



# DIRECTORY OF SOCIAL AND COMMUNITY RESOURCES

LANAUDIÈRE / MRC JOLIETTE / ALL CITIES



2-1-1



[WWW.211.QC.CA](http://WWW.211.QC.CA)

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**Summary**

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**Child, Youth and Family**

**CHILD WELFARE**

**DAYCARE AND RESPITE**

**FAMILY SUPPORT**

**JUVENILE DELINQUENCY**

**MATERNITY SUPPORT AND ADOPTION**

**PARENTING EDUCATION**

**RECREATIONAL ACTIVITIES**

**YOUTH CENTRES AND SUPPORT**

**YOUTH EMPLOYMENT**

**YOUTH SHELTERS AND SUPPORT**

## Child welfare

### CENTRE DE PROTECTION DE L'ENFANCE ET DE LA JEUNESSE DE LANAUDIÈRE

260 Lavaltrie Street South, Joliette, Lanaudière, QC, J6E 5X7

**1 800 668-9229**

**Website:** [www.cisss-lanaudiere.gouv.qc.ca](http://www.cisss-lanaudiere.gouv.qc.ca)

**Services:** Administration of Youth Centres and direction de la protection de la jeunesse. \* Reports reception and assessment for acts of neglect, violence, abuse against a young person or behavioral disorders, under the Act on the Protection of youth. \* Services for young offenders under the Youth Criminal Justice Act. \* Network of alternative environment: host families, group homes, rehabilitation centres and intermediate resources. \* Adoption, biological background research, reunion, expertise at the Superior Court, subsidized guardianship. \* Psychosocial services, rehabilitation, social integration, guidance, support and social emergency.

**Eligibility:** children and teenagers in difficulties, young offenders, parents, guardians, counsellors

**Coverage area:** Lanaudière

**Hours:** Monday to Friday 8h30 to 12h00 and 13h00 to 16h30

**Financing:** provincial

**Legal status:** parapublic organization

### ENFANCE LIBRE LANAUDIÈRE

1208 Lanaudière Street, Joliette, Lanaudière, QC, J6E 3N8

**450 760-4848 Fax:** 450 760-4847

**Website:** [www.enfancelibrelanaudiere.ca](http://www.enfancelibrelanaudiere.ca)

**Email:** [info@enfancelibrelanaudiere.ca](mailto:info@enfancelibrelanaudiere.ca)

**Services:** Prevention of sexual assault and violence to the children. \* Prevention and awareness workshops and tools.

**Eligibility:** children, parents, adults, schools, organizations

**Coverage area:** Lanaudière

**Hours:** Monday to Thursday 8h30 to 16h30

**Fees:** variable

**Financing:** self-financing

**Legal status:** non-profit organization

### LEGAL AID OFFICE - JOLIETTE

440 Saint-Louis Street, Joliette, Lanaudière, QC, J6E 2Y8

**450 759-2500 Fax:** 450 759-8682

**Website:** [www.ccjll.qc.ca](http://www.ccjll.qc.ca)

**Email:** [bajjoli@ccjll.qc.ca](mailto:bajjoli@ccjll.qc.ca)

**Services:** Free or low cost legal services to eligible individuals. \* Receive and process legal aid requests.

**Eligibility:** person or non-profit organization residing in Quebec or forced to remain in Quebec, financially eligible, and with a legal need that is covered by the Law

**Coverage area:** Joliette

**Hours:** Monday to Friday 8h30 to 12h00 and 13h00 to 16h30, by appointment only, except emergency

**Fees:** people may be eligible for free legal aid or contributory legal aid between \$100 and \$800, depending on their financial situation, see scale on website

**Financing:** provincial

**Legal status:** parapublic organization

### MILIEU D'INTERVENTION ET DE THÉRAPIE EN AGRESSION SEXUELLE

144 Saint-Joseph Street, Joliette, Lanaudière, QC, J6E 5C4

**450 755-6755 Fax:** 450 755-1773

**Website:** [www.mitas.ca](http://www.mitas.ca)

**Email:** [mitas@mitas.ca](mailto:mitas@mitas.ca)

**Services:** Group and individual therapy. \* Sex education. \* Program for male victims of sexual abuse during childhood.

**Eligibility:** child and adolescent victims of abuse, parents of child victims, children with problematic sexual behaviours, adolescents and adults who have sexually abused minors or who feel at risk of doing so, parents of adolescents who have sexually abused minors, men who were victims of sexual abuse during childhood

**Capacity:** groups: 8 people

**Coverage area:** Lanaudière

**Hours:** Monday to Thursday 9h00 to 16h00, therapies for adults in the evening

**Fees:** free for children, variable for adults

**Financing:** provincial, self-financing, grants, donations

**Legal status:** non-profit organization

## Daycare and respite

### MAISON DES GRANDS-PARENTS DU GRAND JOLIETTE (LA)

200 Salaberry Street, Suite 203-205, Joliette, Lanaudière, QC, J6E 4G1

**450 394-4100 Fax:** 450 394-4200

**Website:** [www.mgpjoliette.wordpress.com](http://www.mgpjoliette.wordpress.com)

**Email:** [mgpjoliette@hotmail.ca](mailto:mgpjoliette@hotmail.ca)

**Services:** Intergeneration and intragenerational activities. \* Activities in schools and community organizations. \* Basic education workshops at the Dominique-Savio school at Notre-Dame-des-Prairies. \* Daycare and drop-in centre at the Maison Parent-Aise. \* Reading of stories. \* Homework help at the Native Friendship Centre of Lanaudière. \* Preparation and distribution of meals. \* Intergenerational and urban knitting. \* Parties and various events. \* Monthly volunteer dinner.

**Eligibility:** people 50 years and over

**Coverage area:** MRC Joliette

**Hours:** Tuesday to Thursday 8h30 to 16h30

**Fees:** membership: free or voluntary contribution

**Financing:** contributions, Centraide Lanaudière, provincial, donations

**Legal status:** non-profit organization

### MAISON PARENT-AISE

98 Saint-Pierre Street South, Joliette, Lanaudière, QC, J6E 5Y6

**450 752-0582**

**Website:** [maisonparentaise.com](http://maisonparentaise.com)

**Email:** [parent-aise@videotron.ca](mailto:parent-aise@videotron.ca)

**Services:** Support house for parents. \* Drop-in and drop-in daycare. \* Clothing counter. \* Les Grenouilles Bleues: pre-school preparatory workshops. \* Training for parents. \* Recreational activities. \* Parent-child workshops. \* Culinary workshops.

**Eligibility:** parents with a child aged between 0 and 17 years old, drop-in: children from 0 to 5 years old, Les Grenouilles Bleues: children from 3 to 5 years old

**Coverage area:** MRC Joliette

**Hours:** Monday to Thursday 8h00 to 16h00, Friday 8h00 to 12h00

**Fees:** membership card: \$5 per year per family, activities: low cost

**Financing:** provincial, self-financing

**Legal status:** non-profit organization

## Family Support

### CENTRE D'AMITIÉ AUTOCHTONE DE LANAUDIÈRE

523 Sainte-Anne Boulevard, Joliette, Lanaudière, QC, J6E 5A3

**450 760-3865** Fax: 450 760-9923

**Website:** [www.caalanaudiere.ca](http://www.caalanaudiere.ca)

**Email:** [info@caalanaudiere.ca](mailto:info@caalanaudiere.ca)

**Services:** \* Information and referral. \* Accompaniment and support services in different procedures by an outreach worker. \* Programme d'aide préscolaire autochtone pour les communautés urbaines et nordique (PAPACUN): activities related to culture, health, nutrition and education for children from 0 to 5 years old and their families. \* Educational services: homework help for elementary and secondary students, workspace, liaison between families and schools, low-cost school store, individual support for students and families. \* Cultural and educational activities. \* Youth activities for 12 to 17 year olds. \* Youth Council made up of 7 young people aged 14 to 22. \* Summer youth day camp program.

**Eligibility:** native people of all ages

**Coverage area:** Joliette

**Hours:** Tuesday and Thursday 9h00 to 16h00

**Fees:** none

**Financing:** municipal, provincial, federal, Centraide Lanaudière

**Legal status:** non-profit organization

### CENTRE DE PÉDIATRIE SOCIALE EN COMMUNAUTÉ DE LANAUDIÈRE

994 de Lanaudière Street, Joliette, Lanaudière, QC, J6E 3N6

**450 758-3795**

**Website:** [cpsclanaudiere.org](http://cpsclanaudiere.org)

**Email:** [dg@cpsclanaudiere.org](mailto:dg@cpsclanaudiere.org)

**Services:** \* Assessment and orientation meetings with a multidisciplinary team. \* Medical, psychosocial and nursing follow-up. \* Accompaniment targeted to the needs of children and their development. \* Support for vulnerable families. \* Follow-up and accompaniment at home. \* Information and referrals. \* After-school activities. \* Summer camp.

**Eligibility:** children, teenagers and families

**Coverage area:** Crabtree, Joliette, Notre-Dame-De-Lourdes, Notre-Dame-Des-Prairies, Saint-Ambroise-De-Kildare, Saint-Charles-Borromée, Saint-Paul, Saint-Pierre, Saint-Thomas, Sainte-Mélanie

**Hours:** Monday to Friday 9h30 to 16h30

**Fees:** none

**Financing:** provincial, municipal, grants, donations

**Legal status:** non-profit organization

### JOUJOUTHÈQUE FARFOUILLE (LA)

845 Saint-Louis Street, Joliette, Lanaudière, QC, J6E 3A3

**450 752-2587** Fax: 450 752-2502

**Website:** [www.joujouthequedfarfouille.org](http://www.joujouthequedfarfouille.org)

**Email:** [farfouille@videotron.ca](mailto:farfouille@videotron.ca)

**Services:** \* Loans of toys. \* Parent/child activities. \* Trainings for parents. \* Thrift store: used toys. \* Multi-sensory room.

**Eligibility:** families, parents of children with special needs, organizations, CPE, daycare centres

**Coverage area:** Lanaudière

**Hours:** Tuesday to Thursday 9h00 to 17h00, Friday and Saturday 9h00 to 15h00

**Fees:** families: \$25 per year to access 3 games per child per month, \$35 per year to access 6 games per child per month, organization: \$70 per year to access 20 games per 2 months, \$100 per year to access 30 games per 2 months

**Financing:** Centraide Lanaudière, membership fees, donations, self-financing, provincial, grants

**Legal status:** non-profit organization



**MAISON OXYGÈNE JOLIETTE-LANAUDIÈRE**

Confidential Address

**450 499-2617****Website:** www.mojl.org**Email:** administration@mojl.org**Services:** Housing for fathers and their children going through difficulties. \* Temporary housing. \* Supervised apartments. \* Reception, information and accompaniment. \* Fathers-children activities. \* Outpatient psychosocial follow-up.**Eligibility:** fathers and their children living with severe family problems**Capacity:** housing: 6 adults and 18 children**Coverage area:** Lanaudière**Hours:** variable**Fees:** housing: according to income, psychosocial follow-up: none**Financing:** grants, donations**Legal status:** non-profit organization**MAISON PARENT-AISE**

98 Saint-Pierre Street South, Joliette, Lanaudière, QC, J6E 5Y6

**450 752-0582****Website:** maisonparentaise.com**Email:** parent-aise@videotron.ca**Services:** Support house for parents. \* Drop-in and drop-in daycare. \* Clothing counter. \* Les Grenouilles Bleues: pre-school preparatory workshops. \* Training for parents. \* Recreational activities. \* Parent-child workshops. \* Culinary workshops.**Eligibility:** parents with a child aged between 0 and 17 years old, drop-in: children from 0 to 5 years old, Les Grenouilles Bleues: children from 3 to 5 years old**Coverage area:** MRC Joliette**Hours:** Monday to Thursday 8h00 to 16h00, Friday 8h00 to 12h00**Fees:** membership card: \$5 per year per family, activities: low cost**Financing:** provincial, self-financing**Legal status:** non-profit organization**SOCIÉTÉ DE L'AUTISME RÉGION LANAUDIÈRE**

584 Almira-S.-Choinière Street, Joliette, Lanaudière, QC, J6E 0K5

**450 759-9788****Website:** www.autismelanaudiere.org**Email:** sarl@autisme-lanaudiere.org**Services:** \* Information, listening and referral. \* Conferences and trainings. \* Resource and documentation centres with appointment. \* Awareness. \* Coffee-chats for parents. \* Advocacy, accompaniment. \* Assistance to get grants. \* Azimut workshop for teenagers. \* Activities for adults. \* Day centre: physical, artistic, cooking and sensory activities, zootherapy, music therapy.**Eligibility:** people with an autism spectrum disorder (TSA), their families, general public**Coverage area:** Lanaudière**Hours:** Monday to Friday 8h00 to 16h00**Fees:** annual contribution: famille: \$25, participating member: \$25, individual: \$35, professional: \$50, corporate member: \$100**Financing:** contributions**Legal status:** non-profit organization

## Juvenile Delinquency

### ÉQUIJUSTICE LANAUDIÈRE NORD

200 de Salaberry Street, Joliette, Lanaudière, QC, J6E 4G1

**450 755-3815** Fax: 450 755-4540

**Website:** [equijustice.ca/en](http://equijustice.ca/en)

**Email:** [lanaudierenord@equijustice.ca](mailto:lanaudierenord@equijustice.ca)

**Services:** Alternative justice organization. \* Citizen mediation. \* Information on the Youth Criminal Justice Act.

\* Compensation work for teenagers. \* Enforcement of the General alternative measures program for adults.

**Eligibility:** adults, teenagers

**Coverage area:** MRC D'Autray, MRC Matawinie, MRC Montcalm, MRC Joliette

**Hours:** Monday to Friday 8h00 to 17h30

**Fees:** free

**Financing:** provincial

**Legal status:** non-profit organization

## Maternity support and adoption

### COURT OF QUÉBEC - YOUTH DIVISION - JOLIETTE

200 Saint-Marc Street, Joliette, Lanaudière, QC, J6E 8C2

**450 753-4800** Fax: 450 752-6994

**Website:** [www.justice.gouv.qc.ca/en/join-us/find-a-courthouse/joliette-courthouse](http://www.justice.gouv.qc.ca/en/join-us/find-a-courthouse/joliette-courthouse)

**Services:** Court constituting the judicial system of Québec. \* Hearing all cases involving a minor. \* Hearing cases of adoption.

**Coverage area:** Lanaudière: Joliette judicial district

**Hours:** Monday to Friday 8h30 to 16h30

**Financing:** provincial

**Legal status:** provincial government agency

### ENTRAIDE COMMUNAUTAIRE SAINTE-MÉLANIE

910 Principale Road, Sainte-Mélanie, Lanaudière, QC, J0K 3A0

**450 889-5871 ext. 227**

**Email:** [entraidecommunautairestm@gmail.com](mailto:entraidecommunautairestm@gmail.com)

**Services:** \* Food and material assistance. \* Emergency food and material assistance. \* Thrift store: children's clothing, books, toys and sports items for children. \* Christmas baskets.

**Eligibility:** people and families on a low income

**Coverage area:** Sainte-Mélanie

**Hours:** Tuesday 13h30 to 15h30, food assistance: Friday

**Fees:** food basket: \$5 per person, \$10 for 2 people and over

**Financing:** donations, self-financing

**Legal status:** non-profit organization

### LEGAL AID OFFICE - JOLIETTE

440 Saint-Louis Street, Joliette, Lanaudière, QC, J6E 2Y8

**450 759-2500** Fax: 450 759-8682

**Website:** [www.ccjll.qc.ca](http://www.ccjll.qc.ca)

**Email:** [bajjoli@ccjll.qc.ca](mailto:bajjoli@ccjll.qc.ca)

**Services:** Free or low cost legal services to eligible individuals. \* Receive and process legal aid requests.

**Eligibility:** person or non-profit organization residing in Quebec or forced to remain in Quebec, financially eligible, and with a legal need that is covered by the Law

**Coverage area:** Joliette

**Hours:** Monday to Friday 8h30 to 12h00 and 13h00 to 16h30, by appointment only, except emergency

**Fees:** people may be eligible for free legal aid or contributory legal aid between \$100 and \$800, depending on their financial situation, see scale on website

**Financing:** provincial

**Legal status:** parapublic organization

### NOTRE-DAME-DES-PRAIRIES - CITY

132 Antonio-Barrette Boulevard, Notre-Dame-des-Prairies, Lanaudière, QC, J6E 1E5

**450 759-7741 Fax:** 450 759-6255

**Website:** [www.notredamedesprairies.com](http://www.notredamedesprairies.com)

**Email:** [info@notredamedesprairies.com](mailto:info@notredamedesprairies.com)

**Services:** Management of municipal services. \* Municipal counter: information on permits, subsidies and taxes, payment of taxes. \* Residual and waste collection calendar:

[www.notredamedesprairies.com/environnement/collecte](http://www.notredamedesprairies.com/environnement/collecte) \* Public safety: fire safety service, Sûreté du Québec. \* Reusable diapers. \* Hall rental.

**Coverage area:** Notre-Dame-Des-Prairies

**Hours:** Monday to Wednesday 8h30 to 12h00 and 13h00 to 16h30, Thursday 8h30 to 12h00 and 13h00 to 17h30, Friday 8h30 to 12h00

**Financing:** municipal

**Legal status:** municipal agency

## Parenting Education

### ATELIERS ÉDUCATIFS LES PETITS MOUSSES

994 de Lanaudière Street, 2nd floor, Joliette, Lanaudière, QC, J6E 3N6

**1 866 759-3327 Fax:** 450 759-7113

**Website:** [www.petits-mousses.org](http://www.petits-mousses.org)

**Email:** [aelpm@videotron.ca](mailto:aelpm@videotron.ca)

**Services:** Organization for children showing a delay of development. \* Early childhood stimulation workshops.

\* Individual meetings. \* Referrals. \* Documentation centre.

**Eligibility:** children 3 to 5 years old showing a delay in their global or specific development (social, physical, intellectual, emotional or language)

**Coverage area:** Lanaudière

**Hours:** Monday to Thursday 8h00 to 16h00

**Fees:** monthly fees depending on the family income

**Financing:** provincial, federal, self-financing

**Legal status:** non-profit organization

### JOUJOUTHÈQUE FARFOUILLE (LA)

845 Saint-Louis Street, Joliette, Lanaudière, QC, J6E 3A3

**450 752-2587 Fax:** 450 752-2502

**Website:** [www.joujouthequedefarfouille.org](http://www.joujouthequedefarfouille.org)

**Email:** [farfouille@videotron.ca](mailto:farfouille@videotron.ca)

**Services:** \* Loans of toys. \* Parent/child activities. \* Trainings for parents. \* Thrift store: used toys. \* Multi-sensory room.

**Eligibility:** families, parents of children with special needs, organizations, CPE, daycare centres

**Coverage area:** Lanaudière

**Hours:** Tuesday to Thursday 9h00 to 17h00, Friday and Saturday 9h00 to 15h00

**Fees:** families: \$25 per year to access 3 games per child per month, \$35 per year to access 6 games per child per month, organization: \$70 per year to access 20 games per 2 months, \$100 per year to access 30 games per 2 months

**Financing:** Centraide Lanaudière, membership fees, donations, self-financing, provincial, grants

**Legal status:** non-profit organization

**MAISON PARENT-AISE**

98 Saint-Pierre Street South, Joliette, Lanaudière, QC, J6E 5Y6

**450 752-0582**

**Website:** maisonparentaise.com

**Email:** parent-aise@videotron.ca

**Services:** Support house for parents. \* Drop-in and drop-in daycare. \* Clothing counter. \* Les Grenouilles Bleues: pre-school preparatory workshops. \* Training for parents. \* Recreational activities. \* Parent-child workshops. \* Culinary workshops.

**Eligibility:** parents with a child aged between 0 and 17 years old, drop-in: children from 0 to 5 years old, Les Grenouilles Bleues: children from 3 to 5 years old

**Coverage area:** MRC Joliette

**Hours:** Monday to Thursday 8h00 to 16h00, Friday 8h00 to 12h00

**Fees:** membership card: \$5 per year per family, activities: low cost

**Financing:** provincial, self-financing

**Legal status:** non-profit organization

**SOCIÉTÉ DE L'AUTISME RÉGION LANAUDIÈRE**

584 Almira-S.-Choinière Street, Joliette, Lanaudière, QC, J6E 0K5

**450 759-9788**

**Website:** www.autismelanaudiere.org

**Email:** sarl@autisme-lanaudiere.org

**Services:** \* Information, listening and referral. \* Conferences and trainings. \* Resource and documentation centres with appointment. \* Awareness. \* Coffee-chats for parents. \* Advocacy, accompaniment. \* Assistance to get grants. \* Azimut workshop for teenagers. \* Activities for adults. \* Day centre: physical, artistic, cooking and sensory activities, zootherapy, music therapy.

**Eligibility:** people with an autism spectrum disorder (TSA), their families, general public

**Coverage area:** Lanaudière

**Hours:** Monday to Friday 8h00 to 16h00

**Fees:** annual contribution: famille: \$25, participating member: \$25, individual: \$35, professional: \$50, corporate member: \$100

**Financing:** contributions

**Legal status:** non-profit organization

**Recreational Activities****JOUJOUTHÈQUE FARFOUILLE (LA)**

845 Saint-Louis Street, Joliette, Lanaudière, QC, J6E 3A3

**450 752-2587** Fax: 450 752-2502

**Website:** www.joujouthequiefarfouille.org

**Email:** farfouille@videotron.ca

**Services:** \* Loans of toys. \* Parent/child activities. \* Trainings for parents. \* Thrift store: used toys. \* Multi-sensory room.

**Eligibility:** families, parents of children with special needs, organizations, CPE, daycare centres

**Coverage area:** Lanaudière

**Hours:** Tuesday to Thursday 9h00 to 17h00, Friday and Saturday 9h00 to 15h00

**Fees:** families: \$25 per year to access 3 games per child per month, \$35 per year to access 6 games per child per month, organization: \$70 per year to access 20 games per 2 months, \$100 per year to access 30 games per 2 months

**Financing:** Centraide Lanaudière, membership fees, donations, self-financing, provincial, grants

**Legal status:** non-profit organization

**MAISON OXYGÈNE JOLIETTE-LANAUDIÈRE**

Confidential Address

**450 499-2617****Website:** www.mojl.org**Email:** administration@mojl.org**Services:** Housing for fathers and their children going through difficulties. \* Temporary housing. \* Supervised apartments. \* Reception, information and accompaniment. \* Fathers-children activities. \* Outpatient psychosocial follow-up.**Eligibility:** fathers and their children living with severe family problems**Capacity:** housing: 6 adults and 18 children**Coverage area:** Lanaudière**Hours:** variable**Fees:** housing: according to income, psychosocial follow-up: none**Financing:** grants, donations**Legal status:** non-profit organization**MAISON PARENT-AISE**

98 Saint-Pierre Street South, Joliette, Lanaudière, QC, J6E 5Y6

**450 752-0582****Website:** maisonparentaise.com**Email:** parent-aise@videotron.ca**Services:** Support house for parents. \* Drop-in and drop-in daycare. \* Clothing counter. \* Les Grenouilles Bleues: pre-school preparatory workshops. \* Training for parents. \* Recreational activities. \* Parent-child workshops. \* Culinary workshops.**Eligibility:** parents with a child aged between 0 and 17 years old, drop-in: children from 0 to 5 years old, Les Grenouilles Bleues: children from 3 to 5 years old**Coverage area:** MRC Joliette**Hours:** Monday to Thursday 8h00 to 16h00, Friday 8h00 to 12h00**Fees:** membership card: \$5 per year per family, activities: low cost**Financing:** provincial, self-financing**Legal status:** non-profit organization**Youth Centres and Support****MAISON DES JEUNES DE CRABTREE**

25 8th Street, Crabtree, Lanaudière, QC, J0K 1B0

**450 754-3334****Website:** mdjcrabtree.weebly.com**Email:** mdjcrabtree@hotmail.fr**Services:** Animated meeting place for teenagers. \* Prevention, support and intervention activities. \* Social, cultural and recreational activities.**Eligibility:** teenagers from 12 to 18 years old**Coverage area:** Crabtree**Hours:** Tuesday to Thursday 17h00 à 21h00, Friday 18h00 à 22h00**Financing:** self-financing**Legal status:** non-profit organization**MAISON DES JEUNES DU GRAND JOLIETTE**

46 Gauthier Street North, Notre-Dame-des-Prairies, Lanaudière, QC, J6E 1V1

**450 756-4794** Fax: 450 756-6378**Website:** www.maisondesjeunesgrandjoliette.org**Email:** coordination@maisondesjeunesgrandjoliette.org

**Services:** Centre for youth from 12 to 17 years old. \* Support, information and reference. \* Food assistance. \* Cultural, educational, recreational, social and sports projects, by and for the youth. \* Learning of citizenship, prevention and promotion of healthy life habits. \* Self-financing activities. \* Specific hours for 10 to 12 years old to familiarize themselves with the Maison des jeunes. \* Kitchen, game room, music studio, art room and courtyard for playing sports.

**Eligibility:** youth 12 to 17 years old

**Capacity:** COVID-19: 6 youths by reservation

**Coverage area:** Greater Joliette: Joliette, Notre-Dame-des-Prairies, Saint-Charles-Borromée, Saint-Paul, Saint-Ambroise, Notre-Dame-de-Lourdes, Village Saint-Pierre, Saint-Thomas

**Hours:** Wednesday and Saturday 16h30 to 19h30, virtual Mondays for 10 to 12 year olds: 17h00 to 20h00

**Fees:** none

**Financing:** grants, donations, self-financing

**Legal status:** non-profit organization

## Youth Employment

### CARREFOUR JEUNESSE-EMPLOI D'AUTRAY-JOLIETTE

580 Richard Street, Joliette, Lanaudière, QC, J6E 2T4

**450 755-2226 Fax:** 450 755-6406

**Website:** [carrefourjeunesseemploi.org](http://carrefourjeunesseemploi.org)

**Email:** [info@cjeaj.qc.ca](mailto:info@cjeaj.qc.ca)

**Services:** \* Support, information and accompaniment. \* Job search assistance: resume and cover letters writing, simulated interview. \* Education and professional guidance. \* Individual training and accompaniment in school perseverance. \* Entrepreneurial accompaniment.

**Eligibility:** people 16 to 35 years old

**Coverage area:** MRC D'Autray, MRC Joliette

**Hours:** without appointment: Monday, Tuesday, Thursday and Friday 10h00 to 12h00 and 13h00 to 16h00, Wednesday 10h00 to 12h00 and 13h00 to 17h30, by appointment: Monday to Friday 8h30 to 12h00 and 13h00 to 16h00

**Fees:** none

**Financing:** provincial, grants

**Legal status:** non-profit organization

## Youth Shelters and Support

### ACCUEIL JEUNESSE

1094 Manseau Boulevard, Joliette, Lanaudière, QC, J6E 3G8

**450 759-4610**

**Email:** [acc1@videotron.ca](mailto:acc1@videotron.ca)

**Services:** Housing for youth. \* Short-term housing. \* Support, information and referral.

**Eligibility:** youth 12 to 17 years old in difficulty

**Capacity:** 9 beds

**Coverage area:** Lanaudière

**Hours:** 24 hours / 7 days

**Fees:** \$7 per day

**Financing:** self-financing, donations

**Legal status:** non-profit organization

### MAISON D'HÉBERGEMENT JEUNESSE ROLAND-GAVREAU

638 Base-de-Roc Boulevard, Joliette, Lanaudière, QC, J6E 5P7

**450 759-2114 Fax:** 450 759-6524

**Email:** [aubergeducoeur.rg@hotmail.com](mailto:aubergeducoeur.rg@hotmail.com)

**Services:** \* Short-term housing for up to 3 to 6 months. \* Self-help, listening, accompaniment, information and referral.

**Eligibility:** young adults from 18 to 30 years old experiencing difficulties

**Capacity:** 12 spots

**Coverage area:** Lanaudière

**Hours:** 24 hours / 7 days

**Fees:** \$300 per month or 46% of income

**Financing:** self-financing, donations

**Legal status:** non-profit organization

## **Community Action**

**ADVISORY AND CITIZEN ACTION ORGANIZATIONS**

**CHARITY ORGANIZATIONS**

**COMMUNITY DEVELOPMENT**

**INFORMATION AND REFERRAL**

**VOLUNTEERING AND VOLUNTEER CENTRES**



## Advisory and citizen action organizations

### ACTION DIGNITÉ LANAUDIÈRE

144 Saint-Joseph Street, Joliette, Lanaudière, QC, J6E 5C4

**450 756-1155** Fax: 450 760-3586

**Email:** info@actiondignite.com

**Services:** \* Literacy workshops. \* Prevention of school dropout and promotion of school perseverance. \* Advocacy: information, referral, research and accompaniment. \* Active listening and welcoming. \* Mobilization and consultation. \* Coffee-meeting: speaking out, educating and group reflexion.

**Eligibility:** people with lower education and people on a low income

**Coverage area:** Lanaudière

**Hours:** Monday to Friday 9h00 to 12h00 and 13h00 to 16h00

**Fees:** annual membership: \$5

**Financing:** donations

**Legal status:** non-profit organization

### APPUI LANAUDIÈRE (L')

Confidential Address

**1 855 852-7784**

**Website:** www.lappui.org/Regions/Lanaudiere

**Email:** info@lappuilanaudiere.org

**Services:** \* Support for caregivers of seniors: information and referral, training, counseling and respite. \* Consultation and mobilization of stakeholders.

**Eligibility:** seniors caregivers, relevant stakeholders

**Coverage area:** Lanaudière

**Hours:** Monday to Friday 8h30 to 16h30

**Financing:** foundations, provincial

**Legal status:** non-profit organization

### ASSOCIATION RÉGIONALE DE LOISIRS POUR PERSONNES HANDICAPÉES DE LANAUDIÈRE

200 de Salaberry Street, Suite 305, Joliette, Lanaudière, QC, J6E 4G1

**450 752-2586** Fax: 450 759-8749

**Website:** www.arplphanaudiere.org

**Email:** info@arplphanaudiere.org

**Services:** Promotion of recreational activities for people living with a disability. \* Information and referral. \* Volunteers training. \* Recreational events. \* Regional accessibility committee. \* Management of recreation programs. \* Companion Leisure Card (CAL).

**Eligibility:** any person living with a handicap, regardless of age and disability

**Coverage area:** Lanaudière

**Financing:** provincial

**Legal status:** non-profit organization

### CENTRE RÉGIONAL DE FORMATION DE LANAUDIÈRE

144 Saint-Joseph Street, Joliette, Lanaudière, QC, J6E 5C4

**450 755-2700** Fax: 450 760-3586

**Website:** www.crfl.ca

**Email:** crfl@crfl.ca

**Services:** Training for employees and volunteers of community organizations. \* Training in management, accounting, law, animation, intervention. \* Distance training. \* Customized training.

**Eligibility:** employees and volunteers of community organizations

**Coverage area:** Lanaudière

**Hours:** Monday to Friday 8h00 to 16h00

**Financing:** provincial

**Legal status:** non-profit organization

### CONSEIL RÉGIONAL DE L'ENVIRONNEMENT DE LANAUDIÈRE

365 Saint-Louis Street, Joliette, Lanaudière, QC, J6E 7N3

**450 756-0186 Fax:** 450 756-6538

**Website:** crelanaudiere.ca

**Email:** info@crelanaudiere.ca

**Services:** \* Concertation and consultation on environmental issues such as climate change, development and protection of natural environments, waste management, local agriculture, water management and sustainable development. \* Informative capsules and virtual

conferences: [www.youtube.com/channel/UCXcnLYsQdwMfNw4eBrMPUhg/featured](http://www.youtube.com/channel/UCXcnLYsQdwMfNw4eBrMPUhg/featured).

**Eligibility:** citizens, organizations, businesses and government instances

**Coverage area:** Lanaudière

**Hours:** Monday to Friday 8h30 to 16h30

**Fees:** annual membership: \$12 per citizen, \$30 per organization, \$60 per business or government instance

**Financing:** municipal, grants, contributions, donations, self-financing

**Legal status:** non-profit organization

### MOUVEMENT D'ÉDUCATION POPULAIRE AUTONOME DE LANAUDIÈRE

144 Saint-Joseph Street, Suite 105, Joliette, Lanaudière, QC, J6E 5C4

**450 752-4700 Fax:** 450 760-3586

**Website:** [www.mepal.net](http://www.mepal.net)

**Email:** info@mepal.net

**Services:** Grouping of popular education organizations. \* Collective advocacy. \* Popular education workshops.

\* Consultation and representation. \* Information tools.

**Eligibility:** popular education organizations, autonomous community organizations

**Coverage area:** Lanaudière

**Hours:** Monday to Thursday 9h30 to 16h00

**Fees:** membership: \$40 per year

**Financing:** provincial, donations, membership fees, fundraising campaigns, self-financing

**Legal status:** non-profit organization

### REGIONAL COMMITTEE OF EDUCATION FOR INTERNATIONAL DEVELOPMENT

101 Dugas Street, Joliette, Lanaudière, QC, J6E 4G7

**450 756-0011 ext. 200 Fax:** 450 759-0489

**Website:** [www.credil.qc.ca](http://www.credil.qc.ca)

**Email:** info@credil.qc.ca

**Services:** \* Reception and settlement of newcomers and refugees. \* Interpreting service in person or by phone.

\* Educating the public about international solidarity. \* Implementation of projects and internships in developing countries.

**Eligibility:** newcomers and immigrants

**Coverage area:** Lanaudière

**Hours:** Monday to Friday 9h00 to 17h00

**Financing:** provincial

**Legal status:** non-profit organization

### REGROUPEMENT DES ORGANISMES COMMUNAUTAIRES ET ALTERNATIFS EN SANTÉ MENTALE DE LANAUDIÈRE

517 Archambault Street, Joliette, Lanaudière, QC, J6E 2W6

**450 759-8853**

**Website:** [rocasml.org](http://rocasml.org)

**Email:** rocasml@videotron.ca

**Services:** Promotion of an alternative approach to mental health. \* Support for member groups. \* Promotion and information on the rights and interests of people living or having experienced mental health problems. \* Grouping of community resources and non-institutional alternatives in mental health. \* Education and awareness of the population.

**Eligibility:** community and alternative mental health organizations

**Coverage area:** Lanaudière

**Hours:** Monday to Friday 9h00 to 16h00

**Fees:** membership: \$125 per year

**Financing:** provincial, membership fees

**Legal status:** non-profit organization

## TABLE DE CONCERTATION DES GROUPES DE FEMMES DE LANAUDIÈRE

144 Saint-Joseph Street, Suite 214, Joliette, Lanaudière, QC, J6E 5C4

**450 752-0049** Fax: 450 760-3586

**Website:** femmeslanaudiere.org

**Email:** tcgfl@bellnet.ca

**Services:** Regional feminist group working for the collective defence of women's rights with a mission to improve the living and health conditions of Lanaudière women. \* Concertation. \* Mobilization. \* Popular education and awareness. \* Political activities with women's groups on various issues.

**Eligibility:** organizations working with women or with a women component

**Coverage area:** Lanaudière

**Hours:** Monday to Friday 9h00 to 17h00

**Financing:** grants

**Legal status:** non-profit organization

## TABLE DE CONCERTATION RÉGIONALE DES ASSOCIATIONS DE PERSONNES HANDICAPÉES DE LANAUDIÈRE

200 de Salaberry Street, Suite 311, Joliette, Lanaudière, QC, J6E 4G1

**450 755-1488** Fax: 450 759-8749

**Email:** tcrapl@tcrapl.org

**Services:** \* Advocacy of rights. \* Consultation, representation and technical support.

**Eligibility:** associations of disabled people

**Coverage area:** Lanaudière

**Hours:** Monday to Friday 8h30 to 16h30

**Fees:** annual contribution: \$50 per association

**Financing:** contributions, provincial

**Legal status:** non-profit organization

## TABLE DES PARTENAIRES DU DÉVELOPPEMENT SOCIAL DE LANAUDIÈRE

200 de Salaberry Street, Joliette, Lanaudière, QC, J6E 4G1

**450 759-9944** Fax: 450 759-8889

**Website:** www.tpdsf.org

**Email:** lanaudiere@tpdsf.org

**Services:** Concertation table of community organizations for the improvement of the quality of life, the reduction of social inequalities and citizen participation in a sustainable development perspective. \* Concertation, forums. \* Information, presentation and workshop facilitation. \* Support for social development initiatives. \* Analysis and documentation. \* Promotion of community involvement.

**Eligibility:** community organizations, local social development committees, municipalities, MRCs

**Coverage area:** Lanaudière

**Hours:** Monday to Friday 8h30 to 17h00

**Fees:** none

**Financing:** grants

**Legal status:** non-profit organization

**TABLE RÉGIONALE DE CONCERTATION DES AÎNÉS DE LANAUDIÈRE**

688 Manseau Boulevard, Joliette, Lanaudière, QC, J6E 3E6

**514 928-0147**

**Website:** talanaudiere.org

**Email:** info@talanaudiere.org

**Services:** Grouping seeking to allow seniors to have access to a regional place of exchange, concertation and partnership. \* Support and promotion of organization working with seniors. \* Contribution to economic, social and cultural development in the region. \* Facilitates concertation between seniors associations and partner organizations. \* Presentation of advice to governmental organizations. \* Conferences, regional events.

**Eligibility:** seniors organizations working with seniors

**Coverage area:** Lanaudière

**Hours:** Monday to Thursday 9h00 to 16h30

**Financing:** provincial

**Legal status:** non-profit organization

**Charity Organizations****CENTRAIDE LANAUDIÈRE**

582 Saint-Viateur Street, Joliette, Lanaudière, QC, J6E 3B6

**450 752-1999**

**Website:** centraide-rcoq.ca/lanaudiere

**Email:** mchaput@centraide-lanaudiere.com

**Services:** Support to local community organizations through a fundraising campaign and donations collected.

**Eligibility:** non-profit organizations

**Coverage area:** MRC D'Autray, MRC L'Assomption, MRC Matawinie, MRC Montcalm, MRC Joliette, Mascouche

**Financing:** fundraising campaigns, self-financing

**Legal status:** non-profit organization

**FONDATION POUR LA SANTÉ DU NORD DE LANAUDIÈRE**

1000 Sainte-Anne Boulevard, Saint-Charles-Borromée, Lanaudière, QC, J6E 6J2

**450 759-8222 ext. 2721 Fax: 450 756-5086**

**Website:** www.votrefondation.org

**Email:** info@votrefondation.org

**Services:** Funding of projects related to healthcare.

**Eligibility:** general public

**Coverage area:** MRC de D'Autray, MRC de Matawinie, MRC de Joliette, MRC de Montcalm

**Hours:** Monday to Friday 8h00 to 16h30

**Fees:** none

**Financing:** donations, provincial, fundraising campaigns

**Legal status:** non-profit organization

**Community development****CENTRE RÉGIONAL DE FORMATION DE LANAUDIÈRE**

144 Saint-Joseph Street, Joliette, Lanaudière, QC, J6E 5C4

**450 755-2700 Fax: 450 760-3586**

**Website:** www.crfl.ca

**Email:** crfl@crfl.ca

**Services:** Training for employees and volunteers of community organizations. \* Training in management, accounting, law, animation, intervention. \* Distance training. \* Customized training.

**Eligibility:** employees and volunteers of community organizations

**Coverage area:** Lanaudière

**Hours:** Monday to Friday 8h00 to 16h00

**Financing:** provincial

**Legal status:** non-profit organization

### **GROUPE DE RESSOURCES TECHNIQUES HABEO**

457 Laval Street, Joliette, Lanaudière, QC, J6E 5G9

**450 759-8488 Fax:** 450 759-2100

**Website:** www.habeo.ca

**Email:** info@habeo.ca

**Services:** Technical resource group recognized by the Société d'habitation du Québec. \* Accompaniment of groups in achieving their social and community housing project. \* Development of housing cooperatives or NPOs. \* Online list of co-ops: <http://www.galoplanaudiere.org/nos-realizations>

**Eligibility:** groups wishing to carry out social and community housing projects

**Coverage area:** Lanaudière

**Hours:** Monday to Friday 8h30 to 16h00

**Financing:** provincial

**Legal status:** non-profit organization

## **Information and referral**

### **APPUI LANAUDIÈRE (L')**

Confidential Address

**1 855 852-7784**

**Website:** www.lappui.org/Regions/Lanaudiere

**Email:** info@lappuilanaudiere.org

**Services:** \* Support for caregivers of seniors: information and referral, training, counseling and respite. \* Consultation and mobilization of stakeholders.

**Eligibility:** seniors caregivers, relevant stakeholders

**Coverage area:** Lanaudière

**Hours:** Monday to Friday 8h30 to 16h30

**Financing:** foundations, provincial

**Legal status:** non-profit organization

### **CENTRE D'AMITIÉ AUTOCHTONE DE LANAUDIÈRE**

523 Sainte-Anne Boulevard, Joliette, Lanaudière, QC, J6E 5A3

**450 760-3865 Fax:** 450 760-9923

**Website:** www.caalanaudiere.ca

**Email:** info@caalanaudiere.ca

**Services:** \* Information and referral. \* Accompaniment and support services in different procedures by an outreach worker. \* Programme d'aide préscolaire autochtone pour les communautés urbaines et nordique (PAPACUN): activities related to culture, health, nutrition and education for children from 0 to 5 years old and their families. \* Educational services: homework help for elementary and secondary students, workspace, liaison between families and schools, low-cost school store, individual support for students and families. \* Cultural and educational activities. \* Youth activities for 12 to 17 year olds. \* Youth Council made up of 7 young people aged 14 to 22. \* Summer youth day camp program.

**Eligibility:** native people of all ages

**Coverage area:** Joliette

**Hours:** Tuesday and Thursday 9h00 to 16h00

**Fees:** none

**Financing:** municipal, provincial, federal, Centraide Lanaudière

**Legal status:** non-profit organization

**INFO-SOCIAL 8-1-1 - LANAUDIÈRE**

Confidential Address

**811 option 2****Website:** www.cisss-lanaudiere.gouv.qc.ca**Services:** Psychosocial consultation by phone. \* Information and referral to assistance resources.**Coverage area:** Lanaudière**Hours:** 24 hours / 7 days**Fees:** free**Financing:** provincial**Legal status:** non-profit organization**Volunteering and volunteer centres****ASSOCIATION RÉGIONALE DE LOISIRS POUR PERSONNES HANDICAPÉES DE LANAUDIÈRE**

200 de Salaberry Street, Suite 305, Joliette, Lanaudière, QC, J6E 4G1

**450 752-2586 Fax:** 450 759-8749**Website:** www.arplhlanaudiere.org**Email:** info@arplhlanaudiere.org**Services:** Promotion of recreational activities for people living with a disability. \* Information and referral. \* Volunteers training. \* Recreational events. \* Regional accessibility committee. \* Management of recreation programs. \* Companion Leisure Card (CAL).**Eligibility:** any person living with a handicap, regardless of age and disability**Coverage area:** Lanaudière**Financing:** provincial**Legal status:** non-profit organization**CENTRE D'ACTION BÉNÉVOLE ÉMILIE-GAMELIN**

80 Wilfrid-Ranger Street, Saint-Charles-Borromée, Lanaudière, QC, J6E 8M7

**450 756-2005 Fax:** 450 755-4649**Website:** www.emiliegamelin.qc.ca**Email:** ann.soucy@emiliegamelin.qc.ca**Services:** \* Meals on wheels. \* Friendship visits and calls. \* Information and referrals. \* Help with forms and accompaniment of seniors in the proces. \* Support group for caregivers. \* Recreational, physical and social activities: knitting group, yoga, dance classes, exercise sessions, board games. \* Recruitment, reception, referral and training of volunteers. \* Community and volunteer action development. \* On-site commissioner of oaths. \* Tax clinic.**Eligibility:** seniors, family caregivers, socially isolated people, people in vulnerable situations, volunteers, organizations**Coverage area:** MRC Joliette**Hours:** Monday to Friday 8h30 to 12h00 and 13h00 to 16h30, meals on wheels: Monday to Friday at 12h00**Fees:** annual membership: \$20**Financing:** membership fees, donations, fundraising campaigns**Legal status:** non-profit organization**MANNE QUOTIDIENNE (LA)**

160 Hélène-Boulé Street, Joliette, Lanaudière, QC, J6E 2R6

**450 755-6078****Email:** mannequotidienne@hotmail.com**Services:** Food assistance. \* Food bank. \* Free breakfasts and weekend dinners. \* Food processing workshops for men only and for women only. \* Support, information and referral. \* Recovery of food surplus.**Eligibility:** individuals and families on a low income, people experiencing homelessness**Coverage area:** Joliette

**Hours:** breakfasts: 7 days 6h30 to 8h30, dinners: Saturday 13h30 to 17h30, Sunday 15h30 to 17h30, food bank: Monday and Thursday 9h00 to 14h30

**Fees:** breakfasts, dinners and food processing workshops: free, membership card: \$30 for 6 months per adult, \$5 for 6 months per child

**Financing:** grants, donations, contributions

**Legal status:** non-profit organization

### ORIGINAL TATOUE, CAFÉ DE RUE

144 Saint-Joseph Street, Joliette, Lanaudière, QC, J6E 5C4

**450 394-4384**

**Email:** lorignaltatoue@gmail.com

**Services:** Place of listening and support. \* Help, listening and referral. \* Emergency assistance: food assistance, personal hygiene products, menstrual hygiene products, warm clothes, condoms. \* Recovery of used syringes. \* Assistance in French and mathematics. \* Monthly visit by a nurse: samples, screening, vaccination and answer to health questions. \* Prevention and education activities.

**Eligibility:** young people aged 16 to 30 in a situation of social or family breakdown or experiencing difficulties related to drug addiction, homelessness and mental health problems

**Capacity:** 10 people

**Coverage area:** Joliette

**Hours:** Tuesday to Friday 12h00 to 16h00

**Fees:** none

**Financing:** donations, municipal, provincial, federal

**Legal status:** non-profit organization

### SOCIÉTÉ DE SAINT-VINCENT-DE-PAUL - CONSEIL PARTICULIER DE JOLIETTE

465 Laval Street, Joliette, Lanaudière, QC, J6E 5G9

**450 759-4862**

**Website:** ssvp-joliette.com

**Email:** ssvpjoliette@videotron.ca

**Services:** \* Material assistance: food, clothing, furniture, school supplies. \* Referral to other community organizations. \* Christmas baskets.

**Eligibility:** individuals and families on a low income

**Coverage area:** Crabtree, Joliette, Notre-Dame-des-Prairies, Saint-Charles-Borromée

**Hours:** material assistance: by appointment

**Fees:** variable

**Financing:** donations

**Legal status:** non-profit organization

**Disability****ADAPTED WORK AND EMPLOYABILITY SUPPORT****ADVOCACY FOR PEOPLE WITH A PHYSICAL DISABILITY****ADVOCACY FOR PEOPLE WITH AN INTELLECTUAL DISABILITY****AUTISM, PDD, ADHD****DEAF AND HEARING IMPAIRED****LANGUAGE DISORDERS****PARATRANSIT****RECREATION AND CAMPS****RESPIRE SERVICES AND HOUSING****RESPIRE, CHILD CARE AND HOUSING****SUPPORT ASSOCIATIONS****SUPPORT AND INTEGRATION ORGANIZATIONS****THE BLIND****THERAPY AND REHABILITATION CENTRES**



## Adapted work and employability support

### CAMPUS-EMPLOI (LE)

92 Bourget Place North, Joliette, Lanaudière, QC, J6E 5E5

**450 398-0687**

**Website:** [campusemploi.org](http://campusemploi.org)

**Email:** [info@campusemploi.org](mailto:info@campusemploi.org)

**Services:** Employment counseling centre. \* Le Virage and Le Virage Express programs: accompaniment in the process of professional reintegration, work on self-esteem, group approach with individual support, over a period of 12 or 8 weeks. \* Profil Action Program: accompaniment in the process of professional reintegration, work on self-esteem, individual approach with group workshops, over a period of 25 weeks. \* Directory of job offers and online applications.

**Eligibility:** men 35 years and over

**Coverage area:** Joliette

**Hours:** Monday to Thursday 8h30 to 16h00, Friday 8h30 to 12h00

**Fees:** none

**Financing:** provincial

**Legal status:** non-profit organization

### ENTRAIDE POUR LA DÉFICIENCE INTELLECTUELLE DU JOLIETTE MÉTROPOLITAIN

375 Fabre Street, Joliette, Lanaudière, QC, J6E 0X7

**450 759-9621 Fax:** 450 760-3586

**Website:** [www.entraidedijm.org](http://www.entraidedijm.org)

**Email:** [info@entraidedijm.org](mailto:info@entraidedijm.org)

**Services:** Activities for people living with an intellectual disability and their families. \* Day centre. \* Adapted work program. \* Leisure activities. \* Respite camp. \* Awareness. \* Advocacy of rights. \* Tax clinic.

**Eligibility:** people living with an intellectual disability, their parents

**Coverage area:** MRC Joliette and surroundings

**Hours:** administration: Monday to Friday 8h00 to 16h00

**Fees:** membership card: \$15 per year, \$25 per year for a parent living at the same address as their child

**Financing:** membership fees, donations

**Legal status:** non-profit organization

### SERLAN - JOLIETTE

957 Raoul-Charette Street, Joliette, Lanaudière, QC, J6E 8S4

**450 752-0030 Fax:** 450 752-2015

**Website:** [www.serlan.com](http://www.serlan.com)

**Email:** [jessica.laforest@serlan.com](mailto:jessica.laforest@serlan.com)

**Services:** Adapted workplace for people with a disability. \* Assembling, mounting, shrink wrapping, bagging, labeling, die cutting, various handling, spiral binding and Wire-O.

**Eligibility:** people living with a physical or an intellectual disability, or a mental health issue

**Coverage area:** Lanaudière

**Hours:** Monday to Friday 8h00 to 17h00

**Financing:** provincial, self-financing

**Legal status:** non-profit organization

### SERVICE SPÉCIALISÉ DE MAIN-D'OEUVRE ESSOR II - POINT DE SERVICE DE JOLIETTE

463 de Lanaudière Street, Joliette, Lanaudière, QC, J6E 3M3

**450 755-3855 Fax:** 450 755-3266

**Website:** [www.essor2.org](http://www.essor2.org)

**Email:** [essor@bellnet.ca](mailto:essor@bellnet.ca)

**Services:** Help for employment of people with functional limitations. \* Evaluation and counselling. \* Referral. \* Help with the job search. \* Communication with employers. \* Possibility of financial aid for employers. \* Accompaniment during employment.

**Eligibility:** people with physical, intellectual or psychological limitations

**Coverage area:** Lanaudière

**Hours:** Monday to Thursday 8h30 to 16h30, Friday 8h30 to 12h00

**Financing:** grants

**Legal status:** non-profit organization

### **SOUPIÈRE JOLIETTE-LANAUDIÈRE (LA)**

712 De Lanaudière Street, Joliette, Lanaudière, QC, J6E 3N1

**450 755-6616**

**Website:** [www.lasoupiere.org](http://www.lasoupiere.org)

**Email:** [la.soupiere@videotron.ca](mailto:la.soupiere@videotron.ca)

**Services:** Food resource. \* Food bank, possibility of delivery for people with reduced mobility. \* Emergency breakdown assistance. \* Breakfast on site. \* Information and referral. \* Collective garden. \* Pass-Action program: pre-employability program. \* Workshops and training: cooking workshops, training on collective gardens.

**Eligibility:** people living a difficult situation, families, children, people with reduced mobility  
Pass-Action program: people outside the labor market

**Coverage area:** MRC Joliette

**Hours:** office: Monday to Friday 8h00 to 16h00, food bank: Wednesday and Thursday 9h00 to 14h30, except the first week of each month

**Fees:** membership: \$30 per adult, \$5 per child, for a period of 6 months, delivery: \$4 per delivery

**Financing:** grants, donations, membership fees

**Legal status:** non-profit organization

## **Advocacy for people with a physical disability**

### **ASSOCIATION DES PERSONNES HANDICAPÉES PHYSIQUES ET SENSORIELLES SECTEUR JOLIETTE**

200 de Salaberry Street, Suite 134, Joliette, Lanaudière, QC, J6E 4G1

**450 759-3322** Fax: 450 759-8749

**Website:** [www.aphpssj.com](http://www.aphpssj.com)

**Email:** [info@aphpssj.com](mailto:info@aphpssj.com)

**Services:** Advocacy and promotion of the interests of people living with a disability. \* Accompaniment services. \* Adapted leisure activities. \* Information and referral service. \* Support in obtaining services. \* Psychosocial services for people who have sustained head injuries.

**Eligibility:** people living with a disability and their close ones

**Coverage area:** MRC Joliette

**Hours:** Monday to Thursday 8h00 to 12h00 and 12h30 to 16h30

**Fees:** membership card: \$10

**Financing:** grants, contributions

**Legal status:** non-profit organization

### **ASSOCIATION DES SOURDS DE LANAUDIÈRE**

200 De Salaberry Street, Suite 312, Joliette, Lanaudière, QC, J6E 4G1

**450 752-1426** Fax: 1 866 845-4350 TTY: 450 752-1426

**Website:** [www.asljoliette.org](http://www.asljoliette.org)

**Email:** [direction@asljoliette.org](mailto:direction@asljoliette.org)

**Services:** \* Information and referral. \* Publication of a quarterly newsletter. \* Recreational activities. \* Participation in awareness programs. \* Classes to learn Québec sign language (QSL). \* Conferences, trainings, animation. \* Advocacy.

