



DIRECTORY OF SOCIAL AND COMMUNITY RESOURCES

MONTÉRÉGIE / MRC BEAUHARNOIS-SALABERRY / ALL CITIES



WWW.211.QC.CA

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Child, Youth and Family**CHILD WELFARE****FAMILY SUPPORT****JUVENILE DELINQUENCY****MATERNITY SUPPORT AND ADOPTION****RECREATIONAL ACTIVITIES****YOUTH CENTRES AND SUPPORT****YOUTH EMPLOYMENT****YOUTH SHELTERS AND SUPPORT**

Child welfare

CAMPUS DE VALLEYFIELD (RÉADAPTATION EN INTERNAT ET SERVICES PSYCHOSOCIAUX)

301 Jacques-Cartier Street, Salaberry-de-Valleyfield, Montérégie, QC, J6T 5H3

450 373-0281

Website: santemonteregie.qc.ca/installations/campus-de-valleyfield-readaptation-en-internat-et-services-psychosociaux

Services: * Psychosocial point of services.

Eligibility: children and teens in difficulty, parents, guardians, stakeholders

Coverage area: Montérégie

Financing: provincial

Legal status: parapublic organization

ESPACE SUROÎT

394 Dufferin Street, Suite 202, Salaberry-de-Valleyfield, Montérégie, QC, J6S 2A8

450 371-8096

Website: espacesansviolence.org/suroit

Email: info@espacesuroit.ca

Services: Prevention and awareness on child abuse. * Programs and educational workshops in primary schools and daycares.

Eligibility: children 3 to 12 years old, parents, teachers, counsellors

Coverage area: MRC Beauharnois-Salaberry, MRC Le Haut-Saint-Laurent, MRC Vaudreuil-Soulanges

Hours: September to June, Monday to Friday 8h30 to 16h30

Fees: none

Financing: donations

Legal status: non-profit organization

LEGAL AID OFFICE - SALABERRY-DE-VALLEYFIELD

151 Salaberry Street West, Salaberry-de-Valleyfield, Montérégie, QC, J6T 2H8

450 370-3064 Fax: 450 370-3068

Website: ccjrs.com/bureaux/salaberry-de-valleyfield

Email: valleyfield@ccjrs.com

Services: Free or low-cost legal services to eligible individuals. * Receives and processes legal aid request.

Eligibility: person or non-profit organization residing in Quebec or forced to remain in Quebec, financially eligible, and with a legal need that is covered by the Law

Coverage area: MRC Beauharnois-Salaberry, Vaudreuil-Dorion

Hours: Monday to Friday 8h30 to 12h00 and 13h00 to 16h30

Fees: people may be eligible for free legal aid or contributory legal aid between \$100 and 800, depending on their financial situation, see scale on website

Financing: provincial

Legal status: non-profit organization

MAISON DE LA JEUNESSE 12-17 DE VALLEYFIELD

42 Anderson Street, Salaberry-de-Valleyfield, Montérégie, QC, J6S 0L1

450 373-6788

Website: mdjvalleyfield.com

Email: info@mdjvalleyfield.com

Services: Meeting place for young people. * Food assistance. * Homework assistance. * Assistance in case of runaways. * Help in finding temporary lodging. * Street intervention. * Cultural, creative, preventive, community and recreational activities. * Animation of the downtown area. * Education of democratic life and fundraising campaigns. * Information and raising awareness on healthy lifestyle habits. * Referrals to local organizations.

Eligibility: youth 12 to 24 years old

Capacity: 100

Coverage area: Salaberry-de-Valleyfield

Hours: reception and administration: Monday to Friday 9h00 to 16h00, regular intervention and animation schedule: Monday to Thursday 16h30 to 21h00, Friday 16h30 to 22h00, summer intervention and animation schedule: Monday to Thursday 13h00 to 21h00, Friday 13h00 to 22h00

Financing: self-financing, donations

Legal status: non-profit organization

Family Support

ANTICHAMBRE 12-17 HÉBERGEMENT JEUNESSE DU SUROÎT (L')

323 Larocque Road, Salaberry-de-Valleyfield, Montérégie, QC, J6T 4C1

450 373-9887

Website: www.lantichambre12-17.ca

Email: hebergement@lantichambre12-17.ca

Services: Intervention and first-line social housing for youth. * Emergency housing. * Temporary housing. * Listening and support. * Referral and accompaniment. * Intervention in crisis situation. * Outreach work. * Family support. * School, social and vocational support. * Information and awareness on various topics.

Eligibility: youth 12 to 17 years old

Capacity: 3 places

Coverage area: MRC Beauharnois-Salaberry, MRC Le Haut-Saint-Laurent, MRC Vaudreuil-Soulanges

Hours: 24 hours / 7 days

Fees: \$10 per day, \$70 per week

Financing: provincial, self-financing, foundations

Legal status: non-profit organization

ENTRAIDE POUR FAMILLES MONOPARENTALES ET FAMILLES RECOMPOSÉES DU SUROÎT

489 Larocque Road, Salaberry-de-Valleyfield, Montérégie, QC, J6T 4C8

450 373-4047

Website: www.entraidedusuroit.ca

Email: info@entraidedusuroit.ca

Services: * Welcome, listening, information and referral. * Support group for parents. * Support group for children aged 6 to 12 years old of separated families. * Workshops. * Counselling. * Family activities. * Joujouthèque: board games only. * Computer available with Internet.

Eligibility: families with children from 6 to 17 years old, single-parent families, reconstituted families

Coverage area: MRC Beauharnois-Salaberry, MRC Le Haut-Saint-Laurent, MRC Vaudreuil-Soulanges

Hours: joujouthèque: by appointment

Fees: membership card: \$5 per year

Financing: provincial, Centraide Sud-Ouest, contributions, donations

Legal status: non-profit organization

GRANDS FRÈRES GRANDES SOEURS DE LA MONTÉRÉGIE - SUROÎT

87 Sainte-Cécile Street, Suite 226, Salaberry-de-Valleyfield, Montérégie, QC, J6T 1L9

1 866 464-6188 ext. 100

Website: www.gfgsm.org

Email: info.monteregie@grandsfreresgrandessoeurs.ca

Services: Pairing program for young people. * Social, emotional and cultural support. * Professional coaching and support for volunteers and parents. * School mentoring: weekly dropout prevention meeting in elementary and secondary schools. * Mentoring for youth 16 to 21 years old who have a history of placement and services in the DPJ or the YCJA.

Eligibility: youth 6 to 21 years old

Coverage area: MRC Beauharnois-Salaberry, MRC Le Haut-Saint-Laurent, MRC Vaudreuil-Soulanges

Hours: Monday to Friday 9h00 to 16h00, availabilities in the evening by appointment

Fees: none

Financing: grants, self-financing
Legal status: non-profit organization

Juvenile Delinquency

JUSTICE ALTERNATIVE DU SUROÎT

52 Larocque Road, Salaberry-de-Valleyfield, Montérégie, QC, J6T 4A2

1 800 377-3576 Fax: 450 377-4394

Website: justicealternativedusuroit.com

Email: reception@justicealternativedusuroit.com

Services: * Enforcement of certain criminal penalties under the Youth Criminal Justice Act: criminal mediation, volunteer work, compensation, apology. * Laws and Consequences and Laws and Drugs programs: social skills development workshops. * Conflict management projects in schools. * GRAFF and DEGRAFF: projects to remove illegal graffiti and create frescoes on authorized sites. * Résoluthèque: documentation centre on healthy conflict management.

Eligibility: young people 12 to 17 years old

Coverage area: MRC de Beauharnois-Salaberry, MRC du Haut-Saint-Laurent, MRC Vaudreuil-Soulanges

Hours: Monday to Friday 8h30 to 12h00 and 13h00 to 16h30, group facilitation: Tuesday evening

Financing: provincial

Legal status: non-profit organization

MAISON DE LA JEUNESSE 12-17 DE VALLEYFIELD

42 Anderson Street, Salaberry-de-Valleyfield, Montérégie, QC, J6S 0L1

450 373-6788

Website: mdjvalleyfield.com

Email: info@mdjvalleyfield.com

Services: Meeting place for young people. * Food assistance. * Homework assistance. * Assistance in case of runaways. * Help in finding temporary lodging. * Street intervention. * Cultural, creative, preventive, community and recreational activities. * Animation of the downtown area. * Education of democratic life and fundraising campaigns. * Information and raising awareness on healthy lifestyle habits. * Referrals to local organizations.

Eligibility: youth 12 to 24 years old

Capacity: 100

Coverage area: Salaberry-de-Valleyfield

Hours: reception and administration: Monday to Friday 9h00 to 16h00, regular intervention and animation schedule: Monday to Thursday 16h30 to 21h00, Friday 16h30 to 22h00, summer intervention and animation schedule: Monday to Thursday 13h00 to 21h00, Friday 13h00 to 22h00

Financing: self-financing, donations

Legal status: non-profit organization

P.S. JEUNESSE

99 Salaberry Street, Salaberry-de-Valleyfield, Montérégie, QC, J6T 2H5

450 377-9155 Fax: 450 377-8037

Website: psjeunesse.org

Email: lcharland@psjeunesse.org

Services: * Reception and assessment. * Pre-employment and personal dynamics service: accompaniment, workshops, helping relationship, conflict resolution, etc. * Career guidance: individual meetings, workshops, information sessions. * Job search assistance: assessment, research techniques, resume writing, interview preparation. * Retention and prevention: personalized support, individual meetings, job retention. * Option ressource travail: access program to non-traditional professions for women. * Focus sur l'emploi: professional reintegration programme for people far from the labour market. * Travail en liberté: employability program for people with a criminal record. * Destination avenir: employability program for youth far from the labour market. * PPE Saint-Rémi and Vaudreuil-Dorion: employment preparation programme. * Services to employers.

Eligibility: general public, Destination avenir: people 18 to 35 years old

Capacity: unlimited

Coverage area: MRC Roussillon, MRC Les Jardins-de-Napierville, MRC Le Haut-Saint-Laurent, MRC Beauharnois-Salaberry, MRC Vaudreuil-Soulanges

Hours: Monday to Friday 8h30 to 12h00 and 13h00 to 16h30

Fees: none

Financing: provincial

Legal status: non-profit organization

Maternity support and adoption

COURT OF QUÉBEC - YOUTH DIVISION - SALABERRY-DE-VALLEYFIELD

74 Académie Street, Salaberry-de-Valleyfield, Montérégie, QC, J6T 0B8

1 866 536-5140 option 3

Website: www.justice.gouv.qc.ca/en/join-us/find-a-courthouse/salaberry-de-valleyfield-courthouse

Email: informations@justice.gouv.qc.ca

Services: Court of Justice of the Judiciary of Quebec. * Hearing of all cases involving minors. * Hearing of adoption cases. * Out-of-court settlement conference in youth protection matters. * Relevant documents for all regions: www.courduquebec.ca/en/centre-de-documentation/relevant-documents-for-all-regions * Online schedule of hearings: www.roles.tribunaux.qc.ca

Eligibility: general public

Coverage area: Beauharnois judicial district: MRC Beauharnois-Salaberry, MRC Vaudreuil-Soulanges

Hours: Monday to Friday of 8h30 to 12h45 and 13h45 to 16h30

Financing: provincial

Legal status: provincial government agency

LEGAL AID OFFICE - SALABERRY-DE-VALLEYFIELD

151 Salaberry Street West, Salaberry-de-Valleyfield, Montérégie, QC, J6T 2H8

450 370-3064 Fax: 450 370-3068

Website: ccjrs.com/bureaux/salaberry-de-valleyfield

Email: valleyfield@ccjrs.com

Services: Free or low-cost legal services to eligible individuals. * Receives and processes legal aid request.

Eligibility: person or non-profit organization residing in Quebec or forced to remain in Quebec, financially eligible, and with a legal need that is covered by the Law

Coverage area: MRC Beauharnois-Salaberry, Vaudreuil-Dorion

Hours: Monday to Friday 8h30 to 12h00 and 13h00 to 16h30

Fees: people may be eligible for free legal aid or contributory legal aid between \$100 and 800, depending on their financial situation, see scale on website

Financing: provincial

Legal status: non-profit organization

Recreational Activities

ENTRAIDE POUR FAMILLES MONOPARENTALES ET FAMILLES RECOMPOSÉES DU SUROÎT

489 Larocque Road, Salaberry-de-Valleyfield, Montérégie, QC, J6T 4C8

450 373-4047

Website: www.entraidedusuroit.ca

Email: info@entraidedusuroit.ca

Services: * Welcome, listening, information and referral. * Support group for parents. * Support group for children aged 6 to 12 years old of separated families. * Workshops. * Counselling. * Family activities. * Joujouthèque: board games only. * Computer available with Internet.

Eligibility: families with children from 6 to 17 years old, single-parent families, reconstituted families

Coverage area: MRC Beauharnois-Salaberry, MRC Le Haut-Saint-Laurent, MRC Vaudreuil-Soulanges

Hours: joujouthèque: by appointment

Fees: membership card: \$5 per year

Financing: provincial, Centraide Sud-Ouest, contributions, donations

Legal status: non-profit organization

Youth Centres and Support

MAISON DE LA JEUNESSE 12-17 DE VALLEYFIELD

42 Anderson Street, Salaberry-de-Valleyfield, Montérégie, QC, J6S 0L1

450 373-6788

Website: mdjvalleyfield.com

Email: info@mdjvalleyfield.com

Services: Meeting place for young people. * Food assistance. * Homework assistance. * Assistance in case of runaways. * Help in finding temporary lodging. * Street intervention. * Cultural, creative, preventive, community and recreational activities. * Animation of the downtown area. * Education of democratic life and fundraising campaigns. * Information and raising awareness on healthy lifestyle habits. * Referrals to local organizations.

Eligibility: youth 12 to 24 years old

Capacity: 100

Coverage area: Salaberry-de-Valleyfield

Hours: reception and administration: Monday to Friday 9h00 to 16h00, regular intervention and animation

schedule: Monday to Thursday 16h30 to 21h00, Friday 16h30 to 22h00, summer intervention and animation

schedule: Monday to Thursday 13h00 to 21h00, Friday 13h00 to 22h00

Financing: self-financing, donations

Legal status: non-profit organization

Youth Employment

ANTICHAMBRE 12-17 HÉBERGEMENT JEUNESSE DU SUROÎT (L')

323 Larocque Road, Salaberry-de-Valleyfield, Montérégie, QC, J6T 4C1

450 373-9887

Website: www.lantichambre12-17.ca

Email: hebergement@lantichambre12-17.ca

Services: Intervention and first-line social housing for youth. * Emergency housing. * Temporary housing. * Listening and support. * Referral and accompaniment. * Intervention in crisis situation. * Outreach work. * Family support. * School, social and vocational support. * Information and awareness on various topics.

Eligibility: youth 12 to 17 years old

Capacity: 3 places

Coverage area: MRC Beauharnois-Salaberry, MRC Le Haut-Saint-Laurent, MRC Vaudreuil-Soulanges

Hours: 24 hours / 7 days

Fees: \$10 per day, \$70 per week

Financing: provincial, self-financing, foundations

Legal status: non-profit organization

P.S. JEUNESSE

99 Salaberry Street, Salaberry-de-Valleyfield, Montérégie, QC, J6T 2H5

450 377-9155 Fax: 450 377-8037

Website: psjeunesse.org

Email: lcharland@psjeunesse.org

Services: * Reception and assessment. * Pre-employment and personal dynamics service: accompaniment, workshops, helping relationship, conflict resolution, etc. * Career guidance: individual meetings, workshops, information sessions. * Job search assistance: assessment, research techniques, resume writing, interview preparation. * Retention and prevention: personalized support, individual meetings, job retention. * Option ressource travail: access program to non-traditional professions for women. * Focus sur l'emploi: professional reintegration programme for people far from the labour market. * Travail en liberté: employability program for people with a criminal record. * Destination avenir: employability program for youth far from the labour market. * PPE Saint-Rémi and Vaudreuil-Dorion: employment preparation programme. * Services to employers.

Eligibility: general public, Destination avenir: people 18 to 35 years old

Capacity: unlimited

Coverage area: MRC Roussillon, MRC Les Jardins-de-Napierville, MRC Le Haut-Saint-Laurent, MRC Beauharnois-Salaberry, MRC Vaudreuil-Soulanges

Hours: Monday to Friday 8h30 to 12h00 and 13h00 to 16h30

Fees: none

Financing: provincial

Legal status: non-profit organization

Youth Shelters and Support

AIRE OUVERTE DE SALABERRY-DE-VALLEYFIELD

320 Larocque Road, Salaberry-de-Valleyfield, Montérégie, QC, J6T 3Z3

1 888 440-2473

Website: santemonteregie.qc.ca/ouest/aire-ouverte

Email: aireouverte.cisssmo16@ssss.gouv.qc.ca

Services: Various confidential services for youth aged 12 to 25. * Individual psychosocial follow-up. * Sexual health clinic. * Prevention, education and information on the use of alcohol, drugs, gambling and problematic use of the Internet, etc. * Housing support. * Training, employment and finances: educational and professional orientation, help in finding a job, prevention of school drop-out, etc. * General legal assistance.

