



DIRECTORY OF SOCIAL AND COMMUNITY RESOURCES

MONTÉRÉGIE / MRC ACTON / ALL CITIES



2-1-1



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Child, Youth and Family

FAMILY SUPPORT

Family Support

INTER SECTION MRC D'ACTION (L')

1176 Bélair Street, Acton Vale, Montérégie, QC, J0H 1A0

450 366-0105

Email: info@horizonsoleil.org

Services: * Support for loved ones. * Support groups for parents of adolescents. * Information on substance abuse and issues during adolescence. * Substance abuse prevention. * Prevention in elementary schools. * Awareness and information on substance abuse, self-esteem, etc. * Street work (outreach). * Counseling, listening, support, information and referrals. * Needle exchange and condom distribution. * Outreach work initiative for seniors living in a vulnerable situation (ITMAV).

Eligibility: people in need

Coverage area: MRC d'Acton

Hours: 24 hours / 7 days for street work

Fees: free

Financing: provincial

Legal status: non-profit organization

Disability

ADAPTED WORK AND EMPLOYABILITY SUPPORT

SUPPORT ASSOCIATIONS

Adapted work and employability support

PETITE FERME DE L'AUBERGE (LA)

728 Bachand Road, Roxton, Montérégie, QC, J0H 1E0

450 548-2736 Fax: 450 548-2227

Website: lapetitefermedelauberge.org

Email: lapetiteferme2001@yahoo.ca

Services: Housing and accompaniment for men in precarious situations. * Social reintegration with short and medium-term accommodation. * Individual support. * Group animation. * Supervision service to prepare for the outing. * Reference. * Food assistance for the people of Roxton Falls.

Eligibility: men 18 and over who are struggling or homeless with addiction or mental health issues

Capacity: housing: 9 places in farm accommodation, food aid: 30 individuals or families per week

Coverage area: Montérégie: social reintegration, Roxton Falls and surroundings: food assistance

Hours: 7 days 7h00 to 21h00

Fees: housing: depending on income

Financing: self-financing

Legal status: non-profit organization

Support Associations

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Hours: 24 hours / 7 days for street work

Fees: free

Financing: provincial

Legal status: non-profit organization

Employment and Income Support

VOCATIONAL REHABILITATION AND DISABILITY-RELATED EMPLOYMENT

Vocational rehabilitation and disability-related employment

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Legal status: non-profit organization

Food

FOOD ASSISTANCE

PREPARED MEALS AND MEALS-ON-WHEELS

Food Assistance

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Prepared meals and Meals-on-wheels

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Health

FAMILY PLANNING

Family planning

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Eligibility: people in need

Coverage area: MRC d'Acton

Hours: 24 hours / 7 days for street work

Fees: free

Financing: provincial

Legal status: non-profit organization

Homelessness

MOBILE UNITS AND STREET WORK

TRANSITIONAL HOUSING

Mobile units and street work

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Fees: free

Financing: provincial

Legal status: non-profit organization

Transitional housing

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Hours: 7 days 7h00 to 21h00

Fees: housing: depending on income

Financing: self-financing

Legal status: non-profit organization

Housing

HOUSING SEARCH ASSISTANCE

Housing search assistance

MRC D'ACTON TERRE D'ACCUEIL

975 Boulay Street, Suite 202, Acton Vale, Montérégie, QC, J0H 1A0

450 546-0311

Website: immigrationacton.org

Email: immigrationacton@outlook.com

Services: Project aimed at attracting people from immigrant backgrounds to settle in the MRC d'Acton and fostering their harmonious integration. * Help with the search for housing. * Help with settling: support in registering children for daycare and school, support in obtaining administrative and government documents. * Exploratory trips organized to discover the region. * Integration activities: sports, board games, communal meals, theme parties, etc.

Eligibility: people from immigrant backgrounds

Coverage area: Province of Québec

Hours: Monday to Friday 8h30 to 12h00 and 13h00 to 16h30

Fees: none

Financing: grants

Legal status: non-profit organization

Immigration and cultural communities

SETTLEMENT SERVICES FOR NEWCOMERS

Settlement services for newcomers

MRC D'ACTON TERRE D'ACCUEIL

975 Boulay Street, Suite 202, Acton Vale, Montérégie, QC, J0H 1A0

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Eligibility: people from immigrant backgrounds

Coverage area: Province of Québec

Hours: Monday to Friday 8h30 to 12h00 and 13h00 to 16h30

Fees: none

Financing: grants

Legal status: non-profit organization

Mental Health and addictions

ADDICTION PREVENTION

ADDICTION TREATMENT

COMMUNITY SUPPORT IN MENTAL HEALTH

MENTAL HEALTH HOUSING

SELF-HELP GROUPS FOR ADDICTION ISSUES

Addiction prevention

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Eligibility: people in need

Coverage area: MRC d'Acton

Hours: 24 hours / 7 days for street work

Fees: free

Financing: provincial

Legal status: non-profit organization

Addiction treatment

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Coverage area: Montérégie: social reintegration, Roxton Falls and surroundings: food assistance

Hours: 7 days 7h00 to 21h00

Fees: housing: depending on income

Financing: self-financing

Legal status: non-profit organization

Community support in mental health

CENTRE PSYCHOSOCIAL RICHELIEU-YAMASKA (LE) - ACTON VALE

960 Daigneault Street, Acton Vale, Montérégie, QC, J0H 1A0

450 773-1022 ext. 221

Website: www.centropsychosocial.org

Email: admin@cpsry.org

Services: Follow-up with variable intensity directly provided in the person's home environment. * Rehabilitation support and social reintegration activities. * Specialized and personalized accompaniment depending on the needs.

Eligibility: people aged 18 years old and over living with a mental health issue

Coverage area: MRC La Vallée-du-Richelieu, MRC des Maskoutains, MRC Acton

Hours: variable

Fees: none

Financing: provincial

Legal status: non-profit organization

Mental health housing

PETITE FERME DE L'AUBERGE (LA)

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Self-help groups for addiction issues

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Eligibility: people in need

Coverage area: MRC d'Acton

Hours: 24 hours / 7 days for street work

Fees: free

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Seniors

FRIENDLY VISITS AND SAFETY CALLS

HOME SUPPORT

MEALS ON WHEELS

Friendly visits and safety calls

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Meals on Wheels

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