**Eligibility:** the deaf and hearing impaired

**Coverage area:** Lanaudière

**Hours:** Monday to Friday 8h30 to 16h30

**Fees:** annual membership: \$20 per individual, \$30 per couple, \$17 per individual 55 years old and over, \$25 per couple 55 years old and over, \$15 per student, \$50 per association

**Financing:** provincial, Centraide Lanaudière, membership fees

**Legal status:** non-profit organization

## **ASSOCIATION RÉGIONALE DE LOISIRS POUR PERSONNES HANDICAPÉES DE LANAUDIÈRE**

200 de Salaberry Street, Suite 305, Joliette, Lanaudière, QC, J6E 4G1

**450 752-2586 Fax:** 450 759-8749

**Website:** www.arplhlanaudiere.org

**Email:** info@arplhlanaudiere.org

**Services:** Promotion of recreational activities for people living with a disability. \* Information and referral. \* Volunteers training. \* Recreational events. \* Regional accessibility committee. \* Management of recreation programs. \* Companion Leisure Card (CAL).

**Eligibility:** any person living with a handicap, regardless of age and disability

**Coverage area:** Lanaudière

**Financing:** provincial

**Legal status:** non-profit organization

## **CORPORATION LES ENFANTS DE MA RUE**

688 Manseau Boulevard, Joliette, Lanaudière, QC, J6E 3E6

**450 752-2608**

**Website:** www.enfantsdemarue.org

**Email:** info@enfantsdemarue.org

**Services:** Awareness raising program for elementary school children, about the reality of people living with a deficiency. \* Exchange and information through humorous but realistic sketches performed with puppets.

**Eligibility:** primary schools

**Coverage area:** MRC D'Autray, MRC Joliette, MRC L'Assomption, MRC Les Moulins, MRC Matawinie, MRC Montcalm

**Hours:** monday to thursday 8h00 to 16h30

**Financing:** provincial, federal

**Legal status:** non-profit organization

## **ENTRAIDE POUR LA DÉFICIENCE INTELLECTUELLE DU JOLIETTE MÉTROPOLITAIN**

375 Fabre Street, Joliette, Lanaudière, QC, J6E 0X7

**450 759-9621 Fax:** 450 760-3586

**Website:** www.entraidedijm.org

**Email:** info@entraidedijm.org

**Services:** Activities for people living with an intellectual disability and their families. \* Day centre. \* Adapted work program. \* Leisure activities. \* Respite camp. \* Awareness. \* Advocacy of rights. \* Tax clinic.

**Eligibility:** people living with an intellectual disability, their parents

**Coverage area:** MRC Joliette and surroundings

**Hours:** administration: Monday to Friday 8h00 to 16h00

**Fees:** membership card: \$15 per year, \$25 per year for a parent living at the same address as their child

**Financing:** membership fees, donations

**Legal status:** non-profit organization

## **MOUVEMENT PERSONNE D'ABORD DE JOLIETTE**

144 Saint-Joseph Street, Joliette, Lanaudière, QC, J6E 5C4

**450 755-4171**

**Email:** mpdaj@videotron.ca

**Services:** Defence of collective rights for and by people living with an intellectual disability. \* Reception, listening and referral. \* Awareness, mobilization and representation actions. \* Weekly and annual activities.

**Eligibility:** people living with an intellectual disability, their relatives

**Coverage area:** MRC Joliette

**Hours:** Monday to Friday 8h30 to 16h30

**Fees:** none

**Financing:** provincial

**Legal status:** non-profit organization

## **SOCIÉTÉ DE L'AUTISME RÉGION LANAUDIÈRE**

584 Almira-S.-Choinière Street, Joliette, Lanaudière, QC, J6E 0K5

**450 759-9788**

**Website:** [www.autismelanaudiere.org](http://www.autismelanaudiere.org)

**Email:** [sarl@autisme-lanaudiere.org](mailto:sarl@autisme-lanaudiere.org)

**Services:** \* Information, listening and referral. \* Conferences and trainings. \* Resource and documentation centres with appointment. \* Awareness. \* Coffee-chats for parents. \* Advocacy, accompaniment. \* Assistance to get grants. \* Azimut workshop for teenagers. \* Activities for adults. \* Day centre: physical, artistic, cooking and sensory activities, zootherapy, music therapy.

**Eligibility:** people with an autism spectrum disorder (TSA), their families, general public

**Coverage area:** Lanaudière

**Hours:** Monday to Friday 8h00 to 16h00

**Fees:** annual contribution: famille: \$25, participating member: \$25, individual: \$35, professional: \$50, corporate member: \$100

**Financing:** contributions

**Legal status:** non-profit organization

## **TABLE DE CONCERTATION RÉGIONALE DES ASSOCIATIONS DE PERSONNES HANDICAPÉES DE LANAUDIÈRE**

200 de Salaberry Street, Suite 311, Joliette, Lanaudière, QC, J6E 4G1

**450 755-1488** Fax: 450 759-8749

**Email:** [tcrapl@tcrapl.org](mailto:tcrapl@tcrapl.org)

**Services:** \* Advocacy of rights. \* Consultation, representation and technical support.

**Eligibility:** associations of disabled people

**Coverage area:** Lanaudière

**Hours:** Monday to Friday 8h30 to 16h30

**Fees:** annual contribution: \$50 per association

**Financing:** contributions, provincial

**Legal status:** non-profit organization

## **Advocacy for people with an intellectual disability**

### **ENTRAIDE POUR LA DÉFICIENCE INTELLECTUELLE DU JOLIETTE MÉTROPOLITAIN**

375 Fabre Street, Joliette, Lanaudière, QC, J6E 0X7

**450 759-9621** Fax: 450 760-3586

**Website:** [www.entraidedijm.org](http://www.entraidedijm.org)

**Email:** [info@entraidedijm.org](mailto:info@entraidedijm.org)

**Services:** Activities for people living with an intellectual disability and their families. \* Day centre. \* Adapted work program. \* Leisure activities. \* Respite camp. \* Awareness. \* Advocacy of rights. \* Tax clinic.

**Eligibility:** people living with an intellectual disability, their parents

**Coverage area:** MRC Joliette and surroundings

**Hours:** administration: Monday to Friday 8h00 to 16h00

**Fees:** membership card: \$15 per year, \$25 per year for a parent living at the same address as their child

**Financing:** membership fees, donations

**Legal status:** non-profit organization

### **MOUVEMENT PERSONNE D'ABORD DE JOLIETTE**

144 Saint-Joseph Street, Joliette, Lanaudière, QC, J6E 5C4

**450 755-4171**

**Email:** mpdaj@videotron.ca

**Services:** Defence of collective rights for and by people living with an intellectual disability. \* Reception, listening and referral. \* Awareness, mobilization and representation actions. \* Weekly and annual activities.

**Eligibility:** people living with an intellectual disability, their relatives

**Coverage area:** MRC Joliette

**Hours:** Monday to Friday 8h30 to 16h30

**Fees:** none

**Financing:** provincial

**Legal status:** non-profit organization

### **SOCIÉTÉ DE L'AUTISME RÉGION LANAUDIÈRE**

584 Almira-S.-Choinière Street, Joliette, Lanaudière, QC, J6E 0K5

**450 759-9788**

**Website:** www.autismelanaudiere.org

**Email:** sarl@autisme-lanaudiere.org

**Services:** \* Information, listening and referral. \* Conferences and trainings. \* Resource and documentation centres with appointment. \* Awareness. \* Coffee-chats for parents. \* Advocacy, accompaniment. \* Assistance to get grants. \* Azimut workshop for teenagers. \* Activities for adults. \* Day centre: physical, artistic, cooking and sensory activities, zootherapy, music therapy.

**Eligibility:** people with an autism spectrum disorder (TSA), their families, general public

**Coverage area:** Lanaudière

**Hours:** Monday to Friday 8h00 to 16h00

**Fees:** annual contribution: famille: \$25, participating member: \$25, individual: \$35, professional: \$50, corporate member: \$100

**Financing:** contributions

**Legal status:** non-profit organization

### **TABLE DE CONCERTATION RÉGIONALE DES ASSOCIATIONS DE PERSONNES HANDICAPÉES DE LANAUDIÈRE**

200 de Salaberry Street, Suite 311, Joliette, Lanaudière, QC, J6E 4G1

**450 755-1488 Fax:** 450 759-8749

**Email:** tcrapl@tcrapl.org

**Services:** \* Advocacy of rights. \* Consultation, representation and technical support.

**Eligibility:** associations of disabled people

**Coverage area:** Lanaudière

**Hours:** Monday to Friday 8h30 to 16h30

**Fees:** annual contribution: \$50 per association

**Financing:** contributions, provincial

**Legal status:** non-profit organization

## Autism, PDD, ADHD

### ASSOCIATION RÉGIONALE DE LOISIRS POUR PERSONNES HANDICAPÉES DE LANAUDIÈRE

200 de Salaberry Street, Suite 305, Joliette, Lanaudière, QC, J6E 4G1

**450 752-2586 Fax:** 450 759-8749

**Website:** [www.arphlanaudiere.org](http://www.arphlanaudiere.org)

**Email:** [info@arphlanaudiere.org](mailto:info@arphlanaudiere.org)

**Services:** Promotion of recreational activities for people living with a disability. \* Information and referral. \* Volunteers training. \* Recreational events. \* Regional accessibility committee. \* Management of recreation programs. \* Companion Leisure Card (CAL).

**Eligibility:** any person living with a handicap, regardless of age and disability

**Coverage area:** Lanaudière

**Financing:** provincial

**Legal status:** non-profit organization

### CENTRE INTÉGRÉ DE SANTÉ ET DE SERVICES SOCIAUX DE LANAUDIÈRE - GUICHET D'ACCÈS CENTRALISÉ DÉFICIENCE INTELLECTUELLE, TROUBLE DU SPECTRE DE L'AUTISME ET DÉFICIENCE PHYSIQUE

1180 Manseau Boulevard, Joliette, Lanaudière, QC, J6E 3G8

**1 877 322-2898 Fax:** 450 756-2898

**Website:** [www.cisss-lanaudiere.gouv.qc.ca/liste-de-soins-et-services/liste-par-clientele/personnes-agees/deficiences](http://www.cisss-lanaudiere.gouv.qc.ca/liste-de-soins-et-services/liste-par-clientele/personnes-agees/deficiences)

**Email:** [guichet.ditsadp.cissslan@ssss.gouv.qc.ca](mailto:guichet.ditsadp.cissslan@ssss.gouv.qc.ca)

**Services:** Rehabilitation services coordination. \* Reception and treatment of service requests.

**Eligibility:** children and adults with a physical, hearing, speech, motor, intellectual disability or an autism spectrum disorder

**Coverage area:** Lanaudière

**Hours:** Monday to Friday 8h30 to 12h00 and 13h00 to 16h30

**Financing:** provincial

**Legal status:** parapublic organization

### DÉFIS-LOGIS LANAUDIÈRE

105 Marie-Curie Street, Saint-Charles-Borromée, Lanaudière, QC, J6E 0V2

**450 394-4497**

**Website:** [www.defis-logislanaudiere.org](http://www.defis-logislanaudiere.org)

**Email:** [defis-logislanaudiere@hotmail.com](mailto:defis-logislanaudiere@hotmail.com)

**Services:** Subsidized housing with supervision and services for persons 18 years of age and older living with a developmental disability or an autism spectrum disorder. \* Specialized counsellors and attendants. \* Social and recreational activities. \* Community kitchen, garden and hall.

**Eligibility:** persons 18 years of age and older living with an intellectual disability or autism spectrum disorder who can live alone in an apartment with assistance or supervision

**Capacity:** 11 subsidized housing units

**Coverage area:** MRC D'Autray, MRC Joliette, MRC Matawinie et MRC Montcalm

**Fees:** 25% of income according to the provincial notice of assessment

**Financing:** provincial, municipal

**Legal status:** non-profit organization

### RÉPITS DE GABY (LES)

51 19th Street, Crabtree, Lanaudière, QC, J0K 1B0

**1 866 753-3914**

**Website:** [www.repitsdegaby.com](http://www.repitsdegaby.com)

**Email:** [direction@repitsdegaby.com](mailto:direction@repitsdegaby.com)

**Services:** \* Summer, day and week-end respite. \* La Barack youth centre: conferences, outings.

**Eligibility:** people with an autism spectrum disorder (ASD), summer and week-end respite: children 5 years and over, teenagers, adults

**Coverage area:** Lanaudière

**Hours:** office: Monday to Friday 8h30 to 16h00, summer respite: Monday to Friday 8h30 to 16h30, day respite: one Saturday or Sunday every two weeks 9h00 to 16h30, week-end respite: Friday 19h00 to Sunday 19h00, La Barack: 2 Saturdays per month 14h00 to 21h00

**Fees:** membership: \$15 per year, summer, day respite, la Barack: \$26 per day, week-end respite: \$150 for 48 hours

**Financing:** provincial, fundraising campaigns

**Legal status:** non-profit organization

## RÉPITS DE GABY (LES) - JOLIETTE

Confidential Address

**450 754-2782**

**Website:** www.repitsdegaby.com

**Email:** direction@repitsdegaby.com

**Services:** \* Summer and day respite.

**Eligibility:** people with an autism spectrum disorder (ASD), summer and day respite: children, teenagers and adults 5 years and older

**Coverage area:** Lanaudière

**Hours:** office: Monday to Friday 8h30 to 16h00, summer respite: Monday to Friday 8h30 to 16h30, day respite: one Saturday or Sunday every two weeks 9h00 to 16h30

**Fees:** membership: \$15 per year, respite: \$26 per day

**Financing:** provincial, fundraising campaigns

**Legal status:** non-profit organization

## SOCIÉTÉ DE L'AUTISME RÉGION LANAUDIÈRE

584 Almira-S.-Choinière Street, Joliette, Lanaudière, QC, J6E 0K5

**450 759-9788**

**Website:** www.autismelanaudiere.org

**Email:** sarl@autisme-lanaudiere.org

**Services:** \* Information, listening and referral. \* Conferences and trainings. \* Resource and documentation centres with appointment. \* Awareness. \* Coffee-chats for parents. \* Advocacy, accompaniment. \* Assistance to get grants. \* Azimut workshop for teenagers. \* Activities for adults. \* Day centre: physical, artistic, cooking and sensory activities, zootherapy, music therapy.

**Eligibility:** people with an autism spectrum disorder (TSA), their families, general public

**Coverage area:** Lanaudière

**Hours:** Monday to Friday 8h00 to 16h00

**Fees:** annual contribution: famille: \$25, participating member: \$25, individual: \$35, professional: \$50, corporate member: \$100

**Financing:** contributions

**Legal status:** non-profit organization

## Deaf and hearing impaired

### ASSOCIATION DES SOURDS DE LANAUDIÈRE

200 De Salaberry Street, Suite 312, Joliette, Lanaudière, QC, J6E 4G1

**450 752-1426 Fax:** 1 866 845-4350 **TTY:** 450 752-1426

**Website:** www.asljoliette.org

**Email:** direction@asljoliette.org

**Services:** \* Information and referral. \* Publication of a quarterly newsletter. \* Recreational activities. \* Participation in awareness programs. \* Classes to learn Québec sign language (QSL). \* Conferences, trainings, animation. \* Advocacy.

**Eligibility:** the deaf and hearing impaired

**Coverage area:** Lanaudière

**Hours:** Monday to Friday 8h30 to 16h30

**Fees:** annual membership: \$20 per individual, \$30 per couple, \$17 per individual 55 years old and over, \$25 per couple 55 years old and over, \$15 per student, \$50 per association

**Financing:** provincial, Centraide Lanaudière, membership fees

**Legal status:** non-profit organization

### **CENTRE INTÉGRÉ DE SANTÉ ET DE SERVICES SOCIAUX DE LANAUDIÈRE - GUICHET D'ACCÈS CENTRALISÉ DÉFICIENCE INTELLECTUELLE, TROUBLE DU SPECTRE DE L'AUTISME ET DÉFICIENCE PHYSIQUE**

1180 Manseau Boulevard, Joliette, Lanaudière, QC, J6E 3G8

**1 877 322-2898 Fax:** 450 756-2898

**Website:** [www.cisss-lanaudiere.gouv.qc.ca/liste-de-soins-et-services/liste-par-clientele/personnes-agees/deficiences](http://www.cisss-lanaudiere.gouv.qc.ca/liste-de-soins-et-services/liste-par-clientele/personnes-agees/deficiences)

**Email:** [guichet.ditsadp.cissslanaudiere@ssss.gouv.qc.ca](mailto:guichet.ditsadp.cissslanaudiere@ssss.gouv.qc.ca)

**Services:** Rehabilitation services coordination. \* Reception and treatment of service requests.

**Eligibility:** children and adults with a physical, hearing, speech, motor, intellectual disability or an autism spectrum disorder

**Coverage area:** Lanaudière

**Hours:** Monday to Friday 8h30 to 12h00 and 13h00 to 16h30

**Financing:** provincial

**Legal status:** parapublic organization

### **PARRAINAGE CIVIQUE LANAUDIÈRE - HEAD OFFICE**

688 Manseau Boulevard, Joliette, Lanaudière, QC, J6E 3E6

**450 398-0696**

**Website:** [www.parrainageciviquelanaudiere.com](http://www.parrainageciviquelanaudiere.com)

**Email:** [carolpcl@outlook.com](mailto:carolpcl@outlook.com)

**Services:** Sponsorship: long-term support by a volunteer paired with a marginalized person for social integration purposes. \* Useful accompaniments, leisure activities.

**Eligibility:** people living with motor or sensory disabilities, mental health disorders, intellectual disabilities, in loss of autonomy or with socio-emotional difficulties

**Coverage area:** Lanaudière

**Hours:** Monday to Friday 8h30 to 12h00 and 13h00 to 16h30

**Fees:** membership: \$5 per year

**Financing:** provincial, Centraide Lanaudière, fundraising campaigns

**Legal status:** non-profit organization

### **TABLE DE CONCERTATION RÉGIONALE DES ASSOCIATIONS DE PERSONNES HANDICAPÉES DE LANAUDIÈRE**

200 de Salaberry Street, Suite 311, Joliette, Lanaudière, QC, J6E 4G1

**450 755-1488 Fax:** 450 759-8749

**Email:** [tcrapl@tcrapl.org](mailto:tcrapl@tcrapl.org)

**Services:** \* Advocacy of rights. \* Consultation, representation and technical support.

**Eligibility:** associations of disabled people

**Coverage area:** Lanaudière

**Hours:** Monday to Friday 8h30 to 16h30

**Fees:** annual contribution: \$50 per association

**Financing:** contributions, provincial

**Legal status:** non-profit organization



## Language disorders

### **CENTRE INTÉGRÉ DE SANTÉ ET DE SERVICES SOCIAUX DE LANAUDIÈRE - GUICHET D'ACCÈS CENTRALISÉ DÉFICIENCE INTELLECTUELLE, TROUBLE DU SPECTRE DE L'AUTISME ET DÉFICIENCE PHYSIQUE**

1180 Manseau Boulevard, Joliette, Lanaudière, QC, J6E 3G8

**1 877 322-2898 Fax:** 450 756-2898

**Website:** [www.cisss-lanaudiere.gouv.qc.ca/liste-de-soins-et-services/liste-par-clientele/personnes-agees/deficiences](http://www.cisss-lanaudiere.gouv.qc.ca/liste-de-soins-et-services/liste-par-clientele/personnes-agees/deficiences)

**Email:** [guichet.ditsadp.cissslan@ssss.gouv.qc.ca](mailto:guichet.ditsadp.cissslan@ssss.gouv.qc.ca)

**Services:** Rehabilitation services coordination. \* Reception and treatment of service requests.

**Eligibility:** children and adults with a physical, hearing, speech, motor, intellectual disability or an autism spectrum disorder

**Coverage area:** Lanaudière

**Hours:** Monday to Friday 8h30 to 12h00 and 13h00 to 16h30

**Financing:** provincial

**Legal status:** parapublic organization

## Paratransit

### **CENTRE D'ACTION BÉNÉVOLE ÉMILIE-GAMELIN - ACCOMPAGNEMENT-TRANSPORT**

80 Wilfrid-Ranger Street, Saint-Charles-Borromée, Lanaudière, QC, J6E 8M7

**450 756-2005 Fax:** 450 755-4649

**Website:** [www.emiliegamelin.qc.ca](http://www.emiliegamelin.qc.ca)

**Email:** [info@emiliegamelin.qc.ca](mailto:info@emiliegamelin.qc.ca)

**Services:** \* Transportation and accompaniment to medical and socio-legal appointments by a volunteer.

**Eligibility:** seniors, persons in temporary or permanent loss of autonomy, persons in vulnerable situations

**Coverage area:** MRC Joliette, accompaniment and transportation: Lanaudière and outside the region according to needs

**Hours:** Monday to Friday 8h30 to 12h00 and 13h00 to 16h30

**Fees:** annual membership: \$20

**Financing:** membership fees

**Legal status:** non-profit organization

### **CONSEIL RÉGIONAL DE TRANSPORT DE LANAUDIÈRE**

930 Saint-Louis Street, Joliette, Lanaudière, QC, J6E 3A4

**450 759-5133**

**Website:** [www.jembarque.com](http://www.jembarque.com)

**Email:** [info.transport@mrcjoliette.qc.ca](mailto:info.transport@mrcjoliette.qc.ca)

**Services:** Management of public transit and paratransit.

**Coverage area:** Lanaudière

**Hours:** Monday to Thursday 8h00 to 12h00 and 13h00 to 16h30, Friday 8h00 to 12h00

**Fees:** variable

**Financing:** self-financing, provincial

**Legal status:** parapublic organization

### **MRC JOLIETTE - PARATRANSIT**

942 Saint-Louis Street, Joliette, Lanaudière, QC, J6E 3A4

**450 756-2785 Fax:** 450 759-2597

**Website:** [mrcjoliette.qc.ca/transport-mrc-joliette/transport-adapte](http://mrcjoliette.qc.ca/transport-mrc-joliette/transport-adapte)

**Email:** [info.transport@mrcjoliette.qc.ca](mailto:info.transport@mrcjoliette.qc.ca)

**Services:** Paratransit service provided by employees of the MRC Joliette.

**Eligibility:** residents of the MRC Joliette living with a mobility limiting disability

**Coverage area:** MRC Joliette, Saint-Alexis, Saint-Esprit, Saint-Jacques, Sainte-Marie-Salomé, Saint-Félix-de-Valois, Saint-Jean-de-Matha

**Hours:** Monday to Friday 5h45 to 20h15, Saturday 7h30 to 18h15, Sunday 7h30 to 20h15, paratransit service: Monday to Sunday 7h00 to 24h00, booking: Monday to Friday 7h30 to 16h30

**Fees:** vary between \$2,25 and \$9 depending on the distance, please refer to the online price list

**Financing:** municipal, self-financing

**Legal status:** municipal agency

## Recreation and camps

### ASSOCIATION DES PERSONNES HANDICAPÉES PHYSIQUES ET SENSORIELLES SECTEUR JOLIETTE

200 de Salaberry Street, Suite 134, Joliette, Lanaudière, QC, J6E 4G1

**450 759-3322 Fax:** 450 759-8749

**Website:** www.aphpssj.com

**Email:** info@aphpssj.com

**Services:** Advocacy and promotion of the interests of people living with a disability. \* Accompaniment services. \* Adapted leisure activities. \* Information and referral service. \* Support in obtaining services. \* Psychosocial services for people who have sustained head injuries.

**Eligibility:** people living with a disability and their close ones

**Coverage area:** MRC Joliette

**Hours:** Monday to Thursday 8h00 to 12h00 and 12h30 to 16h30

**Fees:** membership card: \$10

**Financing:** grants, contributions

**Legal status:** non-profit organization

### ASSOCIATION DES SOURDS DE LANAUDIÈRE

200 De Salaberry Street, Suite 312, Joliette, Lanaudière, QC, J6E 4G1

**450 752-1426 Fax:** 1 866 845-4350 **TTY:** 450 752-1426

**Website:** www.asljoliette.org

**Email:** direction@asljoliette.org

**Services:** \* Information and referral. \* Publication of a quarterly newsletter. \* Recreational activities. \* Participation in awareness programs. \* Classes to learn Québec sign language (QSL). \* Conferences, trainings, animation. \* Advocacy.

**Eligibility:** the deaf and hearing impaired

**Coverage area:** Lanaudière

**Hours:** Monday to Friday 8h30 to 16h30

**Fees:** annual membership: \$20 per individual, \$30 per couple, \$17 per individual 55 years old and over, \$25 per couple 55 years old and over, \$15 per student, \$50 per association

**Financing:** provincial, Centraide Lanaudière, membership fees

**Legal status:** non-profit organization

### ASSOCIATION RÉGIONALE DE LA FIBROMYALGIE DE LANAUDIÈRE

762A de l'Industrie Boulevard, Saint-Paul, Lanaudière, QC, J0K 3E0

**1 888 223-0227**

**Website:** www.fibromyalgearfl.com

**Email:** info@fibromyalgearfl.com

**Services:** \* Rehabilitation activities: aquafitness. \* Social activities. \* Social network, testimony exchanges. \* Information, document loans and consultation, conferences. \* Art workshops.

**Eligibility:** people with a fibromyalgia diagnostic and relations

**Coverage area:** Lanaudière

**Hours:** Wednesday 13h00 to 16h00, Thursday 13h30 to 16h00

**Fees:** annual fees: \$20

**Financing:** fundraising campaigns, grants, contributions

**Legal status:** non-profit organization

### **ASSOCIATION RÉGIONALE DE LOISIRS POUR PERSONNES HANDICAPÉES DE LANAUDIÈRE**

200 de Salaberry Street, Suite 305, Joliette, Lanaudière, QC, J6E 4G1

**450 752-2586 Fax:** 450 759-8749

**Website:** www.arlphlanaudiere.org

**Email:** info@arlphlanaudiere.org

**Services:** Promotion of recreational activities for people living with a disability. \* Information and referral. \* Volunteers training. \* Recreational events. \* Regional accessibility committee. \* Management of recreation programs. \* Companion Leisure Card (CAL).

**Eligibility:** any person living with a handicap, regardless of age and disability

**Coverage area:** Lanaudière

**Financing:** provincial

**Legal status:** non-profit organization

### **ASSOCIATION SCLÉROSE EN PLAQUES DE LANAUDIÈRE**

200 Salaberry Street, Suite 307, Joliette, Lanaudière, QC, J6E 4G1

**450 753-5545**

**Website:** www.asepl.org

**Email:** asepl@intermonde.net

**Services:** Support to people living with multiple sclerosis and their close ones. \* Information about the disease. \* Activities for members. \* Individual support, advocacy. \* Financial support. \* Visits at home and in care centres.

**Eligibility:** people living with multiple sclerosis, their close ones

**Coverage area:** Lanaudière

**Hours:** Monday to Friday 8h30 to 12h00 and 13h00 to 16h30

**Fees:** free

**Financing:** provincial, fundraising campaigns, donations

**Legal status:** non-profit organization

### **ASSOCIATION UN COEUR POUR TOUS, LANAUDIÈRE (L')**

144 Saint-Joseph Street, Suite 113, Joliette, Lanaudière, QC, J6E 5C2

**450 760-3039**

**Website:** www.uncoeurpourtous.com

**Email:** info@uncoeurpourtous.com

**Services:** \* Information on heart diseases and their physical and moral consequences. \* Breakfast-conferences 5 times per year. \* Workshops. \* Adapted physical activities, chair yoga, Coeur en forme physical conditioning. \* Social activities.

**Eligibility:** people with a heart disease or high blood pressure, their partners

**Capacity:** pool: 24 people

**Coverage area:** Lanaudière

**Hours:** Monday to Friday 8h00 à 17h00

**Fees:** membership card: \$15 per year, activities: \$50 per activity (\$5 per visit for 10 weeks)

**Financing:** donations, self-financing, grants

**Legal status:** non-profit organization

### **CORPORATION RÉPIT-DÉPANNAGE DE LANAUDIÈRE**

159 Lajoie Street North, Joliette, Lanaudière, QC, J6E 5K6

**450 755-2591 Fax:** 450 755-3536

**Email:** maisonclementine@hotmail.com

**Services:** Support for people with a disability. \* Respite home for people between 5 and 65 years old with an intellectual or physical disability or an autism spectrum disorder. \* Respite: on a continuous basis for up to 30 days. \* Caretaking: day or night depending on needs. \* Recreational services: activities for people 21 years old and over. \* Temporary housing: alternative service, for up to 90 consecutive days.

**Eligibility:** respite: people with an intellectual or a physical disability or an autism spectrum disorder, aged from 5 to 65 years old, recreational services: people with an intellectual or a physical disability or an autism spectrum disorder, aged 21 years and over

**Capacity:** 13 people per day

**Coverage area:** Lanaudière

**Hours:** 24 hours, 7 days

**Fees:** variable

**Financing:** grants, self-financing, provincial

**Legal status:** non-profit organization

## ENTRAIDE POUR LA DÉFICIENCE INTELLECTUELLE DU JOLIETTE MÉTROPOLITAIN

375 Fabre Street, Joliette, Lanaudière, QC, J6E 0X7

**450 759-9621 Fax:** 450 760-3586

**Website:** [www.entraidedijm.org](http://www.entraidedijm.org)

**Email:** [info@entraidedijm.org](mailto:info@entraidedijm.org)

**Services:** Activities for people living with an intellectual disability and their families. \* Day centre. \* Adapted work program. \* Leisure activities. \* Respite camp. \* Awareness. \* Advocacy of rights. \* Tax clinic.

**Eligibility:** people living with an intellectual disability, their parents

**Coverage area:** MRC Joliette and surroundings

**Hours:** administration: Monday to Friday 8h00 to 16h00

**Fees:** membership card: \$15 per year, \$25 per year for a parent living at the same address as their child

**Financing:** membership fees, donations

**Legal status:** non-profit organization

## FADOQ - LANAUDIÈRE REGION

626 Manseau Boulevard, Joliette, Lanaudière, QC, J6E 3E6

**450 759-7422**

**Website:** [www.fadoq.ca/lanaudiere](http://www.fadoq.ca/lanaudiere)

**Email:** [info@fadoqlanaudiere.ca](mailto:info@fadoqlanaudiere.ca)

**Services:** Grouping people 50 years and over and representing them in instances requiring the defense of their rights and needs. \* Organization of recreational and sporting activities. \* Privilege Program giving access to discounts on various products and services.

**Eligibility:** people 50 years and over

**Coverage area:** Lanaudière

**Hours:** Monday to Thursday 8h30 to 12h00 and 13h00 to 17h00, Friday 8h00 to 13h00

**Fees:** membership: \$30 per year or \$50 for 2 years

**Financing:** contributions, provincial

**Legal status:** non-profit organization

## MOUVEMENT PERSONNE D'ABORD DE JOLIETTE

144 Saint-Joseph Street, Joliette, Lanaudière, QC, J6E 5C4

**450 755-4171**

**Email:** [mpdaj@videotron.ca](mailto:mpdaj@videotron.ca)

**Services:** Defence of collective rights for and by people living with an intellectual disability. \* Reception, listening and referral. \* Awareness, mobilization and representation actions. \* Weekly and annual activities.

**Eligibility:** people living with an intellectual disability, their relatives

**Coverage area:** MRC Joliette

**Hours:** Monday to Friday 8h30 to 16h30

**Fees:** none

**Financing:** provincial

**Legal status:** non-profit organization

### RÉPITS DE GABY (LES)

51 19th Street, Crabtree, Lanaudière, QC, J0K 1B0

**1 866 753-3914**

**Website:** www.repitsdegaby.com

**Email:** direction@repitsdegaby.com

**Services:** \* Summer, day and week-end respite. \* La Barack youth centre: conferences, outings.

**Eligibility:** people with an autism spectrum disorder (ASD), summer and week-end respite: children 5 years and over, teenagers, adults

**Coverage area:** Lanaudière

**Hours:** office: Monday to Friday 8h30 to 16h00, summer respite: Monday to Friday 8h30 to 16h30, day respite: one Saturday or Sunday every two weeks 9h00 to 16h30, week-end respite: Friday 19h00 to Sunday 19h00, La Barack: 2 Saturdays per month 14h00 to 21h00

**Fees:** membership: \$15 per year, summer, day respite, la Barack: \$26 per day, week-end respite: \$150 for 48 hours

**Financing:** provincial, fundraising campaigns

**Legal status:** non-profit organization

### RÉPITS DE GABY (LES) - JOLIETTE

Confidential Address

**450 754-2782**

**Website:** www.repitsdegaby.com

**Email:** direction@repitsdegaby.com

**Services:** \* Summer and day respite.

**Eligibility:** people with an autism spectrum disorder (ASD), summer and day respite: children, teenagers and adults 5 years and older

**Coverage area:** Lanaudière

**Hours:** office: Monday to Friday 8h30 to 16h00, summer respite: Monday to Friday 8h30 to 16h30, day respite: one Saturday or Sunday every two weeks 9h00 to 16h30

**Fees:** membership: \$15 per year, respite: \$26 per day

**Financing:** provincial, fundraising campaigns

**Legal status:** non-profit organization

### SOCIÉTÉ DE L'AUTISME RÉGION LANAUDIÈRE

584 Almira-S.-Choinière Street, Joliette, Lanaudière, QC, J6E 0K5

**450 759-9788**

**Website:** www.autismelanaudiere.org

**Email:** sarl@autisme-lanaudiere.org

**Services:** \* Information, listening and referral. \* Conferences and trainings. \* Resource and documentation centres with appointment. \* Awareness. \* Coffee-chats for parents. \* Advocacy, accompaniment. \* Assistance to get grants. \* Azimut workshop for teenagers. \* Activities for adults. \* Day centre: physical, artistic, cooking and sensory activities, zootherapy, music therapy.

**Eligibility:** people with an autism spectrum disorder (TSA), their families, general public

**Coverage area:** Lanaudière

**Hours:** Monday to Friday 8h00 to 16h00

**Fees:** annual contribution: famille: \$25, participating member: \$25, individual: \$35, professional: \$50, corporate member: \$100

**Financing:** contributions

**Legal status:** non-profit organization

## Respite services and housing

### CORPORATION RÉPIT-DÉPANNAGE DE LANAUDIÈRE

159 Lajoie Street North, Joliette, Lanaudière, QC, J6E 5K6

**450 755-2591** Fax: 450 755-3536

Email: maisonclementine@hotmail.com

**Services:** Support for people with a disability. \* Respite home for people between 5 and 65 years old with an intellectual or physical disability or an autism spectrum disorder. \* Respite: on a continuous basis for up to 30 days. \* Caretaking: day or night depending on needs. \* Recreational services: activities for people 21 years old and over. \* Temporary housing: alternative service, for up to 90 consecutive days.

**Eligibility:** respite: people with an intellectual or a physical disability or an autism spectrum disorder, aged from 5 to 65 years old, recreational services: people with an intellectual or a physical disability or an autism spectrum disorder, aged 21 years and over

**Capacity:** 13 people per day

**Coverage area:** Lanaudière

**Hours:** 24 hours, 7 days

**Fees:** variable

**Financing:** grants, self-financing, provincial

**Legal status:** non-profit organization

### DÉFIS-LOGIS LANAUDIÈRE

105 Marie-Curie Street, Saint-Charles-Borromée, Lanaudière, QC, J6E 0V2

**450 394-4497**

**Website:** www.defis-logislanaudiere.org

**Email:** defis-logislanaudiere@hotmail.com

**Services:** Subsidized housing with supervision and services for persons 18 years of age and older living with a developmental disability or an autism spectrum disorder. \* Specialized counsellors and attendants. \* Social and recreational activities. \* Community kitchen, garden and hall.

**Eligibility:** persons 18 years of age and older living with an intellectual disability or autism spectrum disorder who can live alone in an apartment with assistance or supervision

**Capacity:** 11 subsidized housing units

**Coverage area:** MRC D'Autray, MRC Joliette, MRC Matawinie et MRC Montcalm

**Fees:** 25% of income according to the provincial notice of assessment

**Financing:** provincial, municipal

**Legal status:** non-profit organization

### ENTRAIDE POUR LA DÉFICIENCE INTELLECTUELLE DU JOLIETTE MÉTROPOLITAIN

375 Fabre Street, Joliette, Lanaudière, QC, J6E 0X7

**450 759-9621** Fax: 450 760-3586

**Website:** www.entraidedijm.org

**Email:** info@entraidedijm.org

**Services:** Activities for people living with an intellectual disability and their families. \* Day centre. \* Adapted work program. \* Leisure activities. \* Respite camp. \* Awareness. \* Advocacy of rights. \* Tax clinic.

**Eligibility:** people living with an intellectual disability, their parents

**Coverage area:** MRC Joliette and surroundings

**Hours:** administration: Monday to Friday 8h00 to 16h00

**Fees:** membership card: \$15 per year, \$25 per year for a parent living at the same address as their child

**Financing:** membership fees, donations

**Legal status:** non-profit organization

**RÉPITS DE GABY (LES)**

51 19th Street, Crabtree, Lanaudière, QC, J0K 1B0

**1 866 753-3914**

**Website:** www.repitsdegaby.com

**Email:** direction@repitsdegaby.com

**Services:** \* Summer, day and week-end respite. \* La Barack youth centre: conferences, outings.

**Eligibility:** people with an autism spectrum disorder (ASD), summer and week-end respite: children 5 years and over, teenagers, adults

**Coverage area:** Lanaudière

**Hours:** office: Monday to Friday 8h30 to 16h00, summer respite: Monday to Friday 8h30 to 16h30, day respite: one Saturday or Sunday every two weeks 9h00 to 16h30, week-end respite: Friday 19h00 to Sunday 19h00, La Barack: 2 Saturdays per month 14h00 to 21h00

**Fees:** membership: \$15 per year, summer, day respite, la Barack: \$26 per day, week-end respite: \$150 for 48 hours

**Financing:** provincial, fundraising campaigns

**Legal status:** non-profit organization

**RÉPITS DE GABY (LES) - JOLIETTE**

Confidential Address

**450 754-2782**

**Website:** www.repitsdegaby.com

**Email:** direction@repitsdegaby.com

**Services:** \* Summer and day respite.

**Eligibility:** people with an autism spectrum disorder (ASD), summer and day respite: children, teenagers and adults 5 years and older

**Coverage area:** Lanaudière

**Hours:** office: Monday to Friday 8h30 to 16h00, summer respite: Monday to Friday 8h30 to 16h30, day respite: one Saturday or Sunday every two weeks 9h00 to 16h30

**Fees:** membership: \$15 per year, respite: \$26 per day

**Financing:** provincial, fundraising campaigns

**Legal status:** non-profit organization

**SOCIÉTÉ DE L'AUTISME RÉGION LANAUDIÈRE**

584 Almira-S.-Choinière Street, Joliette, Lanaudière, QC, J6E 0K5

**450 759-9788**

**Website:** www.autismelanaudiere.org

**Email:** sarl@autisme-lanaudiere.org

**Services:** \* Information, listening and referral. \* Conferences and trainings. \* Resource and documentation centres with appointment. \* Awareness. \* Coffee-chats for parents. \* Advocacy, accompaniment. \* Assistance to get grants. \* Azimut workshop for teenagers. \* Activities for adults. \* Day centre: physical, artistic, cooking and sensory activities, zootherapy, music therapy.

**Eligibility:** people with an autism spectrum disorder (TSA), their families, general public

**Coverage area:** Lanaudière

**Hours:** Monday to Friday 8h00 to 16h00

**Fees:** annual contribution: famille: \$25, participating member: \$25, individual: \$35, professional: \$50, corporate member: \$100

**Financing:** contributions

**Legal status:** non-profit organization

## Respite, child care and housing

### APPUI LANAUDIÈRE (L')

Confidential Address

1 855 852-7784

**Website:** [www.lappui.org/Regions/Lanaudiere](http://www.lappui.org/Regions/Lanaudiere)

**Email:** [info@lappuilanaudiere.org](mailto:info@lappuilanaudiere.org)

**Services:** \* Support for caregivers of seniors: information and referral, training, counseling and respite. \* Consultation and mobilization of stakeholders.

**Eligibility:** seniors caregivers, relevant stakeholders

**Coverage area:** Lanaudière

**Hours:** Monday to Friday 8h30 to 16h30

**Financing:** foundations, provincial

**Legal status:** non-profit organization

### COOPÉRATIVE DE SOLIDARITÉ EN SOUTIEN À DOMICILE DE LA MRC JOLIETTE

323 Manseau Boulevard, Joliette, Lanaudière, QC, J6E 3C9

450 755-4854

**Website:** <http://www.coopssd.com/>

**Email:** [reception@coopssd.com](mailto:reception@coopssd.com)

**Services:** \* Light housekeeping. \* Heavy housekeeping. \* Meal preparation without diet. \* Groceries and other errands. \* Clothing and bedding care. \* Personal assistance services: complete hygiene care, assistance with travel and transfers, dressing, eating, getting up and going to bed, distribution and administration of medication, etc. \* Respite, presence and supervision.

**Eligibility:** seniors, persons in loss of autonomy, persons or families needing home support

**Coverage area:** MRC Joliette

**Fees:** variable

**Financing:** self-financing, provincial

**Legal status:** Cooperative

### CORPORATION RÉPIT-DÉPANNAGE DE LANAUDIÈRE

159 Lajoie Street North, Joliette, Lanaudière, QC, J6E 5K6

450 755-2591 Fax: 450 755-3536

**Email:** [maisonclementine@hotmail.com](mailto:maisonclementine@hotmail.com)

**Services:** Support for people with a disability. \* Respite home for people between 5 and 65 years old with an intellectual or physical disability or an autism spectrum disorder. \* Respite: on a continuous basis for up to 30 days. \* Caretaking: day or night depending on needs. \* Recreational services: activities for people 21 years old and over. \* Temporary housing: alternative service, for up to 90 consecutive days.

**Eligibility:** respite: people with an intellectual or a physical disability or an autism spectrum disorder, aged from 5 to 65 years old, recreational services: people with an intellectual or a physical disability or an autism spectrum disorder, aged 21 years and over

**Capacity:** 13 people per day

**Coverage area:** Lanaudière

**Hours:** 24 hours, 7 days

**Fees:** variable

**Financing:** grants, self-financing, provincial

**Legal status:** non-profit organization



**DÉFIS-LOGIS LANAUDIÈRE**

105 Marie-Curie Street, Saint-Charles-Borromée, Lanaudière, QC, J6E 0V2

450 394-4497

**Website:** www.defis-logislanaudiere.org

**Email:** defis-logislanaudiere@hotmail.com

**Services:** Subsidized housing with supervision and services for persons 18 years of age and older living with a developmental disability or an autism spectrum disorder. \* Specialized counsellors and attendants. \* Social and recreational activities. \* Community kitchen, garden and hall.

**Eligibility:** persons 18 years of age and older living with an intellectual disability or autism spectrum disorder who can live alone in an apartment with assistance or supervision

**Capacity:** 11 subsidized housing units

**Coverage area:** MRC D'Autray, MRC Joliette, MRC Matawinie et MRC Montcalm

**Fees:** 25% of income according to the provincial notice of assessment

**Financing:** provincial, municipal

**Legal status:** non-profit organization

**ENTRAIDE POUR LA DÉFICIENCE INTELLECTUELLE DU JOLIETTE MÉTROPOLITAIN**

375 Fabre Street, Joliette, Lanaudière, QC, J6E 0X7

450 759-9621 Fax: 450 760-3586

**Website:** www.entraidedijm.org

**Email:** info@entraidedijm.org

**Services:** Activities for people living with an intellectual disability and their families. \* Day centre. \* Adapted work program. \* Leisure activities. \* Respite camp. \* Awareness. \* Advocacy of rights. \* Tax clinic.

**Eligibility:** people living with an intellectual disability, their parents

**Coverage area:** MRC Joliette and surroundings

**Hours:** administration: Monday to Friday 8h00 to 16h00

**Fees:** membership card: \$15 per year, \$25 per year for a parent living at the same address as their child

**Financing:** membership fees, donations

**Legal status:** non-profit organization

**LUEUR DU PHARE DE LANAUDIÈRE (LA) - POINT DE SERVICE JOLIETTE**

676 Manseau Boulevard, Joliette, Lanaudière, QC, J6E 3E6

1 800 465-4544 Fax: 450 752-6468

**Website:** www.lueurduphare.org

**Email:** lueurduphare@videotron.ca

**Services:** \* Support, information. \* Group and individual meetings. \* Telephone listening. \* Workshops for children 7 to 12 years with an adult relative with mental illness. \* Lectures on various topics related to mental health problems. \* Respite. \* Documentation, loan of documents. \* Training workshops. \* Coffee meeting.

**Eligibility:** relatives of people 16 years and over living or having lived with mental health problems

**Coverage area:** Lanaudière

**Hours:** Monday to Friday 8h30 to 12h00 and 13h00 to 16h30

**Financing:** provincial, membership fees, donations

**Legal status:** non-profit organization

**MAISON MÉMOIRE DU COEUR**

77 du Docteur-Jean-Paul-Mireault Street, Saint-Charles-Borromée, Lanaudière, QC, J6E 9C5

450 760-3345 ext. 5 Fax: 450 760-3705

**Website:** www.maisonmemoireducoeur.com

**Email:** info@maisonmemoireducoeur.com

**Services:** Participatory and family-friendly living environment adapted for people with Alzheimer's disease. \* Private housing and housing in intermediate resource. \* Respite care service Au cour de l'Être: brainstorming, zootherapy, physical activity, spirituality, crafts, board games.

**Eligibility:** people with Alzheimer's disease, their caregivers

**Capacity:** private housing: 10 places, housing in intermediate resource: 26 places, respite care: 18 places

**Coverage area:** Lanaudière

**Hours:** administration: Monday to Friday 9h00 to 12h00 and 13h00 to 17h00

**Fees:** private housing: on request, housing in intermediate resource: variable according to income

**Financing:** provincial, self-financing

**Legal status:** non-profit organization

### MAISON PARENT-AISE

98 Saint-Pierre Street South, Joliette, Lanaudière, QC, J6E 5Y6

**450 752-0582**

**Website:** maisonparentaise.com

**Email:** parent-aise@videotron.ca

**Services:** Support house for parents. \* Drop-in and drop-in daycare. \* Clothing counter. \* Les Grenouilles Bleues: pre-school preparatory workshops. \* Training for parents. \* Recreational activities. \* Parent-child workshops. \* Culinary workshops.

**Eligibility:** parents with a child aged between 0 and 17 years old, drop-in: children from 0 to 5 years old, Les Grenouilles Bleues: children from 3 to 5 years old

**Coverage area:** MRC Joliette

**Hours:** Monday to Thursday 8h00 to 16h00, Friday 8h00 to 12h00

**Fees:** membership card: \$5 per year per family, activities: low cost

**Financing:** provincial, self-financing

**Legal status:** non-profit organization

### MAISONS D'À CÔTÉ DE LANAUDIÈRE (LES)

639 Henri-Châlin Street, Joliette, Lanaudière, QC, J6E 0A4

**438 863-9323** Fax: 450 398-0790

**Website:** www.lesmaisonsdacotelanaudiere.com

**Email:** lmac@videotron.ca

**Services:** Adapted housing for people with a physical disability. \* Beneficiary attendant available 24/7. \* Presence of nurses. \* Community worker. \* Home support: personal care and domestic help. \* Assistance in finding accessible and adapted housing. \* Housing adaptations. \* Rent supplement.

**Eligibility:** people 18 to 65 years old with a physical disability

**Capacity:** 9 per residence

**Coverage area:** Lanaudière

**Hours:** 24 hours / 7 days

**Fees:** low-income housing

**Financing:** self-financing

**Legal status:** non-profit organization

### RÉPITS DE GABY (LES)

51 19th Street, Crabtree, Lanaudière, QC, J0K 1B0

**1 866 753-3914**

**Website:** www.repitsdegaby.com

**Email:** direction@repitsdegaby.com

**Services:** \* Summer, day and week-end respite. \* La Barack youth centre: conferences, outings.

**Eligibility:** people with an autism spectrum disorder (ASD), summer and week-end respite: children 5 years and over, teenagers, adults

**Coverage area:** Lanaudière

**Hours:** office: Monday to Friday 8h30 to 16h00, summer respite: Monday to Friday 8h30 to 16h30, day respite: one Saturday or Sunday every two weeks 9h00 to 16h30, week-end respite: Friday 19h00 to Sunday 19h00, La Barack: 2 Saturdays per month 14h00 to 21h00

**Fees:** membership: \$15 per year, summer, day respite, la Barack: \$26 per day, week-end respite: \$150 for 48 hours

**Financing:** provincial, fundraising campaigns

**Legal status:** non-profit organization

**RÉPITS DE GABY (LES) - JOLIETTE**

Confidential Address

**450 754-2782****Website:** www.repitsdegaby.com**Email:** direction@repitsdegaby.com**Services:** \* Summer and day respite.**Eligibility:** people with an autism spectrum disorder (ASD), summer and day respite: children, teenagers and adults 5 years and older**Coverage area:** Lanaudière**Hours:** office: Monday to Friday 8h30 to 16h00, summer respite: Monday to Friday 8h30 to 16h30, day respite: one Saturday or Sunday every two weeks 9h00 to 16h30**Fees:** membership: \$15 per year, respite: \$26 per day**Financing:** provincial, fundraising campaigns**Legal status:** non-profit organization**SOCIÉTÉ ALZHEIMER DE LANAUDIÈRE (LA)**

190 Montcalm Street, Joliette, Lanaudière, QC, J6E 5G4

**450 759-3057 ext. 107 Fax:** 450 760-2633**Website:** sadl.org**Email:** info@sadl.org**Services:** \* Information and referral. \* Telephone assistance. \* Individual and family meetings. \* Respite-Accompaniment-Stimulation program (RAS). \* Group for people in the early stages. \* Exchange group for caregivers. \* Training for caregivers, workers and professionals. \* Conferences, training, workshop meetings. \* Books and videos loans.**Eligibility:** people with Alzheimer or a related disease, their relatives, caregivers, health professionals and private residences**Coverage area:** Lanaudière**Hours:** Monday to Friday 8h30 to 12h00 and 13h00 to 16h30**Fees:** membership: \$25 per year, Respite-Accompaniment-Stimulation program: \$21 for 3 hours**Financing:** grants, self-financing, donations**Legal status:** non-profit organization**SOCIÉTÉ DE L'AUTISME RÉGION LANAUDIÈRE**

584 Almira-S.-Choinière Street, Joliette, Lanaudière, QC, J6E 0K5

**450 759-9788****Website:** www.autismelanaudiere.org**Email:** sarl@autisme-lanaudiere.org**Services:** \* Information, listening and referral. \* Conferences and trainings. \* Resource and documentation centres with appointment. \* Awareness. \* Coffee-chats for parents. \* Advocacy, accompaniment. \* Assistance to get grants. \* Azimut workshop for teenagers. \* Activities for adults. \* Day centre: physical, artistic, cooking and sensory activities, zootherapy, music therapy.**Eligibility:** people with an autism spectrum disorder (TSA), their families, general public**Coverage area:** Lanaudière**Hours:** Monday to Friday 8h00 to 16h00**Fees:** annual contribution: famille: \$25, participating member: \$25, individual: \$35, professional: \$50, corporate member: \$100**Financing:** contributions**Legal status:** non-profit organization

## Support Associations

### ASSOCIATION DES PERSONNES HANDICAPÉES PHYSIQUES ET SENSORIELLES SECTEUR JOLIETTE

200 de Salaberry Street, Suite 134, Joliette, Lanaudière, QC, J6E 4G1

**450 759-3322** Fax: 450 759-8749

**Website:** www.aphpssj.com

**Email:** info@aphpssj.com

**Services:** Advocacy and promotion of the interests of people living with a disability. \* Accompaniment services. \* Adapted leisure activities. \* Information and referral service. \* Support in obtaining services. \* Psychosocial services for people who have sustained head injuries.

**Eligibility:** people living with a disability and their close ones

**Coverage area:** MRC Joliette

**Hours:** Monday to Thursday 8h00 to 12h00 and 12h30 to 16h30

**Fees:** membership card: \$10

**Financing:** grants, contributions

**Legal status:** non-profit organization

### ASSOCIATION DES SOURDS DE LANAUDIÈRE

200 De Salaberry Street, Suite 312, Joliette, Lanaudière, QC, J6E 4G1

**450 752-1426** Fax: 1 866 845-4350 TTY: 450 752-1426

**Website:** www.asljoliette.org

**Email:** direction@asljoliette.org

**Services:** \* Information and referral. \* Publication of a quarterly newsletter. \* Recreational activities. \* Participation in awareness programs. \* Classes to learn Québec sign language (QSL). \* Conferences, trainings, animation. \* Advocacy.

**Eligibility:** the deaf and hearing impaired

**Coverage area:** Lanaudière

**Hours:** Monday to Friday 8h30 to 16h30

**Fees:** annual membership: \$20 per individual, \$30 per couple, \$17 per individual 55 years old and over, \$25 per couple 55 years old and over, \$15 per student, \$50 per association

**Financing:** provincial, Centraide Lanaudière, membership fees

**Legal status:** non-profit organization

### ASSOCIATION RÉGIONALE DE LA FIBROMYALGIE DE LANAUDIÈRE

762A de l'Industrie Boulevard, Saint-Paul, Lanaudière, QC, J0K 3E0

**1 888 223-0227**

**Website:** www.fibromyalgearfl.com

**Email:** info@fibromyalgearfl.com

**Services:** \* Rehabilitation activities: aquafitness. \* Social activities. \* Social network, testimony exchanges. \* Information, document loans and consultation, conferences. \* Art workshops.

**Eligibility:** people with a fibromyalgia diagnostic and relations

**Coverage area:** Lanaudière

**Hours:** Wednesday 13h00 to 16h00, Thursday 13h30 to 16h00

**Fees:** annual fees: \$20

**Financing:** fundraising campaigns, grants, contributions

**Legal status:** non-profit organization

**ASSOCIATION SCLÉROSE EN PLAQUES DE LANAUDIÈRE**

200 Salaberry Street, Suite 307, Joliette, Lanaudière, QC, J6E 4G1

**450 753-5545**

**Website:** www.asepl.org

**Email:** asepl@intermonde.net

**Services:** Support to people living with multiple sclerosis and their close ones. \* Information about the disease. \* Activities for members. \* Individual support, advocacy. \* Financial support. \* Visits at home and in care centres.