Eligibility: people 12 to 25 years old

Coverage area: Montérégie-Ouest

Hours: Monday 8h30 to 18h00, Tuesday 8h30 to 16h30, Wednesday 8h30 to 18h00, Thursday 8h30 to 20h00, Friday 8h30 to 18h00, Saturday 12h00 to 18h00

Financing: provincial

Legal status: provincial government agency

ANTICHAMBRE 12-17 HÉBERGEMENT JEUNESSE DU SUROÎT (L')

323 Larocque Road, Salaberry-de-Valleyfield, Montérégie, QC, J6T 4C1

450 373-9887

Website: www.lantichambre12-17.ca

Email: hebergement@lantichambre12-17.ca

Services: Intervention and first-line social housing for youth. * Emergency housing. * Temporary housing. * Listening and support. * Referral and accompaniment. * Intervention in crisis situation. * Outreach work. * Family support. * School, social and vocational support. * Information and awareness on various topics.

Eligibility: youth 12 to 17 years old

Capacity: 3 places

Coverage area: MRC Beauharnois-Salaberry, MRC Le Haut-Saint-Laurent, MRC Vaudreuil-Soulanges

Hours: 24 hours / 7 days

Fees: \$10 per day, \$70 per week

Financing: provincial, self-financing, foundations

Legal status: non-profit organization

ANTICHAMBRE 12-17 HÉBERGEMENT JEUNESSE DU SUROÎT (L') - TRANSITIONAL HOUSING

323 Larocque Road, Salaberry-de-Valleyfield, Montérégie, QC, J6T 4C1

450 373-9887

Website: www.lantichambre12-17.ca

Email: hebergement@lantichambre12-17.ca

Services: * Short and medium-term housing for youth.

Eligibility: youth 12 to 17 years old

Capacity: 8 beds

Coverage area: MRC Beauharnois-Salaberry, MRC Le Haut-Saint-Laurent, MRC Vaudreuil-Soulanges

Fees: \$70 per week

Financing: provincial, self-financing, foundations

Legal status: non-profit organization

MAISON DE LA JEUNESSE 12-17 DE VALLEYFIELD

42 Anderson Street, Salaberry-de-Valleyfield, Montérégie, QC, J6S 0L1

450 373-6788

Website: mdjvalleyfield.com

Email: info@mdjvalleyfield.com

Services: Meeting place for young people. * Food assistance. * Homework assistance. * Assistance in case of runaways. * Help in finding temporary lodging. * Street intervention. * Cultural, creative, preventive, community and recreational activities. * Animation of the downtown area. * Education of democratic life and fundraising campaigns. * Information and raising awareness on healthy lifestyle habits. * Referrals to local organizations.

Eligibility: youth 12 to 24 years old

Capacity: 100

Coverage area: Salaberry-de-Valleyfield

Hours: reception and administration: Monday to Friday 9h00 to 16h00, regular intervention and animation

schedule: Monday to Thursday 16h30 to 21h00, Friday 16h30 to 22h00, summer intervention and animation

schedule: Monday to Thursday 13h00 to 21h00, Friday 13h00 to 22h00

Financing: self-financing, donations

Legal status: non-profit organization

Community Action**ADVISORY AND CITIZEN ACTION ORGANIZATIONS****CHARITY ORGANIZATIONS****COMMUNITY DEVELOPMENT****VOLUNTEERING AND VOLUNTEER CENTRES**

Advisory and citizen action organizations

COLLECTIF DE DÉFENSE DES DROITS DE LA MONTÉRÉGIE VALLEYFIELD - CHÂTEAUGUAY AND VALLEYFIELD

107 Jacques-Cartier Street, Suite 21, Salaberry-de-Valleyfield, Montérégie, QC, J6T 4R8

1 866 377-2481 Fax: 450 747-3135

Website: www.cddm.qc.ca/en

Email: valleyfield-chateauguay@cddm.qc.ca

Services: Alternative mental health group. * Assistance and support in promoting and respecting the rights of people who are experiencing or have experienced challenges related to mental health. * Social change and advocacy group.

Eligibility: people experiencing or having experienced mental health challenges

Coverage area: Châteauguay, Salaberry-de-Valleyfield

Hours: Monday to Friday 9h00 to 16h00

Fees: none

Financing: municipal

Legal status: non-profit organization

Charity Organizations

CENTRAIDE SUD-OUEST DU QUÉBEC

87 Sainte Cécile Street, Salaberry-de-Valleyfield, Montérégie, QC, J6T 1L9

450 371-2061

Website: centraide-rcoq.ca/soq

Email: kbarrette@centraide-soq.ca

Services: Support to local community organizations through a fundraising campaign and donations collected.

Eligibility: non-profit organizations

Coverage area: MRC Vaudreuil-Soulanges, MRC Beauharnois-Salaberry, MRC Le Haut-Saint-Laurent

Financing: fundraising campaigns, self-financing

Legal status: non-profit organization

FONDATION DE LA PSYCHIATRIE DE LA RÉGION DE VALLEYFIELD

150 Saint-Thomas Street, Salaberry-de-Valleyfield, Montérégie, QC, J6T 6C1

450 373-7321 Fax: 450 371-5044

Website: cabvalleyfield.com/fondation-de-la-psychiatrie-de-la-region-de-valleyfield

Email: louisphilippe.boucher.cssssuroit16@ssss.gouv.qc.ca

Services: Raising funds to improve the quality of care and the living conditions of patients receiving psychiatric care. * Financial aid to different psychiatric clientele. * Fundraising according to the specific needs.

Eligibility: people living with mental health problems

Coverage area: MRC Beauharnois-Salaberry, MRC Le Haut-Saint-Laurent, MRC Vaudreuil-Soulanges

Hours: by appointment

Fees: none

Financing: foundations, donations

Legal status: non-profit organization

Community development

FONDATION DES RESSOURCES ALTERNATIVES DU SUD-OUEST

663 du Bord-de-l'eau Boulevard, Salaberry-de-Valleyfield, Montérégie, QC, J6S 0B5

450 370-8803

Website: www.lafras.com

Email: info@lafras.com

Services: Financial support for families of people on the autism spectrum or living with an intellectual disability.

* Emergency financial assistance for families. * Financial assistance for organizations supporting families of people with an autism spectrum disorder or intellectual disability. * Community awareness. * Organization of fundraising activities.

Eligibility: families of people on the autism spectrum or living with an intellectual disability, organizations that support them

Coverage area: MRC Beauharnois-Salaberry, MRC du Haut-Saint-Laurent, MRC Roussillon, MRC Vaudreuil-Soulanges, MRC Jardins-de-Napierville

Hours: Monday to Thursday 9h00 to 16h00

Financing: donations

Legal status: non-profit organization

GROUPE DE RESSOURCES TECHNIQUES DU SUD-OUEST

11 de l'Église Street, Suite 141, Salaberry-de-Valleyfield, Montérégie, QC, J6T 1J5

450 373-7067 Fax: 450 373-0212

Website: grtso.ca

Email: info@grtso.ca

Services: Promote the development of social housing for housing co-ops and non-profit organizations. *

Technical help. * Training. * Information on government programs. * Support for setting up an organization.

Eligibility: housing co-ops, non-profit organizations

Coverage area: MRC Vaudreuil-Soulanges

Hours: Monday to Friday 8h30 to 12h00 and 13h00 to 16h00

Financing: provincial, self-financing

Legal status: non-profit organization

Volunteering and volunteer centres

CENTRE DE ZOOTHÉRAPIE COMMUNAUTAIRE

2025 Hébert Boulevard, Suite 803, Salaberry-de-Valleyfield, Montérégie, QC, J6S 5Y4

450 560-0910

Website: zoothérapie.com/english-greetings

Email: centredezoothérapiecommunautaire@gmail.com

Services: * Adapted zootherapy programs. * Animal boarding.

Eligibility: children, teenagers, seniors, people living with a disability

Coverage area: Laurentians, Montérégie, Laval

Hours: Monday to Friday 9h00 to 17h00

Fees: \$90 per hour

Financing: self-financing, fundraising campaigns

Legal status: non-profit organization

DROIT DI RÊVER

222 Alphonse-Desjardins Street, Suite 203, Salaberry-de-Valleyfield, Montérégie, QC, J6S 2N9

450 747-0213

Website: droitdirever.org

Email: info@droitdirever.org

Services: Organization that offers recreational and training services to help adults living with an intellectual disability or an autism spectrum disorder to develop their autonomy and promote their social inclusion in various spheres of daily life. * Trainings and workshops: hygiene, nutrition, self-esteem, etc. * Physical and cultural activities: theater, dance, yoga, etc. * Volunteer work.

Eligibility: people 21 years old and over living with an intellectual disability or an autism spectrum disorder

Coverage area: Le Suroît

Hours: Monday to Friday, variable hours

Fees: membership card: \$20, variable according to the activity

Financing: fundraising campaigns, donations, grants

Legal status: non-profit organization

Disability

ADAPTED WORK AND EMPLOYABILITY SUPPORT

ADVOCACY FOR PEOPLE WITH A PHYSICAL DISABILITY

LANGUAGE DISORDERS

PARATRANSIT

RECREATION AND CAMPS

RESPIRE SERVICES AND HOUSING

SUPPORT ASSOCIATIONS

SUPPORT AND INTEGRATION ORGANIZATIONS

Adapted work and employability support

ANTICHAMBRE 12-17 HÉBERGEMENT JEUNESSE DU SUROÎT (L')

323 Larocque Road, Salaberry-de-Valleyfield, Montérégie, QC, J6T 4C1

450 373-9887

Website: www.lantichambre12-17.ca

Email: hebergement@lantichambre12-17.ca

Services: Intervention and first-line social housing for youth. * Emergency housing. * Temporary housing. * Listening and support. * Referral and accompaniment. * Intervention in crisis situation. * Outreach work. * Family support. * School, social and vocational support. * Information and awareness on various topics.

Eligibility: youth 12 to 17 years old

Capacity: 3 places

Coverage area: MRC Beauharnois-Salaberry, MRC Le Haut-Saint-Laurent, MRC Vaudreuil-Soulanges

Hours: 24 hours / 7 days

Fees: \$10 per day, \$70 per week

Financing: provincial, self-financing, foundations

Legal status: non-profit organization

P.S. JEUNESSE

99 Salaberry Street, Salaberry-de-Valleyfield, Montérégie, QC, J6T 2H5

450 377-9155 Fax: 450 377-8037

Website: psjeunesse.org

Email: lcharland@psjeunesse.org

Services: * Reception and assessment. * Pre-employment and personal dynamics service: accompaniment, workshops, helping relationship, conflict resolution, etc. * Career guidance: individual meetings, workshops, information sessions. * Job search assistance: assessment, research techniques, resume writing, interview preparation. * Retention and prevention: personalized support, individual meetings, job retention. * Option ressource travail: access program to non-traditional professions for women. * Focus sur l'emploi: professional reintegration programme for people far from the labour market. * Travail en liberté: employability program for people with a criminal record. * Destination avenir: employability program for youth far from the labour market. * PPE Saint-Rémi and Vaudreuil-Dorion: employment preparation programme. * Services to employers.

Eligibility: general public, Destination avenir: people 18 to 35 years old

Capacity: unlimited

Coverage area: MRC Roussillon, MRC Les Jardins-de-Napierville, MRC Le Haut-Saint-Laurent, MRC Beauharnois-Salaberry, MRC Vaudreuil-Soulanges

Hours: Monday to Friday 8h30 to 12h00 and 13h00 to 16h30

Fees: none

Financing: provincial

Legal status: non-profit organization

PS JEUNESSE - OPTION RESSOURCE TRAVAIL

99 Salaberry Street, Salaberry-de-Valleyfield, Montérégie, QC, J6T 2H5

450 377-4949 Fax: 450 377-8037

Website: psjeunesse.org/programmes/ort-acces-aux-metiers-non-traditionnels

Email: reception@psjeunesse.org

Services: Pre-employment program of 6 weeks. * Individual counselling, follow-up, guidance. * Group workshops: exploration of trades, job research techniques, etc. * Post-program follow-up: job integration and retention. * Documentation centre on the labour market and school system. * Business internships. * Networking events.

Eligibility: women 20 years old and over, without income or in precarious employment, keen to explore the trades of the future

Coverage area: MRC Beauharnois-Salaberry, MRC Le Haut-Saint-Laurent, MRC Vaudreuil-Soulanges, MRC Roussillon, MRC Les Jardins-de-Napierville

Hours: Monday to Friday 8h30 to 12h00 and 13h00 to 16h30

Fees: none

Financing: provincial

Legal status: non-profit organization

PSYCOHÉSION

100 du Marché Street, Salaberry-de-Valleyfield, Montérégie, QC, J6T 1P7

450 377-2841 Fax: 450 377-0410

Website: www.psycohesion.weebly.com

Email: direction@psycohesion.com

Services: * Support group. * Individual meetings. * Creative and personal development workshops. * Café respite, luncheons and community meals. * Light therapy. * Documentation centre. * Users committee and social club. * Sports and recreational activities: fun games, board games and others. * Summer activities: outings and trips. * Pass-Action program.

Eligibility: people 18 years and over living with or having lived with a mental health problem, Pass-Action program: people ready to reintegrate the job market

Capacity: Pass-Action program: 10 people

Coverage area: MRC de Beauharnois-Salaberry

Hours: Monday and Wednesday 9h00 to 16h00, Tuesday 12h00 to 16h00, Thursday 9h00 to 21h00, Friday 9h00 to 15h00, Saturday and Sunday: call first

Fees: annual membership: \$10

Financing: provincial

Legal status: non-profit organization

Advocacy for people with a physical disability

FONDATION DES RESSOURCES ALTERNATIVES DU SUD-OUEST

663 du Bord-de-l'eau Boulevard, Salaberry-de-Valleyfield, Montérégie, QC, J6S 0B5

450 370-8803

Website: www.lafras.com

Email: info@lafras.com

Services: Financial support for families of people on the autism spectrum or living with an intellectual disability. * Emergency financial assistance for families. * Financial assistance for organizations supporting families of people with an autism spectrum disorder or intellectual disability. * Community awareness. * Organization of fundraising activities.

Eligibility: families of people on the autism spectrum or living with an intellectual disability, organizations that support them

Coverage area: MRC Beauharnois-Salaberry, MRC du Haut-Saint-Laurent, MRC Roussillon, MRC Vaudreuil-Soulanges, MRC Jardins-de-Napierville

Hours: Monday to Thursday 9h00 to 16h00

Financing: donations

Legal status: non-profit organization

REGROUPEMENT TL QUÉBEC

55 Sainte-Claire Street, Salaberry-de-Valleyfield, Montérégie, QC, J6S 1N5

1 800 495-4118

Website: www.regroupementtdl.ca

Email: info@regroupementtdl.ca

Services: * Promotion of a better knowledge of developmental language disorder (dysphasia) and language disorders among support organizations and public. * Defense of rights of people living with dysphasia or language disorders. * Implementation of assistance services and promotional tools to member organizations.

Eligibility: people living with developmental language disorder (dysphasia) and other language disorders, their close relatives, education and health professionals

Coverage area: Province of Québec

Hours: Monday to Friday 8h00 to 16h00

Financing: provincial

Legal status: non-profit organization

Language disorders

REGROUPEMENT TL QUÉBEC

55 Sainte-Claire Street, Salaberry-de-Valleyfield, Montérégie, QC, J6S 1N5

1 800 495-4118

Website: www.regroupementtdl.ca

Email: info@regroupementtdl.ca

Services: * Promotion of a better knowledge of developmental language disorder (dysphasia) and language disorders among support organizations and public. * Defense of rights of people living with dysphasia or language disorders. * Implementation of assistance services and promotional tools to member organizations.

