13h00 to 15h00, childcare services and homework assistance: Monday to Friday 7h00 to 8h00, 15h15 to 18h00 in addition to the pedagogical days
Fees: workshops: variable, drop-in daycare: $8 on Wednesday, $4 on Friday, childcare services: 7h00 to 8h00 $3, 15h15 to 16h30 $3, 15h15 to 18h00 $4.50, homework assistance: $3, day camp: 1st child $315, 2nd child $275, 3rd child and the following ones $235
Financing: municipal, self-financing, donations, provincial
Legal status: non-profit organization

ACTION FAMILLE LAVALTRIE
1725 Notre-Dame Street, Lavaltrie, Lanaudière, QC, J5T 1S2
450 586-0733  Fax: 450 586-6652
Website: www.actionfamillevallaltrie.org
Email: actionfamillevallaltrieinc@bellnet.ca
Eligibility: Expérience Loisirs program: people, parents and families on a low income, daycare: children 18 month to 5 years old, welcoming and support program for immigrants: immigrants, room rental: members
Coverage area: Lavaltrie, welcoming and support program for immigrants: MRC D'Autray
Hours: Monday to Friday 9h00 to 16h00, daycare: Wednesday to Friday 9h00 to 16h00
Fees: membership: $12 per year, workshops: variable, daycare: $12 per day, $8 per day for the second child and the other children or $3 per hour, Expérience Loisirs program: free, room rental: $50 deposit, $100 for 4 hours, $120 for 6 hours, $200 for the day
Financing: Centraide Lanaudière, municipal, provincial, contributions, self-financing, fundraising campaigns, donations
Legal status: non-profit organization

ASSOCIATION DE PARENTS D'ENFANT TRISOMIQUE-21 LANAUDEÎRE (L')
245 des Anglais Road, Mascouche, Lanaudière, QC, J7L 3P3
450 477-4116     Fax: 450 477-3534
Website: www.apetl.org
Email: info@apetl.org
Eligibility: people living with Down syndrome, their family, pediatric physiotherapy: children 0 to 5 years old
Coverage area: Lanaudière
Hours: Monday to Thursday 8h00 to 16h00
Fees: annual membership: $25
Financing: membership fees, donations, grants
Legal status: non-profit organization

CARREFOUR FAMILIAL DES MOULINS
427 Léveillé Street, Terrebonne, Lanaudière, QC, J6W 1Z7
450 492-1257     Fax: 450 492-6019
Website: www.carrefourfamilialdesmoulins.com
Email: info@carrefourfamilialdesmoulins.com
Eligibility: families, future parents
Coverage area: MRC Les Moulins
Hours: Monday to Thursday 8h30 to 12h15 and 13h00 to 16h00
Fees: member access: $10 per year
Financing: Centraide Laurentides, provincial, municipal, contributions, self-financing, donations
Legal status: non-profit organization

CENTRE COMMUNAUTAIRE LAURENT VENNE
225 J.-A.-Paré Boulevard, Repentigny, Lanaudière, QC, J5Z 4M6
450 657-4877
Website: centrecommunautairerepentigny.ca
Email: info.cclv@sodem.net
Eligibility: families, seniors, youth
Capacity: 400
Coverage area: MRC L'Assomption
Hours: Monday to Friday 9h00 to 22h00, Saturday and Sunday 9h00 to 17h00
Fees: variable
Financing: municipal
Legal status: non-profit organization

CENTRE MIHAWOSO - CENTRE DE PÉDIATRIE SOCIALE DE MANAWAN
450-B Otapi Street, Manawan, Lanaudière, QC, J0K 1M0
819 971-8852
Website: fondationdrjulien.org/centres/centre-mihawoso
Email: centremihawoso@gmail.com
Eligibility: children and teenagers of the Atikamekw community of Manawan and their family
Coverage area: Manawan
Hours: Monday to Friday 8h00 to 16h30
Financing: municipal, federal, provincial, donations
Legal status: non-profit organization

CHARLEMAGNE PUBLIC LIBRARY
84 du Sacré-Coeur Street, Charlemagne, Lanaudière, QC, J5Z 1W8
450 581-7243
Website: www.ville.charlemagne.qc.ca/fr/bibliotheque
Email: biblio@ville.charlemagne.qc.ca
Coverage area: Charlemagne
Hours: Tuesday to Thursday 13h00 to 20h00, Friday and Saturday 10h00 to 16h00, Sunday 13h00 to 16h00, summer: Monday and Friday 10h00 to 16h00, Tuesday to Thursday 13h00 to 20h00
Fees: free
Financing: municipal
Legal status: municipal agency

CIBLE FAMILLE BRANDON
15 Monday Street, Saint-Gabriel, Lanaudière, QC, J0K 2N0
450 835-9094  Fax: 450 835-3935
Website: ciblefamillebrandon.com
Email: info@ciblefamillebrandon.com
Eligibility: families, pregnant women, mothers, fathers, children 0 to 12 years old
Coverage area: Saint-Gabriel, Saint-Gabriel-De-Brandon, Mandeville, Saint-Damien, Saint-Didace, Saint-Cléophas-De-Brandon, Saint-Norbert
Hours: Monday to Friday 9h00 to 12h00 and 13h00 to 16h00
Fees: free or depending on activities
Financing: Centraide Lanaudière, donations, self-financing
Legal status: non-profit organization
COOPÉRATIVE DE SERVICES MULTIPLES DE LANAUDIÈRE
1317 du Gouvernement Road, Sainte-Julienne, Lanaudière, QC, J0K 2T0
450 831-3333
Website: www.csmlanaudiere.org
Email: admin@csmlanaudiere.org


Coverage area: MRC Montcalm, MRC Matawinie Ouest

Hours: clothing counter and Ludothèque Caméléon: Tuesday to Thursday 9h00 to 15h00, administration: Monday to Thursday 8h00 to 15h30

Fees: clothing counter: variable, Caméléon Ludothèque: $15 per year for 6 to 8 toys per month depending on the number of children, training: none

Financing: provincial
Legal status: non-profit organization

GÎT’ENFANTS (LE)
430 de la Mairie Street, Sainte-Émélie-de-l’Énergie, Lanaudière, QC, J0K 2K0
450 271-0797
Email: gitenfants@yahoo.ca


Eligibility: young people from 2 to 21 years old with school adjustment difficulties or from disadvantaged backgrounds, parents

Capacity: 30

Coverage area: Sainte-Émélie-De-L’énergie

Hours: Monday to Sunday 9h00 to 21h00 depending of the needs

Fees: $5 per year per family

Financing: provincial

Legal status: non-profit organization

GYMNO LANAUDIÈRE
130 Valmont Street, Repentigny, Lanaudière, QC, J5Y 1N9
450 582-7930
Website: www.gymno.org/article/259-gymno-lanaudiere.html
Email: lanaudiere@gymno.org


Eligibility: youth 5 to 21 years old living with learning difficulties

Capacity: 1 instructor for 5 kids

Coverage area: Lanaudière, mainly Repentigny

Fees: variable

Financing: self-financing

Legal status: non-profit organization
JOUJOUTHÈQUE FARFOUILLE (LA)
845 Saint-Louis Street, Joliette, Lanaudière, QC, J6E 3A3
450 752-2587   Fax: 450 752-2502
Website: www.joujouthequefarfouille.org
Email: farfouille@videotron.ca

Eligibility: families, parents of children with special needs, organizations, CPE, daycare centres
Coverage area: Lanaudière
Hours: Tuesday to Thursday 9h00 to 17h00, Friday and Saturday 9h00 to 15h00
Fees: families: $25 per year to access 3 games per child per month, $35 per year to access 6 games per child per month, organizations: $70 per year to access 20 games per 2 months, $100 per year to access 30 games per 2 months
Financing: membership fees, donations, self-financing, provincial, grants
Legal status: non-profit organization

L’ASSOMPTION PUBLIC LIBRARY
375 Saint-Pierre Street, L’Assomption, Lanaudière, QC, J5W 2B6
450 589-5671 ext. 3100   Fax: 450 589-4512
Website: www.ville.lassomption.qc.ca/bibliotheque
Email: bibliotheque@ville.lassomption.qc.ca

Coverage area: L’Assomption
Hours: Tuesday to Thursday 11h00 to 19h00, Friday and Saturday 9h00 to 17h00, Sunday 12h00 to 17h00, summer: closed on Sunday and Monday
Fees: subscription: free for residents
Financing: municipal
Legal status: municipal agency

L’ÉPIPHANIE PUBLIC LIBRARY
83 Amireault Street, L’Épiphanie, Lanaudière, QC, J5X 2S8
450 588-4470
Email: biblio@lepiphanie.ca

Coverage area: L’Épiphanie
Hours: Tuesday 13h00 to 17h00 and 18h00 to 20h00, Wednesday 9h00 to 12h00, 13h00 to 16h00 and 18h00 to 20h00, Thursday 9h00 to 20h00, Friday and Saturday 9h00 to 12h00
Fees: residents: none
Financing: municipal
Legal status: municipal agency

MAISON DE LA FAMILLE LA PARENTHÈSE (LA)
222 Notre-Dame-des-Champs Boulevard, Repentigny, Lanaudière, QC, J6A 3B5
450 582-2677   Fax: 450 582-1168
Website: maisonlaparenthese.org
Email: info@maisonlaparenthese.org

Eligibility: parents, children 0 to 5 years old, families
MAISON DE PARENTS DE LA MATAWINIE OUEST
3615 Queen Street, Suite 2, Rawdon, Lanaudière, QC, J0K 1S0
450 834-5179 Fax: 450 834-5179
Website: maisonparents.org
Email: maisonparents.mo@gmail.com


Eligibility: families, parents, drop-in: children from 1 to 5 years old

Coverage area: West Matawinie: Chertsey, Entrelacs, Notre-Dame-de-la-Merci, Rawdon, Saint-Alphonse-Rodriguez, Saint-Côme, Saint-Donat, Sainte-Marcelline-de-Kildare

Hours: Monday to Friday 9h00 to 15h00, drop-in daycare: Wednesday and Thursday 9h00 to 14h30 and during an activity

Fees: membership card: $10 per family per year, drop-in daycare: $6 for one child, $8 for 2 children and $10 for 3 children

Financing: contributions, self-financing

Legal status: non-profit organization

MAISON DES FAMILLES PLAINOISES (LA)
5900 Rodrigue Street, Terrebonne, Lanaudière, QC, J7M 2C1
514 436-0819
Email: maisonfamillesplainoises@gmail.com

Services: * Recreational activities for families.

Eligibility: families with children

Coverage area: La Plaine, Terrebonne

Hours: variable

Fees: annual contribution: $5, activities: variable

Financing: membership fees, grants

Legal status: non-profit organization

MAISON OXYGÈNE JOLIETTE-LANAUĐIÈRE
Confidential Address
450 499-2617
Website: www.maisonoxygenejoliettelanaudiere.org
Email: administration@mojl.org


Eligibility: fathers and their children living with severe family problems

Capacity: housing: 10 adults and 10 children

Coverage area: Lanaudière

Hours: variable

Fees: housing: according to income, psychosocial follow-up: none

Financing: grants, donations

Legal status: non-profit organization
MAISON OXYGÈNE L’ASSOMPTION
Confidential Address
450 591-2617
Website: www.maisonoxygenejoliettelanaudiere.org
Email: administration@mojl.org
Eligibility: fathers and their children living with severe family problems
Capacity: 4 father and 8 children
Coverage area: Lanaudière
Hours: variable
Fees: housing: according to income, psychosocial follow-up: none
Financing: grants, donations
Legal status: non-profit organization

MAISON PARENT-AISE
98 Saint-Pierre Street South, Joliette, Lanaudière, QC, J6E 5Y6
450 752-0582
Website: maisonparentaise.com
Email: parent-aise@videotron.ca
Eligibility: parents with a child aged between 0 and 17 years old, drop-in: children from 0 to 5 years old, Les Grenouilles Bleues: children from 3 to 5 years old
Coverage area: MRC Joliette
Hours: Monday to Thursday 8h00 to 16h00, Friday 8h00 to 12h00
Fees: membership card: $5 per year per family, activities: low cost
Financing: provincial, self-financing
Legal status: non-profit organization

MASCOUCHE PUBLIC LIBRARY
3015 des Ancêtres Avenue, Mascouche, Lanaudière, QC, J7K 1X6
450 474-4159 Fax: 450 474-3410
Website: biblio.ville.mascouche.qc.ca
Email: biblio@ville.mascouche.qc.ca
Coverage area: Mascouche
Hours: Monday to Friday 10h00 to 20h00, Saturday and Sunday 9h30 to 17h00, summer: Monday to Thursday 10h00 to 20h00, Friday to Sunday 9h30 to 17h00
Fees: free for residents, $75 per year for non-residents
Financing: municipal
Legal status: municipal agency

REPENTIGNY PUBLIC LIBRARY - EDMOND-ARCHAMBAULT
231 J.-A.-Paré Boulevard, Repentigny, Lanaudière, QC, J5Z 4M6
450 470-3430
Website: bibliothèques.repentigny.ca
Email: bibliothèque@ville.repentigny.qc.ca
Child, Youth and Family


Coverage area: Repentigny
Hours: Tuesday to Thursday 13h00 to 21h00, Friday 9h00 to 17h00, Saturday and Sunday 13h00 to 17h00
Fees: residents of Repentigny: none, non-resident: $100 per year
Financing: municipal
Legal status: municipal agency

REPENTIGNY PUBLIC LIBRARY - ROBERT-LUSSIER
1 Place d'Évry, Repentigny, Lanaudière, QC, J6A 8H7
450 470-3420
Website: bibliothecues.repentigny.ca
Email: bibliotheeque@ville.repentigny.qc.ca

SAINT-SULPICE PUBLIC LIBRARY
215 des Loisirs Street, Saint-Sulpice, Lanaudière, QC, J5W 6C9
450 589-7816
Website: bibilietcie.ca/biblio/bibliothequde-saint-sulpice
Email: biblio133@reseaubibliocqlm.qc.ca

TERREBONNE PUBLIC LIBRARY - ANDRÉ-GUÉRARD
3425 Camus Place, Terrebonne, Lanaudière, QC, J6Y 0C8
450 961-2001 ext. 1349
Website: bibli.ville.terrebonne.qc.ca
Email: biblio@ville.terrebonne.qc.ca

Coverage area: Saint-Sulpice
Hours: Tuesday 9h00 to 16h30 and 18h00 to 20h00, Wednesday and Thursday 11h30 to 16h30 and 18h00 to 20h00, Saturday 9h00 to 12h00
Fees: none
Financing: municipal
Legal status: municipal agency
Fees: none  
Financing: municipal  
Legal status: municipal agency

**TERREBONNE PUBLIC LIBRARY - ÎLE-DES-MOULINS**  
855 de l’Île-des-Moulins Place, Terrebonne, Lanaudière, QC, J6W 4N7  
**450 961-2001 ext. 1116** Fax: 450 471-3761  
Website: biblio.ville.terrebonne.qc.ca  
Email: biblio@ville.terrebonne.qc.ca  
Coverage area: Terrebonne  
Hours: Monday to Wednesday 12h00 to 21h00, Thursday and Friday 12h00 to 20h00, Saturday and Sunday 10h00 to 17h00  
Fees: none  
Financing: municipal  
Legal status: municipal agency

**TERREBONNE PUBLIC LIBRARY - LA PLAINE**  
6900 Guérin Street, Terrebonne, Lanaudière, QC, J7M 1L9  
**450 961-2001 ext. 1133**  
Website: biblio.ville.terrebonne.qc.ca  
Email: biblio@ville.terrebonne.qc.ca  
Coverage area: Terrebonne  
Hours: Monday to Wednesday 12h00 to 21h00, Thursday to Sunday 10h00 to 17h00  
Fees: none  
Financing: municipal  
Legal status: municipal agency

**TERREBONNE PUBLIC LIBRARY - LACHENAIE**  
3060 Saint-Charles Road, Terrebonne, Lanaudière, QC, J6V 1A1  
**450 961-2001 ext. 1378**  
Website: biblio.ville.terrebonne.qc.ca/client/en_US/default  
Email: biblio@ville.terrebonne.qc.ca  
Coverage area: Terrebonne  
Hours: Monday to Wednesday 12h00 to 21h00, Thursday to Sunday 10h00 to 17h00  
Fees: free for residents  
Financing: municipal  
Legal status: municipal agency
Youth Centres and Support

CENTRE COMMUNAUTAIRE LAURENT VENNE  
225 J.-A.-Paré Boulevard, Repentigny, Lanaudière, QC, J5Z 4M6  
450 657-4877  
Website: centrecommunautairerepentigny.ca  
Email: info.cclv@sodem.net  
Eligibility: families, seniors, youth  
Capacity: 400  
Coverage area: MRC L’Assomption  
Hours: Monday to Friday 9h00 to 22h00, Saturday and Sunday 9h00 to 17h00  
Fees: variable  
Financing: municipal  
Legal status: non-profit organization

LACHENAIE ACTION JEUNESSE  
1735 Rochon Street, Terrebonne, Lanaudière, QC, J6W 5N9  
450 964-1211  
Fax: 450 964-1211  
Website: www.mdjactionjeunesse.org  
Email: actionjeunesse1735@hotmail.com  
Eligibility: youth centre: 12 to 17 years old, youth in action: 10 to 12 years old  
Coverage area: Terrebonne  
Hours: administration: Monday to Friday 9h00 to 17h00, youth centre: Wednesday 18h00 to 21h00, Thursday and Friday 18h00 to 22h00, youth in action: Tuesday and Thursday 15h00 to 17h00  
Fees: membership: $10 per year  
Financing: provincial, municipal, fundraising campaigns, contributions  
Legal status: non-profit organization

MAISON DES JEUNES D.O. ADOS  
1042 Principale Street, Saint-Roch-de-l’Achigan, Lanaudière, QC, J0K 3H0  
450 588-6589  
Fax: 450 588-6784  
Email: mdjdoados@bellnet.ca  
Eligibility: teenagers from 12 to 18 years old  
Coverage area: Saint-Roch-de-l’Achigan  
Hours: Wednesday and Thursday 18h00 to 21h00, Friday 17h00 to 21h00  
Financing: self-financing  
Legal status: non-profit organization

MAISON DES JEUNES DE CRABTREE  
25 8th Street, Crabtree, Lanaudière, QC, J0K 1B0  
450 754-3334  
Website: mdjcrabtree.weebly.com  
Email: mdjcrabtree@hotmail.fr  
Services: Animated meeting place for teenagers. * Prevention, support and intervention activities. * Social, cultural and recreational activities.
Eligibility: teenagers from 12 to 18 years old
Coverage area: Crabtree
Hours: Tuesday to Thursday 17h00 à 21h00, Friday 18h00 à 22h00
Financing: self-financing
Legal status: non-profit organization

MAISON DES JEUNES DE L'ASSOMPTION (LA)
379 Dorval Street, L'Assomption, Lanaudière, QC, J5W 1A1
450 705-4811
Website: www.maisondesjeuneslassomption.com
Email: mdjescapade@videotron.ca
Eligibility: youth 12 to 17 years old
Coverage area: L'Assomption
Hours: Monday, Tuesday and Thursday 18h00 to 21h00, Wednesday 17h00 to 21h00, Friday 18h00 to 22h00, sometimes on Saturday for special activities
Fees: none
Financing: Centraide Lanaudière, provincial
Legal status: non-profit organization

MAISON DES JEUNES DE L'ÉPIPHANIE
66 Notre-Dame Street, Suite 101, L'Épiphanie, Lanaudière, QC, J5X 1A1
450 588-6333 Fax: 450 588-6333
Email: mdjlepiphanie@gmail.com
Services: Supervised meeting place. * Recreational, social and citizen activities.
Eligibility: youth 12 to 17 years old
Capacity: 65
Coverage area: L'Épiphanie
Hours: office: Monday to Friday 9h00 to 17h00, activities: Tuesday to Friday 18h00 to 21h00, Saturday 12h00 to 17h00
Fees: none
Financing: municipal
Legal status: non-profit organization

MAISON DES JEUNES DE REPENTIGNY
539 Notre-Dame Street, Repentigny, Lanaudière, QC, J6A 2T6
450 581-8159
Website: mdjrepentigny.ca
Email: mdjrepentigny@gmail.com
Eligibility: youth 12 to 17 years old
Coverage area: Repentigny
Hours: Tuesday 15h00 to 18h00, Wednesday and Thursday 15h00 to 20h00, Friday 15h00 to 21h00
Fees: none
Financing: provincial, grants, self-financing
Legal status: non-profit organization
MAISON DES JEUNES DE REPENTIGNY - LE GARDEUR
389 Saint-Paul Street, door 5, Repentigny, Lanaudière, QC, J5Z 2H9
450 657-7111
Website: mdjrepentigny.ca
Email: mdjrepentigny@gmail.com
Services: Meeting and discussion place promoting individual and collective expression through varied activities, under the supervision of significant adults. * Counselling, active listening. * Self-esteem workshops. * Referral centre.
Eligibility: youth 12 to 17 years old
Capacity: more than 60 teenagers
Coverage area: Le Gardeur sector
Hours: Wednesday and Thursday 15h00 to 20h00, Friday 15h00 to 21h00
Fees: none
Financing: provincial, municipal, donations
Legal status: non-profit organization

MAISON DES JEUNES DE SAINT-DONAT
544 Désormeaux Street, Saint-Donat, Lanaudière, QC, J0T 2C0
819 424-3811   Fax: 819 424-1185
Email: mdj_st_donat@hotmail.com
Services: Animated meeting place for teenagers. * Online psychosocial intervention and support. * Animation and preventive intervention. * Social, cultural and recreational activities.
Eligibility: teenagers from 12 to 18 years old
Coverage area: Saint-Donat
Hours: Wednesday 18h00 to 21h00, Friday 17h00 to 21h00
Financing: self-financing
Legal status: non-profit organization

MAISON DES JEUNES DE SAINT-ESPRIT
66 Montcalm Street, Saint-Esprit, Lanaudière, QC, J0K 2L0
450 839-7227
Email: mdjsaintesprit@videotron.ca
Services: Animated meeting place for teenagers. * Listening and support service by phone and text message. * Animation and preventive intervention. * Social, cultural and recreational activities.
Eligibility: teenagers from 12 to 18 years old
Coverage area: Saint-Esprit
Hours: Wednesday, Thursday 18h00 to 21h00, Friday 17h00 à 21h00
Financing: self-financing
Legal status: non-profit organization

MAISON DES JEUNES DE ST-SULPICE (LA)
1101 Notre-Dame Street, Saint-Sulpice, Lanaudière, QC, J5W 3W2
450 589-1264   Fax: 450 589-9647
Email: mdjlerivage@hotmail.com
Eligibility: teenagers 11 to 17 years old
Coverage area: Saint-Sulpice
Hours: Wednesday to Friday 18h00 to 21h00, Saturday 13h00 to 16h00
Financing: Centraide Lanaudière, provincial, self-financing
Legal status: non-profit organization
MAISON DES JEUNES DU GRAND JOLIETTE
46 Gauthier Street North, Notre-Dame-des-Prairies, Lanaudière, QC, J6E 1V1
450 756-4794   Fax: 450 756-6378
Website: www.maisondesjeunesgrandjoliette.org
Email: coordination@maisondesjeunesgrandjoliette.org


Eligibility: youth 12 to 17 years old
Capacity: COVID-19: 6 youths by reservation
Coverage area: Greater Joliette: Joliette, Notre-Dame-des-Prairies, Saint-Charles-Borromée, Saint-Paul, Saint-Ambroise, Notre-Dame-de-Lourdes, Village Saint-Pierre, Saint-Thomas
Hours: Wednesday and Saturday 16h30 to 19h30, virtual Mondays for 10 to 12 year olds: 17h00 to 20h00
Fees: none
Financing: grants, donations, self-financing
Legal status: non-profit organization

MAISON DES JEUNES LA BARAK DE MASCOUCHE
2522 Sainte-Marie Road, Mascouche, Lanaudière, QC, J7K 1M5
450 966-9290   Fax: 450 966-6243
Website: mdjlabarak.wixsite.com/labarak
Email: mdjlabarak@videotron.ca

Eligibility: youth 12 to 17 years old
Coverage area: Mascouche
Hours: Monday and Tuesday 17h00 to 20h00, Wednesday and Thursday 17h00 to 21h00, Friday 17h00 to 22h00
Fees: none
Financing: grants, self-financing, donations
Legal status: non-profit organization

PLACE JEUNESSE BERTHIER
301 Melchers Street, Berthierville, Lanaudière, QC, J0K 1A0
450 836-1276
Website: placejeunesseberthier.com
Email: placejeunesse@hotmail.com

Services: Meeting space for adolescents. * Prevention, listening and advice: noticing issues, referral, daily discussions on various themes, individual encounters, coffee-meetings with relevant people. * Free distribution of condoms. * School and employment support: help with homework, referral of youth at risk of dropping out, writing CVs and simulating interviews. * Coop d'initiation à l'entrepreneuriat collectif (CIEC): youth-led service that offers small repairs to the population, as well as providing a first work experience in a cooperative setting. * Collective cooking workshops. * Social, cultural and recreational activities. * Distribution of school supplies.
Eligibility: youth 12 to 17 years old
Capacity: Covid-19 period: 8
Coverage area: Berthierville
Hours: Tuesday to Thursday 18h00 to 21h00, Friday 18h00 to 22h00, special activities: Saturday and Sunday
Fees: none
Financing: provincial, self-financing, foundations
Legal status: non-profit organization
**PLANK JEUNESSE SAINT-BARTHÉLEMY**

1980 Bonin Street, Saint-Barthélemy, Lanaudière, QC, J0K 1X0

450 836-1276

Website: placejeunesseberthier.com/fa-plank

Email: placejeunesse@hotmail.com


Eligibility: youth 12 to 17 years old

Coverage area: Saint-Barthélemy

Hours: Wednesday and Thursday 18h00 to 21h00, Friday 18h00 to 22h00 (transportation to the Maison des jeunes Place Jeunesse Berthier), cooking activities: every other Thursday, special activities: Saturday and Sunday

Fees: none

Financing: provincial, self-financing, foundations

Legal status: non-profit organization

**ZONE ADOS SECTEUR CÔTE BOISÉE**

1154 Côte Boisée, Terrebonne, Lanaudière, QC, J6X 4R8

450 964-5598

Website: www.zoneados.ca

Email: admin@zoneados.ca

Services: * Educational, cultural and social activities designed for prevention, awareness and acquisition of autonomy.

Eligibility: youth 12 to 17 years old

Coverage area: Terrebonne

Hours: Monday to Friday 15h30 to 21h00

Fees: none

Financing: self-financing, provincial, municipal

Legal status: non-profit organization

**ZONE ADOS SECTEUR LA PLAINE**

5900 Rodrigue Street, Terrebonne, Lanaudière, QC, J7M 2C1

450 964-5598

Website: www.zoneados.ca

Email: admin@zoneados.ca

Services: * Educational, cultural and social activities designed for prevention, awareness and acquisition of autonomy.

Eligibility: youth 12 to 17 years old

Coverage area: La Plaine

Hours: Tuesday to Friday 15h30 to 21h00

Fees: none

Financing: self-financing, provincial, municipal

Legal status: non-profit organization
Youth Employment

ASSOCIATION QUÉBEC-FRANCE - LANAUDIÈRE

Confidential Address
Website: www.quebecfrancelanaudiere.org
Email: president@quebecfrancelanaudiere.org

Eligibility: Francophiles, French language defenders
Coverage area: Lanaudière
Fees: annual membership: $30 individual, $55 couple, $60 organization
Financing: membership fees
Legal status: non-profit organization

CARREFOUR FAMILIAL DES MOULINS

427 Léveillé Street, Terrebonne, Lanaudière, QC, J6W 1Z7
450 492-1257     Fax: 450 492-6019
Website: www.carrefourfamilialdesmoulins.com
Email: info@carrefourfamilialdesmoulins.com

Eligibility: families, future parents
Coverage area: MRC Les Moulins
Hours: Monday to Thursday 8h30 to 12h15 and 13h00 to 16h00
Fees: member access: $10 per year
Financing: Centraide Laurentides, provincial, municipal, contributions, self-financing, donations
Legal status: non-profit organization

CARREFOUR JEUNESSE-EMPLOI D'AUTRAY-JOLIETTE

580 Richard Street, Joliette, Lanaudière, QC, J6E 2T4
450 755-2226     Fax: 450 755-6406
Website: carrefourjeunesseemploi.org
Email: info@cjeaj.qc.ca

Eligibility: people 16 to 35 years old
Coverage area: MRC D'Autray, MRC Joliette
Hours: without appointment: Monday, Tuesday, Thursday and Friday 10h00 to 12h00 and 13h00 to 16h00, Wednesday 10h00 to 12h00 and 13h00 to 17h30, by appointment: Monday to Friday 8h30 to 12h00 and 13h00 to 16h00
Fees: none
Financing: provincial, grants
Legal status: non-profit organization
CARREFOUR JEUNESSE-EMPLOI D'AUTRAY-JOLIETTE - POINT DE SERVICE DE BERTHIERVILLE
793 Gilles-Villeneuve Avenue, Berthierville, Lanaudière, QC, J0K 1A0
450 836-1112   Fax: 450 836-1220
Website: carrefourjeunesseemploi.org
Email: info@cjeaj.qc.ca
Eligibility: people 16 to 35 years old
Coverage area: MRC D'Autray, MRC Joliette
Hours: Monday to Thursday 8h30 to 12h00 and 13h00 to 16h00, Friday by appointment
Fees: none
Financing: provincial, grants
Legal status: non-profit organization

CARREFOUR JEUNESSE-EMPLOI D'AUTRAY-JOLIETTE - POINT DE SERVICE LAVALTRIE
1341 Notre-Dame Street, 2nd floor, Lavaltrie, Lanaudière, QC, J5T 0C7
450 586-0110   Fax: 450 586-9643
Website: carrefourjeunesseemploi.org
Email: info@cjeaj.qc.ca
Eligibility: people 16 to 35 years old
Coverage area: MRC D'Autray, MRC Joliette
Hours: by appointment
Fees: none
Financing: provincial, grants
Legal status: non-profit organization

CARREFOUR JEUNESSE-EMPLOI D'AUTRAY-JOLIETTE - POINT DE SERVICE SAINT-GABRIEL
130 Dequoy Street, Saint-Gabriel, Lanaudière, QC, J0K 2N0
450 755-2226   Fax: 450 836-1220
Website: carrefourjeunesseemploi.org
Email: info@cjeaj.qc.ca
Eligibility: people 16 to 35 years old
Coverage area: MRC D'Autray, MRC Joliette
Hours: by appointment: Monday to Friday 8h30 to 12h00 and 13h00 to 15h30
Fees: none
Financing: provincial, grants
Legal status: non-profit organization

CARREFOUR JEUNESSE-EMPLOI DE MONTCALM
2417 Victoria Street, Sainte-Julienne, Lanaudière, QC, J0K 2T0
450 831-3930
Website: www.cjemontcalm.qc.ca
Email: courrier@cjemontcalm.qc.ca
Child, Youth and Family


Eligibility: people 15 to 35 years of age, youth 15 to 19 years of age at risk of dropping out of school or who have dropped out less than 6 months ago

Coverage area: MRC Montcalm

Hours: Monday to Thursday 8h00 to 16h30, Friday 8h00 to 13h00

Fees: none

Financing: provincial, federal, grant

Legal status: non-profit organization

CARREFOUR JEUNESSE-EMPLOI DES MOULINS

640 Langlois Street, Suite 3, Terrebonne, Lanaudière, QC, J6W 4P3
450 492-0088  Fax: 450 492-0473

Website: www.cjemoulins.org

Email: info@cjemoulins.org


Eligibility: youth 16 to 35 years old

Coverage area: MRC Les Moulins

Hours: Monday to Thursday 8h30 to 12h00 and 13h00 to 16h30, Friday 8h30 to 12h00 and 13h00 to 15h30

Fees: none

Financing: provincial

Legal status: non-profit organization

CARREFOUR JEUNESSE-EMPLOI L'ASSOMPTION

10 Notre-Dame Street, 3rd floor, Repentigny, Lanaudière, QC, J6A 2N9
450 581-3785  Fax: 450 582-6610

Website: cjela.qc.ca

Email: info@cjela.qc.ca


Eligibility: youth 16 to 35 years old

Coverage area: MRC L'Assomption

Hours: Monday, Wednesday 8h30 to 16h30, Tuesday 8h30 to 19h30, Thursday 9h30 to 16h30, Friday 8h30 to 15h30

Fees: free

Financing: provincial

Legal status: non-profit organization

CARREFOUR JEUNESSE-EMPLOI MATAWINIE

105 Principale Street, Saint-Jean-de-Matha, Lanaudière, QC, J0K 2S0
450 886-9220  Fax: 450 886-5765

Website: cjematawinie.qc.ca

Email: info@cjematawinie.qc.ca


Eligibility: people 15 to 35 years old
Coverage area: Manawan, Saint-Zénon, Saint-Damien, Saint-Félix-de-Valois, Saint-Jean-de-Matha, Saint-Michel-des-Saints, Sainte-Béatrix, Sainte-Émélie-de-l’Énergie

Hours: Monday to Thursday 8h30 to 12h00 and 13h00 to 16h30, Friday 8h30 to 12h00 and 12h30 to 16h30, Wednesday evening by appointment

Fees: none

Financing: provincial, federal, grants

Legal status: non-profit organization

**CARREFOUR JEUNESSE-EMPLOI MATAWINIE - POINT DE SERVICE DE RAWDON**

4046 Queen Street, Rawdon, Lanaudière, QC, J0K 1S0

450 834-1527     Fax: 450 834-6103

Website: cjematawinie.qc.ca

Email: info@cjematawinie.qc.ca


Eligibility: people 15 to 35 years old

Coverage area: Chertsey, Entrelacs, Notre-Dame-de-la-Merci, Rawdon, Saint-Alphonse-Rodriguez, Saint-Côme, Saint-Donat, Sainte-Marcelline-de-Kildare

Hours: Monday to Thursday 8h30 to 12h00 and 13h00 to 16h30, Friday 8h30 to 12h00 and 12h30 to 16h30, Wednesday evening by appointment

Fees: none

Financing: provincial, federal, grants

Legal status: non-profit organization

**PLACE JEUNESSE BERTHIER**

301 Melchers Street, Berthierville, Lanaudière, QC, J0K 1A0

450 836-1276

Website: placejeunesseberthier.com

Email: placejeunesse@hotmail.com

Services: Meeting space for adolescents. * Prevention, listening and advice: noticing issues, referral, daily discussions on various themes, individual encounters, coffee-meetings with relevant people. * Free distribution of condoms. * School and employment support: help with homework, referral of youth at risk of dropping out, writing CVs and simulating interviews. * Coop d’initiation à l’entrepreneuriat collectif (CIEC): youth-led service that offers small repairs to the population, as well as providing a first work experience in a cooperative setting. * Collective cooking workshops. * Social, cultural and recreational activities. * Distribution of school supplies.

Eligibility: youth 12 to 17 years old

Capacity: Covid-19 period: 8

Coverage area: Berthierville

Hours: Tuesday to Thursday 18h00 to 21h00, Friday 18h00 to 22h00, special activities: Saturday and Sunday

Fees: none

Financing: provincial, self-financing, foundations

Legal status: non-profit organization

**Youth Shelters and Support**

**ACCUEIL JEUNESSE**

1094 Manseau Boulevard, Joliette, Lanaudière, QC, J6E 3G8

450 759-4610

Email: acc1@videotron.ca

Services: Transitional housing for youth. * Support, information and referral.

Eligibility: youth 12 to 17 years old in difficulty
Capacity: 9 beds
Coverage area: Lanaudière
Hours: 24 hours / 7 days
Fees: $7 per day
Financing: self-financing, donations
Legal status: non-profit organization

CENTRE LE DIAPASON
1731 Maple Street, Mascouche, Lanaudière, QC, J7L 2K9
450 477-6201
Website: www.centrelediapason.com
Email: centrelediapason@videotron.ca
Eligibility: youth in difficulty 14 to 18 years old willing to receive help
Capacity: 2 months or less: 9 places, for 16 to 18 years old only
Coverage area: Lanaudière
Hours: 24 hours / 7 days
Fees: voluntary contribution from parents
Financing: provincial, donations
Legal status: non-profit organization

CENTRE MULTISERVICES DE SANTÉ ET DE SERVICES SOCIAUX DE SAINT-JEAN-DE-MATHA
895 Louis-Cyr Road, Saint-Jean-de-Matha, Lanaudière, QC, J0K 2S0
450 886-3861
Website: www.ciss-lanaudiere.gouv.qc.ca/votre-ciss/coordonnees-et-horaires/clsc
Coverage area: Lanaudière
Hours: Monday to Friday 8h30 to 16h30
Financing: provincial
Legal status: parapublic organization

MAISON D'HÉBERGEMENT JEUNESSE ROLAND-GAVREAU
638 Base-de-Roc Boulevard, Joliette, Lanaudière, QC, J6E 5P7
450 759-2114     Fax: 450 759-6524
Email: aubergeducoeur.rg@hotmail.com
Services: * Short-term housing for up to 3 to 6 months. * Self-help, listening, accompaniment, information and referral.
Eligibility: young adults from 18 to 30 years old experiencing difficulties
Capacity: 12 spots
Coverage area: Lanaudière
Hours: 24 hours / 7 days
Fees: $300 per month or 46% of income
Financing: self-financing, donations
Legal status: non-profit organization

MAISON DES JEUNES DE L’ASSOMPTION (LA)
379 Dorval Street, L’Assomption, Lanaudière, QC, J5W 1A1
450 705-4811
Website: www.maisondesjeuneslassomption.com
Email: mdjescapade@videotron.ca

Eligibility: youth 12 to 17 years old

Coverage area: L'Assomption

Hours: Monday, Tuesday and Thursday 18h00 to 21h00, Wednesday 17h00 to 21h00, Friday 18h00 to 22h00, sometimes on Saturday for special activities

Fees: none

Financing: Centraide Lanaudière, provincial

Legal status: non-profit organization

MAISON DES JEUNES DE REPENTIGNY

539 Notre-Dame Street, Repentigny, Lanaudière, QC, J6A 2T6
450 581-8159

Website: mdjrepentigny.ca

Email: mdjrepentigny@gmail.com


Eligibility: youth 12 to 17 years old

Coverage area: Repentigny

Hours: Tuesday 15h00 to 18h00, Wednesday and Thursday 15h00 to 20h00, Friday 15h00 to 21h00

Fees: none

Financing: provincial, grants, self-financing

Legal status: non-profit organization

MAISON DES JEUNES DE REPENTIGNY - LE GARDEUR

389 Saint-Paul Street, door 5, Repentigny, Lanaudière, QC, J5Z 2H9
450 657-7111

Website: mdjrepentigny.ca

Email: mdjrepentigny@gmail.com

Services: Meeting and discussion place promoting individual and collective expression through varied activities, under the supervision of significant adults. * Counselling, active listening. * Self-esteem workshops. * Referral centre.

Eligibility: youth 12 to 17 years old

Capacity: more than 60 teenagers

Coverage area: Le Gardeur sector

Hours: Wednesday and Thursday 15h00 to 20h00, Friday 15h00 to 21h00

Fees: none

Financing: provincial, municipal, donations

Legal status: non-profit organization

MAISON DES JEUNES DE SAINT-ESPRIT

66 Montcalm Street, Saint-Esprit, Lanaudière, QC, J0K 2L0
450 839-7227

Email: mdjsaintesprit@videotron.ca

Services: Animated meeting place for teenagers. * Listening and support service by phone and text message. * Animation and preventive intervention. * Social, cultural and recreational activities.

Eligibility: teenagers from 12 to 18 years old

Coverage area: Saint-Esprit

Hours: Wednesday, Thursday 18h00 to 21h00, Friday 17h00 à 21h00

Financing: self-financing

Legal status: non-profit organization
THÉRAPEUTES EN RELATION D’AIDE DE LANAUDIÈRE

Confidential Address
450 581-2159
Website: www.tral.ca
Email: info@tral.ca


Coverage area: Lanaudière
Hours: Monday to Friday 8h00 to 17h00
Fees: variable
Financing: self-financing
Legal status: non-profit organization
Community Action

ADVISORY AND CITIZEN ACTION ORGANIZATIONS

CHARITY ORGANIZATIONS

COMMUNITY CENTRES

COMMUNITY DEVELOPMENT

INFORMATION AND REFERRAL

VOLUNTEERING AND VOLUNTEER CENTRES
Advisory and citizen action organizations

ACTION DIGNITÉ LANAUDIÈRE
144 Saint-Joseph Street, Joliette, Lanaudière, QC, J6E 5C4
450 756-1155   Fax: 450 760-3586
Email: info@actiondignite.com
Eligibility: people with lower education and people on a low income
Coverage area: Lanaudière
Hours: Monday to Friday 9h00 to 12h00 and 13h00 to 16h00
Fees: annual membership: $5
Financing: donations
Legal status: non-profit organization

ACTION POPULAIRE DES MOULINS
2500 Mascouche Boulevard, Suite 225, Mascouche, Lanaudière, QC, J7K 0H5
450 477-8985
Website: agenda-apm.blogspot.com
Email: info@actionpopulaire.org
Eligibility: people on a low income or in a situation of poverty and social exclusion, including people receiving welfare or social solidarity, supporters interested in transformation and social justice, community workers
Coverage area: MRC Les Moulins and surroundings
Hours: information and individual assistance by phone: Monday to Friday, variable hours, leave a message, individual assistance in person: Monday to Friday, variable hours, by appointment, other activities: variable schedule, information available on Facebook or on the website
Fees: none
Financing: provincial, Centraide Lanaudière, fundraising campaigns, donations
Legal status: non-profit organization

ASSOCIATION RÉGIONALE DE LOISIRS POUR PERSONNES HANDICAPÉES DE LANAUDIÈRE
200 de Salaberry Street, Suite 305, Joliette, Lanaudière, QC, J6E 4G1
450 752-2586   Fax: 450 759-8749
Website: www.arlphlanaudiere.org
Email: info@arlphlanaudiere.org
Eligibility: any person living with a handicap, regardless of age and disability
Coverage area: Lanaudière
Financing: provincial
Legal status: non-profit organization
CENTRE D’ACTION BÉNÉVOLE COMMUNAUTAIRE MATAWINIE
562 de l’Église Street, Chertsey, Lanaudière, QC, J0K 3K0
450 882-1089  Fax: 450 882-1084
Website: ccbm.qc.ca
Email: info@ccbm.qc.ca


Eligibility: seniors, people with a loss of autonomy, people on a low income, caregivers, volunteers, organizations


Hours: Monday to Thursday 8h30 to 12h00 and 13h00 to 16h30, Friday 8h30 to 12h00

Fees: meals on wheels: variable costs

Financing: provincial, self-financing, donations

Legal status: non-profit organization

CENTRE RÉGIONAL DE FORMATION DE LANAUDIÈRE
144 Saint-Joseph Street, Joliette, Lanaudière, QC, J6E 5C4
450 755-2700  Fax: 450 760-3586
Website: crfl.ca
Email: crfl@crfl.ca


Eligibility: employees and volunteers of community organizations

Coverage area: Lanaudière

Hours: Monday to Friday 8h00 to 16h00

Financing: provincial

Legal status: non-profit organization

CONSEIL RÉGIONAL DE L’ENVIRONNEMENT DE LANAUDIÈRE
365 Saint-Louis Street, Joliette, Lanaudière, QC, J6E 7N3
450 756-0186  Fax: 450 756-6538
Website: crelanaudiere.ca
Email: info@crelanaudiere.ca

Services: * Concertation and consultation on environmental issues such as climate change, development and protection of natural environments, waste management, local agriculture, water management and sustainable development. * Informative capsules and virtual conferences: www.youtube.com/channel/UCXcnLYsQdwMfNw4eBrMPUhg/featured.

Eligibility: citizens, organizations, businesses and government instances

Coverage area: Lanaudière

Hours: Monday to Friday 8h30 to 16h30

Fees: annual membership: $12 per citizen, $30 per organization, $60 per business or government instance

Financing: municipal, grants, contributions, donations, self-financing

Legal status: non-profit organization
GROUPE D'INFORMATION ET DE DÉFENSE DES DROITS SOCIAUX DE ST-JULIENNE
2398 Cartier Street, Sainte-Julienne, Lanaudière, QC, J0K 2T0
450 831-4825  Fax: 450 831-4825
Website: gidds.org
Email: gidds.rt@gmail.com
Eligibility: people on a low income
Coverage area: Sainte-Julienne
Hours: Monday to Thursday 10h00 to 16h00
Fees: annual membership: $20
Financing: membership fees, grants
Legal status: non-profit organization

MOUVEMENT D'ÉDUCATION POPULAIRE AUTONOME DE LANAUDIÈRE
144 Saint-Joseph Street, Suite 105, Joliette, Lanaudière, QC, J6E 5C4
450 752-4700  Fax: 450 760-3586
Website: www.mepal.net
Email: info@mepal.net
Eligibility: popular education organizations, autonomous community organizations
Coverage area: Lanaudière
Hours: Monday to Thursday 9h30 to 16h00
Fees: membership: $40 per year
Financing: provincial, donations, membership fees, fundraising campaigns, self-financing
Legal status: non-profit organization

REGIONAL COMMITTEE OF EDUCATION FOR INTERNATIONAL DEVELOPMENT
101 Dugas Street, Joliette, Lanaudière, QC, J6E 4G7
450 756-0011 ext. 200  Fax: 450 759-0489
Website: www.credil.qc.ca/english.html
Email: info@credil.qc.ca
Services: * Reception and settlement of newcomers and refugees. * Interpreting service in person or by phone. * Educating the public about international solidarity. * Implementation of projects and internships in developing countries.
Eligibility: immigrants and refugees
Coverage area: Lanaudière
Hours: Monday to Friday 9h00 to 17h00
Financing: provincial
Legal status: non-profit organization

REGROUPEMENT DES ORGANISMES COMMUNAUTAIRES ET ALTERNATIFS EN SANTÉ MENTALE DE LANAUDIÈRE
517 Archambault Street, Joliette, Lanaudière, QC, J6E 2W6
450 759-8853
Website: rocasml.org
Email: rocasml@videotron.ca
Community Action

**Services:** Promotion of an alternative approach to mental health. * Support for member groups. * Promotion and information on the rights and interests of people living or having experienced mental health problems. * Grouping of community resources and non-institutional alternatives in mental health. * Education and awareness of the population.

**Eligibility:** community and alternative mental health organizations

**Coverage area:** Lanaudière

**Hours:** Monday to Friday 9h00 to 16h00

**Fees:** membership: $125 per year

**Financing:** provincial, membership fees

**Legal status:** non-profit organization

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**TABLE ACTION PRÉVENTION EN ITINÉRANCE DE LANAUDIÈRE**

Confidential Address
450 471-4664

**Email:** hulterrebonne@hotmail.com

**Services:** Consultation on the issue of homelessness. * Achievement of action strategies. * Continuation of local initiatives.

**Eligibility:** non-profit organizations involved with people who are homeless or at risk of homelessness

**Capacity:** around 20 organizations

**Coverage area:** Lanaudière

**Fees:** none

**Financing:** provincial

**Legal status:** non-profit organization

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**TABLE DE CONCERTATION DES GROUPES DE FEMMES DE LANAUDIÈRE**

144 Saint-Joseph Street, Suite 214, Joliette, Lanaudière, QC, J6E 5C4
450 752-0049   Fax: 450 760-3586

**Website:** femmeslanaudiere.org

**Email:** tcgfl@bellnet.ca


**Eligibility:** organizations working with women or with a women component

**Coverage area:** Lanaudière

**Hours:** Monday to Friday 9h00 to 17h00

**Financing:** grants

**Legal status:** non-profit organization

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**TABLE DE CONCERTATION RÉGIONALE DES ASSOCIATIONS DE PERSONNES HANDICAPÉES DE LANAUDIÈRE**

Confidential Address
450 755-1488   Fax: 450 759-8749

**Email:** tcraphl@tcraphl.org

**Services:** * Advocacy of rights. * Consultation, representation and technical support.

**Eligibility:** associations of disabled people

**Coverage area:** Lanaudière

**Hours:** Monday to Friday 8h30 to 16h30

**Fees:** annual contribution: $50 per association

**Financing:** contributions, provincial

**Legal status:** non-profit organization
TABLE DES PARTENAIRES DU DÉVELOPPEMENT SOCIAL DE LANAUDIÈRE
200 De Salaberry Street, Joliette, Lanaudière, QC, J6E 4G1
450 759-9944 Fax: 450 759-8889
Website: tpdsl.org
Email: lanaudiere@tpdsl.org
Services: Concertation table of community organizations for the improvement of the quality of life, the reduction of social inequalities and citizen participation in a sustainable development perspective. * Concertation on food security and housing, forums. * Information, presentation and workshop facilitation. * Support to municipalities and MRCs for the development of social development policies. * Support to organizations to improve their governance. * Analysis and documentation. * Promotion of community involvement.
Eligibility: community organizations, local social development committees, municipalities, MRCs
Coverage area: Lanaudière
Hours: Monday to Friday 8h30 to 17h00
Fees: none
Financing: grants
Legal status: non-profit organization

TABLE RÉGIONALE DE CONCERTATION DES AÎNÉS DE LANAUDIÈRE
688 Manseau Boulevard, Joliette, Lanaudière, QC, J6E 3E6
514 928-0147
Website: talanaudiere.org
Email: info@talanaudiere.org
Services: Grouping seeking to allow seniors to have access to a regional place of exchange, concertation and partnership. * Support and promotion of organization working with seniors. * Contribution to economic, social and cultural development in the region. * Facilitates concertation between seniors associations and partner organizations. * Presentation of advice to governmental organizations. * Conferences and regional events.
Eligibility: seniors, organizations working with seniors
Coverage area: Lanaudière
Hours: Monday to Thursday 9h00 to 16h30
Financing: provincial
Legal status: non-profit organization

TABLE RÉGIONALE DES ORGANISMES COMMUNAUTAIRES AUTONOMES DE LANAUDIÈRE
25 Saint-Louis Street, Saint-Esprit, Lanaudière, QC, J0K 2L0
1 866 839-6085 Fax: 450 839-6370
Website: trocl.org
Email: trocl@trocl.org
Eligibility: autonomous community organizations
Capacity: 200 organizations
Coverage area: Lanaudière
Hours: Monday to Friday 8h30 to 16h30
Fees: annual contribution: $25 to $150 per organization
Financing: membership fees, provincial
Legal status: non-profit organization

TABLE RÉGIONALE DES ORGANISMES COMMUNAUTAIRES FAMILLE DE LANAUDIÈRE
15 Monday Street, Saint-Gabriel, Lanaudière, QC, J0K 2N0
450 586-0733
Website: www.trocfl.org
Email: info@trocfl.org
Community Action


Eligibility: community organizations in the family sector
Capacity: 17 organizations
Coverage area: Lanaudière
Hours: Tuesday to Thursday 8h00 to 16h00 and Friday 8h00 to 14h00
Fees: membership: $75 per year
Financing: contributions, donations, grants
Legal status: non-profit organization

Charity Organizations

BUREAU D’ENTRAIDE DE ST-BARTHÉLEMY
1980 Bonin Street, Suite 304, Saint-Barthélemy, Lanaudière, QC, J0K 1X0
450 885-3511 ext. 5003
Email: besbinfo@gmail.com

Eligibility: general public
Coverage area: Saint-Barthélemy
Hours: Monday to Friday 10h00 to 12h00 and 13h00 to 17h00
Fees: none
Financing: donations, self-financing, fundraising campaigns
Legal status: non-profit organization

CENTRAIDE LANAUDIÈRE
582 Saint-Viateur Street, Joliette, Lanaudière, QC, J6E 3B6
450 752-1999
Website: centraide-rcq.ca/lanaudiere
Email: imilliard@centraide-lanaudiere.com

Services: Support to local community organizations through a fundraising campaign and donations collected.
Eligibility: non-profit organizations
Coverage area: MRC D’Autray, MRC L’Assomption, MRC Matawinie, MRC Montcalm, MRC Joliette, Mascouche
Financing: fundraising campaigns, self-financing
Legal status: non-profit organization

CLUB RICHELIEU REPENTIGNY
50 Thouin Street, Repentigny, Lanaudière, QC, J6A 4J4
514 941-4208     Fax: 450 585-7597
Website: www.richelieurepentigny.org
Email: info.richelieu.repentigny@gmail.com

Services: Fundraising campaigns and fund distribution to organizations who help children.
Eligibility: organization working with children with specific needs
Coverage area: Lanaudière
Financing: donations
Legal status: non-profit organization

FILLES D’ISABELLE (LES) - BOIS-DES-FILION
Confidential Address
514 919-9038
Email: jg_fontaine@hotmail.com
FONDATION POUR LA SANTÉ DU NORD DE LANAUDIÈRE
1000 Sainte-Anne Boulevard, Saint-Charles-Borromée, Lanaudière, QC, J6E 6J2
450 759-8222 ext. 2721 Fax: 450 756-5086
Website: www.votrefondation.org
Email: info@votrefondation.org
Services: Funding of projects related to healthcare.
Eligibility: general public
Coverage area: MRC de D’Autray, MRC de Matawinie, MRC de Joliette, MRC de Montcalm
Hours: Monday to Friday 8h00 to 16h30
Fees: none
Financing: donations, provincial, fundraising campaigns
Legal status: non-profit organization

FONDATION SANTÉ SUD LANAUDIÈRE
911 Montée des Pionniers, Suite B1-024, Terrebonne, Lanaudière, QC, J6V 2H2
450 654-7525 ext. 21115 Fax: 450 657-9974
Website: www.effetpapillon.ca
Email: info@fondationssl.ca
Services: Funding of projects related to healthcare.
Eligibility: general public
Coverage area: south of Lanaudière
Hours: Monday to Friday 8h00 to 16h00
Fees: none
Financing: donations, provincial, fundraising campaigns
Legal status: non-profit organization

SAINT-CÔME, UN COEUR QUI BAT
1673 55th Street, Saint-Côme, Lanaudière, QC, J0K 2B0
438 821-1135
Services: * Fundraising for the Saint-Côme medical clinic.
Eligibility: Saint-Côme medical clinic
Coverage area: Saint-Côme
Financing: donations
Legal status: non-profit organization

Community centres
CENTRE COMMUNAUTAIRE LAURENT VENNE
225 J.-A.-Paré Boulevard, Repentigny, Lanaudière, QC, J5Z 4M6
450 657-4877
Website: centrecommunautairerepentigny.ca
Email: info.cclv@sodem.net
Eligibility: families, seniors, youth  
Capacity: 400  
Coverage area: MRC L'Assomption  
Hours: Monday to Friday 9h00 to 22h00, Saturday and Sunday 9h00 to 17h00  
Fees: variable  
Financing: municipal  
Legal status: non-profit organization

CENTRE DE SERVICES COMMUNAUTAIRES ET CULTURELS DE REPENTIGNY - CENTRE À NOUS  
50 Thouin Street, Repentigny, Lanaudière, QC, J6A 4J4  
450 581-5402 Fax: 450 581-6885  
Website: www.centreanous.com  
Email: info@centreanous.org  
Services: Community and cultural services offered by various community organizations. * Rental of multipurpose rooms.  
Capacity: 22 tenants and 7 multipurpose rooms for 10 to 300 people  
Coverage area: MRC de L'Assomption and surroundings  
Hours: Monday to Friday 7h00 to 21h00, Saturday and Sunday on demand  
Financing: self-financing, fundraising campaigns  
Legal status: non-profit organization

CROISÉE DE LA MATAWINIE (LA)  
30 Joliette Road, Saint-Félix-de-Valois, Lanaudière, QC, J0K 2M0  
450 889-5908  
Email: la.croisee@hotmail.com  
Eligibility: people aged 18 years and over  
Capacity: 4 rooms  
Coverage area: MRC Matawinie  
Hours: Tuesday to Friday 12h00 to 18h00, Saturday 12h00 to 17h00  
Fees: housing: $450 per month  
Financing: donations  
Legal status: non-profit organization

MAISON LA TRACE  
245 Saint-Ursule Street, L'Assomption, Lanaudière, QC, J5W 1M6  
450 589-6050  
Email: marie_claire548@hotmail.com  
Eligibility: residents  
Coverage area: L'Assomption  
Hours: Monday to Thursday 13h00 to 16h00, knitting: Monday 9h00, yoga: Tuesday 9h45, dinner: last Thursday of the month  
Fees: none  
Financing: fundraising campaigns, donations, self-financing  
Legal status: non-profit organization
Community development

**ACTION FAMILLE LANORAIE**

42 Louis-Joseph-Doucet Street, Lanoraie, Lanaudière, QC, J0K 1E0

450 887-2624

Website: www.actionfamillelanoraie.org

Email: actfamlanoraie@qc.aira.com


**Eligibility:** families and single people, drop-in daycare: children 2 to 5 years old

**Coverage area:** Lanoraie

**Hours:** Monday to Friday 7h00 to 12h00, 13h00 to 18h00, drop-in daycare: Wednesday 9h00 to 15h00, Friday 9h00 to 12h00, thrift shop: Monday to Friday 13h00 to 15h00, childcare services and homework assistance: Monday to Friday 7h00 to 8h00, 15h15 to 18h00 in addition to the pedagogical days

**Fees:** workshops: variable, drop-in daycare: $8 on Wednesday, $4 on Friday, childcare services: 7h00 to 8h00 $3, 15h15 to 16h30 $3, 15h15 to 18h00 $4.50, homework assistance: $3, day camp: 1st child $315, 2nd child $275, 3rd child and the following ones $235

**Financing:** municipal, self-financing, donations, provincial

**Legal status:** non-profit organization

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**ACTION FAMILLE LAVALTRIE**

1725 Notre-Dame Street, Lavaltrie, Lanaudière, QC, J5T 1S2

450 586-0733     Fax: 450 586-6652

Website: www.actionfamillelavaltrie.org

Email: actionfamillelavaltrieinc@bellnet.ca


**Eligibility:** Expérience Loisirs program: people, parents and families on a low income, daycare: children 18 month to 5 years old, welcoming and support program for immigrants: immigrants, room rental: members

**Coverage area:** Lavaltrie, welcoming and support program for immigrants: MRC D'Autray

**Hours:** Monday to Friday 9h00 to 16h00, daycare: Wednesday to Friday 9h00 to 16h00

**Fees:** membership: $12 per year, workshops: variable, daycare: $12 per day, $8 per day for the second child and the other children or $3 per hour, Expérience Loisirs program: free, room rental: $50 deposit, $100 for 4 hours, $120 for 6 hours, $200 for the day

**Financing:** Centraide Lanaudière, municipal, provincial, contributions, self-financing, fundraising campaigns, donations

**Legal status:** non-profit organization

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**ANNEXE À ROLAND (L')**

400 Baby Street, Joliette, Lanaudière, QC, J6E 2W1

450 916-1536     Fax: 450 756-2245

Website: www.lannexearoland.com

Email: lannexe@bellnet.ca

**Services:** Bistro with a professional integration program. * Prepared dishes at affordable prices, dining room open to the public, delivery. * Expl'or program: employability program with individualized support. * Room rental.

**Eligibility:** Expl'or program: people aged 18 and over far from the labour market, bistro: general public

**Coverage area:** Joliette

**Hours:** Monday to Thursday 9h00 to 16h00

**Fees:** Expl'or program: none, prepared dishes: variable
Financing: provincial
Legal status: non-profit organization

BERTHIERVILLE - CITY
588 De Montcalm Street, Berthierville, Lanaudière, QC, J0K 1A0
450 836-7035
Website: www.ville.berthierville.qc.ca
Email: info@ville.berthierville.qc.ca
Coverage area: Berthierville
Hours: Monday to Friday 9h00 to 12h00 and 13h00 to 16h30
Financing: municipal
Legal status: municipal agency

BOIS-FRANC - MUNICIPALITÉ
1673 55th Street, Saint-Côme, Lanaudière, QC, J0K 2B0
450 883-2726     Fax: 450 883-6431
Website: www.stcomelanaudiere.ca
Email: info@stcomelanaudiere.ca
Coverage area: Saint-Côme
Hours: Monday to Friday 8h30 to 12h00 and 13h00 to 16h30
Financing: municipal
Legal status: municipal agency

CÉGEP RÉGIONAL DE LANAUDIÈRE - COLLÈGE CONSTITUANT DE JOLIETTE
20 Saint-Charles-Borromée Street South, Joliette, Lanaudière, QC, J6E 4T1
450 759-1661     Fax: 450 759-7120
Website: www.cegep-lanaudiere.qc.ca/joliette
Services: Public higher education institution at the collegial level. * 30 pre-university and technical programs (DEC). * La Cabotine Daycare (CPE). * Room and sports facilities rental.
Coverage area: Province of Québec
Financing: provincial
Legal status: parapublic organization

CENTRE D’ACTION BÉNÉVOLE COMMUNAUTAIRE MATAWINIE
562 de l’Église Street, Chertsey, Lanaudière, QC, J0K 3K0
450 882-1089     Fax: 450 882-1084
Website: ccbm.qc.ca
Email: info@ccbm.qc.ca
Eligibility: seniors, people with a loss of autonomy, people on a low income, caregivers, volunteers, organizations
**Coverage area:** MRC Matawinie, secteur de livraison de la popote roulante: Chertsey, Rawdon, Sainte-Béatrix, Sainte-Marcelline, Saint-Alphonse-Rodriguez, Saint-Félix-de-Valois, Saint-Jean-de-Matha, Saint-Côme, Sainte-Émélie-de-L’Énergie, Entrelacs, Saint-Donat, Saint-Michel-des-Saints, Saint-Zénon

**Hours:** Monday to Thursday 8h30 to 12h00 and 13h00 to 16h30, Friday 8h30 to 12h00

**Fees:** meals on wheels: variable costs

**Financing:** provincial, self-financing, donations

**Legal status:** non-profit organization

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**CENTRE D’ACTION BÉNÉVOLE DE MONTCALM**

27 Saint-Louis Street, Saint-Esprit, Lanaudière, QC, J0K 2L0

**450 839-3118**  **Fax:** 450 839-3440

**Website:** www.cabmontcalm.com

**Email:** lequipe@cabmontcalm.com


**Eligibility:** seniors, people in vulnerable situations, people on a low income, people living in social isolation, caregivers, volunteers, organizations, meals on wheels: seniors, people in temporary or permanent loss of autonomy, people living with a chronic illness, a physical or intellectual disability, their caregivers

**Coverage area:** MRC Montcalm

**Hours:** Monday to Friday 8h30 to 12h00 and 13h00 to 16h00

**Fees:** annual membership: $15, meals on wheels: variable costs per meal

**Financing:** self-financing, membership fees, donations

**Legal status:** non-profit organization

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**CENTRE DE SERVICES COMMUNAUTAIRES ET CULTURELS DE REPENTIGNY - CENTRE À NOUS**

50 Thouin Street, Repentigny, Lanaudière, QC, J6A 4J4

**450 581-5402**  **Fax:** 450 581-6885

**Website:** www.centreanous.com

**Email:** info@centreanous.org

**Services:** Community and cultural services offered by various community organizations. * Rental of multipurpose rooms.

**Capacity:** 22 tenants and 7 multipurpose rooms for 10 to 300 people

**Coverage area:** MRC de L’Assomption and surroundings

**Hours:** Monday to Friday 7h00 to 21h00, Saturday and Sunday on demand

**Financing:** self-financing, fundraising campaigns

**Legal status:** non-profit organization

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**CENTRE RÉGIONAL DE FORMATION DE LANAUDIÈRE**

144 Saint-Joseph Street, Joliette, Lanaudière, QC, J6E 5C4

**450 755-2700**  **Fax:** 450 760-3586

**Website:** crfl.ca

**Email:** crfl@crfl.ca

**Services:** Training for employees and volunteers of community organizations. * Training in management, accounting, law, animation, intervention. * Distance training. * Customized training.

**Eligibility:** employees and volunteers of community organizations

**Coverage area:** Lanaudière

**Hours:** Monday to Friday 8h00 to 16h00
Financing: provincial  
Legal status: non-profit organization

CHARLEMAGNE - LOISIRS ET CULTURE  
84 Sacré-Cour Street, Charlemagne, Lanaudière, QC, J5Z 1W8  
450 581-2541 ext. 27  
Website: www.ville.charlemagne.qc.ca/fr/loisirs-et-culture  
Email: loisirs@ville.charlemagne.qc.ca  
Coverage area: Charlemagne  
Fees: variable  
Financing: municipal  
Legal status: municipal agency

CHERTSEY - MUNICIPALITY  
333 de l’Amitié Avenue, Chertsey, Lanaudière, QC, J0K 3K0  
450 882-2920 Fax: 450 882-3333  
Website: www.chertsey.ca  
Email: general@chertsey.ca  
Coverage area: Chertsey  
Hours: Monday to Friday 8h00 to 16h00  
Financing: municipal  
Legal status: municipal agency

COOPÉRATIVE DE SOLIDARITÉ LE CHEZ-NOUS DU COMMUNAUTAIRE DES MOULINS  
2500 Mascouche Boulevard, Mascouche, Lanaudière, QC, J7K 0H5  
450 966-9513 Fax: 450 966-2814  
Website: solidairescheznous.org  
Email: cooperation@le-chez-nous.org  
Services: Gathering place for community organizations, non-profit organizations and social economy enterprises. * Community development. * Animation, training and information place. * Breeding place for projects responding to needs in cooperation with organizations. * Offices and room rental. * Mail, fax, photocopies and equipment rental.  
Eligibility: community organizations, non-profit organizations, social economy enterprises  
Capacity: 72 people  
Coverage area: MRC Les Moulins  
Hours: office: Monday to Thursday 9h00 to 16h00, Friday 9h00 to 12h00, rental: at all times  
Fees: variable  
Financing: self-financing  
Legal status: cooperative

CORPORATION DE DÉVELOPPEMENT COMMUNAUTAIRE MRC DE L’ASSOMPTION  
50 Thouin Street, Repentigny, Lanaudière, QC, J6A 4J4  
450 313-0228  
Website: www.cdclassomption.org  
Email: info@cdclassomption.org  
Eligibility: general public and community organizations
Coverage area: MRC L'Assomption
Hours: in the Centre à nous Building
Financing: provincial
Legal status: non-profit organization

CRABTREE - MUNICIPALITY
111, 4e avenue, Crabtree, Lanaudière, QC, J0K 1B0
450-754-3434 Fax: 450-754-2172
Website: crabtree.quebec
Email: info@crabtree.quebec
Coverage area: Crabtree
Hours: Monday to Thursday 8h00 to 12h00 and 13h00 to 16h45, Friday 8h00 to 12h00
Financing: municipal
Legal status: municipal agency

GROUPE DE RESSOURCES TECHNIQUES HABEO
457 Laval Street, Joliette, Lanaudière, QC, J6E 5G9
450 759-8488 Fax: 450 759-2100
Website: habeo.ca
Email: info@habeo.ca
Services: Technical resource group recognized by the Société d'habitation du Québec. * Accompaniment of groups in achieving their social and community housing project. * Development of housing cooperatives or NPOs.
Eligibility: groups wishing to carry out social and community housing projects
Coverage area: Lanaudière
Hours: Monday to Friday 8h30 to 16h00
Financing: provincial
Legal status: non-profit organization

L’ÉPIPHANIE - LOISIRS ET CULTURE
68 Amireault Street, L’Épiphanie, Lanaudière, QC, J5X 1A1
450 588-6828
Website: www.lepiphanie.ca/programmation
Email: loisirs@lepiphanie.ca
Coverage area: L’Épiphanie
Hours: Monday to Thursday 8h00 to 12h00 and 13h00 to 17h00, Friday 9h00 to 12h00
Fees: variable
Financing: municipal
Legal status: municipal agency

LANORAIE - MUNICIPALITY
57 Laroche Street, Lanoraie, Lanaudière, QC, J0K 1E0
450 887-1100
Website: www.lanoraie.ca
Email: info@lanoraie.ca

Coverage area: Lanoraie

Hours: Monday to Thursday 8h30 to 12h00 and 13h00 to 16h30, Friday 8h30 to 12h00

Financing: municipal

Legal status: municipal agency

MAISON DE PARENTS DE LA MATAWINIE OUEST
3615 Queen Street, Suite 2, Rawdon, Lanaudière, QC, J0K 1S0
450 834-5179    Fax: 450 834-5179
Website: maisonparents.org
Email: maisonparents.mo@gmail.com


Eligibility: families, parents, drop-in: children from 1 to 5 years old

Coverage area: West Matawinie: Chertsey, Entrelacs, Notre-Dame-de-la-Merci, Rawdon, Saint-Alphonse-Rodriguez, Saint-Côme, Saint-Donat, Sainte-Marcelline-de-Kildare

Hours: Monday to Friday 9h00 to 15h00, drop-in daycare: Wednesday and Thursday 9h00 to 14h30 and during an activity

Fees: membership card: $10 per family per year, drop-in daycare: $6 for one child, $8 for 2 children and $10 for 3 children

Financing: contributions, self-financing

Legal status: non-profit organization

MAISON DES AÎNÉS DE CHERTSEY (LA)
552 de l'Église Road, Chertsey, Lanaudière, QC, J0K 3K0
450 882-1688
Email: maisondesaines.chertsey@gmail.com


Eligibility: people 50 years and over

Coverage area: Chertsey, Entrelacs, Rawdon

Hours: Monday to Friday 9h00 to 16h00, community lunches: Tuesday and Wednesday 11h30 to 12h30

Fees: annual membership: $20, community lunches: $8 for members, $10 for non-members, collective kitchen: between $0.25 and $1.50 by portion, rental room: variable

Financing: Centraide Lanaudière, contributions, self-financing, donations, provincial

Legal status: non-profit organization

MASCOUCHE - SERVICES DES ACTIVITÉS SPORTIVES ET DES PARCS
2936 Dupras Street, Mascouche, Lanaudière, QC, J7K 1T2
450 474-4133 ext. 2000    Fax: 450 474-6401
Website: mascouche.ca/services-aux-citoyens/mloisirs
Email: sports@ville.mascouche.qc.ca


Coverage area: Mascouche

Hours: Monday to Friday 8h15 to 12h00 and 13h15 to 16h30

Fees: variable
Financing: municipal
Legal status: municipal agency

NOTRE-DAME-DE-LOURDES - MUNICIPALITÉ
4050 Principale Street, Notre-Dame-de-Lourdes, Lanaudière, QC, J0K 1K0
450 759-2277     Fax: 450 759-2055
Website: www.notredamedelourdes.ca
Email: reception@notredamedelourdes.ca
Coverage area: Notre-Dame-de-Lourdes
Hours: Monday to Friday 9h00 to 12h00 and 13h00 to 16h30
Financing: municipal
Legal status: municipal agency

NOTRE-DAME-DES-PRAIRIES - CITY
132 Antonio-Barrette Boulevard, Notre-Dame-des-Prairies, Lanaudière, QC, J6E 1E5
450 759-7741     Fax: 450 759-6255
Website: www.notredamedesprairies.com
Email: info@notredamedesprairies.com
Coverage area: Notre-Dame-Des-Prairies
Hours: Monday to Wednesday 8h30 to 12h00 and 13h00 to 16h30, Thursday 8h30 to 12h00 and 13h00 to 17h30, Friday 8h30 to 12h00
Financing: municipal
Legal status: municipal agency

REPENTIGNY - LOISIRS, SPORTS ET VIE COMMUNAUTAIRE
435 Iberville Boulevard, Repentigny, Lanaudière, QC, J6A 2B6
450 470-3400     Fax: 450 470-3082
Website: repentigny.ca
Email: loisirs@repentigny.ca
Coverage area: Repentigny
Fees: variable
Financing: municipal
Legal status: municipal agency

SAINT-ALPHONSE-RODRIGUEZ - MUNICIPALITY
101 de la Plage Street, Saint-Alphonse-Rodriguez, Lanaudière, QC, J0K 1W0
450 883-2264     Fax: 450 883-0833
Website: www.municipalite.saintalphonserodriguez.qc.ca
Email: info@munsar.ca
Coverage area: Saint-Alphonse-Rodriguez
Community Action

Hours: Monday to Friday 9h00 to 12h00 and 13h00 to 16h30
Financing: municipal
Legal status: municipal agency

SAINT-AMBROISE-DE-KILDARE - MUNICIPALITY
850 Principale Street, Saint-Ambroise-de-Kildare, Lanaudière, QC, J0K 1C0
450 755-4782    Fax: 450 755-4784
Website: www.saintambroise.ca
Email: info@saintambroise.ca


Coverage area: Saint-Ambroise-De-Kildare
Hours: Monday to Thursday 8h00 to 12h00 and 13h00 to 16h00, Friday 8h00 to 12h00
Financing: municipal
Legal status: municipal agency

SAINT-DONAT - MUNICIPALITY
490 Principale Street, Saint-Donat, Lanaudière, QC, J0T 2C0
819 424-2383    Fax: 819 424-5020
Website: www.saint-donat.ca
Email: info@saint-donat.ca


Coverage area: Saint-Donat
Hours: Monday to Friday 8h30 to 12h00 and 13h00 to 16h30
Financing: municipal
Legal status: municipal agency

SAINT-GABRIEL - MUNICIPALITÉ
45 Beausoleil Street, Saint-Gabriel, Lanaudière, QC, J0K 2N0
450 835-2212
Website: www.ville.stgabriel.qc.ca
Email: mairie@ville.stgabriel.qc.ca


Coverage area: Saint-Gabriel
Hours: Monday to Thursday 9h00 to 12h00 and 13h00 to 16h00, Friday 9h00 to 12h00
Financing: municipal
Legal status: municipal agency

SAINT-JACQUES - MUNICIPALITY
16 Maréchal Street, Saint-Jacques, Lanaudière, QC, J0K 2R0
450 839-3671    Fax: 450 839-2387
Website: www.st-jacques.org
Email: info@st-jacques.org


Coverage area: Saint-Jacques
SAINTE-SULPICE - SERVICE DES LOISIRS
185 Émile Street, Saint-Sulpice, Lanaudière, QC, J5W 1B1
450 705-3430
Website: www.loisirsstsulpice.com
Email: info@loisirsstsulpice.com
Coverage area: Saint-Sulpice
Fees: variable
Financing: municipal
Legal status: municipal agency

SAINTE-MÉLANIE - MUNICIPALITÉ
10 Louis-Charles-panet Street, Sainte-Mélanie, Lanaudière, QC, J0K 3A0
450 889-5871
Website: www.sainte-melanie.ca
Email: info@sainte-melanie.ca
Coverage area: Sainte-Mélanie
Hours: Monday to Friday 9h00 to 17h00
Financing: municipal
Legal status: municipal agency
TABLE DES PARTENAIRES DU DÉVELOPPEMENT SOCIAL DE LANAUDIÈRE

200 De Salaberry Street, Joliette, Lanaudière, QC, J6E 4G1
450 759-9944  Fax: 450 759-8889
Website: tpdsl.org
Email: lanaudiere@tpdsl.org

**Services:** Concertation table of community organizations for the improvement of the quality of life, the reduction of social inequalities and citizen participation in a sustainable development perspective. * Concertation on food security and housing, forums. * Information, presentation and workshop facilitation. * Support to municipalities and MRCs for the development of social development policies. * Support to organizations to improve their governance. * Analysis and documentation. * Promotion of community involvement.

**Eligibility:** community organizations, local social development committees, municipalities, MRCs
**Coverage area:** Lanaudière
**Hours:** Monday to Friday 8h30 to 17h00
**Fees:** none
**Financing:** grants
**Legal status:** non-profit organization

Information and referral

ASSOCIATION QUÉBÉCOISE DE DÉFENSE DES DROITS DES PERSONNES RETRAITÉES ET PRÉRETRAITÉES - L’ASSOMPTION

50 Thouin Street, Suite 241, Repentigny, Lanaudière, QC, J6A 4J4
450 704-2776
Website: www.aqdr.org/section/lassomption
Email: aqdrlassomption@hotmail.com

**Services:** Advocacy for seniors to improve their living conditions on matters such as income, housing, home care, transportation and health. * Monthly conferences. * Personalized accompaniment service. * References to partners (community, municipal and government organizations as well as professionals such as lawyers, notaries, etc.). * Journal: three publications per year. * Legal referral service. * Vulnerable people identification service. * Annual brunch and fundraising campaign.

**Eligibility:** retired and preretired people
**Coverage area:** MRC L’Assomption
**Hours:** Monday to Thursday 9h00 to 12h00 and 13h30 to 16h00, Friday 9h00 to 16h00, by appointment
**Fees:** annual membership: $20
**Financing:** grants, membership fees, fundraising campaigns
**Legal status:** non-profit organization

ASSOCIATION QUÉBÉCOISE DE DÉFENSE DES DROITS DES PERSONNES RETRAITÉES ET PRÉRETRAITÉES - TROISIÈME ÂGE CHERTEY

562 de l’Église Road, Chertsey, Lanaudière, QC, J0K 3K0
450 898-2241
Website: www.aqdr.org/section/troisieme-age-chertsey
Email: aqdr.tac@gmail.com

**Services:** Advocacy for seniors to improve their living conditions regarding income, housing, home services, transportation and health. * Conferences, workshops and training. * Personalized accompaniment service. * Referrals to partners (community, municipal and government organizations as well as professionals such as lawyers, notaries, etc.). * Monthly newspaper and newsletter. * Representation with political authorities.

**Eligibility:** retired and pre-retired people
**Coverage area:** MRC Matawinie, MRC Montcalm
**Fees:** annual membership: $15
**Financing:** grants, membership fees, fundraising campaigns
**Legal status:** non-profit organization
CARREFOUR INFORMATIONNEL ET SOCIAL
50 Thouin Street, Suite 107, Repentigny, Lanaudière, QC, J6A 4J4
450 581-5402 ext. 227
Website: www.centreanous.com/carrefour
Email: carrefour@centreanous.org

Services: Accompaniment for people with special or complex needs. * In person 211 information and referral. * Assistance with filling out forms.
Eligibility: people with language difficulties or unable to explain their situation on the phone, with no resources to meet their needs, with a functional limitation preventing them from accessing services or with no phone or Internet connection
Coverage area: MRC L'Assomption
Financing: provincial, donations
Legal status: non-profit organization

CARREFOUR POUR SOUFLER À TÊTE REPOSÉE
588 Montcalm Street, Suite 219, Berthierville, Lanaudière, QC, J0k 1A0
450 836-2020   Fax: 450 836-2040
Website: www.atetereposee.org
Email: atetereposee@live.fr

Services: Respite resources for families of people living with a disability. * At-home respite: planned respite (non-urgent) in the family home for a period of less than 24 hours. * 24h+ respite: referrals to respite homes for a planned period of 24 hours or more.
Eligibility: family of a person living with a disability: intellectual or physical disability, autism spectrum disorder, sensory disability, cognitive disorder, Alzheimer
Coverage area: Lanaudière
Hours: Monday to Friday 8h30 to 16h30
Fees: variable
Financing: self-financing, provincial
Legal status: non-profit organization

CENTRE D’ACTION BÉNÉVOLE COMMUNAUTAIRE MATAWINIE
562 de l’Église Street, Chertsey, Lanaudière, QC, J0K 3K0
450 882-1089   Fax: 450 882-1084
Website: cccbm.qc.ca
Email: info@cccbm.qc.ca

Eligibility: seniors, people with a loss of autonomy, people on a low income, caregivers, volunteers, organizations
Hours: Monday to Thursday 8h30 to 12h00 and 13h00 to 16h30, Friday 8h30 to 12h00
Fees: meals on wheels: variable costs
Financing: provincial, self-financing, donations
Legal status: non-profit organization
CENTRE D'AMITIÉ AUTOCHTONE DE LANAUDIÈRE
523 Sainte-Anne Boulevard, Joliette, Lanaudière, QC, J6E 5A3
450 760-3865 Fax: 450 760-9923
Website: www.caalanaudiere.ca
Email: info@caalanaudiere.ca


Eligibility: native people of all ages
Coverage area: Joliette
Hours: Monday to Friday 9h00 to 16h00
Fees: none
Financing: federal, provincial, self-financing, donations, grants, foundations
Legal status: non-profit organization

CENTRE D'ENTRAIDE EN SANTÉ MENTALE DU SECTEUR BRANDON - LE CROISSANT DE LUNE
168 Saint-Pierre Street, Saint-Gabriel, Lanaudière, QC, J0K 2N0
450 835-7222
Email: lecdl93@gmail.com


Eligibility: people living with a mental health issue
Coverage area: Mandeville, Saint-Cléophas-de-Brandon, Saint-Didace, Saint-Gabriel-de-Brandon, Saint-Norbert, Saint-Gabriel
Hours: Tuesday and Friday 8h30 to 15h30, Wednesday 12h45 to 15h30, Saturday 12h30 to 15h30, listening line: Thursday 12h30 to 15h00
Financing: grants
Legal status: non-profit organization

CHARLEMAGNE PUBLIC LIBRARY
84 du Sacré-Coeur Street, Charlemagne, Lanaudière, QC, J5Z 1W8
450 581-7243
Website: www.ville.charlemagne.qc.ca/fr/bibliotheque
Email: biblio@ville.charlemagne.qc.ca


Coverage area: Charlemagne
Hours: Tuesday to Thursday 13h00 to 20h00, Friday and Saturday 10h00 to 16h00, Sunday 13h00 to 16h00, summer: Monday and Friday 10h00 to 16h00, Tuesday to Thursday 13h00 to 20h00
Fees: free
Financing: municipal
Legal status: municipal agency
GROUPE D’ENTRAIDE EN TOUTE AMITIÉ
170 Sainte-Foy Street, Berthierville, Lanaudière, QC, J0K 1A0
450 836-6966     Fax: 450 836-3264
Website: entouteamitie2.wixsite.com/geta
Email: entouteamitie.org@hotmail.com


Eligibility: people on a low income, people living in vulnerable situations

Coverage area: Berthierville, Joliette (St-Viateur district), La Visitation-de-L’Île-Dupas, Lanoraie, Saint-Barthélemy, Saint-Cuthbert, Saint-Ignace-de-Loyola, Saint-Élizabeth, Sainte-Geneviève-De-Berthier

Hours: office: Tuesday to Friday 9h30 to 16h00, furniture counter: Tuesday, Wednesday, Friday 13h00 to 16h00 and Thursday 13h00 to 18h30.

Financing: self-financing
Legal status: non-profit organization

INFO-SOCIAL 8-1-1 - LANAUDIÈRE
Confidential Address
811 option 2
Website: www.quebec.ca/en/health/finding-a-resource/info-social-811

Services: Psychosocial consultation by phone. * Information and referral to assistance resources.

Coverage area: Lanaudière

Hours: 24 hours / 7 days

Fees: free

Financing: provincial

Legal status: non-profit organization

L’ASSOMPTION PUBLIC LIBRARY
375 Saint-Pierre Street, L’Assomption, Lanaudière, QC, J5W 2B6
450 589-5671 ext. 3100     Fax: 450 589-4512
Website: www.ville.lassomption.qc.ca/bibliotheque
Email: bibliotheque@ville.lassomption.qc.ca


Coverage area: L’Assomption

Hours: Tuesday to Thursday 11h00 to 19h00, Friday and Saturday 9h00 to 17h00, Sunday 12h00 to 17h00, summer: closed on Sunday and Monday

Fees: subscription: free for residents

Financing: municipal

Legal status: municipal agency

PORTAIL SOLIDAIRE
2500 Mascouche Boulevard, Mascouche, Lanaudière, QC, J7K 0H5
450 914-0003
Email: portail@solidairescheznous.org


Eligibility: general public

Coverage area: MRC Les Moulins

Hours: Monday to Friday 8h00 to 17h00
Fees: none  
Legal status: non-profit organization

REPENTIGNY PUBLIC LIBRARY - EDMOND-ARCHAMBAULT  
231 J.-A.-Paré Boulevard, Repentigny, Lanaudière, QC, J5Z 4M6  
450 470-3430  
Website: bibliothèques.repentigny.ca  
Email: bibliothèque@ville.repentigny.qc.ca  
Coverage area: Repentigny  
Hours: Tuesday to Thursday 13h00 to 21h00, Friday 9h00 to 17h00, Saturday and Sunday 13h00 to 17h00  
Fees: residents of Repentigny: none, non-residents: $100 per year  
Financing: municipal  
Legal status: municipal agency

REPENTIGNY PUBLIC LIBRARY - ROBERT-LUSSIER  
1 Place d'Évry, Repentigny, Lanaudière, QC, J6A 8H7  
450 470-3420  
Website: bibliothèques.repentigny.ca  
Email: bibliothèque@ville.repentigny.qc.ca  
Coverage area: Repentigny  
Hours: Monday to Thursday 10h00 to 21h00, Friday and Saturday 9h00 to 17h00, Sunday 13h00 to 17h00  
Fees: residents of Repentigny: none, non-residents: $100 per year  
Financing: municipal  
Legal status: municipal agency

SAINT-SULPICE PUBLIC LIBRARY  
215 des Loisirs Street, Saint-Sulpice, Lanaudière, QC, J5W 6C9  
450 589-7816  
Website: bibliotecie.ca/biblio/bibliothèque-de-saint-sulpice  
Email: biblio133@reseaubiblioqlm.qc.ca  
Coverage area: Saint-Sulpice  
Hours: Tuesday 9h00 to 16h30 and 18h00 to 20h00, Wednesday and Thursday 11h30 to 16h30 and 18h00 to 20h00, Saturday 9h00 to 12h00  
Fees: none  
Financing: municipal  
Legal status: municipal agency
SERVICES AMITIÉS L’ASSOMPTION
255 Saint-Etienne Street, L’Assomption, Lanaudière, QC, J5W 1W7
514 793-0840
Email: servicesamities@outlook.com


Eligibility: seniors, isolated people

Capacity: 75 people

Coverage area: L’Assomption, L’Épiphanie, Saint-Sulpice

Hours: by appointment

Fees: membership: $15 per year

Financing: contributions, grants

Legal status: non-profit organization

TERREBONNE PUBLIC LIBRARY - ANDRÉ-GUÉRARD
3425 Camus Place, Terrebonne, Lanaudière, QC, J6Y 0C8
450 961-2001 ext. 1349
Website: biblio.ville.terrebonne.qc.ca
Email: biblio@ville.terrebonne.qc.ca


Coverage area: Terrebonne

Hours: Monday to Wednesday 12h00 to 21h00, Thursday and Friday 12h00 to 20h00, Saturday and Sunday 10h00 to 17h00

Fees: none

Financing: municipal

Legal status: municipal agency

TERREBONNE PUBLIC LIBRARY - ÎLE-DES-MOULINS
855 de l’Île-des-Moulin Place, Terrebonne, Lanaudière, QC, J6W 4N7
450 961-2001 ext. 1116 Fax: 450 471-3761
Website: biblio.ville.terrebonne.qc.ca
Email: biblio@ville.terrebonne.qc.ca


Coverage area: Terrebonne

Hours: Monday to Wednesday 12h00 to 21h00, Thursday and Friday 12h00 to 20h00, Saturday and Sunday 10h00 to 17h00

Fees: none

Financing: municipal

Legal status: municipal agency

TERREBONNE PUBLIC LIBRARY - LA PLAINE
6900 Guérin Street, Terrebonne, Lanaudière, QC, J7M 1L9
450 961-2001 ext. 1133
Website: biblio.ville.terrebonne.qc.ca
Email: biblio@ville.terrebonne.qc.ca


Coverage area: Terrebonne
**Volunteering and volunteer centres**

**ASSOCIATION QUÉBÉCOISE DE DÉFENSE DES DROITS DES PERSONNES RETRAITÉES ET PRÉRETRAITÉES - TROISIÈME ÂGE CHERTSEY**

562 de l’Église Road, Chertsey, Lanaudière, QC, J0K 3K0

**Website:** www.aqdr.org/section/troisieme-age-chersey

**Email:** aqdr.tac@gmail.com

**Services:** Advocacy for seniors to improve their living conditions regarding income, housing, home services, transportation and health. * Conferences, workshops and training. * Personalized accompaniment service. * Referrals to partners (community, municipal and government organizations as well as professionals such as lawyers, notaries, etc.). * Monthly newspaper and newsletter. * Representation with political authorities.

**Eligibility:** retired and pre-retired people

**Coverage area:** MRC Matawinie, MRC Montcalm

**Fees:** annual membership: $15

**Financing:** grants, membership fees, fundraising campaigns

**Legal status:** non-profit organization

**ASSOCIATION RÉGIONALE DE LOISIRS POUR PERSONNES HANDICAPÉES DE LANAUDIÈRE**

200 de Salaberry Street, Suite 305, Joliette, Lanaudière, QC, J6E 4G1

**Website:** www.arlphlanaunderie.org

**Email:** info@arlphlanaunderie.org


**Eligibility:** any person living with a handicap, regardless of age and disability

**Coverage area:** Lanaudière

**Financing:** provincial

**Legal status:** non-profit organization
BUREAU D'ENTRAIDE DE ST-BARTHÉLEMY
1980 Bonin Street, Suite 304, Saint-Barthélemy, Lanaudière, QC, J0K 1X0
450 885-3511 ext. 5003
Email: besbinfo@gmail.com
Eligibility: general public
Coverage area: Saint-Barthélemy
Hours: Monday to Friday 10h00 to 12h00 and 13h00 to 17h00
Fees: none
Financing: donations, self-financing, fundraising campaigns
Legal status: non-profit organization

CENTRE D’ACTION BÉNÉVOLE BRANDON
75 Saint-Cléophas Road, Saint-Gabriel, Lanaudière, QC, J0K 2N0
450 835-9033 Fax: 450 835-0838
Email: cbb9033@gmail.com
Eligibility: seniors, persons with a loss of autonomy, volunteers, caregivers, community organizations
Coverage area: Mandeville, Saint-Barthélemy, Saint-Cléophas-de-Brandon, Saint-Didace, Saint-Gabriel, Saint-Gabriel-de-Brandon, Saint-Norbert
Hours: Monday to Thursday 8h30 to 12h00 and 13h00 to 16h00, Friday 8h30 to 12h00 and 13h00 to 15h00
Fees: meals on wheels: variable
Financing: self-financing
Legal status: non-profit organization

CENTRE D’ACTION BÉNÉVOLE COMMUNAUTAIRE MATAWINIE
562 de l’Église Street, Chertsey, Lanaudière, QC, J0K 3K0
450 882-1089 Fax: 450 882-1084
Website: ccbm.qc.ca
Email: info@ccbm.qc.ca
Eligibility: seniors, people with a loss of autonomy, people on a low income, caregivers, volunteers, organizations
Hours: Monday to Thursday 8h30 to 12h00 and 13h00 to 16h00, Friday 8h30 to 12h00
Fees: meals on wheels: variable costs
Financing: provincial, self-financing, donations
Legal status: non-profit organization
CENTRE D’ACTION BÉNÉVOLE D’AUTRAY
180 de Champlain Street, Berthierville, Lanaudière, QC, J0K 1A0
450 836-7122 Fax: 450 836-1939
Website: cabautray.com
Email: info@cabautray.com


Eligibility: seniors, people with a loss of autonomy, people on a low income, caregivers, volunteers, organizations

Coverage area: Berthierville, Lanoraie, Lavaltrie, La Visitation-de-l’Île-Dupas, Saint-Barthélemy, Saint-Cuthbert, Sainte-Élisabeth, Sainte-Geneviève-de-Berthier, Saint-Ignace-de-Loyola

Hours: Monday to Friday 8h30 to 16h30
Fees: variable, meals on wheels: $6.50 per meal, 6 desserts for $5
Financing: grants, self-financing
Legal status: non-profit organization

CENTRE D’ACTION BÉNÉVOLE DE MONTCALM
27 Saint-Louis Street, Saint-Esprit, Lanaudière, QC, J0K 2L0
450 839-3118 Fax: 450 839-3440
Website: www.cabmontcalm.com
Email: lequipe@cabmontcalm.com


Eligibility: seniors, people in vulnerable situations, people on a low income, people living in social isolation, caregivers, volunteers, organizations, meals on wheels: seniors, people in temporary or permanent loss of autonomy, people living with a chronic illness, a physical or intellectual disability, their caregivers

Coverage area: MRC Montcalm

Hours: Monday to Friday 8h30 to 12h00 and 13h00 to 16h00
Fees: annual membership: $15, meals on wheels: variable costs per meal
Financing: self-financing, membership fees, donations
Legal status: non-profit organization

CENTRE D’ACTION BÉNÉVOLE DES MOULINS
298 Joseph-Guay Street, Terrebonne, Lanaudière, QC, J6W 4S3
450 964-9898 Fax: 450 964-3028
Website: www.cabdesmoulins.org
Email: info@cabdesmoulins.org

Services: * Listening, information and referral. * Friendly visits. * Pied Program (integrated program for dynamic balance) for people over 65 years old. * Oui j’arrête, smoking cessation program.

Eligibility: seniors with loss of autonomy, persons with disabilities, convalescents, chronically ill, caregivers

Coverage area: MRC Les Moulins

Hours: Monday to Thursday 8h30 to 17h00, Friday 8h30 to 13h00
Fees: variable
**Financing:** provincial, contributions  
**Legal status:** non-profit organization

**CENTRE D’ACTION BÉNÉVOLE ÉMILIE-GAMELIN**  
80 Wilfrid-Ranger Street, Saint-Charles-Borromée, Lanaudière, QC, J6E 8M7  
450 756-2005  Fax: 450 755-4649  
Website: www.emiliegamelin.qc.ca  
Email: ann.soucy@emiliegamelin.qc.ca  
**Eligibility:** seniors, socially isolated people, people in vulnerable situations, volunteers, organizations  
**Coverage area:** MRC Joliette  
**Hours:** Monday to Friday 8h30 to 12h00 and 13h00 to 16h30  
**Fees:** annual membership: $20  
**Financing:** membership fees, donations, fundraising campaigns  
**Legal status:** non-profit organization

**CENTRE D’ACTION BÉNÉVOLE MRC L’ASSOMPTION**  
50 Thouin Street, Suite 108, Repentigny, Lanaudière, QC, J6A 4J4  
450 581-5033  Fax: 450 581-5470  
Website: www.servicebenevole.com  
Email: sbca@bellnet.ca  
**Eligibility:** seniors, volunteers: all ages, school supplies: preschool and elementary school children from families on a low income  
**Coverage area:** MRC L’Assomption  
**Hours:** Monday to Thursday 8h00 to 12h00 and 13h00 to 16h30, Friday 8h00 to 13h00  
**Fees:** membership: $10  
**Financing:** Centraide Lanaudière, provincial  
**Legal status:** non-profit organization

**CENTRE D’ENTRAIDE ET DE DÉPANNAGE DE ST-ZÉNON**  
6091 Principale Street, Saint-Zénon, Lanaudière, QC, J0K 3N0  
450 884-0000  
Email: centredentraide01@gmail.com  
**Eligibility:** seniors, people on a low income, people in a vulnerable situation  
**Coverage area:** Saint-Zénon  
**Hours:** thrift store: Thursday and Saturday 13h00 to 17h00, Friday 13h00 to 20h00, other services: variable  
**Fees:** variable  
**Financing:** donations, fundraising campaigns, grants, provincial  
**Legal status:** non-profit organization
FILLES D'ISABELLE (LES) - BOIS-DES-FILION
Confidential Address
514 919-9038
Email: jg_fontaine@hotmail.com
Services: * Fundraising activities. * Volunteer assistance to local organizations that help disadvantaged or in-need people, mainly seniors.
Eligibility: community organizations
Coverage area: Bois-Des-Filion and surroundings
Financing: self-financing
Legal status: non-profit organization

MANNE QUOTIDIENNE (LA)
160 Hélène-Boulé Street, Joliette, Lanaudière, QC, J6E 2R6
450 755-6078
Email: mannequotidienne@hotmail.com
Eligibility: individuals and families on a low income, people experiencing homelessness
Coverage area: Joliette
Hours: breakfasts: 7 days 6h30 to 8h30, dinners: Saturday 13h30 to 17h30, Sunday 15h30 to 17h30, food bank: Monday and Thursday 9h00 to 14h30
Fees: breakfasts, dinners and food processing workshops: free, membership card: $30 for 6 months per adult, $5 for 6 months per child
Financing: grants, donations, membership fees
Legal status: non-profit organization

NAÎTRE ET GRANDIR AVEC LES AMIES DE L’ALLAITEMENT
Confidential Address
450 882-2123 ext. 3048
Website: www.lesamiesdelallaitement.org
Email: info@allaitementmatawinie.org
Eligibility: pregnant women, mothers, parents
Coverage area: Chertsey, Entrelacs, Notre-Dame-de-la-Merci, Rawdon, Saint-Alphonse-Rodriguez, Saint-Côme, Saint-Donat, Sainte-Marcelline-de-Kildare
Fees: none
Financing: self-financing
Legal status: non-profit organization

ORIGNAL TATOUÉ, CAFÉ DE RUE
144 Saint-Joseph Street, Joliette, Lanaudière, QC, J6E 5C4
450 394-4384
Email: lorignaltatoue@gmail.com
Eligibility: young people 16 to 30 in a situation of social or family breakdown or experiencing difficulties related to drug addiction, homelessness and mental health problems
**PARENTANTS DE MASCOCHE - MAISON DE LA FAMILLE**
2492 Sainte-Marie Road, Mascouche, Lanaudière, QC, J7K 1M5
450 474-6431     Fax: 450 722-0599
Website: www.parenfants.org
Email: info@parenfants.com


**Coverage area:** MRC Les Moulins
**Hours:** Monday to Friday 8h30 to 15h00, Saturday according to activities
**Fees:** membership: $10 per year
**Financing:** provincial, municipal, donations, fundraising campaigns

**Legal status:** non-profit organization

**QUÉBEC SECOURS**
6341 Forest Road, Terrebonne, Lanaudière, QC, J7M 1M5
1 877 628-9977
Website: www.quebecsecours.qc.ca
Email: info@quebecsecours.qc.ca

**Services:** Search and rescue of missing people in forest or urban areas. * Volunteers training: searching, forest rescuing and human tracking. * Dissemination of missing notices. * Educative workshops for children on what to do if they get lost in a forest or urban areas.

**Coverage area:** Province of Québec
**Fees:** free
**Financing:** donations

**Legal status:** non-profit organization

**RUCHE ST-DAMIEN (LA)**
7221, chemin Beaulieu, Saint-Damien, Lanaudière, QC, J0K 2E0
450 835-9228     Fax: 450 835-9228
Website: www.laruchestdamien.org
Email: laruchestdamien@gmail.com


**Eligibility:** Persons with low-income

**Coverage area:** Saint-Damien
**Hours:** Thursday to Friday 10h00 to 16h00, Saturday 10h00 to 15h00, Food bank: 1st and 3rd Thursday of each month 10h00 to 15h00.
**Fees:** Annual membership: 5$, food bank: 4$ per person 18 years old and over, free for dependent children, emergency breakdown service: free

**Legal status:** non-profit organization

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**Capacity:** 10 people
**Coverage area:** Joliette
**Hours:** Tuesday and Thursday 12h00 to 21h00, Wednesday, Friday and Saturday 12h00 to 17h00
**Fees:** none
**Financing:** donations, municipal, provincial, federal
**Legal status:** non-profit organization

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**PARENFANTS DE MASCOCHE - MAISON DE LA FAMILLE**
2492 Sainte-Marie Road, Mascouche, Lanaudière, QC, J7K 1M5
450 474-6431     Fax: 450 722-0599
Website: www.parenfants.org
Email: info@parenfants.com


**Coverage area:** MRC Les Moulins
**Hours:** Monday to Friday 8h30 to 15h00, Saturday according to activities
**Fees:** membership: $10 per year
**Financing:** provincial, municipal, donations, fundraising campaigns

**Legal status:** non-profit organization

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**QUÉBEC SECOURS**
6341 Forest Road, Terrebonne, Lanaudière, QC, J7M 1M5
1 877 628-9977
Website: www.quebecsecours.qc.ca
Email: info@quebecsecours.qc.ca

**Services:** Search and rescue of missing people in forest or urban areas. * Volunteers training: searching, forest rescuing and human tracking. * Dissemination of missing notices. * Educative workshops for children on what to do if they get lost in a forest or urban areas.

**Coverage area:** Province of Québec
**Fees:** free
**Financing:** donations

**Legal status:** non-profit organization

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**RUCHE ST-DAMIEN (LA)**
7221, chemin Beaulieu, Saint-Damien, Lanaudière, QC, J0K 2E0
450 835-9228     Fax: 450 835-9228
Website: www.laruchestdamien.org
Email: laruchestdamien@gmail.com


**Eligibility:** Persons with low-income

**Coverage area:** Saint-Damien
**Hours:** Thursday to Friday 10h00 to 16h00, Saturday 10h00 to 15h00, Food bank: 1st and 3rd Thursday of each month 10h00 to 15h00.
**Fees:** Annual membership: 5$, food bank: 4$ per person 18 years old and over, free for dependent children, emergency breakdown service: free

**Legal status:** non-profit organization
SOCIÉTÉ DE SAINT-VINCENT DE PAUL - CONSEIL PARTICULIER DE JOLIETTE

465 Laval Street, Joliette, Lanaudière, QC, J6E 5G9

450 759-4862

Website: ssvp-joliette.com

Email: ssvpjoliette@videotron.ca


Eligibility: individuals and families on a low income

Coverage area: Crabtree, Joliette, Notre-Dame-des-Prairies, Saint-Charles-Borromée

Hours: material assistance: by appointment

Fees: variable

Financing: donations

Legal status: non-profit organization
Disability

ADAPTED WORK AND EMPLOYABILITY SUPPORT

ADVOCACY FOR PEOPLE WITH A PHYSICAL DISABILITY

ADVOCACY FOR PEOPLE WITH AN INTELLECTUAL DISABILITY

DEAF AND HEARING IMPAIRED

LANGUAGE DISORDERS

MOBILITY AIDS

PARATRANSIT

RECREATION AND CAMPS

RESPITE SERVICES AND HOUSING

SUPPORT ASSOCIATIONS

SUPPORT AND INTEGRATION ORGANIZATIONS

THE BLIND

THERAPY AND REHABILITATION CENTRES
Adapted work and employability support

ASSOCIATION DE PARENTS D’ENFANT TRISOMIQUE-21 LANAUDIÈRE (L’)
245 des Anglais Road, Mascouche, Lanaudière, QC, J7L 3P3
450 477-4116     Fax: 450 477-3534
Website: www.apetl.org
Email: info@apetl.org


Eligibility: people living with Down syndrome, their family, pediatric physiotherapy: children 0 to 5 years old

Coverage area: Lanaudière
Hours: Monday to Thursday 8h00 to 16h00
Fees: annual membership: $25
Financing: membership fees, donations, grants
Legal status: non-profit organization

CAMPUS EMPLOI (LE) - POINT DE SERVICE RECENTIGNY
467 Notre-Dame Street, Suite 206 G, Repentigny, Lanaudière, QC, J6A 2T3
450 398-0687     Fax: 450 398-0685
Website: campusemploi.org
Email: info@campusemploi.org


Eligibility: men 35 years and over

Coverage area: Repentigny
Hours: Monday to Thursday 8h30 to 16h00, Friday 8h30 to 12h00, by appointment only
Fees: none
Financing: provincial
Legal status: non-profit organization

CAMPUS-EMPLOI (LE)
92 Bourget Place North, Joliette, Lanaudière, QC, J6E 5E5
450 398-0687
Website: campusemploi.org
Email: info@campusemploi.org


Eligibility: men 35 years and over

Coverage area: Joliette
Hours: Monday to Thursday 8h30 to 16h00, Friday 8h30 to 12h00
Fees: none
Financing: provincial
Legal status: non-profit organization
CENTRE D’INTÉGRATION PROFESSIONNELLE DE LANAUDIÈRE
547 Leclerc Street, Suite 200, Repentigny, Lanaudière, QC, J6A 8B4
450 582-6561   Fax: 450 582-4536
Website: cipl.ca
Email: info@cipl.ca
Eligibility: women
Coverage area: Lanaudière
Hours: regular schedule: Monday to Thursday 8h00 to 12h00 and 13h00 to 16h00, Friday 8h00 to 12h00
Fees: employment services: free, unless the person does not qualify for the free services
Financing: provincial
Legal status: non-profit organization

CERTEX - TERREBONNE
1009 Armand-Bombardier Street, Terrebonne, Lanaudière, QC, J6Y 1R9
450 434-1733
Website: certexcanada.com
Email: certex@certexcanada.com
Coverage area: Province of Québec
Hours: Monday to Friday 8h30 to 16h00
Fees: sale product: variable
Financing: municipal, provincial, donations, fundraising campaigns
Legal status: non-profit organization

CYBER-CIBLE
3131 5th Avenue, Rawdon, Lanaudière, QC, J0K 1S0
450 834-4440
Website: cyber-cible.org
Email: info.cybercible@gmail.com
Eligibility: ATV program: adults with an intellectual disability, recipients of social solidarity and with severe employment constraints, work platform: adults with an intellectual disability or an autism spectrum disorder, recipients of social solidarity and with severe employment constraints, persons not eligible for another employability measure from Emploi-Québec, training: persons at risk of social exclusion, copy center: small businesses, community organizations and individuals
Coverage area: Lanaudière
Hours: office: Monday to Friday 8h30 to 12h00 and 13h00 to 16h00, copy center: Monday to Friday 8h30 to 12h00 and 13h00 to 16h00
Financing: provincial, donations, fundraising campaigns
Legal status: non-profit organization
DÉFI-INTÉGRATION-DÉVELOPPEMENT-ACCOMPAGNEMENT (DIDA) - REPENTIGNY

10 Notre-Dame Street, Suite 111, Repentigny, Lanaudière, QC, J6A 2N9
450 704-2777  Fax: 450 704-2787
Website: www.dida-integration.org
Email: info@dida-integration.org

Services: Socioprofessional activities for adults living with an intellectual disability. * Accompaniment in the job integration process. * Assembling, labeling, stamping, packaging, shredding, binding and other services.

Eligibility: adults 21 years and over living with an intellectual disability, employers

Coverage area: MRC L'Assomption

Hours: Monday to Friday 8h00 to 15h00

Fees: membership: $20

Financing: provincial

Legal status: non-profit organization

DÉFI-INTÉGRATION-DÉVELOPPEMENT-ACCOMPAGNEMENT (DIDA) - TERREBONNE

911 Montée des Pionniers, Suite A-0307, Terrebonne, Lanaudière, QC, J6V 2H2
450 654-7525 ext. 10134  Fax: 450 704-2787
Website: www.dida-integration.org
Email: info@dida-integration.org

Services: Socioprofessional activities for adults living with an intellectual disability. * Accompaniment in the job integration process. * Assembling, labeling, stamping, packaging, shredding, binding and other services.

Eligibility: adults 21 years and over living with an intellectual disability, employers

Coverage area: MRC Les Moulins

Hours: Monday to Friday 8h00 to 15h00

Fees: membership: $20

Financing: provincial

Legal status: non-profit organization

DYSPHASIE LANAUDIÈRE

2500 Mascouche Boulevard, Suite 215, Mascouche, Lanaudière, QC, J7K 0H5
450 474-8870
Website: dysphasielanaudiere.org
Email: administration@dysphasielanaudiere.org


Eligibility: people with dysphasia, parents of children with dysphasia, professionals

Coverage area: Lanaudière

Hours: Monday to Thursday 8h30 to 16h30, Friday 8h30 to 12h00

Fees: membership: $25 per year per person or family, $35 for professionals, $50 for corporate members (schools, CPE, community organizations, etc.)

Financing: grants, self-financing, donations

Legal status: non-profit organization

ENTRAIDE POUR LA DÉFICIENCE INTELLECTUELLE DU JOLIETTE MÉTROPOLITAIN (L')

375 Fabre Street, Joliette, Lanaudière, QC, J6E 0X7
450 759-9621  Fax: 450 760-3586
Website: www.entraidedijm.org
Email: info@entraidedijm.org


Eligibility: people living with an intellectual disability, their parents
Coverage area: MRC Joliette and surroundings
Hours: administration: Monday to Friday 8h00 to 16h00
Fees: membership card: $15 per year, $25 per year for a parent living at the same address as their child
Financing: grants, membership fees, donations
Legal status: non-profit organization

GROUPE POPULAIRE D'ENTRAIDE DE LAVALTRIE
160 Saint-Antoine North Street, Lavaltrie, Lanaudière, QC, J5T 2G1
450 586-3536     Fax: 450 586-0652
Website: www.entraidelavaltrie.org
Email: equipe@entraidelavaltrie.org
Eligibility: families on a low income
Coverage area: Lavaltrie
Hours: listening: Monday and Tuesday 9h00 to 13h00, Wednesday to Friday 9h00 to 17h00, monthly lunches: last Thursday of the month 11h30 to 13h30, breakfast: regular Friday 9h00 to 11h00, special Friday 9h00 to 12h00, thrift shop: Wednesday and Friday 9h00 to 17h00, Thursday 9h00 to 19h00, Saturday 10h00 to 12h00
Fees: monthly lunches: $5, weekly breakfast: $1 on regular Fridays, $4 on special Fridays, family vacations: 40% of the cost, collective kitchens, $1.50 per meal, community garden: $20 for the rental of a lot
Financing: donations, municipal, foundations, provincial
Legal status: non-profit organization

MAISON PAULINE BONIN
360 Saint-Louis Street, Suite 1, Joliette, Lanaudière, QC, J6E 2Y6
450 752-6730
Email: maisonpb@videotron.ca
Services: Subsidized temporary housing with services. * Housing for up to 3 years. * Individual support in the procedures, with or without housing. * Group accompaniment, with or without housing. * Information workshops, with or without housing.
Eligibility: single mothers who want to return to work or school
Capacity: 12 apartments
Coverage area: Lanaudière
Hours: 24 hours / 7 days
Fees: 25% of income according to the provincial notice of assessment
Financing: provincial, self-financing
Legal status: non-profit organization

PROVISION COMPASSION
3719 des Commissaires Street, Rawdon, Lanaudière, QC, J0K 1S0
450 834-4958
Email: provisioncompassion@outlook.com
Coverage area: Lanaudière
Hours: Thursday 9h00 to 12h00 and 13h00 to 17h00, Friday 13h00 to 16h00
Fees: variable
Financing: donations
Legal status: non-profit organization
SERLAN - JOLIETTE
957 Raoul-Charette Street, Joliette, Lanaudière, QC, J6E 8S4
450 752-0030 Fax: 450 752-2015
Website: serlan.com
Email: sboucher@serlan.com
Services: Adapted workplace for people with a disability. * Assembling, mounting, shrink wrapping, bagging, labeling, die cutting, various handling, spiral binding and Wire-O.
Eligibility: people living with a physical or an intellectual disability, or a mental health issue
Coverage area: Lanaudière
Hours: Monday to Thursday 7h00 to 16h00
Fees: none
Financing: provincial, self-financing
Legal status: non-profit organization

SERLAN - REPENTIGNY
505 Lanaudière Street, Repentigny, Lanaudière, QC, J6A 7N1
450 654-9574 Fax: 450 654-5908
Website: serlan.com
Email: sboucher@serlan.com
Services: Adapted workplace for people with a disability. * Assembling, mounting, shrink wrapping, bagging, labeling, die cutting, various handling, spiral binding and Wire-O.
Eligibility: people living with a physical or an intellectual disability, or a mental health issue
Coverage area: Repentigny
Hours: Monday to Friday 7h00 to 16h00
Fees: none
Financing: provincial, self-financing
Legal status: non-profit organization

SERVICE SPÉCIALISÉ DE MAIN-D'ŒUVRE ESSOR II - POINT DE SERVICE DE JOLIETTE
463 de Lanaudière Street, Joliette, Lanaudière, QC, J6E 3M3
450 755-3855 Fax: 450 755-3266
Website: www.essor2.org
Email: essor@bellnet.ca
Eligibility: people with physical, intellectual or psychological limitations
Coverage area: Lanaudière
Hours: Monday to Thursday 8h30 to 16h30, Friday 8h30 to 12h00
Financing: grants
Legal status: non-profit organization

SERVICE SPÉCIALISÉ DE MAIN-D'ŒUVRE ESSOR II - POINT DE SERVICE DE MASCOUCHE
2500 Mascouche Boulevard, Suite 228, Mascouche, Lanaudière, QC, J7K 0H5
450 755-3855 Fax: 450 755-3266
Website: www.essor2.org
Email: essor@bellnet.ca
Eligibility: people with physical, intellectual or psychological limitations
Coverage area: Lanaudière
Hours: Monday to Thursday 8h30 to 16h30, Friday 8h30 to 12h00
Financing: grants  
Legal status: non-profit organization

SERVICE SPÉCIALISÉ DE MAIN-D’OEUVRE ESSOR II - POINT DE SERVICE DE REPENTIGNY  
10 Notre-Dame Street, Suite 203, Repentigny, Lanaudière, QC, J6A 2N9  
450 755-3855 Fax: 450 755-3266  
Website: www.essor2.org  
Email: essor@bellnet.ca  

Eligibility: people with physical, intellectual or psychological limitations  
Coverage area: Lanaudière  
Hours: Monday to Thursday 8h30 to 16h30, Friday 8h30 to 12h00  
Financing: grants  
Legal status: non-profit organization

SOUPIÈRE JOLIETTE-LANAUDIÈRE(LA)  
712 de Lanaudière Street, Joliette, Lanaudière, QC, J6E 3N1  
450 755-6616  
Website: www.lasoupiere.org  
Email: la.soupiere@videotron.ca  

Eligibility: people living a difficult situation, families, children, people with reduced mobility, Pass-Action program: people far from the labour market  
Coverage area: MRC Joliette  
Hours: office: Monday to Friday 8h00 to 16h00, food bank: Wednesday and Thursday 9h00 to 12h00 and 13h00 to 14h30, emergency food assistance: by appointment  
Fees: membership: $30 per adult, $5 per child, for a period of 6 months, delivery: $4 per delivery  
Financing: grants, donations, membership fees  
Legal status: non-profit organization

Advocacy for people with a physical disability

AMIS DE LA DÉFICIENCE INTELLECTUELLE, RIVE-NORD (LES)  
50 Thouin Street, Suite 225, Repentigny, Lanaudière, QC, J6A 4J4  
450 585-3632 Fax: 450 585-3633  
Website: www.lesamisdeladi.org  
Email: info@lesamisdeladi.org  

Eligibility: men and women living with an intellectual disability, their close ones  
Coverage area: MRC L’Assomption  
Hours: office: Monday to Thursday 9h00 to 16h00, Friday 9h00 to 12h00, summer: closed on Friday, activities: 7 days, variable  
Fees: annual membership: $15  
Financing: Centraide Lanaudière, municipal, provincial, self-financing  
Legal status: non-profit organization
ASSOCIATION DE PARENTS D’ENFANT TRISOMIQUE-21 LANAUDIÈRE (L’)
245 des Anglais Road, Mascouche, Lanaudière, QC, J7L 3P3
450 477-4116    Fax: 450 477-3534
Website: www.apetl.org
Email: info@apetl.org
Eligibility: people living with Down syndrome, their family, pediatric physiotherapy: children 0 to 5 years old
Coverage area: Lanaudière
Hours: Monday to Thursday 8h00 to 16h00
Fees: annual membership: $25
Financing: membership fees, donations, grants
Legal status: non-profit organization

ASSOCIATION DES DEVENUS SOURDS ET MALENTENDANTS DU QUÉBEC - SECTEUR MRC DE L’ASSOMPTION ET DES MOULINS
50 Thouin Street, Suite 232, Lions pavilion, Repentigny, Lanaudière, QC, J6A 4J4
450 657-8500
Website: www.adsmqam.org
Email: adsmqam@gmail.com
Eligibility: people who became deaf or hard of hearing
Coverage area: MRC L’Assomption, MRC Les Moulins
Hours: Monday to Thursday 9h00 to 16h30, by appointment
Fees: annual membership: $20
Financing: provincial, Centraide of Greater Montréal, membership fees
Legal status: non-profit organization

ASSOCIATION DES PERSONNES HANDICAPÉES DE BRANDON
1111, Mont Lanaudière Road, Saint-Gabriel, Lanaudière, QC, J0K 2N0
450 835-9313
Email: aphbrandon@outlook.com
Eligibility: people living with physical disabilities
Coverage area: Brandon
Hours: see planning with the association
Financing: grants, contributions
Legal status: non-profit organization

ASSOCIATION DES PERSONNES HANDICAPÉES DE MATAWINIE
4046 Queen Street, Rawdon, Lanaudière, QC, J0K 1S0
450 834-5434    Fax: 450 834-3013
Website: aphm.org
Email: administration@aphm.org

Eligibility: people living with a disability, their close ones
Coverage area: MRC Matawinie, Saint-Calixte, Sainte-Julienne
Hours: Monday to Thursday 8h30 to 12h00 and 13h00 to 16h30, Friday 8h30 to 12h00 and 12h30 to 16h00
Fees: yearly membership: $10 for active or associate members, $40 for support members
Financing: grants, contributions
Legal status: non-profit organization

ASSOCIATION DES PERSONNES HANDICAPÉES DU SECTEUR BERTIER
588 Montcalm Street, Suite 213, Berthierville, Lanaudière, QC, J0K 1A0
450 836-6877   Fax: 450 836-3984
Website: www.aphsb.org
Email: aphsb6877@bellnet.ca

Eligibility: people living with a disability and their close ones
Coverage area: south of the MRC D'Autray
Hours: Monday 8h30 to 12h00, Tuesday to Friday 8h30 to 12h00 and 13h00 to 16h30
Fees: membership card: $20 for 2 years, minimal contribution for activities
Financing: grants, contributions, donations, fundraising campaigns
Legal status: non-profit organization

ASSOCIATION DES PERSONNES HANDICAPÉES PHYSIQUES ET SENSORIELLES SECTEUR JOLIETTE
200 de Salaberry Street, Suite 134, Joliette, Lanaudière, QC, J6E 4G1
450 759-3322   Fax: 450 759-8749
Website: www.aphpssj.com
Email: info@aphpssj.com

Eligibility: people living with a disability and their close ones
Coverage area: MRC Joliette
Hours: Monday to Thursday 8h00 to 12h00 and 12h30 to 16h30
Fees: membership card: $10
Financing: grants, contributions
Legal status: non-profit organization

ASSOCIATION DES PERSONNES HANDICAPÉES PHYSIQUES RIVE-NORD
50 Thouin Street, Suite 113, Repentigny, Lanaudière, QC, J6A 4J4
450 654-8279   Fax: 450 581-6885
Email: aphprn1@hotmail.com

Eligibility: people living with one or several physical disabilities (motor, visual, hearing or invisible disability), their family, volunteers
Coverage area: MRC L'Assomption, MRC Les Moulins
Hours: Monday to Friday 8h00 to 12h00 and 13h00 to 16h00
Fees: annual membership, fees for some activities
ASSOCIATION DES PERSONNES HANDICAPÉES VISUELLES DE LANAUDIÈRE
2500 Mascouche Boulevard, Suite 118, Mascouche, Lanaudière, QC, J7K 0H5
1 888 477-8174
Website: www.aphvsl.com
Email: info@aphvsl.com
Eligibility: people living with a visual impairment, their close ones
Coverage area: Lanaudière
Hours: Monday to Friday 9h00 to 16h00, by appointment
Fees: annual membership: $10
Financing: provincial
Legal status: non-profit organization

ASSOCIATION DES SOURDS DE LANAUDIÈRE
200 De Salaberry Street, Suite 312, Joliette, Lanaudière, QC, J6E 4G1
450 752-1426 Fax: 1 866 845-4350 TTY: 450 752-1426
Website: www.asljoilette.org
Email: direction@asljoilette.org
Eligibility: deaf and hearing impaired people
Coverage area: Lanaudière
Hours: Monday to Friday 8h30 to 16h30
Fees: annual membership: $20 per individual, $30 per couple, $17 per individual 55 years old and over, $25 per couple 55 years old and over, $15 per student, $25 per association
Financing: provincial, Centraide Lanaudière, membership fees
Legal status: non-profit organization

ASSOCIATION RÉGIONALE DE LOISIRS POUR PERSONNES HANDICAPÉES DE LANAUDIÈRE
200 de Salaberry Street, Suite 305, Joliette, Lanaudière, QC, J6E 4G1
450 752-2586 Fax: 450 759-8749
Website: www.arlphlanaudiere.org
Email: info@arlphlanaudiere.org
Eligibility: any person living with a handicap, regardless of age and disability
Coverage area: Lanaudière
Financing: provincial
Legal status: non-profit organization

CORPORATION DES ENFANTS DE MA RUE
688 Manseau Boulevard, Joliette, Lanaudière, QC, J6E 3E6
450 752-2608
Website: www.enfantsdemarue.org
Email: info@enfantsdemarue.org
Services: Awareness program for elementary school children about the reality of a person living with a difference. * Educational workshop through a sketch performed with puppets. Exchange, information and role-playing.

Eligibility: youths from 5 to 11 years old, primary schools

Coverage area: MRC D'Autray, MRC Joliette, MRC L'Assomption, MRC Les Moulins, MRC Matawinie, MRC Montcalm

Hours: Monday to Thursday 8h00 to 16h30

Financing: provincial, federal

Legal status: non-profit organization

ENTRAIDE POUR LA DÉFICIENCE INTELLECTUELLE DU JOLIETTE MÉTROPOLITAIN (L’)

375 Fabre Street, Joliette, Lanaudière, QC, J6E 0X7

450 759-9621     Fax: 450 760-3586

Website: www.entraidedijm.org

Email: info@entraidedijm.org


Eligibility: people living with an intellectual disability, their parents

Coverage area: MRC Joliette and surroundings

Hours: administration: Monday to Friday 8h00 to 16h00

Fees: membership card: $15 per year, $25 per year for a parent living at the same address as their child

Financing: grants, membership fees, donations

Legal status: non-profit organization

MOUVEMENT PERSONNE D'ABORD DE JOLIETTE

144 Saint-Joseph Street, Joliette, Lanaudière, QC, J6E 5C4

450 755-4171

Email: mpdaj@videotron.ca


Eligibility: people living with an intellectual disability, their relatives

Coverage area: MRC Joliette

Hours: Monday to Friday 8h30 to 16h30

Fees: none

Financing: provincial

Legal status: non-profit organization

ROSE BLEUE (LA) - ASSOCIATION DES PERSONNES HANDICAPÉES LES MOULINS

2904 Dupras Street, Mascouche, Lanaudière, QC, J7K 1T2

450 474-7007     Fax: 450 474-2707

Website: www.associationlarosebleue.com

Email: assrosebleue@videotron.ca


Eligibility: people living with an intellectual disability

Capacity: groups of 6 to 12 people

Coverage area: MRC Les Moulins

Hours: Monday to Friday 8h30 to 16h00

Fees: membership: $10 per year, activities: $12 per day, summer activities: $15 per day

Financing: provincial, Centraide régions centre-ouest du Québec, fundraising campaigns, membership fees

Legal status: non-profit organization
SOCIÉTÉ DE L'AUTISME RÉGION LANAUDIÈRE
584 Almira-S.-Choinière Street, Joliette, Lanaudière, QC, J6E 0K5
450 759-9788
Website: autisme-lanaudiere.org
Email: sarl@autisme-lanaudiere.org
Eligibility: people with an autism spectrum disorder (TSA), their family, general public
Coverage area: Lanaudière
Hours: Monday to Friday 8h00 to 16h00
Fees: annual contribution: family: $25, participating member: $25, individual: $35, professional: $50, corporate member: $100
Financing: contributions
Legal status: non-profit organization

TABLE DE CONCERTATION RÉGIONALE DES ASSOCIATIONS DE PERSONNES HANDICAPÉES DE LANAUDIÈRE
Confidential Address
450 755-1488   Fax: 450 759-8749
Email: tcraphl@tcraphl.org
Services: * Advocacy of rights. * Consultation, representation and technical support.
Eligibility: associations of disabled people
Coverage area: Lanaudière
Hours: Monday to Friday 8h30 to 16h30
Fees: annual contribution: $50 per association
Financing: contributions, provincial
Legal status: non-profit organization

Advocacy for people with an intellectual disability

AMIS DE LA DÉFICIENCE INTELLECTUELLE, RIVE-NORD (LES)
50 Thouin Street, Suite 225, Repentigny, Lanaudière, QC, J6A 4J4
450 585-3632   Fax: 450 585-3633
Website: www.lesamisdeladi.org
Email: info@lesamisdeladi.org
Eligibility: men and women living with an intellectual disability, their close ones
Coverage area: MRC L’Assomption
Hours: office: Monday to Thursday 9h00 to 16h00, Friday 9h00 to 12h00, summer: closed on Friday, activities: 7 days, variable
Fees: annual membership: $15
Financing: Centraide Lanaudière, municipal, provincial, self-financing
Legal status: non-profit organization
ASSOCIATION DE PARENTS D'ENFANT TRISOMIQUE-21 LANAUDIÈRE (L')
245 des Anglais Road, Mascouche, Lanaudière, QC, J7L 3P3
450 477-4116     Fax: 450 477-3534
Website: www.apetl.org
Email: info@apetl.org
Eligibility: people living with Down syndrome, their family, pediatric physiotherapy: children 0 to 5 years old
Coverage area: Lanaudière
Hours: Monday to Thursday 8h00 to 16h00
Fees: annual membership: $25
Financing: membership fees, donations, grants
Legal status: non-profit organization

ENTRAIDE POUR LA DÉFICIENCE INTELLECTUELLE DU JOLIETTE MÉTROPOLITAIN (L')
375 Fabre Street, Joliette, Lanaudière, QC, J6E 0X7
450 759-9621     Fax: 450 760-3586
Website: www.entraidedijm.org
Email: info@entraidedijm.org
Eligibility: people living with an intellectual disability, their parents
Coverage area: MRC Joliette and surroundings
Hours: administration: Monday to Friday 8h00 to 16h00
Fees: membership card: $15 per year, $25 per year for a parent living at the same address as their child
Financing: grants, membership fees, donations
Legal status: non-profit organization

MOUVEMENT PERSONNE D'ABORD DE JOLIETTE
144 Saint-Joseph Street, Joliette, Lanaudière, QC, J6E 5C4
450 755-4171
Email: mpdaj@videotron.ca
Eligibility: people living with an intellectual disability, their relatives
Coverage area: MRC Joliette
Hours: Monday to Friday 8h30 to 16h30
Fees: none
Financing: provincial
Legal status: non-profit organization

ROSE BLEUE (LA) - ASSOCIATION DES PERSONNES HANDICAPÉES LES MOULINS
2904 Dupras Street, Mascouche, Lanaudière, QC, J7K 1T2
450 474-7007     Fax: 450 474-2707
Website: www.associationlarosebleue.com
Email: assrosebleue@videotron.ca
Eligibility: people living with an intellectual disability
Capacity: groups of 6 to 12 people
Coverage area: MRC Les Moulins
Disability

Hours: Monday to Friday 8h30 to 16h00
Fees: membership: $10 per year, activities: $12 per day, summer activities: $15 per day
Financing: provincial, Centraide régions centre-ouest du Québec, fundraising campaigns, membership fees
Legal status: non-profit organization

SOCIÉTÉ DE L'AUTISME RÉGION LANAUĐIÈRE
584 Almira-S.-Choinière Street, Joliette, Lanaudière, QC, J6E 0K5
450 759-9788
Website: autisme-lanaudiere.org
Email: sarl@autisme-lanaudiere.org
Eligibility: people with an autism spectrum disorder (TSA), their family, general public
Coverage area: Lanaudière
Hours: Monday to Friday 8h00 to 16h00
Fees: annual contribution: family: $25, participating member: $25, individual: $35, professional: $50, corporate member: $100
Financing: contributions
Legal status: non-profit organization

TABLE DE CONCERTATION RÉGIONALE DES ASSOCIATIONS DE PERSONNES HANDICAPÉES DE LANAUĐIÈRE
Confidential Address
450 755-1488  Fax: 450 759-8749
Email: tcraphl@tcraphl.org
Services: * Advocacy of rights. * Consultation, representation and technical support.
Eligibility: associations of disabled people
Coverage area: Lanaudière
Hours: Monday to Friday 8h30 to 16h30
Fees: annual contribution: $50 per association
Financing: contributions, provincial
Legal status: non-profit organization

Deaf and hearing impaired

ASSOCIATION DES DEVENUS SOURDS ET MALENTENDANTS DU QUÉBEC - SECTEUR MRC DE L'ASSOMPTION ET DES MOULINS
50 Thouin Street, Suite 232, Lions pavilion, Repentigny, Lanaudière, QC, J6A 4J4
450 657-8500
Website: www.adsmqam.org
Email: adsmqam@gmail.com
Eligibility: people who became deaf or hard of hearing
Coverage area: MRC L'Assomption, MRC Les Moulins
Hours: Monday to Thursday 9h00 to 16h30, by appointment
Fees: annual membership: $20
Financing: provincial, Centraide of Greater Montréal, membership fees
Legal status: non-profit organization
Disability

ASSOCIATION DES SOURDS DE LANAUDIÈRE
200 De Salaberry Street, Suite 312, Joliette, Lanaudière, QC, J6E 4G1
450 752-1426  Fax: 1 866 845-4350  TTY: 450 752-1426
Website: www.asljoliette.org
Email: direction@asljoliette.org


Eligibility: deaf and hearing impaired people
Coverage area: Lanaudière
Hours: Monday to Friday 8h30 to 16h30
Fees: annual membership: $20 per individual, $30 per couple, $17 per individual 55 years old and over, $25 per couple 55 years old and over, $15 per student, $25 per association

Financial: provincial, Centraide Lanaudière, membership fees
Legal status: non-profit organization

ASSOCIATION HANDAMI POUR PERSONNES HANDICAPÉES ET LEUR FAMILLE
460 du Parc Street, Saint-Lin–Laurentides, Lanaudière, QC, J5M 3A2
450 439-2077  Fax: 450 439-5167
Website: www.handami.com
Email: associationhandami@videotron.ca


Eligibility: people living with an intellectual or a physical disability, their family
Capacity: 25
Hours: Monday to Friday 8h30 to 16h00
Fees: variable

Financial: self-financing
Legal status: non-profit organization

CENTRE INTÉGRÉ DE SANTÉ ET DE SERVICES SOCIAUX DE LANAUDIÈRE - GUICHET D'ACCÈS CENTRALISÉ DÉFICIENCE INTELLECTUELLE, TROUBLE DU SPECTRE DE L’AUTISME ET DÉFICIENCE PHYSIQUE
1180 Manseau Boulevard, Joliette, Lanaudière, QC, J6E 3G8
1 877 322-2898  Fax: 450 756-2898
Website: www.cisss-lanaudiere.gouv.qc.ca/liste-de-soins-et-services/liste-par-clientele/personnes-agees/deficiences
Email: guichet.ditsadp.cissslan@ssss.gouv.qc.ca

Services: Rehabilitation services coordination.  * Reception and treatment of service requests.

Eligibility: children and adults living with a physical, visual, hearing, language, motor or intellectual disability or an autism spectrum disorder
Coverage area: Lanaudière
Hours: Monday to Friday 8h30 to 12h00 and 13h00 to 16h30
Financial: provincial
Legal status: parapublic organization

PARRAINAGE CIVIQUE LANAUDIÈRE - HEAD OFFICE
688 Manseau Boulevard, Joliette, Lanaudière, QC, J6E 3E6
450 398-0696
Website: parrainageciviquelanaudiere.ca
Email: carolpcli@outlook.com
Services: Sponsorship: long-term support by a volunteer paired with a marginalized person for social integration purposes. * Useful accompaniments, leisure activities.

Eligibility: people living with a motor or sensory disability, mental health disorder, intellectual disability, in loss of autonomy or with socio-emotional difficulties

Coverage area: Lanaudière

Hours: Monday to Friday 8h30 to 12h00 and 13h00 to 16h30

Fees: membership: $5 per year

Financing: provincial, Centraide Lanaudière, fundraising campaigns

Legal status: non-profit organization

PARRAINAGE CIVIQUE Lanaudière - POINT DE SERVICE NORD DE LANAUDIÈRE

4046 Queen Street, Rawdon, Lanaudière, QC, J0K 1S0

450 834-1728

Website: parrainageciviquelanaudiere.ca

Email: pclrawdon@outlook.com

Services: Sponsorship: long-term support by a volunteer paired with a marginalized person. * Utility accompaniments, leisure activities.

Eligibility: people living with a motor or sensory disability, mental health problem or intellectual disability, in loss of autonomy or with socio-emotional difficulties

Coverage area: MRC D’Autray, MRC Joliette, MRC Matawinie, MRC Montcalm

Hours: by appointment

Fees: membership: $5 per year

Financing: Centraide Lanaudière, fundraising campaigns, provincial

Legal status: non-profit organization

PARRAINAGE CIVIQUE Lanaudière - POINT DE SERVICE SUD DE LANAUDIÈRE

2500 Mascouche Boulevard, Suite 224, Mascouche, Lanaudière, QC, J7K 0H5

450 417-0922

Website: parrainageciviquelanaudiere.ca

Email: pcldesmoulins@videotron.ca

Services: Sponsorship: long-term support by a volunteer paired with a marginalized person. * Utility accompaniments, leisure activities.

Eligibility: people living with motor or sensory disabilities, mental health problems or intellectual disabilities, in loss of autonomy or with socio-emotional difficulties

Coverage area: MRC Les Moulins, MRC L’Assomption

Hours: Monday, Tuesday, Thursday 8h30 to 12h00 and 13h00 to 16h30

Fees: membership: $5 per year

Financing: Centraide Lanaudière, fundraising campaigns, provincial

Legal status: non-profit organization

TABLE DE CONCERTATION RÉGIONALE DES ASSOCIATIONS DE PERSONNES HANDICAPÉES DE LANAUDIÈRE

Confidential Address

450 755-1488      Fax: 450 759-8749

Email: tcraphl@tcraphl.org

Services: * Advocacy of rights. * Consultation, representation and technical support.

Eligibility: associations of disabled people

Coverage area: Lanaudière

Hours: Monday to Friday 8h30 to 16h30

Fees: annual contribution: $50 per association

Financing: contributions, provincial

Legal status: non-profit organization
Language disorders

ASSOCIATION DE PARENTS D'ENFANT TRISOMIQUE-21 LANAUDIÈRE (L')
245 des Anglais Road, Mascouche, Lanaudière, QC, J7L 3P3
450 477-4116 Fax: 450 477-3534
Website: www.apetl.org
Email: info@apetl.org


Eligibility: people living with Down syndrome, their family, pediatric physiotherapy: children 0 to 5 years old

Coverage area: Lanaudière

Hours: Monday to Thursday 8h00 to 16h00

Fees: annual membership: $25

Financing: membership fees, donations, grants

Legal status: non-profit organization

CAMP DE JOUR RICHELIEU-REPENTIGNY
830 Basile-Routhier Boulevard, Repentigny, Lanaudière, QC, J6A 7W9
514 865-2267
Website: www.richelieurepentigny.org/camp_repentigny.php
Email: camp-jour-richelieu@outlook.com

Services: Summer camp for youth with specific needs.

Eligibility: autonomous youth 6 to 25 years old living with a mild or moderate intellectual disability, a language disorder, a behavioural disorder, attention disorder (ADD/ADHD), an autism spectrum disorder, a physical disability or with mental health issues and who is functional in big groups

Capacity: 50 people

Coverage area: Repentigny, L'Assomption, Charlemagne, L'Épiphanie, Lachenaie

Hours: summer camp: Monday to Friday 8h30 to 15h30, with childcare services possible from 7h00 to 8h30 and 15h30 to 18h00

Fees: youth 6 to 18 years old: $450, youth 19 to 25 years old: $950

Financing: donations, municipal, provincial

Legal status: non-profit organization

CENTRE INTÉGRÉ DE SANTÉ ET DE SERVICES SOCIAUX DE LANAUDIÈRE - GUILCHET D'ACCÈS CENTRALISÉ DÉFICIENCE INTELLECTUELLE, TROUBLE DU SPECTRE DE L'AUTISME ET DÉFICIENCE PHYSIQUE
1180 Manseau Boulevard, Joliette, Lanaudière, QC, J6E 3G8
1 877 322-2898 Fax: 450 756-2898
Website: www.cisss-lanaudiere.gouv.qc.ca/liste-de-soins-et-services/liste-par-clientele/personnes-agees/deficiences
Email: guichet.ditsadp.cisssl@ssss.gouv.qc.ca

Services: Rehabilitation services coordination. * Reception and treatment of service requests.

Eligibility: children and adults living with a physical, visual, hearing, language, motor or intellectual disability or an autism spectrum disorder

Coverage area: Lanaudière

Hours: Monday to Friday 8h30 to 12h00 and 13h00 to 16h30

Financing: provincial

Legal status: parapublic organization
DYSPHASIE LANAUDIÈRE
2500 Mascouche Boulevard, Suite 215, Mascouche, Lanaudière, QC, J7K 0H5
450 474-8870
Website: dysphasielanaudiere.org
Email: administration@dysphasielanaudiere.org
Eligibility: people with dysphasia, parents of children with dysphasia, professionals
Coverage area: Lanaudière
Hours: Monday to Thursday 8h30 to 16h30, Friday 8h30 to 12h00
Fees: membership: $25 per year per person or family, $35 for professionals, $50 for corporate members (schools, CPE, community organizations, etc.)
Financing: grants, self-financing, donations
Legal status: non-profit organization

Mobility aids

ASSOCIATION DE PARENTS D'ENFANT TRISOMIQUE-21 LANAUDIÈRE (L')
245 des Anglais Road, Mascouche, Lanaudière, QC, J7L 3P3
450 477-4116 Fax: 450 477-3534
Website: www.apetl.org
Email: info@apetl.org
Eligibility: people living with Down syndrome, their family, pediatric physiotherapy: children 0 to 5 years old
Coverage area: Lanaudière
Hours: Monday to Thursday 8h00 to 16h00
Fees: annual membership: $25
Financing: membership fees, donations, grants
Legal status: non-profit organization

ASSOCIATION DES PERSONNES HANDICAPÉES PHYSIQUES RIVE-NORD
50 Thouin Street, Suite 113, Repentigny, Lanaudière, QC, J6A 4J4
450 654-8279 Fax: 450 581-6885
Email: aphprn1@hotmail.com
Eligibility: people living with one or several physical disabilities (motor, visual, hearing or invisible disability), their family, volunteers
Coverage area: MRC L'Assomption, MRC Les Moulins
Hours: Monday to Friday 8h00 to 12h00 and 13h00 to 16h00
Fees: annual membership, fees for some activities
Financing: donations, provincial
Legal status: non-profit organization
CENTRE D’ACTION BÉNÉVOLE BRANDON - ACCOMPANIMENT-TRANSPORTATION
75 Saint-Cléophas Street, Saint-Gabriel, Lanaudière, QC, J0K 2N0
450 835-9033 Fax: 450 835-0838
Email: cbb9033@gmail.com
Services: * Transportation and accompaniment to medical or social integration appointments by volunteers.
Eligibility: seniors, people with a loss of autonomy, people in vulnerable situations
Coverage area: Mandeville, Saint-Barthélemy, Saint-Cléophas-de-Brandon, Saint-Didace, Saint-Gabriel, Saint-Gabriel-de-Brandon, Saint-Norbert
Hours: Monday to Thursday 8h30 to 12h00 and 13h00 to 16h00
Financing: self-financing
Legal status: non-profit organization

CENTRE MULTISERVICES DE SANTÉ ET DE SERVICES SOCIAUX DE SAINT-JEAN-DE-MATHA
895 Louis-Cyr Road, Saint-Jean-de-Matha, Lanaudière, QC, J0K 2S0
450 886-3861
Website: www.cisss-lanaudiere.gouv.qc.ca/votre-cisss/coordonnees-et-horaires/clsc
Coverage area: Lanaudière
Hours: Monday to Friday 8h30 to 16h30
Financing: provincial
Legal status: parapublic organization

Paratransit

CENTRE D’ACTION BÉNÉVOLE DE MONTCALM - ACCOMPAGNEMENT-TRANSPORT
27 Saint-Louis Street, Saint-Esprit, Lanaudière, QC, J0K 2L0
1 888 839-3440 ext. 221 Fax: 450 839-3440
Website: www.cabmontcalm.com
Email: lequipe@cabmontcalm.com
Services: * Transportation and accompaniment to medical or legal appointments by a volunteer.
Eligibility: people 65 years old and over, people with temporary or permanent loss of autonomy, people in convalescence, people living with a chronic disease or a physical or intellectual disability, people on welfare
Coverage area: MRC Montcalm, accompaniment and transportation: Lanaudière, Montreal, Laval, Trois-Rivières and the South Shore of Montreal
Hours: Monday to Friday 8h30 to 12h00 and 13h00 to 16h00
Fees: annual membership: $15, variable costs for transportation
Financing: self-financing, membership fees, donations
Legal status: non-profit organization

CENTRE D’ACTION BÉNÉVOLE ÉMILIE-GAMELIN - ACCOMPAGNEMENT-TRANSPORT
80 Wilfrid-Ranger Street, Saint-Charles-Borromée, Lanaudière, QC, J6E 8M7
450 756-2005 Fax: 450 755-4649
Website: www.emiliegamelin.qc.ca/fr
Email: info@emiliegamelin.qc.ca
Services: * Transportation and accompaniment to medical and socio-legal appointments by a volunteer.
Eligibility: seniors, people in temporary or permanent loss of autonomy, people in vulnerable situations
Coverage area: MRC Joliette, accompaniment and transportation: Lanaudière and outside the region according to needs
Hours: Monday to Friday 8h30 to 12h00 and 13h00 to 16h30
Fees: annual membership: $20
**Financing:** membership fees

**Legal status:** non-profit organization

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**MRC D’AUTRAY - TRANSIT SERVICE**

153 Saint-Gabriel Street, Saint-Gabriel, Lanaudière, QC, J0K 2N0

450 835-9711  Fax: 450 835-0068

**Website:** www.mrcautray.qc.ca/citoyens/transport/

**Email:** transport@mrcautray.qc.ca


**Eligibility:** paratransit: people with disabilities, people with severe and persistent mental health problems, people with reduced mobility including: an inability to walk 400 metres on even ground, to climb a step 35 centimetres high with support or descend without support, to make an entire trip using regular public transit, to keep track of time or find their bearings, to handle situations or behaviour that could compromise their own safety or that of others

**Coverage area:** MRC D’Autray, paratransit: MRC D’Autray, transportation in MRC D’Autray, Joliette, Repentigny, Saint-Félix-de-Valois, Saint-Thomas, and for medical appointments only Pierre-Le-Gardeur Hospital, Louiseville, Montréal, Trois-Rivières

**Hours:** Monday to Thursday 8h00 to 12h00 and 13h00 to 16h45, Friday 8h00 to 12h00, transit: 7 days

**Fees:** variable

**Financing:** municipal, self-financing, provincial

**Legal status:** municipal agency

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**MRC JOLIETTE - PARATRANSIT**

942 Saint-Louis Street, Joliette, Lanaudière, QC, J6E 3A4

450 756-2785  Fax: 450 759-2597

**Website:** mrcjoliette.qc.ca/transport-mrc-joliette/transport-adapte

**Email:** info.transport@mrcjoliette.qc.ca

**Services:** Paratransit service provided by employees of the MRC Joliette.

**Eligibility:** residents of the MRC Joliette living with a mobility limiting disability

**Coverage area:** MRC Joliette, Saint-Alexis, Saint-Esprit, Saint-Jacques, Sainte-Marie-Salomé, Saint-Félix-de-Valois, Saint-Jean-de-Matha

**Hours:** Monday to Friday 5h45 to 20h15, Saturday 7h30 to 18h15, Sunday 7h30 to 20h15, paratransit service: Monday to Sunday 7h00 to 24h00, booking: Monday to Friday 7h30 to 16h30

**Fees:** vary between $2.25 and $9 depending on the distance, please refer to the online price list

**Financing:** municipal, self-financing

**Legal status:** municipal agency

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**MRC MATAWINIE - TRANSIT SERVICE**

3184 1st Avenue, Rawdon, Lanaudière, QC, J0K 1S0

450 834-5441 ext. 1

**Website:** mrcmatawinie.org

**Email:** transport@matawinie.org


**Eligibility:** paratransit: people with disabilities, people with severe and persistent mental health problems, people with reduced mobility including: an inability to walk 400 metres on even ground, to climb a step 35 centimetres high with support or descend without support, to make an entire trip using regular public transit, to keep track of time or find their bearings, to handle situations or behaviour that could compromise their own safety or that of others
Coverage area: MRC Matawinie, paratransit: MRC Matawinie, transportation in MRC Matawinie and under certain conditions Joliette, Notre-Dame-de-Lourdes, Repentigny, Saint-Ambroise-de-Kildare, Saint-Gabriel-de-Brandon, Saint-Jérôme, Sainte-Agathe, Sainte-Mélanie

Hours: Monday to Thursday 8h00 to 16h30, Friday 8h00 to 15h30, taxibus and paratransit: 7h00 to 23h00, 7 days

Fees: variable

Financing: municipal, self-financing, provincial

Legal status: municipal agency

MRC MONTCALM - SERVICE DES TRANSPORTS ADAPTÉ ET COLLECTIF

1540 Albert Street, Sainte-Julienne, Lanaudière, QC, J0K 2T0

450 831-2182 ext. 7031

Website: www.mrcmontcalm.com/site/services/transport-collectif

Email: transport@mrcmontcalm.com


Eligibility: paratransit: people with disabilities, people with severe and persistent mental health problems, people with reduced mobility including: an inability to walk 400 metres on even ground, to climb a step 35 centimetres high with support or descend without support, to make an entire trip using regular public transit, to keep track of time or find their bearings, to handle situations or behaviour that could compromise their own safety or that of others

Coverage area: MRC Montcalm

Hours: offices: Monday to Thursday 8h00 to 12h00 and 12h45 to 16h30, Friday 8h00 to 12h00

Fees: variable

Financing: municipal, self-financing, provincial

Legal status: municipal agency

Recreation and camps

AMIS DE LA DÉFICIENCE INTELLECTUELLE, RIVE-NORD (LES)

50 Thouin Street, Suite 225, Repentigny, Lanaudière, QC, J6A 4J4

450 585-3632 Fax: 450 585-3633

Website: www.lesamisdeladi.org

Email: info@lesamisdeladi.org


Eligibility: men and women living with an intellectual disability, their close ones

Coverage area: MRC L'Assomption

Hours: office: Monday to Thursday 9h00 to 16h00, Friday 9h00 to 12h00, summer: closed on Friday, activities: 7 days, variable

Fees: annual membership: $15

Financing: Centraide Lanaudière, municipal, provincial, self-financing

Legal status: non-profit organization

ASSOCIATION DE PARENTS D'ENFANT TRISOMIQUE-21 LANAUDEIÈRE (L')

245 des Anglais Road, Mascouche, Lanaudière, QC, J7L 3P3

450 477-4116 Fax: 450 477-3534

Website: www.apetl.org

Email: info@apetl.org

Eligibility: people living with Down syndrome, their family, pediatric physiotherapy: children 0 to 5 years old

Coverage area: Lanaudière

Hours: Monday to Thursday 8h00 to 16h00

Fees: annual membership: $25

Financing: membership fees, donations, grants

Legal status: non-profit organization

ASSOCIATION DES DEVENUS SOURDS ET MALENTENDANTS DU QUÉBEC - SECTEUR MRC DE L'ASSOMPTION ET DES MOULINS

50 Thouin Street, Suite 232, Lions pavilion, Repentigny, Lanaudière, QC, J6A 4J4
450 657-8500

Website: www.adsmqm.org
Email: adsmqm@gmail.com


Eligibility: people who became deaf or hard of hearing

Coverage area: MRC L'Assomption, MRC Les Moulins

Hours: Monday to Thursday 9h00 to 16h30, by appointment

Fees: annual membership: $20

Financing: provincial, Centraide of Greater Montréal, membership fees

Legal status: non-profit organization

ASSOCIATION DES PERSONNES HANDICAPEÉES DE BRANDON

1111, Mont Lanaudière Road, Saint-Gabriel, Lanaudière, QC, J0K 2N0
450 835-9313

Email: aphbrandon@outlook.com


Eligibility: people living with physical disabilities

Coverage area: Brandon

Hours: see planning with the association

Financing: grants, contributions

Legal status: non-profit organization

ASSOCIATION DES PERSONNES HANDICAPEÉES DE MATAWINIE

4046 Queen Street, Rawdon, Lanaudière, QC, J0K 1S0
450 834-5434 Fax: 450 834-3013

Website: aphm.org
Email: administration@aphm.org


Eligibility: people living with a disability, their close ones

Coverage area: MRC Matawinie, Saint-Calixte, Sainte-Julienne

Hours: Monday to Thursday 8h30 to 12h00 and 13h00 to 16h30, Friday 8h30 to 12h00 and 12h30 to 16h00
**Disability**

**Fees:** yearly membership: $10 for active or associate members, $40 for support members

**Financing:** grants, contributions

**Legal status:** non-profit organization

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**ASSOCIATION DES PERSONNES HANDICAPÉES DU SECTEUR BERTIER**

588 Montcalm Street, Suite 213, Berthierville, Lanaudière, QC, J0K 1A0

450 836-6877   Fax: 450 836-3984

Website: www.aphsb.org

Email: aphsb6877@bellnet.ca

**Services:** Advocacy and promotion of interests of people living with a disability. * Empowering day activities. * Support to obtain services. * Fundraising campaigns.

**Eligibility:** people living with a disability and their close ones

**Coverage area:** south of the MRC D'Autray

**Hours:** Monday 8h30 to 12h00, Tuesday to Friday 8h30 to 12h00 and 13h00 to 16h30

**Fees:** membership card: $20 for 2 years, minimal contribution for activities

**Financing:** grants, contributions, donations, fundraising campaigns

**Legal status:** non-profit organization

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**ASSOCIATION DES PERSONNES HANDICAPÉES PHYSIQUES ET SENSORIELLES SECTEUR JOLIETTE**

200 de Salaberry Street, Suite 134, Joliette, Lanaudière, QC, J6E 4G1

450 759-3322   Fax: 450 759-8749

Website: www.aphpssj.com

Email: info@aphpssj.com

**Services:** Advocacy and promotion of the interests of people living with a disability. * Accompaniment. * Adapted leisure. * Information and referral. * Support in obtaining services. * Psychosocial services for people who have sustained head injuries.

**Eligibility:** people living with a disability and their close ones

**Coverage area:** MRC Joliette

**Hours:** Monday to Thursday 8h00 to 12h00 and 12h30 to 16h30

**Fees:** membership card: $10

**Financing:** grants, contributions

**Legal status:** non-profit organization

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**ASSOCIATION DES PERSONNES HANDICAPÉES PHYSIQUES RIVE-NORD**

50 Thouin Street, Suite 113, Repentigny, Lanaudière, QC, J6A 4J4

450 654-8279   Fax: 450 581-6885

Email: aphprn1@hotmail.com


**Eligibility:** people living with one or several physical disabilities (motor, visual, hearing or invisible disability), their family, volunteers

**Coverage area:** MRC L'Assomption, MRC Les Moulins

**Hours:** Monday to Friday 8h00 to 12h00 and 13h00 to 16h00

**Fees:** annual membership, fees for some activities

**Financing:** donations, provincial

**Legal status:** non-profit organization
ASSOCIATION DES PERSONNES HANDICAPÉES VISUELLES DE LANAUDIÈRE

2500 Mascouche Boulevard, Suite 118, Mascouche, Lanaudière, QC, J7K 0H5
1 888 477-8174
Website: www.aphvsl.com
Email: info@aphvsl.com


Eligibility: people living with a visual impairment, their close ones

Coverage area: Lanaudière

Hours: Monday to Friday 9h00 to 16h00, by appointment

Fees: annual membership: $10

Financing: provincial

Legal status: non-profit organization

ASSOCIATION DES SOURDS DE LANAUDIÈRE

200 De Salaberry Street, Suite 312, Joliette, Lanaudière, QC, J6E 4G1
450 752-1426     Fax: 1 866 845-4350     TTY: 450 752-1426
Website: www.asljoliette.org
Email: direction@asljoliette.org


Eligibility: deaf and hearing impaired people

Coverage area: Lanaudière

Hours: Monday to Friday 8h30 to 16h30

Fees: annual membership: $20 per individual, $30 per couple, $17 per individual 55 years old and over, $25 per couple 55 years old and over, $15 per student, $25 per association

Financing: provincial, Centraide Lanaudière, membership fees

Legal status: non-profit organization

ASSOCIATION HANDAMI POUR PERSONNES HANDICAPÉES ET LEUR FAMILLE

460 du Parc Street, Saint-Lin–Laurentides, Lanaudière, QC, J5M 3A2
450 439-2077     Fax: 450 439-5167
Website: www.handami.com
Email: associationhandami@videotron.ca


Eligibility: people living with an intellectual or a physical disability, their family

Capacity: 25


Hours: Monday to Friday 8h30 to 16h00

Fees: variable

Financing: self-financing

Legal status: non-profit organization

ASSOCIATION RÉGIONALE DE LA FIBROMYALGIE DE LANAUDIÈRE

762A de l'Industrie Boulevard, Saint-Paul, Lanaudière, QC, J0K 3E0
1 888 223-0227
Website: www.fibromyalgiearfl.com
Email: arfl@live.ca

ASSOCIATION RÉGIONALE DE LOISIRS POUR PERSONNES HANDICAPÉES DE LANAUDIÈRE
200 de Salaberry Street, Suite 305, Joliette, Lanaudière, QC, J6E 4G1
450 752-2586   Fax: 450 759-8749
Website: www.arlphlanaudiere.org
Email: info@arlphlanaudiere.org
Eligibility: any person living with a handicap, regardless of age and disability
Coverage area: Lanaudière
Financing: provincial
Legal status: non-profit organization

ASSOCIATION SCLÉROSE EN PLAQUES DE LANAUDIÈRE
200 Salaberry Street, Suite 307, Joliette, Lanaudière, QC, J6E 4G1
450 753-5545
Website: www.asepl.org
Email: asepl@intermonde.net
Eligibility: people living with multiple sclerosis, their close ones
Coverage area: Lanaudière
Hours: Monday to Friday 8h30 to 12h00 and 13h00 to 16h30
Fees: free
Financing: provincial, fundraising campaigns, donations
Legal status: non-profit organization

ASSOCIATION UN COEUR POUR TOUS, LANAUDIÈRE (L’)
144 Saint-Joseph Street, Suite 113, Joliette, Lanaudière, QC, J6E 5C2
450 760-3039
Website: uncoeurpourtous.com
Email: uncoeurpourtous@hotmail.com
Eligibility: people with a heart disease or high blood pressure, their partners
Capacity: pool: 24 people
Coverage area: Lanaudière
Hours: Monday to Friday 8h00 to 17h00
Fees: membership card: $15 per year, activities: $50 per activity ($5 per visit for 10 weeks)
Financing: donations, self-financing, grants
Legal status: non-profit organization
CAMP DE JOUR RICHELIEU-REPENTIGNY
830 Basile-Routhier Boulevard, Repentigny, Lanaudière, QC, J6A 7W9
514 865-2267
Website: www.richelieurepentigny.org/camp_repentigny.php
Email: camp-jour-richelieu@outlook.com
Services: Summer camp for youth with specific needs.
Eligibility: autonomous youth 6 to 25 years old living with a mild or moderate intellectual disability, a language disorder, a behavioural disorder, attention disorder (ADD/ADHD), an autism spectrum disorder, a physical disability or with mental health issues and who is functional in big groups
Capacity: 50 people
Coverage area: Repentigny, L’Assomption, Charlevoix, L’Épiphanie, Lachenaie
Hours: summer camp: Monday to Friday 8h30 to 15h30, with childcare services possible from 7h00 to 8h30 and 15h30 to 18h00
Fees: youth 6 to 18 years old: $450, youth 19 to 25 years old: $950
Financing: donations, municipal, provincial
Legal status: non-profit organization

CAMP FAMILIAL SAINT-URBAIN
1651 de Chertsey Road, Chertsey, Lanaudière, QC, J0K 3K0
1 888 882-4719
Website: www.campfamilial.org
Email: info@campfamilial.org
Services: * 2 to 13 nights holiday stay. * Companion leisure card (CAL).
Eligibility: priority to families on a low income, immigrants, people living with physical disabilities, seniors
Capacity: 225 persons
Coverage area: Province of Québec
Hours: 7 days, 9h00 to 16h30
Fees: summer stays: according to income
Financing: Centraide of Greater Montréal, provincial
Legal status: non-profit organization

CORPORATION RÉPIT-DÉPANNAGE DE LANAUDIÈRE
159 Lajoie Street North, Joliette, Lanaudière, QC, J6E 5K6
450 755-2591 Fax: 450 755-3536
Email: maisonclementine@hotmail.com
Services: Support for people with a disability. * Respite home. * Caretaking: day or night depending on needs. * Recreational services. * Respite: on a continuous basis for up to 30 days. * Temporary housing: alternative service, for up to 90 consecutive days.
Eligibility: respite: people with an intellectual or a physical disability or an autism spectrum disorder, aged 5 to 65 years old, recreational services: people with an intellectual or a physical disability or an autism spectrum disorder, aged 21 years and over
Capacity: 13 people per day
Coverage area: Lanaudière
Hours: 24 hours / 7 days
Fees: variable
Financing: grants, self-financing, provincial
Legal status: non-profit organization

DYSPHASIE LANAUDIÈRE
2500 Mascouche Boulevard, Suite 215, Mascouche, Lanaudière, QC, J7K 0H5
450 474-8870
Website: dysphasielanaudiere.org
Email: administration@dysphasielanaudiere.org

Eligibility: people with dysphasia, parents of children with dysphasia, professionals

Coverage area: Lanaudière

Hours: Monday to Thursday 8h30 to 16h30, Friday 8h30 to 12h00

Fees: membership: $25 per year per person or family, $35 for professionals, $50 for corporate members (schools, CPE, community organizations, etc.)