**Eligibility:** people living with multiple sclerosis, their close ones

**Coverage area:** Lanaudière

**Hours:** Monday to Friday 8h30 to 12h00 and 13h00 to 16h30

**Fees:** free

**Financing:** provincial, fundraising campaigns, donations

**Legal status:** non-profit organization

**ASSOCIATION UN COEUR POUR TOUS, LANAUDIÈRE (L')**

144 Saint-Joseph Street, Suite 113, Joliette, Lanaudière, QC, J6E 5C2

**450 760-3039**

**Website:** www.uncoeurpourtous.com

**Email:** info@uncoeurpourtous.com

**Services:** \* Information on heart diseases and their physical and moral consequences. \* Breakfast-conferences 5 times per year. \* Workshops. \* Adapted physical activities, chair yoga, Coeur en forme physical conditioning. \* Social activities.

**Eligibility:** people with a heart disease or high blood pressure, their partners

**Capacity:** pool: 24 people

**Coverage area:** Lanaudière

**Hours:** Monday to Friday 8h00 à 17h00

**Fees:** membership card: \$15 per year, activities: \$50 per activity (\$5 per visit for 10 weeks)

**Financing:** donations, self-financing, grants

**Legal status:** non-profit organization

**CANCER-AIDE LANAUDIÈRE**

2 Saint-Charles-Borromée Street North, Joliette, Lanaudière, QC, J6E 4R2

**450 756-0869**

**Website:** www.canceraidelanaudiere.com

**Email:** canceraidelanaudiere@outlook.com

**Services:** \* Phone listening. \* Information, referral: resource guide, documentation, lending of books and audio/video tapes. \* Support group. \* Financial assistance: individual meetings with a therapist, massage therapy. \* Monthly meetings.

**Eligibility:** people with cancer, their relatives

**Coverage area:** Lanaudière

**Hours:** meetings: 2nd Wednesday of the month 13h30 to 15h30, South service point: 3rd Wednesday of the month 13h30 to 15h30

**Fees:** member: \$10 per year, activities: variable fees

**Financing:** membership fees, provincial

**Legal status:** non-profit organization

**DIABÉTIQUES DE LANAUDIÈRE**

950 Sainte-Anne Boulevard, Suite 112, Saint-Charles-Borromée, Lanaudière, QC, J6E 5B5

**450 752-5233**

**Website:** www.diabetiquesdelanaudiere.org

**Email:** diabetlanau@citenet.net

**Services:** \* Information and awareness about diabetes. \* Promotion of research. \* Training, conferences. \* Annual screening clinic. \* Fitness and aquafitness classes. \* Nutrition workshops. \* Foot care.

**Eligibility:** people with diabetes, healthcare professionals

**Coverage area:** Lanaudière

**Hours:** Monday to Friday 9h00 to 16h00

**Fees:** membership: \$20 per year

**Financing:** contributions

**Legal status:** non-profit organization

### ORIGINAL TATOUE, CAFÉ DE RUE

144 Saint-Joseph Street, Joliette, Lanaudière, QC, J6E 5C4

**450 394-4384**

**Email:** lorignaltatoue@gmail.com

**Services:** Place of listening and support. \* Help, listening and referral. \* Emergency assistance: food assistance, personal hygiene products, menstrual hygiene products, warm clothes, condoms. \* Recovery of used syringes. \* Assistance in French and mathematics. \* Monthly visit by a nurse: samples, screening, vaccination and answer to health questions. \* Prevention and education activities.

**Eligibility:** young people aged 16 to 30 in a situation of social or family breakdown or experiencing difficulties related to drug addiction, homelessness and mental health problems

**Capacity:** 10 people

**Coverage area:** Joliette

**Hours:** Tuesday to Friday 12h00 to 16h00

**Fees:** none

**Financing:** donations, municipal, provincial, federal

**Legal status:** non-profit organization

### PARRAINAGE CIVIQUE LANAUDIÈRE - HEAD OFFICE

688 Manseau Boulevard, Joliette, Lanaudière, QC, J6E 3E6

**450 398-0696**

**Website:** www.parrainageciviquelanaudiere.com

**Email:** carolpcl@outlook.com

**Services:** Sponsorship: long-term support by a volunteer paired with a marginalized person for social integration purposes. \* Useful accompaniments, leisure activities.

**Eligibility:** people living with motor or sensory disabilities, mental health disorders, intellectual disabilities, in loss of autonomy or with socio-emotional difficulties

**Coverage area:** Lanaudière

**Hours:** Monday to Friday 8h30 to 12h00 and 13h00 to 16h30

**Fees:** membership: \$5 per year

**Financing:** provincial, Centraide Lanaudière, fundraising campaigns

**Legal status:** non-profit organization

### SOCIÉTÉ ALZHEIMER DE LANAUDIÈRE (LA)

190 Montcalm Street, Joliette, Lanaudière, QC, J6E 5G4

**450 759-3057 ext. 107** Fax: 450 760-2633

**Website:** sadl.org

**Email:** info@sadl.org

**Services:** \* Information and referral. \* Telephone assistance. \* Individual and family meetings. \* Respite-Accompaniment-Stimulation program (RAS). \* Group for people in the early stages. \* Exchange group for caregivers. \* Training for caregivers, workers and professionals. \* Conferences, training, workshop meetings. \* Books and videos loans.

**Eligibility:** people with Alzheimer or a related disease, their relatives, caregivers, health professionals and private residences

**Coverage area:** Lanaudière

**Hours:** Monday to Friday 8h30 to 12h00 and 13h00 to 16h30

**Fees:** membership: \$25 per year, Respite-Accompaniment-Stimulation program: \$21 for 3 hours

**Financing:** grants, self-financing, donations

**Legal status:** non-profit organization

## **SOCIÉTÉ DE L'AUTISME RÉGION LANAUDIÈRE**

584 Almira-S.-Choinière Street, Joliette, Lanaudière, QC, J6E 0K5

**450 759-9788**

**Website:** [www.autismelanaudiere.org](http://www.autismelanaudiere.org)

**Email:** [sarl@autisme-lanaudiere.org](mailto:sarl@autisme-lanaudiere.org)

**Services:** \* Information, listening and referral. \* Conferences and trainings. \* Resource and documentation centres with appointment. \* Awareness. \* Coffee-chats for parents. \* Advocacy, accompaniment. \* Assistance to get grants. \* Azimut workshop for teenagers. \* Activities for adults. \* Day centre: physical, artistic, cooking and sensory activities, zootherapy, music therapy.

**Eligibility:** people with an autism spectrum disorder (TSA), their families, general public

**Coverage area:** Lanaudière

**Hours:** Monday to Friday 8h00 to 16h00

**Fees:** annual contribution: famille: \$25, participating member: \$25, individual: \$35, professional: \$50, corporate member: \$100

**Financing:** contributions

**Legal status:** non-profit organization

## **Support and integration organizations**

### **ATELIERS ÉDUCATIFS LES PETITS MOUSSES**

994 de Lanaudière Street, 2nd floor, Joliette, Lanaudière, QC, J6E 3N6

**1 866 759-3327 Fax:** 450 759-7113

**Website:** [www.petits-mousses.org](http://www.petits-mousses.org)

**Email:** [aelpm@videotron.ca](mailto:aelpm@videotron.ca)

**Services:** Organization for children showing a delay of development. \* Early childhood stimulation workshops. \* Individual meetings. \* Referrals. \* Documentation centre.

**Eligibility:** children 3 to 5 years old showing a delay in their global or specific development (social, physical, intellectual, emotional or language)

**Coverage area:** Lanaudière

**Hours:** Monday to Thursday 8h00 to 16h00

**Fees:** monthly fees depending on the family income

**Financing:** provincial, federal, self-financing

**Legal status:** non-profit organization

### **PARRAINAGE CIVIQUE LANAUDIÈRE - HEAD OFFICE**

688 Manseau Boulevard, Joliette, Lanaudière, QC, J6E 3E6

**450 398-0696**

**Website:** [www.parrainageciviquelanaudiere.com](http://www.parrainageciviquelanaudiere.com)

**Email:** [carolpcl@outlook.com](mailto:carolpcl@outlook.com)

**Services:** Sponsorship: long-term support by a volunteer paired with a marginalized person for social integration purposes. \* Useful accompaniments, leisure activities.

**Eligibility:** people living with motor or sensory disabilities, mental health disorders, intellectual disabilities, in loss of autonomy or with socio-emotional difficulties

**Coverage area:** Lanaudière

**Hours:** Monday to Friday 8h30 to 12h00 and 13h00 to 16h30

**Fees:** membership: \$5 per year

**Financing:** provincial, Centraide Lanaudière, fundraising campaigns

**Legal status:** non-profit organization

**SOCIÉTÉ DE L'AUTISME RÉGION LANAUDIÈRE**

584 Almira-S.-Choinière Street, Joliette, Lanaudière, QC, J6E 0K5

**450 759-9788**

**Website:** [www.autismelanaudiere.org](http://www.autismelanaudiere.org)

**Email:** [sarl@autisme-lanaudiere.org](mailto:sarl@autisme-lanaudiere.org)

**Services:** \* Information, listening and referral. \* Conferences and trainings. \* Resource and documentation centres with appointment. \* Awareness. \* Coffee-chats for parents. \* Advocacy, accompaniment. \* Assistance to get grants. \* Azimut workshop for teenagers. \* Activities for adults. \* Day centre: physical, artistic, cooking and sensory activities, zootherapy, music therapy.

**Eligibility:** people with an autism spectrum disorder (TSA), their families, general public

**Coverage area:** Lanaudière

**Hours:** Monday to Friday 8h00 to 16h00

**Fees:** annual contribution: famille: \$25, participating member: \$25, individual: \$35, professional: \$50, corporate member: \$100

**Financing:** contributions

**Legal status:** non-profit organization

**The Blind****CENTRE INTÉGRÉ DE SANTÉ ET DE SERVICES SOCIAUX DE LANAUDIÈRE - GUICHET D'ACCÈS CENTRALISÉ DÉFICIENCE INTELLECTUELLE, TROUBLE DU SPECTRE DE L'AUTISME ET DÉFICIENCE PHYSIQUE**

1180 Manseau Boulevard, Joliette, Lanaudière, QC, J6E 3G8

**1 877 322-2898 Fax:** 450 756-2898

**Website:** [www.cisss-lanaudiere.gouv.qc.ca/liste-de-soins-et-services/liste-par-clientele/personnes-agees/deficiences](http://www.cisss-lanaudiere.gouv.qc.ca/liste-de-soins-et-services/liste-par-clientele/personnes-agees/deficiences)

**Email:** [guichet.ditsadp.ciessleran@ssss.gouv.qc.ca](mailto:guichet.ditsadp.ciessleran@ssss.gouv.qc.ca)

**Services:** Rehabilitation services coordination. \* Reception and treatment of service requests.

**Eligibility:** children and adults with a physical, hearing, speech, motor, intellectual disability or an autism spectrum disorder

**Coverage area:** Lanaudière

**Hours:** Monday to Friday 8h30 to 12h00 and 13h00 to 16h30

**Financing:** provincial

**Legal status:** parapublic organization

**PARRAINAGE CIVIQUE LANAUDIÈRE - HEAD OFFICE**

688 Manseau Boulevard, Joliette, Lanaudière, QC, J6E 3E6

**450 398-0696**

**Website:** [www.parrainageciviquelanaudiere.com](http://www.parrainageciviquelanaudiere.com)

**Email:** [carolpcl@outlook.com](mailto:carolpcl@outlook.com)

**Services:** Sponsorship: long-term support by a volunteer paired with a marginalized person for social integration purposes. \* Useful accompaniments, leisure activities.

**Eligibility:** people living with motor or sensory disabilities, mental health disorders, intellectual disabilities, in loss of autonomy or with socio-emotional difficulties

**Coverage area:** Lanaudière

**Hours:** Monday to Friday 8h30 to 12h00 and 13h00 to 16h30

**Fees:** membership: \$5 per year

**Financing:** provincial, Centraide Lanaudière, fundraising campaigns

**Legal status:** non-profit organization



## TABLE DE CONCERTATION RÉGIONALE DES ASSOCIATIONS DE PERSONNES HANDICAPÉES DE LANAUDIÈRE

200 de Salaberry Street, Suite 311, Joliette, Lanaudière, QC, J6E 4G1

**450 755-1488 Fax:** 450 759-8749

**Email:** tcrapl@tcrapl.org

**Services:** \* Advocacy of rights. \* Consultation, representation and technical support.

**Eligibility:** associations of disabled people

**Coverage area:** Lanaudière

**Hours:** Monday to Friday 8h30 to 16h30

**Fees:** annual contribution: \$50 per association

**Financing:** contributions, provincial

**Legal status:** non-profit organization

## Therapy and rehabilitation centres

### ASSOCIATION RÉGIONALE DE LA FIBROMYALGIE DE LANAUDIÈRE

762A de l'Industrie Boulevard, Saint-Paul, Lanaudière, QC, J0K 3E0

**1 888 223-0227**

**Website:** www.fibromyalgiearfl.com

**Email:** info@fibromyalgiearfl.com

**Services:** \* Rehabilitation activities: aquafitness. \* Social activities. \* Social network, testimony exchanges. \* Information, document loans and consultation, conferences. \* Art workshops.

**Eligibility:** people with a fibromyalgia diagnostic and relations

**Coverage area:** Lanaudière

**Hours:** Wednesday 13h00 to 16h00, Thursday 13h30 to 16h00

**Fees:** annual fees: \$20

**Financing:** fundraising campaigns, grants, contributions

**Legal status:** non-profit organization

### ASSOCIATION UN COEUR POUR TOUS, LANAUDIÈRE (L')

144 Saint-Joseph Street, Suite 113, Joliette, Lanaudière, QC, J6E 5C2

**450 760-3039**

**Website:** www.uncoeurpourtous.com

**Email:** info@uncoeurpourtous.com

**Services:** \* Information on heart diseases and their physical and moral consequences. \* Breakfast-conferences 5 times per year. \* Workshops. \* Adapted physical activities, chair yoga, Coeur en forme physical conditioning. \* Social activities.

**Eligibility:** people with a heart disease or high blood pressure, their partners

**Capacity:** pool: 24 people

**Coverage area:** Lanaudière

**Hours:** Monday to Friday 8h00 à 17h00

**Fees:** membership card: \$15 per year, activities: \$50 per activity (\$5 per visit for 10 weeks)

**Financing:** donations, self-financing, grants

**Legal status:** non-profit organization

## **CENTRE INTÉGRÉ DE SANTÉ ET DE SERVICES SOCIAUX DE LANAUDIÈRE - GUICHET D'ACCÈS CENTRALISÉ DÉFICIENCE INTELLECTUELLE, TROUBLE DU SPECTRE DE L'AUTISME ET DÉFICIENCE PHYSIQUE**

1180 Manseau Boulevard, Joliette, Lanaudière, QC, J6E 3G8

**1 877 322-2898 Fax:** 450 756-2898

**Website:** [www.cisss-lanaudiere.gouv.qc.ca/liste-de-soins-et-services/liste-par-clientele/personnes-agees/deficiences](http://www.cisss-lanaudiere.gouv.qc.ca/liste-de-soins-et-services/liste-par-clientele/personnes-agees/deficiences)

**Email:** [guichet.ditsadp.cissslanaudiere@ssss.gouv.qc.ca](mailto:guichet.ditsadp.cissslanaudiere@ssss.gouv.qc.ca)

**Services:** Rehabilitation services coordination. \* Reception and treatment of service requests.

**Eligibility:** children and adults with a physical, hearing, speech, motor, intellectual disability or an autism spectrum disorder

**Coverage area:** Lanaudière

**Hours:** Monday to Friday 8h30 to 12h00 and 13h00 to 16h30

**Financing:** provincial

**Legal status:** parapublic organization

## **DIABÉTIQUES DE LANAUDIÈRE**

950 Sainte-Anne Boulevard, Suite 112, Saint-Charles-Borromée, Lanaudière, QC, J6E 5B5

**450 752-5233**

**Website:** [www.diabetiquesdelanaudiere.org](http://www.diabetiquesdelanaudiere.org)

**Email:** [diabetlanau@citenet.net](mailto:diabetlanau@citenet.net)

**Services:** \* Information and awareness about diabetes. \* Promotion of research. \* Training, conferences. \* Annual screening clinic. \* Fitness and aquafitness classes. \* Nutrition workshops. \* Foot care.

**Eligibility:** people with diabetes, healthcare professionals

**Coverage area:** Lanaudière

**Hours:** Monday to Friday 9h00 to 16h00

**Fees:** membership: \$20 per year

**Financing:** contributions

**Legal status:** non-profit organization

## **Education and Literacy**

**ACADEMIC AND VOCATIONAL GUIDANCE**

**COMPUTER WORKSHOPS**

**HOMEWORK ASSISTANCE AND TUTORING**

**LANGUAGE COURSES**

**LITERACY**

**PUBLIC EDUCATION**

**SCHOOL PERSEVERANCE**

**VOCATIONAL TRAINING, CÉGEPs AND UNIVERSITIES**

## Academic and vocational guidance

### ACTION RH LANAUDIÈRE - BUREAU JOLIETTE

371 Notre-Dame Street, 2nd floor, Joliette, Lanaudière, QC, J6E 3H5

**450 752-2303 ext. 221** Fax: 450 752-2734

**Website:** www.actionrh.ca

**Email:** contact@actionrh.ca

**Services:** Job search program. \* Job offers and bank of candidates for employers. \* Guidance service, resume writing assistance, job search workshops and personalized follow-up. \* Specialized service for people aged 50 years and over.

**Eligibility:** Employment Insurance and income security beneficiaries, unemployed people aged 35 years old and over

**Coverage area:** Lanaudière

**Hours:** Monday to Friday 8h30 to 16h30, Friday by appointment only

**Fees:** free for unemployed people

**Financing:** provincial

**Legal status:** non-profit organization

### C.L.E.F., CENTRE LANAUDIÈRE D'EMPLOI POUR FEMMES (LA)

245 Papineau Street, Joliette, Lanaudière, QC, J6E 2K8

**1 855 755-3244** Fax: 450 755-3758

**Website:** www.laclef-perspectives.com

**Email:** info@laclef-perspectives.com

**Services:** Job market integration for women. \* Career guidance. \* Job research support. \* Group training, information. \* Workplace internships.

**Eligibility:** unemployed women

**Coverage area:** Lanaudière

**Hours:** Monday to Friday 8h30 to 16h30

**Financing:** provincial

**Legal status:** non-profit organization

### CARREFOUR JEUNESSE-EMPLOI D'AUTRAY-JOLIETTE

580 Richard Street, Joliette, Lanaudière, QC, J6E 2T4

**450 755-2226** Fax: 450 755-6406

**Website:** carrefourjeunesseemploi.org

**Email:** info@cjeaj.qc.ca

**Services:** \* Support, information and accompaniment. \* Job search assistance: resume and cover letters writing, simulated interview. \* Education and professional guidance. \* Individual training and accompaniment in school perseverance. \* Entrepreneurial accompaniment.

**Eligibility:** people 16 to 35 years old

**Coverage area:** MRC D'Autray, MRC Joliette

**Hours:** without appointment: Monday, Tuesday, Thursday and Friday 10h00 to 12h00 and 13h00 to 16h00, Wednesday 10h00 to 12h00 and 13h00 to 17h30, by appointment: Monday to Friday 8h30 to 12h00 and 13h00 to 16h00

**Fees:** none

**Financing:** provincial, grants

**Legal status:** non-profit organization

### PERSPECTIVES NOUVELLES - JOLIETTE

245 Papineau Street, Joliette, Lanaudière, QC, J6E 2K8

**1 855 755-3244** Fax: 450 755-3758

**Website:** www.laclef-perspectives.com

**Email:** info@laclef-perspectives.com

**Services:** Employability services. \* Individual and group assistance: counselling, CV, job search and interview techniques, skills transfer. \* Vocational guidance. \* Globe: introduction to the job market, support, individual or group assistance for a better use of job search tools.

**Eligibility:** people 35 years and over who are looking for a job, welfare or employment insurance recipients or without public income support, Globe service: immigrant people with permanent residency, citizenship or refugee status

**Coverage area:** Lanaudière

**Hours:** Monday to Friday 8h30 to 16h30

**Financing:** provincial

**Legal status:** non-profit organization

## Computer workshops

### MAISON POPULAIRE DE JOLIETTE

712 De Lanaudière Street, Joliette, Lanaudière, QC, J6E 3N1

**450 759-7977 Fax:** 450 759-7977

**Website:** [www.maisonpopulaire.org](http://www.maisonpopulaire.org)

**Email:** [info@maisonpopulaire.org](mailto:info@maisonpopulaire.org)

**Services:** Place of autonomous popular education. \* Reception: coffee, juice and snacks. \* Animations. \* Information, referral and accompaniment. \* Listening and helping relationship. \* Help to fill out forms. \* Tax clinic. \* Introduction to computers.

**Eligibility:** economically disadvantaged people

**Coverage area:** MRC Joliette

**Hours:** Monday, Wednesday and Thursday 9h00 to 12h00, 13h00 to 15h30 and 16h00 to 20h00, Tuesday 13h00 to 15h30 and 16h00 to 20h00, Friday 9h00 to 12h00 and 13h00 to 15h30

**Fees:** member: \$20 per year per person, \$30 per year for community organizations

**Financing:** membership fees, donations, Centraide Lanaudière

**Legal status:** non-profit organization

## Homework assistance and tutoring

### CENTRE D'AMITIÉ AUTOCHTONE DE LANAUDIÈRE

523 Sainte-Anne Boulevard, Joliette, Lanaudière, QC, J6E 5A3

**450 760-3865 Fax:** 450 760-9923

**Website:** [www.caalanaudiere.ca](http://www.caalanaudiere.ca)

**Email:** [info@caalanaudiere.ca](mailto:info@caalanaudiere.ca)

**Services:** \* Information and referral. \* Accompaniment and support services in different procedures by an outreach worker. \* Programme d'aide préscolaire autochtone pour les communautés urbaines et nordique (PAPACUN): activities related to culture, health, nutrition and education for children from 0 to 5 years old and their families. \* Educational services: homework help for elementary and secondary students, workspace, liaison between families and schools, low-cost school store, individual support for students and families. \* Cultural and educational activities. \* Youth activities for 12 to 17 year olds. \* Youth Council made up of 7 young people aged 14 to 22. \* Summer youth day camp program.

**Eligibility:** native people of all ages

**Coverage area:** Joliette

**Hours:** Tuesday and Thursday 9h00 to 16h00

**Fees:** none

**Financing:** municipal, provincial, federal, Centraide Lanaudière

**Legal status:** non-profit organization

**MAISON DES GRANDS-PARENTS DU GRAND JOLIETTE (LA)**

200 Salaberry Street, Suite 203-205, Joliette, Lanaudière, QC, J6E 4G1

**450 394-4100 Fax:** 450 394-4200

**Website:** www.mgpjoliette.wordpress.com

**Email:** mgpjoliette@hotmail.ca

**Services:** Intergeneration and intragenerational activities. \* Activities in schools and community organizations. \* Basic education workshops at the Dominique-Savio school at Notre-Dame-des-Prairies. \* Daycare and drop-in centre at the Maison Parent-Aïse. \* Reading of stories. \* Homework help at the Native Friendship Centre of Lanaudière. \* Preparation and distribution of meals. \* Intergenerational and urban knitting. \* Parties and various events. \* Monthly volunteer dinner.

**Eligibility:** people 50 years and over

**Coverage area:** MRC Joliette

**Hours:** Tuesday to Thursday 8h30 to 16h30

**Fees:** membership: free or voluntary contribution

**Financing:** contributions, Centraide Lanaudière, provincial, donations

**Legal status:** non-profit organization

**Language courses****ASSOCIATION DES SOURDS DE LANAUDIÈRE**

200 De Salaberry Street, Suite 312, Joliette, Lanaudière, QC, J6E 4G1

**450 752-1426 Fax:** 1 866 845-4350 **TTY:** 450 752-1426

**Website:** www.asljoliette.org

**Email:** direction@asljoliette.org

**Services:** \* Information and referral. \* Publication of a quarterly newsletter. \* Recreational activities. \* Participation in awareness programs. \* Classes to learn Québec sign language (QSL). \* Conferences, trainings, animation. \* Advocacy.

**Eligibility:** the deaf and hearing impaired

**Coverage area:** Lanaudière

**Hours:** Monday to Friday 8h30 to 16h30

**Fees:** annual membership: \$20 per individual, \$30 per couple, \$17 per individual 55 years old and over, \$25 per couple 55 years old and over, \$15 per student, \$50 per association

**Financing:** provincial, Centraide Lanaudière, membership fees

**Legal status:** non-profit organization

**Literacy****ACTION DIGNITÉ LANAUDIÈRE**

144 Saint-Joseph Street, Joliette, Lanaudière, QC, J6E 5C4

**450 756-1155 Fax:** 450 760-3586

**Email:** info@actiondignite.com

**Services:** \* Literacy workshops. \* Prevention of school dropout and promotion of school perseverance. \* Advocacy: information, referral, research and accompaniment. \* Active listening and welcoming. \* Mobilization and consultation. \* Coffee-meeting: speaking out, educating and group reflexion.

**Eligibility:** people with lower education and people on a low income

**Coverage area:** Lanaudière

**Hours:** Monday to Friday 9h00 to 12h00 and 13h00 to 16h00

**Fees:** annual membership: \$5

**Financing:** donations

**Legal status:** non-profit organization

**ORIGINAL TATOUÉ, CAFÉ DE RUE**

144 Saint-Joseph Street, Joliette, Lanaudière, QC, J6E 5C4

**450 394-4384**

**Email:** lorignaltatoue@gmail.com

**Services:** Place of listening and support. \* Help, listening and referral. \* Emergency assistance: food assistance, personal hygiene products, menstrual hygiene products, warm clothes, condoms. \* Recovery of used syringes. \* Assistance in French and mathematics. \* Monthly visit by a nurse: samples, screening, vaccination and answer to health questions. \* Prevention and education activities.

**Eligibility:** young people aged 16 to 30 in a situation of social or family breakdown or experiencing difficulties related to drug addiction, homelessness and mental health problems

**Capacity:** 10 people

**Coverage area:** Joliette

**Hours:** Tuesday to Friday 12h00 to 16h00

**Fees:** none

**Financing:** donations, municipal, provincial, federal

**Legal status:** non-profit organization

**Public education****MAISON POPULAIRE DE JOLIETTE**

712 De Lanaudière Street, Joliette, Lanaudière, QC, J6E 3N1

**450 759-7977 Fax:** 450 759-7977

**Website:** www.maisonpopulaire.org

**Email:** info@maisonpopulaire.org

**Services:** Place of autonomous popular education. \* Reception: coffee, juice and snacks. \* Animations. \* Information, referral and accompaniment. \* Listening and helping relationship. \* Help to fill out forms. \* Tax clinic. \* Introduction to computers.

**Eligibility:** economically disadvantaged people

**Coverage area:** MRC Joliette

**Hours:** Monday, Wednesday and Thursday 9h00 to 12h00, 13h00 to 15h30 and 16h00 to 20h00, Tuesday 13h00 to 15h30 and 16h00 to 20h00, Friday 9h00 to 12h00 and 13h00 to 15h30

**Fees:** member: \$20 per year per person, \$30 per year for community organizations

**Financing:** membership fees, donations, Centraide Lanaudière

**Legal status:** non-profit organization

**ORIGINAL TATOUÉ, CAFÉ DE RUE**

144 Saint-Joseph Street, Joliette, Lanaudière, QC, J6E 5C4

**450 394-4384**

**Email:** lorignaltatoue@gmail.com

**Services:** Place of listening and support. \* Help, listening and referral. \* Emergency assistance: food assistance, personal hygiene products, menstrual hygiene products, warm clothes, condoms. \* Recovery of used syringes. \* Assistance in French and mathematics. \* Monthly visit by a nurse: samples, screening, vaccination and answer to health questions. \* Prevention and education activities.

**Eligibility:** young people aged 16 to 30 in a situation of social or family breakdown or experiencing difficulties related to drug addiction, homelessness and mental health problems

**Capacity:** 10 people

**Coverage area:** Joliette

**Hours:** Tuesday to Friday 12h00 to 16h00

**Fees:** none

**Financing:** donations, municipal, provincial, federal

**Legal status:** non-profit organization

**TABLE DES PARTENAIRES DU DÉVELOPPEMENT SOCIAL DE LANAUDIÈRE**

200 de Salaberry Street, Joliette, Lanaudière, QC, J6E 4G1

**450 759-9944** Fax: 450 759-8889

**Website:** www.tpdsl.org

**Email:** lanaudiere@tpdsl.org

**Services:** Concertation table of community organizations for the improvement of the quality of life, the reduction of social inequalities and citizen participation in a sustainable development perspective. \* Concertation, forums. \* Information, presentation and workshop facilitation. \* Support for social development initiatives. \* Analysis and documentation. \* Promotion of community involvement.

**Eligibility:** community organizations, local social development committees, municipalities, MRCs

**Coverage area:** Lanaudière

**Hours:** Monday to Friday 8h30 to 17h00

**Fees:** none

**Financing:** grants

**Legal status:** non-profit organization

**School perseverance****ACTION DIGNITÉ LANAUDIÈRE**

144 Saint-Joseph Street, Joliette, Lanaudière, QC, J6E 5C4

**450 756-1155** Fax: 450 760-3586

**Email:** info@actiondignite.com

**Services:** \* Literacy workshops. \* Prevention of school dropout and promotion of school perseverance. \*

Advocacy: information, referral, research and accompaniment. \* Active listening and welcoming. \* Mobilization and consultation. \* Coffee-meeting: speaking out, educating and group reflexion.

**Eligibility:** people with lower education and people on a low income

**Coverage area:** Lanaudière

**Hours:** Monday to Friday 9h00 to 12h00 and 13h00 to 16h00

**Fees:** annual membership: \$5

**Financing:** donations

**Legal status:** non-profit organization

**COMITÉ RÉGIONAL POUR LA VALORISATION DE L'ÉDUCATION**

165 Lajoie Street South, Joliette, Lanaudière, QC, J6E 5K9

**450 404-4864**

**Website:** www.crevale.org

**Email:** info@crevale.org

**Services:** Promoting cooperation among the Lanaudière community to increase the educational success of all.

\* Mobilization and awareness-raising. \* Support. \* Dissemination, transfer of knowledge and evaluation. \*

Development of tools to support the actions of organizations in terms of educational success. \* Oser-Jeunes certification for employers wishing to commit themselves to the promotion of education among other things by implementing practices that promote work-study balance.

**Eligibility:** youth and adults, organizations, professionals, schools, companies

**Coverage area:** Lanaudière

**Hours:** Monday to Thursday 8h30 to 16h30

**Financing:** provincial, grants

**Legal status:** non-profit organization



## Vocational training, Cégeps and Universities

### CENTRE RÉGIONAL DE FORMATION DE LANAUDIÈRE

144 Saint-Joseph Street, Joliette, Lanaudière, QC, J6E 5C4

**450 755-2700** Fax: 450 760-3586

**Website:** [www.crfl.ca](http://www.crfl.ca)

**Email:** [crfl@crfl.ca](mailto:crfl@crfl.ca)

**Services:** Training for employees and volunteers of community organizations. \* Training in management, accounting, law, animation, intervention. \* Distance training. \* Customized training.

**Eligibility:** employees and volunteers of community organizations

**Coverage area:** Lanaudière

**Hours:** Monday to Friday 8h00 to 16h00

**Financing:** provincial

**Legal status:** non-profit organization

### UNIVERSITÉ DU TROISIÈME ÂGE - LANAUDIÈRE - JOLIETTE

Confidential Address

**450 759-0216**

**Website:** [www.usherbrooke.ca/uta/prog/lanaudiere/Ind](http://www.usherbrooke.ca/uta/prog/lanaudiere/Ind)

**Email:** [uta-joliette@hotmail.com](mailto:uta-joliette@hotmail.com)

**Services:** Educational programming distributed in 49 university branches for people aged 50 years and over. \* Non-credited educational activities without papers or exams. \* Different teaching methods: courses, seminars, lectures, workshops, physical activities. \* Student associations promoting integration in cultural and social life.

**Eligibility:** people 50 years old and over, no prior degree is required

**Coverage area:** Lanaudière

**Hours:** Monday to Friday 9h00 to 16h30

**Fees:** variable tuition according to the activity, compulsory student fee: \$9, donations are optional

**Financing:** donations, grants

**Legal status:** non-profit organization

**Employment and Income Support****ADVOCACY FOR WORKERS AND UNEMPLOYED****BUDGET MANAGEMENT AND CONSUMPTION****BUSINESS DEVELOPMENT****EMPLOYMENT SUPPORT AND TRAINING****EMPLOYMENT SUPPORT FOR IMMIGRANTS****EMPLOYMENT SUPPORT FOR SENIORS****EMPLOYMENT SUPPORT FOR WOMEN****EMPLOYMENT SUPPORT FOR YOUTH****TAX CLINICS****VOCATIONAL REHABILITATION AND DISABILITY-RELATED EMPLOYMENT**

## Advocacy for workers and unemployed

### COMMISSION DE L'ÉQUITÉ SALARIALE - LANAUDIÈRE - DE LANAUDIÈRE

432 De Lanaudière Street, Joliette, Lanaudière, QC, J6E 7N2

**1 844 838-0808** Fax: 514 864-6756

**Website:** [www.cnesst.gouv.qc.ca](http://www.cnesst.gouv.qc.ca)

**Email:** [equite.salariale@ces.gouv.qc.ca](mailto:equite.salariale@ces.gouv.qc.ca)

**Services:** Support and assistance to employers who must achieve pay equity in their company and to employees wishing to obtain information or exercise their rights. \* Front-line telephone service to answer general questions on the application of the Pay Equity Act. \* Specialized assistance to understand more complex or technical aspects of the Act. \* Conciliation services to promote the settlement of disagreements. \* Investigations following complaints or different subjected by the parties or on its own initiative. \* Software package to achieve pay equity: computer tool that allows employers to realize their pay equity exercise autonomously, available on the website. \* Information lectures on Pay Equity Act and its application, available upon request for groups of employers, employees, or any other grouping wishing to obtain information on pay equity. \* Tool development and training accessible free of charge in all regions of Québec. \* Research activities.

**Eligibility:** employees, mostly women who occupy predominantly female job classes, accredited associations and employers

**Coverage area:** Province of Québec

**Hours:** Monday to Friday 8h30 to 12h00 and 13h00 to 16h30, except legal holidays

**Financing:** provincial

**Legal status:** provincial government agency

### LEGAL AID OFFICE - JOLIETTE

440 Saint-Louis Street, Joliette, Lanaudière, QC, J6E 2Y8

**450 759-2500** Fax: 450 759-8682

**Website:** [www.cjll.qc.ca](http://www.cjll.qc.ca)

**Email:** [bajjoli@cjll.qc.ca](mailto:bajjoli@cjll.qc.ca)

**Services:** Free or low cost legal services to eligible individuals. \* Receive and process legal aid requests.

**Eligibility:** person or non-profit organization residing in Quebec or forced to remain in Quebec, financially eligible, and with a legal need that is covered by the Law

**Coverage area:** Joliette

**Hours:** Monday to Friday 8h30 to 12h00 and 13h00 to 16h30, by appointment only, except emergency

**Fees:** people may be eligible for free legal aid or contributory legal aid between \$100 and \$800, depending on their financial situation, see scale on website

**Financing:** provincial

**Legal status:** parapublic organization

## Budget management and consumption

### ASSOCIATION COOPÉRATIVE D'ÉCONOMIE FAMILIALE DE LANAUDIÈRE

200 de Salaberry Street, Suite 124, Joliette, Lanaudière, QC, J6E 4G1

**450 756-1333** Fax: 450 759-8749

**Website:** [consommateur.qc.ca](http://consommateur.qc.ca)

**Email:** [aceflanaudiere@consommateur.qc.ca](mailto:aceflanaudiere@consommateur.qc.ca)

**Services:** \* Budget consultation. \* Budget workshop. \* Telephone information about budget, credit and consumption. \* Solidarity loan. \* Workshops and conferences in the field of personal finances and consumption.

**Coverage area:** Lanaudière

**Hours:** Monday to Friday 9h00 to 16h30

**Financing:** provincial

**Legal status:** non-profit organization

**ASSOCIATION SCLÉROSE EN PLAQUES DE LANAUDIÈRE**

200 Salaberry Street, Suite 307, Joliette, Lanaudière, QC, J6E 4G1

**450 753-5545**

**Website:** www.asepl.org

**Email:** asepl@intermonde.net

**Services:** Support to people living with multiple sclerosis and their close ones. \* Information about the disease.

\* Activities for members. \* Individual support, advocacy. \* Financial support. \* Visits at home and in care centres.

**Eligibility:** people living with multiple sclerosis, their close ones

**Coverage area:** Lanaudière

**Hours:** Monday to Friday 8h30 to 12h00 and 13h00 to 16h30

**Fees:** free

**Financing:** provincial, fundraising campaigns, donations

**Legal status:** non-profit organization

**CENTRE D'AMITIÉ AUTOCHTONE DE LANAUDIÈRE**

523 Sainte-Anne Boulevard, Joliette, Lanaudière, QC, J6E 5A3

**450 760-3865 Fax:** 450 760-9923

**Website:** www.caalanaudiere.ca

**Email:** info@caalanaudiere.ca

**Services:** \* Information and referral. \* Accompaniment and support services in different procedures by an outreach worker. \* Programme d'aide préscolaire autochtone pour les communautés urbaines et nordique (PAPACUN): activities related to culture, health, nutrition and education for children from 0 to 5 years old and their families. \* Educational services: homework help for elementary and secondary students, workspace, liaison between families and schools, low-cost school store, individual support for students and families. \* Cultural and educational activities. \* Youth activities for 12 to 17 year olds. \* Youth Council made up of 7 young people aged 14 to 22. \* Summer youth day camp program.

**Eligibility:** native people of all ages

**Coverage area:** Joliette

**Hours:** Tuesday and Thursday 9h00 to 16h00

**Fees:** none

**Financing:** municipal, provincial, federal, Centraide Lanaudière

**Legal status:** non-profit organization

**PROGRAMME TRANSPORT-HÉBERGEMENT LANAUDIÈRE**

1000 Saint-Anne Boulevard, Saint-Charles-Borromée, Lanaudière, QC, J6E 6J2

**1 888 759-4033 Fax:** 450 756-4951

**Website:** transport.hebergement.csssni@sss.gouv.qc.ca

**Services:** Financial support for transportation, parking and housing, for frequent and regular trips for medical or rehabilitation treatment.

**Coverage area:** Lanaudière

**Fees:** none

**Financing:** provincial

**Legal status:** parapublic organization

**Business development****CENTRE INTÉGRÉ DE SANTÉ ET DE SERVICES SOCIAUX DE LANAUDIÈRE**

260 Lavaltrie Street South, Joliette, Lanaudière, QC, J6E 5X7

**1 800 668-9229**

**Website:** www.cisss-lanaudiere.gouv.qc.ca

**Email:** santelanaudiere@sss.gouv.qc.ca

**Services:** Planning, coordination and organization of social and health services. \* Responsibility of the availability of care to the entire population, including the most vulnerable. \* Management of simplified access to services. \* Administration of partnerships with intermediate resources. \* Handling of complaints regarding dissatisfaction or violation of rights of users.

**Coverage area:** Lanaudière

**Hours:** Monday to Friday 8h30 to 12h00 and 13h00 to 16h30 (except holidays)

**Financing:** provincial

**Legal status:** parapublic organization

## **CORPORATION DE DÉVELOPPEMENT ÉCONOMIQUE DE LA MRC DE JOLIETTE**

654 de Lanaudière Street, Joliette, Lanaudière, QC, J6E 3M7

**450 752-5566**

**Website:** [www.cdej.ca](http://www.cdej.ca)

**Email:** [communication@cdej.ca](mailto:communication@cdej.ca)

**Services:** Support to all businesses in the region by offering them personalized support for the planning and implementation of their business projects. \* Consulting services. \* Financing. \* Training. \* Support for setting up, expanding, exporting and relocating.

**Eligibility:** businesses, entrepreneurs and future entrepreneurs

**Coverage area:** MRC Joliette

**Hours:** Monday to Friday 8h30 to 12h00 and 13h00 to 16h30

**Fees:** none

**Financing:** provincial

**Legal status:** non-profit organization

## **SERVICES QUÉBEC - DIRECTION RÉGIONALE DE LANAUDIÈRE**

40 Gauthier Street South, Suite 2000, Joliette, Lanaudière, QC, J6E 4J4

**450 752-6888 Fax: 450 755-1926**

**Website:** [www.mtess.gouv.qc.ca/services-a-la-clientele/directions-regionales/index\\_en.asp](http://www.mtess.gouv.qc.ca/services-a-la-clientele/directions-regionales/index_en.asp)

**Services:** \* Local employment centres locator: [www.mess.gouv.qc.ca/services-en-ligne/centres-locaux-emploi/localisateur/index\\_en.asp](http://www.mess.gouv.qc.ca/services-en-ligne/centres-locaux-emploi/localisateur/index_en.asp) \* Info-emploi counter: job bank that can be consulted on site. \* Job search assistance: redaction of resume and preparation to interview. \* Multiservices room: access to phone, fax, computers and printing machines. \* Workplace learning program. \* Training programs aiming professional skills development for enterprises and specific client group: students, women, youth, young mothers, older workers, disabled people, immigrants or visible minorities. \* Business assistance: advices and financial support in human resources management. \* Last-resort financial and social assistance for people with severe or temporary restrictions on employment or occupational disabilities. \* Last-resort financial and social assistance for asylum seekers and refugees. \* Last-resort financial and social assistance. \* Administration of oath. \* Information on government programs and services and accompaniment in administrative procedures. \* Services related to Directeur de l'état civil, Régie du bâtiment, Registre foncier, child support, pension plans and public sector pension plans.

**Eligibility:** job seekers, including people who have particular difficulties entering the labour market, individual and families receiving the governmental last-resort assistance or on a low income, employers and companies, people 16 years old and over coping with a long term occupational disability (physical or mental health, physical or intellectual disabilities), sponsored immigrants on or awaiting welfare and their sponsors

**Coverage area:** Lanaudière

**Financing:** provincial

**Legal status:** provincial government agency

## **SERVICES QUÉBEC - JOLIETTE**

409 Notre-Dame Street, Joliette, Lanaudière, QC, J6E 3H5

**1 800 463-5434 Fax: 450 752-6865**

**Website:** [www.mtess.gouv.qc.ca/services-a-la-clientele/centre-local-emploi](http://www.mtess.gouv.qc.ca/services-a-la-clientele/centre-local-emploi)

**Services:** \* Info-emploi counter: job bank that can be consulted on site. \* Job search assistance: redaction of resume and preparation to interview. \* Multiservices room: access to phone, fax, computers and printing machines. \* Workplace learning program. \* Training programs aiming professional skills development for enterprises and specific client group: students, women, youth, young mothers, older workers, disabled people, immigrants or visible minorities. \* Business assistance: advices and financial support in human resources management. \* Last-resort financial and social assistance for people with severe or temporary restrictions on employment or occupational disabilities. \* Last-resort financial and social assistance. \* Administration of oath. \* Information on government programs and services and accompaniment in administrative procedures. \* Services related to Directeur de l'état civil, Régie du bâtiment and Registre foncier.

**Eligibility:** job seekers, including people who have particular difficulties entering the labour market, individual and families receiving the governmental last-resort assistance or on a low income, employers and companies, people 16 years and over coping with a long term occupational disability (physical or mental health, physical or intellectual disabilities)

**Coverage area:** Joliette

**Hours:** Monday, Tuesday, Thursday and Friday 8h30 to 12h00 and 13h00 to 16h30, Wednesday 10h00 to 12h00 and 13h00 to 16h30

**Financing:** provincial

**Legal status:** provincial government agency

## Employment support and training

### ACTION RH LANAUDIÈRE - BUREAU JOLIETTE

371 Notre-Dame Street, 2nd floor, Joliette, Lanaudière, QC, J6E 3H5

**450 752-2303 ext. 221 Fax:** 450 752-2734

**Website:** www.actionrh.ca

**Email:** contact@actionrh.ca

**Services:** Job search program. \* Job offers and bank of candidates for employers. \* Guidance service, resume writing assistance, job search workshops and personalized follow-up. \* Specialized service for people aged 50 years and over.

**Eligibility:** Employment Insurance and income security beneficiaries, unemployed people aged 35 years old and over

**Coverage area:** Lanaudière

**Hours:** Monday to Friday 8h30 to 16h30, Friday by appointment only

**Fees:** free for unemployed people

**Financing:** provincial

**Legal status:** non-profit organization

### ANNEXE À ROLAND (L')

400 Baby Street, Joliette, Lanaudière, QC, J6E 2W1

**450 916-1536 Fax:** 450 756-2245

**Website:** www.lannexearoland.com

**Email:** lannexe@bellnet.ca

**Services:** Bistro with a professional integration program. \* Prepared dishes at affordable prices, dining room open to the public, delivery. \* Expl'or program: employability program with individualized support. \* Room rental.

**Eligibility:** Expl'or program: people aged 18 and over far from the labour market, bistro: general public

**Coverage area:** Joliette

**Hours:** Monday to Thursday 9h00 to 16h00

**Fees:** variable

**Financing:** provincial

**Legal status:** non-profit organization

**C.L.E.F., CENTRE LANAUDIÈRE D'EMPLOI POUR FEMMES (LA)**

245 Papineau Street, Joliette, Lanaudière, QC, J6E 2K8

**1 855 755-3244 Fax:** 450 755-3758

**Website:** [www.laclef-perspectives.com](http://www.laclef-perspectives.com)

**Email:** [info@laclef-perspectives.com](mailto:info@laclef-perspectives.com)

**Services:** Job market integration for women. \* Career guidance. \* Job research support. \* Group training, information. \* Workplace internships.

**Eligibility:** unemployed women

**Coverage area:** Lanaudière

**Hours:** Monday to Friday 8h30 to 16h30

**Financing:** provincial

**Legal status:** non-profit organization

**CAMPUS-EMPLOI (LE)**

92 Bourget Place North, Joliette, Lanaudière, QC, J6E 5E5

**450 398-0687**

**Website:** [campusemloi.org](http://campusemloi.org)

**Email:** [info@campusemloi.org](mailto:info@campusemloi.org)

**Services:** Employment counseling centre. \* Le Virage and Le Virage Express programs: accompaniment in the process of professional reintegration, work on self-esteem, group approach with individual support, over a period of 12 or 8 weeks. \* Profil Action Program: accompaniment in the process of professional reintegration, work on self-esteem, individual approach with group workshops, over a period of 25 weeks. \* Directory of job offers and online applications.

**Eligibility:** men 35 years and over

**Coverage area:** Joliette

**Hours:** Monday to Thursday 8h30 to 16h00, Friday 8h30 to 12h00

**Fees:** none

**Financing:** provincial

**Legal status:** non-profit organization

**PERSPECTIVES NOUVELLES - JOLIETTE**

245 Papineau Street, Joliette, Lanaudière, QC, J6E 2K8

**1 855 755-3244 Fax:** 450 755-3758

**Website:** [www.laclef-perspectives.com](http://www.laclef-perspectives.com)

**Email:** [info@laclef-perspectives.com](mailto:info@laclef-perspectives.com)

**Services:** Employability services. \* Individual and group assistance: counselling, CV, job search and interview techniques, skills transfer. \* Vocational guidance. \* Globe: introduction to the job market, support, individual or group assistance for a better use of job search tools.

**Eligibility:** people 35 years and over who are looking for a job, welfare or employment insurance recipients or without public income support, Globe service: immigrant people with permanent residency, citizenship or refugee status

**Coverage area:** Lanaudière

**Hours:** Monday to Friday 8h30 to 16h30

**Financing:** provincial

**Legal status:** non-profit organization

**SERVICES QUÉBEC - DIRECTION RÉGIONALE DE LANAUDIÈRE**

40 Gauthier Street South, Suite 2000, Joliette, Lanaudière, QC, J6E 4J4

**450 752-6888 Fax:** 450 755-1926

**Website:** [www.mtess.gouv.qc.ca/services-a-la-clientele/directions-regionales/index\\_en.asp](http://www.mtess.gouv.qc.ca/services-a-la-clientele/directions-regionales/index_en.asp)

**Services:** \* Local employment centres locator: [www.mess.gouv.qc.ca/services-en-ligne/centres-locaux-emploi/localisateur/index\\_en.asp](http://www.mess.gouv.qc.ca/services-en-ligne/centres-locaux-emploi/localisateur/index_en.asp) \* Info-emploi counter: job bank that can be consulted on site. \* Job search assistance: redaction of resume and preparation to interview. \* Multiservices room: access to phone, fax, computers and printing machines. \* Workplace learning program. \* Training programs aiming professional skills development for enterprises and specific client group: students, women, youth, young mothers, older workers, disabled people, immigrants or visible minorities. \* Business assistance: advices and financial support in human resources management. \* Last-resort financial and social assistance for people with severe or temporary restrictions on employment or occupational disabilities. \* Last-resort financial and social assistance for asylum seekers and refugees. \* Last-resort financial and social assistance. \* Administration of oath. \* Information on government programs and services and accompaniment in administrative procedures. \* Services related to Directeur de l'état civil, Régie du bâtiment, Registre foncier, child support, pension plans and public sector pension plans.

**Eligibility:** job seekers, including people who have particular difficulties entering the labour market, individual and families receiving the governmental last-resort assistance or on a low income, employers and companies, people 16 years old and over coping with a long term occupational disability (physical or mental health, physical or intellectual disabilities), sponsored immigrants on or awaiting welfare and their sponsors

**Coverage area:** Lanaudière

**Financing:** provincial

**Legal status:** provincial government agency

## SERVICES QUÉBEC - JOLIETTE

409 Notre-Dame Street, Joliette, Lanaudière, QC, J6E 3H5

**1 800 463-5434 Fax:** 450 752-6865

**Website:** [www.mtess.gouv.qc.ca/services-a-la-clientele/centre-local-emploi](http://www.mtess.gouv.qc.ca/services-a-la-clientele/centre-local-emploi)

**Services:** \* Info-emploi counter: job bank that can be consulted on site. \* Job search assistance: redaction of resume and preparation to interview. \* Multiservices room: access to phone, fax, computers and printing machines. \* Workplace learning program. \* Training programs aiming professional skills development for enterprises and specific client group: students, women, youth, young mothers, older workers, disabled people, immigrants or visible minorities. \* Business assistance: advices and financial support in human resources management. \* Last-resort financial and social assistance for people with severe or temporary restrictions on employment or occupational disabilities. \* Last-resort financial and social assistance. \* Administration of oath. \* Information on government programs and services and accompaniment in administrative procedures. \* Services related to Directeur de l'état civil, Régie du bâtiment and Registre foncier.

**Eligibility:** job seekers, including people who have particular difficulties entering the labour market, individual and families receiving the governmental last-resort assistance or on a low income, employers and companies, people 16 years and over coping with a long term occupational disability (physical or mental health, physical or intellectual disabilities)

**Coverage area:** Joliette

**Hours:** Monday, Tuesday, Thursday and Friday 8h30 to 12h00 and 13h00 to 16h30, Wednesday 10h00 to 12h00 and 13h00 to 16h30

**Financing:** provincial

**Legal status:** provincial government agency

## SOUPIÈRE JOLIETTE-LANAUDIÈRE (LA)

712 De Lanaudière Street, Joliette, Lanaudière, QC, J6E 3N1

**450 755-6616**

**Website:** [www.lasoupiere.org](http://www.lasoupiere.org)

**Email:** [la.soupiere@videotron.ca](mailto:la.soupiere@videotron.ca)

**Services:** Food resource. \* Food bank, possibility of delivery for people with reduced mobility. \* Emergency breakdown assistance. \* Breakfast on site. \* Information and referral. \* Collective garden. \* Pass-Action program: pre-employability program. \* Workshops and training: cooking workshops, training on collective gardens.

**Eligibility:** people living a difficult situation, families, children, people with reduced mobility  
Pass-Action program: people outside the labor market

**Coverage area:** MRC Joliette



**Hours:** office: Monday to Friday 8h00 to 16h00, food bank: Wednesday and Thursday 9h00 to 14h30, except the first week of each month

**Fees:** membership: \$30 per adult, \$5 per child, for a period of 6 months, delivery: \$4 per delivery

**Financing:** grants, donations, membership fees

**Legal status:** non-profit organization

## Employment support for immigrants

### PERSPECTIVES NOUVELLES - JOLIETTE

245 Papineau Street, Joliette, Lanaudière, QC, J6E 2K8

**1 855 755-3244 Fax:** 450 755-3758

**Website:** www.laclef-perspectives.com

**Email:** info@laclef-perspectives.com

**Services:** Employability services. \* Individual and group assistance: counselling, CV, job search and interview techniques, skills transfer. \* Vocational guidance. \* Globe: introduction to the job market, support, individual or group assistance for a better use of job search tools.