Eligibility: people living with developmental language disorder (dysphasia) and other language disorders, their close relatives, education and health professionals

Coverage area: Province of Québec

Hours: Monday to Friday 8h00 to 16h00

Financing: provincial

Legal status: non-profit organization

Paratransit

SOCIÉTÉ DE TRANSPORT DE SALABERRY DE VALLEYFIELD - PARATRANSIT

57 Sainte-Cécile Street, Salaberry-de-Valleyfield, Montérégie, QC, J6T 1L6

450 370-0155

Website: stsv.ca

Email: ta@stsv.ca

Services: Paratransit service. * Application form: www.stsv.ca/wp-content/uploads/2019/07/formulaire-transport-adapte-anglais.pdf * Online reservation: www.stsv.ca/transport-adapte-formulaire-de-reservation/

Eligibility: people with disabilities, people with reduced mobility including: an inability to walk 400 metres on even ground, to climb a step 35 centimetres high with support or descend without support, to make an entire trip using regular public transit, to keep track of time or find their bearings, to handle situations or behaviour that could compromise their own safety or that of others

Coverage area: Coteau-du-Lac, Les Coteaux, Rivière-Beaudette, Saint-Louis-de-Gonzague, Saint-Polycarpe, Saint-Stanislas-de-Kosta, Saint-Zotique, Salaberry-de-Valleyfield

Hours: reservation Monday to Friday from 7h00 to 5h00, transportation: 7 days

Fees: variables

Financing: municipal, provincial

Legal status: parapublic organization

Recreation and camps

AU MOULIN DE LA SOURCE - CENTRE VALLEYFIELD

226 Montcalm Street, Salaberry-de-Valleyfield, Montérégie, QC, J6T 2E4

450 377-5254

Website: www.moulindelasource.com

Email: info@moulindelasource.com

Services: Day centre for people living with a physical disability. * Respite. * Social activities to achieve self-sufficiency. * Sociocultural education and animation.

Eligibility: people living with a physical disability, parents, beneficiaries, close ones

Coverage area: MRC Beauharnois-Salaberry, MRC Le Haut-Saint-Laurent, MRC Vaudreuil-Soulanges

Hours: Monday to Friday 8h30 to 16h00

Fees: \$5 per visit

Financing: provincial, fundraising campaigns, donations

Legal status: non-profit organization

CAMP BOSCO

663 du Bord-de-l'eau Boulevard, Salaberry-de-Valleyfield, Montérégie, QC, J6S 0B5

450 371-4816 poste 209

Website: www.campbosco.org

Email: info@lafras.com

Services: Summer camp. * Integration programme for children living with a disability or special needs: pairing with a counsellor, sensory stimulation rooms, rest rooms. * Family Vacation Program: accommodation, meals and activities. * Healthy Action Program: recreational and sports activities, cooking workshops. * Real Beauty Program: various workshops on self-esteem, healthy lifestyle, prevention of eating disorders. * Project OUF: respite services for families, recreational activities, strengthening family ties, prevention of physical and psychological abuse.

Eligibility: children 4 to 12 years old, families, Family Holidays program: low-income families, Take Action Health program: youth 17 years old and under, their family, Real Beauty program: girls 9 to 12 years old, OUF project: families with a child or children 3 to 12 years old experiencing difficulties

Coverage area: MRC Vaudreuil-Soulanges, MRC du Haut-Saint-Laurent, MRC Beauharnois-Salaberry

Fees: Summer camp: \$70 per week for Salaberry-de-Valleyfield residents, \$91 per week for non-residents, family program: variable depending on income

Financing: self-financing, donations

Legal status: non-profit organization

CLUB JOIE DE VIVRE POUR PERSONNE VIVANT AVANT UNE DI/TSA

748 Grande-Île Avenue, Salaberry-de-Valleyfield, Montérégie, QC, J6S 3N8

450 377-1213

Website: clubjoiedevivre.net

Email: admin@clubjoiedevivre.net

Services: Leisure club for people living with an intellectual disability or autistic people. * Leisure, educational and socialization activities. * Promotion of social integration and maintenance of autonomy. * Occasional themed parties.

Eligibility: people 21 years old and over living with an intellectual disability, autistic people 21 years old and over

Coverage area: MRC Beauharnois-Salaberry, MRC Le Haut-Saint-Laurent, MRC Vaudreuil-Soulanges

Hours: Monday to Friday 9h00 to 15h00, Saturday 9h00 to 15h00

Fees: none

Financing: donations, grants

Legal status: non-profit organization

DROIT DI RÊVER

222 Alphonse-Desjardins Street, Suite 203, Salaberry-de-Valleyfield, Montérégie, QC, J6S 2N9

450 747-0213

Website: droitdirever.org

Email: info@droitdirever.org

Services: Organization that offers recreational and training services to help adults living with an intellectual disability or an autism spectrum disorder to develop their autonomy and promote their social inclusion in various spheres of daily life. * Trainings and workshops: hygiene, nutrition, self-esteem, etc. * Physical and cultural activities: theater, dance, yoga, etc. * Volunteer work.

Eligibility: people 21 years old and over living with an intellectual disability or an autism spectrum disorder

Coverage area: Le Suroît

Hours: Monday to Friday, variable hours

Fees: membership card: \$20, variable according to the activity

Financing: fundraising campaigns, donations, grants

Legal status: non-profit organization

RÉPIT LE ZÉPHYR

101-222 Alphonse-Desjardins Street, Salaberry-de-Valleyfield, Montérégie, QC, J6S 2N9

450 370-8804

Website: repitlezephyr.com/en

Email: llaberge@repitlezephyr.com

Services: Respite and babysitting for families living with a dependent with a hypothesis or diagnosis of intellectual disability or autism spectrum disorder. * Respite at the organization's respite homes or at home. * Accompaniment during social outings. * Summer day camp and spring break. * Daycare integration (Beauharnois-Salaberry MRC MRC Vaudreuil-Soulanges and MRC Haut St-Laurent). * Information and referrals.

Eligibility: children or adults living with a suspected or diagnosed intellectual disability (ID) or autism spectrum disorder (ASD)

Coverage area: MRC Beauharnois-Salaberry, MRC Le Haut-Saint-Laurent, MRC Vaudreuil-Soulanges

Hours: office: Monday to Friday 9h00 to 16h00, services: 24 hours / 7 days

Fees: variable

Financing: foundations

Legal status: non-profit organization

SOCIÉTÉ ALZHEIMER DU SUROÎT - SIÈGE SOCIAL ET POINT DE SERVICE SALABERRY-DE-VALLEYFIELD

340 du Havre Boulevard, Suite 101, Salaberry-de-Valleyfield, Montérégie, QC, J6S 1S6

450 373-0303 Fax: 450 373-0388

Website: www.alzheimer.ca/en/suroit

Email: info@alzheimeresuroit.com

Services: * Telephone consultations. * Individual and family consultations. * Post-diagnosis reception and support. * Information and support groups and training for caregivers * Information and support groups and training for people affected. * Brunch meetings for couples and families. * Music and artistic activities. * Respite care at home. * Group respite at the Myosotis activity centres. * Documentation centre. * Information sessions, public conferences, kiosks * Training for health care professionals and workers. * Reference platform for health care workers: <http://referenceaidancequebec.ca>

Eligibility: people living with Alzheimer's disease or dementia, their caregivers and families, health care professionals and practitioners

Coverage area: MRC Beauharnois-Salaberry, MRC Vaudreuil-Soulanges, MRC Haut-Saint-Laurent, Kahnawake, greater Châteauguay, home respite: MRC Beauharnois-Salaberry, MRC Vaudreuil-Soulanges, greater Châteauguay, group respite: Salaberry-de-Valleyfield, Vaudreuil-Dorion, Châteauguay

Hours: Monday to Friday 9h00 to 16h30, group respite: 9h30 to 15h30

Fees: services to individuals and families: free, services to professionals and practitioners: variable

Financing: donations, grants, fundraising campaigns

Legal status: non-profit organization

Respite services and housing

RÉPIT LE ZÉPHYR

101-222 Alphonse-Desjardins Street, Salaberry-de-Valleyfield, Montérégie, QC, J6S 2N9

450 370-8804

Website: repitlezephyr.com/en

Email: llaberge@repitlezephyr.com

Services: Respite and babysitting for families living with a dependent with a hypothesis or diagnosis of intellectual disability or autism spectrum disorder. * Respite at the organization's respite homes or at home. * Accompaniment during social outings. * Summer day camp and spring break. * Daycare integration (Beauharnois-Salaberry MRC MRC Vaudreuil-Soulanges and MRC Haut St-Laurent). * Information and referrals.

Eligibility: children or adults living with a suspected or diagnosed intellectual disability (ID) or autism spectrum disorder (ASD)

Coverage area: MRC Beauharnois-Salaberry, MRC Le Haut-Saint-Laurent, MRC Vaudreuil-Soulanges

Hours: office: Monday to Friday 9h00 to 16h00, services: 24 hours / 7 days

Fees: variable

Financing: foundations

Legal status: non-profit organization

Support Associations

ENTRAIDE POUR FAMILLES MONOPARENTALES ET FAMILLES RECOMPOSÉES DU SUROÎT

489 Larocque Road, Salaberry-de-Valleyfield, Montérégie, QC, J6T 4C8

450 373-4047

Website: www.entraidedusuroit.ca

Email: info@entraidedusuroit.ca

Services: * Welcome, listening, information and referral. * Support group for parents. * Support group for children aged 6 to 12 years old of separated families. * Workshops. * Counselling. * Family activities. * Joujouthèque: board games only. * Computer available with Internet.

Eligibility: families with children from 6 to 17 years old, single-parent families, reconstituted families

Coverage area: MRC Beauharnois-Salaberry, MRC Le Haut-Saint-Laurent, MRC Vaudreuil-Soulanges

Hours: joujouthèque: by appointment

Fees: membership card: \$5 per year

Financing: provincial, Centraide Sud-Ouest, contributions, donations

Legal status: non-profit organization

ORGANIZATION DEDICATED TO PEOPLE WITH CANCER AND SERIOUS ILLNESSES

253 Jacques-Cartier Street, Suite 200, Salaberry-de-Valleyfield, Montérégie, QC, J6T 4S7

450 371-5400 ext. 1 Fax: 450 371-5455

Website: ovpac.org

Email: info@ovpac.org

Services: * Referrals. * Psychosocial intervention. * Medical transportation to Montréal.

Eligibility: people living with cancer and serious illnesses, their relatives

Coverage area: MRC Beauharnois-Salaberry, MRC Le Haut-Saint-Laurent, MRC Vaudreuil-Soulanges, MRC Roussillon, MRC Jardins-de-Napierville

Hours: Monday to Thursday 9h00 to 16h00, Friday 9h00 to 12h00

Fees: membership: \$20, services and activities: variable

Financing: foundations, fundraising campaigns, provincial

Legal status: non-profit organization

REGROUPEMENT TL QUÉBEC

55 Sainte-Claire Street, Salaberry-de-Valleyfield, Montérégie, QC, J6S 1N5

1 800 495-4118

Website: www.regroupementtdl.ca

Email: info@regroupementtdl.ca

Services: * Promotion of a better knowledge of developmental language disorder (dysphasia) and language disorders among support organizations and public. * Defense of rights of people living with dysphasia or language disorders. * Implementation of assistance services and promotional tools to member organizations.

Eligibility: people living with developmental language disorder (dysphasia) and other language disorders, their close relatives, education and health professionals

Coverage area: Province of Québec

Hours: Monday to Friday 8h00 to 16h00

Financing: provincial

Legal status: non-profit organization

RÉPIT LE ZÉPHYR

101-222 Alphonse-Desjardins Street, Salaberry-de-Valleyfield, Montérégie, QC, J6S 2N9

450 370-8804

Website: repitlezephyr.com/en

Email: llaberge@repitlezephyr.com

Services: Respite and babysitting for families living with a dependent with a hypothesis or diagnosis of intellectual disability or autism spectrum disorder. * Respite at the organization's respite homes or at home. * Accompaniment during social outings. * Summer day camp and spring break. * Daycare integration (Beauharnois-Salaberry MRC MRC Vaudreuil-Soulanges and MRC Haut St-Laurent). * Information and referrals.

Eligibility: children or adults living with a suspected or diagnosed intellectual disability (ID) or autism spectrum disorder (ASD)

Coverage area: MRC Beauharnois-Salaberry, MRC Le Haut-Saint-Laurent, MRC Vaudreuil-Soulanges

Hours: office: Monday to Friday 9h00 to 16h00, services: 24 hours / 7 days

Fees: variable

Financing: foundations

Legal status: non-profit organization

SOCIÉTÉ ALZHEIMER DU SUROÎT - SIÈGE SOCIAL ET POINT DE SERVICE SALABERRY-DE-VALLEYFIELD

340 du Havre Boulevard, Suite 101, Salaberry-de-Valleyfield, Montérégie, QC, J6S 1S6

450 373-0303 Fax: 450 373-0388

Website: www.alzheimer.ca/en/suroit

Email: info@alzheimersuroit.com

Services: * Telephone consultations. * Individual and family consultations. * Post-diagnosis reception and support. * Information and support groups and training for caregivers * Information and support groups and training for people affected. * Brunch meetings for couples and families. * Music and artistic activities. * Respite care at home. * Group respite at the Myosotis activity centres. * Documentation centre. * Information sessions, public conferences, kiosks * Training for health care professionals and workers. * Reference platform for health care workers: <http://referenceaidancequebec.ca>

Eligibility: people living with Alzheimer's disease or dementia, their caregivers and families, health care professionals and practitioners

Coverage area: MRC Beauharnois-Salaberry, MRC Vaudreuil-Soulanges, MRC Haut-Saint-Laurent, Kahnawake, greater Châteauguay, home respite: MRC Beauharnois-Salaberry, MRC Vaudreuil-Soulanges, greater Châteauguay, group respite: Salaberry-de-Valleyfield, Vaudreuil-Dorion, Châteauguay

Hours: Monday to Friday 9h00 to 16h30, group respite: 9h30 to 15h30

Fees: services to individuals and families: free, services to professionals and practitioners: variable

Financing: donations, grants, fundraising campaigns

Legal status: non-profit organization

Support and integration organizations

DROIT DI RÊVER

222 Alphonse-Desjardins Street, Suite 203, Salaberry-de-Valleyfield, Montérégie, QC, J6S 2N9

450 747-0213

Website: droitdirever.org

Email: info@droitdirever.org

Services: Organization that offers recreational and training services to help adults living with an intellectual disability or an autism spectrum disorder to develop their autonomy and promote their social inclusion in various spheres of daily life. * Trainings and workshops: hygiene, nutrition, self-esteem, etc. * Physical and cultural activities: theater, dance, yoga, etc. * Volunteer work.

Eligibility: people 21 years old and over living with an intellectual disability or an autism spectrum disorder

Coverage area: Le Suroît

Hours: Monday to Friday, variable hours

Fees: membership card: \$20, variable according to the activity

Financing: fundraising campaigns, donations, grants

Legal status: non-profit organization

RÉPIT LE ZÉPHYR

101-222 Alphonse-Desjardins Street, Salaberry-de-Valleyfield, Montérégie, QC, J6S 2N9

450 370-8804

Website: repitlezephyr.com/en

Email: llaberge@repitlezephyr.com

Services: Respite and babysitting for families living with a dependent with a hypothesis or diagnosis of intellectual disability or autism spectrum disorder. * Respite at the organization's respite homes or at home. * Accompaniment during social outings. * Summer day camp and spring break. * Daycare integration (Beauharnois-Salaberry MRC MRC Vaudreuil-Soulanges and MRC Haut St-Laurent). * Information and referrals.

Eligibility: children or adults living with a suspected or diagnosed intellectual disability (ID) or autism spectrum disorder (ASD)

Coverage area: MRC Beauharnois-Salaberry, MRC Le Haut-Saint-Laurent, MRC Vaudreuil-Soulanges

Hours: office: Monday to Friday 9h00 to 16h00, services: 24 hours / 7 days

Fees: variable

Financing: foundations

Legal status: non-profit organization

TROUPE DE THÉÂTRE ADAPTÉ LES PAS POUR RIRE

222 Alphonse-Desjardins Street, Suite 101, Salaberry-de-Valleyfield, Montérégie, QC, J6S 2N9

438 502-1220

Website: lespaspourrire.com

Email: info@lespaspourrire.com

Services: * Adapted theater workshops. * Creation, preparation and animation of an original play. * Show-assembler for the adapted groups and the work platforms of the school and social network. * Participation in events and activities: festivals, Journées de la culture, la Fête Différente, FRAS challenge, etc.