Financing: grants, self-financing, donations

Legal status: non-profit organization

ENTRAIDE POUR LA DÉFICIENCE INTELLECTUELLE DU JOLIETTE MÉTROPOLITAIN (L')

375 Fabre Street, Joliette, Lanaudière, QC, J6E 0X7

450 759-9621 Fax: 450 760-3586

Website: www.entraidedijm.org

Email: info@entraidedijm.org


Eligibility: people living with an intellectual disability, their parents

Coverage area: MRC Joliette and surroundings

Hours: administration: Monday to Friday 8h00 to 16h00

Fees: membership card: $15 per year, $25 per year for a parent living at the same address as their child

Financing: grants, membership fees, donations

Legal status: non-profit organization

FADOQ - LANAUDIÈRE REGION

626 Manseau Boulevard, Joliette, Lanaudière, QC, J6E 3E6

450 759-7422

Website: www.fadoq.ca/lanaudiere

Email: info@fadoqlanaudiere.ca

Services: Grouping people 50 years and over and representing them in instances requiring the defense of their rights and needs. * Organization of recreational and sporting activities. * Privilege Program giving access to discounts on various products and services.

Eligibility: people 50 years and over

Coverage area: Lanaudière

Hours: Monday to Thursday 8h30 to 12h00 and 13h00 to 17h00, Friday 8h00 to 13h00

Fees: membership: $30 per year or $50 for 2 years

Financing: contributions, provincial

Legal status: non-profit organization

FONDATION PAPILLON - CAMP PAPILLON

210 Papillon Avenue, Saint-Alphonse-Rodriguez, Lanaudière, QC, J0K 1W0

1 877 937-6172 Fax: 514 937-0082

Website: www.fondationpapillon.ca

Email: cguerin@fondationpapillon.ca


Eligibility: people living with a physical or intellectual disabilities in different age groups: adults 18 years and older, adolescents 13 to 17 years, children 2 to 12 years

Coverage area: Province of Québec

Hours: 24 hours / 7 days, adults 18 years old and over camp: start of June, adolescents 13 to 17 years old camp: July, children 2 to 12 years old camp: August, organized groups: mid-August

Fees: according to the income
GYMNO LANAUDIÈRE
130 Valmont Street, Repentigny, Lanaudière, QC, J5Y 1N9
450 582-7930
Website: www.gymno.org/article/259-gymno-lanaudiere.html
Email: lanaudiere@gymno.org


Eligibility: youth 5 to 21 years old living with learning difficulties
Capacity: 1 instructor for 5 kids
Coverage area: Lanaudière, mainly Repentigny
Fees: variable
Financing: self-financing
Legal status: non-profit organization

JARDINS DU MÉANDRE
3021 de l'Ange-Gardien Boulevard North, L'Assomption, Lanaudière, QC, J5W 4S1
450 938-1546
Website: jardinsdumeandre.org
Email: info@jardinsdumeandre.org

Services: Recreational and educational farm offering adapted activities aimed at social and professional integration. * Agricultural, horticultural and crafting activities: seed starting, crops harvesting, garden maintenance, etc. * Guided tours of the farm. * Educational workshops on eggs incubation, food processing and vermicomposting. * Day camp.

Eligibility: people aged 12 years and over, living with an intellectual disability, an autism spectrum disorder or a pervasive development disorder, their families
Coverage area: Lanaudière
Hours: Monday to Friday 9h00 to 16h00, by appointment only
Fees: half-day: $10, whole day: $20
Financing: foundations, provincial, donations, fundraising activities
Legal status: non-profit organization

MOUVEMENT PERSONNE D’ABORD DE JOLIETTE
144 Saint-Joseph Street, Joliette, Lanaudière, QC, J6E 5C4
450 755-4171
Email: mpdaj@videotron.ca


Eligibility: people living with an intellectual disability, their relatives
Coverage area: MRC Joliette
Hours: Monday to Friday 8h30 to 16h30
Fees: none
Financing: provincial
Legal status: non-profit organization
RÉPITS DE GABY (LES)
51 19th Street, Crabtree, Lanaudière, QC, J0K 1B0
1 866 753-3914
Website: www.repitsdegaby.com
Email: direction@repitsdegaby.com
Services: * Summer, day and week-end respite. * La Barack youth centre: conferences, outings.
Eligibility: people with an autism spectrum disorder (ASD), summer and week-end respite: children 5 years
and over, teenagers, adults
Coverage area: Lanaudière
Hours: office: Monday to Friday 8h30 to 16h00, summer respite: Monday to Friday 8h30 to 16h30, day respite:
one Saturday or Sunday every two weeks 9h00 to 16h30, week-end respite: Friday 19h00 to Sunday 19h00, La
Barack: 2 Saturdays per month 14h00 to 21h00
Fees: membership: $15 per year, summer, day respite, la Barack: $26 per day, week-end respite: $150 for 48
hours
Financing: provincial, fundraising campaigns
Legal status: non-profit organization

RÉPITS DE GABY (LES) - JOLIETTE
Confidential Address
450 754-2782
Website: www.repitsdegaby.com
Email: direction@repitsdegaby.com
Services: * Summer and day respite.
Eligibility: people with an autism spectrum disorder (ASD), summer and day respite: children, teenagers and
adults 5 years and older
Coverage area: Lanaudière
Hours: office: Monday to Friday 8h30 to 16h00, summer respite: Monday to Friday 8h30 to 16h30, day respite:
one Saturday or Sunday every two weeks 9h00 to 16h30
Fees: membership: $15 per year, respite: $26 per day
Financing: provincial, fundraising campaigns
Legal status: non-profit organization

RÉPITS DE GABY (LES) - REPENTIGNY - CHALET LAROCHELLE
366 Marquis Street, Repentigny, Lanaudière, QC, J5Y 2B6
1 866 753-3914
Website: www.repitsdegaby.com
Email: direction@repitsdegaby.com
Services: Summer respite.
Eligibility: youth 5 years old and over with an autism spectrum disorder (ASD)
Capacity: 6 people
Coverage area: Lanaudière
Hours: office: Monday to Friday 8h30 to 16h00, summer respite: Monday to Friday 8h30 to 16h30
Fees: membership: $15 per year, respite: $26 per day
Financing: provincial, fundraising campaigns
Legal status: non-profit organization

RÉPITS DE GABY (LES) - TERREBONNE - ÉCOLE LES TROIS SAISONS
1658 des Seigneurs Boulevard, Terrebonne, Lanaudière, QC, J6X 4T1
450 754-2782
Website: www.repitsdegaby.com
Email: direction@repitsdegaby.com
Services: Summer respite.
Eligibility: people with an autism spectrum disorder 5 years and over
Capacity: 14 people
**Disability**

**Coverage area:** Lanaudière

**Hours:** office: Monday to Friday 8h30 to 16h00, summer respite: Monday to Friday 8h30 to 16h30

**Fees:** membership: $15 per year, respite: $26 per day

**Financing:** provincial, fundraising campaigns

**Legal status:** non-profit organization

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**ROSE BLEUE (LA) - ASSOCIATION DES PERSONNES HANDICAPÉES LES MOULINS**

2904 Dupras Street, Mascouche, Lanaudière, QC, J7K 1T2

450 474-7007  Fax: 450 474-2707

**Website:** www.associationlarosebleue.com

**Email:** assrosebleue@videotron.ca


**Eligibility:** people living with an intellectual disability

**Capacity:** groups of 6 to 12 people

**Coverage area:** MRC Les Moulins

**Hours:** Monday to Friday 8h30 to 16h00

**Fees:** membership: $10 per year, activities: $12 per day, summer activities: $15 per day

**Financing:** provincial, Centraide régions centre-ouest du Québec, fundraising campaigns, membership fees

**Legal status:** non-profit organization

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**SOCIÉTÉ DE L'AUTISME RÉGION LANAUDIÈRE**

584 Almira-S.-Choinière Street, Joliette, Lanaudière, QC, J6E 0K5

450 759-9788

**Website:** autisme-lanaudiere.org

**Email:** sarl@autisme-lanaudiere.org


**Eligibility:** people with an autism spectrum disorder (TSA), their family, general public

**Coverage area:** Lanaudière

**Hours:** Monday to Friday 8h00 to 16h00

**Fees:** annual contribution: family: $25, participating member: $25, individual: $35, professional: $50, corporate member: $100

**Financing:** contributions

**Legal status:** non-profit organization

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**Respite services and housing**

**ASSOCIATION DE PARENTS D'ENFANT TRISOMIQUE-21 LANAUDIÈRE (L')**

245 des Anglais Road, Mascouche, Lanaudière, QC, J7L 3P3

450 477-4116  Fax: 450 477-3534

**Website:** www.apetl.org

**Email:** info@apetl.org


**Eligibility:** people living with Down syndrome, their family, pediatric physiotherapy: children 0 to 5 years old

**Coverage area:** Lanaudière

**Hours:** Monday to Thursday 8h00 to 16h00
Fees: annual membership: $25  
Financing: membership fees, donations, grants  
Legal status: non-profit organization

ASSOCIATION HANDAMI POUR PERSONNES HANDICAPÉES ET LEUR FAMILLE  
460 du Parc Street, Saint-Lin–Laurentides, Lanaudière, QC, J5M 3A2  
450 439-2077     Fax: 450 439-5167  
Website: www.handami.com  
Email: associationhandami@videotron.ca  
Eligibility: people living with an intellectual or a physical disability, their family  
Capacity: 25  
Hours: Monday to Friday 8h30 to 16h00  
Fees: variable  
Financing: self-financing  
Legal status: non-profit organization

CARREFOUR POUR SOUFFLER À TÊTE REPOSÉE  
588 Montcalm Street, Suite 219, Berthierville, Lanaudière, QC, J0k 1A0  
450 836-2020     Fax: 450 836-2040  
Website: www.atetereposee.org  
Email: atetereposee@live.fr  
Services: Respite resources for families of people living with a disability. * At-home respite: planned respite (non-urgent) in the family home for a period of less than 24 hours. * 24h+ respite: referrals to respite homes for a planned period of 24 hours or more.  
Eligibility: family of a person living with a disability: intellectual or physical disability, autism spectrum disorder, sensory disability, cognitive disorder, Alzheimer  
Coverage area: Lanaudière  
Hours: Monday to Friday 8h30 to 16h30  
Fees: variable  
Financing: self-financing, provincial  
Legal status: non-profit organization

CENTRE DE JOUR JARDIN D’ÉTOILES  
3931 Lakeshore Drive Street, Rawdon, Lanaudière, QC, J0K 1S0  
450 834-3070 ext. 1027  
Website: jardinetoiles.ca  
Email: info@jardinetoiles.ca  
Services: Day centre for adults 18 to 65 years old living with a severe disability. * Adapted play activities. * Supervision of the participants by counsellors, individually or in pairs according to their needs. * Music therapy and zootherapy. * Sensory room.  
Eligibility: adults 18 to 65 years old living with a severe disability  
Coverage area: Lanaudière  
Hours: Monday, Wednesday and Friday 9h00 to 11h30 and 13h00 to 15h30  
Fees: sensory room: none, other services: variable  
Financing: donations, provincial  
Legal status: non-profit organization
Disability

COOPÉRATIVE D’AIDE À DOMICILE LES MOULINS
2500 Mascouche Boulevard, Suite 125, Mascouche, Lanaudière, QC, J7K 0H5
450 966-4446 Fax: 450 966-4447
Website: www.coopdesmoulins.ca
Email: mbriere@coopdesmoulins.ca

Personal assistance: presence and surveillance, assistance for food and hygiene, assistance for transfers. *
Caregiver respite, Alzheimer respite, stimulation activities.
Eligibility: single people, couples, families, new parents, adults with temporary or permanent loss of autonomy,
seniors, people living with a disability, people who have had an accident or in recovery, caregivers
Coverage area: MRC Les Moulins
Hours: administration: Monday to Friday 8h30 to 12h00 and 13h00 to 16h30, domestic assistance: Monday to
Friday 8h00 to 17h00, assistance and respite: everyday 8h00 to 22h00
Fees: variable according to the type of service, age, health status and family income, RAMQ financial
exemption program for domestic help (PEFSAD), tax credit
Financing: self-financing
Legal status: non-profit organization

COOPÉRATIVE DE SERVICES À DOMICILE D’AUTRAY
725 de Montcalm Street, Berthierville, Lanaudière, QC, J0K 1A0
450 404-2219
Website: addautray.com
Email: info@addautray.com

Services: In-home support. * Domestic help: housekeeping, cleaning, meal preparation and shopping. *
Personal assistance: hygiene care, assistance with dressing, assistance with eating, assistance with transfers,
assistance with getting up and going to bed, incontinence care, distribution and administration of medication,
oral temperature and blood pressure readings. * Stimulation and respite care.
Eligibility: seniors, clientele referred by the CISSS, people with a disability, people in loss of autonomy,
caregivers, families, workers, single people, veterans, S.A.A.Q. or C.S.S.T. recipients
Coverage area: MRC D’Autray
Hours: Monday to Thursday 8h00 to 12h00 and 13h00 to 16h00, Friday 8h00 to 12h30, personal assistance: 7
days, 8h00 to 22h00, domestic help: Monday to Friday 8h00 to 17h00
Fees: variable
Financing: provincial, grants, self-financing
Legal status: cooperative

CORPORATION RÉPIT-DÉPANNAGE DE LANAUDIÈRE
159 Lajoie Street North, Joliette, Lanaudière, QC, J6E 5K6
450 755-2591 Fax: 450 755-3536
Email: maisonclementine@hotmail.com

Services: Support for people with a disability. * Respite home. * Caretaking: day or night depending on needs.
* Recreational services. * Respite: on a continuous basis for up to 30 days. * Temporary housing: alternative
service, for up to 90 consecutive days.
Eligibility: respite: people with an intellectual or a physical disability or an autism spectrum disorder, aged 5 to
65 years old, recreational services: people with an intellectual or a physical disability or an autism spectrum
disorder, aged 21 years and over
Capacity: 13 people per day
Coverage area: Lanaudière
Hours: 24 hours / 7 days
Fees: variable
Financing: grants, self-financing, provincial
Legal status: non-profit organization
**DÉFIS-LOGIS LANAUDIÈRE**

105 Marie-Curie Street, Saint-Charles-Borromée, Lanaudière, QC, J6E 0V2
450 394-4497

Website: www.defis-logislanaudiere.org
Email: defis-logislanaudiere@hotmail.com

**Services:** Subsidized housing with supervision and services for persons 18 years and over living with a developmental disability or an autism spectrum disorder. * Specialized counsellors and attendants. * Social and recreational activities. * Community kitchen, garden and hall.

**Eligibility:** persons 18 years and over living with an intellectual disability or autism spectrum disorder who can live alone in an apartment with assistance or supervision

**Capacity:** 11 subsidized housing units

**Coverage area:** MRC D’Autray, MRC Joliette, MRC Matawinie, MRC Montcalm

**Hours:** 24 hours / 7 days

**Fees:** 25% of income according to the provincial notice of assessment

**Financing:** provincial, municipal

**Legal status:** non-profit organization

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**ENTRAIDE POUR LA DÉFICIENCE INTELLECTUELLE DU JOLIETTE MÉTROPOLITAIN (L’)**

375 Fabre Street, Joliette, Lanaudière, QC, J6E 0X7
450 759-9621 Fax: 450 760-3586

Website: www.entraidedijm.org
Email: info@entraidedijm.org


**Eligibility:** people living with an intellectual disability, their parents

**Coverage area:** MRC Joliette and surroundings

**Hours:** administration: Monday to Friday 8h00 to 16h00

**Fees:** membership card: $15 per year, $25 per year for a parent living at the same address as their child

**Financing:** grants, membership fees, donations

**Legal status:** non-profit organization

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**FONDATION PAPILLON - CAMP PAPILLON**

210 Papillon Avenue, Saint-Alphonse-Rodriguez, Lanaudière, QC, J0K 1W0
1 877 937-6172 Fax: 514 937-0082

Website: www.fondationpapillon.ca
Email: cguerin@fondationpapillon.ca


**Eligibility:** people living with a physical or intellectual disabilities in different age groups: adults 18 years and older, adolescents 13 to 17 years, children 2 to 12 years

**Coverage area:** Province of Québec

**Hours:** 24 hours / 7 days, adults 18 years old and over camp: start of June, adolescents 13 to 17 years old camp: July, children 2 to 12 years old camp: August, organized groups: mid-August

**Fees:** according to the income

**Financing:** fundraising campaigns, grants

**Legal status:** non-profit organization

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**PAS DE DEUX (LE)**

2500 Mascouche Boulevard, Suite 138, Mascouche, Lanaudière, QC, J7K 0H5
450 559-6759

Website: www.lepasdedeux.org
Email: info@lepasdedeux.org

**Services:** Development of adapted and supervised housing for young adults living with an intellectual disability or an autism spectrum disorder.
Eligibility: young adults 21 years and over on a low and moderate income and living with an intellectual disability or an autism spectrum disorder

Coverage area: Lanaudière

Financing: self-financing, donations

Legal status: non-profit organization

RÉPITS DE GABY (LES)
51 19th Street, Crabtree, Lanaudière, QC, J0K 1B0
1 866 753-3914

Website: www.repitsdegaby.com
Email: direction@repitsdegaby.com

Services: * Summer, day and week-end respite. * La Barack youth centre: conferences, outings.

Eligibility: people with an autism spectrum disorder (ASD), summer and week-end respite: children 5 years and over, teenagers, adults

Coverage area: Lanaudière

Hours: office: Monday to Friday 8h30 to 16h00, summer respite: Monday to Friday 8h30 to 16h30, day respite: one Saturday or Sunday every two weeks 9h00 to 16h30, week-end respite: Friday 19h00 to Sunday 19h00, La Barack: 2 Saturdays per month 14h00 to 21h00

Fees: membership: $15 per year, summer, day respite, la Barack: $26 per day, week-end respite: $150 for 48 hours

Financing: provincial, fundraising campaigns

Legal status: non-profit organization

RÉPITS DE GABY (LES) - JOLIETTE

Confidential Address
450 754-2782

Website: www.repitsdegaby.com
Email: direction@repitsdegaby.com

Services: * Summer and day respite.

Eligibility: people with an autism spectrum disorder (ASD), summer and day respite: children, teenagers and adults 5 years and older

Coverage area: Lanaudière

Hours: office: Monday to Friday 8h30 to 16h00, summer respite: Monday to Friday 8h30 to 16h30, day respite: one Saturday or Sunday every two weeks 9h00 to 16h30

Fees: membership: $15 per year, respite: $26 per day

Financing: provincial, fundraising campaigns

Legal status: non-profit organization

RÉPITS DE GABY (LES) - REPENTIGNY - ÉCOLE ALPHONSE-DESJARDINS
31 Brien Boulevard, Repentigny, Lanaudière, QC, J6A 4R9
450 754-2782

Website: www.repitsdegaby.com
Email: direction@repitsdegaby.com

Services: School respite.

Eligibility: people with an autism spectrum disorder over 5 years old

Capacity: 11 children

Coverage area: Lanaudière

Hours: office: Monday to Friday 8h30 to 16h00, school respite: every second Saturday or Sunday 9h00 to 16h30

Fees: membership: $15 per year, respite: $26 per day

Financing: provincial, fundraising campaigns

Legal status: non-profit organization
RÉPITS DE GABY (LES) - TERREBONNE
5900 Rodrigue Street, Terrebonne, Lanaudière, QC, J7M 2C1
1 866 735-3914
Website: www.repitsdegaby.com
Email: direction@repitsdegaby.com
Services: School respite.
Eligibility: people 5 to 21 years old with an autism spectrum disorder (ASD)
Capacity: 8 children on Sundays and 6 children on Saturdays
Coverage area: Lanaudière
Hours: office: Monday to Friday 8h30 to 16h00, school respite: once every second Sunday and every Saturday 9h30 to 16h30
Fees: membership: $15 per year, respite: $26 per day
Financing: provincial, fundraising campaigns
Legal status: non-profit organization

ROSE BLEUE (LA) - ASSOCIATION DES PERSONNES HANDICAPÉES LES MOULINS
2904 Dupras Street, Mascouche, Lanaudière, QC, J7K 1T2
450 474-7007 Fax: 450 474-2707
Website: www.associationlarosebleue.com
Email: assrosebleue@videotron.ca
Eligibility: people living with an intellectual disability
Capacity: groups of 6 to 12 people
Coverage area: MRC Les Moulins
Hours: Monday to Friday 8h30 to 16h00
Fees: membership: $10 per year, activities: $12 per day, summer activities: $15 per day
Financing: provincial, Centraide régions centre-ouest du Québec, fundraising campaigns, membership fees
Legal status: non-profit organization

SOCIÉTÉ DE L'AUTISME RÉGION LANAUDIÈRE
584 Almira-S.-Choinière Street, Joliette, Lanaudière, QC, J6E 0K5
450 759-9788
Website: autisme-lanaudiere.org
Email: sarl@autisme-lanaudiere.org
Eligibility: people with an autism spectrum disorder (TSA), their family, general public
Coverage area: Lanaudière
Hours: Monday to Friday 8h00 to 16h00
Fees: annual contribution: family: $25, participating member: $25, individual: $35, professional: $50, corporate member: $100
Financing: contributions
Legal status: non-profit organization
Support Associations

ACCUEIL MULTIETHNIQUE ET INTÉGRATION DES NOUVEAUX ARRIVANTS À TERREBONNE ET MASCOCHE

500 des Seigneurs Boulevard, Suite 002, basement, Terrebonne, Lanaudière, QC, J6W 1T3
450 492-7989     Fax: 450 492-1303
Website: www.aminate.qc.ca
Email: reception@aminate.qc.ca
Eligibility: newcomers and immigrants
Coverage area: Terrebonne, Mascouche
Hours: Monday to Friday 8h30 to 16h30
Fees: none
Financing: federal, provincial, municipal
Legal status: non-profit organization

AMIS DE LA DÉFICIENCE INTELLECTUELLE, RIVE-NORD (LES)

50 Thouin Street, Suite 225, Repentigny, Lanaudière, QC, J6A 4J4
450 585-3632     Fax: 450 585-3633
Website: www.lesamisdeladi.org
Email: info@lesamisdeladi.org
Eligibility: men and women living with an intellectual disability, their close ones
Coverage area: MRC L'Assomption
Hours: office: Monday to Thursday 9h00 to 16h00, Friday 9h00 to 12h00, summer: closed on Friday, activities: 7 days, variable
Fees: annual membership: $15
Financing: Centraide Lanaudière, municipal, provincial, self-financing
Legal status: non-profit organization

AMIS DE LAMATER (LES)

695 Ouimet Street, Terrebonne, Lanaudière, QC, J6W 3B1
450 492-0030     Fax: 450 492-0734
Website: lesamisdelamater.org
Email: jeannedignard@msn.com
Eligibility: seniors 50 years old and over, autonomous, semi-autonomous or with a loss of autonomy
Capacity: 30 persons per day
Coverage area: MRC Les Moulins
Hours: Monday to Thursday 8h30 to 16h00, Friday 8h30 to 15h30
Fees: annual registration: $60, activity day: $15
Financing: self-financing, provincial, donations
Legal status: non-profit organization
ASSOCIATION CARREFOUR FAMILLE MONTCALM  
20 Payette Road, Saint-Lin–Laurentides, Lanaudière, QC, J5M 0L4  
1 877 439-2669  Fax: 450 439-8763  
Website: www.acfm-qc.org  
Email: info@acfm-qc.org  


Eligibility: families, parents, language skills and motricity development activities: children aged 0 to 5 years old and their parents  

Coverage area: MRC Montcalm  

Hours: Monday to Friday 8h00 to 16h00, drop-in daycare: Monday to Friday 8h30 to 15h30  

Fees: free services, $40 deposit for child safety seat loan  

Financing: federal, provincial, self-financing  

Legal status: non-profit organization  

ASSOCIATION DE PARENTS D'ENFANT TRISOMIQUE-21 LANAUDIÈRE (L')  
245 des Anglais Road, Mascouche, Lanaudière, QC, J7L 3P3  
450 477-4116  Fax: 450 477-3534  
Website: www.apetl.org  
Email: info@apetl.org  


Eligibility: people living with Down syndrome, their family, pediatric physiotherapy: children 0 to 5 years old  

Coverage area: Lanaudière  

Hours: Monday to Thursday 8h00 to 16h00  

Fees: annual membership: $25  

Financing: membership fees, donations, grants  

Legal status: non-profit organization  

ASSOCIATION DES DEVENUS SOURDS ET MALENTENDANTS DU QUÉBEC - SECTEUR MRC DE L'ASSOMPTION ET DES MOULINS  
50 Thouin Street, Suite 232, Lions pavilion, Repentigny, Lanaudière, QC, J6A 4J4  
450 657-8500  
Website: www.adsmqam.org  
Email: adsmqam@gmail.com  


Eligibility: people who became deaf or hard of hearing  

Coverage area: MRC L'Assomption, MRC Les Moulins  

Hours: Monday to Thursday 9h00 to 16h30, by appointment  

Fees: annual membership: $20  

Financing: provincial, Centraide of Greater Montréal, membership fees  

Legal status: non-profit organization
ASSOCIATION DES PERSONNES HANDICAPÉES PHYSIQUES ET SENSORIELLES SECTEUR JOLIETTE
200 de Salaberry Street, Suite 134, Joliette, Lanaudière, QC, J6E 4G1
450 759-3322 Fax: 450 759-8749
Website: www.aphpssj.com
Email: info@aphpssj.com
Eligibility: people living with a disability and their close ones
Coverage area: MRC Joliette
Hours: Monday to Thursday 8h00 to 12h00 and 12h30 to 16h30
Fees: membership card: $10
Financing: grants, contributions
Legal status: non-profit organization

ASSOCIATION DES PERSONNES HANDICAPÉES VISUELLES DE LANAUDIÈRE
2500 Mascouche Boulevard, Suite 118, Mascouche, Lanaudière, QC, J7K 0H5
1 888 477-8174
Website: www.aphvsl.com
Email: info@aphvsl.com
Eligibility: people living with a visual impairment, their close ones
Coverage area: Lanaudière
Hours: Monday to Friday 9h00 to 16h00, by appointment
Fees: annual membership: $10
Financing: provincial
Legal status: non-profit organization

ASSOCIATION DES SOURDS DE LANAUDIÈRE
200 De Salaberry Street, Suite 312, Joliette, Lanaudière, QC, J6E 4G1
450 752-1426 Fax: 1 866 845-4350 TTY: 450 752-1426
Website: www.asljoliette.org
Email: direction@asljoliette.org
Eligibility: deaf and hearing impaired people
Coverage area: Lanaudière
Hours: Monday to Friday 8h30 to 16h30
Fees: annual membership: $20 per individual, $30 per couple, $17 per individual 55 years old and over, $25 per couple 55 years old and over, $15 per student, $25 per association
Financing: provincial, Centraide Lanaudière, membership fees
Legal status: non-profit organization

ASSOCIATION HANDAMI POUR PERSONNES HANDICAPÉES ET LEUR FAMILLE
460 du Parc Street, Saint-Lin–Laurentides, Lanaudière, QC, J5M 3A2
450 439-2077 Fax: 450 439-5167
Website: www.handami.com
Email: associationhandami@videotron.ca
Eligibility: people living with an intellectual or a physical disability, their family
Capacity: 25
Hours: Monday to Friday 8h30 to 16h00
Fees: variable
Financing: self-financing
Legal status: non-profit organization

ASSOCIATION PANDA-MRC LES MOULINS
737 de la Sour-Marie-Rose Street, Terrebonne, Lanaudière, QC, J6V 1P1
450 654-1153
Website: www.pandamrclesmoulins.org
Email: info@pandamrclesmoulins.org

Eligibility: children, teenagers, adults showing signs of a diagnostic for an attention deficit disorder with or without hyperactivity, their parents
Capacity: variable
Coverage area: MRC Les Moulins, Montréal Island, Laval
Hours: office: variable
Fees: variable
Financing: provincial, self-financing, donations
Legal status: non-profit organization

ASSOCIATION PULMONAIRE DU QUÉBEC - GROUPE D'ENTRAIDE MALADIES PULMONAIRES - REPENTIGNY/LE GARDEUR
86 Brien Boulevard, 2nd floor, Repentigny, Lanaudière, QC, J6A 5K7
1 888 768-6669 ext. 230
Website: poumonquebec.ca/en
Email: info@poumonquebec.ca

Services: Support group offered during the following months: March, April, May, September, October and November for people with one or more lung diseases, family members or caregivers. * Discussions on topics adapted to the group and lectures by health professionals.
Eligibility: people with respiratory diseases, family members and caregivers
Capacity: 50 persons
Coverage area: Lanaudière, East and North of Montréal
Hours: March, April, May, September, October and November: 1st Wednesday of the month 13h00 to 15h30
Fees: none
Financing: foundations, self-financing
Legal status: non-profit organization

ASSOCIATION RÉGIONALE DE LA FIBROMYALGIE DE LANAUDIÈRE
762A de l'Industrie Boulevard, Saint-Paul, Lanaudière, QC, J0K 3E0
1 888 223-0227
Website: www.fibromyalgiearfl.com
Email: arfl@live.ca

Eligibility: people with a fybromyalgia diagnostic and relations
Coverage area: Lanaudière
ASSOCIATION SCLÉROSE EN PLAQUES DE LANAUDIÈRE
200 Salaberry Street, Suite 307, Joliette, Lanaudière, QC, J6E 4G1
450 753-5545
Website: www.asepl.org
Email: asepl@intermonde.net
Eligibility: people living with multiple sclerosis, their close ones
Coverage area: Lanaudière
Hours: Monday to Friday 8h30 to 12h00 and 13h00 to 16h30
Fees: free
Financing: provincial, fundraising campaigns, donations
Legal status: non-profit organization

ASSOCIATION UN COEUR POUR TOUS, LANAUDIÈRE (L’)
144 Saint-Joseph Street, Suite 113, Joliette, Lanaudière, QC, J6E 5C2
450 760-3039
Website: uncoeurpourtous.com
Email: uncoeurpourtous@hotmail.com
Eligibility: people with a heart disease or high blood pressure, their partners
Capacity: pool: 24 people
Coverage area: Lanaudière
Hours: Monday to Friday 8h00 to 17h00
Fees: membership card: $15 per year, activities: $50 per activity ($5 per visit for 10 weeks)
Financing: donations, self-financing, grants
Legal status: non-profit organization

CANCER-AIDE LANAUDIÈRE
2 Saint-Charles-Borromée Street North, Joliette, Lanaudière, QC, J6E 4R2
450 756-0869
Website: www.canceraidelanaudiere.com
Email: canceraidelanaudiere@outlook.com
Eligibility: people with cancer, their relatives
Coverage area: Lanaudière
Hours: meetings: 2nd Wednesday of the month 13h30 to 15h30, South service point: 3rd Wednesday of the month 13h30 to 15h30
Fees: member: $10 per year, activities: variable fees
Financing: membership fees, provincial
Legal status: non-profit organization

Disability
Hours: Tuesday 13h00 to 16h00, Thursday 13h30 to 16h30 or by appointment
Fees: annual fees: $10
Financing: fundraising campaigns, grants, contributions
Legal status: non-profit organization
CANCER-AIDE LANAUDIÈRE - POINT DE SERVICE SUD
50 Thouin Street, Suite 237, Richelieu Pavilion, Repentigny, Lanaudière, QC, J6A 4J4
450 654-8437
Website: canceraidelanaudiere.com
Email: canceraide.lr@gmail.com
Eligibility: people living with cancer, their close ones
Coverage area: MRC L'Assomption, MRC Les Moulins
Hours: meetings: 3rd Wednesday of the month 13h30 to 16h00
Fees: annual membership: $10, activities: variable
Financing: contributions, provincial, self-financing
Legal status: non-profit organization

CENTRE D’ACTION BÉNÉVOLE D’AUTRAY
180 de Champlain Street, Berthierville, Lanaudière, QC, J0K 1A0
450 836-7122 Fax: 450 836-1939
Website: cabautray.com
Email: info@cabautray.com
Eligibility: seniors, people with a loss of autonomy, people on a low income, caregivers, volunteers, organizations
Coverage area: Berthierville, Lanoraie, Lavaltrie, La Visitation-de-l’Île-Dupas, Saint-Barthélemy, Saint-Cuthbert, Sainte-Élisabeth, Sainte-Geneviève-de-Berthier, Saint-Ignace-de-Loyola
Hours: Monday to Friday 8h30 to 16h30
Fees: variable, meals on wheels: $6.50 per meal, 6 desserts for $5
Financing: grants, self-financing
Legal status: non-profit organization

CENTRE DE JOUR JARDIN D’ÉTOILES
3931 Lakeshore Drive Street, Rawdon, Lanaudière, QC, J0K 1S0
450 834-3070 ext. 1027
Website: jardinetoiles.ca
Email: info@jardinetoiles.ca
Services: Day centre for adults 18 to 65 years old living with a severe disability. * Adapted play activities. * Supervision of the participants by counsellors, individually or in pairs according to their needs. * Music therapy and zootherapy. * Sensory room.
Eligibility: adults 18 to 65 years old living with a severe disability
Coverage area: Lanaudière
Hours: Monday, Wednesday and Friday 9h00 to 11h30 and 13h00 to 15h30
Fees: sensory room: none, other services: variable
Financing: donations, provincial
Legal status: non-profit organization
CENTRE MULTISERVICES DE SANTÉ ET DE SERVICES SOCIAUX DE SAINT-JEAN-DE-MATHA
895 Louis-Cyr Road, Saint-Jean-de-Matha, Lanaudière, QC, J0K 2S0
450 886-3861
Website: www.cisss-lanaudiere.gouv.qc.ca/votre-cisss/coordonnees-et-horaires/clsc
Coverage area: Lanaudière
Hours: Monday to Friday 8h30 to 16h30
Financing: provincial
Legal status: parapublic organization

DIABÈTE RIVE-NORD
Confidential Address
438 392-8362
Website: www.diabetenerivenord.org
Email: info@diabetenerivenord.org
Eligibility: people with diabetes, their close ones
Coverage area: MRC L'Assomption, MRC Les Moulins
Hours: variable
Fees: $20 per year
Financing: fundraising campaigns, membership fees
Legal status: non-profit organization

DIABÉTIQUES DE LANAUDIÈRE
950 Sainte-Anne Boulevard, Suite 112, Saint-Charles-Borromée, Lanaudière, QC, J6E 5B5
450 752-5233
Website: www.diabetiquesdelanaudiere.org
Email: diabetlanau@citenet.net
Eligibility: people with diabetes, healthcare professionals
Coverage area: Lanaudière
Hours: Monday to Friday 9h00 to 16h00
Fees: membership: $20 per year
Financing: contributions
Legal status: non-profit organization

DYSPHASIE LANAUDIÈRE
2500 Mascouche Boulevard, Suite 215, Mascouche, Lanaudière, QC, J7K 0H5
450 474-8870
Website: dysphasielanaudiere.org
Email: administration@dysphasielanaudiere.org
Eligibility: people with dysphasia, parents of children with dysphasia, professionals
Coverage area: Lanaudière
Hours: Monday to Thursday 8h30 to 16h30, Friday 8h30 to 12h00
**FEES:** membership: $25 per year per person or family, $35 for professionals, $50 for corporate members (schools, CPE, community organizations, etc.)

**FINANCING:** grants, self-financing, donations

**LEGAL STATUS:** non-profit organization

**GIT’ENFANTS (LE)**

430 de la Mairie Street, Sainte-Émélie-de-l’Énergie, Lanaudière, QC, J0K 2K0

450 271-0797

Email: gitenfants@yahoo.ca


**ELIGIBILITY:** young people from 2 to 21 years old with school adjustment difficulties or from disadvantaged backgrounds, parents

**CAPACITY:** 30

**COVERAGE AREA:** Sainte-Émélie-De-L’énergie

**HOURS:** Monday to Sunday 9h00 to 21h00 depending of the needs

**FEES:** $5 per year per family

**FINANCING:** provincial

**LEGAL STATUS:** non-profit organization

**HYPOGLYCEMIA ACTION QUÉBEC**

640 Langlois Street, Suite 4, Terrebonne, Lanaudière, QC, J6W 4P3

450 325-1163

Website: hypoglycemie.qc.ca

Email: info@hypoglycemie.qc.ca

**SERVICES:** * Helpline. * Courses to help people living with the problems caused by hypoglycemia. * Consultation, information, referral, education, screening and dietary support. * Diabetes prevention. * Awareness of the population and physicians: publications, workshops, conferences and media.

**ELIGIBILITY:** adults, teens and children affected by hypoglycemia, health professionals

**COVERAGE AREA:** Province of Québec

**HOURS:** 5 days per week, answering machine: 24 hours / 7 days

**FEES:** none

**FINANCING:** grants

**LEGAL STATUS:** non-profit organization

**LITTLE BROTHERS - SUD DE LANAUDIÈRE**

2500 Mascouche Boulevard, Suite 119, Mascouche, Lanaudière, QC, J7K 0H5

514 248-3384

Website: www.petitsfreres.ca/sudlanaudiere

Email: sudlanaudiere@petitsfreres.ca

**SERVICES:** Organization seeking to deal with the isolation of people of advanced age until their end of life. * Accompaniment and pairing with volunteers. * Visits in people’s living environments: at-home, at the hospital or CHSLD, in residences, etc. * Other End of the Line: pairing telephone service. * Activities and special outings to celebrate birthdays and traditional holidays. * Holidays stays at The Juliette Huot Home in Oka. * End-of-life accompaniment.

**ELIGIBILITY:** lonely seniors 75 years and over without a present family or significant social contact

**COVERAGE AREA:** South of Lanaudière, MRC Montcalm

**HOURS:** Monday to Friday 9h00 to 17h00

**FEES:** free

**FINANCING:** fundraising campaigns, self-financing, donations

**LEGAL STATUS:** non-profit organization
MAISON DE LA FAMILLE AUX QUATRE VENTS
85 Iberville Street, Berthierville, Lanaudière, QC, J0K 1A0
450 836-3770 Fax: 450 836-2153
Email: maisonfamille@derytele.com


Eligibility: families with children from 0 to 18 years old
Coverage area: Berthierville
Hours: Monday to Thursday 8h30 to 16h30, some evenings, some Fridays
Financing: municipal, donations
Legal status: non-profit organization

NAÎTRE ET GRANDIR AVEC LES AMIES DE L’ALLAITEMENT
Confidential Address
450 882-2123 ext. 3048
Website: www.lesamiesdelallaitement.org
Email: info@allaitementmatawinie.org


Eligibility: pregnant women, mothers, parents
Coverage area: Chertsey, Entrelacs, Notre-Dame-de-la-Merci, Rawdon, Saint-Alphonse-Rodriguez, Saint-Côme, Saint-Donat, Sainte-Marcelline-de-Kildare
Fees: none
Financing: self-financing
Legal status: non-profit organization

NÉO (LE)
950 Moody Boulevard, Terrebonne, Lanaudière, QC, J6W 3K8
1 800 964-1860
Website: le-neo.com
Email: neo@le-neo.com


Eligibility: LGBTQ+ people and allies, people living with HIV/AIDS or hepatitis
Coverage area: Lanaudière
Hours: administration: Monday to Friday 8h30 to 16h30
Fees: none
Financing: provincial
Legal status: non-profit organization

NOURRI-SOURCE - LANAUDIÈRE
2500 Mascouche Boulevard, Suite 212, Mascouche, Lanaudière, QC, J7K 0H5
1 888 524-9696
Website: www.nourrisourcelanaudiere.org
Email: nourrisourcelanaudiere@gmail.com

Eligibility: families wishing to practice breastfeeding

Coverage area: territory of the Autray-Berthierville, Autray-Lavaltrie, MRC de Joliette, Lamater, Meilleur, MRC Montcalm, MRC Matawinie-Ouest CLSCs

Hours: office: Monday to Friday 9h00 to 16h00, godmothers are available 7 days per week

Fees: none

Financing: Centraide Lanaudière, provincial, federal

Legal status: non-profit organization

**NOURRI-SOURCE - MEILLEUR**

135 Claude-David Boulevard, Repentigny, Lanaudière, QC, J6A 1N6

450 654-2307 ext. 61290

Website: nourrisourcelanaudiere.org

Email: meilleur@nourri-source.org


Eligibility: families practising or wishing to practice breastfeeding

Coverage area: Charlemagne, L’Assomption, city of l’Épiphanie, Repentigny, Saint-Sulpice

Hours: prenatal technical workshop: 1st Tuesday of the month 18h30 to 20h30

Fees: none

Financing: self-financing, federal, provincial

Legal status: non-profit organization

**ORIGNAL TATOUÉ, CAFÉ DE RUE**

144 Saint-Joseph Street, Joliette, Lanaudière, QC, J6E 5C4

450 394-4384

Email: loriginaltatoue@gmail.com


Eligibility: young people 16 to 30 in a situation of social or family breakdown or experiencing difficulties related to drug addiction, homelessness and mental health problems

Capacity: 10 people

Coverage area: Joliette

Hours: Tuesday and Thursday 12h00 to 21h00, Wednesday, Friday and Saturday 12h00 to 17h00

Fees: none

Financing: donations, municipal, provincial, federal

Legal status: non-profit organization

**PANDA DE LA MRC L’ASSOMPTION**

50 Thouin Street, Suite 242, Repentigny, Lanaudière, QC, J6A 4J4

450 582-0003

Website: tdahpanda.ca

Email: panda3@bellnet.ca

**Eligibility:** children or adults with a diagnosis, or awaiting a diagnosis of attention deficit with or without hyperactivity disorder, and their parents

**Capacity:** parent support groups: 10 people, support groups for adults and children: 6 people

**Coverage area:** MRC de L’Assomption

**Hours:** groups for parents or adults: weeknights, groups for children: Saturday morning

**Fees:** annual membership: $10 per family, parental coaching: $100 for 10 meetings, groups for children or adults with ADHD: $10 per meeting

**Financing:** self-financing, provincial, fundraising campaigns, membership fees, donations

**Legal status:** non-profit organization

**PARRAINAGE CIVIQUE LANAUDIÈRE - HEAD OFFICE**

688 Manseau Boulevard, Joliette, Lanaudière, QC, J6E 3E6

**450 398-0696**

**Website:** parrainageciviquelanaudiere.ca

**Email:** carolpcl@outlook.com

**Services:** Sponsorship: long-term support by a volunteer paired with a marginalized person for social integration purposes. * Useful accompaniments, leisure activities.

**Eligibility:** people living with a motor or sensory disability, mental health disorder, intellectual disability, in loss of autonomy or with socio-emotional difficulties

**Coverage area:** Lanaudière

**Hours:** Monday to Friday 8h30 to 12h00 and 13h00 to 16h30

**Fees:** membership: $5 per year

**Financing:** provincial, Centraide Lanaudière, fundraising campaigns

**Legal status:** non-profit organization

**PARRAINAGE CIVIQUE LANAUDIÈRE - POINT DE SERVICE NORD DE LANAUDIÈRE**

4046 Queen Street, Rawdon, Lanaudière, QC, J0K 1S0

**450 834-1728**

**Website:** parrainageciviquelanaudiere.ca

**Email:** pclrawdon@outlook.com

**Services:** Sponsorship: long-term support by a volunteer paired with a marginalized person. * Utility accompaniments, leisure activities.

**Eligibility:** people living with a motor or sensory disability, mental health problem or intellectual disability, in loss of autonomy or with socio-emotional difficulties

**Coverage area:** MRC D’Autray, MRC Joliette, MRC Matawinie, MRC Montcalm

**Hours:** by appointment

**Fees:** membership: $5 per year

**Financing:** Centraide Lanaudière, fundraising campaigns, provincial

**Legal status:** non-profit organization

**PARRAINAGE CIVIQUE LANAUDIÈRE - POINT DE SERVICE SUD DE LANAUDIÈRE**

2500 Mascouche Boulevard, Suite 224, Mascouche, Lanaudière, QC, J7K 0H5

**450 417-0922**

**Website:** parrainageciviquelanaudiere.ca

**Email:** pcdesmoulins@videotron.ca

**Services:** Sponsorship: long-term support by a volunteer paired with a marginalized person. * Utility accompaniments, leisure activities.

**Eligibility:** people living with motor or sensory disabilities, mental health problems or intellectual disabilities, in loss of autonomy or with socio-emotional difficulties

**Coverage area:** MRC Les Moulins, MRC L’Assomption

**Hours:** Monday, Tuesday, Thursday 8h30 to 12h00 and 13h00 to 16h30

**Fees:** membership: $5 per year

**Financing:** Centraide Lanaudière, fundraising campaigns, provincial

**Legal status:** non-profit organization
ROSE BLEUE (LA) - ASSOCIATION DES PERSONNES HANDICAPÉES LES MOULINS
2904 Dupras Street, Mascouche, Lanaudière, QC, J7K 1T2
450 474-7007 Fax: 450 474-2707
Website: www.associationlarosebleue.com
Email: assrosebleue@videotron.ca

Eligibility: people living with an intellectual disability
Capacity: groups of 6 to 12 people
Coverage area: MRC Les Moulins
Hours: Monday to Friday 8h30 to 16h00
Fees: membership: $10 per year, activities: $12 per day, summer activities: $15 per day
Financing: provincial, Centraide régions centre-ouest du Québec, fundraising campaigns, membership fees
Legal status: non-profit organization

SOCIÉTÉ ALZHEIMER DE LANAUDIÈRE (LA)
190 Montcalm Street, Joliette, Lanaudière, QC, J6E 5G4
450 759-3057 ext. 107 Fax: 450 760-2633
Website: sadl.org
Email: info@sadl.org

Eligibility: people with Alzheimer or a related disease, their relatives, caregivers, health professionals and private residences
Coverage area: Lanaudière
Hours: Monday to Friday 8h30 to 12h00 and 13h00 to 16h30
Fees: membership: $25 per year, Respite-Accompaniment-Stimulation program: $21 for 3 hours
Financing: grants, self-financing, donations
Legal status: non-profit organization

SOCIÉTÉ CANADIENNE DE LA SCLÉROSE EN PLAQUES - SECTION LANAUDIÈRE
2500 Mascouche Boulevard, Suite 221, Mascouche, Lanaudière, QC, J7K 0H5
450 417-3562 Fax: 450 966-2814
Website: mssociety.ca/chapter/lanaudiere
Email: info.lanaudiere@scleroseenplaques.ca

Eligibility: people with multiple sclerosis, their close ones
Coverage area: Lanaudière
Hours: Monday to Friday 9h00 to 17h00
Fees: variable depending on the activities
Financing: fundraising campaigns, provincial
Legal status: non-profit organization

SOCIÉTÉ DE L'AUTISME RÉGION LANAUDIÈRE
584 Almira-S.-Choinière Street, Joliette, Lanaudière, QC, J6E 0K5
450 759-9788
Website: autisme-lanaudiere.org
Email: sarl@autisme-lanaudiere.org

Eligibility: people with an autism spectrum disorder (TSA), their family, general public

Coverage area: Lanaudière

Hours: Monday to Friday 8h00 to 16h00

Fees: annual contribution: family: $25, participating member: $25, individual: $35, professional: $50, corporate member: $100

Financing: contributions

Legal status: non-profit organization

Support and integration organizations

AMIS DE LA DÉFICIENCE INTELLECTUELLE, RIVE-NORD (LES)
50 Thouin Street, Suite 225, Repentigny, Lanaudière, QC, J6A 4J4
450 585-3632 Fax: 450 585-3633
Website: www.lesamisdeladi.org
Email: info@lesamisdeladi.org


Eligibility: men and women living with an intellectual disability, their close ones

Coverage area: MRC L'Assomption

Hours: office: Monday to Thursday 9h00 to 16h00, Friday 9h00 to 12h00, summer: closed on Friday, activities: 7 days, variable

Fees: annual membership: $15

Financing: Centraide Lanaudière, municipal, provincial, self-financing

Legal status: non-profit organization

ASSOCIATION CARREFOUR FAMILLE MONTCALM
20 Payette Road, Saint-Lin–Laurentides, Lanaudière, QC, J5M 0L4
1 877 439-2669 Fax: 450 439-8763
Website: www.acfm-qc.org
Email: info@acfm-qc.org


Eligibility: families, parents, language skills and motricity development activities: children aged 0 to 5 years old and their parents

Coverage area: MRC Montcalm

Hours: Monday to Friday 8h00 to 16h00, drop-in daycare: Monday to Friday 8h30 to 15h30

Fees: free services, $40 deposit for child safety seat loan

Financing: federal, provincial, self-financing

Legal status: non-profit organization

ASSOCIATION DE PARENTS D'ENFANT TRISOMIQUE-21 LANAUDIÈRE (L')
245 des Anglais Road, Mascouche, Lanaudière, QC, J7L 3P3
450 477-4116 Fax: 450 477-3534
Website: www.apetl.org
Email: info@apetl.org

Eligibility: people living with Down syndrome, their family, pediatric physiotherapy: children 0 to 5 years old

Coverage area: Lanaudière

Hours: Monday to Thursday 8h00 to 16h00

Fees: annual membership: $25

Financing: membership fees, donations, grants

Legal status: non-profit organization

ASSOCIATION HANDAMI POUR PERSONNES HANDICAPÉES ET LEUR FAMILLE

460 du Parc Street, Saint-Lin–Laurentides, Lanaudière, QC, J5M 3A2

450 439-2077 Fax: 450 439-5167
Website: www.handami.com
Email: associationhandami@videotron.ca


Eligibility: people living with an intellectual or a physical disability, their family

Capacity: 25


Hours: Monday to Friday 8h30 to 16h00

Fees: variable

Financing: self-financing

Legal status: non-profit organization

ASSOCIATION PANDA-MRC LES MOULINS

737 de la Sour-Marie-Rose Street, Terrebonne, Lanaudière, QC, J6V 1P1

450 654-1153
Website: www.pandamrclesmoulins.org
Email: info@pandamrclesmoulins.org


Eligibility: children, teenagers, adults showing signs of a diagnostic for an attention deficit disorder with or without hyperactivity, their parents

Capacity: variable

Coverage area: MRC Les Moulins, Montréal Island, Laval

Hours: office: variable

Fees: variable

Financing: provincial, self-financing, donations

Legal status: non-profit organization

GÎT'ENFANTS (LE)

430 de la Mairie Street, Sainte-Émélie-de-l'Énergie, Lanaudière, QC, J0K 2K0

450 271-0797
Email: gitenfants@yahoo.ca
Disability


Eligibility: young people from 2 to 21 years old with school adjustment difficulties or from disadvantaged backgrounds, parents

Capacity: 30
Coverage area: Sainte-Émélie-De-L'énergie
Hours: Monday to Sunday 9h00 to 21h00 depending of the needs
Fees: $5 per year per family
Financing: provincial
Legal status: non-profit organization

JARDINS DU MÉANDRE
3021 de l'Ange-Gardien Boulevard North, L'Assomption, Lanaudière, QC, J5W 4S1
450 938-1546
Website: jardinsdumeandre.org
Email: info@jardinsdumeandre.org

Services: Recreational and educational farm offering adapted activities aimed at social and professional integration. * Agricultural, horticultural and crafting activities: seed starting, crops harvesting, garden maintenance, etc. * Guided tours of the farm. * Educational workshops on eggs incubation, food processing and vermicomposting. * Day camp.

Eligibility: people aged 12 years and over, living with an intellectual disability, an autism spectrum disorder or a pervasive development disorder, their families

Coverage area: Lanaudière
Hours: Monday to Friday 9h00 to 16h00, by appointment only
Fees: half-day: $10, whole day: $20
Financing: foundations, provincial, donations, fundraising activities
Legal status: non-profit organization

PANDA DE LA MRC L'ASSOMPTION
50 Thouin Street, Suite 242, Repentigny, Lanaudière, QC, J6A 4J4
450 582-0003
Website: tdahpanda.ca
Email: panda3@bellnet.ca


Eligibility: children or adults with a diagnosis, or awaiting a diagnosis of attention deficit with or without hyperactivity disorder, and their parents

Capacity: parent support groups: 10 people, support groups for adults and children: 6 people
Coverage area: MRC de L'Assomption
Hours: groups for parents or adults: weeknights, groups for children: Saturday morning
Fees: annual membership: $10 per family, parental coaching: $100 for 10 meetings, groups for children or adults with ADHD: $10 per meeting
Financing: self-financing, provincial, fundraising campaigns, membership fees, donations
Legal status: non-profit organization
PARRAINAGE CIVIQUE LANAUDIÈRE - HEAD OFFICE
688 Manseau Boulevard, Joliette, Lanaudière, QC, J6E 3E6
450 398-0696
Website: parrainageciviquelanaudiere.ca
Email: carolpccl@outlook.com
Services: Sponsorship: long-term support by a volunteer paired with a marginalized person for social integration purposes. * Useful accompaniments, leisure activities.
Eligibility: people living with a motor or sensory disability, mental health disorder, intellectual disability, in loss of autonomy or with socio-emotional difficulties
Coverage area: Lanaudière
Hours: Monday to Friday 8h30 to 12h00 and 13h00 to 16h30
Fees: membership: $5 per year
Financing: provincial, Centraide Lanaudière, fundraising campaigns
Legal status: non-profit organization

PARRAINAGE CIVIQUE LANAUDIÈRE - POINT DE SERVICE NORD DE LANAUDIÈRE
4046 Queen Street, Rawdon, Lanaudière, QC, J0K 1S0
450 834-1728
Website: parrainageciviquelanaudiere.ca
Email: pclrawdon@outlook.com
Services: Sponsorship: long-term support by a volunteer paired with a marginalized person. * Utility accompaniments, leisure activities.
Eligibility: people living with a motor or sensory disability, mental health problem or intellectual disability, in loss of autonomy or with socio-emotional difficulties
Coverage area: MRC D'Autray, MRC Joliette, MRC Matawinie, MRC Montcalm
Hours: by appointment
Fees: membership: $5 per year
Financing: Centraide Lanaudière, fundraising campaigns, provincial
Legal status: non-profit organization

PARRAINAGE CIVIQUE LANAUDIÈRE - POINT DE SERVICE SUD DE LANAUDIÈRE
2500 Mascouche Boulevard, Suite 224, Mascouche, Lanaudière, QC, J7K 0H5
450 417-0922
Website: parrainageciviquelanaudiere.ca
Email: pcldesmoulins@videotron.ca
Services: Sponsorship: long-term support by a volunteer paired with a marginalized person. * Utility accompaniments, leisure activities.
Eligibility: people living with motor or sensory disabilities, mental health problems or intellectual disabilities, in loss of autonomy or with socio-emotional difficulties
Coverage area: MRC Les Moulins, MRC L'Assomption
Hours: Monday, Tuesday, Thursday 8h30 to 12h00 and 13h00 to 16h30
Fees: membership: $5 per year
Financing: Centraide Lanaudière, fundraising campaigns, provincial
Legal status: non-profit organization

PETITS MOUSSES - CENTRE DE SOUTIEN À L'ENFANCE DE LANAUDIÈRE (LES)
994 de Lanaudière Street, 2nd floor, Joliette, Lanaudière, QC, J6E 3N6
1 866 759-3327 Fax: 450 759-7113
Website: www.petits-mousses.org
Email: aelpm@videotron.ca
Eligibility: children 3 to 5 years old showing a delay in their global or specific development (social, physical, intellectual, emotional or language)
Disability

Capacity: between 30 and 40 children
Coverage area: Lanaudière
Hours: Monday to Thursday 8h00 to 16h00
Fees: monthly fees depending on the family income
Financing: provincial, federal, self-financing
Legal status: non-profit organization

ROSE BLEUE (LA) - ASSOCIATION DES PERSONNES HANDICAPÉES LES MOULINS
2904 Dupras Street, Mascouche, Lanaudière, QC, J7K 1T2
450 474-7007    Fax: 450 474-2707
Website: www.associationlarosebleue.com
Email: assrosebleue@videotron.ca
Eligibility: people living with an intellectual disability
Capacity: groups of 6 to 12 people
Coverage area: MRC Les Moulins
Hours: Monday to Friday 8h30 to 16h00
Fees: membership: $10 per year, activities: $12 per day, summer activities: $15 per day
Financing: provincial, Centraide régions centre-ouest du Québec, fundraising campaigns, membership fees
Legal status: non-profit organization

SOCIÉTÉ DE L’AUTISME RÉGION LANAUDIÈRE
584 Almira-S.-Choinière Street, Joliette, Lanaudière, QC, J6E 0K5
450 759-9788
Website: autisme-lanaudiere.org
Email: sarl@autisme-lanaudiere.org
Eligibility: people with an autism spectrum disorder (TSA), their family, general public
Coverage area: Lanaudière
Hours: Monday to Friday 8h00 to 16h00
Fees: annual contribution: family: $25, participating member: $25, individual: $35, professional: $50, corporate member: $100
Financing: contributions
Legal status: non-profit organization

The Blind

ASSOCIATION DES PERSONNES HANDICAPÉES VISUELLES DE LANAUDIÈRE
2500 Mascouche Boulevard, Suite 118, Mascouche, Lanaudière, QC, J7K 0H5
1 888 477-8174
Website: www.aphvsl.com
Email: info@aphvsl.com
Services: * Assistance and support in procedures to access services. * Information. * Newsletter for members.
Eligibility: people living with a visual impairment, their close ones
Coverage area: Lanaudière
Hours: Monday to Friday 9h00 to 16h00, by appointment
Fees: annual membership: $10


Disability

Financing: provincial
Legal status: non-profit organization

CENTRE INTÉGRÉ DE SANTÉ ET DE SERVICES SOCIAUX DE LANAUDIÈRE - GUICHET D’ACCÈS CENTRALISÉ DÉFICIENCE INTELLECTUELLE, TROUBLE DU SPECTRE DE L’AUTISME ET DÉFICIENCE PHYSIQUE

1180 Manseau Boulevard, Joliette, Lanaudière, QC, J6E 3G8
1 877 322-2898 Fax: 450 756-2898
Website: www.cissss-lanaudiere.gouv.qc.ca/liste-de-soins-et-services/liste-par-clientele/personnes-agees/deficiences
Email: guichet.ditsadp.cissslan@ssss.gouv.qc.ca

Services: Rehabilitation services coordination. * Reception and treatment of service requests.
Eligibility: children and adults living with a physical, visual, hearing, language, motor or intellectual disability or an autism spectrum disorder
Coverage area: Lanaudière
Hours: Monday to Friday 8h30 to 12h00 and 13h00 to 16h30
Financing: provincial
Legal status: parapublic organization

PARRAINAGE CIVIQUE LANAUDIÈRE - HEAD OFFICE

688 Manseau Boulevard, Joliette, Lanaudière, QC, J6E 3E6
450 398-0696
Website: parrainageciviquelanaudiere.ca
Email: carolpcl@outlook.com

Services: Sponsorship: long-term support by a volunteer paired with a marginalized person for social integration purposes. * Useful accompaniments, leisure activities.
Eligibility: people living with a motor or sensory disability, mental health disorder, intellectual disability, in loss of autonomy or with socio-emotional difficulties
Coverage area: Lanaudière
Hours: Monday to Friday 8h30 to 12h00 and 13h00 to 16h30
Fees: membership: $5 per year
Financing: provincial, Centraide Lanaudière, fundraising campaigns
Legal status: non-profit organization

PARRAINAGE CIVIQUE LANAUDIÈRE - POINT DE SERVICE NORD DE LANAUDIÈRE

4046 Queen Street, Rawdon, Lanaudière, QC, J0K 1S0
450 834-1728
Website: parrainageciviquelanaudiere.ca
Email: pclrawdon@outlook.com

Services: Sponsorship: long-term support by a volunteer paired with a marginalized person. * Utility accompaniments, leisure activities.
Eligibility: people living with a motor or sensory disability, mental health problem or intellectual disability, in loss of autonomy or with socio-emotional difficulties
Coverage area: MRC D’Autray, MRC Joliette, MRC Matawinie, MRC Montcalm
Hours: by appointment
Fees: membership: $5 per year
Financing: Centraide Lanaudière, fundraising campaigns, provincial
Legal status: non-profit organization
**PARRAINAGE CIVIQUE LANAUDIÈRE - POINT DE SERVICE SUD DE LANAUDIÈRE**

2500 Mascouche Boulevard, Suite 224, Mascouche, Lanaudière, QC, J7K 0H5

**450 417-0922**

**Website:** parrainageciviquelanaudiere.ca

**Email:** pcdesmoulins@videotron.ca

**Services:** Sponsorship: long-term support by a volunteer paired with a marginalized person. * Utility accompaniments, leisure activities.

**Eligibility:** people living with motor or sensory disabilities, mental health problems or intellectual disabilities, in loss of autonomy or with socio-emotional difficulties

**Coverage area:** MRC Les Moulins, MRC L'Assomption

**Hours:** Monday, Tuesday, Thursday 8h30 to 12h00 and 13h00 to 16h30

**Fees:** membership: $5 per year

**Financing:** Centraide Lanaudière, fundraising campaigns, provincial

**Legal status:** non-profit organization

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**TABLE DE CONCERTATION RÉGIONALE DES ASSOCIATIONS DE PERSONNES HANDICAPÉES DE LANAUDIÈRE**

Confidential Address

**450 755-1488**     **Fax:** 450 759-8749

**Email:** tcraphl@tcraphl.org

**Services:** * Advocacy of rights. * Consultation, representation and technical support.

**Eligibility:** associations of disabled people

**Coverage area:** Lanaudière

**Hours:** Monday to Friday 8h30 to 16h30

**Fees:** annual contribution: $50 per association

**Financing:** contributions, provincial

**Legal status:** non-profit organization

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**UNIVERS DES MOTS**

547 Leclerc Street, Suite 200, Repentigny, Lanaudière, QC, J6A 8B4

**438 476-3339**

**Website:** univers-des-mots.ca

**Email:** info@univers-des-mots.ca


**Eligibility:** people 16 years old and over

**Coverage area:** MRC L'Assomption

**Hours:** Monday to Thursday 9h00 to 16h00, Friday 9h00 to 12h00

**Fees:** membership card: $10 per year

**Financing:** provincial

**Legal status:** non-profit organization

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**Therapy and rehabilitation centres**

**ASSOCIATION DE PARENTS D'ENFANT TRISOMIQUE-21 LANAUDIÈRE (L’)**

245 des Anglais Road, Mascouche, Lanaudière, QC, J7L 3P3

**450 477-4116**     **Fax:** 450 477-3534

**Website:** www.apetl.org

**Email:** info@apetl.org

Eligibility: people living with Down syndrome, their family, pediatric physiotherapy: children 0 to 5 years old

Coverage area: Lanaudière

Hours: Monday to Thursday 8h00 to 16h00

Fees: annual membership: $25

Financing: membership fees, donations, grants

Legal status: non-profit organization

ASSOCIATION RÉGIONALE DE LA FIBROMYALGIE DE LANAUDIÈRE
762A de l'Industrie Boulevard, Saint-Paul, Lanaudière, QC, J0K 3E0
1 888 223-0227

Website: www.fibromyalgiearfl.com
Email: arfl@live.ca


Eligibility: people with a fybromyalgia diagnostic and relations

Coverage area: Lanaudière

Hours: Tuesday 13h00 to 16h00, Thursday 13h30 to 16h30 or by appointment

Fees: annual fees: $10

Financing: fundraising campaigns, grants, contributions

Legal status: non-profit organization

ASSOCIATION UN COEUR POUR TOUS, LANAUDIÈRE (L')
144 Saint-Joseph Street, Suite 113, Joliette, Lanaudière, QC, J6E 5C2
450 760-3039

Website: uncoeurpourtous.com
Email: uncoeurpourtous@hotmail.com


Eligibility: people with a heart disease or high blood pressure, their partners

Capacity: pool: 24 people

Coverage area: Lanaudière

Hours: Monday to Friday 8h00 to 17h00

Fees: membership card: $15 per year, activities: $50 per activity ($5 per visit for 10 weeks)

Financing: donations, self-financing, grants

Legal status: non-profit organization

CANCER-AIDE LANAUDIÈRE - POINT DE SERVICE SUD
50 Thouin Street, Suite 237, Richelieu Pavillion, Repentigny, Lanaudière, QC, J6A 4J4
450 654-8437

Website: canceraidelanaudiere.com
Email: canceraide.fr@gmail.com


Eligibility: people living with cancer, their close ones

Coverage area: MRC L'Assomption, MRC Les Moulins

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CENTRE D’ACTION BÉNÉVOLE COMMUNAUTAIRE MATAWINIE
562 de l’Église Street, Chertsey, Lanaudière, QC, J0K 3K0
450 882-1089  Fax: 450 882-1084
Website: ccbm.qc.ca
Email: info@ccbm.qc.ca


Eligibility: seniors, people with a loss of autonomy, people on a low income, caregivers, volunteers, organizations


CENTRE D’HÉBERGEMENT ET DE RÉADAPTATION EN DÉFICIENCE PHYSIQUE DE L’ASSOMPTION
410 de l’Ange-Gardien Boulevard, L’Assomption, Lanaudière, QC, J5W 1S7
450 589-2101
Website: www.cisss-lanaudiere.gouv.qc.ca

Services: * Housing and long term cares. * Multidisciplinary rehabilitation services.

Eligibility: seniors and people with a loss of autonomy, people living with a physical disability

Coverage area: Lanaudière

Legal status: parapublic organization
CENTRE DE RÉADAPTATION EN DÉFICIENCE INTELLECTUELLE ET EN TROUBLE DU SPECTRE DE L’AUTISME DE REPENTIGNY
625 Leclerc Street, Repentigny, Lanaudière, QC, J6A 2E4
450 585-7804
Website: www.cisss-lanaudiere.gouv.qc.ca/votre-cisss/coordonnees-et-horaires/di-tsa
Services: Adaptation and rehabilitation services for people living with an autism spectrum disorder or an intellectual disability.
Eligibility: people living with an intellectual disability or an autism spectrum disorder
Coverage area: Lanaudière
Financing: provincial
Legal status: parapublic organization

CENTRE DE RÉADAPTATION EN DÉFICIENCE PHYSIQUE DE REPENTIGNY
135 Claude-David Boulevard, Suite 0032, Repentigny, Lanaudière, QC, J6A 1N6
1 888 880-8240
Website: www.cisss-lanaudiere.gouv.qc.ca/votre-cisss/coordonnees-et-horaires/crdp
Services: Multidisciplinary rehabilitation services.
Eligibility: people living with a physical disability
Coverage area: Lanaudière
Hours: Monday to Friday 8h30 to 12h00 and 13h00 to 16h30
Financing: provincial
Legal status: parapublic organization

CENTRE DE RÉADAPTATION EN DÉFICIENCE PHYSIQUE DE TERREBONNE
819 Montée Masson, Terrebonne, Lanaudière, QC, J6W 2C7
1 866 365-4403
Website: www.cisss-lanaudiere.gouv.qc.ca/votre-cisss/coordonnees-et-horaires/crdp
Services: Multidisciplinary rehabilitation services.
Eligibility: people living with a physical disability
Coverage area: Lanaudière
Hours: Monday to Friday 8h30 to 12h00 and 13h00 to 16h30
Financing: provincial
Legal status: parapublic organization

CENTRE DE RÉADAPTATION EN DÉFICIENCE PHYSIQUE ET DE PROTECTION DE L’ENFANCE ET DE LA JEUNESSE DE REPENTIGNY
630 Marseille Street, Suite 201, Repentigny, Lanaudière, QC, J6A 7A3
1 800 229-1879
Website: www.cisss-lanaudiere.gouv.qc.ca
Services: * Psychosocial services. * Multidisciplinary rehabilitation services.
Eligibility: children and teenagers in difficulties, young offenders, parents, guardians, counsellors, people living with a physical disability
Coverage area: Repentigny
Hours: Monday to Friday 8h30 to 16h30
Financing: provincial
Legal status: parapublic organization
CENTRE INTÉGRÉ DE SANTÉ ET DE SERVICES SOCIAUX DE LANAUDIÈRE - GUICHET D’ACCÈS CENTRALISÉ DÉFICIENCE INTELLECTUELLE, TROUBLE DU SPECTRE DE L’AUTISME ET DÉFICIENCE PHYSIQUE
1180 Manseau Boulevard, Joliette, Lanaudière, QC, J6E 3G8
1 877 322-2898     Fax: 450 756-2898
Website: www.cissslanaudiere.gouv.qc.ca/liste-de-soins-et-services/liste-par-clientele/personnes-agees/deficiences
Email: guichet.ditsadp.cissslan@ssss.gouv.qc.ca
Services: Rehabilitation services coordination.  *  Reception and treatment of service requests.
Eligibility: children and adults living with a physical, visual, hearing, language, motor or intellectual disability or an autism spectrum disorder
Coverage area: Lanaudière
Hours: Monday to Friday 8h30 to 12h00 and 13h00 to 16h30
Financing: provincial
Legal status: parapublic organization

DIABÉTIQUES DE LANAUDIÈRE
950 Sainte-Anne Boulevard, Suite 112, Saint-Charles-Borromée, Lanaudière, QC, J6E 5B5
450 752-5233
Website: www.diabetiquesdelanaudiere.org
Email: diabetlanau@citenet.net
Eligibility: people with diabetes, healthcare professionals
Coverage area: Lanaudière
Hours: Monday to Friday 9h00 to 16h00
Fees: membership: $20 per year
Financing: contributions
Legal status: non-profit organization

SOCIÉTÉ CANADIENNE DE LA SCLÉROSE EN PLAQUES - SECTION LANAUDIÈRE
2500 Mascouche Boulevard, Suite 221, Mascouche, Lanaudière, QC, J7K 0H5
450 417-3562     Fax: 450 966-2814
Website: mssociety.ca/chapter/lanaudiere
Email: info.lanaudiere@scleroseenplaques.ca
Eligibility: people with multiple sclerosis, their close ones
Coverage area: Lanaudière
Hours: Monday to Friday 9h00 to 17h00
Fees: variable depending on the activities
Financing: fundraising campaigns, provincial
Legal status: non-profit organization
Education and Literacy

ACADEMIC AND VOCATIONAL GUIDANCE

ASSOCIATIONS AND FEDERATIONS

COMPUTER WORKSHOPS

DIFFICULTIES AND LEARNING DISABILITIES

HOMEWORK ASSISTANCE AND TUTORING

LANGUAGE COURSES

LITERACY

PUBLIC EDUCATION

SCHOOL PERSEVERANCE

SCHOOL SERVICE CENTERS
Academic and vocational guidance

ACTION RH LANAUDIÈRE - BUREAU JOLIETTE
371 Notre-Dame Street, 2nd floor, Joliette, Lanaudière, QC, J6E 3H5
450 752-2303
Website: www.cceml.ca/en
Email: contact@actionrh.ca


Eligibility: employment insurance and income security beneficiaries, unemployed people aged 35 years old and over

Coverage area: Lanaudière

Hours: Monday to Thursday 8h30 to 16h30, Friday by appointment only

Fees: free for unemployed people

Financing: provincial

Legal status: non-profit organization

ACTION RH LANAUDIÈRE - BUREAU REPENTIGNY
542 Notre-Dame Street, Suite 200, Repentigny, Lanaudière, QC, J6A 2T8
450 654-9612 Fax: 450 654-2654
Website: actionrh.ca
Email: m.lajeunesse@actionrh.ca

Services: * Job seeking programs: job offers, resume writing assistance, personalized follow-up, workshops, Internet training, guidance service. * Specialized service for people 50 years old and over.

Eligibility: employment insurance beneficiaries, income security and individuals with no income

Coverage area: Lanaudière

Hours: Monday to Friday 8h30 to 16h30

Fees: free

Financing: provincial

Legal status: non-profit organization

ACTION RH LANAUDIÈRE - BUREAU TERREBONNE
3395 de la Pinière Boulevard, Suite 130, Terrebonne, Lanaudière, QC, J6X 4N1
450 492-4104 Fax: 450 964-7595
Website: actionrh.ca
Email: contact@actionrh.ca

Services: * Job seeking programs: job offers, resume writing assistance, personalized follow-up, workshops, Internet training, guidance service. * Specialized service for people 50 years old and over. * Bank of candidates for employers.

Eligibility: employment insurance beneficiaries, income security and others

Coverage area: Lanaudière

Hours: Monday to Friday 8h30 to 16h30

Fees: free

Financing: provincial

Legal status: non-profit organization

C.L.E.F., CENTRE LANAUDIÈRE D’EMPLOI POUR FEMMES (LA)
245 Papineau Street, Joliette, Lanaudière, QC, J6E 2K8
1 855 755-3244 Fax: 450 755-3758
Website: www.laclef-perspectives.com
Email: info@laclef-perspectives.com

Eligibility: unemployed women
Coverage area: Lanaudière
Hours: Monday to Friday 8h30 to 16h30
Financing: provincial
Legal status: non-profit organization

CARREFOUR JEUNESSE-EMPLOI D'AUTRAY-JOLIETTE
580 Richard Street, Joliette, Lanaudière, QC, J6E 2T4
450 755-2226 Fax: 450 755-6406
Website: carrefourjeunesseemploi.org
Email: info@cjeaj.qc.ca
Eligibility: people 16 to 35 years old
Coverage area: MRC D'Autray, MRC Joliette
Hours: without appointment: Monday, Tuesday, Thursday and Friday 10h00 to 12h00 and 13h00 to 16h00, Wednesday 10h00 to 12h00 and 13h00 to 17h30, by appointment: Monday to Friday 8h30 to 12h00 and 13h00 to 16h00
Fees: none
Financing: provincial, grants
Legal status: non-profit organization

CARREFOUR JEUNESSE-EMPLOI D'AUTRAY-JOLIETTE - POINT DE SERVICE DE BERTHIERVILLE
793 Gilles-Villeneuve Avenue, Berthierville, Lanaudière, QC, J0K 1A0
450 836-1112 Fax: 450 836-1220
Website: carrefourjeunesseemploi.org
Email: info@cjeaj.qc.ca
Eligibility: people 16 to 35 years old
Coverage area: MRC D'Autray, MRC Joliette
Hours: Monday to Thursday 8h30 to 12h00 and 13h00 to 16h00, Friday by appointment
Fees: none
Financing: provincial, grants
Legal status: non-profit organization

CARREFOUR JEUNESSE-EMPLOI D'AUTRAY-JOLIETTE - POINT DE SERVICE LAVALTRIE
1341 Notre-Dame Street, 2nd floor, Lavaltrie, Lanaudière, QC, J5T 0C7
450 586-0110 Fax: 450 586-9643
Website: carrefourjeunesseemploi.org
Email: info@cjeaj.qc.ca
Eligibility: people 16 to 35 years old
Coverage area: MRC D'Autray, MRC Joliette
Hours: by appointment
Fees: none
Financing: provincial, grants
Legal status: non-profit organization
CARREFOUR JEUNESSE-EMPLOI D'AUTRAY-JOLIETTE - POINT DE SERVICE SAINT-GABRIEL
130 Dequoy Street, Saint-Gabriel, Lanaudière, QC, J0K 2N0
450 755-2226    Fax: 450 836-1220
Website: carrefourjeunesseemploi.org
Email: info@cjeaj.qc.ca

Eligibility: people 16 to 35 years old
Coverage area: MRC D'Autray, MRC Joliette
Hours: by appointment: Monday to Friday 8h30 to 12h00 and 13h00 to 15h30
Fees: none
Financing: provincial, grants
Legal status: non-profit organization

CARREFOUR JEUNESSE-EMPLOI DE MONTCALM
2417 Victoria Street, Sainte-Julienne, Lanaudière, QC, J0K 2T0
450 831-3930
Website: www.cjemontcalm.qc.ca
Email: courrier@cjemontcalm.qc.ca

Eligibility: people 15 to 35 years of age, youth 15 to 19 years of age at risk of dropping out of school or who have dropped out less than 6 months ago
Coverage area: MRC Montcalm
Hours: Monday to Thursday 8h00 to 16h30, Friday 8h00 to 13h00
Fees: none
Financing: provincial, federal, grant
Legal status: non-profit organization

CARREFOUR JEUNESSE-EMPLOI L’ASSOMPTION
10 Notre-Dame Street, 3rd floor, Repentigny, Lanaudière, QC, J6A 2N9
450 581-3785    Fax: 450 582-6610
Website: cjela.qc.ca
Email: info@cjela.qc.ca

Eligibility: youth 16 to 35 years old
Coverage area: MRC L'Assomption
Hours: Monday, Wednesday 8h30 to 16h30, Tuesday 8h30 to 19h30, Thursday 9h30 to 16h30, Friday 8h30 to 15h30
Fees: free
Financing: provincial
Legal status: non-profit organization
CARREFOUR JEUNESSE-EMPLOI Matawinie
105 Principale Street, Saint-Jean-de-Matha, Lanaudière, QC, J0K 2S0
450 886-9220     Fax: 450 886-5765
Website: cjematawinie.qc.ca
Email: info@cjematawinie.qc.ca


Eligibility: people 15 to 35 years old
Coverage area: Manawan, Saint-Zénon, Saint-Damien, Saint-Félix-de-Valois, Saint-Jean-de-Matha, Saint-Michel-des-Saints, Sainte-Béatrix, Sainte-Émélie-de-l'Énergie
Hours: Monday to Thursday 8h30 to 12h00 and 13h00 to 16h30, Friday 8h30 to 12h00 and 12h30 to 16h30, Wednesday evening by appointment

Fees: none
Financing: provincial, federal, grants
Legal status: non-profit organization

CARREFOUR JEUNESSE-EMPLOI Matawinie - Point de Service de Rawdon
4046 Queen Street, Rawdon, Lanaudière, QC, J0K 1S0
450 834-1527     Fax: 450 834-6103
Website: cjematawinie.qc.ca
Email: info@cjematawinie.qc.ca


Eligibility: people 15 to 35 years old
Coverage area: Chertsey, Entrelacs, Notre-Dame-de-la-Merci, Rawdon, Saint-Alphonse-Rodriguez, Saint-Côme, Saint-Donat, Sainte-Marcelline-de-Kildare
Hours: Monday to Thursday 8h30 to 12h00 and 13h00 to 16h30, Friday 8h30 to 12h00 and 12h30 to 16h30, Wednesday evening by appointment

Fees: none
Financing: provincial, federal, grants
Legal status: non-profit organization

CENTRE L’AVENIR
508 Masson Street, Terrebonne, Lanaudière, QC, J6W 2Z3
450 492-3737 ext. 2881     Fax: 450 471-5521
Website: www.centrelavenir.ca
Email: centre.lavenir@cssda.gouv.qc.ca


Eligibility: francization: allophone immigrants, other services: people 16 years old and over
Coverage area: MRC L’Assomption, Terrebonne
Hours: Monday to Thursday 8h00 to 16h00 and 18h00 to 20h30, Friday 8h00 to 15h00
Financing: provincial
Legal status: parapublic organization
CENTRE LA CROISÉE
777 Iberville Boulevard, C Wing, Repentigny, Lanaudière, QC, J5Y 1A2
450 492-3799 ext. 3785     Fax: 450 492-3759
Website: www.centrelacroisee.com
Email: centrelacroisee@csda.ca

Services: General training centre for adults. * Francization. * Welcoming, referral, guidance and
accompaniment (SARCA). * Distance training. * Social integration service. * Common basic training in French,
mathematics and English. * Diversified basic training in French, mathematics, English and science. * Optional
courses: computer science and career strategies. * Semi-skilled training in janitorial services. * Socio-
professional integration courses.

Eligibility: francization: allophone immigrants, other services: people 16 years old and over

Coverage area: MRC L’Assomption

Hours: Monday to Thursday 7h30 to 16h30 and 17h30 to 20h30, Friday 7h30 to 15h30

Financing: provincial

Legal status: parapublic organization

CYBER-CIBLE
3131 5th Avenue, Rawdon, Lanaudière, QC, J0K 1S0
450 834-4440
Website: cyber-cible.org
Email: info.cybercible@gmail.com

Services: Socio-professional integration organization with a social economy component. * Activités de Travail
Valorisantes (ATV) Program. * Work platform in companies and in the organization. * Training in office

Eligibility: ATV program: adults with an intellectual disability, recipients of social solidarity and with severe
employment constraints, work platform: adults with an intellectual disability or an autism spectrum disorder,
recipients of social solidarity and with severe employment constraints, persons not eligible for another
employability measure from Emploi-Québec, training: persons at risk of social exclusion, copy center: small
businesses, community organizations and individuals

Coverage area: Lanaudière

Hours: office: Monday to Friday 8h30 to 12h00 and 13h00 to 16h00, copy center: Monday to Friday 8h30 to
12h00 and 13h00 to 16h00

Financing: provincial, donations, fundraising campaigns

Legal status: non-profit organization

PERSPECTIVES NOUVELLES - JOLIETTE
245 Papineau Street, Joliette, Lanaudière, QC, J6E 2K8
1 855 755-3244     Fax: 450 755-3758
Website: www.laclef-perspectives.com
Email: info@laclef-perspectives.com

Services: Employability services. * Individual and group assistance: counselling, CV, job search and interview
techniques, skills transfer. * Vocational guidance. * Globe: introduction to the job market, support, individual or
group assistance for a better use of job search tools.

Eligibility: people 35 years and over who are looking for a job, welfare or employment insurance recipients or
without public income support, Globe service: immigrant people with permanent residency, citizenship or
refugee status

Coverage area: Lanaudière

Hours: Monday to Friday 8h30 to 16h30

Financing: provincial

Legal status: non-profit organization
Associations and Federations

ASSOCIATION D'ENFANTS SCOLARISÉS À LA MAISON

Confidential Address
450 882-2123 ext. 5026
Website: aesmlanaudiere.org
Email: info@aesmlanaudiere.org


Eligibility: homeschooled kids, their family

Coverage area: Lanaudière

Hours: variable

Fees: annual membership: $10 per family

Financing: membership fees, self-financing

Legal status: non-profit organization

RÉUSSITE ÉDUCATIVE MONTCALM

2463 Victoria Street, Sainte-Julienne, Lanaudière, QC, J0K 2T0
450 758-3703 ext. 28492    Fax: 450 831-3002
Website: reussiteeducativemontcalm.com
Email: reussiteeducativemontcalm@gmail.com

Services: Family support. * Workshops for parents of children 0 to 17 years old on various subjects related to children and school. * School dropout prevention project. * Family follow-up and accompaniment.

Eligibility: children 0 to 17 years old and their parents

Coverage area: MRC Montcalm

Fees: none

Financing: donations

Legal status: non-profit organization

Computer workshops

A.B.C. DES MANOIRS (L')

568 Léon-Martel Street, Terrebonne, Lanaudière, QC, J6W 2J8
450 471-6928
Website: www.labcdesmanoirs.com
Email: abc-des-manoirs@hotmail.ca

Services: Community literacy group. * Basic French, numeracy, computer and popular education workshops.

Eligibility: illiterate people or with low literacy of all ages

Coverage area: MRC Les Moulins

Hours: Monday and Tuesday 9h00 to 16h00 and 18h00 to 21h00, Thursday 9h00 to 16h00

Fees: registration: $15 per year, classes: variable

Financing: Centraide Laurentides, provincial, municipal

Legal status: non-profit organization

ASSOCIATION DE PARENTS D'ENFANT TRISOMIQUE-21 LANAUDIÈRE (L')

245 des Anglais Road, Mascouche, Lanaudière, QC, J7L 3P3
450 477-4116    Fax: 450 477-3534
Website: www.apetl.org
Email: info@apetl.org

Eligibility: people living with Down syndrome, their family, pediatric physiotherapy: children 0 to 5 years old

Coverage area: Lanaudière

Hours: Monday to Thursday 8h00 to 16h00

Fees: annual membership: $25

Financing: membership fees, donations, grants

Legal status: non-profit organization

ASSOCIATION HANDAMI POUR PERSONNES HANDICAPÉES ET LEUR FAMILLE

460 du Parc Street, Saint-Lin–Laurentides, Lanaudière, QC, J5M 3A2

450 439-2077 Fax: 450 439-5167

Website: www.handami.com

Email: associationhandami@videotron.ca


Eligibility: people living with an intellectual or a physical disability, their family

Capacity: 25


Hours: Monday to Friday 8h30 to 16h00

Fees: variable

Financing: self-financing

Legal status: non-profit organization

AU BORD DES MOTS

171 Saint-Antoine Street North, Lavaltrie, Lanaudière, QC, J5T 2G6

450 586-0820

Website: www.auborddesmots.com

Email: auborddesmots@gmail.com


Eligibility: illiterate or low-literate people of all ages

Coverage area: Lanoraie, Lavaltrie, Saint-Sulpice

Fees: variable

Financing: provincial, donations

Legal status: non-profit organization

CENTRE COMMUNAUTAIRE LAURENT VENNE

225 J.-A.-Paré Boulevard, Repentigny, Lanaudière, QC, J5Z 4M6

450 657-4877

Website: centrecommunautairerepentigny.ca

Email: info.cclv@sodem.net


Eligibility: families, seniors, youth

Capacity: 400

Coverage area: MRC L’Assomption

Hours: Monday to Friday 9h00 to 22h00, Saturday and Sunday 9h00 to 17h00
Education and Literacy

Fees: variable
Financing: municipal
Legal status: non-profit organization

CENTRE D’ACTION BÉNÉVOLE D’AUTRAY
180 de Champlain Street, Berthierville, Lanaudière, QC, J0K 1A0
450 836-7122   Fax: 450 836-1939
Website: cabautray.com
Email: info@cabautray.com


Eligibility: seniors, people with a loss of autonomy, people on a low income, caregivers, volunteers, organizations
Coverage area: Berthierville, Lanaoire, Lavaltrie, La Visitation-de-l’Île-Dupas, Saint-Barthélemy, Saint-Cuthbert, Sainte-Élisabeth, Sainte-Geneviève-de-Berthier, Saint-Ignace-de-Loyola

Hours: Monday to Friday 8h30 to 16h30
Fees: variable, meals on wheels: $6.50 per meal, 6 desserts for $5
Financing: grants, self-financing
Legal status: non-profit organization

CENTRE D’ALPHABÉTISATION POPULAIRE DE LA MATAWINIE-EST
461 Joliette Road, Suite 203, Saint-Félix-de-Valois, Lanaudière, QC, J0K 2M0
450 889-1912
Website: formationcapme.org
Email: info@formationcapme.org


Eligibility: adults with learning difficulties or low level of schooling
Coverage area: MRC Matawinie-Est
Hours: Monday to Friday 9h00 to 12h00 and 13h00 to 16h00
Fees: courses and workshops: free, supplies for the French classes and the computer workshop: $10, supplies for the TENS: $35
Financing: provincial, municipal, donations
Legal status: non-profit organization

CENTRE D’INTÉGRATION PROFESSIONNELLE DE LANAUDIÈRE
547 Leclerc Street, Suite 200, Repentigny, Lanaudière, QC, J6A 8B4
450 582-6561   Fax: 450 582-4536
Website: cipl.ca
Email: info@cipl.ca

Eligibility: women
Coverage area: Lanaudière
Hours: regular schedule: Monday to Thursday 8h00 to 12h00 and 13h00 to 16h00, Friday 8h00 to 12h00
Fees: employment services: free, unless the person does not qualify for the free services
Financing: provincial
Legal status: non-profit organization

CENTRE LA CROISÉE
777 Iberville Boulevard, C Wing, Repentigny, Lanaudière, QC, J5Y 1A2
450 492-3799 ext. 3785 Fax: 450 492-3759
Website: www.centrelacroisee.com
Email: centrelacroisee@csda.ca
Eligibility: francization: allophone immigrants, other services: people 16 years old and over
Coverage area: MRC L’Assomption
Hours: Monday to Thursday 7h30 to 16h30 and 17h30 to 20h30, Friday 7h30 to 15h30
Financing: provincial
Legal status: parapublic organization

COOPÉRATIVE DE SERVICES MULTIPLES DE LANAUDIÈRE
1317 du Gouvernement Road, Sainte-Julienne, Lanaudière, QC, J0K 2T0
450 831-3333
Website: www.csmlanaudiere.org
Email: admin@csmlanaudiere.org
Coverage area: MRC Montcalm, MRC Matawinie Ouest
Hours: clothing counter and Ludothèque Caméléon: Tuesday to Thursday 9h00 to 15h00, administration: Monday to Thursday 8h00 to 15h30
Fees: clothing counter: variable, Caméléon Ludothèque: $15 per year for 6 to 8 toys per month depending on the number of children, training: none
Financing: provincial
Legal status: non-profit organization

MAISON DES AÎNÉS DE CHERTSEY (LA)
552 de l’Église Road, Chertsey, Lanaudière, QC, J0K 3K0
450 882-1688
Email: maisondesaines.chertsey@gmail.com
Eligibility: people 50 years and over
Coverage area: Chertsey, Entralacs, Rawdon
Hours: Monday to Friday 9h00 to 16h00, community lunches: Tuesday and Wednesday 11h30 to 12h30
Fees: annual membership: $20, community lunches: $8 for members, $10 for non-members, collective kitchen: between $0.25 and $1.50 by portion, rental room: variable
MAISON POPULAIRE DE JOLIETTE
411 Sainte-Anne Boulevard, Joliette, Lanaudière, QC, J6E 5A1
450 759-7977 Fax: 450 759-7977
Website: www.maisonpopulaire.org
Email: info@maisonpopulaire.org


Eligibility: economically disadvantaged people

Coverage area: MRC Joliette

Hours: Monday, Wednesday and Thursday 9h00 to 12h00, 13h00 to 15h30 and 16h00 to 20h00, Tuesday 13h00 to 15h30 and 16h00 to 20h00, Friday 9h00 to 12h00 and 13h00 to 15h30

Fees: member: $20 per year per person, $30 per year for community organizations

Financing: membership fees, donations, Centraide Lanaudière

Legal status: non-profit organization

SAINT-SULPICE PUBLIC LIBRARY
215 des Loisirs Street, Saint-Sulpice, Lanaudière, QC, J5W 6C9
450 589-7816

Website: biblietcie.ca/biblio/bibliotheleque-de-saint-sulpice
Email: bibli0133@reseaubibliocqlm.qc.ca


Coverage area: Saint-Sulpice

Hours: Tuesday 9h00 to 16h30 and 18h00 to 20h00, Wednesday and Thursday 11h30 to 16h30 and 18h00 to 20h00, Saturday 9h00 to 12h00

Fees: none

Financing: municipal

Legal status: municipal agency

UNIVERS DES MOTS
547 Leclerc Street, Suite 200, Repentigny, Lanaudière, QC, J6A 8B4
438 476-3339

Website: univers-des-mots.ca
Email: info@univers-des-mots.ca


Eligibility: people 16 years old and over

Coverage area: MRC L’Assomption

Hours: Monday to Thursday 9h00 to 16h00, Friday 9h00 to 12h00

Fees: membership card: $10 per year

Financing: provincial

Legal status: non-profit organization
Difficulties and learning disabilities

CENTRE L’AVENIR
508 Masson Street, Terrebonne, Lanaudière, QC, J6W 2Z3
450 492-3737 ext. 2881  Fax: 450 471-5521
Website: www.centrelavenir.ca
Email: centre.lavenir@cssda.gouv.qc.ca


Eligibility: francization: allophone immigrants, other services: people 16 years old and over
Coverage area: MRC L’Assomption, Terrebonne
Hours: Monday to Thursday 8h00 to 16h00 and 18h00 to 20h30, Friday 8h00 to 15h00
Financing: provincial
Legal status: parapublic organization

GÎT’ENFANTS (LE)
430 de la Mairie Street, Sainte-Émélie-de-l’Énergie, Lanaudière, QC, J0K 2K0
450 271-0797
Email: gitenfants@yahoo.ca


Eligibility: young people from 2 to 21 years old with school adjustment difficulties or from disadvantaged backgrounds, parents
Capacity: 30
Coverage area: Sainte-Émélie-De-L’énergie
Hours: Monday to Sunday 9h00 to 21h00 depending of the needs
Fees: $5 per year per family
Financing: provincial
Legal status: non-profit organization

GYMNO LANAUDIÈRE
130 Valmont Street, Repentigny, Lanaudière, QC, J5Y 1N9
450 582-7930
Website: www.gymno.org/article/259-gymno-lanaudiere.html
Email: lanaudiere@gymno.org


Eligibility: youth 5 to 21 years old living with learning difficulties
Capacity: 1 instructor for 5 kids
Coverage area: Lanaudière, mainly Repentigny
Fees: variable
Financing: self-financing
Legal status: non-profit organization
PANDA DE LA MRC L’ASSOMPTION
50 Thouin Street, Suite 242, Repentigny, Lanaudière, QC, J6A 4J4
450 582-0003
Website: tdahpanda.ca
Email: panda3@bellnet.ca
Eligibility: children or adults with a diagnosis, or awaiting a diagnosis of attention deficit with or without hyperactivity disorder, and their parents
Capacity: parent support groups: 10 people, support groups for adults and children: 6 people
Coverage area: MRC de L'Assomption
Hours: groups for parents or adults: weeknights, groups for children: Saturday morning
Fees: annual membership: $10 per family, parental coaching: $100 for 10 meetings, groups for children or adults with ADHD: $10 per meeting
Financing: self-financing, provincial, fundraising campaigns, membership fees, donations
Legal status: non-profit organization

QUÉBEC ASSOCIATION OF SPECIAL CARE COUNSELLORS
Confidential Address
514 928-2619
Website: www.aeesq.ca/en/accueil-eng
Email: info@aeesq.ca
Eligibility: special care counsellors, general public
Coverage area: Province of Québec
Hours: Monday to Friday 9h00 to 16h00
Fees: annual membership: from $50 to $200
Financing: membership fees
Legal status: non-profit organization

Homework assistance and tutoring

ACTION FAMILLE LANORAIE
42 Louis-Joseph-Doucet Street, Lanoraie, Lanaudière, QC, J0K 1E0
450 887-2624
Website: www.actionfamillelanoraie.org
Email: actfamlanoraie@qc.aira.com
Eligibility: families and single people, drop-in daycare: children 2 to 5 years old
Coverage area: Lanoraie
Hours: Monday to Friday 7h00 to 12h00, 13h00 to 18h00, drop-in daycare: Wednesday 9h00 to 15h00, Friday 9h00 to 12h00, thrift shop: Monday to Friday 13h00 to 15h00, childcare services and homework assistance: Monday to Friday 7h00 to 8h00, 15h15 to 18h00 in addition to the pedagogical days
Fees: workshops: variable, drop-in daycare: $8 on Wednesday, $4 on Friday, childcare services: 7h00 to 8h00 $3, 15h15 to 16h30 $3, 15h15 to 18h00 $4.50, homework assistance: $3, day camp: 1st child $315, 2nd child $275, 3rd child and the following ones $235
Financing: municipal, self-financing, donations, provincial
Legal status: non-profit organization
CENTRE D’AMITIÉ AUTOCHTONE DE LANAUDIÈRE
523 Sainte-Anne Boulevard, Joliette, Lanaudière, QC, J6E 5A3
450 760-3865     Fax: 450 760-9923
Website: www.caalanaudiere.ca
Email: info@caalanaudiere.ca


Eligibility: native people of all ages
Coverage area: Joliette
Hours: Monday to Friday 9h00 to 16h00
Fees: none
Financing: federal, provincial, self-financing, donations, grants, foundations
Legal status: non-profit organization

MAISON DES GRANDS-PARENTS DU GRAND JOLIETTE (LA)
200 Salaberry Street, Suite 203-205, Joliette, Lanaudière, QC, J6E 4G1
450 394-4100     Fax: 450 394-4200
Website: www.mgpjoliette.wordpress.com
Email: mgpjoliette@hotmail.ca


Eligibility: people 50 years and over
Coverage area: MRC Joliette
Hours: Tuesday to Thursday 8h30 to 16h30
Fees: membership: free or voluntary contribution
Financing: contributions, Centraide Lanaudière, provincial, donations
Legal status: non-profit organization

MAISON DES JEUNES D.O. ADOS
1042 Principale Street, Saint-Roch-de-l’Achigan, Lanaudière, QC, J0K 3H0
450 588-6589     Fax: 450 588-6784
Email: mdjoados@bellnet.ca


Eligibility: teenagers from 12 to 18 years old
Coverage area: Saint-Roch-de-l’Achigan
Hours: Wednesday and Thursday 18h00 to 21h00, Friday 17h00 to 21h00
Financing: self-financing
Legal status: non-profit organization
MAISON DES JEUNES DE L'ASSOMPTION (LA)
379 Dorval Street, L'Assomption, Lanaudière, QC, J5W 1A1
450 705-4811
Website: www.maisondesjeuneslassomption.com
Email: mdjescapade@videotron.ca
Eligibility: youth 12 to 17 years old
Coverage area: L'Assomption
Hours: Monday, Tuesday and Thursday 18h00 to 21h00, Wednesday 17h00 to 21h00, Friday 18h00 to 22h00, sometimes on Saturday for special activities
Fees: none
Financing: Centraide Lanaudière, provincial
Legal status: non-profit organization

MAISON DES JEUNES DE REPENTIGNY
539 Notre-Dame Street, Repentigny, Lanaudière, QC, J6A 2T6
450 581-8159
Website: mdjrepentigny.ca
Email: mdjrepentigny@gmail.com
Eligibility: youth 12 to 17 years old
Coverage area: Repentigny
Hours: Tuesday 15h00 to 18h00, Wednesday and Thursday 15h00 to 20h00, Friday 15h00 to 21h00
Fees: none
Financing: provincial, grants, self-financing
Legal status: non-profit organization

PLACE JEUNESSE BERTHIER
301 Melchers Street, Berthierville, Lanaudière, QC, J0K 1A0
450 836-1276
Website: placejeunesseberthier.com
Email: placejeunesse@hotmail.com
Services: Meeting space for adolescents. * Prevention, listening and advice: noticing issues, referral, daily discussions on various themes, individual encounters, coffee-meetings with relevant people. * Free distribution of condoms. * School and employment support: help with homework, referral of youth at risk of dropping out, writing CVs and simulating interviews. * Coop d'initiation à l'entrepreneuriat collectif (CIEC): youth-led service that offers small repairs to the population, as well as providing a first work experience in a cooperative setting. * Collective cooking workshops. * Social, cultural and recreational activities. * Distribution of school supplies.
Eligibility: youth 12 to 17 years old
Capacity: Covid-19 period: 8
Coverage area: Berthierville
Hours: Tuesday to Thursday 18h00 to 21h00, Friday 18h00 to 22h00, special activities: Saturday and Sunday
Fees: none
Financing: provincial, self-financing, foundations
Legal status: non-profit organization
PLANK JEUNESSE SAINT-BARTHÉLEMY
1980 Bonin Street, Saint-Barthélemy, Lanaudière, QC, J0K 1X0
450 836-1276
Website: placejeunesseberthier.com/la-plank
Email: placejeunesse@hotmail.com
Eligibility: youth 12 to 17 years old
Coverage area: Saint-Barthélemy
Hours: Wednesday and Thursday 18h00 to 21h00, Friday 18h00 to 22h00 (transportation to the Maison des jeunes Place Jeunesse Berthier), cooking activities: every other Thursday, special activities: Saturday and Sunday
Fees: none
Financing: provincial, self-financing, foundations
Legal status: non-profit organization

REPENTIGNY PUBLIC LIBRARY - EDMOND-ARCHAMBAULT
231 J.-A.-Paré Boulevard, Repentigny, Lanaudière, QC, J5Z 4M6
450 470-3430
Website: bibliotheques.repentigny.ca
Email: bibliotheque@ville.repentigny.qc.ca
Coverage area: Repentigny
Hours: Tuesday to Thursday 13h00 to 21h00, Friday 9h00 to 17h00, Saturday and Sunday 13h00 to 17h00
Fees: residents of Repentigny: none, non-resident: $100 per year
Financing: municipal
Legal status: municipal agency

REPENTIGNY PUBLIC LIBRARY - ROBERT-LUSSIERS
1 Place d’Évry, Repentigny, Lanaudière, QC, J6A 8H7
450 470-3420
Website: bibliotheques.repentigny.ca
Email: bibliotheque@ville.repentigny.qc.ca
Coverage area: Repentigny
Hours: Monday to Thursday 10h00 to 21h00, Friday and Saturday 9h00 to 17h00, Sunday 13h00 to 17h00
Fees: residents of Repentigny: none, non-residents: $100 per year
Financing: municipal
Legal status: municipal agency
Language courses

ASSOCIATION DES SOURDS DE LANAUDIÈRE
200 De Salaberry Street, Suite 312, Joliette, Lanaudière, QC, J6E 4G1
450 752-1426  Fax: 1 866 845-4350  TTY: 450 752-1426
Website: www.asljoliette.org
Email: direction@asljoliette.org


Eligibility: deaf and hearing impaired people

Coverage area: Lanaudière
Hours: Monday to Friday 8h30 to 16h30
Fees: annual membership: $20 per individual, $30 per couple, $17 per individual 55 years old and over, $25 per couple 55 years old and over, $15 per student, $25 per association
Financing: provincial, Centraide Lanaudière, membership fees
Legal status: non-profit organization

ASSOCIATION HANDAMI POUR PERSONNES HANDICAPÉES ET LEUR FAMILLE
460 du Parc Street, Saint-Lin–Laurentides, Lanaudière, QC, J5M 3A2
450 439-2077  Fax: 450 439-5167
Website: www.handami.com
Email: associationhandami@videotron.ca


Eligibility: people living with an intellectual or a physical disability, their family

Capacity: 25
Hours: Monday to Friday 8h30 to 16h00
Fees: variable
Financing: self-financing
Legal status: non-profit organization

AU BORD DES MOTS
171 Saint-Antoine Street North, Lavaltrie, Lanaudière, QC, J5T 2G6
450 586-0820
Website: www.auborddesmots.com
Email: auborddesmots@gmail.com


Eligibility: illiterate or low-literate people of all ages

Coverage area: Lanoraie, Lavaltrie, Saint-Sulpice
Fees: variable
Financing: provincial, donations
Legal status: non-profit organization
CENTRE COMMUNAUTAIRE LAURENT VENNE
225 J.-A.-Paré Boulevard, Repentigny, Lanaudière, QC, J5Z 4M6
450 657-4877
Website: centrecommunautairerepentigny.ca
Email: info.cclv@sodem.net
Eligibility: families, seniors, youth
Capacity: 400
Coverage area: MRC L’Assomption
Hours: Monday to Friday 9h00 to 22h00, Saturday and Sunday 9h00 to 17h00
Fees: variable
Financing: municipal
Legal status: non-profit organization

CENTRE D’ACTION BÉNÉVOLE D’AUTRAY
180 de Champlain Street, Berthierville, Lanaudière, QC, J0K 1A0
450 836-7122   Fax: 450 836-1939
Website: cabautray.com
Email: info@cabautray.com
Eligibility: seniors, people with a loss of autonomy, people on a low income, caregivers, volunteers, organizations
Coverage area: Berthierville, Lanoraie, Lavaltrie, La Visitation-de-l’Île-Dupas, Saint-Barthélemy, Saint-Cuthbert, Sainte-Élisabeth, Sainte-Geneviève-de-Berthier, Saint-Ignace-de-Loyola
Hours: Monday to Friday 8h30 to 16h30
Fees: variable, meals on wheels: $6.50 per meal, 6 desserts for $5
Financing: grants, self-financing
Legal status: non-profit organization

CENTRE DE SERVICES SCOLAIRES DES AFFLUENTS
80 Jean-Baptiste-Meilleur Street, Repentigny, Lanaudière, QC, J6A 6C5
450 492-9400   Fax: 450 492-3720
Website: cssda.gouv.qc.ca
Email: info@cssda.gouv.qc.ca
Services: French School Board gathering elementary, high and specialized schools. * Vocational training and adult education. * Welcoming, referral, guidance and accompaniment (SARCA). * Vocational and general training centers. * High school equivalency test (TENS): assessment of the knowledge of adults who don’t have a high school diploma in order to obtain a certificate of educational equivalence (AENS) that facilitates access to certain jobs and vocational training. * Recognition of prior learning and skills (RAC). * Services for companies. * Francization services for newcomers. * School transportation coordination.
Coverage area: MRC L’Assomption, MRC Les Moulins
Hours: Monday to Friday 8h30 to 12h00 and 13h00 to 16h30
Legal status: parapublic organization
EDUCATION AND LITERACY

CENTRE L’AVENIR
508 Masson Street, Terrebonne, Lanaudière, QC, J6W 2Z3
450 492-3737 ext. 2881 Fax: 450 471-5521
Website: www.centrelavenir.ca
Email: centre.lavenir@cssda.gouv.qc.ca


Eligibility: francization: allophone immigrants, other services: people 16 years old and over

Coverage area: MRC L’Assomption, Terrebonne

Hours: Monday to Thursday 8h00 to 16h00 and 18h00 to 20h30, Friday 8h00 to 15h00

Financing: provincial

Legal status: parapublic organization

CENTRE LA CROISÉE
777 Iberville Boulevard, C Wing, Repentigny, Lanaudière, QC, J5Y 1A2
450 492-3799 ext. 3785 Fax: 450 492-3759
Website: www.centrelacroisee.com
Email: centrelacroisee@csda.ca


Eligibility: francization: allophone immigrants, other services: people 16 years old and over

Coverage area: MRC L’Assomption

Hours: Monday to Thursday 7h30 to 16h30 and 17h30 to 20h30, Friday 7h30 to 15h30

Financing: provincial

Legal status: parapublic organization

COOPÉRATIVE DE SERVICES MULTIPLES DE LANAUDIÈRE
1317 du Gouvernement Road, Sainte-Julienne, Lanaudière, QC, J0K 2T0
450 831-3333
Website: www.csmlanaudiere.org
Email: admin@csmlanaudiere.org


Coverage area: MRC Montcalm, MRC Matawinie Ouest

Hours: clothing counter and Ludothèque Caméléon: Tuesday to Thursday 9h00 to 15h00, administration: Monday to Thursday 8h00 to 15h30

Fees: clothing counter: variable, Caméléon Ludothèque: $15 per year for 6 to 8 toys per month depending on the number of children, training: none

Financing: provincial

Legal status: non-profit organization

SERVICE D’AIDE À LA FAMILLE IMMIGRANTE DE LA MRC DE L’ASSOMPTION
555 Lacombe Boulevard, Suite 227, Repentigny, Lanaudière, QC, J5Z 3B5
1 844 507-2683
Website: safima.ca
Email: info@safima.ca

Eligibility: immigrant families

Coverage area: MRC L'Assomption

Hours: Monday to Friday 8h30 to 12h30 and 13h30 to 16h30

Fees: none

Financing: provincial

Legal status: non-profit organization

UNIVERS DES MOTS

547 Leclerc Street, Suite 200, Repentigny, Lanaudière, QC, J6A 8B4
438 476-3339
Website: univers-des-mots.ca
Email: info@univers-des-mots.ca


Eligibility: people 16 years old and over

Coverage area: MRC L'Assomption

Hours: Monday to Thursday 9h00 to 16h00, Friday 9h00 to 12h00

Fees: membership card: $10 per year

Financing: provincial

Legal status: non-profit organization

Literacy

A.B.C. DES MANOIRS (L')

568 Léon-Martel Street, Terrebonne, Lanaudière, QC, J6W 2J8
450 471-6928
Website: www.labcdesmanoirs.com
Email: abc-des-manoirs@hotmail.ca

Services: Community literacy group. * Basic French, numeracy, computer and popular education workshops. * Francization and social activities.

Eligibility: illiterate people or with low literacy of all ages

Coverage area: MRC Les Moulins

Hours: Monday and Tuesday 9h00 to 16h00 and 18h00 to 21h00, Thursday 9h00 to 16h00

Fees: registration: $15 per year, classes: variable

Financing: Centraide Laurentides, provincial, municipal

Legal status: non-profit organization

ACTION DIGNITÉ LANAUDIÈRE

144 Saint-Joseph Street, Joliette, Lanaudière, QC, J6E 5C4
450 756-1155 Fax: 450 760-3586
Email: info@actiondignite.com


Eligibility: people with lower education and people on a low income

Coverage area: Lanaudière

Hours: Monday to Friday 9h00 to 12h00 and 13h00 to 16h00

Fees: annual membership: $5

Financing: donations

Legal status: non-profit organization
ASSOCIATION CARREFOUR FAMILLE MONTCALM
20 Payette Road, Saint-Lin–Laurentides, Lanaudière, QC, J5M 0L4
1 877 439-2669     Fax: 450 439-8763
Website: www.acfmqc.org
Email: info@acfm-qc.org
Eligibility: families, parents, language skills and motricity development activities: children aged 0 to 5 years old and their parents
Coverage area: MRC Montcalm
Hours: Monday to Friday 8h00 to 16h00, drop-in daycare: Monday to Friday 8h30 to 15h30
Fees: free services, $40 deposit for child safety seat loan
Financing: federal, provincial, self-financing
Legal status: non-profit organization

AU BORD DES MOTS
171 Saint-Antoine Street North, Lavaltrie, Lanaudière, QC, J5T 2G6
450 586-0820
Website: www.auborddesmots.com
Email: auborddesmots@gmail.com
Eligibility: illiterate or low-literate people of all ages
Coverage area: Lanoraie, Lavaltrie, Saint-Sulpice
Fees: variable
Financing: provincial, donations
Legal status: non-profit organization

CENTRE D'ALPHABÉTISATION POPULAIRE DE LA MATAWINIE-EST
461 Joliette Road, Suite 203, Saint-Félix-de-Valois, Lanaudière, QC, J0K 2M0
450 889-1912
Website: formationcapme.org
Email: info@formationcapme.org
Eligibility: adults with learning difficulties or low level of schooling
Coverage area: MRC Matawinie-East
Hours: Monday to Friday 9h00 to 12h00 and 13h00 to 16h00
Fees: courses and workshops: free, supplies for the French classes and the computer workshop: $10, supplies for the TENS: $35
Financing: provincial, municipal, donations
Legal status: non-profit organization

CENTRE L’AVENIR
508 Masson Street, Terrebonne, Lanaudière, QC, J6W 2Z3
450 492-3737 ext. 2881     Fax: 450 471-5521
Website: www.centrelavenir.ca
Email: centre.lavenir@cssda.gouv.qc.ca

Eligibility: francization: allophone immigrants, other services: people 16 years old and over

Coverage area: MRC L'Assomption, Terrebonne

Hours: Monday to Thursday 8h00 to 16h00 and 18h00 to 20h30, Friday 8h00 to 15h00

Financing: provincial

Legal status: parapublic organization

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COOPÉRATIVE DE SERVICES MULTIPLES DE LANAUDIÈRE
1317 du Gouvernement Road, Sainte-Julienne, Lanaudière, QC, J0K 2T0
450 831-3333
Website: www.csmlanaudiere.org
Email: admin@csmlanaudiere.org


Coverage area: MRC Montcalm, MRC Matawinie Ouest

Hours: clothing counter and Ludothèque Caméléon: Tuesday to Thursday 9h00 to 15h00, administration: Monday to Thursday 8h00 to 15h30

Fees: clothing counter: variable, Caméléon Ludothèque: $15 per year for 6 to 8 toys per month depending on the number of children, training: none

Financing: provincial

Legal status: non-profit organization

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GROUPE D'INFORMATION ET DE DÉFENSE DES DROITS SOCIAUX DE ST-JULIENNE
2398 Cartier Street, Sainte-Julienne, Lanaudière, QC, J0K 2T0
450 831-4825 Fax: 450 831-4825
Website: gidds.org
Email: gidds.rt@gmail.com


Eligibility: people on a low income

Coverage area: Sainte-Julienne

Hours: Monday to Thursday 10h00 to 16h00

Fees: annual membership: $20

Financing: membership fees, grants

Legal status: non-profit organization

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GROUPE DÉCLIC FORMATION
780B de Montcalm Street, Berthierville, Lanaudière, QC, J0K 1A0
450 836-1079
Website: www.groupedeclic.ca
Email: org@gpdeclic.ca

Eligibility: adults with reading and writing difficulties, adults with little schooling, youth at risk of dropping out of
school and their parents
Coverage area: MRC D’Auray
Hours: Monday and Tuesday 9h00 to 17h00, Wednesday to Saturday 8h30 to 17h00
Financing: provincial
Legal status: non-profit organization

L’ASSOMPTION PUBLIC LIBRARY
375 Saint-Pierre Street, L’Assomption, Lanaudière, QC, J5W 2B6
450 589-5671 ext. 3100 Fax: 450 589-4512
Website: www.ville.lassomption.qc.ca/bibliotheque
Email:bibliothèque@ville.lassomption.qc.ca

Services: * Loan and consultation of books and audiovisual documents. * Computers, Internet access and
Biblio-Santé. * Home loan for people with reduced mobility. * Conferences, exhibitions, workshops and author

Coverage area: L’Assomption
Hours: Tuesday to Thursday 11h00 to 19h000, Friday and Saturday 9h00 to 17h00, Sunday 12h00 to 17h00,
summer: closed on Sunday and Monday
Fees: subscription: free for residents
Financing: municipal
Legal status: municipal agency

MASCOUCHE PUBLIC LIBRARY
3015 des Ancêtres Avenue, Mascouche, Lanaudière, QC, J7K 1X6
450 474-4159 Fax: 450 474-3410
Website: biblio.ville.mascouche.qc.ca
Email: biblio@ville.mascouche.qc.ca

Services: * Loan and consultation of books and audiovisual documents. * Computers and Internet access. *
workshops, exhibitions.

Coverage area: Mascouche
Hours: Monday to Friday 10h00 to 20h00, Saturday and Sunday 9h30 to 17h00, summer: Monday to Thursday
10h00 to 20h00, Friday to Sunday 9h30 to 17h00
Fees: free for residents, $75 per year for non-residents
Financing: municipal
Legal status: municipal agency

REPENTIGNY PUBLIC LIBRARY - EDMOND-ARCHAMBAULT
231 J.-A.-Paré Boulevard, Repentigny, Lanaudière, QC, J5Z 4M6
450 470-3430
Website: bibliotheques.repentigny.ca
Email: bibliotheque@ville.repentigny.qc.ca

Services: * Loan and renewal: access to books and audio-visual documents for children and adults. * On-site
consultation, referral and research assistance. * Computers, printing devices, Internet access, office and
language learning software. * Searching databases access and digital resources. * Animations and reading
activities for youth and adults. * Homework help for primary school students during school year. * Reading
awareness kits. * Biblio-santé: documentation for caregivers on various diseases or other health-related topics.
* Room rental.

Coverage area: Repentigny
Hours: Tuesday to Thursday 13h00 to 21h00, Friday 9h00 to 17h00, Saturday and Sunday 13h00 to 17h00
Fees: residents of Repentigny: none, non-resident: $100 per year
Financing: municipal
Legal status: municipal agency
REPENTIGNY PUBLIC LIBRARY - ROBERT-LUSSIER
1 Place d’Évry, Repentigny, Lanaudière, QC, J6A 8H7
450 470-3420
Website: bibliothecques.repentigny.ca
Email: bibliothéque@ville.repentigny.qc.ca
Coverage area: Repentigny
Hours: Monday to Thursday 10h00 to 21h00, Friday and Saturday 9h00 to 17h00, Sunday 13h00 to 17h00
Fees: residents of Repentigny: none, non-residents: $100 per year
Financing: municipal
Legal status: municipal agency

TERREBONNE PUBLIC LIBRARY - ANDRÉ-GUÉRARD
3425 Camus Place, Terrebonne, Lanaudière, QC, J6Y 0C8
450 961-2001 ext. 1349
Website: biblio.ville.terrebonne.qc.ca
Email: biblio@ville.terrebonne.qc.ca
Coverage area: Terrebonne
Hours: Monday to Wednesday 12h00 to 21h00, Thursday and Friday 12h00 to 20h00, Saturday and Sunday 10h00 to 17h00
Fees: none
Financing: municipal
Legal status: municipal agency

TERREBONNE PUBLIC LIBRARY - ÎLE-DES-MOULINS
855 de l’Île-des-Moulins Place, Terrebonne, Lanaudière, QC, J6W 4N7
450 961-2001 ext. 1116     Fax: 450 471-3761
Website: biblio.ville.terrebonne.qc.ca
Email: biblio@ville.terrebonne.qc.ca
Coverage area: Terrebonne
Hours: Monday to Wednesday 12h00 to 21h00, Thursday and Friday 12h00 to 20h00, Saturday and Sunday 10h00 to 17h00
Fees: none
Financing: municipal
Legal status: municipal agency

TERREBONNE PUBLIC LIBRARY - LA PLAINE
6900 Guérin Street, Terrebonne, Lanaudière, QC, J7M 1L9
450 961-2001 ext. 1133
Website: biblio.ville.terrebonne.qc.ca
Email: biblio@ville.terrebonne.qc.ca

Coverage area: Terrebonne

Hours: Monday to Wednesday 12h00 to 21h00, Thursday to Sunday 10h00 to 17h00

Fees: none

Financing: municipal

Legal status: municipal agency

TERREBONNE PUBLIC LIBRARY - LACHENAIE

3060 Saint-Charles Road, Terrebonne, Lanaudière, QC, J6V 1A1

450 961-2001 ext. 1378

Website: biblio.ville.terrebonne.qc.ca/client/en_US/default

Email: biblio@ville.terrebonne.qc.ca


Coverage area: Terrebonne

Hours: Monday to Wednesday 12h00 to 21h00, Thursday to Sunday 10h00 to 17h00

Fees: free for residents

Financing: municipal

Legal status: municipal agency

UNIVERS DES MOTS

547 Leclerc Street, Suite 200, Repentigny, Lanaudière, QC, J6A 8B4

438 476-3339

Website: univers-des-mots.ca

Email: info@univers-des-mots.ca


Eligibility: people 16 years old and over

Coverage area: MRC L'Assomption

Hours: Monday to Thursday 9h00 to 16h00, Friday 9h00 to 12h00

Fees: membership card: $10 per year

Financing: provincial

Legal status: non-profit organization

Public education

A.B.C. DES MANOIRS (L')

568 Léon-Martel Street, Terrebonne, Lanaudière, QC, J6W 2J8

450 471-6928

Website: www.labcdesmanoirs.com

Email: abc-des-manoirs@hotmail.ca

Services: Community literacy group. * Basic French, numeracy, computer and popular education workshops.

Eligibility: illiterate people or with low literacy of all ages

Coverage area: MRC Les Moulins

Hours: Monday and Tuesday 9h00 to 16h00 and 18h00 to 21h00, Thursday 9h00 to 16h00

Fees: registration: $15 per year, classes: variable

Financing: Centraide Laurentides, provincial, municipal

Legal status: non-profit organization
### ACTION POPULAIRE DES MOULINS

2500 Mascouche Boulevard, Suite 225, Mascouche, Lanaudière, QC, J7K 0H5  
450 477-8985  
Website: agenda-apm.blogspot.com  
Email: info@actionpopulaire.org  

**Services:** Autonomous popular education group, and individual and collective defense of the economic and social rights of people on low incomes.  
* Information, referral and support for the individual defense of economic rights.  
* Interventions aimed at the collective defense of economic and social rights with elected officials and the administrations of public institutions.  
* Conferences, information workshops and discussion groups on economic and social rights and issues related to poverty and social exclusion.  
* Social mobilization open to people who wish to act in the fight against poverty and social exclusion.  
* Weekly support group for active members.  
* Monthly coffee meetings.  

**Eligibility:** people on a low income or in a situation of poverty and social exclusion, including people receiving welfare or social solidarity, supporters interested in transformation and social justice, community workers  

**Coverage area:** MRC Les Moulins and surroundings  

**Hours:** information and individual assistance by phone: Monday to Friday, variable hours, leave a message, individual assistance in person: Monday to Friday, variable hours, by appointment, other activities: variable schedule, information available on Facebook or on the website  

**Fees:** none  

**Financing:** provincial, Centraide Lanaudière, fundraising campaigns, donations  

**Legal status:** non-profit organization

### AU BORD DES MOTS

171 Saint-Antoine Street North, Lavaltrie, Lanaudière, QC, J5T 2G6  
450 586-0820  
Website: www.auborddesmots.com  
Email: auborddesmots@gmail.com  

**Services:** * Popular literacy workshops.  
* Francization workshops.  
* French language improvement.  
* Basic computer course.  
* Writing course.  
* Preparation for the return to school.  
* Spanish courses.  
* Awareness and information campaigns on the problem of illiteracy.  

**Eligibility:** illiterate or low-literate people of all ages  

**Coverage area:** Lanoaraie, Lavaltrie, Saint-Sulpice  

**Hours:** variable  

**Fees:** variable  

**Financing:** provincial, donations  

**Legal status:** non-profit organization

### CENTRE D’ALPHABÉTISATION POPULAIRE DE LA MATAWINIE-EST

461 Joliette Road, Suite 203, Saint-Félix-de-Valois, Lanaudière, QC, J0K 2M0  
450 889-1912  
Website: formationcapme.org  
Email: info@formationcapme.org  

**Services:** Adult training centre that offers its services on site and in different municipalities.  
* French courses in spoken and written French: literacy, elementary and high school level.  
* Preparation for the high school equivalency tests (TENS): review of the 7 subjects evaluated.  
* Computer workshop: use of the Internet and computers.  
* Tablet computer workshop: using the features of the Appel or Android tablets.  
* Workshop on the use of social networks.  

**Eligibility:** adults with learning difficulties or low level of schooling  

**Coverage area:** MRC Matawinie-Est  

**Hours:** Monday to Friday 9h00 to 12h00 and 13h00 to 16h00  

**Fees:** courses and workshops: free, supplies for the French classes and the computer workshop: $10, supplies for the TENS: $35  

**Financing:** provincial, municipal, donations  

**Legal status:** non-profit organization
CENTRE DE SERVICES SCOLAIRES DES AFFLUENTS
80 Jean-Baptiste-Meilleur Street, Repentigny, Lanaudière, QC, J6A 6C5
450 492-9400 Fax: 450 492-3720
Website: cssda.gouv.qc.ca
Email: info@cssda.gouv.qc.ca

Services: French School Board gathering elementary, high and specialized schools. * Vocational training and adult education. * Welcoming, referral, guidance and accompaniment (SARCA). * Vocational and general training centers. * High school equivalency test (TENS): assessment of the knowledge of adults who don't have a high school diploma in order to obtain a certificate of educational equivalence (AENS) that facilitates access to certain jobs and vocational training. * Recognition of prior learning and skills (RAC). * Services for companies. * Francization services for newcomers. * School transportation coordination.

Coverage area: MRC L'Assomption, MRC Les Moulins
Hours: Monday to Friday 8h30 to 12h00 and 13h00 to 16h30
Legal status: parapublic organization

CENTRE LA CROISÉE
777 Iberville Boulevard, C Wing, Repentigny, Lanaudière, QC, J5Y 1A2
450 492-3799 ext. 3785 Fax: 450 492-3759
Website: www.centrelacroisee.com
Email: centrelacroisee@csda.ca


Eligibility: francization: allophone immigrants, other services: people 16 years old and over

Coverage area: MRC L'Assomption
Hours: Monday to Thursday 7h30 to 16h30 and 17h30 to 20h30, Friday 7h30 to 15h30
Financing: provincial
Legal status: parapublic organization

ENGLISH COMMUNITY ORGANIZATION OF LANAUDIÈRE
3657 Queen Street, Rawdon, Lanaudière, QC, J0K 1S0
450 834-2268
Website: www.ecol-lanaudiere.org
Email: ecollanaudiere@hotmail.com

Services: Support and promote the well-being of the English-speaking community. * Information and referral. * Outreach services and support for seniors: referral, health and legal information, friendly visits and calls, etc. * Community activities related to health, social service, culture, employment, etc. * Employment support: information, referral, translation and interpretation. * Wellness Centre: day centre for seniors. * Informal interpretation services. * Bursary program for students in health or social services.

Eligibility: residents, health professionals, students, employment support: people seeking employment, employment agencies

Coverage area: Lanaudière
Hours: Monday to Friday 9h00 to 16h00
Fees: membership: $5 per year
Financing: federal, provincial, municipal
Legal status: non-profit organization

FIN À LA FAIM...
50 Thouin Street, Suite 223, Repentigny, Lanaudière, QC, J6A 4J4
450 654-3871 Fax: 450 704-2871
Website: www.finalafaim.org
Email: info@finalafaim.org

Eligibility: people and families on a low income

Coverage area: Lanaudière

Hours: office: Monday to Thursday 8h30 to 16h30, Friday 8h30 to 12h30, food distribution: Thursday 12h00 to 16h00, by appointment

Fees: food assistance: $3 per family per week

Financing: donations

Legal status: non-profit organization

GROUPE D'ENTRAIDE EN TOUTE AMITIÉ
170 Sainte-Foy Street, Berthierville, Lanaudière, QC, J0K 1A0
450 836-6966 Fax: 450 836-3264
Website: entouteamitie2.wixsite.com/geta
Email: entouteamitie.org@hotmail.com


Eligibility: people on a low income, people living in vulnerable situations

Coverage area: Berthierville, Joliette (St-Viateur district), La Visitation-de-L'île-Dupas, Lanoraie, Saint-Barthélemy, Saint-Cuthbert, Saint-Ignace-de-Loyola, Saint-Élizabeth, Sainte-Geneviève-De-Berthier

Hours: office: Tuesday to Friday 9h30 to 16h00, furniture counter: Tuesday, Wednesday, Friday 13h00 to 16h00 and Thursday 13h00 to 18h30.

Financing: self-financing

Legal status: non-profit organization

GROUPE D'INFORMATION ET DE DÉFENSE DES DROITS SOCIAUX DE ST-JULIENNE
2398 Cartier Street, Sainte-Julienne, Lanaudière, QC, J0K 2T0
450 831-4825 Fax: 450 831-4825
Website: gidds.org
Email: gidds.rt@gmail.com


Eligibility: people on a low income

Coverage area: Sainte-Julienne

Hours: Monday to Thursday 10h00 to 16h00

Fees: annual membership: $20

Financing: membership fees, grants

Legal status: non-profit organization

GROUPE POPULAIRE D'ENTRAIDE DE LAVALTRIE
160 Saint-Antoine North Street, Lavaltrie, Lanaudière, QC, J5T 2G1
450 586-3536 Fax: 450 586-0652
Website: www.entraidelavaltrie.org
Email: equipe@entraidelavaltrie.org

**Eligibility:** families on a low income

**Coverage area:** Lavaltrie

**Hours:**
- Listening: Monday and Tuesday 9h00 to 13h00, Wednesday to Friday 9h00 to 17h00, monthly lunches: last Thursday of the month 11h30 to 13h30, breakfast: regular Friday 9h00 to 11h00, special Friday 9h00 to 12h00, thrift shop: Wednesday and Friday 9h00 to 17h00, Thursday 9h00 to 19h00, Saturday 10h00 to 12h00
- Thrift shop: Wednesday and Friday 9h00 to 17h00, Thursday 9h00 to 19h00, Saturday 10h00 to 12h00

**Fees:**
- Monthly lunches: $5, weekly breakfast: $1 on regular Fridays, $4 on special Fridays, family vacations: 40% of the cost, collective kitchens: $1.50 per meal, community garden: $20 for the rental of a lot

**Financing:** donations, municipal, foundations, provincial

**Legal status:** non-profit organization

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**GROUPE POPULAIRE D’ENTRELACS**

2571 des Îles Road, Entrelacs, Lanaudière, QC, J0T 2E0

**450 228-4100**

**Email:** groupeentrelacs.coord@bellnet.ca


**Eligibility:** people on a low income, socially isolated people, disadvantaged families

**Coverage area:** Entrelacs

**Hours:**
- Office: Monday, Thursday 8h30 to 12h00 and 12h30 to 16h30, Tuesday, Wednesday 9h00 to 12h00 and 12h30 to 16h30

**Financing:** self-financing, donations

**Legal status:** non-profit organization

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**MAISON POPULAIRE DE JOLIETTE**

411 Sainte-Anne Boulevard, Joliette, Lanaudière, QC, J6E 5A1

**450 759-7977**  **Fax:** 450 759-7977

**Website:** www.maisonpopulaire.org

**Email:** info@maisonpopulaire.org


**Eligibility:** economically disadvantaged people

**Coverage area:** MRC Joliette

**Hours:**
- Monday, Wednesday and Thursday 9h00 to 12h00, 13h00 to 15h30 and 16h00 to 20h00, Tuesday 13h00 to 15h30 and 16h00 to 20h00, Friday 9h00 to 12h00 and 13h00 to 15h30

**Fees:** member: $20 per year per person, $30 per year for community organizations

**Financing:** membership fees, donations, Centraide Lanaudière

**Legal status:** non-profit organization

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**ORIGNAL TATOUÉ, CAFÉ DE RUE**

144 Saint-Joseph Street, Joliette, Lanaudière, QC, J6E 5C4

**450 394-4384**  **Email:** loriginaltatoue@gmail.com


**Eligibility:** young people 16 to 30 in a situation of social or family breakdown or experiencing difficulties related to drug addiction, homelessness and mental health problems
Education and Literacy

Capacity: 10 people
Coverage area: Joliette
Hours: Tuesday and Thursday 12h00 to 21h00, Wednesday, Friday and Saturday 12h00 to 17h00
Fees: none
Financing: donations, municipal, provincial, federal
Legal status: non-profit organization

TABLE DES PARTENAIRES DU DÉVELOPPEMENT SOCIAL DE LANAUDIÈRE

200 De Salaberry Street, Joliette, Lanaudière, QC, J6E 4G1
450 759-9944 Fax: 450 759-8889
Website: tpdsl.org
Email: lanaudiere@tpdsl.org

Services: Concertation table of community organizations for the improvement of the quality of life, the reduction of social inequalities and citizen participation in a sustainable development perspective. * Concertation on food security and housing, forums. * Information, presentation and workshop facilitation. * Support to municipalities and MRCs for the development of social development policies. * Support to organizations to improve their governance. * Analysis and documentation. * Promotion of community involvement.

Eligibility: community organizations, local social development committees, municipalities, MRCs
Coverage area: Lanaudière
Hours: Monday to Friday 8h30 to 17h00
Fees: none
Financing: grants
Legal status: non-profit organization

UNIVERS DES MOTS

547 Leclerc Street, Suite 200, Repentigny, Lanaudière, QC, J6A 8B4
438 476-3339
Website: univers-des-mots.ca
Email: info@univers-des-mots.ca


Eligibility: people 16 years old and over
Coverage area: MRC L'Assomption
Hours: Monday to Thursday 9h00 to 16h00, Friday 9h00 to 12h00
Fees: membership card: $10 per year
Financing: provincial
Legal status: non-profit organization

School perseverance

ACTION DIGNITÉ LANAUDIÈRE

144 Saint-Joseph Street, Joliette, Lanaudière, QC, J6E 5C4
450 756-1155 Fax: 450 760-3586
Email: info@actiondignite.com


Eligibility: people with lower education and people on a low income
Coverage area: Lanaudière
Hours: Monday to Friday 9h00 to 12h00 and 13h00 to 16h00
Fees: annual membership: $5
Financing: donations
Legal status: non-profit organization

CARREFOUR JEUNESSE-EMPLOI DE MONTCALM
2417 Victoria Street, Sainte-Julienne, Lanaudière, QC, J0K 2T0
450 831-3930
Website: www.cjemontcalm.qc.ca
Email: courrier@cjemontcalm.qc.ca
Eligibility: people 15 to 35 years of age, youth 15 to 19 years of age at risk of dropping out of school or who have dropped out less than 6 months ago
Coverage area: MRC Montcalm
Hours: Monday to Thursday 8h00 to 16h30, Friday 8h00 to 13h00
Fees: none
Financing: provincial, federal, grant
Legal status: non-profit organization

CARREFOUR JEUNESSE-EMPLOI DES MOULINS
640 Langlois Street, Suite 3, Terrebonne, Lanaudière, QC, J6W 4P3
450 492-0088 Fax: 450 492-0473
Website: www.cjemoulins.org
Email: info@cjemoulins.org
Eligibility: youth 16 to 35 years old
Coverage area: MRC Les Moulins
Hours: Monday to Thursday 8h30 to 12h00 and 13h00 to 16h30, Friday 8h30 to 12h00 and 13h00 to 15h30
Fees: none
Financing: provincial
Legal status: non-profit organization

CARREFOUR JEUNESSE-EMPLOI MATAWINIE
105 Principale Street, Saint-Jean-de-Matha, Lanaudière, QC, J0K 2S0
450 886-9220 Fax: 450 886-5765
Website: cjematawinie.qc.ca
Email: info@cjematawinie.qc.ca
Eligibility: people 15 to 35 years old
Coverage area: Manawan, Saint-Zénon, Saint-Damien, Saint-Félix-de-Valois, Saint-Jean-de-Matha, Saint-Michel-des-Saints, Sainte-Béatrix, Sainte-Émélie-de-l'Énergie
Hours: Monday to Thursday 8h30 to 12h00 and 13h00 to 16h30, Friday 8h30 to 12h00 and 12h30 to 16h30, Wednesday evening by appointment
Fees: none
Financing: provincial, federal, grants
Legal status: non-profit organization
CARREFOUR JEUNESSE-EMPLOI MATAWINIE - POINT DE SERVICE DE RAWDON
4046 Queen Street, Rawdon, Lanaudière, QC, J0K 1S0
450 834-1527    Fax: 450 834-6103
Website: cjematawinie.qc.ca
Email: info@cjematawinie.qc.ca
Eligibility: people 15 to 35 years old
Coverage area: Chertsey, Entrelacs, Notre-Dame-de-la-Merci, Rawdon, Saint-Alphonse-Rodriguez, Saint-Côme, Saint-Donat, Sainte-Marcelline-de-Kildare
Hours: Monday to Thursday 8h30 to 12h00 and 13h00 to 16h30, Friday 8h30 to 12h00 and 12h30 to 16h30, Wednesday evening by appointment
Fees: none
Financing: provincial, federal, grants
Legal status: non-profit organization

COMITÉ RÉGIONAL POUR LA VALORISATION DE L’ÉDUCATION
165 Lajoie Street South, Joliette, Lanaudière, QC, J6E 5K9
450 404-4864
Website: www.crevale.org
Email: info@crevale.org
Services: Promoting cooperation among the Lanaudière community to increase the educational success of all.
* Mobilization and awareness-raising. * Accompaniment. * Dissemination, transfer of knowledge and evaluation. * Development of tools to support the actions of organizations in terms of educational success. * Oser-Jeunes certification for employers wishing to commit themselves to the promotion of education through the implementation of practices that promote a work-study balance.
Eligibility: organizations, professionals, schools, companies
Coverage area: Lanaudière
Hours: Monday to Thursday 8h30 to 16h30
Financing: provincial, grants
Legal status: non-profit organization

GROUPE DÉCLIC FORMATION
780B de Montcalm Street, Berthierville, Lanaudière, QC, J0K 1A0
450 836-1079
Website: www.groupedeclic.ca
Email: org@gpdeclinc.ca
Eligibility: adults with reading and writing difficulties, adults with little schooling, youth at risk of dropping out of school and their parents
Coverage area: MRC D’Autray
Hours: Monday and Tuesday 9h00 to 17h00, Wednesday to Saturday 8h30 to 17h00
Financing: provincial
Legal status: non-profit organization
MOUVEMENT ORGANISÉ DES MÈRES SOLIDAIRES

640 Langlois Street, Suite 1, Terrebonne, Lanaudière, QC, J6W 4P3
450 961-9107  Fax: 450 492-0473
Website: www.momsterrebonne.org
Email: info@momsterrebonne.org


Eligibility: single young mothers 14 to 25 years old in vulnerable situations, their children
Capacity: 10 mothers per group
Coverage area: MRC Les Moulins
Hours: Monday to Thursday 8h00 to 16h00, closed in summer
Fees: none

PLACE JEUNESSE BERTHIER

301 Melchers Street, Berthierville, Lanaudière, QC, J0K 1A0
450 836-1276
Website: placejeunesseberthier.com
Email: placejeunesse@hotmail.com

Services: Meeting space for adolescents. * Prevention, listening and advice: noticing issues, referral, daily discussions on various themes, individual encounters, coffee-meetings with relevant people. * Free distribution of condoms. * School and employment support: help with homework, referral of youth at risk of dropping out, writing CVs and simulating interviews. * Coop d'initiation à l'entrepreneuriat collectif (CIEC): youth-led service that offers small repairs to the population, as well as providing a first work experience in a cooperative setting. * Collective cooking workshops. * Social, cultural and recreational activities. * Distribution of school supplies.

Eligibility: youth 12 to 17 years old
Capacity: Covid-19 period: 8
Coverage area: Berthierville
Hours: Tuesday to Thursday 18h00 to 21h00, Friday 18h00 to 22h00, special activities: Saturday and Sunday
Fees: none

PLANK JEUNESSE SAINT-BARTHÉLEMY

1980 Bonin Street, Saint-Barthélemy, Lanaudière, QC, J0X 1X0
450 836-1276
Website: placejeunesseberthier.com/la-plank
Email: placejeunesse@hotmail.com


Eligibility: youth 12 to 17 years old
Coverage area: Saint-Barthélemy
Hours: Wednesday and Thursday 18h00 to 21h00, Friday 18h00 to 22h00 (transportation to the Maison des jeunes Place Jeunesse Berthier), cooking activities: every other Thursday, special activities: Saturday and Sunday
Fees: none

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RÉUSSITE ÉDUCATIVE MONTCALM
2463 Victoria Street, Sainte-Julienne, Lanaudière, QC, J0K 2T0
450 758-3703 ext. 28492  Fax: 450 831-3002
Website: reussiteeducativemontcalm.com
Email: reussiteeducativemontcalm@gmail.com
Services: Family support. * Workshops for parents of children 0 to 17 years old on various subjects related to children and school. * School dropout prevention project. * Family follow-up and accompaniment.
Eligibility: children 0 to 17 years old and their parents
Coverage area: MRC Montcalm
Fees: none
Financing: donations
Legal status: non-profit organization

School service centers

CENTRE DE SERVICES SCOLAIRES DES AFFLUENTS
80 Jean-Baptiste-Meilleur Street, Repentigny, Lanaudière, QC, J6A 6C5
450 492-9400  Fax: 450 492-3720
Website: cssda.gouv.qc.ca
Email: info@cssda.gouv.qc.ca
Services: French School Board gathering elementary, high and specialized schools. * Vocational training and adult education. * Welcoming, referral, guidance and accompaniment (SARCA). * Vocational and general training centers. * High school equivalency test (TENS): assessment of the knowledge of adults who don't have a high school diploma in order to obtain a certificate of educational equivalence (AENS) that facilitates access to certain jobs and vocational training. * Recognition of prior learning and skills (RAC). * Services for companies. * Francization services for newcomers. * School transportation coordination.
Coverage area: MRC L'Assomption, MRC Les Moulins
Hours: Monday to Friday 8h30 to 12h00 and 13h00 to 16h30
Legal status: parapublic organization
Employment and Income Support

ADVOCACY FOR WORKERS AND UNEMPLOYED

BUDGET MANAGEMENT AND CONSUMPTION

BUSINESS DEVELOPMENT

EMPLOYMENT SUPPORT AND TRAINING

EMPLOYMENT SUPPORT FOR IMMIGRANTS

EMPLOYMENT SUPPORT FOR SENIORS

EMPLOYMENT SUPPORT FOR WOMEN

EMPLOYMENT SUPPORT FOR YOUTH

TAX CLINICS

VOCATIONAL REHABILITATION AND DISABILITY-RELATED EMPLOYMENT
Advocacy for workers and unemployed

ACTION POPULAIRE DES MOULINS
2500 Mascouche Boulevard, Suite 225, Mascouche, Lanaudière, QC, J7K 0H5
450 477-8985
Website: agenda-apm.blogspot.com
Email: info@actionpopulaire.org


Eligibility: people on a low income or in a situation of poverty and social exclusion, including people receiving welfare or social solidarity, supporters interested in transformation and social justice, community workers

Coverage area: MRC Les Moulins and surroundings

Hours: information and individual assistance by phone: Monday to Friday, variable hours, leave a message, individual assistance in person: Monday to Friday, variable hours, by appointment, other activities: variable schedule, information available on Facebook or on the website

Fees: none

Financing: provincial, Centraide Lanaudière, fundraising campaigns, donations

Legal status: non-profit organization

ASSOCIATION DES TRAVAILLEURS ET TRAVAILLEUSES ACCIDENTÉS DU MATAWIN
313 Saint-Jacques Street, Saint-Michel-des-Saints, Lanaudière, QC, J0K 3B0
450 833-1507
Email: attam@bellnet.ca


Eligibility: workers victims of work related accidents or occupational diseases

Coverage area: MRC Matawinie

Hours: Monday to Friday 9h00 to 16h00

Fees: member: $5 per year

Financing: donations, provincial, Centraide Lanaudière

Legal status: non-profit organization

ASSOCIATION DES TRAVAILLEURS, TRAVAILLEUSES ACCIDENTÉS DE JOLI-MONT
4046 Queen Street, Rawdon, Lanaudière, QC, J0K 1S0
450 834-1220 Fax: 450 834-1240
Website: attaj.ca
Email: info@attaj.ca


Eligibility: workers victims of work related accidents or occupational diseases

Coverage area: Lanaudière

Hours: Monday to Thursday 8h00 to 16h00, Friday 8h00 to 13h00

Fees: none

Financing: donations, provincial, Centraide Lanaudière

Legal status: non-profit organization
COMMISSION DE L’ÉQUITÉ SALARIALE - LANAUDIÈRE - CHEMIN GASCON
1679 Gascon Road, Terrebonne, Lanaudière, QC, J6X 3Z6
1 844 838-0808    Fax: 514 864-6756
Website: www.cnesst.gouv.qc.ca/en
Email: equite.salariale@ces.gouv.qc.ca

Services: Support and assistance to employers who must achieve pay equity in their company and to employees wishing to obtain information or exercise their rights. * Front-line telephone service to answer general questions on the application of the Pay Equity Act. * Specialized assistance to understand more complex or technical aspects of the Act. * Conciliation services to promote the settlement of disagreements. * Investigations following complaints or different subjected by the parties or on its own initiative. * Software package to achieve pay equity: computer tool that allows employers to realize their pay equity exercise autonomously, available on the website. * Information lectures on Pay Equity Act and its application, available upon request for groups of employers, employees, or any other grouping wishing to obtain information on pay equity. * Tool development and training accessible free of charge in all regions of Québec. * Research activities.

Eligibility: employees, mostly women who occupy predominantly female job classes, accredited associations and employers

Coverage area: Province of Québec

Hours: Monday to Friday 8h30 to 12h00 and 13h00 to 16h30

Financing: provincial

Legal status: provincial government agency

COMMISSION DE L’ÉQUITÉ SALARIALE - LANAUDIÈRE - DE LANAUDIÈRE
432 De Lanaudière Street, Joliette, Lanaudière, QC, J6E 7N2
1 844 838-0808    Fax: 514 864-6756
Website: www.cnesst.gouv.qc.ca/en
Email: equite.salariale@ces.gouv.qc.ca

Services: Support and assistance to employers who must achieve pay equity in their company and to employees wishing to obtain information or exercise their rights. * Front-line telephone service to answer general questions on the application of the Pay Equity Act. * Specialized assistance to understand more complex or technical aspects of the Act. * Conciliation services to promote the settlement of disagreements. * Investigations following complaints or different subjected by the parties or on its own initiative. * Software package to achieve pay equity: computer tool that allows employers to realize their pay equity exercise autonomously, available on the website. * Information lectures on Pay Equity Act and its application, available upon request for groups of employers, employees, or any other grouping wishing to obtain information on pay equity. * Tool development and training accessible free of charge in all regions of Québec. * Research activities.

Eligibility: employees, mostly women who occupy predominantly female job classes, accredited associations and employers

Coverage area: Province of Québec

Hours: Monday to Friday 8h30 to 12h00 and 13h00 to 16h30

Financing: provincial

Legal status: provincial government agency

COMMISSION DES NORMES DU TRAVAIL - LANAUDIÈRE
1679 Gascon Road, Terrebonne, Lanaudière, QC, J6X 3Z6
1 844 838-0808
Website: www.cnesst.gouv.qc.ca/en

Services: * Information on labor standards and the obligations stipulated by the law and regulations. * Registration of complaints. * Mediation for employees or employers involved in a complaint of psychological harassment, wrongful dismissal or prohibited practice.

Eligibility: public, employers, employees

Coverage area: Lanaudière

Hours: office: by appointment for investigation and mediation

Financing: provincial

Legal status: provincial government agency
LEGAL AID OFFICE - JOLIETTE
440 Saint-Louis Street, Joliette, Lanaudière, QC, J6E 2Y8
450 759-2500   Fax: 450 759-8682
Website: www.ccjll.qc.ca
Email: bajjoli@ccjll.qc.ca

Services: Free or low cost legal services to eligible individuals. * Receive and process legal aid requests.
Eligibility: person or non-profit organization residing in Quebec or forced to remain in Quebec, financially eligible, and with a legal need that is covered by the Law
Coverage area: Joliette
Hours: Monday to Friday 8h30 to 12h00 and 13h00 to 16h30, by appointment only, except emergency
Fees: people may be eligible for free legal aid or contributory legal aid between $100 and $800, depending on their financial situation, see scale on website
Financing: provincial
Legal status: parapublic organization

LEGAL AID OFFICE - REPENTIGNY
10-A Brien Boulevard, Suite 100, Repentigny, Lanaudière, QC, J6A 4R7
450 581-8691   Fax: 450 581-1218
Website: www.ccjll.qc.ca
Email: bajrep@ccjll.qc.ca

Services: Free or low cost legal services to eligible individuals. * Reception and processing legal aid requests.
Eligibility: person or non-profit organization residing in Quebec or forced to remain in Quebec, financially eligible and with a legal need that is covered by the Law
Coverage area: Repentigny
Hours: Monday to Friday 8h30 to 12h00 and 13h00 to 16h30, by appointment only, except emergency
Fees: people may be eligible for free legal aid or contributory legal aid between $100 and $800, depending on their financial situation, see scale on website
Financing: provincial
Legal status: provincial government agency

LEGAL AID OFFICE - TERREBONNE
891 Saint-François-Xavier Street, Suite 210, Terrebonne, Lanaudière, QC, J6W 1H1
450 492-1535   Fax: 450 492-8378
Website: www.ccjll.qc.ca
Email: bajter@ccjll.qc.ca

Services: Free or low cost legal services to eligible individuals. * Reception and processing legal aid requests.
Eligibility: people or non-profit organizations residing in Quebec or forced to remain in Quebec, financially eligible and with a legal need that is covered by the Law
Coverage area: Terrebonne
Hours: Monday to Friday 8h30 to 12h00 and 13h00 to 16h30, by appointment only, except emergency
Fees: people may be eligible for free legal aid or contributory legal aid between $100 and $800, depending on their financial situation, see scale on website
Financing: provincial
Legal status: provincial government agency

ASSOCIATION COOPÉRATIVE D’ÉCONOMIE FAMILIALE DE LANAUDIÈRE
200 de Salaberry Street, Suite 124, Joliette, Lanaudière, QC, J6E 4G1
450 756-1333   Fax: 450 759-8749
Website: aceflanaudiere.ca
Email: info@aceflanaudiere.ca

Budget management and consumption

Eligibility: adults, Desjardins Mutual Aid Fund loan: people experiencing financial difficulties, people facing occasional emergency expenses

Coverage area: Lanaudière

Hours: Monday to Friday 9h00 to 16h30

Fees: workshops: variable

Financing: provincial

Legal status: cooperative

ASSOCIATION COOPÉRATIVE D’ÉCONOMIE FAMILIALE DE LANAUDIÈRE - MASCOCHE
SERVICE POINT

2500 Mascoche Boulevard, Suite 212, Mascouche, Lanaudière, QC, J7K 0H5

1 866 414-1333

Website: aceflanaudiere.ca

Email: info@aceflanaudiere.ca


Eligibility: adults

Coverage area: MRC Les Moulins

Hours: by appointment only

Fees: workshops: variable

Financing: provincial

Legal status: cooperative

ASSOCIATION COOPÉRATIVE D’ÉCONOMIE FAMILIALE DE LANAUDIÈRE - REPENTIGNY
SERVICE POINT

547 Leclerc Street, Repentigny, Lanaudière, QC, J6A 8B4

1 866 414-1333

Website: aceflanaudiere.ca

Email: info@aceflanaudiere.ca


Eligibility: adults

Coverage area: MRC L'Assomption

Hours: by appointment only

Fees: workshops: variable

Financing: provincial

Legal status: cooperative

ASSOCIATION SCLÉROSE EN PLAQUES DE LANAUDIÈRE

200 Salaberry Street, Suite 307, Joliette, Lanaudière, QC, J6E 4G1

450 753-5545

Website: www.asepl.org

Email: asepl@intermonde.net


Eligibility: people living with multiple sclerosis, their close ones

Coverage area: Lanaudière

Hours: Monday to Friday 8h30 to 12h00 and 13h00 to 16h30

Fees: free
**Financing**: provincial, fundraising campaigns, donations  
**Legal status**: non-profit organization  

**COMPTOIR VESTIMENTAIRE SAINTE-MARCELLINE**  
451 Principale Street, Sainte-Marcelline-de-Kildare, Lanaudière, QC, J0K 2Y0  
450 883-8254  
**Eligibility**: residents  
**Coverage area**: Sainte-Marcelline-De-Kildare  
**Hours**: thrift store: Wednesday 13h00 to 15h30 and 19h00 to 20h00  
**Fees**: variable  
**Financing**: self-financing  
**Legal status**: non-profit organization  

**ENGLISH COMMUNITY ORGANIZATION OF LANAUDIÈRE**  
3657 Queen Street, Rawdon, Lanaudière, QC, J0K 1S0  
450 834-2268  
**Website**: www.ecol-lanaudiere.org  
**Email**: ecollanaudiere@hotmail.com  
**Services**: Support and promote the well-being of the English-speaking community. * Information and referral. * Outreach services and support for seniors: referral, health and legal information, friendly visits and calls, etc. * Community activities related to health, social service, culture, employment, etc. * Employment support: information, referral, translation and interpretation. * Wellness Centre: day centre for seniors. * Informal interpretation services. * Bursary program for students in health or social services.  
**Eligibility**: residents, health professionals, students, employment support: people seeking employment, employment agencies  
**Coverage area**: Lanaudière  
**Hours**: Monday to Friday 9h00 to 16h00  
**Fees**: membership: $5 per year  
**Financing**: federal, provincial, municipal  
**Legal status**: non-profit organization  

**GROUPE POPULAIRE D'ENTRAIDE DE LAVALTRIE**  
160 Saint-Antoine North Street, Lavaltrie, Lanaudière, QC, J5T 2G1  
450 586-3536     Fax: 450 586-0652  
**Website**: www.entraidelavaltrie.org  
**Email**: equipe@entraidelavaltrie.org  
**Eligibility**: families on a low income  
**Coverage area**: Lavaltrie  
**Hours**: listening: Monday and Tuesday 9h00 to 13h00, Wednesday to Friday 9h00 to 17h00, monthly lunches: last Thursday of the month 11h30 to 13h30, breakfast: regular Friday 9h00 to 11h00, special Friday 9h00 to 12h00, thrift shop: Wednesday and Friday 9h00 to 17h00, Thursday 9h00 to 19h00, Saturday 10h00 to 12h00  
**Fees**: monthly lunches: $5, weekly breakfast: $1 on regular Fridays, $4 on special Fridays, family vacations: 40% of the cost, collective kitchens, $1.50 per meal, community garden: $20 for the rental of a lot  
**Financing**: donations, municipal, foundations, provincial  
**Legal status**: non-profit organization
LIAISONS ENFANCE
Confidential Address
819 424-5933
Email: noelroyaumederuby@gmail.com
Services: Material and financial assistance for young people and families living in precarious conditions. * Easter baskets.
Eligibility: families on a low income with children 0 to 18 years old who are in school
Coverage area: Saint-Donat, Notre-Dame-De-La-Merci
Fees: none
Financing: donations, fundraising campaigns
Legal status: non-profit organization

MAISONS D’À CÔTÉ DE LANAUDIÈRE (LES)
639 Henri-Châlin Street, Joliette, Lanaudière, QC, J6E 0A4
438 863-9323    Fax: 450 398-0790
Website: www.lesmaisonsdacotelanaudiere.com
Email: lmac@videotron.ca
Eligibility: people 18 to 65 years old with a physical disability
Capacity: 9 per residence
Coverage area: Lanaudière
Hours: 24 hours / 7 days
Fees: low price rent
Financing: self-financing
Legal status: non-profit organization

MOUVEMENT ORGANISÉ DES MÈRES SOLIDAIRES
640 Langlois Street, Suite 1, Terrebonne, Lanaudière, QC, J6W 4P3
450 961-9107    Fax: 450 492-0473
Website: www.momsterrebonne.org
Email: info@momsterrebonne.org
Eligibility: single young mothers 14 to 25 years old in vulnerable situations, their children
Capacity: 10 mothers per group
Coverage area: MRC Les Moulins
Hours: Monday to Thursday 8h00 to 16h00, closed in summer
Fees: none
Financing: provincial, fundraising campaigns
Legal status: non-profit organization

PROGRAMME TRANSPORT-HÉBERGEMENT LANAUDIÈRE
1000 Saint-Anne Boulevard, Saint-Charles-Borromée, Lanaudière, QC, J6E 6J2
1 888 759-4033    Fax: 450 756-4951
Website: transport.hebergement.csssnl@ssss.gouv.qc.ca
Services: Financial support for transportation, parking and housing, for frequent and regular trips for medical or rehabilitation treatment.
Coverage area: Lanaudière
Fees: none
Financing: provincial
Legal status: parapublic organization

SAINT-LIN-LAURENTIDES - CITY
900 12th Avenue, Saint-Lin–Laurentides, Lanaudière, QC, J5M 2W2
450 439-3130 ext. 7200   Fax: 450 439-1525
Website: www.saint-lin-laurentides.com
Email: info@saint-lin-laurentides.com
Coverage area: Saint-Lin-Laurentides
Hours: Monday to Thursday 8h00 to 12h00 and 13h00 to 16h00, Friday 8h00 to 12h00
Financing: municipal
Legal status: municipal agency

SERVICE D'AIDE SEDAI T.S.S.
3677 Montée Gagnon, Terrebonne, Lanaudière, QC, J6Y 1K8
450 433-0888   Fax: 450 433-7999
Eligibility: people in need
Coverage area: West Terrebonne: Très-Saint-Sacrement Parish
Hours: Monday to Wednesday 8h30 to 15h30, food assistance: Thursday
Fees: food assistance: $1 per week
Financing: self-financing, grants, donations, contributions
Legal status: non-profit organization

SOCIÉTÉ DE SAINT-VINCENT DE PAUL - CONFÉRENCE REPENTIGNY - L'ESSENTIEL
565 Leclerc Street, Repentigny, Lanaudière, QC, J6A 8C1
450 582-3388   Fax: 450 582-7237
Email: repentigny@ssvp-mtl.org
Eligibility: people on a low income
Coverage area: Repentigny and Le Gardeur, including Purification, Notre-Dame-des-Champs, Précieux-Sang and Saint-Paul-l’Ermite parishes
Hours: food bank: Monday and Wednesday 13h00 to 16h00, Friday 10h30 to 14h00
Financing: donations, self-financing
Legal status: non-profit organization

TRÉSORS D’ÉLISABETH (LES)
2421 Principale Street, Sainte-Élisabeth, Lanaudière, QC, J0K 2J0
450 756-1892
Eligibility: people on a low income, people in a vulnerable situation
Coverage area: Sainte-Élisabeth and a radius of 20 km around it
Hours: Tuesday 9h00 to 16h00 and Thursday 13h00 to 20h00, Bayo café: Sunday 11h00
Fees: variable
Financing: municipal, self-financing, fundraising campaigns
Legal status: non-profit organization

Business development

CENTRE INTÉGRÉ DE SANTÉ ET DE SERVICES SOCIAUX DE LANAUDIÈRE
260 Lavaltrie Street South, Joliette, Lanaudière, QC, J6E 5X7
1 800 668-9229
Website: www.cissss-lanaudiere.gouv.qc.ca
Email: info.cisssslan@ssss.gouv.qc.ca

Services: Planning, coordination and organization of social and health services. * Responsibility of the availability of care to the entire population, including the most vulnerable. * Management of simplified access to services. * Administration of partnerships with intermediate resources. * Handling of complaints regarding dissatisfaction or violation of rights of users.

Coverage area: Lanaudière
Hours: Monday to Friday 8h30 to 12h00 and 13h00 to 16h30 (except holidays)
Financing: provincial
Legal status: parapublic organization

CENTRE LOCAL D'EMPLOI DE BERTHIERVILLE
90 du Marché Place, Berthierville, Lanaudière, QC, J0K 1A0
1 800 461-6261     Fax: 450 836-1029
Website: www.mtess.gouv.qc.ca/services-a-la-clientele/centre-local-emploi


Eligibility: job seekers, including people who have particular difficulties entering the labour market, individual and families receiving the governmental last-resort assistance or on a low income, employers and companies, people 16 years and over coping with a long term occupational disability (physical or mental health, physical or intellectual disabilities)

Coverage area: Berthierville
Hours: Monday, Tuesday, Thursday and Friday 8h30 to 12h00 and 13h00 to 16h30, Wednesday 10h00 to 12h00 and 13h00 to 16h30
Financing: provincial
Legal status: provincial government agency

CENTRE LOCAL D'EMPLOI DE SAINT-JEAN-DE-MATHA
941 Louis-Cyr Road, Saint-Jean-de-Matha, Lanaudière, QC, J0K 2S0
1 888 872-0048     Fax: 450 886-1838
Website: www.mtess.gouv.qc.ca/services-a-la-clientele/centre-local-emploi

Employment and Income Support
**Services:** Accompaniment services regarding job market integration process and last-resort financial assistance. * Info-emploi counter: job bank that can be consulted on site. * Job search assistance: redaction of resume and preparation to interview. * Multiservices room: access to phone, fax, computers and printing machines. * Workplace learning program. * Training programs aiming professional skills development for enterprises and specific client group: students, women, youth, young mothers, older workers, disabled people, immigrants or visible minorities. * Business assistance: advices and financial support in human resources management. * Last-resort financial and social assistance for people with severe or temporary restrictions on employment or occupational disabilities. * Last-resort financial and social assistance.