**Eligibility:** people 35 years and over who are looking for a job, welfare or employment insurance recipients or without public income support, Globe service: immigrant people with permanent residency, citizenship or refugee status

**Coverage area:** Lanaudière

**Hours:** Monday to Friday 8h30 to 16h30

**Financing:** provincial

**Legal status:** non-profit organization

## Employment support for seniors

### ACTION RH LANAUDIÈRE - BUREAU JOLIETTE

371 Notre-Dame Street, 2nd floor, Joliette, Lanaudière, QC, J6E 3H5

**450 752-2303 ext. 221 Fax:** 450 752-2734

**Website:** www.actionrh.ca

**Email:** contact@actionrh.ca

**Services:** Job search program. \* Job offers and bank of candidates for employers. \* Guidance service, resume writing assistance, job search workshops and personalized follow-up. \* Specialized service for people aged 50 years and over.

**Eligibility:** Employment Insurance and income security beneficiaries, unemployed people aged 35 years old and over

**Coverage area:** Lanaudière

**Hours:** Monday to Friday 8h30 to 16h30, Friday by appointment only

**Fees:** free for unemployed people

**Financing:** provincial

**Legal status:** non-profit organization

### PERSPECTIVES NOUVELLES - JOLIETTE

245 Papineau Street, Joliette, Lanaudière, QC, J6E 2K8

**1 855 755-3244 Fax:** 450 755-3758

**Website:** www.laclef-perspectives.com

**Email:** info@laclef-perspectives.com

**Services:** Employability services. \* Individual and group assistance: counselling, CV, job search and interview techniques, skills transfer. \* Vocational guidance. \* Globe: introduction to the job market, support, individual or group assistance for a better use of job search tools.

**Eligibility:** people 35 years and over who are looking for a job, welfare or employment insurance recipients or without public income support, Globe service: immigrant people with permanent residency, citizenship or refugee status

**Coverage area:** Lanaudière

**Hours:** Monday to Friday 8h30 to 16h30

**Financing:** provincial

**Legal status:** non-profit organization

## Employment support for women

### C.L.E.F., CENTRE LANAUDIÈRE D'EMPLOI POUR FEMMES (LA)

245 Papineau Street, Joliette, Lanaudière, QC, J6E 2K8

**1 855 755-3244 Fax:** 450 755-3758

**Website:** [www.laclef-perspectives.com](http://www.laclef-perspectives.com)

**Email:** [info@laclef-perspectives.com](mailto:info@laclef-perspectives.com)

**Services:** Job market integration for women. \* Career guidance. \* Job research support. \* Group training, information. \* Workplace internships.

**Eligibility:** unemployed women

**Coverage area:** Lanaudière

**Hours:** Monday to Friday 8h30 to 16h30

**Financing:** provincial

**Legal status:** non-profit organization

## Employment support for youth

### CARREFOUR JEUNESSE-EMPLOI D'AUTRAY-JOLIETTE

580 Richard Street, Joliette, Lanaudière, QC, J6E 2T4

**450 755-2226 Fax:** 450 755-6406

**Website:** [carrefourjeunesseemploi.org](http://carrefourjeunesseemploi.org)

**Email:** [info@cjeaj.qc.ca](mailto:info@cjeaj.qc.ca)

**Services:** \* Support, information and accompaniment. \* Job search assistance: resume and cover letters writing, simulated interview. \* Education and professional guidance. \* Individual training and accompaniment in school perseverance. \* Entrepreneurial accompaniment.

**Eligibility:** people 16 to 35 years old

**Coverage area:** MRC D'Autray, MRC Joliette

**Hours:** without appointment: Monday, Tuesday, Thursday and Friday 10h00 to 12h00 and 13h00 to 16h00, Wednesday 10h00 to 12h00 and 13h00 to 17h30, by appointment: Monday to Friday 8h30 to 12h00 and 13h00 to 16h00

**Fees:** none

**Financing:** provincial, grants

**Legal status:** non-profit organization

## Tax clinics

### CENTRE D'ACTION BÉNÉVOLE ÉMILIE-GAMELIN

80 Wilfrid-Ranger Street, Saint-Charles-Borromée, Lanaudière, QC, J6E 8M7

**450 756-2005 Fax:** 450 755-4649

**Website:** [www.emiliegamelin.qc.ca](http://www.emiliegamelin.qc.ca)

**Email:** [ann.soucy@emiliegamelin.qc.ca](mailto:ann.soucy@emiliegamelin.qc.ca)

**Services:** \* Meals on wheels. \* Friendship visits and calls. \* Information and referrals. \* Help with forms and accompaniment of seniors in the proces. \* Support group for caregivers. \* Recreational, physical and social activities: knitting group, yoga, dance classes, exercise sessions, board games. \* Recruitment, reception, referral and training of volunteers. \* Community and volunteer action development. \* On-site commissioner of oaths. \* Tax clinic.

**Eligibility:** seniors, family caregivers, socially isolated people, people in vulnerable situations, volunteers, organizations

**Coverage area:** MRC Joliette

**Hours:** Monday to Friday 8h30 to 12h00 and 13h00 to 16h30, meals on wheels: Monday to Friday at 12h00

**Fees:** annual membership: \$20

**Financing:** membership fees, donations, fundraising campaigns

**Legal status:** non-profit organization

### **CENTRE D'ACTION BÉNÉVOLE ÉMILIE-GAMELIN - TAX CLINIC**

80 Wilfrid-Ranger Street, Saint-Charles-Borromée, Lanaudière, QC, J6E 8M7

**450 756-2005 Fax:** 450 755-4649

**Website:** www.emiliegamelin.qc.ca

**Email:** info@emiliegamelin.qc.ca

**Services:** \* Tax clinic.

**Eligibility:** people on a low income

**Coverage area:** MRC Joliette

**Hours:** March to the end of April, Monday and Tuesday, on appointment

**Fees:** annual membership: \$20, declaration: \$10 per person

**Financing:** membership fees, fundraising campaigns

**Legal status:** non-profit organization

### **MAISON POPULAIRE DE JOLIETTE - TAX CLINIC**

712 De Lanaudière Street, Joliette, Lanaudière, QC, J6E 3N1

**450 759-7977 Fax:** 450 759-7977

**Website:** www.maisonpopulaire.org

**Email:** info@maisonpopulaire.org

**Services:** \* Year-round tax clinic by appointment.

**Eligibility:** people on a low income

**Coverage area:** MRC Joliette

**Hours:** Monday, Wednesday and Thursday 9h00 to 12h00, 13h00 to 15h30 and 16h00 to 20h00, Tuesday 13h00 to 15h30 and 16h00 to 20h00, Friday 9h00 to 12h00 and 13h00 to 15h30, by appointment

**Fees:** current year: free, retroactive taxes: \$20 per year

**Financing:** membership fees, donations, Centraide Lanaudière

**Legal status:** non-profit organization

## **Vocational rehabilitation and disability-related employment**

### **ANNEXE À ROLAND (L')**

400 Baby Street, Joliette, Lanaudière, QC, J6E 2W1

**450 916-1536 Fax:** 450 756-2245

**Website:** www.lannexearoland.com

**Email:** lannexe@bellnet.ca

**Services:** Bistro with a professional integration program. \* Prepared dishes at affordable prices, dining room open to the public, delivery. \* Expl'or program: employability program with individualized support. \* Room rental.

**Eligibility:** Expl'or program: people aged 18 and over far from the labour market, bistro: general public

**Coverage area:** Joliette

**Hours:** Monday to Thursday 9h00 to 16h00

**Fees:** variable

**Financing:** provincial

**Legal status:** non-profit organization

### **CAMPUS-EMPLOI (LE)**

92 Bourget Place North, Joliette, Lanaudière, QC, J6E 5E5

**450 398-0687**

**Website:** [campusemploi.org](http://campusemploi.org)

**Email:** [info@campusemploi.org](mailto:info@campusemploi.org)

**Services:** Employment counseling centre. \* Le Virage and Le Virage Express programs: accompaniment in the process of professional reintegration, work on self-esteem, group approach with individual support, over a period of 12 or 8 weeks. \* Profil Action Program: accompaniment in the process of professional reintegration, work on self-esteem, individual approach with group workshops, over a period of 25 weeks. \* Directory of job offers and online applications.

**Eligibility:** men 35 years and over

**Coverage area:** Joliette

**Hours:** Monday to Thursday 8h30 to 16h00, Friday 8h30 to 12h00

**Fees:** none

**Financing:** provincial

**Legal status:** non-profit organization

### **CENTRE RÉSIDENTIEL COMMUNAUTAIRE JOLIETTE-LANAUDIÈRE**

785 Manseau Boulevard, Joliette, Lanaudière, QC, J6E 3G1

**450 752-0556 Fax:** 450 752-0824

**Website:** [www.crcjoliette.ca](http://www.crcjoliette.ca)

**Email:** [stremblay@crcjoliette.ca](mailto:stremblay@crcjoliette.ca)

**Services:** Residential community center. \* Housing. \* Accompaniment and referrals. \* Individual and group counselling. \* Various specialized programs. \* Community and compensatory work assistance. \* Prevention and awareness.

**Eligibility:** judicialized men aged 18 and over on a correctional measure with follow-up

**Capacity:** 20 residents

**Coverage area:** Lanaudière

**Hours:** 24 hours / 7 days

**Fees:** accommodation expenses: varies according to income

**Financing:** self-financing, provincial, federal

**Legal status:** non-profit organization

### **ENTRAIDE POUR LA DÉFICIENCE INTELLECTUELLE DU JOLIETTE MÉTROPOLITAIN**

375 Fabre Street, Joliette, Lanaudière, QC, J6E 0X7

**450 759-9621 Fax:** 450 760-3586

**Website:** [www.entraidedijm.org](http://www.entraidedijm.org)

**Email:** [info@entraidedijm.org](mailto:info@entraidedijm.org)

**Services:** Activities for people living with an intellectual disability and their families. \* Day centre. \* Adapted work program. \* Leisure activities. \* Respite camp. \* Awareness. \* Advocacy of rights. \* Tax clinic.

**Eligibility:** people living with an intellectual disability, their parents

**Coverage area:** MRC Joliette and surroundings

**Hours:** administration: Monday to Friday 8h00 to 16h00

**Fees:** membership card: \$15 per year, \$25 per year for a parent living at the same address as their child

**Financing:** membership fees, donations

**Legal status:** non-profit organization

**SERLAN - JOLIETTE**

957 Raoul-Charette Street, Joliette, Lanaudière, QC, J6E 8S4

**450 752-0030** Fax: 450 752-2015

**Website:** www.serlan.com

**Email:** jessica.laforest@serlan.com

**Services:** Adapted workplace for people with a disability. \* Assembling, mounting, shrink wrapping, bagging, labeling, die cutting, various handling, spiral binding and Wire-O.

**Eligibility:** people living with a physical or an intellectual disability, or a mental health issue

**Coverage area:** Lanaudière

**Hours:** Monday to Friday 8h00 to 17h00

**Financing:** provincial, self-financing

**Legal status:** non-profit organization

**SERVICE SPÉCIALISÉ DE MAIN-D'OEUVRE ESSOR II - POINT DE SERVICE DE JOLIETTE**

463 de Lanaudière Street, Joliette, Lanaudière, QC, J6E 3M3

**450 755-3855** Fax: 450 755-3266

**Website:** www.essor2.org

**Email:** essor@bellnet.ca

**Services:** Help for employment of people with functional limitations. \* Evaluation and counselling. \* Referral. \* Help with the job search. \* Communication with employers. \* Possibility of financial aid for employers. \* Accompaniment during employment.

**Eligibility:** people with physical, intellectual or psychological limitations

**Coverage area:** Lanaudière

**Hours:** Monday to Thursday 8h30 to 16h30, Friday 8h30 to 12h00

**Financing:** grants

**Legal status:** non-profit organization

**SERVICES QUÉBEC - DIRECTION RÉGIONALE DE LANAUDIÈRE**

40 Gauthier Street South, Suite 2000, Joliette, Lanaudière, QC, J6E 4J4

**450 752-6888** Fax: 450 755-1926

**Website:** www.mtess.gouv.qc.ca/services-a-la-clientele/directions-regionales/index\_en.asp

**Services:** \* Local employment centres locator: www.mess.gouv.qc.ca/services-en-ligne/centres-locaux-emploi/localisateur/index\_en.asp \* Info-emploi counter: job bank that can be consulted on site. \* Job search assistance: redaction of resume and preparation to interview. \* Multiservices room: access to phone, fax, computers and printing machines. \* Workplace learning program. \* Training programs aiming professional skills development for enterprises and specific client group: students, women, youth, young mothers, older workers, disabled people, immigrants or visible minorities. \* Business assistance: advices and financial support in human resources management. \* Last-resort financial and social assistance for people with severe or temporary restrictions on employment or occupational disabilities. \* Last-resort financial and social assistance for asylum seekers and refugees. \* Last-resort financial and social assistance. \* Administration of oath. \* Information on government programs and services and accompaniment in administrative procedures. \* Services related to Directeur de l'état civil, Régie du bâtiment, Registre foncier, child support, pension plans and public sector pension plans.

**Eligibility:** job seekers, including people who have particular difficulties entering the labour market, individual and families receiving the governmental last-resort assistance or on a low income, employers and companies, people 16 years old and over coping with a long term occupational disability (physical or mental health, physical or intellectual disabilities), sponsored immigrants on or awaiting welfare and their sponsors

**Coverage area:** Lanaudière

**Financing:** provincial

**Legal status:** provincial government agency

**SERVICES QUÉBEC - JOLIETTE**

409 Notre-Dame Street, Joliette, Lanaudière, QC, J6E 3H5

**1 800 463-5434 Fax:** 450 752-6865

**Website:** [www.mtess.gouv.qc.ca/services-a-la-clientele/centre-local-emploi](http://www.mtess.gouv.qc.ca/services-a-la-clientele/centre-local-emploi)

**Services:** \* Info-emploi counter: job bank that can be consulted on site. \* Job search assistance: redaction of resume and preparation to interview. \* Multiservices room: access to phone, fax, computers and printing machines. \* Workplace learning program. \* Training programs aiming professional skills development for enterprises and specific client group: students, women, youth, young mothers, older workers, disabled people, immigrants or visible minorities. \* Business assistance: advices and financial support in human resources management. \* Last-resort financial and social assistance for people with severe or temporary restrictions on employment or occupational disabilities. \* Last-resort financial and social assistance. \* Administration of oath. \* Information on government programs and services and accompaniment in administrative procedures. \* Services related to Directeur de l'état civil, Régie du bâtiment and Registre foncier.

**Eligibility:** job seekers, including people who have particular difficulties entering the labour market, individual and families receiving the governmental last-resort assistance or on a low income, employers and companies, people 16 years and over coping with a long term occupational disability (physical or mental health, physical or intellectual disabilities)

**Coverage area:** Joliette

**Hours:** Monday, Tuesday, Thursday and Friday 8h30 to 12h00 and 13h00 to 16h30, Wednesday 10h00 to 12h00 and 13h00 to 16h30

**Financing:** provincial

**Legal status:** provincial government agency

**SOUPIÈRE JOLIETTE-LANAUDIÈRE (LA)**

712 De Lanaudière Street, Joliette, Lanaudière, QC, J6E 3N1

**450 755-6616**

**Website:** [www.lasoupiere.org](http://www.lasoupiere.org)

**Email:** [la.soupiere@videotron.ca](mailto:la.soupiere@videotron.ca)

**Services:** Food resource. \* Food bank, possibility of delivery for people with reduced mobility. \* Emergency breakdown assistance. \* Breakfast on site. \* Information and referral. \* Collective garden. \* Pass-Action program: pre-employability program. \* Workshops and training: cooking workshops, training on collective gardens.

**Eligibility:** people living a difficult situation, families, children, people with reduced mobility  
Pass-Action program: people outside the labor market

**Coverage area:** MRC Joliette

**Hours:** office: Monday to Friday 8h00 to 16h00, food bank: Wednesday and Thursday 9h00 to 14h30, except the first week of each month

**Fees:** membership: \$30 per adult, \$5 per child, for a period of 6 months, delivery: \$4 per delivery

**Financing:** grants, donations, membership fees

**Legal status:** non-profit organization

**Food**

**CHRISTMAS BASKET**

**COMMUNITY GARDENS AND MARKETS**

**FOOD ASSISTANCE**

**FOOD ASSISTANCE COORDINATION**

**LOW COST OR FREE MEALS**

**PREPARED MEALS AND MEALS-ON-WHEELS**

## Christmas basket

### ENTRAIDE COMMUNAUTAIRE DE ST-AMBROISE-DE-KILDARE

750 Principale Street, Saint-Ambroise-de-Kildare, Lanaudière, QC, J0K 1C0

**450 759-0992**

**Email:** [entraidekildare@gmail.com](mailto:entraidekildare@gmail.com)

**Services:** \* Food bank. \* Thrift store: clothing, toys, dishes, electronics, baby supplies, sporting goods, school supplies, books. \* Food aid and emergency material: food, clothing, grocery allowance and food distribution in partnership with Moisson Lanaudière. \* Clothing collection bin at the back of the Gilles-Courchesne Community Hall at 750 Principale Street. \* Christmas baskets.

**Eligibility:** individuals on a low income and families

**Coverage area:** Saint-Ambroise-De-Kildare

**Hours:** Store : Monday 13h00 to 16h00, Wednesday 9h00 to 12h00 Food aid : distribution for Moisson Lanaudière on Thursday 16h00 to 18h00

**Fees:** none

**Financing:** municipal, self-financing, donations

**Legal status:** non-profit organization

### ENTRAIDE COMMUNAUTAIRE SAINTE-MÉLANIE

910 Principale Road, Sainte-Mélanie, Lanaudière, QC, J0K 3A0

**450 889-5871 ext. 227**

**Email:** [entraidecommunautairestm@gmail.com](mailto:entraidecommunautairestm@gmail.com)

**Services:** \* Food and material assistance. \* Emergency food and material assistance. \* Thrift store: children's clothing, books, toys and sports items for children. \* Christmas baskets.

**Eligibility:** people and families on a low income

**Coverage area:** Sainte-Mélanie

**Hours:** Tuesday 13h30 to 15h30, food assistance: Friday

**Fees:** food basket: \$5 per person, \$10 for 2 people and over

**Financing:** donations, self-financing

**Legal status:** non-profit organization

### NOTRE-DAME-DE-LOURDES - FOOD ASSISTANCE

4050 Principale Street, Notre-Dame-de-Lourdes, Lanaudière, QC, J0K 1K0

**450 759-2277 ext. 0**

**Website:** [www.notredamedelourdes.ca](http://www.notredamedelourdes.ca)

**Email:** [reception@notredamedelourdes.ca](mailto:reception@notredamedelourdes.ca)

**Services:** \* Emergency food assistance. \* Coupons for food. \* Christmas baskets.

**Eligibility:** people and families on a low income

**Coverage area:** Notre-Dame-de-Lourdes

**Hours:** Monday to Friday 9h00 to 12h00 and 13h00 to 16h30

**Fees:** none

**Financing:** municipal

**Legal status:** municipal agency

### SOCIÉTÉ DE SAINT-VINCENT-DE-PAUL - CONSEIL PARTICULIER DE JOLIETTE

465 Laval Street, Joliette, Lanaudière, QC, J6E 5G9

**450 759-4862**

**Website:** [ssvp-joliette.com](http://ssvp-joliette.com)

**Email:** [ssvpjoliette@videotron.ca](mailto:ssvpjoliette@videotron.ca)

**Services:** \* Material assistance: food, clothing, furniture, school supplies. \* Referral to other community organizations. \* Christmas baskets.

**Eligibility:** individuals and families on a low income

**Coverage area:** Crabtree, Joliette, Notre-Dame-des-Prairies, Saint-Charles-Borromée



**Hours:** material assistance: by appointment

**Fees:** variable

**Financing:** donations

**Legal status:** non-profit organization

## Community gardens and markets

### SOUPIÈRE JOLIETTE-LANAUDIÈRE (LA)

712 De Lanaudière Street, Joliette, Lanaudière, QC, J6E 3N1

**450 755-6616**

**Website:** [www.lasoupiere.org](http://www.lasoupiere.org)

**Email:** [la.soupiere@videotron.ca](mailto:la.soupiere@videotron.ca)

**Services:** Food resource. \* Food bank, possibility of delivery for people with reduced mobility. \* Emergency breakdown assistance. \* Breakfast on site. \* Information and referral. \* Collective garden. \* Pass-Action program: pre-employability program. \* Workshops and training: cooking workshops, training on collective gardens.

**Eligibility:** people living a difficult situation, families, children, people with reduced mobility  
Pass-Action program: people outside the labor market

**Coverage area:** MRC Joliette

**Hours:** office: Monday to Friday 8h00 to 16h00, food bank: Wednesday and Thursday 9h00 to 14h30, except the first week of each month

**Fees:** membership: \$30 per adult, \$5 per child, for a period of 6 months, delivery: \$4 per delivery

**Financing:** grants, donations, membership fees

**Legal status:** non-profit organization

## Food Assistance

### ENTRAIDE COMMUNAUTAIRE DE ST-AMBROISE-DE-KILDARE

750 Principale Street, Saint-Ambroise-de-Kildare, Lanaudière, QC, J0K 1C0

**450 759-0992**

**Email:** [entraidekildare@gmail.com](mailto:entraidekildare@gmail.com)

**Services:** \* Food bank. \* Thrift store: clothing, toys, dishes, electronics, baby supplies, sporting goods, school supplies, books. \* Food aid and emergency material: food, clothing, grocery allowance and food distribution in partnership with Moisson Lanaudière. \* Clothing collection bin at the back of the Gilles-Courchesne Community Hall at 750 Principale Street. \* Christmas baskets.

**Eligibility:** individuals on a low income and families

**Coverage area:** Saint-Ambroise-De-Kildare

**Hours:** Store : Monday 13h00 to 16h00, Wednesday 9h00 to 12h00  
Food aid : distribution for Moisson Lanaudière on Thursday 16h00 to 18h00

**Fees:** none

**Financing:** municipal, self-financing, donations

**Legal status:** non-profit organization

### ENTRAIDE COMMUNAUTAIRE SAINTE-MÉLANIE

910 Principale Road, Sainte-Mélanie, Lanaudière, QC, J0K 3A0

**450 889-5871 ext. 227**

**Email:** [entraidecommunautairestm@gmail.com](mailto:entraidecommunautairestm@gmail.com)

**Services:** \* Food and material assistance. \* Emergency food and material assistance. \* Thrift store: children's clothing, books, toys and sports items for children. \* Christmas baskets.

**Eligibility:** people and families on a low income

**Coverage area:** Sainte-Mélanie

**Hours:** Tuesday 13h30 to 15h30, food assistance: Friday

**Fees:** food basket: \$5 per person, \$10 for 2 people and over

**Financing:** donations, self-financing

**Legal status:** non-profit organization

### **MANNE QUOTIDIENNE (LA)**

160 Hélène-Boulé Street, Joliette, Lanaudière, QC, J6E 2R6

**450 755-6078**

**Email:** mannequotidienne@hotmail.com

**Services:** Food assistance. \* Food bank. \* Free breakfasts and weekend dinners. \* Food processing workshops for men only and for women only. \* Support, information and referral. \* Recovery of food surplus.

**Eligibility:** individuals and families on a low income, people experiencing homelessness

**Coverage area:** Joliette

**Hours:** breakfasts: 7 days 6h30 to 8h30, dinners: Saturday 13h30 to 17h30, Sunday 15h30 to 17h30, food bank: Monday and Thursday 9h00 to 14h30

**Fees:** breakfasts, dinners and food processing workshops: free, membership card: \$30 for 6 months per adult, \$5 for 6 months per child

**Financing:** grants, donations, contributions

**Legal status:** non-profit organization

### **NOTRE-DAME-DE-LOURDES - FOOD ASSISTANCE**

4050 Principale Street, Notre-Dame-de-Lourdes, Lanaudière, QC, J0K 1K0

**450 759-2277 ext. 0**

**Website:** www.notredamedelourdes.ca

**Email:** reception@notredamedelourdes.ca

**Services:** \* Emergency food assistance. \* Coupons for food. \* Christmas baskets.

**Eligibility:** people and families on a low income

**Coverage area:** Notre-Dame-de-Lourdes

**Hours:** Monday to Friday 9h00 to 12h00 and 13h00 to 16h30

**Fees:** none

**Financing:** municipal

**Legal status:** municipal agency

### **ORIGINAL TATOUE, CAFÉ DE RUE**

144 Saint-Joseph Street, Joliette, Lanaudière, QC, J6E 5C4

**450 394-4384**

**Email:** lorignaltatoue@gmail.com

**Services:** Place of listening and support. \* Help, listening and referral. \* Emergency assistance: food assistance, personal hygiene products, menstrual hygiene products, warm clothes, condoms. \* Recovery of used syringes. \* Assistance in French and mathematics. \* Monthly visit by a nurse: samples, screening, vaccination and answer to health questions. \* Prevention and education activities.

**Eligibility:** young people aged 16 to 30 in a situation of social or family breakdown or experiencing difficulties related to drug addiction, homelessness and mental health problems

**Capacity:** 10 people

**Coverage area:** Joliette

**Hours:** Tuesday to Friday 12h00 to 16h00

**Fees:** none

**Financing:** donations, municipal, provincial, federal

**Legal status:** non-profit organization

**SOCIÉTÉ DE SAINT-VINCENT-DE-PAUL - CONSEIL PARTICULIER DE JOLIETTE**

465 Laval Street, Joliette, Lanaudière, QC, J6E 5G9

**450 759-4862**

**Website:** ssvp-joliette.com

**Email:** ssvpjoliette@videotron.ca

**Services:** \* Material assistance: food, clothing, furniture, school supplies. \* Referral to other community organizations. \* Christmas baskets.

**Eligibility:** individuals and families on a low income

**Coverage area:** Crabtree, Joliette, Notre-Dame-des-Prairies, Saint-Charles-Borromée

**Hours:** material assistance: by appointment

**Fees:** variable

**Financing:** donations

**Legal status:** non-profit organization

**SOUPIÈRE JOLIETTE-LANAUDIÈRE (LA)**

712 De Lanaudière Street, Joliette, Lanaudière, QC, J6E 3N1

**450 755-6616**

**Website:** www.lasoupiere.org

**Email:** la.soupiere@videotron.ca

**Services:** Food resource. \* Food bank, possibility of delivery for people with reduced mobility. \* Emergency breakdown assistance. \* Breakfast on site. \* Information and referral. \* Collective garden. \* Pass-Action program: pre-employability program. \* Workshops and training: cooking workshops, training on collective gardens.

**Eligibility:** people living a difficult situation, families, children, people with reduced mobility  
Pass-Action program: people outside the labor market

**Coverage area:** MRC Joliette

**Hours:** office: Monday to Friday 8h00 to 16h00, food bank: Wednesday and Thursday 9h00 to 14h30, except the first week of each month

**Fees:** membership: \$30 per adult, \$5 per child, for a period of 6 months, delivery: \$4 per delivery

**Financing:** grants, donations, membership fees

**Legal status:** non-profit organization

**Food assistance coordination****MANNE QUOTIDIENNE (LA)**

160 Hélène-Boulé Street, Joliette, Lanaudière, QC, J6E 2R6

**450 755-6078**

**Email:** mannequotidienne@hotmail.com

**Services:** Food assistance. \* Food bank. \* Free breakfasts and weekend dinners. \* Food processing workshops for men only and for women only. \* Support, information and referral. \* Recovery of food surplus.

**Eligibility:** individuals and families on a low income, people experiencing homelessness

**Coverage area:** Joliette

**Hours:** breakfasts: 7 days 6h30 to 8h30, dinners: Saturday 13h30 to 17h30, Sunday 15h30 to 17h30, food bank: Monday and Thursday 9h00 to 14h30

**Fees:** breakfasts, dinners and food processing workshops: free, membership card: \$30 for 6 months per adult, \$5 for 6 months per child

**Financing:** grants, donations, contributions

**Legal status:** non-profit organization

**MOISSON LANAUDIÈRE**

1450 de Lanaudière Street, Joliette, Lanaudière, QC, J6E 3P2

**1 866 755-4143 Fax:** 450 755-4143

**Website:** www.moissonlanaudiere.org

**Email:** moissonlanaudiere@live.ca

**Services:** Regional food bank.

**Eligibility:** food aid organizations

**Coverage area:** Lanaudière

**Hours:** Monday to Friday 7h30 to 15h30

**Financing:** Centraide Lanaudière, grants, fundraising campaigns, donations, foundations

**Legal status:** non-profit organization

**TABLE DES PARTENAIRES DU DÉVELOPPEMENT SOCIAL DE LANAUDIÈRE**

200 de Salaberry Street, Joliette, Lanaudière, QC, J6E 4G1

**450 759-9944 Fax:** 450 759-8889

**Website:** www.tpdsi.org

**Email:** lanaudiere@tpdsi.org

**Services:** Concertation table of community organizations for the improvement of the quality of life, the reduction of social inequalities and citizen participation in a sustainable development perspective. \* Concertation, forums. \* Information, presentation and workshop facilitation. \* Support for social development initiatives. \* Analysis and documentation. \* Promotion of community involvement.

**Eligibility:** community organizations, local social development committees, municipalities, MRCs

**Coverage area:** Lanaudière

**Hours:** Monday to Friday 8h30 to 17h00

**Fees:** none

**Financing:** grants

**Legal status:** non-profit organization

**Low cost or free meals****ANNEXE À ROLAND (L')**

400 Baby Street, Joliette, Lanaudière, QC, J6E 2W1

**450 916-1536 Fax:** 450 756-2245

**Website:** www.lannexearoland.com

**Email:** lannexe@bellnet.ca

**Services:** Bistro with a professional integration program. \* Prepared dishes at affordable prices, dining room open to the public, delivery. \* Expl'or program: employability program with individualized support. \* Room rental.

**Eligibility:** Expl'or program: people aged 18 and over far from the labour market, bistro: general public

**Coverage area:** Joliette

**Hours:** Monday to Thursday 9h00 to 16h00

**Fees:** variable

**Financing:** provincial

**Legal status:** non-profit organization

**MANNE QUOTIDIENNE (LA)**

160 Hélène-Boulé Street, Joliette, Lanaudière, QC, J6E 2R6

**450 755-6078**

**Email:** mannequotidienne@hotmail.com

**Services:** Food assistance. \* Food bank. \* Free breakfasts and weekend dinners. \* Food processing workshops for men only and for women only. \* Support, information and referral. \* Recovery of food surplus.

**Eligibility:** individuals and families on a low income, people experiencing homelessness

**Coverage area:** Joliette

**Hours:** breakfasts: 7 days 6h30 to 8h30, dinners: Saturday 13h30 to 17h30, Sunday 15h30 to 17h30, food bank: Monday and Thursday 9h00 to 14h30

**Fees:** breakfasts, dinners and food processing workshops: free, membership card: \$30 for 6 months per adult, \$5 for 6 months per child

**Financing:** grants, donations, contributions

**Legal status:** non-profit organization

## Prepared meals and Meals-on-wheels

### ANNEXE À ROLAND (L')

400 Baby Street, Joliette, Lanaudière, QC, J6E 2W1

**450 916-1536** Fax: 450 756-2245

**Website:** www.lannexearoland.com

**Email:** lannexe@bellnet.ca

**Services:** Bistro with a professional integration program. \* Prepared dishes at affordable prices, dining room open to the public, delivery. \* Expl'or program: employability program with individualized support. \* Room rental.

**Eligibility:** Expl'or program: people aged 18 and over far from the labour market, bistro: general public

**Coverage area:** Joliette

**Hours:** Monday to Thursday 9h00 to 16h00

**Fees:** variable

**Financing:** provincial

**Legal status:** non-profit organization

### CENTRE D'ACTION BÉNÉVOLE ÉMILIE-GAMELIN

80 Wilfrid-Ranger Street, Saint-Charles-Borromée, Lanaudière, QC, J6E 8M7

**450 756-2005** Fax: 450 755-4649

**Website:** www.emiliegamelin.qc.ca

**Email:** ann.soucy@emiliegamelin.qc.ca

**Services:** \* Meals on wheels. \* Friendship visits and calls. \* Information and referrals. \* Help with forms and accompaniment of seniors in the proces. \* Support group for caregivers. \* Recreational, physical and social activities: knitting group, yoga, dance classes, exercise sessions, board games. \* Recruitment, reception, referral and training of volunteers. \* Community and volunteer action development. \* On-site commissioner of oaths. \* Tax clinic.

**Eligibility:** seniors, family caregivers, socially isolated people, people in vulnerable situations, volunteers, organizations

**Coverage area:** MRC Joliette

**Hours:** Monday to Friday 8h30 to 12h00 and 13h00 to 16h30, meals on wheels: Monday to Friday at 12h00

**Fees:** annual membership: \$20

**Financing:** membership fees, donations, fundraising campaigns

**Legal status:** non-profit organization

**Government services**

**MUNICIPAL SERVICES**

**MUNICIPALITÉ RÉGIONALE DE COMTÉ (MRC)**

**PROVINCIAL SERVICES**

## Municipal services

### CRABTREE - MUNICIPALITY

111, 4e avenue, Crabtree, Lanaudière, QC, J0K 1B0

**450-754-3434** Fax: 450-754-2172

**Website:** [crabtree.quebec](http://crabtree.quebec)

**Email:** [info@crabtree.quebec](mailto:info@crabtree.quebec)

**Services:** Management of municipal services. \* Municipal counter: information on permits, subsidies and taxes, payment of taxes. \* Residual materials and waste collection calendar: [crabtree.quebec/environnement/collectes](http://crabtree.quebec/environnement/collectes) \* Public safety: fire safety service, Sûreté du Québec. \* Hall rental.

**Coverage area:** Crabtree

**Hours:** Monday to Thursday 8h00 to 12h00 and 13h00 to 16h45, Friday 8h00 to 12h00

**Financing:** municipal

**Legal status:** municipal agency

### JOLIETTE - CITY

614 Manseau Boulevard, Joliette, Lanaudière, QC, J6E 3E4

**450 753-8000**

**Website:** [www.joliette.ca](http://www.joliette.ca)

**Email:** [info@ville.joliette.qc.ca](mailto:info@ville.joliette.qc.ca)

**Services:** Municipal service management. \* Municipal counter: information on permits, subsidies and taxes, payment of taxes, regulations, etc. \* Calendar of recyclable and garbage collections and information on waste management: [citoyen.joliette.ca/horaire-des-collectes](http://citoyen.joliette.ca/horaire-des-collectes) \* Public safety: fire safety service.

**Coverage area:** Joliette

**Hours:** Monday to Friday 8h30 to 12h00 and 13h15 to 16h30

**Financing:** municipal

**Legal status:** municipal agency

### NOTRE-DAME-DE-LOURDES - MUNICIPALITÉ

4050 Principale Street, Notre-Dame-de-Lourdes, Lanaudière, QC, J0K 1K0

**450 759-2277** Fax: 450 759-2055

**Website:** [www.notredamedelourdes.ca](http://www.notredamedelourdes.ca)

**Email:** [reception@notredamedelourdes.ca](mailto:reception@notredamedelourdes.ca)

**Services:** Municipal service management. \* Payment of municipal taxes. \* Collection of residual materials. \* Industrial kitchen for food processing specialists. \* Fire department. \* Room rental.

**Coverage area:** Notre-Dame-de-Lourdes

**Hours:** Monday to Friday 9h00 to 12h00 and 13h00 to 16h30

**Financing:** municipal

**Legal status:** municipal agency

### NOTRE-DAME-DES-PRAIRIES - CITY

132 Antonio-Barrette Boulevard, Notre-Dame-des-Prairies, Lanaudière, QC, J6E 1E5

**450 759-7741** Fax: 450 759-6255

**Website:** [www.notredamedesprairies.com](http://www.notredamedesprairies.com)

**Email:** [info@notredamedesprairies.com](mailto:info@notredamedesprairies.com)

**Services:** Management of municipal services. \* Municipal counter: information on permits, subsidies and taxes, payment of taxes. \* Residual and waste collection calendar: [www.notredamedesprairies.com/environnement/collecte](http://www.notredamedesprairies.com/environnement/collecte) \* Public safety: fire safety service, Sûreté du Québec. \* Reusable diapers. \* Hall rental.

**Coverage area:** Notre-Dame-Des-Prairies

**Hours:** Monday to Wednesday 8h30 to 12h00 and 13h00 to 16h30, Thursday 8h30 to 12h00 and 13h00 to 17h30, Friday 8h30 to 12h00

**Financing:** municipal

**Legal status:** municipal agency

### SAINT-AMBROISE-DE-KILDARE - MUNICIPALITY

850 Principale Street, Saint-Ambroise-de-Kildare, Lanaudière, QC, J0K 1C0

**450 755-4782 Fax:** 450 755-4784

**Website:** [www.saintambroise.ca](http://www.saintambroise.ca)

**Email:** [info@saintambroise.ca](mailto:info@saintambroise.ca)

**Services:** Management of municipal services. \* Municipal counter: information on permits, subsidies and taxes, payment of taxes. \* Residual materials and waste collection calendar: [www.saintambroise.ca/index.jsp?p=6](http://www.saintambroise.ca/index.jsp?p=6) \* Public safety: fire safety service, Sûreté du Québec. \* Hall rental.

**Coverage area:** Saint-Ambroise-De-Kildare

**Hours:** Monday to Thursday 8h00 to 12h00 and 13h00 to 16h00, Friday 8h00 to 12h00

**Financing:** municipal

**Legal status:** municipal agency

### SAINT-CHARLES-BORROMÉE - CITY

370 de la Visitation Street, Saint-Charles-Borromée, Lanaudière, QC, J6E 4P3

**450 759-4415 Fax:** 450 759-3393

**Website:** [www.vivrescb.com](http://www.vivrescb.com)

**Email:** [info@vivrescb.com](mailto:info@vivrescb.com)

**Services:** Municipal service management. \* Municipal counter: information on permits, subsidies and taxes, payment of taxes, regulations, etc. \* Calendar of recyclable and garbage collections and information on waste management: <http://www.vivrescb.com/environnement/collectes> \* Public safety: fire safety service. \* Service of recreation, sports and culture.

**Coverage area:** Saint-Charles-Borromée

**Hours:** Monday to Thursday 8h00 to 12h00 and 13h00 to 16h45, Friday 8h00 to 12h00

**Financing:** municipal

**Legal status:** municipal agency

### SAINT-PAUL - MUNICIPALITY

10 Delangis Road, Saint-Paul, Lanaudière, QC, J0K 3E0

**450 759-4040 Fax:** 450 759-6396

**Website:** [saintpaul.quebec](http://saintpaul.quebec)

**Email:** [reception@saintpaul.quebec](mailto:reception@saintpaul.quebec)

**Services:** Municipal service management. \* Municipal counter: information on permits, subsidies and taxes, payment of taxes, regulations, etc. \* Calendar of recyclable and garbage collections and information on waste management: [click here](#). \* Public safety: fire safety service. \* Service of recreation, sports and culture.

**Coverage area:** Saint-Paul

**Hours:** Monday to Thursday 8h00 to 12h00 and 13h00 to 16h45, Friday 8h00 to 12h00

**Financing:** municipal

**Legal status:** municipal agency

### SAINT-PIERRE - MUNICIPALITY

485 Village-de-Saint-Pierre North, Saint-Pierre, Lanaudière, QC, J6E 0H2

**450 756-2592 Fax:** 450 756-2735

**Website:** [www.municipalites-du-quebec.ca/village-st-pierre](http://www.municipalites-du-quebec.ca/village-st-pierre)

**Email:** [villagestpierre@videotron.ca](mailto:villagestpierre@videotron.ca)

**Services:** Municipal services management. \* Waste management. \* Touristic and economic developpement.

**Coverage area:** Saint-Pierre

**Financing:** municipal

**Legal status:** municipal agency



**SAINT-THOMAS - MUNICIPALITY**

1240 Route 158, Saint-Thomas, Lanaudière, QC, J0K 3L0

**450 759-3405**

**Website:** [www.saintthomas.qc.ca](http://www.saintthomas.qc.ca)

**Email:** [municipalite@saintthomas.qc.ca](mailto:municipalite@saintthomas.qc.ca)

**Services:** Management of municipal services. \* Municipal counter: information on permits, subsidies and taxes, payment of taxes. \* Residual materials and waste collection calendar: [saintthomas.qc.ca/services/services-aux-citoyens/collectes-des-matieres-residuelles](http://saintthomas.qc.ca/services/services-aux-citoyens/collectes-des-matieres-residuelles) \* Public safety: fire safety service, Sûreté du Québec. \* Hall rental.

**Coverage area:** Saint-Thomas

**Hours:** Monday to Friday 9h00 to 12h00 and 13h00 to 16h00

**Financing:** municipal

**Legal status:** municipal agency

**SAINTE-MÉLANIE - MUNICIPALITÉ**

10 Louis-Charles-Panet Street, Sainte-Mélanie, Lanaudière, QC, J0K 3A0

**450 889-5871**

**Website:** [www.sainte-melanie.ca](http://www.sainte-melanie.ca)

**Email:** [info@sainte-melanie.ca](mailto:info@sainte-melanie.ca)

**Services:** Municipal service management. \* Payment of municipal taxes. \* Collection of residual materials. \* Industrial kitchen for food processing specialists. \* Fire department. \* Room rental.

**Coverage area:** Sainte-Mélanie

**Hours:** Monday to Friday 9h00 to 17h00

**Financing:** municipal

**Legal status:** municipal agency

**SÛRETÉ DU QUÉBEC - POSTE MRC DE JOLIETTE**

733 Richard Street, Joliette, Lanaudière, QC, J6E 2T8

**450 759-5222** Fax: 450 759-7174

**Website:** [www.sq.gouv.qc.ca/en/the-surete-du-quebec](http://www.sq.gouv.qc.ca/en/the-surete-du-quebec)

**Services:** \* Patrol. \* Response to assistance requests. \* Monitoring and control of road traffic. \* Enforce laws and regulations. \* Crime prevention. \* Community relations activities.

**Coverage area:** MRC Joliette

**Hours:** administration: Monday to Friday 8h30 to 16h30, emergency: 24/7

**Financing:** provincial

**Legal status:** provincial government agency

**Municipalité régionale de comté (MRC)****MRC JOLIETTE**

632 de Lanaudière Street, Joliette, Lanaudière, QC, J6E 3M7

**450 759-2237** Fax: 450 759-2597

**Website:** [mrcjoliette.qc.ca](http://mrcjoliette.qc.ca)

**Email:** [information@mrcjoliette.qc.ca](mailto:information@mrcjoliette.qc.ca)

**Services:** Administration of regional services with supra-local character. \* Land management and development. \* Financial and contractual management. \* Watercourses management. \* Civil security and fire department. \* Renovation support. \* Property assessment. \* Agricultural areas development. \* Residual waste management. \* Public and adapted transportation. \* Economic development and business support.

**Coverage area:** MRC Joliette

**Hours:** Monday to Thursday 8h00 to 12h00 and 13h00 to 16h30, Friday 8h15 to 12h00

**Financing:** municipal

**Legal status:** municipal agency

## Provincial services

### COMMISSION DE LA SANTÉ ET DE LA SÉCURITÉ DU TRAVAIL DU QUÉBEC - LANAUDIÈRE

432 De Lanaudière Street, Joliette, Lanaudière, QC, J6E 7N2

**1 844 838-0808** Fax: 1 855 722-8081?

**Website:** [www.cnesst.gouv.qc.ca](http://www.cnesst.gouv.qc.ca)

**Services:** \* Support for workers and employers in their efforts to eliminate hazards in their workplace. \* Inspection of workplaces. \* Promotion of occupational health and safety. \* Compensation for workers who suffered an occupational injury. \* Rehabilitation of workers who, because of an occupational injury, suffered a permanent impairment of physical or mental integrity.

**Eligibility:** employers and workers

**Coverage area:** Lanaudière

**Hours:** Monday to Friday 8h30 to 12h00 and 13h00 to 16h30, except holidays

**Financing:** membership fees, self-financing

**Legal status:** provincial government agency

### LEGAL AID OFFICE - JOLIETTE

440 Saint-Louis Street, Joliette, Lanaudière, QC, J6E 2Y8

**450 759-2500** Fax: 450 759-8682

**Website:** [www.ccjll.qc.ca](http://www.ccjll.qc.ca)

**Email:** [bajjoli@ccjll.qc.ca](mailto:bajjoli@ccjll.qc.ca)

**Services:** Free or low cost legal services to eligible individuals. \* Receive and process legal aid requests.

**Eligibility:** person or non-profit organization residing in Quebec or forced to remain in Quebec, financially eligible, and with a legal need that is covered by the Law

**Coverage area:** Joliette

**Hours:** Monday to Friday 8h30 to 12h00 and 13h00 to 16h30, by appointment only, except emergency

**Fees:** people may be eligible for free legal aid or contributory legal aid between \$100 and \$800, depending on their financial situation, see scale on website

**Financing:** provincial

**Legal status:** parapublic organization

### SERVICES QUÉBEC - DIRECTION RÉGIONALE DE LANAUDIÈRE

40 Gauthier Street South, Suite 2000, Joliette, Lanaudière, QC, J6E 4J4

**450 752-6888** Fax: 450 755-1926

**Website:** [www.mtess.gouv.qc.ca/services-a-la-clientele/directions-regionales/index\\_en.asp](http://www.mtess.gouv.qc.ca/services-a-la-clientele/directions-regionales/index_en.asp)

**Services:** \* Local employment centres locator: [www.mess.gouv.qc.ca/services-en-ligne/centres-locaux-emploi/localisateur/index\\_en.asp](http://www.mess.gouv.qc.ca/services-en-ligne/centres-locaux-emploi/localisateur/index_en.asp) \* Info-emploi counter: job bank that can be consulted on site. \* Job search assistance: redaction of resume and preparation to interview. \* Multiservices room: access to phone, fax, computers and printing machines. \* Workplace learning program. \* Training programs aiming professional skills development for enterprises and specific client group: students, women, youth, young mothers, older workers, disabled people, immigrants or visible minorities. \* Business assistance: advices and financial support in human resources management. \* Last-resort financial and social assistance for people with severe or temporary restrictions on employment or occupational disabilities. \* Last-resort financial and social assistance for asylum seekers and refugees. \* Last-resort financial and social assistance. \* Administration of oath. \* Information on government programs and services and accompaniment in administrative procedures. \* Services related to Directeur de l'état civil, Régie du bâtiment, Registre foncier, child support, pension plans and public sector pension plans.

**Eligibility:** job seekers, including people who have particular difficulties entering the labour market, individual and families receiving the governmental last-resort assistance or on a low income, employers and companies, people 16 years old and over coping with a long term occupational disability (physical or mental health, physical or intellectual disabilities), sponsored immigrants on or awaiting welfare and their sponsors

**Coverage area:** Lanaudière

**Financing:** provincial

**Legal status:** provincial government agency

### SERVICES QUÉBEC - JOLIETTE

409 Notre-Dame Street, Joliette, Lanaudière, QC, J6E 3H5

**1 800 463-5434 Fax:** 450 752-6865

**Website:** [www.mtess.gouv.qc.ca/services-a-la-clientele/centre-local-emploi](http://www.mtess.gouv.qc.ca/services-a-la-clientele/centre-local-emploi)

**Services:** \* Info-emploi counter: job bank that can be consulted on site. \* Job search assistance: redaction of resume and preparation to interview. \* Multiservices room: access to phone, fax, computers and printing machines. \* Workplace learning program. \* Training programs aiming professional skills development for enterprises and specific client group: students, women, youth, young mothers, older workers, disabled people, immigrants or visible minorities. \* Business assistance: advices and financial support in human resources management. \* Last-resort financial and social assistance for people with severe or temporary restrictions on employment or occupational disabilities. \* Last-resort financial and social assistance. \* Administration of oath. \* Information on government programs and services and accompaniment in administrative procedures. \* Services related to Directeur de l'état civil, Régie du bâtiment and Registre foncier.

**Eligibility:** job seekers, including people who have particular difficulties entering the labour market, individual and families receiving the governmental last-resort assistance or on a low income, employers and companies, people 16 years and over coping with a long term occupational disability (physical or mental health, physical or intellectual disabilities)

**Coverage area:** Joliette

**Hours:** Monday, Tuesday, Thursday and Friday 8h30 to 12h00 and 13h00 to 16h30, Wednesday 10h00 to 12h00 and 13h00 to 16h30

**Financing:** provincial

**Legal status:** provincial government agency

### SÛRETÉ DU QUÉBEC - POSTE MRC DE JOLIETTE

733 Richard Street, Joliette, Lanaudière, QC, J6E 2T8

**450 759-5222 Fax:** 450 759-7174

**Website:** [www.sq.gouv.qc.ca/en/the-surete-du-quebec](http://www.sq.gouv.qc.ca/en/the-surete-du-quebec)

**Services:** \* Patrol. \* Response to assistance requests. \* Monitoring and control of road traffic. \* Enforce laws and regulations. \* Crime prevention. \* Community relations activities.

**Coverage area:** MRC Joliette

**Hours:** administration: Monday to Friday 8h30 to 16h30, emergency: 24/7

**Financing:** provincial

**Legal status:** provincial government agency

### TRIBUNAL ADMINISTRATIF DU LOGEMENT - JOLIETTE

430 de Lanaudière Street, Suite 160, Joliette, Lanaudière, QC, J6E 7X1

**1 800 683-2245 Fax:** 1 877 907-8077

**Website:** [www.tal.gouv.qc.ca/en](http://www.tal.gouv.qc.ca/en)

**Services:** Specialized tribunal that the authority regarding residential lease matters. \* Information to citizens about their rights and obligations relating to their lease. \* Reaching agreements between landlords and tenants. \* Protection of the rights of tenants. \* Assistance with filling court application forms. \* Online calculation tool for rent fixation: [www.tal.gouv.qc.ca/fr/calcul-pour-la-fixation-de-loyer/outil-de-calcul](http://www.tal.gouv.qc.ca/fr/calcul-pour-la-fixation-de-loyer/outil-de-calcul)

**Eligibility:** tenants, landlords

**Coverage area:** Joliette

**Hours:** Monday to Friday 8h30 to 12h00 and 13h00 to 16h30

**Fees:** variable

**Financing:** provincial

**Legal status:** provincial government agency

## **Health**

**FAMILY PLANNING**

**HOSPITALS, CLSC AND COMMUNITY CLINICS**

**PALLIATIVE CARE**

**PATIENT SUPPORT ASSOCIATIONS**

**PUBLIC HEALTH**

## Family planning

### CENTRE HOSPITALIER DE LANAUDIÈRE

1000 Sainte-Anne Boulevard, Saint-Charles-Borromée, Lanaudière, QC, J6E 6J2

**450 759-8222**

**Website:** [sante.gouv.qc.ca/repertoire-ressources/ressource/?nofiche=1203#](http://sante.gouv.qc.ca/repertoire-ressources/ressource/?nofiche=1203#)

**Services:** Hospital centre offering general and specialized cares. \* Emergencies. \* Specialized services for victims of sexual assault. \* Contraception. \* Emergency oral contraception. \* Distribution of new injection equipment to people who use drugs and recovery of used needles and syringes. \* Test centre. \* Radiology. \* Magnetic resonance. \* Scintigraphy. \* Computed tomography. \* Tomography. \* Breast feeding room. \* End of life care.

**Coverage area:** Province of Québec

**Hours:** 24/7, test centre: by appointment

**Financing:** provincial

**Legal status:** parapublic organization

### ORIGNAL TATOUÉ, CAFÉ DE RUE

144 Saint-Joseph Street, Joliette, Lanaudière, QC, J6E 5C4

**450 394-4384**

**Email:** [lorignaltatoue@gmail.com](mailto:lorignaltatoue@gmail.com)

**Services:** Place of listening and support. \* Help, listening and referral. \* Emergency assistance: food assistance, personal hygiene products, menstrual hygiene products, warm clothes, condoms. \* Recovery of used syringes. \* Assistance in French and mathematics. \* Monthly visit by a nurse: samples, screening, vaccination and answer to health questions. \* Prevention and education activities.

**Eligibility:** young people aged 16 to 30 in a situation of social or family breakdown or experiencing difficulties related to drug addiction, homelessness and mental health problems

**Capacity:** 10 people

**Coverage area:** Joliette

**Hours:** Tuesday to Friday 12h00 to 16h00

**Fees:** none

**Financing:** donations, municipal, provincial, federal

**Legal status:** non-profit organization

## Hospitals, CLSC and community clinics

### CENTRE HOSPITALIER DE LANAUDIÈRE

1000 Sainte-Anne Boulevard, Saint-Charles-Borromée, Lanaudière, QC, J6E 6J2

**450 759-8222**

**Website:** [sante.gouv.qc.ca/repertoire-ressources/ressource/?nofiche=1203#](http://sante.gouv.qc.ca/repertoire-ressources/ressource/?nofiche=1203#)

**Services:** Hospital centre offering general and specialized cares. \* Emergencies. \* Specialized services for victims of sexual assault. \* Contraception. \* Emergency oral contraception. \* Distribution of new injection equipment to people who use drugs and recovery of used needles and syringes. \* Test centre. \* Radiology. \* Magnetic resonance. \* Scintigraphy. \* Computed tomography. \* Tomography. \* Breast feeding room. \* End of life care.

**Coverage area:** Province of Québec

**Hours:** 24/7, test centre: by appointment

**Financing:** provincial

**Legal status:** parapublic organization

**CLSC DE JOLIETTE**

380 Base-de-Roc Boulevard, Joliette, Lanaudière, QC, J6E 9J6

**450 755-2111**

**Website:** [www.cisss-lanaudiere.gouv.qc.ca/votre-cisss/coordonnees-et-horaires/clsc](http://www.cisss-lanaudiere.gouv.qc.ca/votre-cisss/coordonnees-et-horaires/clsc)

**Services:** Frontline services for routine health and social services. \* Authentication of the health insurance card. \* Sampling centre, appointment online: [clients3.clicsante.ca/8072/take-appt](http://clients3.clicsante.ca/8072/take-appt). \* Abortion. \* Dressing change and follow-up. \* Consultation with a nurse. \* Contraception. \* Emergency oral contraception. \* Prenatal classes. \* Screenings. \* Distribution of injection equipment to people who use drugs. \* Disposal of used syringes and needles. \* Listening and telephone support. \* Breastfeeding room. \* SIDEPE: HIV/AIDS and STBBI screening and prevention integrated services. \* Vaccination.