Eligibility: people living with an intellectual disability and adjustment difficulties

Coverage area: MRC Beauharnois-Salaberry, MRC Le Haut-Saint-Laurent, MRC Vaudreuil-Soulanges

Hours: Tuesday 19h00 to 21h00, September to June

Fees: membership card: \$5, theater workshop: \$7

Financing: donations, grants

Legal status: non-profit organization

Education and Literacy**ACADEMIC AND VOCATIONAL GUIDANCE****HOMEWORK ASSISTANCE AND TUTORING****PUBLIC EDUCATION****SCHOOL PERSEVERANCE**

Academic and vocational guidance

AIRE OUVERTE DE SALABERRY-DE-VALLEYFIELD

320 Larocque Road, Salaberry-de-Valleyfield, Montérégie, QC, J6T 3Z3

1 888 440-2473

Website: santemonteregie.qc.ca/ouest/aire-ouverte

Email: aireouverte.cisssmo16@ssss.gouv.qc.ca

Services: Various confidential services for youth aged 12 to 25. * Individual psychosocial follow-up. * Sexual health clinic. * Prevention, education and information on the use of alcohol, drugs, gambling and problematic use of the Internet, etc. * Housing support. * Training, employment and finances: educational and professional orientation, help in finding a job, prevention of school drop-out, etc. * General legal assistance.

Eligibility: people 12 to 25 years old

Coverage area: Montérégie-Ouest

Hours: Monday 8h30 to 18h00, Tuesday 8h30 to 16h30, Wednesday 8h30 to 18h00, Thursday 8h30 to 20h00, Friday 8h30 to 18h00, Saturday 12h00 to 18h00

Financing: provincial

Legal status: provincial government agency

P.S. JEUNESSE

99 Salaberry Street, Salaberry-de-Valleyfield, Montérégie, QC, J6T 2H5

450 377-9155 Fax: 450 377-8037

Website: psjeunesse.org

Email: lcharland@psjeunesse.org

Services: * Reception and assessment. * Pre-employment and personal dynamics service: accompagnement, workshops, helping relationship, conflict resolution, etc. * Career guidance: individual meetings, workshops, information sessions. * Job search assistance: assessment, research techniques, resume writing, interview preparation. * Retention and prevention: personalized support, individual meetings, job retention. * Option ressource travail: access program to non-traditional professions for women. * Focus sur l'emploi: professional reintegration programme for people far from the labour market. * Travail en liberté: employability program for people with a criminal record. * Destination avenir: employability program for youth far from the labour market. * PPE Saint-Rémi and Vaudreuil-Dorion: employment preparation programme. * Services to employers.

Eligibility: general public, Destination avenir: people 18 to 35 years old

Capacity: unlimited

Coverage area: MRC Roussillon, MRC Les Jardins-de-Napierville, MRC Le Haut-Saint-Laurent, MRC Beauharnois-Salaberry, MRC Vaudreuil-Soulanges

Hours: Monday to Friday 8h30 to 12h00 and 13h00 to 16h30

Fees: none

Financing: provincial

Legal status: non-profit organization

Homework assistance and tutoring

MAISON DE LA JEUNESSE 12-17 DE VALLEYFIELD

42 Anderson Street, Salaberry-de-Valleyfield, Montérégie, QC, J6S 0L1

450 373-6788

Website: mdjvalleyfield.com

Email: info@mdjvalleyfield.com

Services: Meeting place for young people. * Food assistance. * Homework assistance. * Assistance in case of runaways. * Help in finding temporary lodging. * Street intervention. * Cultural, creative, preventive, community and recreational activities. * Animation of the downtown area. * Education of democratic life and fundraising campaigns. * Information and raising awareness on healthy lifestyle habits. * Referrals to local organizations.

Eligibility: youth 12 to 24 years old

Capacity: 100

Coverage area: Salaberry-de-Valleyfield

Hours: reception and administration: Monday to Friday 9h00 to 16h00, regular intervention and animation schedule: Monday to Thursday 16h30 to 21h00, Friday 16h30 to 22h00, summer intervention and animation schedule: Monday to Thursday 13h00 to 21h00, Friday 13h00 to 22h00

Financing: self-financing, donations

Legal status: non-profit organization

Public education

LIBERTÉ DE CHOISIR

40 Sainte-Cécile Street, Suite 100, Salaberry-de-Valleyfield, Montérégie, QC, J6T 1L7

450 370-3444

Website: www.libertedechoisir.ca

Email: libertedechoisir@cgocable.ca

Services: Promotion of a healthy lifestyle and prevention of drug addiction among youth. * Schools: individual assessment, early intervention, referral and accompaniment. * Prevention workshops animation: 6th grade primary, high school, post-secondary institutions and training for teachers. * Community sector: conferences and support to organizations. * Parents: conferences and training workshops to better understand drug use among teenagers.

Eligibility: youth 12 to 24 years old, parents, community workers, teachers, community organizations

Coverage area: MRC Vaudreuil-Soulanges, MRC Roussillon, MRC Beauharnois-Salaberry, MRC Le Haut-Saint-Laurent

Hours: Monday to Friday 8h00 to 16h00

Fees: none

Financing: donations, provincial

Legal status: non-profit organization

School perseverance

AIRE OUVERTE DE SALABERRY-DE-VALLEYFIELD

320 Larocque Road, Salaberry-de-Valleyfield, Montérégie, QC, J6T 3Z3

1 888 440-2473

Website: santemonteregie.qc.ca/ouest/aire-ouverte

Email: aireouverte.ciassmo16@ssss.gouv.qc.ca

Services: Various confidential services for youth aged 12 to 25. * Individual psychosocial follow-up. * Sexual health clinic. * Prevention, education and information on the use of alcohol, drugs, gambling and problematic use of the Internet, etc. * Housing support. * Training, employment and finances: educational and professional orientation, help in finding a job, prevention of school drop-out, etc. * General legal assistance.

Eligibility: people 12 to 25 years old

Coverage area: Montérégie-Ouest

Hours: Monday 8h30 to 18h00, Tuesday 8h30 to 16h30, Wednesday 8h30 to 18h00, Thursday 8h30 to 20h00, Friday 8h30 to 18h00, Saturday 12h00 to 18h00

Financing: provincial

Legal status: provincial government agency

GRANDS FRÈRES GRANDES SOEURS DE LA MONTÉRÉGIE - SUROÎT

87 Sainte-Cécile Street, Suite 226, Salaberry-de-Valleyfield, Montérégie, QC, J6T 1L9

1 866 464-6188 ext. 100

Website: www.gfgsm.org

Email: info.monteregie@grandsfreresgrandessoeurs.ca

Services: Pairing program for young people. * Social, emotional and cultural support. * Professional coaching and support for volunteers and parents. * School mentoring: weekly dropout prevention meeting in elementary and secondary schools. * Mentoring for youth 16 to 21 years old who have a history of placement and services in the DPJ or the YCJA.

Eligibility: youth 6 to 21 years old

Coverage area: MRC Beauharnois-Salaberry, MRC Le Haut-Saint-Laurent, MRC Vaudreuil-Soulanges

Hours: Monday to Friday 9h00 to 16h00, availabilities in the evening by appointment

Fees: none

Financing: grants, self-financing

Legal status: non-profit organization

Employment and Income Support

ADVOCACY FOR WORKERS AND UNEMPLOYED

BUDGET MANAGEMENT AND CONSUMPTION

EMPLOYMENT SUPPORT AND TRAINING

EMPLOYMENT SUPPORT FOR SENIORS

EMPLOYMENT SUPPORT FOR WOMEN

EMPLOYMENT SUPPORT FOR YOUTH

VOCATIONAL REHABILITATION AND DISABILITY-RELATED EMPLOYMENT

Advocacy for workers and unemployed

LEGAL AID OFFICE - SALABERRY-DE-VALLEYFIELD

151 Salaberry Street West, Salaberry-de-Valleyfield, Montérégie, QC, J6T 2H8

450 370-3064 Fax: 450 370-3068

Website: ccjrs.com/bureaux/salaberry-de-valleyfield

Email: valleyfield@ccjrs.com

Services: Free or low-cost legal services to eligible individuals. * Receives and processes legal aid request.

Eligibility: person or non-profit organization residing in Quebec or forced to remain in Quebec, financially eligible, and with a legal need that is covered by the Law

Coverage area: MRC Beauharnois-Salaberry, Vaudreuil-Dorion

Hours: Monday to Friday 8h30 to 12h00 and 13h00 to 16h30

Fees: people may be eligible for free legal aid or contributory legal aid between \$100 and 800, depending on their financial situation, see scale on website

Financing: provincial

Legal status: non-profit organization

Budget management and consumption

ASSOCIATION COOPÉRATIVE D'ÉCONOMIE FAMILIALE DE LA RIVE-SUD - POINT DE SERVICE DE VALLEYFIELD

19 Sainte-Cécile Street, Salaberry-de-Valleyfield, Montérégie, QC, J6T 1L4

450 371-3470

Website: www.acefrsm.com

Email: acefrsv@acefrsm.com

Services: * Protection and promotion of consumers' interests. * Consumer-related referral and assistance. * Budget consultation. * Information and education workshops for groups. * Small loans from the Fonds d'entraide de la Rive-Sud. * Assistance with Hydro-Québec payment arrangements. * Bonhomme à lunette service point: low-cost glasses.

Eligibility: consumers on a low or medium income

Coverage area: MRC Beauharnois-Salaberry, MRC Le Haut-Saint-Laurent, MRC Vaudreuil-Soulanges

Hours: appointments: Monday to Thursday 9h00 to 12h00 and 13h00 to 16h00

Fees: none

Financing: provincial, Centraide of Greater Montréal, membership fees, donations

Legal status: cooperative

FONDATION DES RESSOURCES ALTERNATIVES DU SUD-OUEST

663 du Bord-de-l'eau Boulevard, Salaberry-de-Valleyfield, Montérégie, QC, J6S 0B5

450 370-8803

Website: www.lafras.com

Email: info@lafras.com

Services: Financial support for families of people on the autism spectrum or living with an intellectual disability. * Emergency financial assistance for families. * Financial assistance for organizations supporting families of people with an autism spectrum disorder or intellectual disability. * Community awareness. * Organization of fundraising activities.

Eligibility: families of people on the autism spectrum or living with an intellectual disability, organizations that support them

Coverage area: MRC Beauharnois-Salaberry, MRC du Haut-Saint-Laurent, MRC Roussillon, MRC Vaudreuil-Soulanges, MRC Jardins-de-Napierville

Hours: Monday to Thursday 9h00 to 16h00

Financing: donations

Legal status: non-profit organization

Employment support and training

AIRE OUVERTE DE SALABERRY-DE-VALLEYFIELD

320 Larocque Road, Salaberry-de-Valleyfield, Montérégie, QC, J6T 3Z3

1 888 440-2473

Website: santemonteregie.qc.ca/ouest/aire-ouverte

Email: aireouverte.cisssmo16@ssss.gouv.qc.ca

Services: Various confidential services for youth aged 12 to 25. * Individual psychosocial follow-up. * Sexual health clinic. * Prevention, education and information on the use of alcohol, drugs, gambling and problematic use of the Internet, etc. * Housing support. * Training, employment and finances: educational and professional orientation, help in finding a job, prevention of school drop-out, etc. * General legal assistance.

Eligibility: people 12 to 25 years old

Coverage area: Montérégie-Ouest

Hours: Monday 8h30 to 18h00, Tuesday 8h30 to 16h30, Wednesday 8h30 to 18h00, Thursday 8h30 to 20h00, Friday 8h30 to 18h00, Saturday 12h00 to 18h00

Financing: provincial

Legal status: provincial government agency

P.S. JEUNESSE

99 Salaberry Street, Salaberry-de-Valleyfield, Montérégie, QC, J6T 2H5

450 377-9155 Fax: 450 377-8037

Website: psjeunesse.org

Email: lcharland@psjeunesse.org

Services: * Reception and assessment. * Pre-employment and personal dynamics service: accompagnement, workshops, helping relationship, conflict resolution, etc. * Career guidance: individual meetings, workshops, information sessions. * Job search assistance: assessment, research techniques, resume writing, interview preparation. * Retention and prevention: personalized support, individual meetings, job retention. * Option ressource travail: access program to non-traditional professions for women. * Focus sur l'emploi: professional reintegration programme for people far from the labour market. * Travail en liberté: employability program for people with a criminal record. * Destination avenir: employability program for youth far from the labour market. * PPE Saint-Rémi and Vaudreuil-Dorion: employment preparation programme. * Services to employers.

Eligibility: general public, Destination avenir: people 18 to 35 years old

Capacity: unlimited

Coverage area: MRC Roussillon, MRC Les Jardins-de-Napierville, MRC Le Haut-Saint-Laurent, MRC Beauharnois-Salaberry, MRC Vaudreuil-Soulanges

Hours: Monday to Friday 8h30 to 12h00 and 13h00 to 16h30

Fees: none

Financing: provincial

Legal status: non-profit organization

PS JEUNESSE - OPTION RESSOURCE TRAVAIL

99 Salaberry Street, Salaberry-de-Valleyfield, Montérégie, QC, J6T 2H5

450 377-4949 Fax: 450 377-8037

Website: psjeunesse.org/programmes/ort-acces-aux-metiers-non-traditionnels

Email: reception@psjeunesse.org

Services: Pre-employment program of 6 weeks. * Individual counselling, follow-up, guidance. * Group workshops: exploration of trades, job research techniques, etc. * Post-program follow-up: job integration and retention. * Documentation centre on the labour market and school system. * Business internships. * Networking events.

Eligibility: women 20 years old and over, without income or in precarious employment, keen to explore the trades of the future

Coverage area: MRC Beauharnois-Salaberry, MRC Le Haut-Saint-Laurent, MRC Vaudreuil-Soulanges, MRC Roussillon, MRC Les Jardins-de-Napierville

Hours: Monday to Friday 8h30 to 12h00 and 13h00 to 16h30

Fees: none

Financing: provincial

Legal status: non-profit organization

VISION-TRAVAIL

19 du Marché Street, Salaberry-de-Valleyfield, Montérégie, QC, J6T 1P1

450 371-9533 Fax: 450 370-3256

Website: www.visiontravail.ca

Email: valleyfield@visiontravail.ca

Services: Professional advice. * Documentation centre. * Internet and telephone access. * Secretariat. * Individual and group job search assistance. * Targeted initiative for experienced workers 55 to 64 years old: individual assistance, computer and English training.

Eligibility: people 40 years and over who wish to reintegrate the labor market, employers

Coverage area: MRC Beauharnois-Salaberry, MRC Le Haut-Saint-Laurent, MRC Vaudreuil-Soulanges, agglomeration of Longueuil

Hours: Monday to Friday 8h30 to 16h30

Fees: none

Financing: provincial

Legal status: non-profit organization

Employment support for seniors

VISION-TRAVAIL

19 du Marché Street, Salaberry-de-Valleyfield, Montérégie, QC, J6T 1P1

450 371-9533 Fax: 450 370-3256

Website: www.visiontravail.ca

Email: valleyfield@visiontravail.ca

Services: Professional advice. * Documentation centre. * Internet and telephone access. * Secretariat. * Individual and group job search assistance. * Targeted initiative for experienced workers 55 to 64 years old: individual assistance, computer and English training.

Eligibility: people 40 years and over who wish to reintegrate the labor market, employers

Coverage area: MRC Beauharnois-Salaberry, MRC Le Haut-Saint-Laurent, MRC Vaudreuil-Soulanges, agglomeration of Longueuil

Hours: Monday to Friday 8h30 to 16h30

Fees: none

Financing: provincial

Legal status: non-profit organization

Employment support for women

P.S. JEUNESSE

99 Salaberry Street, Salaberry-de-Valleyfield, Montérégie, QC, J6T 2H5

450 377-9155 Fax: 450 377-8037

Website: psjeunesse.org

Email: lcharland@psjeunesse.org

Services: * Reception and assessment. * Pre-employment and personal dynamics service: accompaniment, workshops, helping relationship, conflict resolution, etc. * Career guidance: individual meetings, workshops, information sessions. * Job search assistance: assessment, research techniques, resume writing, interview preparation. * Retention and prevention: personalized support, individual meetings, job retention. * Option ressource travail: access program to non-traditional professions for women. * Focus sur l'emploi: professional reintegration programme for people far from the labour market. * Travail en liberté: employability program for people with a criminal record. * Destination avenir: employability program for youth far from the labour market. * PPE Saint-Rémi and Vaudreuil-Dorion: employment preparation programme. * Services to employers.

Eligibility: general public, Destination avenir: people 18 to 35 years old

Capacity: unlimited

Coverage area: MRC Roussillon, MRC Les Jardins-de-Napierville, MRC Le Haut-Saint-Laurent, MRC Beauharnois-Salaberry, MRC Vaudreuil-Soulanges

Hours: Monday to Friday 8h30 to 12h00 and 13h00 to 16h30

Fees: none

Financing: provincial

Legal status: non-profit organization

PS JEUNESSE - OPTION RESSOURCE TRAVAIL

99 Salaberry Street, Salaberry-de-Valleyfield, Montérégie, QC, J6T 2H5

450 377-4949 Fax: 450 377-8037

Website: psjeunesse.org/programmes/ort-acces-aux-metiers-non-traditionnels

Email: reception@psjeunesse.org

Services: Pre-employment program of 6 weeks. * Individual counselling, follow-up, guidance. * Group workshops: exploration of trades, job research techniques, etc. * Post-program follow-up: job integration and retention. * Documentation centre on the labour market and school system. * Business internships. * Networking events.