**Eligibility:** job seekers, including people who have particular difficulties entering the labour market, individual and families receiving the governmental last-resort assistance or on a low income, employers and companies, people 16 years and over coping with a long term occupational disability (physical or mental health, physical or intellectual disabilities)

**Coverage area:** Sainte-Julienne

**Hours:** Monday, Tuesday, Thursday and Friday 8h30 to 12h00 and 13h00 to 16h30, Wednesday 10h00 to 12h00 and 13h00 to 16h30

**Financing:** provincial

**Legal status:** provincial government agency

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**CENTRE LOCAL D'EMPLOI DE SAINTE-JULIENNE**

2495 Cartier Street, Sainte-Julienne, Lanaudière, QC, J0K 2T0

450 831-4222     Fax: 450 831-8439

**Website:** [www.mtess.gouv.qc.ca/services-a-la-clientele/centre-local-emploi](http://www.mtess.gouv.qc.ca/services-a-la-clientele/centre-local-emploi)


**Eligibility:** job seekers, including people who have particular difficulties entering the labour market, individual and families receiving the governmental last-resort assistance or on a low income, employers and companies, people 16 years and over coping with a long term occupational disability (physical or mental health, physical or intellectual disabilities)

**Coverage area:** Sainte-Julienne

**Hours:** Monday, Tuesday, Thursday and Friday 8h30 to 12h00 and 13h00 to 16h30, Wednesday 10h00 to 12h00 and 13h00 to 16h30

**Financing:** provincial

**Legal status:** provincial government agency

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**CHAMBRE DE COMMERCE ET D'INDUSTRIE LES MOULINS**

3115 de la Pinière Boulevard, Suite 310, Terrebonne, Lanaudière, QC, J6X 4P7

450 966-1536

**Website:** [www.ccimoulins.com](http://www.ccimoulins.com)

**Email:** info@ccimoulins.com

**Services:** Socioeconomic development. * Networking activities. * Training and conferences. * Youth and women's affairs. * Industrial unit.

**Eligibility:** entrepreneurs

**Coverage area:** MRC Les Moulins

**Hours:** Monday to Thursday 8h30 to 12h00 and 13h00 to 16h30, Friday 9h00 to 12h00

**Fees:** annual contribution: $190 principal member, $135 2nd member and over, $135 non-profit organization member (plus tax)

**Financing:** contributions, donations, municipal

**Legal status:** non-profit organization
CIENOV
435 Notre-Dame Street, Repentigny, Lanaudière, QC, J6A 2T3
450 654-6488
Website: cienov.ca
Email: info@cienov.ca
Eligibility: residents, businesses
Coverage area: MRC L'Assomption
Hours: Monday to Thursday 8h30 to 12h00 and 13h00 to 17h00, Friday 8h00 to 12h30
Financing: municipal, provincial, federal
Legal status: non-profit organization

CORPORATION DE DÉVELOPPEMENT ÉCONOMIQUE DE LA MRC DE JOLIETTE
654 de Lanaudière Street, Joliette, Lanaudière, QC, J6E 3M7
450 752-5566
Website: www.cdej.ca
Email: communication@cdej.ca
Services: Support to all businesses in the region by offering them personalized support for the planning and implementation of their business projects. * Consulting services. * Financing. * Training. * Support for setting up, expanding, exporting and relocating.
Eligibility: businesses, entrepreneurs and future entrepreneurs
Coverage area: MRC Joliette
Hours: Monday to Friday 8h30 to 12h00 and 13h00 to 16h30
Fees: none
Financing: provincial
Legal status: non-profit organization

CORPORATION DU DÉVELOPPEMENT ÉCONOMIQUE ET TOURISTIQUE D'ENTRELACS
411 Provost Street, Entrelacs, Lanaudière, QC, J0T 2E0
450 228-8537
Services: * Services for local economic development. * Promotion of economic and touristic development.
Eligibility: entrepreneurs, new businesses
Coverage area: Entrelacs
Financing: municipal
Legal status: non-profit organization

DÉVELOPPEMENT ÉCONOMIQUE D'AUTRAY
550 Montcalm Street, Berthierville, Lanaudière, QC, J0K 1A0
450 836-7007
Website: www.mrcautray.qc.ca/affaires
Email: developpement@mrcautray.qc.ca
Services: * Support for businesses: information, orientation, referral, financial advice and accompaniment in the procedures to start a business or for already established businesses. * Support to local administrations: information, accompaniment and development of the territory. * Financial aid programs for companies, organizations and municipalities in the form of loans and grants.
Eligibility: entrepreneurs, organizations, municipalities
Coverage area: MRC D'Autray
Hours: Monday to Thursday 8h00 to 16h45, Friday 8h00 to 12h00
Fees: none
Financing: municipal
Legal status: municipal agency
EVOL - LANAUDIÈRE
104 Saint-Jacques Street, Saint-Jacques, Lanaudière, QC, J0K 2R0
1 844 523-7767
Website: evol.ca/en
Email: info@evol.ca
Services: Support for diversely owned and inclusive businesses seeking to make a positive impact on society.
Eligibility: businesses owned at least by 25% by people from diverse backgrounds
Coverage area: Lanaudière
Financing: provincial
Legal status: non-profit organization

MRC LES MOULINS
710 des Seigneurs Boulevard, 2nd Floor, Terrebonne, Lanaudière, QC, J6W 1T6
450 471-9576 Fax: 450 471-8193
Website: www.mrclesmoulins.ca
Email: info@mrclesmoulins.ca
Coverage area: MRC Les Moulins
Hours: Monday to Thursday 8h00 to 12h00 and 13h00 to 16h30, Friday 8h00 to 12h00
Financing: municipal, self-financing, provincial
Legal status: municipal agency

SERVICE DE DÉVELOPPEMENT LOCAL ET RÉGIONAL DE MATAWINIE
3184 1st Avenue, Rawdon, Lanaudière, QC, J0K 1S0
450 834-5441 Fax: 450 834-6560
Website: www.developpementmatawinie.org
Email: info@matawinie.org
Eligibility: businesses and future entrepreneurs
Coverage area: MRC Matawinie
Hours: Monday to Friday 8h30 to 16h30
Financing: provincial
Legal status: municipal agency

SERVICES QUÉBEC - DIRECTION RÉGIONALE DE LANAUDIÈRE
40 Gauthier Street South, Suite 2000, Joliette, Lanaudière, QC, J6E 4J4
450 752-6888 Fax: 450 755-1926
Website: www.mtess.gouv.qc.ca/services-a-la-clientele/directions-regionales/index_en.asp
Eligibility: job seekers, including people who have particular difficulties entering the labour market, individual and families receiving the governmental last-resort assistance or on a low income, employers and companies, people 16 years old and over coping with a long term occupational disability (physical or mental health, physical or intellectual disabilities), sponsored immigrants on or awaiting welfare and their sponsors

Coverage area: Lanaudière

Hours: Monday to Friday 8h00 to 12h00 and 13h00 to 16h30

Financing: provincial

Legal status: provincial government agency

SERVICES QUÉBEC - JOLIETTE

409 Notre-Dame Street, Joliette, Lanaudière, QC, J6E 3H5
1 800 463-5434 Fax: 450 752-6865
Website: www.mtess.gouv.qc.ca/services-a-la-clients/centre-local-emploi


Eligibility: job seekers, including people who have particular difficulties entering the labour market, individual and families receiving the governmental last-resort assistance or on a low income, employers and companies, people 16 years and over coping with a long term occupational disability (physical or mental health, physical or intellectual disabilities)

Coverage area: Joliette

Hours: Monday, Tuesday, Thursday and Friday 8h30 to 12h00 and 13h00 to 16h30, Wednesday 10h00 to 12h00 and 13h00 to 16h30

Financing: provincial

Legal status: provincial government agency

SERVICES QUÉBEC - RAWDON

3486 Queen Street, Rawdon, Lanaudière, QC, J0K 1S0
1 877 502-4128 Fax: 450 834-1272
Website: www.mtess.gouv.qc.ca/services-a-la-clients/centre-local-emploi


Eligibility: job seekers, including people who have particular difficulties entering the labour market, individual and families receiving the governmental last-resort assistance or on a low income, employers and companies, people 16 years and over coping with a long term occupational disability (physical or mental health, physical or intellectual disabilities)

Coverage area: Rawdon

Hours: Monday, Tuesday, Thursday and Friday 8h30 to 12h00 and 13h00 to 16h30, Wednesday 10h00 to 12h00 and 13h00 to 16h30

Financing: provincial

Legal status: provincial government agency
SERVICES QUÉBEC - REPENTIGNY
155 Notre-Dame Street, Suite 25, Repentigny, Lanaudière, QC, J6A 5L3
450 585-6640    Fax: 450 582-4996
Website: www.localisateur.servicesquebec.gouv.qc.ca/en


Eligibility: job seekers, including people who have particular difficulties entering the labour market, individual and families receiving the governmental last-resort assistance or on a low income, employers and companies, people 16 years and over coping with a long term occupational disability (physical or mental health, physical or intellectual disabilities)

Coverage area: Repentigny
Hours: Monday to Friday 8h30 to 12h00 and 13h00 to 16h30
Financing: provincial
Legal status: provincial government agency

SERVICES QUÉBEC - TERREBONNE
1590 Gascon Road, Terrebonne, Lanaudière, QC, J6X 3A2
450 471-3666    Fax: 450 964-9196
Website: www.localisateur.servicesquebec.gouv.qc.ca/en


Eligibility: job seekers, including people who have particular difficulties entering the labour market, individual and families receiving the governmental last-resort assistance or on a low income, employers and companies, people 16 years and over coping with a long term occupational disability (physical or mental health, physical or intellectual disabilities)

Coverage area: Terrebonne, Mascouche
Hours: Monday to Friday 8h30 to 12h00 and 13h00 to 16h30
Financing: provincial
Legal status: provincial government agency

SOCIÉTÉ D’AIDE AU DÉVELOPPEMENT DE LA COLLECTIVITÉ DE LA MATAWINIE
1009 Principale Street, Saint-Alphonse-Rodriguez, Lanaudière, QC, J0K 1W0
450 883-0717    Fax: 450 883-2006
Website: www.matawinie.qc.ca
Email: sadc@matawinie.qc.ca


Eligibility: businesses, entrepreneurs
Coverage area: MRC Matawinie
Employment support and training

**ACTION RH LANAUDIÈRE - BUREAU JOLIETTE**
371 Notre-Dame Street, 2nd floor, Joliette, Lanaudière, QC, J6E 3H5
450 752-2303
Website: www.cceml.ca/en
Email: contact@actionrh.ca

**Services:** Job search program. * Job offers. * Guidance service, resume writing assistance, job search workshops and personalized follow-up. * Specialized service for people 35 years old and over.

**Eligibility:** employment insurance and income security beneficiaries, unemployed people aged 35 years old and over

**Coverage area:** Lanaudière

**Hours:** Monday to Thursday 8h30 to 16h30, Friday by appointment only

**Fees:** free for unemployed people

**Financing:** provincial

**Legal status:** non-profit organization

**ACTION RH LANAUDIÈRE - BUREAU TERREBONNE**
3395 de la Pinière Boulevard, Suite 130, Terrebonne, Lanaudière, QC, J6X 4N1
450 492-4104    Fax: 450 964-7595
Website: actionrh.ca
Email: contact@actionrh.ca

**Services:** * Job seeking programs: job offers, resume writing assistance, personalized follow-up, workshops, Internet training, guidance service. * Specialized service for people 50 years old and over. * Bank of candidates for employers.

**Eligibility:** employment insurance beneficiaries, income security and others

**Coverage area:** Lanaudière

**Hours:** Monday to Friday 8h30 to 16h30

**Fees:** free

**Financing:** provincial

**Legal status:** non-profit organization
ANNEXE À ROLAND (L’)

400 Baby Street, Joliette, Lanaudière, QC, J6E 2W1
450 916-1536  Fax: 450 756-2245
Website: www.lannexearoland.com
Email: lannexe@bellnet.ca

Eligibility: Expl'or program: people aged 18 and over far from the labour market, bistro: general public
Coverage area: Joliette
Hours: Monday to Thursday 9h00 to 16h00
Fees: Expl'or program: none, prepared dishes: variable
Financing: provincial
Legal status: non-profit organization

ASSOCIATION DE REPENTIGNY POUR L’AVANCEMENT DE LA MUSIQUE

543 Notre-Dame Street, Suite 101, Repentigny, Lanaudière, QC, J6A 2T6
450 582-6714
Website: www.aramusique.org
Email: info@aramusique.org

Eligibility: children, adults
Capacity: 375
Coverage area: MRC L'Assomption
Hours: Monday to Friday 9h00 to 17h00
Fees: concerts: variable, subscription available
Financing: self-financing, donations, provincial, federal, municipal
Legal status: non-profit organization

ATELIER SPÉCIALISÉ LES MOULINS

712 Pincourt Road, Mascouche, Lanaudière, QC, J7L 2W7
450 477-4270  Fax: 450 477-2548
Website: www.aslm.ca
Email: communication@aslm.ca

Eligibility: adults 18 years old and over from Lanaudière county experiencing difficulties to find or maintain a job and 17 years old with a case study from Emploi Québec
Coverage area: Lanaudière
Hours: Monday to Thursday 7h30 to 17h00
Financing: provincial, self-financing
Legal status: non-profit organization

BUFFET ACCÈS EMPLOI

355 Road 335, Saint-Lin–Laurentides, Lanaudière, QC, J5M 2C1
450 439-3465  Fax: 450 439-3400
Website: www.bae.qc.ca
Email: info@bae.qc.ca

Employment and Income Support

Eligibility: employment enterprise: adults on welfare assistance or unemployment insurance, frozen meals: general public
Coverage area: Lanaudière
Hours: administration: Monday to Friday 8h30 to 16h30
Fees: frozen meals: variable
Financing: self-financing, grants
Legal status: non-profit organization

C.L.E.F., CENTRE LANAUDEIÈRE D'EMPLOI POUR FEMMES (LA)
245 Papineau Street, Joliette, Lanaudière, QC, J6E 2K8
1 855 755-3244 Fax: 450 755-3758
Website: www.laclef-perspectives.com
Email: info@laclef-perspectives.com
Eligibility: unemployed women
Coverage area: Lanaudière
Hours: Monday to Friday 8h30 to 16h30
Financing: provincial
Legal status: non-profit organization

CAMPUS EMPLOI (LE) - POINT DE SERVICE REPENTIGNY
467 Notre-Dame Street, Suite 206 G, Repentigny, Lanaudière, QC, J6A 2T3
450 398-0687 Fax: 450 398-0685
Website: campusemploi.org
Email: info@campusemploi.org
Eligibility: men 35 years and over
Coverage area: Repentigny
Hours: Monday to Thursday 8h30 to 16h00, Friday 8h30 to 12h00, by appointment only
Fees: none
Financing: provincial
Legal status: non-profit organization

CAMPUS-EMPLOI (LE)
92 Bourget Place North, Joliette, Lanaudière, QC, J6E 5E5
450 398-0687
Website: campusemploi.org
Email: info@campusemploi.org
Eligibility: men 35 years and over
Coverage area: Joliette
Hours: Monday to Thursday 8h30 to 16h00, Friday 8h30 to 12h00
Fees: none
Financing: provincial
Legal status: non-profit organization
CARREFOUR JEUNESSE-EMPLOI DE MONTCALM
2417 Victoria Street, Sainte-Julienne, Lanaudière, QC, J0K 2T0
450 831-3930
Website: www.cjemontcalm.qc.ca
Email: courrier@cjemontcalm.qc.ca


Eligibility: people 15 to 35 years of age, youth 15 to 19 years of age at risk of dropping out of school or who have dropped out less than 6 months ago
Coverage area: MRC Montcalm
Hours: Monday to Thursday 8h00 to 16h30, Friday 8h00 to 13h00
Fees: none
Financing: provincial, federal, grant
Legal status: non-profit organization

CENTRE D'INTÉGRATION PROFESSIONNELLE DE LANAUĐIÈRE
547 Leclerc Street, Suite 200, Repentigny, Lanaudière, QC, J6A 8B4
450 582-6561     Fax: 450 582-4536
Website: cipl.ca
Email: info@cipl.ca


Eligibility: women
Coverage area: Lanaudière
Hours: regular schedule: Monday to Thursday 8h00 to 12h00 and 13h00 to 16h00, Friday 8h00 to 12h00
Fees: employment services: free, unless the person does not qualify for the free services
Financing: provincial
Legal status: non-profit organization

CENTRE LOCAL D'EMPLOI DE BERTHIERVILLE
90 du Marché Place, Berthierville, Lanaudière, QC, J0K 1A0
1 800 461-6261     Fax: 450 836-1029
Website: www.mtess.gouv.qc.ca/services-a-la-clientele/centre-local-emploi


Eligibility: job seekers, including people who have particular difficulties entering the labour market, individual and families receiving the governmental last-resort assistance or on a low income, employers and companies, people 16 years and over coping with a long term occupational disability (physical or mental health, physical or intellectual disabilities)
Coverage area: Berthierville
Employment and Income Support

**CENTRE LOCAL D'EMPLOI DE SAINT-JEAN-DE-MATHA**
941 Louis-Cyr Road, Saint-Jean-de-Matha, Lanaudière, QC, J0K 2S0
1 888 872-0048 Fax: 450 886-1838
Website: [www.mtess.gouv.qc.ca/services-a-la-clientele/centre-local-emploi](http://www.mtess.gouv.qc.ca/services-a-la-clientele/centre-local-emploi)

**Services:** Accompaniment services regarding job market integration process and last-resort financial assistance. * Info-emploi counter: job bank that can be consulted on site. * Job search assistance: redaction of resume and preparation to interview. * Multiservices room: access to phone, fax, computers and printing machines. * Workplace learning program. * Training programs aiming professional skills development for enterprises and specific client group: students, women, youth, young mothers, older workers, disabled people, immigrants or visible minorities. * Business assistance: advices and financial support in human resources management. * Last-resort financial and social assistance for people with severe or temporary restrictions on employment or occupational disabilities. * Last-resort financial and social assistance.

**Eligibility:** job seekers, including people who have particular difficulties entering the labour market, individual and families receiving the governmental last-resort assistance or on a low income, employers and companies, people 16 years and over coping with a long term occupational disability (physical or mental health, physical or intellectual disabilities)

**Coverage area:** Saint-Jean-de-Matha

**Hours:** Monday, Tuesday, Thursday and Friday 8h30 to 12h00 and 13h00 to 16h30, Wednesday 10h00 to 12h00 and 13h00 to 16h30

**Financing:** provincial

**Legal status:** provincial government agency

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**CENTRE LOCAL D'EMPLOI DE SAINTE-JULIENNE**
2495 Cartier Street, Sainte-Julienne, Lanaudière, QC, J0K 2T0
450 831-4222 Fax: 450 831-8439
Website: [www.mtess.gouv.qc.ca/services-a-la-clientele/centre-local-emploi](http://www.mtess.gouv.qc.ca/services-a-la-clientele/centre-local-emploi)


**Eligibility:** job seekers, including people who have particular difficulties entering the labour market, individual and families receiving the governmental last-resort assistance or on a low income, employers and companies, people 16 years and over coping with a long term occupational disability (physical or mental health, physical or intellectual disabilities)

**Coverage area:** Sainte-Julienne

**Hours:** Monday, Tuesday, Thursday and Friday 8h30 to 12h00 and 13h00 to 16h30, Wednesday 10h00 to 12h00 and 13h00 to 16h30

**Financing:** provincial

**Legal status:** provincial government agency
Employment and Income Support

CYBER-CIBLE
3131 5th Avenue, Rawdon, Lanaudière, QC, J0K 1S0
450 834-4440
Website: cyber-cible.org
Email: info.cybercible@gmail.com
Eligibility: ATV program: adults with an intellectual disability, recipients of social solidarity and with severe employment constraints, work platform: adults with an intellectual disability or an autism spectrum disorder, recipients of social solidarity and with severe employment constraints, persons not eligible for another employability measure from Emploi-Québec, training: persons at risk of social exclusion, copy center: small businesses, community organizations and individuals
Coverage area: Lanaudière
Hours: office: Monday to Friday 8h30 to 12h00 and 13h00 to 16h00, copy center: Monday to Friday 8h30 to 12h00 and 13h00 to 16h00
Financing: provincial, donations, fundraising campaigns
Legal status: non-profit organization

ENGLISH COMMUNITY ORGANIZATION OF LANAUDIÈRE
3657 Queen Street, Rawdon, Lanaudière, QC, J0K 1S0
450 834-2268
Website: www.ecol-lanaudiere.org
Email: ecollanaudiere@hotmail.com
Services: Support and promote the well-being of the English-speaking community. * Information and referral. * Outreach services and support for seniors: referral, health and legal information, friendly visits and calls, etc. * Community activities related to health, social service, culture, employment, etc. * Employment support: information, referral, translation and interpretation. * Wellness Centre: day centre for seniors. * Informal interpretation services. * Bursary program for students in health or social services.
Eligibility: residents, health professionals, students, employment support: people seeking employment, employment agencies
Coverage area: Lanaudière
Hours: Monday to Friday 9h00 to 16h00
Fees: membership: $5 per year
Financing: federal, provincial, municipal
Legal status: non-profit organization

GROUPE DÉCLIC FORMATION
780B de Montcalm Street, Berthierville, Lanaudière, QC, J0K 1A0
450 836-1079
Website: www.groupedeclic.ca
Email: org@gpdeclic.ca
Eligibility: adults with reading and writing difficulties, adults with little schooling, youth at risk of dropping out of school and their parents
Coverage area: MRC D'Autray
Hours: Monday and Tuesday 9h00 to 17h00, Wednesday to Saturday 8h30 to 17h00
Financing: provincial
Legal status: non-profit organization
GROUPE POPULAIRE D'ENTRAIDE DE LAVALTRIE
160 Saint-Antoine North Street, Lavaltrie, Lanaudière, QC, J5T 2G1
450 586-3536     Fax: 450 586-0652
Website: www.entraidelavaltrie.org
Email: equipe@entraidelavaltrie.org
Eligibility: families on a low income
Coverage area: Lavaltrie
Hours: listening: Monday and Tuesday 9h00 to 13h00, Wednesday to Friday 9h00 to 17h00, monthly lunches: last Thursday of the month 11h30 to 13h30, breakfast: regular Friday 9h00 to 11h00, special Friday 9h00 to 12h00, thrift shop: Wednesday and Friday 9h00 to 17h00, Thursday 9h00 to 19h00, Saturday 10h00 to 12h00
Fees: monthly lunches: $5, weekly breakfast: $1 on regular Fridays, $4 on special Fridays, family vacations: 40% of the cost, collective kitchens, $1.50 per meal, community garden: $20 for the rental of a lot
Financing: donations, municipal, foundations, provincial
Legal status: non-profit organization

PERSPECTIVES NOUVELLES - JOLIETTE
245 Papineau Street, Joliette, Lanaudière, QC, J6E 2K8
1 855 755-3244     Fax: 450 755-3758
Website: www.laclef-perspectives.com
Email: info@laclef-perspectives.com
Services: Employability services. * Individual and group assistance: counselling, CV, job search and interview techniques, skills transfer. * Vocational guidance. * Globe: introduction to the job market, support, individual or group assistance for a better use of job search tools.
Eligibility: people 35 years and over who are looking for a job, welfare or employment insurance recipients or without public income support, Globe service: immigrant people with permanent residency, citizenship or refugee status
Coverage area: Lanaudière
Hours: Monday to Friday 8h30 to 16h30
Financing: provincial
Legal status: non-profit organization

PROVISION COMPASSION
3719 des Commissaires Street, Rawdon, Lanaudière, QC, J0K 1S0
450 834-4958
Email: provisioncompassion@outlook.com
Coverage area: Lanaudière
Hours: Thursday 9h00 to 12h00 and 13h00 to 17h00, Friday 13h00 to 16h00
Fees: variable
Financing: donations
Legal status: non-profit organization

SERVICES QUÉBEC - DIRECTION RÉGIONALE DE LANAUDIÈRE
40 Gauthier Street South, Suite 2000, Joliette, Lanaudière, QC, J6E 4J4
450 752-6888     Fax: 450 755-1926
Website: www.mtess.gouv.qc.ca/services-a-la-clientele/directions-regionales/index_en.asp

Eligibility: job seekers, including people who have particular difficulties entering the labour market, individual and families receiving the governmental last-resort assistance or on a low income, employers and companies, people 16 years old and over coping with a long term occupational disability (physical or mental health, physical or intellectual disabilities), sponsored immigrants on or awaiting welfare and their sponsors

Coverage area: Lanaudière

Hours: Monday to Friday 8h00 to 12h00 and 13h00 to 16h30

Financing: provincial

Legal status: provincial government agency

SERVICES QUÉBEC - JOLIETTE
409 Notre-Dame Street, Joliette, Lanaudière, QC, J6E 3H5
1 800 463-5434 Fax: 450 752-6865
Website: www.mtess.gouv.qc.ca/services-a-la-clientele/centre-local-emploi


Eligibility: job seekers, including people who have particular difficulties entering the labour market, individual and families receiving the governmental last-resort assistance or on a low income, employers and companies, people 16 years and over coping with a long term occupational disability (physical or mental health, physical or intellectual disabilities)

Coverage area: Joliette

Hours: Monday, Tuesday, Thursday and Friday 8h30 to 12h00 and 13h00 to 16h30, Wednesday 10h00 to 12h00 and 13h00 to 16h30

Financing: provincial

Legal status: provincial government agency

SERVICES QUÉBEC - RAWDON
3486 Queen Street, Rawdon, Lanaudière, QC, J0K 1S0
1 877 502-4128 Fax: 450 834-1272
Website: www.mtess.gouv.qc.ca/services-a-la-clientele/centre-local-emploi

Eligibility: job seekers, including people who have particular difficulties entering the labour market, individual and families receiving the governmental last-resort assistance or on a low income, employers and companies, people 16 years and over coping with a long term occupational disability (physical or mental health, physical or intellectual disabilities)

Coverage area: Rawdon

Hours: Monday, Tuesday, Thursday and Friday 8h30 to 12h00 and 13h00 to 16h30, Wednesday 10h00 to 12h00 and 13h00 to 16h30

Financing: provincial

Legal status: provincial government agency

SERVICES QUÉBEC - REPENTIGNY

155 Notre-Dame Street, Suite 25, Repentigny, Lanaudière, QC, J6A 5L3
450 585-6640    Fax: 450 582-4996
Website: www.localisateur.servicesquebec.gouv.qc.ca/en


Eligibility: job seekers, including people who have particular difficulties entering the labour market, individual and families receiving the governmental last-resort assistance or on a low income, employers and companies, people 16 years and over coping with a long term occupational disability (physical or mental health, physical or intellectual disabilities)

Coverage area: Repentigny

Hours: Monday to Friday 8h30 to 12h00 and 13h00 to 16h30

Financing: provincial

Legal status: provincial government agency

SERVICES QUÉBEC - TERREBONNE

1590 Gascon Road, Terrebonne, Lanaudière, QC, J6X 3A2
450 471-3666    Fax: 450 964-9196
Website: www.localisateur.servicesquebec.gouv.qc.ca/en


Eligibility: job seekers, including people who have particular difficulties entering the labour market, individual and families receiving the governmental last-resort assistance or on a low income, employers and companies, people 16 years and over coping with a long term occupational disability (physical or mental health, physical or intellectual disabilities)

Coverage area: Terrebonne, Mascouche

Hours: Monday to Friday 8h30 to 12h00 and 13h00 to 16h30

Financing: provincial

Legal status: provincial government agency
SOUPIÈRE JOLIETTE-LANAUDIÈRE

712 de Lanaudière Street, Joliette, Lanaudière, QC, J6E 3N1
450 755-6616
Website: www.lasoupiere.org
Email: la.soupiere@videotron.ca


Eligibility: people living a difficult situation, families, children, people with reduced mobility, Pass-Action program: people far from the labour market

Coverage area: MRC Joliette

Hours: office: Monday to Friday 8h00 to 16h00, food bank: Wednesday and Thursday 9h00 to 12h00 and 13h00 to 14h30, emergency food assistance: by appointment

Fees: membership: $30 per adult, $5 per child, for a period of 6 months, delivery: $4 per delivery

Financing: grants, donations, membership fees

Legal status: non-profit organization

Employment support for immigrants

CARREFOUR JEUNESSE-EMPLOI DE MONTCALM

2417 Victoria Street, Sainte-Julienne, Lanaudière, QC, J0K 2T0
450 831-3930
Website: www.cjemontcalm.qc.ca
Email: courrier@cjemontcalm.qc.ca


Eligibility: people 15 to 35 years of age, youth 15 to 19 years of age at risk of dropping out of school or who have dropped out less than 6 months ago

Coverage area: MRC Montcalm

Hours: Monday to Thursday 8h00 to 16h30, Friday 8h00 to 13h00

Fees: none

Financing: provincial, federal, grant

Legal status: non-profit organization

PERSPECTIVES NOUVELLES - JOLIETTE

245 Papineau Street, Joliette, Lanaudière, QC, J6E 2K8
1 855 755-3244  Fax: 450 755-3758
Website: www.laclef-perspectives.com
Email: info@laclef-perspectives.com

Services: Employability services. * Individual and group assistance: counselling, CV, job search and interview techniques, skills transfer. * Vocational guidance. * Globe: introduction to the job market, support, individual or group assistance for a better use of job search tools.

Eligibility: people 35 years and over who are looking for a job, welfare or employment insurance recipients or without public income support, Globe service: immigrant people with permanent residency, citizenship or refugee status

Coverage area: Lanaudière

Hours: Monday to Friday 8h30 to 16h30

Financing: provincial

Legal status: non-profit organization
PERSPECTIVES NOUVELLES - REPENTIGNY
50 Thouin Street, Suite 229, Repentigny, Lanaudière, QC, J6A 2Z6
450 755-3244 ext. 115
Website: www.laclef-perspectives.com
Email: info@laclef-perspectives.com
Services: * GLOBE: job search program for immigrant people with group workshops and individual assistance. * Personalized services upon request.
Eligibility: immigrant people seeking a job with a permanent resident, a refugee or a Canadian citizen status, or with a work permit according to the recommendations of an Emploi Québec agent
Coverage area: Lanaudière
Hours: Monday to Friday 9h30 to 17h30 and by appointment
Fees: none
Financing: donations, provincial
Legal status: non-profit organization

PERSPECTIVES NOUVELLES - SAINTE-JULIENNE
2484 Cartier Street, Sainte-Julienne, Lanaudière, QC, J0K 2T0
450 399-0898
Website: www.laclef-perspectives.com
Email: info@laclef-perspectives.com
Services: * GLOBE: job search program for immigrant people with group workshops and individual accompaniment. * Personalized services upon request.
Eligibility: immigrant people searching for a job with a permanent resident, a refugee or a Canadian citizen status
Coverage area: Lanaudière
Hours: Monday to Friday 8h30 to 16h30 and by appointment
Fees: none
Financing: provincial
Legal status: non-profit organization

PERSPECTIVES NOUVELLES - TERREBONNE
500 des Seigneurs Boulevard, Suite 2, Terrebonne, Lanaudière, QC, J6W 1T3
450 312-0300
Website: www.laclef-perspectives.com
Email: info@laclef-perspectives.com
Services: * GLOBE: job search program for immigrant people with group workshops and individual accompaniment. * Personalized services upon request.
Eligibility: immigrant people seeking a job with a permanent resident, a refugee or a Canadian citizen status, or with a work permit according to the recommendations of an Emploi Québec agent
Coverage area: Lanaudière
Hours: Monday to Friday 8h30 to 16h30 and by appointment
Fees: none
Financing: provincial
Legal status: non-profit organization

SERVICE CANADA CENTRE - REPENTIGNY
667 Notre-Dame Street, Suite 200, Repentigny, Lanaudière, QC, J6A 2W5
1 800 622-6232      TTY: 1 800 926-9105
Website: www.servicecanada.gc.ca/tbsc-fsco/sc-dsp.jsp?lang=eng&rc=2420

Coverage area: Repentigny
Hours: Monday to Friday 8h30 to 16h00
Financing: federal
Legal status: federal government agency

SERVICE CANADA CENTRE - TERREBONNE
835 Montée Masson, Terrebonne, Lanaudière, QC, J6W 2C7
1 800 622-6232 TTY: 1 800 926-9105
Website: www.servicecanada.gc.ca/tbsc-fsco/sc-dsp.jsp?lang=eng&rc=2362


Coverage area: Terrebonne
Hours: Monday to Friday 8h30 to 12h00 and 12h45 to 16h00
Financing: federal
Legal status: federal government agency

Employment support for seniors

ACTION RH LANAUDIÈRE - BUREAU JOUETTE
371 Notre-Dame Street, 2nd floor, Joliette, Lanaudière, QC, J6E 3H5
450 752-2303
Website: www.cceml.ca/en
Email: contact@actionrh.ca


Eligibility: employment insurance and income security beneficiaries, unemployed people aged 35 years old and over

Coverage area: Lanaudière
Hours: Monday to Thursday 8h30 to 16h30, Friday by appointment only
Fees: free for unemployed people
Financing: provincial
Legal status: non-profit organization

ACTION RH LANAUDIÈRE - BUREAU REPENTIGNY
542 Notre-Dame Street, Suite 200, Repentigny, Lanaudière, QC, J6A 2T8
450 654-9612 Fax: 450 654-2654
Website: actionrh.ca
Email: m.lajeunesse@actionrh.ca
Employment and Income Support

**Services:** *Job seeking programs: job offers, resume writing assistance, personalized follow-up, workshops, Internet training, guidance service. *Specialized service for people 50 years old and over.

**Eligibility:** employment insurance beneficiaries, income security and individuals with no income

**Coverage area:** Lanaudière

**Hours:** Monday to Friday 8h30 to 16h30

**Fees:** free

**Financing:** provincial

**Legal status:** non-profit organization

**ACTION RH LANAUDIÈRE - BUREAU TERREBONNE**

3395 de la Pinière Boulevard, Suite 130, Terrebonne, Lanaudière, QC, J6X 4N1

450 492-4104 Fax: 450 964-7595

Website: actionrh.ca

Email: contact@actionrh.ca

**Services:** *Job seeking programs: job offers, resume writing assistance, personalized follow-up, workshops, Internet training, guidance service. *Specialized service for people 50 years old and over. *Bank of candidates for employers.

**Eligibility:** employment insurance beneficiaries, income security and others

**Coverage area:** Lanaudière

**Hours:** Monday to Friday 8h30 to 16h30

**Fees:** free

**Financing:** provincial

**Legal status:** non-profit organization

**PERSPECTIVES NOUVELLES - JOLIETTE**

245 Papineau Street, Joliette, Lanaudière, QC, J6E 2K8

1 855 755-3244 Fax: 450 755-3758

Website: www.laclef-perspectives.com

Email: info@laclef-perspectives.com

**Services:** Employability services. *Individual and group assistance: counselling, CV, job search and interview techniques, skills transfer. *Vocational guidance. *Globe: introduction to the job market, support, individual or group assistance for a better use of job search tools.

**Eligibility:** people 35 years and over who are looking for a job, welfare or employment insurance recipients or without public income support, Globe service: immigrant people with permanent residency, citizenship or refugee status

**Coverage area:** Lanaudière

**Hours:** Monday to Friday 8h30 to 16h30

**Financing:** provincial

**Legal status:** non-profit organization

**Employment support for women**

**C.L.E.F., CENTRE LANAUDIÈRE D’EMPLOI POUR FEMMES (LA)**

245 Papineau Street, Joliette, Lanaudière, QC, J6E 2K8

1 855 755-3244 Fax: 450 755-3758

Website: www.laclef-perspectives.com

Email: info@laclef-perspectives.com


**Eligibility:** unemployed women

**Coverage area:** Lanaudière

**Hours:** Monday to Friday 8h30 to 16h30
Financing: provincial  
Legal status: non-profit organization

CENTRE D'INTÉGRATION PROFESSIONNELLE DE LANAUDIÈRE
547 Leclerc Street, Suite 200, Repentigny, Lanaudière, QC, J6A 8B4  
450 582-6561     Fax: 450 582-4536  
Website: cipl.ca  
Email: info@cipl.ca  
Services: Services for women seeking employment.  
* Personal and professional assessment, resume and cover letter writing, interview preparation, research methods and advice.  
* Employment preparation program: 12-week group project.  
* Cartes de l'emploi: ongoing program, individual meetings and group workshops, varying duration.  
* Support for women looking for work in a traditionally male domain.  
* Pre-employability program: accompaniment of women to integrate into an employability measure, training or employment.  
* Computer courses.
Eligibility: women  
Coverage area: Lanaudière  
Hours: regular schedule: Monday to Thursday 8h00 to 12h00 and 13h00 to 16h00, Friday 8h00 to 12h00  
Fees: employment services: free, unless the person does not qualify for the free services  
Financing: provincial  
Legal status: non-profit organization

MAISON PAULINE BONIN
360 Saint-Louis Street, Suite 1, Joliette, Lanaudière, QC, J6E 2Y6  
450 752-6730  
Email: maisonpb@videotron.ca  
Services: Subsidized temporary housing with services.  
* Housing for up to 3 years.  
* Individual support in the procedures, with or without housing.  
* Group accompaniment, with or without housing.  
* Information workshops, with or without housing.
Eligibility: single mothers who want to return to work or school  
Capacity: 12 apartments  
Coverage area: Lanaudière  
Hours: 24 hours / 7 days  
Fees: 25% of income according to the provincial notice of assessment  
Financing: provincial, self-financing  
Legal status: non-profit organization

Employment support for youth

ASSOCIATION QUÉBEC-FRANCE - LANAUDIÈRE
Confidential Address  
Website: www.quebecfrancelanaudiere.org  
Email: presidente@quebecfrancelanaudiere.org  
Services: Development of a direct and privileged France-Québec relation.  
* Dinner and conferences.  
* Intermunicipal work exchange program for youth.  
* Slam-poetry contest.  
* Trips to France.  
* Reciprocity housing.  
* Cultural activities.
Eligibility: Francophiles, French language defenders  
Coverage area: Lanaudière  
Fees: annual membership: $30 individual, $55 couple, $60 organization  
Financing: membership fees  
Legal status: non-profit organization
Employment and Income Support

CARREFOUR FAMILIAL DES MOULINS
427 Léveillé Street, Terrebonne, Lanaudière, QC, J6W 1Z7
450 492-1257 Fax: 450 492-6019
Website: www.carrefourfamilialdesmoulins.com
Email: info@carrefourfamilialdesmoulins.com


Eligibility: families, future parents

Coverage area: MRC Les Moulins

Hours: Monday to Thursday 8h30 to 12h15 and 13h00 to 16h00

Fees: member access: $10 per year

Financing: Centraide Laurentides, provincial, municipal, contributions, self-financing, donations

Legal status: non-profit organization

CARREFOUR JEUNESSE-EMPLOI D'AUTRAY-JOLIETTE
580 Richard Street, Joliette, Lanaudière, QC, J6E 2T4
450 755-2226 Fax: 450 755-6406
Website: carrefourjeunesseemploi.org
Email: info@cjeaj.qc.ca


Eligibility: people 16 to 35 years old

Coverage area: MRC D'Autray, MRC Joliette

Hours: without appointment: Monday, Tuesday, Thursday and Friday 10h00 to 12h00 and 13h00 to 16h00, Wednesday 10h00 to 12h00 and 13h00 to 17h30, by appointment: Monday to Friday 8h30 to 12h00 and 13h00 to 16h00

Fees: none

Financing: provincial, grants

Legal status: non-profit organization

CARREFOUR JEUNESSE-EMPLOI D'AUTRAY-JOLIETTE - POINT DE SERVICE DE BERTHIERVILLE
793 Gilles-Villeneuve Avenue, Berthierville, Lanaudière, QC, J0K 1A0
450 836-1112 Fax: 450 836-1220
Website: carrefourjeunesseemploi.org
Email: info@cjeaj.qc.ca


Eligibility: people 16 to 35 years old

Coverage area: MRC D'Autray, MRC Joliette

Hours: Monday to Thursday 8h30 to 12h00 and 13h00 to 16h00, Friday by appointment

Fees: none

Financing: provincial, grants

Legal status: non-profit organization
CARREFOUR JEUNESSE-EMPLOI D’AUTRAY-JOLIETTE - POINT DE SERVICE LAVALTRIE
1341 Notre-Dame Street, 2nd floor, Lavaltrie, Lanaudière, QC, J5T 0C7
450 586-0110   Fax: 450 586-9643
Website: carrefourjeunesseemploi.org
Email: info@cjeaj.qc.ca
Eligibility: people 16 to 35 years old
Coverage area: MRC D’Autray, MRC Joliette
Hours: by appointment
Fees: none
Financing: provincial, grants
Legal status: non-profit organization

CARREFOUR JEUNESSE-EMPLOI D’AUTRAY-JOLIETTE - POINT DE SERVICE SAINT-GABRIEL
130 Dequoy Street, Saint-Gabriel, Lanaudière, QC, J0K 2N0
450 755-2226   Fax: 450 836-1220
Website: carrefourjeunesseemploi.org
Email: info@cjeaj.qc.ca
Eligibility: people 16 to 35 years old
Coverage area: MRC D’Autray, MRC Joliette
Hours: by appointment: Monday to Friday 8h30 to 12h00 and 13h00 to 15h30
Fees: none
Financing: provincial, grants
Legal status: non-profit organization

CARREFOUR JEUNESSE-EMPLOI DE MONTCALM
2417 Victoria Street, Sainte-Julienne, Lanaudière, QC, J0K 2T0
450 831-3930
Website: www.cjemontcalm.qc.ca
Email: courrier@cjemontcalm.qc.ca
Eligibility: people 15 to 35 years of age, youth 15 to 19 years of age at risk of dropping out of school or who have dropped out less than 6 months ago
Coverage area: MRC Montcalm
Hours: Monday to Thursday 8h00 to 16h30, Friday 8h00 to 13h00
Fees: none
Financing: provincial, federal, grant
Legal status: non-profit organization
CARREFOUR JEUNESSE-EMPLOI DES MOULINS
640 Langlois Street, Suite 3, Terrebonne, Lanaudière, QC, J6W 4P3
450 492-0088    Fax: 450 492-0473
Website: www.cjemoulins.org
Email: info@cjemoulins.org
Youth entrepreneurship awareness. * Professional integration (employability).
Eligibility: youth 16 to 35 years old
Coverage area: MRC Les Moulins
Hours: Monday to Thursday 8h30 to 12h00 and 13h00 to 16h30, Friday 8h30 to 12h00 and 13h00 to 15h30
Fees: none
Financing: provincial
Legal status: non-profit organization

CARREFOUR JEUNESSE-EMPLOI L'ASSOMPTION
10 Notre-Dame Street, 3rd floor, Repentigny, Lanaudière, QC, J6A 2N9
450 581-3785    Fax: 450 582-6610
Website: cjela.qc.ca
Email: info@cjela.qc.ca
Services: Support and accompaniment of youths in their job search or return to school. * Information and referrals. *
Entrepreneurship: conferences at schools, cooperative projects support.
Eligibility: youth 16 to 35 years old
Coverage area: MRC L'Assomption
Hours: Monday, Wednesday 8h30 to 16h30, Tuesday 8h30 to 19h30, Thursday 9h30 to 16h30, Friday 8h30 to 15h30
Fees: free
Financing: provincial
Legal status: non-profit organization

CARREFOUR JEUNESSE-EMPLOI MATAWINIE
105 Principale Street, Saint-Jean-de-Matha, Lanaudière, QC, J0K 2S0
450 886-9220    Fax: 450 886-5765
Website: cjematawinie.qc.ca
Email: info@cjematawinie.qc.ca
Services: * Support, information and accompaniment. * Job search assistance: resume and cover letters writing, simulated interview. * Education and professional guidance. * School perseverance and dropout prevention programs. *
Eligibility: people 15 to 35 years old
Coverage area: Manawan, Saint-Zénon, Saint-Damien, Saint-Félix-de-Valois, Saint-Jean-de-Matha, Saint-Michel-des-Saints, Sainte-Béatrix, Sainte-Émélie-de-l'Énergie
Hours: Monday to Thursday 8h30 to 12h00 and 13h00 to 16h30, Friday 8h30 to 12h00 and 12h30 to 16h30, Wednesday evening by appointment
Fees: none
Financing: provincial, federal, grants
Legal status: non-profit organization

CARREFOUR JEUNESSE-EMPLOI MATAWINIE - POINT DE SERVICE DE RAWDON
4046 Queen Street, Rawdon, Lanaudière, QC, J0K 1S0
450 834-1527    Fax: 450 834-6103
Website: cjematawinie.qc.ca
Email: info@cjematawinie.qc.ca

Eligibility: people 15 to 35 years old

Coverage area: Chertsey, Entrelacs, Notre-Dame-de-la-Merci, Rawdon, Saint-Alphonse-Rodriguez, Saint-Côme, Saint-Donat, Sainte-Marcelline-de-Kildare

Hours: Monday to Thursday 8h30 to 12h00 and 13h00 to 16h30, Friday 8h30 to 12h00 and 12h30 to 16h30, Wednesday evening by appointment

Fees: none

Financing: provincial, federal, grants

Legal status: non-profit organization

PLACE JEUNESSE BERTHIER
301 Melchers Street, Berthierville, Lanaudière, QC, J0K 1A0

450 836-1276

Website: placejeunesseberthier.com
Email: placejeunesse@hotmail.com

Services: * Prevention, listening and advice: noticing issues, referral, daily discussions on various themes, individual encounters, coffee-meetings with relevant people. * Free distribution of condoms. * School and employment support: help with homework, referral of youth at risk of dropping out, writing CVs and simulating interviews. * Coop d'initiation à l'entrepreneuriat collectif (CIEC): youth-led service that offers small repairs to the population, as well as providing a first work experience in a cooperative setting. * Collective cooking workshops. * Social, cultural and recreational activities. * Distribution of school supplies.

Eligibility: youth 12 to 17 years old

Capacity: Covid-19 period: 8

Coverage area: Berthierville

Hours: Tuesday to Thursday 18h00 to 21h00, Friday 18h00 to 22h00, special activities: Saturday and Sunday

Fees: none

Financing: provincial, self-financing, foundations

Legal status: non-profit organization

Tax clinics

ACTION FAMILLE LANORAIE - TAX CLINIC
42 Louis-Joseph-Doucet Street, Lanoraie, Lanaudière, QC, J0K 1E0

450 887-2624 Fax: 450 887-1475

Website: www.actionfamillelanoraie.org
Email: actfamlanoraie@qc.aira.com

Services: Tax clinic by appointment

Eligibility: persons, parents and families on a low income

Coverage area: Lanoraie, Lavaltrie

Hours: March 8 to 31, Monday to Friday de 7h00 to 12h00 and 13h00 to 18h00

Fees: none

Financing: municipal, autofinancement, donations, provincial

Legal status: non-profit organization

CARREFOUR FAMILIAL DES MOULINS - TAX CLINIC
427 Léveillé Street, Terrebonne, Lanaudière, QC, J6W 1Z7

450 492-1257 Fax: 450 492-6019

Website: www.carrefourfamilialdesmoulins.com
Email: info@carrefourfamilialdesmoulins.com

Services: Year-round tax clinic.
Eligibility: people on a low income
Coverage area: MRC Les Moulins
Hours: 2022 clinic: from March 1st to December 30th, by documents drop-off and by appointment only, Monday to Thursday 8h30 to 12h15 and 13h00 to 16h00
Fees: members: none, non-members: $10
Financing: Centraide Laurentides, provincial, municipal, contributions, self-financing, donations
Legal status: non-profit organization

CENTRE D’ACTION BÉNÉVOLE DE MONTCALM
27 Saint-Louis Street, Saint-Esprit, Lanaudière, QC, J0K 2L0
450 839-3118    Fax: 450 839-3440
Website: www.cabmontcalm.com
Email: lequipe@cabmontcalm.com


Eligibility: seniors in vulnerable situations, people on a low income, people living in social isolation, caregivers, volunteers, organizations, meals on wheels: seniors, people in temporary or permanent loss of autonomy, people living with a chronic illness, a physical or intellectual disability, their caregivers
Coverage area: MRC Montcalm
Hours: Monday to Friday 8h30 to 12h00 and 13h00 to 16h00
Fees: annual membership: $15, meals on wheels: variable costs per meal
Financing: self-financing, membership fees, donations
Legal status: non-profit organization

CENTRE D’ACTION BÉNÉVOLE ÉMILIE-GAMELIN - TAX CLINIC
80 Wilfrid-Ranger Street, Saint-Charles-Borromée, Lanaudière, QC, J6E 8M7
450 756-2005    Fax: 450 755-4649
Website: www.emiliegamelin.qc.ca
Email: info@emiliegamelin.qc.ca

Services: * Tax clinic.
Eligibility: people on a low income
Coverage area: MRC Joliette
Hours: March to the end of April, Monday and Tuesday, on appointment
Fees: annual membership: $20, declaration: $10 per person
Financing: membership fees, fundraising campaigns
Legal status: non-profit organization

CENTRE D’ACTION BÉNÉVOLE MRC L’ASSOMPTION - TAX CLINIC
50 Thouin Street, Suite 108, Repentigny, Lanaudière, QC, J6A 4J4
450 581-5033    Fax: 450 581-5470
Website: www.servicebenevole.com/page-vierge-9
Email: sbccommunications@bellnet.ca

Services: Tax clinic by appointment and at-home. * From March 1st to April 30th: by appointment. * Rest of the year: go directly on site.
Eligibility: people on a low income, seniors, immigrants
Coverage area: MRC L’Assomption
Hours: Monday to Thursday 8h00 to 16h30, Friday 8h00 to 13h00, March 1st to April 30th: by appointment
Fees: free
GROUPE D'ENTRAIDE EN TOUTE AMITIÉ - TAX CLINIC
170 Sainte-Foy Street, Berthierville, Lanaudière, QC, J0K 1A0
450 836-6966     Fax: 450 836-3264
Website: entouteamitie2.wixsite.com/fecha
Email: entouteamitie.org@hotmail.com
Services: * Tax clinic.
Eligibility: people on a low income, people living in vulnerable situations
Coverage area: Berthierville, Joliette (St-Viateur district), La Visitation-de-L'île-Dupas, Lanoraie, Saint-Barthélemy, Saint-Cuthbert, Saint-Ignace-de-Loyola, Saint-Élizabeth, Sainte-Geneviève-De-Berthier
Hours: office: Tuesday to Friday 9h30 to 16h00, furniture counter: Tuesday, Wednesday, Friday 13h00 to 16h00 and Thursday 13h00 to 18h30.
Fees: contribution: asking for $10 per single people and $15 for a family
Financing: self-financing
Legal status: non-profit organization

GROUPE D'INFORMATION ET DE DÉFENSE DES DROITS SOCIAUX DE STE-JULIENNE - TAX CLINIC
2398 Cartier Street, Sainte-Julienne, Lanaudière, QC, J0K 2T0
450 831-4825     Fax: 450 831-4825
Website: gidds.org
Email: gidds.ri@gmail.com
Services: Year-round tax clinic.
Eligibility: people on a low income
Coverage area: Sainte-Julienne
Hours: Monday to Thursday 10h00 to 12h00 and 13h00 to 16h00, by appointment only
Fees: annual membership fee: $20, clinic: free
Financing: membership fees
Legal status: non-profit organization

MAISON POPULAIRE DE JOLIETTE - TAX CLINIC
411 Sainte-Anne Boulevard, Joliette, Lanaudière, QC, J6E 5A1
450 759-7977     Fax: 450 759-7977
Website: www.maisonpopulaire.org
Email: info@maisonpopulaire.org
Services: * Year-round tax clinic by appointment.
Eligibility: people on a low income
Coverage area: MRC Joliette
Hours: Monday, Wednesday and Thursday 9h00 to 12h00, 13h00 to 15h30 and 16h00 to 20h00, Tuesday 13h00 to 15h30 and 16h00 to 20h00, Friday 9h00 to 12h00 and 13h00 to 15h30, by appointment
Fees: current year: free, retroactive taxes: $20 per year
Financing: membership fees, donations, Centraide Lanaudière
Legal status: non-profit organization

RUCHE ST-DAMIEN (LA) - TAX CLINIC
7221 Beaulieu Road, Saint-Damien, Lanaudière, QC, J0K 2E0
450 835-9228
Website: www.laruchestdamien.org
Email: laruchestdamien@gmail.com
Services: * Tax clinic.
Eligibility: people on a low income
Vocational rehabilitation and disability-related employment

ANNEXE À ROLAND (L')
400 Baby Street, Joliette, Lanaudière, QC, J6E 2W1
450 916-1536     Fax: 450 756-2245
Website: www.lannexearoland.com
Email: lannexe@bellnet.ca


Eligibility: Expl'or program: people aged 18 and over far from the labour market, bistro: general public

Coverage area: Joliette
Hours: Monday to Thursday 9h00 to 16h00
Fees: Expl'or program: none, prepared dishes: variable
Financing: provincial
Legal status: non-profit organization

ASSOCIATION DE PARENTS D'ENFANT TRISOMIQUE-21 LANAUDIÈRE (L')
245 des Anglais Road, Mascouche, Lanaudière, QC, J7L 3P3
450 477-4116     Fax: 450 477-3534
Website: www.apetl.org
Email: info@apetl.org


Eligibility: people living with Down syndrome, their family, pediatric physiotherapy: children 0 to 5 years old

Coverage area: Lanaudière
Hours: Monday to Thursday 8h00 to 16h00
Fees: annual membership: $25
Financing: membership fees, donations, grants
Legal status: non-profit organization

ATELIER SPÉCIALISÉ LES MOULINS
712 Pincourt Road, Mascouche, Lanaudière, QC, J7L 2W7
450 477-4270     Fax: 450 477-2548
Website: www.aslm.ca
Email: communication@aslm.ca


Eligibility: adults 18 years old and over from Lanaudière county experiencing difficulties to find or maintain a job and 17 years old with a case study from Emploi Québec

Coverage area: Lanaudière
Hours: Monday to Thursday 7h30 to 17h00
BUFFET ACCÈS EMPLOI
355 Road 335, Saint-Lin–Laurentides, Lanaudière, QC, J5M 2C1
450 439-3465 Fax: 450 439-3400
Website: www.bae.qc.ca
Email: info@bae.qc.ca
Eligibility: employment enterprise: adults on welfare assistance or unemployment insurance, frozen meals: general public
Coverage area: Lanaudière
Hours: administration: Monday to Friday 8h30 to 16h30
Fees: frozen meals: variable
Financing: self-financing, grants
Legal status: non-profit organization

CAMPUS EMPLOI (LE) - POINT DE SERVICE REPENTIGNY
467 Notre-Dame Street, Suite 206 G, Repentigny, Lanaudière, QC, J6A 2T3
450 398-0687 Fax: 450 398-0685
Website: campusemploi.org
Email: info@campusemploi.org
Eligibility: men 35 years and over
Coverage area: Repentigny
Hours: Monday to Thursday 8h30 to 16h00, Friday 8h30 to 12h00, by appointment only
Fees: none
Financing: provincial
Legal status: non-profit organization

CAMPUS-EMPLOI (LE)
92 Bourget Place North, Joliette, Lanaudière, QC, J6E 5E5
450 398-0687
Website: campusemploi.org
Email: info@campusemploi.org
Eligibility: men 35 years and over
Coverage area: Joliette
Hours: Monday to Thursday 8h30 to 16h00, Friday 8h30 to 12h00
Fees: none
Financing: provincial
Legal status: non-profit organization
CENTRE D'INTÉGRATION PROFESSIONNELLE DE LANAUDIÈRE
547 Leclerc Street, Suite 200, Repentigny, Lanaudière, QC, J6A 8B4
450 582-6561 Fax: 450 582-4536
Website: cipl.ca
Email: info@cipl.ca


Eligibility: women
Coverage area: Lanaudière
Hours: regular schedule: Monday to Thursday 8h00 to 12h00 and 13h00 to 16h00, Friday 8h00 to 12h00
Fees: employment services: free, unless the person does not qualify for the free services
Financing: provincial
Legal status: non-profit organization

CENTRE LOCAL D'EMPLOI DE BERTHIERVILLE
90 du Marché Place, Berthierville, Lanaudière, QC, J0K 1A0
1 800 461-6261 Fax: 450 836-1029
Website: www.mtess.gouv.qc.ca/services-a-la-clientele/centre-local-emploi


Eligibility: job seekers, including people who have particular difficulties entering the labour market, individual and families receiving the governmental last-resort assistance or on a low income, employers and companies, people 16 years and over coping with a long term occupational disability (physical or mental health, physical or intellectual disabilities)
Coverage area: Berthierville
Hours: Monday, Tuesday, Thursday and Friday 8h30 to 12h00 and 13h00 to 16h30, Wednesday 10h00 to 12h00 and 13h00 to 16h30
Financing: provincial
Legal status: provincial government agency

CENTRE LOCAL D'EMPLOI DE SAINT-JEAN-DE-MATHA
941 Louis-Cyr Road, Saint-Jean-de-Matha, Lanaudière, QC, J0K 2S0
1 888 872-0048 Fax: 450 886-1838
Website: www.mtess.gouv.qc.ca/services-a-la-clientele/centre-local-emploi

Eligibility: job seekers, including people who have particular difficulties entering the labour market, individual and families receiving the governmental last-resort assistance or on a low income, employers and companies, people 16 years and over coping with a long term occupational disability (physical or mental health, physical or intellectual disabilities)

Coverage area: Saint-Jean-de-Matha

Hours: Monday, Tuesday, Thursday and Friday 8h30 to 12h00 and 13h00 to 16h30, Wednesday 10h00 to 12h00 and 13h00 to 16h30

Financing: provincial

Legal status: provincial government agency

CENTRE LOCAL D’EMPLOI DE SAINTE-JULIENNE
2495 Cartier Street, Sainte-Julienne, Lanaudière, QC, J0K 2T0
450 831-4222     Fax: 450 831-8439
Website: www.mtess.gouv.qc.ca/services-a-la-clientele/centre-local-emploi


Eligibility: job seekers, including people who have particular difficulties entering the labour market, individual and families receiving the governmental last-resort assistance or on a low income, employers and companies, people 16 years and over coping with a long term occupational disability (physical or mental health, physical or intellectual disabilities)

Coverage area: Sainte-Julienne

Hours: Monday, Tuesday, Thursday and Friday 8h30 to 12h00 and 13h00 to 16h30, Wednesday 10h00 to 12h00 and 13h00 to 16h30

Financing: provincial

Legal status: provincial government agency

CENTRE RÉSIDENTIEL COMMUNAUTAIRE JOLIETTE-LANAUDIÈRE
785 Manseau Boulevard, Joliette, Lanaudière, QC, J6E 3G1
450 752-0556     Fax: 450 752-0824
Website: www.crcjoliette.ca
Email: stremblay@crcjoliette.ca


Eligibility: judicialized men 18 years and over on a correctional measure with follow-up

Capacity: 21 residents

Coverage area: Lanaudière

Hours: 24 hours / 7 days

Fees: accommodation expenses: variable according to income

Financing: self-financing, provincial, federal

Legal status: non-profit organization

CERTEX - TERREBONNE
1009 Armand-Bombardier Street, Terrebonne, Lanaudière, QC, J6Y 1R9
450 434-1733
Website: certexcanada.com
Email: certex@certexcanada.com
Coverage area: Province of Québec  
Hours: Monday to Friday 8h30 to 16h00  
Fees: sale product: variable  
Financing: municipal, provincial, donations, fundraising campaigns  
Legal status: non-profit organization

CYBER-CIBLE  
3131 5th Avenue, Rawdon, Lanaudière, QC, J0K 1S0  
450 834-4440  
Website: cyber-cible.org  
Email: info.cybercible@gmail.com  
Eligibility: ATV program: adults with an intellectual disability, recipients of social solidarity and with severe employment constraints, work platform: adults with an intellectual disability or an autism spectrum disorder, recipients of social solidarity and with severe employment constraints, persons not eligible for another employability measure from Emploi-Québec, training: persons at risk of social exclusion, copy center: small businesses, community organizations and individuals  
Coverage area: Lanaudière  
Hours: office: Monday to Friday 8h30 to 12h00 and 13h00 to 16h00, copy center: Monday to Friday 8h30 to 12h00 and 13h00 to 16h00  
Financing: provincial, donations, fundraising campaigns  
Legal status: non-profit organization

DÉFI-INTEGRATION-DÉVELOPPEMENT-ACCOMPAGNEMENT (DIDA) - REPENTIGNY  
10 Notre-Dame Street, Suite 111, Repentigny, Lanaudière, QC, J6A 2N9  
450 704-2777  Fax: 450 704-2787  
Website: www.dida-integration.org  
Email: info@dida-integration.org  
Services: Socioprofessional activities for adults living with an intellectual disability. * Accompaniment in the job integration process. * Assembling, labeling, stamping, packaging, shredding, binding and other services.  
Eligibility: adults 21 years and over living with an intellectual disability, employers  
Coverage area: MRC L'Assomption  
Hours: Monday to Friday 8h00 to 15h00  
Fees: membership: $20  
Financing: provincial  
Legal status: non-profit organization

DÉFI-INTEGRATION-DÉVELOPPEMENT-ACCOMPAGNEMENT (DIDA) - TERREBONNE  
911 Montée des Pionniers, Suite A-0307, Terrebonne, Lanaudière, QC, J6V 2H2  
450 654-7525 ext. 10134  Fax: 450 704-2787  
Website: www.dida-integration.org  
Email: info@dida-integration.org  
Services: Socioprofessional activities for adults living with an intellectual disability. * Accompaniment in the job integration process. * Assembling, labeling, stamping, packaging, shredding, binding and other services.  
Eligibility: adults 21 years and over living with an intellectual disability, employers  
Coverage area: MRC Les Moulins  
Hours: Monday to Friday 8h00 to 15h00  
Fees: membership: $20
DYSPHASIE LANAUDEXE
2500 Mascouche Boulevard, Suite 215, Mascouche, Lanaudière, QC, J7K 0H5
450 474-8870
Website: dysphasielanaudiere.org
Email: administration@dysphasielanaudiere.org
Eligibility: people with dysphasia, parents of children with dysphasia, professionals
Coverage area: Lanaudière
Hours: Monday to Thursday 8h30 to 16h30, Friday 8h30 to 12h00
Fees: membership: $25 per year per person or family, $35 for professionals, $50 for corporate members (schools, CPE, community organizations, etc.)
Financing: grants, self-financing, donations
Legal status: non-profit organization

ENTRAIDE POUR LA DÉFICIENCE INTELLECTUELLE DU JOLIETTE MÉTROPOLITAIN (L')
375 Fabre Street, Joliette, Lanaudière, QC, J6E 0X7
450 759-9621    Fax: 450 760-3586
Website: www.entraidedijm.org
Email: info@entraidedijm.org
Eligibility: people living with an intellectual disability, their parents
Coverage area: MRC Joliette and surroundings
Hours: administration: Monday to Friday 8h00 to 16h00
Fees: membership card: $15 per year, $25 per year for a parent living at the same address as their child
Financing: grants, membership fees, donations
Legal status: non-profit organization

GROUPE POPULAIRE D'ENTRAIDE DE LAVALTRIE
160 Saint-Antoine North Street, Lavaltrie, Lanaudière, QC, J5T 2G1
450 586-3536    Fax: 450 586-0652
Website: www.entraidelavaltrie.org
Email: equipe@entraidelavaltrie.org
Eligibility: families on a low income
Coverage area: Lavaltrie
Hours: listening: Monday and Tuesday 9h00 to 13h00, Wednesday to Friday 9h00 to 17h00, monthly lunches: last Thursday of the month 11h30 to 13h30, breakfast: regular Friday 9h00 to 11h00, special Friday 9h00 to 12h00, thrift shop: Wednesday and Friday 9h00 to 17h00, Thursday 9h00 to 19h00, Saturday 10h00 to 12h00
Fees: monthly lunches: $5, weekly breakfast: $1 on regular Fridays, $4 on special Fridays, family vacations: 40% of the cost, collective kitchens, $1.50 per meal, community garden: $20 for the rental of a lot
Financing: donations, municipal, foundations, provincial
Legal status: non-profit organization
**MAISON PAULINE BONIN**
360 Saint-Louis Street, Suite 1, Joliette, Lanaudière, QC, J6E 2Y6
450 752-6730
Email: maisonpb@videotron.ca

**Services:** Subsidized temporary housing with services. * Housing for up to 3 years. * Individual support in the procedures, with or without housing. * Group accompaniment, with or without housing. * Information workshops, with or without housing.

**Eligibility:** single mothers who want to return to work or school

**Capacity:** 12 apartments

**Coverage area:** Lanaudière

**Hours:** 24 hours / 7 days

**Fees:** 25% of income according to the provincial notice of assessment

**Financing:** provincial, self-financing

**Legal status:** non-profit organization

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**PROVISION COMPASSION**
3719 des Commissaires Street, Rawdon, Lanaudière, QC, J0K 1S0
450 834-4958
Email: provisioncompassion@outlook.com

**Services:** * Food counter: low cost baskets including perishable and non-perishable food. * Emergency food assistance. * Social integration programs.

**Coverage area:** Lanaudière

**Hours:** Thursday 9h00 to 12h00 and 13h00 to 17h00, Friday 13h00 to 16h00

**Fees:** variable

**Financing:** donations

**Legal status:** non-profit organization

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**SERLAN - JOLIETTE**
957 Raoul-Charette Street, Joliette, Lanaudière, QC, J6E 8S4
450 752-0030     Fax: 450 752-2015
Website: serlan.com
Email: sboucher@serlan.com

**Services:** Adapted workplace for people with a disability. * Assembling, mounting, shrink wrapping, bagging, labeling, die cutting, various handling, spiral binding and Wire-O.

**Eligibility:** people living with a physical or an intellectual disability, or a mental health issue

**Coverage area:** Lanaudière

**Hours:** Monday to Thursday 7h00 to 16h00

**Fees:** none

**Financing:** provincial, self-financing

**Legal status:** non-profit organization

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**SERLAN - REPENTIGNY**
505 Lanaudière Street, Repentigny, Lanaudière, QC, J6A 7N1
450 654-9574     Fax: 450 654-5908
Website: serlan.com
Email: sboucher@serlan.com

**Services:** Adapted workplace for people with a disability. * Assembling, mounting, shrink wrapping, bagging, labeling, die cutting, various handling, spiral binding and Wire-O.

**Eligibility:** people living with a physical or an intellectual disability, or a mental health issue

**Coverage area:** Repentigny

**Hours:** Monday to Friday 7h00 to 16h00

**Fees:** none

**Financing:** provincial, self-financing

**Legal status:** non-profit organization
SERVICE CANADA CENTRE - REPENTIGNY
667 Notre-Dame Street, Suite 200, Repentigny, Lanaudière, QC, J6A 2W5
1 800 622-6232     TTY: 1 800 926-9105
Website: www.servicecanada.gc.ca/tbsc-fsco/sc-dsp.jsp?lang=eng&rc=2420


Coverage area: Repentigny
Hours: Monday to Friday 8h30 to 16h00
Financing: federal
Legal status: federal government agency

SERVICE CANADA CENTRE - TERREBONNE
835 Montée Masson, Terrebonne, Lanaudière, QC, J6W 2C7
1 800 622-6232     TTY: 1 800 926-9105
Website: www.servicecanada.gc.ca/tbsc-fsco/sc-dsp.jsp?lang=eng&rc=2362


Coverage area: Terrebonne
Hours: Monday to Friday 8h30 to 12h00 and 12h45 to 16h00
Financing: federal
Legal status: federal government agency

SERVICE SPÉCIALISÉ DE MAIN-D’OEUVRE ESSOR II - POINT DE SERVICE DE JOLIETTE
463 de Lanaudière Street, Joliette, Lanaudière, QC, J6E 3M3
450 755-3855     Fax: 450 755-3266
Website: www.essor2.org
Email: essor@bellnet.ca


Eligibility: people with physical, intellectual or psychological limitations

Coverage area: Lanaudière
Hours: Monday to Thursday 8h30 to 16h30, Friday 8h30 to 12h00
Financing: grants
Legal status: non-profit organization

SERVICE SPÉCIALISÉ DE MAIN-D’OEUVRE ESSOR II - POINT DE SERVICE DE MASCOUCHE
2500 Mascouche Boulevard, Suite 228, Mascouche, Lanaudière, QC, J7K 0H5
450 755-3855     Fax: 450 755-3266
Website: www.essor2.org
Email: essor@bellnet.ca

Eligibility: people with physical, intellectual or psychological limitations

Coverage area: Lanaudière

Hours: Monday to Thursday 8h30 to 16h30, Friday 8h30 to 12h00

Financing: grants

Legal status: non-profit organization

SERVICES QUÉBEC - DIRECTION RÉGIONALE DE LANAUDIÈRE
40 Gauthier Street South, Suite 2000, Joliette, Lanaudière, QC, J6E 4J4
450 752-6888     Fax: 450 755-1926
Website: www.mtess.gouv.qc.ca/services-a-la-clientele/directions-regionales/index_en.asp


Eligibility: job seekers, including people who have particular difficulties entering the labour market, individual and families receiving the governmental last-resort assistance or on a low income, employers and companies, people 16 years old and over coping with a long term occupational disability (physical or mental health, physical or intellectual disabilities), sponsored immigrants on or awaiting welfare and their sponsors

Coverage area: Lanaudière

Hours: Monday to Friday 8h00 to 12h00 and 13h00 to 16h30

Financing: provincial

Legal status: provincial government agency

SERVICES QUÉBEC - JOLIETTE
409 Notre-Dame Street, Joliette, Lanaudière, QC, J6E 3H5
1 800 463-5434     Fax: 450 752-6865
Website: www.mtess.gouv.qc.ca/services-a-la-clientele/centre-local-emploi

Eligibility: job seekers, including people who have particular difficulties entering the labour market, individual and families receiving the governmental last-resort assistance or on a low income, employers and companies, people 16 years and over coping with a long term occupational disability (physical or mental health, physical or intellectual disabilities)

Coverage area: Joliette

Hours: Monday, Tuesday, Thursday and Friday 8h30 to 12h00 and 13h00 to 16h30, Wednesday 10h00 to 12h00 and 13h00 to 16h30

Financing: provincial

Legal status: provincial government agency

SERVICES QUÉBEC - RAWDON
3486 Queen Street, Rawdon, Lanaudière, QC, J0K 1S0
1 877 502-4128 Fax: 450 834-1272
Website: www.mtess.gouv.qc.ca/services-a-la-clientele/centre-local-emploi


Eligibility: job seekers, including people who have particular difficulties entering the labour market, individual and families receiving the governmental last-resort assistance or on a low income, employers and companies, people 16 years and over coping with a long term occupational disability (physical or mental health, physical or intellectual disabilities)

Coverage area: Rawdon

Hours: Monday, Tuesday, Thursday and Friday 8h30 to 12h00 and 13h00 to 16h30, Wednesday 10h00 to 12h00 and 13h00 to 16h30

Financing: provincial

Legal status: provincial government agency

SERVICES QUÉBEC - REPENTIGNY
155 Notre-Dame Street, Suite 25, Repentigny, Lanaudière, QC, J6A 5L3
450 585-6640 Fax: 450 582-4996
Website: www.localisateur.servicesquebec.gouv.qc.ca/en

Eligibility: job seekers, including people who have particular difficulties entering the labour market, individual and families receiving the governmental last-resort assistance or on a low income, employers and companies, people 16 years and over coping with a long term occupational disability (physical or mental health, physical or intellectual disabilities)

Coverage area: Repentigny

Hours: Monday to Friday 8h30 to 12h00 and 13h00 to 16h30

Financing: provincial

Legal status: provincial government agency

SERVICES QUÉBEC - TERREBONNE
1590 Gascon Road, Terrebonne, Lanaudière, QC, J6X 3A2
450 471-3666 Fax: 450 964-9196
Website: www.localisateur.servicesquebec.gouv.qc.ca/en


Eligibility: job seekers, including people who have particular difficulties entering the labour market, individual and families receiving the governmental last-resort assistance or on a low income, employers and companies, people 16 years and over coping with a long term occupational disability (physical or mental health, physical or intellectual disabilities)

Coverage area: Terrebonne, Mascouche

Hours: Monday to Friday 8h30 to 12h00 and 13h00 to 16h30

Financing: provincial

Legal status: provincial government agency

SOUPIÈRE JOLIETTE-LANAUDIÈRE(LA)
712 de Lanaudière Street, Joliette, Lanaudière, QC, J6E 3N1
450 755-6616
Website: www.lasoupiere.org
Email: la.soupiere@videotron.ca


Eligibility: people living a difficult situation, families, children, people with reduced mobility, Pass-Action program: people far from the labour market

Coverage area: MRC Joliette

Hours: office: Monday to Friday 8h00 to 16h00, food bank: Wednesday and Thursday 9h00 to 12h00 and 13h00 to 14h30, emergency food assistance: by appointment

Fees: membership: $30 per adult, $5 per child, for a period of 6 months, delivery: $4 per delivery
Financing: grants, donations, membership fees
Legal status: non-profit organization
Food

CHRISTMAS BASKET

COLLECTIVE KITCHENS AND COOKING WORKSHOPS

COMMUNITY GARDENS AND MARKETS

FOOD ASSISTANCE

FOOD AID FOR PREGNANT WOMEN AND CHILDREN

FOOD ASSISTANCE COORDINATION

FOOD ASSISTANCE IN SCHOOLS

LOW COST OR FREE MEALS

PREPARED MEALS AND MEALS-ON-WHEELS
**Christmas basket**

**ACTION FAMILLE LAVALTRIE**  
1725 Notre-Dame Street, Lavaltrie, Lanaudière, QC, J5T 1S2  
450 586-0733  Fax: 450 586-6652  
Website: www.actionfamillelavaltrie.org  
Email: actionfamillelavaltrieinc@bellnet.ca

**Eligibility:** Expérience Loisirs program: people, parents and families on a low income, daycare: children 18 month to 5 years old, welcoming and support program for immigrants: immigrants, room rental: members  
**Coverage area:** Lavaltrie, welcoming and support program for immigrants: MRC D’Autray  
**Hours:** Monday to Friday 9h00 to 16h00, daycare: Wednesday to Friday 9h00 to 16h00  
**Fees:** membership: $12 per year, workshops: variable, daycare: $12 per day, $8 per day for the second child and the other children or $3 per hour, Expérience Loisirs program: free, room rental: $50 deposit, $100 for 4 hours, $120 for 6 hours, $200 for the day  
**Financing:** Centraide Lanaudière, municipal, provincial, contributions, self-financing, fundraising campaigns, donations  
**Legal status:** non-profit organization

**AMI(ES) D’ÉMÉLIE (LES)**  
350 Principale Street, Sainte-Émélie-de-l’Énergie, Lanaudière, QC, J0K 2K0  
450 886-9009  
Email: lesamisdemelie98@gmail.com

**Services:** * Food assistance. * Thrift store: clothes, furniture, household items and toys. * Christmas boxes.  
**Eligibility:** people on a low income or living through a difficult situation  
**Coverage area:** Sainte-Émélie-de-l’Énergie  
**Hours:** Friday 13h00 to 16h00  
**Fees:** variable  
**Financing:** donations, self-financing  
**Legal status:** non-profit organization

**AMIS DE LAMATER (LES)**  
695 Ouimet Street, Terrebonne, Lanaudière, QC, J6W 3B1  
450 492-0030  Fax: 450 492-0734  
Website: lesamisdelamater.org  
Email: jeannedignard@msn.com

**Eligibility:** seniors 50 years old and over, autonomous, semi-autonomous or with a loss of autonomy  
**Capacity:** 30 persons per day  
**Coverage area:** MRC Les Moulins  
**Hours:** Monday to Thursday 8h30 to 16h00, Friday 8h30 to 15h30  
**Fees:** annual registration: $60, activity day: $15  
**Financing:** self-financing, provincial, donations  
**Legal status:** non-profit organization
AUX TROUVAILLES DE MANDEVILLE
80 Saint-Charles-Borromée Street, Mandeville, Lanaudière, QC, J0K 1L0
450 835-7207 Fax: 450 835-0290
Email: aux_trouvailles@hotmail.com


 Eligibility: people on a low income, people living in social isolation
Coverage area: Mandeville
Hours: Monday, Wednesday to Friday 10h30 to 16h15, Saturday 10h00 to 14h45
Financing: self-financing, Centraide Lanaudière, provincial
Legal status: non-profit organization

BUREAU D'ENTRAIDE DE ST-BARTHÉLEMY
1980 Bonin Street, Suite 304, Saint-Barthélemy, Lanaudière, QC, J0K 1X0
450 885-3511 ext. 5003
Email: besbinfo@gmail.com


Eligibility: general public
Coverage area: Saint-Barthélemy
Hours: Monday to Friday 10h00 to 12h00 and 13h00 to 17h00
Financing: donations, self-financing, fundraising campaigns
Legal status: non-profit organization

CARREFOUR ÉMILIE DE LANORAIE
361A Notre-Dame Street, Lanoraie, Lanaudière, QC, J0K 1E0
450 887-0090
Email: carrefour.emilie@outlook.com


Eligibility: people in need
Coverage area: Lanoraie
Hours: clothing bank: Tuesday, Wednesday and Thursday 12h30 to 15h30, Friday 9h00 to 12h00, food aid: Thursday 14h00 to 15h00, administration: 7h00 to 16h00
Fees: food aid: $10 per month, clothing bank: variable
Financing: donations
Legal status: non-profit organization

CENTRE D'AMITIÉ AUTOCHTONE DE LANAUDIÈRE
523 Sainte-Anne Boulevard, Joliette, Lanaudière, QC, J6E 5A3
450 760-3865 Fax: 450 760-9923
Website: www.caalanaudiere.ca
Email: info@caalanaudiere.ca


Eligibility: native people of all ages
Coverage area: Joliette
COMITÉ D’AIDE AUX PLAINOIS
5611 Laurier Boulevard, Terrebonne, Lanaudière, QC, J7M 1T7
450 477-8761
Email: cap.terrebonne@gmail.com
Eligibility: people and families on a low income
Coverage area: La Plaine
Hours: Monday to Friday 10h00 to 11h30 and 13h00 to 17h00
Fees: none
Financing: donations, self-financing, fundraising campaigns
Legal status: non-profit organization

COMITÉ D’AIDE LACHENOIS
1345 Grande-Allée Street, Suite 104, Terrebonne, Lanaudière, QC, J6W 4K6
450 964-0360
Eligibility: residents
Coverage area: Lachenaie
Hours: Monday to Thursday 9h00 to 15h00
Fees: none
Financing: donations, fundraising campaigns
Legal status: non-profit organization

COMPTOIR VESTIMENTAIRE SAINTE-MARCELLINE
451 Principale Street, Sainte-Marcelline-de-Kildare, Lanaudière, QC, J0K 2Y0
450 883-8254
Eligibility: residents
Coverage area: Sainte-Marcelline-De-Kildare
Hours: thrift store: Wednesday 13h00 to 15h30 and 19h00 to 20h00
Fees: variable
Financing: self-financing
Legal status: non-profit organization

ENTRAIDE COMMUNAUTAIRE DE ST-AMBROISE-DE-KILDARE
750 Principale Street, Saint-Ambroise-de-Kildare, Lanaudière, QC, J0K 1C0
450 944-2020
Email: entraidekildare@gmail.com
Eligibility: people and families on a low income
Coverage area: Saint-Ambroise-de-Kildare
Hours: thrift store: Monday 13h00 to 16h00, food aid distribution: Thursday 15h00 to 17h30
Fees: none
FINANCING: self-financing, donations, grants
LEGAL STATUS: non-profit organization

ENTRAIDE COMMUNAUTAIRE SAINTE-MÉLANIE
910 Principale Road, Sainte-Mélanie, Lanaudière, QC, J0K 3A0
450 889-5871 ext. 227
Email: entraidecommunautairestm@gmail.com


ELIGIBILITY: food assistance: people and families on a low income, thrift store: general public

COVERAGE AREA: Sainte-Mélanie

HOURS: thrift store: Tuesday 9h00 to 12h00 and 13h30 to 15h30, food assistance: Friday 9h00 to 12h00

FEES: food basket: $5 per person, $10 for 2 people and over

FINANCING: donations, self-financing

LEGAL STATUS: non-profit organization

FABRIQUE DE LA PAROISSE DE PAROISSE NOTRE-DAME-DE-L'ACADIE (LA) - DÉPANNAGE SAINT-JACQUES
102 Saint-Jacques Street, Saint-Jacques, Lanaudière, QC, J0K 2R0
450 839-3434 Fax: 450 839-2070
Email: paroisse.n-d-acadie@videotron.ca


ELIGIBILITY: people on a low income and families

COVERAGE AREA: Saint-Jacques

HOURS: clothing depot: Monday and Wednesday 13h00 to 16h00, Wednesday 18h00 to 19h30 from the end of April to the end of October, food bank: one Wednesday out of two 13h00 to 14h00

FEES: food aid: $3 per family

FINANCING: donations, self-financing

LEGAL STATUS: non-profit organization

FIN À LA FAIM...
50 Thouin Street, Suite 223, Repentigny, Lanaudière, QC, J6A 4J4
450 654-3871 Fax: 450 704-2871
Website: www.finalafaim.org
Email: info@finalafaim.org


ELIGIBILITY: people and families on a low income

COVERAGE AREA: Lanaudière

HOURS: office: Monday to Thursday 8h30 to 16h30, Friday 8h30 to 12h30, food distribution: Thursday 12h00 to 16h00, by appointment

FEES: food assistance: $3 per family per week

FINANCING: donations

LEGAL STATUS: non-profit organization

GROUPE D'ENTRAIDE EN TOUTE AMITIÉ
170 Sainte-Foy Street, Berthierville, Lanaudière, QC, J0K 1A0
450 836-6966 Fax: 450 836-3264
Website: entouteamitie2.wixsite.com/geta
Email: entouteamitie.org@hotmail.com

Eligibility: people on a low income, people living in vulnerable situations

Coverage area: Berthierville, Joliette (St-Viateur district), La Visitation-de-l'Île-Dupas, Lanoraie, Saint-Barthélemy, Saint-Cuthbert, Saint-Ignace-de-Loyola, Saint-Élizabeth, Sainte-Geneviève-De-Berthier

Hours: office: Tuesday to Friday 9h30 to 16h00, furniture counter: Tuesday, Wednesday, Friday 13h00 to 16h00 and Thursday 13h00 to 18h30.

Financing: self-financing

Legal status: non-profit organization

GROUPE ENTRAIDE ET AMITIÉ SAINT-ALPHONSE
800 Route 343, Saint-Alphonse-Rodriguez, Lanaudière, QC, J0K 1W0
450 365-7016

Email: francoisgaudet331@icloud.com


Eligibility: single individuals, couples, families on a low income

Coverage area: Saint-Alphonse-Rodriguez

Hours: Wednesday 13h00 to 14h00

Fees: delivery: suggested contribution of $5 per adult

Financing: donations, self-financing

Legal status: non-profit organization

OEUVRES DE GALILÉE (LES)
766 Léopold-Lachapelle Street, Terrebonne, Lanaudière, QC, J6W 2T9
450 492-9442    Fax: 450 492-8404

Website: www.galileeterrebonne.com

Email: lesoeuvresdegalilee@videotron.ca


Eligibility: people on a low income

Coverage area: Terrebonne Centre

Hours: food assistance: Mondays, Wednesdays and Thursdays from 13h00 to 16h00, discussion group or collective kitchen: Mondays

Fees: membership: $10, every two weeks food distribution: $5, emergency assistance: free

Financing: donations, municipal, grants

Legal status: non-profit organization

PETITE MISSION (LA)
1915 de la Réserve Montée, Notre-Dame-de-la-Merci, Lanaudière, QC, J0T 2A0
819 424-7855

Email: lapetitemission@gmail.com


Eligibility: people on a low income

Coverage area: Entrelacs, Notre-Dame-de-la-Merci, Saint-Donat

Hours: Monday to Friday 8h30 to 12h00 and 13h00 to 16h00, food bank: Thursday

Fees: variable

Financing: self-financing, fundraising campaigns

Legal status: non-profit organization
RUCHE ST-DAMIEN (LA)
7221, chemin Beaulieu, Saint-Damien, Lanaudière, QC, J0K 2E0
450 835-9228     Fax: 450 835-9228
Website: www.laruchestdamien.org
Email: laruchestdamien@gmail.com
Eligibility: Persons with low-income
Coverage area: Saint-Damien
Hours: Thursday to Friday 10h00 to 16h00, Saturday 10h00 to 15h00, Food bank: 1st and 3rd Thursday of each month 10h00 to 15h00.
Fees: Annual membership: 5$, food bank: 4$ per person 18 years old and over, free for dependent children, emergency breakdown service: free
Legal status: non-profit organization

SERVICE D'ENTRAIDE SAINT-LIN-LAURENTIDES
532 Saint-Antoine Street, Saint-Lin–Laurentides, Lanaudière, QC, J5M 3A4
450 439-2218
Email: service.entraide@bellnet.ca
Eligibility: people and families in need
Coverage area: Saint-Lin-Laurentides
Hours: Monday to Saturday 9h00 to 12h00 and 13h00 to 15h30
Fees: variable
Financing: donations, grants
Legal status: non-profit organization

SOCIÉTÉ DE SAINT-VINCENT DE PAUL - CONFÉRENCE L'ASSOMPTION
168 Saint-Joseph Street, L'Assomption, Lanaudière, QC, J5W 3B8
450 589-6655
Eligibility: people in need
Coverage area: L'Assomption
Hours: furniture: Tuesday and Wednesday 13h15 to 14h15, Thursday 17h45 to 19h45, Saturday 8h45 to 11h45, clothing and other articles: Tuesday and Wednesday 13h00 to 14h30, Thursday 18h00 to 20h00, Saturday 9h00 to 12h00
Fees: none
Financing: donations
Legal status: non-profit organization

SOCIÉTÉ DE SAINT-VINCENT DE PAUL - CONFÉRENCE MARIE-REINE-DU-MONDE - RAWDON
3759 Queen Street, Rawdon, Lanaudière, QC, J0K 1S0
450 755-7753
Website: www.ssvp.qc.ca
Email: info@ssvp.qc.ca
Eligibility: people in need
Coverage area: Rawdon
Food

Hours: Monday 12h00 to 15h00, thrift store: Monday 9h00 to 16h00
Financing: self-financing, donations
Legal status: non-profit organization

SOCIÉTÉ DE SAINT-VINCENT DE PAUL - CONFÉRENCE REPENTIGNY - L'ESSENTIEL
565 Leclerc Street, Repentigny, Lanaudière, QC, J6A 8C1
450 582-3388  Fax: 450 582-7237
Email: repentigny@ssvp-mtl.org
Eligibility: people on a low income
Coverage area: Repentigny and Le Gardeur, including Purification, Notre-Dame-des-Champs, Précieux-Sang and Saint-Paul-l'Érmitte parishes
Hours: food bank: Monday and Wednesday 13h00 to 16h00, Friday 10h30 to 14h00
Financing: donations, self-financing
Legal status: non-profit organization

SOCIÉTÉ DE SAINT-VINCENT DE PAUL - CONSEIL PARTICULIER DE JOLIETTE
465 Laval Street, Joliette, Lanaudière, QC, J6E 5G9
450 759-4862
Website: ssvp-joliette.com
Email: ssvpjoliette@videotron.ca
Eligibility: individuals and families on a low income
Coverage area: Crabtree, Joliette, Notre-Dame-des-Prairies, Saint-Charles-Borromée
Hours: material assistance: by appointment
Fees: variable
Financing: donations
Legal status: non-profit organization

SOCIÉTÉ DE SAINT-VINCENT DE PAUL - SAINT-GÉRARD-MAJELLA
2740 L'Ange-Gardien Boulevard North, L'Assomption, Lanaudière, QC, J5W 4R8
450 588-7934
Email: mychelemelancon@yahoo.ca
Eligibility: people on a low income
Coverage area: Saint-Gérard-Majella
Hours: Thursday 9h00 to 12h00, Saturday 9h00 to 12h00
Financing: donations
Legal status: non-profit organization

SOCIÉTÉ DE SAINT-VINCENT DE PAUL - VESTIAIRE CHARLEMAGNE
19 Notre-Dame Street, Charlemagne, Lanaudière, QC, J5Z 1G8
450 582-6611
Website: ssvp-mtl.org/en
Email: svpcharlemagne@videotron.ca
Eligibility: people in need
Coverage area: Charlemagne
Hours: Tuesday 12h30 to 15h30, Saturday 9h00 to 12h00, food aid: by appointment
Fees: free
Financing: donations, self-financing
Legal status: non-profit organization

SOCIÉTÉ DE SAINT-VINCENT-DE-PAUL - CONFÉRENCE SAINTE-JULIENNE ET SAINT-ESPRIT
1484 Albert Street, Sainte-Julienne, Lanaudière, QC, J0K 2T0
450 831-8207
Website: ssvp.qc.ca
Email: ssvp2389@gmail.com
Eligibility: food assistance and Christmas baskets: people on a low income, thrift store: general population
Coverage area: Saint-Alexis, Saint-Espirit, Sainte-Julienne
Hours: Monday to Wednesday 9h00 to 16h00, Friday 9h00 to 15h00, food assistance: Thursday 9h00 to 15h00
Financing: donations
Legal status: non-profit organization

SOURCE DE VIE DE ST-GABRIEL
147 Beausoleil Street, Saint-Gabriel, Lanaudière, QC, J0K 2N0
450 835-1837 Fax: 450 835-9596
Website: www.sourcedeviestgab.com
Email: info@sourcedeviestgab.com
Eligibility: people on a low income
Coverage area: Saint-Gabriel, Saint-Didace, Saint-Cuthbert, Saint-Norbert
Hours: administration: Tuesday to Friday 9h00 to 16h30, stores: Tuesday to Saturday 11h00 to 16h30
Fees: food assistance: $2 per week, payable at the beginning of each month
Financing: donations, provincial
Legal status: non-profit organization

Collective kitchens and cooking workshops

ACTION FAMILLES DE LA PLaine
5900 Rodrigue Street, Terrebonne, Lanaudière, QC, J7M 2C1
Email: actionfamillesdelaplaine@gmail.com
Services: * Food assistance. * Collective kitchen.
Eligibility: families
Capacity: 40
Coverage area: Terrebonne
Hours: food assistance: Friday 8h30 to 12h00, collective kitchen: Friday
Fees: registration: $5, cooked portion: $2, food box: $5
Financing: self-financing
Legal status: non-profit organization

AILES DE L'ESPOIR DE SAINT-CALIXTE (LES)
20 Alexandre Street, Saint-Calixte, Lanaudière, QC, J0K 1Z0
450 222-3923
Website: www.lesailesdelespoir.com
Email: comptabilite@lesailesdelespoir.org

Eligibility: people on a low income

Coverage area: Saint-Calixte

Hours: Monday and Tuesday 9h00 to 16h00, Thursday 9h00 to 16h00, Friday 9h00 to 12h00

Fees: annual membership: $35, food bank: $6 every two weeks, meals: free

Financing: donations

Legal status: non-profit organization

**AMIS DE MARIE DE SAINT-CÔME (LES)**

1250 Alphonse-Marion Street, Saint-Côme, Lanaudière, QC, J0K 2B0

450 883-2600


Coverage area: Saint-Alphonse-Rodriguez, Sainte-Émélie-de-l'Énergie, Saint-Côme and surrounding areas

Hours: Monday, Wednesday, Friday 13h00 to 14h00, Saturday 9h00 to 11h00 and 13h00 to 14h00

Fees: delivery: variable depending on distance, membership: $5, which gives a right of vote at the General Assembly

Financing: donations

Legal status: non-profit organization

**AUX TROUVAILLES DE MANDEVILLE**

80 Saint-Charles-Borromée Street, Mandeville, Lanaudière, QC, J0K 1L0

450 835-7207 Fax: 450 835-0290

Email: aux_trouvailles@hotmail.com


Eligibility: people on a low income, people living in social isolation

Coverage area: Mandeville

Hours: Monday, Wednesday to Friday 10h30 to 16h15, Saturday 10h00 to 14h45

Financing: self-financing, Centraide Lanaudière, provincial

Legal status: non-profit organization

**CENTRE D'ENTRAIDE ET DE DÉPANNAGE DE ST-ZÉNON**

6091 Principale Street, Saint-Zénon, Lanaudière, QC, J0K 3N0

450 884-0000

Email: centredentraide01@gmail.com


Eligibility: seniors, people on a low income, people in a vulnerable situation

Coverage area: Saint-Zénon

Hours: thrift store: Thursday and Saturday 13h00 to 17h00, Friday 13h00 to 20h00, other services: variable

Fees: variable

Financing: donations, fundraising campaigns, grants, provincial

Legal status: non-profit organization

**CLEF FAMILIALE SAINT-BARTHÉLEMY (LA)**

1980 Bonin Street, Room SS02, Saint-Barthélemy, Lanaudière, QC, J0K 1X0

450 885-3511 ext. 5007

Email: lacleffamiliale@saint-barthelemy.ca

**Eligibility:** people and families on a low income

**Coverage area:** Saint-Barthélemy

**Hours:** Monday to Friday 8h00 to 15h00

**Fees:** annual subscription: $5

**Financing:** Centraide Lanaudière, provincial, donations, contributions

**Legal status:** non-profit organization

**COMPTOIR VESTIMENTAIRE DE SAINT-FÉLIX-DE-VALOIS**

4650 Principale Street, Saint-Félix-de-Valois, Lanaudière, QC, J0K 2M0

450 889-2667

**Services:** * Recovery and sale of used clothing and household items at low prices. * Food vouchers. * Collective kitchen.

**Eligibility:** food vouchers: people on a low income

**Coverage area:** Saint-Félix-De-Valois

**Hours:** Wednesday 9h00 to 16h00, Thursday 18h00 to 20h00, Saturday 13h00 to 16h00

**Fees:** variable

**Financing:** donations, municipal

**Legal status:** non-profit organization

**CUISINES COLLECTIVES DE MATHA (LES)**

2 Principale Street, Saint-Jean-de-Matha, Lanaudière, QC, J0K 2S0

450 886-1944

**Email:** cuisinesdematha@distributel.net

**Services:** * Collective kitchens. * Community gardens.

**Eligibility:** all, especially people on low income

**Coverage area:** Saint-Jean-de-Matha

**Hours:** Monday to Thursday 8h00 to 16h30

**Financing:** grants

**Legal status:** non-profit organization

**CUISINES COLLECTIVES LA JOYEUSE MARMITE**

50 Thouin Street, Suite 114, Repentigny, Lanaudière, QC, J6A 4J4

450 581-0468

**Website:** www.lajoyeusemarmite.com

**Email:** cclajoyeusemarmite@hotmail.com

**Services:** * Collective kitchens: families, seniors, baby food. * Daycare and respite.

**Eligibility:** individuals and families on a low income, priority to families referred by CISSS de la Montérégie-Est or other community agencies and partners

**Coverage area:** MRC L’Assomption

**Hours:** Monday to Thursday 8h30 to 16h00, Friday 8h30 to 12h00

**Fees:** $4 per person at home aged 1 year and older, includes 1 soup, 4 main meals and 1 dessert, seniors: $8 per person

**Financing:** Centraide Lanaudière, provincial

**Legal status:** non-profit organization

**CUISINES COLLECTIVES MARCELLINOISES**

81 du Pied-de-la-Montagne Row, Sainte-Marcelline-de-Kildare, Lanaudière, QC, J0K 2Y0

450883-8531

**Services:** * Collective kitchen once a month.

**Coverage area:** Saint-Marcelline-De-Kildare

**Legal status:** non-profit organization
GROUPE D'ENTRAIDE EN TOUTE AMITIÉ
170 Sainte-Foy Street, Berthierville, Lanaudière, QC, J0K 1A0
450 836-6966     Fax: 450 836-3264
Website: entouteamitie2.wixsite.com/geta
Email: entouteamitie.org@hotmail.com


Eligibility: people on a low income, people living in vulnerable situations
Coverage area: Berthierville, Joliette (St-Viateur district), La Visitation-de-L'île-Dupas, Lanoraie, Saint-Barthélemy, Saint-Cuthbert, Saint-Ignace-de-Loyola, Saint-Élizabeth, Sainte-Geneviève-De-Berthier
Hours: office: Tuesday to Friday 9h30 to 16h00, furniture counter: Tuesday, Wednesday, Friday 13h00 to 16h00 and Thursday 13h00 to 18h30.

GROUPE POPULAIRE D'ENTRAIDE DE LAVALTRIE
160 Saint-Antoine North Street, Lavaltrie, Lanaudière, QC, J5T 2G1
450 586-3536     Fax: 450 586-0652
Website: www.entraidelavaltrie.org
Email: equipe@entraidelavaltrie.org


Eligibility: families on a low income
Coverage area: Lavaltrie
Hours: listening: Monday and Tuesday 9h00 to 13h00, Wednesday to Friday 9h00 to 17h00, monthly lunches: last Thursday of the month 11h30 to 13h30, breakfast: regular Friday 9h00 to 11h00, special Friday 9h00 to 12h00, thrift shop: Wednesday and Friday 9h00 to 17h00, Thursday 9h00 to 19h00, Saturday 10h00 to 12h00
Fees: monthly lunches: $5, weekly breakfast: $1 on regular Fridays, $4 on special Fridays, family vacations: 40% of the cost, collective kitchens, $1.50 per meal, community garden: $20 for the rental of a lot

MAISON DE PARENTS DE LA MATAWINIE OUEST
3615 Queen Street, Suite 2, Rawdon, Lanaudière, QC, J0K 1S0
450 834-5179     Fax: 450 834-5179
Website: maisonparents.org
Email: maisonparents.mo@gmail.com


Eligibility: families, parents, drop-in: children from 1 to 5 years old
Coverage area: West Matawinie: Chertsey, Entrelacs, Notre-Dame-de-la-Merci, Rawdon, Saint-Alphonse-Rodriguez, Saint-Côme, Saint-Donat, Sainte-Marcelline-de-Kildare
Hours: Monday to Friday 9h00 to 15h00, drop-in daycare: Wednesday and Thursday 9h00 to 14h30 and during an activity
Fees: membership card: $10 per family per year, drop-in daycare: $6 for one child, $8 for 2 children and $10 for 3 children
Financing: contributions, self-financing  
Legal status: non-profit organization

MAISON DES ÂINES DE CHERTSEY (LA)  
552 de l'Église Road, Chertsey, Lanaudière, QC, J0K 3K0  
450 882-1688  
Email: maisondesaines.chertsey@gmail.com  
Eligibility: people 50 years and over  
Coverage area: Chertsey, Entralacs, Rawdon  
Hours: Monday to Friday 9h00 to 16h00, community lunches: Tuesday and Wednesday 11h30 to 12h30  
Fees: annual membership: $20, community lunches: $8 for members, $10 for non-members, collective kitchen: between $0.25 and $1.50 by portion, rental room: variable  
Financing: Centraide Lanaudière, contributions, self-financing, donations, provincial  
Legal status: non-profit organization

MOUVEMENT ORGANISÉ DES MÈRES SOLIDAIRES  
640 Langlois Street, Suite 1, Terrebonne, Lanaudière, QC, J6W 4P3  
450 961-9107 Fax: 450 492-0473  
Website: www.momsterrebonne.org  
Email: info@momsterrebonne.org  
Eligibility: single young mothers 14 to 25 years old in vulnerable situations, their children  
Capacity: 10 mothers per group  
Coverage area: MRC Les Moulins  
Hours: Monday to Thursday 8h00 to 16h00, closed in summer  
Fees: none  
Financing: provincial, fundraising campaigns  
Legal status: non-profit organization

OEUVRES DE GALILÉE (LES)  
766 Léopold-Lachapelle Street, Terrebonne, Lanaudière, QC, J6W 2T9  
450 492-9442 Fax: 450 492-8404  
Website: www.galileeterrebonne.com  
Email: lesoeuvresdegalilee@videotron.ca  
Eligibility: people on a low income  
Coverage area: Terrebonne Centre  
Hours: food assistance: Mondays, Wednesdays and Thursdays from 13h00 to 16h00, discussion group or collective kitchen: Mondays  
Fees: membership: $10, every two weeks food distribution: $5, emergency assistance: free  
Financing: donations, municipal, grants  
Legal status: non-profit organization

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ORIGNAL TATOUÉ, CAFÉ DE RUE
144 Saint-Joseph Street, Joliette, Lanaudière, QC, J6E 5C4
450 394-4384
Email: lorignaltatoue@gmail.com


Eligibility: young people 16 to 30 in a situation of social or family breakdown or experiencing difficulties related to drug addiction, homelessness and mental health problems

Capacity: 10 people

Coverage area: Joliette

Hours: Tuesday and Thursday 12h00 to 21h00, Wednesday, Friday and Saturday 12h00 to 17h00

Fees: none

Financing: donations, municipal, provincial, federal

Legal status: non-profit organization

PARENTANTS DE MASCOUCHE - MAISON DE LA FAMILLE
2492 Sainte-Marie Road, Mascouche, Lanaudière, QC, J7K 1M5
450 474-6431 Fax: 450 722-0599
Website: www.parenfants.org
Email: info@parenfants.com


Eligibility: families

Coverage area: MRC Les Moulins

Hours: Monday to Friday 8h30 to 15h00, Saturday according to activities

Fees: membership: $10 per year

Financing: provincial, municipal, donations, fundraising campaigns

Legal status: non-profit organization

PLACE JEUNESSE BERTHIER
301 Melchers Street, Berthierville, Lanaudière, QC, J0K 1A0
450 836-1276
Website: placejeunesseberthier.com
Email: placejeunesse@hotmail.com

Services: Meeting space for adolescents. * Prevention, listening and advice: noticing issues, referral, daily discussions on various themes, individual encounters, coffee-meetings with relevant people. * Free distribution of condoms. * School and employment support: help with homework, referral of youth at risk of dropping out, writing CVs and simulating interviews. * Coop d'initiation à l'entrepreneuriat collectif (CIEC): youth-led service that offers small repairs to the population, as well as providing a first work experience in a cooperative setting. * Collective cooking workshops. * Social, cultural and recreational activities. * Distribution of school supplies.

Eligibility: youth 12 to 17 years old

Capacity: Covid-19 period: 8

Coverage area: Berthierville

Hours: Tuesday to Thursday 18h00 to 21h00, Friday 18h00 to 22h00, special activities: Saturday and Sunday

Fees: none

Financing: provincial, self-financing, foundations

Legal status: non-profit organization
PLANK JEUNESSE SAINT-BARTHÉLEMY
1980 Bonin Street, Saint-Barthélemy, Lanaudière, QC, J0K 1X0
450 836-1276
Website: placejeunesseberthier.com/fa-plank
Email: placejeunesse@hotmail.com


Eligibility: youth 12 to 17 years old
Coverage area: Saint-Barthélemy
Hours: Wednesday and Thursday 18h00 to 21h00, Friday 18h00 to 22h00 (transportation to the Maison des jeunes Place Jeunesse Berthier), cooking activities: every other Thursday, special activities: Saturday and Sunday
Fees: none
Financing: provincial, self-financing, foundations
Legal status: non-profit organization

SERVICE D'ENTRAIDE SAINT-LIN-LAURENTIDES
532 Saint-Antoine Street, Saint-Lin–Laurentides, Lanaudière, QC, J5M 3A4
450 439-2218
Email: service.entraide@bellnet.ca

Eligibility: people and families in need
Coverage area: Saint-Lin-Laurentides
Hours: Monday to Saturday 9h00 to 12h00 and 13h00 to 15h30
Fees: variable
Financing: donations, grants
Legal status: non-profit organization

UNITÉ D'INFORMATION ET D'ACTION EN TOXICOMANIE
185 des Anglais Road, Mascouche, Lanaudière, QC, J7L 3N8
450 968-0363     Fax: 450 968-3407
Website: uniatox.org
Email: info@uniatox.org

Eligibility: adults with a drug or alcohol addiction and their families, any person or group with an interest in understanding addiction
Capacity: relapsing prevention: 10 participants minimum, parents of teenagers: 8 participants minimum
Coverage area: MRC Les Moulins, MRC L'Assomption
Hours: office: Monday to Friday 9h00 to 17h00, evening meetings by appointment
Fees: free
Financing: provincial
Legal status: non-profit organization
Community gardens and markets

CENTRE D’ENTRAIDE ET DE DÉPANNAGE DE ST-ZÉNON
6091 Principale Street, Saint-Zénon, Lanaudière, QC, J0K 3N0
450 884-0000
Email: centredentraide01@gmail.com
Eligibility: seniors, people on a low income, people in a vulnerable situation
Coverage area: Saint-Zénon
Hours: thrift store: Thursday and Saturday 13h00 to 17h00, Friday 13h00 to 20h00, other services: variable
Fees: variable
Financing: donations, fundraising campaigns, grants, provincial
Legal status: non-profit organization

CLEF FAMILIALE SAINT-BARTHÉLEMY (LA)
1980 Bonin Street, Room SS02, Saint-Barthélemy, Lanaudière, QC, J0K 1X0
450 885-3511 ext. 5007
Email: lacleffamiliale@saint-barthelemy.ca
Eligibility: people and families on a low income
Coverage area: Saint-Barthélemy
Hours: Monday to Friday 8h00 to 15h00
Fees: annual subscription: $5
Financing: Centraide Lanaudière, provincial, donations, contributions
Legal status: non-profit organization

CUISINES COLLECTIVES DE MATHA (LES)
2 Principale Street, Saint-Jean-de-Matha, Lanaudière, QC, J0K 2S0
450 886-1944
Email: cuisinesdematha@distributel.net
Eligibility: all, especially people on low income
Coverage area: Saint-Jean-de-Matha
Hours: Monday to Thursday 8h00 to 16h30
Financing: grants
Legal status: non-profit organization

ENTRELACS - MUNICIPALITY
2351 Entrelacs road, Entrelacs, Lanaudière, QC, J0T 2E0
450 228-2529 Fax: 450 228-4866
Website: www.entrelacs.com
Email: info@entrelacs.com
Coverage area: Entrelacs
Financing: municipal
Legal status: municipal agency
GROUPE POPULAIRE D'ENTRAIDE DE LAVALTRIE
160 Saint-Antoine North Street, Lavaltrie, Lanaudière, QC, J5T 2G1
450 586-3536     Fax: 450 586-0652
Website: www.entraidelavaltrie.org
Email: equipe@entraidelavaltrie.org

Eligibility: families on a low income
Coverage area: Lavaltrie
Hours: listening: Monday and Tuesday 9h00 to 13h00, Wednesday to Friday 9h00 to 17h00, monthly lunches: last Thursday of the month 11h30 to 13h30, breakfast: regular Friday 9h00 to 11h00, special Friday 9h00 to 12h00, thrift shop: Wednesday and Friday 9h00 to 17h00, Thursday 9h00 to 19h00, Saturday 10h00 to 12h00
Fees: monthly lunches: $5, weekly breakfast: $1 on regular Fridays, $4 on special Fridays, family vacations: 40% of the cost, collective kitchens, $1.50 per meal, community garden: $20 for the rental of a lot
Financing: donations, municipal, foundations, provincial
Legal status: non-profit organization

MARCHÉ BRANDON
5111-C du Lac Road, Saint-Gabriel, Lanaudière, QC, J0K 2N0
450 835-9191
Website: www.marchebrandon.org
Email: info@marchebrandon.org

Services: Market consisting of 40 producers and artisans from the region. * Order, pick-up and delivery services.
Coverage area: delivery: Saint-Gabriel-De-Brandon, Saint-Damien, Saint-Didace, Mandeville
Hours: order: Thursday morning to Wednesday night, pick-up and delivery: Friday 15h30 to 18h00, Saturday 10h00 to 14h00
Fees: variable, delivery: $5
Financing: self-financing
Legal status: non-profit organization

POTAGERS COMMUNAUTAIRES DE REPENTIGNY (LES)
Confidential Address
514 213-9775
Email: potagerderepentigny@hotmail.com

Services: Community gardens.
Eligibility: residents
Capacity: 144 lots
Coverage area: Repentigny
Hours: mid-April to mid-October
Fees: $25 per year
Financing: municipal, self-financing
Legal status: non-profit organization

SAINTE-EMELIE-DE-L'ENERGIE - MUNICIPALITY
460 de la Mairie Street, Sainte-Émélie-de-l'Énergie, Lanaudière, QC, J0K 2K0
450 886-3823     Fax: 450 886-9175
Website: www.steemelie.ca
Email: info@stemelie.ca

Coverage area: Sainte-Émélie-de-l'Énergie
Financing: municipal
Legal status: municipal agency

SOUPIÈRE JOLIETTE-LANAUDIÈRE(LA)
712 de Lanaudière Street, Joliette, Lanaudière, QC, J6E 3N1
450 755-6616
Website: www.lasoupiere.org
Email: la.soupiere@videotron.ca


Eligibility: people living a difficult situation, families, children, people with reduced mobility, Pass-Action program: people far from the labour market

Coverage area: MRC Joliette
Hours: office: Monday to Friday 8h00 to 16h00, food bank: Wednesday and Thursday 9h00 to 12h00 and 13h00 to 14h30, emergency food assistance: by appointment

Fees: membership: $30 per adult, $5 per child, for a period of 6 months, delivery: $4 per delivery

Financing: grants, donations, membership fees
Legal status: non-profit organization

UNITÉ D’INFORMATION ET D’ACTION EN TOXICOMANIE
185 des Anglais Road, Mascouche, Lanaudière, QC, J7L 3N8
450 968-0363      Fax: 450 968-3407
Website: uniatox.org
Email: info@uniatox.org


Eligibility: adults with a drug or alcohol addiction and their families, any person or group with an interest in understanding addiction

Capacity: relapsing prevention: 10 participants minimum, parents of teenagers: 8 participants minimum

Coverage area: MRC Les Moulins, MRC L’Assomption
Hours: office: Monday to Friday 9h00 to 17h00, evening meetings by appointment

Fees: free

Financing: provincial

Legal status: non-profit organization

Food Assistance

ACTION FAMILLES DE LA PLAINE
5900 Rodrigue Street, Terrebonne, Lanaudière, QC, J7M 2C1
Email: actionfamillesdelaplaine@gmail.com

Services: * Food assistance. * Collective kitchen.
Eligibility: families
Capacity: 40

Coverage area: Terrebonne
Hours: food assistance: Friday 8h30 to 12h00, collective kitchen: Friday

Fees: registration: $5, cooked portion: $2, food box: $5

Financing: self-financing

Legal status: non-profit organization
**AILES DE L’ESPOIR DE SAINT-CALIXTE (LES)**
20 Alexandre Street, Saint-Calixte, Lanaudière, QC, J0K 1Z0
450 222-3923  
Website: www.lesailesdelespoir.com  
Email: comptabilite@lesailesdelespoir.org  
Eligibility: people on a low income  
Coverage area: Saint-Calixte  
Hours: Monday and Tuesday 9h00 to 16h00, Thursday 9h00 to 16h00, Friday 9h00 to 12h00  
Fees: annual membership: $35, food bank: $6 every two weeks, meals: free  
Financing: donations  
Legal status: non-profit organization

**AMI(ES) D’ÉMÉLIE (LES)**
350 Principale Street, Sainte-Émélie-de-l’Énergie, Lanaudière, QC, J0K 2K0  
450 886-9009  
Email: lesamisdemelie98@gmail.com  
Eligibility: people on a low income or living through a difficult situation  
Coverage area: Sainte-Émélie-de-l’Énergie  
Hours: Friday 13h00 to 16h00  
Fees: variable  
Financing: donations, self-financing  
Legal status: non-profit organization

**ARCHE DU NORD (L’)**
215 du Lac Avenue, Saint-Donat, Lanaudière, QC, J0T 2C0  
819 424-2839  
Email: marielle.lord@sympatico.ca  
Eligibility: people on a low income, people who are socially isolated  
Coverage area: Saint-Donat  
Hours: thrift store: Wednesday and Friday 13h00 to 16h00, food assistance: Wednesday 9h30 to 11h00  
Fees: variable  
Financing: self-financing  
Legal status: non-profit organization

**AUX TROUVAILLES DE MANDEVILLE**
80 Saint-Charles-Borromée Street, Mandeville, Lanaudière, QC, J0K 1L0  
450 835-7207 Fax: 450 835-0290  
Email: aux_trouveailles@hotmail.com  
Eligibility: people on a low income, people living in social isolation  
Coverage area: Mandeville  
Hours: Monday, Wednesday to Friday 10h30 to 16h15, Saturday 10h00 to 14h45  
Financing: self-financing, Centraide Lanaudière, provincial  
Legal status: non-profit organization
BUREAU D’ENTRAIDE DE ST-BARTHÉLEMY
1980 Bonin Street, Suite 304, Saint-Barthélemy, Lanaudière, QC, J0K 1X0
450 885-3511 ext. 5003
Email: besbinfo@gmail.com
Eligibility: general public
Coverage area: Saint-Barthélemy
Hours: Monday to Friday 10h00 to 12h00 and 13h00 to 17h00
Fees: none
Financing: donations, self-financing, fundraising campaigns
Legal status: non-profit organization

CAFÉ DE RUE DE TERREBONNE
654 Saint-Pierre Street, Terrebonne, Lanaudière, QC, J6W 1C8
450 806-9545
Website: cafederuesolidaire.org
Email: cafederue@hotmail.com
Eligibility: young adults 18 to 30 years old in a crisis situation, in a relationship breakdown or marginalized, homeless or not
Coverage area: Terrebonne
Hours: Tuesday 15h00 to 20h00, Wednesday 14h00 to 20h00, Thursday 13h00 to 20h00, Friday 13h00 to 19h30, closed on the first Friday of the month, food assistance: Monday 17h00 to 19h00 on registration
Fees: none
Financing: donations, federal, provincial
Legal status: non-profit organization

CARREFOUR ÉMILIE DE LANORAIE
361A Notre-Dame Street, Lanoraie, Lanaudière, QC, J0K 1E0
450 887-0090
Email: carrefour.emilie@outlook.com
Eligibility: people in need
Coverage area: Lanoraie
Hours: clothing bank: Tuesday, Wednesday and Thursday 12h30 to 15h30, Friday 9h00 to 12h00, food aid: Thursday 14h00 to 15h00, administration: 7h00 to 16h00
Fees: food aid: $10 per month, clothing bank: variable
Financing: donations
Legal status: non-profit organization

CENTRE D’ACTION BÉNÉVOLE COMMUNAUTAIRE MATAWINIE
562 de l’Église Street, Chertsey, Lanaudière, QC, J0K 3K0
450 882-1089 Fax: 450 882-1084
Website: ccbm.qc.ca
Email: info@ccbm.qc.ca

Eligibility: seniors, people with a loss of autonomy, people on a low income, caregivers, volunteers, organizations


Hours: Monday to Thursday 8h30 to 12h00 and 13h00 to 16h30, Friday 8h30 to 12h00

Fees: meals on wheels: variable costs

Financing: provincial, self-financing, donations

Legal status: non-profit organization
Coverage area: La Plaine
Hours: Monday to Friday 10h00 to 11h30 and 13h00 to 17h00
Fees: none
Financing: donations, self-financing, fundraising campaigns
Legal status: non-profit organization

COMITÉ D’AIDE LACHENOIS
1345 Grande-Allée Street, Suite 104, Terrebonne, Lanaudière, QC, J6W 4K6
450 964-0360
Eligibility: residents
Coverage area: Lachenaie
Hours: Monday to Thursday 9h00 to 15h00
Fees: none
Financing: donations, fundraising campaigns
Legal status: non-profit organization

COMPTOIR ALIMENTAIRE DE LA HAUTE-MATAWINIE
230 Saint-Michel Street, Saint-Michel-des-Saints, Lanaudière, QC, J0K 3B0
450 833-2174
Email: comptoiralimentairehm@hotmail.ca
Services: * Food aid.
Eligibility: people on a low income
Coverage area: Saint-Michel-Des-Saints, Saint-Zénon
Hours: Thursday 13h00 to 14h00
Fees: $5 per food box
Financing: donations, grants
Legal status: non-profit organization

COMPTOIR ALIMENTAIRE L’ESSENTIEL DE LAVALTRIE
1400 Notre-Dame Street, Lavaltrie, Lanaudière, QC, J5T 1S6
450 547-9535
Email: comptoir.essentiel@outlook.com
Services: * Food aid. * Counselling and acceptance. * Information, referral and support.
Eligibility: people on a low income
Coverage area: Lavaltrie and surroundings
Fees: basket: $8, delivery: $1
Financing: donations
Legal status: non-profit organization

COMPTOIR MINI-BUDGET DE SAINT-ROCH-DE-L’ACHIGAN
6 du Docteur Wilfrid Locat Street North, Saint-Roch-de-l’Achigan, Lanaudière, QC, J0K 3H0
514 236-4479
Email: comptoir.minibudget.stroch@hotmail.com
Services: * Recovery and sale of used items at low cost: clothing, toys, books, household items, etc. * Food assistance.
Eligibility: food assistance: people on a low income
Coverage area: Saint-Roch-de-l’Achigan
Hours: Thursday 13h00 to 20h00
Fees: variable
Financing: donations, self-financing
Legal status: non-profit organization
COMPTOIR VESTIMENTAIRE DE SAINT-FÉLIX-DE-VALOIS
4650 Principale Street, Saint-Félix-de-Valois, Lanaudière, QC, J0K 2M0
450 889-2667
Eligibility: food vouchers: people on a low income
Coverage area: Saint-Félix-De-Valois
Hours: Wednesday 9h00 to 16h00, Thursday 18h00 to 20h00, Saturday 13h00 to 16h00
Fees: variable
Financing: donations, municipal
Legal status: non-profit organization

COMPTOIR VESTIMENTAIRE SAINTE-MARCELLINE
451 Principale Street, Sainte-Marcelline-de-Kildare, Lanaudière, QC, J0K 2Y0
450 883-8254
Eligibility: residents
Coverage area: Sainte-Marcelline-De-Kildare
Hours: thrift store: Wednesday 13h00 to 15h30 and 19h00 to 20h00
Fees: variable
Financing: self-financing
Legal status: non-profit organization

DENRÉES MATHA ET SES VOISINS
145 Sainte-Louise Street, Saint-Jean-de-Matha, Lanaudière, QC, J0K 2S0
450 886-0222
Email: denrees.matha@hotmail.com
Services: * Food bank.
Eligibility: people on a low income
Coverage area: Sainte-Émélie-de-L’énergie, Saint-Félix-de-Valois, Saint-Jean-de-Matha and Sainte-Béatrix
Hours: distribution: Wednesday and Thursday 9h00 to 17h00
Fees: basket: $2 per member, up to $10 per family
Financing: Centraide Lanaudière, provincial, donations
Legal status: non-profit organization

ENTRAIDE COMMUNAUTAIRE DE ST-AMBROISE-DE-KILDARE
750 Principale Street, Saint-Ambroise-de-Kildare, Lanaudière, QC, J0K 1C0
450 944-2020
Email: entraidekildare@gmail.com
Eligibility: people and families on a low income
Coverage area: Saint-Ambroise-de-Kildare
Hours: thrift store: Monday 13h00 to 16h00, food aid distribution: Thursday 15h00 to 17h30
Fees: none
Financing: self-financing, donations, grants
Legal status: non-profit organization
**ENTRAIDE COMMUNAUTAIRE SAINTE-MÉLANIE**

910 Principale Road, Sainte-Mélanie, Lanaudière, QC, J0K 3A0

450 889-5871 ext. 227

Email: entraidecommunautairestm@gmail.com

**Services:** * Food and material assistance. * Emergency food and material assistance. * Thrift store: children's and adults' clothing, books, toys, children's sports items, furniture, kitchen and decoration items, household appliances and electronics. * Christmas baskets.

**Eligibility:** food assistance: people and families on a low income, thrift store: general public

**Coverage area:** Sainte-Mélanie

**Hours:** thrift store: Tuesday 9h00 to 12h00 and 13h30 to 15h30, food assistance: Friday 9h00 to 12h00

**Fees:** food basket: $5 per person, $10 for 2 people and over

**Financing:** donations, self-financing

**Legal status:** non-profit organization

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**FABRIQUE DE LA PAROISSE DE NOTRE-DAME-DE-L'ACADIE (LA) - DÉPANNAGE SAINT-LIGUORI**

741 Principale Street, Saint-Liguori, Lanaudière, QC, J0K 2X0

450 839-3434

Email: paroisse.n-d-acadie@videotron.ca

**Services:** * Food bank. * Clothing depot.

**Eligibility:** people on a low income and families

**Coverage area:** Saint-Liguori

**Hours:** office opened half a day a week, food bank: one Thursday out of two 12h00 to 16h00, clothing depot: Tuesday 12h00 to 16h00, Saturday 9h00 to 12h00

**Fees:** food aid: $3 per family

**Financing:** donations, self-financing

**Legal status:** non-profit organization

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**FABRIQUE DE LA PAROISSE DE PAROISSE NOTRE-DAME-DE-L'ACADIE (LA) - DÉPANNAGE SAINT-JACQUES**

102 Saint-Jacques Street, Saint-Jacques, Lanaudière, QC, J0K 2R0

450 839-3434  Fax: 450 839-2070

Email: paroisse.n-d-acadie@videotron.ca

**Services:** * Food bank. * Clothing depot. * Christmas baskets.

**Eligibility:** people on a low income and families

**Coverage area:** Saint-Jacques

**Hours:** clothing depot: Monday and Wednesday 13h00 to 16h00, Wednesday 18h00 to 19h30 from the end of April to the end of October, food bankw: one Wednesday out of two 13h00 to 14h00

**Fees:** food aid: $3 per family

**Financing:** donations, self-financing

**Legal status:** non-profit organization

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**FIN À LA FAIM...**

50 Thouin Street, Suite 223, Repentigny, Lanaudière, QC, J6A 4J4

450 654-3871  Fax: 450 704-2871

Website: www.finalafaim.org

Email: info@finalafaim.org


**Eligibility:** people and families on a low income

**Coverage area:** Lanaudière
Food

**Hours:** office: Monday to Thursday 8h30 to 16h30, Friday 8h30 to 12h30, food distribution: Thursday 12h00 to 16h00, by appointment

**Fees:** food assistance: $3 per family per week

**Financing:** donations

**Legal status:** non-profit organization

**GROUPE D'ENTRAIDE EN TOUTE AMITIÉ**

170 Sainte-Foy Street, Berthierville, Lanaudière, QC, J0K 1A0

450 836-6966  Fax: 450 836-3264

Website: entouteamitie2.wixsite.com/geta

Email: entouteamitie.org@hotmail.com


**Eligibility:** people on a low income, people living in vulnerable situations

**Coverage area:** Berthierville, Joliette (St-Viateur district), La Visitation-de-l'Île-Dupas, Lanoraie, Saint-Barthélemy, Saint-Cuthbert, Saint-Ignace-de-Loyola, Saint-Élizabeth, Sainte-Geneviève-De-Berthier

**Hours:** office: Tuesday to Friday 9h30 to 16h00, furniture counter: Tuesday, Wednesday, Friday 13h00 to 16h00 and Thursday 13h00 to 18h30.

**Financing:** self-financing

**Legal status:** non-profit organization

**GROUPE DES MONTAGNARDS DE CHERTSEY**

623 de l'Église Road, Chertsey, Lanaudière, QC, J0K 3K0

450 882-1863

Email: groupemontagnards@gmail.com

**Services:** Grouping of volunteers fighting against poverty. * Food recovery, processing, production and distribution. * Recovery and resale clothing, textiles, furniture and others goods. * Christmas activities.

**Eligibility:** people on low income, people who wish to volunteer

**Coverage area:** Chertsey

**Hours:** Tuesday, Wednesday, Thursday, Friday 8h00 to 11h30 and 12h30 to 15h00

**Financing:** provincial, Centraide

**Legal status:** non-profit organization

**GROUPE ENTRAIDE ET AMITIÉ SAINT-ALPHONSE**

800 Route 343, Saint-Alphonse-Rodriguez, Lanaudière, QC, J0K 1W0

450 365-7016

Email: francoisgaudet331@icloud.com

**Services:** * Food assistance. * Christmas baskets. * Tax clinic.

**Eligibility:** single individuals, couples, families on a low income

**Coverage area:** Saint-Alphonse-Rodriguez

**Hours:** Wednesday 13h00 to 14h00

**Fees:** delivery: suggested contribution of $5 per adult

**Financing:** donations, self-financing

**Legal status:** non-profit organization

**GROUPE POPULAIRE D'ENTRAIDE DE LAVALTRIE**

160 Saint-Antoine North Street, Lavaltrie, Lanaudière, QC, J5T 2G1

450 586-3536  Fax: 450 586-0652

Website: www.entraildelavaltrie.org

Email: equipe@entraildelavaltrie.org
**GROUPE POPULAIRE D'ENTRELACS**
2571 des Îles Road, Entrelacs, Lanaudière, QC, J0T 2E0
450 228-4100
Email: groupeentrelacs.coord@bellnet.ca


**Eligibility:** people on a low income, socially isolated people, disadvantaged families

**Coverage area:** Entrelacs

**Hours:** office: Monday, Thursday 8h30 to 12h00 and 12h30 to 16h30, Tuesday, Wednesday 9h00 to 12h00 and 12h30 to 16h30

**Financing:** self-financing, donations

**Legal status:** non-profit organization

**LIAISONS ENFANCE**
Confidential Address
819 424-5933
Email: noelroyaumederuby@gmail.com

**Services:** Material and financial assistance for young people and families living in precarious conditions. * Easter baskets.

**Eligibility:** families on a low income with children 0 to 18 years old who are in school

**Coverage area:** Saint-Donat, Notre-Dame-De-La-Merci

**Fees:** none

**Financing:** donations, fundraising campaigns

**Legal status:** non-profit organization

**MAISON LA TRACE**
245 Saint-Ursule Street, L'Assomption, Lanaudière, QC, J5W 1M6
450 589-6050
Email: marie_claire548@hotmail.com


**Eligibility:** residents

**Coverage area:** L'Assomption

**Hours:** Monday to Thursday 13h00 to 16h00, knitting: Monday 9h00, yoga: Tuesday 9h45, dinner: last Thursday of the month

**Fees:** none

**Financing:** fundraising campaigns, donations, self-financing

**Legal status:** non-profit organization
MANNE QUOTIDIENNE (LA)
160 Hélène-Boulé Street, Joliette, Lanaudière, QC, J6E 2R6
450 755-6078
Email: mannequotidienn@hotmail.com

Eligibility: individuals and families on a low income, people experiencing homelessness

Coverage area: Joliette
Hours: breakfasts: 7 days 6h30 to 8h30, dinners: Saturday 13h30 to 17h30, Sunday 15h30 to 17h30, food bank: Monday and Thursday 9h00 to 14h30
Fees: breakfasts, dinners and food processing workshops: free, membership card: $30 for 6 months per adult, $5 for 6 months per child
Financing: grants, donations, membership fees
Legal status: non-profit organization

MARCHÉ BRANDON
5111-C du Lac Road, Saint-Gabriel, Lanaudière, QC, J0K 2N0
450 835-9191
Website: www.marchebrandon.org
Email: info@marchebrandon.org

Services: Market consisting of 40 producers and artisans from the region. * Order, pick-up and delivery services.
Coverage area: delivery: Saint-Gabriel-De-Brandon, Saint-Damien, Saint-Didace, Mandeville
Hours: order: Thursday morning to Wednesday night, pick-up and delivery: Friday 15h30 to 18h00, Saturday 10h00 to 14h00
Fees: variable, delivery: $5
Financing: self-financing
Legal status: non-profit organization

MISSION LA PETITE FABRIQUE
152 du Portage Street, L'Assomption, Lanaudière, QC, J5W 3G2
514 962-3353
Email: missionlapetitefabrique@gmail.com

Services: * Low price thrift shop on-site and online on the Facebook page. * Emergency clothing and food assistance. * Distribution of unsold warm clothes and blankets to homeless people. * On-site collection of clothing, baby and maternity clothes, food, decorations, jewelry and accessories.
Eligibility: thrift shop: general public, clothing and food assistance: people in need
Coverage area: thrift shop: Province of Québec, food and clothing assistance: MRC L'Assomption
Hours: thrift shop: Monday and Friday 10h00 to 16h00, clothing and food assistance: every day, by appointment
Fees: thrift shop: between $0.50 and $5, clothing and food assistance: free
Financing: self-financing, donations
Legal status: non-profit organization

NOTRE-DAME-DE-LOURDES - FOOD ASSISTANCE
4050 Principale Street, Notre-Dame-de-Lourdes, Lanaudière, QC, J0K 1K0
450 759-2277 ext. 0
Website: www.notredamedelourdes.ca
Email: reception@notredamedelourdes.ca

Eligibility: people and families on a low income
Coverage area: Notre-Dame-de-Lourdes
Hours: Monday to Friday 9h00 to 12h00 and 13h00 to 16h30
Fees: none
Financing: municipal
Legal status: municipal agency

OEUVRES DE GALILÉE (LES)
766 Léopold-Lachapelle Street, Terrebonne, Lanaudière, QC, J6W 2T9
450 492-9442  Fax: 450 492-8404
Website: www.galileeterrebonne.com
Email: lesoeuvresdegalilee@videotron.ca
Eligibility: people on a low income
Coverage area: Terrebonne Centre
Hours: food assistance: Mondays, Wednesdays and Thursdays from 13h00 to 16h00, discussion group or collective kitchen: Mondays
Fees: membership: $10, every two weeks food distribution: $5, emergency assistance: free
Financing: donations, municipal, grants
Legal status: non-profit organization

ORIGNAL TATOUÉ, CAFÉ DE RUE
144 Saint-Joseph Street, Joliette, Lanaudière, QC, J6E 5C4
450 394-4384
Email: loriginaltatoue@gmail.com
Eligibility: young people 16 to 30 in a situation of social or family breakdown or experiencing difficulties related to drug addiction, homelessness and mental health problems
Capacity: 10 people
Coverage area: Joliette
Hours: Tuesday and Thursday 12h00 to 21h00, Wednesday, Friday and Saturday 12h00 to 17h00
Fees: none
Financing: donations, municipal, provincial, federal
Legal status: non-profit organization

PETITE MISSION (LA)
1915 de la Réserve Montée, Notre-Dame-de-la-Merci, Lanaudière, QC, J0T 2A0
819 424-7855
Email: lapetitemission@gmail.com
Eligibility: people on a low income
Coverage area: Entrelacs, Notre-Dame-de-la-Merci, Saint-Donat
Hours: Monday to Friday 8h30 to 12h00 and 13h00 to 16h00, food bank: Thursday
Fees: variable
Financing: self-financing, fundraising campaigns
Legal status: non-profit organization

PROVISION COMPASSION
3719 des Commissaires Street, Rawdon, Lanaudière, QC, J0K 1S0
450 834-4958
Email: provisioncompassion@outlook.com
**Relais de Mascouche (Le)**

815 Bombardier Street, Unit 4, Mascouche, Lanaudière, QC, J7K 3E6

450 918-9186

Website: www.relaismascouche.org

Email: info@relaismascouche.org

**Services:** * Weekly food assistance. * Beneficiaries committee: activities by and for members.

**Eligibility:** families living in a vulnerable situation

**Coverage area:** Mascouche

**Hours:** food counter: Monday, Wednesday and Thursday

**Fees:** membership: $10, food basket: $5

**Financing:** donations

**Legal status:** non-profit organization

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**Ruche St-Damien (La)**

7221, chemin Beaulieu, Saint-Damien, Lanaudière, QC, J0K 2E0

450 835-9228    Fax: 450 835-9228

Website: www.laruchestdamien.org

Email: laruchestdamien@gmail.com


**Eligibility:** Persons with low-income

**Coverage area:** Saint-Damien

**Hours:** Thursday to Friday 10h00 to 16h00, Saturday 10h00 to 15h00, Food bank: 1st and 3rd Thursday of each month 10h00 to 15h00.

**Fees:** Annual membership: 5$, food bank: 4$ per person 18 years old and over, free for dependent children, emergency breakdown service: free

**Financing:** donations

**Legal status:** non-profit organization

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**Service d'Aide Sedai T.S.S.**

3677 Montée Gagnon, Terrebonne, Lanaudière, QC, J6Y 1K8

450 433-0888    Fax: 450 433-7999

**Services:** * Recovery and sale of used clothing and furniture. * Weekly food distribution. * Christmas baskets for members. * Financial support for families in need.

**Eligibility:** people in need

**Coverage area:** West Terrebonne: Très-Saint-Sacrement Parish

**Hours:** Monday to Wednesday 8h30 to 15h30, food assistance: Thursday

**Fees:** food assistance: $1 per week

**Financing:** self-financing, grants, donations, contributions

**Legal status:** non-profit organization
Food


**Eligibility:** people and families in need

**Coverage area:** Saint-Lin-Laurentides

**Hours:** Monday to Saturday 9h00 to 12h00 and 13h00 to 15h30

**Fees:** variable

**Financing:** donations, grants

**Legal status:** non-profit organization

**SOCIÉTÉ DE SAINT-VINCENT DE PAUL - CONFÉRENCE L’ASSOMPTION**

168 Saint-Joseph Street, L’Assomption, Lanaudière, QC, J5W 3B8

450 589-6655


**Eligibility:** people in need

**Coverage area:** L’Assomption

**Hours:** furniture: Tuesday and Wednesday 13h15 to 14h15, Thursday 17h45 to 19h45, Saturday 8h45 to 11h45, clothing and other articles: Tuesday and Wednesday 13h00 to 14h30, Thursday 18h00 to 20h00, Saturday 9h00 to 12h00

**Fees:** none

**Financing:** donations

**Legal status:** non-profit organization

**SOCIÉTÉ DE SAINT-VINCENT DE PAUL - CONFÉRENCE MARIE-REINE-DU-MONDE - RAWDON**

3759 Queen Street, Rawdon, Lanaudière, QC, J0K 1S0

450 755-7753

**Website:** www.ssvp.qc.ca

**Email:** info@ssvp.qc.ca

**Services:** Food bank and thrift shop. * Thrift shop: used clothes, furniture, electronic items, household items. * Food assistance. * Christmas baskets. * School supplies distribution.

**Eligibility:** people in need

**Coverage area:** Rawdon

**Hours:** Monday 12h00 to 15h00, thrift store: Monday 9h00 to 16h00

**Financing:** self-financing, donations

**Legal status:** non-profit organization

**SOCIÉTÉ DE SAINT-VINCENT DE PAUL - CONFÉRENCE REPENTIGNY - L’ESSENTIEL**

565 Leclerc Street, Repentigny, Lanaudière, QC, J6A 8C1

450 582-3388  **Fax:** 450 582-7237

**Email:** repentigny@ssvp-mtl.org


**Eligibility:** people on a low income

**Coverage area:** Repentigny and Le Gardeur, including Purification, Notre-Dame-des-Champs, Précieux-Sang and Saint-Paul-l'Ermité parishes

**Hours:** food bank: Monday and Wednesday 13h00 to 16h00, Friday 10h30 to 14h00

**Financing:** donations, self-financing

**Legal status:** non-profit organization
SOCIÉTÉ DE SAINT-VINCENT DE PAUL - CONSEIL PARTICULIER DE JOLIETTE
465 Laval Street, Joliette, Lanaudière, QC, J6E 5G9
450 759-4862
Website: ssvp-joliette.com
Email: ssvpjoliette@videotron.ca
Eligibility: individuals and families on a low income
Coverage area: Crabtree, Joliette, Notre-Dame-des-Prairies, Saint-Charles-Borromée
Hours: material assistance: by appointment
Fees: variable
Financing: donations
Legal status: non-profit organization

SOCIÉTÉ DE SAINT-VINCENT DE PAUL - SAINT-GÉRARD-MAJELLA
2740 L’Ange-Gardien Boulevard North, L’Assomption, Lanaudière, QC, J5W 4R8
450 588-7934
Email: mychelemelancon@yahoo.ca
Eligibility: people on a low income
Coverage area: Saint-Gérard-Majella
Hours: Thursday 9h00 to 12h00, Saturday 9h00 to 12h00
Financing: donations
Legal status: non-profit organization

SOCIÉTÉ DE SAINT-VINCENT DE PAUL - VESTIAIRE CHARLEMAGNE
19 Notre-Dame Street, Charlemagne, Lanaudière, QC, J5Z 1G8
450 582-6611
Website: ssvp-mtl.org/en
Email: svpcharlemagne@videotron.ca
Eligibility: people in need
Coverage area: Charlemagne
Hours: Tuesday 12h30 to 15h30, Saturday 9h00 to 12h00, food aid: by appointment
Fees: free
Financing: donations, self-financing
Legal status: non-profit organization

SOCIÉTÉ DE SAINT-VINCENT-DE-PAUL - CONFÉRENCE ISOLÉE DE BERTHIERVILLE
780 Montcalm Street, Berthierville, Lanaudière, QC, J0K 1A0
450 836-6966
Services: * Food bank.
Eligibility: people in need
Coverage area: Berthierville
Financing: donations
Legal status: non-profit organization
Food

SOCIÉTÉ DE SAINT-VINCENT-DE-PAUL - CONFÉRENCE ISOLÉE DE SAINT-JACQUES DE MONTCALM
102 Saint-Jacques Street, Saint-Jacques, Lanaudière, QC, J0K 2R0
450 839-3434
Email: paroisse.n-d-acadie@videotron.ca
Services: * Food bank. * Christmas baskets.
Eligibility: people on a low income
Coverage area: Saint-Jacques
Financing: donations
Legal status: non-profit organization

SOCIÉTÉ DE SAINT-VINCENT-DE-PAUL - CONFÉRENCE SAINTE-JULIENNE ET SAINT-ESPRIT
1484 Albert Street, Sainte-Julienne, Lanaudière, QC, J0K 2T0
450 831-8207
Website: ssvp.qc.ca
Email: ssvp2389@gmail.com
Eligibility: food assistance and Christmas baskets: people on a low income, thrift store: general population
Coverage area: Saint-Alexis, Saint-Esprit, Sainte-Julienne
Hours: Monday to Wednesday 9h00 to 16h00, Friday 9h00 to 15h00, food assistance: Thursday 9h00 to 15h00
Financing: donations
Legal status: non-profit organization

SOLIDARITÉ SOCIALE DE RAWDON
3625 Queen Street, Rawdon, Lanaudière, QC, J0K 1S0
450 834-4911
Email: ssrawdon@rocler.qc.ca
Services: * Clothing, warm meals and furniture at low prices. * Food assistance. * Group activities: bingo, outings, etc.
Eligibility: general population, people in need
Coverage area: Rawdon
Hours: Monday to Thursday 8h30 to 16h00, food assistance: Tuesday
Fees: variables
Financing: donations
Legal status: non-profit organization

SOUPIÈRE JOLIETTE-LANAUDIÈRE(LA)
712 de Lanaudière Street, Joliette, Lanaudière, QC, J6E 3N1
450 755-6616
Website: www.lasoupiere.org
Email: la.soupiere@videotron.ca
Eligibility: people living a difficult situation, families, children, people with reduced mobility, Pass-Action program: people far from the labour market
Coverage area: MRC Joliette
Hours: office: Monday to Friday 8h00 to 16h00, food bank: Wednesday and Thursday 9h00 to 12h00 and 13h00 to 14h30, emergency food assistance: by appointment
Fees: membership: $30 per adult, $5 per child, for a period of 6 months, delivery: $4 per delivery
Financing: grants, donations, membership fees
Legal status: non-profit organization
SOURCE DE VIE DE ST-GABRIEL
147 Beausoleil Street, Saint-Gabriel, Lanaudière, QC, J0K 2N0
450 835-1837     Fax: 450 835-9596
Website: www.sourcedeviestgab.com
Email: info@sourcedeviestgab.com


Eligibility: people on a low income
Coverage area: Saint-Gabriel, Saint-Didace, Saint-Cuthbert, Saint-Norbert
Hours: administration: Tuesday to Friday 9h00 to 16h30, stores: Tuesday to Saturday 11h00 to 16h30
Fees: food assistance: $2 per week, payable at the beginning of each month
Financing: donations, provincial
Legal status: non-profit organization

TRÉSORS D’ÉLISABETH (LES)
2421 Principale Street, Sainte-Élizabeth, Lanaudière, QC, J0K 2J0
450 756-1892


Eligibility: people on a low income, people in a vulnerable situation
Coverage area: Sainte-Élizabeth and a radius of 20 km around it
Hours: Tuesday 9h00 to 16h00 and Thursday 13h00 to 20h00, Bayo café: Sunday 11h00
Fees: variable
Financing: municipal, self-financing, fundraising campaigns
Legal status: non-profit organization

Food aid for pregnant women and children

CENTRE MULTISERVICES DE SANTÉ ET DE SERVICES SOCIAUX DE SAINT-JEAN-DE-MATHA
895 Louis-Cyr Road, Saint-Jean-de-Matha, Lanaudière, QC, J0K 2S0
450 886-3861
Website: www.cisss-lanaudiere.gouv.qc.ca/votre-cisss/coordonnees-et-horaires/clsc


Coverage area: Lanaudière
Hours: Monday to Friday 8h30 to 16h30
Financing: provincial
Legal status: parapublic organization

CUISINES COLLECTIVES LA JOYEUSE MARMITE
50 Thouin Street, Suite 114, Repentigny, Lanaudière, QC, J6A 4J4
450 581-0468
Website: www.lajoyeusemarmite.com
Email: cclajoyeusemarmite@hotmail.com


Eligibility: individuals and families on a low income, priority to families referred by CISSS de la Montérégie-Est or other community agencies and partners
Coverage area: MRC L’Assomption
Hours: Monday to Thursday 8h30 to 16h00, Friday 8h30 to 12h00
Fees: $4 per person at home aged 1 year and older, includes 1 soup, 4 main meals and 1 dessert, seniors: $8 per person
Food assistance coordination

AUX TROUVAILLES DE MANDEVILLE
80 Saint-Charles-Borromée Street, Mandeville, Lanaudière, QC, J0K 1L0
450 835-7207   Fax: 450 835-0290
Email: aux_trouvailles@hotmail.com
Eligibility: people on a low income, people living in social isolation
Coverage area: Mandeville
Hours: Monday, Wednesday to Friday 10h30 to 16h15, Saturday 10h00 to 14h45
Financing: self-financing, Centraide Lanaudière, provincial
Legal status: non-profit organization

CAFÉ DE RUE DE TERREBONNE
654 Saint-Pierre Street, Terrebonne, Lanaudière, QC, J6W 1C8
450 806-9545
Website: cafederuesolidaire.org
Email: cafederue@hotmail.com
Eligibility: young adults 18 to 30 years old in a crisis situation, in a relationship breakdown or marginalized, homeless or not
Coverage area: Terrebonne
Hours: Tuesday 15h00 to 20h00, Wednesday 14h00 to 20h00, Thursday 13h00 to 20h00, Friday 13h00 to 19h30, closed on the first Friday of the month, food assistance: Monday 17h00 to 19h00 on registration
Fees: none
Financing: donations, federal, provincial
Legal status: non-profit organization

CENTRE COMMUNAUTAIRE ESSALAM
2685 Sainte-Marie Road, Suite L, Mascouche, Lanaudière, QC, J7K 1M8
438 396-6648
Website: www.essalam.ca
Email: contact@essalam.ca
Services: Exchange, meeting and socialization place. * Cultural, social, sports and educational activities. * On-site recovery of non-perishable food and clothing and redistribution of donations to partner community organizations.
Eligibility: people from the muslim community
Capacity: 100
Coverage area: MRC Les Moulins
Hours: variable
Fees: none
Financing: donations
Legal status: non-profit organization
CENTRE D’ACTION BÉNÉVOLE COMMUNAUTAIRE MATAWINIE
562 de l’Église Street, Chertsey, Lanaudière, QC, J0K 3K0
450 882-1089    Fax: 450 882-1084
Website: ccbm.qc.ca
Email: info@ccbm.qc.ca
Eligibility: seniors, people with a loss of autonomy, people on a low income, caregivers, volunteers, organizations
Hours: Monday to Thursday 8h30 to 12h00 and 13h00 to 16h30, Friday 8h30 to 12h00
Fees: meals on wheels: variable costs
Financing: provincial, self-financing, donations
Legal status: non-profit organization

CENTRE D’ENTRAIDE DE MASCOUCHE - RÉCUPÉRATION D’ARTICLES USAGÉS
3320 Sainte-Marie Road, Mascouche, Lanaudière, QC, J7K 1P5
450 474-7331
Website: www.centredentraidedemascouche.org
Email: info@centredentraidedemascouche.org
Services: * At-home donation pick-up of appliances and furniture. * On-site recovery of items: linen, dishes, decorations, informatic devices, electronical devices, etc.
Eligibility: general population
Coverage area: Duvernay, Laval-des-Rapides, Saint-François, Saint-Vincent-de-Paul, Mirabel, MRC L’Assomption, MRC Les Moulins, MRC Thérèse-de-Blainville
Hours: at-home pick-up: Tuesday to Saturday, by appointment, centre: Tuesday 9h00 to 11h00 and 13h00 to 15h00, Wednesday 9h00 to 11h00, Thursday 9h00 to 11h00, 13h00 to 15h00 and 18h00 to 20h00, Saturday 9h00 to 12h00
Fees: none
Financing: donations, self-financing
Legal status: non-profit organization

CENTRE LE DIAPASON
1731 Maple Street, Mascouche, Lanaudière, QC, J7L 2K9
450 477-6201
Website: www.centrelediapason.com
Email: centrelediapason@videotron.ca
Eligibility: youth in difficulty 14 to 18 years old willing to receive help
Capacity: 2 months or less: 9 places, for 16 to 18 years old only
Coverage area: Lanaudière
Hours: 24 hours / 7 days
Fees: voluntary contribution from parents
Financing: provincial, donations
Legal status: non-profit organization

Food
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COMITÉ D’AIDE AUX PLAINOIS
5611 Laurier Boulevard, Terrebonne, Lanaudière, QC, J7M 1T7
450 477-8761
Email: cap.terrebonne@gmail.com


Eligibility: people and families on a low income

Coverage area: La Plaine

Hours: Monday to Friday 10h00 to 11h30 and 13h00 to 17h00

Fees: none

Financing: donations, self-financing, fundraising campaigns

Legal status: non-profit organization

COMPTOIR D’ENTRAIDE SAINT-JEAN-BAPTISTE
2065 Jacques-Cartier Street, Terrebonne, Lanaudière, QC, J6X 2T2
450 471-9412     Fax: 450 471-1292
Email: paroissebmab@videotron.ca

Services: * Sale of used clothing and other items at low prices.

Coverage area: Terrebonne

Hours: Wednesday and Thursday 9h00 to 15h00, Thursday 18h00 to 20h00, Saturday 9h00 to 13h00

Financing: self-financing, donations

Legal status: non-profit organization

FIN À LA FAIM...
50 Thouin Street, Suite 223, Repentigny, Lanaudière, QC, J6A 4J4
450 654-3871     Fax: 450 704-2871
Website: www.finalafaim.org
Email: info@finalafaim.org


Eligibility: people and families on a low income

Coverage area: Lanaudière

Hours: office: Monday to Thursday 8h30 to 16h30, Friday 8h30 to 12h30, food distribution: Thursday 12h00 to 16h00, by appointment

Fees: food assistance: $3 per family per week

Financing: donations

Legal status: non-profit organization

GROUPE DES MONTAGNARDS DE CHERTSEY
623 de l'Église Road, Chertsey, Lanaudière, QC, J0K 3K0
450 882-1863
Email: groupemontagnards@gmail.com


Eligibility: people on low income, people who wish to volunteer

Coverage area: Chertsey

Hours: Tuesday, Wednesday, Thursday, Friday 8h00 to 11h30 and 12h30 to 15h00

Financing: provincial, Centraide

Legal status: non-profit organization
LA HUTTE - HÉBERGEMENT D'URGENCE TERREBONNE

Confidential Address
450 471-4664    Fax: 450 471-1227
Website: lahutte.ca
Email: hulterrebonne@hotmail.com


Eligibility: homeless adults
Coverage area: MRC L'Assomption and MRC Les Moulins
Hours: 24 hours / 7 days, nightly shelter: 16h30 to 8h00
Fees: short-term emergency housing: 7$ to 10$ per person per day, payable at the 1st income reception, nightly shelter and other services: free
Financing: Centraide Laurentides, municipal, donations, self-financing, federal, provincial
Legal status: non-profit organization

MANNE QUOTIDIENNE (LA)

160 Hélène-Boulé Street, Joliette, Lanaudière, QC, J6E 2R6
450 755-6078
Email: mannequotidienne@hotmail.com


Eligibility: individuals and families on a low income, people experiencing homelessness
Coverage area: Joliette
Hours: breakfasts: 7 days 6h30 to 8h30, dinners: Saturday 13h30 to 17h30, Sunday 15h30 to 17h30, food bank: Monday and Thursday 9h00 to 14h30
Fees: breakfasts, dinners and food processing workshops: free, membership card: $30 for 6 months per adult, $5 for 6 months per child
Financing: grants, donations, membership fees
Legal status: non-profit organization

MARRAINES COUP DE POUCHE

222 Notre-Dame-des-Champs Boulevard, Repentigny, Lanaudière, QC, J6A 3B5
450 582-2677 ext. 29    Fax: 450 582-1168
Website: maisonlaparenthese.org/marraines-coup-de-pouce
Email: info@maisonlaparenthese.org


Eligibility: parents of a child younger than a year
Coverage area: MRC L'Assomption
Hours: Monday to Friday 8h00 to 12h00 and 13h00 to 16h00
Fees: none
Financing: provincial
Legal status: non-profit organization

MISSION LA PETITE FABRIQUE

152 du Portage Street, L'Assomption, Lanaudière, QC, J5W 3G2
514 962-3353
Email: missionlapetitefabrique@gmail.com
Food

Services: * Low price thrift shop on-site and online on the Facebook page. * Emergency clothing and food assistance. * Distribution of unsold warm clothes and blankets to homeless people. * On-site collection of clothing, baby and maternity clothes, food, decorations, jewelry and accessories.

Eligibility: thrift shop: general public, clothing and food assistance: people in need
Coverage area: thrift shop: Province of Québec, food and clothing assistance: MRC L’Assomption
Hours: thrift shop: Monday and Friday 10h00 to 16h00, clothing and food assistance: every day, by appointment
Fees: thrift shop: between $0.50 and $5, clothing and food assistance: free
Financing: self-financing, donations
Legal status: non-profit organization

MOISSON LANAUDIÈRE
1450 de Lanaudière Street, Joliette, Lanaudière, QC, J6E 3P2
1 866 755-4143 Fax: 450 755-4143
Website: www.moissonlanaudiere.org
Email: moissonlanaudiere@live.ca


Eligibility: food aid organizations
Coverage area: Lanaudière
Hours: Monday to Friday 7h30 to 15h30
Fees: none
Financing: Centraide Lanaudière, grants, fundraising campaigns, donations, foundations
Legal status: non-profit organization

OEUVRES DE GALILÉE (LES)
766 Léopold-Lachapelle Street, Terrebonne, Lanaudière, QC, J6W 2T9
450 492-9442 Fax: 450 492-8404
Website: www.galileeeterrebonne.com
Email: lesoeuvresdegallilee@videotron.ca


Eligibility: people on a low income
Coverage area: Terrebonne Centre
Hours: food assistance: Mondays, Wednesdays and Thursdays from 13h00 to 16h00, discussion group or collective kitchen: Mondays
Fees: membership: $10, every two weeks food distribution: $5, emergency assistance: free
Financing: donations, municipal, grants
Legal status: non-profit organization

SOCIÉTÉ DE SAINT-VINCENT DE PAUL - CONFÉRENCE L’ASSOMPTION
168 Saint-Joseph Street, L’Assomption, Lanaudière, QC, J5W 3B8
450 589-6655


Eligibility: people in need
Coverage area: L’Assomption
Hours: furniture: Tuesday and Wednesday 13h15 to 14h15, Thursday 17h45 to 19h45, Saturday 8h45 to 11h45, clothing and other articles: Tuesday and Wednesday 13h00 to 14h30, Thursday 18h00 to 20h00, Saturday 9h00 to 12h00
Fees: none
Financing: donations
Legal status: non-profit organization
Food

SOCIÉTÉ DE SAINT-VINCENT DE PAUL - CONFÉRENCE REPENTIGNY - L'ESSENTIEL
565 Leclerc Street, Repentigny, Lanaudière, QC, J6A 8C1
450 582-3388 Fax: 450 582-7237
Email: repentigny@ssvp-mtl.org


Eligibility: people on a low income

Coverage area: Repentigny and Le Gardeur, including Purification, Notre-Dame-des-Champs, Précieux-Sang and Saint-Paul-l’Ermite parishes

Hours: food bank: Monday and Wednesday 13h00 to 16h00, Friday 10h30 to 14h00

Financing: donations, self-financing

Legal status: non-profit organization

SOCIÉTÉ DE SAINT-VINCENT DE PAUL - SAINT-GÉRARD-MAJELLA
2740 L'Ange-Gardien Boulevard North, L'Assomption, Lanaudière, QC, J5W 4R8
450 588-7934
Email: mychelemelancon@yahoo.ca


Eligibility: people on a low income

Coverage area: Saint-Gérard-Majella

Hours: Thursday 9h00 to 12h00, Saturday 9h00 to 12h00

Financing: donations

Legal status: non-profit organization

TABLE DES PARTENAIRES DU DÉVELOPPEMENT SOCIAL DE LANAUDIÈRE
200 De Salaberry Street, Joliette, Lanaudière, QC, J6E 4G1
450 759-9944 Fax: 450 759-8889
Website: tpdsl.org
Email: lanaudiere@tpdsl.org

Services: Concertation table of community organizations for the improvement of the quality of life, the reduction of social inequalities and citizen participation in a sustainable development perspective. * Concertation on food security and housing, forums. * Information, presentation and workshop facilitation. * Support to municipalities and MRCs for the development of social development policies. * Support to organizations to improve their governance. * Analysis and documentation. * Promotion of community involvement.

Eligibility: community organizations, local social development committees, municipalities, MRCs

Coverage area: Lanaudière

Hours: Monday to Friday 8h30 to 17h00

Fees: none

Financing: grants

Legal status: non-profit organization

Food assistance in schools

COLLATINES DE L’ÉPIPHANIE (LES)
81 des Sulpiciens Street, L’Épiphanie, Lanaudière, QC, J5X 2Y2
514 973-8879
Website: lescollatines.com
Email: lescollatines@hotmail.com

Services: * Cookies, cheese, fruit puree, fruit, vegetables and yogurt distribution. * Solidarity garden.