**Coverage area:** Québec

**Hours:** Monday to Friday 8h00 to 20h00, Saturday, Sunday 8h30 to 12h00 and 13h00 to 16h30

**Financing:** provincial

**Legal status:** parapublic organization

**DIABÉTIQUES DE LANAUDIÈRE**

950 Sainte-Anne Boulevard, Suite 112, Saint-Charles-Borromée, Lanaudière, QC, J6E 5B5

**450 752-5233**

**Website:** [www.diabetiquesdelanaudiere.org](http://www.diabetiquesdelanaudiere.org)

**Email:** [diabetlanau@citenet.net](mailto:diabetlanau@citenet.net)

**Services:** \* Information and awareness about diabetes. \* Promotion of research. \* Training, conferences. \* Annual screening clinic. \* Fitness and aquafitness classes. \* Nutrition workshops. \* Foot care.

**Eligibility:** people with diabetes, healthcare professionals

**Coverage area:** Lanaudière

**Hours:** Monday to Friday 9h00 to 16h00

**Fees:** membership: \$20 per year

**Financing:** contributions

**Legal status:** non-profit organization

**ORIGNAL TATOUE, CAFÉ DE RUE**

144 Saint-Joseph Street, Joliette, Lanaudière, QC, J6E 5C4

**450 394-4384**

**Email:** [lorignaltatoue@gmail.com](mailto:lorignaltatoue@gmail.com)

**Services:** Place of listening and support. \* Help, listening and referral. \* Emergency assistance: food assistance, personal hygiene products, menstrual hygiene products, warm clothes, condoms. \* Recovery of used syringes. \* Assistance in French and mathematics. \* Monthly visit by a nurse: samples, screening, vaccination and answer to health questions. \* Prevention and education activities.

**Eligibility:** young people aged 16 to 30 in a situation of social or family breakdown or experiencing difficulties related to drug addiction, homelessness and mental health problems

**Capacity:** 10 people

**Coverage area:** Joliette

**Hours:** Tuesday to Friday 12h00 to 16h00

**Fees:** none

**Financing:** donations, municipal, provincial, federal

**Legal status:** non-profit organization

**Palliative care****CENTRE HOSPITALIER DE LANAUDIÈRE**

1000 Sainte-Anne Boulevard, Saint-Charles-Borromée, Lanaudière, QC, J6E 6J2

**450 759-8222**

**Website:** [sante.gouv.qc.ca/repertoire-ressources/ressource/?nofiche=1203#](http://sante.gouv.qc.ca/repertoire-ressources/ressource/?nofiche=1203#)

**Services:** Hospital centre offering general and specialized cares. \* Emergencies. \* Specialized services for victims of sexual assault. \* Contraception. \* Emergency oral contraception. \* Distribution of new injection equipment to people who use drugs and recovery of used needles and syringes. \* Test centre. \* Radiology. \* Magnetic resonance. \* Scintigraphy. \* Computed tomography. \* Tomography. \* Breast feeding room. \* End of life care.

**Coverage area:** Province of Québec

**Hours:** 24/7, test centre: by appointment

**Financing:** provincial

**Legal status:** parapublic organization

## Patient support associations

### ASSOCIATION DES PERSONNES HANDICAPÉES PHYSIQUES ET SENSORIELLES SECTEUR JOLIETTE

200 de Salaberry Street, Suite 134, Joliette, Lanaudière, QC, J6E 4G1

**450 759-3322 Fax:** 450 759-8749

**Website:** www.aphpssj.com

**Email:** info@aphpssj.com

**Services:** Advocacy and promotion of the interests of people living with a disability. \* Accompaniment services. \* Adapted leisure activities. \* Information and referral service. \* Support in obtaining services. \* Psychosocial services for people who have sustained head injuries.

**Eligibility:** people living with a disability and their close ones

**Coverage area:** MRC Joliette

**Hours:** Monday to Thursday 8h00 to 12h00 and 12h30 to 16h30

**Fees:** membership card: \$10

**Financing:** grants, contributions

**Legal status:** non-profit organization

### ASSOCIATION RÉGIONALE DE LA FIBROMYALGIE DE LANAUDIÈRE

762A de l'Industrie Boulevard, Saint-Paul, Lanaudière, QC, J0K 3E0

**1 888 223-0227**

**Website:** www.fibromyalgearfl.com

**Email:** info@fibromyalgearfl.com

**Services:** \* Rehabilitation activities: aquafitness. \* Social activities. \* Social network, testimony exchanges. \* Information, document loans and consultation, conferences. \* Art workshops.

**Eligibility:** people with a fibromyalgia diagnostic and relations

**Coverage area:** Lanaudière

**Hours:** Wednesday 13h00 to 16h00, Thursday 13h30 to 16h00

**Fees:** annual fees: \$20

**Financing:** fundraising campaigns, grants, contributions

**Legal status:** non-profit organization

### ASSOCIATION SCLÉROSE EN PLAQUES DE LANAUDIÈRE

200 Salaberry Street, Suite 307, Joliette, Lanaudière, QC, J6E 4G1

**450 753-5545**

**Website:** www.asepl.org

**Email:** asepl@intermonde.net

**Services:** Support to people living with multiple sclerosis and their close ones. \* Information about the disease. \* Activities for members. \* Individual support, advocacy. \* Financial support. \* Visits at home and in care centres.

**Eligibility:** people living with multiple sclerosis, their close ones

**Coverage area:** Lanaudière

**Hours:** Monday to Friday 8h30 to 12h00 and 13h00 to 16h30

**Fees:** free

**Financing:** provincial, fundraising campaigns, donations

**Legal status:** non-profit organization

### **ASSOCIATION UN COEUR POUR TOUS, LANAUDIÈRE (L')**

144 Saint-Joseph Street, Suite 113, Joliette, Lanaudière, QC, J6E 5C2

**450 760-3039**

**Website:** [www.uncoeurpourtous.com](http://www.uncoeurpourtous.com)

**Email:** [info@uncoeurpourtous.com](mailto:info@uncoeurpourtous.com)

**Services:** \* Information on heart diseases and their physical and moral consequences. \* Breakfast-conferences 5 times per year. \* Workshops. \* Adapted physical activities, chair yoga, Coeur en forme physical conditioning. \* Social activities.

**Eligibility:** people with a heart disease or high blood pressure, their partners

**Capacity:** pool: 24 people

**Coverage area:** Lanaudière

**Hours:** Monday to Friday 8h00 à 17h00

**Fees:** membership card: \$15 per year, activities: \$50 per activity (\$5 per visit for 10 weeks)

**Financing:** donations, self-financing, grants

**Legal status:** non-profit organization

### **CANCER-AIDE LANAUDIÈRE**

2 Saint-Charles-Borromée Street North, Joliette, Lanaudière, QC, J6E 4R2

**450 756-0869**

**Website:** [www.canceraidelanaudiere.com](http://www.canceraidelanaudiere.com)

**Email:** [canceraidelanaudiere@outlook.com](mailto:canceraidelanaudiere@outlook.com)

**Services:** \* Phone listening. \* Information, referral: resource guide, documentation, lending of books and audio/video tapes. \* Support group. \* Financial assistance: individual meetings with a therapist, massage therapy. \* Monthly meetings.

**Eligibility:** people with cancer, their relatives

**Coverage area:** Lanaudière

**Hours:** meetings: 2nd Wednesday of the month 13h30 to 15h30, South service point: 3rd Wednesday of the month 13h30 to 15h30

**Fees:** member: \$10 per year, activities: variable fees

**Financing:** membership fees, provincial

**Legal status:** non-profit organization

### **DIABÉTIQUES DE LANAUDIÈRE**

950 Sainte-Anne Boulevard, Suite 112, Saint-Charles-Borromée, Lanaudière, QC, J6E 5B5

**450 752-5233**

**Website:** [www.diabetiquesdelanaudiere.org](http://www.diabetiquesdelanaudiere.org)

**Email:** [diabetlanau@citenet.net](mailto:diabetlanau@citenet.net)

**Services:** \* Information and awareness about diabetes. \* Promotion of research. \* Training, conferences. \* Annual screening clinic. \* Fitness and aquafitness classes. \* Nutrition workshops. \* Foot care.

**Eligibility:** people with diabetes, healthcare professionals

**Coverage area:** Lanaudière

**Hours:** Monday to Friday 9h00 to 16h00

**Fees:** membership: \$20 per year

**Financing:** contributions

**Legal status:** non-profit organization



**ORIGINAL TATOUÉ, CAFÉ DE RUE**

144 Saint-Joseph Street, Joliette, Lanaudière, QC, J6E 5C4

**450 394-4384**

**Email:** lorignaltatoue@gmail.com

**Services:** Place of listening and support. \* Help, listening and referral. \* Emergency assistance: food assistance, personal hygiene products, menstrual hygiene products, warm clothes, condoms. \* Recovery of used syringes. \* Assistance in French and mathematics. \* Monthly visit by a nurse: samples, screening, vaccination and answer to health questions. \* Prevention and education activities.

**Eligibility:** young people aged 16 to 30 in a situation of social or family breakdown or experiencing difficulties related to drug addiction, homelessness and mental health problems

**Capacity:** 10 people

**Coverage area:** Joliette

**Hours:** Tuesday to Friday 12h00 to 16h00

**Fees:** none

**Financing:** donations, municipal, provincial, federal

**Legal status:** non-profit organization

**SOCIÉTÉ ALZHEIMER DE LANAUDIÈRE (LA)**

190 Montcalm Street, Joliette, Lanaudière, QC, J6E 5G4

**450 759-3057 ext. 107** Fax: 450 760-2633

**Website:** sadl.org

**Email:** info@sadl.org

**Services:** \* Information and referral. \* Telephone assistance. \* Individual and family meetings. \* Respite-Accompaniment-Stimulation program (RAS). \* Group for people in the early stages. \* Exchange group for caregivers. \* Training for caregivers, workers and professionals. \* Conferences, training, workshop meetings. \* Books and videos loans.

**Eligibility:** people with Alzheimer or a related disease, their relatives, caregivers, health professionals and private residences

**Coverage area:** Lanaudière

**Hours:** Monday to Friday 8h30 to 12h00 and 13h00 to 16h30

**Fees:** membership: \$25 per year, Respite-Accompaniment-Stimulation program: \$21 for 3 hours

**Financing:** grants, self-financing, donations

**Legal status:** non-profit organization

**Public Health****CENTRE INTÉGRÉ DE SANTÉ ET DE SERVICES SOCIAUX DE LANAUDIÈRE**

260 Lavaltrie Street South, Joliette, Lanaudière, QC, J6E 5X7

**1 800 668-9229**

**Website:** www.ciasss-lanaudiere.gouv.qc.ca

**Email:** santelanaudiere@ssss.gouv.qc.ca

**Services:** Planning, coordination and organization of social and health services. \* Responsibility of the availability of care to the entire population, including the most vulnerable. \* Management of simplified access to services. \* Administration of partnerships with intermediate resources. \* Handling of complaints regarding dissatisfaction or violation of rights of users.

**Coverage area:** Lanaudière

**Hours:** Monday to Friday 8h30 to 12h00 and 13h00 to 16h30 (except holidays)

**Financing:** provincial

**Legal status:** parapublic organization

**DIABÉTIQUES DE LANAUDIÈRE**

950 Sainte-Anne Boulevard, Suite 112, Saint-Charles-Borromée, Lanaudière, QC, J6E 5B5

**450 752-5233**

**Website:** [www.diabetiquesdelanaudiere.org](http://www.diabetiquesdelanaudiere.org)

**Email:** [diabetlanau@citenet.net](mailto:diabetlanau@citenet.net)

**Services:** \* Information and awareness about diabetes. \* Promotion of research. \* Training, conferences. \* Annual screening clinic. \* Fitness and aquafitness classes. \* Nutrition workshops. \* Foot care.

**Eligibility:** people with diabetes, healthcare professionals

**Coverage area:** Lanaudière

**Hours:** Monday to Friday 9h00 to 16h00

**Fees:** membership: \$20 per year

**Financing:** contributions

**Legal status:** non-profit organization

**DIRECTION DE LA SANTÉ PUBLIQUE DE LANAUDIÈRE**

245 du Curé Majeau Street, Joliette, Lanaudière, QC, J6E 8S8

**1 855 759-6660 Fax:** 450 759-3742

**Website:** [www.cisss-lanaudiere.gouv.qc.ca](http://www.cisss-lanaudiere.gouv.qc.ca)

**Services:** Continuous surveillance of public health. \* Informs population about general health state, high-priority health problems, vulnerable groups, main risk factors and efficient interventions. \* Identification of potentially problematic situation. \* Prevention and health promotion.

**Coverage area:** Lanaudière

**Financing:** provincial

**Legal status:** parapublic organization

**MILIEU D'INTERVENTION ET DE THÉRAPIE EN AGRESSION SEXUELLE**

144 Saint-Joseph Street, Joliette, Lanaudière, QC, J6E 5C4

**450 755-6755 Fax:** 450 755-1773

**Website:** [www.mitas.ca](http://www.mitas.ca)

**Email:** [mitas@mitas.ca](mailto:mitas@mitas.ca)

**Services:** Group and individual therapy. \* Sex education. \* Program for male victims of sexual abuse during childhood.

**Eligibility:** child and adolescent victims of abuse, parents of child victims, children with problematic sexual behaviours, adolescents and adults who have sexually abused minors or who feel at risk of doing so, parents of adolescents who have sexually abused minors, men who were victims of sexual abuse during childhood

**Capacity:** groups: 8 people

**Coverage area:** Lanaudière

**Hours:** Monday to Thursday 9h00 to 16h00, therapies for adults in the evening

**Fees:** free for children, variable for adults

**Financing:** provincial, self-financing, grants, donations

**Legal status:** non-profit organization

## **Homelessness**

**DAY AND EVENING CENTRES**

**MOBILE UNITS AND STREET WORK**

**SHELTERS**

**TRANSITIONAL HOUSING**

## Day and evening centres

### ACCUEIL JEUNESSE

1094 Manseau Boulevard, Joliette, Lanaudière, QC, J6E 3G8

**450 759-4610**

**Email:** acc1@videotron.ca

**Services:** Housing for youth. \* Short-term housing. \* Support, information and referral.

**Eligibility:** youth 12 to 17 years old in difficulty

**Capacity:** 9 beds

**Coverage area:** Lanaudière

**Hours:** 24 hours / 7 days

**Fees:** \$7 per day

**Financing:** self-financing, donations

**Legal status:** non-profit organization

### MANNE QUOTIDIENNE (LA)

160 Hélène-Boulé Street, Joliette, Lanaudière, QC, J6E 2R6

**450 755-6078**

**Email:** mannequotidienne@hotmail.com

**Services:** Food assistance. \* Food bank. \* Free breakfasts and weekend dinners. \* Food processing workshops for men only and for women only. \* Support, information and referral. \* Recovery of food surplus.

**Eligibility:** individuals and families on a low income, people experiencing homelessness

**Coverage area:** Joliette

**Hours:** breakfasts: 7 days 6h30 to 8h30, dinners: Saturday 13h30 to 17h30, Sunday 15h30 to 17h30, food bank: Monday and Thursday 9h00 to 14h30

**Fees:** breakfasts, dinners and food processing workshops: free, membership card: \$30 for 6 months per adult, \$5 for 6 months per child

**Financing:** grants, donations, contributions

**Legal status:** non-profit organization

## Mobile units and street work

### ASSOCIATION POUR LES JEUNES DE LA RUE DE JOLIETTE

144 St-Joseph Street, Suite R-12, Joliette, Lanaudière, QC, J6E 5C4

**450 753-3692**

**Website:** www.ajrj.org

**Email:** info@ajrj.org

**Services:** \* Street work. \* Naloxone kit distribution. \* Distribution and delivery of fentanyl and benzodiazepines test strips.

**Eligibility:** people 12 to 35

**Coverage area:** Joliette

**Hours:** day, evening, night

**Fees:** none

**Legal status:** non-profit organization

### CENTRE HOSPITALIER DE LANAUDIÈRE

1000 Sainte-Anne Boulevard, Saint-Charles-Borromée, Lanaudière, QC, J6E 6J2

**450 759-8222**

**Website:** sante.gouv.qc.ca/repertoire-ressources/ressource/?nofiche=1203#

**Services:** Hospital centre offering general and specialized cares. \* Emergencies. \* Specialized services for victims of sexual assault. \* Contraception. \* Emergency oral contraception. \* Distribution of new injection equipment to people who use drugs and recovery of used needles and syringes. \* Test centre. \* Radiology. \* Magnetic resonance. \* Scintigraphy. \* Computed tomography. \* Tomography. \* Breast feeding room. \* End of life care.

**Coverage area:** Province of Québec

**Hours:** 24/7, test centre: by appointment

**Financing:** provincial

**Legal status:** parapublic organization

### ORIGINAL TATOUÉ, CAFÉ DE RUE

144 Saint-Joseph Street, Joliette, Lanaudière, QC, J6E 5C4

**450 394-4384**

**Email:** lorignaltatoue@gmail.com

**Services:** Place of listening and support. \* Help, listening and referral. \* Emergency assistance: food assistance, personal hygiene products, menstrual hygiene products, warm clothes, condoms. \* Recovery of used syringes. \* Assistance in French and mathematics. \* Monthly visit by a nurse: samples, screening, vaccination and answer to health questions. \* Prevention and education activities.

**Eligibility:** young people aged 16 to 30 in a situation of social or family breakdown or experiencing difficulties related to drug addiction, homelessness and mental health problems

**Capacity:** 10 people

**Coverage area:** Joliette

**Hours:** Tuesday to Friday 12h00 to 16h00

**Fees:** none

**Financing:** donations, municipal, provincial, federal

**Legal status:** non-profit organization

## Shelters

### ACCUEIL JEUNESSE

1094 Manseau Boulevard, Joliette, Lanaudière, QC, J6E 3G8

**450 759-4610**

**Email:** acc1@videotron.ca

**Services:** Housing for youth. \* Short-term housing. \* Support, information and referral.

**Eligibility:** youth 12 to 17 years old in difficulty

**Capacity:** 9 beds

**Coverage area:** Lanaudière

**Hours:** 24 hours / 7 days

**Fees:** \$7 per day

**Financing:** self-financing, donations

**Legal status:** non-profit organization

### HÉBERGEMENT D'URGENCE LANAUDIÈRE

864 Manseau Boulevard, Joliette, Lanaudière, QC, J6E 3G3

**450 753-7735** Fax: 450 753-4095

**Email:** hul@bellnet.ca

**Services:** \* Short term and temporary housing for homeless people. \* Dormitory available with dinner, breakfast and laundry. \* Counselling and support, accompaniment and referral. \* 2 places supervised apartment. \* Support to reintegrate an apartment.

**Eligibility:** housing and apartments: men and women 30 years old and over, dormitory: homeless men and women 18 years old and over

**Capacity:** 14 places

**Coverage area:** Lanaudière

**Hours:** 24 hours / 7 days

**Fees:** housing: \$8 per night for a room, supervised apartments: \$325 per month, dormitory: free

**Financing:** grants

**Legal status:** non-profit organization

### MAISON OXYGÈNE JOLIETTE-LANAUDIÈRE

Confidential Address

**450 499-2617**

**Website:** www.mojl.org

**Email:** administration@mojl.org

**Services:** Housing for fathers and their children going through difficulties. \* Temporary housing. \* Supervised apartments. \* Reception, information and accompaniment. \* Fathers-children activities. \* Outpatient psychosocial follow-up.

**Eligibility:** fathers and their children living with severe family problems

**Capacity:** housing: 6 adults and 18 children

**Coverage area:** Lanaudière

**Hours:** variable

**Fees:** housing: according to income, psychosocial follow-up: none

**Financing:** grants, donations

**Legal status:** non-profit organization

## Transitional housing

### ACCUEIL JEUNESSE

1094 Manseau Boulevard, Joliette, Lanaudière, QC, J6E 3G8

**450 759-4610**

**Email:** acc1@videotron.ca

**Services:** Housing for youth. \* Short-term housing. \* Support, information and referral.

**Eligibility:** youth 12 to 17 years old in difficulty

**Capacity:** 9 beds

**Coverage area:** Lanaudière

**Hours:** 24 hours / 7 days

**Fees:** \$7 per day

**Financing:** self-financing, donations

**Legal status:** non-profit organization

### HÉBERGEMENT D'URGENCE LANAUDIÈRE

864 Manseau Boulevard, Joliette, Lanaudière, QC, J6E 3G3

**450 753-7735** Fax: 450 753-4095

**Email:** hul@bellnet.ca

**Services:** \* Short term and temporary housing for homeless people. \* Dormitory available with dinner, breakfast and laundry. \* Counselling and support, accompaniment and referral. \* 2 places supervised apartment. \* Support to reintegrate an apartment.

**Eligibility:** housing and apartments: men and women 30 years old and over, dormitory: homeless men and women 18 years old and over

**Capacity:** 14 places

**Coverage area:** Lanaudière

**Hours:** 24 hours / 7 days

**Fees:** housing: \$8 per night for a room, supervised apartments: \$325 per month, dormitory: free

**Financing:** grants

**Legal status:** non-profit organization

**MAISON D'HÉBERGEMENT JEUNESSE ROLAND-GAVREAU**

638 Base-de-Roc Boulevard, Joliette, Lanaudière, QC, J6E 5P7

**450 759-2114** Fax: 450 759-6524

Email: aubergeducoeur.rg@hotmail.com

**Services:** \* Short-term housing for up to 3 to 6 months. \* Self-help, listening, accompaniment, information and referral.

**Eligibility:** young adults from 18 to 30 years old experiencing difficulties

**Capacity:** 12 spots

**Coverage area:** Lanaudière

**Hours:** 24 hours / 7 days

**Fees:** \$300 per month or 46% of income

**Financing:** self-financing, donations

**Legal status:** non-profit organization

**MAISON OXYGÈNE JOLIETTE-LANAUDIÈRE**

Confidential Address

**450 499-2617**

**Website:** www.mojl.org

**Email:** administration@mojl.org

**Services:** Housing for fathers and their children going through difficulties. \* Temporary housing. \* Supervised apartments. \* Reception, information and accompaniment. \* Fathers-children activities. \* Outpatient psychosocial follow-up.

**Eligibility:** fathers and their children living with severe family problems

**Capacity:** housing: 6 adults and 18 children

**Coverage area:** Lanaudière

**Hours:** variable

**Fees:** housing: according to income, psychosocial follow-up: none

**Financing:** grants, donations

**Legal status:** non-profit organization

**MAISON PAULINE BONIN**

360 Saint-Louis Street, Suite 1, Joliette, Lanaudière, QC, J6E 2Y6

**450 752-6730**

**Email:** maisonpb2@videotron.ca

**Services:** Subsidized temporary housing with services. \* Temporary accommodation. \* Individual support in the procedures. \* Group accompaniment. \* Information workshops. \* Social and recreational activities.

**Eligibility:** single mothers who want to return to work or school

**Coverage area:** Province of Québec

**Hours:** 24 hours / 7 days

**Fees:** 25% of income according to the provincial notice of assessment

**Financing:** provincial, self-financing

**Legal status:** non-profit organization

## **Housing**

**ADVOCACY FOR HOUSING**

**HOUSING COOPERATIVES AND CORPORATIONS**

**HOUSING SEARCH ASSISTANCE**

**SOCIAL HOUSING AND HOUSING COOPERATIVES**



## Advocacy for housing

### ACTION-LOGEMENT LANAUDIÈRE

144 Saint-Joseph Street, Suite 213, Joliette, Lanaudière, QC, J6E 5C4

**1 855 394-1778** Fax: 450 760-3586

**Website:** [www.logementlanaudiere.org](http://www.logementlanaudiere.org)

**Email:** [action-logementlanaudiere@live.ca](mailto:action-logementlanaudiere@live.ca)

**Services:** Individual and collective advocacy for tenants. \* Information on rights, procedures and resources. \* Trainings and popular education activities. \* Representation in front of decision makers.

**Eligibility:** tenants

**Coverage area:** Lanaudière

**Hours:** by appointment

**Fees:** none

**Financing:** provincial, foundations, donations

**Legal status:** non-profit organization

### OFFICE D'HABITATION AU COUR DE CHEZ NOUS

1 Robitaille Street, Saint-Thomas, Lanaudière, QC, J0K 3L0

**450 750-5091**

**Email:** [direction@ohcoeur.ca](mailto:direction@ohcoeur.ca)

**Services:** Manage and administer housing and housing programs. \* Low-rent housing (HLM). \* Rent supplement program (PSL). \* Québec affordable housing program (LAQ). \* Referral service. \* Accès Logis program.

**Eligibility:** individuals and families on a low and moderate income

**Capacity:** 137 units

**Coverage area:** Crabtree, Notre-Dame-De-Lourdes, Saint-Ambroise-De-Kildare, Saint-Charles-Borromée, Saint-Paul, Saint-Thomas, Sainte-Mélanie

**Financing:** provincial

**Legal status:** municipal agency

### OFFICE MUNICIPAL D'HABITATION DE JOLIETTE

315, rue Flamand, Joliette, Lanaudière, QC, J6E 7H7

**450 759-1093** Fax: 450 759-6547

**Email:** [omhj@videotron.ca](mailto:omhj@videotron.ca)

**Services:** Management and administration of housing and housing programs. \* Low income housing (HLM). \* Rent supplement program (PSL). \* Québec affordable housing program (LAQ). \* Referral service. \* Accès Logis program.

**Eligibility:** individuals, seniors and families on a low and moderate income

**Capacity:** 501 units

**Coverage area:** Joliette

**Financing:** provincial, municipal

**Legal status:** municipal agency

### TRIBUNAL ADMINISTRATIF DU LOGEMENT - JOLIETTE

430 de Lanaudière Street, Suite 160, Joliette, Lanaudière, QC, J6E 7X1

**1 800 683-2245** Fax: 1 877 907-8077

**Website:** [www.tal.gouv.qc.ca/en](http://www.tal.gouv.qc.ca/en)

**Services:** Specialized tribunal that the authority regarding residential lease matters. \* Information to citizens about their rights and obligations relating to their lease. \* Reaching agreements between landlords and tenants. \* Protection of the rights of tenants. \* Assistance with filling court application forms. \* Online calculation tool for rent fixation: [www.tal.gouv.qc.ca/fr/calcul-pour-la-fixation-de-loyer/outil-de-calcul](http://www.tal.gouv.qc.ca/fr/calcul-pour-la-fixation-de-loyer/outil-de-calcul)

**Eligibility:** tenants, landlords

**Coverage area:** Joliette

**Hours:** Monday to Friday 8h30 to 12h00 and 13h00 to 16h30

**Fees:** variable

**Financing:** provincial

**Legal status:** provincial government agency

## Housing cooperatives and corporations

### ACTION-LOGEMENT LANAUDIÈRE

144 Saint-Joseph Street, Suite 213, Joliette, Lanaudière, QC, J6E 5C4

**1 855 394-1778 Fax:** 450 760-3586

**Website:** [www.logementlanaudiere.org](http://www.logementlanaudiere.org)

**Email:** [action-logementlanaudiere@live.ca](mailto:action-logementlanaudiere@live.ca)

**Services:** Individual and collective advocacy for tenants. \* Information on rights, procedures and resources. \* Trainings and popular education activities. \* Representation in front of decision makers.

**Eligibility:** tenants

**Coverage area:** Lanaudière

**Hours:** by appointment

**Fees:** none

**Financing:** provincial, foundations, donations

**Legal status:** non-profit organization

### GROUPE DE RESSOURCES TECHNIQUES HABEO

457 Laval Street, Joliette, Lanaudière, QC, J6E 5G9

**450 759-8488 Fax:** 450 759-2100

**Website:** [www.habeo.ca](http://www.habeo.ca)

**Email:** [info@habeo.ca](mailto:info@habeo.ca)

**Services:** Technical resource group recognized by the Société d'habitation du Québec. \* Accompaniment of groups in achieving their social and community housing project. \* Development of housing cooperatives or NPOs. \* Online list of co-ops: <http://www.galoplanaudiere.org/nos-realizations>

**Eligibility:** groups wishing to carry out social and community housing projects

**Coverage area:** Lanaudière

**Hours:** Monday to Friday 8h30 to 16h00

**Financing:** provincial

**Legal status:** non-profit organization

### MAISONS D'À CÔTÉ DE LANAUDIÈRE (LES)

639 Henri-Châlin Street, Joliette, Lanaudière, QC, J6E 0A4

**438 863-9323 Fax:** 450 398-0790

**Website:** [www.lesmaisonsdacotelanaudiere.com](http://www.lesmaisonsdacotelanaudiere.com)

**Email:** [Imac@videotron.ca](mailto:Imac@videotron.ca)

**Services:** Adapted housing for people with a physical disability. \* Beneficiary attendant available 24/7. \* Presence of nurses. \* Community worker. \* Home support: personal care and domestic help. \* Assistance in finding accessible and adapted housing. \* Housing adaptations. \* Rent supplement.

**Eligibility:** people 18 to 65 years old with a physical disability

**Capacity:** 9 per residence

**Coverage area:** Lanaudière

**Hours:** 24 hours / 7 days

**Fees:** low-income housing

**Financing:** self-financing

**Legal status:** non-profit organization

**OFFICE D'HABITATION AU COUR DE CHEZ NOUS**

1 Robitaille Street, Saint-Thomas, Lanaudière, QC, J0K 3L0

**450 750-5091**

**Email:** [direction@ohcoeur.ca](mailto:direction@ohcoeur.ca)

**Services:** Manage and administer housing and housing programs. \* Low-rent housing (HLM). \* Rent supplement program (PSL). \* Québec affordable housing program (LAQ). \* Referral service. \* Accès Logis program.

**Eligibility:** individuals and families on a low and moderate income

**Capacity:** 137 units

**Coverage area:** Crabtree, Notre-Dame-De-Lourdes, Saint-Ambroise-De-Kildare, Saint-Charles-Borromée, Saint-Paul, Saint-Thomas, Sainte-Mélanie

**Financing:** provincial

**Legal status:** municipal agency

**OFFICE MUNICIPAL D'HABITATION DE JOLIETTE**

315, rue Flamand, Joliette, Lanaudière, QC, J6E 7H7

**450 759-1093 Fax:** 450 759-6547

**Email:** [omhj@videotron.ca](mailto:omhj@videotron.ca)

**Services:** Management and administration of housing and housing programs. \* Low income housing (HLM). \* Rent supplement program (PSL). \* Québec affordable housing program (LAQ). \* Referral service. \* Accès Logis program.

**Eligibility:** individuals, seniors and families on a low and moderate income

**Capacity:** 501 units

**Coverage area:** Joliette

**Financing:** provincial, municipal

**Legal status:** municipal agency

**TRIBUNAL ADMINISTRATIF DU LOGEMENT - JOLIETTE**

430 de Lanaudière Street, Suite 160, Joliette, Lanaudière, QC, J6E 7X1

**1 800 683-2245 Fax:** 1 877 907-8077

**Website:** [www.tal.gouv.qc.ca/en](http://www.tal.gouv.qc.ca/en)

**Services:** Specialized tribunal that the authority regarding residential lease matters. \* Information to citizens about their rights and obligations relating to their lease. \* Reaching agreements between landlords and tenants. \* Protection of the rights of tenants. \* Assistance with filling court application forms. \* Online calculation tool for rent fixation: [www.tal.gouv.qc.ca/fr/calcul-pour-la-fixation-de-loyer/outil-de-calcul](http://www.tal.gouv.qc.ca/fr/calcul-pour-la-fixation-de-loyer/outil-de-calcul)

**Eligibility:** tenants, landlords

**Coverage area:** Joliette

**Hours:** Monday to Friday 8h30 to 12h00 and 13h00 to 16h30

**Fees:** variable

**Financing:** provincial

**Legal status:** provincial government agency

**Housing search assistance****CENTRE D'AMITIÉ AUTOCHTONE DE LANAUDIÈRE**

523 Sainte-Anne Boulevard, Joliette, Lanaudière, QC, J6E 5A3

**450 760-3865 Fax:** 450 760-9923

**Website:** [www.caalanaudiere.ca](http://www.caalanaudiere.ca)

**Email:** [info@caalanaudiere.ca](mailto:info@caalanaudiere.ca)

**Services:** \* Information and referral. \* Accompaniment and support services in different procedures by an outreach worker. \* Programme d'aide préscolaire autochtone pour les communautés urbaines et nordique (PAPACUN): activities related to culture, health, nutrition and education for children from 0 to 5 years old and their families. \* Educational services: homework help for elementary and secondary students, workspace, liaison between families and schools, low-cost school store, individual support for students and families. \* Cultural and educational activities. \* Youth activities for 12 to 17 year olds. \* Youth Council made up of 7 young people aged 14 to 22. \* Summer youth day camp program.

**Eligibility:** native people of all ages

**Coverage area:** Joliette

**Hours:** Tuesday and Thursday 9h00 to 16h00

**Fees:** none

**Financing:** municipal, provincial, federal, Centraide Lanaudière

**Legal status:** non-profit organization

### **MAISONS D'À CÔTÉ DE LANAUDIÈRE (LES)**

639 Henri-Châlin Street, Joliette, Lanaudière, QC, J6E 0A4

**438 863-9323 Fax:** 450 398-0790

**Website:** [www.lesmaisonsdacotelanaudiere.com](http://www.lesmaisonsdacotelanaudiere.com)

**Email:** [lmac@videotron.ca](mailto:lmac@videotron.ca)

**Services:** Adapted housing for people with a physical disability. \* Beneficiary attendant available 24/7. \* Presence of nurses. \* Community worker. \* Home support: personal care and domestic help. \* Assistance in finding accessible and adapted housing. \* Housing adaptations. \* Rent supplement.

**Eligibility:** people 18 to 65 years old with a physical disability

**Capacity:** 9 per residence

**Coverage area:** Lanaudière

**Hours:** 24 hours / 7 days

**Fees:** low-income housing

**Financing:** self-financing

**Legal status:** non-profit organization

## **Social housing and housing cooperatives**

### **OFFICE D'HABITATION AU COUR DE CHEZ NOUS**

1 Robitaille Street, Saint-Thomas, Lanaudière, QC, J0K 3L0

**450 750-5091**

**Email:** [direction@ohcoeur.ca](mailto:direction@ohcoeur.ca)

**Services:** Manage and administer housing and housing programs. \* Low-rent housing (HLM). \* Rent supplement program (PSL). \* Québec affordable housing program (LAQ). \* Referral service. \* Accès Logis program.

**Eligibility:** individuals and families on a low and moderate income

**Capacity:** 137 units

**Coverage area:** Crabtree, Notre-Dame-De-Lourdes, Saint-Ambroise-De-Kildare, Saint-Charles-Borromée, Saint-Paul, Saint-Thomas, Sainte-Mélanie

**Financing:** provincial

**Legal status:** municipal agency

### **OFFICE MUNICIPAL D'HABITATION DE JOLIETTE**

315, rue Flamand, Joliette, Lanaudière, QC, J6E 7H7

**450 759-1093 Fax:** 450 759-6547

**Email:** [omhj@videotron.ca](mailto:omhj@videotron.ca)

**Services:** Management and administration of housing and housing programs. \* Low income housing (HLM). \* Rent supplement program (PSL). \* Québec affordable housing program (LAQ). \* Referral service. \* Accès Logis program.

Housing

**Eligibility:** individuals, seniors and families on a low and moderate income

**Capacity:** 501 units

**Coverage area:** Joliette

**Financing:** provincial, municipal

**Legal status:** municipal agency

**Immigration and cultural communities**

**INTERPRETATION AND TRANSLATION**

**MULTICULTURAL ORGANIZATIONS**

**REFUGEE SUPPORT**

**SETTLEMENT SERVICES FOR NEWCOMERS**

## Interpretation and translation

### REGIONAL COMMITTEE OF EDUCATION FOR INTERNATIONAL DEVELOPMENT

101 Dugas Street, Joliette, Lanaudière, QC, J6E 4G7

**450 756-0011 ext. 200 Fax:** 450 759-0489

**Website:** [www.credil.qc.ca](http://www.credil.qc.ca)

**Email:** [info@credil.qc.ca](mailto:info@credil.qc.ca)

**Services:** \* Reception and settlement of newcomers and refugees. \* Interpreting service in person or by phone. \* Educating the public about international solidarity. \* Implementation of projects and internships in developing countries.

**Eligibility:** newcomers and immigrants

**Coverage area:** Lanaudière

**Hours:** Monday to Friday 9h00 to 17h00

**Financing:** provincial

**Legal status:** non-profit organization

## Multicultural organizations

### ASSOCIATION QUÉBEC-FRANCE - LANAUDIÈRE

Confidential Address

**Website:** [www.quebecfrancelanaudiere.org](http://www.quebecfrancelanaudiere.org)

**Email:** [presidente@quebecfrancelanaudiere.org](mailto:presidente@quebecfrancelanaudiere.org)

**Services:** Development of a direct and privileged France-Québec relation. \* Dinner and conferences. \* Intermunicipal work exchange program for youth. \* Slam-poetry contest. \* Trips to France. \* Reciprocity housing. \* Cultural activities.

**Eligibility:** Francophiles and French language defenders

**Coverage area:** Lanaudière

**Fees:** annual membership: \$30 individual, \$55 couple, \$60 organization

**Financing:** membership fees

**Legal status:** non-profit organization

### CENTRE D'AMITIÉ AUTOCHTONE DE LANAUDIÈRE

523 Sainte-Anne Boulevard, Joliette, Lanaudière, QC, J6E 5A3

**450 760-3865 Fax:** 450 760-9923

**Website:** [www.caalanaudiere.ca](http://www.caalanaudiere.ca)

**Email:** [info@caalanaudiere.ca](mailto:info@caalanaudiere.ca)

**Services:** \* Information and referral. \* Accompaniment and support services in different procedures by an outreach worker. \* Programme d'aide préscolaire autochtone pour les communautés urbaines et nordique (PAPACUN): activities related to culture, health, nutrition and education for children from 0 to 5 years old and their families. \* Educational services: homework help for elementary and secondary students, workspace, liaison between families and schools, low-cost school store, individual support for students and families. \* Cultural and educational activities. \* Youth activities for 12 to 17 year olds. \* Youth Council made up of 7 young people aged 14 to 22. \* Summer youth day camp program.

**Eligibility:** native people of all ages

**Coverage area:** Joliette

**Hours:** Tuesday and Thursday 9h00 to 16h00

**Fees:** none

**Financing:** municipal, provincial, federal, Centraide Lanaudière

**Legal status:** non-profit organization

**MON AFRIQUE À LANAUDIÈRE**

Confidential Address

**418 571-0289****Email:** monalanaudiere@gmail.com**Services:** To promote African culture in Joliette and its surroundings by explaining the different ways of life through social and cultural activities, videos and conferences. \* Fashion shows, craft exhibitions, dinners and dances.**Eligibility:** general public**Coverage area:** Lanaudière**Hours:** by appointment**Fees:** annual membership card: \$5**Financing:** self-financing**Legal status:** non-profit organization**Refugee support****REGIONAL COMMITTEE OF EDUCATION FOR INTERNATIONAL DEVELOPMENT**

101 Dugas Street, Joliette, Lanaudière, QC, J6E 4G7

**450 756-0011 ext. 200 Fax:** 450 759-0489**Website:** www.credil.qc.ca**Email:** info@credil.qc.ca**Services:** \* Reception and settlement of newcomers and refugees. \* Interpreting service in person or by phone. \* Educating the public about international solidarity. \* Implementation of projects and internships in developing countries.**Eligibility:** newcomers and immigrants**Coverage area:** Lanaudière**Hours:** Monday to Friday 9h00 to 17h00**Financing:** provincial**Legal status:** non-profit organization**SERVICES QUÉBEC - DIRECTION RÉGIONALE DE LANAUDIÈRE**

40 Gauthier Street South, Suite 2000, Joliette, Lanaudière, QC, J6E 4J4

**450 752-6888 Fax:** 450 755-1926**Website:** www.mtess.gouv.qc.ca/services-a-la-clientele/directions-regionales/index\_en.asp**Services:** \* Local employment centres locator: www.mess.gouv.qc.ca/services-en-ligne/centres-locaux-emploi/localisateur/index\_en.asp \* Info-emploi counter: job bank that can be consulted on site. \* Job search assistance: redaction of resume and preparation to interview. \* Multiservices room: access to phone, fax, computers and printing machines. \* Workplace learning program. \* Training programs aiming professional skills development for enterprises and specific client group: students, women, youth, young mothers, older workers, disabled people, immigrants or visible minorities. \* Business assistance: advices and financial support in human resources management. \* Last-resort financial and social assistance for people with severe or temporary restrictions on employment or occupational disabilities. \* Last-resort financial and social assistance for asylum seekers and refugees. \* Last-resort financial and social assistance. \* Administration of oath. \* Information on government programs and services and accompaniment in administrative procedures. \* Services related to Directeur de l'état civil, Régie du bâtiment, Registre foncier, child support, pension plans and public sector pension plans.**Eligibility:** job seekers, including people who have particular difficulties entering the labour market, individual and families receiving the governmental last-resort assistance or on a low income, employers and companies, people 16 years old and over coping with a long term occupational disability (physical or mental health, physical or intellectual disabilities), sponsored immigrants on or awaiting welfare and their sponsors**Coverage area:** Lanaudière**Financing:** provincial**Legal status:** provincial government agency



## Settlement services for newcomers

### PERSPECTIVES NOUVELLES - JOLIETTE

245 Papineau Street, Joliette, Lanaudière, QC, J6E 2K8

**1 855 755-3244** Fax: 450 755-3758

**Website:** [www.laclef-perspectives.com](http://www.laclef-perspectives.com)

**Email:** [info@laclef-perspectives.com](mailto:info@laclef-perspectives.com)

**Services:** Employability services. \* Individual and group assistance: counselling, CV, job search and interview techniques, skills transfer. \* Vocational guidance. \* Globe: introduction to the job market, support, individual or group assistance for a better use of job search tools.

**Eligibility:** people 35 years and over who are looking for a job, welfare or employment insurance recipients or without public income support, Globe service: immigrant people with permanent residency, citizenship or refugee status

**Coverage area:** Lanaudière

**Hours:** Monday to Friday 8h30 to 16h30

**Financing:** provincial

**Legal status:** non-profit organization

### REGIONAL COMMITTEE OF EDUCATION FOR INTERNATIONAL DEVELOPMENT

101 Dugas Street, Joliette, Lanaudière, QC, J6E 4G7

**450 756-0011 ext. 200** Fax: 450 759-0489

**Website:** [www.credil.qc.ca](http://www.credil.qc.ca)

**Email:** [info@credil.qc.ca](mailto:info@credil.qc.ca)

**Services:** \* Reception and settlement of newcomers and refugees. \* Interpreting service in person or by phone. \* Educating the public about international solidarity. \* Implementation of projects and internships in developing countries.

**Eligibility:** newcomers and immigrants

**Coverage area:** Lanaudière

**Hours:** Monday to Friday 9h00 to 17h00

**Financing:** provincial

**Legal status:** non-profit organization

## **Indigenous Peoples**

**COMMUNITY SUPPORT**

**EMPLOYMENT**

**GOVERNMENT SERVICES**

**HOUSING**

## Community Support

### CENTRE D'AMITIÉ AUTOCHTONE DE LANAUDIÈRE

523 Sainte-Anne Boulevard, Joliette, Lanaudière, QC, J6E 5A3

**450 760-3865** Fax: 450 760-9923

**Website:** www.caalanaudiere.ca

**Email:** info@caalanaudiere.ca

**Services:** \* Information and referral. \* Accompaniment and support services in different procedures by an outreach worker. \* Programme d'aide préscolaire autochtone pour les communautés urbaines et nordique (PAPACUN): activities related to culture, health, nutrition and education for children from 0 to 5 years old and their families. \* Educational services: homework help for elementary and secondary students, workspace, liaison between families and schools, low-cost school store, individual support for students and families. \* Cultural and educational activities. \* Youth activities for 12 to 17 year olds. \* Youth Council made up of 7 young people aged 14 to 22. \* Summer youth day camp program.

**Eligibility:** native people of all ages

**Coverage area:** Joliette

**Hours:** Tuesday and Thursday 9h00 to 16h00

**Fees:** none

**Financing:** municipal, provincial, federal, Centraide Lanaudière

**Legal status:** non-profit organization

## Employment

### CENTRE D'AMITIÉ AUTOCHTONE DE LANAUDIÈRE

523 Sainte-Anne Boulevard, Joliette, Lanaudière, QC, J6E 5A3

**450 760-3865** Fax: 450 760-9923

**Website:** www.caalanaudiere.ca

**Email:** info@caalanaudiere.ca

**Services:** \* Information and referral. \* Accompaniment and support services in different procedures by an outreach worker. \* Programme d'aide préscolaire autochtone pour les communautés urbaines et nordique (PAPACUN): activities related to culture, health, nutrition and education for children from 0 to 5 years old and their families. \* Educational services: homework help for elementary and secondary students, workspace, liaison between families and schools, low-cost school store, individual support for students and families. \* Cultural and educational activities. \* Youth activities for 12 to 17 year olds. \* Youth Council made up of 7 young people aged 14 to 22. \* Summer youth day camp program.

**Eligibility:** native people of all ages

**Coverage area:** Joliette

**Hours:** Tuesday and Thursday 9h00 to 16h00

**Fees:** none

**Financing:** municipal, provincial, federal, Centraide Lanaudière

**Legal status:** non-profit organization

### CENTRE RÉSIDENTIEL COMMUNAUTAIRE JOLIETTE-LANAUDIÈRE

785 Manseau Boulevard, Joliette, Lanaudière, QC, J6E 3G1

**450 752-0556** Fax: 450 752-0824

**Website:** www.crcjoliette.ca

**Email:** stremblay@crcjoliette.ca

**Services:** Residential community center. \* Housing. \* Accompaniment and referrals. \* Individual and group counselling. \* Various specialized programs. \* Community and compensatory work assistance. \* Prevention and awareness.

**Eligibility:** judicialized men aged 18 and over on a correctional measure with follow-up

**Capacity:** 20 residents

**Coverage area:** Lanaudière

**Hours:** 24 hours / 7 days

**Fees:** accommodation expenses: varies according to income

**Financing:** self-financing, provincial, federal

**Legal status:** non-profit organization

## Government services

### COMMISSION DE LA SANTÉ ET DE LA SÉCURITÉ DU TRAVAIL DU QUÉBEC - LANAUDIÈRE

432 De Lanaudière Street, Joliette, Lanaudière, QC, J6E 7N2

**1 844 838-0808 Fax:** 1 855 722-8081?

**Website:** [www.cnesst.gouv.qc.ca](http://www.cnesst.gouv.qc.ca)

**Services:** \* Support for workers and employers in their efforts to eliminate hazards in their workplace. \* Inspection of workplaces. \* Promotion of occupational health and safety. \* Compensation for workers who suffered an occupational injury. \* Rehabilitation of workers who, because of an occupational injury, suffered a permanent impairment of physical or mental integrity.

**Eligibility:** employers and workers

**Coverage area:** Lanaudière

**Hours:** Monday to Friday 8h30 to 12h00 and 13h00 to 16h30, except holidays

**Financing:** membership fees, self-financing

**Legal status:** provincial government agency

### SERVICES QUÉBEC - DIRECTION RÉGIONALE DE LANAUDIÈRE

40 Gauthier Street South, Suite 2000, Joliette, Lanaudière, QC, J6E 4J4

**450 752-6888 Fax:** 450 755-1926

**Website:** [www.mtess.gouv.qc.ca/services-a-la-clientele/directions-regionales/index\\_en.asp](http://www.mtess.gouv.qc.ca/services-a-la-clientele/directions-regionales/index_en.asp)

**Services:** \* Local employment centres locator: [www.mess.gouv.qc.ca/services-en-ligne/centres-locaux-emploi/localisateur/index\\_en.asp](http://www.mess.gouv.qc.ca/services-en-ligne/centres-locaux-emploi/localisateur/index_en.asp) \* Info-emploi counter: job bank that can be consulted on site. \* Job search assistance: redaction of resume and preparation to interview. \* Multiservices room: access to phone, fax, computers and printing machines. \* Workplace learning program. \* Training programs aiming professional skills development for enterprises and specific client group: students, women, youth, young mothers, older workers, disabled people, immigrants or visible minorities. \* Business assistance: advices and financial support in human resources management. \* Last-resort financial and social assistance for people with severe or temporary restrictions on employment or occupational disabilities. \* Last-resort financial and social assistance for asylum seekers and refugees. \* Last-resort financial and social assistance. \* Administration of oath. \* Information on government programs and services and accompaniment in administrative procedures. \* Services related to Directeur de l'état civil, Régie du bâtiment, Registre foncier, child support, pension plans and public sector pension plans.

**Eligibility:** job seekers, including people who have particular difficulties entering the labour market, individual and families receiving the governmental last-resort assistance or on a low income, employers and companies, people 16 years old and over coping with a long term occupational disability (physical or mental health, physical or intellectual disabilities), sponsored immigrants on or awaiting welfare and their sponsors

**Coverage area:** Lanaudière

**Financing:** provincial

**Legal status:** provincial government agency

### SERVICES QUÉBEC - JOLIETTE

409 Notre-Dame Street, Joliette, Lanaudière, QC, J6E 3H5

**1 800 463-5434 Fax:** 450 752-6865

**Website:** [www.mtess.gouv.qc.ca/services-a-la-clientele/centre-local-emploi](http://www.mtess.gouv.qc.ca/services-a-la-clientele/centre-local-emploi)

**Services:** \* Info-emploi counter: job bank that can be consulted on site. \* Job search assistance: redaction of resume and preparation to interview. \* Multiservices room: access to phone, fax, computers and printing machines. \* Workplace learning program. \* Training programs aiming professional skills development for enterprises and specific client group: students, women, youth, young mothers, older workers, disabled people, immigrants or visible minorities. \* Business assistance: advices and financial support in human resources management. \* Last-resort financial and social assistance for people with severe or temporary restrictions on employment or occupational disabilities. \* Last-resort financial and social assistance. \* Administration of oath. \* Information on government programs and services and accompaniment in administrative procedures. \* Services related to Directeur de l'état civil, Régie du bâtiment and Registre foncier.

**Eligibility:** job seekers, including people who have particular difficulties entering the labour market, individual and families receiving the governmental last-resort assistance or on a low income, employers and companies, people 16 years and over coping with a long term occupational disability (physical or mental health, physical or intellectual disabilities)

**Coverage area:** Joliette

**Hours:** Monday, Tuesday, Thursday and Friday 8h30 to 12h00 and 13h00 to 16h30, Wednesday 10h00 to 12h00 and 13h00 to 16h30

**Financing:** provincial

**Legal status:** provincial government agency

## Housing

### CENTRE D'AMITIÉ AUTOCHTONE DE LANAUDIÈRE

523 Sainte-Anne Boulevard, Joliette, Lanaudière, QC, J6E 5A3

**450 760-3865 Fax:** 450 760-9923

**Website:** [www.caalanaudiere.ca](http://www.caalanaudiere.ca)

**Email:** [info@caalanaudiere.ca](mailto:info@caalanaudiere.ca)

**Services:** \* Information and referral. \* Accompaniment and support services in different procedures by an outreach worker. \* Programme d'aide préscolaire autochtone pour les communautés urbaines et nordique (PAPACUN): activities related to culture, health, nutrition and education for children from 0 to 5 years old and their families. \* Educational services: homework help for elementary and secondary students, workspace, liaison between families and schools, low-cost school store, individual support for students and families. \* Cultural and educational activities. \* Youth activities for 12 to 17 year olds. \* Youth Council made up of 7 young people aged 14 to 22. \* Summer youth day camp program.

**Eligibility:** native people of all ages

**Coverage area:** Joliette

**Hours:** Tuesday and Thursday 9h00 to 16h00

**Fees:** none

**Financing:** municipal, provincial, federal, Centraide Lanaudière

**Legal status:** non-profit organization

## **Justice and Advocacy**

**ADVOCACY GROUPS**

**CONSUMER PROTECTION AND COMPLAINTS**

**CORRECTIONAL SERVICES**

**COURTHOUSES AND TRIBUNALS**

**LEGAL ASSISTANCE AND INFORMATION**

**SUPPORT FOR OFFENDERS**

## Advocacy groups

### ACTION DIGNITÉ LANAUDIÈRE

144 Saint-Joseph Street, Joliette, Lanaudière, QC, J6E 5C4

**450 756-1155** Fax: 450 760-3586

**Email:** info@actiondignite.com

**Services:** \* Literacy workshops. \* Prevention of school dropout and promotion of school perseverance. \*

Advocacy: information, referral, research and accompaniment. \* Active listening and welcoming. \* Mobilization and consultation. \* Coffee-meeting: speaking out, educating and group reflexion.

**Eligibility:** people with lower education and people on a low income

**Coverage area:** Lanaudière

**Hours:** Monday to Friday 9h00 to 12h00 and 13h00 to 16h00

**Fees:** annual membership: \$5

**Financing:** donations

**Legal status:** non-profit organization

### ACTION-LOGEMENT LANAUDIÈRE

144 Saint-Joseph Street, Suite 213, Joliette, Lanaudière, QC, J6E 5C4

**1 855 394-1778** Fax: 450 760-3586

**Website:** www.logementlanaudiere.org

**Email:** action-logementlanaudiere@live.ca

**Services:** Individual and collective advocacy for tenants. \* Information on rights, procedures and resources. \*

Trainings and popular education activities. \* Representation in front of decision makers.