Eligibility: women 20 years old and over, without income or in precarious employment, keen to explore the trades of the future

Coverage area: MRC Beauharnois-Salaberry, MRC Le Haut-Saint-Laurent, MRC Vaudreuil-Soulanges, MRC Roussillon, MRC Les Jardins-de-Napierville

Hours: Monday to Friday 8h30 to 12h00 and 13h00 to 16h30

Fees: none

Financing: provincial

Legal status: non-profit organization

Employment support for youth

ANTICHAMBRE 12-17 HÉBERGEMENT JEUNESSE DU SUROÎT (L')

323 Larocque Road, Salaberry-de-Valleyfield, Montérégie, QC, J6T 4C1

450 373-9887

Website: www.lantichambre12-17.ca

Email: hebergement@lantichambre12-17.ca

Services: Intervention and first-line social housing for youth. * Emergency housing. * Temporary housing. * Listening and support. * Referral and accompaniment. * Intervention in crisis situation. * Outreach work. * Family support. * School, social and vocational support. * Information and awareness on various topics.

Eligibility: youth 12 to 17 years old

Capacity: 3 places

Coverage area: MRC Beauharnois-Salaberry, MRC Le Haut-Saint-Laurent, MRC Vaudreuil-Soulanges

Hours: 24 hours / 7 days

Fees: \$10 per day, \$70 per week

Financing: provincial, self-financing, foundations

Legal status: non-profit organization

P.S. JEUNESSE

99 Salaberry Street, Salaberry-de-Valleyfield, Montérégie, QC, J6T 2H5

450 377-9155 Fax: 450 377-8037

Website: psjeunesse.org

Email: lcharland@psjeunesse.org

Services: * Reception and assessment. * Pre-employment and personal dynamics service: accompagnement, workshops, helping relationship, conflict resolution, etc. * Career guidance: individual meetings, workshops, information sessions. * Job search assistance: assessment, research techniques, resume writing, interview preparation. * Retention and prevention: personalized support, individual meetings, job retention. * Option ressource travail: access program to non-traditional professions for women. * Focus sur l'emploi: professional reintegration programme for people far from the labour market. * Travail en liberté: employability program for people with a criminal record. * Destination avenir: employability program for youth far from the labour market. * PPE Saint-Rémi and Vaudreuil-Dorion: employment preparation programme. * Services to employers.

Eligibility: general public, Destination avenir: people 18 to 35 years old

Capacity: unlimited

Coverage area: MRC Roussillon, MRC Les Jardins-de-Napierville, MRC Le Haut-Saint-Laurent, MRC Beauharnois-Salaberry, MRC Vaudreuil-Soulanges

Hours: Monday to Friday 8h30 to 12h00 and 13h00 to 16h30

Fees: none

Financing: provincial

Legal status: non-profit organization

Vocational rehabilitation and disability-related employment**ANTICHAMBRE 12-17 HÉBERGEMENT JEUNESSE DU SUROÎT (L')**

323 Larocque Road, Salaberry-de-Valleyfield, Montérégie, QC, J6T 4C1

450 373-9887

Website: www.lantichambre12-17.ca

Email: hebergement@lantichambre12-17.ca

Services: Intervention and first-line social housing for youth. * Emergency housing. * Temporary housing. * Listening and support. * Referral and accompaniment. * Intervention in crisis situation. * Outreach work. * Family support. * School, social and vocational support. * Information and awareness on various topics.

Eligibility: youth 12 to 17 years old

Capacity: 3 places

Coverage area: MRC Beauharnois-Salaberry, MRC Le Haut-Saint-Laurent, MRC Vaudreuil-Soulanges

Hours: 24 hours / 7 days

Fees: \$10 per day, \$70 per week

Financing: provincial, self-financing, foundations

Legal status: non-profit organization

P.S. JEUNESSE

99 Salaberry Street, Salaberry-de-Valleyfield, Montérégie, QC, J6T 2H5

450 377-9155 Fax: 450 377-8037

Website: psjeunesse.org

Email: lcharland@psjeunesse.org

Services: * Reception and assessment. * Pre-employment and personal dynamics service: accompagnement, workshops, helping relationship, conflict resolution, etc. * Career guidance: individual meetings, workshops, information sessions. * Job search assistance: assessment, research techniques, resume writing, interview preparation. * Retention and prevention: personalized support, individual meetings, job retention. * Option ressource travail: access program to non-traditional professions for women. * Focus sur l'emploi: professional reintegration programme for people far from the labour market. * Travail en liberté: employability program for people with a criminal record. * Destination avenir: employability program for youth far from the labour market. * PPE Saint-Rémi and Vaudreuil-Dorion: employment preparation programme. * Services to employers.

Eligibility: general public, Destination avenir: people 18 to 35 years old

Capacity: unlimited

Coverage area: MRC Roussillon, MRC Les Jardins-de-Napierville, MRC Le Haut-Saint-Laurent, MRC Beauharnois-Salaberry, MRC Vaudreuil-Soulanges

Hours: Monday to Friday 8h30 to 12h00 and 13h00 to 16h30

Fees: none

Financing: provincial

Legal status: non-profit organization

PS JEUNESSE - OPTION RESSOURCE TRAVAIL

99 Salaberry Street, Salaberry-de-Valleyfield, Montérégie, QC, J6T 2H5

450 377-4949 Fax: 450 377-8037

Website: psjeunesse.org/programmes/ort-acces-aux-metiers-non-traditionnels

Email: reception@psjeunesse.org

Services: Pre-employment program of 6 weeks. * Individual counselling, follow-up, guidance. * Group workshops: exploration of trades, job research techniques, etc. * Post-program follow-up: job integration and retention. * Documentation centre on the labour market and school system. * Business internships. * Networking events.

Eligibility: women 20 years old and over, without income or in precarious employment, keen to explore the trades of the future

Coverage area: MRC Beauharnois-Salaberry, MRC Le Haut-Saint-Laurent, MRC Vaudreuil-Soulanges, MRC Roussillon, MRC Les Jardins-de-Napierville

Hours: Monday to Friday 8h30 to 12h00 and 13h00 to 16h30

Fees: none

Financing: provincial

Legal status: non-profit organization

PSYCOHÉSION

100 du Marché Street, Salaberry-de-Valleyfield, Montérégie, QC, J6T 1P7

450 377-2841 Fax: 450 377-0410

Website: www.psycohesion.weebly.com

Email: direction@psycohesion.com

Services: * Support group. * Individual meetings. * Creative and personal development workshops. * Café respite, luncheons and community meals. * Light therapy. * Documentation centre. * Users committee and social club. * Sports and recreational activities: fun games, board games and others. * Summer activities: outings and trips. * Pass-Action program.

Eligibility: people 18 years and over living with or having lived with a mental health problem, Pass-Action program: people ready to reintegrate the job market

Capacity: Pass-Action program: 10 people

Coverage area: MRC de Beauharnois-Salaberry

Hours: Monday and Wednesday 9h00 to 16h00, Tuesday 12h00 to 16h00, Thursday 9h00 to 21h00, Friday 9h00 to 15h00, Saturday and Sunday: call first

Fees: annual membership: \$10

Financing: provincial

Legal status: non-profit organization

Food**FOOD ASSISTANCE****FOOD ASSISTANCE COORDINATION****LOW COST OR FREE MEALS****PREPARED MEALS AND MEALS-ON-WHEELS**

Food Assistance

MAISON DE LA JEUNESSE 12-17 DE VALLEYFIELD

42 Anderson Street, Salaberry-de-Valleyfield, Montérégie, QC, J6S 0L1

450 373-6788

Website: mdjvalleyfield.com

Email: info@mdjvalleyfield.com

Services: Meeting place for young people. * Food assistance. * Homework assistance. * Assistance in case of runaways. * Help in finding temporary lodging. * Street intervention. * Cultural, creative, preventive, community and recreational activities. * Animation of the downtown area. * Education of democratic life and fundraising campaigns. * Information and raising awareness on healthy lifestyle habits. * Referrals to local organizations.

Eligibility: youth 12 to 24 years old

Capacity: 100

Coverage area: Salaberry-de-Valleyfield

Hours: reception and administration: Monday to Friday 9h00 to 16h00, regular intervention and animation schedule: Monday to Thursday 16h30 to 21h00, Friday 16h30 to 22h00, summer intervention and animation schedule: Monday to Thursday 13h00 to 21h00, Friday 13h00 to 22h00

Financing: self-financing, donations

Legal status: non-profit organization

Food assistance coordination

MOISSON SUD-OUEST

Confidential Address

450 377-7696

Website: moissonsudouest.org/en

Email: info@moissonsudouest.org

Services: * Food recovery and distribution to accredited organizations in the region.

Eligibility: non-profit organizations involved in food assistance

Coverage area: MRC Vaudreuil-Soulanges, MRC Beauharnois-Salaberry, MRC Le Haut-Saint-Laurent

Hours: Monday to Thursday 8h30 to 12h00 and 13h00 to 16h00, Friday 8h30 to 12h30

Fees: none

Financing: provincial, self-financing, grants, donations

Legal status: non-profit organization

Low cost or free meals

AÎNÉS DE MAISONNEUVE (LES)

550 Victoria Street, Salaberry-de-Valleyfield, Montérégie, QC, J6T 1B8

450 370-4866

Services: * Pool table, shuffleboard, card games, petanque.

Eligibility: people 65 years old and over

Capacity: 85

Coverage area: MRC Beauharnois-Salaberry, MRC Le Haut-Saint-Laurent, MRC Vaudreuil-Soulanges

Hours: Monday to Friday 11h30 to 16h00

Fees: membership: \$40, bbq: variable

Financing: provincial, federal, foundations, membership fees

Legal status: non-profit organization

DAHLIA (LE) - GROUPE D'ENTRAIDE EN SANTÉ MENTALE

183 Ellice Street, Beauharnois, Montérégie, QC, J6N 1W9

450 225-0696

Email: dahlia.coordo@outlook.com

Services: Mental health day centre and living environment. * Listening, support, referral and counselling. * Individual or group follow-up. * Training, prevention and awareness. * Various workshops: self-management, self-esteem, sexuality, etc. * Therapeutics activities. * Workshops for men. * Lunches and takeout. * Coffee meetings and outings. * Beauty Days.

Eligibility: people living or having experienced mental health problems or emotional distress

Coverage area: MRC Beauharnois-Salaberry, MRC Roussillon

Hours: Monday to Friday 8h30 to 16h00

Fees: lunches: \$3, takeout: \$2

Financing: provincial, donations

Legal status: non-profit organization

MAISON D'HÉBERGEMENT DÉPANNAGE DE VALLEYFIELD - EMERGENCY SHELTER

67 Wilfrid Street, Salaberry-de-Valleyfield, Montérégie, QC, J6T 2N6

450-747-8511 Fax: 450 371-9630

Email: dg@mhdv.org

Services: High tolerance emergency shelter with or without accommodation. * Meals. * Showers. * Laundry.

Eligibility: people in a crisis situation who find themselves homeless and are willing to receive the support necessary to improve their situation

Capacity: 10 beds

Coverage area: MRC Beauharnois-Salaberry, MRC Vaudreuil-Soulanges, MRC Le Haut-Saint-Laurent

Hours: 17h00 to 8h00, 7 days

Fees: none

Financing: Centraide du Sud-Ouest, provincial, federal, self-financing

Legal status: non-profit organization

PSYCOHÉSION

100 du Marché Street, Salaberry-de-Valleyfield, Montérégie, QC, J6T 1P7

450 377-2841 Fax: 450 377-0410

Website: www.psycohesion.weebly.com

Email: direction@psycohesion.com

Services: * Support group. * Individual meetings. * Creative and personal development workshops. * Café respite, luncheons and community meals. * Light therapy. * Documentation centre. * Users committee and social club. * Sports and recreational activities: fun games, board games and others. * Summer activities: outings and trips. * Pass-Action program.

Eligibility: people 18 years and over living with or having lived with a mental health problem, Pass-Action program: people ready to reintegrate the job market

Capacity: Pass-Action program: 10 people

Coverage area: MRC de Beauharnois-Salaberry

Hours: Monday and Wednesday 9h00 to 16h00, Tuesday 12h00 to 16h00, Thursday 9h00 to 21h00, Friday 9h00 to 15h00, Saturday and Sunday: call first

Fees: annual membership: \$10

Financing: provincial

Legal status: non-profit organization

Prepared meals and Meals-on-wheels

DAHLIA (LE) - GROUPE D'ENTRAIDE EN SANTÉ MENTALE

183 Ellice Street, Beauharnois, Montérégie, QC, J6N 1W9

450 225-0696

Email: dahlia.coordo@outlook.com

Services: Mental health day centre and living environment. * Listening, support, referral and counselling. * Individual or group follow-up. * Training, prevention and awareness. * Various workshops: self-management, self-esteem, sexuality, etc. * Therapeutics activities. * Workshops for men. * Lunches and takeout. * Coffee meetings and outings. * Beauty Days.

Eligibility: people living or having experienced mental health problems or emotional distress

Coverage area: MRC Beauharnois-Salaberry, MRC Roussillon

Hours: Monday to Friday 8h30 to 16h00

Fees: lunches: \$3, takeout: \$2

Financing: provincial, donations

Legal status: non-profit organization

Government services**MUNICIPAL SERVICES****OFFICIAL DOCUMENTS****PROVINCIAL SERVICES**

Municipal services

BEAUHARNOIS - ÉCOCENTRE

50 des Hauts-Fourneaux Road, Beauharnois, Montérégie, QC, J6N 1W5

450 225-0650

Website: www.ville.beauharnois.qc.ca/ecocentre

Email: travauxpublics@ville.beauharnois.qc.ca

Services: Recovery of residual materials. * Construction and demolition waste. * Electric appliances. * Computer and electronic appliances. * Cardboard. * Tires, car batteries, gasoline. * Sofas, carpets and mattresses. * Hazardous household waste: paint, oil, batteries, fluorescent light bulbs, propane tanks, aerosols, etc.

Eligibility: residents

Capacity: maximum of 3 cubic meters per visit

Coverage area: Beauharnois, Saint-Étienne-de-Beauharnois, Léry, Saint-Urbain-Premier

Hours: Thursday to Saturday 8h00 to 15h45, summer: Thursday to Saturday 8h00 to 15h45, Sunday 8h00 to 12h45

Fees: depending on annual volume, free up to 12 cubic meters

Financing: municipal, grants

Legal status: municipal agency

Official documents

SALABERRY-DE-VALLEYFIELD COURTHOUSE

74 Académie Street, Salaberry-de-Valleyfield, Montérégie, QC, J6T 0B8

1 866 455-1585 Fax: 450 370-3022

Website: www.justice.gouv.qc.ca/en/join-us/find-a-courthouse/salaberry-de-valleyfield-courthouse

Email: informations@justice.gouv.qc.ca

Services: Administration or court services of Sorel-Tracy. * Support to various courts constituting the judicial system of Québec and some specialized courts. * Judicial services: curatorships, tutorships and wills, civil wedding and partnership, divorce records, family mediation and alimony. * Online schedule of hearings: www.roles.tribunaux.qc.ca * Online information: marriage, civil unions, family mediation, negotiating an equitable agreement, child support, wills, etc.

Eligibility: general public

Coverage area: Beauharnois judicial district: MRC Beauharnois-Salaberry, MRC Vaudreuil-Soulanges

Hours: Monday to Friday 8h30 to 12h45 and 13h45 to 16h30

Financing: provincial

Legal status: provincial government agency

Provincial services

LEGAL AID OFFICE - SALABERRY-DE-VALLEYFIELD

151 Salaberry Street West, Salaberry-de-Valleyfield, Montérégie, QC, J6T 2H8

450 370-3064 Fax: 450 370-3068

Website: ccjrs.com/bureaux/salaberry-de-valleyfield

Email: valleyfield@ccjrs.com

Services: Free or low-cost legal services to eligible individuals. * Receives and processes legal aid request.