Eligibility: students from Mgr Mongeau and Saint-Guillaume schools, youth from the Maison des Jeunes de L’Épiphanie’s homework assistance program, youth involved in the organization’s partners’ activities
Coverage area: L’Épiphanie  
Hours: Monday and Tuesday morning  
Fees: free  
Financing: provincial, municipal  
Legal status: non-profit organization

RUCHE ST-DAMIEN (LA)  
7221, chemin Beaulieu, Saint-Damien, Lanaudière, QC, J0K 2E0  
450 835-9228 Fax: 450 835-9228  
Website: www.laruchestdamien.org  
Email: laruchestdamien@gmail.com  
Eligibility: Persons with low-income  
Coverage area: Saint-Damien  
Hours: Thursday to Friday 10h00 to 16h00, Saturday 10h00 to 15h00, Food bank: 1st and 3rd Thursday of each month 10h00 to 15h00.  
Fees: Annual membership: 5$, food bank: 4$ per person 18 years old and over, free for dependent children, emergency breakdown service: free  
Legal status: non-profit organization

Low cost or free meals

AJOUT WEB 10/08/2020 CBV  
1948 Notre-Dame-de-la-Merci Road, Notre-Dame-de-la-Merci, Lanaudière, QC, J0T 2A0  
819 424-5077  
Email: fa.sd.ndm@gmail.com  
Eligibility: women, children from low-income families, schools  
Coverage area: Notre-Dame-de-la-Merci, Saint-Donat  
Fees: membership card: $15  
Financing: membership fees  
Legal status: non-profit organization

AMIS DE LAMATER (LES)  
695 Ouimet Street, Terrebonne, Lanaudière, QC, J6W 3B1  
450 492-0030 Fax: 450 492-0734  
Website: lesamisdelamater.org  
Email: jeannedignard@msn.com  
Eligibility: seniors 50 years old and over, autonomous, semi-autonomous or with a loss of autonomy  
Capacity: 30 persons per day  
Coverage area: MRC Les Moulins  
Hours: Monday to Thursday 8h30 to 16h00, Friday 8h30 to 15h30  
Fees: annual registration: $60, activity day: $15

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Financing: self-financing, provincial, donations
Legal status: non-profit organization

ANNEXE À ROLAND (L’)
400 Baby Street, Joliette, Lanaudière, QC, J6E 2W1
450 916-1536   Fax: 450 756-2245
Website: www.lannexearoland.com
Email: lannexe@bellnet.ca
Eligibility: Expl'or program: people aged 18 and over far from the labour market, bistro: general public
Coverage area: Joliette
Hours: Monday to Thursday 9h00 to 16h00
Fees: Expl'or program: none, prepared dishes: variable
Financing: provincial
Legal status: non-profit organization

AUX TROUVAILLES DE MANDEVILLE
80 Saint-Charles-Borromée Street, Mandeville, Lanaudière, QC, J0K 1L0
450 835-7207   Fax: 450 835-0290
Email: aux_trouvailles@hotmail.com
Eligibility: people on a low income, people living in social isolation
Coverage area: Mandeville
Hours: Monday, Wednesday to Friday 10h30 to 16h15, Saturday 10h00 to 14h45
Financing: self-financing, Centraide Lanaudière, provincial
Legal status: non-profit organization

BOUÉE DE L’AMITIÉ (LA)
594 des Érables Street, Saint-Donat, Lanaudière, QC, J0T 2C0
Email: doun777@hotmail.com
Services: * Community meals. * Knitting club.
Eligibility: people living in social isolation
Coverage area: Saint-Donat
Fees: variable
Financing: self-financing
Legal status: non-profit organization

CAFÉ DE RUE DE TERREBONNE
654 Saint-Pierre Street, Terrebonne, Lanaudière, QC, J6W 1C8
450 806-9545
Website: cafederuesolidaire.org
Email: cafederue@hotmail.com
Eligibility: young adults 18 to 30 years old in a crisis situation, in a relationship breakdown or marginalized, homeless or not
Coverage area: Terrebonne
CENTRE D’ACTION BÉNÉVOLE D'AUTRAY
180 de Champlain Street, Berthierville, Lanaudière, QC, J0K 1A0
450 836-7122 Fax: 450 836-1939
Website: cabautray.com
Email: info@cabautray.com
Eligibility: seniors, people with a loss of autonomy, people on a low income, caregivers, volunteers, organizations
Coverage area: Berthierville, L'anoraie, Lavaltrie, La Visitation-de-l'Île-Dupas, Saint-Barthélemy, Saint-Cuthbert, Sainte-Élisabeth, Sainte-Geneviève-de-Berthier, Saint-Ignace-de-Loyola
Hours: Monday to Friday 8h30 to 16h30
Fees: variable, meals on wheels: $6.50 per meal, 6 desserts for $5
Financing: grants, self-financing
Legal status: non-profit organization

CENTRE D’ACTION BÉNÉVOLE MRC L’ASSOMPTION
50 Thouin Street, Suite 108, Repentigny, Lanaudière, QC, J6A 4J4
450 581-5033 Fax: 450 581-5470
Website: www.servicebenevole.com
Email: sbca@bellnet.ca
Eligibility: seniors, volunteers: all ages, school supplies: preschool and elementary school children from families on a low income
Coverage area: MRC L'Assomption
Hours: Monday to Thursday 8h00 to 12h00 and 13h00 to 16h30, Friday 8h00 to 13h00
Fees: membership: $10
Financing: Centraide Lanaudière, provincial
Legal status: non-profit organization

CENTRE D'ENTRAIDE ET DE DÉPANNAGE DE ST-ZÉNON
6091 Principale Street, Saint-Zénon, Lanaudière, QC, J0K 3N0
450 884-0000
Email: centredentraide01@gmail.com
Eligibility: seniors, people on a low income, people in a vulnerable situation
Coverage area: Saint-Zénon
Hours: thrift store: Thursday and Saturday 13h00 to 17h00, Friday 13h00 to 20h00, other services: variable
Fees: variable
Financing: donations, fundraising campaigns, grants, provincial

Legal status: non-profit organization

CENTRE DE F.A.M. DES MOULINS
502 Langlois Street, Terrebonne, Lanaudière, QC, J6W 4C3
450 964-5827   Fax: 450 964-5826
Website: www.centrefamdesmoulins.com
Email: centrefam@videotron.ca


Eligibility: women

Coverage area: MRC Les Moulins

Hours: Monday, Wednesday and Thursday 9h00 to 16h00, Tuesday 13h00 to 16h00

Financing: provincial

Legal status: non-profit organization

CLUB DE L’ÂGE D’OR LES BONS VIVANTS DE LE GARDEUR
225 J.A. Paré Boulevard, Repentigny, Lanaudière, QC, J5Z 4L3
514 705-2150
Website: lesbonsvivants.ca
Email: francecaronadbv@hotmail.com

Services: * Social and recreational activities: line dancing, bingo, cribbage, petanque, bowling, canasta, card games. * Community dinners. * Punctual outings: shows, theatre, etc.

Eligibility: seniors 50 years old and over

Coverage area: Repentigny

Hours: activities: Monday to Friday 9h00 to 23h00

Fees: membership: $10

Financing: self-financing, membership fees

Legal status: non-profit organization

GROUPE D’ENTRAIDE EN TOUTE AMITIÉ
170 Sainte-Foy Street, Berthierville, Lanaudière, QC, J0K 1A0
450 836-6966   Fax: 450 836-3264
Website: entouteamitie2.wixsite.com/geta
Email: entouteamitie.org@hotmail.com


Eligibility: people on a low income, people living in vulnerable situations

Coverage area: Berthierville, Joliette (St-Viateur district), La Visitation-de-L’île-Dupas, Lanoraie, Saint-Barthélemy, Saint-Cuthbert, Saint-Ignace-de-Loyola, Saint-Élizabeth, Sainte-Geneviève-De-Berthier

Hours: office: Tuesday to Friday 9h30 to 16h00, furniture counter: Tuesday, Wednesday, Friday 13h00 to 16h00 and Thursday 13h00 to 18h30.

Financing: self-financing

Legal status: non-profit organization
GROUPE POPULAIRE D'ENTRAIDE DE LAVALTRIE
160 Saint-Antoine North Street, Lavaltrie, Lanaudière, QC, J5T 2G1
450 586-3536  Fax: 450 586-0652
Website: www.entraidelavaltrie.org
Email: equipe@entraidelavaltrie.org


Eligibility: families on a low income

Coverage area: Lavaltrie

Hours: listening: Monday and Tuesday 9h00 to 13h00, Wednesday to Friday 9h00 to 17h00, monthly lunches: last Thursday of the month 11h30 to 13h30, breakfast: regular Friday 9h00 to 11h00, special Friday 9h00 to 12h00, thrift shop: Wednesday and Friday 9h00 to 17h00, Thursday 9h00 to 19h00, Saturday 10h00 to 12h00

Fees: monthly lunches: $5, weekly breakfast: $1 on regular Fridays, $4 on special Fridays, family vacations: 40% of the cost, collective kitchens, $1.50 per meal, community garden: $20 for the rental of a lot

Financing: donations, municipal, foundations, provincial

Legal status: non-profit organization

GROUPE POPULAIRE D'ENTRELACS
2571 des Îles Road, Entrelacs, Lanaudière, QC, J0T 2E0
450 228-4100
Email: groupeentrelacs.coord@bellnet.ca


Eligibility: people on a low income, socially isolated people, disadvantaged families

Coverage area: Entrelacs

Hours: office: Monday, Thursday 8h30 to 12h00 and 12h30 to 16h30, Tuesday, Wednesday 9h00 to 12h00 and 12h30 to 16h30

Financing: self-financing, donations

Legal status: non-profit organization

LA HUTTE - HÉBERGEMENT D'URGENCE TERREBONNE - WARMING CENTRE
654 St-Pierre Street, Terrebonne, Lanaudière, QC, J6W 1C8
450 471-4664  Fax: 450 471-1227
Website: lahutte.org
Email: info@lahutte.org


Eligibility: homeless adults

Coverage area: MRC L'Assomption and MRC Les Moulins

Hours: November 1st to March 31: 22h30 to 7h00, 7 days

Fees: none

Financing: Centraide Laurentides, municipal, donations, self-financing, federal, provincial

Legal status: non-profit organization

MAISON DES AÎNÉS DE CHERTSEY (LA)
552 de l'Église Road, Chertsey, Lanaudière, QC, J0K 3K0
450 882-1688
Email: maisondesaines.chertsey@gmail.com

**Eligibility:** people 50 years and over

**Coverage area:** Chertsey, Entralacs, Rawdon

**Hours:** Monday to Friday 9h00 to 16h00, community lunches: Tuesday and Wednesday 11h30 to 12h30

**Fees:** annual membership: $20, community lunches: $8 for members, $10 for non-members, collective kitchen: between $0.25 and $1.50 by portion, rental room: variable

**Financing:** Centraide Lanaudière, contributions, self-financing, donations, provincial

**Legal status:** non-profit organization

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**MAISON LA TRACE**

245 Saint-Ursule Street, L'Assomption, Lanaudière, QC, J5W 1M6

**450 589-6050**

**Email:** marie_claire548@hotmail.com


**Eligibility:** residents

**Coverage area:** L'Assomption

**Hours:** Monday to Thursday 13h00 to 16h00, knitting: Monday 9h00, yoga: Tuesday 9h45, dinner: last Thursday of the month

**Fees:** none

**Financing:** fundraising campaigns, donations, self-financing

**Legal status:** non-profit organization

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**MANNE QUOTIDIENNE (LA)**

160 Hélène-Boulé Street, Joliette, Lanaudière, QC, J6E 2R6

**450 755-6078**

**Email:** mannequotidienne@hotmail.com


**Eligibility:** individuals and families on a low income, people experiencing homelessness

**Coverage area:** Joliette

**Hours:** breakfasts: 7 days 6h30 to 8h30, dinners: Saturday 13h30 to 17h30, Sunday 15h30 to 17h30, food bank: Monday and Thursday 9h00 to 14h30

**Fees:** breakfasts, dinners and food processing workshops: free, membership card: $30 for 6 months per adult, $5 for 6 months per child

**Financing:** grants, donations, membership fees

**Legal status:** non-profit organization

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**MI-ZÉ-VIE**

130 Saint-Jacques Street, Saint-Michel-des-Saints, Lanaudière, QC, J0K 3B0

**450 833-6040**  **Fax:** 450 833-2173

**Email:** mizevie@hotmail.com


**Eligibility:** people in a crisis situation, people living with mental health challenges, people in mourning

**Coverage area:** Saint-Michel-des-Saints, Saint-Zénon
Food

**Hours:** on appointment: Monday to Thursday 9h30 to 12h00, without appointment: Monday to Thursday 13h00 to 14h15, Saint-Zénon without appointment: Friday 8h45 to 15h00, community meals: last Thursday of the month 12h00

**Fees:** mental health intervention: free, optional membership card: $5, community meals: $5, excursions: variable cost

**Financing:** donations, contributions

**Legal status:** non-profit organization

**RESCOUSSE AMICALE (LA)**
3689 Albert Street, Rawdon, Lanaudière, QC, J0K 1S0
450 834-3151  Fax: 450 834-5557
Website: rescousseamicale.ca
Email: info@rescousseamicale.ca


**Eligibility:** people 18 years and over living or having lived a mental health problem or emotional distress

**Coverage area:** MRC Matawinie

**Hours:** Monday to Friday 9h00 to 16h00

**Fees:** free services, membership card: $3

**Financing:** contributions

**Legal status:** non-profit organization

**SERVICES AMITIÉS L'ASSOMPTION**
255 Saint-Etienne Street, L'Assomption, Lanaudière, QC, J5W 1W7
514 793-0840

Email: servicesamities@outlook.com


**Eligibility:** seniors, isolated people

**Capacity:** 75 people

**Coverage area:** L'Assomption, L'Épiphanie, Saint-Sulpice

**Hours:** by appointment

**Fees:** membership: $15 per year

**Financing:** contributions, grants

**Legal status:** non-profit organization

**SOLIDARITÉ SOCIALE DE RAWDON**
3625 Queen Street, Rawdon, Lanaudière, QC, J0K 1S0
450 834-4911

Email: ssrawdon@rocler.qc.ca

**Services:** * Clothing, warm meals and furniture at low prices. * Food assistance. * Group activities: bingo, outings, etc.

**Eligibility:** general population, people in need

**Coverage area:** Rawdon

**Hours:** Monday to Thursday 8h30 to 16h00, food assistance: Tuesday

**Fees:** variables

**Financing:** donations

**Legal status:** non-profit organization
TRAVAL DE RUE DE REPENTIGNY
294 Iberville Boulevard, Repentigny, Lanaudière, QC, J6A 2A3
514 793-5565
Website: travailderuerepentigny.com
Email: trrepentigny@hotmail.com
Eligibility: adolescents and young adults 12 to 30 years old, homeless people, marginalized people or struggling with mental health issues
Coverage area: Repentigny
Hours: Monday to Friday
Fees: none
Financing: provincial, donations
Legal status: non-profit organization

VAISSEAU D’OR (DES MOULINS) (LE)
486 Gagnon Street, Terrebonne, Lanaudière, QC, J6W 2N7
450 964-2418     Fax: 450 964-8702
Website: vaisseaudor.com
Email: entraide@vaisseaudor.com
Eligibility: adults living, having lived with or likely to experience mental health issues
Coverage area: MRC Les Moulins
Hours: Monday to Friday 10h00 to 17h00
Fees: membership: $12 per year, housing: variable
Financing: provincial
Legal status: non-profit organization

Prepared meals and Meals-on-wheels

ANNEXE À ROLAND (L’)
400 Baby Street, Joliette, Lanaudière, QC, J6E 2W1
450 916-1536     Fax: 450 756-2245
Website: www.lannexearoland.com
Email: lannexe@bellnet.ca
Eligibility: Expl’or program: people aged 18 and over far from the labour market, bistro: general public
Coverage area: Joliette
Hours: Monday to Thursday 9h00 to 16h00
Fees: Expl’or program: none, prepared dishes: variable
Financing: provincial
Legal status: non-profit organization
BUFFET ACCÈS EMPLOI
355 Road 335, Saint-Lin–Laurentides, Lanaudière, QC, J5M 2C1
450 439-3465  Fax: 450 439-3400
Website: www.bae.qc.ca
Email: info@bae.qc.ca
Eligibility: employment enterprise: adults on welfare assistance or unemployment insurance, frozen meals: general public
Coverage area: Lanaudière
Hours: administration: Monday to Friday 8h30 to 16h30
Fees: frozen meals: variable
Financing: self-financing, grants
Legal status: non-profit organization

CENTRE D’ACTION BÉNÉVOLE BRANDON
75 Saint-Cléophas Road, Saint-Gabriel, Lanaudière, QC, J0K 2N0
450 835-9033  Fax: 450 835-0838
Email: cbb9033@gmail.com
Eligibility: seniors, persons with a loss of autonomy, volunteers, caregivers, community organizations
Coverage area: Mandeville, Saint-Barthélemy, Saint-Cléophas-de-Brandon, Saint-Didace, Saint-Gabriel, Saint-Gabriel-de-Brandon, Saint-Norbert
Hours: Monday to Thursday 8h30 to 12h00 and 13h00 to 16h00, Friday 8h30 to 12h00 and 13h00 to 15h00
Fees: meals on wheels: variable
Financing: self-financing
Legal status: non-profit organization

CENTRE D’ACTION BÉNÉVOLE COMMUNAUTAIRE MATAWINIE
562 de l’Église Street, Chertsey, Lanaudière, QC, J0K 3K0
450 882-1089  Fax: 450 882-1084
Website: ccbm.qc.ca
Email: info@ccbm.qc.ca
Eligibility: seniors, people with a loss of autonomy, people on a low income, caregivers, volunteers, organizations
Hours: Monday to Thursday 8h30 to 12h00 and 13h00 to 16h30, Friday 8h30 to 12h00
Fees: meals on wheels: variable costs
Financing: provincial, self-financing, donations
Legal status: non-profit organization
Food
Coverage area: MRC Joliette
Hours: Monday to Friday 8h30 to 12h00 and 13h00 to 16h30  
Fees: annual membership: $20  
Financing: membership fees, donations, fundraising campaigns  
Legal status: non-profit organization

GROUPE POPULAIRE D’ENTRAIDE DE LAVALTRIE  
160 Saint-Antoine North Street, Lavaltrie, Lanaudière, QC, J5T 2G1  
450 586-3536 Fax: 450 586-0652  
Website: www.entraidelavaltrie.org  
Email: equipe@entraidelavaltrie.org  
Eligibility: families on a low income  
Coverage area: Lavaltrie  
Hours: listening: Monday and Tuesday 9h00 to 13h00, Wednesday to Friday 9h00 to 17h00, monthly lunches: last Thursday of the month 11h30 to 13h30, breakfast: regular Friday 9h00 to 11h00, special Friday 9h00 to 12h00, thrift shop: Wednesday and Friday 9h00 to 17h00, Thursday 9h00 to 19h00, Saturday 10h00 to 12h00  
Fees: monthly lunches: $5, weekly breakfast: $1 on regular Fridays, $4 on special Fridays, family vacations: 40% of the cost, collective kitchens, $1.50 per meal, community garden: $20 for the rental of a lot  
Financing: donations, municipal, foundations, provincial  
Legal status: non-profit organization

POPOTE DU PORTAGE  
379 Dorval Street, L’Assomption, Lanaudière, QC, J5W 3A2  
450 589-7517  
Services: * Home delivery of hot or frozen complete meals.  
Eligibility: people aged 65 and over, people with special needs: recovery, illness, disabilities, etc.  
Capacity: 60 clients  
Coverage area: L’Assomption, L’Épiphanie, Saint-Sulpice  
Hours: Wednesday and Friday 11h00 to 12h00  
Fees: hot meal: $5, frozen meal: $4  
Financing: self-financing  
Legal status: non-profit organization

POPOTE ROLANTE LES MOULINS  
4400 Angora Street, Suite 500, Terrebonne, Lanaudière, QC, J6X 0A4  
450 824-1240 Fax: 450 824-1241  
Email: popoteroulanterolesmoulins@outlook.com  
Services: Complete frozen meals delivery.  
Eligibility: people 70 years old and over, people 69 years old and under with a permanent or temporary health problem  
Coverage area: Mascouche, Terrebonne  
Hours: administration: Monday to Thursday 8h00 to 15h00, delivery: Thursday, pick-up: Thursday 9h00 to 12h00  
Fees: meal: $6.50, delivery fees: $4, minimum 10 meals per delivery, if the person wants less than 10 meals, they must pick-up on site  
Financing: self-financing, provincial  
Legal status: non-profit organization
POPOPTE ROULANTE RIVE-NORD
301 J.-A.-Paré Boulevard, Repentigny, Lanaudière, QC, J5Z 5E3
438 886-4734
Website: www.popoteroulanterivenord.com
Email: popoteroulanterivenord@hotmail.ca

Services: Hot or frozen complete meals delivery.
Eligibility: seniors, people with a loss of autonomy, in convalescence, with a physical, sensory, mental or intellectual disability, experiencing economic difficulties, living in social isolation or with reduced mobility

Coverage area: Repentigny, Charlemagne
Hours: Monday, Wednesday and Thursday, delivery between 10h30 and 12h30
Fees: complete meal: $5, main course only: $4
Financing: self-financing, grants, fundraising campaigns
Legal status: non-profit organization
Government services

FEDERAL SERVICES

INCOME STATEMENTS

MUNICIPAL SERVICES

MUNICIPALITÉ RÉGIONALE DE COMTÉ (MRC)

OFFICIAL DOCUMENTS

PROVINCIAL SERVICES
Federal services

SERVICE CANADA CENTRE - REPENTIGNY
667 Notre-Dame Street, Suite 200, Repentigny, Lanaudière, QC, J6A 2W5
1 800 622-6232    TTY: 1 800 926-9105
Website: www.servicecanada.gc.ca/tbsc-fsco/sc-dsp.jsp?lang=eng&rc=2420


Coverage area: Repentigny
Hours: Monday to Friday 8h30 to 16h00
Financing: federal
Legal status: federal government agency

SERVICE CANADA CENTRE - TERREBONNE
835 Montée Masson, Terrebonne, Lanaudière, QC, J6W 2C7
1 800 622-6232    TTY: 1 800 926-9105
Website: www.servicecanada.gc.ca/tbsc-fsco/sc-dsp.jsp?lang=eng&rc=2362


Coverage area: Terrebonne
Hours: Monday to Friday 8h30 to 12h00 and 12h45 to 16h00
Financing: federal
Legal status: federal government agency

Income statements

BERTHIERVILLE - CITY
588 De Montcalm Street, Berthierville, Lanaudière, QC, J0K 1A0
450 836-7035
Website: www.ville.berthierville.qc.ca
Email: info@ville.berthierville.qc.ca


Coverage area: Berthierville
Hours: Monday to Friday 9h00 to 12h00 and 13h00 to 16h30
Financing: municipal
Legal status: municipal agency
BOIS-FRANC - MUNICIPALITÉ
1673 55th Street, Saint-Côme, Lanaudière, QC, J0K 2B0
450 883-2726   Fax: 450 883-6431
Website: www.stcomelanaudiere.ca
Email: info@stcomelanaudiere.ca
Coverage area: Saint-Côme
Hours: Monday to Friday 8h30 to 12h00 and 13h00 to 16h30
Financing: municipal
Legal status: municipal agency

CENTRE DE SERVICES SCOLAIRES DES AFFLUENTS
80 Jean-Baptiste-Meilleur Street, Repentigny, Lanaudière, QC, J6A 6C5
450 492-9400   Fax: 450 492-3720
Website: cssda.gouv.qc.ca
Email: info@cssda.gouv.qc.ca
Services: French School Board gathering elementary, high and specialized schools. * Vocational training and adult education. * Welcoming, referral, guidance and accompaniment (SARCA). * Vocational and general training centers. * High school equivalency test (TENS): assessment of the knowledge of adults who don't have a high school diploma in order to obtain a certificate of educational equivalence (AENS) that facilitates access to certain jobs and vocational training. * Recognition of prior learning and skills (RAC). * Services for companies. * Francization services for newcomers. * School transportation coordination.
Coverage area: MRC L'Assomption, MRC Les Moulins
Hours: Monday to Friday 8h30 to 12h00 and 13h00 to 16h30
Legal status: parapublic organization

CENTRE LOCAL D'EMPLOI DE BERTHIERVILLE
90 du Marché Place, Berthierville, Lanaudière, QC, J0K 1A0
1 800 461-6261   Fax: 450 836-1029
Website: www.mtess.gouv.qc.ca/services-a-la-clientele/centre-local-emploi
Eligibility: job seekers, including people who have particular difficulties entering the labour market, individual and families receiving the governmental last-resort assistance or on a low income, employers and companies, people 16 years and over coping with a long term occupational disability (physical or mental health, physical or intellectual disabilities)
Coverage area: Berthierville
Hours: Monday, Tuesday, Thursday and Friday 8h30 to 12h00 and 13h00 to 16h30, Wednesday 10h00 to 12h00 and 13h00 to 16h30
Financing: provincial
Legal status: provincial government agency

CENTRE LOCAL D'EMPLOI DE SAINTE-JULIENNE
2495 Cartier Street, Sainte-Julienne, Lanaudière, QC, J0K 2T0
450 831-4222   Fax: 450 831-8439
Website: www.mtess.gouv.qc.ca/services-a-la-clientele/centre-local-emploi
**Government services**


**Eligibility:** job seekers, including people who have particular difficulties entering the labour market, individual and families receiving the governmental last-resort assistance or on a low income, employers and companies, people 16 years and over coping with a long term occupational disability (physical or mental health, physical or intellectual disabilities)

**Coverage area:** Sainte-Julienne

**Hours:** Monday, Tuesday, Thursday and Friday 8h30 to 12h00 and 13h00 to 16h30, Wednesday 10h00 to 12h00 and 13h00 to 16h30

**Financing:** provincial

**Legal status:** provincial government agency

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**CHARLEMAGNE - CITY**

84 du Sacré-Cœur Street, Charlemagne, Lanaudière, QC, J5Z 1W8

450 581-2541     Fax: 450 581-0597

Website: ville.charlemagne.qc.ca

Email: info@ville.charlemagne.qc.ca


**Coverage area:** Charlemagne

**Hours:** Monday to Thursday 8h30 to 12h00 and 13h00 to 17h00, Friday 8h00 to 12h00

**Financing:** municipal

**Legal status:** municipal agency

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**CHERTSEY - MUNICIPALITY**

333 de l’Amitié Avenue, Chertsey, Lanaudière, QC, J0K 3K0

450 882-2920     Fax: 450 882-3333

Website: www.chertsey.ca

Email: general@chertsey.ca


**Coverage area:** Chertsey

**Hours:** Monday to Friday 8h00 to 16h00

**Financing:** municipal

**Legal status:** municipal agency

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**CRABTREE - MUNICIPALITY**

111, 4e avenue, Crabtree, Lanaudière, QC, J0K 1B0

450-754-3434     Fax: 450-754-2172

Website: crabtree.quebec

Email: info@crabtree.quebec

Coverage area: Crabtree  
**Hours:** Monday to Thursday 8h00 to 12h00 and 13h00 to 16h45, Friday 8h00 to 12h00  
**Financing:** municipal  
**Legal status:** municipal agency

**ENTRELACS - MUNICIPALITY**  
2351 Entrelacs road, Entrelacs, Lanaudière, QC, J0T 2E0  
**450 228-2529** Fax: 450 228-4866  
Website: [www.entrelacs.com](http://www.entrelacs.com)  
Email: info@entrelacs.com  
**Coverage area:** Entrelacs  
**Financing:** municipal  
**Legal status:** municipal agency

**L’ASSOMPTION - VILLE**  
781 du Bas-de-L’Assomption Road North, L’Assomption, Lanaudière, QC, J5W 2H1  
**450 589-5671** Fax: 450 589-4512  
Website: [www.ville.lassomption.qc.ca](http://www.ville.lassomption.qc.ca)  
Email: bureauducitoyen@ville.lassomption.qc.ca  
**Coverage area:** L’Assomption  
**Hours:** Monday to Wednesday 8h30 to 16h30, Thursday 8h30 to 17h30, Friday 8h30 to 12h30  
**Financing:** municipal  
**Legal status:** municipal agency

**L’ÉPIPHANIE - CITY**  
66 Notre-Dame Street, L’Épiphanie, Lanaudière, QC, J5X 1A1  
**450 588-5515**  
Website: [www.lepiphanie.ca](http://www.lepiphanie.ca)  
Email: info@lepiphanie.ca  
**Coverage area:** L’Épiphanie  
**Hours:** Monday, Tuesday and Thursday 8h30 to 12h00 and 13h00 to 16h00, Wednesday 8h30 to 12h00 and 13h00 to 18h30, Friday 8h30 to 12h00  
**Financing:** municipal  
**Legal status:** municipal agency

**LA VISITATION-DE-L’ÎLE-DUPAS - MUNICIPALITY**  
113 de l’Église street, La Visitation-De-L’Île-Dupas, Lanaudière, QC, J0K 2P0  
**450 836-6019**  
Website: [www.ile-dupas.ca](http://www.ile-dupas.ca)  
Email: admin@ile-dupas.ca  
**Services:** Municipal services management. * Waste management. * Planning services and permits issuance.  
**Coverage area:** La Visitation-de-l’Île-Dupas  
**Financing:** municipal  
**Legal status:** municipal agency
LANORAIE - MUNICIPALITY
57 Laroche Street, Lanoraie, Lanaudière, QC, J0K 1E0
450 887-1100
Website: www.lanoraie.ca
Email: info@lanoraie.ca
Coverage area: Lanoraie
Hours: Monday to Thursday 8h30 to 12h00 and 13h00 to 16h30, Friday 8h30 to 12h00
Financing: municipal
Legal status: municipal agency

MANDEVILLE - MUNICIPALITY
162 Desjardins Street, Mandeville, Lanaudière, QC, J0k 1L0  Fax: 450 835-7795
Website: www.mandeville.ca
Coverage area: Mandeville
Financing: municipal
Legal status: municipal agency

MASCOUCHE - VILLE
3034 Sainte-Marie Road, Mascouche, Lanaudière, QC, J7K 1P1
450 474-4133  Fax: 450 474-6401
Website: ville.mascouche.qc.ca
Email: info@ville.mascouche.qc.ca
Coverage area: Mascouche
Hours: Monday to Friday 8h15 to 12h00 and 13h15 to 16h30
Financing: municipal
Legal status: municipal agency

NOTRE-DAME-DE-LA-MERCI - MUNICIPALITY
1900 Montée de la Réserve, Notre-Dame-de-la-Merci, Lanaudière, QC, J0T 2A0
819 424-2113  Fax: 819 424-7347
Website: www.mun-ndm.ca
Email: info@mun-ndm.ca
Coverage area: Notre-Dame-de-la-Merci
Financing: municipal
Legal status: municipal agency

NOTRE-DAME-DE-LOURDES - MUNICIPALITÉ
4050 Principale Street, Notre-Dame-de-Lourdes, Lanaudière, QC, J0K 1K0
450 759-2277  Fax: 450 759-2055
Website: www.notredamedelourdes.ca
Email: reception@notredamedelourdes.ca
Coverage area: Notre-Dame-de-Lourdes
Government services

**NOTRE-DAME-DES-PRAIRIES - CITY**
132 Antonio-Barrette Boulevard, Notre-Dame-des-Prairies, Lanaudière, QC, J6E 1E5
450 759-7741 Fax: 450 759-6255
Website: www.notredamedesprairies.com
Email: info@notredamedesprairies.com


**Coverage area:** Notre-Dame-Des-Prairies

**Hours:** Monday to Wednesday 8h30 to 12h00 and 13h00 to 16h30, Thursday 8h30 to 12h00 and 13h00 to 17h30, Friday 8h30 to 12h00

**Financing:** municipal

**Legal status:** municipal agency

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**RAWDON - MUNICIPALITY**
3647 Queen Street, Rawdon, Lanaudière, QC, J0K 1S0
450 834-2596 Fax: 450 834-3031
Website: rawdon.ca/en
Email: info@rawdon.ca


**Coverage area:** Rawdon

**Hours:** Monday to Friday 8h00 to 12h00 and 13h00 to 16h00

**Financing:** municipal

**Legal status:** municipal agency

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**REPENTIGNY - CITY**
435 Iberville Boulevard, Repentigny, Lanaudière, QC, J6A 2B6
450 470-3000 Fax: 450 470-3082
Website: repentigny.ca
Email: communication@repentigny.ca


**Coverage area:** Repentigny

**Hours:** Monday to Wednesday 8h30 to 12h00 and 13h00 to 16h30, Thursday 8h30 to 12h00 and 13h00 to 17h30, Friday 8h00 to 12h00

**Financing:** municipal

**Legal status:** municipal agency

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**SAINT-ALEXIS - MUNICIPALITY**
258 Principale Street, local 100, Saint-Alexis, Lanaudière, QC, J0K 1T0
450 839-7277
Website: www.st-alexis.com
Email: info@st-alexis.com

**Services:** Municipal services management. * Waste management. * Planning services and permits issuance.
Government services

Coverage area: Saint-Alexis
Financing: municipal
Legal status: municipal agency

SAINT-ALPHONSE-RODRIGUEZ - MUNICIPALITY
101 de la Plage Street, Saint-Alphonse-Rodriguez, Lanaudière, QC, J0K 1W0
450 883-2264     Fax: 450 883-0833
Website: www.municipalite.saintalphonserodriguez.qc.ca
Email: info@munsar.ca
Coverage area: Saint-Alphonse-Rodriguez
Hours: Monday to Friday 9h00 to 12h00 and 13h00 to 16h30
Financing: municipal
Legal status: municipal agency

SAINT-AMBROISE-DE-KILDARE - MUNICIPALITY
850 Principale Street, Saint-Ambroise-de-Kildare, Lanaudière, QC, J0K 1C0
450 755-4782     Fax: 450 755-4784
Website: www.saintambroise.ca
Email: info@saintambroise.ca
Coverage area: Saint-Ambroise-De-Kildare
Hours: Monday to Thursday 8h00 to 12h00 and 13h00 to 16h00, Friday 8h00 to 12h00
Financing: municipal
Legal status: municipal agency

SAINT-BARTHELEMY - MUNICIPALITY
1980 Bonin Street, Saint-Barthélemy, Lanaudière, QC, J0K 1X0
450 885-3511     Fax: 450 836-5220
Website: www.st-barthelemy.ca
Email: municipalite@saint-barthelemy.ca
Coverage area: Saint-Barthelemy
Financing: municipal
Legal status: municipal agency

SAINT-CLÉOPHAS-DE-BRANDON - MUNICIPALITY
750 Principale Street, Saint-Cléophas-de-Brandon, Lanaudière, QC, J0K 2A0
450 889-5683     Fax: 450 836-7920
Website: www.st-cleophas.qc.ca
Email: dg@st-cleophas.qc.ca
Coverage area: Saint-Cléophas-de-Brandon
Financing: municipal
Legal status: municipal agency
SAINT-CUTHBERT - MUNICIPALITY
1891 Principale Street, Saint-Cuthbert, Lanaudière, QC, J0K 2C0
450 836-4852 Fax: 450 836-4833
Website: www.st-cuthbert.qc.ca
Email: mairie@st-cuthbert.qc.ca
Coverage area: Saint-Cuthbert
Financing: municipal
Legal status: municipal agency

SAINT-DAMIEN - MUNICIPALITY
6850 Montauban Road, Saint-Damien, Lanaudière, QC, J0K 2E0
450 835-3419 Fax: 450 835-5538
Website: www.st-damien.com
Email: infos@st-damien.com
Coverage area: Saint-Damien
Hours: Monday to Friday 8h30 to 12h00 and 13h00 to 16h30
Financing: municipal
Legal status: municipal agency

SAINT-DIDACE - MUNICIPALITY
380 Principale Street, Saint-Didace, Lanaudière, QC, J0K 2G0
450 835-4184 Fax: 450 836-0115
Website: www.saint-didace.com
Email: info@saint-didace.com
Coverage area: Saint-Didace
Financing: municipal
Legal status: municipal agency

SAINT-DONAT - MUNICIPALITY
490 Principale Street, Saint-Donat, Lanaudière, QC, J0T 2C0
819 424-2383 Fax: 819 424-5020
Website: www.saint-donat.ca
Email: info@saint-donat.ca
Coverage area: Saint-Donat
Hours: Monday to Friday 8h30 to 12h00 and 13h00 to 16h30
Financing: municipal
Legal status: municipal agency

SAINT-ESPRIT - MUNICIPALITY
21 Principale Street, Saint-Esprit, Lanaudière, QC, J0K 2L0
450 831-2114 Fax: 450 839-6070
Website: www.saint-esprit.ca
Email: info@saint-esprit.ca
Government services

Coverage area: Saint-Esprit
Financing: municipal
Legal status: municipal agency

SAINT-FÉLIX-DE-VALOIS - MUNICIPALITY
600 de Joliette Road, Saint-Félix-de-Valois, Lanaudière, QC, J0K 2M0
450 889-5589
Website: st-felix-de-valois.com
Coverage area: Saint-Félix-De-Valois
Hours: Monday to Wednesday 9h00 to 12h00 and 13h00 to 16h00, Thursday 10h00 to 12h00 and 13h00 to 16h00, Friday 9h00 to 12h00 and 13h00 to 16h00
Financing: municipal
Legal status: municipal agency

SAINT-GABRIEL - MUNICIPALITÉ
45 Beausoleil Street, Saint-Gabriel, Lanaudière, QC, J0K 2N0
450 835-2212
Website: www.ville.stgabriel.qc.ca
Email: mairie@ville.stgabriel.qc.ca
Coverage area: Saint-Gabriel
Hours: Monday to Thursday 9h00 to 12h00 and 13h00 to 16h00, Friday 9h00 to 12h00
Financing: municipal
Legal status: municipal agency

SAINT-IGNACE-DE-LOYOLA - MUNICIPALITY
25 Laforest Street, Saint-Ignace-de-Loyola, Lanaudière, QC, J0K 2P0
450 836-3376     Fax: 450 836-1400
Website: www.stignacedeloyola.qc.ca
Email: info@stignacedeloyola.qc.ca
Coverage area: Saint-Ignace-de-Loyola
Hours: Monday to Friday 8h00 to 12h00 and 13h00 to 17h00
Financing: municipal
Legal status: municipal agency

SAINT-JACQUES - MUNICIPALITY
16 Maréchal Street, Saint-Jacques, Lanaudière, QC, J0K 2R0
450 839-3671     Fax: 450 839-2387
Website: www.st-jacques.org
Email: info@st-jacques.org
Government services


Coverage area: Saint-Jacques

Hours: Monday to Thursday 8h00 to 12h00 and 13h00 to 16h30, Friday 8h00 to 12h00

Financing: municipal

Legal status: municipal agency

SAINT-JEAN-DE-MATHA - MUNICIPALITY

65 Lessard Street, Saint-Jean-de-Matha, Lanaudière, QC, J0K 2S0

450 886-3867 Fax: 450 886-3398

Website: www.municipalitestjeandematha.qc.ca

Email: info@matha.ca


Coverage area: Saint-Jean-De-Matha

Hours: Monday to Thursday 9h00 to 12h00 and 13h00 to 17h00, Friday 9h00 to 12h00 and 13h to 16h00

Financing: municipal

Legal status: municipal agency

SAINT-LIGUORI - MUNICIPALITY

840 Richard Street, Saint-Liguori, Lanaudière, QC, J0K 2X0

450 753-3570 Fax: 450 753-4638

Website: www.saint-liguori.com

Email: info@saint-liguori.com


Coverage area: Saint-Liguori

Financing: municipal

Legal status: municipal agency

SAINT-LIN-LAURENTIDES - CITY

900 12th Avenue, Saint-Lin–Laurentides, Lanaudière, QC, J5M 2W2

450 439-3130 ext. 7200 Fax: 450 439-1525

Website: www.saint-lin-laurentides.com

Email: info@saint-lin-laurentides.com


Coverage area: Saint-Lin-Laurentides

Hours: Monday to Thursday 8h00 to 12h00 and 13h00 to 16h00, Friday 8h00 to 12h00

Financing: municipal

Legal status: municipal agency
SAINT-MICHEL-DES-SAINTS - MUNICIPALITY
441 Brassard Street, Saint-Michel-des-Saints, Lanaudière, QC, J0K 3B0
450 886-4502 Fax: 450 833-6081
Website: www.smds.quebec
Email: info@smds.quebec
Coverage area: Saint-Michel-des-Saints
Financing: municipal
Legal status: municipal agency

SAINT-NORBERT - MUNICIPALITY
4, Laporte Street, Saint-Norbert, Lanaudière, QC, J0K 3C0
450 836-4700 Fax: 450 836-4004
Website: www.saint-norbert.net
Email: municipalite@saint-norbert.net
Coverage area: Saint-Norbert
Financing: municipal
Legal status: municipal agency

SAINT-PIERRE - MUNICIPALITY
485 Village-de-Saint-Pierre North, Saint-Pierre, Lanaudière, QC, J6E 0H2
450 756-2592 Fax: 450 756-2735
Website: www.municipalites-du-quebec.ca/village-st-pierre
Email: villagestpierre@videotron.ca
Coverage area: Saint-Pierre
Financing: municipal
Legal status: municipal agency

SAINT-ROCH-DE-L’ACHIGAN - MUNICIPALITY
7 du Docteur-Wilfrid-Locat Street, Saint-Roch-de-l’Achigan, Lanaudière, QC, J0K 3H0
450 588-2326 Fax: 450 588-4848
Website: www.sra.quebec
Email: reception@sra.quebec
Coverage area: Saint-Roch-De-L’Achigan
Hours: Monday to Thursday 8h30 to 12h00 and 12h30 to 16h30
Financing: municipal
Legal status: municipal agency

SAINT-ROCH-OUEST - MUNICIPALITY
270 Route 125, Saint-Roch-Ouest, Lanaudière, QC, J0K 3H0
450 588-6060 Fax: 579 795-0358
Website: www.saint-roch-ouest.ca
Email: info@saint-roch-ouest.ca
Coverage area: Saint-Roch-Ouest
Financing: municipal
Legal status: municipal agency
SAINT-SULPICE - MUNICIPALITY
1089 Notre-Dame Street, Saint-Sulpice, Lanaudière, QC, J5W 1G1
450 589-4450     Fax: 450 589-9647
Website: www.municipalitesaintsulpice.com
Email: info@st-sulpice.com
Coverage area: Saint-Sulpice
Hours: Monday to Thursday 8h00 to 12h00 and 13h00 to 17h00, Friday 8h00 to 12h00
Financing: municipal
Legal status: municipal agency

SAINT-THOMAS - MUNICIPALITY
1240 Route 158, Saint-Thomas, Lanaudière, QC, J0K 3L0
450 759-3405
Website: www.saintthomas.qc.ca
Email: municipalite@saintthomas.qc.ca
Coverage area: Saint-Thomas
Hours: Monday to Friday 9h00 to 12h00 and 13h00 to 16h00
Financing: municipal
Legal status: municipal agency

SAINT-ZENON - MUNICIPALITY
6101 Principale Street, Saint-Zénon, Lanaudière, QC, J0K 3N0
450 884-5987     Fax: 450 884-5285
Website: www.st-zenon.com
Email: municipalite@st-zenon.org
Coverage area: Saint-Zénon
Financing: municipal
Legal status: municipal agency

SAINTE-BÉATRIX - MUNICIPALITY
861 de l'Église Street, Sainte-Béatrix, Lanaudière, QC, J0K 1Y0
450 883-2245 ext. 6221     Fax: 450 883-1772
Website: www.ste-beatrix.com
Email: reception@ste-beatrix.com
Coverage area: Sainte-Béatrix
Financing: municipal
Legal status: municipal agency

SAINTE-ÉLISABETH - MUNICIPALITY
2195 Principale Street, Sainte-Élisabeth, Lanaudière, QC, J0K 2J0
450 759-2875 ext. 5600
Website: www.ste-elisabeth.qc.ca
Email: communications@ste-elisabeth.qc.ca
Government services

**Coverage area**: Sainte-Elisabeth  
**Financing**: municipal  
**Legal status**: municipal agency

**SAINTE-EMELIE-DE-L’ENERGIE - MUNICIPALITY**
460 de la Mairie Street, Sainte-Émélie-de-l’Énergie, Lanaudière, QC, J0K 2K0  
**450 886-3823**  
**Fax**: 450 886-9175  
**Website**: www.steemelie.ca  
**Email**: info@stemelie.ca  
**Coverage area**: Sainte-Émélie-de-l’Énergie  
**Financing**: municipal  
**Legal status**: municipal agency

**SAINTE-GENEVIÈVE-DE-BERTHIER - MUNICIPALITÉ**
400 Rang Rivière-Bayonne South, Sainte-Geneviève-de-Berthier, Lanaudière, QC, J0K 1A0  
**450 836-4333**  
**Website**: municipalites-du-quebec.ca/sainte-genevieve-de-berthier  
**Email**: info@stegenevievedeberthier.ca  
**Coverage area**: Sainte-Geneviève-de-Berthier  
**Hours**: Monday to Thursday 8h00 to 12h00 and 12h45 to 16h00, Friday 8h30 to 12h00  
**Financing**: municipal  
**Legal status**: municipal agency

**SAINTE-JULIENNE - MUNICIPALITY**
2450 Victoria Street, Sainte-Julienne, Lanaudière, QC, J0K 2T0  
**450 831-2688**  
**Fax**: 450 831-4433  
**Website**: www.sainte-julienne.com  
**Email**: municipalite@sainte-julienne.com  
**Coverage area**: Sainte-Julienne  
**Hours**: Monday to Thursday 8h30 to 12h00 and 13h00 to 16h30, Friday 8h30 to 12h00  
**Financing**: municipal  
**Legal status**: municipal agency

**SAINTE-MARCELLINE-DE-KILDARE - MUNICIPALITY**
500 Principale Street, Sainte-Marcelline-de-Kildare, Lanaudière, QC, J0K 2Y0  
**450 883-2241**  
**Fax**: 450 883-2242  
**Website**: www.ste-marcelline.com  
**Email**: info@ste-marcelline.com  
**Coverage area**: Sainte-Marcelline-de-Kildare  
**Financing**: municipal  
**Legal status**: municipal agency
SAINTE-MARIE-SALOMÉ - MUNICIPALITY
690 Saint-Jean Street, Sainte-Marie-Salomé, Lanaudière, QC, J0K 2Z0
450 839-6212 ext. 7810     Fax: 450 839-6106
Website: www.sainte-marie-salome.ca
Email: info@sainte-marie-salome.ca
Coverage area: Sainte-Marie-Salomé
Financing: municipal
Legal status: municipal agency

SAINTE-MÉLANIE - MUNICIPALITÉ
10 Louis-Charles-Panet Street, Sainte-Mélanie, Lanaudière, QC, J0K 3A0
450 889-5871
Website: www.sainte-melanie.ca
Email: info@sainte-melanie.ca
Coverage area: Sainte-Mélanie
Hours: Monday to Friday 9h00 to 17h00
Financing: municipal
Legal status: municipal agency

SERVICES QUÉBEC - DIRECTION RÉGIONALE DE LANAUDIÈRE
40 Gauthier Street South, Suite 2000, Joliette, Lanaudière, QC, J6E 4J4
450 752-6888     Fax: 450 755-1926
Website: www.mtess.gouv.qc.ca/services-a-la-clientele/directions-regionales/index_en.asp
Eligibility: job seekers, including people who have particular difficulties entering the labour market, individual and families receiving the governmental last-resort assistance or on a low income, employers and companies, people 16 years old and over coping with a long term occupational disability (physical or mental health, physical or intellectual disabilities), sponsored immigrants on or awaiting welfare and their sponsors
Coverage area: Lanaudière
Hours: Monday to Friday 8h00 to 12h00 and 13h00 to 16h30
Financing: provincial
Legal status: provincial government agency

SERVICES QUÉBEC - JOLIETTE
409 Notre-Dame Street, Joliette, Lanaudière, QC, J6E 3H5
1 800 463-5434     Fax: 450 752-6865
Website: www.mtess.gouv.qc.ca/services-a-la-clientele/centre-local-emploi

Eligibility: job seekers, including people who have particular difficulties entering the labour market, individual and families receiving the governmental last-resort assistance or on a low income, employers and companies, people 16 years and over coping with a long term occupational disability (physical or mental health, physical or intellectual disabilities)

Coverage area: Joliette

Hours: Monday, Tuesday, Thursday and Friday 8h30 to 12h00 and 13h00 to 16h30, Wednesday 10h00 to 12h00 and 13h00 to 16h30

Financing: provincial

Legal status: provincial government agency

SERVICES QUÉBEC - RAWDON
3486 Queen Street, Rawdon, Lanaudière, QC, J0K 1S0
1 877 502-4128 Fax: 450 834-1272
Website: www.mtess.gouv.qc.ca/services-a-la-clientele/centre-local-emploi


Eligibility: job seekers, including people who have particular difficulties entering the labour market, individual and families receiving the governmental last-resort assistance or on a low income, employers and companies, people 16 years and over coping with a long term occupational disability (physical or mental health, physical or intellectual disabilities)

Coverage area: Rawdon

Hours: Monday, Tuesday, Thursday and Friday 8h30 to 12h00 and 13h00 to 16h30, Wednesday 10h00 to 12h00 and 13h00 to 16h30

Financing: provincial

Legal status: provincial government agency

SERVICES QUÉBEC - REPENTIGNY
155 Notre-Dame Street, Suite 25, Repentigny, Lanaudière, QC, J6A 5L3
450 585-6640 Fax: 450 582-4996
Website: www.localisateur.servicesquebec.gouv.qc.ca/en
Government services


Eligibility: job seekers, including people who have particular difficulties entering the labour market, individual and families receiving the governmental last-resort assistance or on a low income, employers and companies, people 16 years and over coping with a long term occupational disability (physical or mental health, physical or intellectual disabilities)

Coverage area: Repentigny

Hours: Monday to Friday 8h30 to 12h00 and 13h00 to 16h30

Financing: provincial

Legal status: provincial government agency

TERREBONNE - CITY
775 Saint-Jean-Baptiste Street, Terrebonne, Lanaudière, QC, J6W 1B5
450 961-2001

Website: www.ville.terrebonne.qc.ca
Email: information@ville.terrebonne.qc.ca


Coverage area: Terrebonne

Hours: Monday to Thursday 8h15 to 12h00 and 13h00 to 16h30, Friday 8h30 to 12h00

Financing: municipal

Legal status: municipal agency

Municipal services

BERTHIERVILLE - CITY
588 De Montcalm Street, Berthierville, Lanaudière, QC, J0K 1A0
450 836-7035

Website: www.ville.berthierville.qc.ca
Email: info@ville.berthierville.qc.ca


Coverage area: Berthierville

Hours: Monday to Friday 9h00 to 12h00 and 13h00 to 16h30

Financing: municipal

Legal status: municipal agency

BOIS-FRANC - MUNICIPALITÉ
1673 55th Street, Saint-Côme, Lanaudière, QC, J0K 2B0
450 883-2726 Fax: 450 883-6431
Website: www.stcomelanaudiere.ca
Email: info@stcomelanaudiere.ca
Government services


**Coverage area:** Saint-Côme

**Hours:** Monday to Friday 8h30 to 12h00 and 13h00 to 16h30

**Financing:** municipal

**Legal status:** municipal agency

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**CHARLEMAGNE - CITY**

84 du Sacré-Coeur Street, Charlemagne, Lanaudière, QC, J5Z 1W8

450 581-2541  Fax: 450 581-0597

Website: ville.charlemagne.qc.ca

Email: info@ville.charlemagne.qc.ca


**Coverage area:** Charlemagne

**Hours:** Monday to Thursday 8h30 to 12h00 and 13h00 to 17h00, Friday 8h00 to 12h00

**Financing:** municipal

**Legal status:** municipal agency

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**CHARLEMAGNE - LOISIRS ET CULTURE**

84 Sacré-Cour Street, Charlemagne, Lanaudière, QC, J5Z 1W8

450 581-2541 ext. 27

Website: www.ville.charlemagne.qc.ca/fr/loisirs-et-culture

Email: loisirs@ville.charlemagne.qc.ca

**Services:** * Recreational and sporting activities. * Swimming pools, parks, sports fields, ice rinks, community centre. * Summer and spring break day camps. * Hall rental. * Festivities.

**Coverage area:** Charlemagne

**Fees:** variable

**Financing:** municipal

**Legal status:** municipal agency

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**CHERTSEY - MUNICIPALITY**

333 de l'Amitié Avenue, Chertsey, Lanaudière, QC, J0K 3K0

450 882-2920  Fax: 450 882-3333

Website: www.chertsey.ca

Email: general@chertsey.ca


**Coverage area:** Chertsey

**Hours:** Monday to Friday 8h00 to 16h00

**Financing:** municipal

**Legal status:** municipal agency

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**CONSEIL DES ATIKAMEKW DE MANAWAN**

135, Kicik Street, Manawan, Lanaudière, QC, J0K 1M0

819 971-8813  Fax: 819 971-8848

Website: www.manawan.com

Email: conseil@manawan.com
* Development and improvement of rental housing.

Coverage area: Manawan
Hours: Monday to Friday 8h00 to 12h00 and 13h00 to 17h00
Financing: federal
Legal status: municipal agency

CONSEIL RÉGIONAL DE L’ENVIRONNEMENT DE LANAUDIÈRE
365 Saint-Louis Street, Joliette, Lanaudière, QC, J6E 7N3
450 756-0186     Fax: 450 756-6538
Website: crelanaudiere.ca
Email: info@crelanaudiere.ca

Services: * Concertation and consultation on environmental issues such as climate change, development and protection of natural environments, waste management, local agriculture, water management and sustainable development.
* Informative capsules and virtual conferences: www.youtube.com/channel/UCXcnLYsQdwMfNw4eBrMPUhg/featured.

Eligibility: citizens, organizations, businesses and government instances

Coverage area: Lanaudière
Hours: Monday to Friday 8h30 to 16h30
Fees: annual membership: $12 per citizen, $30 per organization, $60 per business or government instance

Financing: municipal, grants, contributions, donations, self-financing

Legal status: non-profit organization

CRABTREE - MUNICIPALITY
111, 4e avenue, Crabtree, Lanaudière, QC, J0K 1B0
450-754-3434     Fax: 450-754-2172
Website: crabtree.quebec
Email: info@crabtree.quebec


Coverage area: Crabtree
Hours: Monday to Thursday 8h00 to 12h00 and 13h00 to 16h45, Friday 8h00 to 12h00

Financing: municipal

Legal status: municipal agency

ENTRELACS - MUNICIPALITY
2351 Entrelacs road, Entrelacs, Lanaudière, QC, J0T 2E0
450 228-2529     Fax: 450 228-4866
Website: www.entrelacs.com
Email: info@entrelacs.com


Coverage area: Entrelacs

Financing: municipal

Legal status: municipal agency
JOLIETTE - CITY
614 Manseau Boulevard, Joliette, Lanaudière, QC, J6E 3E4
450 753-8000
Website: www.joliette.ca
Email: info@ville.joliette.qc.ca
Services: Municipal service management. * Municipal counter: information on permits, subsidies and taxes, payment of taxes, regulations, etc. * Calendar of recyclable and garbage collections and information on waste management: citoyen.joliette.ca/horaire-des-collectes * Public safety: fire safety service.
Coverage area: Joliette
Hours: Monday to Friday 8h30 to 12h00 and 13h15 to 16h30
Financing: municipal
Legal status: municipal agency

L'ASSOMPTION - LOISIRS, CULTURE ET TOURISME
781 du Bas-de-L'Assomption Road North, L'Assomption, Lanaudière, QC, J5W 2H1
450 589-5671 Fax: 450 589-4512
Website: www.ville.lassomption.qc.ca/loisirs-culture-et-tourisme
Email: bureauducitoyen@ville.lassomption.qc.ca
Coverage area: L'Assomption
Hours: Monday to Wednesday 8h30 to 12h00 and 13h00 to 16h00, Thursday 8h30 to 12h00 and 13h00 to 17h30, Friday 8h30 to 12h30
Fees: variable
Financing: municipal
Legal status: municipal agency

L'ASSOMPTION - VILLE
781 du Bas-de-L'Assomption Road North, L'Assomption, Lanaudière, QC, J5W 2H1
450 589-5671 Fax: 450 589-4512
Website: www.ville.lassomption.qc.ca
Email: bureauducitoyen@ville.lassomption.qc.ca
Coverage area: L'Assomption
Hours: Monday to Wednesday 8h30 to 16h30, Thursday 8h30 to 17h30, Friday 8h30 to 12h30
Financing: municipal
Legal status: municipal agency

L'ÉPIPHANIE - CITY
66 Notre-Dame Street, L'Épiphanie, Lanaudière, QC, J5X 1A1
450 588-5515
Website: www.lepiphanie.ca
Email: info@lepiphanie.ca
Coverage area: L'Épiphanie
Hours: Monday, Tuesday and Thursday 8h30 to 12h00 and 13h00 to 16h00, Wednesday 8h30 to 12h00 and 13h00 to 18h30, Friday 8h30 to 12h00
Financing: municipal
Legal status: municipal agency
L'ÉPIPHANIE - LOISIRS ET CULTURE
68 Amireault Street, L'Épiphanie, Lanaudière, QC, J5X 1A1
450 588-6828
Website: www.lepiphanie.ca/programmation
Email: loisirs@lepiphanie.ca
Coverage area: L'Épiphanie
Hours: Monday to Thursday 8h00 to 12h00 and 13h00 to 17h00, Friday 9h00 to 12h00
Fees: variable
Financing: municipal
Legal status: municipal agency

LA VISITATION-DE-L’ÎLE-DUPAS - MUNICIPALITY
113 de l’Église street, La Visitation-De-L’île-Dupas, Lanaudière, QC, J0K 2P0
450 836-6019
Website: www.ile-dupas.ca
Email: admin@ile-dupas.ca
Coverage area: La Visitation-de-l’Île-Dupas
Financing: municipal
Legal status: municipal agency

LANORAIE - MUNICIPALITY
57 Laroche Street, Lanoraie, Lanaudière, QC, J0K 1E0
450 887-1100
Website: www.lanoraie.ca
Email: info@lanoraie.ca
Coverage area: Lanoraie
Hours: Monday to Thursday 8h30 to 12h00 and 13h00 to 16h30, Friday 8h30 to 12h00
Financing: municipal
Legal status: municipal agency

LAVALTRIE - CITY
13750 Notre-Dame Street, Lavaltrie, Lanaudière, QC, J5T 1M5
450 586-2921     Fax: 450 586-4060
Website: www.ville.lavaltrie.qc.ca
Email: mairie@ville.lavaltrie.qc.ca
Coverage area: Lavaltrie
Hours: Monday, Tuesday and Thursday 8h15 to 12h00 and 13h00 to 17h00, Wednesday 9h00 to 12h00 and 13h00 to 17h00, Friday 8h00 to 12h00
Financing: municipal
Legal status: municipal agency
MANDEVILLE - MUNICIPALITY
162 Desjardins Street, Mandeville, Lanaudière, QC, J0k 1L0  Fax: 450 835-7795
Website: www.mandeville.ca
Coverage area: Mandeville
Financing: municipal
Legal status: municipal agency

MASCOUCHE - SERVICES DES ACTIVITÉS SPORTIVES ET DES PARCS
2936 Dupras Street, Mascouche, Lanaudière, QC, J7K 1T2
450 474-4133 ext. 2000  Fax: 450 474-6401
Website: mascouche.ca/services-aux-citoyens/mloisirs
Email: sports@ville.mascouche.qc.ca
Coverage area: Mascouche
Hours: Monday to Friday 8h15 to 12h00 and 13h15 to 16h30
Fees: variable
Financing: municipal
Legal status: municipal agency

MASCOUCHE - VILLE
3034 Sainte-Marie Road, Mascouche, Lanaudière, QC, J7K 1P1
450 474-4133  Fax: 450 474-6401
Website: ville.mascouche.qc.ca
Email: info@ville.mascouche.qc.ca
Coverage area: Mascouche
Hours: Monday to Friday 8h15 to 12h00 and 13h15 to 16h30
Financing: municipal
Legal status: municipal agency

MRC L'ASSOMPTION - ÉCOPARC
134 des Commissaires Road, L'Assomption, Lanaudière, QC, J5W 2T7
450 589-9999
Website: www.mrclassomption.qc.ca/services/amenagement-du-territoire/environnement/gestion-des-matieres-rsidentuelles/ecoparcs
Eligibility: citizens
Coverage area: MRC L'Assomption
Hours: November 1st to March 31st: Thursday to Sunday 10h00 to 17h00, April 1st to August 31st: Monday to Sunday 8h00 to 17h00, September 1st to October 31st: Monday to Thursday 11h00 to 17h00, Friday 10h00 to 17h00, Saturday and Sunday 9h00 to 17h00
Fees: none
Financing: municipal
Legal status: municipal agency
NOTRE-DAME-DE-LA-MERCI - MUNICIPALITY
1900 Montée de la Réserve, Notre-Dame-de-la-Merci, Lanaudière, QC, J0T 2A0
819 424-2113     Fax: 819 424-7347
Website: www.mun-ndm.ca
Email: info@mun-ndm.ca
Coverage area: Notre-Dame-de-la-Merci
Financing: municipal
Legal status: municipal agency

NOTRE-DAME-DE-LOURDES - MUNICIPALITÉ
4050 Principale Street, Notre-Dame-de-Lourdes, Lanaudière, QC, J0K 1K0
450 759-2277     Fax: 450 759-2055
Website: www.notredamedelourdes.ca
Email: reception@notredamedelourdes.ca
Coverage area: Notre-Dame-de-Lourdes
Hours: Monday to Friday 9h00 to 12h00 and 13h00 to 16h30
Financing: municipal
Legal status: municipal agency

NOTRE-DAME-DES-PIRAIRES - CITY
132 Antonio-Barrette Boulevard, Notre-Dame-des-Prairies, Lanaudière, QC, J6E 1E5
450 759-7741     Fax: 450 759-6255
Website: www.notredamedesprairies.com
Email: info@notredamedesprairies.com
Coverage area: Notre-Dame-Des-Prairies
Hours: Monday to Wednesday 8h30 to 12h00 and 13h00 to 16h30, Thursday 8h30 to 12h00 and 13h00 to 17h30, Friday 8h30 to 12h00
Financing: municipal
Legal status: municipal agency

RAWDON - MUNICIPALITY
3647 Queen Street, Rawdon, Lanaudière, QC, J0K 1S0
450 834-2596     Fax: 450 834-3031
Website: rawdon.ca/en
Email: info@rawdon.ca
Coverage area: Rawdon
Hours: Monday to Friday 8h00 to 12h00 and 13h00 to 16h00
Financing: municipal
Legal status: municipal agency
REPENTIGNY - CITY
435 Iberville Boulevard, Repentigny, Lanaudière, QC, J6A 2B6
450 470-3000    Fax: 450 470-3082
Website: repentigny.ca
Email: communication@repentigny.ca
Coverage area: Repentigny
Hours: Monday to Wednesday 8h30 to 12h00 and 13h00 to 16h30, Thursday 8h30 to 12h00 and 13h00 to 17h30, Friday 8h00 to 12h00
Financing: municipal
Legal status: municipal agency

REPENTIGNY - ÉCOCENTRE
336 Charles-Marchand Street, Repentigny, Lanaudière, QC, J5Z 4P1
450 470-3830
Website: repentigny.ca
Email: info-environnement@ville.repentigny.qc.ca
Eligibility: citizens
Coverage area: Repentigny
Hours: April to October: Wednesday and Friday 12h00 to 16h30, Saturday and Sunday 9h00 to 16h30, November to March: Saturday 9h30 to 16h30
Fees: none
Financing: municipal
Legal status: municipal agency

REPENTIGNY - LOISIRS, SPORTS ET VIE COMMUNAUTAIRE
435 Iberville Boulevard, Repentigny, Lanaudière, QC, J6A 2B6
450 470-3400    Fax: 450 470-3082
Website: repentigny.ca
Email: loisirs@repentigny.ca
Coverage area: Repentigny
Fees: variable
Financing: municipal
Legal status: municipal agency

SAINT-ALEXIS - MUNICIPALITY
258 Principale Street, local 100, Saint-Alexis, Lanaudière, QC, J0K 1T0
450 839-7277
Website: www.st-alexis.com
Email: info@st-alexis.com
Coverage area: Saint-Alexis
Financing: municipal
Legal status: municipal agency
SAINT-ALPHONSE-RODRIGUEZ - MUNICIPALITY
101 de la Plage Street, Saint-Alphonse-Rodriguez, Lanaudière, QC, J0K 1W0
450 883-2264 Fax: 450 883-0833
Website: www.municipalite.saintalphonserodriguez.qc.ca
Email: info@munsar.ca
Coverage area: Saint-Alphonse-Rodriguez
Hours: Monday to Friday 9h00 to 12h00 and 13h00 to 16h30
Financing: municipal
Legal status: municipal agency

SAINT-AMBROISE-DE-KILDARE - MUNICIPALITY
850 Principale Street, Saint-Ambroise-de-Kildare, Lanaudière, QC, J0K 1C0
450 755-4782 Fax: 450 755-4784
Website: www.saintambroise.ca
Email: info@saintambroise.ca
Coverage area: Saint-Ambroise-De-Kildare
Hours: Monday to Thursday 8h00 to 12h00 and 13h00 to 16h00, Friday 8h00 to 12h00
Financing: municipal
Legal status: municipal agency

SAINT-BARTHELEMY - MUNICIPALITY
1980 Bonin Street, Saint-Barthélemy, Lanaudière, QC, J0K 1X0
450 885-3511 Fax: 450 836-5220
Website: www.st-barthelemy.ca
Email: municipalite@saint-barthelemy.ca
Coverage area: Saint-Barthelemy
Financing: municipal
Legal status: municipal agency

SAINT-CALIXTE - CITY
6230 de l'Hôtel-de-Ville Street, Saint-Calixte, Lanaudière, QC, J0K 1Z0
450 222-2782 Fax: 450 222-2789
Website: saint-calixte.ca
Email: reception@mascalixte.qc.ca
Coverage area: Saint-Calixte
Hours: Monday to Thursday 9h00 to 12h00 and 13h00 to 16h30
Financing: municipal
Legal status: municipal agency
SAINT-CHARLES-BORROMÉE - CITY
370 de la Visitation Street, Saint-Charles-Borromée, Lanaudière, QC, J6E 4P3
450 759-4415     Fax: 450 759-3393
Website: www.vivrescb.com
Email: info@vivrescb.com


Coverage area: Saint-Charles-Borromée
Hours: Monday to Thursday 8h00 to 12h00 and 13h00 to 16h45, Friday 8h00 to 12h00
Financing: municipal
Legal status: municipal agency

SAINT-CLÉOPHAS-DE-BRANDON - MUNICIPALITY
750 Principale Street, Saint-Cléophas-de-Brandon, Lanaudière, QC, J0K 2A0
450 889-5683
Website: www.st-cleophas.qc.ca
Email: dg@st-cleophas.qc.ca


Coverage area: Saint-Cléophas-de-Brandon
Financing: municipal
Legal status: municipal agency

SAINT-CUTHBERT - MUNICIPALITY
1891 Principale Street, Saint-Cuthbert, Lanaudière, QC, J0K 2C0
450 836-4852     Fax: 450 836-4833
Website: www.st-cuthbert.qc.ca
Email: mairie@st-cuthbert.qc.ca


Coverage area: Saint-Cuthbert
Financing: municipal
Legal status: municipal agency

SAINT-DAMIEN - MUNICIPALITY
6850 Montauban Road, Saint-Damien, Lanaudière, QC, J0K 2E0
450 835-3419     Fax: 450 835-5538
Website: www.st-damien.com
Email: infos@st-damien.com


Coverage area: Saint-Damien
Hours: Monday to Friday 8h30 to 12h00 and 13h00 to 16h30
Financing: municipal
Legal status: municipal agency

SAINT-DIDACE - MUNICIPALITY
380 Principale Street, Saint-Didace, Lanaudière, QC, J0K 2G0
450 835-4184     Fax: 450 836-0115
Website: www.saint-didace.com
Email: info@saint-didace.com
Government services

Coverage area: Saint-Didace
Financing: municipal
Legal status: municipal agency

SAINT-DONAT - MUNICIPALITY
490 Principale Street, Saint-Donat, Lanaudière, QC, J0T 2C0
819 424-2383  Fax: 819 424-5020
Website: www.saint-donat.ca
Email: info@saint-donat.ca
Coverage area: Saint-Donat
Hours: Monday to Friday 8h30 to 12h00 and 13h00 to 16h30
Financing: municipal
Legal status: municipal agency

SAINT-ESPRIT - MUNICIPALITY
21 Principale Street, Saint-Esprit, Lanaudière, QC, J0K 2L0
450 831-2114  Fax: 450 839-6070
Website: www.saint-esprit.ca
Email: info@saint-esprit.ca
Coverage area: Saint-Esprit
Financing: municipal
Legal status: municipal agency

SAINT-FÉLIX-DE-VALOIS - MUNICIPALITY
600 de Joliette Road, Saint-Félix-de-Valois, Lanaudière, QC, J0K 2M0
450 889-5589
Website: st-felix-de-valois.com
Email: mairie@ville.stgabriel.qc.ca
Coverage area: Saint-Félix-De-Valois
Hours: Monday to Wednesday 9h00 to 12h00 and 13h00 to 16h00, Thursday 10h00 to 12h00 and 13h00 to 16h00, Friday 9h00 to 12h00 and 13h00 to 16h00
Financing: municipal
Legal status: municipal agency

SAINT-GABRIEL - MUNICIPALITÉ
45 Beausoleil Street, Saint-Gabriel, Lanaudière, QC, J0K 2N0
450 835-2212
Website: www.ville.stgabriel.qc.ca
Email: mairie@ville.stgabriel.qc.ca
Coverage area: Saint-Gabriel
Hours: Monday to Thursday 9h00 to 12h00 and 13h00 to 16h00, Friday 9h00 to 12h00
Government services

Financing: municipal
Legal status: municipal agency

SAINT-IGNACE-DE-LOYOLA - MUNICIPALITY
25 Laforest Street, Saint-Ignace-de-Loyola, Lanaudière, QC, J0K 2P0
450 836-3376 Fax: 450 836-1400
Website: www.stignacedeloyola.qc.ca
Email: info@stignacedeloyola.qc.ca

Coverage area: Saint-Ignace-de-Loyola
Hours: Monday to Friday 8h00 to 12h00 and 13h00 to 17h00
Financing: municipal
Legal status: municipal agency

SAINT-JACQUES - MUNICIPALITY
16 Maréchal Street, Saint-Jacques, Lanaudière, QC, J0K 2R0
450 839-3671 Fax: 450 839-2387
Website: www.st-jacques.org
Email: info@st-jacques.org

Coverage area: Saint-Jacques
Hours: Monday to Thursday 8h00 to 12h00 and 13h00 to 16h30, Friday 8h00 to 12h00
Financing: municipal
Legal status: municipal agency

SAINT-JEAN-DE-MATHA - MUNICIPALITY
65 Lessard Street, Saint-Jean-de-Matha, Lanaudière, QC, J0K 2S0
450 886-3867 Fax: 450 886-3398
Website: www.municipalitestjeandematha.qc.ca
Email: info@matha.ca

Coverage area: Saint-Jean-De-Matha
Hours: Monday to Thursday 9h00 to 12h00 and 13h00 to 17h00, Friday 9h00 to 12h00 and 13h to 16h00
Financing: municipal
Legal status: municipal agency

SAINT-LIGUORI - MUNICIPALITY
840 Richard Street, Saint-Liguori, Lanaudière, QC, J0K 2X0
450 753-3570 Fax: 450 753-4638
Website: www.saint-liguori.com
Email: info@saint-liguori.com

Coverage area: Saint-Liguori
SAINT-LIN-LAURENTIDES - CITY
900 12th Avenue, Saint-Lin–Laurentides, Lanaudière, QC, J5M 2W2
450 439-3130 ext. 7200    Fax: 450 439-1525
Website: www.saint-lin-laurentides.com
Email: info@saint-lin-laurentides.com
Coverage area: Saint-Lin-Laurentides
Hours: Monday to Thursday 8h00 to 12h00 and 13h00 to 16h00, Friday 8h00 to 12h00
Financing: municipal
Legal status: municipal agency

SAINT-MICHEL-DÉS-SAINTS - MUNICIPALITY
441 Brassard Street, Saint-Michel-des-Saints, Lanaudière, QC, J0K 3B0
450 886-4502    Fax: 450 833-6081
Website: www.smds.quebec
Email: info@smds.quebec
Coverage area: Saint-Michel-des-Saints
Financing: municipal
Legal status: municipal agency

SAINT-NORBERT - MUNICIPALITY
4, Laporte Street, Saint-Norbert, Lanaudière, QC, J0K 3C0
450 836-4700    Fax: 450 836-4004
Website: www.saint-norbert.net
Email: municipalite@saint-norbert.net
Coverage area: Saint-Norbert
Financing: municipal
Legal status: municipal agency

SAINT-PAUL - MUNICIPALITY
10 Delangis Road, Saint-Paul, Lanaudière, QC, J0K 3E0
450 759-4040    Fax: 450 759-6396
Website: saintpaul.quebec
Email: reception@saintpaul.quebec
Coverage area: Saint-Paul
Hours: Monday to Thursday 8h00 to 12h00 and 13h00 to 16h45, Friday 8h00 to 12h00
Financing: municipal
Legal status: municipal agency
SAINT-PIERRE - MUNICIPALITY
485 Village-de-Saint-Pierre North, Saint-Pierre, Lanaudière, QC, J6E 0H2
450 756-2592     Fax: 450 756-2735
Website: www.municipalites-du-quebec.ca/village-st-pierre
Email: villagestpierre@videotron.ca
Coverage area: Saint-Pierre
Financing: municipal
Legal status: municipal agency

SAINT-ROCH-DE-L’ACHIGAN - MUNICIPALITY
7 du Docteur-Wilfrid-Locat Street, Saint-Roch-de-l’Achigan, Lanaudière, QC, J0K 3H0
450 588-2326     Fax: 450 588-4848
Website: www.sra.quebec
Email: reception@sra.quebec
Coverage area: Saint-Roch-De-L’achigan
Hours: Monday to Thursday 8h30 to 12h00 and 12h30 to 16h30
Financing: municipal
Legal status: municipal agency

SAINT-ROCH-OUEST - MUNICIPALITY
270 Route 125, Saint-Roch-Ouest, Lanaudière, QC, J0K 3H0
450 588-6060     Fax: 579 795-0358
Website: www.saint-roch-ouest.ca
Email: info@saint-roch-ouest.ca
Coverage area: Saint-Roch-Ouest
Financing: municipal
Legal status: municipal agency

SAINT-SULPICE - MUNICIPALITY
1089 Notre-Dame Street, Saint-Sulpice, Lanaudière, QC, J5W 1G1
450 589-4450     Fax: 450 589-9647
Website: www.municipalitesaintsulpice.com
Email: info@st-sulpice.com
Coverage area: Saint-Sulpice
Hours: Monday to Thursday 8h00 to 12h00 and 13h00 to 17h00, Friday 8h00 to 12h00
Financing: municipal
Legal status: municipal agency

SAINT-SULPICE - SERVICE DES LOISIRS
185 Émile Street, Saint-Sulpice, Lanaudière, QC, J5W 1B1
450 705-3430
Website: www.loisirsstsulpice.com
Email: info@loisirsstsulpice.com
Coverage area: Saint-Sulpice
Fees: variable
Financing: municipal
Legal status: municipal agency

SAINT-THOMAS - MUNICIPALITY
1240 Route 158, Saint-Thomas, Lanaudière, QC, J0K 3L0
450 759-3405
Website: www.saintthomas.qc.ca
Email: municipalite@saintthomas.qc.ca
Coverage area: Saint-Thomas
Hours: Monday to Friday 9h00 to 12h00 and 13h00 to 16h00
Financing: municipal
Legal status: municipal agency

SAINT-ZENON - MUNICIPALITY
6101 Principale Street, Saint-Zénon, Lanaudière, QC, J0K 3N0
450 884-5987 Fax: 450 884-5285
Website: www.st-zenon.com
Email: municipalite@st-zenon.org
Coverage area: Saint-Zénon
Financing: municipal
Legal status: municipal agency

SAINTE-BÉATRIX - MUNICIPALITY
861 de l'Église Street, Sainte-Béatrix, Lanaudière, QC, J0K 1Y0
450 883-2245 ext. 6221 Fax: 450 883-1772
Website: www.stebeatrix.com
Email: reception@stebeatrix.com
Coverage area: Sainte-Béatrix
Financing: municipal
Legal status: municipal agency

SAINTE-ELISABETH - MUNICIPALITY
2195 Principale Street, Sainte-Élisabeth, Lanaudière, QC, J0K 2J0
450 759-2875 ext. 5600
Website: www.ste-elisabeth.qc.ca
Email: communications@ste-elisabeth.qc.ca
Coverage area: Sainte-Elisabeth
Financing: municipal
Legal status: municipal agency
SAINTE-EMELIE-DE-L'ENERGIE - MUNICIPALITY
460 de la Mairie Street, Sainte-Émélie-de-l'Énergie, Lanaudière, QC, J0K 2K0
450 886-3823 Fax: 450 886-9175
Website: www.steemelie.ca
Email: info@stemelie.ca
Coverage area: Sainte-Émélie-de-l'Énergie
Financing: municipal
Legal status: municipal agency

SAINTE-GENEVIÈVE-DE-BERTHIER - MUNICIPALITÉ
400 Rang Rivière-Bayonne South, Sainte-Geneviève-de-Berthier, Lanaudière, QC, J0K 1A0
450 836-4333
Website: municipalites-du-quebec.ca/sainte-genevieve-de-berthier
Email: info@stegenevievedeberthier.ca
Coverage area: Sainte-Geneviève-de-Berthier
Hours: Monday to Thursday 8h00 to 12h00 and 12h45 to 16h00, Friday 8h30 to 12h00
Financing: municipal
Legal status: municipal agency

SAINTE-JULIENNE - MUNICIPALITY
2450 Victoria Street, Sainte-Julienne, Lanaudière, QC, J0K 2T0
450 831-2688 Fax: 450 831-4433
Website: www.sainte-julienne.com
Email: municipalite@sainte-julienne.com
Coverage area: Sainte-Julienne
Hours: Monday to Thursday 8h30 to 12h00 and 13h00 to 16h30, Friday 8h30 to 12h00
Financing: municipal
Legal status: municipal agency

SAINTE-MARCELLINE-DE-KILDARE - MUNICIPALITY
500 Principale Street, Sainte-Marcelline-de-Kildare, Lanaudière, QC, J0K 2Y0
450 883-2241 Fax: 450 883-2242
Website: www.ste-marcelline.com
Email: info@ste-marcelline.com
Coverage area: Sainte-Marcelline-de-Kildare
Financing: municipal
Legal status: municipal agency

SAINTE-MARIE-SALOMÉ - MUNICIPALITY
690 Saint-Jean Street, Sainte-Marie-Salomé, Lanaudière, QC, J0K 2Z0
450 839-6212 ext. 7810 Fax: 450 839-6106
Website: www.sainte-marie-salome.ca
Email: info@sainte-marie-salome.ca
Coverage area: Sainte-Marie-Salomé
Financing: municipal
Legal status: municipal agency

SAINTE-MÉLANIE - MUNICIPALITÉ
10 Louis-Charles-Panet Street, Sainte-Mélanie, Lanaudière, QC, J0K 3A0
450 889-5871
Website: www.sainte-melanie.ca
Email: info@sainte-melanie.ca
Coverage area: Sainte-Mélanie
Hours: Monday to Friday 9h00 to 17h00
Financing: municipal
Legal status: municipal agency

SERVICE DE POLICE DE L’ASSOMPTION - SAINT-SULPICE
379 Dorval Street, L’Assomption, Lanaudière, QC, J5W 1A1
450 589-4777
Website: www.ville.lassomption.qc.ca/service-police
Email: police@ville.lassomption.qc.ca
Coverage area: L’Assomption, Saint-Sulpice
Financing: municipal
Legal status: municipal agency

SERVICE DE POLICE DE MANAWAN
10 Otapi Street, Manawan, Lanaudière, QC, J0K 1M0
819 971-8861     Fax: 819 971-1291
Website: www.manawan.com/securite_mission
Email: police@manawan.com
Services: Ensure public safety in accordance with the Atikamekw Council of Manawan regulations and the laws of Quebec and Canada while respecting the principles of legal and community justice. * Police surveillance in the designated territory. * Patrol and police services 24/7. * Police investigation (level 1). * Services in accordance with the community policing approach. * Crime and offence prevention program.
Coverage area: Manawan
Hours: 24 hours / 7 days
Financing: federal, provincial, municipal
Legal status: municipal agency

SERVICE DE POLICE DE MASCOUCHE
822 Brien Street, Mascouche, Lanaudière, QC, J7K 2X3
450 474-6114     TTY: 911
Website: ville.mascouche.qc.ca/services-aux-citoyens/securite-publique/service-de-police
Email: police@ville.mascouche.qc.ca
Coverage area: Mascouche
Financing: municipal
Legal status: municipal agency
SERVICE DE POLICE DE REPENTIGNY
1 Montée des Arsenaux, Repentigny, Lanaudière, QC, J5Z 2C1
450 470-3600
Website: repentigny.ca/services/citoyens/sante-securite-publiques/police-prevention-criminalite
Email: police@repentigny.ca
Coverage area: Repentigny, Charlemagne
Financing: municipal
Legal status: municipal agency

SERVICE DE POLICE DE TERREBONNE
491 des Seigneurs Boulevard, Terrebonne, Lanaudière, QC, J6W 1T5
450 471-4121
Website: www.ville.terrebonne.qc.ca/service-de-police
Email: police.terrebonne@ville.terrebonne.qc.ca
Coverage area: Terrebonne, Sainte-Anne-des-Plaines, Bois-des-Filion
Financing: municipal
Legal status: municipal agency

SÛRETÉ DU QUÉBEC - POSTE AUXILIAIRE DE LA MRC DE MATAWINIE
8081 Brassard Road, Saint-Michel-des-Saints, Lanaudière, QC, J0K 3B0
450 833-6378 Fax: 450 833-5477
Website: www.sq.gouv.qc.ca/en/the-surete-du-quebec/
Coverage area: MRC Matawinie
Hours: administration: Monday to Friday 8h30 to 16h30, emergency: 24 hours / 7 days
Financing: provincial
Legal status: provincial government agency

SÛRETÉ DU QUÉBEC - POSTE MRC DE JOliETTE
733 Richard Street, Joliette, Lanaudière, QC, J6E 2T8
450 759-5222 Fax: 450 759-7174
Website: www.sq.gouv.qc.ca/en/the-surete-du-quebec/
Coverage area: MRC Joliette
Hours: administration: Monday to Friday 8h30 to 16h30, emergency: 24 hours / 7 days
Financing: provincial
Legal status: provincial government agency

SÛRETÉ DU QUÉBEC - POSTE MRC DE MONTCALM
1701 335 Road, Saint-Lin–Laurentides, Lanaudière, QC, J5M 1Y3
450 759-5222 Fax: 450 759-7174
Website: www.sq.gouv.qc.ca/en/the-surete-du-quebec/
Coverage area: MRC Montcalm
Hours: administration: Monday to Friday 8h30 to 16h30, emergency: 24 hours / 7 days
Financing: provincial
Legal status: provincial government agency

SÛRETÉ DU QUÉBEC - POSTE PRINCIPAL DE LA MRC DE D’AUTRAY
1050 Lamarche Street, Berthierville, Lanaudière, QC, J0K 1A0
450 836-6272  Fax: 450 836-6850
Website: www.sq.gouv.qc.ca/en/the-surete-du-quebec/
Coverage area: MRC D’Autray
Hours: administration: Monday to Friday 8h30 to 16h30, emergency: 24 hours / 7 days
Financing: provincial
Legal status: provincial government agency

SÛRETÉ DU QUÉBEC - POSTE PRINCIPAL DE LA MRC DE MATAWINIE
3398 Queen Street, Rawdon, Lanaudière, QC, J0K 1S0
450 834-2578  Fax: 450 834-2578
Website: www.sq.gouv.qc.ca/en/the-surete-du-quebec/
Email: poste.principal.mrc.matawinie@surete.qc.ca
Coverage area: MRC Matawinie
Hours: administration: Monday to Friday 8h30 to 16h30, emergency: 24 hours / 7 days
Financing: provincial
Legal status: provincial government agency

SÛRETÉ DU QUÉBEC - POSTE SECONDAIRE DE LA MRC DE D’AUTRAY
39 Lavaltrie Road, Lavaltrie, Lanaudière, QC, J5T 2H3
450 586-2733  Fax: 450 586-2251
Website: www.sq.gouv.qc.ca/en/the-surete-du-quebec/
Coverage area: MRC D’Autray
Hours: administration: Monday to Friday 8h30 to 16h30, emergency: 24 hours / 7 days
Financing: provincial
Legal status: provincial government agency

TERREBONNE - CITY
775 Saint-Jean-Baptiste Street, Terrebonne, Lanaudière, QC, J6W 1B5
450 961-2001
Website: www.ville.terrebonne.qc.ca
Email: information@ville.terrebonne.qc.ca
Coverage area: Terrebonne
Hours: Monday to Thursday 8h15 to 12h00 and 13h00 to 16h30, Friday 8h30 to 12h00
Financing: municipal
Legal status: municipal agency
TERREBONNE - LOISIR ET VIE COMMUNAUTAIRE
940 Montée Masson, Terrebonne, Lanaudière, QC, J6W 2C9
450 961-2001 ext. 4000
Website: www.ville.terrebonne.qc.ca
Email: loisirs@ville.terrebonne.qc.ca
Coverage area: Terrebonne
Hours: Monday to Thursday 8h00 to 12h00 and 13h00 to 16h30, Friday 8h00 to 12h00
Fees: variable
Financing: municipal
Legal status: municipal agency

Municipalité régionale de comté (MRC)

MRC D'AUTRAY
550 De Montcalm Street, Berthierville, Lanaudière, QC, J0K 1A0
450 836-7007 Fax: 450 836-1576
Website: www.mrcautray.qc.ca
Email: info@mrcautray.qc.ca
Coverage area: MRC D'Autray
Hours: Monday to Thursday 8h00 to 16h45, Friday 8h00 to 12h00
Financing: municipal, self-financing, provincial
Legal status: municipal agency

MRC JOLIETTE
632 de Lanaudière Street, Joliette, Lanaudière, QC, J6E 3M7
450 759-2237 Fax: 450 759-2597
Website: mrcjoliette.qc.ca
Email: information@mrcjoliette.qc.ca
Coverage area: MRC Joliette
Hours: Monday to Thursday 8h00 to 12h00 and 13h00 to 16h30, Friday 8h15 to 12h00
Financing: municipal
Legal status: municipal agency

MRC L'ASSOMPTION
300-A Dorval Street, L'Assomption, Lanaudière, QC, J5W 3A1
450 589-2288 Fax: 450 589-9430
Website: mrclassomption.qc.ca
Email: mrcinfo@mrclassomption.qc.ca

Coverage area: MRC L’Assomption

Hours: Monday to Thursday 8h00 to 12h00 and 13h00 to 16h30, Friday 8h00 to 12h00

Financing: municipal, self-financing, provincial

Legal status: municipal agency

MRC LES MOULINS

710 des Seigneurs Boulevard, 2nd Floor, Terrebonne, Lanaudière, QC, J6W 1T6

450 471-9576    Fax: 450 471-8193

Website: www.mrclesmoulins.ca

Email: info@mrclesmoulins.ca


Coverage area: MRC Les Moulins

Hours: Monday to Thursday 8h00 to 12h00 and 13h00 to 16h30, Friday 8h00 to 12h00

Financing: municipal, self-financing, provincial

Legal status: municipal agency

MRC MATAWINIE

3184 1st Avenue, Rawdon, Lanaudière, QC, J0K 1S0

450 834-5441    Fax: 450 834-6560

Website: mrcmatawinie.org

Email: administration@matawinie.org


Coverage area: MRC Matawinie

Hours: Monday to Thursday 8h30 to 12h00 and 13h00 to 16h30, Friday 8h30 to 12h00 and 13h00 to 15h30

Financing: municipal, self-financing, provincial

Legal status: municipal agency

MRC MONTCALM

1540 Albert Street, Sainte-Julienne, Lanaudière, QC, J0K 2T0

450 831-2182 ext. 7000    Fax: 450 831-2647

Website: www.mrcmontcalm.com

Email: info@mrcmontcalm.com


Coverage area: MRC Montcalm

Hours: Monday to Thursday 8h00 to 12h00 and 12h45 to 16h30, Friday 8h00 to 12h00

Financing: municipal, self-financing, provincial

Legal status: municipal agency
Official documents

CENTRE D'ACTION BÉNÉVOLE ÉMILIE-GAMELIN
80 Wilfrid-Ranger Street, Saint-Charles-Borromée, Lanaudière, QC, J6E 8M7
450 756-2005 Fax: 450 755-4649
Website: www.emiliegamelin.qc.ca
Email: ann.soucy@emiliegamelin.qc.ca

Services: * Meals on wheels. * Friendship visits and calls. * Information and referrals. * Help with forms and
accompaniment of seniors in the procedures. * Recreational, physical and social activities: knitting group, yoga,
exercise sessions, board games. * Recruitment, reception and training of volunteers. * Community and
point: low-cost glasses.

Eligibility: seniors, socially isolated people, people in vulnerable situations, volunteers, organizations

Coverage area: MRC Joliette
Hours: Monday to Friday 8h30 to 12h00 and 13h00 to 16h30
Fees: annual membership: $20
Financing: membership fees, donations, fundraising campaigns
Legal status: non-profit organization

CENTRE DE PROTECTION DE L’ENFANCE ET DE LA JEUNESSE DE LANAUDIÈRE
260 Lavaltrie Street South, Joliette, Lanaudière, QC, J6E 5X7
1 800 668-9229
Website: www.cisss-lanaudiere.gouv.qc.ca

Services: Administration of Youth Centres and direction de la protection de la jeunesse. * Reports reception
and assessment for acts of neglect, violence, abuse against a young person or behavioral disorders, under the
Act on the Protection of youth. * Psychosocial services for young offenders when necessary (under the Youth
Criminal Justice Act). * Network of alternative environment: host families, group homes, rehabilitation centres
and intermediate resources. * Adoption, biological background research, reunion, expertise at the Superior
Court, subsidized guardianship. * Psychosocial services, rehabilitation, social integration, guidance, support and
social emergency.

Eligibility: children and teenagers in difficulties, young offenders, parents, guardians, counsellors

Coverage area: Lanaudière
Hours: Monday to Friday 8h30 to 12h00 and 13h00 to 16h30
Financing: provincial
Legal status: parapublic organization

CENTRE LOCAL D’EMPLOI DE BERTHIERVILLE
90 du Marché Place, Berthierville, Lanaudière, QC, J0K 1A0
1 800 461-6261 Fax: 450 836-1029
Website: www.mtess.gouv.qc.ca/services-a-la-clientele/centre-local-emploi

Services: Accompaniment services regarding job market integration process and last-resort financial
assistance. * Info-emploi counter: job bank that can be consulted on site. * Job search assistance: redaction of
resume and preparation to interview. * Multiservices room: access to phone, fax, computers and printing
machines. * Workplace learning program. * Training programs aiming professional skills development for
enterprises and specific client group: students, women, youth, young mothers, older workers, disabled people,
immigrants or visible minorities. * Administration of oath. * Business assistance: advices and financial support in
human resources management. * Last-resort financial and social assistance for people with severe or
temporary restrictions on employment or occupational disabilities. * Last-resort financial and social assistance. *
Services related to the Registre foncier.

Eligibility: job seekers, including people who have particular difficulties entering the labour market, individual
and families receiving the governmental last-resort assistance or on a low income, employers and companies,
people 16 years and over coping with a long term occupational disability (physical or mental health, physical or
intellectual disabilities)
Coverage area: Berthierville
Hours: Monday, Tuesday, Thursday and Friday 8h30 to 12h00 and 13h00 to 16h30, Wednesday 10h00 to 12h00 and 13h00 to 16h30
Financing: provincial
Legal status: provincial government agency

JOLIETTE - CITY
614 Manseau Boulevard, Joliette, Lanaudière, QC, J6E 3E4
450 753-8000
Website: www.joliette.ca
Email: info@ville.joliette.qc.ca
Services: Municipal service management. * Municipal counter: information on permits, subsidies and taxes, payment of taxes, regulations, etc. * Calendar of recyclable and garbage collections and information on waste management: citoyen.joliette.ca/horaire-des-collectes * Public safety: fire safety service.
Coverage area: Joliette
Hours: Monday to Friday 8h30 to 12h00 and 13h15 to 16h30
Financing: municipal
Legal status: municipal agency

JOLIETTE COURTHOUSE
200 Saint-Marc Street, Joliette, Lanaudière, QC, J6E 8C2
450 753-4807    Fax: 450 752-1733
Website: www.justice.gouv.qc.ca/en/join-us/find-a-courthouse/joliette-courthouse
Services: Administration of court services of Joliette. * Support to various courts constituting the judicial system of Québec and some specialized courts. * Judicial services: curators, tutorships and wills, civil wedding and partnership, divorce records, family mediation and alimony.
Coverage area: Lanaudière
Hours: Monday to Friday 8h30 to 16h30
Financing: provincial
Legal status: provincial government agency

LAVALTRIE - CITY
13750 Notre-Dame Street, Lavaltrie, Lanaudière, QC, J5T 1M5
450 586-2921    Fax: 450 586-4060
Website: www.ville.lavaltrie.qc.ca
Email: mairie@ville.lavaltrie.qc.ca
Coverage area: Lavaltrie
Hours: Monday, Tuesday and Thursday 8h15 to 12h00 and 13h00 to 17h00, Wednesday 9h00 to 12h00 and 13h00 to 17h00, Friday 8h00 to 12h00
Financing: municipal
Legal status: municipal agency

SAINT-CALIXTE - CITY
6230 de l'Hôtel-de-Ville Street, Saint-Calixte, Lanaudière, QC, J0K 1Z0
450 222-2782    Fax: 450 222-2789
Website: saint-calixte.ca
Email: reception@mascalixte.qc.ca
Coverage area: Saint-Calixte
Hours: Monday to Thursday 9h00 to 12h00 and 13h00 to 16h30
Financing: municipal
Legal status: municipal agency

SAINT-CHARLES-BORROMÉE - CITY
370 de la Visitation Street, Saint-Charles-Borromée, Lanaudière, QC, J6E 4P3
450 759-4415 Fax: 450 759-3393
Website: www.vivrescb.com
Email: info@vivrescb.com
Coverage area: Saint-Charles-Borromée
Hours: Monday to Thursday 8h00 to 12h00 and 13h00 to 16h45, Friday 8h00 to 12h00
Financing: municipal
Legal status: municipal agency

SAINT-PAUL - MUNICIPALITY
10 Delangis Road, Saint-Paul, Lanaudière, QC, J0K 3E0
450 759-4040 Fax: 450 759-6396
Website: saintpaul.quebec
Email: reception@saintpaul.quebec
Coverage area: Saint-Paul
Hours: Monday to Thursday 8h00 to 12h00 and 13h00 to 16h45, Friday 8h00 to 12h00
Financing: municipal
Legal status: municipal agency

SAINT-ROCH-DE-L'ACHIGAN - MUNICIPALITY
7 du Docteur-Wilfrid-Locat Street, Saint-Roch-de-l'Achigan, Lanaudière, QC, J0K 3H0
450 588-2326 Fax: 450 588-4848
Website: www.sra.quebec
Email: reception@sra.quebec
Coverage area: Saint-Roch-De-L’achigan
Hours: Monday to Thursday 8h30 to 12h00 and 12h30 to 16h30
Financing: municipal
Legal status: municipal agency

SERVICE CANADA CENTRE - REPENTIGNY
667 Notre-Dame Street, Suite 200, Repentigny, Lanaudière, QC, J6A 2W5
1 800 622-6232 TTY: 1 800 926-9105
Website: www.servicecanada.gc.ca/tbsc-fsco/sc-dsp.jsp?lang=eng&rc=2420
Government services


**Coverage area:** Repentigny
**Hours:** Monday to Friday 8h30 to 16h00
**Financing:** federal
**Legal status:** federal government agency

**SERVICE CANADA CENTRE - TERREBONNE**
835 Montée Masson, Terrebonne, Lanaudière, QC, J6W 2C7
1 800 622-6232   TTY: 1 800 926-9105
Website: [www.servicecanada.gc.ca/tbsc-fsco/sc-dsp.jsp?lang=eng&rc=2362](http://www.servicecanada.gc.ca/tbsc-fsco/sc-dsp.jsp?lang=eng&rc=2362)


**Coverage area:** Terrebonne
**Hours:** Monday to Friday 8h30 to 12h00 and 12h45 to 16h00
**Financing:** federal
**Legal status:** federal government agency

**SERVICE DE POLICE DE L’ASSOMPTION - SAINT-SULPICE**
379 Dorval Street, L’Assomption, Lanaudière, QC, J5W 1A1
450 589-4777
Website: [www.ville.lassomption.qc.ca/service-police](http://www.ville.lassomption.qc.ca/service-police)
Email: police@ville.lassomption.qc.ca

**Services:** Peacekeeping, law enforcement and public security. * Prevention and repression of crime and offences. * Criminal record check-up. * Awareness-raising.

**Coverage area:** L’Assomption, Saint-Sulpice
**Financing:** municipal
**Legal status:** municipal agency

**SERVICE DE POLICE DE MASCOUCHE**
822 Brien Street, Mascouche, Lanaudière, QC, J7K 2X3
450 474-6114   TTY: 911
Website: [ville.mascouche.qc.ca/services-aux-citoyens/securite-publique/service-de-police](http://ville.mascouche.qc.ca/services-aux-citoyens/securite-publique/service-de-police)
Email: police@ville.mascouche.qc.ca

**Services:** Peacekeeping, law enforcement and public security. * Prevention and repression of crime and offences. * Criminal record check-up. * Awareness-raising. * Space for exchanging goods for people with whom a transaction on online sales sites has been made. * Supervised space for custody exchange.

**Coverage area:** Mascouche
**Financing:** municipal
**Legal status:** municipal agency
SERVICE DE POLICE DE REPENTIGNY
1 Montée des Arsenaux, Repentigny, Lanaudière, QC, J5Z 2C1
450 470-3600
Website: repentigny.ca/services/citoyens/sante-securite-publiques/police-prevention-criminalite
Email: police@repentigny.ca
Coverage area: Repentigny, Charlemagne
Financing: municipal
Legal status: municipal agency

SERVICE DE POLICE DE TERREBONNE
491 des Seigneurs Boulevard, Terrebonne, Lanaudière, QC, J6W 1T5
450 471-4121
Website: www.ville.terrebonne.qc.ca/service-de-police
Email: police.terrebonne@ville.terrebonne.qc.ca
Coverage area: Terrebonne, Sainte-Anne-des-Plaines, Bois-des-Filion
Financing: municipal
Legal status: municipal agency

SERVICES QUÉBEC - DIRECTION RÉGIONALE DE LANAUDIÈRE
40 Gauthier Street South, Suite 2000, Joliette, Lanaudière, QC, J6E 4J4
450 752-6888     Fax: 450 755-1926
Website: www.mtess.gouv.qc.ca/services-a-la-clientele/directions-regionales/index_en.asp
Eligibility: job seekers, including people who have particular difficulties entering the labour market, individual and families receiving the governmental last-resort assistance or on a low income, employers and companies, people 16 years old and over coping with a long term occupational disability (physical or mental health, physical or intellectual disabilities), sponsored immigrants on or awaiting welfare and their sponsors
Coverage area: Lanaudière
Hours: Monday to Friday 8h00 to 12h00 and 13h00 to 16h30
Financing: provincial
Legal status: provincial government agency

SERVICES QUÉBEC - JOLIETTE
409 Notre-Dame Street, Joliette, Lanaudière, QC, J6E 3H5
1 800 463-5434     Fax: 450 752-6865
Website: www.mtess.gouv.qc.ca/services-a-la-clientele/centre-local-emploi
Government services


Eligibility: job seekers, including people who have particular difficulties entering the labour market, individual and families receiving the governmental last-resort assistance or on a low income, employers and companies, people 16 years and over coping with a long term occupational disability (physical or mental health, physical or intellectual disabilities)

Coverage area: Joliette

Hours: Monday, Tuesday, Thursday and Friday 8h30 to 12h00 and 13h00 to 16h30, Wednesday 10h00 to 12h00 and 13h00 to 16h30

Financing: provincial

Legal status: provincial government agency

SERVICES QUÉBEC - RAWDON
3486 Queen Street, Rawdon, Lanaudière, QC, J0K 1S0
1 877 502-4128 Fax: 450 834-1272
Website: www.mtess.gouv.qc.ca/services-a-la-clientele/centre-local-emploi


Eligibility: job seekers, including people who have particular difficulties entering the labour market, individual and families receiving the governmental last-resort assistance or on a low income, employers and companies, people 16 years and over coping with a long term occupational disability (physical or mental health, physical or intellectual disabilities)

Coverage area: Rawdon

Hours: Monday, Tuesday, Thursday and Friday 8h30 to 12h00 and 13h00 to 16h30, Wednesday 10h00 to 12h00 and 13h00 to 16h30

Financing: provincial

Legal status: provincial government agency

SERVICES QUÉBEC - REPENTIGNY
155 Notre-Dame Street, Suite 25, Repentigny, Lanaudière, QC, J6A 5L3
450 585-6640 Fax: 450 582-4996
Website: www.localisateur.servicesquebec.gouv.qc.ca/en

Eligibility: job seekers, including people who have particular difficulties entering the labour market, individual and families receiving the governmental last-resort assistance or on a low income, employers and companies, people 16 years and over coping with a long term occupational disability (physical or mental health, physical or intellectual disabilities)

Coverage area: Repentigny

Hours: Monday to Friday 8h30 to 12h00 and 13h00 to 16h30

Financing: provincial

Legal status: provincial government agency

SERVICES QUÉBEC - TERREBONNE
1590 Gascon Road, Terrebonne, Lanaudière, QC, J6X 3A2
450 471-3666 Fax: 450 964-9196
Website: www.localisateur.servicesquebec.gouv.qc.ca/en


Eligibility: job seekers, including people who have particular difficulties entering the labour market, individual and families receiving the governmental last-resort assistance or on a low income, employers and companies, people 16 years and over coping with a long term occupational disability (physical or mental health, physical or intellectual disabilities)

Coverage area: Terrebonne, Mascouche

Hours: Monday to Friday 8h30 to 12h00 and 13h00 to 16h30

Financing: provincial

Legal status: provincial government agency

SÛRETÉ DU QUÉBEC - POSTE AUXILIAIRE DE LA MRC DE MATAWINIE
8081 Brassard Road, Saint-Michel-des-Saints, Lanaudière, QC, J0K 3B0
450 833-6378 Fax: 450 833-5477
Website: www.sq.gouv.qc.ca/en/the-surete-du-quebec/


Coverage area: MRC Matawinie

Hours: administration: Monday to Friday 8h30 to 16h30, emergency: 24 hours / 7 days

Financing: provincial

Legal status: provincial government agency
SÛRETÉ DU QUÉBEC - POSTE MRC DE JOLETTETE
733 Richard Street, Joliette, Lanaudière, QC, J6E 2T8
450 759-5222 Fax: 450 759-7174
Website: www.sq.gouv.qc.ca/en/the-surete-du-quebec
Coverage area: MRC Joliette
Hours: administration: Monday to Friday 8h30 to 16h30, emergency: 24 hours / 7 days
Financing: provincial
Legal status: provincial government agency

SÛRETÉ DU QUÉBEC - POSTE MRC DE MONTCALM
1701 335 Road, Saint-Lin–Laurentides, Lanaudière, QC, J5M 1Y3
450 759-5222 Fax: 450 759-7174
Website: www.sq.gouv.qc.ca/en/the-surete-du-quebec
Coverage area: MRC Montcalm
Hours: administration: Monday to Friday 8h30 to 16h30, emergency: 24 hours / 7 days
Financing: provincial
Legal status: provincial government agency

SÛRETÉ DU QUÉBEC - POSTE PRINCIPAL DE LA MRC DE D’AUTRAY
1050 Lamarche Street, Berthierville, Lanaudière, QC, J0K 1A0
450 836-6272 Fax: 450 836-6850
Website: www.sq.gouv.qc.ca/en/the-surete-du-quebec/
Coverage area: MRC D’Autray
Hours: administration: Monday to Friday 8h30 to 16h30, emergency: 24 hours / 7 days
Financing: provincial
Legal status: provincial government agency

SÛRETÉ DU QUÉBEC - POSTE PRINCIPAL DE LA MRC DE MATAWINIE
3398 Queen Street, Rawdon, Lanaudière, QC, J0K 1S0
450 834-2578 Fax: 450 834-2578
Website: www.sq.gouv.qc.ca/en/the-surete-du-quebec/
Email: poste.principal.mrc.matawinie@surete.qc.ca
Coverage area: MRC Matawinie
Hours: administration: Monday to Friday 8h30 to 16h30, emergency: 24 hours / 7 days
Financing: provincial
Legal status: provincial government agency

SÛRETÉ DU QUÉBEC - POSTE SECONDAIRE DE LA MRC DE D’AUTRAY
39 Lavaltrie Road, Lavaltrie, Lanaudière, QC, J5T 2H3
450 586-2733 Fax: 450 586-2251
Website: www.sq.gouv.qc.ca/en/the-surete-du-quebec/
Coverage area: MRC D’Autray
Hours: administration: Monday to Friday 8h30 to 16h30, emergency: 24 hours / 7 days
**Government services**

**Financing:** provincial  
**Legal status:** provincial government agency

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**TERREBONNE - CITY**  
775 Saint-Jean-Baptiste Street, Terrebonne, Lanaudière, QC, J6W 1B5  
**450 961-2001**  
**Website:** www.ville.terrebonne.qc.ca  
**Email:** information@ville.terrebonne.qc.ca  
**Coverage area:** Terrebonne  
**Hours:** Monday to Thursday 8h15 to 12h00 and 13h00 to 16h30, Friday 8h30 to 12h00  
**Financing:** municipal  
**Legal status:** municipal agency

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**Provincial services**

**CENTRE LOCAL D'EMPLOI DE BERTHIERVILLE**  
90 du Marché Place, Berthierville, Lanaudière, QC, J0K 1A0  
**1 800 461-6261**  
**Fax:** 450 836-1029  
**Website:** www.mtess.gouv.qc.ca/services-a-la-clientele/centre-local-emploi  
**Eligibility:** job seekers, including people who have particular difficulties entering the labour market, individual and families receiving the governmental last-resort assistance or on a low income, employers and companies, people 16 years and over coping with a long term occupational disability (physical or mental health, physical or intellectual disabilities)  
**Coverage area:** Berthierville  
**Hours:** Monday, Tuesday, Thursday and Friday 8h30 to 12h00 and 13h00 to 16h30, Wednesday 10h00 to 12h00 and 13h00 to 16h30  
**Financing:** provincial  
**Legal status:** provincial government agency

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**CENTRE LOCAL D'EMPLOI DE SAINT-JEAN-DE-MATHA**  
941 Louis-Cyr Road, Saint-Jean-de-Matha, Lanaudière, QC, J0K 2S0  
**1 888 872-0048**  
**Fax:** 450 886-1838  
**Website:** www.mtess.gouv.qc.ca/services-a-la-clientele/centre-local-emploi  
**Services:** Accompaniment services regarding job market integration process and last-resort financial assistance. * Info-emploi counter: job bank that can be consulted on site. * Job search assistance: redaction of resume and preparation to interview. * Multiservices room: access to phone, fax, computers and printing machines. * Workplace learning program. * Training programs aiming professional skills development for enterprises and specific client group: students, women, youth, young mothers, older workers, disabled people, immigrants or visible minorities. * Business assistance: advices and financial support in human resources management. * Last-resort financial and social assistance for people with severe or temporary restrictions on employment or occupational disabilities. * Last-resort financial and social assistance.
Eligibility: job seekers, including people who have particular difficulties entering the labour market, individual and families receiving the governmental last-resort assistance or on a low income, employers and companies, people 16 years and over coping with a long term occupational disability (physical or mental health, physical or intellectual disabilities)

Coverage area: Saint-Jean-de-Matha

Hours: Monday, Tuesday, Thursday and Friday 8h30 to 12h00 and 13h00 to 16h30, Wednesday 10h00 to 12h00 and 13h00 to 16h30

Financing: provincial

Legal status: provincial government agency

CENTRE LOCAL D’EMPLOI DE SAINTE-JULIENNE
2495 Cartier Street, Sainte-Julienne, Lanaudière, QC, J0K 2T0
450 831-4222 Fax: 450 831-8439
Website: www.mtess.gouv.qc.ca/services-a-la-clientele/centre-local-emploi


Eligibility: job seekers, including people who have particular difficulties entering the labour market, individual and families receiving the governmental last-resort assistance or on a low income, employers and companies, people 16 years and over coping with a long term occupational disability (physical or mental health, physical or intellectual disabilities)

Coverage area: Sainte-Julienne

Hours: Monday, Tuesday, Thursday and Friday 8h30 to 12h00 and 13h00 to 16h30, Wednesday 10h00 to 12h00 and 13h00 to 16h30

Financing: provincial

Legal status: provincial government agency

COMMISSION DE LA SANTÉ ET DE LA SÉCURITÉ DU TRAVAIL DU QUÉBEC - LANAUDIÈRE
432 De Lanaudière Street, Joliette, Lanaudière, QC, J6E 7N2
1 844 838-0808 Fax: 1 855 722-8081?
Website: www.cnesst.gouv.qc.ca/en


Eligibility: employers and workers

Coverage area: Lanaudière

Hours: Monday to Friday 8h30 to 12h00 and 13h00 to 16h30, except holidays

Financing: membership fees, self-financing

Legal status: provincial government agency

COMMISSION DES NORMES DU TRAVAIL - LANAUDIÈRE
1679 Gascon Road, Terrebonne, Lanaudière, QC, J6X 3Z6
1 844 838-0808
Website: www.cnesst.gouv.qc.ca/en

Services: * Information on labor standards and the obligations stipulated by the law and regulations. * Registration of complaints. * Mediation for employees or employers involved in a complaint of psychological harassment, wrongful dismissal or prohibited practice.
Eligibility: public, employers, employees
Coverage area: Lanaudière
Hours: office: by appointment for investigation and mediation
Financing: provincial
Legal status: provincial government agency

LEGAL AID OFFICE - JOLIETTE
440 Saint-Louis Street, Joliette, Lanaudière, QC, J6E 2Y8
450 759-2500   Fax: 450 759-8682
Website: www.ccjll.qc.ca
Email: bajjoli@ccjll.qc.ca
Services: Free or low cost legal services to eligible individuals. * Receive and process legal aid requests.
Eligibility: person or non-profit organization residing in Quebec or forced to remain in Quebec, financially eligible, and with a legal need that is covered by the Law
Coverage area: Joliette
Hours: Monday to Friday 8h30 to 12h00 and 13h00 to 16h30, by appointment only, except emergency
Fees: people may be eligible for free legal aid or contributory legal aid between $100 and $800, depending on their financial situation, see scale on website
Financing: provincial
Legal status: parapublic organization

LEGAL AID OFFICE - REPENTIGNY
10-A Brien Boulevard, Suite 100, Repentigny, Lanaudière, QC, J6A 4R7
450 581-8691   Fax: 450 581-1218
Website: www.ccjll.qc.ca
Email: bajrep@ccjll.qc.ca
Services: Free or low cost legal services to eligible individuals. * Reception and processing legal aid requests.
Eligibility: person or non-profit organization residing in Quebec or forced to remain in Quebec, financially eligible and with a legal need that is covered by the Law
Coverage area: Repentigny
Hours: Monday to Friday 8h30 to 12h00 and 13h00 to 16h30, by appointment only, except emergency
Fees: people may be eligible for free legal aid or contributory legal aid between $100 and $800, depending on their financial situation, see scale on website
Financing: provincial
Legal status: provincial government agency

LEGAL AID OFFICE - TERREBONNE
891 Saint-François-Xavier Street, Suite 210, Terrebonne, Lanaudière, QC, J6W 1H1
450 492-1535   Fax: 450 492-8378
Website: www.ccjll.qc.ca
Email: bajter@ccjll.qc.ca
Services: Free or low cost legal services to eligible individuals. * Reception and processing legal aid requests.
Eligibility: people or non-profit organizations residing in Quebec or forced to remain in Quebec, financially eligible and with a legal need that is covered by the Law
Coverage area: Terrebonne
Hours: Monday to Friday 8h30 to 12h00 and 13h00 to 16h30, by appointment only, except emergency
Fees: people may be eligible for free legal aid or contributory legal aid between $100 and $800, depending on their financial situation, see scale on website
Financing: provincial
Legal status: provincial government agency
SERVICES QUÉBEC - DIRECTION RÉGIONALE DE LANAUDIÈRE

40 Gauthier Street South, Suite 2000, Joliette, Lanaudière, QC, J6E 4J4
450 752-6888     Fax: 450 755-1926
Website: www.mtess.gouv.qc.ca/services-a-la-clientele/directions-regionales/index_en.asp


Eligibility: job seekers, including people who have particular difficulties entering the labour market, individual and families receiving the governmental last-resort assistance or on a low income, employers and companies, people 16 years old and over coping with a long term occupational disability (physical or mental health, physical or intellectual disabilities), sponsored immigrants on or awaiting welfare and their sponsors

Coverage area: Lanaudière
Hours: Monday to Friday 8h00 to 12h00 and 13h00 to 16h30
Financing: provincial
Legal status: provincial government agency

SERVICES QUÉBEC - JOLIETTE

409 Notre-Dame Street, Joliette, Lanaudière, QC, J6E 3H5
1 800 463-5434     Fax: 450 752-6865
Website: www.mtess.gouv.qc.ca/services-a-la-clientele/centre-local-emploi


Eligibility: job seekers, including people who have particular difficulties entering the labour market, individual and families receiving the governmental last-resort assistance or on a low income, employers and companies, people 16 years and over coping with a long term occupational disability (physical or mental health, physical or intellectual disabilities)

Coverage area: Joliette
Hours: Monday, Tuesday, Thursday and Friday 8h30 to 12h00 and 13h00 to 16h30, Wednesday 10h00 to 12h00 and 13h00 to 16h30
Financing: provincial
Legal status: provincial government agency

SERVICES QUÉBEC - RAWDON

3486 Queen Street, Rawdon, Lanaudière, QC, J0K 1S0
1 877 502-4128     Fax: 450 834-1272
Website: www.mtess.gouv.qc.ca/services-a-la-clientele/centre-local-emploi

Eligibility: job seekers, including people who have particular difficulties entering the labour market, individual and families receiving the governmental last-resort assistance or on a low income, employers and companies, people 16 years and over coping with a long term occupational disability (physical or mental health, physical or intellectual disabilities)

Coverage area: Rawdon
Hours: Monday, Tuesday, Thursday and Friday 8h30 to 12h00 and 13h00 to 16h30, Wednesday 10h00 to 12h00 and 13h00 to 16h30
Financing: provincial
Legal status: provincial government agency

SERVICES QUÉBEC - TERREBONNE
1590 Gascon Road, Terrebonne, Lanaudière, QC, J6X 3A2
450 471-3666     Fax: 450 964-9196
Website: www.localisateur.servicesquebec.gouv.qc.ca/en


Eligibility: job seekers, including people who have particular difficulties entering the labour market, individual and families receiving the governmental last-resort assistance or on a low income, employers and companies, people 16 years and over coping with a long term occupational disability (physical or mental health, physical or intellectual disabilities)

Coverage area: Terrebonne, Mascouche
Hours: Monday to Friday 8h30 to 12h00 and 13h00 to 16h30
Financing: provincial
Legal status: provincial government agency

SÛRETÉ DU QUÉBEC - POSTE AUXILIAIRE DE LA MRC DE MATAWINIE
8081 Brasssard Road, Saint-Michel-des-Saints, Lanaudière, QC, J0K 3B0
450 833-6378     Fax: 450 833-5477
Website: www.sq.gouv.qc.ca/en/the-surete-du-quebec/


Coverage area: MRC Matawinie
Hours: administration: Monday to Friday 8h30 to 16h30, emergency: 24 hours / 7 days
Financing: provincial
Legal status: provincial government agency
SÛRETÉ DU QUÉBEC - POSTE MRC DE JOLIETTE
733 Richard Street, Joliette, Lanaudière, QC, J6E 2T8
450 759-5222  Fax: 450 759-7174
Website: www.sq.gouv.qc.ca/en/the-surete-du-quebec
Coverage area: MRC Joliette
Hours: administration: Monday to Friday 8h30 to 16h30, emergency: 24 hours / 7 days
Financing: provincial
Legal status: provincial government agency

SÛRETÉ DU QUÉBEC - POSTE MRC DE MONTCALM
1701 335 Road, Saint-Lin–Laurentides, Lanaudière, QC, J5M 1Y3
450 759-5222  Fax: 450 759-7174
Website: www.sq.gouv.qc.ca/en/the-surete-du-quebec
Coverage area: MRC Montcalm
Hours: administration: Monday to Friday 8h30 to 16h30, emergency: 24 hours / 7 days
Financing: provincial
Legal status: provincial government agency

SÛRETÉ DU QUÉBEC - POSTE PRINCIPAL DE LA MRC DE D'AUTRAY
1050 Lamarche Street, Berthierville, Lanaudière, QC, J0K 1A0
450 836-6272  Fax: 450 836-6850
Website: www.sq.gouv.qc.ca/en/the-surete-du-quebec/
Coverage area: MRC D'Autray
Hours: administration: Monday to Friday 8h30 to 16h30, emergency: 24 hours / 7 days
Financing: provincial
Legal status: provincial government agency

SÛRETÉ DU QUÉBEC - POSTE PRINCIPAL DE LA MRC DE MATAWINIE
3398 Queen Street, Rawdon, Lanaudière, QC, J0K 1S0
450 834-2578  Fax: 450 834-2578
Website: www.sq.gouv.qc.ca/en/the-surete-du-quebec/
Email: poste.principal.mrc.matawinie@surete.qc.ca
Coverage area: MRC Matawinie
Hours: administration: Monday to Friday 8h30 to 16h30, emergency: 24 hours / 7 days
Financing: provincial
Legal status: provincial government agency

SÛRETÉ DU QUÉBEC - POSTE SECONDAIRE DE LA MRC DE D'AUTRAY
39 Lavaltrie Road, Lavaltrie, Lanaudière, QC, J5T 2H3
450 586-2733  Fax: 450 586-2251
Website: www.sq.gouv.qc.ca/en/the-surete-du-quebec/
Coverage area: MRC D'Autray
Hours: administration: Monday to Friday 8h30 to 16h30, emergency: 24 hours / 7 days

Financing: provincial
Legal status: provincial government agency

TRIBUNAL ADMINISTRATIF DU LOGEMENT - JOLIETTE
430 de Lanaudière Street, Suite 160, Joliette, Lanaudière, QC, J6E 7X1
1 800 683-2245 Fax: 1 877 907-8077
Website: www.tal.gouv.qc.ca/en

Services: Specialized tribunal that the authority regarding residential lease matters. * Information to citizens about their rights and obligations relating to their lease. * Reaching agreements between landlords and tenants. * Protection of the rights of tenants. * Assistance with filling court application forms. * Online calculation tool for rent fixation: www.tal.gouv.qc.ca/fr/calcul-pour-la-fixation-de-loyer/outil-de-calcul

Eligibility: tenants, landlords
Coverage area: Joliette
Hours: Monday to Friday 8h30 to 12h00 and 13h00 to 16h30
Fees: variable
Financing: provincial
Legal status: provincial government agency
Health
DENTAL CARE
EMERGENCY
EYE CARE
FAMILY PLANNING
HOME CARE
PALLIATIVE CARE
PATIENT SUPPORT ASSOCIATIONS
PUBLIC HEALTH
Dental care

CÉGEP RÉGIONAL DE LANAUDIÈRE - CLINIQUE D'HYGIÈNE DENTAIRE DU COLLÈGE CONSTITUANT DE TERREBONNE
2505 des Entreprises Boulevard, Door B-2, Terrebonne, Lanaudière, QC, J6X 5S5
450 470-2032
Website: www.cegep-lanaudiere.qc.ca/cliniquehd
Email: cliniquehd@cegep-lanaudiere.qc.ca


Eligibility: general public

Coverage area: Province of Québec

Hours: Monday to Thursday 8h15 to 16h00, according to the Cégep's calendar

Fees: variable (all pricings: www.cegep-lanaudiere.qc.ca/terrebonne/grand-public/clinique-dhygiene-dentaire/soins-et-tarifs)

Financing: self-financing

Legal status: parapublic organization

Emergency

QUÉBEC SECOURS
6341 Forest Road, Terrebonne, Lanaudière, QC, J7M 1M5
1 877 628-9977
Website: www.quebecsecours.qc.ca
Email: info@quebecsecours.qc.ca

Services: Search and rescue of missing people in forest or urban areas. * Volunteers training: searching, forest rescuing and human tracking. * Dissemination of missing notices. * Educative workshops for children on what to do if they get lost in a forest or urban areas.

Coverage area: Province of Québec

Fees: free

Financing: donations

Legal status: non-profit organization

Eye care

AMIS DE MARIE DE SAINT-CÔME (LES)
1250 Alphonse-Marion Street, Saint-Côme, Lanaudière, QC, J0K 2B0
450 883-2600


Coverage area: Saint-Alphonse-Rodriguez, Sainte-Émélie-de-l'Énergie, Saint-Côme and surrounding areas

Hours: Monday, Wednesday, Friday 13h00 to 14h00, Saturday 9h00 to 11h00 and 13h00 to 14h00

Fees: delivery: variable depending on distance, membership: $5, which gives a right of vote at the General Assembly

Financing: donations

Legal status: non-profit organization
ASSOCIATION DES PERSONNES HANDICAPÉES DE MATAWINIE
4046 Queen Street, Rawdon, Lanaudière, QC, J0K 1S0
450 834-5434 Fax: 450 834-3013
Website: aphm.org
Email: administration@aphm.org
Eligibility: people living with a disability, their close ones
Coverage area: MRC Matawinie, Saint-Calixte, Sainte-Julienne
Hours: Monday to Thursday 8h30 to 12h00 and 13h00 to 16h30, Friday 8h30 to 12h00 and 12h30 to 16h00
Fees: yearly membership: $10 for active or associate members, $40 for support members
Financing: grants, contributions
Legal status: non-profit organization

CÉGEP RÉGIONAL DE LANAUDIÈRE - CLINIQUE D'ORTHÈSES VISUELLES DU COLLÈGE CONSTITUANT DE L'ASSOMPTION
180 Dorval Street, L'Assomption, Lanaudière, QC, J5W 6C1
450 470-1446
Website: www.cegep-lanaudiere.qc.ca/cliniqueov
Email: tov@cegep-lanaudiere.qc.ca
Services: * Complete eye exam by a certified optometrist (outside prescriptions accepted). * Sale, adjustment and repair of eyeglasses and sunglasses. * Sale and adjustment of contact lenses.
Eligibility: general public
Coverage area: Province of Québec
Hours: Tuesday to Thursday, according to the Cégep's calendar
Fees: variable
Financing: self-financing
Legal status: parapublic organization

CENTRE D'ACTION BÉNÉVOLE ÉMILIE-GAMELIN
80 Wilfrid-Ranger Street, Saint-Charles-Borromée, Lanaudière, QC, J6E 8M7
450 756-2005 Fax: 450 755-4649
Website: www.emiliegamelin.qc.ca
Email: ann.soucy@emiliegamelin.qc.ca
Eligibility: seniors, socially isolated people, people in vulnerable situations, volunteers, organizations
Coverage area: MRC Joliette
Hours: Monday to Friday 8h30 to 12h00 and 13h00 to 16h30
Fees: annual membership: $20
Financing: membership fees, donations, fundraising campaigns
Legal status: non-profit organization

GROUPE D'ENTRAIDE EN TOUTE AMITIÉ
170 Sainte-Foy Street, Berthierville, Lanaudière, QC, J0K 1A0
450 836-6966 Fax: 450 836-3264
Website: entouteamitie2.wixsite.com/geta
Email: entouteamitie.org@hotmail.com

Eligibility: people on a low income, people living in vulnerable situations

Coverage area: Berthierville, Joliette (St-Viateur district), La Visitation-de-l’île-Dupas, Lanoraie, Saint-Barthélemy, Saint-Cuthbert, Saint-Ignace-de-Loyola, Saint-Élizabeth, Sainte-Geneviève-De-Berthier

Hours: office: Tuesday to Friday 9h30 to 16h00, furniture counter: Tuesday, Wednesday, Friday 13h00 to 16h00 and Thursday 13h00 to 18h30.

Financing: self-financing

Legal status: non-profit organization

GROUPE POPULAIRE D’ENTRAIDE DE LAVALTRIE
160 Saint-Antoine North Street, Lavaltrie, Lanaudière, QC, J5T 2G1
450 586-3536 Fax: 450 586-0652
Website: www.entraidelavaltrie.org
Email: equipe@entraidelavaltrie.org


Eligibility: families on a low income

Coverage area: Lavaltrie

Hours: listening: Monday and Tuesday 9h00 to 13h00, Wednesday to Friday 9h00 to 17h00, monthly lunches: last Thursday of the month 11h30 to 13h30, breakfast: regular Friday 9h00 to 11h00, special Friday 9h00 to 12h00, thrift shop: Wednesday and Friday 9h00 to 17h00, Thursday 9h00 to 19h00, Saturday 10h00 to 12h00

Fees: monthly lunches: $5, weekly breakfast: $1 on regular Fridays, $4 on special Fridays, family vacations: 40% of the cost, collective kitchens, $1.50 per meal, community garden: $20 for the rental of a lot

Financing: donations, municipal, foundations, provincial

Legal status: non-profit organization

SOURCE DE VIE DE ST-GABRIEL
147 Beausoleil Street, Saint-Gabriel, Lanaudière, QC, J0K 2N0
450 835-1837 Fax: 450 835-9596
Website: www.sourcedeviestgab.com
Email: info@sourcedeviestgab.com


Eligibility: people on a low income

Coverage area: Saint-Gabriel, Saint-Didace, Saint-Cuthbert, Saint-Norbert

Hours: administration: Tuesday to Friday 9h00 to 16h30, stores: Tuesday to Saturday 11h00 to 16h30

Fees: food assistance: $2 per week, payable at the beginning of each month

Financing: donations, provincial

Legal status: non-profit organization
Family planning

ASSOCIATION POUR LES JEUNES DE LA RUE DE JOLIETTE
144 St-Joseph Street, Suite R-12, Joliette, Lanaudière, QC, J6E 5C4
450 753-3692
Website: www.ajrj.org
Email: info@ajrj.org
Eligibility: people 12 to 35
Coverage area: Joliette
Hours: day, evening, night
Fees: none
Financing: donations
Legal status: non-profit organization

CAFÉ DE RUE DE TERREBONNE
654 Saint-Pierre Street, Terrebonne, Lanaudière, QC, J6W 1C8
450 806-9545
Website: cafederuesolidaire.org
Email: cafederue@hotmail.com
Eligibility: young adults 18 to 30 years old in a crisis situation, in a relationship breakdown or marginalized, homeless or not
Coverage area: Terrebonne
Hours: Tuesday 15h00 to 20h00, Wednesday 14h00 to 20h00, Thursday 13h00 to 20h00, Friday 13h00 to 19h30, closed on the first Friday of the month, food assistance: Monday 17h00 to 19h00 on registration
Fees: none
Financing: donations, federal, provincial
Legal status: non-profit organization

CENTRE HOSPITALIER DE LANAUDIÈRE
1000 Sainte-Anne Boulevard, Saint-Charles-Borromée, Lanaudière, QC, J6E 6J2
450 759-8222
Website: sante.gouv.qc.ca/repertoire-ressources/ressource/?nofiche=1203#
Coverage area: Province of Québec
Hours: 24 hours / 7 days, test centre: by appointment
Financing: provincial
Legal status: parapublic organization

CENTRE MULTISERVICES DE SANTÉ ET DE SERVICES SOCIAUX DE SAINT-JEAN-DE-MATHA
895 Louis-Cyr Road, Saint-Jean-de-Matha, Lanaudière, QC, J0K 2S0
450 886-3861
Website: www.ciss-lanaudiere.gouv.qc.ca/votre-ciss/coordonnees-et-horaires/clsc

Coverage area: Lanaudière

Hours: Monday to Friday 8h30 to 16h30

Financing: provincial

Legal status: parapublic organization

CLSC LAMATER DE TERREBONNE
1317 des Seigneurs Boulevard, Terrebonne, Lanaudière, QC, J6W 5B1
450 471-2881

Website: sante.gouv.qc.ca/en/reertoire-ressources/ressource/?nofiche=1145&ch_type%5B6%5D=1201&bt_rechType=&theme=clsc&ch_choixReg=&ch_rayon=0&ch_code=J6W5B1


Coverage area: Lanaudière

Hours: Monday to Thursday 8h00 to 20h00, Friday 8h00 to 16h00

Financing: provincial

Legal status: parapublic organization

MARRAINES COUP DE POUCHE
222 Notre-Dame-des-Champs Boulevard, Repentigny, Lanaudière, QC, J6A 3B5
450 582-2677 ext. 29   Fax: 450 582-1168

Website: maisonlaparenthese.org/marraines-coup-de-pouce

Email: info@maisonlaparenthese.org


Eligibility: parents of a child younger than a year

Coverage area: MRC L’Assomption

Hours: Monday to Friday 8h00 to 12h00 and 13h00 to 16h00

Fees: none

Financing: provincial

Legal status: non-profit organization

ORIGNAL TATOUÉ, CAFÉ DE RUE
144 Saint-Joseph Street, Joliette, Lanaudière, QC, J6E 5C4
450 394-4384

Email: loriginaletatoue@gmail.com


Eligibility: young people 16 to 30 in a situation of social or family breakdown or experiencing difficulties related to drug addiction, homelessness and mental health problems

Capacity: 10 people

Coverage area: Joliette

Hours: Tuesday and Thursday 12h00 to 21h00, Wednesday, Friday and Saturday 12h00 to 17h00

Fees: none

Financing: donations, municipal, provincial, federal

Legal status: non-profit organization
PLACE JEUNESSE BERTHIER
301 Melchers Street, Berthierville, Lanaudière, QC, J0K 1A0
450 836-1276
Website: placejeunesseberthier.com
Email: placejeunesse@hotmail.com

Services: Meeting space for adolescents. * Prevention, listening and advice: noticing issues, referral, daily discussions on various themes, individual encounters, coffee-meetings with relevant people. * Free distribution of condoms. * School and employment support: help with homework, referral of youth at risk of dropping out, writing CVs and simulating interviews. * Coop d’initiation à l’entrepreneuriat collectif (CIEC): youth-led service that offers small repairs to the population, as well as providing a first work experience in a cooperative setting. * Collective cooking workshops. * Social, cultural and recreational activities. * Distribution of school supplies.

Eligibility: youth 12 to 17 years old
Capacity: Covid-19 period: 8
Coverage area: Berthierville

PLANK JEUNESSE SAINT-BARTHÉLEMY
1980 Bonin Street, Saint-Barthélemy, Lanaudière, QC, J0K 1X0
450 836-1276
Website: placejeunesseberthier.com/la-plank
Email: placejeunesse@hotmail.com


Eligibility: youth 12 to 17 years old
Coverage area: Saint-Barthélemy

TRAVAIL DE RUE DE REPENTIGNY
294 Iberville Boulevard, Repentigny, Lanaudière, QC, J6A 2A3
514 793-5565
Website: travailderuerepentigny.com
Email: trrepentigny@hotmail.com


Eligibility: adolescents and young adults 12 to 30 years old, homeless people, marginalized people or struggling with mental health issues
Coverage area: Repentigny
Hours: Monday to Friday
Fees: none
**TRAVAIL DE RUE LAVALTRIE**
1341 Notre-Dame Street, Lavaltrie, Lanaudière, QC, J5T 4A9
450 586-0080
Website: www.travailderuelavaltrie.org
Email: trlavaltrie@outlook.com

**Services:** * Street work. * Naloxone kit distribution. * Distribution of contraceptives.

**Eligibility:** youth and adults that are not reached by traditional services, youth who have dropped out of school

**Coverage area:** Berthierville, Lanoraie, Lavaltrie

**Fees:** none

**Financing:** federal, provincial, municipal, Centraide Lanaudière, grants

**Legal status:** non-profit organization

**TRAVAIL DE RUE LE TRAJET**
759 Saint-Pierre Street, Terrebonne, Lanaudière, QC, J6W 1E3
514 430-0362
Email: travailderueletrajet@outlook.fr


**Eligibility:** people of all ages experiencing social disruption

**Coverage area:** Terrebonne, Mascouche

**Hours:** variable, leave a message on one of the street workers’ voicemail

**Fees:** free

**Financing:** provincial, foundations, fundraising campaigns

**Legal status:** non-profit organization

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**Home care**

**CENTRE MULTISERVICES DE SANTÉ ET DE SERVICES SOCIAUX DE SAINT-JEAN-DE-MATHA**
895 Louis-Cyr Road, Saint-Jean-de-Matha, Lanaudière, QC, J0K 2S0
450 886-3861
Website: www.cisss-lanaudiere.gouv.qc.ca/votre-cisss/coordonnees-et-horaires/clsc

**Services:** Frontline services for routine health and social services. * Authentication of the health insurance card. * Prenatal classes. * Listening and telephone support. * Vaccination.

**Coverage area:** Lanaudière

**Hours:** Monday to Friday 8h30 to 16h30

**Financing:** provincial

**Legal status:** parapublic organization

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**Palliative care**

**ALBATROS LANAUDIÈRE**
2500 Mascouche Boulevard, Suite 139, Mascouche, Lanaudière, QC, J7K 0H5
450 966-9508 Fax: 450 966-9508
Website: albatros-lanaudiere-73.webself.net
Email: infos@albatros-lanaudiere.org

**Services:** * Accompaniment of people in end of life and palliative care. * Training for accompaniment in end of life and palliative care. * Support groups for bereaved people. * Telephone support for the bereaved people.
Eligibility: people 18 years and over who are terminally ill, bereaved, their family and caregivers
Coverage area: Lanaudière
Hours: by appointment
Fees: variable
Financing: foundations, provincial, municipal, donations
Legal status: non-profit organization

CENTRE MULTISERVICES DE SANTÉ ET DE SERVICES SOCIAUX DE SAINT-JEAN-DE-MATHA
895 Louis-Cyr Road, Saint-Jean-de-Matha, Lanaudière, QC, J0K 2S0
450 886-3861
Website: www.cissss-lanaudiere.gouv.qc.ca/votre-cissss/coordonnees-et-horaires/clsc
Coverage area: Lanaudière
Hours: Monday to Friday 8h30 to 16h30
Financing: provincial
Legal status: parapublic organization

LITTLE BROTHERS - SUD DE LANAUDIÈRE
2500 Mascouche Boulevard, Suite 119, Mascouche, Lanaudière, QC, J7K 0H5
514 248-3384
Website: www.petitsfreres.ca/sudlanaudiere
Email: sudlanaudiere@petitsfreres.ca
Eligibility: lonely seniors 75 years and over without a present family or significant social contact
Coverage area: South of Lanaudière, MRC Montcalm
Hours: Monday to Friday 9h00 to 17h00
Fees: free
Financing: fundraising campaigns, self-financing, donations
Legal status: non-profit organization

MAISON ADHÉMAR-DION (LA)
4500 Saint-Charles Road, Terrebonne, Lanaudière, QC, J6V 1A3
450 932-0870  Fax: 450 932-4149
Website: maisonadhemardion.ca
Email: info@maisonadhemardion.com
Services: Palliative care centre. * Possibility for relatives to live with the resident.
Eligibility: people 18 years old and over with a prognosis of less than three months to live
Capacity: 12 beds
Coverage area: Lanaudière
Hours: 24 hours / 7 days
Fees: aucun
Financing: fundraising campaigns, donations, provincial
Legal status: non-profit organization
Patient support associations

ASSOCIATION DES PERSONNES HANDICAPÉES PHYSIQUES ET SENSORIELLES SECTEUR JOLIETTE
200 de Salaberry Street, Suite 134, Joliette, Lanaudière, QC, J6E 4G1
450 759-3322     Fax: 450 759-8749
Website: www.aphpssj.com
Email: info@aphpssj.com
Eligibility: people living with a disability and their close ones
Coverage area: MRC Joliette
Hours: Monday to Thursday 8h00 to 12h00 and 12h30 to 16h30
Fees: membership card: $10
Financing: grants, contributions
Legal status: non-profit organization

ASSOCIATION PANDA-MRC LES MOULINS
737 de la Sour-Marie-Rose Street, Terrebonne, Lanaudière, QC, J6V 1P1
450 654-1153
Website: www.pandamrclesmoulins.org
Email: info@pandamrclesmoulins.org
Eligibility: children, teenagers, adults showing signs of a diagnostic for an attention deficit disorder with or without hyperactivity, their parents
Capacity: variable
Coverage area: MRC Les Moulins, Montréal Island, Laval
Hours: office: variable
Fees: variable
Financing: provincial, self-financing, donations
Legal status: non-profit organization

ASSOCIATION PULMONAIRE DU QUÉBEC - GROUPE D’ENTRAIDE MALADIES PULMONAIRES - REPENTIGNY/LE GARDEUR
86 Brien Boulevard, 2nd floor, Repentigny, Lanaudière, QC, J6A 5K7
1 888 768-6669 ext. 230
Website: poumonquebec.ca/en
Email: info@poumonquebec.ca
Services: Support group offered during the following months: March, April, May, September, October and November for people with one or more lung diseases, family members or caregivers. * Discussions on topics adapted to the group and lectures by health professionals.
Eligibility: people with respiratory diseases, family members and caregivers
Capacity: 50 persons
Coverage area: Lanaudière, East and North of Montréal
Hours: March, April, May, September, October and November: 1st Wednesday of the month 13h00 to 15h30
Fees: none
Financing: foundations, self-financing
Legal status: non-profit organization
ASSOCIATION RÉGIONALE DE LA FIBROMYALGIE DE LANAUDIÈRE
762A de l'Industrie Boulevard, Saint-Paul, Lanaudière, QC, J0K 3E0
1 888 223-0227
Website: www.fibromyalgiearfl.com
Email: arfl@live.ca
Eligibility: people with a fibromyalgia diagnostic and relations
Coverage area: Lanaudière
Hours: Tuesday 13h00 to 16h00, Thursday 13h30 to 16h30 or by appointment
Fees: annual fees: $10
Financing: fundraising campaigns, grants, contributions
Legal status: non-profit organization

ASSOCIATION SCLÉROSE EN PLAQUES DE LANAUDIÈRE
200 Salaberry Street, Suite 307, Joliette, Lanaudière, QC, J6E 4G1
450 753-5545
Website: www.asepl.org
Email: asepl@intermonde.net
Eligibility: people living with multiple sclerosis, their close ones
Coverage area: Lanaudière
Hours: Monday to Friday 8h30 to 12h00 and 13h00 to 16h30
Fees: free
Financing: provincial, fundraising campaigns, donations
Legal status: non-profit organization

ASSOCIATION UN COEUR POUR TOUS, LANAUDIÈRE (L’)
144 Saint-Joseph Street, Suite 113, Joliette, Lanaudière, QC, J6E 5C2
450 760-3039
Website: uncoeurpourtous.com
Email: uncoeurpourtous@hotmail.com
Eligibility: people with a heart disease or high blood pressure, their partners
Capacity: pool: 24 people
Coverage area: Lanaudière
Hours: Monday to Friday 8h00 to 17h00
Fees: membership card: $15 per year, activities: $50 per activity ($5 per visit for 10 weeks)
Financing: donations, self-financing, grants
Legal status: non-profit organization

CANCER-AIDE LANAUDIÈRE
2 Saint-Charles-Borromée Street North, Joliette, Lanaudière, QC, J6E 4R2
450 756-0869
Website: www.canceraidelanaudiere.com
Email: canceraidelanaudiere@outlook.com
Eligibility: people with cancer, their relatives
Coverage area: Lanaudière
Hours: meetings: 2nd Wednesday of the month 13h30 to 15h30, South service point: 3rd Wednesday of the month 13h30 to 15h30
Fees: member: $10 per year, activities: variable fees
Financing: membership fees, provincial
Legal status: non-profit organization

CANCER-AIDE LANAUDIÈRE - POINT DE SERVICE SUD
50 Thouin Street, Suite 237, Richelieu Pavilion, Repentigny, Lanaudière, QC, J6A 4J4
450 654-8437
Website: canceraidelanaudiere.com
Email: canceraide.lr@gmail.com
Eligibility: people living with cancer, their close ones
Coverage area: MRC L'Assomption, MRC Les Moulins
Hours: meetings: 3rd Wednesday of the month 13h30 to 16h00
Fees: annual membership: $10, activities: variable
Financing: contributions, provincial, self-financing
Legal status: non-profit organization

CARREFOUR POUR SOUFFLER À TÊTE REPOSÉE
588 Montcalm Street, Suite 219, Berthierville, Lanaudière, QC, J0k 1A0
450 836-2020 Fax: 450 836-2040
Website: www.ateterereposee.org
Email: ateterereposee@live.fr
Services: Respite resources for families of people living with a disability. * At-home respite: planned respite (non-urgent) in the family home for a period of less than 24 hours. * 24h+ respite: referrals to respite homes for a planned period of 24 hours or more.
Eligibility: family of a person living with a disability: intellectual or physical disability, autism spectrum disorder, sensory disability, cognitive disorder, Alzheimer
Coverage area: Lanaudière
Hours: Monday to Friday 8h30 to 16h30
Fees: variable
Financing: self-financing, provincial
Legal status: non-profit organization

CENTRE D'ACTION BÉNÉVOLE D'AUTRAY
180 de Champlain Street, Berthierville, Lanaudière, QC, J0K 1A0
450 836-7122 Fax: 450 836-1939
Website: cabautray.com
Email: info@cabautray.com
Eligibility: seniors, people with a loss of autonomy, people on a low income, caregivers, volunteers, organizations
**Coverage area:** Berthierville, Lanoraie, Lavaltrie, La Visitation-de-l’Île-Dupas, Saint-Barthélemy, Saint-Cuthbert, Sainte-Élisabeth, Sainte-Geneviève-de-Berthier, Saint-Ignace-de-Loyola

**Hours:** Monday to Friday 8h30 to 16h30

**Fees:** variable, meals on wheels: $6.50 per meal, 6 desserts for $5

**Financing:** grants, self-financing

**Legal status:** non-profit organization

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**CENTRE MULTISERVICES DE SANTÉ ET DE SERVICES SOCIAUX DE SAINT-JEAN-DE-MATHA**

895 Louis-Cyr Road, Saint-Jean-de-Matha, Lanaudière, QC, J0K 2S0

**Website:** www.cisss-lanaudiere.gouv.qc.ca/votre-cisss/coordonnees-et-horaires/clsc

**Services:** Frontline services for routine health and social services. * Authentication of the health insurance card. * Prenatal classes. * Listening and telephone support. * Vaccination.

**Coverage area:** Lanaudière

**Hours:** Monday to Friday 8h30 to 16h30

**Financing:** provincial

**Legal status:** parapublic organization

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**COOPÉRATIVE D’AIDE À DOMICILE LES MOULINS**

2500 Mascouche Boulevard, Suite 125, Mascouche, Lanaudière, QC, J7K 0H5

**450 966-4446 Fax:** 450 966-4447

**Website:** www.coopdesmoulins.ca

**Email:** mbriere@coopdesmoulins.ca


**Eligibility:** single people, couples, families, new parents, adults with temporary or permanent loss of autonomy, seniors, people living with a disability, people who have had an accident or in recovery, caregivers

**Coverage area:** MRC Les Moulins

**Hours:** administration: Monday to Friday 8h30 to 12h00 and 13h00 to 16h30, domestic assistance: Monday to Friday 8h00 to 17h00, assistance and respite: everyday 8h00 to 22h00

**Fees:** variable according to the type of service, age, health status and family income, RAMQ financial exemption program for domestic help (PEFSAD), tax credit

**Financing:** self-financing

**Legal status:** non-profit organization

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**DIABÈTE RIVE-NORD**

Confidential Address

**438 392-8362**

**Website:** www.diabeterivenord.org

**Email:** info@diabeterivenord.org

**Services:** Information, conferences, activities and telephone support for people with diabetes. * Awareness, prevention and advocacy of rights and interests of patients. * Screening clinics. * Grocery workshops. * Cycling excursions.

**Eligibility:** people with diabetes, their close ones

**Coverage area:** MRC L’Assomption, MRC Les Moulins

**Hours:** variable

**Fees:** $20 per year

**Financing:** fundraising campaigns, membership fees

**Legal status:** non-profit organization
DIABÉTIQUES DE LANAUDIÈRE
950 Sainte-Anne Boulevard, Suite 112, Saint-Charles-Borromée, Lanaudière, QC, J6E 5B5
450 752-5233
Website: www.diabetiquesdelanaudiere.org
Email: diabetlanau@citenet.net
Eligibility: people with diabetes, healthcare professionals
Coverage area: Lanaudière
Hours: Monday to Friday 9h00 to 16h00
Fees: membership: $20 per year
Financing: contributions
Legal status: non-profit organization

DYSFHASIE LANAUDIÈRE
2500 Mascouche Boulevard, Suite 215, Mascouche, Lanaudière, QC, J7K 0H5
450 474-8870
Website: dysphasielanaudiere.org
Email: administration@dysphasielanaudiere.org
Eligibility: people with dysphasia, parents of children with dysphasia, professionals
Coverage area: Lanaudière
Hours: Monday to Thursday 8h30 to 16h30, Friday 8h30 to 12h00
Fees: membership: $25 per year per person or family, $35 for professionals, $50 for corporate members (schools, CPE, community organizations, etc.)
Financing: grants, self-financing, donations
Legal status: non-profit organization

HYPOGLYCEMIA ACTION QUÉBEC
640 Langlois Street, Suite 4, Terrebonne, Lanaudière, QC, J6W 4P3
450 325-1163
Website: hypoglycemie.qc.ca
Email: info@hypoglycemie.qc.ca
Eligibility: adults, teens and children affected by hypoglycemia, health professionals
Coverage area: Province of Québec
Hours: 5 days per week, answering machine: 24 hours / 7 days
Fees: none
Financing: grants
Legal status: non-profit organization

MAISON MÉMOIRE DU COEUR
77 du Docteur-Jean-Paul-Mireault Street, Saint-Charles-Borromée, Lanaudière, QC, J6E 9C5
450 760-3345 ext. 5   Fax: 450 760-3705
Website: www.maisonmemoireducoeur.com
Email: info@maisonmemoireducoeur.com
**Health**


**Eligibility:** people living with Alzheimer's disease, their caregivers

**Capacity:** private housing: 10 places, housing in intermediate resource: 26 places, respite care: 18 places

**Coverage area:** Lanaudière

**Hours:** administration: Monday to Friday 9h00 to 12h00 and 13h00 to 17h00

**Fees:** private housing: on request, housing in intermediate resource: variable according to income

**Financing:** provincial, self-financing

**Legal status:** non-profit organization

**NÉO (LE)**

950 Moody Boulevard, Terrebonne, Lanaudière, QC, J6W 3K8

1 800 964-1860

Website: le-neo.com

Email: neo@le-neo.com


**Eligibility:** LGBTQ+ people and allies, people living with HIV/AIDS or hepatitis

**Coverage area:** Lanaudière

**Hours:** administration: Monday to Friday 8h30 to 16h30

**Fees:** none

**Financing:** provincial

**Legal status:** non-profit organization

**ORIGNAL TATOUÉ, CAFÉ DE RUE**

144 Saint-Joseph Street, Joliette, Lanaudière, QC, J6E 5C4

450 394-4384

Email: loriginaltatoue@gmail.com


**Eligibility:** young people 16 to 30 in a situation of social or family breakdown or experiencing difficulties related to drug addiction, homelessness and mental health problems

**Capacity:** 10 people

**Coverage area:** Joliette

**Hours:** Tuesday and Thursday 12h00 to 21h00, Wednesday, Friday and Saturday 12h00 to 17h00

**Fees:** none

**Financing:** donations, municipal, provincial, federal

**Legal status:** non-profit organization

**PANDA DE LA MRC L'ASSOMPTION**

50 Thouin Street, Suite 242, Repentigny, Lanaudière, QC, J6A 4J4

450 582-0003

Website: tdahpanda.ca

Email: panda3@bellnet.ca

Eligibility: children or adults with a diagnosis, or awaiting a diagnosis of attention deficit with or without hyperactivity disorder, and their parents
Capacity: parent support groups: 10 people, support groups for adults and children: 6 people
Coverage area: MRC de L'Assomption
Hours: groups for parents or adults: weeknights, groups for children: Saturday morning
Fees: annual membership: $10 per family, parental coaching: $100 for 10 meetings, groups for children or adults with ADHD: $10 per meeting
Financing: self-financing, provincial, fundraising campaigns, membership fees, donations
Legal status: non-profit organization

PROGRAMME TRANSPORT-HÉBERGEMENT LANAUDIÈRE
1000 Saint-Anne Boulevard, Saint-Charles-Borromée, Lanaudière, QC, J6E 6J2
1 888 759-4033 Fax: 450 756-4951
Website: transport.hebergement.csssnl@ssss.gouv.qc.ca
Services: Financial support for transportation, parking and housing, for frequent and regular trips for medical or rehabilitation treatment.
Coverage area: Lanaudière
Fees: none
Financing: provincial
Legal status: parapublic organization

SERVICES D’AIDE À DOMICILE DU ROUSSEAU
3631 Queen Street, Rawdon, Lanaudière, QC, J0K 1S0
450 834-1160 Fax: 450 834-8016
Website: www.aidedomicile.ca
Email: accueil@aidedomicile.ca
Eligibility: adults
Coverage area: MRC Matawinie, MRC Montcalm
Hours: office: Monday to Friday 8h30 to 16h30
Fees: variable
Financing: provincial, self-financing
Legal status: non-profit organization

SOCIÉTÉ ALZHEIMER DE LANAUDIÈRE (LA)
190 Montcalm Street, Joliette, Lanaudière, QC, J6E 5G4
450 759-3057 ext. 107 Fax: 450 760-2633
Website: sadl.org
Email: info@sadl.org
Eligibility: people with Alzheimer or a related disease, their relatives, caregivers, health professionals and private residences
Coverage area: Lanaudière
Hours: Monday to Friday 8h30 to 12h00 and 13h00 to 16h30
Fees: membership: $25 per year, Respite-Accompaniment-Stimulation program: $21 for 3 hours
Financing: grants, self-financing, donations
Legal status: non-profit organization
SOCIÉTÉ CANADIENNE DE LA SCLÉROSE EN PLAQUES - SECTION LANAUDIÈRE
2500 Mascouche Boulevard, Suite 221, Mascouche, Lanaudière, QC, J7K 0H5
450 417-3562 Fax: 450 966-2814
Website: mssociety.ca/chapter/lanaudiere
Email: info.lanaudiere@scleroseenplaques.ca
Eligibility: people with multiple sclerosis, their close ones
Coverage area: Lanaudière
Hours: Monday to Friday 9h00 to 17h00
Fees: variable depending on the activities
Financing: fundraising campaigns, provincial
Legal status: non-profit organization

Public Health

CENTRE INTÉGRÉ DE SANTÉ ET DE SERVICES SOCIAUX DE LANAUDIÈRE
260 Lavalltrie Street South, Joliette, Lanaudière, QC, J6E 5X7
1 800 668-9229
Website: www.ciss-lanaudiere.gouv.qc.ca
Email: info.cissslan@ssss.gouv.qc.ca
Services: Planning, coordination and organization of social and health services. * Responsibility of the availability of care to the entire population, including the most vulnerable. * Management of simplified access to services. * Administration of partnerships with intermediate resources. * Handling of complaints regarding dissatisfaction or violation of rights of users.
Coverage area: Lanaudière
Hours: Monday to Friday 8h30 to 12h00 and 13h00 to 16h30 (except holidays)
Financing: provincial
Legal status: parapublic organization

CENTRE INTÉGRÉ DE SANTÉ ET DE SERVICES SOCIAUX DE LANAUDIÈRE - VACCINATION CONTRE LA GRIPPE
Confidential Address
450 755-3737
Website: www.cisss-lanaudiere.gouv.qc.ca/liste-de-soins-et-services/liste-alphabetique/vaccin-contre-la-grippe/
Coverage area: Lanaudière
Hours: registration: starting from October 15 2021, appointments: starting from November 1st 2021, registration by phone: Monday to Friday 8h30 to 16h30
Fees: free for people at risk: women pregnant for 13 weeks or more, people with certain chronic illnesses over 6 months old, pregnant women with certain chronic illnesses, people 75 years and over, caregivers and people living under the same roof as these people or children under 6 months, health workers
Legal status: provincial government agency

CENTRE MIHAWOSO - CENTRE DE PÉDIATRIE SOCIALE DE MANAWAN
450-B Otapi Street, Manawan, Lanaudière, QC, J0K 1M0
819 971-8852
Website: fondationdrjulien.org/centres/centre-mihawoso
Email: centremihawoso@gmail.com

**Coverage area:** Manawan

**Hours:** Monday to Friday 8h00 to 16h30

**Financing:** municipal, federal, provincial, donations

**Legal status:** non-profit organization

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**CENTRE MULTISERVICES DE SANTÉ ET DE SERVICES SOCIAUX DE SAINT-JEAN-DE-MATHA**

895 Louis-Cyr Road, Saint-Jean-de-Matha, Lanaudière, QC, J0K 2S0

450 886-3861

**Website:** [www.cisss-lanaudiere.gouv.qc.ca/votre-cisss/coordonnees-et-horaires/clsc](http://www.cisss-lanaudiere.gouv.qc.ca/votre-cisss/coordonnees-et-horaires/clsc)

**Services:** Frontline services for routine health and social services. * Authentication of the health insurance card. * Prenatal classes. * Listening and telephone support. * Vaccination.