**Eligibility:** tenants

**Coverage area:** Lanaudière

**Hours:** by appointment

**Fees:** none

**Financing:** provincial, foundations, donations

**Legal status:** non-profit organization

### ASSOCIATION COOPÉRATIVE D'ÉCONOMIE FAMILIALE DE LANAUDIÈRE

200 de Salaberry Street, Suite 124, Joliette, Lanaudière, QC, J6E 4G1

**450 756-1333** Fax: 450 759-8749

**Website:** consommateur.qc.ca

**Email:** aceflanaudiere@consommateur.qc.ca

**Services:** \* Budget consultation. \* Budget workshop. \* Telephone information about budget, credit and

consumption. \* Solidarity loan. \* Workshops and conferences in the field of personal finances and consumption.

**Coverage area:** Lanaudière

**Hours:** Monday to Friday 9h00 to 16h30

**Financing:** provincial

**Legal status:** non-profit organization

### ASSOCIATION DES PERSONNES HANDICAPÉES PHYSIQUES ET SENSORIELLES SECTEUR JOLIETTE

200 de Salaberry Street, Suite 134, Joliette, Lanaudière, QC, J6E 4G1

**450 759-3322** Fax: 450 759-8749

**Website:** www.aphpssj.com

**Email:** info@aphpssj.com

**Services:** Advocacy and promotion of the interests of people living with a disability. \* Accompaniment services.

\* Adapted leisure activities. \* Information and referral service. \* Support in obtaining services. \* Psychosocial services for people who have sustained head injuries.

**Eligibility:** people living with a disability and their close ones

**Coverage area:** MRC Joliette

**Hours:** Monday to Thursday 8h00 to 12h00 and 12h30 to 16h30

**Fees:** membership card: \$10

**Financing:** grants, contributions

**Legal status:** non-profit organization

### **ASSOCIATION DES SOURDS DE LANAUDIÈRE**

200 De Salaberry Street, Suite 312, Joliette, Lanaudière, QC, J6E 4G1

**450 752-1426 Fax:** 1 866 845-4350 **TTY:** 450 752-1426

**Website:** www.asljoliette.org

**Email:** direction@asljoliette.org

**Services:** \* Information and referral. \* Publication of a quarterly newsletter. \* Recreational activities. \*

Participation in awareness programs. \* Classes to learn Québec sign language (QSL). \* Conferences, trainings, animation. \* Advocacy.

**Eligibility:** the deaf and hearing impaired

**Coverage area:** Lanaudière

**Hours:** Monday to Friday 8h30 to 16h30

**Fees:** annual membership: \$20 per individual, \$30 per couple, \$17 per individual 55 years old and over, \$25 per couple 55 years old and over, \$15 per student, \$50 per association

**Financing:** provincial, Centraide Lanaudière, membership fees

**Legal status:** non-profit organization

### **ASSOCIATION SCLÉROSE EN PLAQUES DE LANAUDIÈRE**

200 Salaberry Street, Suite 307, Joliette, Lanaudière, QC, J6E 4G1

**450 753-5545**

**Website:** www.asepl.org

**Email:** asepl@intermonde.net

**Services:** Support to people living with multiple sclerosis and their close ones. \* Information about the disease.

\* Activities for members. \* Individual support, advocacy. \* Financial support. \* Visits at home and in care centres.

**Eligibility:** people living with multiple sclerosis, their close ones

**Coverage area:** Lanaudière

**Hours:** Monday to Friday 8h30 to 12h00 and 13h00 to 16h30

**Fees:** free

**Financing:** provincial, fundraising campaigns, donations

**Legal status:** non-profit organization

### **BONNE ÉTOILE JOLIETTE (LA)**

517 Archambault Street, Joliette, Lanaudière, QC, J6E 2W6

**450 759-8853 Fax:** 450 759-8333

**Website:** www.la-bonne-etoile.org

**Email:** labonneetoile@videotron.ca

**Services:** \* Day centre. \* Telephone intervention. \* Thematic workshops. \* Advocacy. \* Sports and cultural activities. \* Help for social reinsertion. \* Clothing bank.

**Eligibility:** people with a mental health problem

**Coverage area:** Joliette and surroundings

**Hours:** Monday, Tuesday, Thursday, Friday 10h00 to 16h00, Wednesday 13h00 to 16h00

**Fees:** free

**Financing:** provincial

**Legal status:** non-profit organization



**CENTRE D'ASSISTANCE ET D'ACCOMPAGNEMENT AUX PLAINTES - LANAUDIÈRE**

1446 de Lanaudière Street, Joliette, Lanaudière, QC, J6E 3P2

**1 800 882-5622 Fax:** 450 759-5678

**Website:** [www.caaplanaudiere.com/en](http://www.caaplanaudiere.com/en)

**Email:** [caaplanaudiere@qc.aira.com](mailto:caaplanaudiere@qc.aira.com)

**Services:** Assistance and accompaniment for people who wish to file a complaint regarding services that they have had or should have received in the health and social services network. \* Public establishments: CLSC, hospitals, residential and extended care centres, youth centres, rehabilitation centres. \* Intermediate resources: chartered or self-financed private residences, family resources. \* Community organizations in the health and social services sector, or operating a function or activities for the ASSS: pre-hospital emergency services, ambulance services. \* Accompaniment for seniors who have a lease problem in a private seniors' residence.

**Eligibility:** health and social services network users, tenants in private seniors' residences

**Coverage area:** Lanaudière

**Hours:** Monday to Friday 8h30 to 12h00 and 13h00 to 16h30

**Fees:** none

**Financing:** provincial

**Legal status:** non-profit organization

**CENTRE INTÉGRÉ DE SANTÉ ET DE SERVICES SOCIAUX DE LANAUDIÈRE - COMMISSAIRE AUX PLAINTES ET À LA QUALITÉ DES SERVICES**

260 Lavaltrie Street South, Joliette, Lanaudière, QC, J6E 5X7

**1 800 229-1152 ext. 2133 Fax:** 450 756-0598

**Website:** [www.cisss-lanaudiere.gouv.qc.ca/votre-cisss/insatisfactions-et-plaintes/commissaire-aux-plaintes](http://www.cisss-lanaudiere.gouv.qc.ca/votre-cisss/insatisfactions-et-plaintes/commissaire-aux-plaintes)

**Email:** [plaintes.ciessleran@ssss.gouv.qc.ca](mailto:plaintes.ciessleran@ssss.gouv.qc.ca)

**Services:** Responsible of enforcing the users' rights. \* Reception and analysis of complaints. \* Makes recommendations to the establishment and to the executive board about the improvement of the quality and security of the provided services.

**Coverage area:** Lanaudière

**Financing:** provincial

**Legal status:** parapublic organization

**COMITÉ DES USAGERS DES CENTRES DE PROTECTION DE L'ENFANCE ET DE LA JEUNESSE DE LANAUDIÈRE**

260 Lavaltrie Street South, Joliette, Lanaudière, QC, J6E 5X7

**1 800 229-1152 ext. 2933**

**Website:** [www.cisss-lanaudiere.gouv.qc.ca/votre-cisss/comites-des-usagers](http://www.cisss-lanaudiere.gouv.qc.ca/votre-cisss/comites-des-usagers)

**Email:** [14cj.comite.usagers@ssss.gouv.qc.ca](mailto:14cj.comite.usagers@ssss.gouv.qc.ca)

**Services:** Users committee. \* Information on the rights and obligations of users. \* Advocacy. \* Assistance in the proceedings when making a complaint.

**Eligibility:** users of child and youth protection centres

**Coverage area:** Lanaudière

**Financing:** provincial

**Legal status:** parapublic organization

**COMITÉ DES USAGERS DES CENTRES DE RÉADAPTATION EN DÉFICIENCE INTELLECTUELLE ET TROUBLE DU SPECTRE DE L'AUTISME (MYRIADE) ET COMITÉ DES USAGERS DES CENTRE DE RÉADAPTATION EN DÉFICIENCE PHYSIQUE (BOUCLIER)**

1075 Firestone Boulevard, Suite 1000, Joliette, Lanaudière, QC, J6E 6X6

**1 866 252-9600 ext. 2000**

**Website:** [www.cisss-lanaudiere.gouv.qc.ca/votre-cisss/comites-des-usagers/#c8812](http://www.cisss-lanaudiere.gouv.qc.ca/votre-cisss/comites-des-usagers/#c8812)

**Email:** [usagers.ditsadp.ciessleran@ssss.gouv.qc.ca](mailto:usagers.ditsadp.ciessleran@ssss.gouv.qc.ca)

**Services:** Users committee. \* Information on the rights and obligations of users. \* Advocacy. \* Assistance in the proceedings when making a complaint.

**Eligibility:** le Bouclier and la Myriade rehabilitation centres users

**Coverage area:** Lanaudière

**Financing:** provincial

**Legal status:** parapublic organization

### **COMITÉ DES USAGERS DES PROGRAMMES EN DÉFICIENCE INTELLECTUELLE ET TROUBLE DU SPECTRE DE L'AUTISME**

1075 Firestone Boulevard, Suite 1000, Joliette, Lanaudière, QC, J6E 6X6

**450 755-2741 ext. 2000**

**Email:** usagers.ditsadp.ciessleran@ssss.gouv.qc.ca

**Services:** Users committee. \* Information on the rights and obligations of users. \* Promotion of improvement of quality and assessment of satisfaction. \* Advocacy. \* Assistance in the proceedings when making a complaint.

**Eligibility:** users of the Lanaudière CISSS intellectual disability and autism spectrum disorder programs

**Coverage area:** Lanaudière

**Fees:** free

**Financing:** provincial

**Legal status:** parapublic organization

### **COMITÉ DES USAGERS DU CENTRE INTÉGRÉ DE SANTÉ ET DE SERVICES SOCIAUX DE LANAUDIÈRE**

260 Lavaltrie Street South, Suite 325, Joliette, Lanaudière, QC, J6E 5X7

**450 756-4555 ext. 2465**

**Website:** [www.ciessler-lanaudiere.gouv.qc.ca/votre-ciessler/comites-des-usagers](http://www.ciessler-lanaudiere.gouv.qc.ca/votre-ciessler/comites-des-usagers)

**Email:** cucilanaudiere@gmail.com

**Services:** Users committee. \* Information on the rights and obligations of users. \* Advocacy. \* Assistance in the proceedings when making a complaint.

**Eligibility:** CISSS of Lanaudière services users

**Coverage area:** Lanaudière

**Financing:** provincial

**Legal status:** parapublic organization

### **COMITÉ DES USAGERS DU PROGRAMME EN DÉFICIENCE PHYSIQUE**

1075 Firestone Boulevard, Suite 1000, Joliette, Lanaudière, QC, J6E 6X6

**450 755-2741 ext. 2000**

**Email:** usagers.ditsadp.ciessleran@ssss.gouv.qc.ca

**Services:** Users committee. \* Information on the rights and obligations of users. \* Promotion of improvement of quality and assessment of satisfaction. \* Advocacy. \* Assistance in the proceedings and when making a complaint.

**Eligibility:** users of the Lanaudière CISSSS physical deficiency program

**Coverage area:** Lanaudière

**Fees:** free

**Financing:** provincial

**Legal status:** parapublic organization

### **COMMISSION DE L'ÉQUITÉ SALARIALE - LANAUDIÈRE - DE LANAUDIÈRE**

432 De Lanaudière Street, Joliette, Lanaudière, QC, J6E 7N2

**1 844 838-0808 Fax:** 514 864-6756

**Website:** [www.cnesst.gouv.qc.ca](http://www.cnesst.gouv.qc.ca)

**Email:** [equite.salariale@ces.gouv.qc.ca](mailto:equite.salariale@ces.gouv.qc.ca)

**Services:** Support and assistance to employers who must achieve pay equity in their company and to employees wishing to obtain information or exercise their rights. \* Front-line telephone service to answer general questions on the application of the Pay Equity Act. \* Specialized assistance to understand more complex or technical aspects of the Act. \* Conciliation services to promote the settlement of disagreements. \* Investigations following complaints or different subjected by the parties or on its own initiative. \* Software package to achieve pay equity: computer tool that allows employers to realize their pay equity exercise autonomously, available on the website. \* Information lectures on Pay Equity Act and its application, available upon request for groups of employers, employees, or any other grouping wishing to obtain information on pay equity. \* Tool development and training accessible free of charge in all regions of Québec. \* Research activities.

**Eligibility:** employees, mostly women who occupy predominantly female job classes, accredited associations and employers

**Coverage area:** Province of Québec

**Hours:** Monday to Friday 8h30 to 12h00 and 13h00 to 16h30, except legal holidays

**Financing:** provincial

**Legal status:** provincial government agency

### CONSEIL RÉGIONAL DE L'ENVIRONNEMENT DE LANAUDIÈRE

365 Saint-Louis Street, Joliette, Lanaudière, QC, J6E 7N3

**450 756-0186 Fax:** 450 756-6538

**Website:** [crelanaudiere.ca](http://crelanaudiere.ca)

**Email:** [info@crelanaudiere.ca](mailto:info@crelanaudiere.ca)

**Services:** \* Concertation and consultation on environmental issues such as climate change, development and protection of natural environments, waste management, local agriculture, water management and sustainable development. \* Informative capsules and virtual conferences: [www.youtube.com/channel/UCXcnLYsQdwMfNw4eBrMPUhg/featured](http://www.youtube.com/channel/UCXcnLYsQdwMfNw4eBrMPUhg/featured).

**Eligibility:** citizens, organizations, businesses and government instances

**Coverage area:** Lanaudière

**Hours:** Monday to Friday 8h30 to 16h30

**Fees:** annual membership: \$12 per citizen, \$30 per organization, \$60 per business or government instance

**Financing:** municipal, grants, contributions, donations, self-financing

**Legal status:** non-profit organization

### DIABÉTIQUES DE LANAUDIÈRE

950 Sainte-Anne Boulevard, Suite 112, Saint-Charles-Borromée, Lanaudière, QC, J6E 5B5

**450 752-5233**

**Website:** [www.diabetiquesdelanaudiere.org](http://www.diabetiquesdelanaudiere.org)

**Email:** [diabetlanau@citenet.net](mailto:diabetlanau@citenet.net)

**Services:** \* Information and awareness about diabetes. \* Promotion of research. \* Training, conferences. \* Annual screening clinic. \* Fitness and aquafitness classes. \* Nutrition workshops. \* Foot care.

**Eligibility:** people with diabetes, healthcare professionals

**Coverage area:** Lanaudière

**Hours:** Monday to Friday 9h00 to 16h00

**Fees:** membership: \$20 per year

**Financing:** contributions

**Legal status:** non-profit organization

### ENTRAIDE POUR LA DÉFICIENCE INTELLECTUELLE DU JOLIETTE MÉTROPOLITAIN

375 Fabre Street, Joliette, Lanaudière, QC, J6E 0X7

**450 759-9621 Fax:** 450 760-3586

**Website:** [www.entraidedijm.org](http://www.entraidedijm.org)

**Email:** [info@entraidedijm.org](mailto:info@entraidedijm.org)

**Services:** Activities for people living with an intellectual disability and their families. \* Day centre. \* Adapted work program. \* Leisure activities. \* Respite camp. \* Awareness. \* Advocacy of rights. \* Tax clinic.

**Eligibility:** people living with an intellectual disability, their parents

**Coverage area:** MRC Joliette and surroundings

**Hours:** administration: Monday to Friday 8h00 to 16h00

**Fees:** membership card: \$15 per year, \$25 per year for a parent living at the same address as their child

**Financing:** membership fees, donations

**Legal status:** non-profit organization

### **FADOQ - LANAUDIÈRE REGION**

626 Manseau Boulevard, Joliette, Lanaudière, QC, J6E 3E6

**450 759-7422**

**Website:** [www.fadoq.ca/lanaudiere](http://www.fadoq.ca/lanaudiere)

**Email:** [info@fadoqlanaudiere.ca](mailto:info@fadoqlanaudiere.ca)

**Services:** Grouping people 50 years and over and representing them in instances requiring the defense of their rights and needs. \* Organization of recreational and sporting activities. \* Privilege Program giving access to discounts on various products and services.

**Eligibility:** people 50 years and over

**Coverage area:** Lanaudière

**Hours:** Monday to Thursday 8h30 to 12h00 and 13h00 to 17h00, Friday 8h00 to 13h00

**Fees:** membership: \$30 per year or \$50 for 2 years

**Financing:** contributions, provincial

**Legal status:** non-profit organization

### **MOUVEMENT PERSONNE D'ABORD DE JOLIETTE**

144 Saint-Joseph Street, Joliette, Lanaudière, QC, J6E 5C4

**450 755-4171**

**Email:** [mpdaj@videotron.ca](mailto:mpdaj@videotron.ca)

**Services:** Defence of collective rights for and by people living with an intellectual disability. \* Reception, listening and referral. \* Awareness, mobilization and representation actions. \* Weekly and annual activities.

**Eligibility:** people living with an intellectual disability, their relatives

**Coverage area:** MRC Joliette

**Hours:** Monday to Friday 8h30 to 16h30

**Fees:** none

**Financing:** provincial

**Legal status:** non-profit organization

### **PLEINS DROITS DE LANAUDIÈRE**

718 Manseau Boulevard, Joliette, Lanaudière, QC, J6E 3E9

**450 394-0779** Fax: 450 394-4303

**Website:** [www.pleinsdroits.org](http://www.pleinsdroits.org)

**Email:** [pleinsdroitslanaudiere@gmail.com](mailto:pleinsdroitslanaudiere@gmail.com)

**Services:** Defending mental health rights. \* Help and support in defense of rights. \* Popular education, promotion and awareness of fundamental rights in mental health. \* Training, information committee and workshops. \* Political claims.

**Eligibility:** people with a mental health problem past or present

**Coverage area:** Lanaudière

**Hours:** Monday to Friday 8h30 to 12h00 and 13h00 to 16h30

**Fees:** none

**Financing:** provincial, self-financing

**Legal status:** non-profit organization

**REGROUPEMENT DES USAGERS DE TRANSPORT ADAPTÉ DE LANAUDIÈRE**

200 De Salaberry Street, Suite 204, Joliette, Lanaudière, QC, J6E 4G1

**450 755-2221 Fax:** 450 759-8749

**Website:** rutilanaudiere.com

**Email:** rutil@cepap.ca

**Services:** Represents users of adapted transportation in Lanaudière. \* Advocacy. \* Network development promotion. \* Public awareness.

**Eligibility:** people with a disability

**Coverage area:** Lanaudière

**Hours:** Monday to Friday 9h00 to 17h00

**Fees:** none

**Financing:** provincial

**Legal status:** non-profit organization

**SOCIÉTÉ DE L'AUTISME RÉGION LANAUDIÈRE**

584 Almira-S.-Choinière Street, Joliette, Lanaudière, QC, J6E 0K5

**450 759-9788**

**Website:** www.autismelanaudiere.org

**Email:** sarl@autisme-lanaudiere.org

**Services:** \* Information, listening and referral. \* Conferences and trainings. \* Resource and documentation centres with appointment. \* Awareness. \* Coffee-chats for parents. \* Advocacy, accompaniment. \* Assistance to get grants. \* Azimut workshop for teenagers. \* Activities for adults. \* Day centre: physical, artistic, cooking and sensory activities, zootherapy, music therapy.

**Eligibility:** people with an autism spectrum disorder (TSA), their families, general public

**Coverage area:** Lanaudière

**Hours:** Monday to Friday 8h00 to 16h00

**Fees:** annual contribution: famille: \$25, participating member: \$25, individual: \$35, professional: \$50, corporate member: \$100

**Financing:** contributions

**Legal status:** non-profit organization

**TABLE DE CONCERTATION DES GROUPES DE FEMMES DE LANAUDIÈRE**

144 Saint-Joseph Street, Suite 214, Joliette, Lanaudière, QC, J6E 5C4

**450 752-0049 Fax:** 450 760-3586

**Website:** femmeslanaudiere.org

**Email:** tcgfl@bellnet.ca

**Services:** Regional feminist group working for the collective defence of women's rights with a mission to improve the living and health conditions of Lanaudière women. \* Concertation. \* Mobilization. \* Popular education and awareness. \* Political activities with women's groups on various issues.

**Eligibility:** organizations working with women or with a women component

**Coverage area:** Lanaudière

**Hours:** Monday to Friday 9h00 to 17h00

**Financing:** grants

**Legal status:** non-profit organization

**TABLE DE CONCERTATION RÉGIONALE DES ASSOCIATIONS DE PERSONNES HANDICAPÉES DE LANAUDIÈRE**

200 de Salaberry Street, Suite 311, Joliette, Lanaudière, QC, J6E 4G1

**450 755-1488 Fax:** 450 759-8749

**Email:** tcrapl@tcrapl.org

**Services:** \* Advocacy of rights. \* Consultation, representation and technical support.

**Eligibility:** associations of disabled people

**Coverage area:** Lanaudière

**Hours:** Monday to Friday 8h30 to 16h30  
**Fees:** annual contribution: \$50 per association  
**Financing:** contributions, provincial  
**Legal status:** non-profit organization

## Consumer protection and complaints

### ASSOCIATION COOPÉRATIVE D'ÉCONOMIE FAMILIALE DE LANAUDIÈRE

200 de Salaberry Street, Suite 124, Joliette, Lanaudière, QC, J6E 4G1

**450 756-1333 Fax:** 450 759-8749

**Website:** [consommateur.qc.ca](http://consommateur.qc.ca)

**Email:** [aceflanaudiere@consommateur.qc.ca](mailto:aceflanaudiere@consommateur.qc.ca)

**Services:** \* Budget consultation. \* Budget workshop. \* Telephone information about budget, credit and consumption. \* Solidarity loan. \* Workshops and conferences in the field of personal finances and consumption.

**Coverage area:** Lanaudière

**Hours:** Monday to Friday 9h00 to 16h30

**Financing:** provincial

**Legal status:** non-profit organization

### CENTRE D'ASSISTANCE ET D'ACCOMPAGNEMENT AUX PLAINTES - LANAUDIÈRE

1446 de Lanaudière Street, Joliette, Lanaudière, QC, J6E 3P2

**1 800 882-5622 Fax:** 450 759-5678

**Website:** [www.caaplanaudiere.com/en](http://www.caaplanaudiere.com/en)

**Email:** [caaplanaudiere@qc.aira.com](mailto:caaplanaudiere@qc.aira.com)

**Services:** Assistance and accompaniment for people who wish to file a complaint regarding services that they have had or should have received in the health and social services network. \* Public establishments: CLSC, hospitals, residential and extended care centres, youth centres, rehabilitation centres. \* Intermediate resources: chartered or self-financed private residences, family resources. \* Community organizations in the health and social services sector, or operating a function or activities for the ASSS: pre-hospital emergency services, ambulance services. \* Accompaniment for seniors who have a lease problem in a private seniors' residence.

**Eligibility:** health and social services network users, tenants in private seniors' residences

**Coverage area:** Lanaudière

**Hours:** Monday to Friday 8h30 to 12h00 and 13h00 to 16h30

**Fees:** none

**Financing:** provincial

**Legal status:** non-profit organization

### CENTRE INTÉGRÉ DE SANTÉ ET DE SERVICES SOCIAUX DE LANAUDIÈRE - COMMISSAIRE AUX PLAINTES ET À LA QUALITÉ DES SERVICES

260 Lavaltrie Street South, Joliette, Lanaudière, QC, J6E 5X7

**1 800 229-1152 ext. 2133 Fax:** 450 756-0598

**Website:** [www.cisss-lanaudiere.gouv.qc.ca/votre-cisss/insatisfactions-et-plaintes/commissaire-aux-plaintes](http://www.cisss-lanaudiere.gouv.qc.ca/votre-cisss/insatisfactions-et-plaintes/commissaire-aux-plaintes)

**Email:** [plaintes.cissslan@ssss.gouv.qc.ca](mailto:plaintes.cissslan@ssss.gouv.qc.ca)

**Services:** Responsible of enforcing the users' rights. \* Reception and analysis of complaints. \* Makes recommendations to the establishment and to the executive board about the improvement of the quality and security of the provided services.

**Coverage area:** Lanaudière

**Financing:** provincial

**Legal status:** parapublic organization

## **COMITÉ DES USAGERS DES CENTRES DE PROTECTION DE L'ENFANCE ET DE LA JEUNESSE DE LANAUDIÈRE**

260 Lavaltrie Street South, Joliette, Lanaudière, QC, J6E 5X7

**1 800 229-1152 ext. 2933**

**Website:** [www.cisss-lanaudiere.gouv.qc.ca/votre-cisss/comites-des-usagers](http://www.cisss-lanaudiere.gouv.qc.ca/votre-cisss/comites-des-usagers)

**Email:** [14cj.comite.usagers@ssss.gouv.qc.ca](mailto:14cj.comite.usagers@ssss.gouv.qc.ca)

**Services:** Users committee. \* Information on the rights and obligations of users. \* Advocacy. \* Assistance in the proceedings when making a complaint.

**Eligibility:** users of child and youth protection centres

**Coverage area:** Lanaudière

**Financing:** provincial

**Legal status:** parapublic organization

## **COMITÉ DES USAGERS DES CENTRES DE RÉADAPTATION EN DÉFICIENCE INTELLECTUELLE ET TROUBLE DU SPECTRE DE L'AUTISME (MYRIADE) ET COMITÉ DES USAGERS DES CENTRE DE RÉADAPTATION EN DÉFICIENCE PHYSIQUE (BOUCLIER)**

1075 Firestone Boulevard, Suite 1000, Joliette, Lanaudière, QC, J6E 6X6

**1 866 252-9600 ext. 2000**

**Website:** [www.cisss-lanaudiere.gouv.qc.ca/votre-cisss/comites-des-usagers/#c8812](http://www.cisss-lanaudiere.gouv.qc.ca/votre-cisss/comites-des-usagers/#c8812)

**Email:** [usagers.ditsadp.ciessleran@ssss.gouv.qc.ca](mailto:usagers.ditsadp.ciessleran@ssss.gouv.qc.ca)

**Services:** Users committee. \* Information on the rights and obligations of users. \* Advocacy. \* Assistance in the proceedings when making a complaint.

**Eligibility:** le Bouclier and la Myriade rehabilitation centres users

**Coverage area:** Lanaudière

**Financing:** provincial

**Legal status:** parapublic organization

## **COMITÉ DES USAGERS DES PROGRAMMES EN DÉFICIENCE INTELLECTUELLE ET TROUBLE DU SPECTRE DE L'AUTISME**

1075 Firestone Boulevard, Suite 1000, Joliette, Lanaudière, QC, J6E 6X6

**450 755-2741 ext. 2000**

**Email:** [usagers.ditsadp.ciessleran@ssss.gouv.qc.ca](mailto:usagers.ditsadp.ciessleran@ssss.gouv.qc.ca)

**Services:** Users committee. \* Information on the rights and obligations of users. \* Promotion of improvement of quality and assessment of satisfaction. \* Advocacy. \* Assistance in the proceedings when making a complaint.

**Eligibility:** users of the Lanaudière CISSS intellectual disability and autism spectrum disorder programs

**Coverage area:** Lanaudière

**Fees:** free

**Financing:** provincial

**Legal status:** parapublic organization

## **COMITÉ DES USAGERS DU CENTRE INTÉGRÉ DE SANTÉ ET DE SERVICES SOCIAUX DE LANAUDIÈRE**

260 Lavaltrie Street South, Suite 325, Joliette, Lanaudière, QC, J6E 5X7

**450 756-4555 ext. 2465**

**Website:** [www.cisss-lanaudiere.gouv.qc.ca/votre-cisss/comites-des-usagers](http://www.cisss-lanaudiere.gouv.qc.ca/votre-cisss/comites-des-usagers)

**Email:** [cucilanaudiere@gmail.com](mailto:cucilanaudiere@gmail.com)

**Services:** Users committee. \* Information on the rights and obligations of users. \* Advocacy. \* Assistance in the proceedings when making a complaint.

**Eligibility:** CISSS of Lanaudière services users

**Coverage area:** Lanaudière

**Financing:** provincial

**Legal status:** parapublic organization

**COMITÉ DES USAGERS DU PROGRAMME EN DÉFICIENCE PHYSIQUE**

1075 Firestone Boulevard, Suite 1000, Joliette, Lanaudière, QC, J6E 6X6

**450 755-2741 ext. 2000**

**Email:** usagers.ditsadp.ciessleran@ssss.gouv.qc.ca

**Services:** Users committee. \* Information on the rights and obligations of users. \* Promotion of improvement of quality and assessment of satisfaction. \* Advocacy. \* Assistance in the proceedings and when making a complaint.

**Eligibility:** users of the Lanaudière CISSSS physical deficiency program

**Coverage area:** Lanaudière

**Fees:** free

**Financing:** provincial

**Legal status:** parapublic organization

**OFFICE D'HABITATION AU COUR DE CHEZ NOUS**

1 Robitaille Street, Saint-Thomas, Lanaudière, QC, J0K 3L0

**450 750-5091**

**Email:** direction@ohcoeur.ca

**Services:** Manage and administer housing and housing programs. \* Low-rent housing (HLM). \* Rent supplement program (PSL). \* Québec affordable housing program (LAQ). \* Referral service. \* Accès Logis program.

**Eligibility:** individuals and families on a low and moderate income

**Capacity:** 137 units

**Coverage area:** Crabtree, Notre-Dame-De-Lourdes, Saint-Ambroise-De-Kildare, Saint-Charles-Borromée, Saint-Paul, Saint-Thomas, Sainte-Mélanie

**Financing:** provincial

**Legal status:** municipal agency

**OFFICE MUNICIPAL D'HABITATION DE JOLIETTE**

315, rue Flamand, Joliette, Lanaudière, QC, J6E 7H7

**450 759-1093 Fax:** 450 759-6547

**Email:** omhj@videotron.ca

**Services:** Management and administration of housing and housing programs. \* Low income housing (HLM). \* Rent supplement program (PSL). \* Québec affordable housing program (LAQ). \* Referral service. \* Accès Logis program.

**Eligibility:** individuals, seniors and families on a low and moderate income

**Capacity:** 501 units

**Coverage area:** Joliette

**Financing:** provincial, municipal

**Legal status:** municipal agency

**Correctional services****CORRECTIONAL SERVICE CANADA - JOLIETTE INSTITUTION**

400 Marsolais Street, Joliette, Lanaudière, QC, J6E 8V4

**450 752-5257 Fax:** 450 752-2823

**Website:** www.csc-scc.gc.ca

**Services:** Multi-level security centre responsible of activities related to the detention of offenders. \* Offenders assessment and follow-up. \* Correctional plans elaboration. \* Management of custody, accommodation, supervision and guidance programs. \* Transportation, escorts and supervision for court appearances and transfers to other prisons and hospitals.

**Eligibility:** women offenders sentenced for more than 2 years

**Capacity:** 132 inmates



**Coverage area:** Province of Québec  
**Financing:** federal  
**Legal status:** federal government agency

## Courthouses and tribunals

### BUREAU DES INFRACTIONS ET AMENDES - JOLIETTE

200 Saint-Marc Street, Suite RC-36, Joliette, Lanaudière, QC, J6E 8C2

**1 877 263-6337 Fax:** 450 752-6827

**Website:** [www.amendes.qc.ca](http://www.amendes.qc.ca)

**Email:** [amendes@justice.gouv.qc.ca](mailto:amendes@justice.gouv.qc.ca)

**Services:** Administration of offenses under the majority of penal provincial laws and certain federal laws concerning road safety, working relations in the field of construction, food products and others. \* Recovery of fines and unpaid legal fees. \* Online payment services for court records and statements of offense.

**Coverage area:** judicial districts of Joliette, La Tuque and Shawinigan

**Hours:** Monday, Tuesday, Thursday and Friday 8h30 to 12h00 and 13h00 to 16h30, Wednesday 10h00 to 12h00 and 13h00 to 16h30

**Financing:** provincial

**Legal status:** provincial government agency

### COURT OF QUÉBEC - CIVIL DIVISION - JOLIETTE

200 Saint-Marc Street, Joliette, Lanaudière, QC, J6E 8C2

**450 753-4807 Fax:** 450 752-1733

**Website:** [www.justice.gouv.qc.ca/en/join-us/find-a-courthouse/joliette-courthouse](http://www.justice.gouv.qc.ca/en/join-us/find-a-courthouse/joliette-courthouse)

**Services:** Court constituting the judicial system of Québec. \* Hearing of cases where the amount in dispute is less than \$85,000 and the prosecution of voluntary deposits and municipal and school affairs. \* Requests for psychiatric assessment: judgment administration for temporary or authorized custody when a doctor wants to keep a person in hospital to conduct a psychiatric examination or when a person refuses to go to hospital to submit for an examination. \* Voluntary deposits.

**Coverage area:** Lanaudière: Joliette judicial district

**Hours:** Monday to Friday 8h30 to 16h30

**Financing:** provincial

**Legal status:** provincial government agency

### COURT OF QUÉBEC - CRIMINAL AND PENAL DIVISION - JOLIETTE

200 Saint-Marc Street, Joliette, Lanaudière, QC, J6E 8C2

**450 753-4803 Fax:** 450 752-6945

**Website:** [www.justice.gouv.qc.ca/en/join-us/find-a-courthouse/joliette-courthouse](http://www.justice.gouv.qc.ca/en/join-us/find-a-courthouse/joliette-courthouse)

**Services:** Court constituting the judicial system of Québec. \* Hearing prosecutions under the Criminal Code, the Code of penal Procedure and all other regulatory offence statutes.

**Coverage area:** Lanaudière: Joliette judicial district

**Hours:** Monday to Friday 8h30 to 16h30

**Financing:** provincial

**Legal status:** provincial government agency

### COURT OF QUÉBEC - SMALL CLAIMS DIVISION - JOLIETTE

200 Saint-Marc Street, Joliette, Lanaudière, QC, J6E 8C2

**450 753-4806**

**Website:** [www.justice.gouv.qc.ca/en/join-us/find-a-courthouse/joliette-courthouse](http://www.justice.gouv.qc.ca/en/join-us/find-a-courthouse/joliette-courthouse)

**Email:** [pcjoliette@justice.gouv.qc.ca](mailto:pcjoliette@justice.gouv.qc.ca)

**Services:** Court hearing cases in which the disputed amount of money is inferior to \$15,000 and where people represent themselves, without a lawyer. \* Free mediation service to parties wishing to resolve their dispute by an agreement before the hearing of their case by the judge. \* Other service point: 1 Montée des Arsenaux, Door C.

**Eligibility:** any natural or legal person if it employed at most 10 people during the 12 months prior to the claim

**Coverage area:** Lanaudière: Joliette judicial district

**Hours:** Monday to Friday 8h30 to 16h30, Repentigny point of service Monday to Friday 9h00 to 14h00

**Financing:** provincial

**Legal status:** provincial government agency

## COURT OF QUÉBEC - YOUTH DIVISION - JOLIETTE

200 Saint-Marc Street, Joliette, Lanaudière, QC, J6E 8C2

**450 753-4800 Fax:** 450 752-6994

**Website:** [www.justice.gouv.qc.ca/en/join-us/find-a-courthouse/joliette-courthouse](http://www.justice.gouv.qc.ca/en/join-us/find-a-courthouse/joliette-courthouse)

**Services:** Court constituting the judicial system of Québec. \* Hearing all cases involving a minor. \* Hearing cases of adoption.

**Coverage area:** Lanaudière: Joliette judicial district

**Hours:** Monday to Friday 8h30 to 16h30

**Financing:** provincial

**Legal status:** provincial government agency

## JOLIETTE COURTHOUSE

200 Saint-Marc Street, Joliette, Lanaudière, QC, J6E 8C2

**450 753-4807 Fax:** 450 752-1733

**Website:** [www.justice.gouv.qc.ca/en/join-us/find-a-courthouse/joliette-courthouse](http://www.justice.gouv.qc.ca/en/join-us/find-a-courthouse/joliette-courthouse)

**Services:** Administration of court services of Joliette. \* Support to various courts constituting the judicial system of Québec and some specialized courts. \* Judicial services: curatorships, tutorships and wills, civil wedding and partnership, divorce records, family mediation and alimony.

**Coverage area:** Lanaudière

**Hours:** Monday to Friday 8h30 to 16h30

**Financing:** provincial

**Legal status:** provincial government agency

## SUPERIOR COURT - JOLIETTE

200 Saint-Marc Street, Joliette, Lanaudière, QC, J6E 8C2

**450 753-4807**

**Website:** [www.justice.gouv.qc.ca/en/join-us/find-a-courthouse/joliette-courthouse](http://www.justice.gouv.qc.ca/en/join-us/find-a-courthouse/joliette-courthouse)

**Services:** Court constituting the judicial system of Québec. \* Hearing the cases where the amount in dispute is more than \$70,000 and administrative, familial and bankruptcy litigations. \* Hearing jury trial in criminal cases and appeals in summary conviction.

**Coverage area:** Lanaudière: Joliette judicial district

**Hours:** Monday to Friday 8h30 to 16h30

**Financing:** provincial

**Legal status:** provincial government agency

## Legal assistance and information

### BUREAU DES INFRACTIONS ET AMENDES - JOLIETTE

200 Saint-Marc Street, Suite RC-36, Joliette, Lanaudière, QC, J6E 8C2

**1 877 263-6337 Fax:** 450 752-6827

**Website:** [www.amendes.qc.ca](http://www.amendes.qc.ca)

**Email:** [amendes@justice.gouv.qc.ca](mailto:amendes@justice.gouv.qc.ca)

**Services:** Administration of offenses under the majority of penal provincial laws and certain federal laws concerning road safety, working relations in the field of construction, food products and others. \* Recovery of fines and unpaid legal fees. \* Online payment services for court records and statements of offense.

**Coverage area:** judicial districts of Joliette, La Tuque and Shawinigan

**Hours:** Monday, Tuesday, Thursday and Friday 8h30 to 12h00 and 13h00 to 16h30, Wednesday 10h00 to 12h00 and 13h00 to 16h30

**Financing:** provincial

**Legal status:** provincial government agency

### COMMISSION DE L'ÉQUITÉ SALARIALE - LANAUDIÈRE - DE LANAUDIÈRE

432 De Lanaudière Street, Joliette, Lanaudière, QC, J6E 7N2

**1 844 838-0808 Fax:** 514 864-6756

**Website:** [www.cnesst.gouv.qc.ca](http://www.cnesst.gouv.qc.ca)

**Email:** [equite.salariale@ces.gouv.qc.ca](mailto:equite.salariale@ces.gouv.qc.ca)

**Services:** Support and assistance to employers who must achieve pay equity in their company and to employees wishing to obtain information or exercise their rights. \* Front-line telephone service to answer general questions on the application of the Pay Equity Act. \* Specialized assistance to understand more complex or technical aspects of the Act. \* Conciliation services to promote the settlement of disagreements. \* Investigations following complaints or different subjected by the parties or on its own initiative. \* Software package to achieve pay equity: computer tool that allows employers to realize their pay equity exercise autonomously, available on the website. \* Information lectures on Pay Equity Act and its application, available upon request for groups of employers, employees, or any other grouping wishing to obtain information on pay equity. \* Tool development and training accessible free of charge in all regions of Québec. \* Research activities.

**Eligibility:** employees, mostly women who occupy predominantly female job classes, accredited associations and employers

**Coverage area:** Province of Québec

**Hours:** Monday to Friday 8h30 to 12h00 and 13h00 to 16h30, except legal holidays

**Financing:** provincial

**Legal status:** provincial government agency

### COURT OF QUÉBEC - YOUTH DIVISION - JOLIETTE

200 Saint-Marc Street, Joliette, Lanaudière, QC, J6E 8C2

**450 753-4800 Fax:** 450 752-6994

**Website:** [www.justice.gouv.qc.ca/en/join-us/find-a-courthouse/joliette-courthouse](http://www.justice.gouv.qc.ca/en/join-us/find-a-courthouse/joliette-courthouse)

**Services:** Court constituting the judicial system of Québec. \* Hearing all cases involving a minor. \* Hearing cases of adoption.

**Coverage area:** Lanaudière: Joliette judicial district

**Hours:** Monday to Friday 8h30 to 16h30

**Financing:** provincial

**Legal status:** provincial government agency

### CRABTREE - MUNICIPALITY

111, 4e avenue, Crabtree, Lanaudière, QC, J0K 1B0

**450-754-3434 Fax:** 450-754-2172

**Website:** [crabtree.quebec](http://crabtree.quebec)

**Email:** [info@crabtree.quebec](mailto:info@crabtree.quebec)

**Services:** Management of municipal services. \* Municipal counter: information on permits, subsidies and taxes, payment of taxes. \* Residual materials and waste collection calendar: [crabtree.quebec/environnement/collectes](http://crabtree.quebec/environnement/collectes) \* Public safety: fire safety service, Sûreté du Québec. \* Hall rental.

**Coverage area:** Crabtree

**Hours:** Monday to Thursday 8h00 to 12h00 and 13h00 to 16h45, Friday 8h00 to 12h00

**Financing:** municipal

**Legal status:** municipal agency

**ÉQUIJUSTICE LANAUDIÈRE NORD**

200 de Salaberry Street, Joliette, Lanaudière, QC, J6E 4G1

**450 755-3815** Fax: 450 755-4540

**Website:** [equijustice.ca/en](http://equijustice.ca/en)

**Email:** [lanaudierenord@equijustice.ca](mailto:lanaudierenord@equijustice.ca)

**Services:** Alternative justice organization. \* Citizen mediation. \* Information on the Youth Criminal Justice Act. \* Compensation work for teenagers. \* Enforcement of the General alternative measures program for adults.

**Eligibility:** adults, teenagers

**Coverage area:** MRC D'Autray, MRC Matawinie, MRC Montcalm, MRC Joliette

**Hours:** Monday to Friday 8h00 to 17h30

**Fees:** free

**Financing:** provincial

**Legal status:** non-profit organization

**JOLIETTE - CITY**

614 Manseau Boulevard, Joliette, Lanaudière, QC, J6E 3E4

**450 753-8000**

**Website:** [www.joliette.ca](http://www.joliette.ca)

**Email:** [info@ville.joliette.qc.ca](mailto:info@ville.joliette.qc.ca)

**Services:** Municipal service management. \* Municipal counter: information on permits, subsidies and taxes, payment of taxes, regulations, etc. \* Calendar of recyclable and garbage collections and information on waste management: [citoyen.joliette.ca/horaire-des-collectes](http://citoyen.joliette.ca/horaire-des-collectes) \* Public safety: fire safety service.

**Coverage area:** Joliette

**Hours:** Monday to Friday 8h30 to 12h00 and 13h15 to 16h30

**Financing:** municipal

**Legal status:** municipal agency

**LEGAL AID OFFICE - JOLIETTE**

440 Saint-Louis Street, Joliette, Lanaudière, QC, J6E 2Y8

**450 759-2500** Fax: 450 759-8682

**Website:** [www.cjll.qc.ca](http://www.cjll.qc.ca)

**Email:** [bajjoli@cjll.qc.ca](mailto:bajjoli@cjll.qc.ca)

**Services:** Free or low cost legal services to eligible individuals. \* Receive and process legal aid requests.

**Eligibility:** person or non-profit organization residing in Quebec or forced to remain in Quebec, financially eligible, and with a legal need that is covered by the Law

**Coverage area:** Joliette

**Hours:** Monday to Friday 8h30 to 12h00 and 13h00 to 16h30, by appointment only, except emergency

**Fees:** people may be eligible for free legal aid or contributory legal aid between \$100 and \$800, depending on their financial situation, see scale on website

**Financing:** provincial

**Legal status:** parapublic organization

**NOTRE-DAME-DES-PRAIRIES - CITY**

132 Antonio-Barrette Boulevard, Notre-Dame-des-Prairies, Lanaudière, QC, J6E 1E5

**450 759-7741** Fax: 450 759-6255

**Website:** [www.notredamedesprairies.com](http://www.notredamedesprairies.com)

**Email:** [info@notredamedesprairies.com](mailto:info@notredamedesprairies.com)

**Services:** Management of municipal services. \* Municipal counter: information on permits, subsidies and taxes, payment of taxes. \* Residual and waste collection calendar:

[www.notredamedesprairies.com/environnement/collecte](http://www.notredamedesprairies.com/environnement/collecte) \* Public safety: fire safety service, Sûreté du Québec. \* Reusable diapers. \* Hall rental.

**Coverage area:** Notre-Dame-Des-Prairies

**Hours:** Monday to Wednesday 8h30 to 12h00 and 13h00 to 16h30, Thursday 8h30 to 12h00 and 13h00 to 17h30, Friday 8h30 to 12h00

**Financing:** municipal

**Legal status:** municipal agency

### SAINT-AMBROISE-DE-KILDARE - MUNICIPALITY

850 Principale Street, Saint-Ambroise-de-Kildare, Lanaudière, QC, J0K 1C0

**450 755-4782 Fax:** 450 755-4784

**Website:** [www.saintambroise.ca](http://www.saintambroise.ca)

**Email:** [info@saintambroise.ca](mailto:info@saintambroise.ca)

**Services:** Management of municipal services. \* Municipal counter: information on permits, subsidies and taxes, payment of taxes. \* Residual materials and waste collection calendar: [www.saintambroise.ca/index.jsp?p=6](http://www.saintambroise.ca/index.jsp?p=6) \* Public safety: fire safety service, Sûreté du Québec. \* Hall rental.

**Coverage area:** Saint-Ambroise-De-Kildare

**Hours:** Monday to Thursday 8h00 to 12h00 and 13h00 to 16h00, Friday 8h00 to 12h00

**Financing:** municipal

**Legal status:** municipal agency

### SAINT-CHARLES-BORROMÉE - CITY

370 de la Visitation Street, Saint-Charles-Borromée, Lanaudière, QC, J6E 4P3

**450 759-4415 Fax:** 450 759-3393

**Website:** [www.vivrescb.com](http://www.vivrescb.com)

**Email:** [info@vivrescb.com](mailto:info@vivrescb.com)

**Services:** Municipal service management. \* Municipal counter: information on permits, subsidies and taxes, payment of taxes, regulations, etc. \* Calendar of recyclable and garbage collections and information on waste management: <http://www.vivrescb.com/environnement/collectes> \* Public safety: fire safety service. \* Service of recreation, sports and culture.

**Coverage area:** Saint-Charles-Borromée

**Hours:** Monday to Thursday 8h00 to 12h00 and 13h00 to 16h45, Friday 8h00 to 12h00

**Financing:** municipal

**Legal status:** municipal agency

### SAINT-PAUL - MUNICIPALITY

10 Delangis Road, Saint-Paul, Lanaudière, QC, J0K 3E0

**450 759-4040 Fax:** 450 759-6396

**Website:** [saintpaul.quebec](http://saintpaul.quebec)

**Email:** [reception@saintpaul.quebec](mailto:reception@saintpaul.quebec)

**Services:** Municipal service management. \* Municipal counter: information on permits, subsidies and taxes, payment of taxes, regulations, etc. \* Calendar of recyclable and garbage collections and information on waste management: [click here](#). \* Public safety: fire safety service. \* Service of recreation, sports and culture.

**Coverage area:** Saint-Paul

**Hours:** Monday to Thursday 8h00 to 12h00 and 13h00 to 16h45, Friday 8h00 to 12h00

**Financing:** municipal

**Legal status:** municipal agency

### SAINT-THOMAS - MUNICIPALITY

1240 Route 158, Saint-Thomas, Lanaudière, QC, J0K 3L0

**450 759-3405**

**Website:** [www.saintthomas.qc.ca](http://www.saintthomas.qc.ca)

**Email:** [municipalite@saintthomas.qc.ca](mailto:municipalite@saintthomas.qc.ca)

**Services:** Management of municipal services. \* Municipal counter: information on permits, subsidies and taxes, payment of taxes. \* Residual materials and waste collection calendar: [saintthomas.qc.ca/services/services-aux-citoyens/collectes-des-matieres-residuelles](http://saintthomas.qc.ca/services/services-aux-citoyens/collectes-des-matieres-residuelles) \* Public safety: fire safety service, Sûreté du Québec. \* Hall rental.

**Coverage area:** Saint-Thomas

**Hours:** Monday to Friday 9h00 to 12h00 and 13h00 to 16h00

**Financing:** municipal

**Legal status:** municipal agency

## Support for offenders

### **CENTRE RÉSIDENTIEL COMMUNAUTAIRE JOLIETTE-LANAUDIÈRE**

785 Manseau Boulevard, Joliette, Lanaudière, QC, J6E 3G1

**450 752-0556** Fax: 450 752-0824

**Website:** [www.crcjoliette.ca](http://www.crcjoliette.ca)

**Email:** [stremblay@crcjoliette.ca](mailto:stremblay@crcjoliette.ca)

**Services:** Residential community center. \* Housing. \* Accompaniment and referrals. \* Individual and group counselling. \* Various specialized programs. \* Community and compensatory work assistance. \* Prevention and awareness.

**Eligibility:** judicialized men aged 18 and over on a correctional measure with follow-up

**Capacity:** 20 residents

**Coverage area:** Lanaudière

**Hours:** 24 hours / 7 days

**Fees:** accommodation expenses: varies according to income

**Financing:** self-financing, provincial, federal

**Legal status:** non-profit organization

## **Mental Health and addictions**

**ADDICTION PREVENTION**

**ADDICTION TREATMENT**

**COMMUNITY SUPPORT IN MENTAL HEALTH**

**CRISIS CENTRES AND SUICIDE PREVENTION**

**HELPLINES**

**MENTAL HEALTH ADVOCACY GROUPS**

**SELF-HELP GROUPS FOR ADDICTION ISSUES**

**SELF-HELP GROUPS FOR MENTAL HEALTH ISSUES**

## Addiction prevention

### CENTRE HOSPITALIER DE LANAUDIÈRE

1000 Sainte-Anne Boulevard, Saint-Charles-Borromée, Lanaudière, QC, J6E 6J2

**450 759-8222**

**Website:** [sante.gouv.qc.ca/repertoire-ressources/ressource/?nofiche=1203#](http://sante.gouv.qc.ca/repertoire-ressources/ressource/?nofiche=1203#)

**Services:** Hospital centre offering general and specialized cares. \* Emergencies. \* Specialized services for victims of sexual assault. \* Contraception. \* Emergency oral contraception. \* Distribution of new injection equipment to people who use drugs and recovery of used needles and syringes. \* Test centre. \* Radiology. \* Magnetic resonance. \* Scintigraphy. \* Computed tomography. \* Tomography. \* Breast feeding room. \* End of life care.

**Coverage area:** Province of Québec

**Hours:** 24/7, test centre: by appointment

**Financing:** provincial

**Legal status:** parapublic organization

### ORIGNAL TATOUÉ, CAFÉ DE RUE

144 Saint-Joseph Street, Joliette, Lanaudière, QC, J6E 5C4

**450 394-4384**

**Email:** [lorignaltatoue@gmail.com](mailto:lorignaltatoue@gmail.com)

**Services:** Place of listening and support. \* Help, listening and referral. \* Emergency assistance: food assistance, personal hygiene products, menstrual hygiene products, warm clothes, condoms. \* Recovery of used syringes. \* Assistance in French and mathematics. \* Monthly visit by a nurse: samples, screening, vaccination and answer to health questions. \* Prevention and education activities.

**Eligibility:** young people aged 16 to 30 in a situation of social or family breakdown or experiencing difficulties related to drug addiction, homelessness and mental health problems

**Capacity:** 10 people

**Coverage area:** Joliette

**Hours:** Tuesday to Friday 12h00 to 16h00

**Fees:** none

**Financing:** donations, municipal, provincial, federal

**Legal status:** non-profit organization

### RÉSEAU COMMUNAUTAIRE D'AIDE AUX ALCOOLIKES ET AUTRES TOXICOMANES (LE)

200 de Salaberry Street, Suite 308, Joliette, Lanaudière, QC, J6E 4G1

**450 759-4545** Fax: 450 759-8749

**Website:** [www.reseautoxicomanie.com](http://www.reseautoxicomanie.com)

**Email:** [reseautox@cepap.ca](mailto:reseautox@cepap.ca)

**Services:** \* Social reinsertion. \* Assessment and one-on-one counselling. \* Support group for relapse prevention. \* Prevention, information and awareness. \* Groups and training. \* Early intervention. \* Referrals.

**Eligibility:** social reinsertion: people 18 years and over with a period of abstinence, prevention: schools, youth centres, parents

**Coverage area:** MRC Joliette, MRC D'Autray, MRC Matawinie, MRC Montcalm

**Hours:** by appointment only, Monday to Friday 9h00 to 17h00, some availabilities in the evenings

**Fees:** none

**Financing:** provincial

**Legal status:** non-profit organization



## Addiction treatment

### RÉSEAU COMMUNAUTAIRE D'AIDE AUX ALCOOLIQUES ET AUTRES TOXICOMANES (LE)

200 de Salaberry Street, Suite 308, Joliette, Lanaudière, QC, J6E 4G1

**450 759-4545** Fax: 450 759-8749

**Website:** www.reseautoxicomanie.com

**Email:** reseautox@cepap.ca

**Services:** \* Social reinsertion. \* Assessment and one-on-one counselling. \* Support group for relapse prevention. \* Prevention, information and awareness. \* Groups and training. \* Early intervention. \* Referrals.

**Eligibility:** social reinsertion: people 18 years and over with a period of abstinence, prevention: schools, youth centres, parents

**Coverage area:** MRC Joliette, MRC D'Autray, MRC Matawinie, MRC Montcalm

**Hours:** by appointment only, Monday to Friday 9h00 to 17h00, some availabilities in the evenings

**Fees:** none

**Financing:** provincial

**Legal status:** non-profit organization

### UNITÉ POINT DE DÉPART

220 Lajoie Street South, Joliette, Lanaudière, QC, J6E 5L2

**450 759-6848** Fax: 450 759-6648

**Email:** unitepd@outlook.com

**Services:** \* Day centre and assistance. \* Support groups for continued abstinence and sobriety. \* One-on-one counseling. \* Support, accompaniment and referrals for all kinds of addictions. \* Relapse prevention.