Eligibility: person or non-profit organization residing in Quebec or forced to remain in Quebec, financially eligible, and with a legal need that is covered by the Law

Coverage area: MRC Beauharnois-Salaberry, Vaudreuil-Dorion

Hours: Monday to Friday 8h30 to 12h00 and 13h00 to 16h30

Fees: people may be eligible for free legal aid or contributory legal aid between \$100 and 800, depending on their financial situation, see scale on website

Financing: provincial

Legal status: non-profit organization

Health

EYE CARE

PATIENT SUPPORT ASSOCIATIONS

PUBLIC HEALTH

Eye care

ASSOCIATION COOPÉRATIVE D'ÉCONOMIE FAMILIALE DE LA RIVE-SUD - POINT DE SERVICE DE VALLEYFIELD

19 Sainte-Cécile Street, Salaberry-de-Valleyfield, Montérégie, QC, J6T 1L4

450 371-3470

Website: www.acefrsm.com

Email: acefrsv@acefrsm.com

Services: * Protection and promotion of consumers' interests. * Consumer-related referral and assistance. * Budget consultation. * Information and education workshops for groups. * Small loans from the Fonds d'entraide de la Rive-Sud. * Assistance with Hydro-Québec payment arrangements. * Bonhomme à lunette service point: low-cost glasses.

Eligibility: consumers on a low or medium income

Coverage area: MRC Beauharnois-Salaberry, MRC Le Haut-Saint-Laurent, MRC Vaudreuil-Soulanges

Hours: appointments: Monday to Thursday 9h00 to 12h00 and 13h00 to 16h00

Fees: none

Financing: provincial, Centraide of Greater Montréal, membership fees, donations

Legal status: cooperative

Patient support associations

ORGANIZATION DEDICATED TO PEOPLE WITH CANCER AND SERIOUS ILLNESSES

253 Jacques-Cartier Street, Suite 200, Salaberry-de-Valleyfield, Montérégie, QC, J6T 4S7

450 371-5400 ext. 1 **Fax:** 450 371-5455

Website: ovpac.org

Email: info@ovpac.org

Services: * Referrals. * Psychosocial intervention. * Medical transportation to Montréal.

Eligibility: people living with cancer and serious illnesses, their relatives

Coverage area: MRC Beauharnois-Salaberry, MRC Le Haut-Saint-Laurent, MRC Vaudreuil-Soulanges, MRC Roussillon, MRC Jardins-de-Napierville

Hours: Monday to Thursday 9h00 to 16h00, Friday 9h00 to 12h00

Fees: membership: \$20, services and activities: variable

Financing: foundations, fundraising campaigns, provincial

Legal status: non-profit organization

SOCIÉTÉ ALZHEIMER DU SUROÎT - SIÈGE SOCIAL ET POINT DE SERVICE SALABERRY-DE-VALLEYFIELD

340 du Havre Boulevard, Suite 101, Salaberry-de-Valleyfield, Montérégie, QC, J6S 1S6

450 373-0303 **Fax:** 450 373-0388

Website: www.alzheimer.ca/en/suroit

Email: info@alzheimersuroit.com

Services: * Telephone consultations. * Individual and family consultations. * Post-diagnosis reception and support. * Information and support groups and training for caregivers. * Information and support groups and training for people affected. * Brunch meetings for couples and families. * Music and artistic activities. * Respite care at home. * Group respite at the Myosotis activity centres. * Documentation centre. * Information sessions, public conferences, kiosks. * Training for health care professionals and workers. * Reference platform for health care workers: <http://referenceaidancequebec.ca>

Eligibility: people living with Alzheimer's disease or dementia, their caregivers and families, health care professionals and practitioners

Coverage area: MRC Beauharnois-Salaberry, MRC Vaudreuil-Soulanges, MRC Haut-Saint-Laurent, Kahnawake, greater Châteauguay, home respite: MRC Beauharnois-Salaberry, MRC Vaudreuil-Soulanges, greater Châteauguay, group respite: Salaberry-de-Valleyfield, Vaudreuil-Dorion, Châteauguay

Hours: Monday to Friday 9h00 to 16h30, group respite: 9h30 to 15h30

Fees: services to individuals and families: free, services to professionals and practitioners: variable

Financing: donations, grants, fundraising campaigns

Legal status: non-profit organization

Public Health

CENTRE INTÉGRÉ DE SANTÉ ET DE SERVICES SOCIAUX DE LA MONTÉRÉGIE-OUEST - FLU VACCINATION

Confidential Address

1 888 593-5116

Website: www.santemonteregie.qc.ca/en/services/flu-vaccination

Services: Vaccination campaign against seasonal influenza. * Online appointment system: portal3.clicsante.ca

Eligibility: people at risk: pregnant people with pregnancy of 13 weeks or more or with certain chronic illnesses, people aged 75 and over, people with certain chronic illnesses over 6 months old, residents of CHSLDs or intermediate resources, children and teenagers undergoing prolonged treatment with acetylsalicylic acid, family caregivers and people living in the same household as these people, healthy people aged 6 to 23 months and 60 to 74 years, health workers

Coverage area: local service networks Vaudreuil-Soulanges, Haut-Saint-Laurent, Suroît and Jardins-Roussillon

Hours: variable

Fees: free for people at risk

Financing: provincial

Legal status: provincial government agency

Homelessness

DAY AND EVENING CENTRES

HOUSING FOR PREGNANT WOMEN AND FAMILIES

MOBILE UNITS AND STREET WORK

SHELTERS

TRANSITIONAL HOUSING

YOUTH SHELTERS

Day and evening centres

ANTICHAMBRE 12-17 HÉBERGEMENT JEUNESSE DU SUROÎT (L')

323 Larocque Road, Salaberry-de-Valleyfield, Montérégie, QC, J6T 4C1

450 373-9887

Website: www.lantichambre12-17.ca

Email: hebergement@lantichambre12-17.ca

Services: Intervention and first-line social housing for youth. * Emergency housing. * Temporary housing. * Listening and support. * Referral and accompaniment. * Intervention in crisis situation. * Outreach work. * Family support. * School, social and vocational support. * Information and awareness on various topics.

Eligibility: youth 12 to 17 years old

Capacity: 3 places

Coverage area: MRC Beauharnois-Salaberry, MRC Le Haut-Saint-Laurent, MRC Vaudreuil-Soulanges

Hours: 24 hours / 7 days

Fees: \$10 per day, \$70 per week

Financing: provincial, self-financing, foundations

Legal status: non-profit organization

MAISON D'HÉBERGEMENT DÉPANNAGE DE VALLEYFIELD - EMERGENCY SHELTER

67 Wilfrid Street, Salaberry-de-Valleyfield, Montérégie, QC, J6T 2N6

450-747-8511 Fax: 450 371-9630

Email: dg@mhdv.org

Services: High tolerance emergency shelter with or without accommodation. * Meals. * Showers. * Laundry.

Eligibility: people in a crisis situation who find themselves homeless and are willing to receive the support necessary to improve their situation

Capacity: 10 beds

Coverage area: MRC Beauharnois-Salaberry, MRC Vaudreuil-Soulanges, MRC Le Haut-Saint-Laurent

Hours: 17h00 to 8h00, 7 days

Fees: none

Financing: Centraide du Sud-Ouest, provincial, federal, self-financing

Legal status: non-profit organization

MAISON DE LA JEUNESSE 12-17 DE VALLEYFIELD

42 Anderson Street, Salaberry-de-Valleyfield, Montérégie, QC, J6S 0L1

450 373-6788

Website: mdjvalleyfield.com

Email: info@mdjvalleyfield.com

Services: Meeting place for young people. * Food assistance. * Homework assistance. * Assistance in case of runaways. * Help in finding temporary lodging. * Street intervention. * Cultural, creative, preventive, community and recreational activities. * Animation of the downtown area. * Education of democratic life and fundraising campaigns. * Information and raising awareness on healthy lifestyle habits. * Referrals to local organizations.

Eligibility: youth 12 to 24 years old

Capacity: 100

Coverage area: Salaberry-de-Valleyfield

Hours: reception and administration: Monday to Friday 9h00 to 16h00, regular intervention and animation

schedule: Monday to Thursday 16h30 to 21h00, Friday 16h30 to 22h00, summer intervention and animation

schedule: Monday to Thursday 13h00 to 21h00, Friday 13h00 to 22h00

Financing: self-financing, donations

Legal status: non-profit organization

Housing for pregnant women and families

MAISON D'HÉBERGEMENT DÉPANNAGE DE VALLEYFIELD

79 du Zouave Street, Salaberry-de-Valleyfield, Montérégie, QC, J6T 2W4

450 371-9617 Fax: 450 371-9630

Email: dg@mhdv.org

Services: Temporary accommodation for vulnerable individuals and families. * Emergency and short-term accommodation for 3 to 6 months. * Orientation and referral. * Meals and basic services. * Psychosocial support and assistance.

Eligibility: single people or families in a crisis situation who find themselves homeless and are willing to receive the support necessary to improve their situation

Coverage area: MRC Beauharnois-Salaberry, MRC Vaudreuil-Soulanges, MRC Le Haut-Saint-Laurent

Hours: 24 hours / 7 days

Fees: variable, according to the different services, housing: 7 first days are free, according to income afterwards with a minimum of \$12 per day

Financing: Centraide du Sud-Ouest, provincial, federal

Legal status: non-profit organization

MAISON D'HÉBERGEMENT DÉPANNAGE DE VALLEYFIELD - LA MAISONNÉE

274 Alphonse-Desjardins Street, Salaberry-de-Valleyfield, Montérégie, QC, J6S 2P3

450 371-9617 Fax: 450 371-9630

Email: dg@mhdv.org

Services: Short-term emergency accommodation for individuals or couples with children.

Eligibility: homeless individuals or couples 18 years old and over with at least one child

Capacity: 8 beds

Coverage area: MRC Beauharnois-Salaberry, MRC Vaudreuil-Soulanges, MRC Le Haut-Saint-Laurent

Hours: 17h00 to 8h00, 7 days

Fees: First 7 days: free, then according to monthly income

Financing: Centraide du Sud-Ouest, provincial, federal, self-financing

Legal status: non-profit organization

Mobile units and street work

PACTE DE RUE

9 Sainte-Hélène Street, Salaberry-de-Valleyfield, Montérégie, QC, J6T 1S5

450 370-2420 Fax: 450 373-9903

Website: www.pactederue.com

Email: adjointeadmin@pactederue.com

Services: Street work. * Accompaniment, listening, information and referral. * Homelessness, prostitution, street gangs, runaway, mental health and family relationships intervention. * Distribution of condoms and needle exchange. * Naloxone kits distribution. * Emergency assistance. * Emergency and crisis intervention. * Support in obtaining the health insurance card for people experiencing homelessness who attend the organization and whose identity can be confirmed by the agency. * Awareness and education.

Eligibility: youth, adults

Coverage area: Valleyfield, Beauharnois, Huntingdon, Ormstown

Hours: Tuesday to Friday 24 hours, weekend by appointment

Fees: none

Financing: provincial, Centraide Sud-Ouest

Legal status: non-profit organization

Shelters

ANTICHAMBRE 12-17 HÉBERGEMENT JEUNESSE DU SUROÎT (L')

323 Larocque Road, Salaberry-de-Valleyfield, Montérégie, QC, J6T 4C1

450 373-9887

Website: www.lantichambre12-17.ca

Email: hebergement@lantichambre12-17.ca

Services: Intervention and first-line social housing for youth. * Emergency housing. * Temporary housing. * Listening and support. * Referral and accompaniment. * Intervention in crisis situation. * Outreach work. * Family support. * School, social and vocational support. * Information and awareness on various topics.

Eligibility: youth 12 to 17 years old

Capacity: 3 places

Coverage area: MRC Beauharnois-Salaberry, MRC Le Haut-Saint-Laurent, MRC Vaudreuil-Soulanges

Hours: 24 hours / 7 days

Fees: \$10 per day, \$70 per week

Financing: provincial, self-financing, foundations

Legal status: non-profit organization

MAISON D'HÉBERGEMENT DÉPANNAGE DE VALLEYFIELD

79 du Zouave Street, Salaberry-de-Valleyfield, Montérégie, QC, J6T 2W4

450 371-9617 Fax: 450 371-9630

Email: dg@mhdv.org

Services: Temporary accommodation for vulnerable individuals and families. * Emergency and short-term accommodation for 3 to 6 months. * Orientation and referral. * Meals and basic services. * Psychosocial support and assistance.

Eligibility: single people or families in a crisis situation who find themselves homeless and are willing to receive the support necessary to improve their situation

Coverage area: MRC Beauharnois-Salaberry, MRC Vaudreuil-Soulanges, MRC Le Haut-Saint-Laurent

Hours: 24 hours / 7 days

Fees: variable, according to the different services, housing: 7 first days are free, according to income afterwards with a minimum of \$12 per day

Financing: Centraide du Sud-Ouest, provincial, federal

Legal status: non-profit organization

MAISON D'HÉBERGEMENT DÉPANNAGE DE VALLEYFIELD - EMERGENCY SHELTER

67 Wilfrid Street, Salaberry-de-Valleyfield, Montérégie, QC, J6T 2N6

450-747-8511 Fax: 450 371-9630

Email: dg@mhdv.org

Services: High tolerance emergency shelter with or without accommodation. * Meals. * Showers. * Laundry.

Eligibility: people in a crisis situation who find themselves homeless and are willing to receive the support necessary to improve their situation

Capacity: 10 beds

Coverage area: MRC Beauharnois-Salaberry, MRC Vaudreuil-Soulanges, MRC Le Haut-Saint-Laurent

Hours: 17h00 to 8h00, 7 days

Fees: none

Financing: Centraide du Sud-Ouest, provincial, federal, self-financing

Legal status: non-profit organization

MAISON D'HÉBERGEMENT DÉPANNAGE DE VALLEYFIELD - LA MAISONNÉE

274 Alphonse-Desjardins Street, Salaberry-de-Valleyfield, Montérégie, QC, J6S 2P3

450 371-9617 Fax: 450 371-9630

Email: dg@mhdv.org

Services: Short-term emergency accommodation for individuals or couples with children.

Eligibility: homeless individuals or couples 18 years old and over with at least one child

Capacity: 8 beds

Coverage area: MRC Beauharnois-Salaberry, MRC Vaudreuil-Soulanges, MRC Le Haut-Saint-Laurent

Hours: 17h00 to 8h00, 7 days

Fees: First 7 days: free, then according to monthly income

Financing: Centraide du Sud-Ouest, provincial, federal, self-financing

Legal status: non-profit organization

Transitional housing

ANTICHAMBRE 12-17 HÉBERGEMENT JEUNESSE DU SUROÎT (L') - TRANSITIONAL HOUSING

323 Larocque Road, Salaberry-de-Valleyfield, Montérégie, QC, J6T 4C1

450 373-9887

Website: www.lantichambre12-17.ca

Email: hebergement@lantichambre12-17.ca

Services: * Short and medium-term housing for youth.

Eligibility: youth 12 to 17 years old

Capacity: 8 beds

Coverage area: MRC Beauharnois-Salaberry, MRC Le Haut-Saint-Laurent, MRC Vaudreuil-Soulanges

Fees: \$70 per week

Financing: provincial, self-financing, foundations

Legal status: non-profit organization

Youth shelters

ANTICHAMBRE 12-17 HÉBERGEMENT JEUNESSE DU SUROÎT (L')

323 Larocque Road, Salaberry-de-Valleyfield, Montérégie, QC, J6T 4C1

450 373-9887

Website: www.lantichambre12-17.ca

Email: hebergement@lantichambre12-17.ca

Services: Intervention and first-line social housing for youth. * Emergency housing. * Temporary housing. * Listening and support. * Referral and accompaniment. * Intervention in crisis situation. * Outreach work. * Family support. * School, social and vocational support. * Information and awareness on various topics.

Eligibility: youth 12 to 17 years old

Capacity: 3 places

Coverage area: MRC Beauharnois-Salaberry, MRC Le Haut-Saint-Laurent, MRC Vaudreuil-Soulanges

Hours: 24 hours / 7 days

Fees: \$10 per day, \$70 per week

Financing: provincial, self-financing, foundations

Legal status: non-profit organization

Housing

ADVOCACY FOR HOUSING

HOUSING COOPERATIVES AND CORPORATIONS

HOUSING SEARCH ASSISTANCE

Advocacy for housing

AIRE OUVERTE DE SALABERRY-DE-VALLEYFIELD

320 Larocque Road, Salaberry-de-Valleyfield, Montérégie, QC, J6T 3Z3

1 888 440-2473

Website: santemonteregie.qc.ca/ouest/aire-ouverte

Email: aireouverte.cisssmo16@ssss.gouv.qc.ca

Services: Various confidential services for youth aged 12 to 25. * Individual psychosocial follow-up. * Sexual health clinic. * Prevention, education and information on the use of alcohol, drugs, gambling and problematic use of the Internet, etc. * Housing support. * Training, employment and finances: educational and professional orientation, help in finding a job, prevention of school drop-out, etc. * General legal assistance.