**Coverage area:** Lanaudière

**Hours:** Monday to Friday 8h30 to 16h30

**Financing:** provincial

**Legal status:** parapublic organization

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**CIBLE FAMILLE BRANDON**

15 Monday Street, Saint-Gabriel, Lanaudière, QC, J0K 2N0

450 835-9094     Fax: 450 835-3935

**Website:** ciblefamillebrandon.com

**Email:** info@ciblefamillebrandon.com


**Eligibility:** families, pregnant women, mothers, fathers, children 0 to 12 years old

**Coverage area:** Saint-Gabriel, Saint-Gabriel-De-Brandon, Mandeville, Saint-Damien, Saint-Didace, Saint-Cléophas-De-Brandon, Saint-Norbert

**Hours:** Monday to Friday 9h00 to 12h00 and 13h00 to 16h00

**Fees:** free or depending on activities

**Financing:** Centraide Lanaudière, donations, self-financing

**Legal status:** non-profit organization

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**DIABÉTIQUES DE LANAUDIÈRE**

950 Sainte-Anne Boulevard, Suite 112, Saint-Charles-Borromée, Lanaudière, QC, J6E 5B5

450 752-5233

**Website:** www.diabetiquesdelanaudiere.org

**Email:** diabetlanau@citenet.net


**Eligibility:** people with diabetes, healthcare professionals

**Coverage area:** Lanaudière

**Hours:** Monday to Friday 9h00 to 16h00

**Fees:** membership: $20 per year

**Financing:** contributions

**Legal status:** non-profit organization
DIRECTION DE LA SANTÉ PUBLIQUE DE LANAUDIÈRE
245 du Curé Majeau Street, Joliette, Lanaudière, QC, J6E 8S8
1 855 759-6660 Fax: 450 759-3742
Website: www.cisss-lanaudiere.gouv.qc.ca
Coverage area: Lanaudière
Financing: provincial
Legal status: parapublic organization

ENGLISH COMMUNITY ORGANIZATION OF LANAUDIÈRE
3657 Queen Street, Rawdon, Lanaudière, QC, J0K 1S0
450 834-2268
Website: www.ecol-lanaudiere.org
Email: ecollanaudiere@hotmail.com
Services: Support and promote the well-being of the English-speaking community. * Information and referral. * Outreach services and support for seniors: referral, health and legal information, friendly visits and calls, etc. * Community activities related to health, social service, culture, employment, etc. * Employment support: information, referral, translation and interpretation. * Wellness Centre: day centre for seniors. * Informal interpretation services. * Bursary program for students in health or social services.
Eligibility: residents, health professionals, students, employment support: people seeking employment, employment agencies
Coverage area: Lanaudière
Hours: Monday to Friday 9h00 to 16h00
Fees: membership: $5 per year
Financing: federal, provincial, municipal
Legal status: non-profit organization

MILIEU D’INTERVENTION ET DE THÉRAPIE EN AGRESSION SEXUELLE
144 Saint-Joseph Street, Joliette, Lanaudière, QC, J6E 5C4
450 755-6755 Fax: 450 755-1773
Website: www.mitas.ca
Email: mitas@mitas.ca
Capacity: groups: 8 people
Coverage area: Lanaudière
Hours: Monday to Thursday 9h00 to 16h00, therapies for adults in the evening
Fees: free for children, variable for adults
Financing: provincial, self-financing, grants, donations
Legal status: non-profit organization

NÉO (LE)
950 Moody Boulevard, Terrebonne, Lanaudière, QC, J6W 3K8
1 800 964-1860
Website: le-neo.com
Email: neo@le-neo.com
Eligibility: LGBTQ+ people and allies, people living with HIV/AIDS or hepatitis
Coverage area: Lanaudière
Hours: administration: Monday to Friday 8h30 to 16h30
Fees: none
Financing: provincial
Legal status: non-profit organization

QUÉBEC SECOURS
6341 Forest Road, Terrebonne, Lanaudière, QC, J7M 1M5
1 877 628-9977
Website: www.quebecsecours.qc.ca
Email: info@quebecsecours.qc.ca
Services: Search and rescue of missing people in forest or urban areas. * Volunteers training: searching, forest rescuing and human tracking. * Dissemination of missing notices. * Educative workshops for children on what to do if they get lost in a forest or urban areas.
Coverage area: Province of Québec
Fees: free
Financing: donations
Legal status: non-profit organization

TRAVAIL DE RUE DE REPENTIGNY
294 Iberville Boulevard, Repentigny, Lanaudière, QC, J6A 2A3
514 793-5565
Website: travailderuerepentigny.com
Email: trrepentigny@hotmail.com
Eligibility: adolescents and young adults 12 to 30 years old, homeless people, marginalized people or struggling with mental health issues
Coverage area: Repentigny
Hours: Monday to Friday
Fees: none
Financing: provincial, donations
Legal status: non-profit organization
Homelessness

ADVOCACY

DAY AND EVENING CENTRES

MOBILE UNITS AND STREET WORK

SHELTERS

TRANSITIONAL HOUSING

YOUTH SHELTERS
Advocacy

TABLE ACTION PRÉVENTION EN ITINÉRANCE DE LANAUDIÈRE
Confidential Address
450 471-4664
Email: hulterrebonne@hotmail.com
Services: Consultation on the issue of homelessness. * Achievement of action strategies. * Continuation of local initiatives.
Eligibility: non-profit organizations involved with people who are homeless or at risk of homelessness
Capacity: around 20 organizations
Coverage area: Lanaudière
Fees: none
Financing: provincial
Legal status: non-profit organization

TRAVAIL DE RUE DE REPENTIGNY
294 Iberville Boulevard, Repentigny, Lanaudière, QC, J6A 2A3
514 793-5565
Website: travailderue repentigny.com
Email: trrepentigny@hotmail.com
Eligibility: adolescents and young adults 12 to 30 years old, homeless people, marginalized people or struggling with mental health issues
Coverage area: Repentigny
Hours: Monday to Friday
Fees: none
Financing: provincial, donations
Legal status: non-profit organization

Day and evening centres

CAFÉ DE RUE DE TERREBONNE
654 Saint-Pierre Street, Terrebonne, Lanaudière, QC, J6W 1C8
450 806-9545
Website: cafederuesolidaire.org
Email: cafederue@hotmail.com
Eligibility: young adults 18 to 30 years old in a crisis situation, in a relationship breakdown or marginalized, homeless or not
Coverage area: Terrebonne
Hours: Tuesday 15h00 to 20h00, Wednesday 14h00 to 20h00, Thursday 13h00 to 20h00, Friday 13h00 to 19h30, closed on the first Friday of the month, food assistance: Monday 17h00 to 19h00 on registration
Fees: none
Financing: donations, federal, provincial
Legal status: non-profit organization
CENTRE D'ENTRAIDE ET DE DÉPANNAGE DE ST-ZÉNON
6091 Principale Street, Saint-Zénon, Lanaudière, QC, J0K 3N0
450 884-0000
Email: centredentraide01@gmail.com
Eligibility: seniors, people on a low income, people in a vulnerable situation
Coverage area: Saint-Zénon
Hours: thrift store: Thursday and Saturday 13h00 to 17h00, Friday 13h00 to 20h00, other services: variable
Fees: variable
Financing: donations, fundraising campaigns, grants, provincial
Legal status: non-profit organization

CENTRE DE FORMATION PROFESSIONNELLE DES RIVERAINS - SALON DE COIFFURE
120 Valmont Street, Repentigny, Lanaudière, QC, J5Y 1N9
450 492-3538 ext. 2791 Fax: 450 581-3026
Website: www.cfpriverains.qc.ca
Email: cfp-desriverains@csda.ca
Services: Hairdresser-school at low prices.
Coverage area: Repentigny
Hours: Monday to Friday 8h00 to 16h30
Fees: between $5 and $70
Financing: provincial
Legal status: provincial government agency

GROUPE D'ENTRAIDE EN TOUTE AMITIÉ
170 Sainte-Foy Street, Berthierville, Lanaudière, QC, J0K 1A0
450 836-6966 Fax: 450 836-3264
Website: entouteamitie2.wixsite.com/geta
Email: entouteamitie.org@hotmail.com
Eligibility: people on a low income, people living in vulnerable situations
Coverage area: Berthierville, Joliette (St-Viateur district), La Visitation-de-L’île-Dupas, Lanoraie, Saint-Barthélemy, Saint-Cuthbert, Saint-Ignace-de-Loyola, Saint-Elizabeth, Sainte-Geneviève-De-Berthier
Hours: office: Tuesday to Friday 9h30 to 16h00, furniture counter: Tuesday, Wednesday, Friday 13h00 to 16h00 and Thursday 13h00 to 18h30.
Financing: self-financing
Legal status: non-profit organization

HABITAT JEUNESSE - MASCOUCHE
2973 Sainte-Marie Road, Mascouche, Lanaudière, QC, J7K 1N8
450 474-4938
Website: habitatjeunesse.com
Email: habitatjeunesse@videotron.ca
Eligibility: people 18 years and over living with a mental health issue, housing: people 18 to 30 years old living with a mental health issue, housing research component: people 18 years old and over living with a mental health issue
Coverage area: Lanaudière
**LA HUTTE - HÉBERGEMENT D'URGENCE TERREBONNE - WARMING CENTRE**

654 St-Pierre Street, Terrebonne, Lanaudière, QC, J6W 1C8  
450 471-4664  Fax: 450 471-1227  
Website: lahutte.org  
Email: info@lahutte.org  
**Eligibility:** homeless adults  
**Coverage area:** MRC L'Assomption and MRC Les Moulins  
**Hours:** November 1st to March 31: 22h30 to 7h00, 7 days  
**Fees:** none  
**Financing:** Centraide Laurentides, municipal, donations, self-financing, federal, provincial  
**Legal status:** non-profit organization

**MANNE QUOTIDIENNE (LA)**

160 Hélène-Boulé Street, Joliette, Lanaudière, QC, J6E 2R6  
450 755-6078  
Email: mannequotidienne@hotmail.com  
**Eligibility:** individuals and families on a low income, people experiencing homelessness  
**Coverage area:** Joliette  
**Hours:** breakfasts: 7 days 6h30 to 8h30, dinners: Saturday 13h30 to 17h30, Sunday 15h30 to 17h30, food bank: Monday and Thursday 9h00 to 14h30  
**Fees:** breakfasts, dinners and food processing workshops: free, membership card: $30 for 6 months per adult, $5 for 6 months per child  
**Financing:** grants, donations, membership fees  
**Legal status:** non-profit organization

**TRAVAIL DE RUE DE REPENTIGNY**

294 Iberville Boulevard, Repentigny, Lanaudière, QC, J6A 2A3  
514 793-5565  
Website: travailderuerepentigny.com  
Email: ttrepentigny@hotmail.com  
**Eligibility:** adolescents and young adults 12 to 30 years old, homeless people, marginalized people or struggling with mental health issues  
**Coverage area:** Repentigny  
**Hours:** Monday to Friday  
**Fees:** none  
**Financing:** provincial, donations  
**Legal status:** non-profit organization
UNITÉ POINT DE DÉPART
220 Lajoie Street South, Joliette, Lanaudière, QC, J6E 5L2
450 759-6848  Fax: 450 759-6648
Email: unitepd@outlook.com


Eligibility: services and activities: people 18 and over with addiction (all addictions), day centre: general population

Coverage area: Lanaudière

Hours: Monday to Saturday 8h30 to 23h00, Sunday 10h30 to 15h00, November 1 to March 31: 24 hours / 7 days

Fees: none

Financing: grants

Legal status: non-profit organization

Mobile units and street work

ASSOCIATION POUR LES JEUNES DE LA RUE DE JOLIETTE
144 St-Joseph Street, Suite R-12, Joliette, Lanaudière, QC, J6E 5C4
450 753-3692
Website: www.ajrj.org
Email: info@ajrj.org


Eligibility: people 12 to 35

Coverage area: Joliette

Hours: day, evening, night

Fees: none

Financing: donations

Legal status: non-profit organization

CAFÉ DE RUE DE TERREBONNE
654 Saint-Pierre Street, Terrebonne, Lanaudière, QC, J6W 1C8
450 806-9545
Website: cafederuesolidaire.org
Email: cafederue@hotmail.com


Eligibility: young adults 18 to 30 years old in a crisis situation, in a relationship breakdown or marginalized, homeless or not

Coverage area: Terrebonne

Hours: Tuesday 15h00 to 20h00, Wednesday 14h00 to 20h00, Thursday 13h00 to 20h00, Friday 13h00 to 19h30, closed on the first Friday of the month, food assistance: Monday 17h00 to 19h00 on registration

Fees: none

Financing: donations, federal, provincial

Legal status: non-profit organization
**CENTRE HOSPITALIER DE LANAUDIÈRE**  
1000 Sainte-Anne Boulevard, Saint-Charles-Borromée, Lanaudière, QC, J6E 6J2  
450 759-8222  
*Website:* sante.gouv.qc.ca/repertoire-ressources/ressource/?nofiche=1203#  
*Coverage area:* Province of Québec  
*Hours:* 24 hours / 7 days, test centre: by appointment  
*Financing:* provincial  
*Legal status:* parapublic organization  

**CENTRE MULTISERVICES DE SANTÉ ET DE SERVICES SOCIAUX DE SAINT-JEAN-DE-MATHA**  
895 Louis-Cyr Road, Saint-Jean-de-Matha, Lanaudière, QC, J0K 2S0  
450 886-3861  
*Website:* www.cisss-lanaudiere.gouv.qc.ca/votre-cisss/coordonnees-et-horaires/clsc  
*Coverage area:* Lanaudière  
*Hours:* Monday to Friday 8h30 to 16h30  
*Financing:* provincial  
*Legal status:* parapublic organization  

**CLSC DE BERTHIERVILLE**  
761 Notre-Dame Street, Berthierville, Lanaudière, QC, J0K 1A0  
450 836-7011  
*Website:* sante.gouv.qc.ca/repertoire-ressources/ressource/?nofiche=707  
*Coverage area:* Québec  
*Financing:* provincial  
*Legal status:* parapublic organization  

**CLSC DE ChERTSEY**  
485 Dupuis Street, Chertsey, Lanaudière, QC, J0K 3K0  
450 882-2488  
*Website:* sante.gouv.qc.ca/repertoire-ressources/ressource/?nofiche=708  
*Coverage area:* Québec  
*Financing:* provincial  
*Legal status:* parapublic organization
CLSC DE JOLIETTE
380 Base-de-Roc Boulevard, Joliette, Lanaudière, QC, J6E 9J6
450 755-2111
Website: sante.gouv.qc.ca/en/repertoire-ressources/ressource/?nofiche=1337&ch_type%5B6%5D=1201&bt_rechType=&theme=clsc&ch_choixReg=&ch_rayon=0&ch_code=J6E9J6
Coverage area: Québec
Financing: provincial
Legal status: parapublic organization

CLSC DE LAVALTRIE
1400 Notre-Dame Street, Suite 203, Lavaltrie, Lanaudière, QC, J5T 1M6
450 586-1020
Website: sante.gouv.qc.ca/en/repertoire-ressources/ressource/?nofiche=1810&ch_type%5B6%5D=1201&bt_rechType=&theme=clsc&ch_choixReg=&ch_rayon=0&ch_code=J5T1M6
Coverage area: Québec
Hours: Monday to Friday 8h00 to 16h00, collection centre: Monday, Wednesday, Thursday 7h15 to 9h45
Financing: provincial
Legal status: parapublic organization

CLSC DE SAINT-DONAT
377 du Foyer Street, Saint-Donat, Lanaudière, QC, J0T 2C0
819 424-1511
Website: sante.gouv.qc.ca/en/repertoire-ressources/ressource/?nofiche=1725&ch_type%5B6%5D=1201&bt_rechType=&theme=clsc&ch_choixReg=&ch_rayon=0&ch_code=J0T2C0
Coverage area: Québec
Hours: Monday and Thursday 8h00 to 16h30, Tuesday, Wednesday and Friday 8h30 to 16h30, Saturday and Sunday 9h30 to 16h30, tests centre: Monday, Thursday 8h00 to 9h00
Financing: provincial
Legal status: parapublic organization

CLSC DE SAINT-ESPRIT
110 Saint-Isidore Street, Saint-Esprit, Lanaudière, QC, J0K 2L0
450 839-3676
Website: sante.gouv.qc.ca/en/repertoire-ressources/ressource/?nofiche=739&ch_type%5B6%5D=1201&bt_rechType=&theme=clsc&ch_choixReg=&ch_rayon=0&ch_code=J0K2L0

Coverage area: Québec

Hours: Monday and Tuesday 8h30 to 18h00, Wednesday 08h30 to 20h00, Thursday and Friday 08h30 to 16h30, collection centre: Monday to Friday 7h00 to 9h00

Financing: provincial

Legal status: parapublic organization

CLSC DE SAINT-MICHEL-DES-SAINTS
171 Guy-Gauthier Street, Saint-Michel-des-Saints, Lanaudière, QC, J0K 3B0
450 833-6334

Website: sante.gouv.qc.ca/repertoire-ressources/ressource/?nofiche=44853#


Coverage area: Québec

Financing: provincial

Legal status: parapublic organization

CLSC DESROSIELS-LANGLOIS
821 de la Soeur-Marie-Rose Street, Terrebonne, Lanaudière, QC, J6V 0E8
450 470-2670

Website: sante.gouv.qc.ca/en/repertoire-ressources/ressource/?nofiche=693678&ch_type%5B6%5D=1201&bt_rechType=&theme=clsc&ch_choixReg=&ch_rayon=0&ch_code=J6V0E8

Services: Frontline services for routine health and social services.

Coverage area: Lanaudière

Hours: Monday 8h00 to 20h00, Tuesday to Thursday 8h00 to 17h00, Friday 8h00 to 16h00

Financing: provincial

Legal status: parapublic organization

CLSC ET CENTRE DE RÉADAPTATION EN DÉFICIENCE INTELLECTUELLE ET EN TROUBLE DU SPECTRE DE L’AUTISME DE SAINT-GABRIEL-DE-BRANDON
30 Saint-Gabriel Street, Saint-Gabriel, Lanaudière, QC, J0K 2N0
450 835-4705

Website: https://sante.gouv.qc.ca/repertoire-ressources/ressource/?nofiche=1749


Coverage area: Province of Québec

Financing: provincial

Legal status: parapublic organization

CLSC LAMATER DE TERREBONNE
1317 des Seigneurs Boulevard, Terrebonne, Lanaudière, QC, J6W 5B1
450 471-2881

Website: sante.gouv.qc.ca/en/repertoire-ressources/ressource/?nofiche=1145&ch_type%5B6%5D=1201&bt_rechType=&theme=clsc&ch_choixReg=&ch_rayon=0&ch_code=J6W5B1

Coverage area: Lanaudière

Hours: Monday to Thursday 8h00 to 20h00, Friday 8h00 to 16h00

Financing: provincial

Legal status: parapublic organization

CLSC MEILLEUR - L’ÉPIPHANIE
16 Leblanc Street, Suite 200, L’Épiphanie, Lanaudière, QC, J5X 4R9
450 588-7231

Website: sante.gouv.qc.ca/en/repertoire-ressources/ressource/?nofiche=694910&ch_type%5B6%5D=1201&bt_rechType=&theme=c1sc&ch_choixReg=&ch_rayon=0&ch_code=J5X4R9

Services: Frontline services for routine health and social services. * Health insurance card authentication.

Coverage area: Lanaudière

Hours: Monday to Friday 8h30 to 12h00 and 13h00 to 16h30

Financing: provincial

Legal status: parapublic organization

CLSC MEILLEUR D’IBERVILLE
1124 Iberville Boulevard, Suite 200, Repentigny, Lanaudière, QC, J5Y 3M6
450 654-1023

Website: sante.gouv.qc.ca/en/repertoire-ressources/ressource/?nofiche=1939&ch_type%5B6%5D=1201&bt_rechType=&theme=c1sc&ch_choixReg=&ch_rayon=0&ch_code=J5Y3M6


Coverage area: Lanaudière

Hours: Monday, Tuesday and Thursday 8h30 to 20h00, Wednesday and Friday 8h30 to 16h30, tests centre: Monday to Friday 6h15 to 10h30

Financing: provincial

Legal status: parapublic organization

CLSC MEILLEUR DE REPENTIGNY
1124 Iberville Boulevard, Repentigny, Lanaudière, QC, J5Y 3M6
450 654-9012

Website: sante.gouv.qc.ca/en/repertoire-ressources/ressource/?nofiche=659&ch_type%5B6%5D=1201&bt_rechType=&theme=c1sc&ch_choixReg=&ch_rayon=0&ch_code=J5Z3C4


Coverage area: Lanaudière

Hours: Monday to Friday 8h00 to 20h00, Saturday and Sunday 8h30 to 16h00

Financing: provincial

Legal status: parapublic organization

ORIGNAL TATOUÉ, CAFÉ DE RUE
144 Saint-Joseph Street, Joliette, Lanaudière, QC, J6E 5C4
450 394-4384

Email: lorignaltatoue@gmail.com

Eligibility: young people 16 to 30 in a situation of social or family breakdown or experiencing difficulties related to drug addiction, homelessness and mental health problems

Capacity: 10 people

Coverage area: Joliette

Hours: Tuesday and Thursday 12h00 to 21h00, Wednesday, Friday and Saturday 12h00 to 17h00

Fees: none

Financing: donations, municipal, provincial, federal

Legal status: non-profit organization

TRAVAIL DE RUE DE REPENTIGNY
294 Iberville Boulevard, Repentigny, Lanaudière, QC, J6A 2A3
514 793-5565

Website: travailderurepentigny.com
Email: trrepentigny@hotmail.com


Eligibility: adolescents and young adults 12 to 30 years old, homeless people, marginalized people or struggling with mental health issues

Coverage area: Repentigny

Hours: Monday to Friday

Fees: none

Financing: provincial, donations

Legal status: non-profit organization

TRAVAIL DE RUE LAVALTRIE
1341 Notre-Dame Street, Lavaltrie, Lanaudière, QC, J5T 4A9
450 586-0080

Website: www.travailderuelavaltrie.org
Email: trlavaltrie@outlook.com


Eligibility: youth and adults that are not reached by traditional services, youth who have dropped out of school

Coverage area: Berthierville, Lanoraie, Lavaltrie

Fees: none

Financing: federal, provincial, municipal, Centraide Lanaudière, grants

Legal status: non-profit organization

TRAVAIL DE RUE LE TRAJET
759 Saint-Pierre Street, Terrebonne, Lanaudière, QC, J6W 1E3
514 430-0362

Email: travailderueletrajet@outlook.fr


Eligibility: people of all ages experiencing social disruption

Coverage area: Terrebonne, Mascouche

Hours: variable, leave a message on one of the street workers' voicemail
Fees: free  
Financing: provincial, foundations, fundraising campaigns  
Legal status: non-profit organization

TRAVAIL DE RUE SECTEUR BRANDON  
19 Saint-Gabriel Street, Saint-Gabriel, Lanaudière, QC, J0K 2N0  
450 271-4965  
Email: trbrandon@hotmail.com  
Eligibility: youth and adults 12 to 35 years old  
Coverage area: MRC D'Autray, MRC Matawinie  
Hours: administration: Monday to Friday 8h30 to 16h30, phone service: 24 hours / 7 days  
Fees: none  
Financing: grants, municipal  
Legal status: non-profit organization

Shelters

HÉBERGEMENT D'URGENCE LANAUDIÈRE  
864 Manseau Boulevard, Joliette, Lanaudière, QC, J6E 3G3  
1 844 888-7735     Fax: 450 753-4095  
Website: huljoliette.wixsite.com/huljoliette  
Email: huldirectiongenerale@hotmail.com  
Eligibility: homeless people 18 years and over, housing component: people 30 years and over who are not in a state of consumption<br />  
Capacity: housing component: 12 places  
Coverage area: Lanaudière  
Hours: 24 hours / 7 days  
Fees: housing component: $15 per night for a room  
Financing: grants  
Legal status: non-profit organization

HÉBERGEMENT D'URGENCE LANAUDIÈRE - DORMITORY COMPONENT  
864 Manseau Boulevard, Joliette, Lanaudière, QC, J6E 3G3  
1 844 888-7735     Fax: 450 753-4095  
Website: huljoliette.wixsite.com/huljoliette  
Email: huldirectiongenerale@hotmail.com  
Services: Winter dormitory. * Stay from 19h15 until 8h00 the next day.  
Eligibility: people 18 years and over  
Capacity: 9 places  
Coverage area: Lanaudière  
Hours: 16h15 to 8h00, 7 days  
Fees: reservation: $2  
Financing: grants  
Legal status: non-profit organization
LA HUTTE - HÉBERGEMENT D'URGENCE TERREBONNE

Confidential Address
450 471-4664 Fax: 450 471-1227
Website: lahutte.ca
Email: huterrebonne@hotmail.com


Eligibility: homeless adults
Coverage area: MRC L’Assomption and MRC Les Moulins
Hours: 24 hours / 7 days, nightly shelter: 16h30 to 8h00
Fees: short-term emergency housing: 7$ to 10$ per person per day, payable at the 1st income reception, nightly shelter and other services: free

Financing: Centraide Laurentides, municipal, donations, self-financing, federal, provincial
Legal status: non-profit organization

LA HUTTE - HÉBERGEMENT D'URGENCE TERREBONNE - WARMING CENTRE

654 St-Pierre Street, Terrebonne, Lanaudière, QC, J6W 1C8
450 471-4664 Fax: 450 471-1227
Website: lahutte.org
Email: info@lahutte.org


Eligibility: homeless adults
Coverage area: MRC L’Assomption and MRC Les Moulins
Hours: November 1st to March 31: 22h30 to 7h00, 7 days
Fees: none

Financing: Centraide Laurentides, municipal, donations, self-financing, federal, provincial
Legal status: non-profit organization

MAISON D'ACCUEIL LA TRAVERSEE

Confidential Address
450 759-5882 Fax: 450 759-0357
Website: www.maisonlatraverse.org
Email: equipe@maisonlatraverse.org


Eligibility: women experiencing domestic violence, with or without children
Capacity: 15 places for women or children
Coverage area: Lanaudière
Hours: 24 hours / 7 days
Fees: none

Financing: grants
Legal status: non-profit organization

MAISON OXYGÈNE JOLIETTE-LANAUDIÈRE

Confidential Address
450 499-2617
Website: www.maisonoxygenejoliettelaunaudiere.org
Email: administration@mojl.org

Eligibility: fathers and their children living with severe family problems

Capacity: housing: 10 adults and 10 children

Coverage area: Lanaudière

Hours: variable

Fees: housing: according to income, psychosocial follow-up: none

Financing: grants, donations

Legal status: non-profit organization

MAISON OXYGÈNE L’ASSOMPTION

Confidential Address

450 591-2617

Website: www.maisonoxyngejoliettelanaudiere.org

Email: administration@mojl.org


Eligibility: fathers and their children living with severe family problems

Capacity: 4 father and 8 children

Coverage area: Lanaudière

Hours: variable

Fees: housing: according to income, psychosocial follow-up: none

Financing: grants, donations

Legal status: non-profit organization

Transitional housing

ACCUEIL JEUNESSE

1094 Manseau Boulevard, Joliette, Lanaudière, QC, J6E 3G8

450 759-4610

Email: acc1@videotron.ca

Services: Transitional housing for youth. * Support, information and referral.

Eligibility: youth 12 to 17 years old in difficulty

Capacity: 9 beds

Coverage area: Lanaudière

Hours: 24 hours / 7 days

Fees: $7 per day

Financing: self-financing, donations

Legal status: non-profit organization

CENTRE LE DIAPASON

1731 Maple Street, Mascouche, Lanaudière, QC, J7L 2K9

450 477-6201

Website: www.centrelediapason.com

Email: centrelediapason@videotron.ca


Eligibility: youth in difficulty 14 to 18 years old willing to receive help

Capacity: 2 months or less: 9 places, for 16 to 18 years old only

Coverage area: Lanaudière

Hours: 24 hours / 7 days

Fees: voluntary contribution from parents
Financing: provincial, donations
Legal status: non-profit organization

CENTRE LE DIAPASON - APPARTEMENTS SUPERVISÉS
1731 Maple Street, Mascouche, Lanaudière, QC, J7L 2K9
450 477-6201
Website: www.centrelediapason.com
Email: centrelediapason@videotron.ca
Eligibility: young adults 18 to 20 years old in need of stable and safe housing
Capacity: 5 places
Coverage area: Lanaudière
Hours: 24 hours / 7 days
Financing: provincial, donations
Legal status: non-profit organization

CHAUMIÈRE JEUNESSE DE RAWDON (LA)
3299 14th Avenue, Rawdon, Lanaudière, QC, J0K 1S0
450 834-2517    Fax: 450 834-1335
Website: www.chaumierejeunesse.com
Email: direction@chaumierejeunesse.com
Eligibility: young adults 18 to 30 years old, experiencing difficulties and at risk of homelessness
Capacity: 9 mixed places
Coverage area: Lanaudière
Hours: admission: 7 days 8h00 to 20h00, housing: 24 hours / 7 days
Fees: $300 per month
Financing: provincial, federal, fundraising campaigns, donations
Legal status: non-profit organization

LA HUTTE - HÉBERGEMENT D'URGENCE TERREBONNE - CHAMBRES DE TRANSITION
Confidential Address
450 471-4664    Fax: 450 471-1227
Website: lahutte.ca
Email: hulterrebonne@hotmail.com
Eligibility: homeless adults
Coverage area: MRC L'Assomption and MRC Les Moulins
Fees: 7$ to 10$ per person per day, payable at the 1st income reception
Financing: Centraide Laurentides, municipal, donations, self-financing, federal, provincial
Legal status: non-profit organization

MAISON D'HÉBERGEMENT JEUNESSE ROLAND-GAVREAU
638 Base-de-Roc Boulevard, Joliette, Lanaudière, QC, J6E 5P7
450 759-2114    Fax: 450 759-6524
Email: aubergeducoeur.rg@hotmail.com
Services: * Short-term housing for up to 3 to 6 months. * Self-help, listening, accompaniment, information and referral.
Eligibility: young adults from 18 to 30 years old experiencing difficulties
Capacity: 12 spots
Coverage area: Lanaudière
Hours: 24 hours / 7 days
Fees: $300 per month or 46% of income
Financing: self-financing, donations
Legal status: non-profit organization

MAISON PAULINE BONIN
360 Saint-Louis Street, Suite 1, Joliette, Lanaudière, QC, J6E 2Y6
450 752-6730
Email: maisonpb@videotron.ca
Services: Subsidized temporary housing with services. * Housing for up to 3 years. * Individual support in the procedures, with or without housing. * Group accompaniment, with or without housing. * Information workshops, with or without housing.
Eligibility: single mothers who want to return to work or school
Capacity: 12 apartments

REGARD EN ELLE - SECOND STAGE HOUSING
Confidential Address
1 888 582-6005 Fax: 450 582-2206
Website: www.regardenelle.org/index.php
Email: equipe@regardenelle.org
Services: Second stage housing for women victims of domestic violence, with or without children. * Housing for a maximum stay of 2 years. * Support and accompaniment. * Individual and group follow-up.
Eligibility: women victims of violence, with or without children
Capacity: 6 units: five 3½ and one 4½
Coverage area: Province of Québec
Hours: 24 hours / 7 days
Fees: none
Financing: grants, donations
Legal status: non-profit organization

Youth shelters

CENTRE LE DIAPASON
1731 Maple Street, Mascouche, Lanaudière, QC, J7L 2K9
450 477-6201
Website: www.centrelediapason.com
Email: centrelediapason@videotron.ca
Eligibility: youth in difficulty 14 to 18 years old willing to receive help
Capacity: 2 months or less: 9 places, for 16 to 18 years old only
Coverage area: Lanaudière
Hours: 24 hours / 7 days
Fees: voluntary contribution from parents
Financing: provincial, donations
Legal status: non-profit organization
MAISON D'HÉBERGEMENT JEUNESSE ROLAND-GAVREAU
638 Base-de-Roc Boulevard, Joliette, Lanaudière, QC, J6E 5P7
450 759-2114  Fax: 450 759-6524
Email: aubergeducoeur.rg@hotmail.com

Services: * Short-term housing for up to 3 to 6 months. * Self-help, listening, accompaniment, information and referral.
Eligibility: young adults from 18 to 30 years old experiencing difficulties
Capacity: 12 spots
Coverage area: Lanaudière
Hours: 24 hours / 7 days
Fees: $300 per month or 46% of income
Financing: self-financing, donations
Legal status: non-profit organization
Housing
ADVOCACY FOR HOUSING

EMERGENCY

HOUSING COOPERATIVES AND CORPORATIONS

HOUSING SEARCH ASSISTANCE

SOCIAL HOUSING AND HOUSING COOPERATIVES
Advocacy for housing

ACTION-LOGEMENT LANAUDIÈRE
144 Saint-Joseph Street, Suite 213, Joliette, Lanaudière, QC, J6E 5C4
1 855 394-1778     Fax: 450 760-3586
Website: www.logementlanaudiere.org
Email: action-logementlanaudiere@live.ca


Eligibility: tenants
Coverage area: Lanaudière
Hours: by appointment
Fees: none
Financing: provincial, foundations, donations
Legal status: non-profit organization

OFFICE D'HABITATION AU COEUR DE CHEZ NOUS
5 Robitaille Street, Saint-Thomas, Lanaudière, QC, J0K 3L0
450 750-5091
Email: direction@ohcoeur.ca


Eligibility: individuals, seniors and families on a low and moderate income
Capacity: 137 units
Coverage area: Crabtree, Notre-Dame-de-Lourdes, Saint-Ambroise-de-Kildare, Saint-Charles-Borromée, Saint-Paul, Saint-Thomas, Sainte-Mélanie
Financing: provincial
Legal status: municipal agency

OFFICE MUNICIPAL D'HABITATION DE JOLIETTE
315, rue Flamand, Joliette, Lanaudière, QC, J6E 7H7
450 759-1093     Fax: 450 759-6547
Email: omhj@videotron.ca


Eligibility: individuals, seniors and families on a low and moderate income
Capacity: 501 units
Coverage area: Joliette
Financing: provincial, municipal
Legal status: municipal agency

OFFICE MUNICIPAL D'HABITATION DE LANAUDIÈRE SUD
1309 des Seigneurs Boulevard, Suite 101, Terrebonne, Lanaudière, QC, J6W 5B1
450 471-9424     Fax: 450 471-9434
Email: infosac@omhls.com

Eligibility: single individuals, seniors and families on a low and moderate income, SARL: households and single people at risk of soon becoming homeless or whose housing does not meet their needs and who are searching for new housing on the private market

Coverage area: MRC Les Moulins, MRC L’Assomption

Hours: Monday to Thursday 9h00 to 12h00 and 13h30 to 16h00

Fees: none

Financing: provincial, municipal

Legal status: non-profit organization

OFFICE MUNICIPAL D’HABITATION DE MATAWINIE

3220 12th Avenue, Rawdon, Lanaudière, QC, J0K 1S0
450 834-3317

Email: info@ohmatawinie.com


Eligibility: individuals, seniors and families on a low and moderate income

Capacity: 208 units

Coverage area: MRC Matawinie

Financing: provincial

Legal status: municipal agency

OFFICE RÉGIONAL D’HABITATION DE LA MUNICIPALITÉ RÉGIONALE DE COMTÉ DE D’AUTRAY

31 d’Iberville Street, Berthierville, Lanaudière, QC, J0K 1A0
450 836-9138   Fax: 450 836-9139

Website: www.orhdedautray.com

Email: info@orhdedautray.com


Eligibility: individuals, seniors and families on a low and moderate income

Capacity: 186 units

Coverage area: MRC D’Autray

Hours: Monday to Thursday 9h00 to 12h00 and 13h00 to 16h00

Financing: provincial

Legal status: municipal agency

OFFICE RÉGIONAL D’HABITATION DE MONTCALM

82 Principale Street, Saint-Esprit, Lanaudière, QC, J0K 2L0
450 831-2182 ext. 7027

Website: www.orhmontcalm.com

Email: info@orhmontcalm.com


Eligibility: individuals, seniors and families on a low and moderate income

Capacity: 221 units

Coverage area: MRC Montcalm

Hours: Monday to Wednesday 9h00 à 12h00 and 13h30 to 16h00

Financing: provincial

Legal status: municipal agency
TRIBUNAL ADMINISTRATIF DU LOGEMENT - JOLIETTE
430 de Lanaudière Street, Suite 160, Joliette, Lanaudière, QC, J6E 7X1
1 800 683-2245 Fax: 1 877 907-8077
Website: www.tal.gouv.qc.ca/en

Services: Specialized tribunal that the authority regarding residential lease matters. * Information to citizens about their rights and obligations relating to their lease. * Reaching agreements between landlords and tenants. * Protection of the rights of tenants. * Assistance with filling court application forms. * Online calculation tool for rent fixation: www.tal.gouv.qc.ca/fr/calcul-pour-la-fixation-de-loyer/outil-de-calcul
Eligibility: tenants, landlords
Coverage area: Joliette
Hours: Monday to Friday 8h30 to 12h00 and 13h00 to 16h30
Fees: variable
Financing: provincial
Legal status: provincial government agency

Emergency

AILES DE L'ESPOIR DE SAINT-CALIXTE (LES)
20 Alexandre Street, Saint-Calixte, Lanaudière, QC, J0K 1Z0
450 222-3923
Website: www.lesailesdelespoir.com
Email: comptabilite@lesailesdelespoir.org

Eligibility: people on a low income
Coverage area: Saint-Calixte
Hours: Monday and Tuesday 9h00 to 16h00, Thursday 9h00 to 16h00, Friday 9h00 to 12h00
Fees: annual membership: $35, food bank: $6 every two weeks, meals: free
Financing: donations
Legal status: non-profit organization

BERTHIERVILLE - CITY
588 De Montcalm Street, Berthierville, Lanaudière, QC, J0K 1A0
450 836-7035
Website: www.ville.berthierville.qc.ca
Email: info@ville.berthierville.qc.ca

Coverage area: Berthierville
Hours: Monday to Friday 9h00 to 12h00 and 13h00 to 16h30
Financing: municipal
Legal status: municipal agency

BOIS-FRANC - MUNICIPALITÉ
1673 55th Street, Saint-Côme, Lanaudière, QC, J0K 2B0
450 883-2726 Fax: 450 883-6431
Website: www.stcomelanaudiere.ca
Email: info@stcomelanaudiere.ca

Coverage area: Saint-Côme

Hours: Monday to Friday 8h30 to 12h00 and 13h00 to 16h30

Financing: municipal

Legal status: municipal agency

CHARLEMAGNE - CITY

84 du Sacré-Cœur Street, Charlemagne, Lanaudière, QC, J5Z 1W8

450 581-2541  Fax: 450 581-0597

Website: ville.charlemagne.qc.ca

Email: info@ville.charlemagne.qc.ca


Coverage area: Charlemagne

Hours: Monday to Thursday 8h30 to 12h00 and 13h00 to 17h00, Friday 8h00 to 12h00

Financing: municipal

Legal status: municipal agency

CHERTSEY - MUNICIPALITY

333 de l'Amitié Avenue, Chertsey, Lanaudière, QC, J0K 3K0

450 882-2920  Fax: 450 882-3333

Website: www.chertsey.ca

Email: general@chertsey.ca


Coverage area: Chertsey

Hours: Monday to Friday 8h00 to 16h00

Financing: municipal

Legal status: municipal agency

CRABTREE - MUNICIPALITY

111, 4e avenue, Crabtree, Lanaudière, QC, J0K 1B0

450-754-3434  Fax: 450-754-2172

Website: crabtree.quebec

Email: info@crabtree.quebec


Coverage area: Crabtree

Hours: Monday to Thursday 8h00 to 12h00 and 13h00 to 16h45, Friday 8h00 to 12h00

Financing: municipal

Legal status: municipal agency

ENTRELACS - MUNICIPALITY

2351 Entrelacs road, Entrelacs, Lanaudière, QC, J0T 2E0

450 228-2529  Fax: 450 228-4866

Website: www.entrelacs.com

Email: info@entrelacs.com
Housing


Coverage area: Joliette

Financing: municipal

Legal status: municipal agency

JOLIETTE - CITY
614 Manseau Boulevard, Joliette, Lanaudière, QC, J6E 3E4
450 753-8000
Website: www.joliette.ca
Email: info@ville.joliette.qc.ca

Services: Municipal service management. * Municipal counter: information on permits, subsidies and taxes, payment of taxes, regulations, etc. * Calendar of recyclable and garbage collections and information on waste management: citoyen.joliette.ca/horaire-des-collectes * Public safety: fire safety service.

Coverage area: Joliette

Hours: Monday to Friday 8h30 to 12h00 and 13h15 to 16h30

Financing: municipal

Legal status: municipal agency

L'ASSOMPTION - VILLE
781 du Bas-de-L'Assomption Road North, L'Assomption, Lanaudière, QC, J5W 2H1
450 589-5671     Fax: 450 589-4512
Website: www.ville.lassomption.qc.ca
Email: bureauducitoyen@ville.lassomption.qc.ca


Coverage area: L'Assomption

Hours: Monday to Wednesday 8h30 to 16h30, Thursday 8h30 to 17h30, Friday 8h30 to 12h30

Financing: municipal

Legal status: municipal agency

LANORAIE - MUNICIPALITY
57 Laroche Street, Lanoraie, Lanaudière, QC, J0K 1E0
450 887-1100
Website: www.lanoraie.ca
Email: info@lanoraie.ca


Coverage area: Lanoraie

Hours: Monday to Thursday 8h30 to 12h00 and 13h00 to 16h30, Friday 8h30 to 12h00

Financing: municipal

Legal status: municipal agency

LAVALTRE - CITY
13750 Notre-Dame Street, Lavaltrie, Lanaudière, QC, J5T 1M5
450 586-2921     Fax: 450 586-4060
Website: www.ville.lavaltrie.qc.ca
Email: mairie@ville.lavaltrie.qc.ca


Coverage area: Lavaltrie
Housing

**MANDEVILLE - MUNICIPALITY**
162 Desjardins Street, Mandeville, Lanaudière, QC, J0k 1L0  Fax: 450 835-7795
**Website:** www.mandeville.ca
**Coverage area:** Mandeville
**Financing:** municipal
**Legal status:** municipal agency

**MASCOUCHE - VILLE**
3034 Sainte-Marie Road, Mascouche, Lanaudière, QC, J7K 1P1  450 474-4133  Fax: 450 474-6401
**Website:** ville.mascouche.qc.ca
**Email:** info@ville.mascouche.qc.ca
**Coverage area:** Mascouche
**Hours:** Monday to Friday 8h15 to 12h00 and 13h15 to 16h30
**Financing:** municipal
**Legal status:** municipal agency

**NOTRE-DAME-DE-LA-MERCI - MUNICIPALITY**
1900 Montée de la Réserve, Notre-Dame-de-la-Merci, Lanaudière, QC, J0T 2A0  819 424-2113  Fax: 819 424-7347
**Website:** www.mun-ndm.ca
**Email:** info@mun-ndm.ca
**Coverage area:** Notre-Dame-de-la-Merci
**Financing:** municipal
**Legal status:** municipal agency

**NOTRE-DAME-DE-LOURDES - MUNICIPALITÉ**
4050 Principale Street, Notre-Dame-de-Lourdes, Lanaudière, QC, J0K 1K0  450 759-2277  Fax: 450 759-2055
**Website:** www.notredamedelourdes.ca
**Email:** reception@notredamedelourdes.ca
**Coverage area:** Notre-Dame-de-Lourdes
**Hours:** Monday to Friday 9h00 to 12h00 and 13h00 to 16h30
**Financing:** municipal
**Legal status:** municipal agency
NOTRE-DAME-DES-PRAIRIES - CITY
132 Antonio-Barrette Boulevard, Notre-Dame-des-Prairies, Lanaudière, QC, J6E 1E5
450 759-7741  Fax: 450 759-6255
Website: www.notredamedesprairies.com
Email: info@notredamedesprairies.com
Coverage area: Notre-Dame-Des-Prairies
Hours: Monday to Wednesday 8h30 to 12h00 and 13h00 to 16h30, Thursday 8h30 to 12h00 and 13h00 to 17h30, Friday 8h30 to 12h00
Financing: municipal
Legal status: municipal agency

OFFICE MUNICIPAL D'HABITATION DE L'ÉPIPHANIE
101 Vanier Street, L'Épiphanie, Lanaudière, QC, J5X 3A6
450 580-3137  Fax: 450 580-3138
Email: info@omhe.ca
Services: Management of housing and housing programs. * Low-rent housing (HLM).
Eligibility: seniors and families on a low or moderate income
Coverage area: L'Épiphanie
Hours: Monday 13h00 to 16h00, Tuesday to Thursday 9h00 to 12h00 and 13h00 to 16h00, Friday 9h00 to 12h00
Financing: provincial, municipal
Legal status: non-profit organization

OFFICE MUNICIPAL D'HABITATION DE LANAUDIÈRE SUD
1309 des Seigneurs Boulevard, Suite 101, Terrebonne, Lanaudière, QC, J6W 5B1
450 471-9424  Fax: 450 471-9434
Email: infosac@omhls.com
Eligibility: single individuals, seniors and families on a low and moderate income, SARL: households and single people at risk of soon becoming homeless or whose housing does not meet their needs and who are searching for new housing on the private market
Coverage area: MRC Les Moulins, MRC L'Assomption
Hours: Monday to Thursday 9h00 to 12h00 and 13h30 to 16h00
Fees: none
Financing: provincial, municipal
Legal status: non-profit organization

RAWDON - MUNICIPALITY
3647 Queen Street, Rawdon, Lanaudière, QC, J0K 1S0
450 834-2596  Fax: 450 834-3031
Website: rawdon.ca/en
Email: info@rawdon.ca
Coverage area: Rawdon
Housing

Hours: Monday to Friday 8h00 to 12h00 and 13h00 to 16h00
Financing: municipal
Legal status: municipal agency

REPENTIGNY - CITY
435 Iberville Boulevard, Repentigny, Lanaudière, QC, J6A 2B6
450 470-3000 Fax: 450 470-3082
Website: repentigny.ca
Email: communication@repentigny.ca


Coverage area: Repentigny
Hours: Monday to Wednesday 8h30 to 12h00 and 13h00 to 16h30, Thursday 8h30 to 12h00 and 13h00 to 17h30, Friday 8h00 to 12h00
Financing: municipal
Legal status: municipal agency

SAINT-ALPHONSE-RODRIGUEZ - MUNICIPALITY
101 de la Plage Street, Saint-Alphonse-Rodriguez, Lanaudière, QC, J0K 1W0
450 883-2264 Fax: 450 883-0833
Website: www.municipalite.saintalphonserodriguez.qc.ca
Email: info@munsar.ca


Coverage area: Saint-Alphonse-Rodriguez
Hours: Monday to Friday 9h00 to 12h00 and 13h00 to 16h30
Financing: municipal
Legal status: municipal agency

SAINT-AMBROISE-DE-KILDARE - MUNICIPALITY
850 Principale Street, Saint-Ambroise-de-Kildare, Lanaudière, QC, J0K 1C0
450 755-4782 Fax: 450 755-4784
Website: www.saintambroise.ca
Email: info@saintambroise.ca


Coverage area: Saint-Ambroise-De-Kildare
Hours: Monday to Thursday 8h00 to 12h00 and 13h00 to 16h00, Friday 8h00 to 12h00
Financing: municipal
Legal status: municipal agency

SAINT-CALIXTE - CITY
6230 de l'Hôtel-de-Ville Street, Saint-Calixte, Lanaudière, QC, J0K 1Z0
450 222-2782 Fax: 450 222-2789
Website: saint-calixte.ca
Email: reception@mascalixte.qc.ca

Coverage area: Saint-Calixte
Hours: Monday to Thursday 9h00 to 12h00 and 13h00 to 16h30
Financing: municipal
Legal status: municipal agency

SAINT-CHARLES-BORROMÉE - CITY
370 de la Visitation Street, Saint-Charles-Borromée, Lanaudière, QC, J6E 4P3
450 759-4415   Fax: 450 759-3393
Website: www.vivrescb.com
Email: info@vivrescb.com


Coverage area: Saint-Charles-Borromée
Hours: Monday to Thursday 8h00 to 12h00 and 13h00 to 16h45, Friday 8h00 to 12h00
Financing: municipal
Legal status: municipal agency

SAINT-DAMIEEN - MUNICIPALITY
6850 Montauban Road, Saint-Damien, Lanaudière, QC, J0K 2E0
450 835-3419   Fax: 450 835-5538
Website: www.st-damien.com
Email: infos@st-damien.com


Coverage area: Saint-Damien
Hours: Monday to Friday 8h30 to 12h00 and 13h00 to 16h30
Financing: municipal
Legal status: municipal agency

SAINT-DONAT - MUNICIPALITY
490 Principale Street, Saint-Donat, Lanaudière, QC, J0T 2C0
819 424-2383   Fax: 819 424-5020
Website: www.saint-donat.ca
Email: info@saint-donat.ca


Coverage area: Saint-Donat
Hours: Monday to Friday 8h30 to 12h00 and 13h00 to 16h30
Financing: municipal
Legal status: municipal agency

SAINT-FÉLIX-DE-VALOIS - MUNICIPALITY
600 de Joliette Road, Saint-Félix-de-Valois, Lanaudière, QC, J0K 2M0
450 889-5589
Website: st-felix-de-valois.com

Coverage area: Saint-Félix-De-Valois

Hours: Monday to Wednesday 9h00 to 12h00 and 13h00 to 16h00, Thursday 10h00 to 12h00 and 13h00 to 16h00, Friday 9h00 to 12h00 and 13h00 to 16h00

Financing: municipal

Legal status: municipal agency

SAINT-GABRIEL - MUNICIPALITÉ

45 Beausoleil Street, Saint-Gabriel, Lanaudière, QC, J0K 2N0

450 835-2212

Website: www.ville.stgabriel.qc.ca

Email: mairie@ville.stgabriel.qc.ca


Coverage area: Saint-Gabriel

Hours: Monday to Thursday 9h00 to 12h00 and 13h00 to 16h00, Friday 9h00 to 12h00

Financing: municipal

Legal status: municipal agency

SAINT-IGNACE-DE-LOYOLA - MUNICIPALITY

25 Laforest Street, Saint-Ignace-de-Loyola, Lanaudière, QC, J0K 2P0

450 836-3376 Fax: 450 836-1400

Website: www.stignacedeloyola.qc.ca

Email: info@stignacedeloyola.qc.ca


Coverage area: Saint-Ignace-de-Loyola

Hours: Monday to Friday 8h00 to 12h00 and 13h00 to 17h00

Financing: municipal

Legal status: municipal agency

SAINT-JACQUES - MUNICIPALITY

16 Maréchal Street, Saint-Jacques, Lanaudière, QC, J0K 2R0

450 839-3671 Fax: 450 839-2387

Website: www.st-jacques.org

Email: info@st-jacques.org


Coverage area: Saint-Jacques

Hours: Monday to Thursday 8h00 to 12h00 and 13h00 to 16h30, Friday 8h00 to 12h00

Financing: municipal

Legal status: municipal agency
SAINT-JEAN-DE-MATHA - MUNICIPALITY
65 Lessard Street, Saint-Jean-de-Matha, Lanaudière, QC, J0K 2S0
450 886-3867 Fax: 450 886-3398
Website: www.municipalitestjeandematha.qc.ca
Email: info@matha.ca


Coverage area: Saint-Jean-De-Matha
Hours: Monday to Thursday 9h00 to 12h00 and 13h00 to 17h00, Friday 9h00 to 12h00 and 13h to 16h00
Financing: municipal
Legal status: municipal agency

SAINT-LIGUORI - MUNICIPALITY
840 Richard Street, Saint-Liguori, Lanaudière, QC, J0K 2X0
450 753-3570 Fax: 450 753-4638
Website: www.saint-liguori.com
Email: info@saint-liguori.com


Coverage area: Saint-Liguori
Financing: municipal
Legal status: municipal agency

SAINT-LIN-LAURENTIDES - CITY
900 12th Avenue, Saint-Lin–Laurentides, Lanaudière, QC, J5M 2W2
450 439-3130 ext. 7200 Fax: 450 439-1525
Website: www.saint-lin-laurentides.com
Email: info@saint-lin-laurentides.com


Coverage area: Saint-Lin-Laurentides
Hours: Monday to Thursday 8h00 to 12h00 and 13h00 to 16h00, Friday 8h00 to 12h00
Financing: municipal
Legal status: municipal agency

SAINT-PAUL - MUNICIPALITY
10 Delangis Road, Saint-Paul, Lanaudière, QC, J0K 3E0
450 759-4040 Fax: 450 759-6396
Website: saintpaul.quebec
Email: reception@saintpaul.quebec


Coverage area: Saint-Paul
Hours: Monday to Thursday 8h00 to 12h00 and 13h00 to 16h45, Friday 8h00 to 12h00
Financing: municipal
Legal status: municipal agency
SAINT-ROCH-DE-L’ACHIGAN - MUNICIPALITY
7 du Docteur-Wilfrid-Locat Street, Saint-Roch-de-l’Achigan, Lanaudière, QC, J0K 3H0
450 588-2326     Fax: 450 588-4848
Website: www.sra.quebec
Email: reception@sra.quebec


Coverage area: Saint-Roch-De-L’achigan
Hours: Monday to Thursday 8h30 to 12h00 and 12h30 to 16h30
Financing: municipal
Legal status: municipal agency

SAINT-SULPICE - MUNICIPALITY
1089 Notre-Dame Street, Saint-Sulpice, Lanaudière, QC, J5W 1G1
450 589-4450     Fax: 450 589-9647
Website: www.municipalitesaintsulpice.com
Email: info@st-sulpice.com


Coverage area: Saint-Sulpice
Hours: Monday to Thursday 8h00 to 12h00 and 13h00 to 17h00, Friday 8h00 to 12h00
Financing: municipal
Legal status: municipal agency

SAINT-THOMAS - MUNICIPALITY
1240 Route 158, Saint-Thomas, Lanaudière, QC, J0K 3L0
450 759-3405
Website: www.saintthomas.qc.ca
Email: municipalite@saintthomas.qc.ca


Coverage area: Saint-Thomas
Hours: Monday to Friday 9h00 to 12h00 and 13h00 to 16h00
Financing: municipal
Legal status: municipal agency

SAINTE-BÉATRIX - MUNICIPALITY
861 de l’Église Street, Sainte-Béatrix, Lanaudière, QC, J0K 1Y0
450 883-2245 ext. 6221     Fax: 450 883-1772
Website: www.stebeatrix.com
Email: reception@stebeatrix.com


Coverage area: Sainte-Béatrix
Financing: municipal
Legal status: municipal agency
SAINTE-EMELIE-DE-L'ENERGIE - MUNICIPALITY
460 de la Mairie Street, Sainte-Émélie-de-l'Énergie, Lanaudière, QC, J0K 2K0
450 886-3823     Fax: 450 886-9175
Website: www.steemelie.ca
Email: info@stemelie.ca
Coverage area: Sainte-Émélie-de-l'Énergie
Financing: municipal
Legal status: municipal agency

SAINTE-GENEVIÈVE-DE-BERTHIER - MUNICIPALITÉ
400 Rang Rivière-Bayonne South, Sainte-Geneviève-de-Berthier, Lanaudière, QC, J0K 1A0
450 836-4333
Website: municipalites-du-quebec.ca/sainte-genevieve-de-berthier
Email: info@stegenevievedeberthier.ca
Coverage area: Sainte-Geneviève-de-Berthier
Hours: Monday to Thursday 8h00 to 12h00 and 12h45 to 16h00, Friday 8h30 to 12h00
Financing: municipal
Legal status: municipal agency

SAINTE-JULIENNE - MUNICIPALITY
2450 Victoria Street, Sainte-Julienne, Lanaudière, QC, J0K 2T0
450 831-2688     Fax: 450 831-4433
Website: www.sainte-julienne.com
Email: municipalite@sainte-julienne.com
Coverage area: Sainte-Julienne
Hours: Monday to Thursday 8h30 to 12h00 and 13h00 to 16h30, Friday 8h30 to 12h00
Financing: municipal
Legal status: municipal agency

SAINTE-MÉLANIE - MUNICIPALITÉ
10 Louis-Charles-Panet Street, Sainte-Mélanie, Lanaudière, QC, J0K 3A0
450 889-5871
Website: www.sainte-melanie.ca
Email: info@sainte-melanie.ca
Coverage area: Sainte-Mélanie
Hours: Monday to Friday 9h00 to 17h00
Financing: municipal
Legal status: municipal agency
TERREBONNE - CITY
775 Saint-Jean-Baptiste Street, Terrebonne, Lanaudière, QC, J6W 1B5
450 961-2001
Website: www.ville.terrebonne.qc.ca
Email: information@ville.terrebonne.qc.ca
Coverage area: Terrebonne
Hours: Monday to Thursday 8h15 to 12h00 and 13h00 to 16h30, Friday 8h30 to 12h00
Financing: municipal
Legal status: municipal agency

Housing cooperatives and corporations

ACTION-LOGEMENT LANAUDIÈRE
144 Saint-Joseph Street, Suite 213, Joliette, Lanaudière, QC, J6E 5C4
1 855 394-1778     Fax: 450 760-3586
Website: www.logementlanaudiere.org
Email: action-logementlanaudiere@live.ca
Eligibility: tenants
Coverage area: Lanaudière
Hours: by appointment
Fees: none
Financing: provincial, foundations, donations
Legal status: non-profit organization

GROUPE DE RESSOURCES TECHNIQUES HABEO
457 Laval Street, Joliette, Lanaudière, QC, J6E 5G9
450 759-8488     Fax: 450 759-2100
Website: habeo.ca
Email: info@habeo.ca
Services: Technical resource group recognized by the Société d'habitation du Québec. * Accompaniment of groups in achieving their social and community housing project. * Development of housing cooperatives or NPOs.
Eligibility: groups wishing to carry out social and community housing projects
Coverage area: Lanaudière
Hours: Monday to Friday 8h30 to 16h00
Financing: provincial
Legal status: non-profit organization

MAISONS D'À CÔTÉ DE LANAUDIÈRE (LES)
639 Henri-Châlin Street, Joliette, Lanaudière, QC, J6E 0A4
438 863-9323     Fax: 450 398-0790
Website: www.lesmaisonsdacotelanaudiere.com
Email: lmac@videotron.ca
Eligibility: people 18 to 65 years old with a physical disability
Capacity: 9 per residence
Coverage area: Lanaudière
Hours: 24 hours / 7 days
Fees: low price rent
Financing: self-financing
Legal status: non-profit organization

OFFICE D'HABITATION AU COEUR DE CHEZ NOUS
5 Robitaille Street, Saint-Thomas, Lanaudière, QC, J0K 3L0
450 750-5091
Email: direction@ohcoeur.ca

Eligibility: individuals, seniors and families on a low and moderate income
Capacity: 137 units
Coverage area: Crabtree, Notre-Dame-de-Lourdes, Saint-Ambroise-de-Kildare, Saint-Charles-Borromée, Saint-Paul, Saint-Thomas, Sainte-Mélanie
Financing: provincial
Legal status: municipal agency

OFFICE MUNICIPAL D'HABITATION DE JOLIETTE
315, rue Flamand, Joliette, Lanaudière, QC, J6E 7H7
450 759-1093     Fax: 450 759-6547
Email: omhj@videotron.ca

Eligibility: individuals, seniors and families on a low and moderate income
Capacity: 501 units
Coverage area: Joliette
Financing: provincial, municipal
Legal status: municipal agency

OFFICE MUNICIPAL D'HABITATION DE L'ÉPIPHANIE
101 Vanier Street, L'Épiphanie, Lanaudière, QC, J5X 3A6
450 580-3137     Fax: 450 580-3138
Email: info@omhe.ca

Services: Management of housing and housing programs. * Low-rent housing (HLM).
Eligibility: seniors and families on a low or moderate income
Coverage area: L'Épiphanie
Hours: Monday 13h00 to 16h00, Tuesday to Thursday 9h00 to 12h00 and 13h00 to 16h00, Friday 9h00 to 12h00
Financing: provincial, municipal
Legal status: non-profit organization

OFFICE MUNICIPAL D'HABITATION DE LANAUDIÈRE SUD
1309 des Seigneurs Boulevard, Suite 101, Terrebonne, Lanaudière, QC, J6W 5B1
450 471-9424     Fax: 450 471-9434
Email: infosac@omhls.com

Eligibility: single individuals, seniors and families on a low and moderate income, SARL: households and single people at risk of soon becoming homeless or whose housing does not meet their needs and who are searching for new housing on the private market
Coverage area: MRC Les Moulins, MRC L'Assomption
Hours: Monday to Thursday 9h00 to 12h00 and 13h30 to 16h00
Fees: none
Financing: provincial, municipal
Legal status: non-profit organization

OFFICE MUNICIPAL D'HABITATION DE MATAWINIE
3220 12th Avenue, Rawdon, Lanaudière, QC, J0K 1S0
450 834-3317
Email: info@ohmatawinie.com
Eligibility: individuals, seniors and families on a low and moderate income
Capacity: 208 units
Coverage area: MRC Matawinie
Financing: provincial
Legal status: municipal agency

OFFICE RÉGIONAL D'HABITATION DE LA MUNICIPALITÉ RÉGIONALE DE COMTÉ DE D'AUTRAY
31 d'Iberville Street, Berthierville, Lanaudière, QC, J0K 1A0
450 836-9138 Fax: 450 836-9139
Website: www.orhdedautray.com
Email: info@orhdedautray.com
Eligibility: individuals, seniors and families on a low and moderate income
Capacity: 186 units
Coverage area: MRC D’Autray
Hours: Monday to Thursday 9h00 to 12h00 and 13h00 to 16h00
Financing: provincial
Legal status: municipal agency

OFFICE RÉGIONAL D'HABITATION DE MONTCALM
82 Principale Street, Saint-Esprit, Lanaudière, QC, J0K 2L0
450 831-2182 ext. 7027
Website: www.orhmontcalm.com
Email: info@orhmontcalm.com
Eligibility: individuals, seniors and families on a low and moderate income
Capacity: 221 units
Coverage area: MRC Montcalm
Hours: Monday to Wednesday 9h00 to 12h00 and 13h30 to 16h00
Financing: provincial
Legal status: municipal agency
TRIBUNAL ADMINISTRATIF DU LOGEMENT - JOLIETTE
430 de Lanaudière Street, Suite 160, Joliette, Lanaudière, QC, J6E 7X1
1 800 683-2245     Fax: 1 877 907-8077
Website: www.tal.gouv.qc.ca/en
Services: Specialized tribunal that the authority regarding residential lease matters. * Information to citizens about their rights and obligations relating to their lease. * Reaching agreements between landlords and tenants. * Protection of the rights of tenants. * Assistance with filling court application forms. * Online calculation tool for rent fixation: www.tal.gouv.qc.ca/fr/calcul-pour-la-fixation-de-loyer/outil-de-calc
Eligibility: tenants, landlords
Coverage area: Joliette
Hours: Monday to Friday 8h30 to 12h00 and 13h00 to 16h30
Fees: variable
Financing: provincial
Legal status: provincial government agency

Housing search assistance

AILES DE L’ESPOIR DE SAINT-CALIXTE (LES)
20 Alexandre Street, Saint-Calixte, Lanaudière, QC, J0K 1Z0
450 222-3923
Website: www.lesailesdelespoir.com
Email: comptabilite@lesailesdelespoir.org
Eligibility: people on a low income
Coverage area: Saint-Calixte
Hours: Monday and Tuesday 9h00 to 16h00, Thursday 9h00 to 16h00, Friday 9h00 to 12h00
Fees: annual membership: $35, food bank: $6 every two weeks, meals: free
Financing: donations
Legal status: non-profit organization

CENTRE D’AMITIÉ AUTOCHTONE DE LANAUDIÈRE
523 Sainte-Anne Boulevard, Joliette, Lanaudière, QC, J6E 5A3
450 760-3865     Fax: 450 760-9923
Website: www.caalanaudiere.ca
Email: info@caalanaudiere.ca
Eligibility: native people of all ages
Coverage area: Joliette
Hours: Monday to Friday 9h00 to 16h00
Fees: none
Financing: federal, provincial, self-financing, donations, grants, foundations
Legal status: non-profit organization
Housing

COOPÉRATIVE D'INITIATION À L'ENTREPRENEURIAT COLLECTIF - L'ASSOMPTION
379 Dorval Street, L'Assomption, Lanaudière, QC, J5W 1A1
450 705-4811
Website: www.cqcm.coop/microsites/coop-dinitiation-a-lentrepreneuriat-collectif
Email: team.coop@hotmail.com
Services: Youth entrepreneurship projects. * Services vary depending on each cooperative: housekeeping, childcare, lawn mowing, moving assistance, etc.
Eligibility: services offered to the general public by youth in high school
Coverage area: L'Assomption
Hours: summer
Fees: variable
Financing: provincial, self-financing
Legal status: cooperative

COOPÉRATIVE D'INITIATION À L'ENTREPRENEURIAT COLLECTIF - TERREBONNE
640 Langlois Street, Suite 3, Terrebonne, Lanaudière, QC, J6W 4P3
450 492-0088
Website: www.cqcm.coop/microsites/coop-dinitiation-a-lentrepreneuriat-collectif
Email: herosduboulot@cjemoulins.org
Services: Youth entrepreneurship projects. * Services vary depending on each cooperative: housekeeping, childcare, lawn mowing, moving assistance, etc.
Eligibility: services offered to the general public by youth in high school
Coverage area: Terrebonne, La Plaine, Lachenaie, Mascouche, Bois-des-Filion
Hours: summer
Fees: variable
Financing: provincial, self-financing
Legal status: cooperative

HABITAT JEUNESSE - MASCOUCHE
2973 Sainte-Marie Road, Mascouche, Lanaudière, QC, J7K 1N8
450 474-4938
Website: habitatjeunesse.com
Email: habitatjeunesse@videotron.ca
Eligibility: people 18 years and over living with a mental health issue, housing: people 18 to 30 years old living with a mental health issue, housing research component: people 18 years old and over living with a mental health issue
Coverage area: Lanaudière
Hours: 24 hours / 7 days
Fees: housing: $275 per month
Financing: grants
Legal status: non-profit organization

MAISONS D’À CÔTÉ DE LANAUDIÈRE (LES)
639 Henri-Châlin Street, Joliette, Lanaudière, QC, J6E 0A4
438 863-9323 Fax: 450 398-0790
Website: www.lesmaisonsdacotelanaudiere.com
Email: lmac@videotron.ca
Eligibility: people 18 to 65 years old with a physical disability
Capacity: 9 per residence
Coverage area: Lanaudière
Hours: 24 hours / 7 days
Fees: low price rent
Financing: self-financing
Legal status: non-profit organization

OFFICE MUNICIPAL D'HABITATION DE L'ÉPIPHANIE
101 Vanier Street, L’Épiphanie, Lanaudière, QC, J5X 3A6
450 580-3137 Fax: 450 580-3138
Email: info@omhe.ca
Services: Management of housing and housing programs. * Low-rent housing (HLM).
Eligibility: seniors and families on a low or moderate income
Coverage area: L’Épiphanie
Hours: Monday 13h00 to 16h00, Tuesday to Thursday 9h00 to 12h00 and 13h00 to 16h00, Friday 9h00 to 12h00
Financing: provincial, municipal
Legal status: non-profit organization

OFFICE MUNICIPAL D'HABITATION DE LANAUDIÈRE SUD
1309 des Seigneurs Boulevard, Suite 101, Terrebonne, Lanaudière, QC, J6W 5B1
450 471-9424 Fax: 450 471-9434
Email: infosac@omhls.com
Eligibility: single individuals, seniors and families on a low and moderate income, SARL: households and single people at risk of soon becoming homeless or whose housing does not meet their needs and who are searching for new housing on the private market
Coverage area: MRC Les Moulins, MRC L’Assomption
Hours: Monday to Thursday 9h00 to 12h00 and 13h30 to 16h00
Fees: none
Financing: provincial, municipal
Legal status: non-profit organization

Social housing and housing cooperatives

COOPÉRATIVE DE SOLIDARITÉ HAVRE DU PETIT VILLAGE
177 Lacombe Boulevard, Repentigny, Lanaudière, QC, J5Z 3C4
450 721-2667 Fax: 450 932-4115
Website: www.havredupetitvillage.com
Email: info@havredupetitvillage.com
Eligibility: senior people over 65 years old or couple if one of the partner is over 65 years old, priority is granted to residents of Repentigny or people having family in the city
Capacity: 100 apartements: 3 ½, 4 ½
Coverage area: Repentigny
Hours: Monday to Friday 9h00 to 16h00
Fees: without financial assistance: $1253 per month for 1 person and $1563 per month for a couple in a 4 ½, 5 lunch meals and continental breakfast on week-ends and cable included

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HABITATIONS CINÉ DES COEURS
87 du Sacré-Coeur Street, Charlemagne, Lanaudière, QC, J5Z 1W9
450 932-3030     Fax: 450 704-3663

Services: Subsidized and non-subsidized housing for seniors, families, young parents and single mothers with children under 5 years old. * Apartments 3½, 4½ and 5½.
Eligibility: people 60 years and over, autonomous, young parents and single mothers under 35 years old with children under 5 years old
Capacity: 18 apartments, 14 are subsidized
Coverage area: MRC L'Assomption, MRC Les Moulins
Hours: Monday to Wednesday 9h30 to 12h00 and 13h30 to 16h30
Fees: subsidized housing: 25% of income
Financing: provincial
Legal status: non-profit organization

MAISON COOPÉRATIVE DE LAVALTRIE (LA)
4 du Phare Place, Lavaltrie, Lanaudière, QC, J5T 1C4
450 586-2686
Email: maisongerardlavallee@videotron.ca

Eligibility: people over 55 years old who are autonomous and on a low or modest income
Coverage area: Lavaltrie
Hours: office: Tuesday to Friday 7h30 to 12h30
Fees: rent includes: municipal and school taxes, electricity (heating, hot water and lighting), cable television and a reserved parking spot, registration fees: $10, cost of shares obtained when becoming a member: $200 for 20 shares of $10
Financing: self-financing
Legal status: cooperative

OFFICE D'HABITATION AU COEUR DE CHEZ NOUS
5 Robitaille Street, Saint-Thomas, Lanaudière, QC, J0K 3L0
450 750-5091
Email: direction@ohcoeur.ca

Eligibility: individuals, seniors and families on a low and moderate income
Capacity: 137 units
Coverage area: Crabtree, Notre-Dame-de-Lourdes, Saint-Ambroise-de-Kildare, Saint-Charles-Borromée, Saint-Paul, Saint-Thomas, Sainte-Mélanie
Financing: provincial
Legal status: municipal agency

OFFICE MUNICIPAL D'HABITATION DE JOLIETTE
315, rue Flamand, Joliette, Lanaudière, QC, J6E 7H7
450 759-1093     Fax: 450 759-6547
Email: omhj@videotron.ca

**Eligibility:** individuals, seniors and families on a low and moderate income  
**Capacity:** 501 units  
**Coverage area:** Joliette  
**Financing:** provincial, municipal  
**Legal status:** municipal agency

**OFFICE MUNICIPAL D'HABITATION DE L'ÉPIPHANIE**

101 Vanier Street, L'Épiphanie, Lanaudière, QC, J5X 3A6  
450 580-3137  Fax: 450 580-3138  
Email: info@omhe.ca  

**Services:** Management of housing and housing programs. * Low-rent housing (HLM).  
**Eligibility:** seniors and families on a low or moderate income  
**Coverage area:** L'Épiphanie  
**Hours:** Monday 13h00 to 16h00, Tuesday to Thursday 9h00 to 12h00 and 13h00 to 16h00, Friday 9h00 to 12h00  
**Financing:** provincial, municipal  
**Legal status:** non-profit organization

**OFFICE MUNICIPAL D'HABITATION DE LANAUDIÈRE SUD**

1309 des Seigneurs Boulevard, Suite 101, Terrebonne, Lanaudière, QC, J6W 5B1  
450 471-9424  Fax: 450 471-9434  
Email: infosac@omhls.com  

**Services:** Management and administration of housing and housing programs. * Low-rent housing (HLM).  
**Eligibility:** single individuals, seniors and families on a low and moderate income, SARL: households and single people at risk of soon becoming homeless or whose housing does not meet their needs and who are searching for new housing on the private market  
**Coverage area:** MRC Les Moulins, MRC L'Assomption  
**Hours:** Monday to Thursday 9h00 to 12h00 and 13h30 to 16h00  
**Fees:** none  
**Financing:** provincial, municipal  
**Legal status:** non-profit organization

**OFFICE MUNICIPAL D'HABITATION DE MATAWINIE**

3220 12th Avenue, Rawdon, Lanaudière, QC, J0K 1S0  
450 834-3317  
Email: info@ohmatawinie.com  

**Services:** Management and administration of housing and housing programs. * Low income housing (HLM).  
**Eligibility:** individuals, seniors and families on a low and moderate income  
**Capacity:** 208 units  
**Coverage area:** MRC Matawinie  
**Financing:** provincial  
**Legal status:** municipal agency
OFFICE RÉGIONAL D'HABITATION DE LA MUNICIPALITÉ RÉGIONALE DE COMTÉ DE D'AUTRAY

31 d'Iberville Street, Berthierville, Lanaudière, QC, J0K 1A0
450 836-9138    Fax: 450 836-9139
Website: www.orhdedautray.com
Email: info@orhdedautray.com

Eligibility: individuals, seniors and families on a low and moderate income
Capacity: 186 units
Coverage area: MRC D'Autray
Hours: Monday to Thursday 9h00 to 12h00 and 13h00 to 16h00
Financing: provincial
Legal status: municipal agency

OFFICE RÉGIONAL D'HABITATION DE MONTCALM

82 Principale Street, Saint-Esprit, Lanaudière, QC, J0K 2L0
450 831-2182 ext. 7027
Website: www.orhmontcalm.com
Email: info@orhmontcalm.com

Eligibility: individuals, seniors and families on a low and moderate income
Capacity: 221 units
Coverage area: MRC Montcalm
Hours: Monday to Wednesday 9h00 à 12h00 and 13h30 to 16h00
Financing: provincial
Legal status: municipal agency

RÉSIDENCES DU MÉANDRE - HABITATIONS DU CHAMPBOISÉ

885 Pierre-LeSueur Boulevard, L'Assomption, Lanaudière, QC, J5W 2N5
450 589-0075
Email: jrobillard@residencesdumeandre.com

Services: Subsidized and non-subsidized housing. * 3½, 4½, 5½ and 6½ apartments. * Adapted housing for people with reduced mobility.
Eligibility: families and individuals under 60 years old
Capacity: 50 apartments, 25 are subsidized
Coverage area: MRC L'Assomption
Fees: subsidized housing: 25% of income
Financing: municipal, provincial
Legal status: non-profit organization
Immigration and cultural communities

FRENCH COURSES

INTERPRETATION AND TRANSLATION

MULTICULTURAL ORGANIZATIONS

PREVENTION AND FIGHT AGAINST RACISM

RECOGNITION OF PRIOR LEARNING AND DIPLOMAS

SETTLEMENT SERVICES FOR NEWCOMERS
French courses

AU BORD DES MOTS
171 Saint-Antoine Street North, Lavaltrie, Lanaudière, QC, J5T 2G6
450 586-0820
Website: www.auborddesmots.com
Email: auborddesmots@gmail.com


Eligibility: illiterate or low-literate people of all ages
Coverage area: Lanoraie, Lavaltrie, Saint-Sulpice

Fees: variable
Financing: provincial, donations
Legal status: non-profit organization

CENTRE DE SERVICES SCOLAIRES DES AFFLUENTS
80 Jean-Baptiste-Meilleur Street, Repentigny, Lanaudière, QC, J6A 6C5
450 492-9400 Fax: 450 492-3720
Website: cssda.gouv.qc.ca
Email: info@cssda.gouv.qc.ca

Services: French School Board gathering elementary, high and specialized schools. * Vocational training and adult education. * Welcoming, referral, guidance and accompaniment (SARCA). * Vocational and general training centers. * High school equivalency test (TENS): assessment of the knowledge of adults who don't have a high school diploma in order to obtain a certificate of educational equivalence (AENS) that facilitates access to certain jobs and vocational training. * Recognition of prior learning and skills (RAC). * Services for companies. * Francization services for newcomers. * School transportation coordination.

Coverage area: MRC L'Assomption, MRC Les Moulins
Hours: Monday to Friday 8h30 to 12h00 and 13h00 to 16h30

Legal status: parapublic organization

CENTRE L'AVENIR
508 Masson Street, Terrebonne, Lanaudière, QC, J6W 2Z3
450 492-3737 ext. 2881 Fax: 450 471-5521
Website: www.centrelavenir.ca
Email: centre.lavenir@cssda.gouv.qc.ca


Eligibility: francization: allophone immigrants, other services: people 16 years old and over
Coverage area: MRC L'Assomption, Terrebonne
Hours: Monday to Thursday 8h00 to 16h00 and 18h00 to 20h30, Friday 8h00 to 15h00

Financing: provincial

Legal status: parapublic organization

CENTRE LA CROISÉE
777 Iberville Boulevard, C Wing, Repentigny, Lanaudière, QC, J5Y 1A2
450 492-3799 ext. 3785 Fax: 450 492-3759
Website: www.centrelacroisee.com
Email: centrelacroisee@csda.ca

Eligibility: francization: allophone immigrants, other services: people 16 years old and over

Coverage area: MRC L'Assomption

Hours: Monday to Thursday 7h30 to 16h30 and 17h30 to 20h30, Friday 7h30 to 15h30

Financing: provincial

Legal status: parapublic organization

SERVICE D'AIDE À LA FAMILLE IMMIGRANTE DE LA MRC DE L'ASSOMPTION

555 Lacombe Boulevard, Suite 227, Repentigny, Lanaudière, QC, J5Z 3B5

1 844 507-2683

Website: safima.ca

Email: info@safima.ca


Eligibility: immigrant families

Coverage area: MRC L'Assomption

Hours: Monday to Friday 8h30 to 12h30 and 13h30 to 16h30

Fees: none

Financing: provincial

Legal status: non-profit organization

UNIVERS DES MOTS

547 Leclerc Street, Suite 200, Repentigny, Lanaudière, QC, J6A 8B4

438 476-3339

Website: univers-des-mots.ca

Email: info@univers-des-mots.ca


Eligibility: people 16 years old and over

Coverage area: MRC L'Assomption

Hours: Monday to Thursday 9h00 to 16h00, Friday 9h00 to 12h00

Fees: membership card: $10 per year

Financing: provincial

Legal status: non-profit organization

Interpretation and translation

ACCUEIL MULTIETHNIQUE ET INTÉGRATION DES NOUVEAUX ARRIVANTS À TERREBONNE ET MASCOUCHE

500 des Seigneurs Boulevard, Suite 002, basement, Terrebonne, Lanaudière, QC, J6W 1T3

450 492-7989 Fax: 450 492-1303

Website: www.aminate.qc.ca

Email: reception@aminate.qc.ca

Eligibility: newcomers and immigrants
Coverage area: Terrebonne, Mascouche
Hours: Monday to Friday 8h30 to 16h30
Fees: none
Financing: federal, provincial, municipal
Legal status: non-profit organization

ENGLISH COMMUNITY ORGANIZATION OF LANAUDIÈRE
3657 Queen Street, Rawdon, Lanaudière, QC, J0K 1S0
450 834-2268
Website: www.ecol-lanaudiere.org
Email: ecollanaudiere@hotmail.com

Services: Support and promote the well-being of the English-speaking community. * Information and referral. * Outreach services and support for seniors: referral, health and legal information, friendly visits and calls, etc. * Community activities related to health, social service, culture, employment, etc. * Employment support: information, referral, translation and interpretation. * Wellness Centre: day centre for seniors. * Informal interpretation services. * Bursary program for students in health or social services.

Eligibility: residents, health professionals, students, employment support: people seeking employment, employment agencies
Coverage area: Lanaudière
Hours: Monday to Friday 9h00 to 16h00
Fees: membership: $5 per year
Financing: federal, provincial, municipal
Legal status: non-profit organization

REGIONAL COMMITTEE OF EDUCATION FOR INTERNATIONAL DEVELOPMENT
101 Dugas Street, Joliette, Lanaudière, QC, J6E 4G7
450 756-0011 ext. 200 Fax: 450 759-0489
Website: www.credil.qc.ca/english.html
Email: info@credil.qc.ca

Services: * Reception and settlement of newcomers and refugees. * Interpreting service in person or by phone. * Educating the public about international solidarity. * Implementation of projects and internships in developing countries.

Eligibility: immigrants and refugees
Coverage area: Lanaudière
Hours: Monday to Friday 9h00 to 17h00
Financing: provincial
Legal status: non-profit organization

Multicultural organizations

ACCUEIL MULTIETHNIQUE ET INTÉGRATION DES NOUVEAUX ARRIVANTS À TERREBONNE ET MASCOUCHE
500 des Seigneurs Boulevard, Suite 002, basement, Terrebonne, Lanaudière, QC, J6W 1T3
450 492-7989 Fax: 450 492-1303
Website: www.aminat.qc.ca
Email: reception@aminat.qc.ca


Eligibility: newcomers and immigrants
Coverage area: Terrebonne, Mascouche
ASSOCIATION QUÉBEC-FRANCE - LANAUDIÈRE

Confidential Address
Website: www.quebecfrancelanaudiere.org
Email: president@quebecfrancelanaudiere.org


Eligibility: Francophiles, French language defenders
Coverage area: Lanaudière
Fees: annual membership: $30 individual, $55 couple, $60 organization
Financing: membership fees
Legal status: non-profit organization

CENTRE COMMUNAUTAIRE ESSALAM

2685 Sainte-Marie Road, Suite L, Mascouche, Lanaudière, QC, J7K 1M8
438 396-6648
Website: www.essalam.ca
Email: contact@essalam.ca

Services: Exchange, meeting and socialization place. * Cultural, social, sports and educational activities. * On-site recovery of non-perishable food and clothing and redistribution of donations to partner community organizations.

Eligibility: people from the muslim community
Capacity: 100
Coverage area: MRC Les Moulins
Hours: variable
Fees: none
Financing: donations
Legal status: non-profit organization

CENTRE D’AMITIÉ AUTOCHTONE DE LANAUDIÈRE

523 Sainte-Anne Boulevard, Joliette, Lanaudière, QC, J6E 5A3
450 760-3865 Fax: 450 760-9923
Website: www.caalanaudiere.ca
Email: info@caalanaudiere.ca


Eligibility: native people of all ages
Coverage area: Joliette
Hours: Monday to Friday 9h00 to 16h00
Fees: none
Financing: federal, provincial, self-financing, donations, grants, foundations
Legal status: non-profit organization
CENTRE D'INTERPRÉTATION MULTIETHNIQUE DE RAWDON
3588 Metcalfe Street, Rawdon, Lanaudière, QC, J0K 1S0
450 834-3334
Website: www.cimrawdon.info
Email: cathalmarlow@yahoo.ca
Services: * Promotion of the different cultural communities present in Rawdon. * Exhibitions of arts and crafts from different countries. * Conferences and workshops. * Concerts and shows.
Eligibility: members of cultural communities established in Rawdon
Coverage area: Rawdon
Financing: donations
Legal status: Select Legal Status

MON AFRIQUE À LANAUDIÈRE
Confidential Address
418 571-0289
Email: monalanaudiere@gmail.com
Eligibility: children, teenagers, seniors, general public
Coverage area: Lanaudière
Hours: variable
Fees: membership card: $20, supporting membership card: starting at $50
Financing: self-financing, municipal
Legal status: non-profit organization

SERVICE D'AIDE À LA FAMILLE IMMIGRANTE DE LA MRC DE L'ASSOMPTION
555 Lacombe Boulevard, Suite 227, Repentigny, Lanaudière, QC, J5Z 3B5
1 844 507-2683
Website: safima.ca
Email: info@safima.ca
Eligibility: immigrant families
Coverage area: MRC L'Assomption
Hours: Monday to Friday 8h30 to 12h30 and 13h30 to 16h30
Fees: none
Financing: provincial
Legal status: non-profit organization

Prevention and fight against racism

ENGLISH COMMUNITY ORGANIZATION OF LANAUDIÈRE
3657 Queen Street, Rawdon, Lanaudière, QC, J0K 1S0
450 834-2268
Website: www.ecol-lanaudiere.org
Email: ecolannaudiere@hotmail.com
Services: Support and promote the well-being of the English-speaking community. * Information and referral. * Outreach services and support for seniors: referral, health and legal information, friendly visits and calls, etc. * Community activities related to health, social service, culture, employment, etc. * Employment support: information, referral, translation and interpretation. * Wellness Centre: day centre for seniors. * Informal interpretation services. * Bursary program for students in health or social services.

Eligibility: residents, health professionals, students, employment support: people seeking employment, employment agencies

Coverage area: Lanaudière

Hours: Monday to Friday 9h00 to 16h00

Fees: membership: $5 per year

Financing: federal, provincial, municipal

Legal status: non-profit organization

Recognition of prior learning and diplomas

SERVICE CANADA CENTRE - REPENTIGNY
667 Notre-Dame Street, Suite 200, Repentigny, Lanaudière, QC, J6A 2W5
1 800 622-6232 TTY: 1 800 926-9105
Website: www.servicecanada.gc.ca/tbsc-fsco/sc-dsp.jsp?lang=eng&rc=2420


Coverage area: Repentigny

Hours: Monday to Friday 8h30 to 16h00

Financing: federal

Legal status: federal government agency

SERVICE CANADA CENTRE - TERREBONNE
835 Montée Masson, Terrebonne, Lanaudière, QC, J6W 2C7
1 800 622-6232 TTY: 1 800 926-9105
Website: www.servicecanada.gc.ca/tbsc-fsco/sc-dsp.jsp?lang=eng&rc=2362


Coverage area: Terrebonne

Hours: Monday to Friday 8h30 to 12h00 and 12h45 to 16h00

Financing: federal

Legal status: federal government agency
Settlement services for newcomers

ACCUEIL MULTIETHNIQUE ET INTÉGRATION DES NOUVEAUX ARRIVANTS À TERREBONNE ET MASCOUCHE

500 des Seigneurs Boulevard, Suite 002, basement, Terrebonne, Lanaudière, QC, J6W 1T3
450 492-7989    Fax: 450 492-1303
Website: www.aminate.qc.ca
Email: reception@aminate.qc.ca


Eligibility: newcomers and immigrants

Coverage area: Terrebonne, Mascouche

Hours: Monday to Friday 8h30 to 16h30

Fees: none

Financing: federal, provincial, municipal

Legal status: non-profit organization

ACTION FAMILLE LANORAIE - TAX CLINIC

42 Louis-Joseph-Doucet Street, Lanoraie, Lanaudière, QC, J0K 1E0
450 887-2624    Fax: 450 887-1475
Website: www.actionfamillelanoraie.org
Email: actfamlanoraie@qc.aira.com

Services: Tax clinic by appointment

Eligibility: persons, parents and families on a low income

Coverage area: Lanoraie, Lavaltrie

Hours: March 8 to 31, Monday to Friday de 7h00 to 12h00 and 13h00 to 18h00

Fees: none

Financing: municipal, autofinancement, donations, provincial

Legal status: non-profit organization

ACTION FAMILLE LAVALTRIE

1725 Notre-Dame Street, Lavaltrie, Lanaudière, QC, J5T 1S2
450 586-0733    Fax: 450 586-6652
Website: www.actionfamillelavaltrie.org
Email: actionfamillelavaltrieinc@bellnet.ca


Eligibility: Expérience Loisirs program: people, parents and families on a low income, daycare: children 18 month to 5 years old, welcoming and support program for immigrants: immigrants, room rental: members

Coverage area: Lavaltrie, welcoming and support program for immigrants: MRC D'Autray

Hours: Monday to Friday 9h00 to 16h00, daycare: Wednesday to Friday 9h00 to 16h00

Fees: membership: $12 per year, workshops: variable, daycare: $12 per day, $8 per day for the second child and the other children or $3 per hour, Expérience Loisirs program: free, room rental: $50 deposit, $100 for 4 hours, $120 for 6 hours, $200 for the day

Financing: Centraide Lanaudière, municipal, provincial, contributions, self-financing, fundraising campaigns, donations

Legal status: non-profit organization
AU BORD DES MOTS
171 Saint-Antoine Street North, Lavaltrie, Lanaudière, QC, J5T 2G6
450 586-0820
Website: www.auborddesmots.com
Email: auborddesmots@gmail.com
Eligibility: illiterate or low-literate people of all ages
Coverage area: Lanoraie, Lavaltrie, Saint-Sulpice
Fees: variable
Financing: provincial, donations
Legal status: non-profit organization

CARREFOUR JEUNESSE-EMPLOI DE MONTCALM
2417 Victoria Street, Sainte-Julienne, Lanaudière, QC, J0K 2T0
450 831-3930
Website: www.cjemontcalm.qc.ca
Email: courrier@cjemontcalm.qc.ca
Eligibility: people 15 to 35 years of age, youth 15 to 19 years of age at risk of dropping out of school or who have dropped out less than 6 months ago
Coverage area: MRC Montcalm
Hours: Monday to Thursday 8h00 to 16h30, Friday 8h00 to 13h00
Fees: none
Financing: provincial, federal, grant
Legal status: non-profit organization

CENTRE D’ACTION BÉNÉVOLE MRC L’ASSOMPTION - TAX CLINIC
50 Thouin Street, Suite 108, Repentigny, Lanaudière, QC, J6A 4J4
450 581-5033     Fax: 450 581-5470
Website: www.servicebenevole.com/page-vierge-9
Email: sbccommunications@bellnet.ca
Services: Tax clinic by appointment and at-home. * From March 1st to April 30th: by appointment. * Rest of the year: go directly on site.
Eligibility: people on a low income, seniors, immigrants
Coverage area: MRC L’Assomption
Hours: Monday to Thursday 8h00 to 16h30, Friday 8h00 to 13h00, March 1st to April 30th: by appointment
Fees: free
Financing: Centraide Lanaudière, provincial
Legal status: non-profit organization

CENTRE DE SERVICES SCOLAIRES DES AFFLUENTS
80 Jean-Baptiste-Meilleur Street, Repentigny, Lanaudière, QC, J6A 6C5
450 492-9400     Fax: 450 492-3720
Website: cssda.gouv.qc.ca
Email: info@cssda.gouv.qc.ca

Immigration and cultural communities
Services: French School Board gathering elementary, high and specialized schools. * Vocational training and adult education. * Welcoming, referral, guidance and accompaniment (SARCA). * Vocational and general training centers. * High school equivalency test (TENS): assessment of the knowledge of adults who don't have a high school diploma in order to obtain a certificate of educational equivalence (AENS) that facilitates access to certain jobs and vocational training. * Recognition of prior learning and skills (RAC). * Services for companies. * Francization services for newcomers. * School transportation coordination.

Coverage area: MRC L'Assomption, MRC Les Moulins
Hours: Monday to Friday 8h30 to 12h00 and 13h00 to 16h30
Legal status: parapublic organization

CENTRE L'AVENIR
508 Masson Street, Terrebonne, Lanaudière, QC, J6W 2Z3
450 492-3737 ext. 2881     Fax: 450 471-5521
Website: www.centrelavenir.ca
Email: centre.lavenir@cssda.gouv.qc.ca


Eligibility: francization: allophone immigrants, other services: people 16 years old and over
Coverage area: MRC L'Assomption, Terrebonne
Hours: Monday to Thursday 8h00 to 16h00 and 18h00 to 20h30, Friday 8h00 to 15h00
Financing: provincial
Legal status: parapublic organization

CENTRE LA CROISÉE
777 Iberville Boulevard, C Wing, Repentigny, Lanaudière, QC, J5Y 1A2
450 492-3799 ext. 3785     Fax: 450 492-3759
Website: www.centrelacroisee.com
Email: centrelacroisee@csda.ca


Eligibility: francization: allophone immigrants, other services: people 16 years old and over
Coverage area: MRC L'Assomption
Hours: Monday to Thursday 7h30 to 16h30 and 17h30 to 20h30, Friday 7h30 to 15h30
Financing: provincial
Legal status: parapublic organization

PERSPECTIVES NOUVELLES - JOLIETTE
245 Papineau Street, Joliette, Lanaudière, QC, J6E 2K8
1 855 755-3244     Fax: 450 755-3758
Website: www.laclef-perspectives.com
Email: info@laclef-perspectives.com

Services: Employability services. * Individual and group assistance: counselling, CV, job search and interview techniques, skills transfer. * Vocational guidance. * Globe: introduction to the job market, support, individual or group assistance for a better use of job search tools.

Eligibility: people 35 years and over who are looking for a job, welfare or employment insurance recipients or without public income support, Globe service: immigrant people with permanent residency, citizenship or refugee status
Coverage area: Lanaudière
Hours: Monday to Friday 8h30 to 16h30
Financing: provincial  
Legal status: non-profit organization

PERSPECTIVES NOUVELLES - REPENTIGNY
50 Thouin Street, Suite 229, Repentigny, Lanaudière, QC, J6A 2Z6  
450 755-3244 ext. 115  
Website: www.laclef-perspectives.com  
Email: info@laclef-perspectives.com  
Services: * GLOBE: job search program for immigrant people with group workshops and individual assistance.  
          * Personalized services upon request.  
Eligibility: immigrant people seeking a job with a permanent resident, a refugee or a Canadian citizen status,  
or with a work permit according to the recommendations of an Emploi Québec agent  
Coverage area: Lanaudière  
Hours: Monday to Friday 9h30 to 17h30 and by appointment  
Fees: none  
Financing: donations, provincial  
Legal status: non-profit organization

PERSPECTIVES NOUVELLES - SAINTE-JULIENNE
2484 Cartier Street, Sainte-Julienne, Lanaudière, QC, J0K 2T0  
450 399-0898  
Website: www.laclef-perspectives.com  
Email: info@laclef-perspectives.com  
Services: * GLOBE: job search program for immigrant people with group workshops and individual accompaniment.  
          * Personalized services upon request.  
Eligibility: immigrant people searching for a job with a permanent resident, a refugee or a Canadian citizen status  
Coverage area: Lanaudière  
Hours: Monday to Friday 8h30 to 16h30 and by appointment  
Fees: none  
Financing: provincial  
Legal status: non-profit organization

PERSPECTIVES NOUVELLES - TERREBONNE
500 des Seigneurs Boulevard, Suite 2, Terrebonne, Lanaudière, QC, J6W 1T3  
450 312-0300  
Website: www.laclef-perspectives.com  
Email: info@laclef-perspectives.com  
Services: * GLOBE: job search program for immigrant people with group workshops and individual accompaniment.  
          * Personalized services upon request.  
Eligibility: immigrant people seeking a job with a permanent resident, a refugee or a Canadian citizen status,  
or with a work permit according to the recommendations of an Emploi Québec agent  
Coverage area: Lanaudière  
Hours: Monday to Friday 8h30 to 16h30 and by appointment  
Fees: none  
Financing: provincial  
Legal status: non-profit organization

REGIONAL COMMITTEE OF EDUCATION FOR INTERNATIONAL DEVELOPMENT
101 Dugas Street, Joliette, Lanaudière, QC, J6E 4G7  
450 756-0011 ext. 200  
Fax: 450 759-0489  
Website: www.credil.qc.ca/english.html  
Email: info@credil.qc.ca
Immigration and cultural communities

**Services:** * Reception and settlement of newcomers and refugees. * Interpreting service in person or by phone. * Educating the public about international solidarity. * Implementation of projects and internships in developing countries.

**Eligibility:** immigrants and refugees

**Coverage area:** Lanaudière

**Hours:** Monday to Friday 9h00 to 17h00

**Financing:** provincial

**Legal status:** non-profit organization

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**SERVICE D’AIDE À LA FAMILLE IMMIGRANTE DE LA MRC DE L’ASSOMPTION**

555 Lacombe Boulevard, Suite 227, Repentigny, Lanaudière, QC, J5Z 3B5

1 844 507-2683

**Website:** safima.ca

**Email:** info@safima.ca

**Services:** Reception and assistance for newly arrived immigrant families. * Information, training and referral. * Support in procedures. * Accompaniment and steps to break isolation. * Adapted and personalized intervention. * Francization and social activities.

**Eligibility:** immigrant families

**Coverage area:** MRC L'Assomption

**Hours:** Monday to Friday 8h30 to 12h30 and 13h30 to 16h30

**Fees:** none

**Financing:** provincial

**Legal status:** non-profit organization

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**UNIVERS DES MOTS**

547 Leclerc Street, Suite 200, Repentigny, Lanaudière, QC, J6A 8B4

438 476-3339

**Website:** univers-des-mots.ca

**Email:** info@univers-des-mots.ca


**Eligibility:** people 16 years old and over

**Coverage area:** MRC L'Assomption

**Hours:** Monday to Thursday 9h00 to 16h00, Friday 9h00 to 12h00

**Fees:** membership card: $10 per year

**Financing:** provincial

**Legal status:** non-profit organization
Indigenous Peoples

COMMUNITY SUPPORT

EMPLOYMENT

GOVERNMENT SERVICES

HEALTH AND SOCIAL SERVICES

HOUSING
Community Support

CENTRE D'AMITIÉ AUTOCHTONE DE LANAUDIÈRE
523 Sainte-Anne Boulevard, Joliette, Lanaudière, QC, J6E 5A3
450 760-3865 Fax: 450 760-9923
Website: www.caalanaudiere.ca
Email: info@caalanaudiere.ca


Eligibility: native people of all ages
Coverage area: Joliette
Hours: Monday to Friday 9h00 to 16h00
Fees: none
Financing: federal, provincial, self-financing, donations, grants, foundations
Legal status: non-profit organization

Employment

CARREFOUR JEUNESSE-EMPLOI MATAWINIE
105 Principale Street, Saint-Jean-de-Matha, Lanaudière, QC, J0K 2S0
450 886-9220 Fax: 450 886-5765
Website: cjematawinie.qc.ca
Email: info@cjematawinie.qc.ca


Eligibility: people 15 to 35 years old
Coverage area: Manawan, Saint-Zénon, Saint-Damien, Saint-Félix-de-Valois, Saint-Jean-de-Matha, Saint-Michel-des-Saints, Sainte-Béatrix, Sainte-Émélie-de-l'Énergie
Hours: Monday to Thursday 8h30 to 12h00 and 13h00 to 16h30, Friday 8h30 to 12h00 and 12h30 to 16h30, Wednesday evening by appointment
Fees: none
Financing: provincial, federal, grants
Legal status: non-profit organization

CENTRE LE DIAPASON
1731 Maple Street, Mascouche, Lanaudière, QC, J7L 2K9
450 477-6201
Website: www.centrelediapason.com
Email: centrelediapason@videotron.ca


Eligibility: youth in difficulty 14 to 18 years old willing to receive help
Capacity: 2 months or less: 9 places, for 16 to 18 years old only
Covered area: Lanaudière
Hours: 24 hours / 7 days
Fees: voluntary contribution from parents
Financing: provincial, donations
Legal status: non-profit organization

CENTRE RÉSIDENTIEL COMMUNAUTAIRE JOLIETTE-LANAUDIÈRE
785 Manseau Boulevard, Joliette, Lanaudière, QC, J6E 3G1
450 752-0556  Fax: 450 752-0824
Website: www.crcjoliette.ca
Email: stremblay@crcjoliette.ca
counselling. * Various specialized programs. * Community and compensatory work assistance. * Prevention and
awareness.
Eligibility: judicialized men 18 years and over on a correctional measure with follow-up
Capacity: 21 residents
Coverage area: Lanaudière
Hours: 24 hours / 7 days
Fees: accommodation expenses: variable according to income
Financing: self-financing, provincial, federal
Legal status: non-profit organization

Government services

CENTRE LOCAL D'EMPLOI DE BERTHIERVILLE
90 du Marché Place, Berthierville, Lanaudière, QC, J0K 1A0
1 800 461-6261  Fax: 450 836-1029
Website: www.mtess.gouv.qc.ca/services-a-la-clientele/centre-local-emploi
Services: Accompaniment services regarding job market integration process and last-resort financial
assistance. * Info-emploi counter: job bank that can be consulted on site. * Job search assistance: redaction of
resume and preparation to interview. * Multiservices room: access to phone, fax, computers and printing
machines. * Workplace learning program. * Training programs aiming professional skills development for
enterprises and specific client group: students, women, youth, young mothers, older workers, disabled people,
immigrants or visible minorities. * Administration of oath. * Business assistance: advices and financial support in
human resources management. * Last-resort financial and social assistance for people with severe or
temporary restrictions on employment or occupational disabilities. * Last-resort financial and social assistance. *
Services related to the Registre foncier.
Eligibility: job seekers, including people who have particular difficulties entering the labour market, individual
and families receiving the governmental last-resort assistance or on a low income, employers and companies,
people 16 years and over coping with a long term occupational disability (physical or mental health, physical or
intellectual disabilities)
Coverage area: Berthierville
Hours: Monday, Tuesday, Thursday and Friday 8h30 to 12h00 and 13h00 to 16h30, Wednesday 10h00 to
12h00 and 13h00 to 16h30
Financing: provincial
Legal status: provincial government agency

CENTRE LOCAL D'EMPLOI DE SAINT-JEAN-DE-MATHA
941 Louis-Cyr Road, Saint-Jean-de-Matha, Lanaudière, QC, J0K 2S0
1 888 872-0048  Fax: 450 886-1838
Website: www.mtess.gouv.qc.ca/services-a-la-clientele/centre-local-emploi
Services: Accompaniment services regarding job market integration process and last-resort financial assistance. * Info-emploi counter: job bank that can be consulted on site. * Job search assistance: redaction of resume and preparation to interview. * Multiservices room: access to phone, fax, computers and printing machines. * Workplace learning program. * Training programs aiming professional skills development for enterprises and specific client group: students, women, youth, young mothers, older workers, disabled people, immigrants or visible minorities. * Business assistance: advices and financial support in human resources management. * Last-resort financial and social assistance for people with severe or temporary restrictions on employment or occupational disabilities.

Eligibility: job seekers, including people who have particular difficulties entering the labour market, individual and families receiving the governmental last-resort assistance or on a low income, employers and companies, people 16 years and over coping with a long term occupational disability (physical or mental health, physical or intellectual disabilities)

Coverage area: Saint-Jean-de-Matha

Hours: Monday, Tuesday, Thursday and Friday 8h30 to 12h00 and 13h00 to 16h30, Wednesday 10h00 to 12h00 and 13h00 to 16h30

Financing: provincial

Legal status: provincial government agency

CENTRE LOCAL D’EMPLOI DE SAINTE-JULIENNE
2495 Cartier Street, Sainte-Julienne, Lanaudière, QC, J0K 2T0
450 831-4222  Fax: 450 831-8439
Website: www.mtess.gouv.qc.ca/services-a-la-clientele/centre-local-emploi


Eligibility: job seekers, including people who have particular difficulties entering the labour market, individual and families receiving the governmental last-resort assistance or on a low income, employers and companies, people 16 years and over coping with a long term occupational disability (physical or mental health, physical or intellectual disabilities)

Coverage area: Sainte-Julienne

Hours: Monday, Tuesday, Thursday and Friday 8h30 to 12h00 and 13h00 to 16h30, Wednesday 10h00 to 12h00 and 13h00 to 16h30

Financing: provincial

Legal status: provincial government agency

COMMISSION DE LA SANTÉ ET DE LA SÉCURITÉ DU TRAVAIL DU QUÉBEC - LANAUDIÈRE
432 De Lanaudière Street, Joliette, Lanaudière, QC, J6E 7N2
1 844 838-0808  Fax: 1 855 722-8081?
Website: www.cnesst.gouv.qc.ca/en

Services: * Support for workers and employers in their efforts to eliminate hazards in their workplace. * Inspection of workplaces. * Promotion of occupational health and safety. * Compensation for workers who suffered an occupational injury. * Rehabilitation of workers who, because of an occupational injury, suffered a permanent impairment of physical or mental integrity.

Eligibility: employers and workers

Coverage area: Lanaudière

Hours: Monday to Friday 8h30 to 12h00 and 13h00 to 16h30, except holidays

Financing: membership fees, self-financing

Legal status: provincial government agency
COMMISSION DES NORMES DU TRAVAIL - LANAUDIÈRE
1679 Gascon Road, Terrebonne, Lanaudière, QC, J6X 3Z6
1 844 838-0808
Website: www.cnesst.gouv.qc.ca/en

Services: * Information on labor standards and the obligations stipulated by the law and regulations. * Registration of complaints. * Mediation for employees or employers involved in a complaint of psychological harassment, wrongful dismissal or prohibited practice.
Eligibility: public, employers, employees
Coverage area: Lanaudière
Hours: office: by appointment for investigation and mediation
Financing: provincial
Legal status: provincial government agency

CONSEIL DES ATIKAMEKW DE MANAWAN
135, Kicik Street, Manawan, Lanaudière, QC, J0K 1M0
819 971-8813     Fax: 819 971-8848
Website: www.manawan.com
Email: conseil@manawan.com

Coverage area: Manawan
Hours: Monday to Friday 8h00 to 12h00 and 13h00 to 17h00
Financing: federal
Legal status: municipal agency

SERVICE CANADA CENTRE - REPENTIGNY
667 Notre-Dame Street, Suite 200, Repentigny, Lanaudière, QC, J6A 2W5
1 800 622-6232      TTY: 1 800 926-9105
Website: www.servicecanada.gc.ca/tbsc-fsco/sc-dsp.jsp?lang=eng&rc=2420

Coverage area: Repentigny
Hours: Monday to Friday 8h30 to 16h00
Financing: federal
Legal status: federal government agency

SERVICE CANADA CENTRE - TERREBONNE
835 Montée Masson, Terrebonne, Lanaudière, QC, J6W 2C7
1 800 622-6232      TTY: 1 800 926-9105
Website: www.servicecanada.gc.ca/tbsc-fsco/sc-dsp.jsp?lang=eng&rc=2362

Coverage area: Terrebonne
Hours: Monday to Friday 8h30 to 12h00 and 12h45 to 16h00
Financing: federal
Legal status: federal government agency

SERVICES QUÉBEC - DIRECTION RÉGIONALE DE LANAUDIÈRE
40 Gauthier Street South, Suite 2000, Joliette, Lanaudière, QC, J6E 4J4
450 752-6888 Fax: 450 755-1926
Website: www.mtess.gouv.qc.ca/services-a-la-clientele/directions-regionales/index_en.asp


Eligibility: job seekers, including people who have particular difficulties entering the labour market, individual and families receiving the governmental last-resort assistance or on a low income, employers and companies, people 16 years old and over coping with a long term occupational disability (physical or mental health, physical or intellectual disabilities), sponsored immigrants on or awaiting welfare and their sponsors

Coverage area: Lanaudière
Hours: Monday to Friday 8h00 to 12h00 and 13h00 to 16h30
Financing: provincial
Legal status: provincial government agency

SERVICES QUÉBEC - JOLIETTE
409 Notre-Dame Street, Joliette, Lanaudière, QC, J6E 3H5
1 800 463-5434 Fax: 450 752-6865
Website: www.mtess.gouv.qc.ca/services-a-la-clientele/centre-local-emploi


Eligibility: job seekers, including people who have particular difficulties entering the labour market, individual and families receiving the governmental last-resort assistance or on a low income, employers and companies, people 16 years and over coping with a long term occupational disability (physical or mental health, physical or intellectual disabilities)

Coverage area: Joliette
SERVICES QUÉBEC - RAWDON
3486 Queen Street, Rawdon, Lanaudière, QC, J0K 1S0
1 877 502-4128 Fax: 450 834-1272
Website: www.mtess.gouv.qc.ca/services-a-la-clientele/centre-local-emploi


Eligibility: job seekers, including people who have particular difficulties entering the labour market, individual and families receiving the governmental last-resort assistance or on a low income, employers and companies, people 16 years and over coping with a long term occupational disability (physical or mental health, physical or intellectual disabilities)

Coverage area: Rawdon

Hours:
Monday, Tuesday, Thursday and Friday 8h30 to 12h00 and 13h00 to 16h30, Wednesday 10h00 to 12h00 and 13h00 to 16h30

Financing: provincial

Legal status: provincial government agency

SERVICES QUÉBEC - REPENTIGNY
155 Notre-Dame Street, Suite 25, Repentigny, Lanaudière, QC, J6A 5L3
450 585-6640 Fax: 450 582-4996
Website: www.localisateur.servicesquebec.gouv.qc.ca/en


Eligibility: job seekers, including people who have particular difficulties entering the labour market, individual and families receiving the governmental last-resort assistance or on a low income, employers and companies, people 16 years and over coping with a long term occupational disability (physical or mental health, physical or intellectual disabilities)

Coverage area: Repentigny

Hours: Monday to Friday 8h30 to 12h00 and 13h00 to 16h30

Financing: provincial

Legal status: provincial government agency
SERVICES QUÉBEC - TERREBONNE
1590 Gascon Road, Terrebonne, Lanaudière, QC, J6X 3A2
450 471-3666  Fax: 450 964-9196
Website: www.localisateur.servicesquebec.gouv.qc.ca/en

Services: Accompaniment services regarding job market integration process and last-resort financial assistance. * Info-emploi counter: job bank that can be consulted on site. * Job search assistance: redaction of resume and preparation to interview. * Multiservices room: access to phone, fax, computers and printing machines. * Workplace learning program. * Training programs aiming professional skills development for enterprises and specific client group: students, women, youth, young mothers, older workers, disabled people, immigrants or visible minorities. * Business assistance: advices and financial support in human resources management. * Last-resort financial and social assistance for people with severe or temporary restrictions on employment or occupational disabilities. * Administration of oaths. Eligibility: job seekers, including people who have particular difficulties entering the labour market, individual and families receiving the governmental last-resort assistance or on a low income, employers and companies, people 16 years and over coping with a long term occupational disability (physical or mental health, physical or intellectual disabilities)

Coverage area: Terrebonne, Mascouche
Hours: Monday to Friday 8h30 to 12h00 and 13h00 to 16h30
Financing: provincial
Legal status: provincial government agency

Health and social services

CENTRE DE SANTÉ MASKO-SIWIN
280 Wapistan Street, Manawan, Lanaudière, QC, J0K 1M0
819 971-8818
Website: www.manawan.com/sante_mission


Eligibility: Atikamekw of Manawan
Coverage area: Manawan
Hours: regular hours: Monday to Friday 8h00 to 16h30
Financing: municipal, provincial, federal
Legal status: parapublic organization

CENTRE MIHAWOSO - CENTRE DE PÉDIATRIE SOCIALE DE MANAWAN
450-B Otapi Street, Manawan, Lanaudière, QC, J0K 1M0
819 971-8852
Website: fondationdrjulien.org/centres/centre-mihawoso
Email: centremihawoso@gmail.com


Eligibility: children and teenagers of the Atikamekw community of Manawan and their familie
Coverage area: Manawan
Hours: Monday to Friday 8h00 to 16h30
Financing: municipal, federal, provincial, donations
Legal status: non-profit organization
CLINIQUE DE PROXIMITÉ MIRERIMOWIN
523 Sainte-Anne Boulevard, Joliette, Lanaudière, QC, J6E 5A3
450 760-3865 ext. 106     Fax: 450 760-9923
Website: caalanaudiere.ca
Email: intervention@caalanaudiere.ca

Services: Clinic based on a cultural and reassuring approach. * General care and medical follow-up by a nurse or doctor. * Accompaniment in collaboration with social workers from the Lanaudière Native Friendship Centre. * Referral to other health services as needed.

Eligibility: Atikamekw who do not have access to a family doctor
Coverage area: Joliette
Hours: nurse: Tuesdays, doctor: 2-3 times a month
Fees: none
Financing: federal, provincial, self-financing, donations, grants, foundations
Legal status: non-profit organization

Housing

CENTRE D’AMITIÉ AUTOCHTONE DE LANAUDIÈRE
523 Sainte-Anne Boulevard, Joliette, Lanaudière, QC, J6E 5A3
450 760-3865     Fax: 450 760-9923
Website: www.caalanaudiere.ca
Email: info@caalanaudiere.ca


Eligibility: native people of all ages
Coverage area: Joliette
Hours: Monday to Friday 9h00 to 16h00
Fees: none
Financing: federal, provincial, self-financing, donations, grants, foundations
Legal status: non-profit organization
Justice and Advocacy

ADVOCACY GROUPS

CONSUMER PROTECTION AND COMPLAINTS

CORRECTIONAL SERVICES

COURTHOUSES AND TRIBUNALS

LEGAL ASSISTANCE AND INFORMATION

PROFESSIONAL ORDERS AND ASSOCIATIONS

SUPPORT FOR OFFENDERS
Advocacy groups

ACTION DIGNITÉ LANAUDIÈRE
144 Saint-Joseph Street, Joliette, Lanaudière, QC, J6E 5C4
450 756-1155  Fax: 450 760-3586
Email: info@actiondignite.com


Eligibility: people with lower education and people on a low income

Coverage area: Lanaudière

Hours: Monday to Friday 9h00 to 12h00 and 13h00 to 16h00

Fees: annual membership: $5

Financing: donations

Legal status: non-profit organization

ACTION POPULAIRE DES MOULINS
2500 Mascouche Boulevard, Suite 225, Mascouche, Lanaudière, QC, J7K 0H5
450 477-8985
Website: agenda-apm.blogspot.com
Email: info@actionpopulaire.org


Eligibility: people on a low income or in a situation of poverty and social exclusion, including people receiving welfare or social solidarity, supporters interested in transformation and social justice, community workers

Coverage area: MRC Les Moulins and surroundings

Hours: information and individual assistance by phone: Monday to Friday, variable hours, leave a message, individual assistance in person: Monday to Friday, variable hours, by appointment, other activities: variable schedule, information available on Facebook or on the website

Fees: none

Financing: provincial, Centraide Lanaudière, fundraising campaigns, donations

Legal status: non-profit organization

ACTION-LOGEMENT LANAUDIÈRE
144 Saint-Joseph Street, Suite 213, Joliette, Lanaudière, QC, J6E 5C4
1 855 394-1778  Fax: 450 760-3586
Website: www.logementlanaudiere.org
Email: action-logementlanaudiere@live.ca


Eligibility: tenants

Coverage area: Lanaudière

Hours: by appointment

Fees: none

Financing: provincial, foundations, donations

Legal status: non-profit organization
AMIS DE LA DÉFICIENCE INTELLECTUELLE, RIVE-NORD (LES)
50 Thouin Street, Suite 225, Repentigny, Lanaudière, QC, J6A 4J4
450 585-3632 Fax: 450 585-3633
Website: www.lesamisdeladi.org
Email: info@lesamisdeladi.org
Eligibility: men and women living with an intellectual disability, their close ones
Coverage area: MRC L'Assomption
Hours: office: Monday to Thursday 9h00 to 16h00, Friday 9h00 to 12h00, summer: closed on Friday, activities: 7 days, variable
Fees: annual membership: $15
Financing: Centraide Lanaudière, municipal, provincial, self-financing
Legal status: non-profit organization

ASSOCIATION COOPÉRATIVE D'ÉCONOMIE FAMILIALE DE LANAUDIÈRE
200 de Salaberry Street, Suite 124, Joliette, Lanaudière, QC, J6E 4G1
450 756-1333 Fax: 450 759-8749
Website: aceflanaudiere.ca
Email: info@aceflanaudiere.ca
Eligibility: adults, Desjardins Mutual Aid Fund loan: people experiencing financial difficulties, people facing occasional emergency expenses
Coverage area: Lanaudière
Hours: Monday to Friday 9h00 to 16h30
Fees: workshops: variable
Financing: provincial
Legal status: cooperative

ASSOCIATION COOPÉRATIVE D'ÉCONOMIE FAMILIALE DE LANAUDIÈRE - MASCOUCHE SERVICE POINT
2500 Mascouche Boulevard, Suite 212, Mascouche, Lanaudière, QC, J7K 0H5
1 866 414-1333
Website: aceflanaudiere.ca
Email: info@aceflanaudiere.ca
Eligibility: adults
Coverage area: MRC Les Moulins
Hours: by appointment only
Fees: workshops: variable
Financing: provincial
Legal status: cooperative

ASSOCIATION COOPÉRATIVE D'ÉCONOMIE FAMILIALE DE LANAUDIÈRE - REPENTIGNY SERVICE POINT
547 Leclerc Street, Repentigny, Lanaudière, QC, J6A 8B4
1 866 414-1333
Website: aceflanaudiere.ca
Email: info@aceflanaudiere.ca
Justice and Advocacy


Eligibility: adults

Coverage area: MRC L'Assomption

Hours: by appointment only

Fees: workshops: variable

Financing: provincial

Legal status: cooperative

ASSOCIATION DE PARENTS D'ENFANT TRISOMIQUE-21 LANAUDIÈRE (L')

245 des Anglais Road, Mascouche, Lanaudière, QC, J7L 3P3
450 477-4116   Fax: 450 477-3534
Website: www.apetl.org
Email: info@apetl.org


Eligibility: people living with Down syndrome, their family, pediatric physiotherapy: children 0 to 5 years old

Coverage area: Lanaudière

Hours: Monday to Thursday 8h00 to 16h00

Fees: annual membership: $25

Financing: membership fees, donations, grants

Legal status: non-profit organization

ASSOCIATION DES DEVENUS SOURDS ET MALENTENDANTS DU QUÉBEC - SECTEUR MRC DE L'ASSOMPTION ET DES MOULINS

50 Thouin Street, Suite 232, Lions pavilion, Repentigny, Lanaudière, QC, J6A 4J4
450 657-8500
Website: www.adsmqam.org
Email: adsmqam@gmail.com


Eligibility: people who became deaf or hard of hearing

Coverage area: MRC L'Assomption, MRC Les Moulins

Hours: Monday to Thursday 9h00 to 16h30, by appointment

Fees: annual membership: $20

Financing: provincial, Centraide of Greater Montréal, membership fees

Legal status: non-profit organization

ASSOCIATION DES PERSONNES HANDICAPÉES DE BRANDON

1111, Mont Lanaudière Road, Saint-Gabriel, Lanaudière, QC, J0K 2N0
450 835-9313
Email: aphbrandon@outlook.com


Eligibility: people living with physical disabilities

Coverage area: Brandon

Hours: see planning with the association
ASSOCIATION DES PERSONNES HANDICAPÉES DE MATAWINIE
4046 Queen Street, Rawdon, Lanaudière, QC, J0K 1S0
450 834-5434 Fax: 450 834-3013
Website: aphm.org
Email: administration@aphm.org
Eligibility: people living with a disability, their close ones
Coverage area: MRC Matawinie, Saint-Calixte, Sainte-Julienne
Hours: Monday to Thursday 8h30 to 12h00 and 13h00 to 16h30, Friday 8h30 to 12h00 and 12h30 to 16h00
Fees: yearly membership: $10 for active or associate members, $40 for support members
Financing: grants, contributions
Legal status: non-profit organization

ASSOCIATION DES PERSONNES HANDICAPÉES DU SECTEUR BERTIER
588 Montcalm Street, Suite 213, Berthierville, Lanaudière, QC, J0K 1A0
450 836-6877 Fax: 450 836-3984
Website: www.aphsb.org
Email: aphpsb6877@bellnet.ca
Eligibility: people living with a disability and their close ones
Coverage area: south of the MRC D'Autray
Hours: Monday 8h30 to 12h00, Tuesday to Friday 8h30 to 12h00 and 13h00 to 16h30
Fees: membership card: $20 for 2 years, minimal contribution for activities
Financing: grants, contributions, donations, fundraising campaigns
Legal status: non-profit organization

ASSOCIATION DES PERSONNES HANDICAPÉES PHYSIQUES ET SENSORIELLES SECTEUR JOLIETTE
200 de Salaberry Street, Suite 134, Joliette, Lanaudière, QC, J6E 4G1
450 759-3322 Fax: 450 759-8749
Website: www.aphpssj.com
Email: info@aphpssj.com
Eligibility: people living with a disability and their close ones
Coverage area: MRC Joliette
Hours: Monday to Thursday 8h00 to 12h00 and 12h30 to 16h30
Fees: membership card: $10
Financing: grants, contributions
Legal status: non-profit organization

ASSOCIATION DES PERSONNES HANDICAPÉES PHYSIQUES RIVE-NORD
50 Thouin Street, Suite 113, Repentigny, Lanaudière, QC, J6A 4J4
450 654-8279 Fax: 450 581-6885
Email: aphprn1@hotmail.com
Justice and Advocacy


Eligibility: people living with one or several physical disabilities (motor, visual, hearing or invisible disability), their family, volunteers

Coverage area: MRC L'Assomption, MRC Les Moulins

Hours: Monday to Friday 8h00 to 12h00 and 13h00 to 16h00

Fees: annual membership, fees for some activities

Financing: donations, provincial

Legal status: non-profit organization

ASSOCIATION DES PERSONNES HANDICAPÉES VISUELLES DE LANAUDIÈRE

2500 Mascouche Boulevard, Suite 118, Mascouche, Lanaudière, QC, J7K 0H5

1 888 477-8174

Website: www.aphvsl.com

Email: info@aphvsl.com


Eligibility: people living with a visual impairment, their close ones

Coverage area: Lanaudière

Hours: Monday to Friday 9h00 to 16h00, by appointment

Fees: annual membership: $10

Financing: provincial

Legal status: non-profit organization

ASSOCIATION DES SOURDS DE LANAUDIÈRE

200 De Salaberry Street, Suite 312, Joliette, Lanaudière, QC, J6E 4G1

450 752-1426     Fax: 1 866 845-4350     TTY: 450 752-1426

Website: www.asljoliette.org

Email: direction@asljoliette.org


Eligibility: deaf and hearing impaired people

Coverage area: Lanaudière

Hours: Monday to Friday 8h30 to 16h30

Fees: annual membership: $20 per individual, $30 per couple, $17 per individual 55 years old and over, $25 per couple 55 years old and over, $15 per student, $25 per association

Financing: provincial, Centraide Lanaudière, membership fees

Legal status: non-profit organization

ASSOCIATION DES TRAVAILLEURS ET TRAVAILLEUSES ACCIDENTÉS DU MATAWIN

313 Saint-Jacques Street, Saint-Michel-des-Saints, Lanaudière, QC, J0K 3B0

450 833-1507

Email: attam@bellnet.ca


Eligibility: workers victims of work related accidents or occupational diseases

Coverage area: MRC Matawinie

Hours: Monday to Friday 9h00 to 16h00

Fees: member: $5 per year

Financing: donations, provincial, Centraide Lanaudière

Legal status: non-profit organization
ASSOCIATION DES TRAVAILLEURS, TRAVAILLEUSES ACCIDENTÉS DE JOLI-MONT
4046 Queen Street, Rawdon, Lanaudière, QC, J0K 1S0
450 834-1220 Fax: 450 834-1240
Website: attaj.ca
Email: info@attaj.ca
Eligibility: workers victims of work related accidents or occupational diseases
Coverage area: Lanaudière
Hours: Monday to Thursday 8h00 to 16h00, Friday 8h00 to 13h00
Fees: none
Financing: donations, provincial, Centraide Lanaudière
Legal status: non-profit organization

ASSOCIATION FÉMINISTE D’ÉDUCATION ET D’ACTION SOCIALE - LANAUDIÈRE
412 1st Avenue, Suite 1, Crabtree, Lanaudière, QC, J0K 1B0
450 754-1119 Fax: 450 754-1119
Website: www.afeas.qc.ca
Email: afeasregionlanau@videotron.ca
Eligibility: women 16 years old and over
Coverage area: Lanaudière
Hours: Monday and Thursday 9h00 to 16h00
Fees: annual membership: $35
Financing: contributions, grants, provincial
Legal status: non-profit organization

ASSOCIATION QUÉBÉCOISE DE DÉFENSE DES DROITS DES PERSONNES RETRAITÉES ET PRÉRETRAITÉES - BRANDON SECTION
30 Saint-Gabriel Street, Suite 310, Saint-Gabriel, Lanaudière, QC, J0K 2N0
450 835-4707 ext. 3499 Fax: 450 835-7217
Website: www.aqdr.org/brandon
Email: aqdrbrandon.des@gmail.com
Eligibility: retired and pre-retired people
Coverage area: Saint-Gabriel, Sainte-Émélie-de-l'Énergie, Sainte-Mélanie
Hours: Monday to Friday 8h00 to 16h00
Fees: annual membership: $20
Financing: grants, membership fees, fundraising campaigns
Legal status: non-profit organization

ASSOCIATION QUÉBÉCOISE DE DÉFENSE DES DROITS DES PERSONNES RETRAITÉES ET PRÉRETRAITÉES - L’ASSOMPTION
50 Thouin Street, Suite 241, Repentigny, Lanaudière, QC, J6A 4J4
450 704-2776
Website: www.aqdr.org/section/lassomption
Email: aqdrlassomption@hotmail.com
Services: Advocacy for seniors to improve their living conditions on matters such as income, housing, home care, transportation and health. * Monthly conferences. * Personalized accompaniment service. * References to partners (community, municipal and government organizations as well as professionals such as lawyers, notaries, etc.). * Journal: three publications per year. * Legal referral service. * Vulnerable people identification service. * Annual brunch and fundraising campaign.

Eligibility: retired and preretired people

Coverage area: MRC L’Assomption

Hours: Monday to Thursday 9h00 to 12h00 and 13h30 to 16h00, Friday 9h00 to 16h00, by appointment

Fees: annual membership: $20

Financing: grants, membership fees, fundraising campaigns

Legal status: non-profit organization

ASSOCIATION QUÉBÉCOISE DE DÉFENSE DES DROITS DES PERSONNES RETRAITÉES ET PRÉRETRAITÉES - SECTION DES MOULINS

2500 Mascouche Boulevard, Suite 115, Mascouche, Lanaudière, QC, J7K 0H5

450 918-3520    Fax: 450 966-2814

Website: www.aqdr.org/section/des-moulins

Email: administration@aqdrdesmoulins.org

Services: Advocacy for seniors to improve their living conditions on matters such as income, housing, home care, transportation and health. * ARRA project: support in the reporting process of abuse, listening, referral to appropriate resources, conferences, group workshops. * SÉCUR+OR: at-home visits by police officers and firefighters seeking to promote a safe living environment. * Outreach work initiative for seniors living in a vulnerable situation (ITMAV).

Eligibility: seniors, retired or preretired people, SÉCUR+OR: seniors 65 years old and over

Coverage area: MRC Les Moulins

Hours: Monday to Friday 9h00 to 12h00 and 13h00 to 16h00

Fees: annual membership: $15, activities: variable, AARA and SÉCUR+OR: none

Financing: provincial, grants

Legal status: non-profit organization

ASSOCIATION QUÉBÉCOISE DE DÉFENSE DES DROITS DES PERSONNES RETRAITÉES ET PRÉRETRAITÉES - TROISIÈME ÂGE CHERTSEY

562 de l’Église Road, Chertsey, Lanaudière, QC, J0K 3K0

450 898-2241

Website: www.aqdr.org/section/troisieme-age-chertsey

Email: aqdr.tac@gmail.com

Services: Advocacy for seniors to improve their living conditions regarding income, housing, home services, transportation and health. * Conferences, workshops and training. * Personalized accompaniment service. * Referrals to partners (community, municipal and government organizations as well as professionals such as lawyers, notaries, etc.). * Monthly newspaper and newsletter. * Representation with political authorities.

Eligibility: retired and pre-retired people

Coverage area: MRC Matawinie, MRC Montcalm

Fees: annual membership: $15

Financing: grants, membership fees, fundraising campaigns

Legal status: non-profit organization

ASSOCIATION SCLÉROSE EN PLAQUES DE LANAUDIÈRE

200 Salaberry Street, Suite 307, Joliette, Lanaudière, QC, J6E 4G1

450 753-5545

Website: www.asepl.org

Email: asepl@intermonde.net

Eligibility: people living with multiple sclerosis, their close ones
Coverage area: Lanaudière
Hours: Monday to Friday 8h30 to 12h00 and 13h00 to 16h30
Fees: free
Financing: provincial, fundraising campaigns, donations
Legal status: non-profit organization

BONNE ÉTOILE JOLIETTE (LA)
517 Archambault Street, Joliette, Lanaudière, QC, J6E 2W6
450 759-8853
Website: www.la-bonne-etoile.org
Email: labonneetoile@videotron.ca
Eligibility: people over 16 years old with a mental health problem
Coverage area: Joliette and surroundings
Hours: Monday to Friday 10h00 to 16h00
Fees: none
Financing: provincial
Legal status: non-profit organization

CENTRE D’AIDE ET DE LUTTE CONTRE LES AGRESSIONS À CARACTÈRE SEXUEL - LA CHRYSLADE
Confidential Address
1 866 964-7888    Fax: 450 964-2221
Website: calacschalchrysalide.ca
Email: info@calacschalchrysalide.ca
Eligibility: women and female teenagers aged 14 years and over who have lived a sexual assault or sexual exploitation, their close ones, parents, community, institutional and school field workers
Coverage area: MRC L’Assomption, MRC Les Moulins, South of MRC Montcalm
Hours: Monday to Friday 8h30 to 17h00, possibilities in the evening
Fees: free
Financing: provincial
Legal status: non-profit organization

CENTRE D’ASSISTANCE ET D’ACCOMPAGNEMENT AUX PLAINTES - LANAUDIÈRE
490 Saint-Charles-Borromée Street North, Joliette, Lanaudière, QC, J6E 4R7
1 800 882-5622    Fax: 450 759-5678
Website: www.caaplanauddiere.com/en
Email: caaplanauddiere@qc.aira.com
Services: Assistance and accompaniment for people who wish to file a complaint regarding services that they have had or should have received in the health and social services network. * Public establishments: CLSC, hospitals, residential and extended care centres, youth centres, rehabilitation centres. * Intermediate resources: chartered or self-financed private residences, family resources. * Community organizations in the health and social services sector, or operating a function or activities for the ASSS: pre-hospital emergency services, ambulance services. * Information and assistance to tenants of private residences for seniors (RPA) to formulate a complaint and accompaniment in the complaint process.
Eligibility: health and social services network users, tenants in private seniors’ residences
Coverage area: Lanaudière
Hours: Monday to Friday 8h30 to 12h00 and 13h00 to 16h30
Fees: none
Financing: provincial
Legal status: non-profit organization

CENTRE DE F.A.M. DES MOULINS
502 Langlois Street, Terrebonne, Lanaudière, QC, J6W 4C3
450 964-5827   Fax: 450 964-5826
Website: www.centrefamdesmoulins.com
Email: centrefam@videotron.ca
Eligibility: women
Coverage area: MRC Les Moulins
Hours: Monday, Wednesday and Thursday 9h00 to 16h00, Tuesday 13h00 to 16h00
Financing: provincial
Legal status: non-profit organization

CENTRE INTÉGRÉ DE SANTÉ ET DE SERVICES SOCIAUX DE LANAUDIÈRE - COMMISSAIRE AUX PLAINTES ET À LA QUALITÉ DES SERVICES
260 Lavaltrie Street South, Joliette, Lanaudière, QC, J6E 5X7
1 800 229-1152 ext. 2133   Fax: 450 756-0598
Website: www.cisss-lanaudiere.gouv.qc.ca/votre-cisss/insatisfactions-et-plaintes/commissaire-aux-plaintes
Email: plaintes.cissslan@ssss.gouv.qc.ca
Services: Responsible of enforcing the users’ rights. * Reception and analysis of complaints. * Makes recommendations to the establishment and to the executive board about the improvement of the quality and security of the provided services.
Coverage area: Lanaudière
Financing: provincial
Legal status: parapublic organization

CENTRE MIHAWOSO - CENTRE DE PÉDIATRIE SOCIALE DE MANAWAN
450-B Otapi Street, Manawan, Lanaudière, QC, J0K 1M0
819 971-8852
Website: fondationdrjulien.org/centres/centre-mihawoso
Email: centremihawoso@gmail.com
Eligibility: children and teenagers of the Atikamekw community of Manawan and their familie
Coverage area: Manawan
Hours: Monday to Friday 8h00 to 16h30
Financing: municipal, federal, provincial, donations
Legal status: non-profit organization

COMITÉ DES USAGERS CHAMPLAIN-DU-CHÂTEAU
1231 Docteur Olivier Marie Gendron Street, Berthierville, Lanaudière, QC, J0K 1A0
450 836-6241   Fax: 450 836-4013
Website: www.groupechamplain.qc.ca/clients-et-proches/comite-dusagers
Justice and Advocacy

**Services:** Users committee. * Information on the rights and obligations of users. * Advocacy. * Assistance in the proceedings when making a complaint.

**Eligibility:** users of the centre d'hébergement Champlain-du-Château and their close ones

**Coverage area:** Lanaudière

**Financing:** provincial

**Legal status:** parapublic organization

**COMITÉ DES USAGERS CHSLD HEATHER**
3931 Lakeshore Drive, Rawdon, Lanaudière, QC, J0K 1S0
450 834-3070 ext. 3015
Website: chheather.com/residents-et-familles/comite-de-residents
Email: comitedesresidents@groupesantearbec.com

**Services:** Users committee. * Information on the rights and obligations of users. * Advocacy. * Assistance in the proceedings when making a complaint.

**Eligibility:** CHSLD Heather services users

**Coverage area:** Lanaudière

**Financing:** provincial

**Legal status:** parapublic organization

**COMITÉ DES USAGERS DES CENTRES DE PROTECTION DE L'ENFANCE ET DE LA JEUNESSE DE LANAUDIÈRE**
260 Lavaltrie Street South, Joliette, Lanaudière, QC, J6E 5X7
1 800 229-1152 ext. 2933
Website: www.cisss-lanaudiere.gouv.qc.ca/votre-cisss/comites-des-usagers
Email: 14cj.comite.usagers@ssss.gouv.qc.ca

**Services:** Users committee. * Information on the rights and obligations of users. * Advocacy. * Assistance in the proceedings when making a complaint.

**Eligibility:** users of child and youth protection centres

**Coverage area:** Lanaudière

**Financing:** provincial

**Legal status:** parapublic organization

**COMITÉ DES USAGERS DES CENTRES DE RÉADAPTATION EN DÉFICIENCE INTELLECTUELLE ET TROUBLE DU SPECTRE DE L'AUTISME (MYRIADE) ET COMITÉ DES USAGERS DES CENTRES DE RÉADAPTATION EN DÉFICIENCE PHYSIQUE (BOUCLIER)**
1075 Firestone Boulevard, Suite 1000, Joliette, Lanaudière, QC, J6E 6X6
1 866 252-9600 ext. 2000
Website: www.cisss-lanaudiere.gouv.qc.ca/votre-cisss/comites-des-usagers/#c8812
Email: usagers.ditsadp.cissslan@ssss.gouv.qc.ca

**Services:** Users committee. * Information on the rights and obligations of users. * Advocacy. * Assistance in the proceedings when making a complaint.

**Eligibility:** users of the rehabilitation centres le Bouclier and la Myriade

**Coverage area:** Lanaudière

**Financing:** provincial

**Legal status:** parapublic organization

**COMITÉ DES USAGERS DES PROGRAMMES EN DÉFICIENCE INTELLECTUELLE ET TROUBLE DU SPECTRE DE L'AUTISME**
1075 Firestone Boulevard, Suite 1000, Joliette, Lanaudière, QC, J6E 6X6
450 755-2741 ext. 2000
Email: usagers.ditsadp.cissslan@ssss.gouv.qc.ca

**Services:** Users committee. * Information on the rights and obligations of users. * Promotion of improvement of quality and assessment of satisfaction. * Advocacy. * Assistance in the proceedings when making a complaint.
Eligibility: users of the Lanaudière CISSS intellectual disability and autism spectrum disorder programs
Coverage area: Lanaudière
Fees: free
Financing: provincial
Legal status: parapublic organization

COMITÉ DES USAGERS DU NORD DE LANAUDIÈRE
1000 Sainte-Anne Boulevard, Saint-Charles-Borromée, Lanaudière, QC, J6E 6J2
450 759-8222 ext. 2557
Website: http://www.cisss-lanaudiere.gouv.qc.ca/english/service-quality-and-complaints
Email: comite.des.usagers.csssnl@ssss.gouv.qc.ca
Eligibility: users of MRC D’Autray, MRC Matawinie, MRC Montcalm and MRC Joliette
Coverage area: MRC D’Autray, MRC Matawinie, MRC Montcalm, MRC Joliette
Financing: provincial
Legal status: parapublic organization

COMITÉ DES USAGERS DU PROGRAMME EN DÉFICIENCE PHYSIQUE
1075 Firestone Boulevard, Suite 1000, Joliette, Lanaudière, QC, J6E 6X6
450 755-2741 ext. 2000
Email: usagers.ditsadp.cissslan@ssss.gouv.qc.ca
Eligibility: users of the Lanaudière CISSSS physical deficiency program
Coverage area: Lanaudière
Fees: free
Financing: provincial
Legal status: parapublic organization

COMITÉ DES USAGERS DU SUD DE LANAUDIÈRE
135 Claude-David Boulevard, Suite 1403, Repentigny, Lanaudière, QC, J6A 1N6
450 654-7229 ext. 61010
Website: www.cdulanaudieresud.ca
Email: usagers@cdulanaudieresud.ca
Eligibility: users of social and health services offered by the CISSS of Lanaudière
Coverage area: MRC L’Assomption, MRC Les Moulins
Hours: by appointment
Fees: none
Financing: provincial
Legal status: non-profit organization

COMITÉS DES USAGERS DU CENTRE INTÉGRÉ DE SANTÉ ET DE SERVICES SOCIJAUX DE LANAUDIÈRE
260 Lavaltrie Street South, Suite 325, Joliette, Lanaudière, QC, J6E 5X7
450 756-4555 ext. 2465
Website: www.cissss-lanaudiere.gouv.qc.ca/votre-cissss/comites-des-usagers/#c8810
Email: cucilanaudiere@gmail.com
**Services:** Users committee. * Information on the rights and obligations of users. * Advocacy. * Assistance in the proceedings when making a complaint.

**Eligibility:** CISSS of Lanaudière services users

**Coverage area:** Lanaudière

**Financing:** provincial

**Legal status:** parapublic organization

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**COMMISSION DE L’ÉQUITÉ SALARIALE - LANAUDIÈRE - CHEMIN GASCON**

1679 Gascon Road, Terrebonne, Lanaudière, QC, J6X 3Z6

1 844 838-0808     Fax: 514 864-6756

Website: www.cnesst.gouv.qc.ca/en

Email: equite.salariale@ces.gouv.qc.ca

**Services:** Support and assistance to employers who must achieve pay equity in their company and to employees wishing to obtain information or exercise their rights. * Front-line telephone service to answer general questions on the application of the Pay Equity Act. * Specialized assistance to understand more complex or technical aspects of the Act. * Conciliation services to promote the settlement of disagreements. * Investigations following complaints or different subjected by the parties or on its own initiative. * Software package to achieve pay equity: computer tool that allows employers to realize their pay equity exercise autonomously, available on the website. * Information lectures on Pay Equity Act and its application, available upon request for groups of employers, employees, or any other grouping wishing to obtain information on pay equity. * Tool development and training accessible free of charge in all regions of Québec. * Research activities.

**Eligibility:** employees, mostly women who occupy predominantly female job classes, accredited associations and employers

**Coverage area:** Province of Québec

**Hours:** Monday to Friday 8h30 to 12h00 and 13h00 to 16h30

**Financing:** provincial

**Legal status:** provincial government agency

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**COMMISSION DE L’ÉQUITÉ SALARIALE - LANAUDIÈRE - DE LANAUDIÈRE**

432 De Lanaudière Street, Joliette, Lanaudière, QC, J6E 7N2

1 844 838-0808     Fax: 514 864-6756

Website: www.cnesst.gouv.qc.ca/en

Email: equite.salariale@ces.gouv.qc.ca

**Services:** Support and assistance to employers who must achieve pay equity in their company and to employees wishing to obtain information or exercise their rights. * Front-line telephone service to answer general questions on the application of the Pay Equity Act. * Specialized assistance to understand more complex or technical aspects of the Act. * Conciliation services to promote the settlement of disagreements. * Investigations following complaints or different subjected by the parties or on its own initiative. * Software package to achieve pay equity: computer tool that allows employers to realize their pay equity exercise autonomously, available on the website. * Information lectures on Pay Equity Act and its application, available upon request for groups of employers, employees, or any other grouping wishing to obtain information on pay equity. * Tool development and training accessible free of charge in all regions of Québec. * Research activities.

**Eligibility:** employees, mostly women who occupy predominantly female job classes, accredited associations and employers

**Coverage area:** Province of Québec

**Hours:** Monday to Friday 8h30 to 12h00 and 13h00 to 16h30

**Financing:** provincial

**Legal status:** provincial government agency

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**COMMISSION DES NORMES DU TRAVAIL - LANAUDIÈRE**

1679 Gascon Road, Terrebonne, Lanaudière, QC, J6X 3Z6

1 844 838-0808

Website: www.cnesst.gouv.qc.ca/en
Justice and Advocacy

Services: * Information on labor standards and the obligations stipulated by the law and regulations. * Registration of complaints. * Mediation for employees or employers involved in a complaint of psychological harassment, wrongful dismissal or prohibited practice.
Eligibility: public, employers, employees
Coverage area: Lanaudière
Hours: office: by appointment for investigation and mediation
Financing: provincial
Legal status: provincial government agency

CONSEIL RÉGIONAL DE L'ENVIRONNEMENT DE LANAUDIÈRE
365 Saint-Louis Street, Joliette, Lanaudière, QC, J6E 7N3
450 756-0186 Fax: 450 756-6538
Website: crelanaudiere.ca
Email: info@crelanaudiere.ca
Services: * Concertation and consultation on environmental issues such as climate change, development and protection of natural environments, waste management, local agriculture, water management and sustainable development. * Informative capsules and virtual conferences: www.youtube.com/channel/UCXcnLYsQdwMfNw4eBrMPUhg/featured.
Eligibility: citizens, organizations, businesses and government instances
Coverage area: Lanaudière
Hours: Monday to Friday 8h30 to 16h30
Fees: annual membership: $12 per citizen, $30 per organization, $60 per business or government instance
Financing: municipal, grants, contributions, donations, self-financing
Legal status: non-profit organization

CROISÉE DE LA MATAWINIE (LA)
30 Joliette Road, Saint-Félix-de-Valois, Lanaudière, QC, J0K 2M0
450 889-5908
Email: la.croisee@hotmail.com
Eligibility: people aged 18 years and over
Capacity: 4 rooms
Coverage area: MRC Matawinie
Hours: Tuesday to Friday 12h00 to 18h00, Saturday 12h00 to 17h00
Fees: housing: $450 per month
Financing: donations
Legal status: non-profit organization

DIABÉTIQUES DE LANAUDIÈRE
950 Sainte-Anne Boulevard, Suite 112, Saint-Charles-Borromée, Lanaudière, QC, J6E 5B5
450 752-5233
Website: www.diabetiquesdelanaudiere.org
Email: diabetlanau@citenet.net
Eligibility: people with diabetes, healthcare professionals
Coverage area: Lanaudière
Hours: Monday to Friday 9h00 to 16h00
Fees: membership: $20 per year
Financing: contributions
Legal status: non-profit organization
ENGLISH COMMUNITY ORGANIZATION OF LANAUDIÈRE
3657 Queen Street, Rawdon, Lanaudière, QC, J0K 1S0
450 834-2268
Website: www.ecol-lanaudiere.org
Email: ecollanaudiere@hotmail.com

Services: Support and promote the well-being of the English-speaking community. * Information and referral. * Outreach services and support for seniors: referral, health and legal information, friendly visits and calls, etc. * Community activities related to health, social service, culture, employment, etc. * Employment support: information, referral, translation and interpretation. * Wellness Centre: day centre for seniors. * Informal interpretation services. * Bursary program for students in health or social services.

Eligibility: residents, health professionals, students, employment support: people seeking employment, employment agencies

Coverage area: Lanaudière
Hours: Monday to Friday 9h00 to 16h00
Fees: membership: $5 per year
Financing: federal, provincial, municipal
Legal status: non-profit organization

ENTRAIDE POUR LA DÉFICIENCE INTELLECTUELLE DU JOLIETTE MÉTROPOLITAIN (L')
375 Fabre Street, Joliette, Lanaudière, QC, J6E 0X7
450 759-9621     Fax: 450 760-3586
Website: www.entraidedijm.org
Email: info@entraidedijm.org


Eligibility: people living with an intellectual disability, their parents
Coverage area: MRC Joliette and surroundings
Hours: administration: Monday to Friday 8h00 to 16h00
Fees: membership card: $15 per year, $25 per year for a parent living at the same address as their child
Financing: grants, membership fees, donations
Legal status: non-profit organization

FADOQ - LANAUDIÈRE REGION
626 Manseau Boulevard, Joliette, Lanaudière, QC, J6E 3E6
450 759-7422
Website: www.fadoq.ca/lanaudiere
Email: info@fadoqlanaudiere.ca

Services: Grouping people 50 years and over and representing them in instances requiring the defense of their rights and needs. * Organization of recreational and sporting activities. * Privilege Program giving access to discounts on various products and services.

Eligibility: people 50 years and over
Coverage area: Lanaudière
Hours: Monday to Thursday 8h30 to 12h00 and 13h00 to 17h00, Friday 8h00 to 13h00
Fees: membership: $30 per year or $50 for 2 years
Financing: contributions, provincial
Legal status: non-profit organization

GROUPE D'INFORMATION ET DE DÉFENSE DES DROITS SOCIAUX DE ST-JULIENNE
2398 Cartier Street, Sainte-Julienne, Lanaudière, QC, J0K 2T0
450 831-4825     Fax: 450 831-4825
Website: gidds.org
Email: gidds.rt@gmail.com

Eligibility: people on a low income
Coverage area: Sainte-Julienne
Hours: Monday to Thursday 10h00 to 16h00
Fees: annual membership: $20
Financing: membership fees, grants
Legal status: non-profit organization

MOUVEMENT PERSONNE D'ABORD DE JOLETTTE
144 Saint-Joseph Street, Joliette, Lanaudière, QC, J6E 5C4
450 755-4171
Email: mpdaj@videotron.ca


Eligibility: people living with an intellectual disability, their relatives
Coverage area: MRC Joliette
Hours: Monday to Friday 8h30 to 16h30
Fees: none
Financing: provincial
Legal status: non-profit organization

PLEINS DROITS DE LANAUDIÈRE
718 Manseau Boulevard, Joliette, Lanaudière, QC, J6E 3E9
450 394-0779     Fax: 450 394-4303
Website: pleinsdroits.org
Email: pleinsdroits@videotron.ca


Eligibility: people with a mental health problem past or present
Coverage area: Lanaudière
Hours: Monday to Friday 8h30 to 12h00 and 13h00 to 16h30
Fees: none
Financing: provincial, self-financing
Legal status: non-profit organization

PLEINS DROITS DE LANAUDIÈRE - POINT DE SERVICE DE REPENTIGNY
10A Brien Boulevard, Suite 80, Repentigny, Lanaudière, QC, J6A 4R7
450 394-0779     Fax: 450 704-2200
Website: pleinsdroits.org
Email: pleinsdroits@videotron.ca


Eligibility: people living with or who have lived with a mental health problem
Coverage area: MRC L'Assomption, MRC Les Moulins, MRC D'Autray
Hours: Monday to Friday 8h30 to 12h00 and 13h00 to 16h30
Fees: none
Financing: provincial, self-financing
Legal status: non-profit organization
REGROUPEMENT DES USAGERS DE TRANSPORT ADAPTÉ DE LANAUDIÈRE
200 De Salaberry Street, Suite 204, Joliette, Lanaudière, QC, J6E 4G1
450 755-2221 Fax: 450 759-8749
Website: rutalanaudiere.com
Email: rutal@cepap.ca
Eligibility: people with a disability
Coverage area: Lanaudière
Hours: Monday to Friday 9h00 to 17h00
Fees: none
Financing: provincial
Legal status: non-profit organization

RÉUSSITE ÉDUCATIVE MONT CALM
2463 Victoria Street, Sainte-Julienne, Lanaudière, QC, J0K 2T0
450 758-3703 ext. 28492 Fax: 450 831-3002
Website: reussiteeducativemontcalm.com
Email: reussiteeducativemontcalm@gmail.com
Services: Family support. * Workshops for parents of children 0 to 17 years old on various subjects related to children and school. * School dropout prevention project. * Family follow-up and accompaniment.
Eligibility: children 0 to 17 years old and their parents
Coverage area: MRC Montcalm
Fees: none
Financing: donations
Legal status: non-profit organization

ROSE BLEUE (LA) - ASSOCIATION DES PERSONNES HANDICAPÉES LES MOULINS
2904 Dupras Street, Mascouche, Lanaudière, QC, J7K 1T2
450 474-7007 Fax: 450 474-2707
Website: www.associationlarosebleue.com
Email: assrosebleue@videotron.ca
Eligibility: people living with an intellectual disability
Capacity: groups of 6 to 12 people
Coverage area: MRC Les Moulins
Hours: Monday to Friday 8h30 to 16h00
Fees: membership: $10 per year, activities: $12 per day, summer activities: $15 per day
Financing: provincial, Centraide régions centre-ouest du Québec, fundraising campaigns, membership fees
Legal status: non-profit organization

SOCIÉTÉ CANADIENNE DE LA SCLÉROSE EN PLAQUES - SECTION LANAUDIÈRE
2500 Mascouche Boulevard, Suite 221, Mascouche, Lanaudière, QC, J7K 0H5
450 417-3562 Fax: 450 966-2814
Website: mssociety.ca/chapter/lanaudiere
Email: info.lanaudiere@scleroseenplaques.ca
Eligibility: people with multiple sclerosis, their close ones
Coverage area: Lanaudière
Hours: Monday to Friday 9h00 to 17h00
Fees: variable depending on the activities
Financing: fundraising campaigns, provincial
Legal status: non-profit organization

SOCIÉTÉ DE L'AUTISME RÉGION LANAUDIÈRE
584 Almira-S.-Choinière Street, Joliette, Lanaudière, QC, J6E 0K5
450 759-9788
Website: autisme-lanaudiere.org
Email: sarl@autisme-lanaudiere.org
Eligibility: people with an autism spectrum disorder (TSA), their family, general public
Coverage area: Lanaudière
Hours: Monday to Friday 8h00 to 16h00
Fees: annual contribution: family: $25, participating member: $25, individual: $35, professional: $50, corporate member: $100
Financing: contributions
Legal status: non-profit organization

TABLE ACTION PRÉVENTION EN ITINÉRANCE DE LANAUDIÈRE
Confidential Address
450 471-4664
Email: hulterrebonne@hotmail.com
Services: Consultation on the issue of homelessness. * Achievement of action strategies. * Continuation of local initiatives.
Eligibility: non-profit organizations involved with people who are homeless or at risk of homelessness
Capacity: around 20 organizations
Coverage area: Lanaudière
Fees: none
Financing: provincial
Legal status: non-profit organization

TABLE DE CONCERTATION DES GROUPES DE FEMMES DE LANAUDIÈRE
144 Saint-Joseph Street, Suite 214, Joliette, Lanaudière, QC, J6E 5C4
450 752-0049     Fax: 450 760-3586
Website: femmeslanaudiere.org
Email: tcgfl@bellnet.ca
Eligibility: organizations working with women or with a women component
Coverage area: Lanaudière
Hours: Monday to Friday 9h00 to 17h00
Financing: grants
Legal status: non-profit organization

TABLE DE CONCERTATION RÉGIONALE DES ASSOCIATIONS DE PERSONNES HANDICAPÉES DE LANAUDIÈRE
Confidential Address
450 755-1488     Fax: 450 759-8749
Email: tcraphl@tcraphl.org
Services: * Advocacy of rights. * Consultation, representation and technical support.
Eligibility: associations of disabled people
Coverage area: Lanaudière
Hours: Monday to Friday 8h30 to 16h30
Fees: annual contribution: $50 per association
Financing: contributions, provincial
Legal status: non-profit organization

Consumer protection and complaints

ASSOCIATION COOPÉRATIVE D’ÉCONOMIE FAMILIALE DE LANAUDIÈRE
200 de Salaberry Street, Suite 124, Joliette, Lanaudière, QC, J6E 4G1
450 756-1333 Fax: 450 759-8749
Website: acelflanaudiere.ca
Email: info@acelflanaudiere.ca
Eligibility: adults, Desjardins Mutual Aid Fund loan: people experiencing financial difficulties, people facing occasional emergency expenses
Coverage area: Lanaudière
Hours: Monday to Friday 9h00 to 16h30
Fees: workshops: variable
Financing: provincial
Legal status: cooperative

ASSOCIATION COOPÉRATIVE D’ÉCONOMIE FAMILIALE DE LANAUDIÈRE - MASCOUCHE SERVICE POINT
2500 Mascouche Boulevard, Suite 212, Mascouche, Lanaudière, QC, J7K 0H5
1 866 414-1333
Website: acelflanaudiere.ca
Email: info@acelflanaudiere.ca
Eligibility: adults
Coverage area: MRC Les Moulins
Hours: by appointment only
Fees: workshops: variable
Financing: provincial
Legal status: cooperative

ASSOCIATION COOPÉRATIVE D’ÉCONOMIE FAMILIALE DE LANAUDIÈRE - REPENTIGNY SERVICE POINT
547 Leclerc Street, Repentigny, Lanaudière, QC, J6A 8B4
1 866 414-1333
Website: acelflanaudiere.ca
Email: info@acelflanaudiere.ca
Eligibility: adults
Coverage area: MRC L’Assomption
Hours: by appointment only
Fees: workshops: variable
Financing: provincial
Legal status: cooperative

CENTRE D’ASSISTANCE ET D’ACCOMPAGNEMENT AUX PLAINTE - LANAUDIÈRE
490 Saint-Charles-Borromée Street North, Joliette, Lanaudière, QC, J6E 4R7
1 800 882-5622 Fax: 450 759-5678
Website: www.caaplanaudiere.com/en
Email: caaplanaudiere@qc.aira.com

Services: Assistance and accompaniment for people who wish to file a complaint regarding services that they have had or should have received in the health and social services network. * Public establishments: CLSC, hospitals, residential and extended care centres, youth centres, rehabilitation centres. * Intermediate resources: chartered or self-financed private residences, family resources. * Community organizations in the health and social services sector, or operating a function or activities for the ASSS: pre-hospital emergency services, ambulance services. * Information and assistance to tenants of private residences for seniors (RPA) to formulate a complaint and accompaniment in the complaint process.

Eligibility: health and social services network users, tenants in private seniors’ residences
Coverage area: Lanaudière
Hours: Monday to Friday 8h30 to 12h00 and 13h00 to 16h30
Fees: none
Financing: provincial
Legal status: non-profit organization

CENTRE INTÉGRÉ DE SANTÉ ET DE SERVICES SOCIAUX DE LANAUDIÈRE - COMMISSAIRE AUX PLAINTE ET À LA QUALITÉ DES SERVICES
260 Lavaltrie Street South, Joliette, Lanaudière, QC, J6E 5X7
1 800 229-1152 ext. 2133 Fax: 450 756-0598
Website: www.cissss-lanaudiere.gouv.qc.ca/votre-cissss/insatisfactions-et-plaintes/commissaire-aux-plaintes
Email: plaintes.cisssslan@ssss.gouv.qc.ca

Services: Responsible of enforcing the users’ rights. * Reception and analysis of complaints. * Makes recommendations to the establishment and to the executive board about the improvement of the quality and security of the provided services.
Coverage area: Lanaudière
Financing: provincial
Legal status: parapublic organization

COMITÉ DES USAGERS CHAMPLAIN-DU-CHÂTEAU
1231 Docteur Olivier Marie Gendron Street, Berthierville, Lanaudière, QC, J0K 1A0
450 836-6241 Fax: 450 836-4013
Website: www.groupechamplain.qc.ca/clients-et-proches/comite-dusagers

Eligibility: users of the centre d’hébergement Champlain-du-Château and their close ones
Coverage area: Lanaudière
Financing: provincial
Legal status: parapublic organization

COMITÉ DES USAGERS CHSLD HEATHER
3931 Lakeshore Drive, Rawdon, Lanaudière, QC, J0K 1S0
450 834-3070 ext. 3015
Website: chheather.com/residents-et-familles/comite-de-residents
Email: comitedesresidents@groupesantearbec.com

Eligibility: CHSLD Heather services users
Coverage area: Lanaudière
Financing: provincial
Legal status: parapublic organization

COMITÉ DES USAGERS DES CENTRES DE PROTECTION DE L’ENFANCE ET DE LA JEUNESSE DE LANAUDIÈRE

260 Lavaltrie Street South, Joliette, Lanaudière, QC, J6E 5X7
1 800 229-1152 ext. 2933
Website: www.cisss-lanaudiere.gouv.qc.ca/votre-cisss/comites-des-usagers
Email: 14cj.comite.usagers@ssss.gouv.qc.ca

Eligibility: users of child and youth protection centres
Coverage area: Lanaudière
Financing: provincial
Legal status: parapublic organization

COMITÉ DES USAGERS DES CENTRES DE RÉADAPTATION EN DÉFICIENCE INTELLECTUELLE ET TROUBLE DU SPECTRE DE L'AUTISME (MYRIADE) ET COMITÉ DES USAGERS DES CENTRES DE RÉADAPTATION EN DÉFICIENCE PHYSIQUE (BOUCLIER)

1075 Firestone Boulevard, Suite 1000, Joliette, Lanaudière, QC, J6E 6X6
1 866 252-9600 ext. 2000
Website: www.cisss-lanaudiere.gouv.qc.ca/votre-cisss/comites-des-usagers/#c8812
Email: usagers.ditsadp.cissslan@ssss.gouv.qc.ca

Eligibility: users of the rehabilitation centres le Bouclier and la Myriade
Coverage area: Lanaudière
Financing: provincial
Legal status: parapublic organization

COMITÉ DES USAGERS DES PROGRAMMES EN DÉFICIENCE INTELLECTUELLE ET TROUBLE DU SPECTRE DE L'AUTISME

1075 Firestone Boulevard, Suite 1000, Joliette, Lanaudière, QC, J6E 6X6
450 755-2741 ext. 2000
Email: usagers.ditsadp.cissslan@ssss.gouv.qc.ca

Eligibility: users of the Lanaudière CISSS intellectual disability and autism spectrum disorder programs
Coverage area: Lanaudière
Fees: free
Financing: provincial
Legal status: parapublic organization

COMITÉ DES USAGERS DU NORD DE LANAUDIÈRE

1000 Sainte-Anne Boulevard, Saint-Charles-Borromée, Lanaudière, QC, J6E 6J2
450 759-8222 ext. 2557
Website: http://www.cisss-lanaudiere.gouv.qc.ca/english/service-quality-and-complaints
Email: comite.des.usagers.cssnl@ssss.gouv.qc.ca

Eligibility: users of MRC D’Autray, MRC Matawinie, MRC Montcalm and MRC Joliette
Coverage area: MRC D’Autray, MRC Matawinie, MRC Montcalm, MRC Joliette
Financing: provincial
Legal status: parapublic organization

COMITÉ DES USAGERS DU PROGRAMME EN DÉFICIENCE PHYSIQUE
1075 Firestone Boulevard, Suite 1000, Joliette, Lanaudière, QC, J6E 6X6
450 755-2741 ext. 2000
Email: usagers.ditsadp.cissslan@ssss.gouv.qc.ca
Eligibility: users of the Lanaudière CISSSS physical deficiency program
Coverage area: Lanaudière
Fees: free
Financing: provincial
Legal status: parapublic organization

COMITÉ DES USAGERS DU SUD DE LANAUDIÈRE
135 Claude-David Boulevard, Suite 1403, Repentigny, Lanaudière, QC, J6A 1N6
450 654-7229 ext. 61010
Website: www.cdulanaudieresud.ca
Email: usagers@cdulanaudieresud.ca
Eligibility: users of social and health services offered by the CISSS of Lanaudière
Coverage area: MRC L’Assomption, MRC Les Moulins
Hours: by appointment
Fees: none
Financing: provincial
Legal status: non-profit organization

COMITÉS DES USAGERS DU CENTRE INTÉGRÉ DE SANTÉ ET DE SERVICES SOCIAUX DE LANAUDIÈRE
260 Lavaltrie Street South, Suite 325, Joliette, Lanaudière, QC, J6E 5X7
450 756-4555 ext. 2465
Website: www.cissslanaudiere.gouv.qc.ca/votre-cissss/comites-des-usagers/#c8810
Email: cucilanaudiere@gmail.com
Eligibility: CISSS of Lanaudière services users
Coverage area: Lanaudière
Financing: provincial
Legal status: parapublic organization

OFFICE D'HABITATION AU COEUR DE CHEZ NOUS
5 Robitaille Street, Saint-Thomas, Lanaudière, QC, J0K 3L0
450 750-5091
Email: direction@ohcoeur.ca
Eligibility: individuals, seniors and families on a low and moderate income
Office Municipal d'Habitation de Joliette

315, rue Flamand, Joliette, Lanaudière, QC, J6E 7H7
450 759-1093  Fax: 450 759-6547
Email: omhj@videotron.ca


Eligibility: individuals, seniors and families on a low and moderate income

Capacity: 501 units

Coverage area: Joliette

Financing: provincial, municipal

Legal status: municipal agency

Office Municipal d'Habitation de Lanaudière Sud

1309 des Seigneurs Boulevard, Suite 101, Terrebonne, Lanaudière, QC, J6W 5B1
450 471-9424  Fax: 450 471-9434
Email: infosac@omhls.com


Eligibility: single individuals, seniors and families on a low and moderate income, SARL: households and single people at risk of soon becoming homeless or whose housing does not meet their needs and who are searching for new housing on the private market

Coverage area: MRC Les Moulins, MRC L'Assomption

Hours: Monday to Thursday 9h00 to 12h00 and 13h30 to 16h00

Fees: none

Financing: provincial, municipal

Legal status: non-profit organization

Office Municipal d'Habitation de Matawinie

3220 12th Avenue, Rawdon, Lanaudière, QC, J0K 1S0
450 834-3317
Email: info@ohmatawinie.com


Eligibility: individuals, seniors and families on a low and moderate income

Capacity: 208 units

Coverage area: MRC Matawinie

Financing: provincial

Legal status: municipal agency
OFFICE RÉGIONAL D'HABITATION DE LA MUNICIPALITÉ RÉGIONALE DE COMTÉ DE D'AUTRAY
31 d'Iberville Street, Berthierville, Lanaudière, QC, J0K 1A0
450 836-9138 Fax: 450 836-9139 Website: www.orhdedautray.com Email: info@orhdedautray.com
Services: Manage and administer housing and housing programs. * Low-rent housing (HLM). * Rent supplement program (PSL). * Accès Logis program. * Referral service. Eligibility: individuals, seniors and families on a low and moderate income Capacity: 186 units Coverage area: MRC D'Autray Hours: Monday to Thursday 9h00 to 12h00 and 13h00 to 16h00 Financing: provincial Legal status: municipal agency

OFFICE RÉGIONAL D'HABITATION DE MONTCALM
82 Principale Street, Saint-Esprit, Lanaudière, QC, J0K 2L0
450 831-2182 ext. 7027 Website: www.orhmontcalm.com Email: info@orhmontcalm.com Services: Manage and administer housing and housing programs. * Low-rent housing (HLM). * Rent supplement program (PSL). * Québec affordable housing program (LAQ). * Referral service. * Accès Logis program. Eligibility: individuals, seniors and families on a low and moderate income Capacity: 221 units Coverage area: MRC Montcalm Hours: Monday to Wednesday 9h00 à 12h00 and 13h30 to 16h00 Financing: provincial Legal status: municipal agency

SERVICE CANADA CENTRE - REPENTIGNY

SERVICE CANADA CENTRE - TERREBONNE
835 Montée Masson, Terrebonne, Lanaudière, QC, J6W 2C7 1 800 622-6232 TTY: 1 800 926-9105 Website: www.servicecanada.gc.ca/tb/sc-fsco/sc-dsp.jsp?lang=eng&rc=2362

Coverage area: Terrebonne
Hours: Monday to Friday 8h30 to 12h00 and 12h45 to 16h00
Financing: federal
Legal status: federal government agency

TRIBUNAL ADMINISTRATIF DU LOGEMENT - JOLIETTE
430 de Lanaudière Street, Suite 160, Joliette, Lanaudière, QC, J6E 7X1
1 800 683-2245  Fax: 1 877 907-8077
Website: www.tal.gouv.qc.ca/en

Services: Specialized tribunal that the authority regarding residential lease matters. * Information to citizens about their rights and obligations relating to their lease. * Reaching agreements between landlords and tenants. * Protection of the rights of tenants. * Assistance with filling court application forms. * Online calculation tool for rent fixation: www.tal.gouv.qc.ca/fr/calcul-pour-la-fixation-de-loyer/outil-de-calcul

Eligibility: tenants, landlords
Coverage area: Joliette
Hours: Monday to Friday 8h30 to 12h00 and 13h00 to 16h30
Fees: variable
Financing: provincial
Legal status: provincial government agency

Correctional services

CORRECTIONAL SERVICE CANADA - JOLIETTE INSTITUTION
400 Marsolais Street, Joliette, Lanaudière, QC, J6E 8V4
450 752-5257  Fax: 450 752-2823
Website: www.csc-scc.gc.ca


Eligibility: women offenders sentenced for more than 2 years
Capacity: 132 inmates
Coverage area: Province of Québec
Financing: federal
Legal status: federal government agency

CORRECTIONAL SERVICE CANADA - LANAUDIÈRE PAROLE OFFICE
3 Papineau Street, Suite 107, Terrebonne, Lanaudière, QC, J6E 2K3?
450 756-1117  Fax: 450 756-1059
Website: www.csc-scc.gc.ca

Services: Office under the jurisdiction of The Parole Board of Canada (PBC). * Monitoring of offenders serving a part of their sentence under conditional release or restricted parole.