**Eligibility:** services and activities: people 18 and over with addiction (all addictions), day centre: general population

**Coverage area:** Lanaudière

**Hours:** Monday to Saturday 8h30 to 23h00, Sunday 10h30 to 15h00, November 1 to March 31: 24/7

**Fees:** none

**Financing:** grants

**Legal status:** non-profit organization

## Community support in mental health

### BONNE ÉTOILE JOLIETTE (LA)

517 Archambault Street, Joliette, Lanaudière, QC, J6E 2W6

**450 759-8853** Fax: 450 759-8333

**Website:** www.la-bonne-etoile.org

**Email:** labonneetoile@videotron.ca

**Services:** \* Day centre. \* Telephone intervention. \* Thematic workshops. \* Advocacy. \* Sports and cultural activities. \* Help for social reinsertion. \* Clothing bank.

**Eligibility:** people with a mental health problem

**Coverage area:** Joliette and surroundings

**Hours:** Monday, Tuesday, Thursday, Friday 10h00 to 16h00, Wednesday 13h00 to 16h00

**Fees:** free

**Financing:** provincial

**Legal status:** non-profit organization

**CRIME VICTIMS ASSISTANCE CENTRE OF LANAUDIÈRE**

Confidential Address

**1 888 755-6127 Fax:** 450 755-6069**Website:** www.cavac.qc.ca/regions/lanaudiere**Email:** info@cavaclanaudiere.com

**Services:** \* Telephone consultation, welcoming, listening, support. \* Accompaniment in the judiciary system. \* Information on the legal process and on rights and recourses for victims of crime. \* Orientation to legal, medical, social and community resources. \* Post-traumatic intervention. \* Technical assistance.

**Eligibility:** victims of criminal acts, their close ones and witnesses of a crime**Coverage area:** Lanaudière**Hours:** Monday to Friday 8h30 at 16h30**Fees:** none**Financing:** provincial, donations**Legal status:** non-profit organization**LUEUR DU PHARE DE LANAUDIÈRE (LA) - POINT DE SERVICE JOLIETTE**

676 Manseau Boulevard, Joliette, Lanaudière, QC, J6E 3E6

**1 800 465-4544 Fax:** 450 752-6468**Website:** www.lueurduphare.org**Email:** lueurduphare@videotron.ca

**Services:** \* Support, information. \* Group and individual meetings. \* Telephone listening. \* Workshops for children 7 to 12 years with an adult relative with mental illness. \* Lectures on various topics related to mental health problems. \* Respite. \* Documentation, loan of documents. \* Training workshops. \* Coffee meeting.

**Eligibility:** relatives of people 16 years and over living or having lived with mental health problems**Coverage area:** Lanaudière**Hours:** Monday to Friday 8h30 to 12h00 and 13h00 to 16h30**Financing:** provincial, membership fees, donations**Legal status:** non-profit organization**MILIEU D'INTERVENTION ET DE THÉRAPIE EN AGRESSION SEXUELLE**

144 Saint-Joseph Street, Joliette, Lanaudière, QC, J6E 5C4

**450 755-6755 Fax:** 450 755-1773**Website:** www.mitas.ca**Email:** mitas@mitas.ca

**Services:** Group and individual therapy. \* Sex education. \* Program for male victims of sexual abuse during childhood.

**Eligibility:** child and adolescent victims of abuse, parents of child victims, children with problematic sexual behaviours, adolescents and adults who have sexually abused minors or who feel at risk of doing so, parents of adolescents who have sexually abused minors, men who were victims of sexual abuse during childhood

**Capacity:** groups: 8 people**Coverage area:** Lanaudière**Hours:** Monday to Thursday 9h00 to 16h00, therapies for adults in the evening**Fees:** free for children, variable for adults**Financing:** provincial, self-financing, grants, donations**Legal status:** non-profit organization**PARRAINAGE CIVIQUE LANAUDIÈRE - HEAD OFFICE**

688 Manseau Boulevard, Joliette, Lanaudière, QC, J6E 3E6

**450 398-0696****Website:** www.parrainageciviquelanaudiere.com**Email:** carolpcl@outlook.com

**Services:** Sponsorship: long-term support by a volunteer paired with a marginalized person for social integration purposes. \* Useful accompaniments, leisure activities.

**Eligibility:** people living with motor or sensory disabilities, mental health disorders, intellectual disabilities, in loss of autonomy or with socio-emotional difficulties

**Coverage area:** Lanaudière

**Hours:** Monday to Friday 8h30 to 12h00 and 13h00 to 16h30

**Fees:** membership: \$5 per year

**Financing:** provincial, Centraide Lanaudière, fundraising campaigns

**Legal status:** non-profit organization

## Crisis centres and suicide prevention

### CENTRE DE PRÉVENTION DU SUICIDE DE LANAUDIÈRE

Confidential Address

**1 866 277-3553 Fax:** 450 759-4122

**Website:** [www.cps-lanaudiere.org](http://www.cps-lanaudiere.org)

**Services:** \* Confidential hotline for people who are affected by the suicide issue. \* Support and self-help group for adults and children bereaved by suicide. \* Support for those close to suicidal people. \* Sentinel program: training and support for adults who are likely to help people in a suicidal crisis. \* Emergency postvention program. \* Support for the implementation of postvention programs in companies. \* Training for workers confronted with the problem of suicide in their workplace.

**Eligibility:** people with personal issues, in distress or facing crisis situations, their close ones, people having been bereaved by suicide, field workers

**Coverage area:** Lanaudière

**Hours:** 24 hours / 7 days

**Fees:** trainings for field workers: variable fees, other services: free

**Financing:** grants, donations

**Legal status:** non-profit organization

## Helplines

### BONNE ÉTOILE JOLIETTE (LA)

517 Archambault Street, Joliette, Lanaudière, QC, J6E 2W6

**450 759-8853 Fax:** 450 759-8333

**Website:** [www.la-bonne-etoile.org](http://www.la-bonne-etoile.org)

**Email:** [labonneetoile@videotron.ca](mailto:labonneetoile@videotron.ca)

**Services:** \* Day centre. \* Telephone intervention. \* Thematic workshops. \* Advocacy. \* Sports and cultural activities. \* Help for social reinsertion. \* Clothing bank.

**Eligibility:** people with a mental health problem

**Coverage area:** Joliette and surroundings

**Hours:** Monday, Tuesday, Thursday, Friday 10h00 to 16h00, Wednesday 13h00 to 16h00

**Fees:** free

**Financing:** provincial

**Legal status:** non-profit organization

### CENTRE DE PRÉVENTION DU SUICIDE DE LANAUDIÈRE

Confidential Address

**1 866 277-3553 Fax:** 450 759-4122

**Website:** [www.cps-lanaudiere.org](http://www.cps-lanaudiere.org)

**Services:** \* Confidential hotline for people who are affected by the suicide issue. \* Support and self-help group for adults and children bereaved by suicide. \* Support for those close to suicidal people. \* Sentinel program: training and support for adults who are likely to help people in a suicidal crisis. \* Emergency postvention program. \* Support for the implementation of postvention programs in companies. \* Training for workers confronted with the problem of suicide in their workplace.

**Eligibility:** people with personal issues, in distress or facing crisis situations, their close ones, people having been bereaved by suicide, field workers

**Coverage area:** Lanaudière

**Hours:** 24 hours / 7 days

**Fees:** trainings for field workers: variable fees, other services: free

**Financing:** grants, donations

**Legal status:** non-profit organization

## INFO-SOCIAL 8-1-1 - LANAUDIÈRE

Confidential Address

**811 option 2**

**Website:** [www.cisss-lanaudiere.gouv.qc.ca](http://www.cisss-lanaudiere.gouv.qc.ca)

**Services:** Psychosocial consultation by phone. \* Information and referral to assistance resources.

**Coverage area:** Lanaudière

**Hours:** 24 hours / 7 days

**Fees:** free

**Financing:** provincial

**Legal status:** non-profit organization

## Mental health advocacy groups

### BONNE ÉTOILE JOLIETTE (LA)

517 Archambault Street, Joliette, Lanaudière, QC, J6E 2W6

**450 759-8853 Fax:** 450 759-8333

**Website:** [www.la-bonne-etoile.org](http://www.la-bonne-etoile.org)

**Email:** [labonneetoile@videotron.ca](mailto:labonneetoile@videotron.ca)

**Services:** \* Day centre. \* Telephone intervention. \* Thematic workshops. \* Advocacy. \* Sports and cultural activities. \* Help for social reinsertion. \* Clothing bank.

**Eligibility:** people with a mental health problem

**Coverage area:** Joliette and surroundings

**Hours:** Monday, Tuesday, Thursday, Friday 10h00 to 16h00, Wednesday 13h00 to 16h00

**Fees:** free

**Financing:** provincial

**Legal status:** non-profit organization

### LUEUR DU PHARE DE LANAUDIÈRE (LA) - POINT DE SERVICE JOLIETTE

676 Manseau Boulevard, Joliette, Lanaudière, QC, J6E 3E6

**1 800 465-4544 Fax:** 450 752-6468

**Website:** [www.lueurduphare.org](http://www.lueurduphare.org)

**Email:** [lueurduphare@videotron.ca](mailto:lueurduphare@videotron.ca)

**Services:** \* Support, information. \* Group and individual meetings. \* Telephone listening. \* Workshops for children 7 to 12 years with an adult relative with mental illness. \* Lectures on various topics related to mental health problems. \* Respite. \* Documentation, loan of documents. \* Training workshops. \* Coffee meeting.

**Eligibility:** relatives of people 16 years and over living or having lived with mental health problems

**Coverage area:** Lanaudière

**Hours:** Monday to Friday 8h30 to 12h00 and 13h00 to 16h30

**Financing:** provincial, membership fees, donations

**Legal status:** non-profit organization

**PLEINS DROITS DE LANAUDIÈRE**

718 Manseau Boulevard, Joliette, Lanaudière, QC, J6E 3E9

**450 394-0779 Fax:** 450 394-4303

**Website:** www.pleinsdroits.org

**Email:** pleinsdroitslanaudiere@gmail.com

**Services:** Defending mental health rights. \* Help and support in defense of rights. \* Popular education, promotion and awareness of fundamental rights in mental health. \* Training, information committee and workshops. \* Political claims.

**Eligibility:** people with a mental health problem past or present

**Coverage area:** Lanaudière

**Hours:** Monday to Friday 8h30 to 12h00 and 13h00 to 16h30

**Fees:** none

**Financing:** provincial, self-financing

**Legal status:** non-profit organization

**REGROUPEMENT DES ORGANISMES COMMUNAUTAIRES ET ALTERNATIFS EN SANTÉ MENTALE DE LANAUDIÈRE**

517 Archambault Street, Joliette, Lanaudière, QC, J6E 2W6

**450 759-8853**

**Website:** rocasml.org

**Email:** rocasml@videotron.ca

**Services:** Promotion of an alternative approach to mental health. \* Support for member groups. \* Promotion and information on the rights and interests of people living or having experienced mental health problems. \* Grouping of community resources and non-institutional alternatives in mental health. \* Education and awareness of the population.

**Eligibility:** community and alternative mental health organizations

**Coverage area:** Lanaudière

**Hours:** Monday to Friday 9h00 to 16h00

**Fees:** membership: \$125 per year

**Financing:** provincial, membership fees

**Legal status:** non-profit organization

**Self-help groups for addiction issues****RÉSEAU COMMUNAUTAIRE D'AIDE AUX ALCOOLIQUES ET AUTRES TOXICOMANES (LE)**

200 de Salaberry Street, Suite 308, Joliette, Lanaudière, QC, J6E 4G1

**450 759-4545 Fax:** 450 759-8749

**Website:** www.reseautoxicomanie.com

**Email:** reseautox@cepap.ca

**Services:** \* Social reinsertion. \* Assessment and one-on-one counselling. \* Support group for relapse prevention. \* Prevention, information and awareness. \* Groups and training. \* Early intervention. \* Referrals.

**Eligibility:** social reinsertion: people 18 years and over with a period of abstinence, prevention: schools, youth centres, parents

**Coverage area:** MRC Joliette, MRC D'Autray, MRC Matawinie, MRC Montcalm

**Hours:** by appointment only, Monday to Friday 9h00 to 17h00, some availabilities in the evenings

**Fees:** none

**Financing:** provincial

**Legal status:** non-profit organization

**UNITÉ POINT DE DÉPART**

220 Lajoie Street South, Joliette, Lanaudière, QC, J6E 5L2

**450 759-6848** Fax: 450 759-6648

Email: unitepd@outlook.com

**Services:** \* Day centre and assistance. \* Support groups for continued abstinence and sobriety. \* One-on-one counseling. \* Support, accompaniment and referrals for all kinds of addictions. \* Relapse prevention.

**Eligibility:** services and activities: people 18 and over with addiction (all addictions), day centre: general population

**Coverage area:** Lanaudière

**Hours:** Monday to Saturday 8h30 to 23h00, Sunday 10h30 to 15h00, November 1 to March 31: 24/7

**Fees:** none

**Financing:** grants

**Legal status:** non-profit organization

**Self-help groups for mental health issues****LUEUR DU PHARE DE LANAUDIÈRE (LA) - POINT DE SERVICE JOLIETTE**

676 Manseau Boulevard, Joliette, Lanaudière, QC, J6E 3E6

**1 800 465-4544** Fax: 450 752-6468

**Website:** www.lueurduphare.org

**Email:** lueurduphare@videotron.ca

**Services:** \* Support, information. \* Group and individual meetings. \* Telephone listening. \* Workshops for children 7 to 12 years with an adult relative with mental illness. \* Lectures on various topics related to mental health problems. \* Respite. \* Documentation, loan of documents. \* Training workshops. \* Coffee meeting.

**Eligibility:** relatives of people 16 years and over living or having lived with mental health problems

**Coverage area:** Lanaudière

**Hours:** Monday to Friday 8h30 to 12h00 and 13h00 to 16h30

**Financing:** provincial, membership fees, donations

**Legal status:** non-profit organization

**Seniors**

**CAREGIVERS**

**COMMUNITY AND RECREATION CENTRES**

**DAY CENTRES AND RESPITE**

**FRIENDLY VISITS AND SAFETY CALLS**

**HOME SUPPORT**

**HOUSING FOR SENIORS**

**INTERGENERATIONAL ACTIVITIES**

**MEALS ON WHEELS**

**SENIORS' ADVOCACY AND ASSISTANCE ASSOCIATIONS**

**VOLUNTEER TRANSPORTATION**

## Caregivers

### APPUI LANAUDIÈRE (L')

Confidential Address

1 855 852-7784

**Website:** [www.lappui.org/Regions/Lanaudiere](http://www.lappui.org/Regions/Lanaudiere)

**Email:** [info@lappuilanaudiere.org](mailto:info@lappuilanaudiere.org)

**Services:** \* Support for caregivers of seniors: information and referral, training, counseling and respite. \* Consultation and mobilization of stakeholders.

**Eligibility:** seniors caregivers, relevant stakeholders

**Coverage area:** Lanaudière

**Hours:** Monday to Friday 8h30 to 16h30

**Financing:** foundations, provincial

**Legal status:** non-profit organization

### CENTRE D'ACTION BÉNÉVOLE ÉMILIE-GAMELIN

80 Wilfrid-Ranger Street, Saint-Charles-Borromée, Lanaudière, QC, J6E 8M7

450 756-2005 Fax: 450 755-4649

**Website:** [www.emiliegamelin.qc.ca](http://www.emiliegamelin.qc.ca)

**Email:** [ann.soucy@emiliegamelin.qc.ca](mailto:ann.soucy@emiliegamelin.qc.ca)

**Services:** \* Meals on wheels. \* Friendship visits and calls. \* Information and referrals. \* Help with forms and accompaniment of seniors in the proces. \* Support group for caregivers. \* Recreational, physical and social activities: knitting group, yoga, dance classes, exercise sessions, board games. \* Recruitment, reception, referral and training of volunteers. \* Community and volunteer action development. \* On-site commissioner of oaths. \* Tax clinic.

**Eligibility:** seniors, family caregivers, socially isolated people, people in vulnerable situations, volunteers, organizations

**Coverage area:** MRC Joliette

**Hours:** Monday to Friday 8h30 to 12h00 and 13h00 to 16h30, meals on wheels: Monday to Friday at 12h00

**Fees:** annual membership: \$20

**Financing:** membership fees, donations, fundraising campaigns

**Legal status:** non-profit organization

### COOPÉRATIVE DE SOLIDARITÉ EN SOUTIEN À DOMICILE DE LA MRC JOLIETTE

323 Manseau Boulevard, Joliette, Lanaudière, QC, J6E 3C9

450 755-4854

**Website:** <http://www.coopssd.com/>

**Email:** [reception@coopssd.com](mailto:reception@coopssd.com)

**Services:** \* Light housekeeping. \* Heavy housekeeping. \* Meal preparation without diet. \* Groceries and other errands. \* Clothing and bedding care. \* Personal assistance services: complete hygiene care, assistance with travel and transfers, dressing, eating, getting up and going to bed, distribution and administration of medication, etc. \* Respite, presence and supervision.

**Eligibility:** seniors, persons in loss of autonomy, persons or families needing home support

**Coverage area:** MRC Joliette

**Fees:** variable

**Financing:** self-financing, provincial

**Legal status:** Cooperative

### SOCIÉTÉ ALZHEIMER DE LANAUDIÈRE (LA)

190 Montcalm Street, Joliette, Lanaudière, QC, J6E 5G4

450 759-3057 ext. 107 Fax: 450 760-2633

**Website:** [sadl.org](http://sadl.org)

**Email:** [info@sadl.org](mailto:info@sadl.org)



**Services:** \* Information and referral. \* Telephone assistance. \* Individual and family meetings. \* Respite-Accompaniment-Stimulation program (RAS). \* Group for people in the early stages. \* Exchange group for caregivers. \* Training for caregivers, workers and professionals. \* Conferences, training, workshop meetings. \* Books and videos loans.

**Eligibility:** people with Alzheimer or a related disease, their relatives, caregivers, health professionals and private residences

**Coverage area:** Lanaudière

**Hours:** Monday to Friday 8h30 to 12h00 and 13h00 to 16h30

**Fees:** membership: \$25 per year, Respite-Accompaniment-Stimulation program: \$21 for 3 hours

**Financing:** grants, self-financing, donations

**Legal status:** non-profit organization

## Community and Recreation Centres

### AUX BONHEURS DES ÂÎNÉS LANAUDIÈRE

33 8th Street, Crabtree, Lanaudière, QC, J0K 1B0

**450 754-2348**

**Email:** abdalanaudiere@gmail.com

**Services:** \* Meeting place. \* Friendly calls. \* Healthy cooking workshops. \* Walking club. \* Puzzle loans. \* Activities, workshops and conferences. \* Monthly newsletter. \* Seniors' house. \* Christmas meal.

**Eligibility:** seniors 55 years old and over

**Coverage area:** Crabtree, Saint-Paul, Sainte-Marie-Salomé, Saint-Thomas, Saint-Liguori, Saint-Pierre

**Hours:** Monday and Wednesday 9h00 to 12h00, Tuesday and Thursday 9h00 to 16h00

**Financing:** provincial, donations

**Legal status:** non-profit organization

### FADOQ - LANAUDIÈRE REGION

626 Manseau Boulevard, Joliette, Lanaudière, QC, J6E 3E6

**450 759-7422**

**Website:** [www.fadoq.ca/lanaudiere](http://www.fadoq.ca/lanaudiere)

**Email:** [info@fadoqlanaudiere.ca](mailto:info@fadoqlanaudiere.ca)

**Services:** Grouping people 50 years and over and representing them in instances requiring the defense of their rights and needs. \* Organization of recreational and sporting activities. \* Privilege Program giving access to discounts on various products and services.

**Eligibility:** people 50 years and over

**Coverage area:** Lanaudière

**Hours:** Monday to Thursday 8h30 to 12h00 and 13h00 to 17h00, Friday 8h00 to 13h00

**Fees:** membership: \$30 per year or \$50 for 2 years

**Financing:** contributions, provincial

**Legal status:** non-profit organization

### UNIVERSITÉ DU TROISIÈME ÂGE - LANAUDIÈRE - JOLIETTE

Confidential Address

**450 759-0216**

**Website:** [www.usherbrooke.ca/uta/prog/lanaudiere/Ind](http://www.usherbrooke.ca/uta/prog/lanaudiere/Ind)

**Email:** [uta-joliette@hotmail.com](mailto:uta-joliette@hotmail.com)

**Services:** Educational programming distributed in 49 university branches for people aged 50 years and over. \* Non-credited educational activities without papers or exams. \* Different teaching methods: courses, seminars, lectures, workshops, physical activities. \* Student associations promoting integration in cultural and social life.

**Eligibility:** people 50 years old and over, no prior degree is required

**Coverage area:** Lanaudière

**Hours:** Monday to Friday 9h00 to 16h30

**Fees:** variable tuition according to the activity, compulsory student fee: \$9, donations are optional

**Financing:** donations, grants  
**Legal status:** non-profit organization

## Day centres and respite

### APPUI LANAUDIÈRE (L')

Confidential Address

**1 855 852-7784**

**Website:** [www.lappui.org/Regions/Lanaudiere](http://www.lappui.org/Regions/Lanaudiere)

**Email:** [info@lappuilanaudiere.org](mailto:info@lappuilanaudiere.org)

**Services:** \* Support for caregivers of seniors: information and referral, training, counseling and respite. \* Consultation and mobilization of stakeholders.

**Eligibility:** seniors caregivers, relevant stakeholders

**Coverage area:** Lanaudière

**Hours:** Monday to Friday 8h30 to 16h30

**Financing:** foundations, provincial

**Legal status:** non-profit organization

## Friendly visits and safety calls

### ASSOCIATION SCLÉROSE EN PLAQUES DE LANAUDIÈRE

200 Salaberry Street, Suite 307, Joliette, Lanaudière, QC, J6E 4G1

**450 753-5545**

**Website:** [www.asepl.org](http://www.asepl.org)

**Email:** [asepl@intermonde.net](mailto:asepl@intermonde.net)

**Services:** Support to people living with multiple sclerosis and their close ones. \* Information about the disease. \* Activities for members. \* Individual support, advocacy. \* Financial support. \* Visits at home and in care centres.

**Eligibility:** people living with multiple sclerosis, their close ones

**Coverage area:** Lanaudière

**Hours:** Monday to Friday 8h30 to 12h00 and 13h00 to 16h30

**Fees:** free

**Financing:** provincial, fundraising campaigns, donations

**Legal status:** non-profit organization

### AUX BONHEURS DES AÎNÉS LANAUDIÈRE

33 8th Street, Crabtree, Lanaudière, QC, J0K 1B0

**450 754-2348**

**Email:** [abdalanaudiere@gmail.com](mailto:abdalanaudiere@gmail.com)

**Services:** \* Meeting place. \* Friendly calls. \* Healthy cooking workshops. \* Walking club. \* Puzzle loans. \* Activities, workshops and conferences. \* Monthly newsletter. \* Seniors' house. \* Christmas meal.

**Eligibility:** seniors 55 years old and over

**Coverage area:** Crabtree, Saint-Paul, Sainte-Marie-Salomé, Saint-Thomas, Saint-Liguori, Saint-Pierre

**Hours:** Monday and Wednesday 9h00 to 12h00, Tuesday and Thursday 9h00 to 16h00

**Financing:** provincial, donations

**Legal status:** non-profit organization

**CENTRE D'ACTION BÉNÉVOLE ÉMILIE-GAMELIN**

80 Wilfrid-Ranger Street, Saint-Charles-Borromée, Lanaudière, QC, J6E 8M7

**450 756-2005 Fax:** 450 755-4649

**Website:** www.emiliegamelin.qc.ca

**Email:** ann.soucy@emiliegamelin.qc.ca

**Services:** \* Meals on wheels. \* Friendship visits and calls. \* Information and referrals. \* Help with forms and accompaniment of seniors in the proces. \* Support group for caregivers. \* Recreational, physical and social activities: knitting group, yoga, dance classes, exercise sessions, board games. \* Recruitment, reception, referral and training of volunteers. \* Community and volunteer action development. \* On-site commissioner of oaths. \* Tax clinic.

**Eligibility:** seniors, family caregivers, socially isolated people, people in vulnerable situations, volunteers, organizations

**Coverage area:** MRC Joliette

**Hours:** Monday to Friday 8h30 to 12h00 and 13h00 to 16h30, meals on wheels: Monday to Friday at 12h00

**Fees:** annual membership: \$20

**Financing:** membership fees, donations, fundraising campaigns

**Legal status:** non-profit organization

**Home support****ANNEXE À ROLAND (L')**

400 Baby Street, Joliette, Lanaudière, QC, J6E 2W1

**450 916-1536 Fax:** 450 756-2245

**Website:** www.lannexearoland.com

**Email:** lannexe@bellnet.ca

**Services:** Bistro with a professional integration program. \* Prepared dishes at affordable prices, dining room open to the public, delivery. \* Expl'or program: employability program with individualized support. \* Room rental.

**Eligibility:** Expl'or program: people aged 18 and over far from the labour market, bistro: general public

**Coverage area:** Joliette

**Hours:** Monday to Thursday 9h00 to 16h00

**Fees:** variable

**Financing:** provincial

**Legal status:** non-profit organization

**CENTRE D'ACTION BÉNÉVOLE ÉMILIE-GAMELIN**

80 Wilfrid-Ranger Street, Saint-Charles-Borromée, Lanaudière, QC, J6E 8M7

**450 756-2005 Fax:** 450 755-4649

**Website:** www.emiliegamelin.qc.ca

**Email:** ann.soucy@emiliegamelin.qc.ca

**Services:** \* Meals on wheels. \* Friendship visits and calls. \* Information and referrals. \* Help with forms and accompaniment of seniors in the proces. \* Support group for caregivers. \* Recreational, physical and social activities: knitting group, yoga, dance classes, exercise sessions, board games. \* Recruitment, reception, referral and training of volunteers. \* Community and volunteer action development. \* On-site commissioner of oaths. \* Tax clinic.

**Eligibility:** seniors, family caregivers, socially isolated people, people in vulnerable situations, volunteers, organizations

**Coverage area:** MRC Joliette

**Hours:** Monday to Friday 8h30 to 12h00 and 13h00 to 16h30, meals on wheels: Monday to Friday at 12h00

**Fees:** annual membership: \$20

**Financing:** membership fees, donations, fundraising campaigns

**Legal status:** non-profit organization

**COOPÉRATIVE DE SOLIDARITÉ EN SOUTIEN À DOMICILE DE LA MRC JOLIETTE**

323 Manseau Boulevard, Joliette, Lanaudière, QC, J6E 3C9

**450 755-4854**

**Website:** <http://www.coopssd.com/>

**Email:** [reception@coopssd.com](mailto:reception@coopssd.com)

**Services:** \* Light housekeeping. \* Heavy housekeeping. \* Meal preparation without diet. \* Groceries and other errands. \* Clothing and bedding care. \* Personal assistance services: complete hygiene care, assistance with travel and transfers, dressing, eating, getting up and going to bed, distribution and administration of medication, etc. \* Respite, presence and supervision.

**Eligibility:** seniors, persons in loss of autonomy, persons or families needing home support

**Coverage area:** MRC Joliette

**Fees:** variable

**Financing:** self-financing, provincial

**Legal status:** Cooperative

**MAISONS D'À CÔTÉ DE LANAUDIÈRE (LES)**

639 Henri-Châlin Street, Joliette, Lanaudière, QC, J6E 0A4

**438 863-9323** Fax: 450 398-0790

**Website:** [www.lesmaisonsdacotelanaudiere.com](http://www.lesmaisonsdacotelanaudiere.com)

**Email:** [Imac@videotron.ca](mailto:Imac@videotron.ca)

**Services:** Adapted housing for people with a physical disability. \* Beneficiary attendant available 24/7. \* Presence of nurses. \* Community worker. \* Home support: personal care and domestic help. \* Assistance in finding accessible and adapted housing. \* Housing adaptations. \* Rent supplement.

**Eligibility:** people 18 to 65 years old with a physical disability

**Capacity:** 9 per residence

**Coverage area:** Lanaudière

**Hours:** 24 hours / 7 days

**Fees:** low-income housing

**Financing:** self-financing

**Legal status:** non-profit organization

**Housing for seniors****CENTRE D'HÉBERGEMENT PARPHILIA-FERLAND**

1000 Sainte-Anne Boulevard, Saint-Charles-Borromée, Lanaudière, QC, J6E 6J2

**450 759-1764**

**Website:** [www.cisss-lanaudiere.gouv.qc.ca](http://www.cisss-lanaudiere.gouv.qc.ca)

**Services:** Public care centre for seniors and people with a loss of autonomy. \* Housing and long term cares.

**Eligibility:** seniors and people with a loss of autonomy

**Coverage area:** Lanaudière

**Financing:** provincial

**Legal status:** parapublic organization

**CENTRE D'HÉBERGEMENT SAINT-EUSÈBE**

585 Manseau Boulevard, Joliette, Lanaudière, QC, J6E 3E5

**450 759-1662**

**Website:** [www.cisss-lanaudiere.gouv.qc.ca](http://www.cisss-lanaudiere.gouv.qc.ca)

**Services:** Public care centre for seniors and people with a loss of autonomy. \* Housing and long term cares.

**Eligibility:** seniors and people with a loss of autonomy

**Coverage area:** Lanaudière

**Financing:** provincial

**Legal status:** parapublic organization

**CENTRE D'HÉBERGEMENT SYLVIE-LESPÉRANCE**

200 Marie-Curie Street, Joliette, Lanaudière, QC, J6E 7M7

**450 756-2300**

**Website:** www.cisss-lanaudiere.gouv.qc.ca

**Services:** Public care centre for seniors and people with a loss of autonomy. \* Housing and long term cares.

**Eligibility:** seniors and people with a loss of autonomy

**Coverage area:** Lanaudière

**Financing:** provincial

**Legal status:** parapublic organization

**MAISON MÉMOIRE DU COEUR**

77 du Docteur-Jean-Paul-Mireault Street, Saint-Charles-Borromée, Lanaudière, QC, J6E 9C5

**450 760-3345 ext. 5 Fax:** 450 760-3705

**Website:** www.maisonmemoireducoeur.com

**Email:** info@maisonmemoireducoeur.com

**Services:** Participatory and family-friendly living environment adapted for people with Alzheimer's disease. \* Private housing and housing in intermediate resource. \* Respite care service Au cour de l'Être: brainstorming, zootherapy, physical activity, spirituality, crafts, board games.

**Eligibility:** people with Alzheimer's disease, their caregivers

**Capacity:** private housing: 10 places, housing in intermediate resource: 26 places, respite care: 18 places

**Coverage area:** Lanaudière

**Hours:** administration: Monday to Friday 9h00 to 12h00 and 13h00 to 17h00

**Fees:** private housing: on request, housing in intermediate resource: variable according to income

**Financing:** provincial, self-financing

**Legal status:** non-profit organization

**MAISONS D'À CÔTÉ DE LANAUDIÈRE (LES)**

639 Henri-Châlin Street, Joliette, Lanaudière, QC, J6E 0A4

**438 863-9323 Fax:** 450 398-0790

**Website:** www.lesmaisonsdacotelanaudiere.com

**Email:** lmac@videotron.ca

**Services:** Adapted housing for people with a physical disability. \* Beneficiary attendant available 24/7. \*

Presence of nurses. \* Community worker. \* Home support: personal care and domestic help. \* Assistance in finding accessible and adapted housing. \* Housing adaptations. \* Rent supplement.

**Eligibility:** people 18 to 65 years old with a physical disability

**Capacity:** 9 per residence

**Coverage area:** Lanaudière

**Hours:** 24 hours / 7 days

**Fees:** low-income housing

**Financing:** self-financing

**Legal status:** non-profit organization

**OFFICE D'HABITATION AU COUR DE CHEZ NOUS**

1 Robitaille Street, Saint-Thomas, Lanaudière, QC, J0K 3L0

**450 750-5091**

**Email:** direction@ohcoeur.ca

**Services:** Manage and administer housing and housing programs. \* Low-rent housing (HLM). \* Rent supplement program (PSL). \* Québec affordable housing program (LAQ). \* Referral service. \* Accès Logis program.

**Eligibility:** individuals and families on a low and moderate income

**Capacity:** 137 units

**Coverage area:** Crabtree, Notre-Dame-De-Lourdes, Saint-Ambroise-De-Kildare, Saint-Charles-Borromée, Saint-Paul, Saint-Thomas, Sainte-Mélanie

**Financing:** provincial

**Legal status:** municipal agency

### OFFICE MUNICIPAL D'HABITATION DE JOLIETTE

315, rue Flamand, Joliette, Lanaudière, QC, J6E 7H7

**450 759-1093 Fax:** 450 759-6547

**Email:** omhj@videotron.ca

**Services:** Management and administration of housing and housing programs. \* Low income housing (HLM). \* Rent supplement program (PSL). \* Québec affordable housing program (LAQ). \* Referral service. \* Accès Logis program.

**Eligibility:** individuals, seniors and families on a low and moderate income

**Capacity:** 501 units

**Coverage area:** Joliette

**Financing:** provincial, municipal

**Legal status:** municipal agency

### RÉSIDENCE D'AILLEBOUST DE SAINTE-MÉLANIE

1090 Principale Road, Sainte-Mélanie, Lanaudière, QC, J0K 3A0

**450 889-1800**

**Email:** residencedailleboust@outlook.com

**Services:** Housing for seniors.

**Eligibility:** autonomous people aged 65 years and over on a low and modest income

**Capacity:** 20 units

**Coverage area:** Sainte-Mélanie

**Financing:** municipal, self-financing

**Legal status:** non-profit organization

## Intergenerational activities

### MAISON DES GRANDS-PARENTS DU GRAND JOLIETTE (LA)

200 Salaberry Street, Suite 203-205, Joliette, Lanaudière, QC, J6E 4G1

**450 394-4100 Fax:** 450 394-4200

**Website:** www.mgpjoliette.wordpress.com

**Email:** mgpjoliette@hotmail.ca

**Services:** Intergeneration and intragenerational activities. \* Activities in schools and community organizations. \* Basic education workshops at the Dominique-Savio school at Notre-Dame-des-Prairies. \* Daycare and drop-in centre at the Maison Parent-Aise. \* Reading of stories. \* Homework help at the Native Friendship Centre of Lanaudière. \* Preparation and distribution of meals. \* Intergenerational and urban knitting. \* Parties and various events. \* Monthly volunteer dinner.

**Eligibility:** people 50 years and over

**Coverage area:** MRC Joliette

**Hours:** Tuesday to Thursday 8h30 to 16h30

**Fees:** membership: free or voluntary contribution

**Financing:** contributions, Centraide Lanaudière, provincial, donations

**Legal status:** non-profit organization

## Meals on Wheels

### ANNEXE À ROLAND (L')

400 Baby Street, Joliette, Lanaudière, QC, J6E 2W1

**450 916-1536** Fax: 450 756-2245

**Website:** www.lannexearoland.com

**Email:** lannexe@bellnet.ca

**Services:** Bistro with a professional integration program. \* Prepared dishes at affordable prices, dining room open to the public, delivery. \* Expl'or program: employability program with individualized support. \* Room rental.

**Eligibility:** Expl'or program: people aged 18 and over far from the labour market, bistro: general public

**Coverage area:** Joliette

**Hours:** Monday to Thursday 9h00 to 16h00

**Fees:** variable

**Financing:** provincial

**Legal status:** non-profit organization

### CENTRE D'ACTION BÉNÉVOLE ÉMILIE-GAMELIN

80 Wilfrid-Ranger Street, Saint-Charles-Borromée, Lanaudière, QC, J6E 8M7

**450 756-2005** Fax: 450 755-4649

**Website:** www.emiliegamelin.qc.ca

**Email:** ann.soucy@emiliegamelin.qc.ca

**Services:** \* Meals on wheels. \* Friendship visits and calls. \* Information and referrals. \* Help with forms and accompaniment of seniors in the proces. \* Support group for caregivers. \* Recreational, physical and social activities: knitting group, yoga, dance classes, exercise sessions, board games. \* Recruitment, reception, referral and training of volunteers. \* Community and volunteer action development. \* On-site commissioner of oaths. \* Tax clinic.

**Eligibility:** seniors, family caregivers, socially isolated people, people in vulnerable situations, volunteers, organizations

**Coverage area:** MRC Joliette

**Hours:** Monday to Friday 8h30 to 12h00 and 13h00 to 16h30, meals on wheels: Monday to Friday at 12h00

**Fees:** annual membership: \$20

**Financing:** membership fees, donations, fundraising campaigns

**Legal status:** non-profit organization

## Seniors' Advocacy and Assistance Associations

### CENTRE D'ASSISTANCE ET D'ACCOMPAGNEMENT AUX PLAINTES - LANAUDIÈRE

1446 de Lanaudière Street, Joliette, Lanaudière, QC, J6E 3P2

**1 800 882-5622** Fax: 450 759-5678

**Website:** www.caaplanaudiere.com/en

**Email:** caaplanaudiere@qc.aira.com

**Services:** Assistance and accompaniment for people who wish to file a complaint regarding services that they have had or should have received in the health and social services network. \* Public establishments: CLSC, hospitals, residential and extended care centres, youth centres, rehabilitation centres. \* Intermediate resources: chartered or self-financed private residences, family resources. \* Community organizations in the health and social services sector, or operating a function or activities for the ASSS: pre-hospital emergency services, ambulance services. \* Accompaniment for seniors who have a lease problem in a private seniors' residence.

**Eligibility:** health and social services network users, tenants in private seniors' residences

**Coverage area:** Lanaudière

**Hours:** Monday to Friday 8h30 to 12h00 and 13h00 to 16h30

**Fees:** none

**Financing:** provincial

**Legal status:** non-profit organization

### **FADOQ - LANAUDIÈRE REGION**

626 Manseau Boulevard, Joliette, Lanaudière, QC, J6E 3E6

**450 759-7422**

**Website:** [www.fadoq.ca/lanaudiere](http://www.fadoq.ca/lanaudiere)

**Email:** [info@fadoqlanaudiere.ca](mailto:info@fadoqlanaudiere.ca)

**Services:** Grouping people 50 years and over and representing them in instances requiring the defense of their rights and needs. \* Organization of recreational and sporting activities. \* Privilege Program giving access to discounts on various products and services.

**Eligibility:** people 50 years and over

**Coverage area:** Lanaudière

**Hours:** Monday to Thursday 8h30 to 12h00 and 13h00 to 17h00, Friday 8h00 to 13h00

**Fees:** membership: \$30 per year or \$50 for 2 years

**Financing:** contributions, provincial

**Legal status:** non-profit organization

### **LEGAL AID OFFICE - JOLIETTE**

440 Saint-Louis Street, Joliette, Lanaudière, QC, J6E 2Y8

**450 759-2500 Fax:** 450 759-8682

**Website:** [www.ccjll.qc.ca](http://www.ccjll.qc.ca)

**Email:** [bajjoli@ccjll.qc.ca](mailto:bajjoli@ccjll.qc.ca)

**Services:** Free or low cost legal services to eligible individuals. \* Receive and process legal aid requests.

**Eligibility:** person or non-profit organization residing in Quebec or forced to remain in Quebec, financially eligible, and with a legal need that is covered by the Law

**Coverage area:** Joliette

**Hours:** Monday to Friday 8h30 to 12h00 and 13h00 to 16h30, by appointment only, except emergency

**Fees:** people may be eligible for free legal aid or contributory legal aid between \$100 and \$800, depending on their financial situation, see scale on website

**Financing:** provincial

**Legal status:** parapublic organization

### **TABLE RÉGIONALE DE CONCERTATION DES ÂÎNÉS DE LANAUDIÈRE**

688 Manseau Boulevard, Joliette, Lanaudière, QC, J6E 3E6

**514 928-0147**

**Website:** [talanaudiere.org](http://talanaudiere.org)

**Email:** [info@talanaudiere.org](mailto:info@talanaudiere.org)

**Services:** Grouping seeking to allow seniors to have access to a regional place of exchange, concertation and partnership. \* Support and promotion of organization working with seniors. \* Contribution to economic, social and cultural development in the region. \* Facilitates concertation between seniors associations and partner organizations. \* Presentation of advice to governmental organizations. \* Conferences, regional events.

**Eligibility:** seniors organizations working with seniors

**Coverage area:** Lanaudière

**Hours:** Monday to Thursday 9h00 to 16h30

**Financing:** provincial

**Legal status:** non-profit organization



## Volunteer Transportation

### AUX BONHEURS DES AÎNÉS LANAUDIÈRE - ACCOMPANIMENT-TRANSPORTATION

33 8e Rue, Crabtree, Lanaudière, QC, J0K 1B0

**450 754-2348**

**Email:** abdalanaudiere@gmail.com

**Services:** Accompaniment and transportation for medical appointments, outings and shopping by volunteers.

**Eligibility:** seniors 55 years old and over

**Coverage area:** Crabtree, Saint-Paul, Sainte-Marie-Salomé, Saint-Thomas, Saint-Liguori, Village Saint-Pierre

**Hours:** Monday to Thursday 9h00 to 16h00

**Fees:** fixed fee according to the trip, annual subscription: \$15

**Financing:** provincial, donations

**Legal status:** non-profit organization

### CENTRE D'ACTION BÉNÉVOLE ÉMILIE-GAMELIN - ACCOMPAGNEMENT-TRANSPORT

80 Wilfrid-Ranger Street, Saint-Charles-Borromée, Lanaudière, QC, J6E 8M7

**450 756-2005** Fax: 450 755-4649

**Website:** www.emiliegamelin.qc.ca

**Email:** info@emiliegamelin.qc.ca

**Services:** \* Transportation and accompaniment to medical and socio-legal appointments by a volunteer.

**Eligibility:** seniors, persons in temporary or permanent loss of autonomy, persons in vulnerable situations

**Coverage area:** MRC Joliette, accompaniment and transportation: Lanaudière and outside the region according to needs

**Hours:** Monday to Friday 8h30 to 12h00 and 13h00 to 16h30

**Fees:** annual membership: \$20

**Financing:** membership fees

**Legal status:** non-profit organization

**Sex and gender**

**WOMEN'S ASSOCIATIONS**

## Women's associations

### COMMISSION DE L'ÉQUITÉ SALARIALE - LANAUDIÈRE - DE LANAUDIÈRE

432 De Lanaudière Street, Joliette, Lanaudière, QC, J6E 7N2

**1 844 838-0808** Fax: 514 864-6756

**Website:** [www.cnesst.gouv.qc.ca](http://www.cnesst.gouv.qc.ca)

**Email:** [equite.salariale@ces.gouv.qc.ca](mailto:equite.salariale@ces.gouv.qc.ca)

**Services:** Support and assistance to employers who must achieve pay equity in their company and to employees wishing to obtain information or exercise their rights. \* Front-line telephone service to answer general questions on the application of the Pay Equity Act. \* Specialized assistance to understand more complex or technical aspects of the Act. \* Conciliation services to promote the settlement of disagreements. \* Investigations following complaints or different subjected by the parties or on its own initiative. \* Software package to achieve pay equity: computer tool that allows employers to realize their pay equity exercise autonomously, available on the website. \* Information lectures on Pay Equity Act and its application, available upon request for groups of employers, employees, or any other grouping wishing to obtain information on pay equity. \* Tool development and training accessible free of charge in all regions of Québec. \* Research activities.

**Eligibility:** employees, mostly women who occupy predominantly female job classes, accredited associations and employers

**Coverage area:** Province of Québec

**Hours:** Monday to Friday 8h30 to 12h00 and 13h00 to 16h30, except legal holidays

**Financing:** provincial

**Legal status:** provincial government agency

### TABLE DE CONCERTATION DES GROUPES DE FEMMES DE LANAUDIÈRE

144 Saint-Joseph Street, Suite 214, Joliette, Lanaudière, QC, J6E 5C4

**450 752-0049** Fax: 450 760-3586

**Website:** [femmeslanaudiere.org](http://femmeslanaudiere.org)

**Email:** [tcgfl@bellnet.ca](mailto:tcgfl@bellnet.ca)

**Services:** Regional feminist group working for the collective defence of women's rights with a mission to improve the living and health conditions of Lanaudière women. \* Concertation. \* Mobilization. \* Popular education and awareness. \* Political activities with women's groups on various issues.

**Eligibility:** organizations working with women or with a women component

**Coverage area:** Lanaudière

**Hours:** Monday to Friday 9h00 to 17h00

**Financing:** grants

**Legal status:** non-profit organization

**Sports, Recreation and Culture**

**CLUBS AND SOCIAL EVENTS**

**COMMUNITY RECREATION CENTRES**

**HOBBIES**

**SPORT**

**SPORTS AND RECREATION FOR PEOPLE WITH A DISABILITY**

## Clubs and social events

### ASSOCIATION QUÉBEC-FRANCE - LANAUDIÈRE

Confidential Address

**Website:** [www.quebecfrancelanaudiere.org](http://www.quebecfrancelanaudiere.org)

**Email:** [presidente@quebecfrancelanaudiere.org](mailto:presidente@quebecfrancelanaudiere.org)

**Services:** Development of a direct and privileged France-Québec relation. \* Dinner and conferences. \* Intermunicipal work exchange program for youth. \* Slam-poetry contest. \* Trips to France. \* Reciprocity housing. \* Cultural activities.

**Eligibility:** Francophiles and French language defenders

**Coverage area:** Lanaudière

**Fees:** annual membership: \$30 individual, \$55 couple, \$60 organization

**Financing:** membership fees

**Legal status:** non-profit organization

### AUX BONHEURS DES AÎNÉS LANAUDIÈRE

33 8th Street, Crabtree, Lanaudière, QC, J0K 1B0

**450 754-2348**

**Email:** [abdalanaudiere@gmail.com](mailto:abdalanaudiere@gmail.com)

**Services:** \* Meeting place. \* Friendly calls. \* Healthy cooking workshops. \* Walking club. \* Puzzle loans. \* Activities, workshops and conferences. \* Monthly newsletter. \* Seniors' house. \* Christmas meal.

**Eligibility:** seniors 55 years old and over

**Coverage area:** Crabtree, Saint-Paul, Sainte-Marie-Salomé, Saint-Thomas, Saint-Liguori, Saint-Pierre

**Hours:** Monday and Wednesday 9h00 to 12h00, Tuesday and Thursday 9h00 to 16h00

**Financing:** provincial, donations

**Legal status:** non-profit organization

### FADOQ - LANAUDIÈRE REGION

626 Manseau Boulevard, Joliette, Lanaudière, QC, J6E 3E6

**450 759-7422**

**Website:** [www.fadoq.ca/lanaudiere](http://www.fadoq.ca/lanaudiere)

**Email:** [info@fadoqlanaudiere.ca](mailto:info@fadoqlanaudiere.ca)

**Services:** Grouping people 50 years and over and representing them in instances requiring the defense of their rights and needs. \* Organization of recreational and sporting activities. \* Privilege Program giving access to discounts on various products and services.

**Eligibility:** people 50 years and over

**Coverage area:** Lanaudière

**Hours:** Monday to Thursday 8h30 to 12h00 and 13h00 to 17h00, Friday 8h00 to 13h00

**Fees:** membership: \$30 per year or \$50 for 2 years

**Financing:** contributions, provincial

**Legal status:** non-profit organization

### MON AFRIQUE À LANAUDIÈRE

Confidential Address

**418 571-0289**

**Email:** [monalanaudiere@gmail.com](mailto:monalanaudiere@gmail.com)

**Services:** To promote African culture in Joliette and its surroundings by explaining the different ways of life through social and cultural activities, videos and conferences. \* Fashion shows, craft exhibitions, dinners and dances.

**Eligibility:** general public

**Coverage area:** Lanaudière

**Hours:** by appointment

**Fees:** annual membership card: \$5

**Financing:** self-financing

**Legal status:** non-profit organization

## Community recreation centres

### FADOQ - LANAUDIÈRE REGION

626 Manseau Boulevard, Joliette, Lanaudière, QC, J6E 3E6

**450 759-7422**

**Website:** [www.fadoq.ca/lanaudiere](http://www.fadoq.ca/lanaudiere)

**Email:** [info@fadoqlanaudiere.ca](mailto:info@fadoqlanaudiere.ca)

**Services:** Grouping people 50 years and over and representing them in instances requiring the defense of their rights and needs. \* Organization of recreational and sporting activities. \* Privilege Program giving access to discounts on various products and services.

**Eligibility:** people 50 years and over

**Coverage area:** Lanaudière

**Hours:** Monday to Thursday 8h30 to 12h00 and 13h00 to 17h00, Friday 8h00 to 13h00

**Fees:** membership: \$30 per year or \$50 for 2 years

**Financing:** contributions, provincial

**Legal status:** non-profit organization

### MAISON DES JEUNES DE CRABTREE

25 8th Street, Crabtree, Lanaudière, QC, J0K 1B0

**450 754-3334**

**Website:** [mdjcrabtree.weebly.com](http://mdjcrabtree.weebly.com)

**Email:** [mdjcrabtree@hotmail.fr](mailto:mdjcrabtree@hotmail.fr)

**Services:** Animated meeting place for teenagers. \* Prevention, support and intervention activities. \* Social, cultural and recreational activities.

**Eligibility:** teenagers from 12 to 18 years old

**Coverage area:** Crabtree

**Hours:** Tuesday to Thursday 17h00 à 21h00, Friday 18h00 à 22h00

**Financing:** self-financing

**Legal status:** non-profit organization

### MAISON DES JEUNES DU GRAND JOLIETTE

46 Gauthier Street North, Notre-Dame-des-Prairies, Lanaudière, QC, J6E 1V1

**450 756-4794** Fax: 450 756-6378

**Website:** [www.maisondesjeunesgrandjoliette.org](http://www.maisondesjeunesgrandjoliette.org)

**Email:** [coordination@maisondesjeunesgrandjoliette.org](mailto:coordination@maisondesjeunesgrandjoliette.org)

**Services:** Centre for youth from 12 to 17 years old. \* Support, information and reference. \* Food assistance. \* Cultural, educational, recreational, social and sports projects, by and for the youth. \* Learning of citizenship, prevention and promotion of healthy life habits. \* Self-financing activities. \* Specific hours for 10 to 12 years old to familiarize themselves with the Maison des jeunes. \* Kitchen, game room, music studio, art room and courtyard for playing sports.

**Eligibility:** youth 12 to 17 years old

**Capacity:** COVID-19: 6 youths by reservation

**Coverage area:** Greater Joliette: Joliette, Notre-Dame-des-Prairies, Saint-Charles-Borromée, Saint-Paul, Saint-Ambroise, Notre-Dame-de-Lourdes, Village Saint-Pierre, Saint-Thomas

**Hours:** Wednesday and Saturday 16h30 to 19h30, virtual Mondays for 10 to 12 year olds: 17h00 to 20h00

**Fees:** none

**Financing:** grants, donations, self-financing

**Legal status:** non-profit organization

## Hobbies

### AUX BONHEURS DES AÎNÉS LANAUDIÈRE

33 8th Street, Crabtree, Lanaudière, QC, J0K 1B0

**450 754-2348**

**Email:** abdalanaudiere@gmail.com

**Services:** \* Meeting place. \* Friendly calls. \* Healthy cooking workshops. \* Walking club. \* Puzzle loans. \* Activities, workshops and conferences. \* Monthly newsletter. \* Seniors' house. \* Christmas meal.

**Eligibility:** seniors 55 years old and over

**Coverage area:** Crabtree, Saint-Paul, Sainte-Marie-Salomé, Saint-Thomas, Saint-Liguori, Saint-Pierre

**Hours:** Monday and Wednesday 9h00 to 12h00, Tuesday and Thursday 9h00 to 16h00

**Financing:** provincial, donations

**Legal status:** non-profit organization

### CENTRE D'ACTION BÉNÉVOLE ÉMILIE-GAMELIN

80 Wilfrid-Ranger Street, Saint-Charles-Borromée, Lanaudière, QC, J6E 8M7

**450 756-2005** Fax: 450 755-4649

**Website:** www.emiliegamelin.qc.ca

**Email:** ann.soucy@emiliegamelin.qc.ca

**Services:** \* Meals on wheels. \* Friendship visits and calls. \* Information and referrals. \* Help with forms and accompaniment of seniors in the proces. \* Support group for caregivers. \* Recreational, physical and social activities: knitting group, yoga, dance classes, exercise sessions, board games. \* Recruitment, reception, referral and training of volunteers. \* Community and volunteer action development. \* On-site commissioner of oaths. \* Tax clinic.

**Eligibility:** seniors, family caregivers, socially isolated people, people in vulnerable situations, volunteers, organizations

**Coverage area:** MRC Joliette

**Hours:** Monday to Friday 8h30 to 12h00 and 13h00 to 16h30, meals on wheels: Monday to Friday at 12h00

**Fees:** annual membership: \$20

**Financing:** membership fees, donations, fundraising campaigns

**Legal status:** non-profit organization

### MAISON DES GRANDS-PARENTS DU GRAND JOLIETTE (LA)

200 Salaberry Street, Suite 203-205, Joliette, Lanaudière, QC, J6E 4G1

**450 394-4100** Fax: 450 394-4200

**Website:** www.mgpjoliette.wordpress.com

**Email:** mgpjoliette@hotmail.ca

**Services:** Intergeneration and intragenerational activities. \* Activities in schools and community organizations. \* Basic education workshops at the Dominique-Savio school at Notre-Dame-des-Prairies. \* Daycare and drop-in centre at the Maison Parent-Aise. \* Reading of stories. \* Homework help at the Native Friendship Centre of Lanaudière. \* Preparation and distribution of meals. \* Intergenerational and urban knitting. \* Parties and various events. \* Monthly volunteer dinner.