Eligibility: people 12 to 25 years old

Coverage area: Montérégie-Ouest

Hours: Monday 8h30 to 18h00, Tuesday 8h30 to 16h30, Wednesday 8h30 to 18h00, Thursday 8h30 to 20h00, Friday 8h30 to 18h00, Saturday 12h00 to 18h00

Financing: provincial

Legal status: provincial government agency

COMITÉ LOGEMENT BEAUHARNOIS

600 Ellice Street, Suite 105, Beauharnois, Montérégie, QC, J6N 3P7

450 429-3000

Website: clbeauharnois.org

Email: clbeauharnois@gmail.com

Services: * Advocacy for tenants. * Information, awareness, development and promotion of access to social housing. * Activities, workshops and training.

Eligibility: tenants

Coverage area: Beauharnois, Léry, Saint-Étienne-de-Beauharnois, Sainte-Martine

Hours: Monday to Thursday 9h00 to 16h00

Fees: none

Financing: Centraide Sud-Ouest du Québec, provincial, donations

Legal status: non-profit organization

MON LOGEMENT, MES DROITS

107 Jacques-Cartier Street, Suite 10, Salaberry-de-Valleyfield, Montérégie, QC, J6T 4R8

438 308-5973

Website: www.monlogementmesdroits.com

Email: monlogementmesdroits@hotmail.com

Services: * Defense of tenants' rights. * Training for Tal hearings. * Popular education workshop and documentation on housing issues. * Promotion of social housing.

Eligibility: residents of the MRC Vaudreuil-Soulanges

Coverage area: MRC Vaudreuil-Soulanges

Hours: Monday to Thursday 8h00 to 12h00 and 13h00 to 16h30 by telephone only

Fees: none

Financing: Centraide du Grand Montréal, municipal

Legal status: non-profit organization

Housing cooperatives and corporations

AIRE OUVERTE DE SALABERRY-DE-VALLEYFIELD

320 Larocque Road, Salaberry-de-Valleyfield, Montérégie, QC, J6T 3Z3

1 888 440-2473

Website: santemonteregie.qc.ca/ouest/aire-ouverte

Email: aireouverte.cisssmo16@ssss.gouv.qc.ca

Services: Various confidential services for youth aged 12 to 25. * Individual psychosocial follow-up. * Sexual health clinic. * Prevention, education and information on the use of alcohol, drugs, gambling and problematic use of the Internet, etc. * Housing support. * Training, employment and finances: educational and professional orientation, help in finding a job, prevention of school drop-out, etc. * General legal assistance.

Eligibility: people 12 to 25 years old

Coverage area: Montérégie-Ouest

Hours: Monday 8h30 to 18h00, Tuesday 8h30 to 16h30, Wednesday 8h30 to 18h00, Thursday 8h30 to 20h00, Friday 8h30 to 18h00, Saturday 12h00 to 18h00

Financing: provincial

Legal status: provincial government agency

COMITÉ LOGEMENT BEAUHARNOIS

600 Ellice Street, Suite 105, Beauharnois, Montérégie, QC, J6N 3P7

450 429-3000

Website: clbeauharnois.org

Email: clbeauharnois@gmail.com

Services: * Advocacy for tenants. * Information, awareness, development and promotion of access to social housing. * Activities, workshops and training.

Eligibility: tenants

Coverage area: Beauharnois, Léry, Saint-Étienne-de-Beauharnois, Sainte-Martine

Hours: Monday to Thursday 9h00 to 16h00

Fees: none

Financing: Centraide Sud-Ouest du Québec, provincial, donations

Legal status: non-profit organization

GROUPE DE RESSOURCES TECHNIQUES DU SUD-OUEST

11 de l'Église Street, Suite 141, Salaberry-de-Valleyfield, Montérégie, QC, J6T 1J5

450 373-7067 Fax: 450 373-0212

Website: grtso.ca

Email: info@grtso.ca

Services: Promote the development of social housing for housing co-ops and non-profit organizations. * Technical help. * Training. * Information on government programs. * Support for setting up an organization.

Eligibility: housing co-ops, non-profit organizations

Coverage area: MRC Vaudreuil-Soulanges

Hours: Monday to Friday 8h30 to 12h00 and 13h00 to 16h00

Financing: provincial, self-financing

Legal status: non-profit organization

MON LOGEMENT, MES DROITS

107 Jacques-Cartier Street, Suite 10, Salaberry-de-Valleyfield, Montérégie, QC, J6T 4R8

438 308-5973

Website: www.monlogementmesdroits.com

Email: monlogementmesdroits@hotmail.com

Services: * Defense of tenants' rights. * Training for Tal hearings. * Popular education workshop and documentation on housing issues. * Promotion of social housing.

Eligibility: residents of the MRC Vaudreuil-Soulanges

Coverage area: MRC Vaudreuil-Soulanges

Hours: Monday to Thursday 8h00 to 12h00 and 13h00 to 16h30 by telephone only

Fees: none

Financing: Centraide du Grand Montréal, municipal

Legal status: non-profit organization

Housing search assistance

COUP DE POUCE DES MOISSONS

196 Saint-Louis Road, Beauharnois, Montérégie, QC, J6N 2J1

1 888 429-4229 Fax: 450 429-6364

Website: cpmaide.ca

Email: direction@cpmaide.ca

Services: * Light and heavy housework. * Laundry and ironing. * Preparation of meals without diet. * Personal care. * Respite. * Assistance in boxing for moving purposes.

Eligibility: seniors, people who are ill, living with a disability or with a loss of autonomy

Coverage area: MRC Beauharnois-Salaberry, MRC Le Haut-Saint-Laurent, MRC Roussillon

Hours: Monday to Thursday 8h30 to 12h00 and 13h00 to 16h00, Friday 8h00 to 12h00

Fees: variable depending on income and age

Financing: provincial, self-financing

Legal status: non-profit organization

MAISON DE LA JEUNESSE 12-17 DE VALLEYFIELD

42 Anderson Street, Salaberry-de-Valleyfield, Montérégie, QC, J6S 0L1

450 373-6788

Website: mdjvalleyfield.com

Email: info@mdjvalleyfield.com

Services: Meeting place for young people. * Food assistance. * Homework assistance. * Assistance in case of runaways. * Help in finding temporary lodging. * Street intervention. * Cultural, creative, preventive, community and recreational activities. * Animation of the downtown area. * Education of democratic life and fundraising campaigns. * Information and raising awareness on healthy lifestyle habits. * Referrals to local organizations.

Eligibility: youth 12 to 24 years old

Capacity: 100

Coverage area: Salaberry-de-Valleyfield

Hours: reception and administration: Monday to Friday 9h00 to 16h00, regular intervention and animation

schedule: Monday to Thursday 16h30 to 21h00, Friday 16h30 to 22h00, summer intervention and animation

schedule: Monday to Thursday 13h00 to 21h00, Friday 13h00 to 22h00

Financing: self-financing, donations

Legal status: non-profit organization

Immigration and cultural communities

FRENCH COURSES

French courses

CÉGEP DE VALLEYFIELD

169 Champlain Street, Salaberry-de-Valleyfield, Montérégie, QC, J6T 1X6

1 877 373-9441 Fax: 450 373-7719

Website: www.cegepvalleyfield.ca

Email: communication@cegepvalleyfield.ca

Services: Public educational institution at college level. * Pre-university and technical programs (DEC). * Certificate of collegiate studies (AEC). * Ongoing training and services to businesses. * International education centre. * Test d'Évaluation de Français (TEF).

Coverage area: Province of Québec

Hours: Monday to Friday 8h00 to 12h00 and 13h00 to 16h00

Financing: foundations, municipal, donations, fundraising campaigns, grants

Legal status: non-profit organization

Indigenous Peoples

EMPLOYMENT

Employment

ANTICHAMBRE 12-17 HÉBERGEMENT JEUNESSE DU SUROÎT (L')

323 Larocque Road, Salaberry-de-Valleyfield, Montérégie, QC, J6T 4C1

450 373-9887

Website: www.lantichambre12-17.ca

Email: hebergement@lantichambre12-17.ca

Services: Intervention and first-line social housing for youth. * Emergency housing. * Temporary housing. * Listening and support. * Referral and accompaniment. * Intervention in crisis situation. * Outreach work. * Family support. * School, social and vocational support. * Information and awareness on various topics.

Eligibility: youth 12 to 17 years old

Capacity: 3 places

Coverage area: MRC Beauharnois-Salaberry, MRC Le Haut-Saint-Laurent, MRC Vaudreuil-Soulanges

Hours: 24 hours / 7 days

Fees: \$10 per day, \$70 per week

Financing: provincial, self-financing, foundations

Legal status: non-profit organization

P.S. JEUNESSE

99 Salaberry Street, Salaberry-de-Valleyfield, Montérégie, QC, J6T 2H5

450 377-9155 Fax: 450 377-8037

Website: psjeunesse.org

Email: lcharland@psjeunesse.org

Services: * Reception and assessment. * Pre-employment and personal dynamics service: accompaniment, workshops, helping relationship, conflict resolution, etc. * Career guidance: individual meetings, workshops, information sessions. * Job search assistance: assessment, research techniques, resume writing, interview preparation. * Retention and prevention: personalized support, individual meetings, job retention. * Option ressource travail: access program to non-traditional professions for women. * Focus sur l'emploi: professional reintegration programme for people far from the labour market. * Travail en liberté: employability program for people with a criminal record. * Destination avenir: employability program for youth far from the labour market. * PPE Saint-Rémi and Vaudreuil-Dorion: employment preparation programme. * Services to employers.

Eligibility: general public, Destination avenir: people 18 to 35 years old

Capacity: unlimited

Coverage area: MRC Roussillon, MRC Les Jardins-de-Napierville, MRC Le Haut-Saint-Laurent, MRC Beauharnois-Salaberry, MRC Vaudreuil-Soulanges

Hours: Monday to Friday 8h30 to 12h00 and 13h00 to 16h30

Fees: none

Financing: provincial

Legal status: non-profit organization

Justice and Advocacy

ADVOCACY GROUPS

CONSUMER PROTECTION AND COMPLAINTS

COURTHOUSES AND TRIBUNALS

LEGAL ASSISTANCE AND INFORMATION

SUPPORT FOR OFFENDERS

Advocacy groups

ASSOCIATION COOPÉRATIVE D'ÉCONOMIE FAMILIALE DE LA RIVE-SUD - POINT DE SERVICE DE VALLEYFIELD

19 Sainte-Cécile Street, Salaberry-de-Valleyfield, Montérégie, QC, J6T 1L4

450 371-3470

Website: www.acefrsm.com

Email: acefrsv@acefrsm.com

Services: * Protection and promotion of consumers' interests. * Consumer-related referral and assistance. * Budget consultation. * Information and education workshops for groups. * Small loans from the Fonds d'entraide de la Rive-Sud. * Assistance with Hydro-Québec payment arrangements. * Bonhomme à lunette service point: low-cost glasses.

Eligibility: consumers on a low or medium income

Coverage area: MRC Beauharnois-Salaberry, MRC Le Haut-Saint-Laurent, MRC Vaudreuil-Soulanges

Hours: appointments: Monday to Thursday 9h00 to 12h00 and 13h00 to 16h00

Fees: none

Financing: provincial, Centraide of Greater Montréal, membership fees, donations

Legal status: cooperative

ASSOCIATION DES RETRAITÉS ET RETRAITÉES DE L'ÉDUCATION ET DES AUTRES SERVICES PUBLICS DU QUÉBEC - SUROÎT

394 Dufferin Street, Suite 202-A, Salaberry-de-Valleyfield, Montérégie, QC, J6S 2A8

450 373-1009

Email: areq.suroit@gmail.com

Services: Advocacy for members and seniors' rights. * Conferences and seminars. * Representation with elected officials. * Social activities.

Eligibility: retired people from public sectors, members

Coverage area: Suroît: MRC Beauharnois-Salaberry, MRC Le Haut-Saint-Laurent, MRC Vaudreuil-Soulanges

Hours: variable

Fees: annual membership

Financing: self-financing

Legal status: non-profit organization

ASSOCIATION QUÉBÉCOISE DE DÉFENSE DES DROITS DES PERSONNES RETRAITÉES ET PRÉRETRAITÉES - VALLEYFIELD-SUROÎT - CAAPA

110 Mathias Street, Suite 101, Salaberry-de-Valleyfield, Montérégie, QC, J6T 3L6

450 807-2232

Website: www.aqdr.org

Email: aqdrvalleyfield@cgocable.ca

Services: Advocacy for seniors in situations where their rights are being infringed upon in order to improve their quality of life. * Assistance and support centre. * Home service if needed.

Eligibility: people aged 50 and over, their relatives

Coverage area: MRC Roussillon, MRC Les Jardins-de-Napierville, MRC Vaudreuil-Soulanges, MRC Beauharnois-Salaberry, MRC Le Haut-Saint-Laurent

Fees: yearly membership: \$20

Financing: self-financing, provincial, federal

Legal status: non-profit organization

CENTRE D'AIDE ET DE LUTTE CONTRE LES AGRESSIONS À CARACTÈRE SEXUEL - LA VIGIE

Confidential Address

450 371-4222 Fax: 450 371-9590

Website: calacslavigie.org

Email: info@calacslavigie.org

Services: Support and prevention relative to sexual assaults. * Direct assistance: listening, information, referral, individual meetings and support groups. * Support to families and friends of women victim of sexual assault. * Education, prevention and training. * Advocacy, accompaniment in the legal procedures and actions to address the issue of sexual violence.

Eligibility: victims of sexual assault, direct assistance: self-identified women, high school teens, trans and non-binary people who have experienced sexual assault, prevention, awareness and advocacy: general population

Coverage area: MRC Beauharnois-Salaberry, MRC Le Haut-Saint-Laurent, MRC Vaudreuil-Soulanges

Hours: Monday to Friday 8h00 to 16h00

Fees: none

Financing: provincial

Legal status: non-profit organization

COLLECTIF DE DÉFENSE DES DROITS DE LA MONTÉRÉGIE VALLEYFIELD - CHÂTEAUGUAY AND VALLEYFIELD

107 Jacques-Cartier Street, Suite 21, Salaberry-de-Valleyfield, Montérégie, QC, J6T 4R8

1 866 377-2481 Fax: 450 747-3135

Website: www.cddm.qc.ca/en

Email: valleyfield-chateauguay@cddm.qc.ca

Services: Alternative mental health group. * Assistance and support in promoting and respecting the rights of people who are experiencing or have experienced challenges related to mental health. * Social change and advocacy group.

Eligibility: people experiencing or having experienced mental health challenges

Coverage area: Châteauguay, Salaberry-de-Valleyfield

Hours: Monday to Friday 9h00 to 16h00

Fees: none

Financing: municipal

Legal status: non-profit organization

COMITÉ DES USAGERS DU SUROÎT

Confidential Address

450 371-9920 ext. 2435

Website: cusecteursuroit.com

Email: comiteusagers.suroit@hotmail.ca

Services: Users committee. * Information on the rights and obligations of users. * Advocacy. * Assistance in the proceedings when making a complaint.

Eligibility: users of the Suroît local service network

Coverage area: CISSS de la Montérégie-Ouest area

Financing: provincial

Legal status: parapublic organization

COMITÉ LOGEMENT BEAUHARNOIS

600 Ellice Street, Suite 105, Beauharnois, Montérégie, QC, J6N 3P7

450 429-3000

Website: clbeauharnois.org

Email: clbeauharnois@gmail.com

Services: * Advocacy for tenants. * Information, awareness, development and promotion of access to social housing. * Activities, workshops and training.

Eligibility: tenants

Coverage area: Beauharnois, Léry, Saint-Étienne-de-Beauharnois, Sainte-Martine

Hours: Monday to Thursday 9h00 to 16h00

Fees: none

Financing: Centraide Sud-Ouest du Québec, provincial, donations

Legal status: non-profit organization

MON LOGEMENT, MES DROITS

107 Jacques-Cartier Street, Suite 10, Salaberry-de-Valleyfield, Montérégie, QC, J6T 4R8

438 308-5973

Website: www.monlogementmesdroits.com

Email: monlogementmesdroits@hotmail.com

Services: * Defense of tenants' rights. * Training for Tal hearings. * Popular education workshop and documentation on housing issues. * Promotion of social housing.