Eligibility: people serving a sentence in a federal detention facility
Coverage area: Lanaudière
Financing: federal
Legal status: federal government agency

Courthouses and tribunals

BUREAU DES INFRACTIONS ET AMENDES - JOLIETTE
200 Saint-Marc Street, Suite RC-36, Joliette, Lanaudière, QC, J6E 8C2
1 877 263-6337 Fax: 450 752-6827
Website: www.amendes.qc.ca
Email: amendes@justice.gouv.qc.ca
Services: Administration of offenses under the majority of penal provincial laws and certain federal laws concerning road safety, working relations in the field of construction, food products and others. * Recovery of fines and unpaid legal fees. * Online payment services for court records and statements of offense.
Coverage area: judicial districts of Joliette, La Tuque and Shawinigan
Hours: Monday, Tuesday, Thursday and Friday 8h30 to 12h00 and 13h00 to 16h30, Wednesday 10h00 to 12h00 and 13h00 to 16h30
Financing: provincial
Legal status: provincial government agency

COURT OF QUÉBEC - CIVIL DIVISION - JOLIETTE
200 Saint-Marc Street, Joliette, Lanaudière, QC, J6E 8C2
450 753-4807 Fax: 450 752-1733
Website: www.justice.gouv.qc.ca/en/join-us/find-a-courthouse/joliette-courthouse
Services: Court constituting the judicial system of Québec. * Hearing of cases where the amount in dispute is less than $85,000. * Hearing of some cases regarding municipal and school affairs. * Hearing of temporary and authorized confinement cases prior to or following psychiatric assessment. * Exclusive jurisdiction to hear appeals from decisions of certain administrative tribunals, such as the Tribunal administratif du logement. * Voluntary deposit.
Coverage area: Lanaudière: Joliette judicial district
Hours: Monday to Friday 8h30 to 16h30
Financing: provincial
Legal status: provincial government agency

COURT OF QUÉBEC - CRIMINAL AND PENAL DIVISION - JOLIETTE
200 Saint-Marc Street, Joliette, Lanaudière, QC, J6E 8C2
450 753-4803 Fax: 450 752-6945
Website: www.justice.gouv.qc.ca/en/join-us/find-a-courthouse/joliette-courthouse
Services: Court constituting the judicial system of Québec. * Hearing prosecutions under the Criminal Code, the Code of penal Procedure and all other regulatory offence statutes.
Coverage area: Lanaudière: Joliette judicial district
Hours: Monday to Friday 8h30 to 16h30
Financing: provincial
Legal status: provincial government agency

COURT OF QUÉBEC - SMALL CLAIMS DIVISION - JOLIETTE
200 Saint-Marc Street, Joliette, Lanaudière, QC, J6E 8C2
450 753-4806
Website: www.justice.gouv.qc.ca/en/join-us/find-a-courthouse/joliette-courthouse
Email: pcjoliette@justice.gouv.qc.ca
Services: Court hearing cases in which the disputed amount of money is inferior to $15,000 and where people represent themselves, without a lawyer. * Free mediation service to parties wishing to resolve their dispute by an agreement before the hearing of their case by the judge.
Eligibility: any natural or legal person if it employed at most 10 people during the 12 months prior to the claim
Coverage area: Lanaudière: Joliette judicial district
Hours: Monday to Friday 8h30 to 16h30
Financing: provincial
Legal status: provincial government agency

**COURT OF QUÉBEC - YOUTH DIVISION - JOLIETTE**
200 Saint-Marc Street, Joliette, Lanaudière, QC, J6E 8C2
450 753-4800  Fax: 450 752-6994
Website: www.justice.gouv.qc.ca/en/join-us/find-a-courthouse/joliette-courthouse

Services: Court constituting the judicial system of Québec. * Hearing of all cases involving a minor. * Hearing of cases of adoption.
Coverage area: Lanaudière: Joliette judicial district
Hours: Monday to Friday 8h30 to 16h30
Financing: provincial
Legal status: provincial government agency

**JOLIETTE COURTHOUSE**
200 Saint-Marc Street, Joliette, Lanaudière, QC, J6E 8C2
450 753-4807     Fax: 450 752-1733
Website: www.justice.gouv.qc.ca/en/join-us/find-a-courthouse/joliette-courthouse

Services: Administration of court services of Joliette. * Support to various courts constituting the judicial system of Québec and some specialized courts. * Judicial services: curatorships, tutorships and wills, civil wedding and partnership, divorce records, family mediation and alimony.
Coverage area: Lanaudière
Hours: Monday to Friday 8h30 to 16h30
Financing: provincial
Legal status: provincial government agency

**L'ASSOMPTION - COUR MUNICIPALE**
781 du Bas-de-L'Assomption Road North, L'Assomption, Lanaudière, QC, J5W 2H1
450 589-5671 ext. 1     Fax: 450 589-4512
Website: www.ville.lassomption.qc.ca/cour-municipale
Email: courmunicipale@ville.lassomption.qc.ca

Services: First-instance justice court hearing lawsuits relative to municipal by-laws, infringements to the Code de la sécurité routière and some criminal infringements (drunk driving, thefts under $5000 and misdeeds). * Ticket payment or contestation. * Recovery of unpaid amounts. * Compensatory work.
Coverage area: L'Assomption, Saint-Sulpice, L'Épiphanie, Paroisse de L'Épiphanie
Hours: Monday to Wednesday 8h30 to 16h30, Thursday 8h30 to 17h30, Friday 8h30 to 12h30
Financing: municipal
Legal status: municipal agency

**MASCOUCHE - MUNICIPAL COURT**
3038 Sainte-Marie Road, Mascouche, Lanaudière, QC, J7K 1P1
450 474-4133 ext. 2640
Website: mascouche.ca/services-aux-citoyens/cour-municipale
Email: cour@ville.mascouche.qc.ca

Services: First-instance justice court hearing lawsuits relative to municipal by-laws, infringements to the Code de la sécurité routière and some criminal infringements (drunk driving, thefts under $5000 and misdeeds). * Ticket payment or contestation. * Recovery of unpaid amounts. * Compensatory work.
Coverage area: Mascouche
Financing: municipal
Legal status: municipal agency
MRC D’AUTRAY - MUNICIPAL COURT
550 De Montcalm Street, Berthierville, Lanaudière, QC, J0K 1A0
450 836-7007  Fax: 450 836-5230
Website: www.mrcautray.qc.ca/citoyens/cour-municipale
Email: cour.municipale@mrcautray.qc.ca


Coverage area: MRC D’Autray
Hours: Monday to Thursday 8h00 to 16h45, Friday 8h00 to 12h00
Financing: municipal
Legal status: municipal agency

MRC MATAWINIE - MUNICIPAL COURT
3184 1st Avenue, Rawdon, Lanaudière, QC, J0K 1S0
450 834-5441 ext. 7022  Fax: 450 834-6560
Website: mrcmatawinie.org/cour-municipale
Email: cour@matawinie.org

Services: First instance justice Court hearing lawsuits relative to municipal by-laws, infringements to the Code de la Sécurité routière and some criminal infringements (drunk driving, thefts under $5000 and misdeeds). * Ticket payment or contestation. * Recovery of unpaid amounts. * Compensatory work.

Coverage area: MRC Matawinie
Hours: Monday to Thursday 8h30 to 12h00 and 13h00 to 16h30, Friday 8h30 to 12h00 and 13h00 to 15h30
Financing: municipal
Legal status: municipal agency

REPENTIGNY - MUNICIPAL COURT
1 Montée des Arsenaux, Repentigny, Lanaudière, QC, J5Z 2C1
450 470-3500  Fax: 450 654-2447
Website: repentigny.ca/services/citoyens/cour-municipale
Email: cour.municipale@repentigny.ca

Services: First-instance justice court hearing lawsuits relative to municipal by-laws, infringements to the Code de la sécurité routière and some criminal infringements (drunk driving, thefts under $5000 and misdeeds). * Ticket payment or contestation. * Recovery of unpaid amounts. * Compensatory work.

Coverage area: Repentigny
Hours: Monday to Wednesday 8h30 to 12h00 and 13h00 to 16h30, Thursday 8h30 to 12h00 and 13h00 to 17h30, Friday 8h00 to 12h00
Financing: municipal
Legal status: municipal agency

SUPERIOR COURT - JOLIETTE
200 Saint-Marc Street, Joliette, Lanaudière, QC, J6E 8C2
450 753-4807
Website: www.justice.gouv.qc.ca/en/join-us/find-a-courthouse/joliette-courthouse

Services: Court constituting the judicial system of Québec. * Hearing the cases where the amount in dispute is $85,000 and more. * Hearing administrative, family and bankruptcy litigations. * Hearing jury trial in criminal cases and appeals in summary conviction.

Coverage area: Lanaudière: Joliette judicial district
Hours: Monday to Friday 8h30 to 16h30
Financing: provincial
Legal status: provincial government agency
TERREBONNE - MUNICIPAL COURT
3630 Émile-Roy Street, Terrebonne, Lanaudière, QC, J7M 1A1
450 961-8378     Fax: 450 471-9322
Website: www.ville.terrebonne.qc.ca
Email: courmunicipale@ville.terrebonne.qc.ca

Coverage area: Terrebonne
Hours: Monday to Thursday 8h15 to 12h00 and 13h00 to 16h30, Friday 8h30 to 12h00
Financing: municipal
Legal status: municipal agency

Legal assistance and information

ACTION POPULAIRE DES MOULINS
2500 Mascouche Boulevard, Suite 225, Mascouche, Lanaudière, QC, J7K 0H5
450 477-8985
Website: agenda-apm.blogspot.com
Email: info@actionpopulaire.org

Eligibility: people on a low income or in a situation of poverty and social exclusion, including people receiving welfare or social solidarity, supporters interested in transformation and social justice, community workers
Coverage area: MRC Les Moulins and surroundings
Hours: information and individual assistance by phone: Monday to Friday, variable hours, leave a message, individual assistance in person: Monday to Friday, variable hours, by appointment, other activities: variable schedule, information available on Facebook or on the website
Fees: none
Financing: provincial, Centraide Lanaudière, fundraising campaigns, donations
Legal status: non-profit organization

ASSOCIATION DES TRAVAILLEURS ET TRAVAILLEUSES ACCIDENTÉS DU MATAWIN
313 Saint-Jacques Street, Saint-Michel-des-Saints, Lanaudière, QC, J0K 3B0
450 833-1507
Email: attam@bellnet.ca

Eligibility: workers victims of work related accidents or occupational diseases
Coverage area: MRC Matawinie
Hours: Monday to Friday 9h00 to 16h00
Fees: member: $5 per year
Financing: donations, provincial, Centraide Lanaudière
Legal status: non-profit organization
ASSOCIATION DES TRAVAILLEURS, TRAVAILLEUSES ACCIDENTÉS DE JOLI-MONT
4046 Queen Street, Rawdon, Lanaudière, QC, J0K 1S0
450 834-1220 Fax: 450 834-1240
Website: attaj.ca
Email: info@attaj.ca
Eligibility: workers victims of work related accidents or occupational diseases
Coverage area: Lanaudière
Hours: Monday to Thursday 8h00 to 16h00, Friday 8h00 to 13h00
Fees: none
Financing: donations, provincial, Centraide Lanaudière
Legal status: non-profit organization

ASSOCIATION QUÉBÉCOISE DE DÉFENSE DES DROITS DES PERSONNES RETRAITÉES ET PRÉRETRAITÉES - BRANDON SECTION
30 Saint-Gabriel Street, Suite 310, Saint-Gabriel, Lanaudière, QC, J0K 2N0
450 835-4707 ext. 3499 Fax: 450 835-7217
Website: www.aqdr.org/brandon
Email: aqdrbrandon.des@gmail.com
Eligibility: retired and pre-retired people
Coverage area: Saint-Gabriel, Sainte-Émélie-de-l'Énergie, Sainte-Mélanie
Hours: Monday to Friday 8h00 to 16h00
Fees: annual membership: $20
Financing: grants, membership fees, fundraising campaigns
Legal status: non-profit organization

ASSOCIATION QUÉBÉCOISE DE DÉFENSE DES DROITS DES PERSONNES RETRAITÉES ET PRÉRETRAITÉES - L'ASSOMPTION
50 Thouin Street, Suite 241, Repentigny, Lanaudière, QC, J6A 4J4
450 704-2776
Website: www.aqdr.org/section/lasomption
Email: aqdrlassomption@hotmail.com
Services: Advocacy for seniors to improve their living conditions on matters such as income, housing, home care, transportation and health. * Monthly conferences. * Personalized accompaniment service. * References to partners (community, municipal and government organizations as well as professionals such as lawyers, notaries, etc.). * Journal: three publications per year. * Legal referral service. * Vulnerable people identification service. * Annual brunch and fundraising campaign.
Eligibility: retired and preretired people
Coverage area: MRC L'Assomption
Hours: Monday to Thursday 9h00 to 12h00 and 13h30 to 16h00, Friday 9h00 to 16h00, by appointment
Fees: annual membership: $20
Financing: grants, membership fees, fundraising campaigns
Legal status: non-profit organization
ASSOCIATION QUÉBÉCOISE DE DÉFENSE DES DROITS DES PERSONNES RETRAITÉES ET PRERETRAITÉES - SECTION DES MOULINS
2500 Mascouche Boulevard, Suite 115, Mascouche, Lanaudière, QC, J7K 0H5
450 918-3520     Fax: 450 966-2814
Website: www.aqdr.org/section/des-moulins
Email: administration@aqdrdesmoulins.org

Services: Advocacy for seniors to improve their living conditions on matters such as income, housing, home care, transportation and health. * ARRA project: support in the reporting process of abuse, listening, referral to appropriate resources, conferences, group workshops. * SÉCUR+OR: at-home visits by police officers and firefighters seeking to promote a safe living environment. * Outreach work initiative for seniors living in a vulnerable situation (ITMAV).

Eligibility: seniors, retired or preretired people, SÉCUR+OR: seniors 65 years old and over
Coverage area: MRC Les Moulins
Hours: Monday to Friday 9h00 to 12h00 and 13h00 to 16h00
Fees: annual membership: $15, activities: variable, AARA and SÉCUR+OR: none

ASSOCIATION QUÉBÉCOISE DE DÉFENSE DES DROITS DES PERSONNES RETRAITÉES ET PRERETRAITÉES - TROISIÈME ÂGE CHERTSEY
562 de l'Église Road, Chertsey, Lanaudière, QC, J0K 3K0
450 898-2241
Website: www.aqdr.org/section/troisieme-age-chertsey
Email: aqdr.tac@gmail.com

Services: Advocacy for seniors to improve their living conditions regarding income, housing, home services, transportation and health. * Conferences, workshops and training. * Personalized accompaniment service. * Referrals to partners (community, municipal and government organizations as well as professionals such as lawyers, notaries, etc.). * Monthly newspaper and newsletter. * Representation with political authorities.

Eligibility: retired and pre-retired people
Coverage area: MRC Matawinie, MRC Montcalm
Fees: annual membership: $15

BERTHIERVILLE - CITY
588 De Montcalm Street, Berthierville, Lanaudière, QC, J0K 1A0
450 836-7035
Website: www.ville.berthierville.qc.ca
Email: info@ville.berthierville.qc.ca


Coverage area: Berthierville
Hours: Monday to Friday 9h00 to 12h00 and 13h00 to 16h30
Financing: municipal

BUREAU DES INFRACTIONS ET AMENDES - JOLIETTE
200 Saint-Marc Street, Suite RC-36, Joliette, Lanaudière, QC, J6E 8C2
1 877 263-6337     Fax: 450 752-6827
Website: www.amendes.qc.ca
Email: amendes@justice.gouv.qc.ca
Services: Administration of offenses under the majority of penal provincial laws and certain federal laws concerning road safety, working relations in the field of construction, food products and others. * Recovery of fines and unpaid legal fees. * Online payment services for court records and statements of offense.

Coverage area: judicial districts of Joliette, La Tuque and Shawinigan

Hours: Monday, Tuesday, Thursday and Friday 8h30 to 12h00 and 13h00 to 16h30, Wednesday 10h00 to 12h00 and 13h00 to 16h30

Financing: provincial

Legal status: provincial government agency

CENTRE MIHAWSO - CENTRE DE PÉDIATRIE SOCIALE DE MANAWAN
450-B Otapi Street, Manawan, Lanaudière, QC, J0K 1M0
819 971-8852
Website: fondationdrljulien.org/centres/centre-mihawoso
Email: centremihawoso@gmail.com


Eligibility: children and teenagers of the Atikamekw community of Manawan and their families

Coverage area: Manawan

Hours: Monday to Friday 8h00 to 16h30

Financing: municipal, federal, provincial, donations

Legal status: non-profit organization

CHERTSEY - MUNICIPALITY
333 de l'Amitié Avenue, Chertsey, Lanaudière, QC, J0K 3K0
450 882-2920     Fax: 450 882-3333
Website: www.chertsey.ca
Email: general@chertsey.ca


Coverage area: Chertsey

Hours: Monday to Friday 8h00 to 16h00

Financing: municipal

Legal status: municipal agency

COMMISSION DE L’ÉQUITÉ SALARIALE - LANAUDIÈRE - CHEMIN GASCON
1679 Gascon Road, Terrebonne, Lanaudière, QC, J6X 3Z6
1 844 838-0808     Fax: 514 864-6756
Website: www.cnnesst.gouv.qc.ca/en
Email: equite.salariale@ces.gouv.qc.ca

Services: Support and assistance to employers who must achieve pay equity in their company and to employees wishing to obtain information or exercise their rights. * Front-line telephone service to answer general questions on the application of the Pay Equity Act. * Specialized assistance to understand more complex or technical aspects of the Act. * Conciliation services to promote the settlement of disagreements. * Investigations following complaints or different subjected by the parties or on its own initiative. * Software package to achieve pay equity: computer tool that allows employers to realize their pay equity exercise autonomously, available on the website. * Information lectures on Pay Equity Act and its application, available upon request for groups of employers, employees, or any other grouping wishing to obtain information on pay equity. * Tool development and training accessible free of charge in all regions of Québec. * Research activities.
Eligibility: employees, mostly women who occupy predominantly female job classes, accredited associations and employers

Coverage area: Province of Québec

Hours: Monday to Friday 8h30 to 12h00 and 13h00 to 16h30

Financing: provincial

Legal status: provincial government agency

COMMISSION DE L’ÉQUITÉ SALARIALE - LANAUDIÈRE - DE LANAUDIÈRE

432 De Lanaudière Street, Joliette, Lanaudière, QC, J6E 7N2
1 844 838-0808     Fax: 514 864-6756
Website: www.cnesst.gouv.qc.ca/en
Email: equite.salariale@ces.gouv.qc.ca

Services: Support and assistance to employers who must achieve pay equity in their company and to employees wishing to obtain information or exercise their rights. * Front-line telephone service to answer general questions on the application of the Pay Equity Act. * Specialized assistance to understand more complex or technical aspects of the Act. * Conciliation services to promote the settlement of disagreements. * Investigations following complaints or different subjected by the parties or on its own initiative. * Software package to achieve pay equity: computer tool that allows employers to realize their pay equity exercise autonomously, available on the website. * Information lectures on Pay Equity Act and its application, available upon request for groups of employers, employees, or any other grouping wishing to obtain information on pay equity. * Tool development and training accessible free of charge in all regions of Québec. * Research activities.

Eligibility: employees, mostly women who occupy predominantly female job classes, accredited associations and employers

Coverage area: Province of Québec

Hours: Monday to Friday 8h30 to 12h00 and 13h00 to 16h30

Financing: provincial

Legal status: provincial government agency

COMMISSION DES NORMES DU TRAVAIL - LANAUDIÈRE

1679 Gascon Road, Terrebonne, Lanaudière, QC, J6X 3Z6
1 844 838-0808
Website: www.cnesst.gouv.qc.ca/en

Services: * Information on labor standards and the obligations stipulated by the law and regulations. * Registration of complaints. * Mediation for employees or employers involved in a complaint of psychological harassment, wrongful dismissal or prohibited practice.

Eligibility: public, employers, employees

Coverage area: Lanaudière

Hours: office: by appointment for investigation and mediation

Financing: provincial

Legal status: provincial government agency

COURT OF QUÉBEC - YOUTH DIVISION - JOLIETTE

200 Saint-Marc Street, Joliette, Lanaudière, QC, J6E 8C2
450 753-4800     Fax: 450 752-6994
Website: www.justice.gouv.qc.ca/en/join-us/find-a-courthouse/joliette-courthouse

Services: Court constituting the judicial system of Québec. * Hearing of all cases involving a minor. * Hearing of cases of adoption.

Coverage area: Lanaudière: Joliette judicial district

Hours: Monday to Friday 8h30 to 16h30

Financing: provincial

Legal status: provincial government agency
CRABTREE - MUNICIPALITY
111, 4e avenue, Crabtree, Lanaudière, QC, J0K 1B0
450-754-3434     Fax: 450-754-2172
Website: crabtree.quebec
Email: info@crabtree.quebec
Coverage area: Crabtree
Hours: Monday to Thursday 8h00 to 12h00 and 13h00 to 16h45, Friday 8h00 to 12h00
Financing: municipal
Legal status: municipal agency

CROISÉE DE LA MATAWINIE (LA)
30 Joliette Road, Saint-Félix-de-Valois, Lanaudière, QC, J0K 2M0
450 889-5908
Email: la.croisee@hotmail.com
Eligibility: people aged 18 years and over
Capacity: 4 rooms
Coverage area: MRC Matawinie
Hours: Tuesday to Friday 12h00 to 18h00, Saturday 12h00 to 17h00
Fees: housing: $450 per month
Financing: donations
Legal status: non-profit organization

ÉQUIJUSTICE LANAUDEIÈRE NORD
200 de Salaberry Street, Joliette, Lanaudière, QC, J6E 4G1
450 755-3815     Fax: 450 755-4540
Website: equijustice.ca/en
Email: lanaudierenord@equijustice.ca
Eligibility: adults, teenagers
Coverage area: MRC D’Autray, MRC Matawinie, MRC Montcalm, MRC Joliette
Hours: Monday to Friday 8h00 to 17h30
Fees: free
Financing: provincial
Legal status: non-profit organization

ÉQUIJUSTICE LANAUDEIÈRE SUD
50 Thouin Street, Suite 200, Repentigny, Lanaudière, QC, J6A 4J4
450 581-1459     Fax: 450 581-1453
Website: equijustice.ca/en
Email: lanaudieresud@equijustice.ca

Eligibility: young people 9 to 17 years old and their parents, adult offenders and victims, school and community workers and clients, citizen mediation: general population

Coverage area: MRC Les Moulins, MRC L’Assomption

Hours: Monday, Tuesday, Thursday, Friday 8h30 to 17h00, Wednesday 9h00 to 20h00

Financing: provincial

Legal status: non-profit organization

JOLIETTE - CITY

614 Manseau Boulevard, Joliette, Lanaudière, QC, J6E 3E4
450 753-8000

Website: www.joliette.ca
Email: info@ville.joliette.qc.ca

Services: Municipal service management. * Municipal counter: information on permits, subsidies and taxes, payment of taxes, regulations, etc. * Calendar of recyclable and garbage collections and information on waste management: citoyen.joliette.ca/horaire-des-collectes * Public safety: fire safety service.

Coverage area: Joliette

Hours: Monday to Friday 8h30 to 12h00 and 13h15 to 16h30

Financing: municipal

Legal status: municipal agency

L’ASSOMPTION - COUR MUNICIPALE

781 du Bas-de-L’Assomption Road North, L’Assomption, Lanaudière, QC, J5W 2H1
450 589-5671 ext. 1     Fax: 450 589-4512

Website: www.ville.lassomption.qc.ca/cour-municipale
Email: courmunicipale@ville.lassomption.qc.ca

Services: First-instance justice court hearing lawsuits relative to municipal by-laws, infringements to the Code de la sécurité routière and some criminal infringements (drunk driving, thefts under $5000 and misdeeds). * Ticket payment or contestation. * Recovery of unpaid amounts. * Compensatory work.

Coverage area: L’Assomption, Saint-Sulpice, L’Épiphanie, Paroisse de L’Épiphanie

Hours: Monday to Wednesday 8h30 to 16h30, Thursday 8h30 to 17h30, Friday 8h30 to 12h30

Financing: municipal

Legal status: municipal agency

LANORAIE - MUNICIPALITY

57 Laroche Street, Lanoraie, Lanaudière, QC, J0K 1E0
450 887-1100

Website: www.lanoraie.ca
Email: info@lanoraie.ca


Coverage area: Lanoraie

Hours: Monday to Thursday 8h30 to 12h00 and 13h00 to 16h30, Friday 8h30 to 12h00

Financing: municipal

Legal status: municipal agency
LAVALTRIE - CITY
13750 Notre-Dame Street, Lavaltrie, Lanaudière, QC, J5T 1M5
450 586-2921  Fax: 450 586-4060
Website: www.ville.lavaltrie.qc.ca
Email: mairie@ville.lavaltrie.qc.ca
Coverage area: Lavaltrie
Hours: Monday, Tuesday and Thursday 8h15 to 12h00 and 13h00 to 17h00, Wednesday 9h00 to 12h00 and 13h00 to 17h00, Friday 8h00 to 12h00
Financing: municipal
Legal status: municipal agency

LEGAL AID OFFICE - JOLIETTE
440 Saint-Louis Street, Joliette, Lanaudière, QC, J6E 2Y8
450 759-2500  Fax: 450 759-8682
Website: www.ccjll.qc.ca
Email: bajjoli@ccjll.qc.ca
Services: Free or low cost legal services to eligible individuals.  * Receive and process legal aid requests.
Eligibility: person or non-profit organization residing in Quebec or forced to remain in Quebec, financially eligible, and with a legal need that is covered by the Law
Coverage area: Joliette
Hours: Monday to Friday 8h30 to 12h00 and 13h00 to 16h30, by appointment only, except emergency
Fees: people may be eligible for free legal aid or contributory legal aid between $100 and $800, depending on their financial situation, see scale on website
Financing: provincial
Legal status: parapublic organization

LEGAL AID OFFICE - REPENTIGNY
10-A Brien Boulevard, Suite 100, Repentigny, Lanaudière, QC, J6A 4R7
450 581-8691  Fax: 450 581-1218
Website: www.ccjll.qc.ca
Email: bajrep@ccjll.qc.ca
Services: Free or low cost legal services to eligible individuals.  * Reception and processing legal aid requests.
Eligibility: person or non-profit organization residing in Quebec or forced to remain in Quebec, financially eligible and with a legal need that is covered by the Law
Coverage area: Repentigny
Hours: Monday to Friday 8h30 to 12h00 and 13h00 to 16h30, by appointment only, except emergency
Fees: people may be eligible for free legal aid or contributory legal aid between $100 and $800, depending on their financial situation, see scale on website
Financing: provincial
Legal status: provincial government agency

LEGAL AID OFFICE - TERREBONNE
891 Saint-François-Xavier Street, Suite 210, Terrebonne, Lanaudière, QC, J6W 1H1
450 492-1535  Fax: 450 492-8378
Website: www.ccjll.qc.ca
Email: bajter@ccjll.qc.ca
Services: Free or low cost legal services to eligible individuals.  * Reception and processing legal aid requests.
Eligibility: people or non-profit organizations residing in Quebec or forced to remain in Quebec, financially eligible and with a legal need that is covered by the Law
Coverage area: Terrebonne
Hours: Monday to Friday 8h30 to 12h00 and 13h00 to 16h30, by appointment only, except emergency
Fees: people may be eligible for free legal aid or contributory legal aid between $100 and $800, depending on their financial situation, see scale on website

Financing: provincial
Legal status: provincial government agency

MASCOCHE - MUNICIPAL COURT
3038 Sainte-Marie Road, Mascouche, Lanaudière, QC, J7K 1P1
450 474-4133 ext. 2640
Website: mascouche.ca/services-aux-citoyens/cour-municipale
Email: cour@ville.mascouche.qc.ca

Services: First-instance justice court hearing lawsuits relative to municipal by-laws, infringements to the Code de la sécurité routière and some criminal infringements (drunk driving, thefts under $5000 and misdeeds). * Ticket payment or contestation. * Recovery of unpaid amounts. * Compensatory work.

Coverage area: Mascouche
Financing: municipal
Legal status: municipal agency

MRC D’AUTRAY - MUNICIPAL COURT
550 De Montcalm Street, Berthierville, Lanaudière, QC, J0K 1A0
450 836-7007     Fax: 450 836-5230
Website: www.mrcautray.qc.ca/citoyens/cour-municipale
Email: cour.municipale@mrcautray.qc.ca


Coverage area: MRC D’Autray
Hours: Monday to Thursday 8h00 to 16h45, Friday 8h00 to 12h00
Financing: municipal
Legal status: municipal agency

MRC MATAWINIE - MUNICIPAL COURT
3184 1st Avenue, Rawdon, Lanaudière, QC, J0K 1S0
450 834-5441 ext. 7022     Fax: 450 834-6560
Website: mrcmatawinie.org/cour-municipale
Email: cour@matawinie.org

Services: First instance justice Court hearing lawsuits relative to municipal by-laws, infringements to the Code de la Sécurité routière and some criminal infringements (drunk driving, thefts under $5000 and misdeeds). * Ticket payment or contestation. * Recovery of unpaid amounts. * Compensatory work.

Coverage area: MRC Matawinie
Hours: Monday to Thursday 8h30 to 12h00 and 13h00 to 16h30, Friday 8h30 to 12h00 and 13h00 to 15h30
Financing: municipal
Legal status: municipal agency

NOTRE-DAME-DES-PRAIRIES - CITY
132 Antonio-Barrette Boulevard, Notre-Dame-des-Prairies, Lanaudière, QC, J6E 1E5
450 759-7741     Fax: 450 759-6255
Website: www.notredamedesprairies.com
Email: info@notredamedesprairies.com
Justice and Advocacy


Coverage area: Notre-Dame-Des-Prairies

Hours: Monday to Wednesday 8h30 to 12h00 and 13h00 to 16h30, Thursday 8h30 to 12h00 and 13h00 to 17h30, Friday 8h30 to 12h00

Financing: municipal

Legal status: municipal agency

RAWDON - MUNICIPALITY
3647 Queen Street, Rawdon, Lanaudière, QC, J0K 1S0
450 834-2586 Fax: 450 834-3031
Website: rawdon.ca/en
Email: info@rawdon.ca


Coverage area: Rawdon

Hours: Monday to Friday 8h00 to 12h00 and 13h00 to 16h00

Financing: municipal

Legal status: municipal agency

REPENTIGNY - MUNICIPAL COURT
1 Montée des Arsenaux, Repentigny, Lanaudière, QC, J5Z 2C1
450 470-3500 Fax: 450 654-2447
Website: repentigny.ca/services/citoyens/cour-municipale
Email: cour-municipale@repentigny.ca

Services: First-instance justice court hearing lawsuits relative to municipal by-laws, infringements to the Code de la sécurité routière and some criminal infringements (drunk driving, thefts under $5000 and misdeeds). * Ticket payment or contestation. * Recovery of unpaid amounts. * Compensatory work.

Coverage area: Repentigny

Hours: Monday to Wednesday 8h30 to 12h00 and 13h00 to 16h30, Thursday 8h30 to 12h00 and 13h00 to 17h30, Friday 8h00 to 12h00

Financing: municipal

Legal status: municipal agency

SAINT-ALPHONSE-RODRIGUEZ - MUNICIPALITY
101 de la Plage Street, Saint-Alphonse-Rodriguez, Lanaudière, QC, J0K 1W0
450 883-2264 Fax: 450 883-0833
Website: www.municipalite.saintalphonserodriguez.qc.ca
Email: info@munsar.ca


Coverage area: Saint-Alphonse-Rodriguez

Hours: Monday to Friday 9h00 to 12h00 and 13h00 to 16h30

Financing: municipal

Legal status: municipal agency
SAINT-AMBROISE-DE-KILDARE - MUNICIPALITY
850 Principale Street, Saint-Ambroise-de-Kildare, Lanaudière, QC, J0K 1C0
450 755-4782 Fax: 450 755-4784
Website: www.saintambroise.ca
Email: info@saintambroise.ca
Coverage area: Saint-Ambroise-De-Kildare
Hours: Monday to Thursday 8h00 to 12h00 and 13h00 to 16h00, Friday 8h00 to 12h00
Financing: municipal
Legal status: municipal agency

SAINT-CALIXTE - CITY
6230 de l'Hôtel-de-Ville Street, Saint-Calixte, Lanaudière, QC, J0K 1Z0
450 222-2782 Fax: 450 222-2789
Website: saint-calixte.ca
Email: reception@mscalixte.qc.ca
Coverage area: Saint-Calixte
Hours: Monday to Thursday 9h00 to 12h00 and 13h00 to 16h30
Financing: municipal
Legal status: municipal agency

SAINT-CHARLES-BORROMÉE - CITY
370 de la Visitation Street, Saint-Charles-Borromée, Lanaudière, QC, J6E 4P3
450 759-4415 Fax: 450 759-3393
Website: www.vivrescb.com
Email: info@vivrescb.com
Coverage area: Saint-Charles-Borromée
Hours: Monday to Thursday 8h00 to 12h00 and 13h00 to 16h45, Friday 8h00 to 12h00
Financing: municipal
Legal status: municipal agency

SAINT-DONAT - MUNICIPALITY
490 Principale Street, Saint-Donat, Lanaudière, QC, J0T 2C0
819 424-2383 Fax: 819 424-5020
Website: www.saint-donat.ca
Email: info@saint-donat.ca
Coverage area: Saint-Donat
Hours: Monday to Friday 8h30 to 12h00 and 13h00 to 16h30
Financing: municipal
Legal status: municipal agency
SAINT-FÉLIX-DE-VALOIS - MUNICIPALITY
600 de Joliette Road, Saint-Félix-de-Valois, Lanaudière, QC, J0K 2M0
450 889-5589
Website: st-felix-de-valois.com
Coverage area: Saint-Félix-De-Valois
Hours: Monday to Wednesday 9h00 to 12h00 and 13h00 to 16h00, Thursday 10h00 to 12h00 and 13h00 to 16h00, Friday 9h00 to 12h00 and 13h00 to 16h00
Financing: municipal
Legal status: municipal agency

SAINT-JACQUES - MUNICIPALITY
16 Maréchal Street, Saint-Jacques, Lanaudière, QC, J0K 2R0
450 839-3671     Fax: 450 839-2387
Website: www.st-jacques.org
Email: info@st-jacques.org
Coverage area: Saint-Jacques
Hours: Monday to Thursday 8h00 to 12h00 and 13h00 to 16h30, Friday 8h00 to 12h00
Financing: municipal
Legal status: municipal agency

SAINT-JEAN-DE-MATHA - MUNICIPALITY
65 Lessard Street, Saint-Jean-de-Matha, Lanaudière, QC, J0K 2S0
450 886-3867     Fax: 450 886-3398
Website: www.municipalitestjeandematha.qc.ca
Email: info@matha.ca
Coverage area: Saint-Jean-De-Matha
Hours: Monday to Thursday 9h00 to 12h00 and 13h00 to 17h00, Friday 9h00 to 12h00 and 13h to 16h00
Financing: municipal
Legal status: municipal agency

SAINT-PAUL - MUNICIPALITY
10 Delangis Road, Saint-Paul, Lanaudière, QC, J0K 3E0
450 759-4040     Fax: 450 759-6396
Website: saintpaul.quebec
Email: reception@saintpaul.quebec
Coverage area: Saint-Paul
Hours: Monday to Thursday 8h00 to 12h00 and 13h00 to 16h45, Friday 8h00 to 12h00
Financing: municipal
Legal status: municipal agency
SAINT-ROCH-DE-L’ACHIGAN - MUNICIPALITY
7 du Docteur-Wilfrid-Locat Street, Saint-Roch-de-l’Achigan, Lanaudière, QC, J0K 3H0
450 588-2326 Fax: 450 588-4848
Website: www.sra.quebec
Email: reception@sra.quebec
Coverage area: Saint-Roch-De-L’achigan
Hours: Monday to Thursday 8h30 to 12h00 and 12h30 to 16h30
Financing: municipal
Legal status: municipal agency

SAINT-THOMAS - MUNICIPALITY
1240 Route 158, Saint-Thomas, Lanaudière, QC, J0K 3L0
450 759-3405
Website: www.saintthomas.qc.ca
Email: municipalite@saintthomas.qc.ca
Coverage area: Saint-Thomas
Hours: Monday to Friday 9h00 to 12h00 and 13h00 to 16h00
Financing: municipal
Legal status: municipal agency

SAINTE-JULIENNE - MUNICIPALITY
2450 Victoria Street, Sainte-Julienne, Lanaudière, QC, J0K 2T0
450 831-2688 Fax: 450 831-4433
Website: www.sainte-julienne.com
Email: municipalite@sainte-julienne.com
Coverage area: Sainte-Julienne
Hours: Monday to Thursday 8h30 to 12h00 and 13h00 to 16h30, Friday 8h30 to 12h00
Financing: municipal
Legal status: municipal agency

TERREBONNE - MUNICIPAL COURT
3630 Émile-Roy Street, Terrebonne, Lanaudière, QC, J7M 1A1
450 961-8378 Fax: 450 471-9322
Website: www.ville.terrebonne.qc.ca
Email: courmunicipale@ville.terrebonne.qc.ca
Coverage area: Terrebonne
Hours: Monday to Thursday 8h15 to 12h00 and 13h00 to 16h30, Friday 8h30 to 12h00
Financing: municipal
Legal status: municipal agency
TRAVAIL DE RUE DE REPENTIGNY
294 Iberville Boulevard, Repentigny, Lanaudière, QC, J6A 2A3
514 793-5565
Website: travailderuerepentigny.com
Email: trrepentigny@hotmail.com
Eligibility: adolescents and young adults 12 to 30 years old, homeless people, marginalized people or struggling with mental health issues
Coverage area: Repentigny
Hours: Monday to Friday
Fees: none
Financing: provincial, donations
Legal status: non-profit organization

TRIBUNAL ADMINISTRATIF DU LOGEMENT - JOLIETTE
430 de Lanaudière Street, Suite 160, Joliette, Lanaudière, QC, J6E 7X1
1 800 683-2245     Fax: 1 877 907-8077
Website: www.tal.gouv.qc.ca/en
Services: Specialized tribunal that the authority regarding residential lease matters. * Information to citizens about their rights and obligations relating to their lease. * Reaching agreements between landlords and tenants. * Protection of the rights of tenants. * Assistance with filling court application forms. * Online calculation tool for rent fixation: www.tal.gouv.qc.ca/fr/calcul-pour-la-fixation-de-loyer/outil-de-calcul
Eligibility: tenants, landlords
Coverage area: Joliette
Hours: Monday to Friday 8h30 to 12h00 and 13h00 to 16h30
Fees: variable
Financing: provincial
Legal status: provincial government agency

Professional orders and associations

ASSOCIATION DES GESTIONNAIRES DE RESSOURCES BÉNÉVOLES DU QUÉBEC - SECTEUR SANTÉ ET DES SERVICES SOCIAUX
911 Montée des Pionniers, Terrebonne, Lanaudière, QC, J6V 2H2
450 654-7525 ext. 10136
Website: agrbq.com
Services: * Training for volunteer resource managers. * Sharing network between members and various organizations tied to the health and social services community network. * Implementation of a volunteer resource service, as well as of standards related to volunteering development and administration.
Eligibility: volunteer manager in the health system
Coverage area: Province of Québec
Hours: Monday to Friday 8h00 to 16h00
Fees: membership fees
Financing: membership fees
Legal status: non-profit organization
QUÉBEC ASSOCIATION OF SPECIAL CARE COUNSELLORS
Confidential Address
514 928-2619
Website: www.aeesq.ca/en/accueil-eng
Email: info@aeesq.ca
Eligibility: special care counsellors, general public
Coverage area: Province of Québec
Hours: Monday to Friday 9h00 to 16h00
Fees: annual membership: from $50 to $200
Financing: membership fees
Legal status: non-profit organization

Support for offenders

CENTRE RÉSIDENTIEL COMMUNAUTAIRE JOLIETTE-LANAUDIÈRE
785 Manseau Boulevard, Joliette, Lanaudière, QC, J6E 3G1
450 752-0556     Fax: 450 752-0824
Website: www.crcjoliette.ca
Email: stremblay@crcjoliette.ca
Eligibility: judicialized men 18 years and over on a correctional measure with follow-up
Capacity: 21 residents
Coverage area: Lanaudière
Hours: 24 hours / 7 days
Fees: accommodation expenses: variable according to income
Financing: self-financing, provincial, federal
Legal status: non-profit organization

L’ASSOMPTION - COUR MUNICIPALE
781 du Bas-de-L’Assomption Road North, L’Assomption, Lanaudière, QC, J5W 2H1
450 589-5671 ext. 1     Fax: 450 589-4512
Website: www.ville.lassomption.qc.ca/cour-municipale
Email: courmunicipale@ville.lassomption.qc.ca
Services: First-instance justice court hearing lawsuits relative to municipal by-laws, infringements to the Code de la sécurité routière and some criminal infringements (drunk driving, thefts under $5000 and misdeeds). * Ticket payment or contestation. * Recovery of unpaid amounts. * Compensatory work.
Coverage area: L’Assomption, Saint-Sulpice, L’Épiphanie, Paroisse de L’Épiphanie
Hours: Monday to Wednesday 8h30 to 16h30, Thursday 8h30 to 17h30, Friday 8h30 to 12h30
Financing: municipal
Legal status: municipal agency

LEGAL AID OFFICE - JOLIETTE
440 Saint-Louis Street, Joliette, Lanaudière, QC, J6E 2Y8
450 759-2500     Fax: 450 759-8682
Website: www.ccjll.qc.ca
Email: bajjoli@ccjll.qc.ca
Services: Free or low cost legal services to eligible individuals. * Receive and process legal aid requests.
Eligibility: person or non-profit organization residing in Quebec or forced to remain in Quebec, financially eligible, and with a legal need that is covered by the Law

Coverage area: Joliette

Hours: Monday to Friday 8h30 to 12h00 and 13h00 to 16h30, by appointment only, except emergency

Fees: people may be eligible for free legal aid or contributory legal aid between $100 and $800, depending on their financial situation, see scale on website

Financing: provincial

Legal status: parapublic organization

LEGAL AID OFFICE - REPENTIGNY
10-A Brien Boulevard, Suite 100, Repentigny, Lanaudière, QC, J6A 4R7

450 581-8691 Fax: 450 581-1218

Website: www.ccjll.qc.ca

Email: bajrep@ccjll.qc.ca

Services: Free or low cost legal services to eligible individuals. * Reception and processing legal aid requests.

Eligibility: person or non-profit organization residing in Quebec or forced to remain in Quebec, financially eligible and with a legal need that is covered by the Law

Coverage area: Repentigny

Hours: Monday to Friday 8h30 to 12h00 and 13h00 to 16h30, by appointment only, except emergency

Fees: people may be eligible for free legal aid or contributory legal aid between $100 and $800, depending on their financial situation, see scale on website

Financing: provincial

Legal status: provincial government agency

LEGAL AID OFFICE - TERREBONNE
891 Saint-François-Xavier Street, Suite 210, Terrebonne, Lanaudière, QC, J6W 1H1

450 492-1535 Fax: 450 492-8378

Website: www.ccjll.qc.ca

Email: bajter@ccjll.qc.ca

Services: Free or low cost legal services to eligible individuals. * Reception and processing legal aid requests.

Eligibility: people or non-profit organizations residing in Quebec or forced to remain in Quebec, financially eligible and with a legal need that is covered by the Law

Coverage area: Terrebonne

Hours: Monday to Friday 8h30 to 12h00 and 13h00 to 16h30, by appointment only, except emergency

Fees: people may be eligible for free legal aid or contributory legal aid between $100 and $800, depending on their financial situation, see scale on website

Financing: provincial

Legal status: provincial government agency

MASCOCUE - MUNICIPAL COURT
3038 Sainte-Marie Road, Mascouche, Lanaudière, QC, J7K 1P1

450 474-4133 ext. 2640

Website: mascouche.ca/services-aux-citoyens/cour-municipale

Email: cour@ville.mascouche.qc.ca

Services: First-instance justice court hearing lawsuits relative to municipal by-laws, infringements to the Code de la sécurité routière and some criminal infringements (drunk driving, thefts under $5000 and misdeeds). * Ticket payment or contestation. * Recovery of unpaid amounts. * Compensatory work.

Coverage area: Mascouche

Financing: municipal

Legal status: municipal agency
MRC D’AUTRAY - MUNICIPAL COURT
550 De Montcalm Street, Berthierville, Lanaudière, QC, J0K 1A0
450 836-7007    Fax: 450 836-5230
Website: www.mrcautray.qc.ca/citoyens/cour-municipale
Email: cour.municipale@mrcautray.qc.ca


Coverage area: MRC D’Atray
Hours: Monday to Thursday 8h00 to 16h45, Friday 8h00 to 12h00
Financing: municipal
Legal status: municipal agency

MRC MATAWINIE - MUNICIPAL COURT
3184 1st Avenue, Rawdon, Lanaudière, QC, J0K 1S0
450 834-5441 ext. 7022     Fax: 450 834-6560
Website: mrcmatawinie.org/cour-municipale
Email: cour@matawinie.org

Services: First instance justice Court hearing lawsuits relative to municipal by-laws, infringements to the Code de la Sécurité routière and some criminal infringements (drunk driving, thefts under $5000 and misdeeds). * Ticket payment or contestation. * Recovery of unpaid amounts. * Compensatory work.

Coverage area: MRC Matawinie
Hours: Monday to Thursday 8h30 to 12h00 and 13h00 to 16h30, Friday 8h30 to 12h00 and 13h00 to 15h30
Financing: municipal
Legal status: municipal agency

REPENTIGNY - MUNICIPAL COURT
1 Montée des Arsenaux, Repentigny, Lanaudière, QC, J5Z 2C1
450 470-3500     Fax: 450 654-2447
Website: repentigny.ca/services/citoyens/cour-municipale
Email: cour-municipale@repentigny.ca

Services: First-instance justice court hearing lawsuits relative to municipal by-laws, infringements to the Code de la sécurité routière and some criminal infringements (drunk driving, thefts under $5000 and misdeeds). * Ticket payment or contestation. * Recovery of unpaid amounts. * Compensatory work.

Coverage area: Repentigny
Hours: Monday to Wednesday 8h30 to 12h00 and 13h00 to 16h30, Thursday 8h30 to 12h00 and 13h00 to 17h30, Friday 8h00 to 12h00
Financing: municipal
Legal status: municipal agency

RUCHE ST-DAMIEN (LA)
7221, chemin Beaulieu, Saint-Damien, Lanaudière, QC, J0K 2E0
450 835-9228     Fax: 450 835-9228
Website: www.laruchestdamien.org
Email: laruchestdamien@gmail.com


Eligibility: Persons with low-income
Coverage area: Saint-Damien
Justice and Advocacy

Hours: Thursday to Friday 10h00 to 16h00, Saturday 10h00 to 15h00, Food bank: 1st and 3rd Thursday of each month 10h00 to 15h00.

Fees: Annual membership: 5$, food bank: 4$ per person 18 years old and over, free for dependent children, emergency breakdown service: free

Legal status: non-profit organization

TERREBONNE - MUNICIPAL COURT
3630 Émile-Roy Street, Terrebonne, Lanaudière, QC, J7M 1A1
450 961-8378 Fax: 450 471-9322
Website: www.ville.terrebonne.qc.ca
Email: courmunicipale@ville.terrebonne.qc.ca


Coverage area: Terrebonne

Hours: Monday to Thursday 8h15 to 12h00 and 13h00 to 16h30, Friday 8h30 to 12h00

Financing: municipal

Legal status: municipal agency

TRAVAIL DE RUE DE REPENTIGNY
294 Iberville Boulevard, Repentigny, Lanaudière, QC, J6A 2A3
514 793-5565
Website: travailderuerepentigny.com
Email: trrepentigny@hotmail.com


Eligibility: adolescents and young adults 12 to 30 years old, homeless people, marginalized people or struggling with mental health issues

Coverage area: Repentigny

Hours: Monday to Friday

Fees: none

Financing: provincial, donations

Legal status: non-profit organization
Mental Health and addictions

ADDICTION PREVENTION

ADDICTION TREATMENT

COMMUNITY SUPPORT IN MENTAL HEALTH

CRISIS CENTRES AND SUICIDE PREVENTION

HELPLINES

MENTAL HEALTH ADVOCACY GROUPS

MENTAL HEALTH HOUSING

PSYCHIATRIC SERVICES

SELF-HELP GROUPS FOR ADDICTION ISSUES

SELF-HELP GROUPS FOR MENTAL HEALTH ISSUES
Addiction prevention

ASSOCIATION POUR LES JEUNES DE LA RUE DE JOLIETTE
144 St-Joseph Street, Suite R-12, Joliette, Lanaudière, QC, J6E 5C4
450 753-3692
Website: www.ajrj.org
Email: info@ajrj.org


Eligibility: people 12 to 35
Coverage area: Joliette
Hours: day, evening, night
Fees: none
Financing: donations
Legal status: non-profit organization

CAFÉ DE RUE DE TERREBONNE
654 Saint-Pierre Street, Terrebonne, Lanaudière, QC, J6W 1C8
450 806-9545
Website: cafederuesolidaire.org
Email: cafederue@hotmail.com


Eligibility: young adults 18 to 30 years old in a crisis situation, in a relationship breakdown or marginalized, homeless or not
Coverage area: Terrebonne
Hours: Tuesday 15h00 to 20h00, Wednesday 14h00 to 20h00, Thursday 13h00 to 20h00, Friday 13h00 to 19h30, closed on the first Friday of the month, food assistance: Monday 17h00 to 19h00 on registration
Fees: none
Financing: donations, federal, provincial
Legal status: non-profit organization

CENTRE HOSPITALIER DE LANAUDIÈRE
1000 Sainte-Anne Boulevard, Saint-Charles-Borromée, Lanaudière, QC, J6E 6J2
450 759-8222
Website: sante.gouv.qc.ca/repertoire-ressources/ressource/?nofiche=1203#

Coverage area: Province of Québec
Hours: 24 hours / 7 days, test centre: by appointment
Financing: provincial
Legal status: parapublic organization

CENTRE MULTISERVICES DE SANTÉ ET DE SERVICES SOCIAUX DE SAINT-JEAN-DE-MATHA
895 Louis-Cyr Road, Saint-Jean-de-Matha, Lanaudière, QC, J0K 2S0
450 886-3861
Website: www.cisss-lanaudiere.gouv.qc.ca/votre-cisss/coordonnees-et-horaires/clsc
Mental Health and Addictions

**Services:** Frontline services for routine health and social services. * Authentication of the health insurance card. * Prenatal classes. * Listening and telephone support. * Vaccination.

**Coverage area:** Lanaudière

**Hours:** Monday to Friday 8h30 to 16h30

**Financing:** provincial

**Legal status:** parapublic organization

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**CLSC DE BERTHIERVILLE**

761 Notre-Dame Street, Berthierville, Lanaudière, QC, J0K 1A0  
450 836-7011

**Website:** sante.gouv.qc.ca/repertoire-ressources/ressource/?nofiche=707


**Coverage area:** Québec

**Financing:** provincial

**Legal status:** parapublic organization

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**CLSC DE CHERTSEY**

485 Dupuis Street, Chertsey, Lanaudière, QC, J0K 3K0  
450 882-2488

**Website:** sante.gouv.qc.ca/repertoire-ressources/ressource/?nofiche=708


**Coverage area:** Québec

**Financing:** provincial

**Legal status:** parapublic organization

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**CLSC DE JOLIETTE**

380 Base-de-Roc Boulevard, Joliette, Lanaudière, QC, J6E 9J6  
450 755-2111

**Website:** sante.gouv.qc.ca/en/repertoire-ressources/ressource/?nofiche=1337&ch_type%5B6%5D=1201&bt_rechType=&theme=clsc&ch_choixReg=&ch_rayon=0&ch_code=J6E9J6


**Coverage area:** Québec

**Financing:** provincial

**Legal status:** parapublic organization

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**CLSC DE LAVALTRIE**

1400 Notre-Dame Street, Suite 203, Lavaltrie, Lanaudière, QC, J5T 1M6  
450 586-1020

**Website:** sante.gouv.qc.ca/en/repertoire-ressources/ressource/?nofiche=1810&ch_type%5B6%5D=1201&bt_rechType=&theme=clsc&ch_choixReg=&ch_rayon=0&ch_code=J5T1M6
Mental Health and addictions


Coverage area: Québec

Hours: Monday to Friday 8h00 to 16h00, collection centre: Monday, Wednesday, Thursday 7h15 to 9h45

Financing: provincial

Legal status: parapublic organization

CLSC DE SAINT-DONAT
377 du Foyer Street, Saint-Donat, Lanaudière, QC, J0T 2C0
819 424-1511

Website: sante.gouv.qc.ca/en/repertoire-ressources/ressource/?nofiche=1725&ch_type%5B6%5D=1201&bt_rechType=&theme=clsc&ch_choixReg=&ch_rayon=0&ch_code=J0T2C0


Coverage area: Québec

Hours: Monday and Thursday 8h00 to 16h30, Tuesday, Wednesday and Friday 8h30 to 16h30, Saturday and Sunday 9h30 to 16h30, tests centre: Monday, Thursday 8h00 to 9h00

Financing: provincial

Legal status: parapublic organization

CLSC DE SAINT-ESPRIT
110 Saint-Isidore Street, Saint-Esprit, Lanaudière, QC, J0K 2L0
450 839-3676

Website: sante.gouv.qc.ca/en/repertoire-ressources/ressource/?nofiche=739&ch_type%5B6%5D=1201&bt_rechType=&theme=clsc&ch_choixReg=&ch_rayon=0&ch_code=J0K2L0


Coverage area: Québec

Hours: Monday and Thursday 8h00 to 18h00, Wednesday and Friday 8h30 to 20h00, Thursday and Friday 08h30 to 16h30, collection centre: Monday to Friday 7h00 to 9h00

Financing: provincial

Legal status: parapublic organization

CLSC DE SAINT-MICHEL-DES-SAINTS
171 Guy-Gauthier Street, Saint-Michel-des-Saints, Lanaudière, QC, J0K 3B0
450 833-6334

Website: sante.gouv.qc.ca/repertoire-ressources/ressource/?nofiche=44853#


Coverage area: Québec

Financing: provincial

Legal status: parapublic organization
CLSC DESROSIERS-LANGLOIS
821 de la Soeur-Marie-Rose Street, Terrebonne, Lanaudière, QC, J6V 0E8
450 470-2670
Website: sante.gouv.qc.ca/en/repertoire-ressources/ressource/?nofiche=693678&ch_type%5B6%5D=1201&bt_rechType=&theme=clsc&ch_choixReg=&ch_rayon=0&ch_code=J6V0E8
Services: Frontline services for routine health and social services.
Coverage area: Lanaudière
Hours: Monday 8h00 to 20h00, Tuesday to Thursday 8h00 to 17h00, Friday 8h00 to 16h00
Financing: provincial
Legal status: parapublic organization

CLSC ET CENTRE DE RÉADAPTATION EN DÉFICIENCE INTELLECTUELLE ET EN TROUBLE DU SPECTRE DE L'AUTISME DE SAINT-GABRIEL-DE-BRANDON
30 Saint-Gabriel Street, Saint-Gabriel, Lanaudière, QC, J0K 2N0
450 835-4705
Website: https://sante.gouv.qc.ca/repertoire-ressources/ressource/?nofiche=1749
Coverage area: Province of Québec
Financing: provincial
Legal status: parapublic organization

CLSC LAMATER DE TERREBONNE
1317 des Seigneurs Boulevard, Terrebonne, Lanaudière, QC, J6W 5B1
450 471-2881
Website: sante.gouv.qc.ca/en/repertoire-ressources/ressource/?nofiche=1145&ch_type%5B6%5D=1201&bt_rechType=&theme=clsc&ch_choixReg=&ch_rayon=0&ch_code=J6W5B1
Coverage area: Lanaudière
Hours: Monday to Thursday 8h00 to 20h00, Friday 8h00 to 16h00
Financing: provincial
Legal status: parapublic organization

CLSC MEILLEUR - L’ÉPIPHANIE
16 Leblanc Street, Suite 200, L’Épiphanie, Lanaudière, QC, J5X 4R9
450 588-7231
Website: sante.gouv.qc.ca/en/repertoire-ressources/ressource/?nofiche=694910&ch_type%5B6%5D=1201&bt_rechType=&theme=clsc&ch_choixReg=&ch_rayon=0&ch_code=J5X4R9
Services: Frontline services for routine health and social services. * Health insurance card authentication.
Coverage area: Lanaudière
Hours: Monday to Friday 8h30 to 12h00 and 13h00 to 16h30
Financing: provincial
Legal status: parapublic organization
CLSC MEILLEUR D'IBERVILLE
1124 Iberville Boulevard, Suite 200, Repentigny, Lanaudière, QC, J5Y 3M6
450 654-1023
Website: sante.gouv.qc.ca/en/repertoire-ressources/ressource/?nofiche=1939&ch_type%5B6%5D=1201&bt_rechType=&theme=clsc&ch_choixReg=&ch_rayon=0&ch_code=J5Y3M6
Coverage area: Lanaudière
Hours: Monday, Tuesday and Thursday 8h30 to 20h00, Wednesday and Friday 8h30 to 16h30, tests centre: Monday to Friday 6h15 to 10h30
Financing: provincial
Legal status: parapublic organization

CLSC MEILLEUR DE REPENTIGNY
1124 Iberville Boulevard, Repentigny, Lanaudière, QC, J5Y 3M6
450 654-9012
Website: sante.gouv.qc.ca/en/repertoire-ressources/ressource/?nofiche=659&ch_type%5B6%5D=1201&bt_rechType=&theme=clsc&ch_choixReg=&ch_rayon=0&ch_code=J5Z3C4
Coverage area: Lanaudière
Hours: Monday to Friday 8h00 to 20h00, Saturday and Sunday 8h30 to 16h00
Financing: provincial
Legal status: parapublic organization

ORIGNAL TATOUÉ, CAFÉ DE RUE
144 Saint-Joseph Street, Joliette, Lanaudière, QC, J6E 5C4
450 394-4384
Email: loriginaletatoue@gmail.com
Eligibility: young people 16 to 30 in a situation of social or family breakdown or experiencing difficulties related to drug addiction, homelessness and mental health problems
Capacity: 10 people
Coverage area: Joliette
Hours: Tuesday and Thursday 12h00 to 21h00, Wednesday, Friday and Saturday 12h00 to 17h00
Fees: none
Financing: donations, municipal, provincial, federal
Legal status: non-profit organization

RÉSEAU COMMUNAUTAIRE D’AIDE AUX ALCOOLIQUES ET AUTRES TOXICOMANES (LE)
200 de Salaberry Street, Suite 308, Joliette, Lanaudière, QC, J6E 4G1
450 759-4545  Fax: 450 759-8749
Website: www.reseautoxicomanie.com
Email: reseautox@cepap.ca
Eligibility: social reinsertion: people 18 years and over with a period of abstinence, prevention: schools, youth centres, parents
Coverage area: MRC Joliette, MRC D’Autray, MRC Matawinie, MRC Montcalm

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TRAVAIL DE RUE DE REPENTIGNY

294 Iberville Boulevard, Repentigny, Lanaudière, QC, J6A 2A3
514 793-5565
Website: travailderuerepentigny.com
Email: trrepentigny@hotmail.com


Eligibility: adolescents and young adults 12 to 30 years old, homeless people, marginalized people or struggling with mental health issues

Coverage area: Repentigny

TRAVAIL DE RUE LE TRAJET

759 Saint-Pierre Street, Terrebonne, Lanaudière, QC, J6W 1E3
514 430-0362
Email: travailderueletrajet@outlook.fr


Eligibility: people of all ages experiencing social disruption

Coverage area: Terrebonne, Mascouche

TRAVAIL DE RUE SECTEUR BRANDON

19 Saint-Gabriel Street, Saint-Gabriel, Lanaudière, QC, J0K 2N0
450 271-4965
Email: trbrandon@hotmail.com


Eligibility: youth and adults 12 to 35 years old

Coverage area: MRC D’Autray, MRC Matawinie

Hours: administration: Monday to Friday 8h30 to 16h30, phone service: 24 hours / 7 days

Legal status: non-profit organization
UNITÉ D'INFORMATION ET D’ACTION EN TOXICOMANIE
185 des Anglais Road, Mascouche, Lanaudière, QC, J7L 3N8
450 968-0363     Fax: 450 968-3407
Website: uniatox.org
Email: info@uniatox.org


Eligibility: adults with a drug or alcohol addiction and their families, any person or group with an interest in understanding addiction
Capacity: relapsing prevention: 10 participants minimum, parents of teenagers: 8 participants minimum
Coverage area: MRC Les Moulins, MRC L’Assomption
Hours: office: Monday to Friday 9h00 to 17h00, evening meetings by appointment
Fees: free
Financing: provincial
Legal status: non-profit organization

Addiction treatment

CENTRE D’ACTION BÉNÉVOLE DES MOULINS
298 Joseph-Guay Street, Terrebonne, Lanaudière, QC, J6W 4S3
450 964-9898     Fax: 450 964-3028
Website: www.cabdesmoulins.org
Email: info@cabdesmoulins.org

Services: * Listening, information and referral. * Friendly visits. * Pied Program (integrated program for dynamic balance) for people over 65 years old. * Oui j’arrête, smoking cessation program.

Eligibility: seniors with loss of autonomy, persons with disabilities, convalescents, chronically ill, caregivers
Coverage area: MRC Les Moulins
Hours: Monday to Thursday 8h30 to 17h00, Friday 8h30 to 13h00
Fees: variable
Financing: provincial, contributions
Legal status: non-profit organization

CENTRE DE RÉADAPTATION EN DÉPENDANCE DE TERREBONNE
1045 du Coteau Road, Terrebonne, Lanaudière, QC, J6W 5Y8
1 800 966-9705
Website: www.cisss-lanaudiere.gouv.qc.ca

Services: * External detoxification up to 6 months. * Possibility of internal treatment at Pavillon du Nouveau Point de vue from 21 to 28 days. * Support to relatives: individual or group follow-up, parents consultation. * Budget consultation in partnership with the ACEF. * Self-exclusion program: 3 months to 5 years. * OAT Program.

Eligibility: youth 13 years and over, adults dealing with addictions or cyber-addiction, relatives, people with a sensory disability or on substitution program are welcomed
Coverage area: Lanaudière
Fees: free
Financing: provincial
Legal status: parapublic organization
CENTRE DE SANTÉ MASKO-SIWIN
280 Wapistan Street, Manawan, Lanaudière, QC, J0K 1M0
819 971-8818
Website: www.manawan.com/sante_mission
Eligibility: Atikamekw of Manawan
Coverage area: Manawan
Hours: regular hours: Monday to Friday 8h00 to 16h30
Financing: municipal, provincial, federal
Legal status: parapublic organization

CENTRE DE SERVICES AMBULATOIRES EN SANTÉ MENTALE ET DE RÉADAPTATION EN DÉPENDANCE DE CHARLEMAGNE
100 Grenier Street, Suite 150, Charlemagne, Lanaudière, QC, J5Z 4C6
450 657-0071
Website: www.cisss-lanaudiere.gouv.qc.ca
Services: * External detoxification up to 6 months. * Possibility of internal treatment at Pavillon du Nouveau Point de vue from 21 to 28 days. * Support to relatives: individual or group follow-up, parents consultation. * Budget consultation in partnership with the ACEF.
Eligibility: youth 13 years and over, adults dealing with addictions or cyber-addiction, relatives, people with a sensory disability or on substitution program are welcomed
Coverage area: Lanaudière
Fees: free
Financing: provincial
Legal status: parapublic organization

CENTRE HOSPITALIER DE LANAUDIÈRE
1000 Sainte-Anne Boulevard, Saint-Charles-Borromée, Lanaudière, QC, J6E 6J2
450 759-8222
Website: sante.gouv.qc.ca/repertoire-ressources/ressource/?nofiche=1203#
Coverage area: Province of Québec
Hours: 24 hours / 7 days, test centre: by appointment
Financing: provincial
Legal status: parapublic organization

CENTRE MULTISERVICES DE SANTÉ ET DE SERVICES SOCIAUX DE SAINT-JEAN-DE-MATHA
895 Louis-Cyr Road, Saint-Jean-de-Matha, Lanaudière, QC, J0K 2S0
450 886-3861
Website: www.cisss-lanaudiere.gouv.qc.ca/votre-ciss/coordonnees-et-horaires/clsc
Coverage area: Lanaudière
Hours: Monday to Friday 8h30 to 16h30
Financing: provincial
Legal status: parapublic organization
HÔPITAL PIERRE-LE GARDEUR
911 Montée des Pionniers, Terrebonne, Lanaudière, QC, J6V 2H2
1 888 654-7525
Website: www.cisss-lanaudiere.gouv.qc.ca/votre-cisss/coordonnees-et-horaires/hopitaux


Capacity: 283 beds
Coverage area: Province of Québec
Hours: 24 hours / 7 days
Financing: provincial
Legal status: parapublic organization

PAVILLON LOUIS-CYR
122 Saint-Jacques Street, Saint-Jacques, Lanaudière, QC, J0K 2R0
450 839-2555 Fax: 450 839-2444
Website: pavillonlouiscyr.com
Email: pavillonlouiscyr@gmail.com


Eligibility: men 18 and over with an addiction (alcohol, drugs)
Capacity: 60
Coverage area: Province of Québec
Hours: 24 hours / 7 days
Fees: 3-months therapy: $2850 per month, 28 days therapy $4200, covered for people on social assistance
Legal status: non-profit organization

PAVILLONS DU NOUVEAU POINT DE VUE
356 Notre-Dame Street, Lanoraie, Lanaudière, QC, J0K 1E0
450 887-2392 Fax: 450 887-2558
Website: www.nouveaupointdevue.com
Email: pnpv@qc.aira.com

Services: In-patient Rehabilitation Centre of variable lenght. * Separate programme for addiction to substances of 21 or 28 days for adults and 42 days for teenagers. * Separate programme for excessive gambling of 28 days. * Combined programme for addictions. * Individual and group therapy. * Weekend therapy for relatives. * Post-treatment follow-up: 10 group meetings 1 to 2 times per week.

Eligibility: youth 13 to 17 years with an addiction problem, adults with an addiction or gambling problems
Capacity: adults: 45, youth: 15
Coverage area: Province of Québec
Hours: centre: 24 hours / 7 days, therapy for relatives: Saturday and Sunday 9h00 to 17h00
Fees: rehabilitation for gamblers and addiction rehabilitation for youth: free if referred by the Lanaudière CRD, therapy for relatives: $200 per weekend meals included, 21 days therapy: $2 900, 28 days therapy: $4400, post-treatment follow-up: $250, welfare: covered but waiting list
Financing: membership fees
Legal status: non-profit organization

RÉSEAU COMMUNAUTAIRE D'AIDE AUX ALCOOLIQUES ET AUTRES TOXICOMANES (LE)
200 de Salaberry Street, Suite 308, Joliette, Lanaudière, QC, J6E 4G1
450 759-4545 Fax: 450 759-8749
Website: www.reseautoxicomanie.com
Email: reseautox@cepap.ca
Mental Health and addictions


**Eligibility:** social reinsertion: people 18 years and over with a period of abstinence, prevention: schools, youth centres, parents

**Coverage area:** MRC Joliette, MRC D’Auray, MRC Matawinie, MRC Montcalm

**Hours:** by appointment only, Monday to Friday 9h00 to 17h00, some availabilities in the evenings

**Fees:** none

**Financing:** provincial

**Legal status:** non-profit organization

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**UNITÉ D’INFORMATION ET D’ACTION EN TOXICOMANIE**

185 des Anglais Road, Mascouche, Lanaudière, QC, J7L 3N8

*450 968-0363*  *Fax:* 450 968-3407

**Website:** uniatox.org

**Email:** info@uniatox.org


**Eligibility:** adults with a drug or alcohol addiction and their families, any person or group with an interest in understanding addiction

**Capacity:** relapsing prevention: 10 participants minimum, parents of teenagers: 8 participants minimum

**Coverage area:** MRC Les Moulins, MRC L’Assomption

**Hours:** office: Monday to Friday 9h00 to 17h00, evening meetings by appointment

**Fees:** free

**Financing:** provincial

**Legal status:** non-profit organization

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**UNITÉ POINT DE DÉPART**

220 Lajoie Street South, Joliette, Lanaudière, QC, J6E 5L2

*450 759-6848*  *Fax:* 450 759-6648

**Email:** unitepd@outlook.com

**Services:** * Day centre and assistance. * Support groups for continued abstinence and sobriety. * One-on-one counseling. * Support, accompaniment and referrals for all kinds of addictions. * Relapse prevention.

**Eligibility:** services and activities: people 18 and over with addiction (all addictions), day centre: general population

**Coverage area:** Lanaudière

**Hours:** Monday to Saturday 8h30 to 23h00, Sunday 10h30 to 15h00, November 1 to March 31: 24 hours / 7 days

**Fees:** none

**Financing:** grants

**Legal status:** non-profit organization

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**VILAVI - REHAB CENTER**

1600 Côte de Terrebonne, Terrebonne, Lanaudière, QC, J6Y 1G8

*450 964-6566*

**Website:** www.vilavi.ca

**Email:** info@vilavi.ca

**Services:** In-patient Rehabilitation Centre for 4 to 6 months. * Separate programme for addiction to substances. * Help with social reinsertion. * Individualized progression. * Sports activities. * Accommodation recognized by correctional services for persons on remand, on parole or on probation.

**Eligibility:** adult men and women struggling with drug, medication or alcohol problems

**Capacity:** 44 single rooms
Coverage area: Province of Québec
Hours: Monday to Friday 9h30 to 16h30
Fees: beneficiaries of last resort financial assistance: free, non-beneficiaries of last resort financial assistance: $110 for assessment, $2940 per month for the program
Financing: fundraising campaigns, self-financing, donations
Legal status: non-profit organization

Community support in mental health

BONNE ÉTOILE JOLIETTE (LA)
517 Archambault Street, Joliette, Lanaudière, QC, J6E 2W6
450 759-8853
Website: www.la-bonne-etoile.org
Email: labonneetoile@videotron.ca
Eligibility: people over 16 years old with a mental health problem
Coverage area: Joliette and surroundings
Hours: Monday to Friday 10h00 to 16h00
Fees: none
Financing: provincial
Legal status: non-profit organization

CAMP DE JOUR RICHELIEU-REPENTIGNY
830 Basile-Routhier Boulevard, Repentigny, Lanaudière, QC, J6A 7W9
514 865-2267
Website: www.richelieurepentigny.org/camp_repentigny.php
Email: camp-jour-richelieu@outlook.com
Services: Summer camp for youth with specific needs.
Eligibility: autonomous youth 6 to 25 years old living with a mild or moderate intellectual disability, a language disorder, a behavioural disorder, attention disorder (ADD/ADHD), an autism spectrum disorder, a physical disability or with mental health issues and who is functional in big groups
Capacity: 50 people
Coverage area: Repentigny, L’Assomption, Charlemagne, L’Épiphanie, Lachenaie
Hours: summer camp: Monday to Friday 8h30 to 15h30, with childcare services possible from 7h00 to 8h30 and 15h30 to 18h00
Fees: youth 6 to 18 years old: $450, youth 19 to 25 years old: $950
Financing: donations, municipal, provincial
Legal status: non-profit organization

CENTRE D’ENTRAIDE EN SANTÉ MENTALE DU SECTEUR BRANDON - LE CROISSANT DE LUNE
168 Saint-Pierre Street, Saint-Gabriel, Lanaudière, QC, J0K 2N0
450 835-7222
Email: lecdl93@gmail.com
Eligibility: people living with a mental health issue
Coverage area: Mandeville, Saint-Cléophas-de-Brandon, Saint-Didace, Saint-Gabriel-de-Brandon, Saint-Norbert, Saint-Gabriel
Hours: Tuesday and Friday 8h30 to 15h30, Wednesday 12h45 to 15h30, Saturday 12h30 to 15h30, listening line: Thursday 12h30 to 15h00
Financing: grants
Legal status: non-profit organization

CENTRE DE SERVICES AMBULATOIRES EN SANTÉ MENTALE DE TERREBONNE
1355 Grande-Allée Boulevard, Suite 101, Terrebonne, Lanaudière, QC, J6W 4K6
450 964-6418
Website: www.cisss-lanaudiere.gouv.qc.ca/votre-cisss/coordonnees-et-horaires/centres-de-services-ambulatoires-en-sante-mentale
Coverage area: MRC Les Moulins
Hours: Monday to Friday 8h30 to 12h00 and 13h00 to 16h30
Fees: none
Financing: provincial
Legal status: parapublic organization

CORPORATION DES ZOOTHÉRAPEUTES DU QUÉBEC
Confidential Address
438 872-2749
Website: membres.corpozootherapeute.com/fr
Email: administration@corpozootherapeute.com
Eligibility: zootherapists, general public
Coverage area: Province of Québec
Fees: regular member: $180 per year, newly graduated member: $90 per year
Financing: membership fees
Legal status: non-profit organization

COURT OF QUÉBEC - CIVIL DIVISION - JOLIETTE
200 Saint-Marc Street, Joliette, Lanaudière, QC, J6E 8C2
450 753-4807     Fax: 450 752-1733
Website: www.justice.gouv.qc.ca/en/join-us/find-a-courthouse/joliette-courthouse
Services: Court constituting the judicial system of Québec. * Hearing of cases where the amount in dispute is less than $85,000. * Hearing of some cases regarding municipal and school affairs. * Hearing of temporary and authorized confinement cases prior to or following psychiatric assessment. * Exclusive jurisdiction to hear appeals from decisions of certain administrative tribunals, such as the Tribunal administratif du logement. * Voluntary deposit.
Coverage area: Lanaudière: Joliette judicial district
Hours: Monday to Friday 8h30 to 16h30
Financing: provincial
Legal status: provincial government agency

CRIME VICTIMS ASSISTANCE CENTRE OF LANAUDEIRÈ
Confidential Address
1 888 755-6127     Fax: 450 755-6069
Website: cavac.qc.ca/en
Email: info@cavaclanaudiere.com
Eligibility: people victims of criminal acts, their relatives, witnesses of a crime
Coverage area: Lanaudière
CRIME VICTIMS ASSISTANCE CENTRE OF LANAUDIÈRE - REPENTIGNY SERVICE POINT

Confidential Address
1 888 755-6127
Website: cavac.qc.ca/en
Email: info@cavaclanaudiere.com


Eligibility: people victims of criminal acts, their relatives, witnesses of a crime

Coverage area: Lanaudière

Hours: Monday to Friday 8h30 to 16h30
Fees: none
Financing: provincial, donations
Legal status: non-profit organization

EN VOL (L’)

588 Montcalm Street, Suite 305, Berthierville, Lanaudière, QC, J0K 1A0
450 836-4999 Fax: 450 836-4482
Website: envol-entraide.ca
Email: info@envol-entraide.ca


Eligibility: people 18 years old and over living or having lived with a mental health challenge

Coverage area: Berthierville, La Visitation-de-l’Île-Dupas, Lanoraie, Lavaltrie, Saint-Barthélemy, Saint-Cuthbert, Saint-Norbert, Sainte-Élisabeth and Sainte-Geneviève-de-Berthier

Hours: Monday to Thursday 8h00 to 16h00
Fees: yearly registration: $5 regular member, $10 sympathizing member
Financing: donations, membership fees
Legal status: non-profit organization

INFO-SOCIAL 8-1-1 - LANAUDIÈRE

Confidential Address
811 option 2
Website: www.quebec.ca/en/health/finding-a-resource/info-social-811

Services: Psychosocial consultation by phone. * Information and referral to assistance resources.

Coverage area: Lanaudière

Hours: 24 hours / 7 days
Fees: free
Financing: provincial
Legal status: non-profit organization

LUEUR DU PHARE DE LANAUDIÈRE (LA) - POINT DE SERVICE JOLIETTE

676 Manseau Boulevard, Joliette, Lanaudière, QC, J6E 3E6
1 800 465-4544 Fax: 450 752-6468
Website: www.lueurduphare.org
Email: lueurduphare@videotron.ca

Eligibility: relatives of people 16 years and over living or having lived with mental health problems

Coverage area: Lanaudière

Hours: Monday to Friday 8h30 to 12h00 and 13h00 to 16h30

Financing: provincial, membership fees, donations

Legal status: non-profit organization

LUEUR DU PHARE DE LANAUDIÈRE (LA) - POINT DE SERVICE REPENTIGNY

50 Thouin Street, Suite 213, Repentigny, Lanaudière, QC, J6A 4J4

1 800 465-4544

Website: www.lueurduphare.org

Email: lueurduphare@videotron.ca


Eligibility: relatives of people 16 years and over living or having lived with mental health problems

Coverage area: Lanaudière

Hours: Monday to Thursday 8h30 to 12h00 and 13h00 to 16h30

Financing: provincial, membership fees, donations

Legal status: non-profit organization

MAISON DES JEUNES DE REPENTIGNY - LE GARDEUR

389 Saint-Paul Street, door 5, Repentigny, Lanaudière, QC, J5Z 2H9

450 657-7111

Website: mdjrepentigny.ca

Email: mdjrepentigny@gmail.com

Services: Meeting and discussion place promoting individual and collective expression through varied activities, under the supervision of significant adults. * Counselling, active listening. * Self-esteem workshops. * Referral centre.

Eligibility: youth 12 to 17 years old

Capacity: more than 60 teenagers

Coverage area: Le Gardeur sector

Hours: Wednesday and Thursday 15h00 to 20h00, Friday 15h00 to 21h00

Fees: none

Financing: provincial, municipal, donations

Legal status: non-profit organization

MARRAINES CŒUR DE POUCE

222 Notre-Dame-des-Champs Boulevard, Repentigny, Lanaudière, QC, J6A 3B5

450 582-2677 ext. 29 Fax: 450 582-1168

Website: maisonlaparenthese.org/marraines-coeur-de-pouce

Email: info@maisonlaparenthese.org


Eligibility: parents of a child younger than a year

Coverage area: MRC L'Assomption

Hours: Monday to Friday 8h00 to 12h00 and 13h00 to 16h00

Fees: none
Financing: provincial  
Legal status: non-profit organization

MI-ZÉ-VIE
130 Saint-Jacques Street, Saint-Michel-des-Saints, Lanaudière, QC, J0K 3B0  
450 833-6040 Fax: 450 833-2173  
Email: mizevie@hotmail.com  


Eligibility: people in a crisis situation, people living with mental health challenges, people in mourning

Coverage area: Saint-Michel-des-Saints, Saint-Zénon

Hours: on appointment: Monday to Thursday 9h30 to 12h00, without appointment: Monday to Thursday 13h00 to 14h15, Saint-Zénon without appointment: Friday 8h45 to 15h00, community meals: last Thursday of the month 12h00

Fees: mental health intervention: free, optional membership card: $5, community meals: $5, excursions: variable cost

Financing: donations, contributions  
Legal status: non-profit organization

MILIEU D'INTERVENTION ET DE THÉRAPIE EN AGRESSION SEXUELLE
144 Saint-Joseph Street, Joliette, Lanaudière, QC, J6E 5C4  
450 755-6755 Fax: 450 755-1773

Website: www.mitas.ca


Capacity: groups: 8 people

Coverage area: Lanaudière

Hours: Monday to Thursday 9h00 to 16h00, therapies for adults in the evening

Fees: free for children, variable for adults

Financing: provincial, self-financing, grants, donations

Legal status: non-profit organization

PARRAINAGE CIVIQUE LANAUDIÈRE - HEAD OFFICE
688 Manseau Boulevard, Joliette, Lanaudière, QC, J6E 3E6  
450 398-0696

Website: parrainageciviquelanaudiere.ca

Email: carolpcl@outlook.com

Services: Sponsorship: long-term support by a volunteer paired with a marginalized person for social integration purposes. * Useful accompaniments, leisure activities.

Eligibility: people living with a motor or sensory disability, mental health disorder, intellectual disability, in loss of autonomy or with socio-emotional difficulties

Coverage area: Lanaudière

Hours: Monday to Friday 8h30 to 12h00 and 13h00 to 16h30

Fees: membership: $5 per year

Financing: provincial, Centraide Lanaudière, fundraising campaigns

Legal status: non-profit organization
PARRAINAGE CIVIQUE LANAUDIÈRE - POINT DE SERVICE NORD DE LANAUDIÈRE
4046 Queen Street, Rawdon, Lanaudière, QC, J0K 1S0
450 834-1728
Website: parrainageciviquelanaudiere.ca
Email: pcrrawdon@outlook.com
Services: Sponsorship: long-term support by a volunteer paired with a marginalized person. * Utility accompaniments, leisure activities.
Eligibility: people living with a motor or sensory disability, mental health problem or intellectual disability, in loss of autonomy or with socio-emotional difficulties
Coverage area: MRC D'Autray, MRC Joliette, MRC Matawinie, MRC Montcalm
Hours: by appointment
Fees: membership: $5 per year
Financing: Centraide Lanaudière, fundraising campaigns, provincial
Legal status: non-profit organization

PARRAINAGE CIVIQUE LANAUDIÈRE - POINT DE SERVICE SUD DE LANAUDIÈRE
2500 Mascouche Boulevard, Suite 224, Mascouche, Lanaudière, QC, J7K 0H5
450 417-0922
Website: parrainageciviquelanaudiere.ca
Email: pcldesmoulins@videotron.ca
Services: Sponsorship: long-term support by a volunteer paired with a marginalized person. * Utility accompaniments, leisure activities.
Eligibility: people living with motor or sensory disabilities, mental health problems or intellectual disabilities, in loss of autonomy or with socio-emotional difficulties
Coverage area: MRC Les Moulins, MRC L'Assomption
Hours: Monday, Tuesday, Thursday 8h30 to 12h00 and 13h00 to 16h30
Fees: membership: $5 per year
Financing: Centraide Lanaudière, fundraising campaigns, provincial
Legal status: non-profit organization

RESCOUSSE AMICALE (LA)
3689 Albert Street, Rawdon, Lanaudière, QC, J0K 1S0
450 834-3151     Fax: 450 834-5557
Website: rescousseamicale.ca
Email: info@rescousseamicale.ca
Eligibility: people 18 years and over living or having lived a mental health problem or emotional distress
Coverage area: MRC Matawinie
Hours: Monday to Friday 9h00 to 16h00
Fees: free services, membership card: $3
Financing: contributions
Legal status: non-profit organization

RESCOUSSE MONTCALM (LA)
114 Montcalm Street, Saint-Esprit, Lanaudière, QC, J0K 2L0
450 839-7050     Fax: 450 839-7438
Website: rescoussemontcalm.com
Email: larescoussemontcalm@videotron.ca

Eligibility: people with a mental health problem

Coverage area: MRC Montcalm

Hours: Monday to Thursday 9h00 to 17h00

Fees: membership card: $12 per year

Financing: provincial

Legal status: non-profit organization

TOURNESOL DE LA RIVE-NORD (LE)

222 Notre-Dame Street, Repentigny, Lanaudière, QC, J6A 2R2

450 657-1608     Fax: 450 657-5709

Website: www.letournesoldelarivenord.com

Email: info@letournesoldelarivenord.com


Eligibility: people 18 years old and over living or having lived with a mental health issue

Capacity: 20 persons

Coverage area: MRC L'Assomption

Hours: Monday to Friday 8h30 to 17h00

Fees: membership card: $10

Financing: provincial, self-financing

Legal status: non-profit organization

VAISSEAU D’OR (DES MOULINS) (LE)

486 Gagnon Street, Terrebonne, Lanaudière, QC, J6W 2N7

450 964-2418     Fax: 450 964-8702

Website: vaisseaudor.com

Email: entraide@vaisseaudor.com


Eligibility: adults living, having lived with or likely to experience mental health issues

Coverage area: MRC Les Moulins

Hours: Monday to Friday 10h00 to 17h00

Fees: membership: $12 per year, housing: variable

Financing: provincial

Legal status: non-profit organization

Crisis centres and suicide prevention

CENTRE DE PRÉVENTION DU SUICIDE DE LANAUDIÈRE

Confidential Address

1 866 277-3553     Fax: 450 759-4122

Website: www.cps-lanaudiere.org
**Mental Health and Addictions**

**Services:** * Confidential hotline for people who are affected by the suicide issue. * Support and self-help group for adults and children bereaved by suicide. * Support for those close to suicidal people. * Sentinel program: training and support for adults who are likely to help people in a suicidal crisis. * Emergency postvention program. * Support for the implementation of postvention programs in companies. * Training for workers confronted with the problem of suicide in their workplace.

**Eligibility:** people with personal issues, in distress or facing crisis situations, their close ones, people having been bereaved by suicide, field workers

**Coverage area:** Lanaudière

**Hours:** 24 hours / 7 days

**Fees:** trainings for field workers: variable fees, other services: free

**Financing:** grants, donations

**Legal status:** non-profit organization

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**CENTRE DE RESSOURCES POUR HOMMES DU SUD DE LANAUDIÈRE**

2500 Mascouche Boulevard, Mascouche, Lanaudière, QC, J7K 0H5

450 961-1241

Website: www.aidehomme.com

Email: aidehomme@gmail.com

**Services:** Support for men in precarious situation. * Accompaniment and individual follow-up in the short and medium term. * Conferences and workshops. * Popote au masculin: cooking classes for men.

**Eligibility:** men

**Coverage area:** MRC L’Assomption, MRC Les Moulins

**Hours:** Monday to Friday 9h00 to 17h00

**Fees:** none

**Financing:** grants

**Legal status:** non-profit organization

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**MI-ZÉ-VIE**

130 Saint-Jacques Street, Saint-Michel-des-Saints, Lanaudière, QC, J0K 3B0

450 833-6040  Fax: 450 833-2173

Email: mizevie@hotmail.com


**Eligibility:** people in a crisis situation, people living with mental health challenges, people in mourning

**Coverage area:** Saint-Michel-des-Saints, Saint-Zénon

**Hours:** on appointment: Monday to Thursday 9h30 to 12h00, without appointment: Monday to Thursday 13h00 to 14h15, Saint-Zénon without appointment: Friday 8h45 to 15h00, community meals: last Thursday of the month 12h00

**Fees:** mental health intervention: free, optional membership card: $5, community meals: $5, excursions: variable cost

**Financing:** donations, contributions

**Legal status:** non-profit organization

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**SERVICE DE POLICE DE REPENTIGNY - COMMUNITY POLICE OFFICER**

1 Montée des Arsenaux, Repentigny, Lanaudière, QC, J5Z 2C1

450 470-3001 ext. 3674

Website: www.ville.repentigny.qc.ca

Email: corbeil.andre@ville.repentigny.qc.ca


**Eligibility:** people who are socially isolated, elderly or living with a mental health problem
Mental Health and addictions

Coverage area: Repentigny, Charlemagne
Financing: municipal
Legal status: municipal agency

SERVICES DE CRISE DE LANAUDIÈRE (LES) - RAWDON SITE
Confidential Address
1 800 436-0966
Website: crise.lanaudiere.net
Email: administration@crise.lanaudiere.net
Services: Alternative to hospitalization for adults in crisis by staying in one of their houses of Rawdon or Repentigny. * Phone intervention.
Eligibility: adults 18 years old and over, in crisis
Capacity: 8 people per house
Coverage area: Lanaudière
Hours: 24 hours / 7 days
Fees: $5 per day
Financing: provincial
Legal status: non-profit organization

SERVICES DE CRISE DE LANAUDIÈRE (LES) - REPENTIGNY SITE
Confidential Address
1 800 436-0966
Website: crise.lanaudiere.net
Email: administration@crise.lanaudiere.net
Services: An alternative to hospitalization for adults in crisis by staying in one of their houses of Rawdon or Repentigny. * Phone intervention.
Eligibility: adults 18 years and over, in crisis
Capacity: 8 people per house
Coverage area: MRC L'Assomption, MRC Les Moulins, MRC Joliette, MRC D'Autray, MRC Montcalm, MRC Matawinie
Hours: 24 hours / 7 days
Fees: $5 per day
Financing: provincial
Legal status: non-profit organization

Helplines

BONNE ÉTOILE JOLIETTE (LA)
517 Archambault Street, Joliette, Lanaudière, QC, J6E 2W6
450 759-8853
Website: www.la-bonne-etoile.org
Email: labonneetoile@videotron.ca
Eligibility: people over 16 years old with a mental health problem
Coverage area: Joliette and surroundings
Hours: Monday to Friday 10h00 to 16h00
Fees: none
Financing: provincial
Legal status: non-profit organization
CARREFOUR INFORMATIONNEL ET SOCIAL
50 Thouin Street, Suite 107, Repentigny, Lanaudière, QC, J6A 4J4
450 581-5402 ext. 227
Website: www.centreanous.com/carrefour
Email: carrefour@centreanous.org
Services: Accompaniment for people with special or complex needs. * In person 211 information and referral. * Assistance with filling out forms.
Eligibility: people with language difficulties or unable to explain their situation on the phone, with no resources to meet their needs, with a functional limitation preventing them from accessing services or with no phone or Internet connection
Coverage area: MRC L'Assomption
Financing: provincial, donations
Legal status: non-profit organization

CENTRE D'ENTRAIDE EN SANTÉ MENTALE DU SECTEUR BRANDON - LE CROISSANT DE LUNE
168 Saint-Pierre Street, Saint-Gabriel, Lanaudière, QC, J0K 2N0
450 835-7222
Email: lecdl93@gmail.com
Eligibility: people living with a mental health issue
Coverage area: Mandeville, Saint-Cléophas-de-Brandon, Saint-Didace, Saint-Gabriel-de-Brandon, Saint-Norbert, Saint-Gabriel
Hours: Tuesday and Friday 8h30 to 15h30, Wednesday 12h45 to 15h30, Saturday 12h30 to 15h30, listening line: Thursday 12h30 to 15h00
Financing: grants
Legal status: non-profit organization

CENTRE DE PRÉVENTION DU SUICIDE DE LANAUDIÈRE
Confidential Address
1 866 277-3553     Fax: 450 759-4122
Website: www.cps-lanaudiere.org
Eligibility: people with personal issues, in distress or facing crisis situations, their close ones, people having been bereaved by suicide, field workers
Coverage area: Lanaudière
Hours: 24 hours / 7 days
Fees: trainings for field workers: variable fees, other services: free
Financing: grants, donations
Legal status: non-profit organization

EN VOL (L')
588 Montcalm Street, Suite 305, Berthierville, Lanaudière, QC, J0K 1A0
450 836-4999     Fax: 450 836-4482
Website: envol-entraide.ca
Email: info@envol-entraide.ca
**Mental Health and addictions**


**Eligibility:** people 18 years old and over living or having lived with a mental health challenge

**Coverage area:** Berthierville, La Visitation-de-l’Île-Dupas, Lanoraie, Lavaltrie, Saint-Barthélemy, Saint-Cuthbert, Saint-Norbert, Sainte-Élisabeth and Sainte-Geneviève-de-Berthier

**Hours:** Monday to Thursday 8h00 to 16h00

**Fees:** yearly registration: $5 regular member, $10 sympathizing member

**Financing:** donations, membership fees

**Legal status:** non-profit organization

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**INFO-SOCIAL 8-1-1 - LANAUDIÈRE**

Confidential Address

811 option 2

Website: www.quebec.ca/en/health/finding-a-resource/info-social-811

**Services:** Psychosocial consultation by phone. * Information and referral to assistance resources.

**Coverage area:** Lanaudière

**Hours:** 24 hours / 7 days

**Fees:** free

**Financing:** provincial

**Legal status:** non-profit organization

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**LITTLE BROTHERS - SUD DE LANAUDIÈRE**

2500 Mascouche Boulevard, Suite 119, Mascouche, Lanaudière, QC, J7K 0H5

514 248-3384

Website: www.petitsfreres.ca/sudlanaudiere

Email: sudlanaudiere@petitsfreres.ca

**Services:** Organization seeking to deal with the isolation of people of advanced age until their end of life. * Accompaniment and pairing with volunteers. * Visits in people’s living environments: at-home, at the hospital or CHSLD, in residences, etc. * Other End of the Line: pairing telephone service. * Activities and special outings to celebrate birthdays and traditional holidays. * Holidays stays at The Juliette Huot Home in Oka. * End-of-life accompaniment.

**Eligibility:** lonely seniors 75 years and over without a present family or significant social contact

**Coverage area:** South of Lanaudière, MRC Montcalm

**Hours:** Monday to Friday 9h00 to 17h00

**Fees:** free

**Financing:** fundraising campaigns, self-financing, donations

**Legal status:** non-profit organization

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**MI-ZÉ-VIE**

130 Saint-Jacques Street, Saint-Michel-des-Saints, Lanaudière, QC, J0K 3B0

450 833-6040     Fax: 450 833-2173

Email: mizevie@hotmail.com


**Eligibility:** people in a crisis situation, people living with mental health challenges, people in mourning

**Coverage area:** Saint-Michel-des-Saints, Saint-Zénon

**Hours:** on appointment: Monday to Thursday 9h30 to 12h00, without appointment: Monday to Thursday 13h00 to 14h15, Saint-Zénon without appointment: Friday 8h45 to 15h00, community meals: last Thursday of the month 12h00
Fees: mental health intervention: free, optional membership card: $5, community meals: $5, excursions: variable cost
Financing: donations, contributions
Legal status: non-profit organization

RESCOUSSE MONTCALM (LA)
114 Montcalm Street, Saint-Esprit, Lanaudière, QC, J0K 2L0
450 839-7050 Fax: 450 839-7438
Website: rescoussemontcalm.com
Email: larescoussemontcalm@videotron.ca
Eligibility: people with a mental health problem
Coverage area: MRC Montcalm
Hours: Monday to Thursday 9h00 to 17h00
Fees: membership card: $12 per year
Financing: provincial
Legal status: non-profit organization

SERVICES DE CRISE DE LANAUDIÈRE (LES) - RAWDON SITE
Confidential Address
1 800 436-0966
Website: crise.lanaudiere.net
Email: administration@crise.lanaudiere.net
Services: Alternative to hospitalization for adults in crisis by staying in one of their houses of Rawdon or Repentigny. * Phone intervention.
Eligibility: adults 18 years old and over, in crisis
Capacity: 8 people per house
Coverage area: Lanaudière
Hours: 24 hours / 7 days
Fees: $5 per day
Financing: provincial
Legal status: non-profit organization

SERVICES DE CRISE DE LANAUDIÈRE (LES) - REPENTIGNY SITE
Confidential Address
1 800 436-0966
Website: crise.lanaudiere.net
Email: administration@crise.lanaudiere.net
Services: An alternative to hospitalization for adults in crisis by staying in one of their houses of Rawdon or Repentigny. * Phone intervention.
Eligibility: adults 18 years and over, in crisis
Capacity: 8 people per house
Coverage area: MRC L'Assomption, MRC Les Moulins, MRC Joliette, MRC D'Autray, MRC Montcalm, MRC Matawinie
Hours: 24 hours / 7 days
Fees: $5 per day
Financing: provincial
Legal status: non-profit organization
TOURNESOL DE LA RIVE-NORD (LE)
222 Notre-Dame Street, Repentigny, Lanaudière, QC, J6A 2R2
450 657-1608  Fax: 450 657-5709
Website: www.letournesoldelarivenord.com
Email: info@letournesoldelarivenord.com

* Reception, support and individual assistance. * Individual and collective meetings. * Information and referrals.
* Phone listening. * Support in difficult times and hardships of life. * Training, information and organization activities promoting people's autonomy. * Diverse activities promoting the autonomy of people.

Eligibility: people 18 years old and over living or having lived with a mental health issue
Capacity: 20 persons
Coverage area: MRC L'Assomption
Hours: Monday to Friday 8h30 to 17h00
Fees: membership card: $10
Financing: provincial, self-financing
Legal status: non-profit organization

BONNE ÉTOILE JOLIETTE (LA)
517 Archambault Street, Joliette, Lanaudière, QC, J6E 2W6
450 759-8853
Website: www.la-bonne-etoile.org
Email: labonneetoile@videotron.ca


Eligibility: people over 16 years old with a mental health problem
Coverage area: Joliette and surroundings
Hours: Monday to Friday 10h00 to 16h00
Fees: none
Financing: provincial
Legal status: non-profit organization

CENTRE D'ENTRAIDE EN SANTÉ MENTALE DU SECTEUR BRANDON - LE CROISSANT DE LUNE
168 Saint-Pierre Street, Saint-Gabriel, Lanaudière, QC, J0K 2N0
450 835-7222
Email: lecdl93@gmail.com


Eligibility: people living with a mental health issue
Coverage area: Mandeville, Saint-Cléophas-de-Brandon, Saint-Didace, Saint-Gabriel-de-Brandon, Saint-Norbert, Saint-Gabriel
Hours: Tuesday and Friday 8h30 to 15h30, Wednesday 12h45 to 15h30, Saturday 12h30 to 15h30, listening line: Thursday 12h30 to 15h00
Financing: grants
Legal status: non-profit organization

CENTRE MULTISERVICES DE SANTÉ ET DE SERVICES SOCIAUX DE SAINT-JEAN-DE-MATHA
895 Louis-Cyr Road, Saint-Jean-de-Matha, Lanaudière, QC, J0K 2S0
450 886-3861
Website: www.cissslanaudiere.gouv.qc.ca/votre-cissss/coordonnees-et-horaires/clsc
Mental Health and addictions

**Services:** Frontline services for routine health and social services. * Authentication of the health insurance card. * Prenatal classes. * Listening and telephone support. * Vaccination.

**Coverage area:** Lanaudière

**Hours:** Monday to Friday 8h30 to 16h30

**Financing:** provincial

**Legal status:** parapublic organization

**COMITÉ DES USAGERS DU NORD DE LANAUDIÈRE**

1000 Sainte-Anne Boulevard, Saint-Charles-Borromée, Lanaudière, QC, J6E 6J2

450 759-6222 ext. 2557

**Website:** http://www.cissss-lanaudiere.gouv.qc.ca/english/service-quality-and-complaints

**Email:** comite.des.usagers.csssnl@ssss.gouv.qc.ca

**Services:** Users committee. * Information on the rights and obligations of users. * Advocacy. * Assistance in the proceedings when making a complaint. * Information on the P-38.

**Eligibility:** users of MRC D’Autray, MRC Matawinie, MRC Montcalm and MRC Joliette

**Coverage area:** MRC D’Autray, MRC Matawinie, MRC Montcalm, MRC Joliette

**Financing:** provincial

**Legal status:** parapublic organization

**COMITÉ DES USAGERS DU SUD DE LANAUDIÈRE**

135 Claude-David Boulevard, Suite 1403, Repentigny, Lanaudière, QC, J6A 1N6

450 654-7229 ext. 61010

**Website:** www.cdulanaudieresud.ca

**Email:** usagers@cdulanaudieresud.ca

**Services:** Support to CISSS of Lanaudière users. * Information on the rights and obligations of users. * Information on the P-38. * Advocacy for the rights and interests of users. * Assistance in the proceedings when making a complaint. * Promotion of quality of life improvement and satisfaction assessment.

**Eligibility:** users of social and health services offered by the CISSS of Lanaudière

**Coverage area:** MRC L’Assomption, MRC Les Moulins

**Hours:** by appointment

**Fees:** none

**Financing:** provincial

**Legal status:** non-profit organization

**ENVOL (L’)**

588 Montcalm Street, Suite 305, Berthierville, Lanaudière, QC, J0K 1A0

450 836-4999 **Fax:** 450 836-4482

**Website:** envol-entraide.ca

**Email:** info@envol-entraide.ca


**Eligibility:** people 18 years old and over living or having lived with a mental health challenge

**Coverage area:** Berthierville, La Visitation-de-l’Île-Dupas, Lanoraie, Lavaltrie, Saint-Barthélemy, Saint-Cuthbert, Saint-Norbert, Sainte-Elisabeth and Sainte-Geneviève-de-Berthier

**Hours:** Monday to Thursday 8h00 to 16h00

**Fees:** yearly registration: $5 regular member, $10 sympathizing member

**Financing:** donations, membership fees

**Legal status:** non-profit organization
LUEUR DU PHARE DE LANAUDIÈRE (LA) - POINT DE SERVICE JOLIETTE
676 Manseau Boulevard, Joliette, Lanaudière, QC, J6E 3E6
1 800 465-4544 Fax: 450 752-6468
Website: www.lueurduphare.org
Email: lueurduphare@videotron.ca


Eligibility: relatives of people 16 years and over living or having lived with mental health problems

Coverage area: Lanaudière

Hours: Monday to Friday 8h30 to 12h00 and 13h00 to 16h30

Financing: provincial, membership fees, donations

Legal status: non-profit organization

LUEUR DU PHARE DE LANAUDIÈRE (LA) - POINT DE SERVICE REPENTIGNY
50 Thouin Street, Suite 213, Repentigny, Lanaudière, QC, J6A 4J4
1 800 465-4544
Website: www.lueurduphare.org
Email: lueurduphare@videotron.ca


Eligibility: relatives of people 16 years and over living or having lived with mental health problems

Coverage area: Lanaudière

Hours: Monday to Thursday 8h30 to 12h00 and 13h00 to 16h30

Financing: provincial, membership fees, donations

Legal status: non-profit organization

MI-ZÉ-VIE
130 Saint-Jacques Street, Saint-Michel-des-Saints, Lanaudière, QC, J0K 3B0
450 833-6040 Fax: 450 833-2173
Email: mizevie@hotmail.com


Eligibility: people in a crisis situation, people living with mental health challenges, people in mourning

Coverage area: Saint-Michel-des-Saints, Saint-Zénon

Hours: on appointment: Monday to Thursday 9h30 to 12h00, without appointment: Monday to Thursday 13h00 to 14h15, Saint-Zénon without appointment: Friday 8h45 to 15h00, community meals: last Thursday of the month 12h00

Fees: mental health intervention: free, optional membership card: $5, community meals: $5, excursions: variable cost

Financing: donations, contributions

Legal status: non-profit organization

PLEINS DROITS DE LANAUDIÈRE
718 Manseau Boulevard, Joliette, Lanaudière, QC, J6E 3E9
450 394-0779 Fax: 450 394-4303
Website: pleinsdroits.org
Email: pleinsdroits@videotron.ca
PLEINS DROITS DE LANAUDIÈRE - POINT DE SERVICE DE REPENTIGNY

Eligibility: people with a mental health problem past or present
Coverage area: Lanaudière
Hours: Monday to Friday 8h30 to 12h00 and 13h00 to 16h30
Fees: none
Financing: provincial, self-financing
Legal status: non-profit organization

REGROUPEMENT DES ORGANISMES COMMUNAUTAIRES ET ALTERNATIFS EN SANTÉ MENTALE DE LANAUDIÈRE

Eligibility: community and alternative mental health organizations
Coverage area: Lanaudière
Hours: Monday to Friday 9h00 to 16h00
Fees: membership: $125 per year
Financing: provincial, membership fees
Legal status: non-profit organization

TOURNESOL DE LA RIVE-NORD (LE)

Eligibility: people 18 years old and over living or having lived with a mental health issue
Capacity: 20 persons
Coverage area: MRC L'Assomption
### VAISSEAU D'OR (DES MOULINS) (LE)

486 Gagnon Street, Terrebonne, Lanaudière, QC, J6W 2N7  
450 964-2418  Fax: 450 964-8702  
Website: vaisseaudor.com  
Email: entraide@vaisseaudor.com  

**Eligibility:** adults living, having lived with or likely to experience mental health issues  
**Coverage area:** MRC Les Moulins  
**Hours:** Monday to Friday 10h00 to 17h00  
**Fees:** membership: $12 per year, housing: variable  
**Financing:** provincial  
**Legal status:** non-profit organization

### Mental health housing

**HABITAT JEUNESSE - MASCOUCHE**  
2973 Sainte-Marie Road, Mascouche, Lanaudière, QC, J7K 1N8  
450 474-4938  
Website: habitatjeunesse.com  
Email: habitatjeunesse@videotron.ca  

**Services:** * Housing. * Emergency room. * Accompaniment in the community and personal endeavors. * Housing search assistance: support and accompaniment.  
**Eligibility:** people 18 years and over living with a mental health issue, housing: people 18 to 30 years old living with a mental health issue, housing research component: people 18 years old and over living with a mental health issue  
**Coverage area:** Lanaudière  
**Hours:** 24 hours / 7 days  
**Fees:** housing: $275 per month  
**Financing:** grants  
**Legal status:** non-profit organization

**MAISON L’INTERSECTION**  
Confidential Address  
450 752-6570  Fax: 450 752-1062  
Email: org@propulsion-lanaudiere.com  

**Services:** * Supervised apartments for mental health. * Naloxone kit distribution. * Access Centre for injection equipment.  
**Eligibility:** people 18 and over with a mental health issue, with or without diagnosis  
**Capacity:** 8  
**Coverage area:** North of Lanaudière  
**Hours:** 24 hours / 7 days  
**Fees:** 25% of income after 3 months of probation  
**Financing:** provincial  
**Legal status:** non-profit organization
PROPULSION LANAUDIÈRE
Confidential Address
450 752-6570 Fax: 450 752-1062
Email: org@propulsion-lanaudiere.com

Eligibility: people 18 years and over with a mental health problem
Coverage area: Lanaudière
Hours: phone welcoming and appointments: Monday to Friday 8h30 to 12h00 and 13h00 to 16h30, supervised apartments: 24 hours / 7 days
Financing: provincial
Legal status: non-profit organization

VAISSEAU D’OR (DES MOULINS) (LE)
486 Gagnon Street, Terrebonne, Lanaudière, QC, J6W 2N7
450 964-2418 Fax: 450 964-8702
Website: vaisseaudor.com
Email: entraide@vaisseaudor.com

Eligibility: adults living, having lived with or likely to experience mental health issues
Coverage area: MRC Les Moulins
Hours: Monday to Friday 10h00 to 17h00
Fees: membership: $12 per year, housing: variable
Financing: provincial
Legal status: non-profit organization

Psychiatric services

CENTRE DE SERVICES AMBULATOIRES EN PÉDOPSYCHIATRIE DE REPENTIGNY
465 Notre-Dame Street, Suite 204, Repentigny, Lanaudière, QC, J6A 2T3
450 581-5100
Website: www.cisss-lanaudiere.gouv.qc.ca/votre-cisss/coordonnees-et-horaires/centres-de-services-ambulatoires-en-sante-mentale

Services: Psychiatric services for children and teenagers.
Eligibility: children and teenagers
Coverage area: Lanaudière
Financing: provincial
Legal status: parapublic organization

CENTRE DE SERVICES AMBULATOIRES EN SANTÉ MENTALE DE TERREBONNE
1355 Grande-Allée Boulevard, Suite 101, Terrebonne, Lanaudière, QC, J6W 4K6
450 964-6418
Website: www.cisss-lanaudiere.gouv.qc.ca/votre-cisss/coordonnees-et-horaires/centres-de-services-ambulatoires-en-sante-mentale

Coverage area: MRC Les Moulins
Hours: Monday to Friday 8h30 to 12h00 and 13h00 to 16h30
Fees: none
Self-help groups for addiction issues

RÉSEAU COMMUNAUTAIRE D’AIDE AUX ALCOOLIQUES ET AUTRES TOXICOMANES (LE)
200 de Salaberry Street, Suite 308, Joliette, Lanaudière, QC, J6E 4G1
450 759-4545     Fax: 450 759-8749
Website: www.reseauautoxicomanie.com
Email: reseautox@cepap.ca


Eligibility: social reinsertion: people 18 years and over with a period of abstinence, prevention: schools, youth centres, parents

Coverage area: MRC Joliette, MRC D’Autray, MRC Matawinie, MRC Montcalm

Hours: by appointment only, Monday to Friday 9h00 to 17h00, some availabilities in the evenings

Fees: none

Financing: provincial

Legal status: non-profit organization

UNITÉ D’INFORMATION ET D’ACTION EN TOXICOMANIE
185 des Anglais Road, Mascouche, Lanaudière, QC, J7L 3N8
450 968-0363     Fax: 450 968-3407
Website: uniatox.org
Email: info@uniatox.org


Eligibility: adults with a drug or alcohol addiction and their families, any person or group with an interest in understanding addiction

Capacity: relapsing prevention: 10 participants minimum, parents of teenagers: 8 participants minimum

Coverage area: MRC Les Moulins, MRC L’Assomption

Hours: office: Monday to Friday 9h00 to 17h00, evening meetings by appointment

Fees: free

Financing: provincial

Legal status: non-profit organization

UNITÉ POINT DE DÉPART
220 Lajoie Street South, Joliette, Lanaudière, QC, J6E 5L2
450 759-6848     Fax: 450 759-6648
Email: unitepd@outlook.com


Eligibility: services and activities: people 18 and over with addiction (all addictions), day centre: general population

Coverage area: Lanaudière

Hours: Monday to Saturday 8h30 to 23h00, Sunday 10h30 to 15h00, November 1 to March 31: 24 hours / 7 days

Fees: none

Financing: grants

Legal status: non-profit organization
Self-help groups for mental health issues

ALBATROS LANAUDIÈRE
2500 Mascouche Boulevard, Suite 139, Mascouche, Lanaudière, QC, J7K 0H5
450 966-9508    Fax: 450 966-9508
Website: albatros-lanaudiere-73.webself.net
Email: infos@albatroslanaudiere.org

Eligibility: people 18 years and over who are terminally ill, bereaved, their family and caregivers
Coverage area: Lanaudière
Hours: by appointment
Fees: variable
Financing: foundations, provincial, municipal, donations
Legal status: non-profit organization

CARREFOUR FAMILIAL DES MOULINS
427 Léveillé Street, Terrebonne, Lanaudière, QC, J6W 1Z7
450 492-1257    Fax: 450 492-6019
Website: www.carrefourfamilialdesmoulins.com
Email: info@carrefourfamilialdesmoulins.com

Eligibility: families, future parents
Coverage area: MRC Les Moulins
Hours: Monday to Thursday 8h30 to 12h15 and 13h00 to 16h00
Fees: member access: $10 per year
Financing: Centraide Laurentides, provincial, municipal, contributions, self-financing, donations
Legal status: non-profit organization

CENTRE DE PRÉVENTION DU SUICIDE DE LANAUDIÈRE
Confidential Address
1 866 277-3553    Fax: 450 759-4122
Website: www.cps-lanaudiere.org

Eligibility: people with personal issues, in distress or facing crisis situations, their close ones, people having been bereaved by suicide, field workers
Coverage area: Lanaudière
Hours: 24 hours / 7 days
Fees: trainings for field workers: variable fees, other services: free
Financing: grants, donations
Legal status: non-profit organization
COULEURS DE LA VIE LANAUDEÎRE (AUX)
144 Saint-Joseph Street, Joliette, Lanaudière, QC, J6E 5C4
450 752-4436  Fax: 450 760-3586
Website: acdlvie.com
Email: couleurs@acdlvie.com
Eligibility: people experiencing loss or who are grieving, caregivers, counsellors working with this clientele
Coverage area: Lanaudière
Hours: Monday to Friday 8h30 to 16h30
Fees: annual membership: $10
Financing: provincial, grants
Legal status: non-profit organization

LUEUR DU PHARE DE LANAUDEÎRE (LA) - POINT DE SERVICE JOLIETTE
676 Manseau Boulevard, Joliette, Lanaudière, QC, J6E 3E6
1 800 465-4544  Fax: 450 752-6468
Website: www.lueurduphare.org
Email: lueurduphare@videotron.ca
Eligibility: relatives of people 16 years and over living or having lived with mental health problems
Coverage area: Lanaudière
Hours: Monday to Friday 8h30 to 12h00 and 13h00 to 16h30
Financing: provincial, membership fees, donations
Legal status: non-profit organization

LUEUR DU PHARE DE LANAUDEÎRE (LA) - POINT DE SERVICE REPENTIGNY
50 Thouin Street, Suite 213, Repentigny, Lanaudière, QC, J6A 4J4
1 800 465-4544
Website: www.lueurduphare.org
Email: lueurduphare@videotron.ca
Eligibility: relatives of people 16 years and over living or having lived with mental health problems
Coverage area: Lanaudière
Hours: Monday to Thursday 8h30 to 12h00 and 13h00 to 16h30
Financing: provincial, membership fees, donations
Legal status: non-profit organization

RESCOUSSE AMICALE (LA)
3689 Albert Street, Rawdon, Lanaudière, QC, J0K 1S0
450 834-3151  Fax: 450 834-5557
Website: rescousseamicale.ca
Email: info@rescousseamicale.ca
Eligibility: people 18 years and over living or having lived a mental health problem or emotional distress
**TOURNESOL DE LA RIVE-NORD (LE)**

222 Notre-Dame Street, Repentigny, Lanaudière, QC, J6A 2R2
450 657-1608   Fax: 450 657-5709
Website: www.letournesoldelarivenord.com
Email: info@letournesoldelarivenord.com


**Eligibility:** people 18 years old and over living or having lived with a mental health issue

**Capacity:** 20 persons

**Coverage area:** MRC L'Assomption

**Hours:** Monday to Friday 8h30 to 17h00

**Fees:** membership card: $10

**Financing:** provincial, self-financing

**Legal status:** non-profit organization

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**VAISSEAU D'OR (DES MOULINS) (LE)**

486 Gagnon Street, Terrebonne, Lanaudière, QC, J6W 2N7
450 964-2418   Fax: 450 964-8702
Website: vaisseaudor.com
Email: entraide@vaisseaudor.com


**Eligibility:** adults living, having lived with or likely to experience mental health issues

**Coverage area:** MRC Les Moulins

**Hours:** Monday to Friday 10h00 to 17h00

**Fees:** membership: $12 per year, housing: variable

**Financing:** provincial

**Legal status:** non-profit organization
Seniors
CAREGIVERS

COMMUNITY AND RECREATION CENTRES

DAY CENTRES AND RESPITE

FRIENDLY VISITS AND SAFETY CALLS

HOME SUPPORT

HOUSING FOR SENIORS

INTERGENERATIONAL ACTIVITIES

INTERVENTION WITH SENIORS SUBJECTED TO ABUSE

MEALS ON WHEELS

SENIORS’ ADVOCACY AND ASSISTANCE ASSOCIATIONS

VOLUNTEER TRANSPORTATION
Seniors

Caregivers

ALBATROS LANAUDIÈRE
2500 Mascouche Boulevard, Suite 139, Mascouche, Lanaudière, QC, J7K 0H5
450 966-9508  Fax: 450 966-9508
Website: albatros-lanaudiere-73.webself.net
Email: infos@albatroslanaudiere.org
Eligibility: people 18 years and over who are terminally ill, bereaved, their family and caregivers
Coverage area: Lanaudière
Hours: by appointment
Fees: variable
Financing: foundations, provincial, municipal, donations
Legal status: non-profit organization

AMIS DE LAMATER (LES)
695 Ouimet Street, Terrebonne, Lanaudière, QC, J6W 3B1
450 492-0030  Fax: 450 492-0734
Website: lesamisdelamater.org
Email: jeannedignard@msn.com
Eligibility: seniors 50 years old and over, autonomous, semi-autonomous or with a loss of autonomy
Capacity: 30 persons per day
Coverage area: MRC Les Moulins
Hours: Monday to Thursday 8h30 to 16h00, Friday 8h30 to 15h30
Fees: annual registration: $60, activity day: $15
Financing: self-financing, provincial, donations
Legal status: non-profit organization

CENTRE D’ACTION BÉNÉVOLE COMMUNAUTAIRE MATAWINIE
562 de l’Église Street, Chertsey, Lanaudière, QC, J0K 3K0
450 882-1089  Fax: 450 882-1084
Website: ccbm.qc.ca
Email: info@ccbm.qc.ca
Eligibility: seniors, people with a loss of autonomy, people on a low income, caregivers, volunteers, organizations
Hours: Monday to Thursday 8h30 to 12h00 and 13h00 to 16h30, Friday 8h30 to 12h00
Fees: meals on wheels: variable costs
Financing: provincial, self-financing, donations
Legal status: non-profit organization
CENTRE MULTISERVICES DE SANTÉ ET DE SERVICES SOCIAUX DE SAINT-JEAN-DE-MATHA
895 Louis-Cyr Road, Saint-Jean-de-Matha, Lanaudière, QC, J0K 2S0
450 886-3861
Website: www.cisss-lanaudiere.gouv.qc.ca/votre-cisss/coordonnees-et-horaires/clsc
Coverage area: Lanaudière
Hours: Monday to Friday 8h30 to 16h30
Financing: provincial
Legal status: parapublic organization

CHARLEMAGNE PUBLIC LIBRARY
84 du Sacré-Coeur Street, Charlemagne, Lanaudière, QC, J5Z 1W8
450 581-7243
Website: www.ville.charlemagne.qc.ca/fr/bibliotheque
Email: biblio@ville.charlemagne.qc.ca
Coverage area: Charlemagne
Hours: Tuesday to Thursday 13h00 to 20h00, Friday and Saturday 10h00 to 16h00, Sunday 13h00 to 16h00, summer: Monday and Friday 10h00 to 16h00, Tuesday to Thursday 13h00 to 20h00
Fees: free
Financing: municipal
Legal status: municipal agency

COOPÉRATIVE D’AIDE À DOMICILE LES MOULINS
2500 Mascouche Boulevard, Suite 125, Mascouche, Lanaudière, QC, J7K 0H5
450 966-4446     Fax: 450 966-4447
Website: www.coopdesmoulins.ca
Email: mbriere@coopdesmoulins.ca
Eligibility: single people, couples, families, new parents, adults with temporary or permanent loss of autonomy, seniors, people living with a disability, people who have had an accident or in recovery, caregivers
Coverage area: MRC Les Moulins
Hours: administration: Monday to Friday 8h30 to 12h00 and 13h00 to 16h30, domestic assistance: Monday to Friday 8h00 to 17h00, assistance and respite: everyday 8h00 to 22h00
Fees: variable according to the type of service, age, health status and family income, RAMQ financial exemption program for domestic help (PEFSAD), tax credit
Financing: self-financing
Legal status: non-profit organization

COOPÉRATIVE DE SERVICES À DOMICILE D’AUTRAY
725 de Montcalm Street, Berthierville, Lanaudière, QC, J0K 1A0
450 404-2219
Website: addautray.com
Email: info@addautray.com
Services: In-home support. * Domestic help: housekeeping, cleaning, meal preparation and shopping. * Personal assistance: hygiene care, assistance with dressing, assistance with eating, assistance with transfers, assistance with getting up and going to bed, incontinence care, distribution and administration of medication, oral temperature and blood pressure readings. * Stimulation and respite care.
Eligibility: seniors, clientele referred by the CISSS, people with a disability, people in loss of autonomy, caregivers, families, workers, single people, veterans, S.A.A.Q. or C.S.S.T. recipients

Coverage area: MRC D’Autray

Hours: Monday to Thursday 8h00 to 12h00 and 13h00 to 16h00, Friday 8h00 to 12h30, personal assistance: 7 days, 8h00 to 22h00, domestic help: Monday to Friday 8h00 to 17h00

Fees: variable

Financing: provincial, grants, self-financing

Legal status: cooperative

COOPÉRATIVE DE SERVICES MULTIPLES DE LANAUDIÈRE
1317 du Gouvernement Road, Sainte-Julienne, Lanaudière, QC, J0K 2T0
450 831-3333

Website: www.csmlanaudiere.org

Email: admin@csmlanaudiere.org


Coverage area: MRC Montcalm, MRC Matawinie Ouest

Hours: clothing counter and Ludothèque Caméléon: Tuesday to Thursday 9h00 to 15h00, administration: Monday to Thursday 8h00 to 15h30

Fees: clothing counter: variable, Caméléon Ludothèque: $15 per year for 6 to 8 toys per month depending on the number of children, training: none

Financing: provincial

Legal status: non-profit organization

COOPÉRATIVE DE SOLIDARITÉ EN SOUTIEN À DOMICILE DE LA MRC JOLIETTE
323 Manseau Boulevard, Joliette, Lanaudière, QC, J6E 3C9
450 755-4854

Website: http://www.coopssd.com/

Email: reception@coopssd.com


Eligibility: seniors, persons in loss of autonomy, persons or families needing home support

Coverage area: MRC Joliette

Fees: variable

Financing: self-financing, provincial

Legal status: cooperative

COOPÉRATIVE DE SOLIDARITÉ EN SOUTIEN À DOMICILE DE LA MRC L’ASSOMPTION
50 Thouin Street, Suite 248-A, Repentigny, Lanaudière, QC, J6A 4J4
450 581-4621   Fax: 450 581-3760

Website: cooplassomption.ca

Email: reception2@cooplassomption.ca

Services: Home support services. * Domestic life assistance: household maintenance on a weekly or occasional basis, major cleaning, laundry and ironing, meal preparation without a special diet, shopping assistance. * Daily life assistance: hygiene care, assistance with getting up and going to bed, caregiver respite. * PAIR program: computerized safety and medication reminder phone calls.

Eligibility: priority to seniors and people with a loss of autonomy, residents

Coverage area: MRC L’Assomption

Hours: Monday to Friday 7h30 to 16h30
Fees: hourly fee: domestic life assistance service: $26.65, heavy household chores: $27, respite: $28, daily life assistance: $28, RAMQ financial assistance program allowing for reductions depending on admissibility

Financing: self-financing

Legal status: cooperative

L'ASSOMPTION PUBLIC LIBRARY
375 Saint-Pierre Street, L'Assomption, Lanaudière, QC, J5W 2B6
450 589-5671 ext. 3100 Fax: 450 589-4512
Website: www.ville.lassomption.qc.ca/bibliotheque
Email: bibliothèque@ville.lassomption.qc.ca


Coverage area: L'Assomption

Hours: Tuesday to Thursday 11h00 to 19h000, Friday and Saturday 9h00 to 17h00, Sunday 12h00 to 17h00, summer: closed on Sunday and Monday

Fees: subscription: free for residents

Financing: municipal

Legal status: municipal agency

REGROUPEMENT DES AIDANTS NATURELS DU COMTÉ DE L'ASSOMPTION
Centre à Nous, 50 Thouin Street, Suite 231, Repentigny, Lanaudière, QC, J6A 4J4
450 657-0514 Fax: 450 581-6885
Website: www.aidantslassomption.org
Email: info@aidantslassomption.org


Eligibility: caregivers helping a person with a CLSC file

Coverage area: MRC de L'Assomption

Hours: Monday to Friday 9h00 to 16h30

Fees: membership of $20 per year or $30 for two members of the same family

Financing: provincial, donations, membership fees, Centraide Lanaudière, fundraising campaigns

Legal status: non-profit organization

REPENTIGNY PUBLIC LIBRARY - EDMOND-ARCHAMBAULT
231 J.-A.-Paré Boulevard, Repentigny, Lanaudière, QC, J5Z 4M6
450 470-3430
Website: bibliothèques.repentigny.ca
Email: bibliothèque@ville.repentigny.qc.ca


Coverage area: Repentigny

Hours: Tuesday to Thursday 13h00 to 21h00, Friday 9h00 to 17h00, Saturday and Sunday 13h00 to 17h00

Fees: residents of Repentigny: none, non-resident: $100 per year

Financing: municipal

Legal status: municipal agency
REPENTIGNY PUBLIC LIBRARY - ROBERT-LUSSIER
1 Place d’Évry, Repentigny, Lanaudière, QC, J6A 8H7
450 470-3420
Website: bibliothèques.repentigny.ca
Email: bibliothèque@ville.repentigny.qc.ca
Coverage area: Repentigny
Hours: Monday to Thursday 10h00 to 21h00, Friday and Saturday 9h00 to 17h00, Sunday 13h00 to 17h00
Fees: residents of Repentigny: none, non-residents: $100 per year
Financing: municipal
Legal status: municipal agency

RÉSEAU DES AIDANTS NATURELS D’AUTRAY (LE)
588 Montcalm Street, Suite 220, Berthierville, Lanaudière, QC, J0K 1A0
450 836-0711
Website: www.aidantsautray.org
Email: info@aidantsautray.org
Eligibility: caregivers, recipients, seniors
Coverage area: MRC D’Autray
Hours: Monday to Thursday 8h30 to 16h00, Friday 8h30 to 12h30, by appointment: Wednesday 16h00 to 20h00
Fees: membership: $15 per year
Financing: provincial, donations, membership fees, Centraide Lanaudière, fundraising campaigns
Legal status: non-profit organization

RÉSEAU DES PROCHES AIDANTS LES MOULINS
2500 de Mascouche Boulevard, Mascouche, Lanaudière, QC, J7K 0H5
450 326-7372 ext. 202
Website: www.rdpalesmoulins.ca
Email: info@rdpalesmoulins.ca
Eligibility: caregivers
Coverage area: MRC Les Moulins
Hours: Monday, Tuesday, Thursday and Friday 8h30 to 16h30, Wednesday 8h30 to 20h00
Fees: regular activities: free, outings: variable fees
Financing: grants
Legal status: non-profit organization

SAINT-SULPICE PUBLIC LIBRARY
215 des Loisirs Street, Saint-Sulpice, Lanaudière, QC, J5W 6C9
450 589-7816
Website: biblietcie.ca/biblio/bibliotheque-de-saint-sulpice
Email: biblio133@reseaubiblocqlm.qc.ca
Coverage area: Saint-Sulpice
Hours: Tuesday 9h00 to 16h30 and 18h00 to 20h00, Wednesday and Thursday 11h30 to 16h30 and 18h00 to 20h00, Saturday 9h00 to 12h00
Fees: none
Financing: municipal
Legal status: municipal agency

SERVICES D'ANDE À DOMICILE DU ROUSSEAU
3631 Queen Street, Rawdon, Lanaudière, QC, J0K 1S0
450 834-1160 Fax: 450 834-8016
Website: www.aidedomicile.ca
Email: accueil@aidedomicile.ca
Eligibility: adults
Coverage area: MRC Matawinie, MRC Montcalm
Hours: office: Monday to Friday 8h30 to 16h30
Fees: variable
Financing: provincial, self-financing
Legal status: non-profit organization

SOCIÉTÉ ALZHEIMER DE LANAUDIÈRE (LA)
190 Montcalm Street, Joliette, Lanaudière, QC, J6E 5G4
450 759-3057 ext. 107 Fax: 450 760-2633
Website: sadl.org
Email: info@sadl.org
Eligibility: people with Alzheimer or a related disease, their relatives, caregivers, health professionals and private residences
Coverage area: Lanaudière
Hours: Monday to Friday 8h30 to 12h00 and 13h00 to 16h30
Fees: membership: $25 per year, Respite-Accompaniment-Stimulation program: $21 for 3 hours
Financing: grants, self-financing, donations
Legal status: non-profit organization

TERREBONNE PUBLIC LIBRARY - ANDRÉ-GUÉRARD
3425 Camus Place, Terrebonne, Lanaudière, QC, J6Y 0C8
450 961-2001 ext. 1349
Website: biblio.ville.terrebonne.qc.ca
Email: biblio@ville.terrebonne.qc.ca
Coverage area: Terrebonne
Hours: Monday to Wednesday 12h00 to 21h00, Thursday and Friday 12h00 to 20h00, Saturday and Sunday 10h00 to 17h00
Fees: none
Financing: municipal
Legal status: municipal agency
TERREBONNE PUBLIC LIBRARY - ÎLE-DES-MOULINS
855 de l’Île-des-Moulins Place, Terrebonne, Lanaudière, QC, J6W 4N7
450 961-2001 ext. 1116  Fax: 450 471-3761
Website: biblio.ville.terrebonne.qc.ca
Email: biblio@ville.terrebonne.qc.ca


Coverage area: Terrebonne
Hours: Monday to Wednesday 12h00 to 21h00, Thursday and Friday 12h00 to 20h00, Saturday and Sunday 10h00 to 17h00
Fees: none
Financing: municipal
Legal status: municipal agency

TERREBONNE PUBLIC LIBRARY - LA PLAINE
6900 Guérin Street, Terrebonne, Lanaudière, QC, J7M 1L9
450 961-2001 ext. 1133
Website: biblio.ville.terrebonne.qc.ca
Email: biblio@ville.terrebonne.qc.ca


Coverage area: Terrebonne
Hours: Monday to Wednesday 12h00 to 21h00, Thursday to Sunday 10h00 to 17h00
Fees: none
Financing: municipal
Legal status: municipal agency

TERREBONNE PUBLIC LIBRARY - LACHENAIE
3060 Saint-Charles Road, Terrebonne, Lanaudière, QC, J6V 1A1
450 961-2001 ext. 1378
Website: biblio.ville.terrebonne.qc.ca/client/en_US/default
Email: biblio@ville.terrebonne.qc.ca


Coverage area: Terrebonne
Hours: Monday to Wednesday 12h00 to 21h00, Thursday to Sunday 10h00 to 17h00
Fees: free for residents
Financing: municipal
Legal status: municipal agency

THÉRAPEUTES EN RELATION D’AIDE DE LANAUDEIÈRE
Confidential Address
450 581-2159
Website: www.tral.ca
Email: info@tral.ca


Coverage area: Lanaudière
Hours: Monday to Friday 8h00 to 17h00
Community and Recreation Centres

AMIS DE LAMATER (LES)
695 Ouimet Street, Terrebonne, Lanaudière, QC, J6W 3B1
450 492-0030  Fax: 450 492-0734
Website: lesamisdelamater.org
Email: jeannedignard@msn.com


Eligibility: seniors 50 years old and over, autonomous, semi-autonomous or with a loss of autonomy

Capacity: 30 persons per day
Coverage area: MRC Les Moulins
Hours: Monday to Thursday 8h30 to 16h00, Friday 8h30 to 15h30

Fees: annual registration: $60, activity day: $15
Financing: self-financing, provincial, donations
Legal status: non-profit organization

AUX BONHEURS DES AÎNÉS LANAUDIÈRE
33 8th Street, Crabtree, Lanaudière, QC, J0K 1B0
450 754-2348
Email: abdalanaudiere@gmail.com


Eligibility: seniors 55 years old and over
Coverage area: Crabtree, Saint-Paul, Sainte-Marie-Salomé, Saint-Thomas, Saint-Liguori, Saint-Pierre
Hours: Monday and Wednesday 9h00 to 12h00, Tuesday and Thursday 9h00 to 16h00

Financing: provincial, donations
Legal status: non-profit organization

CENTRE COMMUNAUTAIRE LAURENT VENNE
225 J.-A.-Paré Boulevard, Repentigny, Lanaudière, QC, J5Z 4M6
450 657-4877
Website: centrecommunautairerepentigny.ca
Email: info.cclv@sodem.net


Eligibility: families, seniors, youth
Capacity: 400
Coverage area: MRC L'Assomption
Hours: Monday to Friday 9h00 to 22h00, Saturday and Sunday 9h00 to 17h00

Fees: variable
Financing: municipal
Legal status: non-profit organization
CENTRE D’ACTION BÉNÉVOLE COMMUNAUTAIRE MATAWINIE
562 de l’Église Street, Chertsey, Lanaudière, QC, J0K 3K0
450 882-1089  Fax: 450 882-1084
Website: ccbm.qc.ca
Email: info@ccbm.qc.ca
Eligibility: seniors, people with a loss of autonomy, people on a low income, caregivers, volunteers, organizations
Hours: Monday to Thursday 8h30 to 12h00 and 13h00 to 16h30, Friday 8h30 to 12h00
Fees: meals on wheels: variable costs
Financing: provincial, self-financing, donations
Legal status: non-profit organization

CENTRE D’ACTION BÉNÉVOLE DE MONTCALM
27 Saint-Louis Street, Saint-Esprit, Lanaudière, QC, J0K 2L0
450 839-3118  Fax: 450 839-3440
Website: www.cabmontcalm.com
Email: lequipe@cabmontcalm.com
Eligibility: seniors, people in vulnerable situations, people on a low income, people living in social isolation, caregivers, volunteers, organizations, meals on wheels: seniors, people in temporary or permanent loss of autonomy, people living with a chronic illness, a physical or intellectual disability, their caregivers
Coverage area: MRC Montcalm
Hours: Monday to Friday 8h30 to 12h00 and 13h00 to 16h00
Fees: annual membership: $15, meals on wheels: variable costs per meal
Financing: self-financing, membership fees, donations
Legal status: non-profit organization

CENTRE D’ACTION BÉNÉVOLE DES MOULINS
298 Joseph-Guay Street, Terrebonne, Lanaudière, QC, J6W 4S3
450 964-9898  Fax: 450 964-3028
Website: www.cabdesmoulins.org
Email: info@cabdesmoulins.org
Services: * Listening, information and referral. * Friendly visits. * Pied Program (integrated program for dynamic balance) for people over 65 years old. * Oui j’arrête, smoking cessation program.
Eligibility: seniors with loss of autonomy, persons with disabilities, convalescents, chronically ill, caregivers
Coverage area: MRC Les Moulins
Hours: Monday to Thursday 8h30 to 17h00, Friday 8h30 to 13h00
CITÉ GÉNÉRATION 55+  
702 Montée Masson South, Terrebonne, Lanaudière, QC, J6W 0E7  
450 824-9111  Fax: 450 824-9114  
Website: www.cite55.org  
Email: info@cite55.org  
Services: * Sports, cultural and educational activities. * Conferences, workshops. * ARRA chats: access to resources that ensure seniors' respect. * Outings and trips.  
Eligibility: seniors 55 years and over  
Coverage area: Terrebonne  
Hours: administration: Monday to Friday 8h00 to 17h00, activities: Monday to Friday 8h00 to 22h00, Saturday 8h30 to 16h30  
Fees: membership: $30  
Financing: municipal, membership fees, donations, self-financing  
Legal status: non-profit organization

CLUB DE L’ÂGE D’OR DE LA PLAINE  
6900 Guérin Street, Terrebonne, Lanaudière, QC, J7M 1L9  
450 478-6799  
Eligibility: people 50 years old and over  
Coverage area: La Plaine  
Hours: variable  
Fees: membership card: $10, variable for activities  
Financing: self-financing  
Legal status: non-profit organization

CLUB DE L’ÂGE D’OR DE REPENTIGNY  
50 Thouin Street, Repentigny, Lanaudière, QC, J6A 4J4  
450 582-8458  
Email: gaston.filiatrault@gmail.com  
Services: * Social and recreational activities: dance, dinners, bowling, petanque, cornhole, seniors' annual picnic, bingo, outings.  
Eligibility: seniors  
Coverage area: Repentigny  
Hours: variable  
Fees: annual membership: $10  
Financing: self-financing  
Legal status: non-profit organization

CLUB DE L’ÂGE D’OR LES BONS VIVANTS DE LE GARDEUR  
225 J.A. Paré Boulevard, Repentigny, Lanaudière, QC, J5Z 4L3  
514 705-2150  
Website: lesbonsvivants.ca  
Email: franccearonadbv@hotmail.com  
Services: * Social and recreational activities: line dancing, bingo, cribbage, petanque, bowling, canasta, card games. * Community dinners. * Punctual outings: shows, theatre, etc.  
Eligibility: seniors 50 years old and over  
Coverage area: Repentigny  
Hours: activities: Monday to Friday 9h00 to 23h00
Seniors

Fees: membership: $10
Financing: self-financing, membership fees
Legal status: non-profit organization

CLUB LES CHOYÉS DE L’ÂGE D’OR DE TERREBONNE
505 Théberge Street, Terrebonne, Lanaudière, QC, J6W 2R5
450 964-4351
Eligibility: people 50 years and over
Capacity: 130
Coverage area: Terrebonne
Hours: Tuesday and Thursday 13h00 to 16h00
Fees: annual membership: $12
Financing: self-financing, contributions
Legal status: non-profit organization

ENGLISH COMMUNITY ORGANIZATION OF LANAUDIÈRE
3657 Queen Street, Rawdon, Lanaudière, QC, J0K 1S0
450 834-2268
Website: www.ecol-lanaudiere.org
Email: ecollanaudiere@hotmail.com
Services: Support and promote the well-being of the English-speaking community. * Information and referral. * Outreach services and support for seniors: referral, health and legal information, friendly visits and calls, etc. * Community activities related to health, social service, culture, employment, etc. * Employment support: information, referral, translation and interpretation. * Wellness Centre: day centre for seniors. * Formal interpretation services. * Bursary program for students in health or social services.
Eligibility: residents, health professionals, students, employment support: people seeking employment, employment agencies
Coverage area: Lanaudière
Hours: Monday to Friday 9h00 to 16h00
Fees: membership: $5 per year
Financing: federal, provincial, municipal
Legal status: non-profit organization

FADOQ - LANAUDIÈRE REGION
626 Manseau Boulevard, Joliette, Lanaudière, QC, J6E 3E6
450 759-7422
Website: www.fadoq.ca/lanaudiere
Email: info@fadoqlanaudiere.ca
Services: Grouping people 50 years and over and representing them in instances requiring the defense of their rights and needs. * Organization of recreational and sporting activities. * Privilege Program giving access to discounts on various products and services.
Eligibility: people 50 years and over
Coverage area: Lanaudière
Hours: Monday to Thursday 8h30 to 12h00 and 13h00 to 17h00, Friday 8h00 to 13h00
Fees: membership: $30 per year or $50 for 2 years
Financing: contributions, provincial
Legal status: non-profit organization
LITTLE BROTHERS - SUD DE LANAUDIÈRE
2500 Mascouche Boulevard, Suite 119, Mascouche, Lanaudière, QC, J7K 0H5
514 248-3384
Website: www.petitsfreres.ca/sudlanaudiere
Email: sudlanaudiere@petitsfreres.ca
Eligibility: lonely seniors 75 years and over without a present family or significant social contact
Coverage area: South of Lanaudière, MRC Montcalm
Hours: Monday to Friday 9h00 to 17h00
Fees: free
Financing: fundraising campaigns, self-financing, donations
Legal status: non-profit organization

MAISON DES AÎNÉS DE CHERTSEY (LA)
552 de l'Église Road, Chertsey, Lanaudière, QC, J0K 3K0
450 882-1688
Email: maisondesaines.chertsey@gmail.com
Eligibility: people 50 years and over
Coverage area: Chertsey, Entralacs, Rawdon
Hours: Monday to Friday 9h00 to 16h00, community lunches: Tuesday and Wednesday 11h30 to 12h30
Fees: annual membership: $20, community lunches: $8 for members, $10 for non-members, collective kitchen: between $0.25 and $1.50 by portion, rental room: variable
Financing: Centraide Lanaudière, contributions, self-financing, donations, provincial
Legal status: non-profit organization

MAISON DES AÎNÉS DE LAVALTRIE
47 de Lavaltrie Road, Lavaltrie, Lanaudière, QC, J5T 2H3
450 586-6211
Website: www.mdalhoplavie.ca
Email: coord@mdalhoplavie.ca
Services: * Welcoming, listening, information, referral and follow-up. * Workshops and conferences. * Recreational and social activities. * Activities of integration in community life: intergenerational activities and volunteering opportunities. * Specialized interest groups led by members: knitting, music, etc.
Eligibility: seniors, seniors in a vulnerable situation
Coverage area: Lavaltrie
Hours: Monday to Thursday 9h00 to 16h00
Fees: membership card: $20 per year
Financing: provincial, municipal, contributions, grants, donations
Legal status: non-profit organization

MAISON LA TRACE
245 Saint-Ursule Street, L'Assomption, Lanaudière, QC, J5W 1M6
450 589-6050
Email: marie_claire548@hotmail.com

**Eligibility:** residents

**Coverage area:** L'Assomption

**Hours:** Monday to Thursday 13h00 to 16h00, knitting: Monday 9h00, yoga: Tuesday 9h45, dinner: last Thursday of the month

**Fees:** none

**Financing:** fundraising campaigns, donations, self-financing

**Legal status:** non-profit organization

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**SERVICES AMITIÉS L’ASSOMPTION**

255 Saint-Etienne Street, L'Assomption, Lanaudière, QC, J5W 1W7

514 793-0840

Email: servicesamities@outlook.com


**Eligibility:** seniors, isolated people

**Capacity:** 75 people

**Coverage area:** L'Assomption, L'Épiphanie, Saint-Sulpice

**Hours:** by appointment

**Fees:** membership: $15 per year

**Financing:** contributions, grants

**Legal status:** non-profit organization

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**UNIVERSITÉ DU TROISIÈME ÂGE - LANAUDIÈRE - JOLIETTE**

Confidential Address

450 756-1447

Website: www.usherbrooke.ca/uta/prog/lanaudiere/ind

Email: uta-joliette@hotmail.com

**Services:** Educational programming distributed in 49 university branches for people aged 50 years and over. * Non-credited educational activities without papers or exams. * Different teaching methods: courses, seminars, lectures, workshops, physical activities. * Student associations promoting integration in cultural and social life.

**Eligibility:** people 50 years and over, no prior degree is required

**Coverage area:** Lanaudière

**Hours:** Monday to Friday 9h00 to 16h30

**Fees:** variable tuition according to the activity, compulsory student fee: $12, optional donation

**Financing:** donations, grants

**Legal status:** non-profit organization

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**UNIVERSITÉ DU TROISIÈME ÂGE - LANAUDIÈRE - MRC DE L’ASSOMPTION**

Confidential Address

450 654-5977

Website: www.usherbrooke.ca/uta/prog/lanaudiere/asp

Email: uta.asp@usherbrooke.ca

**Services:** Educational programming distributed in 49 university branches for people aged 50 years and over. * Non-credited educational activities without papers or exams. * Different teaching methods: courses, seminars, lectures, workshops, physical activities. * Student associations promoting integration in cultural and social life.

**Eligibility:** people 50 years and over, no prior degree is required

**Coverage area:** Lanaudière

**Fees:** variable tuition according to the activity, compulsory student fee: $9, optional donation

**Financing:** donations, grants

**Legal status:** non-profit organization
UNIVERSITÉ DU TROISIÈME ÂGE - LANAUDIÈRE - MRC DES MOULINS
Confidential Address
450 964-5852
Website: www.usherbrooke.ca/uta/prog/lanaudiere/dml
Services: Educational programming distributed in 49 university branches for people aged 50 years and over. * Non-credited educational activities without papers or exams. * Different teaching methods: courses, seminars, lectures, workshops, physical activities. * Student associations promoting integration in cultural and social life. Eligibility: people 50 years and over, no prior degree is required
Coverage area: Lanaudière
Fees: variable tuition according to the activity, compulsory student fee: $6, optional donation
Financing: donations, grants
Legal status: non-profit organization

UNIVERSITÉ DU TROISIÈME ÂGE - LANAUDIÈRE - SAINT-DONAT
Confidential Address
514 910-1946
Website: utastdonat.association.usherbrooke.ca
Email: uta.stdonat@gmail.com
Services: Educational programming distributed in 49 university branches for people aged 50 years and over. * Non-credited educational activities without papers or exams. * Different teaching methods: courses, seminars, lectures, workshops, physical activities. * Student associations promoting integration in cultural and social life. Eligibility: people 50 years and over, no prior degree is required
Coverage area: Lanaudière
Fees: variable tuition according to the activity, compulsory student fee: $5, optional donations
Financing: donations, grants
Legal status: non-profit organization

Day centres and respite

AMIS DE LAMATER (LES)
695 Ouimet Street, Terrebonne, Lanaudière, QC, J6W 3B1
450 492-0030   Fax: 450 492-0734
Website: lesamisdelamater.org
Email: jeannedignard@msn.com
Eligibility: seniors 50 years old and over, autonomous, semi-autonomous or with a loss of autonomy
Capacity: 30 persons per day
Coverage area: MRC Les Moulins
Hours: Monday to Thursday 8h30 to 16h00, Friday 8h30 to 15h30
Fees: annual registration: $60, activity day: $15
Financing: self-financing, provincial, donations
Legal status: non-profit organization

CARREFOUR INFORMATIONNEL ET SOCIAL
50 Thouin Street, Suite 107, Repentigny, Lanaudière, QC, J6A 4J4
450 581-5402 ext. 227
Website: www.centreanous.com/carrefour
Email: carrefour@centreanous.org
Seniors

**Services:** Accompaniment for people with special or complex needs. * In person 211 information and referral. * Assistance with filling out forms.

**Eligibility:** people with language difficulties or unable to explain their situation on the phone, with no resources to meet their needs, with a functional limitation preventing them from accessing services or with no phone or Internet connection

**Coverage area:** MRC L'Assomption

**Financing:** provincial, donations

**Legal status:** non-profit organization

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**CENTRE D’ACTION BÉNÉVOLE MRC L’ASSOMPTION**

50 Thouin Street, Suite 108, Repentigny, Lanaudière, QC, J6A 4J4

450 581-5033    Fax: 450 581-5470

Website: www.servicebenevole.com

Email: sbca@bellnet.ca


**Eligibility:** seniors, volunteers: all ages, school supplies: preschool and elementary school children from families on a low income

**Coverage area:** MRC L'Assomption

**Hours:** Monday to Thursday 8h00 to 12h00 and 13h00 to 16h30, Friday 8h00 to 13h00

**Fees:** membership: $10

**Financing:** Centraide Lanaudière, provincial

**Legal status:** non-profit organization

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**CENTRE DE FORMATION PROFESSIONNELLE DES RIVERAINS - SALON DE COIFFURE**

120 Valmont Street, Repentigny, Lanaudière, QC, J5Y 1N9

450 492-3538 ext. 2791    Fax: 450 581-3026

Website: www.cfpriverains.qc.ca

Email: cfp-desriverains@csda.ca

**Services:** Hairdresser-school at low prices.

**Coverage area:** Repentigny

**Hours:** Monday to Friday 8h00 to 16h30

**Fees:** between $5 and $70

**Financing:** provincial

**Legal status:** provincial government agency

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**CENTRE MULTISERVICES DE SANTÉ ET DE SERVICES SOCIAUX DE SAINT-JEAN-DE-MATHA**

895 Louis-Cyr Road, Saint-Jean-de-Matha, Lanaudière, QC, J0K 2S0

450 886-3861

Website: www.ciss-lanaudiere.gouv.qc.ca/votre-ciss/coordonnees-et-horaires/clsc

**Services:** Frontline services for routine health and social services. * Authentication of the health insurance card. * Prenatal classes. * Listening and telephone support. * Vaccination.

**Coverage area:** Lanaudière

**Hours:** Monday to Friday 8h30 to 16h30

**Financing:** provincial

**Legal status:** parapublic organization
LITTLE BROTHERS - SUD DE LANAUDIÈRE
2500 Mascouche Boulevard, Suite 119, Mascouche, Lanaudière, QC, J7K 0H5
514 248-3384
Website: www.petitsfreres.ca/sudlanaudiere
Email: sudlanaudiere@petitsfreres.ca
Eligibility: lonely seniors 75 years and over without a present family or significant social contact
Coverage area: South of Lanaudière, MRC Montcalm
Hours: Monday to Friday 9h00 to 17h00
Fees: free
Financing: fundraising campaigns, self-financing, donations
Legal status: non-profit organization

MAISON MÉMOIRE DU COEUR
77 du Docteur-Jean-Paul-Mireault Street, Saint-Charles-Borromée, Lanaudière, QC, J6E 9C5
450 760-3345 ext. 5 Fax: 450 760-3705
Website: www.maisonmemoireducoeur.com
Email: info@maisonmemoireducoeur.com
Eligibility: people living with Alzheimer's disease, their caregivers
Capacity: private housing: 10 places, housing in intermediate resource: 26 places, respite care: 18 places
Coverage area: Lanaudière
Hours: administration: Monday to Friday 9h00 to 12h00 and 13h00 to 17h00
Fees: private housing: on request, housing in intermediate resource: variable according to income
Financing: provincial, self-financing
Legal status: non-profit organization

REGROUPEMENT DES AIDANTS NATURELS DU COMTÉ DE L'ASSOMPTION
Centre à Nous, 50 Thouin Street, Suite 231, Repentigny, Lanaudière, QC, J6A 4J4
450 657-0514 Fax: 450 581-6885
Website: www.aidantslassomption.org
Email: info@aidantslassomption.org
Eligibility: caregivers helping a person with a CLSC file
Coverage area: MRC de L'Assomption
Hours: Monday to Friday 9h00 to 16h30
Fees: membership of $20 per year or $30 for two members of the same family
Financing: provincial, donations, membership fees, Centraide Lanaudière, fundraising campaigns
Legal status: non-profit organization

SOCIÉTÉ ALZHEIMER DE LANAUDIÈRE (LA)
190 Montcalm Street, Joliette, Lanaudière, QC, J6E 5G4
450 759-3057 ext. 107 Fax: 450 760-2633
Website: sadl.org
Email: info@sadl.org

Eligibility: people with Alzheimer or a related disease, their relatives, caregivers, health professionals and private residences

Coverage area: Lanaudière

Hours: Monday to Friday 8h30 to 12h00 and 13h00 to 16h30

Fees: membership: $25 per year, Respite-Accompaniment-Stimulation program: $21 for 3 hours

Financing: grants, self-financing, donations

Legal status: non-profit organization

Friendly visits and safety calls

ASSOCIATION QUÉBÉCOISE DE DÉFENSE DES DROITS DES PERSONNES RETRAITÉES ET PRÉRETRAITÉES - BRANDON SECTION

30 Saint-Gabriel Street, Suite 310, Saint-Gabriel, Lanaudière, QC, J0K 2N0

450 835-4707 ext. 3499    Fax: 450 835-7217

Website: www.aqdr.org/brandon
Email: aqdrbrandon.des@gmail.com


Eligibility: retired and pre-retired people

Coverage area: Saint-Gabriel, Sainte-Émélie-de-l'Énergie, Sainte-Mélanie

Hours: Monday to Friday 8h00 to 16h00

Fees: annual membership: $20

Financing: grants, membership fees, fundraising campaigns

Legal status: non-profit organization

ASSOCIATION QUÉBÉCOISE DE DÉFENSE DES DROITS DES PERSONNES RETRAITÉES ET PRÉRETRAITÉES - SECTION DES MOULINS

2500 Mascouche Boulevard, Suite 115, Mascouche, Lanaudière, QC, J7K 0H5

450 918-3520    Fax: 450 966-2814

Website: www.aqdr.org/section/des-moulins
Email: administration@aqdrdesmoulins.org

Services: Advocacy for seniors to improve their living conditions on matters such as income, housing, home care, transportation and health. * ARRA project: support in the reporting process of abuse, listening, referral to appropriate resources, conferences, group workshops. * SÉCUR+OR: at-home visits by police officers and firefighters seeking to promote a safe living environment. * Outreach work initiative for seniors living in a vulnerable situation (ITMAV).

Eligibility: seniors, retired or preretired people, SÉCUR+OR: seniors 65 years old and over

Coverage area: MRC Les Moulins

Hours: Monday to Friday 9h00 to 12h00 and 13h00 to 16h00

Fees: annual membership: $15, activities: variable, AARA and SÉCUR+OR: none

Financing: provincial, grants

Legal status: non-profit organization
ASSOCIATION SCLÉROSE EN PLAQUES DE LANAUDIÈRE
200 Salaberry Street, Suite 307, Joliette, Lanaudière, QC, J6E 4G1
450 753-5545
Website: www.asepl.org
Email: asepl@intermonde.net
Eligibility: people living with multiple sclerosis, their close ones
Coverage area: Lanaudière
Hours: Monday to Friday 8h30 to 12h00 and 13h00 to 16h30
Fees: free
Financing: provincial, fundraising campaigns, donations
Legal status: non-profit organization

AUX BONHEURS DES AÎNÉS LANAUDIÈRE
33 8th Street, Crabtree, Lanaudière, QC, J0K 1B0
450 754-2348
Email: abdalanaudiere@gmail.com
Eligibility: seniors 55 years old and over
Coverage area: Crabtree, Saint-Paul, Sainte-Marie-Salomé, Saint-Thomas, Saint-Liguori, Saint-Pierre
Hours: Monday and Wednesday 9h00 to 12h00, Tuesday and Thursday 9h00 to 16h00
Financing: provincial, donations
Legal status: non-profit organization

CENTRE D’ACTION BÉNÉVOLE BRANDON
75 Saint-Cléophas Road, Saint-Gabriel, Lanaudière, QC, J0K 2N0
450 835-9033     Fax: 450 835-0838
Email: cbb9033@gmail.com
Eligibility: seniors, persons with a loss of autonomy, volunteers, caregivers, community organizations
Coverage area: Mandeville, Saint-Barthélemy, Saint-Cléophas-de-Brandon, Saint-Didace, Saint-Gabriel, Saint-Gabriel-de-Brandon, Saint-Norbert
Hours: Monday to Thursday 8h30 to 12h00 and 13h00 to 16h00, Friday 8h30 to 12h00 and 13h00 to 15h00
Fees: meals on wheels: variable
Financing: self-financing
Legal status: non-profit organization

CENTRE D’ACTION BÉNÉVOLE COMMUNAUTAIRE MATAWINIE
562 de l’Église Street, Chertsey, Lanaudière, QC, J0K 3K0
450 882-1089     Fax: 450 882-1084
Website: ccbm.qc.ca
Email: info@ccbm.qc.ca

Eligibility: seniors, people with a loss of autonomy, people on a low income, caregivers, volunteers, organizations


Hours: Monday to Thursday 8h30 to 12h00 and 13h00 to 16h30, Friday 8h30 to 12h00

Fees: meals on wheels: variable costs

Financing: provincial, self-financing, donations

Legal status: non-profit organization

CENTRE D’ACTION BÉNÉVOLE D’AUTRAY
180 de Champlain Street, Berthierville, Lanaudière, QC, J0K 1A0
450 836-7122 Fax: 450 836-1939
Website: cabautray.com
Email: info@cabautray.com


Eligibility: seniors, people with a loss of autonomy, people on a low income, caregivers, volunteers, organizations

Coverage area: Berthierville, Lanoraie, Lavaltrie, La Visitation-de-l’Île-Dupas, Saint-Barthélemy, Saint-Cuthbert, Sainte-Élisabeth, Sainte-Geneviève-de-Berthier, Saint-Ignace-de-Loyola

Hours: Monday to Friday 8h30 to 16h30

Fees: variable, meals on wheels: $6.50 per meal, 6 desserts for $5

Financing: grants, self-financing

Legal status: non-profit organization

CENTRE D’ACTION BÉNÉVOLE DE MONTCALM
27 Saint-Louis Street, Saint-Esprit, Lanaudière, QC, J0K 2L0
450 839-3118 Fax: 450 839-3440
Website: www.cabmontcalm.com
Email: lequipe@cabmontcalm.com


Eligibility: seniors, people in vulnerable situations, people on a low income, people living in social isolation, caregivers, volunteers, organizations, meals on wheels: seniors, people in temporary or permanent loss of autonomy, people living with a chronic illness, a physical or intellectual disability, their caregivers

Coverage area: MRC Montcalm
Seniors

**CENTRE D'ACTION BÉNÉVOLE DES MOULINS**

298 Joseph-Guay Street, Terrebonne, Lanaudière, QC, J6W 4S3

**450 964-9898**  **Fax:** 450 964-3028

**Website:** www.cabdesmoulins.org

**Email:** info@cabdesmoulins.org

**Services:** * Listening, information and referral. * Friendly visits. * Pied Program (integrated program for dynamic balance) for people over 65 years old. * Oui j'arrête, smoking cessation program.