**Eligibility:** people 50 years and over

**Coverage area:** MRC Joliette

**Hours:** Tuesday to Thursday 8h30 to 16h30

**Fees:** membership: free or voluntary contribution

**Financing:** contributions, Centraide Lanaudière, provincial, donations

**Legal status:** non-profit organization

**MAISON PARENT-AISE**

98 Saint-Pierre Street South, Joliette, Lanaudière, QC, J6E 5Y6

**450 752-0582**

**Website:** maisonparentaise.com

**Email:** parent-aise@videotron.ca

**Services:** Support house for parents. \* Drop-in and drop-in daycare. \* Clothing counter. \* Les Grenouilles Bleues: pre-school preparatory workshops. \* Training for parents. \* Recreational activities. \* Parent-child workshops. \* Culinary workshops.

**Eligibility:** parents with a child aged between 0 and 17 years old, drop-in: children from 0 to 5 years old, Les Grenouilles Bleues: children from 3 to 5 years old

**Coverage area:** MRC Joliette

**Hours:** Monday to Thursday 8h00 to 16h00, Friday 8h00 to 12h00

**Fees:** membership card: \$5 per year per family, activities: low cost

**Financing:** provincial, self-financing

**Legal status:** non-profit organization

**MAISON POPULAIRE DE JOLIETTE**

712 De Lanaudière Street, Joliette, Lanaudière, QC, J6E 3N1

**450 759-7977 Fax:** 450 759-7977

**Website:** www.maisonpopulaire.org

**Email:** info@maisonpopulaire.org

**Services:** Place of autonomous popular education. \* Reception: coffee, juice and snacks. \* Animations. \* Information, referral and accompaniment. \* Listening and helping relationship. \* Help to fill out forms. \* Tax clinic. \* Introduction to computers.

**Eligibility:** economically disadvantaged people

**Coverage area:** MRC Joliette

**Hours:** Monday, Wednesday and Thursday 9h00 to 12h00, 13h00 to 15h30 and 16h00 to 20h00, Tuesday 13h00 to 15h30 and 16h00 to 20h00, Friday 9h00 to 12h00 and 13h00 to 15h30

**Fees:** member: \$20 per year per person, \$30 per year for community organizations

**Financing:** membership fees, donations, Centraide Lanaudière

**Legal status:** non-profit organization

**SOCIÉTÉ DE L'AUTISME RÉGION LANAUDIÈRE**

584 Almira-S.-Choinière Street, Joliette, Lanaudière, QC, J6E 0K5

**450 759-9788**

**Website:** www.autismelanaudiere.org

**Email:** sarl@autisme-lanaudiere.org

**Services:** \* Information, listening and referral. \* Conferences and trainings. \* Resource and documentation centres with appointment. \* Awareness. \* Coffee-chats for parents. \* Advocacy, accompaniment. \* Assistance to get grants. \* Azimut workshop for teenagers. \* Activities for adults. \* Day centre: physical, artistic, cooking and sensory activities, zootherapy, music therapy.

**Eligibility:** people with an autism spectrum disorder (TSA), their families, general public

**Coverage area:** Lanaudière

**Hours:** Monday to Friday 8h00 to 16h00

**Fees:** annual contribution: famille: \$25, participating member: \$25, individual: \$35, professional: \$50, corporate member: \$100

**Financing:** contributions

**Legal status:** non-profit organization



## Sport

### ASSOCIATION RÉGIONALE DE LA FIBROMYALGIE DE LANAUDIÈRE

762A de l'Industrie Boulevard, Saint-Paul, Lanaudière, QC, J0K 3E0

1 888 223-0227

**Website:** www.fibromyalgearfl.com

**Email:** info@fibromyalgearfl.com

**Services:** \* Rehabilitation activities: aquafitness. \* Social activities. \* Social network, testimony exchanges. \* Information, document loans and consultation, conferences. \* Art workshops.

**Eligibility:** people with a fibromyalgia diagnostic and relations

**Coverage area:** Lanaudière

**Hours:** Wednesday 13h00 to 16h00, Thursday 13h30 to 16h00

**Fees:** annual fees: \$20

**Financing:** fundraising campaigns, grants, contributions

**Legal status:** non-profit organization

### AUX BONHEURS DES AÎNÉS LANAUDIÈRE

33 8th Street, Crabtree, Lanaudière, QC, J0K 1B0

450 754-2348

**Email:** abdalanaudiere@gmail.com

**Services:** \* Meeting place. \* Friendly calls. \* Healthy cooking workshops. \* Walking club. \* Puzzle loans. \* Activities, workshops and conferences. \* Monthly newsletter. \* Seniors' house. \* Christmas meal.

**Eligibility:** seniors 55 years old and over

**Coverage area:** Crabtree, Saint-Paul, Sainte-Marie-Salomé, Saint-Thomas, Saint-Liguori, Saint-Pierre

**Hours:** Monday and Wednesday 9h00 to 12h00, Tuesday and Thursday 9h00 to 16h00

**Financing:** provincial, donations

**Legal status:** non-profit organization

### CENTRE D'ACTION BÉNÉVOLE ÉMILIE-GAMELIN

80 Wilfrid-Ranger Street, Saint-Charles-Borromée, Lanaudière, QC, J6E 8M7

450 756-2005 Fax: 450 755-4649

**Website:** www.emiliegamelin.qc.ca

**Email:** ann.soucy@emiliegamelin.qc.ca

**Services:** \* Meals on wheels. \* Friendship visits and calls. \* Information and referrals. \* Help with forms and accompaniment of seniors in the proces. \* Support group for caregivers. \* Recreational, physical and social activities: knitting group, yoga, dance classes, exercise sessions, board games. \* Recruitment, reception, referral and training of volunteers. \* Community and volunteer action development. \* On-site commissioner of oaths. \* Tax clinic.

**Eligibility:** seniors, family caregivers, socially isolated people, people in vulnerable situations, volunteers, organizations

**Coverage area:** MRC Joliette

**Hours:** Monday to Friday 8h30 to 12h00 and 13h00 to 16h30, meals on wheels: Monday to Friday at 12h00

**Fees:** annual membership: \$20

**Financing:** membership fees, donations, fundraising campaigns

**Legal status:** non-profit organization

## Sports and recreation for people with a disability

### ASSOCIATION DES PERSONNES HANDICAPÉES PHYSIQUES ET SENSORIELLES SECTEUR JOLIETTE

200 de Salaberry Street, Suite 134, Joliette, Lanaudière, QC, J6E 4G1

**450 759-3322** Fax: 450 759-8749

**Website:** www.aphpssj.com

**Email:** info@aphpssj.com

**Services:** Advocacy and promotion of the interests of people living with a disability. \* Accompaniment services. \* Adapted leisure activities. \* Information and referral service. \* Support in obtaining services. \* Psychosocial services for people who have sustained head injuries.

**Eligibility:** people living with a disability and their close ones

**Coverage area:** MRC Joliette

**Hours:** Monday to Thursday 8h00 to 12h00 and 12h30 to 16h30

**Fees:** membership card: \$10

**Financing:** grants, contributions

**Legal status:** non-profit organization

### ASSOCIATION DES SOURDS DE LANAUDIÈRE

200 De Salaberry Street, Suite 312, Joliette, Lanaudière, QC, J6E 4G1

**450 752-1426** Fax: 1 866 845-4350 TTY: 450 752-1426

**Website:** www.asljoliette.org

**Email:** direction@asljoliette.org

**Services:** \* Information and referral. \* Publication of a quarterly newsletter. \* Recreational activities. \* Participation in awareness programs. \* Classes to learn Québec sign language (QSL). \* Conferences, trainings, animation. \* Advocacy.

**Eligibility:** the deaf and hearing impaired

**Coverage area:** Lanaudière

**Hours:** Monday to Friday 8h30 to 16h30

**Fees:** annual membership: \$20 per individual, \$30 per couple, \$17 per individual 55 years old and over, \$25 per couple 55 years old and over, \$15 per student, \$50 per association

**Financing:** provincial, Centraide Lanaudière, membership fees

**Legal status:** non-profit organization

### ASSOCIATION RÉGIONALE DE LOISIRS POUR PERSONNES HANDICAPÉES DE LANAUDIÈRE

200 de Salaberry Street, Suite 305, Joliette, Lanaudière, QC, J6E 4G1

**450 752-2586** Fax: 450 759-8749

**Website:** www.arplhlanaudiere.org

**Email:** info@arplhlanaudiere.org

**Services:** Promotion of recreational activities for people living with a disability. \* Information and referral. \* Volunteers training. \* Recreational events. \* Regional accessibility committee. \* Management of recreation programs. \* Companion Leisure Card (CAL).

**Eligibility:** any person living with a handicap, regardless of age and disability

**Coverage area:** Lanaudière

**Financing:** provincial

**Legal status:** non-profit organization

### CORPORATION RÉPIT-DÉPANNAGE DE LANAUDIÈRE

159 Lajoie Street North, Joliette, Lanaudière, QC, J6E 5K6

**450 755-2591** Fax: 450 755-3536

**Email:** maisonclementine@hotmail.com

**Services:** Support for people with a disability. \* Respite home for people between 5 and 65 years old with an intellectual or physical disability or an autism spectrum disorder. \* Respite: on a continuous basis for up to 30 days. \* Caretaking: day or night depending on needs. \* Recreational services: activities for people 21 years old and over. \* Temporary housing: alternative service, for up to 90 consecutive days.

**Eligibility:** respite: people with an intellectual or a physical disability or an autism spectrum disorder, aged from 5 to 65 years old, recreational services: people with an intellectual or a physical disability or an autism spectrum disorder, aged 21 years and over

**Capacity:** 13 people per day

**Coverage area:** Lanaudière

**Hours:** 24 hours, 7 days

**Fees:** variable

**Financing:** grants, self-financing, provincial

**Legal status:** non-profit organization

### MOUVEMENT PERSONNE D'ABORD DE JOLIETTE

144 Saint-Joseph Street, Joliette, Lanaudière, QC, J6E 5C4

**450 755-4171**

**Email:** mpdaj@videotron.ca

**Services:** Defence of collective rights for and by people living with an intellectual disability. \* Reception, listening and referral. \* Awareness, mobilization and representation actions. \* Weekly and annual activities.

**Eligibility:** people living with an intellectual disability, their relatives

**Coverage area:** MRC Joliette

**Hours:** Monday to Friday 8h30 to 16h30

**Fees:** none

**Financing:** provincial

**Legal status:** non-profit organization

### SOCIÉTÉ DE L'AUTISME RÉGION LANAUDIÈRE

584 Almira-S.-Choinière Street, Joliette, Lanaudière, QC, J6E 0K5

**450 759-9788**

**Website:** [www.autismelanaudiere.org](http://www.autismelanaudiere.org)

**Email:** sarl@autisme-lanaudiere.org

**Services:** \* Information, listening and referral. \* Conferences and trainings. \* Resource and documentation centres with appointment. \* Awareness. \* Coffee-chats for parents. \* Advocacy, accompaniment. \* Assistance to get grants. \* Azimut workshop for teenagers. \* Activities for adults. \* Day centre: physical, artistic, cooking and sensory activities, zootherapy, music therapy.

**Eligibility:** people with an autism spectrum disorder (TSA), their families, general public

**Coverage area:** Lanaudière

**Hours:** Monday to Friday 8h00 to 16h00

**Fees:** annual contribution: famille: \$25, participating member: \$25, individual: \$35, professional: \$50, corporate member: \$100

**Financing:** contributions

**Legal status:** non-profit organization

**Thrift store and material aid**

**CLOTHING**

**DONATION PICK-UPS**

**SCHOOL SUPPLIES**

**THRIFT STORES**

**USED ITEM DONATION RECOVERY PROGRAMS**

## Clothing

### BONNE ÉTOILE JOLIETTE (LA)

517 Archambault Street, Joliette, Lanaudière, QC, J6E 2W6

**450 759-8853** Fax: 450 759-8333

**Website:** www.la-bonne-etoile.org

**Email:** labonneetoile@videotron.ca

**Services:** \* Day centre. \* Telephone intervention. \* Thematic workshops. \* Advocacy. \* Sports and cultural activities. \* Help for social reinsertion. \* Clothing bank.

**Eligibility:** people with a mental health problem

**Coverage area:** Joliette and surroundings

**Hours:** Monday, Tuesday, Thursday, Friday 10h00 to 16h00, Wednesday 13h00 to 16h00

**Fees:** free

**Financing:** provincial

**Legal status:** non-profit organization

### ENTRAIDE COMMUNAUTAIRE SAINTE-MÉLANIE

910 Principale Road, Sainte-Mélanie, Lanaudière, QC, J0K 3A0

**450 889-5871 ext. 227**

**Email:** entraidecommunautairestm@gmail.com

**Services:** \* Food and material assistance. \* Emergency food and material assistance. \* Thrift store: children's clothing, books, toys and sports items for children. \* Christmas baskets.

**Eligibility:** people and families on a low income

**Coverage area:** Sainte-Mélanie

**Hours:** Tuesday 13h30 to 15h30, food assistance: Friday

**Fees:** food basket: \$5 per person, \$10 for 2 people and over

**Financing:** donations, self-financing

**Legal status:** non-profit organization

### ORIGNAL TATOUÉ, CAFÉ DE RUE

144 Saint-Joseph Street, Joliette, Lanaudière, QC, J6E 5C4

**450 394-4384**

**Email:** lorignaltatoue@gmail.com

**Services:** Place of listening and support. \* Help, listening and referral. \* Emergency assistance: food assistance, personal hygiene products, menstrual hygiene products, warm clothes, condoms. \* Recovery of used syringes. \* Assistance in French and mathematics. \* Monthly visit by a nurse: samples, screening, vaccination and answer to health questions. \* Prevention and education activities.

**Eligibility:** young people aged 16 to 30 in a situation of social or family breakdown or experiencing difficulties related to drug addiction, homelessness and mental health problems

**Capacity:** 10 people

**Coverage area:** Joliette

**Hours:** Tuesday to Friday 12h00 to 16h00

**Fees:** none

**Financing:** donations, municipal, provincial, federal

**Legal status:** non-profit organization

### SOCIÉTÉ DE SAINT-VINCENT-DE-PAUL - CONSEIL PARTICULIER DE JOLIETTE

465 Laval Street, Joliette, Lanaudière, QC, J6E 5G9

**450 759-4862**

**Website:** ssvp-joliette.com

**Email:** ssvpjoliette@videotron.ca

**Services:** \* Material assistance: food, clothing, furniture, school supplies. \* Referral to other community organizations. \* Christmas baskets.

**Eligibility:** individuals and families on a low income

**Coverage area:** Crabtree, Joliette, Notre-Dame-des-Prairies, Saint-Charles-Borromée

**Hours:** material assistance: by appointment

**Fees:** variable

**Financing:** donations

**Legal status:** non-profit organization

## Donation pick-ups

### SOCIÉTÉ DE SAINT-VINCENT-DE-PAUL - CONSEIL PARTICULIER DE JOLIETTE - USED ITEMS RECOVERY

740 Saint-Antoine Street, Joliette, Lanaudière, QC, J6E 3S5

**450 759-0672**

**Website:** [ssvp-joliette.com/les-magasins](http://ssvp-joliette.com/les-magasins)

**Email:** [ssvp740@videotron.ca](mailto:ssvp740@videotron.ca)

**Services:** \* Recovery of used items on site and at-home: furniture, books, dishes, toys, appliances, clothes, trinkets and others. \* Two on-site recovery addresses: Boutique at 757-763 Saint-Antoine Street and thrift store at 740 Saint-Antoine Street.

**Coverage area:** Crabtree, Joliette, Notre-Dame-de-Lourdes, Notre-Dame-des-Prairies, Saint-Ambroise-de-Kildare, Saint-Charles-Borromée, Saint-Félix-de-Valois, Saint-Jacques, Saint-Liguori, Saint-Paul, Saint-Thomas, Sainte-Élisabeth, Sainte-Marie-Salomé and Sainte-Mélanie

**Hours:** by appointment, Tuesday to Friday 9h00 to 17h00, Saturday 9h00 to 16h00

**Financing:** donations, provincial, federal

**Legal status:** non-profit organization

## School supplies

### CENTRE D'AMITIÉ AUTOCHTONE DE LANAUDIÈRE

523 Sainte-Anne Boulevard, Joliette, Lanaudière, QC, J6E 5A3

**450 760-3865** Fax: 450 760-9923

**Website:** [www.caalanaudiere.ca](http://www.caalanaudiere.ca)

**Email:** [info@caalanaudiere.ca](mailto:info@caalanaudiere.ca)

**Services:** \* Information and referral. \* Accompaniment and support services in different procedures by an outreach worker. \* Programme d'aide préscolaire autochtone pour les communautés urbaines et nordique (PAPACUN): activities related to culture, health, nutrition and education for children from 0 to 5 years old and their families. \* Educational services: homework help for elementary and secondary students, workspace, liaison between families and schools, low-cost school store, individual support for students and families. \* Cultural and educational activities. \* Youth activities for 12 to 17 year olds. \* Youth Council made up of 7 young people aged 14 to 22. \* Summer youth day camp program.

**Eligibility:** native people of all ages

**Coverage area:** Joliette

**Hours:** Tuesday and Thursday 9h00 to 16h00

**Fees:** none

**Financing:** municipal, provincial, federal, Centraide Lanaudière

**Legal status:** non-profit organization

### SOCIÉTÉ DE SAINT-VINCENT-DE-PAUL - CONSEIL PARTICULIER DE JOLIETTE

465 Laval Street, Joliette, Lanaudière, QC, J6E 5G9

**450 759-4862**

**Website:** [ssvp-joliette.com](http://ssvp-joliette.com)

**Email:** [ssvpjoliette@videotron.ca](mailto:ssvpjoliette@videotron.ca)

**Services:** \* Material assistance: food, clothing, furniture, school supplies. \* Referral to other community organizations. \* Christmas baskets.

**Eligibility:** individuals and families on a low income

**Coverage area:** Crabtree, Joliette, Notre-Dame-des-Prairies, Saint-Charles-Borromée

**Hours:** material assistance: by appointment

**Fees:** variable

**Financing:** donations

**Legal status:** non-profit organization

## Thrift Stores

### BONNE ÉTOILE JOLIETTE (LA)

517 Archambault Street, Joliette, Lanaudière, QC, J6E 2W6

**450 759-8853** Fax: 450 759-8333

**Website:** [www.la-bonne-etoile.org](http://www.la-bonne-etoile.org)

**Email:** [labonneetoile@videotron.ca](mailto:labonneetoile@videotron.ca)

**Services:** \* Day centre. \* Telephone intervention. \* Thematic workshops. \* Advocacy. \* Sports and cultural activities. \* Help for social reinsertion. \* Clothing bank.

**Eligibility:** people with a mental health problem

**Coverage area:** Joliette and surroundings

**Hours:** Monday, Tuesday, Thursday, Friday 10h00 to 16h00, Wednesday 13h00 to 16h00

**Fees:** free

**Financing:** provincial

**Legal status:** non-profit organization

### COMPTOIR VESTIMENTAIRE NOTRE-DAME-DE-LOURDES

3938 Principale Street, Notre-Dame-de-Lourdes, Lanaudière, QC, J0K 1K0

**450 755-4555**

**Services:** Recovery and sale of used items: clothing, shoes, bags, dishes, decorations, small household appliances, toys, etc.

**Eligibility:** general public

**Coverage area:** Notre-Dame-de-Lourdes

**Hours:** Tuesday 9h00 to 15h00, Saturday 9h00 to 12h00

**Fees:** variable

**Financing:** municipal, donations

**Legal status:** non-profit organization

### COMPTOIR VESTIMENTAIRE SAINT-PAUL

18 Brassard Boulevard, Saint-Paul, Lanaudière, QC, J0K 3E0

**450 754-4544**

**Services:** \* Recuperation and sale of used items: clothes, dishes, household items, small objects, books, toys, small devices, sports equipment and electronic devices.

**Coverage area:** Saint-Paul

**Hours:** Monday and Saturday 13h00 to 16h00

**Fees:** variable

**Financing:** self-financing, donations

**Legal status:** non-profit organization

### ENTRAIDE COMMUNAUTAIRE DE ST-AMBROISE-DE-KILDARE

750 Principale Street, Saint-Ambroise-de-Kildare, Lanaudière, QC, J0K 1C0

**450 759-0992**

**Email:** [entraidekildare@gmail.com](mailto:entraidekildare@gmail.com)

## Thrift store and material aid

**Services:** \* Food bank. \* Thrift store: clothing, toys, dishes, electronics, baby supplies, sporting goods, school supplies, books. \* Food aid and emergency material: food, clothing, grocery allowance and food distribution in partnership with Moisson Lanaudière. \* Clothing collection bin at the back of the Gilles-Courchesne Community Hall at 750 Principale Street. \* Christmas baskets.

**Eligibility:** individuals on a low income and families

**Coverage area:** Saint-Ambroise-De-Kildare

**Hours:** Store : Monday 13h00 to 16h00, Wednesday 9h00 to 12h00 Food aid : distribution for Moisson Lanaudière on Thursday 16h00 to 18h00

**Fees:** none

**Financing:** municipal, self-financing, donations

**Legal status:** non-profit organization

**ENTRAIDE COMMUNAUTAIRE SAINTE-MÉLANIE**

910 Principale Road, Sainte-Mélanie, Lanaudière, QC, J0K 3A0

**450 889-5871 ext. 227**

**Email:** entraidecommunautairestm@gmail.com

**Services:** \* Food and material assistance. \* Emergency food and material assistance. \* Thrift store: children's clothing, books, toys and sports items for children. \* Christmas baskets.

**Eligibility:** people and families on a low income

**Coverage area:** Sainte-Mélanie

**Hours:** Tuesday 13h30 to 15h30, food assistance: Friday

**Fees:** food basket: \$5 per person, \$10 for 2 people and over

**Financing:** donations, self-financing

**Legal status:** non-profit organization

**JOUJOUTHÈQUE FARFOUILLE (LA)**

845 Saint-Louis Street, Joliette, Lanaudière, QC, J6E 3A3

**450 752-2587 Fax: 450 752-2502**

**Website:** www.joujouthequedefarfouille.org

**Email:** farfouille@videotron.ca

**Services:** \* Loans of toys. \* Parent/child activities. \* Trainings for parents. \* Thrift store: used toys. \* Multi-sensory room.

**Eligibility:** families, parents of children with special needs, organizations, CPE, daycare centres

**Coverage area:** Lanaudière

**Hours:** Tuesday to Thursday 9h00 to 17h00, Friday and Saturday 9h00 to 15h00

**Fees:** families: \$25 per year to access 3 games per child per month, \$35 per year to access 6 games per child per month, organization: \$70 per year to access 20 games per 2 months, \$100 per year to access 30 games per 2 months

**Financing:** Centraide Lanaudière, membership fees, donations, self-financing, provincial, grants

**Legal status:** non-profit organization

**MAISON PARENT-AISE**

98 Saint-Pierre Street South, Joliette, Lanaudière, QC, J6E 5Y6

**450 752-0582**

**Website:** maisonparentaise.com

**Email:** parent-aise@videotron.ca

**Services:** Support house for parents. \* Drop-in and drop-in daycare. \* Clothing counter. \* Les Grenouilles Bleues: pre-school preparatory workshops. \* Training for parents. \* Recreational activities. \* Parent-child workshops. \* Culinary workshops.

**Eligibility:** parents with a child aged between 0 and 17 years old, drop-in: children from 0 to 5 years old, Les Grenouilles Bleues: children from 3 to 5 years old

**Coverage area:** MRC Joliette

**Hours:** Monday to Thursday 8h00 to 16h00, Friday 8h00 to 12h00

**Fees:** membership card: \$5 per year per family, activities: low cost



**Financing:** provincial, self-financing

**Legal status:** non-profit organization

### **SOCIÉTÉ DE SAINT-VINCENT-DE-PAUL - CONSEIL PARTICULIER DE JOLIETTE**

465 Laval Street, Joliette, Lanaudière, QC, J6E 5G9

**450 759-4862**

**Website:** ssvp-joliette.com

**Email:** ssvpjoliette@videotron.ca

**Services:** \* Material assistance: food, clothing, furniture, school supplies. \* Referral to other community organizations. \* Christmas baskets.

**Eligibility:** individuals and families on a low income

**Coverage area:** Crabtree, Joliette, Notre-Dame-des-Prairies, Saint-Charles-Borromée

**Hours:** material assistance: by appointment

**Fees:** variable

**Financing:** donations

**Legal status:** non-profit organization

### **SOCIÉTÉ DE SAINT-VINCENT-DE-PAUL - CONSEIL PARTICULIER DE JOLIETTE - LES MAGASINS**

740 Saint-Antoine Street, Joliette, Lanaudière, QC, J6E 3S5

**450 759-0672**

**Website:** ssvp-joliette.com/les-magasins

**Email:** ssvp740@videotron.ca

**Services:** \* Boutique at 757-763 Saint-Antoine Street: used furniture, books, decorative ornaments, dishes, toys and miscellaneous finds. \* Thrift shop at 740 Saint-Antoine Street: used clothing, furniture and appliances.

**Eligibility:** general population

**Coverage area:** Crabtree, Joliette, Notre-Dame-de-Lourdes, Notre-Dame-des-Prairies, Saint-Ambroise-de-Kildare, Saint-Charles-Borromée, Saint-Félix-de-Valois, Saint-Jacques, Saint-Liguori, Saint-Paul, Saint-Thomas, Sainte-Élisabeth, Sainte-Marie-Salomé and Sainte-Mélanie

**Hours:** Tuesday to Friday 9h00 to 17h00, Saturday 9h00 to 16h00

**Fees:** variable

**Financing:** donations, provincial, federal

**Legal status:** non-profit organization

## **Used item donation recovery programs**

### **COMPTOIR VESTIMENTAIRE NOTRE-DAME-DE-LOURDES**

3938 Principale Street, Notre-Dame-de-Lourdes, Lanaudière, QC, J0K 1K0

**450 755-4555**

**Services:** Recovery and sale of used items: clothing, shoes, bags, dishes, decorations, small household appliances, toys, etc.

**Eligibility:** general public

**Coverage area:** Notre-Dame-de-Lourdes

**Hours:** Tuesday 9h00 to 15h00, Saturday 9h00 to 12h00

**Fees:** variable

**Financing:** municipal, donations

**Legal status:** non-profit organization

### **COMPTOIR VESTIMENTAIRE SAINT-PAUL**

18 Brassard Boulevard, Saint-Paul, Lanaudière, QC, J0K 3E0

**450 754-4544**

## Thrift store and material aid

**Services:** \* Recuperation and sale of used items: clothes, dishes, household items, small objects, books, toys, small devices, sports equipment and electronic devices.

**Coverage area:** Saint-Paul

**Hours:** Monday and Saturday 13h00 to 16h00

**Fees:** variable

**Financing:** self-financing, donations

**Legal status:** non-profit organization

**ENTRAIDE COMMUNAUTAIRE DE ST-AMBROISE-DE-KILDARE**

750 Principale Street, Saint-Ambroise-de-Kildare, Lanaudière, QC, J0K 1C0

**450 759-0992**

**Email:** entraidekildare@gmail.com

**Services:** \* Food bank. \* Thrift store: clothing, toys, dishes, electronics, baby supplies, sporting goods, school supplies, books. \* Food aid and emergency material: food, clothing, grocery allowance and food distribution in partnership with Moisson Lanaudière. \* Clothing collection bin at the back of the Gilles-Courchesne Community Hall at 750 Principale Street. \* Christmas baskets.

**Eligibility:** individuals on a low income and families

**Coverage area:** Saint-Ambroise-De-Kildare

**Hours:** Store : Monday 13h00 to 16h00, Wednesday 9h00 to 12h00 Food aid : distribution for Moisson Lanaudière on Thursday 16h00 to 18h00

**Fees:** none

**Financing:** municipal, self-financing, donations

**Legal status:** non-profit organization

**ENTRAIDE COMMUNAUTAIRE SAINTE-MÉLANIE**

910 Principale Road, Sainte-Mélanie, Lanaudière, QC, J0K 3A0

**450 889-5871 ext. 227**

**Email:** entraidecommunautairestm@gmail.com

**Services:** \* Food and material assistance. \* Emergency food and material assistance. \* Thrift store: children's clothing, books, toys and sports items for children. \* Christmas baskets.

**Eligibility:** people and families on a low income

**Coverage area:** Sainte-Mélanie

**Hours:** Tuesday 13h30 to 15h30, food assistance: Friday

**Fees:** food basket: \$5 per person, \$10 for 2 people and over

**Financing:** donations, self-financing

**Legal status:** non-profit organization

**JOUJOUTHÈQUE FARFOUILLE (LA)**

845 Saint-Louis Street, Joliette, Lanaudière, QC, J6E 3A3

**450 752-2587 Fax: 450 752-2502**

**Website:** www.joujouthequedefarfouille.org

**Email:** farfouille@videotron.ca

**Services:** \* Loans of toys. \* Parent/child activities. \* Trainings for parents. \* Thrift store: used toys. \* Multi-sensory room.

**Eligibility:** families, parents of children with special needs, organizations, CPE, daycare centres

**Coverage area:** Lanaudière

**Hours:** Tuesday to Thursday 9h00 to 17h00, Friday and Saturday 9h00 to 15h00

**Fees:** families: \$25 per year to access 3 games per child per month, \$35 per year to access 6 games per child per month, organization: \$70 per year to access 20 games per 2 months, \$100 per year to access 30 games per 2 months

**Financing:** Centraide Lanaudière, membership fees, donations, self-financing, provincial, grants

**Legal status:** non-profit organization

**MAISON PARENT-AISE**

98 Saint-Pierre Street South, Joliette, Lanaudière, QC, J6E 5Y6

**450 752-0582**

**Website:** maisonparentaise.com

**Email:** parent-aise@videotron.ca

**Services:** Support house for parents. \* Drop-in and drop-in daycare. \* Clothing counter. \* Les Grenouilles Bleues: pre-school preparatory workshops. \* Training for parents. \* Recreational activities. \* Parent-child workshops. \* Culinary workshops.

**Eligibility:** parents with a child aged between 0 and 17 years old, drop-in: children from 0 to 5 years old, Les Grenouilles Bleues: children from 3 to 5 years old

**Coverage area:** MRC Joliette

**Hours:** Monday to Thursday 8h00 to 16h00, Friday 8h00 to 12h00

**Fees:** membership card: \$5 per year per family, activities: low cost

**Financing:** provincial, self-financing

**Legal status:** non-profit organization

**SOCIÉTÉ DE SAINT-VINCENT-DE-PAUL - CONSEIL PARTICULIER DE JOLIETTE - USED ITEMS RECOVERY**

740 Saint-Antoine Street, Joliette, Lanaudière, QC, J6E 3S5

**450 759-0672**

**Website:** ssvp-joliette.com/les-magasins

**Email:** ssvp740@videotron.ca

**Services:** \* Recovery of used items on site and at-home: furniture, books, dishes, toys, appliances, clothes, trinkets and others. \* Two on-site recovery addresses: Boutique at 757-763 Saint-Antoine Street and thrift store at 740 Saint-Antoine Street.

**Coverage area:** Crabtree, Joliette, Notre-Dame-de-Lourdes, Notre-Dame-des-Prairies, Saint-Ambroise-de-Kildare, Saint-Charles-Borromée, Saint-Félix-de-Valois, Saint-Jacques, Saint-Liguori, Saint-Paul, Saint-Thomas, Sainte-Élisabeth, Sainte-Marie-Salomé and Sainte-Mélanie

**Hours:** by appointment, Tuesday to Friday 9h00 to 17h00, Saturday 9h00 to 16h00

**Financing:** donations, provincial, federal

**Legal status:** non-profit organization

## **Transportation**

**ACCOMPANIED TRANSPORT**

**ACCOMPANIED TRANSPORT FOR MEDICAL REASONS**

**PARATRANSIT**

**PUBLIC TRANSPORTATION**

## Accompanied transport

### AUX BONHEURS DES AÎNÉS LANAUDIÈRE - ACCOMPANIMENT-TRANSPORTATION

33 8e Rue, Crabtree, Lanaudière, QC, J0K 1B0

450 754-2348

Email: abdalanaudiere@gmail.com

**Services:** Accompaniment and transportation for medical appointments, outings and shopping by volunteers.

**Eligibility:** seniors 55 years old and over

**Coverage area:** Crabtree, Saint-Paul, Sainte-Marie-Salomé, Saint-Thomas, Saint-Liguori, Village Saint-Pierre

**Hours:** Monday to Thursday 9h00 to 16h00

**Fees:** fixed fee according to the trip, annual subscription: \$15

**Financing:** provincial, donations

**Legal status:** non-profit organization

### CENTRE D'ACTION BÉNÉVOLE ÉMILIE-GAMELIN - ACCOMPAGNEMENT-TRANSPORT

80 Wilfrid-Ranger Street, Saint-Charles-Borromée, Lanaudière, QC, J6E 8M7

450 756-2005 Fax: 450 755-4649

Website: www.emiliegamelin.qc.ca

Email: info@emiliegamelin.qc.ca

**Services:** \* Transportation and accompaniment to medical and socio-legal appointments by a volunteer.

**Eligibility:** seniors, persons in temporary or permanent loss of autonomy, persons in vulnerable situations

**Coverage area:** MRC Joliette, accompaniment and transportation: Lanaudière and outside the region according to needs

**Hours:** Monday to Friday 8h30 to 12h00 and 13h00 to 16h30

**Fees:** annual membership: \$20

**Financing:** membership fees

**Legal status:** non-profit organization

## Accompanied transport for medical reasons

### AUX BONHEURS DES AÎNÉS LANAUDIÈRE - ACCOMPANIMENT-TRANSPORTATION

33 8e Rue, Crabtree, Lanaudière, QC, J0K 1B0

450 754-2348

Email: abdalanaudiere@gmail.com

**Services:** Accompaniment and transportation for medical appointments, outings and shopping by volunteers.

**Eligibility:** seniors 55 years old and over

**Coverage area:** Crabtree, Saint-Paul, Sainte-Marie-Salomé, Saint-Thomas, Saint-Liguori, Village Saint-Pierre

**Hours:** Monday to Thursday 9h00 to 16h00

**Fees:** fixed fee according to the trip, annual subscription: \$15

**Financing:** provincial, donations

**Legal status:** non-profit organization

### CENTRE D'ACTION BÉNÉVOLE ÉMILIE-GAMELIN - ACCOMPAGNEMENT-TRANSPORT

80 Wilfrid-Ranger Street, Saint-Charles-Borromée, Lanaudière, QC, J6E 8M7

450 756-2005 Fax: 450 755-4649

Website: www.emiliegamelin.qc.ca

Email: info@emiliegamelin.qc.ca

**Services:** \* Transportation and accompaniment to medical and socio-legal appointments by a volunteer.

**Eligibility:** seniors, persons in temporary or permanent loss of autonomy, persons in vulnerable situations

**Coverage area:** MRC Joliette, accompaniment and transportation: Lanaudière and outside the region according to needs

**Hours:** Monday to Friday 8h30 to 12h00 and 13h00 to 16h30

**Fees:** annual membership: \$20  
**Financing:** membership fees  
**Legal status:** non-profit organization

## Paratransit

### CENTRE D'ACTION BÉNÉVOLE ÉMILIE-GAMELIN - ACCOMPAGNEMENT-TRANSPORT

80 Wilfrid-Ranger Street, Saint-Charles-Borromée, Lanaudière, QC, J6E 8M7

**450 756-2005 Fax:** 450 755-4649

**Website:** [www.emiliegamelin.qc.ca](http://www.emiliegamelin.qc.ca)

**Email:** [info@emiliegamelin.qc.ca](mailto:info@emiliegamelin.qc.ca)

**Services:** \* Transportation and accompaniment to medical and socio-legal appointments by a volunteer.  
**Eligibility:** seniors, persons in temporary or permanent loss of autonomy, persons in vulnerable situations  
**Coverage area:** MRC Joliette, accompaniment and transportation: Lanaudière and outside the region according to needs  
**Hours:** Monday to Friday 8h30 to 12h00 and 13h00 to 16h30  
**Fees:** annual membership: \$20  
**Financing:** membership fees  
**Legal status:** non-profit organization

### CONSEIL RÉGIONAL DE TRANSPORT DE LANAUDIÈRE

930 Saint-Louis Street, Joliette, Lanaudière, QC, J6E 3A4

**450 759-5133**

**Website:** [www.jembarque.com](http://www.jembarque.com)

**Email:** [info.transport@mrcjoliette.qc.ca](mailto:info.transport@mrcjoliette.qc.ca)

**Services:** Management of public transit and paratransit.  
**Coverage area:** Lanaudière  
**Hours:** Monday to Thursday 8h00 to 12h00 and 13h00 to 16h30, Friday 8h00 to 12h00  
**Fees:** variable  
**Financing:** self-financing, provincial  
**Legal status:** parapublic organization

### MRC JOLIETTE - PARATRANSIT

942 Saint-Louis Street, Joliette, Lanaudière, QC, J6E 3A4

**450 756-2785 Fax:** 450 759-2597

**Website:** [mrcjoliette.qc.ca/transport-mrc-joliette/transport-adapte](http://mrcjoliette.qc.ca/transport-mrc-joliette/transport-adapte)

**Email:** [info.transport@mrcjoliette.qc.ca](mailto:info.transport@mrcjoliette.qc.ca)

**Services:** Paratransit service provided by employees of the MRC Joliette.  
**Eligibility:** residents of the MRC Joliette living with a mobility limiting disability  
**Coverage area:** MRC Joliette, Saint-Alexis, Saint-Esprit, Saint-Jacques, Sainte-Marie-Salomé, Saint-Félix-de-Valois, Saint-Jean-de-Matha  
**Hours:** Monday to Friday 5h45 to 20h15, Saturday 7h30 to 18h15, Sunday 7h30 to 20h15, paratransit service: Monday to Sunday 7h00 to 24h00, booking: Monday to Friday 7h30 to 16h30  
**Fees:** vary between \$2,25 and \$9 depending on the distance, please refer to the online price list  
**Financing:** municipal, self-financing  
**Legal status:** municipal agency

## Public Transportation

### CONSEIL RÉGIONAL DE TRANSPORT DE LANAUDIÈRE

930 Saint-Louis Street, Joliette, Lanaudière, QC, J6E 3A4

**450 759-5133**

**Website:** [www.jembarque.com](http://www.jembarque.com)

**Email:** [info.transport@mrcjoliette.qc.ca](mailto:info.transport@mrcjoliette.qc.ca)

**Services:** Management of public transit and paratransit.

**Coverage area:** Lanaudière

**Hours:** Monday to Thursday 8h00 to 12h00 and 13h00 to 16h30, Friday 8h00 to 12h00

**Fees:** variable

**Financing:** self-financing, provincial

**Legal status:** parapublic organization

**Violence and abuse****CHILD ABUSE****DOMESTIC VIOLENCE: SHELTERS AND SUPPORT****HELP LINES RELATED TO VIOLENCE AND ABUSE****PREVENTION OF VIOLENCE AND CRIME****SEXUAL ASSAULT AND INCEST****SUPPORT FOR PERPETRATORS OF VIOLENCE AND THEIR FAMILIES****SUPPORT FOR VICTIMS AND THEIR FAMILIES****THERAPY AND COUNSELLING**



## Child abuse

### ENFANCE LIBRE LANAUDIÈRE

1208 Lanaudière Street, Joliette, Lanaudière, QC, J6E 3N8

**450 760-4848** Fax: 450 760-4847

**Website:** www.enfancelibrelanaudiere.ca

**Email:** info@enfancelibrelanaudiere.ca

**Services:** Prevention of sexual assault and violence to the children. \* Prevention and awareness workshops and tools.

**Eligibility:** children, parents, adults, schools, organizations

**Coverage area:** Lanaudière

**Hours:** Monday to Thursday 8h30 to 16h30

**Fees:** variable

**Financing:** self-financing

**Legal status:** non-profit organization

### MILIEU D'INTERVENTION ET DE THÉRAPIE EN AGRESSION SEXUELLE

144 Saint-Joseph Street, Joliette, Lanaudière, QC, J6E 5C4

**450 755-6755** Fax: 450 755-1773

**Website:** www.mitas.ca

**Email:** mitas@mitas.ca

**Services:** Group and individual therapy. \* Sex education. \* Program for male victims of sexual abuse during childhood.

**Eligibility:** child and adolescent victims of abuse, parents of child victims, children with problematic sexual behaviours, adolescents and adults who have sexually abused minors or who feel at risk of doing so, parents of adolescents who have sexually abused minors, men who were victims of sexual abuse during childhood

**Capacity:** groups: 8 people

**Coverage area:** Lanaudière

**Hours:** Monday to Thursday 9h00 to 16h00, therapies for adults in the evening

**Fees:** free for children, variable for adults

**Financing:** provincial, self-financing, grants, donations

**Legal status:** non-profit organization

## Domestic violence: shelters and support

### AU COEUR DE L'IL, CENTRE D'ACCOMPAGNEMENT LANAUDOIS POUR DES RELATIONS RESPECTUEUSES ET ÉGALITAIRES

Confidential Address

**1 800 567-8759** Fax: 1 450 756-2283

**Website:** www.aucoeurdelil.org

**Email:** intervenant@aucoeurdelil.org

**Services:** \* Helpline. \* Reception and individual interview. \* Orientation. \* Group therapy. \* Awareness, training and prevention. \* Training for counsellors on intervention with men and perpetrators of spousal, familial or other types of violence. \* Service points: Joliette, Repentigny and Mascouche.

**Eligibility:** men with relationship problems, men and women 18 years and over with violent behaviours in their domestic, family or other situations

**Coverage area:** Lanaudière

**Hours:** Monday to Thursday 9h00 to 18h00, Friday 10h00 to 14h00

**Fees:** reception and orientation interview: \$20, group procedure: according to income

**Financing:** provincial, self-financing

**Legal status:** non-profit organization

**LEGAL AID OFFICE - JOLIETTE**

440 Saint-Louis Street, Joliette, Lanaudière, QC, J6E 2Y8

**450 759-2500 Fax:** 450 759-8682

**Website:** www.cjll.qc.ca

**Email:** bajjoli@cjll.qc.ca

**Services:** Free or low cost legal services to eligible individuals. \* Receive and process legal aid requests.

**Eligibility:** person or non-profit organization residing in Quebec or forced to remain in Quebec, financially eligible, and with a legal need that is covered by the Law

**Coverage area:** Joliette

**Hours:** Monday to Friday 8h30 to 12h00 and 13h00 to 16h30, by appointment only, except emergency

**Fees:** people may be eligible for free legal aid or contributory legal aid between \$100 and \$800, depending on their financial situation, see scale on website

**Financing:** provincial

**Legal status:** parapublic organization

**Help lines related to violence and abuse****AU COEUR DE L'IL, CENTRE D'ACCOMPAGNEMENT LANAUDOIS POUR DES RELATIONS RESPECTUEUSES ET ÉGALITAIRES**

Confidential Address

**1 800 567-8759 Fax:** 1 450 756-2283

**Website:** www.aucoeurdelil.org

**Email:** intervenant@aucoeurdelil.org

**Services:** \* Helpline. \* Reception and individual interview. \* Orientation. \* Group therapy. \* Awareness, training and prevention. \* Training for counsellors on intervention with men and perpetrators of spousal, familial or other types of violence. \* Service points: Joliette, Repentigny and Mascouche.

**Eligibility:** men with relationship problems, men and women 18 years and over with violent behaviours in their domestic, family or other situations

**Coverage area:** Lanaudière

**Hours:** Monday to Thursday 9h00 to 18h00, Friday 10h00 to 14h00

**Fees:** reception and orientation interview: \$20, group procedure: according to income

**Financing:** provincial, self-financing

**Legal status:** non-profit organization

**Prevention of violence and crime****AU COEUR DE L'IL, CENTRE D'ACCOMPAGNEMENT LANAUDOIS POUR DES RELATIONS RESPECTUEUSES ET ÉGALITAIRES**

Confidential Address

**1 800 567-8759 Fax:** 1 450 756-2283

**Website:** www.aucoeurdelil.org

**Email:** intervenant@aucoeurdelil.org

**Services:** \* Helpline. \* Reception and individual interview. \* Orientation. \* Group therapy. \* Awareness, training and prevention. \* Training for counsellors on intervention with men and perpetrators of spousal, familial or other types of violence. \* Service points: Joliette, Repentigny and Mascouche.

**Eligibility:** men with relationship problems, men and women 18 years and over with violent behaviours in their domestic, family or other situations

**Coverage area:** Lanaudière

**Hours:** Monday to Thursday 9h00 to 18h00, Friday 10h00 to 14h00

**Fees:** reception and orientation interview: \$20, group procedure: according to income

**Financing:** provincial, self-financing

**Legal status:** non-profit organization

## Sexual assault and incest

### ENFANCE LIBRE LANAUDIÈRE

1208 Lanaudière Street, Joliette, Lanaudière, QC, J6E 3N8

**450 760-4848** Fax: 450 760-4847

**Website:** www.enfancelibrelanaudiere.ca

**Email:** info@enfancelibrelanaudiere.ca

**Services:** Prevention of sexual assault and violence to the children. \* Prevention and awareness workshops and tools.

**Eligibility:** children, parents, adults, schools, organizations

**Coverage area:** Lanaudière

**Hours:** Monday to Thursday 8h30 to 16h30

**Fees:** variable

**Financing:** self-financing

**Legal status:** non-profit organization

### MILIEU D'INTERVENTION ET DE THÉRAPIE EN AGRESSION SEXUELLE

144 Saint-Joseph Street, Joliette, Lanaudière, QC, J6E 5C4

**450 755-6755** Fax: 450 755-1773

**Website:** www.mitas.ca

**Email:** mitas@mitas.ca

**Services:** Group and individual therapy. \* Sex education. \* Program for male victims of sexual abuse during childhood.

**Eligibility:** child and adolescent victims of abuse, parents of child victims, children with problematic sexual behaviours, adolescents and adults who have sexually abused minors or who feel at risk of doing so, parents of adolescents who have sexually abused minors, men who were victims of sexual abuse during childhood

**Capacity:** groups: 8 people

**Coverage area:** Lanaudière

**Hours:** Monday to Thursday 9h00 to 16h00, therapies for adults in the evening

**Fees:** free for children, variable for adults

**Financing:** provincial, self-financing, grants, donations

**Legal status:** non-profit organization

## Support for perpetrators of violence and their families

### AU COEUR DE L'IL, CENTRE D'ACCOMPAGNEMENT LANAUDOIS POUR DES RELATIONS RESPECTUEUSES ET ÉGALITAIRES

Confidential Address

**1 800 567-8759** Fax: 1 450 756-2283

**Website:** www.aucoeurdelil.org

**Email:** intervenant@aucoeurdelil.org

**Services:** \* Helpline. \* Reception and individual interview. \* Orientation. \* Group therapy. \* Awareness, training and prevention. \* Training for counsellors on intervention with men and perpetrators of spousal, familial or other types of violence. \* Service points: Joliette, Repentigny and Mascouche.

**Eligibility:** men with relationship problems, men and women 18 years and over with violent behaviours in their domestic, family or other situations

**Coverage area:** Lanaudière

**Hours:** Monday to Thursday 9h00 to 18h00, Friday 10h00 to 14h00

**Fees:** reception and orientation interview: \$20, group procedure: according to income

**Financing:** provincial, self-financing

**Legal status:** non-profit organization

**MILIEU D'INTERVENTION ET DE THÉRAPIE EN AGRESSION SEXUELLE**

144 Saint-Joseph Street, Joliette, Lanaudière, QC, J6E 5C4

**450 755-6755 Fax:** 450 755-1773

**Website:** www.mitas.ca

**Email:** mitas@mitas.ca

**Services:** Group and individual therapy. \* Sex education. \* Program for male victims of sexual abuse during childhood.

**Eligibility:** child and adolescent victims of abuse, parents of child victims, children with problematic sexual behaviours, adolescents and adults who have sexually abused minors or who feel at risk of doing so, parents of adolescents who have sexually abused minors, men who were victims of sexual abuse during childhood

**Capacity:** groups: 8 people

**Coverage area:** Lanaudière

**Hours:** Monday to Thursday 9h00 to 16h00, therapies for adults in the evening

**Fees:** free for children, variable for adults

**Financing:** provincial, self-financing, grants, donations

**Legal status:** non-profit organization

**Support for victims and their families****CRIME VICTIMS ASSISTANCE CENTRE OF LANAUDIÈRE**

Confidential Address

**1 888 755-6127 Fax:** 450 755-6069

**Website:** www.cavac.qc.ca/regions/lanaudiere

**Email:** info@cavaclanaudiere.com

**Services:** \* Telephone consultation, welcoming, listening, support. \* Accompaniment in the judiciary system. \* Information on the legal process and on rights and recourses for victims of crime. \* Orientation to legal, medical, social and community resources. \* Post-traumatic intervention. \* Technical assistance.

**Eligibility:** victims of criminal acts, their close ones and witnesses of a crime

**Coverage area:** Lanaudière

**Hours:** Monday to Friday 8h30 at 16h30

**Fees:** none

**Financing:** provincial, donations

**Legal status:** non-profit organization

**Therapy and counselling****COULEURS DE LA VIE LANAUDIÈRE (AUX)**

144 Saint-Joseph Street, Joliette, Lanaudière, QC, J6E 5C4

**450 752-4436 Fax:** 450 760-3586

**Website:** www.acdlvie.com

**Email:** couleurs@acdlvie.com

**Services:** Accompaniment and psychological support in sickness, loss, death and grief. \* Grief support, individual and in groups. \* Training and healing. \* Conferences and workshops.

**Eligibility:** people experiencing loss or who are grieving, caregivers, volunteers and counsellors working with this clientele

**Coverage area:** Lanaudière

**Hours:** Monday to Thursday 8h30 to 16h30

**Fees:** annual membership: \$10

**Financing:** provincial

**Legal status:** non-profit organization

**COURT OF QUÉBEC - CIVIL DIVISION - JOLIETTE**

200 Saint-Marc Street, Joliette, Lanaudière, QC, J6E 8C2

**450 753-4807 Fax:** 450 752-1733

**Website:** [www.justice.gouv.qc.ca/en/join-us/find-a-courthouse/joliette-courthouse](http://www.justice.gouv.qc.ca/en/join-us/find-a-courthouse/joliette-courthouse)

**Services:** Court constituting the judicial system of Québec. \* Hearing of cases where the amount in dispute is less than \$85,000 and the prosecution of voluntary deposits and municipal and school affairs. \* Requests for psychiatric assessment: judgment administration for temporary or authorized custody when a doctor wants to keep a person in hospital to conduct a psychiatric examination or when a person refuses to go to hospital to submit for an examination. \* Voluntary deposits.

**Coverage area:** Lanaudière: Joliette judicial district

**Hours:** Monday to Friday 8h30 to 16h30

**Financing:** provincial

**Legal status:** provincial government agency

**INFO-SOCIAL 8-1-1 - LANAUDIÈRE**

Confidential Address

**811 option 2**

**Website:** [www.cisss-lanaudiere.gouv.qc.ca](http://www.cisss-lanaudiere.gouv.qc.ca)

**Services:** Psychosocial consultation by phone. \* Information and referral to assistance resources.

**Coverage area:** Lanaudière

**Hours:** 24 hours / 7 days

**Fees:** free

**Financing:** provincial

**Legal status:** non-profit organization

**MAISON MÉMOIRE DU COEUR**

77 du Docteur-Jean-Paul-Mireault Street, Saint-Charles-Borromée, Lanaudière, QC, J6E 9C5

**450 760-3345 ext. 5 Fax:** 450 760-3705

**Website:** [www.maisonmemoireducoeur.com](http://www.maisonmemoireducoeur.com)

**Email:** [info@maisonmemoireducoeur.com](mailto:info@maisonmemoireducoeur.com)

**Services:** Participatory and family-friendly living environment adapted for people with Alzheimer's disease. \* Private housing and housing in intermediate resource. \* Respite care service Au cour de l'Être: brainstorming, zootherapy, physical activity, spirituality, crafts, board games.

**Eligibility:** people with Alzheimer's disease, their caregivers

**Capacity:** private housing: 10 places, housing in intermediate resource: 26 places, respite care: 18 places

**Coverage area:** Lanaudière

**Hours:** administration: Monday to Friday 9h00 to 12h00 and 13h00 to 17h00

**Fees:** private housing: on request, housing in intermediate resource: variable according to income

**Financing:** provincial, self-financing

**Legal status:** non-profit organization

**SOCIÉTÉ DE L'AUTISME RÉGION LANAUDIÈRE**

584 Almira-S.-Choinière Street, Joliette, Lanaudière, QC, J6E 0K5

**450 759-9788**

**Website:** [www.autismelanaudiere.org](http://www.autismelanaudiere.org)

**Email:** [sarl@autisme-lanaudiere.org](mailto:sarl@autisme-lanaudiere.org)

**Services:** \* Information, listening and referral. \* Conferences and trainings. \* Resource and documentation centres with appointment. \* Awareness. \* Coffee-chats for parents. \* Advocacy, accompaniment. \* Assistance to get grants. \* Azimut workshop for teenagers. \* Activities for adults. \* Day centre: physical, artistic, cooking and sensory activities, zootherapy, music therapy.

**Eligibility:** people with an autism spectrum disorder (TSA), their families, general public

**Coverage area:** Lanaudière

**Hours:** Monday to Friday 8h00 to 16h00

**Fees:** annual contribution: famille: \$25, participating member: \$25, individual: \$35, professional: \$50, corporate member: \$100

**Financing:** contributions

**Legal status:** non-profit organization

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