**Eligibility:** seniors with loss of autonomy, persons with disabilities, convalescents, chronically ill, caregivers

**Coverage area:** MRC Les Moulins

**Hours:** Monday to Thursday 8h30 to 17h00, Friday 8h30 to 13h00

**Fees:** variable

**Financing:** provincial, contributions

**Legal status:** non-profit organization

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**CENTRE D'ACTION BÉNÉVOLE ÉMILIE-GAMELIN**

80 Wilfrid-Ranger Street, Saint-Charles-Borromée, Lanaudière, QC, J6E 8M7

**450 756-2005**  **Fax:** 450 755-4649

**Website:** www.emiliegamelin.qc.ca

**Email:** ann.soucy@emiliegamelin.qc.ca


**Eligibility:** seniors, socially isolated people, people in vulnerable situations, volunteers, organizations

**Coverage area:** MRC Joliette

**Hours:** Monday to Friday 8h30 to 12h00 and 13h00 to 16h30

**Fees:** annual membership: $20

**Financing:** membership fees, donations, fundraising campaigns

**Legal status:** non-profit organization

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**CENTRE D’ACTION BÉNÉVOLE MRC L’ASSOMPTION**

50 Thouin Street, Suite 108, Repentigny, Lanaudière, QC, J6A 4J4

**450 581-5033**  **Fax:** 450 581-5470

**Website:** www.servicebenevole.com

**Email:** sbca@bellnet.ca


**Eligibility:** seniors, volunteers: all ages, school supplies: preschool and elementary school children from families on a low income

**Coverage area:** MRC L’Assomption

**Hours:** Monday to Thursday 8h00 to 12h00 and 13h00 to 16h30, Friday 8h00 to 13h00

**Fees:** membership: $10

**Financing:** Centraide Lanaudière, provincial

**Legal status:** non-profit organization
ENGLISH COMMUNITY ORGANIZATION OF LANAUDIÈRE
3657 Queen Street, Rawdon, Lanaudière, QC, J0K 1S0
450 834-2268
Website: www.ecol-lanaudiere.org
Email: ecollanaudiere@hotmail.com
Services: Support and promote the well-being of the English-speaking community. * Information and referral. * Outreach services and support for seniors: referral, health and legal information, friendly visits and calls, etc. * Community activities related to health, social service, culture, employment, etc. * Employment support: information, referral, translation and interpretation. * Wellness Centre: day centre for seniors. * Informal interpretation services. * Bursary program for students in health or social services.
Eligibility: residents, health professionals, students, employment support: people seeking employment, employment agencies
Coverage area: Lanaudière
Hours: Monday to Friday 9h00 to 16h00
Fees: membership: $5 per year
Financing: federal, provincial, municipal
Legal status: non-profit organization

LITTLE BROTHERS - SUD DE LANAUDIÈRE
2500 Mascouche Boulevard, Suite 119, Mascouche, Lanaudière, QC, J7K 0H5
514 248-3384
Website: www.petitsfreres.ca/sudlanaudiere
Email: sudlanaudiere@petitsfreres.ca
Eligibility: lonely seniors 75 years and over without a present family or significant social contact
Coverage area: South of Lanaudière, MRC Montcalm
Hours: Monday to Friday 9h00 to 17h00
Fees: free
Financing: fundraising campaigns, self-financing, donations
Legal status: non-profit organization

MAISON LA TRACE
245 Saint-Ursule Street, L'Assomption, Lanaudière, QC, J5W 1M6
450 589-6050
Email: marie_claire548@hotmail.com
Eligibility: residents
Coverage area: L'Assomption
Hours: Monday to Thursday 13h00 to 16h00, knitting: Monday 9h00, yoga: Tuesday 9h45, dinner: last Thursday of the month
Fees: none
Financing: fundraising campaigns, donations, self-financing
Legal status: non-profit organization

SERVICES AMITIÉS L'ASSOMPTION
255 Saint-Etienne Street, L'Assomption, Lanaudière, QC, J5W 1W7
514 793-0840
Email: servicesamities@outlook.com
Seniors


**Eligibility:** seniors, isolated people

**Capacity:** 75 people

**Coverage area:** L'Assomption, L'Épiphanie, Saint-Sulpice

**Hours:** by appointment

**Fees:** membership: $15 per year

**Financing:** contributions, grants

**Legal status:** non-profit organization

**TRÉSORS D'ÉLISABETH (LES)**

2421 Principale Street, Sainte-Élisabeth, Lanaudière, QC, J0K 2J0

450 756-1892


**Eligibility:** people on a low income, people in a vulnerable situation

**Coverage area:** Sainte-Élisabeth and a radius of 20 km around it

**Hours:** Tuesday 9h00 to 16h00 and Thursday 13h00 to 20h00, Bayo café: Sunday 11h00

**Fees:** variable

**Financing:** municipal, self-financing, fundraising campaigns

**Legal status:** non-profit organization

Home support

**ANNEXE À ROLAND (L')**

400 Baby Street, Joliette, Lanaudière, QC, J6E 2W1

450 916-1536     Fax: 450 756-2245

Website: www.lannexearoland.com

Email: lannexe@bellnet.ca

**Services:** Bistro with a professional integration program. * Prepared dishes at affordable prices, dining room open to the public, delivery. * Expl'or program: employability program with individualized support. * Room rental.

**Eligibility:** Expl'or program: people aged 18 and over far from the labour market, bistro: general public

**Coverage area:** Joliette

**Hours:** Monday to Thursday 9h00 to 16h00

**Fees:** Expl'or program: none, prepared dishes: variable

**Financing:** provincial

**Legal status:** non-profit organization

**AVEC DES ELLES**

158 Marcel Street, Saint-Gabriel, Lanaudière, QC, J0K 2N0

450 835-3393     Fax: 450 835-1334

Email: avedeselles@bellnet.ca


**Eligibility:** women

**Coverage area:** Saint-Gabriel, Saint-Gabriel-de-Brandon, Mandeville, Saint-Didace, Saint-Damien, Saint-Cléophas-de-Brandon

**Hours:** Monday to Thursday 9h00 to 16h30, Friday 9h00 to 12h00

**Fees:** none

**Financing:** provincial, foundations

**Legal status:** non-profit organization
BUFFET ACCÈS EMPLOI
355 Road 335, Saint-Lin–Laurentides, Lanaudière, QC, J5M 2C1
450 439-3465  Fax: 450 439-3400
Website: www.bae.qc.ca
Email: info@bae.qc.ca
Eligibility: employment enterprise: adults on welfare assistance or unemployment insurance, frozen meals: general public
Coverage area: Lanaudière
Hours: administration: Monday to Friday 8h30 to 16h30
Fees: frozen meals: variable
Financing: self-financing, grants
Legal status: non-profit organization

CARREFOUR POUR SOUFFLER À TÊTE REPOSÉE
588 Montcalm Street, Suite 219, Berthierville, Lanaudière, QC, J0k 1A0
450 836-2020  Fax: 450 836-2040
Website: www.atetereposee.org
Email: atetereposee@live.fr
Services: Respite resources for families of people living with a disability. * At-home respite: planned respite (non-urgent) in the family home for a period of less than 24 hours. * 24h+ respite: referrals to respite homes for a planned period of 24 hours or more.
Eligibility: family of a person living with a disability: intellectual or physical disability, autism spectrum disorder, sensory disability, cognitive disorder, Alzheimer
Coverage area: Lanaudière
Hours: Monday to Friday 8h30 to 16h30
Fees: variable
Financing: self-financing, provincial
Legal status: non-profit organization

CENTRE D’ACTION BÉNÉVOLE BRANDON
75 Saint-Cléophas Road, Saint-Gabriel, Lanaudière, QC, J0K 2N0
450 835-9033  Fax: 450 835-0838
Email: cbb9033@gmail.com
Eligibility: seniors, persons with a loss of autonomy, volunteers, caregivers, community organizations
Coverage area: Mandeville, Saint-Barthélemy, Saint-Cléophas-de-Brandon, Saint-Didace, Saint-Gabriel, Saint-Gabriel-de-Brandon, Saint-Norbert
Hours: Monday to Thursday 8h30 to 12h00 and 13h00 to 16h00, Friday 8h30 to 12h00 and 13h00 to 15h00
Fees: meals on wheels: variable
Financing: self-financing
Legal status: non-profit organization

CENTRE D’ACTION BÉNÉVOLE COMMUNAUTAIRE MATAWINIE
562 de l’Église Street, Chertsey, Lanaudière, QC, J0K 3K0
450 882-1089  Fax: 450 882-1084
Website: ccbm.qc.ca
Email: info@ccbm.qc.ca

Eligibility: seniors, people with a loss of autonomy, people on a low income, caregivers, volunteers, organizations


Hours: Monday to Thursday 8h30 to 12h00 and 13h00 to 16h30, Friday 8h30 to 12h00

Fees: meals on wheels: variable costs

Financing: provincial, self-financing, donations

Legal status: non-profit organization

CENTRE D’ACTION BÉNÉVOLE D’AUTRAY

180 de Champlain Street, Berthierville, Lanaudière, QC, J0K 1A0
450 836-7122 Fax: 450 836-1939

Website: cabautray.com
Email: info@cabautray.com


Eligibility: seniors, people with a loss of autonomy, people on a low income, caregivers, volunteers, organizations

Coverage area: Berthierville, Lanoraie, Lavaltrie, La Visitation-de-l’Île-Dupas, Saint-Barthélemy, Saint-Cuthbert, Sainte-Élisabeth, Sainte-Geneviève-de-Berthier, Saint-Ignace-de-Loyola

Hours: Monday to Friday 8h30 to 16h30

Fees: variable, meals on wheels: $6.50 per meal, 6 desserts for $5

Financing: grants, self-financing

Legal status: non-profit organization

CENTRE D’ACTION BÉNÉVOLE DE MONTCALM

27 Saint-Louis Street, Saint-Esprit, Lanaudière, QC, J0K 2L0
450 839-3118 Fax: 450 839-3440

Website: www.cabmontcalm.com
Email: lequipe@cabmontcalm.com


Eligibility: seniors, people in vulnerable situations, people on a low income, people living in social isolation, caregivers, volunteers, organizations, meals on wheels: seniors, people in temporary or permanent loss of autonomy, people living with a chronic illness, a physical or intellectual disability, their caregivers

Coverage area: MRC Montcalm
**CENTRE D’ACTION BÉNÉVOLE ÉMILIE-GAMELIN**

80 Wilfrid-Ranger Street, Saint-Charles-Borromée, Lanaudière, QC, J6E 8M7

450 756-2005  Fax: 450 755-4649

Website: www.emiliegamelin.qc.ca

Email: ann.soucy@emiliegamelin.qc.ca


**Eligibility:** seniors, socially isolated people, people in vulnerable situations, volunteers, organizations

**Coverage area:** MRC Jolliette

**Hours:** Monday to Friday 8h30 to 12h00 and 13h00 to 16h30

**Fees:** annual membership: $20

**Financing:** membership fees, donations, fundraising campaigns

**Legal status:** non-profit organization

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**CENTRE MULTISERVICES DE SANTÉ ET DE SERVICES SOCIAUX DE SAINT-JEAN-DE-MATHA**

895 Louis-Cyr Road, Saint-Jean-de-Matha, Lanaudière, QC, J0K 2S0

450 886-3861

Website: [www.ciss-lanaudiere.gouv.qc.ca/votre-cisss/coordonnees-et-horaires/clsc](http://www.ciss-lanaudiere.gouv.qc.ca/votre-cisss/coordonnees-et-horaires/clsc)

**Services:** Frontline services for routine health and social services. * Authentication of the health insurance card. * Prenatal classes. * Listening and telephone support. * Vaccination.

**Coverage area:** Lanaudière

**Hours:** Monday to Friday 8h30 to 16h30

**Financing:** provincial

**Legal status:** parapublic organization

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**COOPÉRATIVE D’AIDE À DOMICILE LES MOULINS**

2500 Mascouche Boulevard, Suite 125, Mascouche, Lanaudière, QC, J7K 0H5

450 966-4446  Fax: 450 966-4447

Website: www.coopdesmoulins.ca

Email: mbriere@coopdesmoulins.ca


**Eligibility:** single people, couples, families, new parents, adults with temporary or permanent loss of autonomy, seniors, people living with a disability, people who have had an accident or in recovery, caregivers

**Coverage area:** MRC Les Moulins

**Hours:** administration: Monday to Friday 8h00 to 17h00, assistance and respite: everyday 8h00 to 22h00

**Fees:** variable according to the type of service, age, health status and family income, RAMQ financial exemption program for domestic help (PEFSAD), tax credit

**Financing:** self-financing

**Legal status:** non-profit organization
COOPÉRATIVE D'INITIATION À L’ENTREPRENEURIAT COLLECTIF - L’ASSOMPTION
379 Dorval Street, L’Assomption, Lanaudière, QC, J5W 1A1
450 705-4811
Website: www.cqcm.coop/microsites/coop-dinitiation-a-lentrepreneuriat-collectif
Email: team.coop@hotmail.com
Services: Youth entrepreneurship projects. * Services vary depending on each cooperative: housekeeping, childcare, lawn mowing, moving assistance, etc.
Eligibility: services offered to the general public by youth in high school
Coverage area: L’Assomption
Hours: summer
Fees: variable
Financing: provincial, self-financing
Legal status: cooperative

COOPÉRATIVE D'INITIATION À L’ENTREPRENEURIAT COLLECTIF - TERREBONNE
640 Langlois Street, Suite 3, Terrebonne, Lanaudière, QC, J6W 4P3
450 492-0088
Website: www.cqcm.coop/microsites/coop-dinitiation-a-lentrepreneuriat-collectif
Email: herosduboulot@cjemoulins.org
Services: Youth entrepreneurship projects. * Services vary depending on each cooperative: housekeeping, childcare, lawn mowing, moving assistance, etc.
Eligibility: services offered to the general public by youth in high school
Coverage area: Terrebonne, La Plaine, Lachenaie, Mascouche, Bois-des-Filion
Hours: summer
Fees: variable
Financing: provincial, self-financing
Legal status: cooperative

COOPÉRATIVE DE SERVICES À DOMICILE D’AUTRAY
725 de Montcalm Street, Berthierville, Lanaudière, QC, J0K 1A0
450 404-2219
Website: addautray.com
Email: info@addautray.com
Services: In-home support. * Domestic help: housekeeping, cleaning, meal preparation and shopping. * Personal assistance: hygiene care, assistance with dressing, assistance with eating, assistance with transfers, assistance with getting up and going to bed, incontinence care, distribution and administration of medication, oral temperature and blood pressure readings. * Stimulation and respite care.
Eligibility: seniors, clientele referred by the CISSS, people with a disability, people in loss of autonomy, caregivers, families, workers, single people, veterans, S.A.A.Q. or C.S.S.T. recipients
Coverage area: MRC D’Autray
Hours: Monday to Thursday 8h00 to 12h00 and 13h00 to 16h00, Friday 8h00 to 12h30, personal assistance: 7 days, 8h00 to 22h00, domestic help: Monday to Friday 8h00 to 17h00
Fees: variable
Financing: provincial, grants, self-financing
Legal status: cooperative

COOPÉRATIVE DE SOLIDARITÉ EN SOUTIEN À DOMICILE DE LA MRC JOLIETTE
323 Manseau Boulevard, Joliette, Lanaudière, QC, J6E 3C9
450 755-4854
Website: http://www.coopssd.com/
Email: reception@coopssd.com

Eligibility: seniors, persons in loss of autonomy, persons or families needing home support

Coverage area: MRC Joliette

Fees: variable

Financing: self-financing, provincial

Legal status: cooperative

COOPÉRATIVE DE SOLIDARITÉ EN SOUTIEN À DOMICILE DE LA MRC L’ASSOMPTION

50 Thouin Street, Suite 248-A, Repentigny, Lanaudière, QC, J6A 4J4
450 581-4621  Fax: 450 581-3760
Website: cooplassomption.ca

Email: reception2@cooplassomption.ca

Services: Home support services. * Domestic life assistance: household maintenance on a weekly or occasional basis, major cleaning, laundry and ironing, meal preparation without a special diet, shopping assistance. * Daily life assistance: hygiene care, assistance with getting up and going to bed, caregiver respite. * PAIR program: computerized safety and medication reminder phone calls.

Eligibility: priority to seniors and people with a loss of autonomy, residents

Coverage area: MRC L’Assomption

Hours: Monday to Friday 7h30 to 16h30


Financing: self-financing

Legal status: cooperative

MAISON DES AÎNÉS DE CHERTSEY (LA)

552 de l’Église Road, Chertsey, Lanaudière, QC, J0K 3K0
450 882-1688

Email: maisondesaines.chertsey@gmail.com


Eligibility: people 50 years and over

Coverage area: Chertsey, Entralacs, Rawdon

Hours: Monday to Friday 9h00 to 16h00, community lunches: Tuesday and Wednesday 11h30 to 12h30

Fees: annual membership: $20, community lunches: $8 for members, $10 for non-members, collective kitchen: between $0.25 and $1.50 by portion, rental room: variable

Financing: Centraide Lanaudière, contributions, self-financing, donations, provincial

Legal status: non-profit organization

MAISONS D’À CÔTÉ DE LANAUDIÈRE (LES)

639 Henri-Châlin Street, Joliette, Lanaudière, QC, J6E 0A4
438 863-9323  Fax: 450 398-0790
Website: www.lesmaisonsdacotelanaudiere.com
Email: lmac@videotron.ca


Eligibility: people 18 to 65 years old with a physical disability

Capacity: 9 per residence

Coverage area: Lanaudière
Seniors

**Hours:** 24 hours / 7 days  
**Fees:** low price rent  
**Financing:** self-financing  
**Legal status:** non-profit organization

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**POPOTE DU PORTAGE**  
379 Dorval Street, L’Assomption, Lanaudière, QC, J5W 3A2  
450 589-7517

**Services:** * Home delivery of hot or frozen complete meals.  
**Eligibility:** people aged 65 and over, people with special needs: recovery, illness, disabilities, etc.  
**Capacity:** 60 clients  
**Coverage area:** L’Assomption, L’Épiphanie, Saint-Sulpice  
**Hours:** Wednesday and Friday 11h00 to 12h00  
**Fees:** hot meal: $5, frozen meal: $4  
**Financing:** self-financing  
**Legal status:** non-profit organization

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**POPOTE ROULANTE LES MOULINS**  
4400 Angora Street, Suite 500, Terrebonne, Lanaudière, QC, J6X 0A4  
450 824-1240  
Fax: 450 824-1241  
Email: popoteroulantelesmoulins@outlook.com

**Services:** Complete frozen meals delivery.  
**Eligibility:** people 70 years old and over, people 69 years old and under with a permanent or temporary health problem  
**Coverage area:** Mascouche, Terrebonne  
**Hours:** administration: Monday to Thursday 8h00 to 15h00, delivery: Thursday, pick-up: Thursday 9h00 to 12h00  
**Fees:** meal: $6.50, delivery fees: $4, minimum 10 meals per delivery, if the person wants less than 10 meals, they must pick-up on site  
**Financing:** self-financing, provincial  
**Legal status:** non-profit organization

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**POPOTE ROULANTE RIVE-NORD**  
301 J.-A.-Paré Boulevard, Repentigny, Lanaudière, QC, J5Z 5E3  
438 886-4734

**Website:** www.popoteroulanterivenord.com  
Email: popoteroulanterivenord@hotmail.ca

**Services:** Hot or frozen complete meals delivery.  
**Eligibility:** seniors, people with a loss of autonomy, in convalescence, with a physical, sensory, mental or intellectual disability, experiencing economic difficulties, living in social isolation or with reduced mobility  
**Coverage area:** Repentigny, Charlemagne  
**Hours:** Monday, Wednesday and Thursday, delivery between 10h30 and 12h30  
**Fees:** complete meal: $5, main course only: $4  
**Financing:** self-financing, grants, fundraising campaigns  
**Legal status:** non-profit organization

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**SERVICES D'AIDE À DOMICILE DU ROUSSEAU**  
3631 Queen Street, Rawdon, Lanaudière, QC, J0K 1S0  
450 834-1160  
Fax: 450 834-8016

**Website:** www.aidedomicile.ca  
Email: accueil@aidedomicile.ca

Eligibility: adults

Coverage area: MRC Matawinie, MRC Montcalm

Hours: office: Monday to Friday 8h30 to 16h30

Fees: variable

Financing: provincial, self-financing

Legal status: non-profit organization

UNIVERS DES MOTS
547 Leclerc Street, Suite 200, Repentigny, Lanaudière, QC, J6A 8B4
438 476-3339
Website: univers-des-mots.ca
Email: info@univers-des-mots.ca


Eligibility: people 16 years old and over

Coverage area: MRC L'Assomption

Hours: Monday to Thursday 9h00 to 16h00, Friday 9h00 to 12h00

Fees: membership card: $10 per year

Financing: provincial

Legal status: non-profit organization

Housing for seniors

CENTRE D'HÉBERGEMENT ALPHONSE-RONDEAU
419, rue Faust, Lanoraie, Lanaudière, QC, J0K 1E0
450 887-2343
Website: www.cisss-lanaudiere.gouv.qc.ca

Services: Public care centre for seniors and people with a loss of autonomy. * Housing and long term cares.

Eligibility: seniors and people with a loss of autonomy

Coverage area: Lanaudière

Financing: provincial

Legal status: parapublic organization

CENTRE D'HÉBERGEMENT ARMAND-MARCHAND
771 Principale Street, Saint-Liguori, Lanaudière, QC, J0K 2X0
450 753-7062
Website: www.cisss-lanaudiere.gouv.qc.ca

Services: Public care centre for seniors and people with a loss of autonomy. * Housing and long term cares.

Eligibility: seniors and people with a loss of autonomy

Coverage area: Lanaudière

Financing: provincial

Legal status: parapublic organization

CENTRE D'HÉBERGEMENT BRASSARD
390 Brassard Street, Saint-Michel-des-Saints, Lanaudière, QC, J0K 3B0
450 833-6331
Website: www.cisss-lanaudiere.gouv.qc.ca

Services: Public care centre for seniors and people with a loss of autonomy. * Housing and long term cares.
Seniors

Eligibility: seniors and people with a loss of autonomy
Coverage area: Lanaudière
Financing: provincial
Legal status: parapublic organization

CENTRE D'HÉBERGEMENT CHAMPLAIN-DU-CHÂTEAU
1231 Docteur Olivier Marie Gendron Street, Berthierville, Lanaudière, QC, J0K 1A0
450 836-6241 Fax: 450 836-4013
Website: www.groupechamplain.qc.ca/centres/champlain-du-chateau
Services: Private funded long term care and housing facility.
Eligibility: seniors or people with a loss of autonomy
Coverage area: Lanaudière
Financing: provincial
Legal status: parapublic organization

CENTRE D'HÉBERGEMENT DE REPENTIGNY
250 Brien Boulevard, Repentigny, Lanaudière, QC, J6A 7E9
450 585-4884
Website: www.cisss-lanaudiere.gouv.qc.ca/votre-cisss/coordonnees-et-horaires/chsld
Services: Public care centre for seniors and people with a loss of autonomy. * Housing and long term cares.
Eligibility: seniors and people with a loss of autonomy
Coverage area: Lanaudière
Financing: provincial
Legal status: parapublic organization

CENTRE D'HÉBERGEMENT DE SAINT-DONAT
430 Bellevue Street, Saint-Donat, Lanaudière, QC, J0T 2C0
819 424-2503
Website: www.cisss-lanaudiere.gouv.qc.ca
Services: Public care centre for seniors and people with a loss of autonomy. * Housing and long term cares.
Eligibility: seniors and people with a loss of autonomy
Coverage area: Lanaudière
Financing: provincial
Legal status: parapublic organization

CENTRE D'HÉBERGEMENT DE SAINT-GABRIEL-DE-BRANDON
90 Maskinongé Street, Saint-Gabriel, Lanaudière, QC, J0K 2N0
450 835-4712
Website: www.cisss-lanaudiere.gouv.qc.ca
Services: Public care centre for seniors and people with a loss of autonomy. * Housing and long term cares.
Eligibility: seniors and people with a loss of autonomy
Coverage area: Lanaudière
Financing: provincial
Legal status: parapublic organization

CENTRE D'HÉBERGEMENT DE SAINT-JACQUES
30 Sainte-Anne Street, Saint-Jacques, Lanaudière, QC, J0K 2R0
450 839-2695
Website: www.cisss-lanaudiere.gouv.qc.ca
Services: Public care centre for seniors and people with a loss of autonomy. * Housing and long term cares.
Eligibility: seniors and people with a loss of autonomy
Coverage area: Lanaudière
Financing: provincial
Legal status: parapublic organization

CENTRE D'HÉBERGEMENT ET DE RÉADAPTATION EN DÉFICIENCE PHYSIQUE DE L'ASSOMPTION
410 de l'Ange-Gardien Boulevard, L'Assomption, Lanaudière, QC, J5W 1S7
450 589-2101
Website: www.cisss-lanaudiere.gouv.qc.ca
Services: * Housing and long term cares. * Multidisciplinary rehabilitation services.
Eligibility: seniors and people with a loss of autonomy, people living with a physical disability
Coverage area: Lanaudière
Financing: provincial
Legal status: parapublic organization

CENTRE D'HÉBERGEMENT HEATHER
3931 Lakeshore Drive, Rawdon, Lanaudière, QC, J0K 1S0
450 834-3070 Fax: 450 834-5805
Website: chheather.com
Services: Public care centre for seniors and people with a loss of autonomy. * Housing and long term cares.
Eligibility: seniors and people with a loss of autonomy
Coverage area: Lanaudière
Financing: provincial
Legal status: parapublic organization

CENTRE D'HÉBERGEMENT PARPHILIA-FERLAND
1000 Sainte-Anne Boulevard, Saint-Charles-Borromée, Lanaudière, QC, J6E 6J2
450 759-1764
Website: www.cisss-lanaudiere.gouv.qc.ca
Services: Public care centre for seniors and people with a loss of autonomy. * Housing and long term cares.
Eligibility: seniors and people with a loss of autonomy
Coverage area: Lanaudière
Financing: provincial
Legal status: parapublic organization

CENTRE D'HÉBERGEMENT SAINT-AUNON DE-PADOUE
521 Saint-Antoine Street, Saint-Lin–Laurentides, Lanaudière, QC, J5M 3A3
450 439-2609
Website: www.cisss-lanaudiere.gouv.qc.ca
Services: Public care centre for seniors and people with a loss of autonomy. * Housing and long term cares.
Eligibility: seniors and people with a loss of autonomy
Coverage area: Lanaudière
Financing: provincial
Legal status: parapublic organization

CENTRE D'HÉBERGEMENT SAINT-EUSÈBE
585 Manseau Boulevard, Joliette, Lanaudière, QC, J6E 3E5
450 759-1662
Website: www.cisss-lanaudiere.gouv.qc.ca
Services: Public care centre for seniors and people with a loss of autonomy. * Housing and long term cares.
Eligibility: seniors and people with a loss of autonomy
Coverage area: Lanaudière
Seniors

Financing: provincial
Legal status: parapublic organization

CENTRE D'HÉBERGEMENT SYLVIE-LESPÉRANCE
200 Marie-Curie Street, Joliette, Lanaudière, QC, J6E 7M7
450 756-2300
Website: www.cisss-lanaudiere.gouv.qc.ca
Services: Public care centre for seniors and people with a loss of autonomy. * Housing and long term cares.
Eligibility: seniors and people with a loss of autonomy
Coverage area: Lanaudière
Financing: provincial
Legal status: parapublic organization

CENTRE MULTISERVICES DE SANTÉ ET DE SERVICES SOCIAUX CLAUDE-DAVID
135 Claude-David Boulevard, Repentigny, Lanaudière, QC, J6A 1N6
450 654-7229
Website: www.cisss-lanaudiere.gouv.qc.ca
Eligibility: clinique d'investigation gériatrique ambulatoire: vulnerable seniors in need of essential follow-up to maintain their at-home independence
Coverage area: Lanaudière
Financing: provincial
Legal status: parapublic organization

CHSLD DE LA CÔTE BOISÉE
4300 d'Angora Street, Terrebonne, Lanaudière, QC, J6X 4P1
450 471-5877
Website: chslddelacoteboisee.org
Services: Private funded long term care and housing facility.
Eligibility: non-autonomous seniors
Coverage area: Lanaudière
Financing: self-financing, donations, provincial
Legal status: parapublic organization

CHSLD VIGI YVES-BLAIS
2893 des Ancêtres Avenue, Mascouche, Lanaudière, QC, J7K 1X6
450 474-6991 Fax: 450 474-3901
Website: www.vigisante.com
Services: Private funded long term care and housing facility.
Eligibility: non-autonomous seniors
Capacity: 99
Coverage area: Lanaudière
Financing: provincial
Legal status: parapublic organization
COOPÉRATIVE DE SOLIDARITÉ HAVRE DU PETIT VILLAGE
177 Lacombe Boulevard, Repentigny, Lanaudière, QC, J5Z 3C4
450 721-2667 Fax: 450 932-4115
Website: www.havredupetitvillage.com
Email: info@havredupetitvillage.com
Eligibility: senior people over 65 years old or couple if one of the partner is over 65 years old, priority is granted to residents of Repentigny or people having family in the city
Capacity: 100 apartments: 3 ½, 4 ½
Coverage area: Repentigny
Hours: Monday to Friday 9h00 to 16h00
Fees: without financial assistance: $1253 per month for 1 person and $1563 per month for a couple in a 4 ½, 5 lunch meals and continental breakfast on week-ends and cable included
Financing: grants, self-financing
Legal status: cooperative

CORPORATION PAX-HABITAT
500 Saint-Charles-Borromée Street North, Joliette, Lanaudière, QC, J6E 4R7
450 755-2014
Website: paxhabitat.ca
Email: info@paxhabitat.ca
Services: Affordable seniors' residences. * Studios, 3 1/2, 4 1/2 and bedrooms. * Community living environment with services. * Social and intergenerational activities.
Eligibility: seniors 65 years and over, studios, 3 1/2 and 4 1/2: autonomous seniors, bedrooms: semi-autonomous and non-autonomous seniors
Capacity: studios, 3 1/2 and 4 1/2: 70 units, bedrooms: 32
Coverage area: Lanaudière
Hours: administration: Monday to Friday 8h30 to 16h30
Financing: federal, provincial, grants, donation
Legal status: non-profit organization

HABITATIONS CINÉ DES COEURS
87 du Sacré-Coeur Street, Charlemagne, Lanaudière, QC, J5Z 1W9
450 932-3030 Fax: 450 704-3663
Services: Subsidized and non-subsidized housing for seniors, families, young parents and single mothers with children under 5 years old. * Apartments 3½, 4½ and 5½.
Eligibility: people 60 years and over, autonomous, young parents and single mothers under 35 years old with children under 5 years old
Capacity: 18 apartments, 14 are subsidized
Coverage area: MRC L'Assomption, MRC Les Moulins
Hours: Monday to Wednesday 9h30 to 12h00 and 13h30 to 16h30
Fees: subsidized housing: 25% of income
Financing: provincial
Legal status: non-profit organization

MAISON COOPÉRATIVE DE LAVALTRIE (LA)
4 du Phare Place, Lavaltrie, Lanaudière, QC, J5T 1C4
450 586-2686
Email: maisongerardlavallee@videotron.ca
Eligibility: people over 55 years old who are autonomous and on a low or modest income
Coversion area: Lavaltrie
Hours: office: Tuesday to Friday 7h30 to 12h30
Fees: rent includes: municipal and school taxes, electricity (heating, hot water and lighting), cable television and a reserved parking spot, registration fees: $10, cost of shares obtained when becoming a member: $200 for 20 shares of $10
Financing: self-financing
Legal status: cooperative

MAISON MÉMOIRE DU COEUR
77 du Docteur-Jean-Paul-Mireault Street, Saint-Charles-Borromée, Lanaudière, QC, J6E 9C5
450 760-3345 ext. 5 Fax: 450 760-3705
Website: www.maisonmemoireducoeur.com
Email: info@maisonmemoireducoeur.com
Eligibility: people living with Alzheimer's disease, their caregivers
Capacity: private housing: 10 places, housing in intermediate resource: 26 places, respite care: 18 places
Coverage area: Lanaudière
Hours: administration: Monday to Friday 9h00 to 12h00 and 13h00 to 17h00
Fees: private housing: on request, housing in intermediate resource: variable according to income
Financing: provincial, self-financing
Legal status: non-profit organization

MAISONS D’À CÔTÉ DE LANAUDIÈRE (LES)
639 Henri-Châlin Street, Joliette, Lanaudière, QC, J6E 0A4
438 863-9323 Fax: 450 398-0790
Website: www.lesmaisonsdacotelanaudiere.com
Email: lmac@videotron.ca
Eligibility: people 18 to 65 years old with a physical disability
Capacity: 9 per residence
Coverage area: Lanaudière
Hours: 24 hours / 7 days
Fees: low price rent
Financing: self-financing
Legal status: non-profit organization

MANOIR DES SEIGNEURS
301 J.-A.-Paré Boulevard, Repentigny, Lanaudière, QC, J5Z 5E3
450 582-4734 Fax: 450 582-5946
Email: info@manoirdesseigneurs.com
Services: Subsidized and non-subsidized housing for seniors. * 3½ and 4½ apartments.
Eligibility: seniors 55 years and over, autonomous or with a slight loss of autonomy
Capacity: 80 apartments, 49 are subsidized
Coverage area: MRC L'Assomption
Hours: Monday, Tuesday, Thursday and Friday 10h00 to 15h30
Fees: subsidized housing: 25% of income
Financing: provincial
Legal status: non-profit organization
Seniors

OFFICE D'HABITATION AU COEUR DE CHEZ NOUS
5 Robitaille Street, Saint-Thomas, Lanaudière, QC, J0K 3L0
450 750-5091
Email: direction@ohcoeur.ca
Eligibility: individuals, seniors and families on a low and moderate income
Capacity: 137 units
Coverage area: Crabtree, Notre-Dame-de-Lourdes, Saint-Ambroise-de-Kildare, Saint-Charles-Borromée, Saint-Paul, Saint-Thomas, Sainte-Mélanie
Financing: provincial
Legal status: municipal agency

OFFICE MUNICIPAL D'HABITATION DE JOLIETTE
315, rue Flamand, Joliette, Lanaudière, QC, J6E 7H7
450 759-1093  Fax: 450 759-6547
Email: omhj@videotron.ca
Eligibility: individuals, seniors and families on a low and moderate income
Capacity: 501 units
Coverage area: Joliette
Financing: provincial, municipal
Legal status: municipal agency

OFFICE MUNICIPAL D'HABITATION DE L'ÉPIPHANIE
101 Vanier Street, L'Épiphanie, Lanaudière, QC, J5X 3A6
450 580-3137  Fax: 450 580-3138
Email: info@omhe.ca
Services: Management of housing and housing programs. * Low-rent housing (HLM).
Eligibility: seniors and families on a low or moderate income
Coverage area: L'Épiphanie
Hours: Monday 13h00 to 16h00, Tuesday to Thursday 9h00 to 12h00 and 13h00 to 16h00, Friday 9h00 to 12h00
Financing: provincial, municipal
Legal status: non-profit organization

OFFICE MUNICIPAL D'HABITATION DE LANAUDIÈRE SUD
1309 des Seigneurs Boulevard, Suite 101, Terrebonne, Lanaudière, QC, J6W 5B1
450 471-9424  Fax: 450 471-9434
Email: info@omhls.com
Eligibility: single individuals, seniors and families on a low and moderate income, SARL: households and single people at risk of soon becoming homeless or whose housing does not meet their needs and who are searching for new housing on the private market
Coverage area: MRC Les Moulins, MRC L'Assomption
Hours: Monday to Thursday 9h00 to 12h00 and 13h30 to 16h00
Fees: none
FINANCING: provincial, municipal
LEGAL STATUS: non-profit organization

OFFICE MUNICIPAL D’HABITATION DE MATAWINIE
3220 12th Avenue, Rawdon, Lanaudière, QC, J0K 1S0
450 834-3317
Email: info@ohmatawinie.com


ELIGIBILITY: individuals, seniors and families on a low and moderate income
CAPACITY: 208 units
COVERAGE AREA: MRC Matawinie
FINANCING: provincial
LEGAL STATUS: municipal agency

OFFICE RÉGIONAL D’HABITATION DE LA MUNICIPALITÉ RÉGIONALE DE COMTÉ DE D’AUTRAY
31 d’Iberville Street, Berthierville, Lanaudière, QC, J0K 1A0
450 836-9138     Fax: 450 836-9139
Website: www.orhdedautray.com
Email: info@orhdedautray.com


ELIGIBILITY: individuals, seniors and families on a low and moderate income
CAPACITY: 186 units
COVERAGE AREA: MRC D’Autray
HOURS: Monday to Thursday 9h00 to 12h00 and 13h00 to 16h00
FINANCING: provincial
LEGAL STATUS: municipal agency

OFFICE RÉGIONAL D’HABITATION DE MONTCALM
82 Principale Street, Saint-Esprit, Lanaudière, QC, J0K 2L0
450 831-2182 ext. 7027
Website: www.orhmontcalm.com
Email: info@orhmontcalm.com


ELIGIBILITY: individuals, seniors and families on a low and moderate income
CAPACITY: 221 units
COVERAGE AREA: MRC Montcalm
HOURS: Monday to Wednesday 9h00 à 12h00 and 13h30 to 16h00
FINANCING: provincial
LEGAL STATUS: municipal agency

PAVILLON DE L’HARMONIE
4400 d’Angora Street, Terrebonne, Lanaudière, QC, J6X 0A4
450 471-9424
Email: admin1@omhls.com

Seniors

Eligibility: people on a low or moderate income or seniors 65 years and over, autonomous or semi-autonomous
Capacity: 49 rental units, 65 people
Coverage area: MRC Les Moulins
Fees: meals on wheels: $3 per meal
Financing: provincial
Legal status: non-profit organization

RÉSIDENCE CLAIRE MARCHAND (LA)
896 Iberville Boulevard, Repentigny, Lanaudière, QC, J5Y 1Z7
450 657-0766
Services: Subsidized housing for seniors. * 3½ and 4½ apartments.
Eligibility: people 50 years and over, autonomous, on a low income
Capacity: 22 apartments
Coverage area: Repentigny
Fees: 25% of income
Financing: federal, provincial
Legal status: non-profit organization

RÉSIDENCE D’AILLEBOUST DE SAINTE-MÉLANIE
1090 Principale Road, Sainte-Mélanie, Lanaudière, QC, J0K 3A0
450 889-1800
Email: residencedailleboust@outlook.com
Services: Housing for seniors.
Eligibility: autonomous people aged 65 years and over on a low and modest income
Capacity: 20 units
Coverage area: Sainte-Mélanie
Financing: municipal, self-financing
Legal status: non-profit organization

RÉSIDENCES DU MÉANDRE
300 Place de Courville, L’Assomption, Lanaudière, QC, J5W 6E6
450 589-2750 Fax: 450 589-3453
Email: jrobillard@residencesdumeandre.com
Eligibility: people 74 years and over and autonomous in priority, people 60 years and over, autonomous or with a slight loss of autonomy
Capacity: 40 apartments, 20 are subsidized
Coverage area: MRC L’Assomption
Fees: subsidized apartments: 25% of income, other apartments: $593 per month for a 3½, $659 per month for a 4½
Financing: municipal, provincial
Legal status: non-profit organization

Intergenerational activities

MAISON DES AÎNÉS DE LAVALTRIE
47 de Lavaltrie Road, Lavaltrie, Lanaudière, QC, J5T 2H3
450 586-6211
Website: www.mdalhoplavie.ca
Email: coord@mdalhoplavie.ca
Seniors

**Services:** * Welcoming, listening, information, referral and follow-up. * Workshops and conferences. * Recreational and social activities. * Activities of integration in community life: intergenerational activities and volunteering opportunities. * Specialized interest groups led by members: knitting, music, etc.

**Eligibility:** seniors, seniors in a vulnerable situation

**Coverage area:** Lavaltrie

**Hours:** Monday to Thursday 9h00 to 16h00

**Fees:** membership card: $20 per year

**Financing:** provincial, municipal, contributions, grants, donations

**Legal status:** non-profit organization

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**MAISON DES GRANDS-PARENTS DU GRAND JOLIETTE (LA)**

200 Salaberry Street, Suite 203-205, Joliette, Lanaudière, QC, J6E 4G1

450 394-4100  Fax: 450 394-4200

Website: www.mgpjoliette.wordpress.com

Email: mpgjoliette@hotmail.ca


**Eligibility:** people 50 years and over

**Coverage area:** MRC Joliette

**Hours:** Tuesday to Thursday 8h30 to 16h30

**Fees:** membership: free or voluntary contribution

**Financing:** contributions, Centraide Lanaudière, provincial, donations

**Legal status:** non-profit organization

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**MOUVEMENT ORGANISÉ DES MÈRES SOLIDAIRES**

640 Langlois Street, Suite 1, Terrebonne, Lanaudière, QC, J6W 4P3

450 961-9107  Fax: 450 492-0473

Website: www.momsterrebonne.org

Email: info@momsterrebonne.org


**Eligibility:** single young mothers 14 to 25 years old in vulnerable situations, their children

**Capacity:** 10 mothers per group

**Coverage area:** MRC Les Moulins

**Hours:** Monday to Thursday 8h00 to 16h00, closed in summer

**Fees:** none

**Financing:** provincial, fundraising campaigns

**Legal status:** non-profit organization

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**TERREBONNE PUBLIC LIBRARY - ANDRÉ-GUÉRARD**

3425 Camus Place, Terrebonne, Lanaudière, QC, J6Y 0C8

450 961-2001 ext. 1349

Website: biblio.ville.terrebonne.qc.ca

Email: biblio@ville.terrebonne.qc.ca


**Coverage area:** Terrebonne
Seniors

**Hours:** Monday to Wednesday 12h00 to 21h00, Thursday and Friday 12h00 to 20h00, Saturday and Sunday 10h00 to 17h00
**Fees:** none
**Financing:** municipal
**Legal status:** municipal agency

**TERREBONNE PUBLIC LIBRARY - ÎLE-DES-MOULINS**
855 de l'Île-des-Moulins Place, Terrebonne, Lanaudière, QC, J6W 4N7
450 961-2001 ext. 1116  Fax: 450 471-3761
Website: biblio.ville.terrebonne.qc.ca
Email: biblio@ville.terrebonne.qc.ca
**Coverage area:** Terrebonne
**Hours:** Monday to Wednesday 12h00 to 21h00, Thursday and Friday 12h00 to 20h00, Saturday and Sunday 10h00 to 17h00
**Fees:** none
**Financing:** municipal
**Legal status:** municipal agency

**TERREBONNE PUBLIC LIBRARY - LA PLAINE**
6900 Guérin Street, Terrebonne, Lanaudière, QC, J7M 1L9
450 961-2001 ext. 1133
Website: biblio.ville.terrebonne.qc.ca
Email: biblio@ville.terrebonne.qc.ca
**Coverage area:** Terrebonne
**Hours:** Monday to Wednesday 12h00 to 21h00, Thursday to Sunday 10h00 to 17h00
**Fees:** none
**Financing:** municipal
**Legal status:** municipal agency

**TERREBONNE PUBLIC LIBRARY - LACHENAIE**
3060 Saint-Charles Road, Terrebonne, Lanaudière, QC, J6V 1A1
450 961-2001 ext. 1378
Website: biblio.ville.terrebonne.qc.ca/client/en_US/default
Email: biblio@ville.terrebonne.qc.ca
**Coverage area:** Terrebonne
**Hours:** Monday to Wednesday 12h00 to 21h00, Thursday to Sunday 10h00 to 17h00
**Fees:** free for residents
**Financing:** municipal
**Legal status:** municipal agency

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Intervention with seniors subjected to abuse

ASSOCIATION QUÉBÉCOISE DE DÉFENSE DES DROITS DES PERSONNES RETRAITÉES ET PRÉRETRAITÉES - SECTION DES MOULINS
2500 Mascouche Boulevard, Suite 115, Mascouche, Lanaudière, QC, J7K 0H5
450 918-3520    Fax: 450 966-2814
Website: www.aqdr.org/section/des-moulins
Email: administration@aqdrdesmoulins.org

Services: Advocacy for seniors to improve their living conditions on matters such as income, housing, home care, transportation and health. * ARRA project: support in the reporting process of abuse, listening, referral to appropriate resources, conferences, group workshops. * SÉCURITY: at-home visits by police officers and firefighters seeking to promote a safe living environment. * Outreach work initiative for seniors living in a vulnerable situation (ITMAV).

Eligibility: seniors, retired or preretired people, SÉCURITY: seniors 65 years old and over

Coverage area: MRC Les Moulins

Hours: Monday to Friday 9h00 to 12h00 and 13h00 to 16h00

Fees: annual membership: $15, activities: variable, AARA and SÉCURITY: none

Financing: provincial, grants

Legal status: non-profit organization

CENTRE D’ACTION BÉNÉVOLE BRANDON
75 Saint-Cléophas Road, Saint-Gabriel, Lanaudière, QC, J0K 2N0
450 835-9033    Fax: 450 835-0838
Email: cbb9033@gmail.com


Eligibility: seniors, persons with a loss of autonomy, volunteers, caregivers, community organizations

Coverage area: Mandeville, Saint-Barthélemy, Saint-Cléophas-de-Brandon, Saint-Didace, Saint-Gabriel, Saint-Gabriel-de-Brandon, Saint-Norbert

Hours: Monday to Thursday 8h30 to 12h00 and 13h00 to 16h00, Friday 8h30 to 12h00 and 13h00 to 15h00

Fees: meals on wheels: variable

Financing: self-financing

Legal status: non-profit organization

CENTRE D’ACTION BÉNÉVOLE DE MONTCALM
27 Saint-Louis Street, Saint-Esprit, Lanaudière, QC, J0K 2L0
450 839-3118   Fax: 450 839-3440
Website: www.cabmontcalm.com
Email: lequipe@cabmontcalm.com


Eligibility: seniors, people in vulnerable situations, people on a low income, people living in social isolation, caregivers, volunteers, organizations, meals on wheels: seniors, people in temporary or permanent loss of autonomy, people living with a chronic illness, a physical or intellectual disability, their caregivers

Coverage area: MRC Montcalm
Seniors

Hours: Monday to Friday 8h30 to 12h00 and 13h00 to 16h00
Fees: annual membership: $15, meals on wheels: variable costs per meal
Financing: self-financing, membership fees, donations
Legal status: non-profit organization

CENTRE D’ACTION BÉNÉVOLE MRC L’ASSOMPTION
50 Thouin Street, Suite 108, Repentigny, Lanaudière, QC, J6A 4J4
450 581-5033     Fax: 450 581-5470
Website: www.servicebenevole.com
Email: sbca@belinetc.ca
Eligibility: seniors, volunteers: all ages, school supplies: preschool and elementary school children from families on a low income
Coverage area: MRC L’Assomption
Hours: Monday to Thursday 8h00 to 12h00 and 13h00 to 16h30, Friday 8h00 to 13h00
Fees: membership: $10
Financing: Centraide Lanaudière, provincial
Legal status: non-profit organization

CITÉ GÉNÉRATION 55+
702 Montée Masson South, Terrebonne, Lanaudière, QC, J6W 0E7
450 824-9111     Fax: 450 824-9114
Website: www.cite55.org
Email: info@cite55.org
Services: * Sports, cultural and educational activities. * Conferences, workshops. * ARRA chats: access to resources that ensure seniors' respect. * Outings and trips.
Eligibility: seniors 55 years and over
Coverage area: Terrebonne
Hours: administration: Monday to Friday 8h00 to 17h00, activities: Monday to Friday 8h00 to 22h00, Saturday 8h30 to 16h30
Fees: membership: $30
Financing: municipal, membership fees, donations, self-financing
Legal status: non-profit organization

FIN À LA FAIM...
50 Thouin Street, Suite 223, Repentigny, Lanaudière, QC, J6A 4J4
450 654-3871     Fax: 450 704-2871
Website: www.finalafaim.org
Email: info@finalafaim.org
Eligibility: people and families on a low income
Coverage area: Lanaudière
Hours: office: Monday to Thursday 8h30 to 16h30, Friday 8h30 to 12h30, food distribution: Thursday 12h00 to 16h00, by appointment
Fees: food assistance: $3 per family per week
Financing: donations
Legal status: non-profit organization
MAISON DES ÂÎNÉS DE ChERTSEY (LA)
552 de l'Église Road, Chertsey, Lanaudière, QC, J0K 3K0
450 882-1688
Email: maisondesaines.chertsey@gmail.com
Eligibility: people 50 years and over
Coverage area: Chertsey, Entralacs, Rawdon
Hours: Monday to Friday 9h00 to 16h00, community lunches: Tuesday and Wednesday 11h30 to 12h30
Fees: annual membership: $20, community lunches: $8 for members, $10 for non-members, collective kitchen: between $0.25 and $1.50 by portion, rental room: variable
Financing: Centraide Lanaudière, contributions, self-financing, donations, provincial
Legal status: non-profit organization

SERVICE DE POLICE DE REPENTIGNY - COMMUNITY POLICE OFFICER
1 Montée des Arsenaux, Repentigny, Lanaudière, QC, J5Z 2C1
450 470-3001 ext. 3674
Website: www.ville.repentigny.qc.ca
Email: corbeil.andre@ville.repentigny.qc.ca
Eligibility: people who are socially isolated, elderly or living with a mental health problem
Coverage area: Repentigny, Charlemagne
Financing: municipal
Legal status: municipal agency

Meals on Wheels

ANNEXE À ROLAND (L')
400 Baby Street, Joliette, Lanaudière, QC, J6E 2W1
450 916-1536    Fax: 450 756-2245
Website: www.lannexearoland.com
Email: lannexe@bellnet.ca
Eligibility: Expl'or program: people aged 18 and over far from the labour market, bistro: general public
Coverage area: Joliette
Hours: Monday to Thursday 9h00 to 16h00
Fees: Expl'or program: none, prepared dishes: variable
Financing: provincial
Legal status: non-profit organization

BUFFET ACCÈS EMPLOI
355 Road 335, Saint-Lin–Laurentides, Lanaudière, QC, J5M 2C1
450 439-3465    Fax: 450 439-3400
Website: www.bae.qc.ca
Email: info@bae.qc.ca
Eligibility: employment enterprise: adults on welfare assistance or unemployment insurance, frozen meals: general public
Coverage area: Lanaudière
Hours: administration: Monday to Friday 8h30 to 16h30
Fees: frozen meals: variable
Financing: self-financing, grants
Legal status: non-profit organization

CENTRE D’ACTION BÉNÉVOLE BRANDON
75 Saint-Cléophas Road, Saint-Gabriel, Lanaudière, QC, J0K 2N0
450 835-9033   Fax: 450 835-0838
Email: cbb9033@gmail.com
Eligibility: seniors, persons with a loss of autonomy, volunteers, caregivers, community organizations
Coverage area: Mandeville, Saint-Barthélemy, Saint-Cléophas-de-Brandon, Saint-Didace, Saint-Gabriel, Saint-Gabriel-de-Brandon, Saint-Norbert
Hours: Monday to Thursday 8h30 to 12h00 and 13h00 to 16h00, Friday 8h30 to 12h00 and 13h00 to 15h00
Fees: meals on wheels: variable
Financing: self-financing
Legal status: non-profit organization

CENTRE D’ACTION BÉNÉVOLE COMMUNAUTAIRE MATAWINIE
562 de l’Église Street, Chertsey, Lanaudière, QC, J0K 3K0
450 882-1089   Fax: 450 882-1084
Website: ccbm.qc.ca
Email: info@ccbm.qc.ca
Eligibility: seniors, people with a loss of autonomy, people on a low income, caregivers, volunteers, organizations
Hours: Monday to Thursday 8h30 to 12h00 and 13h00 to 16h30, Friday 8h30 to 12h00
Fees: meals on wheels: variable costs
Financing: provincial, self-financing, donations
Legal status: non-profit organization

CENTRE D’ACTION BÉNÉVOLE D'AUTRAY
180 de Champlain Street, Berthierville, Lanaudière, QC, J0K 1A0
450 836-7122   Fax: 450 836-1939
Website: cabautray.com
Email: info@cabautray.com

**Eligibility**: seniors, people with a loss of autonomy, people on a low income, caregivers, volunteers, organizations

**Coverage area**: Berthierville, Lanoraie, Lavaltrie, La Visitation-de-l’Île-Dupas, Saint-Barthélemy, Saint-Cuthbert, Sainte-Élisabeth, Sainte-Geneviève-de-Berthier, Saint-Ignace-de-Loyola

**Hours**: Monday to Friday 8h30 to 16h30

**Fees**: variable, meals on wheels: $6.50 per meal, 6 desserts for $5

**Financing**: grants, self-financing

**Legal status**: non-profit organization

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**CENTRE D’ACTION BÉNÉVOLE DE MONTCALM**

27 Saint-Louis Street, Saint-Esprit, Lanaudière, QC, J0K 2L0

450 839-3118  Fax: 450 839-3440

Website: www.cabmontcalm.com

Email: lequipe@cabmontcalm.com


**Eligibility**: seniors, people in vulnerable situations, people on a low income, people living in social isolation, caregivers, volunteers, organizations, meals on wheels: seniors, people in temporary or permanent loss of autonomy, people living with a chronic illness, a physical or intellectual disability, their caregivers

**Coverage area**: MRC Montcalm

**Hours**: Monday to Friday 8h30 to 12h00 and 13h00 to 16h00

**Fees**: annual membership: $15, meals on wheels: variable costs per meal

**Financing**: self-financing, membership fees, donations

**Legal status**: non-profit organization

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**CENTRE D’ACTION BÉNÉVOLE ÉMILIE-GAMELIN**

80 Wilfrid-Ranger Street, Saint-Charles-Borromée, Lanaudière, QC, J6E 8M7

450 756-2005  Fax: 450 755-4649

Website: www.emiliegamelin.qc.ca

Email: ann.soucy@emiliegamelin.qc.ca


**Eligibility**: seniors, socially isolated people, people in vulnerable situations, volunteers, organizations

**Coverage area**: MRC Joliette

**Hours**: Monday to Friday 8h30 to 12h00 and 13h00 to 16h30

**Fees**: annual membership: $20

**Financing**: membership fees, donations, fundraising campaigns

**Legal status**: non-profit organization
POPOTE DU PORTAGE
379 Dorval Street, L’Assomption, Lanaudière, QC, J5W 3A2
450 589-7517
Services: Home delivery of hot or frozen complete meals.
Eligibility: people aged 65 and over, people with special needs: recovery, illness, disabilities, etc.
Capacity: 60 clients
Coverage area: L’Assomption, L’Épiphanie, Saint-Sulpice
Hours: Wednesday and Friday 11h00 to 12h00
Fees: hot meal: $5, frozen meal: $4
Financing: self-financing
Legal status: non-profit organization

POPOTE ROULANTE LES MOULINS
4400 Angora Street, Suite 500, Terrebonne, Lanaudière, QC, J6X 0A4
450 824-1240     Fax: 450 824-1241
Email: popoteroulantelesmoulins@outlook.com
Services: Complete frozen meals delivery.
Eligibility: people 70 years old and over, people 69 years old and under with a permanent or temporary health problem
Coverage area: Mascouche, Terrebonne
Hours: administration: Monday to Thursday 8h00 to 15h00, delivery: Thursday, pick-up: Thursday 9h00 to 12h00
Fees: meal: $6.50, delivery fees: $4, minimum 10 meals per delivery, if the person wants less than 10 meals, they must pick-up on site
Financing: self-financing, provincial
Legal status: non-profit organization

POPOTE ROULANTE RIVE-NORD
301 J.-A.-Paré Boulevard, Repentigny, Lanaudière, QC, J5Z 5E3
438 886-4734
Website: www.popoteroulanterivenord.com
Email: popoteroulanterivenord@hotmail.ca
Services: Hot or frozen complete meals delivery.
Eligibility: seniors, people with a loss of autonomy, in convalescence, with a physical, sensory, mental or intellectual disability, experiencing economic difficulties, living in social isolation or with reduced mobility
Coverage area: Repentigny, Charlemagne
Hours: Monday, Wednesday and Thursday, delivery between 10h30 and 12h30
Fees: complete meal: $5, main course only: $4
Financing: self-financing, grants, fundraising campaigns
Legal status: non-profit organization

Seniors’ Advocacy and Assistance Associations
ASSOCIATION QUÉBÉCOISE DE DÉFENSE DES DROITS DES PERSONNES RETRAITÉES ET PRÉRETRAITÉES - BRANDON SECTION
30 Saint-Gabriel Street, Suite 310, Saint-Gabriel, Lanaudière, QC, J0K 2N0
450 835-4707 ext. 3499     Fax: 450 835-7217
Website: www.aqdr.org/brandon
Email: aqdrbrandon.des@gmail.com
Seniors


**Eligibility:** retired and pre-retired people

**Coverage area:** Saint-Gabriel, Sainte-Émélie-de-l’Énergie, Sainte-Mélanie

**Hours:** Monday to Friday 8h00 to 16h00

**Fees:** annual membership: $20

**Financing:** grants, membership fees, fundraising campaigns

**Legal status:** non-profit organization

ASSOCIATION QUÉBÉCOISE DE DÉFENSE DES DROITS DES PERSONNES RETRAITÉES ET PRÉRETRAITÉES - L’ASSOMPTION

50 Thouin Street, Suite 241, Repentigny, Lanaudière, QC, J6A 4J4
450 704-2776

**Website:** www.aqdr.org/section/lassomption

**Email:** aqdrlassomption@hotmail.com

**Services:** Advocacy for seniors to improve their living conditions on matters such as income, housing, home care, transportation and health. * Monthly conferences. * Personalized accompaniment service. * References to partners (community, municipal and government organizations as well as professionals such as lawyers, notaries, etc.). * Journal: three publications per year. * Legal referral service. * Vulnerable people identification service. * Annual brunch and fundraising campaign.

**Eligibility:** retired and preretired people

**Coverage area:** MRC L’Assomption

**Hours:** Monday to Thursday 9h00 to 12h00 and 13h30 to 16h00, Friday 9h00 to 16h00, by appointment

**Fees:** annual membership: $20

**Financing:** grants, membership fees, fundraising campaigns

**Legal status:** non-profit organization

ASSOCIATION QUÉBÉCOISE DE DÉFENSE DES DROITS DES PERSONNES RETRAITÉES ET PRÉRETRAITÉES - SECTION DES MOULINS

2500 Mascouche Boulevard, Suite 115, Mascouche, Lanaudière, QC, J7K 0H5
450 918-3520     Fax: 450 966-2814

**Website:** www.aqdr.org/section/des-moulins

**Email:** administration@aqdrdesmoulins.org

**Services:** Advocacy for seniors to improve their living conditions on matters such as income, housing, home care, transportation and health. * ARRA project: support in the reporting process of abuse, listening, referral to appropriate resources, conferences, group workshops. * SÉCUR+OR: at-home visits by police officers and firefighters seeking to promote a safe living environment. * Outreach work initiative for seniors living in a vulnerable situation (ITMAV).

**Eligibility:** seniors, retired or preretired people, SÉCUR+OR: seniors 65 years old and over

**Coverage area:** MRC Les Moulins

**Hours:** Monday to Friday 9h00 to 12h00 and 13h00 to 16h00

**Fees:** annual membership: $15, activities: variable, AARA and SÉCUR+OR: none

**Financing:** provincial, grants

**Legal status:** non-profit organization

ASSOCIATION QUÉBÉCOISE DE DÉFENSE DES DROITS DES PERSONNES RETRAITÉES ET PRÉRETRAITÉES - TROISIÈME ÂGE CHERTESEY

562 de l’Église Road, Chertsey, Lanaudière, QC, J0K 3K0
450 898-2241

**Website:** www.aqdr.org/section/troisieme-age-chersey

**Email:** aqdr.tac@gmail.com

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Seniors

**Services:** Advocacy for seniors to improve their living conditions regarding income, housing, home services, transportation and health. * Conferences, workshops and training. * Personalized accompaniment service. * Referrals to partners (community, municipal and government organizations as well as professionals such as lawyers, notaries, etc.). * Monthly newspaper and newsletter. * Representation with political authorities.

**Eligibility:** retired and pre-retired people

**Coverage area:** MRC Matawinie, MRC Montcalm

**Fees:** annual membership: $15

**Financing:** grants, membership fees, fundraising campaigns

**Legal status:** non-profit organization

**CENTRE D’ASSISTANCE ET D’ACCOMPAGNEMENT AUX PLAINTES - LANAUDIÈRE**

490 Saint-Charles-Borromée Street North, Joliette, Lanaudière, QC, J6E 4R7

1 800 882-5622   Fax: 450 759-5678

Website: www.caaplanaudiere.com/en

Email: caaplanaudiere@qc.aira.com

**Services:** Assistance and accompaniment for people who wish to file a complaint regarding services that they have had or should have received in the health and social services network. * Public establishments: CLSC, hospitals, residential and extended care centres, youth centres, rehabilitation centres. * Intermediate resources: chartered or self-financed private residences, family resources. * Community organizations in the health and social services sector, or operating a function or activities for the ASSS: pre-hospital emergency services, ambulance services. * Information and assistance to tenants of private residences for seniors (RPA) to formulate a complaint and accompaniment in the complaint process.

**Eligibility:** health and social services network users, tenants in private seniors' residences

**Coverage area:** Lanaudière

**Hours:** Monday to Friday 8h30 to 12h00 and 13h00 to 16h30

**Fees:** none

**Financing:** provincial

**Legal status:** non-profit organization

**FADOQ - LANAUDIÈRE REGION**

626 Manseau Boulevard, Joliette, Lanaudière, QC, J6E 3E6

450 759-7422

Website: www.fadoq.ca/lanaudiere

Email: info@fadoqlanaudiere.ca

**Services:** Grouping people 50 years and over and representing them in instances requiring the defense of their rights and needs. * Organization of recreational and sporting activities. * Privilege Program giving access to discounts on various products and services.

**Eligibility:** people 50 years and over

**Coverage area:** Lanaudière

**Hours:** Monday to Thursday 8h30 to 12h00 and 13h00 to 17h00, Friday 8h00 to 13h00

**Fees:** membership: $30 per year or $50 for 2 years

**Financing:** contributions, provincial

**Legal status:** non-profit organization

**LEGAL AID OFFICE - JOLIETTE**

440 Saint-Louis Street, Joliette, Lanaudière, QC, J6E 2Y8

450 759-2500   Fax: 450 759-8682

Website: www.ccjll.qc.ca

Email: bajjoli@ccjll.qc.ca

**Services:** Free or low cost legal services to eligible individuals. * Receive and process legal aid requests.

**Eligibility:** person or non-profit organization residing in Quebec or forced to remain in Quebec, financially eligible, and with a legal need that is covered by the Law

**Coverage area:** Joliette

**Hours:** Monday to Friday 8h30 to 12h00 and 13h00 to 16h30, by appointment only, except emergency
Seniors

**Fees:** people may be eligible for free legal aid or contributory legal aid between $100 and $800, depending on their financial situation, see scale on website

**Financing:** provincial

**Legal status:** parapublic organization

**LEGAL AID OFFICE - REPENTIGNY**

10-A Brien Boulevard, Suite 100, Repentigny, Lanaudière, QC, J6A 4R7
450 581-8691 Fax: 450 581-1218
Website: www.ccjll.qc.ca
Email: bajrep@ccjll.qc.ca

**Services:** Free or low cost legal services to eligible individuals. * Reception and processing legal aid requests.

**Eligibility:** person or non-profit organization residing in Quebec or forced to remain in Quebec, financially eligible and with a legal need that is covered by the Law

**Coverage area:** Repentigny

**Hours:** Monday to Friday 8h30 to 12h00 and 13h00 to 16h30, by appointment only, except emergency

**Fees:** people may be eligible for free legal aid or contributory legal aid between $100 and $800, depending on their financial situation, see scale on website

**Financing:** provincial

**Legal status:** provincial government agency

**LEGAL AID OFFICE - TERREBONNE**

891 Saint-François-Xavier Street, Suite 210, Terrebonne, Lanaudière, QC, J6W 1H1
450 492-1535 Fax: 450 492-8378
Website: www.ccjll.qc.ca
Email: bajter@ccjll.qc.ca

**Services:** Free or low cost legal services to eligible individuals. * Reception and processing legal aid requests.

**Eligibility:** people or non-profit organizations residing in Quebec or forced to remain in Quebec, financially eligible and with a legal need that is covered by the Law

**Coverage area:** Terrebonne

**Hours:** Monday to Friday 8h30 to 12h00 and 13h00 to 16h30, by appointment only, except emergency

**Fees:** people may be eligible for free legal aid or contributory legal aid between $100 and $800, depending on their financial situation, see scale on website

**Financing:** provincial

**Legal status:** provincial government agency

**TABLE RÉGIONALE DE CONCERTATION DES AÎNÉS DE LANAUDIÈRE**

688 Manseau Boulevard, Joliette, Lanaudière, QC, J6E 3E6
514 928-0147
Website: talanaudiere.org
Email: info@talanaudiere.org

**Services:** Grouping seeking to allow seniors to have access to a regional place of exchange, concertation and partnership. * Support and promotion of organization working with seniors. * Contribution to economic, social and cultural development in the region. * Facilitates concertation between seniors associations and partner organizations. * Presentation of advice to governmental organizations. * Conferences and regional events.

**Eligibility:** seniors, organizations working with seniors

**Coverage area:** Lanaudière

**Hours:** Monday to Thursday 9h00 to 16h30

**Financing:** provincial

**Legal status:** non-profit organization
Volunteer Transportation

ASSOCIATION QUÉBÉCOISE DE DÉFENSE DES DROITS DES PERSONNES RETRAITÉES ET PRÉRETRAITÉES - SECTION BRANDON - ACCOMPANIMENT-TRANSPORTATION
30 Saint-Gabriel Street, Suite 310, Saint-Gabriel, Lanaudière, QC, J0K 2N0
450 835-4707 ext. 3499  Fax: 450 835-7217
Website: www.aqdr.org/brandon
Email: aqdrbrandon.des@gmail.com
Services: * Accompaniment and transportation to medical appointments by volunteers.
Eligibility: retired and pre-retired people
Coverage area: Sainte-Émélie-De-L’énergie, Sainte-Mélanie, Saint-Gabriel
Hours: Monday to Friday 8h00 to 16h00
Fees: annual membership: $20, transportation and accompaniment: variable
Financing: grants, membership fees, fundraising campaigns
Legal status: non-profit organization

AUX BONHEURS DES ÂGÉS LANAUDIÈRE - ACCOMPANIMENT-TRANSPORTATION
33 8e Rue, Crabtree, Lanaudière, QC, J0K 1B0
450 754-2348
Email: abdalanaudiere@gmail.com
Services: Accompaniment and transportation for medical appointments, outings and shopping by volunteers.
Eligibility: seniors 55 years old and over
Coverage area: Crabtree, Saint-Paul, Sainte-Marie-Salomé, Saint-Thomas, Saint-Liguori, Village Saint-Pierre
Hours: Monday to Thursday 9h00 to 16h00
Fees: fixed fee according to the trip, annual subscription: $15
Financing: provincial, donations
Legal status: non-profit organization

CENTRE D’ACTION BÉNÉVOLE BRANDON - ACCOMPANIMENT-TRANSPORTATION
75 Saint-Cléophas Street, Saint-Gabriel, Lanaudière, QC, J0K 2N0
450 835-9033  Fax: 450 835-0838
Email: cbb9033@gmail.com
Services: * Transportation and accompaniment to medical or social integration appointments by volunteers.
Eligibility: seniors, people with a loss of autonomy, people in vulnerable situations
Coverage area: Mandeville, Saint-Barthélemy, Saint-Cléophas-de-Brandon, Saint-Didace, Saint-Gabriel, Saint-Gabriel-de-Brandon, Saint-Norbert
Hours: Monday to Thursday 8h30 to 12h00 and 13h00 to 16h00
Financing: self-financing
Legal status: non-profit organization

CENTRE D’ACTION BÉNÉVOLE COMMUNAUTAIRE MATAWINIE - ACCOMPANIMENT-TRANSPORTATION
562 de l’Église Street, Chertsey, Lanaudière, QC, J0K 3K0
450 882-1089  Fax: 450 882-1084
Website: ccbm.qc.ca
Email: info@ccbm.qc.ca
Services: * Transport and accompaniment for medical appointments and errands, by volunteers.
Eligibility: seniors, people with a loss of autonomy
Coverage area: MRC Matawinie, accompaniment and transport in MRC Matawinie or out-of-region
Hours: Monday to Thursday 8h30 to 12h00 and 13h00 to 16h30, Friday 8h30 to 12h00
Fees: annual membership card: variable, cost per trip: depending on distance travelled
Seniors

Financing: provincial, self-financing, donations
Legal status: non-profit organization

CENTRE D’ACTION BÉNÉVOLE D’AUTRAY - ACCOMPAGNEMENT-TRANSPORT
180 de Champlain Street, Berthierville, Lanaudière, QC, J0K 1A0
450 836-7122
Website: cabautray.com
Email: info@cabautray.com
Services: * Transportation and accompaniment to medical or social integration appointments by a volunteer.
Eligibility: people with no or slight loss of autonomy
Coverage area: Berthierville, Lanoraie, Lavaltrie, La Visitation-de-l’Île-Dupas, Saint-Barthélemy, Saint-Cuthbert, Sainte-Élisabeth, Sainte-Geneviève-de-Berthier, Saint-Ignace-de-Loyola
Hours: Monday to Friday 8h30 to 16h30
Fees: variable
Financing: grants, self-financing
Legal status: non-profit organization

CENTRE D’ACTION BÉNÉVOLE DE MONTCALM - ACCOMPAGNEMENT-TRANSPORT
27 Saint-Louis Street, Saint-Esprit, Lanaudière, QC, J0K 2L0
1 888 839-3440 ext. 221  Fax: 450 839-3440
Website: www.cabmontcalm.com
Email: lequipe@cabmontcalm.com
Services: * Transportation and accompaniment to medical or legal appointments by a volunteer.
Eligibility: people 65 years old and over, people with temporary or permanent loss of autonomy, people in convalescence, people living with a chronic disease or a physical or intellectual disability, people on welfare
Coverage area: MRC Montcalm, accompaniment and transportation: Lanaudière, Montreal, Laval, Trois-Rivières and the South Shore of Montreal
Hours: Monday to Friday 8h30 to 12h00 and 13h00 to 16h00
Fees: annual membership: $15, variable costs for transportation
Financing: self-financing, membership fees, donations
Legal status: non-profit organization

CENTRE D’ACTION BÉNÉVOLE DES MOULINS
298 Joseph-Guay Street, Terrebonne, Lanaudière, QC, J6W 4S3
450 964-9898  Fax: 450 964-3028
Website: www.cabdesmoulins.org
Email: info@cabdesmoulins.org
Services: * Listening, information and referral. * Friendly visits. * Pied Program (integrated program for dynamic balance) for people over 65 years old. * Oui j’arrête, smoking cessation program.
Eligibility: seniors with loss of autonomy, persons with disabilities, convalescents, chronically ill, caregivers
Coverage area: MRC Les Moulins
Hours: Monday to Thursday 8h30 to 17h00, Friday 8h30 to 13h00
Fees: variable
Financing: provincial, contributions
Legal status: non-profit organization

CENTRE D’ACTION BÉNÉVOLE DES MOULINS - ACCOMPAGNEMENT-TRANSPORT
298 Joseph-Guay Street, Terrebonne, Lanaudière, QC, J6W 4S3
450 964-9898  Fax: 450 964-3028
Website: www.cabdesmoulins.org
Email: info@cabdesmoulins.org
Services: * Accompaniment and transportation to medical appointment by volunteers.
Eligibility: seniors with loss of autonomy, persons with disabilities, convalescents, chronically ill, women with children
Coverage area: MRC Les Moulins, appointments: Greater Montréal
Hours: Monday to Thursday 8h30 to 12h00 and 13h30 to 17h00, Friday 8h30 to 13h00
Fees: variable fixed rate according to the destination
Financing: provincial, contributions
Legal status: non-profit organization

CENTRE D'ACTION BÉNÉVOLE ÉMILIE-GAMELIN - ACCOMPAGNEMENT-TRANSPORT
80 Wilfrid-Ranger Street, Saint-Charles-Borromée, Lanaudière, QC, J6E 8M7
450 756-2005 Fax: 450 755-4649
Website: www.emiliegamelin.qc.ca/fr
Email: info@emiliegamelin.qc.ca
Services: * Transportation and accompaniment to medical and socio-legal appointments by a volunteer.
Eligibility: seniors in temporary or permanent loss of autonomy, people in vulnerable situations
Coverage area: MRC Joliette, accompaniment and transportation: Lanaudière and outside the region according to needs
Hours: Monday to Friday 8h30 to 12h00 and 13h00 to 16h30
Fees: annual membership: $20
Financing: membership fees
Legal status: non-profit organization

CENTRE D’ACTION BÉNÉVOLE MRC L’ASSOMPTION - ACCOMPANIMENT-TRANSPORTATION
50 Thouin Street, Suite 108, Repentigny, Lanaudière, QC, J6A 4J4
450 581-5033 Fax: 450 581-5470
Website: www.servicebenevole.com
Email: sbca@bellnet.ca
Services: * Accompaniment and transport for medical appointment by volunteers.
Eligibility: people of all ages
Coverage area: MRC L'Assomption
Hours: Monday to Thursday 8h00 to 16h30, Friday 8h00 to 13h00
Fees: membership card: $10, accompaniment and transportation: variable according to distance
Financing: Centraide Lanaudière, provincial
Legal status: non-profit organization

COOPÉRATIVE DE SOLIDARITÉ EN SOUTIEN À DOMICILE DE LA MRC L’ASSOMPTION - ACCOMPANIMENT-TRANSPORTATION
50 Thouin Street, Suite 248-A, Repentigny, Lanaudière, QC, J6A 4J4
450 581-4621 Fax: 450 581-3760
Website: cooplassomption.ca
Email: reception2@cooplassomption.ca
Services: * Accompaniment and transportation for running errands by employees.
Eligibility: priority to seniors, people with a loss of autonomy
Coverage area: MRC L'Assomption
Hours: Monday to Friday 7h30 to 16h30
Fees: $24.65 per hour, RAMQ financial assistance program
Financing: self-financing
Legal status: non-profit organization

MI-ZÉ-VIE - TRANSPORTATION
130 Saint-Jacques Street, Saint-Michel-des-Saints, Lanaudière, QC, J0K 3B0
450 833-6040 Fax: 450 833-2173
Email: mizevie@hotmail.com
Seniors

Services: * Transportation to medical appointments, by employees.
Eligibility: people in a crisis situation, people living with mental health challenges
Coverage area: Saint-Michel-des-Saints, Saint-Zénon
Hours: Monday to Thursday 9h30 to 14h15
Financing: donations, contributions
Legal status: Select Legal Status
Sex and gender

LGBTQ ASSOCIATIONS

MEN’S ASSOCIATIONS

WOMEN’S CENTRES

WOMEN’S ASSOCIATIONS
LGBTQ associations

NÉO (LE)
950 Moody Boulevard, Terrebonne, Lanaudière, QC, J6W 3K8
1 800 964-1860
Website: le-neo.com
Email: neo@le-neo.com


Eligibility: LGBTQ+ people and allies, people living with HIV/AIDS or hepatitis

Coverage area: Lanaudière

Hours: administration: Monday to Friday 8h30 to 16h30

Fees: none

Financing: provincial

Legal status: non-profit organization

Men’s associations

CENTRE DE RESSOURCES POUR HOMMES DU SUD DE LANAUDIÈRE - POINT DE SERVICE MASCOUTHE
2500 Mascouche Boulevard, Mascouche, Lanaudière, QC, J7K 0H5
450 961-1241
Website: www.aidehomme.com
Email: aidehomme@gmail.com


Eligibility: men

Coverage area: South of Lanaudière

Hours: Monday to Friday 9h00 to 17h00

Fees: none, voluntary contributions

Financing: grants

Legal status: non-profit organization

CENTRE DE RESSOURCES POUR HOMMES DU SUD DE LANAUDIÈRE - POINT DE SERVICE REPENTIGNY
222 Notre-Dame Street, Repentigny, Lanaudière, QC, J6A 2R2
450 961-1241
Website: www.aidehomme.com
Email: aidehomme@gmail.com


Eligibility: men

Coverage area: Repentigny

Fees: none

Financing: grants

Legal status: non-profit organization
Women’s centres

AVEC DES ELLES
158 Marcel Street, Saint-Gabriel, Lanaudière, QC, J0K 2N0
450 835-3393  Fax: 450 835-1334
Email: avecdeselles@bellnet.ca


Eligibility: women

Coverage area: Saint-Gabriel, Saint-Gabriel-de-Brandon, Mandeville, Saint-Didace, Saint-Damien, Saint-Cléophas-de-Brandon

Hours: Monday to Thursday 9h00 to 16h30, Friday 9h00 to 12h00

Fees: none

Financing: provincial, foundations

Legal status: non-profit organization

CENTRE ARC-EN-CI-ELLE
141 St-Jacques Street, Saint-Michel-des-Saints, Lanaudière, QC, J0K 3B0
450 833-5282
Email: caecei@hotmail.com


Eligibility: women

Coverage area: MRC Matawinie

Hours: Monday to Thursday 9h00 to 16h30, Friday 9h00 to 11h30

Legal status: non-profit organization

CENTRE AU COEUR DES FEMMES
60 Archambault Street, Saint-Jean-de-Matha, Lanaudière, QC, J0K 2S0
450 886-9171  Fax: 450 886 1789
Email: centreaucoeurdesfemmes@gmail.com


Eligibility: women

Coverage area: MRC Matawinie

Hours: Monday to Thursday 9h00 to 12h00 and 13h00 to 16h00

Financing: provincial, donations

Legal status: non-profit organization

CENTRE DE F.A.M. DES MOULINS
502 Langlois Street, Terrebonne, Lanaudière, QC, J6W 4C3
450 964-5827  Fax: 450 964-5826
Website: www.centrefamdesmoulins.com
Email: centrefam@videotron.ca


Eligibility: women

Coverage area: MRC Les Moulins

Hours: Monday, Wednesday and Thursday 9h00 to 16h00, Tuesday 13h00 to 16h00

Financing: provincial

Legal status: non-profit organization
INTER-FEMMES
21 Alain Street, Repentigny, Lanaudière, QC, J6A 5C9
450 654-9621 Fax: 450 654-3621
Website: www.interfemmes.ca
Email: info@interfemmes.ca
Eligibility: women
Coverage area: MRC L’Assomption
Hours: Monday, Tuesday and Thursday 8h30 to 16h00, Wednesday 10h30 to 16h00
Fees: membership: $10 per year
Financing: grants, donations, fundraising campaigns
Legal status: non-profit organization

Women’s associations

ACCUEIL MULTIETHNIQUE ET INTÉGRATION DES NOUVEAUX ARRIVANTS À TERREBONNE ET MASCouce
500 des Seigneurs Boulevard, Suite 002, basement, Terrebonne, Lanaudière, QC, J6W 1T3
450 492-7989 Fax: 450 492-1303
Website: www.aminate.qc.ca
Email: reception@aminate.qc.ca
Eligibility: newcomers and immigrants
Coverage area: Terrebonne, Mascouche
Hours: Monday to Friday 8h30 to 16h30
Fees: none
Financing: federal, provincial, municipal
Legal status: non-profit organization

ASSOCIATION FÉMINISTE D’ÉDUCATION ET D’ACTION SOCIALE - LANAUDIÈRE
412 1st Avenue, Suite 1, Crabtree, Lanaudière, QC, J0K 1B0
450 754-1119 Fax: 450 754-1119
Website: www.afeas.qc.ca
Email: afeasregionlanau@videotron.ca
Eligibility: women 16 years old and over
Coverage area: Lanaudière
Hours: Monday and Thursday 9h00 to 16h00
Fees: annual membership: $35
Financing: contributions, grants, provincial
Legal status: non-profit organization

AVEC DES ELLES
158 Marcel Street, Saint-Gabriel, Lanaudière, QC, J0K 2N0
450 835-3393 Fax: 450 835-1334
Email: aveddeselles@bellnet.ca
Eligibility: women
Coverage area: Saint-Gabriel, Saint-Gabriel-de-Brandon, Mandeville, Saint-Didace, Saint-Damien, Saint-Cléophas-de-Brandon
Hours: Monday to Thursday 9h00 to 16h30, Friday 9h00 to 12h00
Fees: none
Financing: provincial, foundations
Legal status: non-profit organization

CENTRE ARC-EN-CI-ELLE
141 St-Jacques Street, Saint-Michel-des-Saints, Lanaudière, QC, J0K 3B0
450 833-5282
Email: caecei@hotmail.com
Eligibility: women
Coverage area: MRC Matawinie
Hours: Monday to Thursday 9h00 to 16h30, Friday 9h00 to 11h30
Legal status: non-profit organization

CENTRE AU COEUR DES FEMMES
60 Archambault Street, Saint-Jean-de-Matha, Lanaudière, QC, J0K 2S0
450 886-9171 Fax: 450 886 1789
Email: centreaucoeurdesfemmes@gmail.com
Eligibility: women
Coverage area: MRC Matawinie
Hours: Monday to Thursday 9h00 to 12h00 and 13h00 to 16h00
Financing: provincial, donations
Legal status: non-profit organization

CENTRE DE F.A.M. DES MOULINS
502 Langlois Street, Terrebonne, Lanaudière, QC, J6W 4C3
450 964-5827 Fax: 450 964-5826
Website: www.centrefamdesmoulins.com
Email: centrefam@videotron.ca
Eligibility: women
Coverage area: MRC Les Moulins
Hours: Monday, Wednesday and Thursday 9h00 to 16h00, Tuesday 13h00 to 16h00
Financing: provincial
Legal status: non-profit organization

COMMISSION DE L’ÉQUITÉ SALARIALE - LANAUDIÈRE - CHEMIN GASCON
1679 Gascon Road, Terrebonne, Lanaudière, QC, J6X 3Z6
1 844 838-0808 Fax: 514 864-6756
Website: www.cnesst.gouv.qc.ca/en
Email: equite.salariale@ces.gouv.qc.ca
Sex and gender

**Services:** Support and assistance to employers who must achieve pay equity in their company and to employees wishing to obtain information or exercise their rights. * Front-line telephone service to answer general questions on the application of the Pay Equity Act. * Specialized assistance to understand more complex or technical aspects of the Act. * Conciliation services to promote the settlement of disagreements. * Investigations following complaints or different subjected by the parties or on its own initiative. * Software package to achieve pay equity: computer tool that allows employers to realize their pay equity exercise autonomously, available on the website. * Information lectures on Pay Equity Act and its application, available upon request for groups of employers, employees, or any other grouping wishing to obtain information on pay equity. * Tool development and training accessible free of charge in all regions of Québec. * Research activities.  
**Eligibility:** employees, mostly women who occupy predominantly female job classes, accredited associations and employers  
**Coverage area:** Province of Québec  
**Hours:** Monday to Friday 8h30 to 12h00 and 13h00 to 16h30  
**Financing:** provincial  
**Legal status:** provincial government agency

**TABLE DE CONCERTATION DES GROUPES DE FEMMES DE LANAUDIÈRE**

144 Saint-Joseph Street, Suite 214, Joliette, Lanaudière, QC, J6E 5C4  
450 752-0049 Fax: 450 760-3586  
Website: femmeslanaudiere.org  
Email: tcgfl@bellnet.ca  

**Eligibility:** organizations working with women or with a women component  
**Coverage area:** Lanaudière  
**Hours:** Monday to Friday 9h00 to 17h00  
**Financing:** grants  
**Legal status:** non-profit organization
Sports, Recreation and Culture

ARTS AND CULTURE

CLUBS AND SOCIAL EVENTS

COMMUNITY RECREATION CENTRES

DAY CAMPS AND SPECIALIZED CAMPS

HOBBIES

LIBRARIES

MUNICIPAL SPORTS AND RECREATION SERVICES

SPORT

SPORTS AND RECREATION FOR PEOPLE WITH A DISABILITY
Arts and culture

ASSOCIATION DE REPENTIGNY POUR L’AVANCEMENT DE LA MUSIQUE
543 Notre-Dame Street, Suite 101, Repentigny, Lanaudière, QC, J6A 2T6
450 582-6714
Website: www.aramusique.org
Email: info@aramusique.org


Eligibility: children, adults

Capacity: 375
Coverage area: MRC L'Assomption
Hours: Monday to Friday 9h00 to 17h00
Fees: concerts: variable, subscription available
Financing: self-financing, donations, provincial, federal, municipal
Legal status: non-profit organization

ASSOCIATION HANDAMI POUR PERSONNES HANDICAPÉES ET LEUR FAMILLE
460 du Parc Street, Saint-Lin–Laurentides, Lanaudière, QC, J5M 3A2
450 439-2077 Fax: 450 439-5167
Website: www.handami.com
Email: associationhandami@videotron.ca


Eligibility: people living with an intellectual or a physical disability, their family

Capacity: 25
Hours: Monday to Friday 8h30 to 16h00
Fees: variable
Financing: self-financing
Legal status: non-profit organization

CENTRE COMMUNAUTAIRE LAURENT VENNE
225 J.-A.-Paré Boulevard, Repentigny, Lanaudière, QC, J5Z 4M6
450 657-4877
Website: centrecommunautairereventgne.ca
Email: info.cclv@sodem.net


Eligibility: families, seniors, youth

Capacity: 400
Coverage area: MRC L'Assomption
Hours: Monday to Friday 9h00 to 22h00, Saturday and Sunday 9h00 to 17h00
Fees: variable
Financing: municipal
Legal status: non-profit organization
CENTRE D'INTERPRÉTATION MULTIETHNIQUE DE RAWDON
3588 Metcalfe Street, Rawdon, Lanaudière, QC, J0K 1S0
450 834-3334
Website: www.cimrawdon.info
Email: cathalmarlow@yahoo.ca
Services: * Promotion of the different cultural communities present in Rawdon. * Exhibitions of arts and crafts from different countries. * Conferences and workshops. * Concerts and shows.
Eligibility: members of cultural communities established in Rawdon
Coverage area: Rawdon
Financing: donations
Legal status: Select Legal Status

CHARLEMAGNE PUBLIC LIBRARY
84 du Sacré-Coeur Street, Charlemagne, Lanaudière, QC, J5Z 1W8
450 581-7243
Website: www.ville.charlemagne.qc.ca/fr/bibliotheque
Email: biblio@ville.charlemagne.qc.ca
Coverage area: Charlemagne
Hours: Tuesday to Thursday 13h00 to 20h00, Friday and Saturday 10h00 to 16h00, Sunday 13h00 to 16h00, summer: Monday and Friday 10h00 to 16h00, Tuesday to Thursday 13h00 to 20h00
Fees: free
Financing: municipal
Legal status: municipal agency

COOPÉRATIVE DE SERVICES MULTIPLES DE LANAUDIÈRE
1317 du Gouvernement Road, Sainte-Julienne, Lanaudière, QC, J0K 2T0
450 831-3333
Website: www.csmlanaudiere.org
Email: admin@csmlanaudiere.org
Coverage area: MRC Montcalm, MRC Matawinie Ouest
Hours: clothing counter and Ludothèque Caméléon: Tuesday to Thursday 9h00 to 15h00, administration: Monday to Thursday 8h00 to 15h30
Fees: clothing counter: variable, Caméléon Ludothèque: $15 per year for 6 to 8 toys per month depending on the number of children, training: none
Financing: provincial
Legal status: non-profit organization

L'ASSOMPTION PUBLIC LIBRARY
375 Saint-Pierre Street, L'Assomption, Lanaudière, QC, J5W 2B6
450 589-5671 ext. 3100  Fax: 450 589-4512
Website: www.ville.lassomption.qc.ca/bibliotheque
Email: bibliothèque@ville.lassomption.qc.ca
Sports, Recreation and Culture

Coverage area: L'Assomption
Hours: Tuesday to Thursday 11h00 to 19h00, Friday and Saturday 9h00 to 17h00, Sunday 12h00 to 17h00, summer: closed on Sunday and Monday
Fees: subscription: free for residents
Financing: municipal
Legal status: municipal agency

MAISON DES ÂNÉS DE CHERTSEY (LA)
552 de l'Église Road, Chertsey, Lanaudière, QC, J0K 3K0
450 882-1688
Email: maisondesaines.chertsey@gmail.com
Eligibility: people 50 years and over
Coverage area: Chertsey, Entralacs, Rawdon
Hours: Monday to Friday 9h00 to 16h00, community lunches: Tuesday and Wednesday 11h30 to 12h30
Fees: annual membership: $20, community lunches: $8 for members, $10 for non-members, collective kitchen: between $0.25 and $1.50 by portion, rental room: variable
Financing: Centraide Lanaudière, contributions, self-financing, donations, provincial
Legal status: non-profit organization

MASCOUCHE PUBLIC LIBRARY
3015 des Ancêtres Avenue, Mascouche, Lanaudière, QC, J7K 1X6
450 474-4159 Fax: 450 474-3410
Website: biblio.ville.mascouche.qc.ca
Email: biblio@ville.mascouche.qc.ca
Coverage area: Mascouche
Hours: Monday to Friday 10h00 to 20h00, Saturday and Sunday 9h30 to 17h00, summer: Monday to Thursday 10h00 to 20h00, Friday to Sunday 9h30 to 17h00
Fees: free for residents, $75 per year for non-residents
Financing: municipal
Legal status: municipal agency

REPEINTIGNY PUBLIC LIBRARY - EDMOND-ARCHAMBAULT
231 J.-A.-Paré Boulevard, Repentigny, Lanaudière, QC, J5Z 4M6
450 470-3430
Website: bibliothèques.repentigny.ca
Email: bibliotheque@ville.repentigny.qc.ca
Coverage area: Repentigny
Hours: Tuesday to Thursday 13h00 to 21h00, Friday 9h00 to 17h00, Saturday and Sunday 13h00 to 17h00
Fees: residents of Repentigny: none, non-resident: $100 per year
Financing: municipal
Legal status: municipal agency
REPENTIGNY PUBLIC LIBRARY - ROBERT-LUSSIER
1 Place d'Évry, Repentigny, Lanaudière, QC, J6A 8H7
450 470-3420
Website: bibliotheques.repentigny.ca
Email: bibliotheque@ville.repentigny.qc.ca
Coverage area: Repentigny
Hours: Monday to Thursday 10h00 to 21h00, Friday and Saturday 9h00 to 17h00, Sunday 13h00 to 17h00
Fees: residents of Repentigny: none, non-residents: $100 per year
Financing: municipal
Legal status: municipal agency

SAINT-SULPICE PUBLIC LIBRARY
215 des Loisirs Street, Saint-Sulpice, Lanaudière, QC, J5W 6C9
450 589-7816
Website: biblietcie.ca/biblio/bibliotheque-de-saint-sulpice
Email: biblio133@reseaubibliocqlm.qc.ca
Coverage area: Saint-Sulpice
Hours: Tuesday 9h00 to 16h30 and 18h00 to 20h00, Wednesday and Thursday 11h30 to 16h30 and 18h00 to 20h00, Saturday 9h00 to 12h00
Fees: none
Financing: municipal
Legal status: municipal agency

TERREBONNE PUBLIC LIBRARY - ANDRÉ-GUÉRARD
3425 Camus Place, Terrebonne, Lanaudière, QC, J6Y 0C8
450 961-2001 ext. 1349
Website: biblio.ville.terrebonne.qc.ca
Email: biblio@ville.terrebonne.qc.ca
Coverage area: Terrebonne
Hours: Monday to Wednesday 12h00 to 21h00, Thursday and Friday 12h00 to 20h00, Saturday and Sunday 10h00 to 17h00
Fees: none
Financing: municipal
Legal status: municipal agency

TERREBONNE PUBLIC LIBRARY - ÎLE-DES-MOULINS
855 de l’Île-des-Moulins Place, Terrebonne, Lanaudière, QC, J6W 4N7
450 961-2001 ext. 1116   Fax: 450 471-3761
Website: biblio.ville.terrebonne.qc.ca
Email: biblio@ville.terrebonne.qc.ca

Coverage area: Terrebonne

Hours: Monday to Wednesday 12h00 to 21h00, Thursday and Friday 12h00 to 20h00, Saturday and Sunday 10h00 to 17h00

Fees: none

Financing: municipal

Legal status: municipal agency

TERREBONNE PUBLIC LIBRARY - LA PLAINE

6900 Guérin Street, Terrebonne, Lanaudière, QC, J7M 1L9

450 961-2001 ext. 1133

Website: biblio.ville.terrebonne.qc.ca


Coverage area: Terrebonne

Hours: Monday to Wednesday 12h00 to 21h00, Thursday to Sunday 10h00 to 17h00

Fees: none

Financing: municipal

Legal status: municipal agency

TERREBONNE PUBLIC LIBRARY - LACHENAIE

3060 Saint-Charles Road, Terrebonne, Lanaudière, QC, J6V 1A1

450 961-2001 ext. 1378

Website: biblio.ville.terrebonne.qc.ca/client/en_US/default

Email: biblio@ville.terrebonne.qc.ca


Coverage area: Terrebonne

Hours: Monday to Wednesday 12h00 to 21h00, Thursday to Sunday 10h00 to 17h00

Fees: free for residents

Financing: municipal

Legal status: municipal agency

Clubs and social events

AMIS DE LAMATER (LES)

695 Ouimet Street, Terrebonne, Lanaudière, QC, J6W 3B1

450 492-0030     Fax: 450 492-0734

Website: lesamisdelamater.org

Email: jeannedignard@msn.com


Eligibility: seniors 50 years old and over, autonomous, semi-autonomous or with a loss of autonomy

Capacity: 30 persons per day
Coverage area: MRC Les Moulins
Hours: Monday to Thursday 8h30 to 16h00, Friday 8h30 to 15h30
Fees: annual registration: $60, activity day: $15
Financing: self-financing, provincial, donations
Legal status: non-profit organization

ASSOCIATION DES PERSONNES HANDICAPÉES DE BRANDON
1111, Mont Lanaudière Road, Saint-Gabriel, Lanaudière, QC, J0K 2N0
450 835-9313
Email: aphbrandon@outlook.com
Eligibility: people living with physical disabilities
Coverage area: Brandon
Hours: see planning with the association
Financing: grants, contributions
Legal status: non-profit organization

ASSOCIATION QUÉBEC-FRANCE - LANAUDIÈRE
Confidential Address
Website: www.quebecfrancelanaudiere.org
Email: presidente@quebecfrancelanaudiere.org
Eligibility: Francophiles, French language defenders
Coverage area: Lanaudière
Fees: annual membership: $30 individual, $55 couple, $60 organization
Financing: membership fees
Legal status: non-profit organization

ASSOCIATION QUÉBÉCOISE DE DÉFENSE DES DROITS DES PERSONNES RETRAITÉES ET PRÉRETRAITÉES - L’ASSOMPTION
50 Thouin Street, Suite 241, Repentigny, Lanaudière, QC, J6A 4J4
450 704-2776
Website: www.aqdr.org/section/lassomption
Email: aqdrlassomption@hotmail.com
Services: Advocacy for seniors to improve their living conditions on matters such as income, housing, home care, transportation and health. * Monthly conferences. * Personalized accompaniment service. * References to partners (community, municipal and government organizations as well as professionals such as lawyers, notaries, etc.). * Journal: three publications per year. * Legal referral service. * Vulnerable people identification service. * Annual brunch and fundraising campaign.
Eligibility: retired and preretired people
Coverage area: MRC L’Assomption
Hours: Monday to Thursday 9h00 to 12h00 and 13h30 to 16h00, Friday 9h00 to 16h00, by appointment
Fees: annual membership: $20
Financing: grants, membership fees, fundraising campaigns
Legal status: non-profit organization
ASSOCIATION SCLÉROSE EN PLAQUES DE LANAUDIÈRE
200 Salaberry Street, Suite 307, Joliette, Lanaudière, QC, J6E 4G1
450 753-5545
Website: www.asepl.org
Email: asepl@intermonde.net
Eligibility: people living with multiple sclerosis, their close ones
Coverage area: Lanaudière
Hours: Monday to Friday 8h30 to 12h00 and 13h00 to 16h30
Fees: free
Financing: provincial, fundraising campaigns, donations
Legal status: non-profit organization

AUX BONHEURS DES AÎNÉS LANAUDIÈRE
33 8th Street, Crabtree, Lanaudière, QC, J0K 1B0
450 754-2348
Email: abdalanaudiere@gmail.com
Eligibility: seniors 55 years old and over
Coverage area: Crabtree, Saint-Paul, Sainte-Marie-Salomé, Saint-Thomas, Saint-Liguori, Saint-Pierre
Hours: Monday and Wednesday 9h00 to 12h00, Tuesday and Thursday 9h00 to 16h00
Financing: provincial, donations
Legal status: non-profit organization

AVEC DES ELLES
158 Marcel Street, Saint-Gabriel, Lanaudière, QC, J0K 2N0
450 835-3393     Fax: 450 835-1334
Email: avecdeselles@bellnet.ca
Eligibility: women
Coverage area: Saint-Gabriel, Saint-Gabriel-de-Brandon, Mandeville, Saint-Didace, Saint-Damien, Saint-Cléophas-de-Brandon
Hours: Monday to Thursday 9h00 to 16h30, Friday 9h00 to 12h00
Fees: none
Financing: provincial, foundations
Legal status: non-profit organization

CENTRE ARC-EN-CI-ELLE
141 St-Jacques Street, Saint-Michel-des-Saints, Lanaudière, QC, J0K 3B0
450 833-5282
Email: caecei@hotmail.com
Eligibility: women
Coverage area: MRC Matawinie
Hours: Monday to Thursday 9h00 to 16h30, Friday 9h00 to 11h30
Legal status: non-profit organization
CENTRE AU COEUR DES FEMMES
60 Archambault Street, Saint-Jean-de-Matha, Lanaudière, QC, J0K 2S0
450 886-9171 Fax: 450 886 1789
Email: centreaucoeurdesfemmes@gmail.com
Eligibility: women
Coverage area: MRC Matawinie
Hours: Monday to Thursday 9h00 to 12h00 and 13h00 to 16h00
Financing: provincial, donations
Legal status: non-profit organization

CENTRE COMMUNAUTAIRE ESSALAM
2685 Sainte-Marie Road, Suite L, Mascouche, Lanaudière, QC, J7K 1M8
438 396-6648
Website: www.essalam.ca
Email: contact@essalam.ca
Services: Exchange, meeting and socialization place. * Cultural, social, sports and educational activities. * On-site recovery of non-perishable food and clothing and redistribution of donations to partner community organizations.
Eligibility: people from the muslim community
Capacity: 100
Coverage area: MRC Les Moulins
Hours: variable
Fees: none
Financing: donations
Legal status: non-profit organization

CENTRE D’ACTION BÉNÉVOLE COMMUNAUTAIRE MATAWINIE
562 de l’Église Street, Chertsey, Lanaudière, QC, J0K 3K0
450 882-1089 Fax: 450 882-1084
Website: ccbm.qc.ca
Email: info@ccbm.qc.ca
Eligibility: seniors, people with a loss of autonomy, people on a low income, caregivers, volunteers, organizations
Hours: Monday to Thursday 8h30 to 12h00 and 13h00 to 16h30, Friday 8h30 to 12h00
Fees: meals on wheels: variable costs
Financing: provincial, self-financing, donations
Legal status: non-profit organization

CENTRE D’ACTION BÉNÉVOLE DE MONTCALM
27 Saint-Louis Street, Saint-Esprit, Lanaudière, QC, J0K 2L0
450 839-3118 Fax: 450 839-3440
Website: www.cabmontcalm.com
Email: lequipe@cabmontcalm.com

Eligibility: seniors, people in vulnerable situations, people on a low income, people living in social isolation, caregivers, volunteers, organizations, meals on wheels: seniors, people in temporary or permanent loss of autonomy, people living with a chronic illness, a physical or intellectual disability, their caregivers

Coverage area: MRC Montcalm

Hours: Monday to Friday 8h30 to 12h00 and 13h00 to 16h00

Fees: annual membership: $15, meals on wheels: variable costs per meal

Financing: self-financing, membership fees, donations

Legal status: non-profit organization

CENTRE D'AMITIÉ AUTOCHTONE DE LANAUDIÈRE
523 Sainte-Anne Boulevard, Joliette, Lanaudière, QC, J6E 5A3
450 760-3865 Fax: 450 760-9923
Website: www.caalanaudiere.ca
Email: info@caalanaudiere.ca


Eligibility: native people of all ages

Coverage area: Joliette

Hours: Monday to Friday 9h00 to 16h00

Fees: none

Financing: federal, provincial, self-financing, donations, grants, foundations

Legal status: non-profit organization

CENTRE D'INTERPRÉTATION MULTIETHNIQUE DE RAWDON
3588 Metcalfe Street, Rawdon, Lanaudière, QC, J0K 1S0
450 834-3334
Website: www.cimrawdon.info
Email: cathalmarlow@yahoo.ca

Services: * Promotion of the different cultural communities present in Rawdon. * Exhibitions of arts and crafts from different countries. * Conferences and workshops. * Concerts and shows.

Eligibility: members of cultural communities established in Rawdon

Coverage area: Rawdon

Financing: donations

Legal status: Select Legal Status
CENTRE DE F.A.M. DES MOULINS
502 Langlois Street, Terrebonne, Lanaudière, QC, J6W 4C3
450 964-5827 Fax: 450 964-5826
Website: www.centrefamdesmoulins.com
Email: centrefam@videotron.ca
Eligibility: women
Coverage area: MRC Les Moulins
Hours: Monday, Wednesday and Thursday 9h00 to 16h00, Tuesday 13h00 to 16h00
Financing: provincial
Legal status: non-profit organization

CITÉ GÉNÉRATION 55+
702 Montée Masson South, Terrebonne, Lanaudière, QC, J6W 0E7
450 824-9111 Fax: 450 824-9114
Website: www.cite55.org
Email: info@cite55.org
Services: * Sports, cultural and educational activities. * Conferences, workshops. * ARRA chats: access to resources that ensure seniors’ respect. * Outings and trips.
Eligibility: seniors 55 years and over
Coverage area: Terrebonne
Hours: administration: Monday to Friday 8h00 to 17h00, activities: Monday to Friday 8h00 to 22h00, Saturday 8h30 to 16h30
Fees: membership: $30
Financing: municipal, membership fees, donations, self-financing
Legal status: non-profit organization

CLUB DE L’ÂGE D’OR DE LA PLAINE
6900 Guérin Street, Terrebonne, Lanaudière, QC, J7M 1L9
450 478-6799
Eligibility: people 50 years old and over
Coverage area: La Plaine
Hours: variable
Fees: membership card: $10, variable for activities
Financing: self-financing
Legal status: non-profit organization

CLUB DE L’ÂGE D’OR DE REPENTIGNY
50 Thouin Street, Repentigny, Lanaudière, QC, J6A 4J4
450 582-8458
Email: gaston.filiatrault@gmail.com
Services: * Social and recreational activities: dance, dinners, bowling, petanque, cornhole, seniors’ annual picnic, bingo, outings.
Eligibility: seniors
Coverage area: Repentigny
Hours: variable
Fees: annual membership: $10
Financing: self-financing
Legal status: non-profit organization
CLUB DE L’ÂGE D’OR LES BONS VIVANTS DE LE GARDEUR
225 J.A. Paré Boulevard, Repentigny, Lanaudière, QC, J5Z 4L3
514 705-2150
Website: lesbonsvivants.ca
Email: francedaronadbv@hotmail.com
Services: * Social and recreational activities: line dancing, bingo, cribbage, petanque, bowling, canasta, card games. * Community dinners. * Punctual outings: shows, theatre, etc.
Eligibility: seniors 50 years old and over
Coverage area: Repentigny
Hours: activities: Monday to Friday 9h00 to 23h00
Fees: membership: $10
Financing: self-financing, membership fees
Legal status: non-profit organization

CLUB LES CHOYÉS DE L’ÂGE D’OR DE TERREBONNE
505 Théberge Street, Terrebonne, Lanaudière, QC, J6W 2R5
450 964-4351
Eligibility: people 50 years and over
Capacity: 130
Coverage area: Terrebonne
Hours: Tuesday and Thursday 13h00 to 16h00
Fees: annual membership: $12
Financing: self-financing, contributions
Legal status: non-profit organization

FADOQ - LANAUDIÈRE REGION
626 Manseau Boulevard, Joliette, Lanaudière, QC, J6E 3E6
450 759-7422
Website: www.fadoq.ca/lanaudiere
Email: info@fadoqlanaudiere.ca
Services: Grouping people 50 years and over and representing them in instances requiring the defense of their rights and needs. * Organization of recreational and sporting activities. * Privilege Program giving access to discounts on various products and services.
Eligibility: people 50 years and over
Coverage area: Lanaudière
Hours: Monday to Thursday 8h30 to 12h00 and 13h00 to 17h00, Friday 8h00 to 13h00
Fees: membership: $30 per year or $50 for 2 years
Financing: contributions, provincial
Legal status: non-profit organization

MAISON DES AÎNÉS DE CHERTSEY (LA)
552 de l’Eglise Road, Chertsey, Lanaudière, QC, J0K 3K0
450 882-1688
Email: maisondesaines.chertsey@gmail.com
Eligibility: people 50 years and over
Coverage area: Chertsey, Entraîals, Rawdon
Hours: Monday to Friday 9h00 to 16h00, community lunches: Tuesday and Wednesday 11h30 to 12h30
Fees: annual membership: $20, community lunches: $8 for members, $10 for non-members, collective kitchen: between $0.25 and $1.50 by portion, rental room: variable
MAISON DES AÎNÉS DE LAVALTRIE
47 de Lavaltrie Road, Lavaltrie, Lanaudière, QC, J5T 2H3
450 586-6211
Website: www.mdalhoplavie.ca
Email: coord@mdalhoplavie.ca
Services: * Welcoming, listening, information, referral and follow-up. * Workshops and conferences. * Recreational and social activities. * Activities of integration in community life: intergenerational activities and volunteering opportunities. * Specialized interest groups led by members: knitting, music, etc.
Eligibility: seniors, seniors in a vulnerable situation
Coverage area: Lavaltrie
Hours: Monday to Thursday 9h00 to 16h00
Fees: membership card: $20 per year
Financing: provincial, municipal, contributions, grants, donations
Legal status: non-profit organization

MAISON LA TRACE
245 Saint-Ursule Street, L’Assomption, Lanaudière, QC, J5W 1M6
450 589-6050
Email: marie_claire548@hotmail.com
Eligibility: residents
Coverage area: L’Assomption
Hours: Monday to Thursday 13h00 to 16h00, knitting: Monday 9h00, yoga: Tuesday 9h45, dinner: last Thursday of the month
Fees: none
Financing: fundraising campaigns, donations, self-financing
Legal status: non-profit organization

MON AFRIQUE À LANAUDIÈRE
Confidential Address
418 571-0289
Email: monalanaudiere@gmail.com
Eligibility: children, teenagers, seniors, general public
Coverage area: Lanaudière
Hours: variable
Fees: membership card: $20, supporting membership card: starting at $50
Financing: self-financing, municipal
Legal status: non-profit organization

NÉO (LE)
950 Moody Boulevard, Terrebonne, Lanaudière, QC, J6W 3K8
1 800 964-1860
Website: le-neo.com
Email: neo@le-neo.com

Eligibility: LGBTQ+ people and allies, people living with HIV/AIDS or hepatitis

Coverage area: Lanaudière

Hours: administration: Monday to Friday 8h30 to 16h30

Fees: none

Financing: provincial

Legal status: non-profit organization

SERVICE D'AIDE À LA FAMILLE IMMIGRANTE DE LA MRC DE L'ASSOMPTION

555 Lacombe Boulevard, Suite 227, Repentigny, Lanaudière, QC, J5Z 3B5

1 844 507-2683

Website: safima.ca

Email: info@safima.ca


Eligibility: immigrant families

Coverage area: MRC L'Assomption

Hours: Monday to Friday 8h30 to 12h30 and 13h30 to 16h30

Fees: none

Financing: provincial

Legal status: non-profit organization

Community recreation centres

ACTION FAMILLE LAVALTRIE

1725 Notre-Dame Street, Lavaltrie, Lanaudière, QC, J5T 1S2

450 586-0733  Fax: 450 586-6652

Website: www.actionfamillelavaltrie.org

Email: actionfamillelavaltrieinc@bellnet.ca


Eligibility: Expérience Loisirs program: people, parents and families on a low income, daycare: children 18 month to 5 years old, welcoming and support program for immigrants: immigrants, room rental: members

Coverage area: Lavaltrie, welcoming and support program for immigrants: MRC D'Autray

Hours: Monday to Friday 9h00 to 16h00, daycare: Wednesday to Friday 9h00 to 16h00

Fees: membership: $12 per year, workshops: variable, daycare: $12 per day, $8 per day for the second child and the other children or $3 per hour, Expérience Loisirs program: free, room rental: $50 deposit, $100 for 4 hours, $120 for 6 hours, $200 for the day

Financing: Centraide Lanaudière, municipal, provincial, contributions, self-financing, fundraising campaigns, donations

Legal status: non-profit organization
AMIS DE LAMATER (LES)
695 Ouimet Street, Terrebonne, Lanaudière, QC, J6W 3B1
450 492-0030  Fax: 450 492-0734
Website: lesamisdelamater.org
Email: jeannedignard@msn.com
Eligibility: seniors 50 years old and over, autonomous, semi-autonomous or with a loss of autonomy
Capacity: 30 persons per day
Coverage area: MRC Les Moulins
Hours: Monday to Thursday 8h30 to 16h00, Friday 8h30 to 15h30
Fees: annual registration: $60, activity day: $15
Financing: self-financing, provincial, donations
Legal status: non-profit organization

AUX TROUVAILLES DE MANDEVILLE
80 Saint-Charles-Borromée Street, Mandeville, Lanaudière, QC, J0K 1L0
450 835-7207  Fax: 450 835-0290
Email: aux_trouvailles@hotmail.com
Eligibility: people on a low income, people living in social isolation
Coverage area: Mandeville
Hours: Monday, Wednesday to Friday 10h30 to 16h15, Saturday 10h00 to 14h45
Financing: self-financing, Centraide Lanaudière, provincial
Legal status: non-profit organization

CARREFOUR FAMILIAL DES MOULINS
427 Léveillé Street, Terrebonne, Lanaudière, QC, J6W 1Z7
450 492-1257  Fax: 450 492-6019
Website: www.carrefourfamilialdesmoulins.com
Email: info@carrefourfamilialdesmoulins.com
Eligibility: families, future parents
Coverage area: MRC Les Moulins
Hours: Monday to Thursday 8h30 to 12h15 and 13h00 to 16h00
Fees: member access: $10 per year
Financing: Centraide Laurentides, provincial, municipal, contributions, self-financing, donations
Legal status: non-profit organization

CENTRE COMMUNAUTAIRE ESSALAM
2685 Sainte-Marie Road, Suite L, Mascouche, Lanaudière, QC, J7K 1M8
438 396-6648
Website: www.essalam.ca
Email: contact@essalam.ca
Services: Exchange, meeting and socialization place. * Cultural, social, sports and educational activities. * On-site recovery of non-perishable food and clothing and redistribution of donations to partner community organizations.
Eligibility: people from the muslim community
Capacity: 100
Coverage area: MRC Les Moulins
Hours: variable
Fees: none
Financing: donations
Legal status: non-profit organization

CENTRE COMMUNAUTAIRE LAURENT VENNE
225 J.-A.-Paré Boulevard, Repentigny, Lanaudière, QC, J5Z 4M6
450 657-4877
Website: centrecommunautaire-repentigny.ca
Email: info.cclv@sodem.net
Eligibility: families, seniors, youth
Capacity: 400
Coverage area: MRC L'Assomption
Hours: Monday to Friday 9h00 to 22h00, Saturday and Sunday 9h00 to 17h00
Fees: variable
Financing: municipal
Legal status: non-profit organization

CENTRE D'ACTION BÉNÉVOLE DES MOULINS
298 Joseph-Guay Street, Terrebonne, Lanaudière, QC, J6W 4S3
450 964-9898     Fax: 450 964-3028
Website: www.cabdesmoulins.org
Email: info@cabdesmoulins.org
Services: * Listening, information and referral. * Friendly visits. * Pied Program (integrated program for dynamic balance) for people over 65 years old. * Oui j’arrête, smoking cessation program.
Eligibility: seniors with loss of autonomy, persons with disabilities, convalescents, chronically ill, caregivers
Coverage area: MRC Les Moulins
Hours: Monday to Thursday 8h30 to 17h00, Friday 8h30 to 13h00
Fees: variable
Financing: provincial, contributions
Legal status: non-profit organization

CENTRE MIHAWOSO - CENTRE DE PÉDIATRIE SOCIALE DE MANAWAN
450-B Otapi Street, Manawan, Lanaudière, QC, J0K 1M0
819 971-8852
Website: fondationdrjulien.org/centres/centre-mihawoso
Email: centremihawoso@gmail.com
Eligibility: children and teenagers of the Atikamekw community of Manawan and their famille
Coverage area: Manawan
Sports, Recreation and Culture

**Hours**: Monday to Friday 8h00 to 16h30
**Financing**: municipal, federal, provincial, donations
**Legal status**: non-profit organization

**CITÉ GÉNÉRATION 55+**
702 Montée Masson South, Terrebonne, Lanaudière, QC, J6W 0E7
450 824-9111     Fax: 450 824-9114
Website: www.cite55.org
Email: info@cite55.org

**Services**: * Sports, cultural and educational activities. * Conferences, workshops. * ARRA chats: access to resources that ensure seniors’ respect. * Outings and trips.
**Eligibility**: seniors 55 years and over
**Coverage area**: Terrebonne
**Hours**: administration: Monday to Friday 8h00 to 17h00, activities: Monday to Friday 8h00 to 22h00, Saturday 8h30 to 16h30
**Fees**: membership: $30
**Financing**: municipal, membership fees, donations, self-financing
**Legal status**: non-profit organization

**CLUB DE L’ÂGE D’OR DE LA PLaine**
6900 Guérin Street, Terrebonne, Lanaudière, QC, J7M 1L9
450 478-6799

**Services**: * Card games and bingo. * Line dancing.
**Eligibility**: people 50 years old and over
**Coverage area**: La Plaine
**Hours**: variable
**Fees**: membership card: $10, variable for activities
**Financing**: self-financing
**Legal status**: non-profit organization

**CLUB DE L’ÂGE D’OR DE REPENTIGNY**
50 Thouin Street, Repentigny, Lanaudière, QC, J6A 4J4
450 582-8458
Email: gaston.filiatrault@gmail.com

**Services**: * Social and recreational activities: dance, dinners, bowling, petanque, cornhole, seniors’ annual picnic, bingo, outings.
**Eligibility**: seniors
**Coverage area**: Repentigny
**Hours**: variable
**Fees**: annual membership: $10
**Financing**: self-financing
**Legal status**: non-profit organization

**CLUB DE L’ÂGE D’OR LES BONS VIVANTS DE LE GARDEUR**
225 J.A. Paré Boulevard, Repentigny, Lanaudière, QC, J5Z 4L3
514 705-2150
Website: lesbonsvivants.ca
Email: franccearonadbv@hotmail.com

**Services**: * Social and recreational activities: line dancing, bingo, cribbage, petanque, bowling, canasta, card games. * Community dinners. * Punctual outings: shows, theatre, etc.
**Eligibility**: seniors 50 years old and over
**Coverage area**: Repentigny
**Hours**: activities: Monday to Friday 9h00 to 23h00
Fees: membership: $10
Financing: self-financing, membership fees
Legal status: non-profit organization

FADOQ - LANAUDIÈRE REGION
626 Manseau Boulevard, Joliette, Lanaudière, QC, J6E 3E6
450 759-7422
Website: www.fadoq.ca/lanaudiere
Email: info@fadoqlanaudiere.ca

Services: Grouping people 50 years and over and representing them in instances requiring the defense of their rights and needs. * Organization of recreational and sporting activities. * Privilege Program giving access to discounts on various products and services.

Eligibility: people 50 years and over
Coverage area: Lanaudière

Hours: Monday to Thursday 8h30 to 12h00 and 13h00 to 17h00, Friday 8h00 to 13h00
Fees: membership: $30 per year or $50 for 2 years
Financing: contributions, provincial

Legal status: non-profit organization

GÎT’ENFANTS (LE)
430 de la Mairie Street, Sainte-Émélie-de-l’Énergie, Lanaudière, QC, J0K 2K0
450 271-0797
Email: gitenfants@yahoo.ca


Eligibility: young people from 2 to 21 years old with school adjustment difficulties or from disadvantaged backgrounds, parents

Capacity: 30
Coverage area: Sainte-Émélie-De-L’énergie

Hours: Monday to Sunday 9h00 to 21h00 depending of the needs
Fees: $5 per year per family
Financing: provincial

Legal status: non-profit organization

GROUPE D'INFORMATION ET DE DÉFENSE DES DROITS SOCIAUX DE ST-JULIENNE
2398 Cartier Street, Sainte-Julienne, Lanaudière, QC, J0K 2T0
450 831-4825 Fax: 450 831-4825
Website: gidds.org
Email: gidds.rt@gmail.com


Eligibility: people on a low income
Coverage area: Sainte-Julienne

Hours: Monday to Thursday 10h00 to 16h00
Fees: annual membership: $20
Financing: membership fees, grants

Legal status: non-profit organization
LACHENAIE ACTION JEUNESSE
1735 Rochon Street, Terrebonne, Lanaudière, QC, J6W 5N9
450 964-1211 Fax: 450 964-1211
Website: www.mdjactionjeunesse.org
Email: actionjeunesse1735@hotmail.com
Eligibility: youth centre: 12 to 17 years old, youth in action: 10 to 12 years old
Coverage area: Terrebonne
Hours: administration: Monday to Friday 9h00 to 17h00, youth centre: Wednesday 18h00 to 21h00, Thursday and Friday 18h00 to 22h00, youth in action: Tuesday and Thursday 15h00 to 17h00
Fees: membership: $10 per year
Financing: provincial, municipal, fundraising campaigns, contributions
Legal status: non-profit organization

MAISON DES JEUNES D.O. ADOS
1042 Principale Street, Saint-Roch-de-l'Achigan, Lanaudière, QC, J0K 3H0
450 588-6589 Fax: 450 588-6784
Email: mdjdoados@bellnet.ca
Eligibility: teenagers from 12 to 18 years old
Coverage area: Saint-Roch-de-l’Achigan
Hours: Wednesday and Thursday 18h00 to 21h00, Friday 17h00 to 21h00
Financing: self-financing
Legal status: non-profit organization

MAISON DES JEUNES DE CRABTREE
25 8th Street, Crabtree, Lanaudière, QC, J0K 1B0
450 754-3334
Website: mdjcrabtree.weebly.com
Email: mdjcrabtree@hotmail.fr
Services: Animated meeting place for teenagers. * Prevention, support and intervention activities. * Social, cultural and recreational activities.
Eligibility: teenagers from 12 to 18 years old
Coverage area: Crabtree
Hours: Tuesday to Thursday 17h00 à 21h00, Friday 18h00 à 22h00
Financing: self-financing
Legal status: non-profit organization

MAISON DES JEUNES DE L’ASSOMPTION (LA)
379 Dorval Street, L’Assomption, Lanaudière, QC, J5W 1A1
450 705-4811
Website: www.maisondesjeuneslassomption.com
Email: mdjescapade@videotron.ca
Eligibility: youth 12 to 17 years old
Coverage area: L’Assomption
Hours: Monday, Tuesday and Thursday 18h00 to 21h00, Wednesday 17h00 to 21h00, Friday 18h00 to 22h00, sometimes on Saturday for special activities
Fees: none
Financing: Centraide Lanaudière, provincial
Legal status: non-profit organization
MAISON DES JEUNES DE REPENTIGNY
539 Notre-Dame Street, Repentigny, Lanaudière, QC, J6A 2T6
450 581-8159
Website: mdjrepentigny.ca
Email: mdjrepentigny@gmail.com
Eligibility: youth 12 to 17 years old
Coverage area: Repentigny
Hours: Tuesday 15h00 to 18h00, Wednesday and Thursday 15h00 to 20h00, Friday 15h00 to 21h00
Fees: none
Financing: provincial, grants, self-financing
Legal status: non-profit organization

MAISON DES JEUNES DE REPENTIGNY - LE GARDEUR
389 Saint-Paul Street, door 5, Repentigny, Lanaudière, QC, J5Z 2H9
450 657-7111
Website: mdjrepentigny.ca
Email: mdjrepentigny@gmail.com
Services: Meeting and discussion place promoting individual and collective expression through varied activities, under the supervision of significant adults. * Counselling, active listening. * Self-esteem workshops. * Referral centre.
Eligibility: youth 12 to 17 years old
Capacity: more than 60 teenagers
Coverage area: Le Gardeur sector
Hours: Wednesday and Thursday 15h00 to 20h00, Friday 15h00 to 21h00
Fees: none
Financing: provincial, municipal, donations
Legal status: non-profit organization

MAISON DES JEUNES DE SAINT-DONAT
544 Désormeaux Street, Saint-Donat, Lanaudière, QC, J0T 2C0
819 424-3811    Fax: 819 424-1185
Email: mdj_st_donat@hotmail.com
Services: Animated meeting place for teenagers. * Online psychosocial intervention and support. * Animation and preventive intervention. * Social, cultural and recreational activities.
Eligibility: teenagers from 12 to 18 years old
Coverage area: Saint-Donat
Hours: Wednesday 18h00 to 21h00, Friday 17h00 to 21h00
Financing: self-financing
Legal status: non-profit organization

MAISON DES JEUNES DE SAINT-ESPRIT
66 Montcalm Street, Saint-Esprit, Lanaudière, QC, J0K 2L0
450 839-7227
Email: mdjsaintesprit@videotron.ca
Services: Animated meeting place for teenagers. * Listening and support service by phone and text message. * Animation and preventive intervention. * Social, cultural and recreational activities.
Eligibility: teenagers from 12 to 18 years old
Coverage area: Saint-Esprit
Hours: Wednesday, Thursday 18h00 to 21h00, Friday 17h00 à 21h00
Financing: self-financing  
Legal status: non-profit organization

MAISON DES JEUNES DE ST-SULPICE (LA)  
1101 Notre-Dame Street, Saint-Sulpice, Lanaudière, QC, J5W 3W2  
450 589-1264 Fax: 450 589-9647  
Email: mdjlerivage@hotmail.com  
Eligibility: teenagers 11 to 17 years old  
Coverage area: Saint-Sulpice  
Hours: Wednesday to Friday 18h00 to 21h00, Saturday 13h00 to 16h00  
Financing: Centraide Lanaudière, provincial, self-financing  
Legal status: non-profit organization

MAISON DES JEUNES DU GRAND JOLIETTE  
46 Gauthier Street North, Notre-Dame-des-Prairies, Lanaudière, QC, J6E 1V1  
450 756-4794 Fax: 450 756-6378  
Website: www.maisondesjeunesgrandjoliette.org  
Email: coordination@maisondesjeunesgrandjoliette.org  
Eligibility: youth 12 to 17 years old  
Capacity: COVID-19: 6 youths by reservation  
Coverage area: Greater Joliette: Joliette, Notre-Dame-des-Prairies, Saint-Charles-Borromée, Saint-Paul, Saint-Ambroise, Notre-Dame-de-Lourdes, Village Saint-Pierre, Saint-Thomas  
Hours: Wednesday and Saturday 16h30 to 19h30, virtual Mondays for 10 to 12 year olds: 17h00 to 20h00  
Fees: none  
Financing: grants, donations, self-financing  
Legal status: non-profit organization

MAISON DES JEUNES LA BARAK DE MASCOUCHE  
2522 Sainte-Marie Road, Mascouche, Lanaudière, QC, J7K 1M5  
450 966-9290 Fax: 450 966-6243  
Website: mdjlabarak.wixsite.com/labarak  
Email: mdjlabarak@videotron.ca  
Eligibility: youth 12 to 17 years old  
Coverage area: Mascouche  
Hours: Monday and Tuesday 17h00 to 20h00, Wednesday and Thursday 17h00 to 21h00, Friday 17h00 to 22h00  
Fees: none  
Financing: grants, self-financing, donations  
Legal status: non-profit organization

SERVICES AMITIÉS L'ASSOMPTION  
255 Saint-Etienne Street, L'Assomption, Lanaudière, QC, J5W 1W7  
514 793-0840  
Email: servicesamities@outlook.com

Eligibility: seniors, isolated people

Capacity: 75 people

Coverage area: L'Assomption, L'Épiphanie, Saint-Sulpice

Hours: by appointment

Fees: membership: $15 per year

Financing: contributions, grants

Legal status: non-profit organization

SOLIDARITÉ SOCIALE DE RAWDON
3625 Queen Street, Rawdon, Lanaudière, QC, J0K 1S0
450 834-4911
Email: ssrawdon@rocler.qc.ca

Services: * Clothing, warm meals and furniture at low prices. * Food assistance. * Group activities: bingo, outings, etc.

Eligibility: general population, people in need

Coverage area: Rawdon

Hours: Monday to Thursday 8h30 to 16h00, food assistance: Tuesday

Fees: variables

Financing: donations

Legal status: non-profit organization

Day camps and specialized camps

ACTION FAMILLE LANORAIE
42 Louis-Joseph-Doucet Street, Lanoraie, Lanaudière, QC, J0K 1E0
450 887-2624
Website: www.actionfamilleanoraie.org
Email: actfamlanoraie@qc.aira.com


Eligibility: families and single people, drop-in daycare: children 2 to 5 years old

Coverage area: Lanoraie

Hours: Monday to Friday 7h00 to 12h00, 13h00 to 18h00, drop-in daycare: Wednesday 9h00 to 15h00, Friday 9h00 to 12h00, thrift shop: Monday to Friday 13h00 to 15h00, childcare services and homework assistance: Monday to Friday 7h00 to 8h00, 15h15 to 18h00 in addition to the pedagogical days

Fees: workshops: variable, drop-in daycare: $8 on Wednesday, $4 on Friday, childcare services: 7h00 to 8h00 $3, 15h15 to 16h30 $3, 15h15 to 18h00 $4.50, homework assistance: $3, day camp: 1st child $315, 2nd child $275, 3rd child and the following ones $235

Financing: municipal, self-financing, donations, provincial

Legal status: non-profit organization

CAMP FAMILIAL SAINT-URBAIN
1651 de Chertsey Road, Chertsey, Lanaudière, QC, J0K 3K0
1 888 882-4719
Website: www.campfamilial.org
Email: info@campfamilial.org

Services: * 2 to 13 nights holiday stay. * Companion leisure card (CAL).

Eligibility: priority to families on a low income, immigrants, people living with physical disabilities, seniors

Capacity: 225 persons

Coverage area: Province of Québec
Sports, Recreation and Culture

**CENTRE D’AMITIÉ AUTOCHTONE DE LANAUDIÈRE**

523 Sainte-Anne Boulevard, Joliette, Lanaudière, QC, J6E 5A3
450 760-3865 Fax: 450 760-9923
Website: www.caalanaudiere.ca
Email: info@caalanaudiere.ca

**Services:** Services and programs to improve the living conditions of Indigenous people. * Information and referral. * Accompaniment and support services in different procedures by an outreach worker. * Programme d’aide préscolaire autochtone pour les communautés urbaines et nordique (PAPACUN): activities related to culture, health, nutrition and education for children from 0 to 5 years old and their families. * Educational services: homework help for elementary and secondary students, workspace, liaison between families and schools, low-cost school store and individual accompaniment for students and families. * Cultural and educational activities. * Youth activities for 12 to 17 years old. * Youth Council made up of 7 young people 14 to 22 years old. * Summer youth day camp program. * Sports and outdoor activities for all. * Proximity clinic. * Christmas baskets. * Tax clinic.

**Eligibility:** native people of all ages

**Coverage area:** Joliette

**Hours:** Monday to Friday 9h00 to 16h00

**Fees:** none

**Financing:** federal, provincial, self-financing, donations, grants, foundations

**Legal status:** non-profit organization

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**CENTRE DE PÉDIATRIE SOCIALE EN COMMUNAUTÉ DE LANAUDIÈRE**

994 de Lanaudière Street, Joliette, Lanaudière, QC, J6E 3N6
450 758-3795
Website: www.cpscl.org
Email: info@cpscl.org

**Services:** * Assessment and orientation meetings with a multidisciplinary team. * Medical, psychosocial and nursing follow-up. * Accompaniment targeted to the needs of children and their development. * Support for vulnerable families. * Follow-up and accompaniment at home. * Information and referrals. * After-school activities. * Summer camp.

**Eligibility:** children, teenagers and families

**Coverage area:** Crabtree, Joliette, Notre-Dame-De-Lourdes, Notre-Dame-Des-Prairies, Saint-Ambroise-De-Kildare, Saint-Charles-Borromée, Saint-Paul, Saint-Pierre, Saint-Thomas, Sainte-Mélanie

**Hours:** Monday to Friday 9h30 to 16h30

**Fees:** none

**Financing:** provincial, municipal, grants, donations

**Legal status:** non-profit organization

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**CENTRE DE PÉDIATRIE SOCIALE EN COMMUNAUTÉ DE LANAUDIÈRE - POINT DE SERVICE DE CHERTSEY**

423 de l’Église Road, Chertsey, Lanaudière, QC, J0K 3K0
450 758-3795
Website: www.cpscl.org
Email: info@cpscl.org

**Services:** * Assessment and orientation meetings with a multidisciplinary team. * Medical, psychosocial and nursing follow-up. * Accompaniment targeted to the needs of children and their development. * Support for vulnerable families. * Follow-up and accompaniment at home. * Information and referrals. * After-school activities. * Summer camp.

**Eligibility:** children, adolescents and families
Hours: Monday to Friday 8h30 to 16h30
Fees: none
Financing: provincial, municipal, grants, donations
Legal status: non-profit organization

CHARLEMAGNE - LOISIRS ET CULTURE
84 Sacré-Cour Street, Charlemagne, Lanaudière, QC, J5Z 1W8
450 581-2541 ext. 27
Website: www.ville.charlemagne.qc.ca/fr/loisirs-et-culture
Email: loisirs@ville.charlemagne.qc.ca
Coverage area: Charlemagne
Fees: variable
Financing: municipal
Legal status: municipal agency

GÎT’ENFANTS (LE)
430 de la Mairie Street, Sainte-Émélie-de-l’Énergie, Lanaudière, QC, J0K 2K0
450 271-0797
Email: gitenfants@yahoo.ca
Eligibility: young people from 2 to 21 years old with school adjustment difficulties or from disadvantaged backgrounds, parents
Capacity: 30
Coverage area: Sainte-Émélie-De-L’énergie
Hours: Monday to Sunday 9h00 to 21h00 depending of the needs
Fees: $5 per year per family
Financing: provincial
Legal status: non-profit organization

L’ASSOMPTION - LOISIRS, CULTURE ET TOURISME
781 du Bas-de-L’Assomption Road North, L’Assomption, Lanaudière, QC, J5W 2H1
450 589-5671     Fax: 450 589-4512
Website: www.ville.lassomption.qc.ca/loisirs-culture-et-tourisme
Email: bureauducitoyen@ville.lassomption.qc.ca
Coverage area: L’Assomption
Hours: Monday to Wednesday 8h30 to 12h00 and 13h00 to 16h30, Thursday 8h30 to 12h00 and 13h00 to 17h30, Friday 8h30 to 12h30
Fees: variable
Financing: municipal
Legal status: municipal agency
L’ÉPIPHANIE - LOISIRS ET CULTURE

68 Amireault Street, L’Épiphanie, Lanaudière, QC, J5X 1A1
450 588-6828
Website: www.lepiphanie.ca/programmation
Email: loisirs@lepiphanie.ca


Coverage area: L’Épiphanie
Hours: Monday to Thursday 8h00 to 12h00 and 13h00 to 17h00, Friday 9h00 to 12h00
Fees: variable
Financing: municipal
Legal status: municipal agency

MASCOUCHE - SERVICES DES ACTIVITÉS SPORTIVES ET DES PARCS

2936 Dupras Street, Mascouche, Lanaudière, QC, J7K 1T2
450 474-4133 ext. 2000     Fax: 450 474-6401
Website: mascouche.ca/services-aux-citoyens/mloisirs
Email: sports@ville.mascouche.qc.ca


Coverage area: Mascouche
Hours: Monday to Friday 8h15 to 12h00 and 13h15 to 16h30
Fees: variable
Financing: municipal
Legal status: municipal agency

REPENTIGNY - LOISIRS, SPORTS ET VIE COMMUNAUTAIRE

435 Iberville Boulevard, Repentigny, Lanaudière, QC, J6A 2B6
450 470-3400     Fax: 450 470-3082
Website: repentigny.ca
Email: loisirs@repentigny.ca


Coverage area: Repentigny
Fees: variable
Financing: municipal
Legal status: municipal agency

SAINT-LIN-LAURENTIDES - CITY

900 12th Avenue, Saint-Lin–Laurentides, Lanaudière, QC, J5M 2W2
450 439-3130 ext. 7200     Fax: 450 439-1525
Website: www.saint-lin-laurentides.com
Email: info@saint-lin-laurentides.com


Coverage area: Saint-Lin-Laurentides
TERREBONNE - LOISIR ET VIE COMMUNAUTAIRE
940 Montée Masson, Terrebonne, Lanaudière, QC, J6W 2C9
450 961-2001 ext. 4000
Website: www.ville.terrebonne.qc.ca
Email: loisirs@ville.terrebonne.qc.ca
Coverage area: Terrebonne
Hours: Monday to Thursday 8h15 to 12h00 and 13h00 to 16h30, Friday 8h30 to 12h00
Fees: variable
Financing: municipal
Legal status: municipal agency

Hobbies

A.B.C. DES MANOIRS (L')
568 Léon-Martel Street, Terrebonne, Lanaudière, QC, J6W 2J8
450 471-6928
Website: www.labcdesmanoirs.com
Email: abc-des-manoirs@hotmail.ca
Services: Community literacy group. * Basic French, numeracy, computer and popular education workshops.
Eligibility: illiterate people or with low literacy of all ages
Coverage area: MRC Les Moulins
Hours: Monday and Tuesday 9h00 to 16h00 and 18h00 to 21h00, Thursday 9h00 to 16h00
Fees: registration: $15 per year, classes: variable
Financing: Centraide Laurentides, provincial, municipal
Legal status: non-profit organization

AMIS DE LAMATER (LES)
695 Ouimet Street, Terrebonne, Lanaudière, QC, J6W 3B1
450 492-0030     Fax: 450 492-0734
Website: lesamisdelamater.org
Email: jeannedignard@msn.com
Eligibility: seniors 50 years old and over, autonomous, semi-autonomous or with a loss of autonomy
Capacity: 30 persons per day
Coverage area: MRC Les Moulins
Hours: Monday to Thursday 8h30 to 16h00, Friday 8h30 to 15h30
Fees: annual registration: $60, activity day: $15
Financing: self-financing, provincial, donations
Legal status: non-profit organization
ASSOCIATION DE PARENTS D'ENFANT TRISOMIQUE-21 LANAUDIÈRE (L')
245 des Anglais Road, Mascouche, Lanaudière, QC, J7L 3P3
450 477-4116  Fax: 450 477-3534
Website: www.apetl.org
Email: info@apetl.org
Eligibility: people living with Down syndrome, their family, pediatric physiotherapy: children 0 to 5 years old
Coverage area: Lanaudière
Hours: Monday to Thursday 8h00 to 16h00
Fees: annual membership: $25
Financing: membership fees, donations, grants
Legal status: non-profit organization

ASSOCIATION HANDAMI POUR PERSONNES HANDICAPÉES ET LEUR FAMILLE
460 du Parc Street, Saint-Lin–Laurentides, Lanaudière, QC, J5M 3A2
450 439-2077  Fax: 450 439-5167
Website: www.handami.com
Email: associationhandami@videotron.ca
Eligibility: people living with an intellectual or a physical disability, their family
Capacity: 25
Hours: Monday to Friday 8h30 to 16h00
Fees: variable
Financing: self-financing
Legal status: non-profit organization

ASSOCIATION QUÉBEC-FRANCE - LANAUDIÈRE
Confidential Address
Website: www.quebecfrancelanaudiere.org
Email: presidente@quebecfrancelanaudiere.org
Eligibility: Francophiles, French language defenders
Coverage area: Lanaudière
Fees: annual membership: $30 individual, $55 couple, $60 organization
Financing: membership fees
Legal status: non-profit organization

ASSOCIATION RÉGIONALE DE LA FIBROMYALGIE DE LANAUDIÈRE
762A de l'Industrie Boulevard, Saint-Paul, Lanaudière, QC, J0K 3E0
1 888 223-0227
Website: www.fibromyalgiearfl.com
Email: arfl@live.ca
Eligibility: people with a fibromyalgia diagnostic and relations
Coverage area: Lanaudière
Hours: Tuesday 13h00 to 16h00, Thursday 13h30 to 16h30 or by appointment
Fees: annual fees: $10
Financing: fundraising campaigns, grants, contributions
Legal status: non-profit organization

AU BORD DES MOTS
171 Saint-Antoine Street North, Lavaltrie, Lanaudière, QC, J5T 2G6
450 586-0820
Website: www.auborddesmots.com
Email: auborddesmots@gmail.com
Eligibility: illiterate or low-literate people of all ages
Coverage area: Lanoraie, Lavaltrie, Saint-Sulpice
Fees: variable
Financing: provincial, donations
Legal status: non-profit organization

AUX BONHEURS DES AÎNÉS LANAUDEIÈRE
33 8th Street, Crabtree, Lanaudière, QC, J0K 1B0
450 754-2348
Email: abdalanaudiere@gmail.com
Eligibility: seniors 55 years old and over
Coverage area: Crabtree, Saint-Paul, Sainte-Marie-Salomé, Saint-Thomas, Saint-Liguori, Saint-Pierre
Hours: Monday and Wednesday 9h00 to 12h00, Tuesday and Thursday 9h00 to 16h00
Financing: provincial, donations
Legal status: non-profit organization

BOUÉE DE L'AMITIÉ (LA)
594 des Érables Street, Saint-Donat, Lanaudière, QC, J0T 2C0
Email: doun777@hotmail.com
Services: * Community meals. * Knitting club.
Eligibility: people living in social isolation
Coverage area: Saint-Donat
Fees: variable
Financing: self-financing
Legal status: non-profit organization

CARREFOUR FAMILIAL DES MOULINS
427 Léveillé Street, Terrebonne, Lanaudière, QC, J6W 1Z7
450 492-1257 Fax: 450 492-6019
Website: www.carrefourfamilialdesmoulins.com
Email: info@carrefourfamilialdesmoulins.com

Eligibility: families, future parents

Coverage area: MRC Les Moulins

Hours: Monday to Thursday 8h30 to 12h15 and 13h00 to 16h00

Fees: member access: $10 per year

Financing: Centraide Laurentides, provincial, municipal, contributions, self-financing, donations

Legal status: non-profit organization

CENTRE COMMUNAUTAIRE LAURENT VENNE
225 J.-A.-Paré Boulevard, Repentigny, Lanaudière, QC, J5Z 4M6
450 657-4877

Website: centrecommunautairerepentigny.ca
Email: info.cclv@sodem.net


Eligibility: families, seniors, youth

Capacity: 400

Coverage area: MRC L'Assomption

Hours: Monday to Friday 9h00 to 22h00, Saturday and Sunday 9h00 to 17h00

Fees: variable

Financing: municipal

Legal status: non-profit organization

CENTRE D'ACTION BÉNÉVOLE D'AUTRAY
180 de Champlain Street, Berthierville, Lanaudière, QC, J0K 1A0
450 836-7122 Fax: 450 836-1939

Website: cabautray.com
Email: info@cabautray.com


Eligibility: seniors, people with a loss of autonomy, people on a low income, caregivers, volunteers, organizations

Coverage area: Berthierville, Lanoraie, Lavaltrie, La Visitation-de-l'Île-Dupas, Saint-Barthélemy, Saint-Cuthbert, Sainte-Elisabeth, Sainte-Geneviève-de-Berthier, Saint-Ignace-de-Loyola

Hours: Monday to Friday 8h30 to 16h30

Fees: variable, meals on wheels: $6.50 per meal, 6 desserts for $5

Financing: grants, self-financing

Legal status: non-profit organization
CENTRE D’ACTION BÉNÉVOLE ÉMILIE-GAMELIN
80 Wilfrid-Ranger Street, Saint-Charles-Borromée, Lanaudière, QC, J6E 8M7
450 756-2005 Fax: 450 755-4649
Website: www.emiliegamelin.qc.ca
Email: ann.soucy@emiliegamelin.qc.ca


Eligibility: seniors, socially isolated people, people in vulnerable situations, volunteers, organizations
Coverage area: MRC Joliette
Hours: Monday to Friday 8h30 to 12h00 and 13h00 to 16h30
Fees: annual membership: $20
Financing: membership fees, donations, fundraising campaigns
Legal status: non-profit organization

CENTRE D’ALPHABÉTISATION POPULAIRE DE LA MATAWINIE-EST
461 Joliette Road, Suite 203, Saint-Félix-de-Valois, Lanaudière, QC, J0K 2M0
450 889-1912
Website: formationcapme.org
Email: info@formationcapme.org


Eligibility: adults with learning difficulties or low level of schooling
Coverage area: MRC Matawinie-Est
Hours: Monday to Friday 9h00 to 12h00 and 13h00 to 16h00
Fees: courses and workshops: free, supplies for the French classes and the computer workshop: $10, supplies for the TENS: $35
Financing: provincial, municipal, donations
Legal status: non-profit organization

CENTRE D’INTÉGRATION PROFESSIONNELLE DE LANAUĐIÈRE
547 Leclerc Street, Suite 200, Repentigny, Lanaudière, QC, J6A 8B4
450 582-6561 Fax: 450 582-4536
Website: cipl.ca
Email: info@cipl.ca


Eligibility: women
Coverage area: Lanaudière
Hours: regular schedule: Monday to Thursday 8h00 to 12h00 and 13h00 to 16h00, Friday 8h00 to 12h00
Fees: employment services: free, unless the person does not qualify for the free services
Financing: provincial
Legal status: non-profit organization
CENTRE DE RESSOURCES POUR HOMMES DU SUD DE LANAUDIÈRE
2500 Mascouche Boulevard, Mascouche, Lanaudière, QC, J7K 0H5
450 961-1241
Website: www.aidehomme.com
Email: aidehomme@gmail.com


Eligibility: men
Coverage area: MRC L'Assomption, MRC Les Moulins
Hours: Monday to Friday 9h00 to 17h00
Fees: none
Financing: grants
Legal status: non-profit organization

CENTRE DE RESSOURCES POUR HOMMES DU SUD DE LANAUDIÈRE - POINT DE SERVICE MASCOUCHE
2500 Mascouche Boulevard, Mascouche, Lanaudière, QC, J7K 0H5
450 961-1241
Website: www.aidehomme.com
Email: aidehomme@gmail.com


Eligibility: men
Coverage area: South of Lanaudière
Hours: Monday to Friday 9h00 to 17h00
Fees: none, voluntary contributions
Financing: grants
Legal status: non-profit organization

CENTRE DE RESSOURCES POUR HOMMES DU SUD DE LANAUDIÈRE - POINT DE SERVICE REPENTIGNY
222 Notre-Dame Street, Repentigny, Lanaudière, QC, J6A 2R2
450 961-1241
Website: www.aidehomme.com
Email: aidehomme@gmail.com


Eligibility: men
Coverage area: Repentigny
Fees: none
Financing: grants
Legal status: non-profit organization

CENTRE LA CROISÉE
777 Iberville Boulevard, C Wing, Repentigny, Lanaudière, QC, J5Y 1A2
450 492-3799 ext. 3785 Fax: 450 492-3759
Website: www.centrelacroisee.com
Email: centrelacroisee@csda.ca

Eligibility: francization: allophone immigrants, other services: people 16 years old and over
Coverage area: MRC L'Assomption
Hours: Monday to Thursday 7h30 to 16h30 and 17h30 to 20h30, Friday 7h30 to 15h30
Financing: provincial
Legal status: parapublic organization

CITÉ GÉNÉRATION 55+
702 Montée Masson South, Terrebonne, Lanaudière, QC, J6W 0E7
450 824-9111 Fax: 450 824-9114
Website: www.cite55.org
Email: info@cite55.org
Services: * Sports, cultural and educational activities. * Conferences, workshops. * ARRA chats: access to resources that ensure seniors' respect. * Outings and trips.
Eligibility: seniors 55 years and over
Coverage area: Terrebonne
Hours: administration: Monday to Friday 8h00 to 17h00, activities: Monday to Friday 8h00 to 22h00, Saturday 8h30 to 16h30
Fees: membership: $30
Financing: municipal, membership fees, donations, self-financing
Legal status: non-profit organization

CLEF FAMILIALE SAINT-BARTHÉLEMY (LA)
1980 Bonin Street, Room SS02, Saint-Barthélemy, Lanaudière, QC, J0K 1X0
450 885-3511 ext. 5007
Email: lacleffamiliale@saint-barthelemy.ca
Eligibility: people and families on a low income
Coverage area: Saint-Barthélemy
Hours: Monday to Friday 8h00 to 15h00
Fees: annual subscription: $5
Financing: Centraide Lanaudière, provincial, donations, contributions
Legal status: non-profit organization

CLUB DE L'ÂGE D'OR DE REPENTIGNY
50 Thouin Street, Repentigny, Lanaudière, QC, J6A 4J4
450 582-8458
Email: gaston.filiatrault@gmail.com
Services: * Social and recreational activities: dance, dinners, bowling, petanque, cornhole, seniors' annual picnic, bingo, outings.
Eligibility: seniors
Coverage area: Repentigny
Hours: variable
Fees: annual membership: $10
Financing: self-financing
Legal status: non-profit organization

COOPÉRATIVE DE SERVICES MULTIPLES DE LANAUDIÈRE
1317 du Gouvernement Road, Sainte-Julienne, Lanaudière, QC, J0K 2T0
450 831-3333
Website: www.csmlanaudiere.org
Email: admin@csmlanaudiere.org

Coverage area: MRC Montcalm, MRC Matawinie Ouest

Hours: clothing counter and Ludothèque Caméléon: Tuesday to Thursday 9h00 to 15h00, administration: Monday to Thursday 8h00 to 15h30

Fees: clothing counter: variable, Caméléon Ludothèque: $15 per year for 6 to 8 toys per month depending on the number of children, training: none

Financing: provincial

Legal status: non-profit organization

GIT'ENFANTS (LE)
430 de la Mairie Street, Sainte-Émélie-de-l'Énergie, Lanaudière, QC, J0K 2K0
450 271-0797

Email: gitenfans@yahoo.ca


Eligibility: young people from 2 to 21 years old with school adjustment difficulties or from disadvantaged backgrounds, parents

Capacity: 30

Coverage area: Sainte-Émélie-De-L'énergie

Hours: Monday to Sunday 9h00 to 21h00 depending of the needs

Fees: $5 per year per family

Financing: provincial

Legal status: non-profit organization

GROUPE D'ENTRAIDE EN TOUTE AMITIÉ
170 Sainte-Foy Street, Berthierville, Lanaudière, QC, J0K 1A0
450 836-6966     Fax: 450 836-3264

Website: entouteamitie2.wixsite.com/geta

Email: entouteamitie.org@hotmail.com


Eligibility: people on a low income, people living in vulnerable situations

Coverage area: Berthierville, Joliette (St-Viateur district), La Visitation-de-L’Île-Dupas, Lanoraie, Saint-Barthélémy, Saint-Cuthbert, Saint-Ignace-de-Loyola, Saint-Élizabeth, Sainte-Geneviève-De-Berthier

Hours: office: Tuesday to Friday 9h30 to 16h00, furniture counter: Tuesday, Wednesday, Friday 13h00 to 16h00 and Thursday 13h00 to 18h30.

Financing: self-financing

Legal status: non-profit organization

LACHENAIE ACTION JEUNESSE
1735 Rochon Street, Terrebonne, Lanaudière, QC, J6W 5N9
450 964-1211     Fax: 450 964-1211

Website: www.mdajactionjeunesse.org

Email: actionjeunesse1735@hotmail.com
**MAISON DES AÎNÉS DE CHERTSEY (LA)**

552 de l'Église Road, Chertsey, Lanaudière, QC, J0K 3K0

450 882-1688

Email: maisondesaines.chertsey@gmail.com


**Eligibility:** people 50 years and over

**Coverage area:** Chertsey, Entralacs, Rawdon

**Hours:** Monday to Friday 9h00 to 16h00, community lunches: Tuesday and Wednesday 11h30 to 12h30

**Fees:** annual membership: $20, community lunches: $8 for members, $10 for non-members, collective kitchen: between $0.25 and $1.50 by portion, rental room: variable

**Financing:** Centraide Lanaudière, contributions, self-financing, donations, provincial

**Legal status:** non-profit organization

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**MAISON DES GRANDS-PARENTS DU GRAND JOLIETTE (LA)**

200 Salaberry Street, Suite 203-205, Joliette, Lanaudière, QC, J6E 4G1

450 394-4100     Fax: 450 394-4200

Website: www.mgpjoliette.wordpress.com

Email: mgpjoliette@hotmail.ca


**Eligibility:** people 50 years and over

**Coverage area:** MRC Joliette

**Hours:** Tuesday to Thursday 8h30 to 16h30

**Fees:** membership: free or voluntary contribution

**Financing:** contributions, Centraide Lanaudière, provincial, donations

**Legal status:** non-profit organization

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**MAISON DES JEUNES DE L'ASSOMPTION (LA)**

379 Dorval Street, L'Assomption, Lanaudière, QC, J5W 1A1

450 705-4811

Website: www.maisondesjeuneslassomption.com

Email: mdjescapade@videotron.ca


**Eligibility:** youth 12 to 17 years old

**Coverage area:** L'Assomption

**Hours:** Monday, Tuesday and Thursday 18h00 to 21h00, Wednesday 17h00 to 21h00, Friday 18h00 to 22h00, sometimes on Saturday for special activities
MAISON DES JEUNES DE ST-SULPICE (LA)
1101 Notre-Dame Street, Saint-Sulpice, Lanaudière, QC, J5W 3W2
450 589-1264  Fax: 450 589-9647
Email: mdjerivage@hotmail.com
Eligibility: teenagers 11 to 17 years old
Coverage area: Saint-Sulpice
Hours: Wednesday to Friday 18h00 to 21h00, Saturday 13h00 to 16h00
Financing: Centraide Lanaudière, provincial, self-financing
Legal status: non-profit organization

MAISON LA TRACE
245 Saint-Ursule Street, L'Assomption, Lanaudière, QC, J5W 1M6
450 589-6050
Email: marie_claire548@hotmail.com
Eligibility: residents
Coverage area: L'Assomption
Hours: Monday to Thursday 13h00 to 16h00, knitting: Monday 9h00, yoga: Tuesday 9h45, dinner: last Thursday of the month
Fees: none
Financing: fundraising campaigns, donations, self-financing
Legal status: non-profit organization

MAISON PARENT-AISE
98 Saint-Pierre Street South, Joliette, Lanaudière, QC, J6E 5Y6
450 752-0582
Website: maisonparentaise.com
Email: parent-aise@videotron.ca
Eligibility: parents with a child aged between 0 and 17 years old, drop-in: children from 0 to 5 years old, Les Grenouilles Bleues: children from 3 to 5 years old
Coverage area: MRC Joliette
Hours: Monday to Thursday 8h00 to 16h00, Friday 8h00 to 12h00
Fees: membership card: $5 per year per family, activities: low cost
Financing: provincial, self-financing
Legal status: non-profit organization

MAISON POPULAIRE DE JOLIETTE
411 Sainte-Anne Boulevard, Joliette, Lanaudière, QC, J6E 5A1
450 759-7977  Fax: 450 759-7977
Website: www.maisonpopulaire.org
Email: info@maisonpopulaire.org

**Eligibility:** economically disadvantaged people

**Coverage area:** MRC Joliette

**Hours:** Monday, Wednesday and Thursday 9h00 to 12h00, 13h00 to 15h30 and 16h00 to 20h00, Tuesday 13h00 to 15h30 and 16h00 to 20h00, Friday 9h00 to 12h00 and 13h00 to 15h30

**Fees:** member: $20 per year per person, $30 per year for community organizations

**Financing:** membership fees, donations, Centraide Lanaudière

**Legal status:** non-profit organization

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**PLACE JEUNESSE BERTHIER**

301 Melchers Street, Berthierville, Lanaudière, QC, J0K 1A0

450 836-1276

Website: [placejeunesseberthier.com](http://placejeunesseberthier.com)

Email: placejeunesse@hotmail.com

**Services:** Meeting space for adolescents. * Prevention, listening and advice: noticing issues, referral, daily discussions on various themes, individual encounters, coffee-meetings with relevant people. * Free distribution of condoms. * School and employment support: help with homework, referral of youth at risk of dropping out, writing CVs and simulating interviews. * Coop d'initiation à l'entrepreneuriat collectif (CIEC): youth-led service that offers small repairs to the population, as well as providing a first work experience in a cooperative setting. * Collective cooking workshops. * Social, cultural and recreational activities. * Distribution of school supplies.

**Eligibility:** youth 12 to 17 years old

**Capacity:** Covid-19 period: 8

**Coverage area:** Berthierville

**Hours:** Tuesday to Thursday 18h00 to 21h00, Friday 18h00 to 22h00, special activities: Saturday and Sunday

**Fees:** none

**Financing:** provincial, self-financing, foundations

**Legal status:** non-profit organization

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**PLANK JEUNESSE SAINT-BARTHÉLEMY**

1980 Bonin Street, Saint-Barthélemy, Lanaudière, QC, J0K 1X0

450 836-1276

Website: [placejeunesseberthier.com/la-plank](http://placejeunesseberthier.com/la-plank)

Email: placejeunesse@hotmail.com


**Eligibility:** youth 12 to 17 years old

**Coverage area:** Saint-Barthélemy

**Hours:** Wednesday and Thursday 18h00 to 21h00, Friday 18h00 to 22h00 (transportation to the Maison des jeunes Place Jeunesse Berthier), cooking activities: every other Thursday, special activities: Saturday and Sunday

**Fees:** none

**Financing:** provincial, self-financing, foundations

**Legal status:** non-profit organization

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**SAINT-SULPICE PUBLIC LIBRARY**

215 des Loisirs Street, Saint-Sulpice, Lanaudière, QC, J5W 6C9

450 589-7816

Website: [bibliotec.ca/biblio/bibliotheque-de-saint-sulpice](http://bibliotec.ca/biblio/bibliotheque-de-saint-sulpice)

Email: biblio133@reseaubibliocqlm.qc.ca

Coverage area: Saint-Sulpice

Hours: Tuesday 9h00 to 16h30 and 18h00 to 20h00, Wednesday and Thursday 11h30 to 16h30 and 18h00 to 20h00, Saturday 9h00 to 12h00

Fees: none

Financing: municipal

Legal status: municipal agency

SERVICES AMITIÉS L'ASSOMPTION
255 Saint-Etienne Street, L'Assomption, Lanaudière, QC, J5W 1W7
514 793-0840

Email: servicesamities@outlook.com


Eligibility: seniors, isolated people

Capacity: 75 people

Coverage area: L'Assomption, L'Épiphanie, Saint-Sulpice

Hours: by appointment

Fees: membership: $15 per year

Financing: contributions, grants

Legal status: non-profit organization

SOCIÉTÉ DE L'AUTISME RÉGION LANAUDIÈRE
584 Almira-S.-Choinière Street, Joliette, Lanaudière, QC, J6E 0K5
450 759-9788

Website: autisme-lanaudiere.org

Email: sarl@autisme-lanaudiere.org


Eligibility: people with an autism spectrum disorder (TSA), their family, general public

Coverage area: Lanaudière

Hours: Monday to Friday 8h00 to 16h00

Fees: annual contribution: family: $25, participating member: $25, individual: $35, professional: $50, corporate member: $100

Financing: contributions

Legal status: non-profit organization

TERREBONNE PUBLIC LIBRARY - LA PLAINE
6900 Guérin Street, Terrebonne, Lanaudière, QC, J7M 1L9
450 961-2001 ext. 1133

Website: biblio.ville.terrebonne.qc.ca

Email: biblio@ville.terrebonne.qc.ca


Coverage area: Terrebonne

Hours: Monday to Wednesday 12h00 to 21h00, Thursday to Sunday 10h00 to 17h00

Fees: none

Financing: municipal

Legal status: municipal agency
TERREBONNE PUBLIC LIBRARY - LACHENAIE
3060 Saint-Charles Road, Terrebonne, Lanaudière, QC, J6V 1A1
450 961-2001 ext. 1378
Website: biblio.ville.terrebonne.qc.ca/client/en_US/default
Email: biblio@ville.terrebonne.qc.ca
Coverage area: Terrebonne
Hours: Monday to Wednesday 12h00 to 21h00, Thursday to Sunday 10h00 to 17h00
Fees: free for residents
Financing: municipal
Legal status: municipal agency

TOASTMASTERS LANAUDIÈRE
225 J.-A.-Paré Boulevard, L'Assomption, Lanaudière, QC, J5W 4M6
Website: www.parlerenpublic.ca
Email: info@parlerenpublic.ca
Eligibility: people 18 years old and over
Coverage area: Lanaudière
Hours: meetings: Wednesday 19h00 to 21h00
Fees: $250 per year, includes educational material
Financing: membership fees, self-financing
Legal status: non-profit organization

UNIVERS DES MOTS
547 Leclerc Street, Suite 200, Repentigny, Lanaudière, QC, J6A 8B4
438 476-3339
Website: univers-des-mots.ca
Email: info@univers-des-mots.ca
Eligibility: people 16 years old and over
Coverage area: MRC L'Assomption
Hours: Monday to Thursday 9h00 to 16h00, Friday 9h00 to 12h00
Fees: membership card: $10 per year
Financing: provincial
Legal status: non-profit organization

Libraries

CENTRE D’ACTION BÉNÉVOLE D’AUTRAY
180 de Champlain Street, Berthierville, Lanaudière, QC, J0K 1A0
450 836-7122  Fax: 450 836-1939
Website: cabautray.com
Email: info@cabautray.com

**Eligibility:** seniors, people with a loss of autonomy, people on a low income, caregivers, volunteers, organizations

**Coverage area:** Berthierville, Lanoraie, Lavaltrie, La Visitation-de-l'Île-Dupas, Saint-Barthélemy, Saint-Cuthbert, Sainte-Élisabeth, Sainte-Geneviève-de-Berthier, Saint-Ignace-de-Loyola

**Hours:** Monday to Friday 8h30 to 16h30

**Fees:** variable, meals on wheels: $6.50 per meal, 6 desserts for $5

**Financing:** grants, self-financing

**Legal status:** non-profit organization

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**CHARLEMAGNE PUBLIC LIBRARY**

84 du Sacré-Cœur Street, Charlemagne, Lanaudière, QC, J5Z 1W8

450 581-7243

Website: www.ville.charlemagne.qc.ca/fr/bibliotheque

Email: biblio@ville.charlemagne.qc.ca


**Coverage area:** Charlemagne

**Hours:** Tuesday to Thursday 13h00 to 20h00, Friday and Saturday 10h00 to 16h00, Sunday 13h00 to 16h00, summer: Monday and Friday 10h00 to 16h00, Tuesday to Thursday 13h00 to 20h00

**Fees:** free

**Financing:** municipal

**Legal status:** municipal agency

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**L'ASSOMPTION PUBLIC LIBRARY**

375 Saint-Pierre Street, L'Assomption, Lanaudière, QC, J5W 2B6

450 589-5671 ext. 3100 Fax: 450 589-4512

Website: www.ville.lassomption.qc.ca/bibliotheque

Email: bibliotheque@ville.lassomption.qc.ca


**Coverage area:** L'Assomption

**Hours:** Tuesday to Thursday 11h00 to 19h000, Friday and Saturday 9h00 to 17h00, Sunday 12h00 to 17h00, summer: closed on Sunday and Monday

**Fees:** subscription: free for residents

**Financing:** municipal

**Legal status:** municipal agency

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**L’ÉPIPHANIE PUBLIC LIBRARY**

83 Amireault Street, L’Épiphanie, Lanaudière, QC, J5X 2S8

450 588-4470

Email: biblio@lepiphanie.ca

**Services:** Public Library: loan and access to books and audiovisual documents for children and adults. * Internet access. * Databases. * Print, photocopy. * Activities for all ages: expositions, workshops, demonstrations, performances, meetings with authors, conferences.
Coverage area: L'Épiphanie
Hours: Tuesday 13h00 to 17h00 and 18h00 to 20h00, Wednesday 9h00 to 12h00, 13h00 to 16h00 and 18h00 to 20h00, Thursday 9h00 to 20h00, Friday and Saturday 9h00 to 12h00
Fees: residents: none
Financing: municipal
Legal status: municipal agency

MASCOUCHE PUBLIC LIBRARY
3015 des Ancêtres Avenue, Mascouche, Lanaudière, QC, J7K 1X6
450 474-4159   Fax: 450 474-3410
Website: biblio.ville.mascouche.qc.ca
Email: biblio@ville.mascouche.qc.ca
Coverage area: Mascouche
Hours: Monday to Friday 10h00 to 20h00, Saturday and Sunday 9h30 to 17h00, summer: Monday to Thursday 10h00 to 20h00, Friday to Sunday 9h30 to 17h00
Fees: free for residents, $75 per year for non-residents
Financing: municipal
Legal status: municipal agency

REPENTIGNY PUBLIC LIBRARY - EDMOND-ARCHAMBAULT
231 J.-A.-Paré Boulevard, Repentigny, Lanaudière, QC, J5Z 4M6
450 470-3430
Website: bibliotheques.repentigny.ca
Email: bibliotheque@ville.repentigny.qc.ca
Coverage area: Repentigny
Hours: Tuesday to Thursday 13h00 to 21h00, Friday 9h00 to 17h00, Saturday and Sunday 13h00 to 17h00
Fees: residents of Repentigny: none, non-resident: $100 per year
Financing: municipal
Legal status: municipal agency

REPENTIGNY PUBLIC LIBRARY - ROBERT-LUSSIER
1 Place d'Évry, Repentigny, Lanaudière, QC, J6A 8H7
450 470-3420
Website: bibliotheques.repentigny.ca
Email: bibliotheque@ville.repentigny.qc.ca
Coverage area: Repentigny
Hours: Monday to Thursday 10h00 to 21h00, Friday 9h00 to 17h00, Saturday and Sunday 13h00 to 17h00
Fees: residents of Repentigny: none, non-residents: $100 per year
Financing: municipal
Legal status: municipal agency

SAINT-SULPICE PUBLIC LIBRARY
215 des Loisirs Street, Saint-Sulpice, Lanaudière, QC, J5W 6C9
450 589-7816
Website: biblietcie.ca/biblio/bibliothque-de-saint-sulpice
Email: bibli133@reseaubibliocqlm.qc.ca
Coverage area: Saint-Sulpice
Hours: Tuesday 9h00 to 16h30 and 18h00 to 20h00, Wednesday and Thursday 11h30 to 16h30 and 18h00 to 20h00, Saturday 9h00 to 12h00
Fees: none
Financing: municipal
Legal status: municipal agency

TERREBONNE PUBLIC LIBRARY - ANDRÉ-GUÉRARD
3425 Camus Place, Terrebonne, Lanaudière, QC, J6Y 0C8
450 961-2001 ext. 1349
Website: bibli.ville.terrebonne.qc.ca
Email: bibli@ville.terrebonne.qc.ca
Coverage area: Terrebonne
Hours: Monday to Wednesday 12h00 to 21h00, Thursday and Friday 12h00 to 20h00, Saturday and Sunday 10h00 to 17h00
Fees: none
Financing: municipal
Legal status: municipal agency

TERREBONNE PUBLIC LIBRARY - ÎLE-DES-MOULINS
855 de l'Île-des-Moulins Place, Terrebonne, Lanaudière, QC, J6W 4N7
450 961-2001 ext. 1116     Fax: 450 471-3761
Website: bibli.ville.terrebonne.qc.ca
Email: bibli@ville.terrebonne.qc.ca
Coverage area: Terrebonne
Hours: Monday to Wednesday 12h00 to 21h00, Thursday and Friday 12h00 to 20h00, Saturday and Sunday 10h00 to 17h00
Fees: none
Financing: municipal
Legal status: municipal agency

TERREBONNE PUBLIC LIBRARY - LA PLAINE
6900 Guérin Street, Terrebonne, Lanaudière, QC, J7M 1L9
450 961-2001 ext. 1133
Website: bibli.ville.terrebonne.qc.ca
Email: bibli@ville.terrebonne.qc.ca

Coverage area: Terrebonne

Hours: Monday to Wednesday 12h00 to 21h00, Thursday to Sunday 10h00 to 17h00

Fees: none

Financing: municipal

Legal status: municipal agency

TERREBONNE PUBLIC LIBRARY - LACHENAIE

3060 Saint-Charles Road, Terrebonne, Lanaudière, QC, J6V 1A1

450 961-2001 ext. 1378

Website: biblio.ville.terrebonne.qc.ca/client/en_US/default

Email: biblio@ville.terrebonne.qc.ca


Coverage area: Terrebonne

Hours: Monday to Wednesday 12h00 to 21h00, Thursday to Sunday 10h00 to 17h00

Fees: free for residents

Financing: municipal

Legal status: municipal agency

Municipal sports and recreation services

CHARLEMAGNE - LOISIRS ET CULTURE

84 Sacré-Cour Street, Charlemagne, Lanaudière, QC, J5Z 1W8

450 581-2541 ext. 27

Website: www.ville.charlemagne.qc.ca/fr/loisirs-et-culture

Email: loisirs@ville.charlemagne.qc.ca


Coverage area: Charlemagne

Fees: variable

Financing: municipal

Legal status: municipal agency

L’ASSOMPTION - LOISIRS, CULTURE ET TOURISME

781 du Bas-de-L’Assomption Road North, L’Assomption, Lanaudière, QC, J5W 2H1

450 589-5671 Fax: 450 589-4512

Website: www.ville.lassomption.qc.ca/loisirs-culture-et-tourisme

Email: bureauducitoyen@ville.lassomption.qc.ca


Coverage area: L’Assomption

Hours: Monday to Wednesday 8h30 to 12h00 and 13h00 to 16h30, Thursday 8h30 to 12h00 and 13h00 to 17h30, Friday 8h30 to 12h30

Fees: variable

Financing: municipal

Legal status: municipal agency
L’ÉPIPHANIE - LOISIRS ET CULTURE
68 Amireault Street, L'Épiphanie, Lanaudière, QC, J5X 1A1
450 588-6828
Website: www.lepiphanie.ca/programmation
Email: loisirs@lepiphanie.ca
Coverage area: L’Épiphanie
Hours: Monday to Thursday 8h00 to 12h00 and 13h00 to 17h00, Friday 9h00 to 12h00
Fees: variable
Financing: municipal
Legal status: municipal agency

MASCOUCHE - SERVICES DES ACTIVITÉS SPORTIVES ET DES PARCS
2936 Dupras Street, Mascouche, Lanaudière, QC, J7K 1T2
450 474-4133 ext. 2000     Fax: 450 474-6401
Website: mascouche.ca/services-aux-citoyens/mloisirs
Email: sports@ville.mascouche.qc.ca
Coverage area: Mascouche
Hours: Monday to Friday 8h15 to 12h00 and 13h15 to 16h30
Fees: variable
Financing: municipal
Legal status: municipal agency

REPENTIGNY - LOISIRS, SPORTS ET VIE COMMUNAUTAIRE
435 Iberville Boulevard, Repentigny, Lanaudière, QC, J6A 2B6
450 470-3400     Fax: 450 470-3082
Website: repentigny.ca
Email: loisirs@repentigny.ca
Coverage area: Repentigny
Fees: variable
Financing: municipal
Legal status: municipal agency

SAINT-SULPICE - SERVICE DES LOISIRS
185 Émile Street, Saint-Sulpice, Lanaudière, QC, J5W 1B1
450 705-3430
Website: www.loisirsstsulpice.com
Email: info@loisirsstsulpice.com
Coverage area: Saint-Sulpice
Fees: variable
Financing: municipal
Legal status: municipal agency
TERREBONNE - LOISIR ET VIE COMMUNAUTAIRE
940 Montée Masson, Terrebonne, Lanaudière, QC, J6W 2C9
450 961-2001 ext. 4000
Website: www.ville.terrebonne.qc.ca
Email: loisirs@ville.terrebonne.qc.ca
Coverage area: Terrebonne
Hours: Monday to Thursday 8h15 to 12h00 and 13h00 to 16h30, Friday 8h30 to 12h00
Fees: variable
Financing: municipal
Legal status: municipal agency

Sport

ASSOCIATION RÉGIONALE DE LA FIBROMYALGIE DE LANAUDIÈRE
762A de l'Industrie Boulevard, Saint-Paul, Lanaudière, QC, J0K 3E0
1 888 223-0227
Website: www.fibromyalgiearfl.com
Email: arfl@live.ca
Eligibility: people with a fibromyalgia diagnostic and relations
Coverage area: Lanaudière
Hours: Tuesday 13h00 to 16h00, Thursday 13h30 to 16h30 or by appointment
Fees: annual fees: $10
Financing: fundraising campaigns, grants, contributions
Legal status: non-profit organization

AUX BONHEURS DES AÎNÉS LANAUDIÈRE
33 8th Street, Crabtree, Lanaudière, QC, J0K 1B0
450 754-2348
Email: abdalanaudiere@gmail.com
Eligibility: seniors 55 years old and over
Coverage area: Crabtree, Saint-Paul, Sainte-Marie-Salomé, Saint-Thomas, Saint-Liguori, Saint-Pierre
Hours: Monday and Wednesday 9h00 to 12h00, Tuesday and Thursday 9h00 to 16h00
Financing: provincial, donations
Legal status: non-profit organization

CARREFOUR FAMILIAL DES MOULINS
427 Léveillé Street, Terrebonne, Lanaudière, QC, J6W 1Z7
450 492-1257 Fax: 450 492-6019
Website: www.carrefourfamilialdesmoulins.com
Email: info@carrefourfamilialdesmoulins.com

Eligibility: families, future parents

Coverage area: MRC Les Moulins

Hours: Monday to Thursday 8h30 to 12h15 and 13h00 to 16h00

Fees: member access: $10 per year

Financing: Centraide Laurentides, provincial, municipal, contributions, self-financing, donations

Legal status: non-profit organization

CÉGEP RÉGIONAL DE LANAUDIÈRE - COLLÈGE CONSTITUANT DE JOLIETTE

20 Saint-Charles-Borromée Street South, Joliette, Lanaudière, QC, J6E 4T1

450 759-1661 Fax: 450 759-7120

Website: www.cegep-lanaudiere.qc.ca/joliette

Services: Public higher education institution at the collegial level. * 30 pre-university and technical programs (DEC). * La Cabotine Daycare (CPE). * Room and sports facilities rental.

Coverage area: Province of Québec

Financing: provincial

Legal status: parapublic organization

CENTRE D’ACTION BÉNÉVOLE ÉMILIE-GAMELIN

80 Wilfrid-Ranger Street, Saint-Charles-Borromée, Lanaudière, QC, J6E 8M7

450 756-2005 Fax: 450 755-4649

Website: www.emiliegamelin.qc.ca

Email: ann.soucy@emiliegamelin.qc.ca


Eligibility: seniors, socially isolated people, people in vulnerable situations, volunteers, organizations

Coverage area: MRC Joliette

Hours: Monday to Friday 8h30 to 12h00 and 13h00 to 16h30

Fees: annual membership: $20

Financing: membership fees, donations, fundraising campaigns

Legal status: non-profit organization

MAISON LA TRACE

245 Saint-Ursule Street, L’Assomption, Lanaudière, QC, J5W 1M6

450 589-6050

Email: marie_claire548@hotmail.com


Eligibility: residents

Coverage area: L’Assomption

Hours: Monday to Thursday 13h00 to 16h00, knitting: Monday 9h00, yoga: Tuesday 9h45, dinner: last Thursday of the month

Fees: none

Financing: fundraising campaigns, donations, self-financing

Legal status: non-profit organization
MARRAINES COUP DE POUCE
222 Notre-Dame-des-Champs Boulevard, Repentigny, Lanaudière, QC, J6A 3B5
450 582-2677 ext. 29  Fax: 450 582-1168
Website: maisonlaparenthese.org/marraines-coup-de-pouce
Email: info@maisonlaparenthese.org
Eligibility: parents of a child younger than a year
Coverage area: MRC L'Assomption
Hours: Monday to Friday 8h00 to 12h00 and 13h00 to 16h00
Fees: none
Financing: provincial
Legal status: non-profit organization

Sports and recreation for people with a disability

AMIS DE LA DÉFICIENCE INTELLIGENCE, RIVE-NORD (LES)
50 Thouin Street, Suite 225, Repentigny, Lanaudière, QC, J6A 4J4
450 585-3632  Fax: 450 585-3633
Website: www.lesamisdeladi.org
Email: info@lesamisdeladi.org
Eligibility: men and women living with an intellectual disability, their close ones
Coverage area: MRC L'Assomption
Hours: office: Monday to Thursday 9h00 to 16h00, Friday 9h00 to 12h00, summer: closed on Friday, activities: 7 days, variable
Fees: annual membership: $15
Financing: Centraide Lanaudière, municipal, provincial, self-financing
Legal status: non-profit organization

ASSOCIATION DE PARENTS D'ENFANT TRISOMIQUE-21 LANAUDIÈRE (L')
245 des Anglais Road, Mascouche, Lanaudière, QC, J7L 3P3
450 477-4116  Fax: 450 477-3534
Website: www.apetl.org
Email: info@apetl.org
Eligibility: people living with Down syndrome, their family, pediatric physiotherapy: children 0 to 5 years old
Coverage area: Lanaudière
Hours: Monday to Thursday 8h00 to 16h00
Fees: annual membership: $25
Financing: membership fees, donations, grants
Legal status: non-profit organization
ASSOCIATION DES DEVENUS SOURDS ET MALENTENDANTS DU QUÉBEC - SECTEUR MRC DE L'ASSOMPTION ET DES MOULINS
50 Thouin Street, Suite 232, Lions pavilion, Repentigny, Lanaudière, QC, J6A 4J4
450 657-8500
Website: www.adsmqam.org
Email: adsmqam@gmail.com
Eligibility: people who became deaf or hard of hearing
Coverage area: MRC L'Assomption, MRC Les Moulins
Hours: Monday to Thursday 9h00 to 16h30, by appointment
Fees: annual membership: $20
Financing: provincial, Centraide of Greater Montréal, membership fees
Legal status: non-profit organization

ASSOCIATION DES PERSONNES HANDICAPÉES DE BRANDON
1111, Mont Lanaudière Road, Saint-Gabriel, Lanaudière, QC, J0K 2N0
450 835-9313
Email: aphbrandon@outlook.com
Eligibility: people living with physical disabilities
Coverage area: Brandon
Hours: see planning with the association
Financing: grants, contributions
Legal status: non-profit organization

ASSOCIATION DES PERSONNES HANDICAPÉES DE MATAWINIE
4046 Queen Street, Rawdon, Lanaudière, QC, J0K 1S0
450 834-5434 Fax: 450 834-3013
Website: aphm.org
Email: administration@aphm.org
Eligibility: people living with a disability, their close ones
Coverage area: MRC Matawinie, Saint-Calixte, Sainte-Julienne
Hours: Monday to Thursday 8h30 to 12h00 and 13h00 to 16h30, Friday 8h30 to 12h00 and 12h30 to 16h00
Fees: yearly membership: $10 for active or associate members, $40 for support members
Financing: grants, contributions
Legal status: non-profit organization

ASSOCIATION DES PERSONNES HANDICAPÉES DU SECTEUR BERTIER
588 Montcalm Street, Suite 213, Berthierville, Lanaudière, QC, J0K 1A0
450 836-6877 Fax: 450 836-3984
Website: www.aphsb.org
Email: aphsb6877@bellnet.ca
Eligibility: people living with a disability and their close ones
Coverage area: south of the MRC D'Autray
Hours: Monday 8h30 to 12h00, Tuesday to Friday 8h30 to 12h00 and 13h00 to 16h30
Fees: membership card: $20 for 2 years, minimal contribution for activities
Financing: grants, contributions, donations, fundraising campaigns
Legal status: non-profit organization

ASSOCIATION DES PERSONNES HANDICAPÉES PHYSIQUES ET SENSORIELLES SECTEUR JOLIETTE
200 de Salaberry Street, Suite 134, Joliette, Lanaudière, QC, J6E 4G1
450 759-3322   Fax: 450 759-8749
Website: www.aphpssj.com
Email: info@aphpssj.com
 Eligibility: people living with a disability and their close ones
Coverage area: MRC Joliette
Hours: Monday to Thursday 8h00 to 12h00 and 12h30 to 16h30
Fees: membership card: $10
Financing: grants, contributions
Legal status: non-profit organization

ASSOCIATION DES PERSONNES HANDICAPÉES PHYSIQUES RIVE-NORD
50 Thouin Street, Suite 113, Repentigny, Lanaudière, QC, J6A 4J4
450 654-8279   Fax: 450 581-6885
Email: aphprn1@hotmail.com
Eligibility: people living with one or several physical disabilities (motor, visual, hearing or invisible disability), their family, volunteers
Coverage area: MRC L'Assomption, MRC Les Moulins
Hours: Monday to Friday 8h00 to 12h00 and 13h00 to 16h00
Fees: annual membership, fees for some activities
Financing: donations, provincial
Legal status: non-profit organization

ASSOCIATION DES PERSONNES HANDICAPÉES VISUELLES DE LANAUĐIÈRE
2500 Mascouche Boulevard, Suite 118, Mascouche, Lanaudière, QC, J7K 0H5
1 888 477-8174
Website: www.aphvsl.com
Email: info@aphvsl.com
Eligibility: people living with a visual impairment, their close ones
Coverage area: Lanaudière
Hours: Monday to Friday 9h00 to 16h00, by appointment
Fees: annual membership: $10
Financing: provincial
Legal status: non-profit organization
ASSOCIATION DES SOURDS DE LANAUDIÈRE
200 De Salaberry Street, Suite 312, Joliette, Lanaudière, QC, J6E 4G1
450 752-1426 Fax: 1 866 845-4350 TTY: 450 752-1426
Website: www.asljoliette.org
Email: direction@asljoliette.org
Eligibility: deaf and hearing impaired people
Coverage area: Lanaudière
Hours: Monday to Friday 8h30 to 16h30
Fees: annual membership: $20 per individual, $30 per couple, $17 per individual 55 years old and over, $25 per couple 55 years old and over, $15 per student, $25 per association
Financing: provincial, Centraide Lanaudière, membership fees
Legal status: non-profit organization

ASSOCIATION HANDAMI POUR PERSONNES HANDICAPÉES ET LEUR FAMILLE
460 du Parc Street, Saint-Lin–Laurentides, Lanaudière, QC, J5M 3A2
450 439-2077 Fax: 450 439-5167
Website: www.handami.com
Email: associationhandami@videotron.ca
Eligibility: people living with an intellectual or a physical disability, their family
Capacity: 25
Hours: Monday to Friday 8h30 to 16h00
Fees: variable
Financing: self-financing
Legal status: non-profit organization

ASSOCIATION RÉGIONALE DE LA FIBROMYALGIE DE LANAUDIÈRE
762A de l'Industrie Boulevard, Saint-Paul, Lanaudière, QC, J0K 3E0
1 888 223-0227
Website: www.fibromyalgiearfl.com
Email: arfl@live.ca
Eligibility: people with a fibromyalgia diagnostic and relations
Coverage area: Lanaudière
Hours: Tuesday 13h00 to 16h00, Thursday 13h30 to 16h30 or by appointment
Fees: annual fees: $10
Financing: fundraising campaigns, grants, contributions
Legal status: non-profit organization

ASSOCIATION RÉGIONALE DE LOISIRS POUR PERSONNES HANDICAPÉES DE LANAUDIÈRE
200 de Salaberry Street, Suite 305, Joliette, Lanaudière, QC, J6E 4G1
450 752-2586 Fax: 450 759-8749
Website: www.arlphlanaudiere.org
Email: info@arlphlanaudiere.org

Eligibility: any person living with a handicap, regardless of age and disability

Coverage area: Lanaudière

Financing: provincial

Legal status: non-profit organization

ASSOCIATION SCLÉROSE EN PLAQUES DE LANAUDECIÈRE

200 Salaberry Street, Suite 307, Joliette, Lanaudière, QC, J6E 4G1

450 753-5545

Website: www.asepl.org

Email: asepl@intermonde.net


Eligibility: people living with multiple sclerosis, their close ones

Coverage area: Lanaudière

Hours: Monday to Friday 8h30 to 12h00 and 13h00 to 16h30

Fees: free

Financing: provincial, fundraising campaigns, donations

Legal status: non-profit organization

ASSOCIATION UN COEUR POUR TOUS, LANAUDECIÈRE (L’)

144 Saint-Joseph Street, Suite 113, Joliette, Lanaudière, QC, J6E 5C2

450 760-3039

Website: uncoeurpourtous.com

Email: uncoeurpourtous@hotmail.com


Eligibility: people with a heart disease or high blood pressure, their partners

Capacity: pool: 24 people

Coverage area: Lanaudière

Hours: Monday to Friday 8h00 to 17h00

Fees: membership card: $15 per year, activities: $50 per activity ($5 per visit for 10 weeks)

Financing: donations, self-financing, grants

Legal status: non-profit organization

CENTRE D'ENTRAIDE EN SANTÉ MENTALE DU SECTEUR BRANDON - LE CROISSANT DE LUNE

168 Saint-Pierre Street, Saint-Gabriel, Lanaudière, QC, J0K 2N0

450 835-7222

Email: lecdl93@gmail.com


Eligibility: people living with a mental health issue

Coverage area: Mandeville, Saint-Cléophas-de-Brandon, Saint-Didace, Saint-Gabriel-de-Brandon, Saint-Norbert, Saint-Gabriel

Hours: Tuesday and Friday 8h30 to 15h30, Wednesday 12h45 to 15h30, Saturday 12h30 to 15h30, listening line: Thursday 12h30 to 15h00

Financing: grants

Legal status: non-profit organization
CORPORATION RÉPIT-DÉPANNAGE DE LANAUDIÈRE
159 Lajoie Street North, Joliette, Lanaudière, QC, J6E 5K6
450 755-2591  Fax: 450 755-3536
Email: maisonclementine@hotmail.com

Services: Support for people with a disability. * Respite home. * Caretaking: day or night depending on needs. * Recreational services. * Respite: on a continuous basis for up to 30 days. * Temporary housing: alternative service, for up to 90 consecutive days.
Eligibility: respite: people with an intellectual or a physical disability or an autism spectrum disorder, aged 5 to 65 years old, recreational services: people with an intellectual or a physical disability or an autism spectrum disorder, aged 21 years and over
Capacity: 13 people per day
Coverage area: Lanaudière
Hours: 24 hours / 7 days
Fees: variable
Financing: grants, self-financing, provincial
Legal status: non-profit organization

DYSPHASIE LANAUDIÈRE
2500 Mascouche Boulevard, Suite 215, Mascouche, Lanaudière, QC, J7K 0H5
450 474-8870
Website: dysphasielanaudiere.org
Email: administration@dysphasielanaudiere.org

Eligibility: people with dysphasia, parents of children with dysphasia, professionals
Coverage area: Lanaudière
Hours: Monday to Thursday 8h30 to 16h30, Friday 8h30 to 12h00
Fees: membership: $25 per year per person or family, $35 for professionals, $50 for corporate members (schools, CPE, community organizations, etc.)
Financing: grants, self-financing, donations
Legal status: non-profit organization

ENTRAIDE POUR LA DÉFICIENCE INTELLECTUELLE DU JOLIETTE MÉTROPOLITAIN (L’)
375 Fabre Street, Joliette, Lanaudière, QC, J6E 0X7
450 759-9621  Fax: 450 760-3586
Website: www.entraidedijm.org
Email: info@entraidedijm.org

Eligibility: people living with an intellectual disability, their parents
Coverage area: MRC Joliette and surroundings
Hours: administration: Monday to Friday 8h00 to 16h00
Fees: membership card: $15 per year, $25 per year for a parent living at the same address as their child
Financing: grants, membership fees, donations
Legal status: non-profit organization

ENVOL (L’)
588 Montcalm Street, Suite 305, Berthierville, Lanaudière, QC, J0K 1A0
450 836-4999  Fax: 450 836-4482
Website: envol-entraide.ca
Email: info@envol-entraide.ca

Eligibility: people 18 years old and over living or having lived with a mental health challenge

Coverage area: Berthierville, La Visitation-de-l’Île-Dupas, Lanoraie, Lavaltrie, Saint-Barthélemy, Saint-Cuthbert, Saint-Norbert, Sainte-Élisabeth and Sainte-Geneviève-de-Berthier

Hours: Monday to Thursday 8h00 to 16h00

Fees: yearly registration: $5 regular member, $10 sympathizing member

Financing: donations, membership fees

Legal status: non-profit organization

MI-ZÉ-VIE
130 Saint-Jacques Street, Saint-Michel-des-Saints, Lanaudière, QC, J0K 3B0
450 833-6040    Fax: 450 833-2173
Email: mizevie@hotmail.com


Eligibility: people in a crisis situation, people living with mental health challenges, people in mourning

Coverage area: Saint-Michel-des-Saints, Saint-Zénon

Hours: on appointment: Monday to Thursday 9h30 to 12h00, without appointment: Monday to Thursday 13h00 to 14h15, Saint-Zénon without appointment: Friday 8h45 to 15h00, community meals: last Thursday of the month 12h00

Fees: mental health intervention: free, optional membership card: $5, community meals: $5, excursions: variable cost

Financing: donations, contributions

Legal status: non-profit organization

MOUVEMENT PERSONNE D’ABORD DE JOLIETTE
144 Saint-Joseph Street, Joliette, Lanaudière, QC, J6E 5C4
450 755-4171
Email: mpdaj@videotron.ca


Eligibility: people living with an intellectual disability, their relatives

Coverage area: MRC Joliette

Hours: Monday to Friday 8h30 to 16h30

Fees: none

Financing: provincial

Legal status: non-profit organization

RESCOUSSE AMICALE (LA)
3689 Albert Street, Rawdon, Lanaudière, QC, J0K 1S0
450 834-3151    Fax: 450 834-5557
Website: rescousseamicale.ca
Email: info@rescousseamicale.ca


Eligibility: people 18 years and over living or having lived a mental health problem or emotional distress

Coverage area: MRC Matawinie
Sports, Recreation and Culture

RESCOUSSE MONTCALM (LA)
114 Montcalm Street, Saint-Esprit, Lanaudière, QC, J0K 2L0
450 839-7050  Fax: 450 839-7438
Website: rescoussemontcalm.com
Email: larescoussemontcalm@videotron.ca


Eligibility: people with a mental health problem
Coverage area: MRC Montcalm
Hours: Monday to Thursday 9h00 to 17h00
Fees: membership card: $12 per year
Financing: provincial

SOCIÉTÉ DE L'AUTISME RÉGION LANAUDIÈRE
584 Almira-S.-Choinière Street, Joliette, Lanaudière, QC, J6E 0K5
450 759-9788
Website: autisme-lanaudiere.org
Email: sarl@autisme-lanaudiere.org


Eligibility: people with an autism spectrum disorder (TSA), their family, general public
Coverage area: Lanaudière
Hours: Monday to Friday 8h00 to 16h00
Fees: annual contribution: family: $25, participating member: $25, individual: $35, professional: $50, corporate member: $100
Financing: contributions
Legal status: non-profit organization
TOURNESOL DE LA RIVE-NORD (LE)
222 Notre-Dame Street, Repentigny, Lanaudière, QC, J6A 2R2
450 657-1608     Fax: 450 657-5709
Website: www.letournesoldelarivenord.com
Email: info@letournesoldelarivenord.com

* Reception, support and individual assistance. * Individual and collective meetings. * Information and referrals.
* Phone listening. * Support in difficult times and hardships of life. * Training, information and organization
activities promoting people's autonomy. * Diverse activities promoting the autonomy of people.
Eligibility: people 18 years old and over living or having lived with a mental health issue
Capacity: 20 persons
Coverage area: MRC L'Assomption
Hours: Monday to Friday 8h30 to 17h00
Fees: membership card: $10
Financing: provincial, self-financing
Legal status: non-profit organization
Thrift store and material aid

CLOTHING

DONATION PICK-UPS

SCHOOL SUPPLIES

THRIFT STORES
Clothing

ACTION FAMILLE LANORAIE
42 Louis-Joseph-Doucet Street, Lanoraie, Lanaudière, QC, J0K 1E0
450 887-2624
Website: www.actionfamillelanoraie.org
Email: actfamlanoraie@qc.aira.com


Eligibility: families and single people, drop-in daycare: children 2 to 5 years old

Coverage area: Lanoraie

Hours: Monday to Friday 7h00 to 12h00, 13h00 to 18h00, drop-in daycare: Wednesday 9h00 to 15h00, Friday 9h00 to 12h00, thrift shop: Monday to Friday 13h00 to 15h00, childcare services and homework assistance: Monday to Friday 7h00 to 8h00, 15h15 to 18h00 in addition to the pedagogical days

Fees: workshops: variable, drop-in daycare: $8 on Wednesday, $4 on Friday, childcare services: 7h00 to 8h00 $3, 15h15 to 16h30 $3, 15h15 to 18h00 $4.50, homework assistance: $3, day camp: 1st child $315, 2nd child $275, 3rd child and the following ones $235

Financing: municipal, self-financing, donations, provincial

Legal status: non-profit organization

BONNE ÉTOILE JOLIETTE (LA)
517 Archambault Street, Joliette, Lanaudière, QC, J6E 2W6
450 759-8853
Website: www.la-bonne-etoile.org
Email: labonneetoile@videotron.ca


Eligibility: people over 16 years old with a mental health problem

Coverage area: Joliette and surroundings

Hours: Monday to Friday 10h00 to 16h00

Fees: none

Financing: provincial

Legal status: non-profit organization

CAFÉ DE RUE DE TERREBONNE
654 Saint-Pierre Street, Terrebonne, Lanaudière, QC, J6W 1C8
450 806-9545
Website: cafederuesolidaire.org
Email: cafederue@hotmail.com


Eligibility: young adults 18 to 30 years old in a crisis situation, in a relationship breakdown or marginalized, homeless or not

Coverage area: Terrebonne

Hours: Tuesday 15h00 to 20h00, Wednesday 14h00 to 20h00, Thursday 13h00 to 20h00, Friday 13h00 to 19h30, closed on the first Friday of the month, food assistance: Monday 17h00 to 19h00 on registration

Fees: none

Financing: donations, federal, provincial

Legal status: non-profit organization
COMITÉ D’AIDE AUX PLAINOIS
5611 Laurier Boulevard, Terrebonne, Lanaudière, QC, J7M 1T7
450 477-8761
Email: cap.terrebonne@gmail.com
Eligibility: people and families on a low income
Coverage area: La Plaine
Hours: Monday to Friday 10h00 to 11h30 and 13h00 to 17h00
Fees: none
Financing: donations, self-financing, fundraising campaigns
Legal status: non-profit organization

COMITÉ D’AIDE LACHENOIS
1345 Grande-Allée Street, Suite 104, Terrebonne, Lanaudière, QC, J6W 4K6
450 964-0360
Eligibility: residents
Coverage area: Lachenaie
Hours: Monday to Thursday 9h00 to 15h00
Fees: none
Financing: donations, fundraising campaigns
Legal status: non-profit organization

ENTRAIDE COMMUNAUTAIRE SAINTE-MÉLANIE
910 Principale Road, Sainte-Mélanie, Lanaudière, QC, J0K 3A0
450 889-5871 ext. 227
Email: entraidecommunautairestm@gmail.com
Eligibility: food assistance: people and families on a low income, thrift store: general public
Coverage area: Sainte-Mélanie
Hours: thrift store: Tuesday 9h00 to 12h00 and 13h30 to 15h30, food assistance: Friday 9h00 to 12h00
Fees: food basket: $5 per person, $10 for 2 people and over
Financing: donations, self-financing
Legal status: non-profit organization

FONDATION MAMAN DION
130A Notre-Dame Street, Charlemagne, Lanaudière, QC, J5Z 1H2
450 585-3466 Fax: 450 585-7636
Website: fondationmamandion.org/en/the-fondation
Email: info@fondationmamandion.org
Services: * Distribution of school supplies and clothing.
Eligibility: families on a low income with permanent residence or Canadian citizenship, children registered in regular classes
Coverage area: Province of Québec
Hours: Monday to Thursday 9h00 to 16h30, Friday 9h00 to 12h00
Fees: none
Financing: donations, self-financing
Legal status: non-profit organization
MARRAINES COUP DE POUCE
222 Notre-Dame-des-Champs Boulevard, Repentigny, Lanaudière, QC, J6A 3B5
450 582-2677 ext. 29   Fax: 450 582-1168
Website: maisonlaparenthese.org/marraines-coup-de-pouce
Email: info@maisonlaparenthese.org
Eligibility: parents of a child younger than a year
Coverage area: MRC L'Assomption
Hours: Monday to Friday 8h00 to 12h00 and 13h00 to 16h00
Fees: none
Financing: provincial
Legal status: non-profit organization

MISSION LA PETITE FABRIQUE
152 du Portage Street, L'Assomption, Lanaudière, QC, J5W 3G2
514 962-3353
Email: missionlapetitefabrique@gmail.com
Services: * Low price thrift shop on-site and online on the Facebook page. * Emergency clothing and food assistance. * Distribution of unsold warm clothes and blankets to homeless people. * On-site collection of clothing, baby and maternity clothes, food, decorations, jewelry and accessories.
Eligibility: thrift shop: general public, clothing and food assistance: people in need
Coverage area: thrift shop: Province of Québec, food and clothing assistance: MRC L'Assomption
Hours: thrift shop: Monday and Friday 10h00 to 16h00, clothing and food assistance: every day, by appointment
Fees: thrift shop: between $0.50 and $5, clothing and food assistance: free
Financing: self-financing, donations
Legal status: non-profit organization

ORIGNAL TATOUÉ, CAFÉ DE RUE
144 Saint-Joseph Street, Joliette, Lanaudière, QC, J6E 5C4
450 394-4384
Email: lorignaltatoue@gmail.com
Eligibility: young people 16 to 30 in a situation of social or family breakdown or experiencing difficulties related to drug addiction, homelessness and mental health problems
Capacity: 10 people
Coverage area: Joliette
Hours: Tuesday and Thursday 12h00 to 21h00, Wednesday, Friday and Saturday 12h00 to 17h00
Fees: none
Financing: donations, municipal, provincial, federal
Legal status: non-profit organization

SOCIÉTÉ DE SAINT-VINCENT DE PAUL - CONSEIL PARTICULIER DE JOLIETTE
465 Laval Street, Joliette, Lanaudière, QC, J6E 5G9
450 759-4862
Website: ssvp-joliette.com
Email: ssvpjoliette@videotron.ca
Thrift store and material aid

**Services:** * Material assistance: food, clothing, furniture, school supplies. * Referral to other community organizations. * Christmas baskets.

**Eligibility:** individuals and families on a low income

**Coverage area:** Crabtree, Joliette, Notre-Dame-des-Prairies, Saint-Charles-Borromée

**Hours:** material assistance: by appointment

**Fees:** variable

**Financing:** donations

**Legal status:** non-profit organization

**Donation pick-ups**

**AILES DE L’ESPOIR DE SAINT-CALIXTE (LES) - USED ITEMS RECOVERY**

20 Alexandre Street, Saint-Calixte, Lanaudière, QC, J0K 1Z0

450 222-3923

Website: www.lesailesdelespoir.com

Email: plouffepascale5@gmail.com

**Services:** * Used items recovery: furniture and appliances.

**Eligibility:** residents

**Coverage area:** Saint-Calixte

**Hours:** Monday and Tuesday 9h00 to 16h00, Thursday 9h00 to 16h00, Friday 9h00 to 12h00, by appointment

**Financing:** donations

**Legal status:** non-profit organization

**AMIS DE MARIE DE SAINT-CÔME (LES)**

1250 Alphonse-Marion Street, Saint-Côme, Lanaudière, QC, J0K 2B0

450 883-2600

**Services:** * Thrift store. * Flea market. * Community kitchen. * At-home delivery of certain items. * On-site used items recovery: clothes, sports equipment, toys, books, kitchen items, appliances, furniture, etc. * At-home collection of furniture. * Bonhomme à lunettes service point: low-cost glasses.

**Coverage area:** Saint-Alphonse-Rodriguez, Sainte-Émélie-de-l’Énergie, Saint-Côme and surrounding areas

**Hours:** Monday, Wednesday, Friday 13h00 to 14h00, Saturday 9h00 to 11h00 and 13h00 to 14h00

**Fees:** delivery: variable depending on distance, membership: $5, which gives a right of vote at the General Assembly

**Financing:** donations

**Legal status:** non-profit organization

**CENTRE D’ENTRAIDE DE MASCOUCHE - RÉCUPÉRATION D’ARTICLES USAGÉS**

3320 Sainte-Marie Road, Mascouche, Lanaudière, QC, J7K 1P5

450 474-7331

Website: www.centredentraidedemascouche.org

Email: info@centredentraidedemascouche.org

**Services:** * At-home donation pick-up of appliances and furniture. * On-site recovery of items: linen, dishes, decorations, informatique devices, electronical devices, etc.

**Eligibility:** general population

**Coverage area:** Duvernay, Laval-des-Rapides, Saint-François, Saint-Vincent-de-Paul, Mirabel, MRC L’Assomption, MRC Les Moulins, MRC Thérèse-de-Blainville

**Hours:** at-home pick-up: Tuesday to Saturday, by appointment, centre: Tuesday 9h00 to 11h00 and 13h00 to 15h00, Wednesday 9h00 to 11h00, Thursday 9h00 to 11h00, 13h00 to 15h00 and 18h00 to 20h00, Saturday 9h00 to 12h00

**Fees:** none

**Financing:** donations, self-financing

**Legal status:** non-profit organization
COMPTOIR FAMILIAL DE TERREBONNE
529 Saint-Louis Street, Terrebonne, Lanaudière, QC, J6W 1J1
450 471-0017
Website: www.comtoirfamilialdeterrebonne.com
Email: comptoirfamilialdeterrebonne@gmail.com
Services: * Sale of items at low prices. * On-site and at-home donations recovery: clothes, dishes, furniture, appliances, electronic and IT materials, mattresses, bicycles and books. * Assistance available with or without referral.
Eligibility: open to everybody
Coverage area: North Shore
Hours: Monday to Wednesday 9h00 to 18h00, Thursday and Friday 9h00 to 21h00, Saturday 9h00 to 17h00, Sunday 12h00 to 17h00
Financing: donations
Legal status: non-profit organization

FRIPERIE L’HABILLE-TOUT ET COMPTOIR DE MEUBLES
170 Sainte-Foy Street, Berthierville, Lanaudière, QC, J0K 1A0
450 836-6966     Fax: 450 836-3264
Website: entouteamitie2.wixsite.com/geta
Email: entouteamite.org@hotmail.com
Services: * Clothing and accessories at low prices.
Eligibility: general public
Coverage area: Berthierville, Joliette (quartier St-Viateur), La Visitation-de-L’île-Dupas, Lanoraie, Saint-Barthélemy, Saint-Cuthbert, Saint-Ignace-de-Loyola, Saint-Élisabeth, Sainte-Geneviève-De-Berthier
Hours: Tuesday, Wednesday, Friday 13h00 to 16h00, Thursday 13h00 to 18h30
Fees: variable
Financing: self-financing
Legal status: non-profit organization

MAISON DE LA FAMILLE AUX QUATRE VENTS - USED ITEMS RECOVERY?
85 Iberville Street, Berthierville, Lanaudière, QC, J0K 1A0
450 836-3770     Fax: 450 836-2153
Email: maisonfamille@derytele.com
Services: * On-site and at-home used toys and baby items recovery.
Eligibility: general public
Coverage area: Berthierville, Saint-Barthélemy, Saint-Cuthbert, Sainte-Élisabeth, Sainte-Geneviève-De-Berthier, La Visitation-De-L’île-Dupas
Hours: Monday to Thursday 8h30 to 16h30
Fees: none
Financing: municipal, donations
Legal status: non-profit organization

RUCHE ST-DAMIEN (LA)
7221, chemin Beaulieu, Saint-Damien, Lanaudière, QC, J0K 2E0
450 835-9228     Fax: 450 835-9228
Website: www.laruchestdamien.org
Email: laruchestdamien@gmail.com
Eligibility: Persons with low-income
Coverage area: Saint-Damien
Thrift store and material aid

**SERVICE D'ENTRAIDE SAINT-LIN-LAURENTIDES - USED ITEMS RECOVERY**
532 Saint-Antoine Street, Saint-Lin–Laurentides, Lanaudière, QC, J5M 3A4
450 439-2218
Email: service.entraide@bellnet.ca

*Services:* * On-site recovery of used items. * At-home recovery of used items: furniture and bulky items.

**Coverage area:** Saint-Lin-Laurentides

**Hours:** Monday, Tuesday, Thursday and Friday by appointment

**Financing:** donations, grants

**Legal status:** non-profit organization

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**SOCIÉTÉ DE SAINT-VINCENT DE PAUL - CONSEIL PARTICULIER DE JOLIETTE - USED ITEMS RECOVERY**
740 Saint-Antoine Street, Joliette, Lanaudière, QC, J6E 3S5
450 759-0672
Website: ssvp-joliette.com/les-magasins
Email: ssvp-magasins@videotron.ca

*Services:* * Recovery of used items on site and at-home: furniture, books, dishes, toys, appliances, clothes, trinkets and others. * Two on-site recovery addresses: Boutique at 757-763 Saint-Antoine Street and thrift store at 740 Saint-Antoine Street.

**Coverage area:** Crabtree, Joliette, Notre-Dame-de-Lourdes, Notre-Dame-des-Prairies, Saint-Ambroise-de-Kildare, Saint-Charles-Borromée, Saint-Félix-de-Valois, Saint-Jacques, Saint-Liguori, Saint-Paul, Saint-Thomas, Sainte-Élisabeth, Sainte-Marie-Salomé and Sainte-Mélanie

**Hours:** Monday to Friday 9h00 to 17h00

**Financing:** donations, provincial, federal

**Legal status:** non-profit organization

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**SOCIÉTÉ DE SAINT-VINCENT-DE-PAUL - CONFÉRENCE SAINTE-JULIENNE ET SAINT-ESPRIT - USED ITEMS RECOVERY**
1484 Albert Street, Sainte-Julienne, Lanaudière, QC, J0K 2T0
450 831-8207
Website: ssvp.qc.ca
Email: ssvp2389@gmail.com

*Services:* * On-site recovery of used items: clothing, small appliances, toys, sporting goods, miscellaneous items, appliances and furniture. * At-home recovery of furniture and appliances.

**Coverage area:** Rawdon, Saint-Alexis, Saint-Esprit, Saint-Jacques, Saint-Lin-Laurentides, Sainte-Julienne, Sainte-Marie-Salomé

**Hours:** on-site recovery: Monday to Wednesday and Friday 9h00 to 14h00, at-home recovery: by appointment, Monday and Tuesday 9h00 to 16h00

**Fees:** none

**Financing:** donations

**Legal status:** non-profit organization
School supplies

ASSOCIATION CARREFOUR FAMILLE MONTCALM
20 Payette Road, Saint-Lin–Laurentides, Lanaudière, QC, J5M 0L4
1 877 439-2669  Fax: 450 439-8763
Website: www.acfmcq.org
Email: info@acfmcq.org


Eligibility: families, parents, language skills and motricity development activities: children aged 0 to 5 years old and their parents

Coverage area: MRC Montcalm

Hours: Monday to Friday 8h00 to 16h00, drop-in daycare: Monday to Friday 8h30 to 15h30

Fees: free services, $40 deposit for child safety seat loan

Financing: federal, provincial, self-financing

Legal status: non-profit organization

CENTRE D’ACTION BÉNÉVOLE MRC L’ASSOMPTION
50 Thouin Street, Suite 108, Repentigny, Lanaudière, QC, J6A 4J4
450 581-5033  Fax: 450 581-5470
Website: www.servicebenevoles.com
Email: sbca@bellnet.ca


Eligibility: seniors, volunteers: all ages, school supplies: preschool and elementary school children from families on a low income

Coverage area: MRC L’Assomption

Hours: Monday to Thursday 8h00 to 12h00 and 13h00 to 16h30, Friday 8h00 to 13h00

Fees: membership: $10

Financing: Centraide Lanaudière, provincial

Legal status: non-profit organization

CENTRE D’AMITIÉ AUTOCHTOXE DE LANAUDIÈRE
523 Sainte-Anne Boulevard, Joliette, Lanaudière, QC, J6E 5A3
450 760-3865  Fax: 450 760-9923
Website: www.caalanaudiere.ca
Email: info@caalanaudiere.ca


Eligibility: native people of all ages

Coverage area: Joliette

Hours: Monday to Friday 9h00 to 16h00
Fees: none  
Financing: federal, provincial, self-financing, donations, grants, foundations  
Legal status: non-profit organization

**DÉFI-FAMILLE MATAWINIE**

244 Sainte-Louise Street, Saint-Jean-de-Matha, Lanaudière, QC, J0K 2S0

450 886-0458

Email: defiaccueil@bellnet.ca


Eligibility: families


Hours: Monday to Friday 9h00 to 16h00

Financing: municipal

Legal status: non-profit organization

**FONDATION MAMAN DION**

130A Notre-Dame Street, Charlemagne, Lanaudière, QC, J5Z 1H2

450 585-3466     Fax: 450 585-7636

Website: fondationmamandion.org/en/the-fondation

Email: info@fondationmamandion.org

Services: * Distribution of school supplies and clothing.

Eligibility: families on a low income with permanent residence or Canadian citizenship, children registered in regular classes

Coverage area: Province of Québec

Hours: Monday to Thursday 9h00 to 16h30, Friday 9h00 to 12h00

Fees: none

Financing: donations, self-financing

Legal status: non-profit organization

**GROUPE D’ENTRAIDE EN TOUTE AMITIÉ**

170 Sainte-Foy Street, Berthierville, Lanaudière, QC, J0K 1A0

450 836-6966     Fax: 450 836-3264

Website: entouteamitie2.wixsite.com/geta

Email: entouteamitie.org@hotmail.com


Eligibility: people on a low income, people living in vulnerable situations

Coverage area: Berthierville, Joliette (St-Viateur district), La Visitation-de-L’île-Dupas, Lanoraie, Saint-Barthélemy, Saint-Cuthbert, Saint-Ignace-de-Loyola, Saint-Élizabeth, Sainte-Geneviève-De-Berthier

Hours: office: Tuesday to Friday 9h30 to 16h00, furniture counter: Tuesday, Wednesday, Friday 13h00 to 16h00 and Thursday 13h00 to 18h30.

Financing: self-financing

Legal status: non-profit organization

Thrift store and material aid

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MAISON DE PARENTS DE LA MATAWINIE OUEST
3615 Queen Street, Suite 2, Rawdon, Lanaudière, QC, J0K 1S0
450 834-5179  Fax: 450 834-5179
Website: maisonparents.org
Email: maisonparents.mo@gmail.com


Eligibility: families, parents, drop-in: children from 1 to 5 years old

Coverage area: West Matawinie: Chertsey, Entrelacs, Notre-Dame-de-la-Merci, Rawdon, Saint-Alphonse-Rodriguez, Saint-Côme, Saint-Donat, Sainte-Marcelline-de-Kildare

Hours: Monday to Friday 9h00 to 15h00, drop-in daycare: Wednesday and Thursday 9h00 to 14h30 and during an activity

Fees: membership card: $10 per family per year, drop-in daycare: $6 for one child, $8 for 2 children and $10 for 3 children

Financing: contributions, self-financing

Legal status: non-profit organization

PLANK JEUNESSE SAINT-BARTHÉLEMY
1980 Bonin Street, Saint-Barthélemy, Lanaudière, QC, J0K 1X0
450 836-1276
Website: placejeunesseberthier.com/la-plank
Email: placejeunesse@hotmail.com


Eligibility: youth 12 to 17 years old

Coverage area: Saint-Barthélemy

Hours: Wednesday and Thursday 18h00 to 21h00, Friday 18h00 to 22h00 (transportation to the Maison des jeunes Place Jeunesse Berthier), cooking activities: every other Thursday, special activities: Saturday and Sunday

Fees: none

Financing: provincial, self-financing, foundations

Legal status: non-profit organization

RUCHE ST-DAMIEN (LA)
7221, chemin Beaulieu, Saint-Damien, Lanaudière, QC, J0K 2E0
450 835-9228  Fax: 450 835-9228
Website: www.laruchestdamien.org
Email: laruchestdamien@gmail.com


Eligibility: Persons with low-income

Coverage area: Saint-Damien

Hours: Thursday to Friday 10h00 to 16h00, Saturday 10h00 to 15h00, Food bank: 1st and 3rd Thursday of each month 10h00 to 15h00.

Fees: Annual membership: 5$, food bank: 4$ per person 18 years old and over, free for dependent children, emergency breakdown service: free

Legal status: non-profit organization
SOCIÉTÉ DE SAINT-VINCENT DE PAUL - CONFÉRENCE L'ASSOMPTION
168 Saint-Joseph Street, L'Assomption, Lanaudière, QC, J5W 3B8
450 589-6655

Eligibility: people in need
Coverage area: L'Assomption
Hours: furniture: Tuesday and Wednesday 13h15 to 14h15, Thursday 17h45 to 19h45, Saturday 8h45 to 11h45, clothing and other articles: Tuesday and Wednesday 13h00 to 14h30, Thursday 18h00 to 20h00,
Saturday 9h00 to 12h00
Fees: none
Financing: donations
Legal status: non-profit organization

SOCIÉTÉ DE SAINT-VINCENT DE PAUL - CONFÉRENCE MARIE-REINE-DU-MONDE - RAWDON
3759 Queen Street, Rawdon, Lanaudière, QC, J0K 1S0
450 755-7753
Website: www.ssvp.qc.ca
Email: info@ssvp.qc.ca

Eligibility: people in need
Coverage area: Rawdon
Hours: Monday 12h00 to 15h00, thrift store: Monday 9h00 to 16h00
Financing: self-financing, donations
Legal status: non-profit organization

SOCIÉTÉ DE SAINT-VINCENT DE PAUL - CONFÉRENCE REPENTIGNY - L'ESSENTIEL
565 Leclerc Street, Repentigny, Lanaudière, QC, J6A 8C1
450 582-3388     Fax: 450 582-7237
Email: repentigny@ssvp-mtl.org

Eligibility: people on a low income
Coverage area: Repentigny and Le Gardeur, including Purification, Notre-Dame-des-Champs, Précieux-Sang and Saint-Paul-l'Ermitte parishes
Hours: food bank: Monday and Wednesday 13h00 to 16h00, Friday 10h30 to 14h00
Financing: donations, self-financing
Legal status: non-profit organization

SOCIÉTÉ DE SAINT-VINCENT DE PAUL - CONSEIL PARTICULIER DE JOLIETTE
465 Laval Street, Joliette, Lanaudière, QC, J6E 5G9
450 759-4862
Website: ssvp-joliette.com
Email: ssvpjoliette@videotron.ca

Eligibility: individuals and families on a low income
Coverage area: Crabtree, Joliette, Notre-Dame-des-Prairies, Saint-Charles-Borromée
Hours: material assistance: by appointment
Fees: variable
Financing: donations
Legal status: non-profit organization
SOCIÉTÉ DE SAINT-VINCENT DE PAUL - SAINT-GÉRARD-MAJELLA
2740 L’Ange-Gardien Boulevard North, L’Assomption, Lanaudière, QC, J5W 4R8
450 588-7934
Email: mychelemelancon@yahoo.ca

Eligibility: people on a low income
Coverage area: Saint-Gérard-Majella
Hours: Thursday 9h00 to 12h00, Saturday 9h00 to 12h00
Financing: donations
Legal status: non-profit organization

SOURCE DE VIE DE ST-GABRIEL
147 Beausoleil Street, Saint-Gabriel, Lanaudière, QC, J0K 2N0
450 835-1837 Fax: 450 835-9596
Website: www.sourcedeviestgab.com
Email: info@sourcedeviestgab.com

Eligibility: people on a low income
Coverage area: Saint-Gabriel, Saint-Didace, Saint-Cuthbert, Saint-Norbert
Hours: administration: Tuesday to Friday 9h00 to 16h30, stores: Tuesday to Saturday 11h00 to 16h30
Fees: food assistance: $2 per week, payable at the beginning of each month
Financing: donations, provincial
Legal status: non-profit organization

Thrift Stores

AILES DE L’ESPOIR DE SAINT-CALIXTE (LES)
20 Alexandre Street, Saint-Calixte, Lanaudière, QC, J0K 1Z0
450 222-3923
Website: www.lesailesdelespoir.com
Email: comptabilite@lesailesdelespoir.org

Eligibility: people on a low income
Coverage area: Saint-Calixte
Hours: Monday and Tuesday 9h00 to 16h00, Thursday 9h00 to 16h00, Friday 9h00 to 12h00
Fees: annual membership: $35, food bank: $6 every two weeks, meals: free
Financing: donations
Legal status: non-profit organization

AMI(ES)S D’ÉMÉLIE (LES)
350 Principale Street, Sainte-Émélie-de-l’Énergie, Lanaudière, QC, J0K 2K0
450 886-9009
Email: lesamisdemelie98@gmail.com

Eligibility: people on a low income or living through a difficult situation
Coverage area: Sainte-Émélie-de-l’Énergie
Hours: Friday 13h00 to 16h00
Fees: variable
AMIS DE MARIE DE SAINT-CÔME (LES)
1250 Alphonse-Marion Street, Saint-Côme, Lanaudière, QC, J0K 2B0
450 883-2600


Coverage area: Saint-Alphonse-Rodriguez, Sainte-Émélie-de-l'Énergie, Saint-Côme and surrounding areas

Hours: Monday, Wednesday, Friday 13h00 to 14h00, Saturday 9h00 to 11h00 and 13h00 to 14h00

Fees: delivery: variable depending on distance, membership: $5, which gives a right of vote at the General Assembly

Financing: donations

Legal status: non-profit organization

ARCHE DU NORD (L')
215 du Lac Avenue, Saint-Donat, Lanaudière, QC, J0T 2C0
819 424-2839

Email: marielle.lord@sympatico.ca


Eligibility: people on a low income, people who are socially isolated

Coverage area: Saint-Donat

Hours: thrift store: Wednesday and Friday 13h00 to 16h00, food assistance: Wednesday 9h30 to 11h00

Fees: variable

Financing: self-financing

Legal status: non-profit organization

AUX TROUVAILLES DE MANDEVILLE
80 Saint-Charles-Borromée Street, Mandeville, Lanaudière, QC, J0K 1L0
450 835-7207     Fax: 450 835-0290

Email: aux_trouvailles@hotmail.com


Eligibility: people on a low income, people living in social isolation

Coverage area: Mandeville

Hours: Monday, Wednesday to Friday 10h30 to 16h15, Saturday 10h00 to 14h45

Financing: self-financing, Centraide Lanaudière, provincial

Legal status: non-profit organization

BONNE ÉTOILE JOLIETTE (LA)
517 Archambault Street, Joliette, Lanaudière, QC, J6E 2W6
450 759-8853

Website: www.la-bonne-etoile.org

Email: labonneetoile@videotron.ca


Eligibility: people over 16 years old with a mental health problem

Coverage area: Joliette and surrounding

Hours: Monday to Friday 10h00 to 16h00

Fees: none
Carrefour Émilie de Lanoraie
361A Notre-Dame Street, Lanoraie, Lanaudière, QC, J0K 1E0
450 887-0090
Email: carrefour.emilie@outlook.com
Eligibility: people in need
Coverage area: Lanoraie
Hours: clothing bank: Tuesday, Wednesday and Thursday 12h30 to 15h30, Friday 9h00 to 12h00, food aid: Thursday 14h00 to 15h00, administration: 7h00 to 16h00
Fees: food aid: $10 per month, clothing bank: variable
Financing: donations
Legal status: non-profit organization

Centre d'Entraide de Mascouche
3320 Sainte-Marie Road, Mascouche, Lanaudière, QC, J7K 1P5
450 474-6588
Website: www.centredentraidedemascouche.org
Email: info@centredentraidedemascouche.org
Services: * Sale of items at a low cost: linen, furniture, household appliances, dishes, decorations, informatic devices, electronical devices, etc. * Delivery service for furniture available with additional fees. * School supplies at an affordable price. * Food assistance through food vouchers. * Distribution of furniture.
Eligibility: open to all, food assistance: people temporarily in need
Coverage area: North Shore, food assistance: Mascouche
Hours: centre: Tuesday 9h00 to 11h00 and 13h00 to 15h00, Wednesday 9h00 to 11h00, Thursday 9h00 to 11h00, 13h00 to 15h00 and 18h00 to 20h00, Saturday 9h00 to 12h00, food vouchers: by appointment, distribution Wednesday and Friday 9h00 to 11h00
Fees: variable
Financing: donations, self-financing
Legal status: non-profit organization

Centre d'Entraide et de Dépannage de St-Zénon
6091 Principale Street, Saint-Zénon, Lanaudière, QC, J0K 3N0
450 884-0000
Email: centredentraide01@gmail.com
Eligibility: seniors, people on a low income, people in a vulnerable situation
Coverage area: Saint-Zénon
Hours: thrift store: Thursday and Saturday 13h00 to 17h00, Friday 13h00 to 20h00, other services: variable
Fees: variable
Financing: donations, fundraising campaigns, grants, provincial
Legal status: non-profit organization

Comité d'Aide aux Plainois
5611 Laurier Boulevard, Terrebonne, Lanaudière, QC, J7M 1T7
450 477-8761
Email: cap.terrebonne@gmail.com
Eligibility: people and families on a low income
Coverage area: La Plaine
Hours: Monday to Friday 10h00 to 11h30 and 13h00 to 17h00
Fees: none
Financing: donations, self-financing, fundraising campaigns
Legal status: non-profit organization

COMPTOIR D'ENTRAIDE DE TERREBONNE
421 Léveillé Street, Terrebonne, Lanaudière, QC, J6W 1Z7
450 471-1067
Website: www.centrailedaurentides.org/comptoirs-dentraide
Services: Sale of used clothing and other items. * On-site reception of donations: furniture, clothes, books.
Coverage area: Laval, Terrebonne
Hours: Monday to Wednesday, Friday 9h00 to 17h00, Thursday 9h00 to 20h00, Saturday 9h00 to 16h00
Financing: self-financing, Centraide Laurentides
Legal status: non-profit organization

COMPTOIR D'ENTRAIDE SAINT-JEAN-BAPTISTE
2065 Jacques-Cartier Street, Terrebonne, Lanaudière, QC, J6X 2T2
450 471-9412 Fax: 450 471-1292
Email: paroissebmab@videotron.ca
Services: * Sale of used clothing and other items at low prices.
Coverage area: Terrebonne
Hours: Wednesday and Thursday 9h00 to 15h00, Thursday 18h00 to 20h00, Saturday 9h00 to 13h00
Financing: self-financing, donations
Legal status: non-profit organization

COMPTOIR FAMILIAL DE TERREBONNE
529 Saint-Louis Street, Terrebonne, Lanaudière, QC, J6W 1J1
450 471-0017
Website: www.comptoirfamilialdeterrebonne.com
Email: comptoirfamilialdeterrebonne@gmail.com
Services: * Sale of items at low prices. * On-site and at-home donations recovery: clothes, dishes, furniture, appliances, electronic and IT materials, mattresses, bicycles and books. * Assistance available with or without referral.
Eligibility: open to everybody
Coverage area: North Shore
Hours: Monday to Wednesday 9h00 to 18h00, Thursday and Friday 9h00 to 21h00, Saturday 9h00 to 17h00, Sunday 12h00 to 17h00
Financing: donations
Legal status: non-profit organization

COMPTOIR MINI-BUDGET DE SAINT-ROCH-DE-L'ACHIGAN
6 du Docteur Wilfrid Locat Street North, Saint-Roch-de-l'Achigan, Lanaudière, QC, J0K 3H0
514 236-4479
Email: comptoir.minibudget.stroch@hotmail.com
Services: * Recovery and sale of used items at low cost: clothing, toys, books, household items, etc. * Food assistance.
Eligibility: food assistance: people on a low income
Coverage area: Saint-Roch-de-l'Achigan
Hours: Thursday 13h00 to 20h00
Fees: variable
Financing: donations, self-financing
Legal status: non-profit organization

Thrift store and material aid
COMPTOIR TROUVAILLES À BAS PRIX
6292 Principale Street, Saint-Calixte, Lanaudière, QC, J0K 1Z0
Eligibility: general public
Coverage area: Saint-Calixte
Hours: Monday and Saturday 13h00 to 15h00
Fees: variable
Financing: self-financing
Legal status: non-profit organization

COMPTOIR VESTIMENTAIRE DE SAINT-FÉLIX-DE-VALOIS
4650 Principale Street, Saint-Félix-de-Valois, Lanaudière, QC, J0K 2M0
450 889-2667
Eligibility: food vouchers: people on a low income
Coverage area: Saint-Félix-De-Valois
Hours: Wednesday 9h00 to 16h00, Thursday 18h00 to 20h00, Saturday 13h00 to 16h00
Fees: variable
Financing: donations, municipal
Legal status: non-profit organization

COMPTOIR VESTIMENTAIRE NOTRE-DAME-DE-LOURDES
3938 Principale Street, Notre-Dame-de-Lourdes, Lanaudière, QC, J0K 1K0
450 755-4555
Services: Recovery and sale of used items: clothing, shoes, bags, dishes, decorations, small household appliances, toys, etc.
Eligibility: general public
Coverage area: Notre-Dame-de-Lourdes
Hours: Tuesday 9h00 to 15h00, Saturday 9h00 to 12h00
Fees: variable
Financing: municipal, donations
Legal status: non-profit organization

COMPTOIR VESTIMENTAIRE SAINT-ALPHONSE
761 Luc Street, Saint-Alphonse-Rodriguez, Lanaudière, QC, J0K 1W0
450 883-2394
Email: lapig1956@icloud.com
Services: * Collection and sale of used items: clothing, toys, books, dishes, small household appliances and electronics.
Eligibility: general population
Coverage area: Saint-Alphonse-Rodriguez
Hours: Monday 16h00 to 19h00, Tuesday 13h00 to 16h00
Fees: variable
Financing: self-financing, donations
Legal status: non-profit organization

COMPTOIR VESTIMENTAIRE SAINT-PAUL
18 Brassard Boulevard, Saint-Paul, Lanaudière, QC, J0K 3E0
450 754-4544
Services: * Recuperation and sale of used items: clothes, dishes, household items, small objects, books, toys, small devices, sports equipment and electronic devices.
Coverage area: Saint-Paul
Hours: Monday and Saturday 13h00 to 16h00
Fees: variable
Financing: self-financing, donations
Legal status: non-profit organization

COMPTOIR VESTIMENTAIRE SAINTE-MARCELLINE
451 Principale Street, Sainte-Marcelline-de-Kildare, Lanaudière, QC, J0K 2Y0
450 883-8254
Eligibility: residents
Coverage area: Sainte-Marcelline-De-Kildare
Hours: thrift store: Wednesday 13h00 to 15h30 and 19h00 to 20h00
Fees: variable
Financing: self-financing
Legal status: non-profit organization

COOPÉRATIVE DE SERVICES MULTIPLES DE LANAUDIÈRE
1317 du Gouvernement Road, Sainte-Julienne, Lanaudière, QC, J0K 2T0
450 831-3333
 Website: www.csmlanaudiere.org
Email: admin@csmlanaudiere.org
Coverage area: MRC Montcalm, MRC Matawinie Ouest
Hours: clothing counter and Ludothèque Caméléon: Tuesday to Thursday 9h00 to 15h00, administration: Monday to Thursday 8h00 to 15h30
Fees: clothing counter: variable, Caméléon Ludothèque: $15 per year for 6 to 8 toys per month depending on the number of children, training: none
Financing: provincial
Legal status: non-profit organization

DONATEURS (LES)
329 Saint-Donat Street, Saint-Donat, Lanaudière, QC, J0T 2C0
819 424-7289
Email: lesdonateurs1@gmail.com
Coverage area: Notre-Dame-de-la-Merci and Saint-Donat
Hours: Saturday 10h00 to 16h00
Fees: variable
Financing: donations, self-financing
Legal status: non-profit organization

ÉCO-BOUTIQUE FAMILLES (L’)
1725 Notre-Dame Street, Lavaltrie, Lanaudière, QC, J5T 1S2
450 586-0733
 Website: www.actionfamillelavaltrie.org/services
Email: actionfamillelavaltrieinc@bellnet.ca
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Thrift store and material aid

Services: Thrift shop. * Sale of new and used items for babies and children 0 to 5 years old: toys, clothes, hygiene products, etc. * Artisanal and zero waste products. * Used items recovery.
Eligibility: families
Coverage area: Lavaltrie
Hours: Monday to Friday 9h00 to 16h00, Saturday 10h00 to 14h00
Fees: variable
Financing: municipal, grants, self-financing, contributions, donations
Legal status: non-profit organization

ENTRAIDE COMMUNAUTAIRE DE ST-AMBROISE-DE-KILDARE
750 Principale Street, Saint-Ambroise-de-Kildare, Lanaudière, QC, J0K 1C0
450 944-2020
Email: entraidekildare@gmail.com
Eligibility: people and families on a low income
Coverage area: Saint-Ambroise-de-Kildare
Hours: thrift store: Monday 13h00 to 16h00, food aid distribution: Thursday 15h00 to 17h30
Fees: none
Financing: self-financing, donations, grants
Legal status: non-profit organization

ENTRAIDE COMMUNAUTAIRE SAINTE-MÉLANIE
910 Principale Road, Sainte-Mélanie, Lanaudière, QC, J0K 3A0
450 889-5871 ext. 227
Email: entraidecommunautairestm@gmail.com
Eligibility: food assistance: people and families on a low income, thrift store: general public
Coverage area: Sainte-Mélanie
Hours: thrift store: Tuesday 9h00 to 12h00 and 13h30 to 15h30, food assistance: Friday 9h00 to 12h00
Fees: food basket: $5 per person, $10 for 2 people and over
Financing: donations, self-financing
Legal status: non-profit organization

FRIPERIE L’HABILLE-TOUT ET COMPTOIR DE MEUBLES
170 Sainte-Foy Street, Berthierville, Lanaudière, QC, J0K 1A0
450 836-6966   Fax: 450 836-3264
Website: entouteamitie2.wixsite.com/geta
Email: entouteamitie.org@hotmail.com
Services: * Clothing and accessories at low prices.
Eligibility: general public
Coverage area: Berthierville, Joliette (quartier St-Viateur), La Visitation-de-L’île-Dupas, Lanoraie, Saint-Barthélemy, Saint-Cuthbert, Saint-Ignace-de-Loyola, Saint-Élizabeth, Sainte-Geneviève-De-Berthier
Hours: Tuesday, Wednesday, Friday 13h00 to 16h00, Thursday 13h00 to 18h30
Fees: variable
Financing: self-financing
Legal status: non-profit organization
FRIPERIE LE PAPILLON - CHARLEMAGNE
115 Céline Dion Boulevard, Charlemagne, Lanaudière, QC, J5Z 4P8
450 932-6720
Website: maisonadhemardion.ca/comment-mimpliquer/#friperie
Email: info@maisonadhemardion.com
Coverage area: Charlemagne
Hours: Tuesday to Thursday 10h00 to 15h00
Fees: variable
Financing: fundraising campaigns, donations, provincial
Legal status: non-profit organization

FRIPERIE LE PAPILLON - REPENTIGNY
500 Iberville Boulevard, Suite 19, Repentigny, Lanaudière, QC, J6A 6H9
579 635-1226
Website: maisonadhemardion.ca/comment-mimpliquer/#friperie
Email: info@maisonadhemardion.com
Coverage area: Repentigny
Hours: Wednesday and Friday 10h00 to 15h00, Thursday 10h00 to 17h00, Saturday 9h00 to 12h00
Fees: variable
Financing: fundraising campaigns, donations, provincial
Legal status: non-profit organization

GROUPE DES MONTAGNARDS DE CHERTSEY
623 de l'Église Road, Chertsey, Lanaudière, QC, J0K 3K0
450 882-1863
Email: groupemontagnards@gmail.com
Eligibility: people on low income, people who wish to volunteer
Coverage area: Chertsey
Hours: Tuesday, Wednesday, Thursday, Friday 8h00 to 11h30 and 12h30 to 15h00
Financing: provincial, Centraide
Legal status: non-profit organization

GROUPE POPULAIRE D'ENTRAIDE DE LAVALTRIE
160 Saint-Antoine North Street, Lavaltrie, Lanaudière, QC, J5T 2G1
450 586-3536 Fax: 450 586-0652
Website: www.entraidelavaltrie.org
Email: equipe@entraidelavaltrie.org
Eligibility: families on a low income
Coverage area: Lavaltrie
Hours: listening: Monday and Tuesday 9h00 to 13h00, Wednesday to Friday 9h00 to 17h00, monthly lunches: last Thursday of the month 11h30 to 13h30, breakfast: regular Friday 9h00 to 11h00, special Friday 9h00 to 12h00, thrift shop: Wednesday and Friday 9h00 to 17h00, Thursday 9h00 to 19h00, Saturday 10h00 to 12h00

GROUPE DES MONTAGNARDS DE CHERTSEY
623 de l'Église Road, Chertsey, Lanaudière, QC, J0K 3K0
450 882-1863
Email: groupemontagnards@gmail.com
Eligibility: people on low income, people who wish to volunteer
Coverage area: Chertsey
Hours: Tuesday, Wednesday, Thursday, Friday 8h00 to 11h30 and 12h30 to 15h00
Financing: provincial, Centraide
Legal status: non-profit organization
**Fees:** monthly lunches: $5, weekly breakfast: $1 on regular Fridays, $4 on special Fridays, family vacations: 40% of the cost, collective kitchens, $1.50 per meal, community garden: $20 for the rental of a lot

**Financing:** donations, municipal, foundations, provincial

**Legal status:** non-profit organization

**GROUPE POPULAIRE D’ENTRELACS**
2571 des Îles Road, Entrelacs, Lanaudière, QC, J0T 2E0
450 228-4100
Email: groupeentrelacs.coord@bellnet.ca


**Eligibility:** people on a low income, socially isolated people, disadvantaged families

**Coverage area:** Entrelacs

**Hours:** office: Monday, Thursday 8h30 to 12h00 and 12h30 to 16h00, Tuesday, Wednesday 9h00 to 12h00 and 12h30 to 16h30

**Financing:** self-financing, donations

**Legal status:** non-profit organization

**GROUPE RESSOURCES DES MOULINS**
208 des Anglais Road, Mascouche, Lanaudière, QC, J7L 3N8
450 477-8522

**Services:** Family depot with clothing, housewares, small furniture, computer equipment, books and bicycles.

**Coverage area:** Mascouche

**Hours:** Wednesday to Friday 10h00 to 12h00 and 13h00 to 16h00

**Financing:** donations, self-financing

**Legal status:** non-profit organization

**INTER-FEMMES**
21 Alain Street, Repentigny, Lanaudière, QC, J6A 5C9
450 654-9621  Fax: 450 654-3621
Website: www.interfemmes.ca
Email: info@interfemmes.ca

**Services:** * Reception, listening and intervention. * Individual meetings. * Referral, information. * Activities: coffee chats, educational and creative activities, workshops and courses, conferences. * Shop: sale and on-site recovery of second-hand jewelry, accessories, dishes and decorative items.

**Eligibility:** women

**Coverage area:** MRC L’Assomption

**Hours:** Monday, Tuesday and Thursday 8h30 to 16h00, Wednesday 10h30 to 16h00

**Fees:** membership: $10 per year

**Financing:** grants, donations, fundraising campaigns

**Legal status:** non-profit organization

**JOUJOUTHÈQUE FARFOUILLE (LA)**
845 Saint-Louis Street, Joliette, Lanaudière, QC, J6E 3A3
450 752-2587  Fax: 450 752-2502
Website: www.joujouthequefarfouille.org
Email: farfouille@videotron.ca


**Eligibility:** families, parents of children with special needs, organizations, CPE, daycare centres

**Coverage area:** Lanaudière

**Hours:** Tuesday to Thursday 9h00 to 17h00, Friday and Saturday 9h00 to 15h00

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Thrift store and material aid

**Fees:** families: $25 per year to access 3 games per child per month, $35 per year to access 6 games per child per month, organizations: $70 per year to access 20 games per 2 months, $100 per year to access 30 games per 2 months  
**Financing:** membership fees, donations, self-financing, provincial, grants  
**Legal status:** non-profit organization

**MAISON DE LA FAMILLE AUX QUATRE VENTS**  
85 Iberville Street, Berthierville, Lanaudière, QC, J0K 1A0  
450 836-3770     Fax: 450 836-2153  
Email: maisonfamille@derytele.com  
**Services:** * Self-help and support groups. * Education and information workshops for parents. * Educational support for children. * Second-hand toys and baby supplies store. * On-site and at-home used toys and baby items recovery.  
**Eligibility:** families with children from 0 to 18 years old  
**Coverage area:** Berthierville  
**Hours:** Monday to Thursday 8h30 to 16h30, some evenings, some Fridays  
**Financing:** municipal, donations  
**Legal status:** non-profit organization

**MAISON DE LA FAMILLE LA PARENTHÈSE (LA)**  
222 Notre-Dame-des-Champs Boulevard, Repentigny, Lanaudière, QC, J6A 3B5  
450 582-2677     Fax: 450 582-1168  
Website: maisonlaparenthese.org  
Email: info@maisonlaparenthese.org  
**Eligibility:** parents, children 0 to 5 years old, families  
**Coverage area:** MRC L'Assomption  
**Hours:** Monday to Thursday 9h00 to 12h00 and 13h00 to 16h00, occasional workshops in the evening, summer: outdoor activities only, respite: Wednesday and Friday 9h00 to 15h30  
**Fees:** membership fees: $10, respite: $5 from 8h30 to 12h00, $7 from 8h30 to 13h00 and $10 from 8h30 to 15h30  
**Financing:** provincial, federal  
**Legal status:** non-profit organization

**MAISON PARENT-AISE**  
98 Saint-Pierre Street South, Joliette, Lanaudière, QC, J6E 5Y6  
450 752-0582  
Website: maisonparentaise.com  
Email: parent-aise@videotron.ca  
**Eligibility:** parents with a child aged between 0 and 17 years old, drop-in: children from 0 to 5 years old, Les Grenouilles Bleues: children from 3 to 5 years old  
**Coverage area:** MRC Joliette  
**Hours:** Monday to Thursday 8h00 to 16h00, Friday 8h00 to 12h00  
**Fees:** membership card: $5 per year per family, activities: low cost  
**Financing:** provincial, self-financing  
**Legal status:** non-profit organization
MARRAINES COUP DE POUCE
222 Notre-Dame-des-Champs Boulevard, Repentigny, Lanaudière, QC, J6A 3B5
450 582-2677 ext. 29 Fax: 450 582-1168
Website: maisonlaparenthese.org/marraines-coup-de-pouce
Email: info@maisonlaparenthese.org
Eligibility: parents of a child younger than a year
Coverage area: MRC L’Assomption
Hours: Monday to Friday 8h00 to 12h00 and 13h00 to 16h00
Fees: none
Financing: provincial
Legal status: non-profit organization

MISSION LA PETITE FABRIQUE
152 du Portage Street, L’Assomption, Lanaudière, QC, J5W 3G2
514 962-3353
Email: missionlapetitefabrique@gmail.com
Services: * Low price thrift shop on-site and online on the Facebook page. * Emergency clothing and food assistance. * Distribution of unsold warm clothes and blankets to homeless people. * On-site collection of clothing, baby and maternity clothes, food, decorations, jewelry and accessories.
Eligibility: thrift shop: general public, clothing and food assistance: people in need
Coverage area: thrift shop: Province of Québec, food and clothing assistance: MRC L’Assomption
Hours: thrift shop: Monday and Friday 10h00 to 16h00, clothing and food assistance: every day, by appointment
Fees: thrift shop: between $0.50 and $5, clothing and food assistance: free
Financing: self-financing, donations
Legal status: non-profit organization

PETITE MISSION (LA)
1915 de la Réserve Montée, Notre-Dame-de-la-Merci, Lanaudière, QC, J0T 2A0
819 424-7855
Email: lapetitemission@gmail.com
Eligibility: people on a low income
Coverage area: Entrelacs, Notre-Dame-de-la-Merci, Saint-Donat
Hours: Monday to Friday 8h30 to 12h00 and 13h00 to 16h00, food bank: Thursday
Fees: variable
Financing: self-financing, fundraising campaigns
Legal status: non-profit organization

RESCOUSSE MONTCALM (LA)
114 Montcalm Street, Saint-Esprit, Lanaudière, QC, J0K 2L0
450 839-7050 Fax: 450 839-7438
Website: rescoussemontcalm.com
Email: larescoussemontcalm@videotron.ca
Eligibility: people with a mental health problem
Coverage area: MRC Montcalm
**RUCHE ST-DAMIEN (LA)**

7221, chemin Beaulieu, Saint-Damien, Lanaudière, QC, J0K 2E0  
450 835-9228     Fax: 450 835-9228  
Website: www.laruchestdamien.org  
Email: laruchestdamien@gmail.com  

**Services:**  
- Food bank.  
- Emergency breakdown service.  
- Christmas baskets.  
- Collective kitchen.  
- Bargain store: clothing, furniture, appliances, books, toys, electronics, household items.  
- Collection of furniture.  
- Coffee meeting.  
- École en santé Program: nutrition and self-esteem workshops, healthy snacks and cakes, hot lunch every month.  
- Tax clinic.  
- Workshops and training.  
- Opportunities for social reintegration, compensatory or community work.  
- Development and promotion of volunteer and community action.  

**Eligibility:** Persons with low-income  
**Coverage area:** Saint-Damien  
**Hours:** Thursday to Friday 10h00 to 16h00, Saturday 10h00 to 15h00, Food bank: 1st and 3rd Thursday of each month 10h00 to 15h00.  
**Fees:** Annual membership: 5$, food bank: 4$ per person 18 years old and over, free for dependent children, emergency breakdown service: free  
**Legal status:** non-profit organization

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**SERVICE D'AIDE SEDAI T.S.S.**

3677 Montée Gagnon, Terrebonne, Lanaudière, QC, J6Y 1K8  
450 433-0888     Fax: 450 433-7999  

**Services:**  
- Recovery and sale of used clothing and furniture.  
- Weekly food distribution.  
- Christmas baskets for members.  
- Financial support for families in need.  

**Eligibility:** people in need  
**Coverage area:** West Terrebonne: Très-Saint-Sacrement Parish  
**Hours:** Monday to Wednesday 8h30 to 15h30, food assistance: Thursday  
**Fees:** food assistance: $1 per week  
**Financing:** self-financing, grants, donations, contributions  
**Legal status:** non-profit organization

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**SERVICE D’ENTRAIDE SAINT-LIN-LAURENTIDES**

532 Saint-Antoine Street, Saint-Lin–Laurentides, Lanaudière, QC, J5M 3A4  
450 439-2218  
Email: service.entraide@bellnet.ca  

**Services:**  
- Food assistance.  
- Store: clothing, decorative items, home items.  
- Furniture warehouse.  
- Community kitchens.  
- Listening and referral.  
- Christmas baskets.  

**Eligibility:** people and families in need  
**Coverage area:** Saint-Lin-Laurentides  
**Hours:** Monday to Saturday 9h00 to 12h00 and 13h00 to 15h30  
**Fees:** variable  
**Financing:** donations, grants  
**Legal status:** non-profit organization

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**SOCIÉTÉ DE SAINT-VINCENT DE PAUL - CONFÉRENCE L’ASSOMPTION**

168 Saint-Joseph Street, L’Assomption, Lanaudière, QC, J5W 3B8  
450 589-6655  

**Services:**  
- Food bank.  
- Depot: sale of low-cost clothes and furniture.  
- Christmas baskets.  
- Donation of school supplies.
Eligibility: people in need
Coverage area: L'Assomption
Hours: furniture: Tuesday and Wednesday 13h15 to 14h15, Thursday 17h45 to 19h45, Saturday 8h45 to 11h45, clothing and other articles: Tuesday and Wednesday 13h00 to 14h30, Thursday 18h00 to 20h00, Saturday 9h00 to 12h00
Fees: none
Financing: donations
Legal status: non-profit organization

SOCIÉTÉ DE SAINT-VINCENT DE PAUL - CONFÉRENCE MARIE-REINE-DU-MONDE - RAWDON
3759 Queen Street, Rawdon, Lanaudière, QC, J0K 1S0
450 755-7753
Website: www.ssvp.qc.ca
Email: info@ssvp.qc.ca
Eligibility: people in need
Coverage area: Rawdon
Hours: Monday 12h00 to 15h00, thrift store: Monday 9h00 to 16h00
Financing: self-financing, donations
Legal status: non-profit organization

SOCIÉTÉ DE SAINT-VINCENT DE PAUL - CONSEIL PARTICULIER DE JOLIETTE - LES MAGASINS
740 Saint-Antoine Street, Joliette, Lanaudière, QC, J6E 3S5
450 759-0672
Website: ssvp-joliette.com/les-magasins
Email: ssvp740@videotron.ca
Services: * Boutique at 757-763 Saint-Antoine Street: used furniture, books, decorative ornaments, dishes, toys and miscellaneous finds. * Thrift shop at 740 Saint-Antoine Street: used clothing, furniture and appliances.
Eligibility: general population
Hours: Monday to Friday 9h00 to 17h00
Fees: variable
Financing: donations, provincial, federal
Legal status: non-profit organization

SOCIÉTÉ DE SAINT-VINCENT DE PAUL - VESTIAIRE CHARLEMAGNE
19 Notre-Dame Street, Charlemagne, Lanaudière, QC, J5Z 1G8
450 582-6611
Website: ssvp-mlt.org/en
Email: svpcharlemagne@videotron.ca
Eligibility: people in need
Coverage area: Charlemagne
Hours: Tuesday 12h30 to 15h30, Saturday 9h00 to 12h00, food aid: by appointment
Fees: free
Financing: donations, self-financing
Legal status: non-profit organization
SOCIÉTÉ DE SAINT-VINCENT-DE-PAUL - COMPTOIR LE GARDEUR - VESTIAIRE SAINT-PAUL-L’ERMITE
380 Lacombe Boulevard, Repentigny, Lanaudière, QC, J5Z 1N6
450 585-0319
Website: ssvp-mtl.org
Email: ssvplesgardeur@videotron.ca
Services: Thrift store. * On-site recovery and sale of clothing, bedding, toys, small furniture, books, small electronics.
Eligibility: people in need
Coverage area: Le Gardeur
Hours: Monday, Wednesday, Thursday 12h30 to 16h00
Fees: variables
Financing: donations, self-financing
Legal status: non-profit organization

SOCIÉTÉ DE SAINT-VINCENT-DE-PAUL - CONFÉRENCE L’ÉPIPHANIE
85 Sainte-Anne Street, L’Épiphanie, Lanaudière, QC, J5X 3Z9
450 588-3701
Website: www.ssvp-mtl.org/en
Email: lepiphanie@ssvp-mtl.org
Services: * Clothing depot.
Eligibility: people on a low income
Coverage area: L’Épiphanie
Hours: Tuesday and Thursday 13h00 to 16h00, Saturday 9h00 to 12h00
Financing: donations
Legal status: non-profit organization

SOCIÉTÉ DE SAINT-VINCENT-DE-PAUL - CONFÉRENCE SAINT-JEAN-PAUL II
575 Leclerc Street, Repentigny, Lanaudière, QC, J6A 8C1
450 654-9703     Fax: 450 654-0363
Email: maisonozanam@ssvp-mtl.org
Services: * Thrift shop. * On-site recovery of clothing, small furniture, housewares, books and sports items.
Eligibility: people on a low income
Coverage area: MRC L’Assomption
Hours: store: Wednesday and Saturday 9h00 to 13h00, donation centre: Monday to Friday 8h00 to 14h00, Saturday 8h00 to 15h00, Sunday 8h00 to 14h00
Financing: donations, self-financing
Legal status: non-profit organization

SOCIÉTÉ DE SAINT-VINCENT-DE-PAUL - CONFÉRENCE SAINTE-JULIENNE ET SAINT-ESPRIT
1484 Albert Street, Sainte-Julienne, Lanaudière, QC, J0K 2T0
450 831-8207
Website: ssvp.qc.ca
Email: ssvp2389@gmail.com
Eligibility: food assistance and Christmas baskets: people on a low income, thrift store: general population
Coverage area: Saint-Alexis, Saint-Esprit, Sainte-Julienne
Hours: Monday to Wednesday 9h00 to 16h00, Friday 9h00 to 15h00, food assistance: Thursday 9h00 to 15h00
Financing: donations
Legal status: non-profit organization

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SOLIDARITÉ SOCIALE DE RAWDON
3625 Queen Street, Rawdon, Lanaudière, QC, J0K 1S0
450 834-4911
Email: ssrawdon@rocler.qc.ca

Services: * Clothing, warm meals and furniture at low prices. * Food assistance. * Group activities: bingo, outings, etc.
Eligibility: general population, people in need
Coverage area: Rawdon
Hours: Monday to Thursday 8h30 to 16h00, food assistance: Tuesday
Fees: variables
Financing: donations
Legal status: non-profit organization

SOURCE DE VIE DE ST-GABRIEL
147 Beausoleil Street, Saint-Gabriel, Lanaudière, QC, J0K 2N0
450 835-1837    Fax: 450 835-9596
Website: www.sourcedeviestgab.com
Email: info@sourcedeviestgab.com

Eligibility: people on a low income
Coverage area: Saint-Gabriel, Saint-Didace, Saint-Cuthbert, Saint-Norbert
Hours: administration: Tuesday to Friday 9h00 to 16h30, stores: Tuesday to Saturday 11h00 to 16h30
Fees: food assistance: $2 per week, payable at the beginning of each month
Financing: donations, provincial
Legal status: non-profit organization

TRÉSORS D'ÉLISABETH (LES)
2421 Principale Street, Sainte-Élisabeth, Lanaudière, QC, J0K 2J0
450 756-1892

Eligibility: people on a low income, people in a vulnerable situation
Coverage area: Sainte-Élisabeth and a radius of 20 km around it
Hours: Tuesday 9h00 to 16h00 and Thursday 13h00 to 20h00, Bayo café: Sunday 11h00
Fees: variable
Financing: municipal, self-financing, fundraising campaigns
Legal status: non-profit organization
Transportation

ACCOMPANIED TRANSPORT

ACCOMPANIED TRANSPORT FOR MEDICAL REASONS

PARATRANSIT

PUBLIC TRANSPORTATION
Accompanied transport

ASSOCIATION QUÉBÉCOISE DE DÉFENSE DES DROITS DES PERSONNES RETRAITÉES ET PRÉRETRAITÉES - SECTION BRANDON - ACCOMPANIMENT-TRANSPORTATION
30 Saint-Gabriel Street, Suite 310, Saint-Gabriel, Lanaudière, QC, J0K 2N0
450 835-4707 ext. 3499 Fax: 450 835-7217
Website: www.aqdr.org/brandon
Email: aqdrbrandon.des@gmail.com
Services: * Accompaniment and transportation to medical appointments by volunteers.
Eligibility: retired and pre-retired people
Coverage area: Sainte-Émélie-De-L’Énergie, Sainte-Mélanie, Saint-Gabriel
Hours: Monday to Friday 8h00 to 16h00
Fees: annual membership: $20, transportation and accompaniment: variable
Financing: grants, membership fees, fundraising campaigns
Legal status: non-profit organization

AUX BONHEURS DES AÎNÉS LANAUDIÈRE - ACCOMPANIMENT-TRANSPORTATION
33 8e Rue, Crabtree, Lanaudière, QC, J0K 1B0
450 754-2348
Email: abdalanaudiere@gmail.com
Services: Accompaniment and transportation for medical appointments, outings and shopping by volunteers.
Eligibility: seniors 55 years old and over
Coverage area: Crabtree, Saint-Paul, Sainte-Marie-Salomé, Saint-Thomas, Saint-Liguori, Village Saint-Pierre
Hours: Monday to Thursday 9h00 to 16h00
Fees: fixed fee according to the trip, annual subscription: $15
Financing: provincial, donations
Legal status: non-profit organization

CENTRE D’ACTION BÉNÉVOLE BRANDON - ACCOMPANIMENT-TRANSPORTATION
75 Saint-Cléophas Street, Saint-Gabriel, Lanaudière, QC, J0K 2N0
450 835-9033 Fax: 450 835-0838
Email: cbb9033@gmail.com
Services: * Transportation and accompaniment to medical or social integration appointments by volunteers.
Eligibility: seniors, people with a loss of autonomy, people in vulnerable situations
Coverage area: Mandeville, Saint-Barthélemy, Saint-Cléophas-de-Brandon, Saint-Didace, Saint-Gabriel, Saint-Gabriel-de-Brandon, Saint-Norbert
Hours: Monday to Thursday 8h30 to 12h00 and 13h00 to 16h00
Financing: self-financing
Legal status: non-profit organization

CENTRE D’ACTION BÉNÉVOLE COMMUNAUTAIRE MATAWINIE - ACCOMPANIMENT-TRANSPORTATION
562 de l’Église Street, Chertsey, Lanaudière, QC, J0K 3K0
450 882-1089 Fax: 450 882-1084
Website: ccbm.qc.ca
Email: info@ccbm.qc.ca
Services: * Transport and accompaniment for medical appointments and errands, by volunteers.
Eligibility: seniors, people with a loss of autonomy
Coverage area: MRC Matawinie, accompaniment and transport in MRC Matawinie or out-of-region
Hours: Monday to Thursday 8h30 to 12h00 and 13h00 to 16h00, Friday 8h30 to 12h00
Fees: annual membership card: variable, cost per trip: depending on distance travelled
Financing: provincial, self-financing, donations
Legal status: non-profit organization
CENTRE D’ACTION BÉNÉVOLE D’AUTRAY - ACCOMPAGNEMENT-TRANSPORT
180 de Champlain Street, Berthierville, Lanaudière, QC, J0K 1A0
450 836-7122
Website: cabautray.com
Email: info@cabautray.com
Services: * Transportation and accompaniment to medical or social integration appointments by a volunteer.
Eligibility: people with no or slight loss of autonomy
Coverage area: Berthierville, Lanoraie, Lavaltrie, La Visitation-de-l’Île-Dupas, Saint-Barthélemy, Saint-Cuthbert, Sainte-Élisabeth, Sainte-Geneviève-de-Berthier, Saint-Ignace-de-Loyola
Hours: Monday to Friday 8h30 to 16h30
Fees: variable
Financing: grants, self-financing
Legal status: non-profit organization

CENTRE D’ACTION BÉNÉVOLE DE MONTCALM - ACCOMPAGNEMENT-TRANSPORT
27 Saint-Louis Street, Saint-Esprit, Lanaudière, QC, J0K 2L0
1 888 839-3440 ext. 221 Fax: 450 839-3440
Website: www.cabmontcalm.com
Email: lequipe@cabmontcalm.com
Services: * Transportation and accompaniment to medical or legal appointments by a volunteer.
Eligibility: people 65 years old and over, people with temporary or permanent loss of autonomy, people in convalescence, people living with a chronic disease or a physical or intellectual disability, people on welfare
Coverage area: MRC Montcalm, accompaniment and transportation: Lanaudière, Montreal, Laval, Trois-Rivières and the South Shore of Montreal
Hours: Monday to Friday 8h30 to 12h00 and 13h00 to 16h00
Fees: annual membership: $15, variable costs for transportation
Financing: self-financing, membership fees, donations
Legal status: non-profit organization

CENTRE D’ACTION BÉNÉVOLE DES MOULINS
298 Joseph-Guay Street, Terrebonne, Lanaudière, QC, J6W 4S3
450 964-9898 Fax: 450 964-3028
Website: www.cabdesmoulins.org
Email: info@cabdesmoulins.org
Services: * Listening, information and referral. * Friendly visits. * Pied Program (integrated program for dynamic balance) for people over 65 years old. * Oui j’arrête, smoking cessation program.
Eligibility: seniors with loss of autonomy, persons with disabilities, convalescents, chronically ill, caregivers
Coverage area: MRC Les Moulins
Hours: Monday to Thursday 8h30 to 17h00, Friday 8h30 to 13h00
Fees: variable
Financing: provincial, contributions
Legal status: non-profit organization

CENTRE D’ACTION BÉNÉVOLE DES MOULINS - ACCOMPAGNEMENT-TRANSPORT
298 Joseph-Guay Street, Terrebonne, Lanaudière, QC, J6W 4S3
450 964-9898 Fax: 450 964-3028
Website: www.cabdesmoulins.org
Email: info@cabdesmoulins.org
Services: * Accompaniment and transportation to medical appointment by volunteers.
Eligibility: seniors with loss of autonomy, persons with disabilities, convalescents, chronically ill, women with children
Coverage area: MRC Les Moulins, appointments: Greater Montréal
Hours: Monday to Thursday 8h30 to 12h00 and 13h30 to 17h00, Friday 8h30 to 13h00
Fees: variable fixed rate according to the destination
Financing: provincial, contributions
Legal status: non-profit organization

CENTRE D’ACTION BÉNÉVOLE ÉMILIE-GAMELIN - ACCOMPAGNEMENT-TRANSPORT
80 Wilfrid-Ranger Street, Saint-Charles-Borromée, Lanaudière, QC, J6E 8M7
450 756-2005 Fax: 450 755-4649
Website: www.emiliegamelin.qc.ca/fr
Email: info@emiliegamelin.qc.ca

Services: * Transportation and accompaniment to medical and socio-legal appointments by a volunteer.
Eligibility: seniors, people in temporary or permanent loss of autonomy, people in vulnerable situations
Coverage area: MRC Joliette, accompaniment and transportation: Lanaudière and outside the region according to needs
Hours: Monday to Friday 8h30 to 12h00 and 13h00 to 16h30
Fees: annual membership: $20
Financing: membership fees
Legal status: non-profit organization

CENTRE D’ACTION BÉNÉVOLE MRC L’ASSOMPTION - ACCOMPAGNEMENT-TRANSPORTATION
50 Thouin Street, Suite 108, Repentigny, Lanaudière, QC, J6A 4J4
450 581-5033 Fax: 450 581-5470
Website: www.servicebenevole.com
Email: sbca@bellnet.ca

Services: * Accompaniment and transport for medical appointment by volunteers.
Eligibility: people of all ages
Coverage area: MRC L’Assomption
Hours: Monday to Thursday 8h00 to 16h30, Friday 8h00 to 13h00
Fees: membership card: $10, accompaniment and transportation: variable according to distance
Financing: Centraide Lanaudière, provincial
Legal status: non-profit organization

COOPÉRATIVE DE SOLIDARITÉ EN SOUTIEN À DOMICILE DE LA MRC L’ASSOMPTION - ACCOMPAGNEMENT-TRANSPORTATION
50 Thouin Street, Suite 248-A, Repentigny, Lanaudière, QC, J6A 4J4
450 581-4621 Fax: 450 581-3760
Website: cooplassomption.ca
Email: reception2@cooplassomption.ca

Services: * Accompaniment and transportation for running errands by employees.
Eligibility: priority to seniors, people with a loss of autonomy
Coverage area: MRC L’Assomption
Hours: Monday to Friday 7h30 to 16h30
Fees: $24.65 per hour, RAMQ financial assistance program
Financing: self-financing
Legal status: non-profit organization

MI-ZÉ-VIE - TRANSPORTATION
130 Saint-Jacques Street, Saint-Michel-des-Saints, Lanaudière, QC, J0K 3B0
450 833-6040 Fax: 450 833-2173
Email: mizievie@hotmail.com

Services: * Transportation to medical appointments, by employees.
Eligibility: people in a crisis situation, people living with mental health challenges
Coverage area: Saint-Michel-des-Saints, Saint-Zénon
Hours: Monday to Thursday 9h30 to 14h15
Transportation

Financing: donations, contributions
Legal status: Select Legal Status

Accompanied transport for medical reasons

ASSOCIATION QUÉBÉCOISE DE DÉFENSE DES DROITS DES PERSONNES RETRAITÉES ET PRÉRETRAITÉES - SECTION BRANDON - ACCOMPAGNEMENT-TRANSPORTATION
30 Saint-Gabriel Street, Suite 310, Saint-Gabriel, Lanaudière, QC, J0K 2N0
450 835-4707 ext. 3499 Fax: 450 835-7217
Website: www.aqdr.org/brandon
Email: aqdrbrandon.des@gmail.com
Services: * Accompaniment and transportation to medical appointments by volunteers.
Eligibility: retired and pre-retired people
Coverage area: Sainte-Emélie-De-L’énergie, Sainte-Mélanie, Saint-Gabriel
Hours: Monday to Friday 8h00 to 16h00
Fees: annual membership: $20, transportation and accompaniment: variable
Financing: grants, membership fees, fundraising campaigns
Legal status: non-profit organization

AUX BONHEURS DES AÎNÉS LANAUDEURE - ACCOMPAGNEMENT-TRANSPORTATION
33 8e Rue, Crabtree, Lanaudière, QC, J0K 1B0
450 754-2348
Email: abdalanaudiere@gmail.com
Services: Accompaniment and transportation for medical appointments, outings and shopping by volunteers.
Eligibility: seniors 55 years old and over
Coverage area: Crabtree, Saint-Paul, Sainte-Marie-Salomé, Saint-Thomas, Saint-Liguori, Village Saint-Pierre
Hours: Monday to Thursday 9h00 to 16h00
Fees: fixed fee according to the trip, annual subscription: $15
Financing: provincial, donations
Legal status: non-profit organization

CENTRE D’ACTION BÉNÉVOLE COMMUNAUTAIRE MATAWINIE - ACCOMPAGNEMENT-TRANSPORTATION
562 de l’Église Street, Chertsey, Lanaudière, QC, J0K 3K0
450 882-1089 Fax: 450 882-1084
Website: ccbm.qc.ca
Email: info@ccbm.qc.ca
Services: * Transport and accompaniment for medical appointments and errands, by volunteers.
Eligibility: seniors, people with a loss of autonomy
Coverage area: MRC Matawinie, accompaniment and transport in MRC Matawinie or out-of-region
Hours: Monday to Thursday 8h30 to 12h00 and 13h00 to 16h30, Friday 8h30 to 12h00
Fees: annual membership card: variable, cost per trip: depending on distance travelled
Financing: provincial, self-financing, donations
Legal status: non-profit organization

CENTRE D’ACTION BÉNÉVOLE D’AUTRAY - ACCOMPAGNEMENT-TRANSPORT
180 de Champlain Street, Berthierville, Lanaudière, QC, J0K 1A0
450 836-7122
Website: cabautray.com
Email: info@cabautray.com
Services: * Transportation and accompaniment to medical or social integration appointments by a volunteer.
Eligibility: people with no or slight loss of autonomy
Coverage area: Berthierville, Lanoraie, Lavaltrie, La Visitation-de-l’Île-Dupas, Saint-Barthélemy, Saint-Cuthbert, Sainte-Élisabeth, Sainte-Geneviève-de-Berthier, Saint-Ignace-de-Loyola
Hours: Monday to Friday 8h30 to 16h30
Fees: variable
Financing: grants, self-financing
Legal status: non-profit organization

CENTRE D’ACTION BÉNÉVOLE DE MONTCALM - ACCOMPAGNEMENT-TRANSPORT
27 Saint-Louis Street, Saint-Esprit, Lanaudière, QC, J0K 2L0
1 888 839-3440 ext. 221 Fax: 450 839-3440
Website: www.cabmontcalm.com
Email: lequipe@cabmontcalm.com
Services: * Transportation and accompaniment to medical or legal appointments by a volunteer.
Eligibility: people 65 years old and over, people with temporary or permanent loss of autonomy, people in convalescence, people living with a chronic disease or a physical or intellectual disability, people on welfare
Coverage area: MRC Montcalm, accompaniment and transportation: Lanaudière, Montreal, Laval, Trois-Rivières and the South Shore of Montreal
Hours: Monday to Friday 8h30 to 12h00 and 13h00 to 16h00
Fees: annual membership: $15, variable costs for transportation
Financing: self-financing, membership fees, donations
Legal status: non-profit organization

CENTRE D’ACTION BÉNÉVOLE DES MOULINS - ACCOMPAGNEMENT-TRANSPORT
298 Joseph-Guay Street, Terrebonne, Lanaudière, QC, J6W 4S3
450 964-9898 Fax: 450 964-3028
Website: www.cabdesmoulins.org
Email: info@cabdesmoulins.org
Services: * Accompaniment and transportation to medical appointment by volunteers.
Eligibility: seniors with loss of autonomy, persons with disabilities, convalescents, chronically ill, women with children
Coverage area: MRC Les Moulins, appointments: Greater Montréal
Hours: Monday to Thursday 8h30 to 12h00 and 13h30 to 17h00, Friday 8h30 to 13h00
Fees: variable fixed rate according to the destination
Financing: provincial, contributions
Legal status: non-profit organization

CENTRE D’ACTION BÉNÉVOLE ÉMILIE-GAMELIN - ACCOMPAGNEMENT-TRANSPORT
80 Wilfrid-Ranger Street, Saint-Charles-Borromée, Lanaudière, QC, J6E 8M7
450 756-2005 Fax: 450 755-4649
Website: www.emiliegamelin.qc.ca/fr
Email: info@emiliegamelin.qc.ca
Services: * Transportation and accompaniment to medical and socio-legal appointments by a volunteer.
Eligibility: seniors, people in temporary or permanent loss of autonomy, people in vulnerable situations
Coverage area: MRC Joliette, accompaniment and transportation: Lanaudière and outside the region according to needs
Hours: Monday to Friday 8h30 to 12h00 and 13h00 to 16h30
Fees: annual membership: $20
Financing: membership fees
Legal status: non-profit organization
CENTRE D’ACTION BÉNÉVOLE MRC L’ASSOMPTION - ACCOMPANIMENT-TRANSPORTATION
50 Thouin Street, Suite 108, Repentigny, Lanaudière, QC, J6A 4J4
450 581-5033     Fax: 450 581-5470
Website: www.servicebenevole.com
Email: sbca@bellnet.ca
Services: * Accompaniment and transport for medical appointment by volunteers.
Eligibility: people of all ages
Coverage area: MRC L’Assomption
Hours: Monday to Thursday 8h00 to 16h30, Friday 8h00 to 13h00
Fees: membership card: $10, accompaniment and transportation: variable according to distance
Financing: Centraide Lanaudière, provincial
Legal status: non-profit organization

MI-ZÉ-VIE - TRANSPORTATION
130 Saint-Jacques Street, Saint-Michel-des-Saints, Lanaudière, QC, J0K 3B0
450 833-6040     Fax: 450 833-2173
Email: mizevie@hotmail.com
Services: * Transportation to medical appointments, by employees.
Eligibility: people in a crisis situation, people living with mental health challenges
Coverage area: Saint-Michel-des-Saints, Saint-Zénon
Hours: Monday to Thursday 9h30 to 14h15
Financing: donations, contributions
Legal status: Select Legal Status

Paratransit

CENTRE D’ACTION BÉNÉVOLE DE MONTCALM - ACCOMPAGNEMENT-TRANSPORT
27 Saint-Louis Street, Saint-Esprit, Lanaudière, QC, J0K 2L0
1 888 839-3440 ext. 221     Fax: 450 839-3440
Website: www.cabmontcalm.com
Email: lequipe@cabmontcalm.com
Services: * Transportation and accompaniment to medical or legal appointments by a volunteer.
Eligibility: people 65 years old and over, people with temporary or permanent loss of autonomy, people in convalescence, people living with a chronic disease or a physical or intellectual disability, people on welfare
Coverage area: MRC Montcalm, accompaniment and transportation: Lanaudière, Montreal, Laval, Trois-Rivières and the South Shore of Montreal
Hours: Monday to Friday 8h30 to 12h00 and 13h00 to 16h00
Fees: annual membership: $15, variable costs for transportation
Financing: self-financing, membership fees, donations
Legal status: non-profit organization

CENTRE D’ACTION BÉNÉVOLE ÉMILIE-GAMELIN - ACCOMPAGNEMENT-TRANSPORT
80 Wilfrid-Ranger Street, Saint-Charles-Borromée, Lanaudière, QC, J6E 8M7
450 756-2005     Fax: 450 755-4649
Website: www.emiliegamelin.qc.ca/fr
Email: info@emiliegamelin.qc.ca
Services: * Transportation and accompaniment to medical and socio-legal appointments by a volunteer.
Eligibility: seniors, people in temporary or permanent loss of autonomy, people in vulnerable situations
Coverage area: MRC Joliette, accompaniment and transportation: Lanaudière and outside the region according to needs
Hours: Monday to Friday 8h30 to 12h00 and 13h00 to 16h30
Fees: annual membership: $20
Transportation

**Financing:** membership fees

**Legal status:** non-profit organization

**MRC D’AUTRAY - TRANSIT SERVICE**

153 Saint-Gabriel Street, Saint-Gabriel, Lanaudière, QC, J0K 2N0

450 835-9711    Fax: 450 835-0068

Website: www.mrcautray.qc.ca/citoyens/transport/

Email: transport@mrcautray.qc.ca


**Eligibility:** paratransit: people with disabilities, people with severe and persistent mental health problems, people with reduced mobility including: an inability to walk 400 metres on even ground, to climb a step 35 centimetres high with support or descend without support, to make an entire trip using regular public transit, to keep track of time or find their bearings, to handle situations or behaviour that could compromise their own safety or that of others

**Coverage area:** MRC D’Autray, paratransit: MRC D’Autray, transportation in MRC D’Autray, Joliette, Repentigny, Saint-Félix-de-Valois, Saint-Thomas, and for medical appointments only Pierre-Le-Gardeur Hospital, Louiseville, Montréal, Trois-Rivières

**Hours:** Monday to Thursday 8h00 to 12h00 and 13h00 to 16h45, Friday 8h00 to 12h00, transit: 7 days

**Fees:** variable

**Financing:** municipal, self-financing, provincial

**Legal status:** municipal agency

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**MRC JOLIETTE - PARATRANSIT**

942 Saint-Louis Street, Joliette, Lanaudière, QC, J6E 3A4

450 756-2785    Fax: 450 759-2597

Website: mrcjoliette.qc.ca/transport-mrc-joliette/transport-adapte

Email: info.transport@mrcjoliette.qc.ca

**Services:** Paratransit service provided by employees of the MRC Joliette.

**Eligibility:** residents of the MRC Joliette living with a mobility limiting disability

**Coverage area:** MRC Joliette, Saint-Alexis, Saint-Esprit, Saint-Jacques, Sainte-Marie-Salomé, Saint-Félix-de-Valois, Saint-Jean-de-Matha

**Hours:** Monday to Friday 5h45 to 20h15, Saturday 7h30 to 18h15, Sunday 7h30 to 20h15, paratransit service: Monday to Sunday 7h00 to 24h00, booking: Monday to Friday 7h30 to 16h30

**Fees:** vary between $2,25 and $9 depending on the distance, please refer to the online price list

**Financing:** municipal, self-financing

**Legal status:** municipal agency

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**MRC MATAWINIE - TRANSIT SERVICE**

3184 1st Avenue, Rawdon, Lanaudière, QC, J0K 1S0

450 834-5441 ext. 1

Website: mrcmatawinie.org

Email: transport@matawinie.org


**Eligibility:** paratransit: people with disabilities, people with severe and persistent mental health problems, people with reduced mobility including: an inability to walk 400 metres on even ground, to climb a step 35 centimetres high with support or descend without support, to make an entire trip using regular public transit, to keep track of time or find their bearings, to handle situations or behaviour that could compromise their own safety or that of others
Coverage area: MRC Matawinie, paratransit: MRC Matawinie, transportation in MRC Matawinie and under certain conditions Joliette, Notre-Dame-de-Lourdes, Repentigny, Saint-Ambroise-de-Kildare, Saint-Gabriel-de-Brandon, Saint-Jérôme, Sainte-Agathe, Sainte-Mélanie

Hours: Monday to Thursday 8h00 to 16h30, Friday 8h00 to 15h30, taxibus and paratransit: 7h00 to 23h00, 7 days

Fees: variable
Financing: municipal, self-financing, provincial
Legal status: municipal agency

MRC MONTCALM - SERVICE DES TRANSPORTS ADAPTÉ ET COLLECTIF
1540 Albert Street, Sainte-Julienne, Lanaudière, QC, J0K 2T0
450 831-2182 ext. 7031
Website: www.mrcmontcalm.com/site/services/transport-collectif
Email: transport@mrcmontcalm.com


Eligibility: paratransit: people with disabilities, people with severe and persistent mental health problems, people with reduced mobility including: an inability to walk 400 metres on even ground, to climb a step 35 centimetres high with support or descend without support, to make an entire trip using regular public transit, to keep track of time or find their bearings, to handle situations or behaviour that could compromise their own safety or that of others

Coverage area: MRC Montcalm

Hours: offices: Monday to Thursday 8h00 to 12h00 and 12h45 to 16h30, Friday 8h00 to 12h00

Fees: variable
Financing: municipal, self-financing, provincial
Legal status: municipal agency

Public Transportation

EMBARQUE LANAUDIÈRE
365 Saint-Louis Street, Joliette, Lanaudière, QC, J6E 7N3
450 756-0186   Fax: 450 756-6538
Website: www.embarquelanaudiere.ca
Email: info@crelanaudiere.ca

Services: Platform for disseminating information on alternative transportation. * Carpooling.

Coverage area: Lanaudière

Financing: municipal, grants, contributions, donations
Legal status: non-profit organization

MRC D’AUTRAY - TRANSIT SERVICE
153 Saint-Gabriel Street, Saint-Gabriel, Lanaudière, QC, J0K 2N0
450 835-9711   Fax: 450 835-0068
Website: www.mrcautray.qc.ca/citoyens/transport/
Email: transport@mrcautray.qc.ca


Eligibility: paratransit: people with disabilities, people with severe and persistent mental health problems, people with reduced mobility including: an inability to walk 400 metres on even ground, to climb a step 35 centimetres high with support or descend without support, to make an entire trip using regular public transit, to keep track of time or find their bearings, to handle situations or behaviour that could compromise their own safety or that of others
Transportation

**Coverage area:** MRC D'Autray, paratransit: MRC D'Autray, transportation in MRC D'Autray, Joliette, Repentigny, Saint-Félix-de-Valois, Saint-Thomas, and for medical appointments only Pierre-Le-Gardeur Hospital, Louiseville, Montréal, Trois-Rivières
**Hours:** Monday to Thursday 8h00 to 12h00 and 13h00 to 16h45, Friday 8h00 to 12h00, transit: 7 days
**Fees:** variable
**Financing:** municipal, self-financing, provincial
**Legal status:** municipal agency

**MRC MATAWINIE - TRANSIT SERVICE**
3184 1st Avenue, Rawdon, Lanaudière, QC, J0K 1S0
450 834-5441 ext. 1
Website: mrcmatawinie.org
Email: transport@matawinie.org

**Eligibility:** paratransit: people with disabilities, people with severe and persistent mental health problems, people with reduced mobility including: an inability to walk 400 metres on even ground, to climb a step 35 centimetres high with support or descend without support, to make an entire trip using regular public transit, to keep track of time or find their bearings, to handle situations or behaviour that could compromise their own safety or that of others
**Coverage area:** MRC Matawinie, paratransit: MRC Matawinie, transportation in MRC Matawinie and under certain conditions Joliette, Notre-Dame-de-Lourdes, Repentigny, Saint-Ambroise-de-Kildare, Saint-Gabriel-de-Brandon, Saint-Jérôme, Sainte-Agathe, Sainte-Mélanie
**Hours:** Monday to Thursday 8h00 to 16h30, Friday 8h00 to 15h30, taxibus and paratransit: 7h00 to 23h00, 7 days
**Fees:** variable
**Financing:** municipal, self-financing, provincial
**Legal status:** municipal agency

**MRC MONTCALM - SERVICE DES TRANSPORTS ADAPTÉ ET COLLECTIF**
1540 Albert Street, Sainte-Julienne, Lanaudière, QC, J0K 2T0
450 831-2182 ext. 7031
Website: www.mrcmontcalm.com/site/services/transport-collectif
Email: transport@mrcmontcalm.com

**Services:** Administration of public transportation. * Public transportation: regional buses and taxibuses. * Paratransit.
**Eligibility:** paratransit: people with disabilities, people with severe and persistent mental health problems, people with reduced mobility including: an inability to walk 400 metres on even ground, to climb a step 35 centimetres high with support or descend without support, to make an entire trip using regular public transit, to keep track of time or find their bearings, to handle situations or behaviour that could compromise their own safety or that of others
**Coverage area:** MRC Montcalm
**Hours:** offices: Monday to Thursday 8h00 to 12h00 and 12h45 to 16h30, Friday 8h00 to 12h00
**Fees:** variable
**Financing:** municipal, self-financing, provincial
**Legal status:** municipal agency

**PROGRAMME TRANSPORT-HÉBERGEMENT LANAUDIÈRE**
1000 Saint-Anne Boulevard, Saint-Charles-Borromée, Lanaudière, QC, J6E 6J2
1 888 759-4033 Fax: 450 756-4951
Website: transport.hebergement.csssnl@ssss.gouv.qc.ca
Services: Financial support for transportation, parking and housing, for frequent and regular trips for medical or rehabilitation treatment.
Coverage area: Lanaudière
Fees: none
Financing: provincial
Legal status: parapublic organization
Violence and abuse

CHILD ABUSE

DOMESTIC VIOLENCE: SHELTERS AND SUPPORT

ELDER ABUSE

HELP LINES RELATED TO VIOLENCE AND ABUSE

PREVENTION OF VIOLENCE AND CRIME

SEXUAL ASSAULT AND INCEST

SUPPORT FOR PERPETRATORS OF VIOLENCE AND THEIR FAMILIES

SUPPORT FOR VICTIMS AND THEIR FAMILIES

THERAPY AND COUNSELLING
Child abuse

ENFANCE LIBRE LANAUDIÈRE
1208 Lanaudière Street, Joliette, Lanaudière, QC, J6E 3P1
450 760-4848 Fax: 450 760-4847
Website: enfancelibrelanaudiere.ca
Email: info@enfancelibrelanaudiere.ca

Eligibility: children, parents, adults, schools, organizations
Coverage area: Lanaudière
Hours: Monday to Thursday 8h30 to 16h30
Fees: variable
Financing: self-financing
Legal status: non-profit organization

MILIEU D’INTERVENTION ET DE THÉRAPIE EN AGRESSION SEXUELLE
144 Saint-Joseph Street, Joliette, Lanaudière, QC, J6E 5C4
450 755-6755 Fax: 450 755-1773
Website: www.mitas.ca
Email: mitas@mitas.ca

Capacity: groups: 8 people
Coverage area: Lanaudière
Hours: Monday to Thursday 9h00 to 16h00, therapies for adults in the evening
Fees: free for children, variable for adults
Financing: provincial, self-financing, grants, donations
Legal status: non-profit organization

REGARD EN ELLE
Confidential Address
1 888 582-6005 Fax: 450 582-2206
Website: www.regardenelle.org/index.php
Email: equipe@regardenelle.org

Eligibility: women victims of violence, with or without children
Capacity: 16 spots
Coverage area: Province of Québec
Hours: 24 hours / 7 days, open self-help group: 1st Thursday of the month 9h00 to 11h30
Fees: none
Financing: grants, donations
Legal status: non-profit organization

REGROUP’ELLES
Confidential Address
450 964-4404 Fax: 450 964-4653
Website: www.regroupelles.org
Email: information@regroupelles.org

Eligibility: women living or having experienced domestic violence, with or without children, children exposed to domestic violence

Capacity: 18 rooms, support groups: 15 participants

Coverage area: Lanaudière

Hours: housing and phone line: 24 hours / 7 days, external follow-up and support groups: day and evening

Fees: none

Financing: donations, provincial

Legal status: non-profit organization

Domestic violence: shelters and support

AU COEUR DE L'IL, CENTRE D'ACCOMPAGNEMENT LANAUDOIS POUR DES RELATIONS RESPECTUEUSES ET ÉGALITAIRES

688 Manseau Boulevard, Joliette, Lanaudière, QC, J6E 3E6
1 800 567-8759 Fax: 450 756-2283
Website: aucoeurdelil.org
Email: intervenant@aucoeurdelil.org


Eligibility: men with relationship problems, men and women 18 years and over with violent behaviours in their domestic, family or other situations

Coverage area: Lanaudière

Hours: Monday to Thursday 9h00 to 18h00, Friday 10h00 to 16h00

Fees: reception and orientation interview: up to $20, according to income, group procedure: up to $60, according to income

Financing: provincial, self-financing

Legal status: non-profit organization

LEGAL AID OFFICE - JOLIETTE

440 Saint-Louis Street, Joliette, Lanaudière, QC, J6E 2Y8
450 759-2500 Fax: 450 759-8682
Website: www.ccjll.qc.ca
Email: bajjoli@ccjll.qc.ca

Services: Free or low cost legal services to eligible individuals. * Receive and process legal aid requests.

Eligibility: person or non-profit organization residing in Quebec or forced to remain in Quebec, financially eligible, and with a legal need that is covered by the Law

Coverage area: Joliette

Hours: Monday to Friday 8h30 to 12h00 and 13h00 to 16h30, by appointment only, except emergency

Fees: people may be eligible for free legal aid or contributory legal aid between $100 and $800, depending on their financial situation, see scale on website

Financing: provincial

Legal status: parapublic organization

LEGAL AID OFFICE - REPENTIGNY

10-A Brien Boulevard, Suite 100, Repentigny, Lanaudière, QC, J6A 4R7
450 581-8691 Fax: 450 581-1218
Website: www.ccjll.qc.ca
Email: bajrep@ccjll.qc.ca

Services: Free or low cost legal services to eligible individuals. * Reception and processing legal aid requests.
**Eligibility:** person or non-profit organization residing in Quebec or forced to remain in Quebec, financially eligible and with a legal need that is covered by the Law

**Coverage area:** Repentigny

**Hours:** Monday to Friday 8h30 to 12h00 and 13h00 to 16h30, by appointment only, except emergency

**Fees:** people may be eligible for free legal aid or contributory legal aid between $100 and $800, depending on their financial situation, see scale on website

**Financing:** provincial

**Legal status:** provincial government agency

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**LEGAL AID OFFICE - TERREBONNE**

891 Saint-François-Xavier Street, Suite 210, Terrebonne, Lanaudière, QC, J6W 1H1

450 492-1535  Fax: 450 492-8378

Website: www.ccjll.qc.ca

Email: bajter@ccjll.qc.ca

**Services:** Free or low cost legal services to eligible individuals. * Reception and processing legal aid requests.

**Eligibility:** people or non-profit organizations residing in Quebec or forced to remain in Quebec, financially eligible and with a legal need that is covered by the Law

**Coverage area:** Terrebonne

**Hours:** Monday to Friday 8h30 to 12h00 and 13h00 to 16h30, by appointment only, except emergency

**Fees:** people may be eligible for free legal aid or contributory legal aid between $100 and $800, depending on their financial situation, see scale on website

**Financing:** provincial

**Legal status:** provincial government agency

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**MAISON D'ACCUEIL LA TRAVERSE**

Confidential Address

450 759-5882  Fax: 450 759-0357

Website: www.maisonlatraverse.org

Email: equipe@maisonlatraverse.org


**Eligibility:** women experiencing domestic violence, with or without children

**Capacity:** 15 places for women or children

**Coverage area:** Lanaudière

**Hours:** 24 hours / 7 days

**Fees:** none

**Financing:** grants

**Legal status:** non-profit organization

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**MAISON OXYGÈNE JOLIETTE-LANAUDIÈRE**

Confidential Address

450 499-2617

Website: www.maisonoxygenejoliettelanaudiere.org

Email: administration@mojl.org


**Eligibility:** fathers and their children living with severe family problems

**Capacity:** housing: 10 adults and 10 children

**Coverage area:** Lanaudière

**Hours:** variable

**Fees:** housing: according to income, psychosocial follow-up: none
MAISON OXYGÈNE L’ASSOMPTION
Confidential Address
450 591-2617
Website: www.maisinoxogenejoliettelanaudiere.org
Email: administration@mojl.org
Eligibility: fathers and their children living with severe family problems
Capacity: 4 father and 8 children
Coverage area: Lanaudière
Hours: variable
Fees: housing: according to income, psychosocial follow-up: none
Financing: grants, donations
Legal status: non-profit organization

REGARD EN ELLE
Confidential Address
1 888 582-6005 Fax: 450 582-2206
Website: www.regardenelle.org/index.php
Email: equipe@regardenelle.org
Eligibility: women victims of violence, with or without children
Capacity: 16 spots
Coverage area: Province of Québec
Hours: 24 hours / 7 days, open self-help group: 1st Thursday of the month 9h00 to 11h30
Fees: none
Financing: grants, donations
Legal status: non-profit organization

REGARD EN ELLE - SECOND STAGE HOUSING
Confidential Address
1 888 582-6005 Fax: 450 582-2206
Website: www.regardenelle.org/index.php
Email: equipe@regardenelle.org
Services: Second stage housing for women victims of domestic violence, with or without children. * Housing for a maximum stay of 2 years. * Support and accompaniment. * Individual and group follow-up.
Eligibility: women victims of violence, with or without children
Capacity: 6 units: five 3½ and one 4½
Coverage area: Province of Québec
Hours: 24 hours / 7 days
Fees: none
Financing: grants, donations
Legal status: non-profit organization
REGROUP'ELLES
Confidential Address
450 964-4404 Fax: 450 964-4653
Website: www.regroupelles.org
Email: information@regroupelles.org


Eligibility: women living or having experienced domestic violence, with or without children, children exposed to domestic violence

Capacity: 18 rooms, support groups: 15 participants
Coverage area: Lanaudière
Hours: housing and phone line: 24 hours / 7 days, external follow-up and support groups: day and evening
Fees: none
Financing: donations, provincial
Legal status: non-profit organization

Elder abuse

CENTRE D’ACTION BÉNÉVOLE BRANDON
75 Saint-Cléophas Road, Saint-Gabriel, Lanaudière, QC, J0K 2N0
450 835-9033 Fax: 450 835-0838
Email: cbb9033@gmail.com


Eligibility: seniors, persons with a loss of autonomy, volunteers, caregivers, community organizations
Coverage area: Mandeville, Saint-Barthélemy, Saint-Cléophas-de-Brandon, Saint-Didace, Saint-Gabriel, Saint-Gabriel-de-Brandon, Saint-Norbert
Hours: Monday to Thursday 8h30 to 12h00 and 13h00 to 16h00, Friday 8h30 to 12h00 and 13h00 to 15h00
Fees: meals on wheels: variable
Financing: self-financing
Legal status: non-profit organization

CENTRE D’ACTION BÉNÉVOLE DE MONTCALM
27 Saint-Louis Street, Saint-Esprit, Lanaudière, QC, J0K 2L0
450 839-3118 Fax: 450 839-3440
Website: www.cabmontcalm.com
Email: lequipe@cabmontcalm.com


Eligibility: seniors, people in vulnerable situations, people on a low income, people living in social isolation, caregivers, volunteers, organizations, meals on wheels: seniors, people in temporary or permanent loss of autonomy, people living with a chronic illness, a physical or intellectual disability, their caregivers
Coverage area: MRC Montcalm
Hours: Monday to Friday 8h30 to 12h00 and 13h00 to 16h00
Fees: annual membership: $15, meals on wheels: variable costs per meal
Financing: self-financing, membership fees, donations
Legal status: non-profit organization

CITÉ GÉNÉRATION 55+
702 Montée Masson South, Terrebonne, Lanaudière, QC, J6W 0E7
450 824-9111  Fax: 450 824-9114
Website: www.cite55.org
Email: info@cite55.org
Services: * Sports, cultural and educational activities. * Conferences, workshops. * ARRA chats: access to resources that ensure seniors’ respect. * Outings and trips.
Eligibility: seniors 55 years and over
Coverage area: Terrebonne
Hours: administration: Monday to Friday 8h00 to 17h00, activities: Monday to Friday 8h00 to 22h00, Saturday 8h30 to 16h30
Fees: membership: $30
Financing: municipal, membership fees, donations, self-financing
Legal status: non-profit organization

FIN À LA FAIM...
50 Thouin Street, Suite 223, Repentigny, Lanaudière, QC, J6A 4J4
450 654-3871  Fax: 450 704-2871
Website: www.finalafaim.org
Email: info@finalafaim.org
Eligibility: people and families on a low income
Coverage area: Lanaudière
Hours: office: Monday to Thursday 8h30 to 16h30, Friday 8h30 to 12h30, food distribution: Thursday 12h00 to 16h00, by appointment
Fees: food assistance: $3 per family per week
Financing: donations
Legal status: non-profit organization

MAISON DES AÎNÉS DE CHERTSEY (LA)
552 de l’Église Road, Chertsey, Lanaudière, QC, J0K 3K0
450 882-1688
Email: maisondesaines.chertsey@gmail.com
Eligibility: people 50 years and over
Coverage area: Chertsey, Entralacs, Rawdon
Hours: Monday to Friday 9h00 to 16h00, community lunches: Tuesday and Wednesday 11h30 to 12h30
Fees: annual membership: $20, community lunches: $8 for members, $10 for non-members, collective kitchen: between $0.25 and $1.50 by portion, rental room: variable
Financing: Centraide Lanaudière, contributions, self-financing, donations, provincial
Legal status: non-profit organization
SERVICE DE POLICE DE REPENTIGNY - COMMUNITY POLICE OFFICER

1 Montée des Arsenaux, Repentigny, Lanaudière, QC, J5Z 2C1
450 470-3001 ext. 3674
Website: www.ville.repentigny.qc.ca
Email: corbeil.andre@ville.repentigny.qc.ca

Eligibility: people who are socially isolated, elderly or living with a mental health problem
Coverage area: Repentigny, Charlemagne
Financing: municipal
Legal status: municipal agency

Help lines related to violence and abuse

AU COEUR DE L'IL, CENTRE D'ACCOMPAGNEMENT LANAUDOIS POUR DES RELATIONS RESPECTUEUSES ET ÉGALITAIRES

688 Manseau Boulevard, Joliette, Lanaudière, QC, J6E 3E6
1 800 567-8759    Fax: 450 756-2283
Website: aucoeurdelil.org
Email: intervenant@aucoeurdelil.org

Eligibility: men with relationship problems, men and women 18 years and over with violent behaviours in their domestic, family or other situations
Coverage area: Lanaudière
Hours: Monday to Thursday 9h00 to 18h00, Friday 10h00 to 16h00
Fees: reception and orientation interview: up to $20, according to income, group procedure: up to $60, according to income
Financing: provincial, self-financing
Legal status: non-profit organization

CENTRE D'AIDE ET DE LUTTE CONTRE LES AGRESSIONS À CARACTÈRE SEXUEL - LA CHRYSALIDE

Confidential Address
1 866 964-7888    Fax: 450 964-2221
Website: calacslachrysalide.ca
Email: info@calacslachrysalide.ca

Eligibility: women and female teenagers aged 14 years and over who have lived a sexual assault or sexual exploitation, their close ones, parents, community, institutional and school field workers
Coverage area: MRC L'Assomption, MRC Les Moulins, South of MRC Montcalm
Hours: Monday to Friday 8h30 to 17h00, possibilities in the evening
Fees: free
Financing: provincial
Legal status: non-profit organization
MAISON D'ACCUEIL LA TRAVERSE
Confidential Address
450 759-5882 Fax: 450 759-0357
Website: www.maisonlatraverse.org
Email: equipe@maisonlatraverse.org


Eligibility: women experiencing domestic violence, with or without children
Capacity: 15 places for women or children
Coverage area: Lanaudière
Hours: 24 hours / 7 days
Fees: none
Financing: grants
Legal status: non-profit organization

REGARD EN ELLE
Confidential Address
1 888 582-6005 Fax: 450 582-2206
Website: www.regardenelle.org/index.php
Email: equipe@regardenelle.org


Eligibility: women victims of violence, with or without children
Capacity: 16 spots
Coverage area: Province of Québec
Hours: 24 hours / 7 days, open self-help group: 1st Thursday of the month 9h00 to 11h30
Fees: none
Financing: grants, donations
Legal status: non-profit organization

REGROUP'ELLES
Confidential Address
450 964-4404 Fax: 450 964-4653
Website: www.regroupelles.org
Email: information@regroupelles.org


Eligibility: women living or having experienced domestic violence, with or without children, children exposed to domestic violence
Capacity: 18 rooms, support groups: 15 participants
Coverage area: Lanaudière
Hours: housing and phone line: 24 hours / 7 days, external follow-up and support groups: day and evening
Fees: none
Financing: donations, provincial
Legal status: non-profit organization
Prevention of violence and crime

AU COEUR DE L’IL, CENTRE D’ACCOMPAGNEMENT LANAUDOIS POUR DES RELATIONS RESPECTUEUSES ET ÉGALITAIRES
688 Manseau Boulevard, Joliette, Lanaudière, QC, J6E 3E6
1 800 567-8759     Fax: 450 756-2283
Website: aucoeurdelil.org
Email: intervenant@aucoeurdelil.org


Eligibility: men with relationship problems, men and women 18 years and over with violent behaviours in their domestic, family or other situations

Coverage area: Lanaudière

Hours: Monday to Thursday 9h00 to 18h00, Friday 10h00 to 16h00

Fees: reception and orientation interview: up to $20, according to income, group procedure: up to $60, according to income

Financing: provincial, self-financing

Legal status: non-profit organization

CENTRE D’AIDE ET DE LUTTE CONTRE LES AGRESSIONS À CARACTÈRE SEXUEL - COUP DE COEUR DE LANAUĐIÈRE
Confidential Address
1 866-756-4999     Fax: 450 756-0554
Website: www.calacscoupdecoeur.com
Email: info@calacscoupdecoeur.com

Services: * Direct assistance: individual and group psychosocial follow-up, phone listening, information and referral, medical and legal assistance, support for relatives, coffee meetings and groups on sexuality. * Prevention and awareness: awareness and training workshops, self-defense course. * Advocacy and rights promotion: support for procedures, participation in social and political activities related to the problem of sexual assault.

Eligibility: women and female adolescents of 12 years and over, victims of sexual assault and their relatives

Coverage area: north of Lanaudière

Hours: office: Monday to Friday 9h00 to 17h00

Fees: none

Financing: provincial

Legal status: non-profit organization

CENTRE D’AIDE ET DE LUTTE CONTRE LES AGRESSIONS À CARACTÈRE SEXUEL - LA CHRYSALIDE
Confidential Address
1 866 964-7888     Fax: 450 964-2221
Website: calacslachrysalide.ca
Email: info@calacslachrysalide.ca


Eligibility: women and female teenagers aged 14 years and over who have lived a sexual assault or sexual exploitation, their close ones, parents, community, institutional and school field workers

Coverage area: MRC L’Assomption, MRC Les Moulins, South of MRC Montcalm

Hours: Monday to Friday 8h30 to 17h00, possibilities in the evening

Fees: free
ÉQUIJUSTICE LANAUDIÈRE SUD
50 Thouin Street, Suite 200, Repentigny, Lanaudière, QC, J6A 4J4

450 581-1459  Fax: 450 581-1453
Website: equijustice.ca/en
Email: lanaudieresud@equijustice.ca


Eligibility: young people 9 to 17 years old and their parents, adult offenders and victims, school and community workers and clients, citizen mediation: general population

Coverage area: MRC Les Moulins, MRC L’Assomption

Hours: Monday, Tuesday, Thursday, Friday 8h30 to 17h00, Wednesday 9h00 to 20h00

Financing: provincial
Legal status: non-profit organization

MAISON D’ACCUEIL LA TRAVERSE

Confidential Address
450 759-5882  Fax: 450 759-0357
Website: www.maisonlatraverse.org
Email: equipe@maisonlatraverse.org


Eligibility: women experiencing domestic violence, with or without children

Capacity: 15 places for women or children

Coverage area: Lanaudière

Hours: 24 hours / 7 days

Fees: none
Financing: grants
Legal status: non-profit organization

MAISON OXYGÈNE JOLIETTE-LANAUDIÈRE

Confidential Address
450 499-2617
Website: www.maisonoxygenejoliettelanaudiere.org
Email: administration@mojl.org


Eligibility: fathers and their children living with severe family problems

Capacity: housing: 10 adults and 10 children

Coverage area: Lanaudière

Hours: variable

Fees: housing: according to income, psychosocial follow-up: none

Financing: grants, donations

Legal status: non-profit organization
**MAISON OXYGÈNE L’ASSOMPTION**

Confidential Address
450 591-2617
Website: www.maisonoxygenejoliettelanaudiere.org
Email: administration@mojl.org

**Services:** Housing for fathers and their children going through difficulties. * Temporary housing. * Reception, information and accompaniment. * Fathers-children activities. * Outpatient psychosocial follow-up

**Eligibility:** fathers and their children living with severe family problems

**Capacity:** 4 father and 8 children

**Coverage area:** Lanaudière

**Hours:** variable

**Fees:** housing: according to income, psychosocial follow-up: none

**Financing:** grants, donations

**Legal status:** non-profit organization

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**REGARD EN ELLE**

Confidential Address
1 888 582-6005     Fax: 450 582-2206
Website: www.regardenelle.org/index.php
Email: equipe@regardenelle.org


**Eligibility:** women victims of violence, with or without children

**Capacity:** 16 spots

**Coverage area:** Province of Québec

**Hours:** 24 hours / 7 days, open self-help group: 1st Thursday of the month 9h00 to 11h30

**Fees:** none

**Financing:** grants, donations

**Legal status:** non-profit organization

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**SERVICE DE POLICE DE MASCOUCHE**

822 Brien Street, Mascouche, Lanaudière, QC, J7K 2X3
450 474-6114     TTY: 911
Website: ville.mascouche.qc.ca/services-aux-citoyens/securite-publique/service-de-police
Email: police@ville.mascouche.qc.ca

**Services:** Peacekeeping, law enforcement and public security. * Prevention and repression of crime and offences. * Criminal record check-up. * Awareness-raising. * Space for exchanging goods for people with whom a transaction on online sales sites has been made. * Supervised space for custody exchange.

**Coverage area:** Mascouche

**Financing:** municipal

**Legal status:** municipal agency

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**SERVICE DE POLICE DE REPENTIGNY**

1 Montée des Arsenaux, Repentigny, Lanaudière, QC, J5Z 2C1
450 470-3600
Website: repentigny.ca/services/citoyens/sante-securite-publiques/police-prevention-criminalite
Email: police@repentigny.ca

**Services:** Peacekeeping, law enforcement and public security. * Prevention and repression of crime and offences. * Criminal record check-up. * Awareness-raising.

**Coverage area:** Repentigny, Charlemagne

**Financing:** municipal

**Legal status:** municipal agency
Sexual assault and incest

CENTRE D’AIDE ET DE LUTTE CONTRE LES AGRESSIONS À CARACTÈRE SEXUEL - COUP DE COEUR DE LANAUDIÈRE
Confidential Address
1 866-756-4999  Fax: 450 756-0554
Website: www.calacscoupdecoeur.com
Email: info@calacscoupdecoeur.com
Services: * Direct assistance: individual and group psychosocial follow-up, phone listening, information and referral, medical and legal assistance, support for relatives, coffee meetings and groups on sexuality. * Prevention and awareness: awareness and training workshops, self-defense course. * Advocacy and rights promotion: support for procedures, participation in social and political activities related to the problem of sexual assault.
Eligibility: women and female adolescents of 12 years and over, victims of sexual assault and their relatives
Coverage area: north of Lanaudière
Hours: office: Monday to Friday 9h00 to 17h00
Fees: none
Financing: provincial
Legal status: non-profit organization

CENTRE D’AIDE ET DE LUTTE CONTRE LES AGRESSIONS À CARACTÈRE SEXUEL - LA CHRYSALIDE
Confidential Address
1 866 964-7888  Fax: 450 964-2221
Website: calacslachrysalide.ca
Email: info@calacslachrysalide.ca
Eligibility: women and female teenagers aged 14 years and over who have lived a sexual assault or sexual exploitation, their close ones, parents, community, institutional and school field workers
Coverage area: MRC L’Assomption, MRC Les Moulins, South of MRC Montcalm
Hours: Monday to Friday 8h30 to 17h00, possibilities in the evening
Fees: free
Financing: provincial
Legal status: non-profit organization
ENFANCE LIBRE LANAUDIÈRE
1208 Lanaudière Street, Joliette, Lanaudière, QC, J6E 3P1
450 760-4848    Fax: 450 760-4847
Website: enfancelibrelanaudiere.ca
Email: info@enfancelibrelanaudiere.ca
Eligibility: children, parents, adults, schools, organizations
Coverage area: Lanaudière
Hours: Monday to Thursday 8h30 to 16h30
Fees: variable
Financing: self-financing
Legal status: non-profit organization

MILIEU D'INTERVENTION ET DE THÉRAPIE EN AGRESSION SEXUELLE
144 Saint-Joseph Street, Joliette, Lanaudière, QC, J6E 5C4
450 755-6755    Fax: 450 755-1773
Website: www.mitas.ca
Email: mitas@mitas.ca
Capacity: groups: 8 people
Coverage area: Lanaudière
Hours: Monday to Thursday 9h00 to 16h00, therapies for adults in the evening
Fees: free for children, variable for adults
Financing: provincial, self-financing, grants, donations
Legal status: non-profit organization

Support for perpetrators of violence and their families

AU COEUR DE L'IL, CENTRE D'ACCOMPAGNEMENT LANAUDOIS POUR DES RELATIONS RESPECTUEUSES ET ÉGALITAIRES
688 Manseau Boulevard, Joliette, Lanaudière, QC, J6E 3E6
1 800 567-8759    Fax: 450 756-2283
Website: aucoeurdelil.org
Email: intervenant@aucoeurdelil.org
Eligibility: men with relationship problems, men and women 18 years and over with violent behaviours in their domestic, family or other situations
Coverage area: Lanaudière
Hours: Monday to Thursday 9h00 to 18h00, Friday 10h00 to 16h00
Fees: reception and orientation interview: up to $20, according to income, group procedure: up to $60, according to income
Financing: provincial, self-financing
Legal status: non-profit organization
ÉQUIJUSTICE LANAUDIÈRE SUD
50 Thouin Street, Suite 200, Repentigny, Lanaudière, QC, J6A 4J4
450 581-1459  Fax: 450 581-1453
Website: equijustice.ca/en
Email: lanaudieresud@equijustice.ca
Eligibility: young people 9 to 17 years old and their parents, adult offenders and victims, school and community workers and clients, citizen mediation: general population
Coverage area: MRC Les Moulins, MRC L'Assomption
Hours: Monday, Tuesday, Thursday, Friday 8h30 to 17h00, Wednesday 9h00 to 20h00
Financing: provincial
Legal status: non-profit organization

MILIEU D'INTERVENTION ET DE THÉRAPIE EN AGRESSION SEXUELLE
144 Saint-Joseph Street, Joliette, Lanaudière, QC, J6E 5C4
450 755-6755  Fax: 450 755-1773
Website: www.mitas.ca
Email: mitas@mitas.ca
Capacity: groups: 8 people
Coverage area: Lanaudière
Hours: Monday to Thursday 9h00 to 16h00, therapies for adults in the evening
Fees: free for children, variable for adults
Financing: provincial, self-financing, grants, donations
Legal status: non-profit organization

PANDA DE LA MRC L'ASSOMPTION
50 Thouin Street, Suite 242, Repentigny, Lanaudière, QC, J6A 4J4
450 582-0003
Website: tdahpanda.ca
Email: panda3@bellnet.ca
Eligibility: children or adults with a diagnosis, or awaiting a diagnosis of attention deficit with or without hyperactivity disorder, and their parents
Capacity: parent support groups: 10 people, support groups for adults and children: 6 people
Coverage area: MRC de L'Assomption
Hours: groups for parents or adults: weeknights, groups for children: Saturday morning
Fees: annual membership: $10 per family, parental coaching: $100 for 10 meetings, groups for children or adults with ADHD: $10 per meeting
Financing: self-financing, provincial, fundraising campaigns, membership fees, donations
Legal status: non-profit organization
Support for victims and their families

CENTRE D’AIDE ET DE LUTTE CONTRE LES AGRESSIONS À CARACTÈRE SEXUEL - LA CHRYSLALE

Confidential Address
1 866 964-7888   Fax: 450 964-2221
Website: calacsachrysalide.ca
Email: info@calacsachrysalide.ca


Eligibility: women and female teenagers aged 14 years and over who have lived a sexual assault or sexual exploitation, their close ones, parents, community, institutional and school field workers

Coverage area: MRC L’Assomption, MRC Les Moulins, South of MRC Montcalm

Hours: Monday to Friday 8h30 to 17h00, possibilities in the evening

Fees: free

Financing: provincial

Legal status: non-profit organization

CRIME VICTIMS ASSISTANCE CENTRE OF LANAUDIÈRE

Confidential Address
1 888 755-6127   Fax: 450 755-6069
Website: cavac.qc.ca/en
Email: info@cavaclanaudiere.com


Eligibility: people victims of criminal acts, their relatives, witnesses of a crime

Coverage area: Lanaudière

Hours: Monday to Friday 8h30 to 16h30

Fees: none

Financing: provincial, donations

Legal status: non-profit organization

CRIME VICTIMS ASSISTANCE CENTRE OF LANAUDIÈRE - REPENTIGNY SERVICE POINT

Confidential Address
1 888 755-6127
Website: cavac.qc.ca/en
Email: info@cavaclanaudiere.com


Eligibility: people victims of criminal acts, their relatives, witnesses of a crime

Coverage area: Lanaudière

Hours: Monday to Friday 8h30 to 16h30

Fees: none

Financing: provincial, donations

Legal status: non-profit organization
ÉQUIJUSTICE LANAUDIÈRE SUD
50 Thouin Street, Suite 200, Repentigny, Lanaudière, QC, J6A 4J4
450 581-1459 Fax: 450 581-1453
Website: equijustice.ca/en
Email: lanaudieresud@equijustice.ca


Eligibility: young people 9 to 17 years old and their parents, adult offenders and victims, school and community workers and clients, citizen mediation: general population

Coverage area: MRC Les Moulins, MRC L'Assomption

Hours: Monday, Tuesday, Thursday, Friday 8h30 to 17h00, Wednesday 9h00 to 20h00

Financing: provincial

Legal status: non-profit organization

SERVICE CANADA CENTRE - REPENTIGNY
667 Notre-Dame Street, Suite 200, Repentigny, Lanaudière, QC, J6A 2W5
1 800 622-6232 TTY: 1 800 926-9105
Website: www.servicecanada.gc.ca/tbsc-fsco/sc-dsp.jsp?lang=eng&rc=2420


Coverage area: Repentigny

Hours: Monday to Friday 8h30 to 16h00

Financing: federal

Legal status: federal government agency

SERVICE CANADA CENTRE - TERREBONNE
835 Montée Masson, Terrebonne, Lanaudière, QC, J6W 2C7
1 800 622-6232 TTY: 1 800 926-9105
Website: www.servicecanada.gc.ca/tbsc-fsco/sc-dsp.jsp?lang=eng&rc=2362


Coverage area: Terrebonne

Hours: Monday to Friday 8h30 to 12h00 and 12h45 to 16h00

Financing: federal

Legal status: federal government agency
Violence and abuse

Therapy and counselling

ALBATROS LANAUĐIÈRE
2500 Mascouche Boulevard, Suite 139, Mascouche, Lanaudière, QC, J7K 0H5
450 966-9508 Fax: 450 966-9508
Website: albatros-lanaudiere-73.webself.net
Email: infos@albatroslanaudiere.org


Eligibility: people 18 years and over who are terminally ill, bereaved, their family and caregivers

Coverage area: Lanaudière

Hours: by appointment

Fees: variable

Financing: foundations, provincial, municipal, donations

Legal status: non-profit organization

AMIS DE LAMATER (LES)
695 Ouimet Street, Terrebonne, Lanaudière, QC, J6W 3B1
450 492-0030 Fax: 450 492-0734
Website: lesamisdelamater.org
Email: jeannedignard@msn.com


Eligibility: seniors 50 years old and over, autonomous, semi-autonomous or with a loss of autonomy

Capacity: 30 persons per day

Coverage area: MRC Les Moulins

Hours: Monday to Thursday 8h30 to 16h00, Friday 8h30 to 15h30

Fees: annual registration: $60, activity day: $15

Financing: self-financing, provincial, donations

Legal status: non-profit organization

ASSOCIATION HANDAMI POUR PERSONNES HANDICAPÉES ET LEUR FAMILLE
460 du Parc Street, Saint-Lin–Laurentides, Lanaudière, QC, J5M 3A2
450 439-2077 Fax: 450 439-5167
Website: www.handami.com
Email: associationhandami@videotron.ca


Eligibility: people living with an intellectual or a physical disability, their family

Capacity: 25


Hours: Monday to Friday 8h30 to 16h00

Fees: variable

Financing: self-financing

Legal status: non-profit organization
CANCER-AIDE LANAUDIÈRE - POINT DE SERVICE SUD
50 Thouin Street, Suite 237, Richelieu Pavilion, Repentigny, Lanaudière, QC, J6A 4J4
450 654-8437
Website: canceraidelanaudiere.com
Email: canceraide.lr@gmail.com
Eligibility: people living with cancer, their close ones
Coverage area: MRC L'Assomption, MRC Les Moulins
Hours: meetings: 3rd Wednesday of the month 13h30 to 16h00
Fees: annual membership: $10, activities: variable
Financing: contributions, provincial, self-financing
Legal status: non-profit organization

CENTRE DE JOUR JARDIN D’ÉTOILES
3931 Lakeshore Drive Street, Rawdon, Lanaudière, QC, J0K 1S0
450 834-3070 ext. 1027
Website: jardinetoiles.ca
Email: info@jardinetoiles.ca
Services: Day centre for adults 18 to 65 years old living with a severe disability. * Adapted play activities. * Supervision of the participants by counsellors, individually or in pairs according to their needs. * Music therapy and zootherapy. * Sensory room.
Eligibility: adults 18 to 65 years old living with a severe disability
Coverage area: Lanaudière
Hours: Monday, Wednesday and Friday 9h00 to 11h30 and 13h00 to 15h30
Fees: sensory room: none, other services: variable
Financing: donations, provincial
Legal status: non-profit organization

CENTRE DE RESSOURCES POUR HOMMES DU SUD DE LANAUDIÈRE
2500 Mascouche Boulevard, Mascouche, Lanaudière, QC, J7K 0H5
450 961-1241
Website: www.aidehomme.com
Email: aidehomme@gmail.com
Eligibility: men
Coverage area: MRC L'Assomption, MRC Les Moulins
Hours: Monday to Friday 9h00 to 17h00
Fees: none
Financing: grants
Legal status: non-profit organization

CENTRE MULTISERVICES DE SANTÉ ET DE SERVICES SOCIAUX DE SAINT-JEAN-DE-MATHA
895 Louis-Cyr Road, Saint-Jean-de-Matha, Lanaudière, QC, J0K 2S0
450 886-3861
Website: www.cisss-lanaudiere.gouv.qc.ca/votre-cisss/coordonnees-et-horaires/clsc
Coverage area: Lanaudière
Hours: Monday to Friday 8h30 to 16h30
CLSC LAMATER DE TERREBONNE
1317 des Seigneurs Boulevard, Terrebonne, Lanaudière, QC, J6W 5B1
450 471-2881
Website: sante.gouv.qc.ca/en/repertoire-ressources/ressource/?nofiche=1145&ch_type%5B5%5D=1201&bt_rechType=&theme=clsc&ch_choixReg=&ch_rayon=0&ch_code=J6W5B1
Coverage area: Lanaudière
Hours: Monday to Thursday 8h00 to 20h00, Friday 8h00 to 16h00
Financing: provincial
Legal status: parapublic organization

CORPORATION DES ZOOTHÉRAPEUTES DU QUÉBEC
Confidential Address
438 872-2749
Website: membres.corpozootherapeute.com/fr
Email: administration@corpozootherapeute.com
Eligibility: zootherapists, general public
Coverage area: Province of Québec
Fees: regular member: $180 per year, newly graduated member: $90 per year
Financing: membership fees
Legal status: non-profit organization

COULEURS DE LA VIE LANAUDIÈRE (AUX)
144 Saint-Joseph Street, Joliette, Lanaudière, QC, J6E 5C4
450 752-4436     Fax: 450 760-3586
Website: acdlvie.com
Email: couleurs@acdlvie.com
Eligibility: people experiencing loss or who are grieving, caregivers, counsellors working with this clientele
Coverage area: Lanaudière
Hours: Monday to Friday 8h30 to 16h30
Fees: annual membership: $10
Financing: provincial, grants
Legal status: non-profit organization

COURT OF QUÉBEC - CIVIL DIVISION - JOLIETTE
200 Saint-Marc Street, Joliette, Lanaudière, QC, J6E 8C2
450 753-4807     Fax: 450 752-1733
Website: www.justice.gouv.qc.ca/en/join-us/find-a-courthouse/joliette-courthouse
Services: Court constituting the judicial system of Québec. * Hearing of cases where the amount in dispute is less than $85,000. * Hearing of some cases regarding municipal and school affairs. * Hearing of temporary and authorized confinement cases prior to or following psychiatric assessment. * Exclusive jurisdiction to hear appeals from decisions of certain administrative tribunals, such as the Tribunal administratif du logement. * Voluntary deposit.
Coverage area: Lanaudière: Joliette judicial district
Hours: Monday to Friday 8h30 to 16h30
Financing: provincial
Legal status: provincial government agency

CROISÉE DE LA MATAWINIE (LA)
30 Joliette Road, Saint-Félix-de-Valois, Lanaudière, QC, J0K 2M0
450 889-5908
Email: la.croisee@hotmail.com


Eligibility: people aged 18 years and over
Capacity: 4 rooms
Coverage area: MRC Matawinie
Hours: Tuesday to Friday 12h00 to 18h00, Saturday 12h00 to 17h00
Fees: housing: $450 per month
Financing: donations
Legal status: non-profit organization

DYSPHASIE LANAUDIÈRE
2500 Mascouche Boulevard, Suite 215, Mascouche, Lanaudière, QC, J7K 0H5
450 474-8870
Website: dysphasielanaudiere.org
Email: administration@dysphasielanaudiere.org


Eligibility: people with dysphasia, parents of children with dysphasia, professionals
Coverage area: Lanaudière
Hours: Monday to Thursday 8h30 to 16h30, Friday 8h30 to 12h00
Fees: membership: $25 per year per person or family, $35 for professionals, $50 for corporate members (schools, CPE, community organizations, etc.)
Financing: grants, self-financing, donations
Legal status: non-profit organization

INFO-SOCIAL 8-1-1 - LANAUDIÈRE
Confidential Address
811 option 2
Website: www.quebec.ca/en/health/finding-a-resource/info-social-811

Services: Psychosocial consultation by phone. * Information and referral to assistance resources.
Coverage area: Lanaudière
Hours: 24 hours / 7 days
Fees: free
Financing: provincial
Legal status: non-profit organization
INTER-FEMMES
21 Alain Street, Repentigny, Lanaudière, QC, J6A 5C9
450 654-9621     Fax: 450 654-3621
Website: www.interfemmes.ca
Email: info@interfemmes.ca
Eligibility: women
Coverage area: MRC L’Assomption
Hours: Monday, Tuesday and Thursday 8h30 to 16h00, Wednesday 10h30 to 16h00
Fees: membership: $10 per year
Financing: grants, donations, fundraising campaigns
Legal status: non-profit organization

MAISON MÉMOIRE DU COEUR
77 du Docteur-Jean-Paul-Mireault Street, Saint-Charles-Borromée, Lanaudière, QC, J6E 9C5
450 760-3345 ext. 5     Fax: 450 760-3705
Website: www.maisonmemoireducoeur.com
Email: info@maisonmemoireducoeur.com
Eligibility: people living with Alzheimer’s disease, their caregivers
Capacity: private housing: 10 places, housing in intermediate resource: 26 places, respite care: 18 places
Coverage area: Lanaudière
Hours: administration: Monday to Friday 9h00 to 12h00 and 13h00 to 17h00
Fees: private housing: on request, housing in intermediate resource: variable according to income
Financing: provincial, self-financing
Legal status: non-profit organization

NÉO (LE)
950 Moody Boulevard, Terrebonne, Lanaudière, QC, J6W 3K8
1 800 964-1860
Website: le-neo.com
Email: neo@le-neo.com
Eligibility: LGBTQ+ people and allies, people living with HIV/AIDS or hepatitis
Coverage area: Lanaudière
Hours: administration: Monday to Friday 8h30 to 16h30
Fees: none
Financing: provincial
Legal status: non-profit organization

ROSE BLEUE (LA) - ASSOCIATION DES PERSONNES HANDICAPÉES LES MOULINS
2904 Dupras Street, Mascouche, Lanaudière, QC, J7K 1T2
450 474-7007     Fax: 450 474-2707
Website: www.associationlarosebleue.com
Email: assrosebleue@videotron.ca

Eligibility: people living with an intellectual disability

Capacity: groups of 6 to 12 people

Coverage area: MRC Les Moulins

Hours: Monday to Friday 8h30 to 16h00

Fees: membership: $10 per year, activities: $12 per day, summer activities: $15 per day

Financing: provincial, Centraide régions centre-ouest du Québec, fundraising campaigns, membership fees

Legal status: non-profit organization

SOCIÉTÉ DE L'AUTISME RÉGION LANAUDIÈRE

584 Almira-S.-Choinière Street, Joliette, Lanaudière, QC, J6E 0K5
450 759-9788

Website: autisme-lanaudiere.org

Email: sarl@autisme-lanaudiere.org


Eligibility: people with an autism spectrum disorder (TSA), their family, general public

Coverage area: Lanaudière

Hours: Monday to Friday 8h00 to 16h00

Fees: annual contribution: family: $25, participating member: $25, individual: $35, professional: $50, corporate member: $100

Financing: contributions

Legal status: non-profit organization

THÉRAPEUTES EN RELATION D'AIDE DE LANAUDIÈRE

Confidential Address
450 581-2159

Website: www.tral.ca

Email: info@tral.ca


Coverage area: Lanaudière

Hours: Monday to Friday 8h00 to 17h00

Fees: variable

Financing: self-financing

Legal status: non-profit organization

TOURNESOL DE LA RIVE-NORD (LE)

222 Notre-Dame Street, Repentigny, Lanaudière, QC, J6A 2R2
450 657-1608 Fax: 450 657-5709

Website: www.letournesoldelarivenord.com

Email: info@letournesoldelarivenord.com


Eligibility: people 18 years old and over living or having lived with a mental health issue

Capacity: 20 persons

Coverage area: MRC L'Assomption

Hours: Monday to Friday 8h30 to 17h00

Fees: membership card: $10
TRAVAIL DE RUE SECTEUR BRANDON
19 Saint-Gabriel Street, Saint-Gabriel, Lanaudière, QC, J0K 2N0
450 271-4965
Email: trbrandon@hotmail.com
Eligibility: youth and adults 12 to 35 years old
Coverage area: MRC D’Autray, MRC Matawinie
Hours: administration: Monday to Friday 8h30 to 16h30, phone service: 24 hours / 7 days
Fees: none
Financing: grants, municipal
Legal status: non-profit organization

VAISSEAU D’OR (DES MOULINS) (LE)
486 Gagnon Street, Terrebonne, Lanaudière, QC, J6W 2N7
450 964-2418 Fax: 450 964-8702
Website: vaisseaudor.com
Email: entraide@vaisseaudor.com
Eligibility: adults living, having lived with or likely to experience mental health issues
Coverage area: MRC Les Moulins
Hours: Monday to Friday 10h00 to 17h00
Fees: membership: $12 per year, housing: variable
Financing: provincial
Legal status: non-profit organization
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