Eligibility: residents of the MRC Vaudreuil-Soulanges

Coverage area: MRC Vaudreuil-Soulanges

Hours: Monday to Thursday 8h00 to 12h00 and 13h00 to 16h30 by telephone only

Fees: none

Financing: Centraide du Grand Montréal, municipal

Legal status: non-profit organization

REGROUPEMENT TL QUÉBEC

55 Sainte-Claire Street, Salaberry-de-Valleyfield, Montérégie, QC, J6S 1N5

1 800 495-4118

Website: www.regroupementtdl.ca

Email: info@regroupementtdl.ca

Services: * Promotion of a better knowledge of developmental language disorder (dysphasia) and language disorders among support organizations and public. * Defense of rights of people living with dysphasia or language disorders. * Implementation of assistance services and promotional tools to member organizations.

Eligibility: people living with developmental language disorder (dysphasia) and other language disorders, their close relatives, education and health professionals

Coverage area: Province of Québec

Hours: Monday to Friday 8h00 to 16h00

Financing: provincial

Legal status: non-profit organization

Consumer protection and complaints

ASSOCIATION COOPÉRATIVE D'ÉCONOMIE FAMILIALE DE LA RIVE-SUD - POINT DE SERVICE DE VALLEYFIELD

19 Sainte-Cécile Street, Salaberry-de-Valleyfield, Montérégie, QC, J6T 1L4

450 371-3470

Website: www.acefrsm.com

Email: acefrsv@acefrsm.com

Services: * Protection and promotion of consumers' interests. * Consumer-related referral and assistance. * Budget consultation. * Information and education workshops for groups. * Small loans from the Fonds d'entraide de la Rive-Sud. * Assistance with Hydro-Québec payment arrangements. * Bonhomme à lunette service point: low-cost glasses.

Eligibility: consumers on a low or medium income

Coverage area: MRC Beauharnois-Salaberry, MRC Le Haut-Saint-Laurent, MRC Vaudreuil-Soulanges

Hours: appointments: Monday to Thursday 9h00 to 12h00 and 13h00 to 16h00

Fees: none

Financing: provincial, Centraide of Greater Montréal, membership fees, donations

Legal status: cooperative

COMITÉ DES USAGERS DU SUROÎT

Confidential Address

450 371-9920 ext. 2435

Website: cusecteursuroit.com

Email: comiteusagers.suroit@hotmail.ca

Services: Users committee. * Information on the rights and obligations of users. * Advocacy. * Assistance in the proceedings when making a complaint.

Eligibility: users of the Suroît local service network

Coverage area: CISSS de la Montérégie-Ouest area

Financing: provincial

Legal status: parapublic organization

Courthouses and tribunals

COURT OF QUÉBEC - CIVIL DIVISION - SALABERRY-DE-VALLEYFIELD

74 Académie Street, Salaberry-de-Valleyfield, Montérégie, QC, J6T 0B8

1 866 536-5140 option 3

Website: www.justice.gouv.qc.ca/en/join-us/find-a-courthouse/salaberry-de-valleyfield-courthouse

Email: informations@justice.gouv.qc.ca

Services: Court constituting the judicial system of Québec. * Hearing of cases where the amount in dispute is less than \$100 000. * Hearing of some cases regarding municipal and school affairs. * Hearing of temporary and authorized confinement cases prior to or following psychiatric assessment. * Exclusive jurisdiction to hear appeals from decisions of certain administrative tribunals, such as the Tribunal administratif du logement. * Voluntary deposit. * Settlement conference chaired by a judge. * Mediation service. * Documents pertinents pour l'ensemble des régions: www.courduquebec.ca/en/centre-de-documentation/relevant-documents-for-all-regions * Horaire des audiences en ligne: www.roles.tribunaux.qc.ca

Eligibility: general public

Coverage area: Beauharnois judicial district: MRC Beauharnois-Salaberry, MRC Vaudreuil-Soulanges

Hours: Monday to Friday 8h30 to 12h45 and 13h45 to 16h30

Financing: provincial

Legal status: provincial government agency

COURT OF QUÉBEC - CRIMINAL AND PENAL DIVISION - SALABERRY-DE-VALLEYFIELD

74 Académie Street, Salaberry-de-Valleyfield, Montérégie, QC, J6T 0B8

1 866 536-5140 option 3 **Fax:** 450 370-3021

Website: www.justice.gouv.qc.ca/en/join-us/find-a-courthouse/salaberry-de-valleyfield-courthouse

Email: informations@justice.gouv.qc.ca

Services: Court of Justice of the Judiciary of Quebec. * Hearing of prosecutions under the Criminal Code, the Code of Penal Procedure or any other penal statute. * Facilitation conference in criminal and penal matters. * Relevant documents for all regions: www.courduquebec.ca/en/centre-de-documentation/relevant-documents-for-all-regions * Online schedule of hearings: www.roles.tribunaux.qc.ca

Eligibility: general public

Coverage area: Beauharnois judicial district: MRC Beauharnois-Salaberry, MRC Vaudreuil-Soulanges

Hours: Monday to Friday 8h30 to 12h45 and 13h45 to 16h30

Financing: provincial

Legal status: provincial government agency

COURT OF QUÉBEC - SMALL CLAIMS DIVISION - SALABERRY-DE-VALLEYFIELD

74 Académie Street, Salaberry-de-Valleyfield, Montérégie, QC, J6T 0B8

1 866 536-5140 option 3

Website: www.justice.gouv.qc.ca/en/join-us/find-a-courthouse/salaberry-de-valleyfield-courthouse

Email: informations@justice.gouv.qc.ca

Services: Subdivision of the Civil Division of the Court of Justice. * Hearings of cases where the amount in dispute is less than \$15,000 and where people represent themselves without a lawyer. * Fair and impartial assistance from judges. * Mediation service. * Tools, checklists and guide: www.courduquebec.ca/en/2/small-claims * Online schedule of hearings: www.roles.tribunaux.qc.ca * Other point of service: 265 Anjou Boulevard, Châteauguay and 280 Harwood Boulevard, Vaudreuil-Dorion.

Eligibility: any person or legal person if it employed at most 10 people during the 12 months prior to the claim

Coverage area: Beauharnois judicial district: MRC Beauharnois-Salaberry, MRC Vaudreuil-Soulanges

Hours: Monday to Friday 8h30 to 12h45 and 13h45 to 16h30, by appointment

Financing: provincial

Legal status: provincial government agency

COURT OF QUÉBEC - YOUTH DIVISION - SALABERRY-DE-VALLEYFIELD

74 Académie Street, Salaberry-de-Valleyfield, Montérégie, QC, J6T 0B8

1 866 536-5140 option 3

Website: www.justice.gouv.qc.ca/en/join-us/find-a-courthouse/salaberry-de-valleyfield-courthouse

Email: informations@justice.gouv.qc.ca

Services: Court of Justice of the Judiciary of Quebec. * Hearing of all cases involving minors. * Hearing of adoption cases. * Out-of-court settlement conference in youth protection matters. * Relevant documents for all regions: www.courduquebec.ca/en/centre-de-documentation/relevant-documents-for-all-regions * Online schedule of hearings: www.roles.tribunaux.qc.ca

Eligibility: general public

Coverage area: Beauharnois judicial district: MRC Beauharnois-Salaberry, MRC Vaudreuil-Soulanges

Hours: Monday to Friday of 8h30 to 12h45 and 13h45 to 16h30

Financing: provincial

Legal status: provincial government agency

SALABERRY-DE-VALLEYFIELD COURTHOUSE

74 Académie Street, Salaberry-de-Valleyfield, Montérégie, QC, J6T 0B8

1 866 455-1585 Fax: 450 370-3022

Website: www.justice.gouv.qc.ca/en/join-us/find-a-courthouse/salaberry-de-valleyfield-courthouse

Email: informations@justice.gouv.qc.ca

Services: Administration or court services of Sorel-Tracy. * Support to various courts constituting the judicial system of Québec and some specialized courts. * Judicial services: curatorships, tutorships and wills, civil wedding and partnership, divorce records, family mediation and alimony. * Online schedule of hearings: www.roles.tribunaux.qc.ca * Online information: marriage, civil unions, family mediation, negotiating an equitable agreement, child support, wills, etc.

Eligibility: general public

Coverage area: Beauharnois judicial district: MRC Beauharnois-Salaberry, MRC Vaudreuil-Soulanges

Hours: Monday to Friday 8h30 to 12h45 and 13h45 to 16h30

Financing: provincial

Legal status: provincial government agency

SUPERIOR COURT - SALABERRY-DE-VALLEYFIELD

74 Académie Street, Salaberry-de-Valleyfield, Montérégie, QC, J6T 0B8

1 866 536-5140 option 3

Website: www.justice.gouv.qc.ca/en/join-us/find-a-courthouse/salaberry-de-valleyfield-courthouse

Email: informations@justice.gouv.qc.ca

Services: Court of Justice of the Judiciary of Quebec. * Hearings of cases involving \$85,000 or more and administrative, family and bankruptcy disputes. * Hearings in criminal jury trials and summary conviction appeals. * Hearings of all cases not assigned by law to another court. * Registry of class actions: www.registredesactionscollectives.quebec/en/Consulter/RecherchePublique * Online hearing schedule: www.roles.tribunaux.qc.ca

Eligibility: general public

Coverage area: Beauharnois judicial district: MRC Beauharnois-Salaberry, MRC Vaudreuil-Soulanges

Hours: Monday to Friday of 8h30 to 12h45 and 13h45 to 16h30

Financing: provincial

Legal status: provincial government agency

Legal assistance and information

AIRE OUVERTE DE SALABERRY-DE-VALLEYFIELD

320 Larocque Road, Salaberry-de-Valleyfield, Montérégie, QC, J6T 3Z3

1 888 440-2473

Website: santemonteregie.qc.ca/ouest/aire-ouverte

Email: aireouverte.cisssmo16@ssss.gouv.qc.ca

Services: Various confidential services for youth aged 12 to 25. * Individual psychosocial follow-up. * Sexual health clinic. * Prevention, education and information on the use of alcohol, drugs, gambling and problematic use of the Internet, etc. * Housing support. * Training, employment and finances: educational and professional orientation, help in finding a job, prevention of school drop-out, etc. * General legal assistance.

Eligibility: people 12 to 25 years old

Coverage area: Montérégie-Ouest

Hours: Monday 8h30 to 18h00, Tuesday 8h30 to 16h30, Wednesday 8h30 to 18h00, Thursday 8h30 to 20h00, Friday 8h30 to 18h00, Saturday 12h00 to 18h00

Financing: provincial

Legal status: provincial government agency

ANTICHAMBRE 12-17 HÉBERGEMENT JEUNESSE DU SUROÎT (L')

323 Larocque Road, Salaberry-de-Valleyfield, Montérégie, QC, J6T 4C1

450 373-9887

Website: www.lantichambre12-17.ca

Email: hebergement@lantichambre12-17.ca

Services: Intervention and first-line social housing for youth. * Emergency housing. * Temporary housing. * Listening and support. * Referral and accompaniment. * Intervention in crisis situation. * Outreach work. * Family support. * School, social and vocational support. * Information and awareness on various topics.

Eligibility: youth 12 to 17 years old

Capacity: 3 places

Coverage area: MRC Beauharnois-Salaberry, MRC Le Haut-Saint-Laurent, MRC Vaudreuil-Soulanges

Hours: 24 hours / 7 days

Fees: \$10 per day, \$70 per week

Financing: provincial, self-financing, foundations

Legal status: non-profit organization

ASSOCIATION QUÉBÉCOISE DE DÉFENSE DES DROITS DES PERSONNES RETRAITÉES ET PRÉRETRAITÉES - VALLEYFIELD-SUROÎT - CAAPA

110 Mathias Street, Suite 101, Salaberry-de-Valleyfield, Montérégie, QC, J6T 3L6

450 807-2232

Website: www.aqdr.org

Email: aqdrvalleyfield@cgocable.ca

Services: Advocacy for seniors in situations where their rights are being infringed upon in order to improve their quality of life. * Assistance and support centre. * Home service if needed.

Eligibility: people aged 50 and over, their relatives

Coverage area: MRC Roussillon, MRC Les Jardins-de-Napierville, MRC Vaudreuil-Soulanges, MRC Beauharnois-Salaberry, MRC Le Haut-Saint-Laurent

Fees: yearly membership: \$20

Financing: self-financing, provincial, federal

Legal status: non-profit organization

COURT OF QUÉBEC - YOUTH DIVISION - SALABERRY-DE-VALLEYFIELD

74 Académie Street, Salaberry-de-Valleyfield, Montérégie, QC, J6T 0B8

1 866 536-5140 option 3

Website: www.justice.gouv.qc.ca/en/join-us/find-a-courthouse/salaberry-de-valleyfield-courthouse

Email: informations@justice.gouv.qc.ca

Services: Court of Justice of the Judiciary of Quebec. * Hearing of all cases involving minors. * Hearing of adoption cases. * Out-of-court settlement conference in youth protection matters. * Relevant documents for all regions: www.courduquebec.ca/en/centre-de-documentation/relevant-documents-for-all-regions * Online schedule of hearings: www.roles.tribunaux.qc.ca

Eligibility: general public

Coverage area: Beauharnois judicial district: MRC Beauharnois-Salaberry, MRC Vaudreuil-Soulanges

Hours: Monday to Friday of 8h30 to 12h45 and 13h45 to 16h30

Financing: provincial

Legal status: provincial government agency

LEGAL AID OFFICE - SALABERRY-DE-VALLEYFIELD

151 Salaberry Street West, Salaberry-de-Valleyfield, Montérégie, QC, J6T 2H8

450 370-3064 Fax: 450 370-3068

Website: ccjrs.com/bureaux/salaberry-de-valleyfield

Email: valleyfield@ccjrs.com

Services: Free or low-cost legal services to eligible individuals. * Receives and processes legal aid request.

Eligibility: person or non-profit organization residing in Quebec or forced to remain in Quebec, financially eligible, and with a legal need that is covered by the Law

Coverage area: MRC Beauharnois-Salaberry, Vaudreuil-Dorion

Hours: Monday to Friday 8h30 to 12h00 and 13h00 to 16h30

Fees: people may be eligible for free legal aid or contributory legal aid between \$100 and 800, depending on their financial situation, see scale on website

Financing: provincial

Legal status: non-profit organization

Support for offenders

LEGAL AID OFFICE - SALABERRY-DE-VALLEYFIELD

151 Salaberry Street West, Salaberry-de-Valleyfield, Montérégie, QC, J6T 2H8

450 370-3064 Fax: 450 370-3068

Website: ccjrs.com/bureaux/salaberry-de-valleyfield

Email: valleyfield@ccjrs.com

Services: Free or low-cost legal services to eligible individuals. * Receives and processes legal aid request.

Eligibility: person or non-profit organization residing in Quebec or forced to remain in Quebec, financially eligible, and with a legal need that is covered by the Law

Coverage area: MRC Beauharnois-Salaberry, Vaudreuil-Dorion

Hours: Monday to Friday 8h30 to 12h00 and 13h00 to 16h30

Fees: people may be eligible for free legal aid or contributory legal aid between \$100 and 800, depending on their financial situation, see scale on website

Financing: provincial

Legal status: non-profit organization

Mental Health and addictions

ADDICTION PREVENTION

ADDICTION TREATMENT

COMMUNITY SUPPORT IN MENTAL HEALTH

CRISIS CENTRES AND SUICIDE PREVENTION

HELPLINES

MENTAL HEALTH ADVOCACY GROUPS

PSYCHIATRIC SERVICES

SELF-HELP GROUPS FOR ADDICTION ISSUES

SELF-HELP GROUPS FOR MENTAL HEALTH ISSUES

Addiction prevention

AIRE OUVERTE DE SALABERRY-DE-VALLEYFIELD

320 Larocque Road, Salaberry-de-Valleyfield, Montérégie, QC, J6T 3Z3

1 888 440-2473

Website: santemonteregie.qc.ca/ouest/aire-ouverte

Email: aireouverte.cisssmo16@ssss.gouv.qc.ca

Services: Various confidential services for youth aged 12 to 25. * Individual psychosocial follow-up. * Sexual health clinic. * Prevention, education and information on the use of alcohol, drugs, gambling and problematic use of the Internet, etc. * Housing support. * Training, employment and finances: educational and professional orientation, help in finding a job, prevention of school drop-out, etc. * General legal assistance.

Eligibility: people 12 to 25 years old

Coverage area: Montérégie-Ouest

Hours: Monday 8h30 to 18h00, Tuesday 8h30 to 16h30, Wednesday 8h30 to 18h00, Thursday 8h30 to 20h00, Friday 8h30 to 18h00, Saturday 12h00 to 18h00

Financing: provincial

Legal status: provincial government agency

JUSTICE ALTERNATIVE DU SUROÎT

52 Larocque Road, Salaberry-de-Valleyfield, Montérégie, QC, J6T 4A2

1 800 377-3576 Fax: 450 377-4394

Website: justicealternativedusuroit.com

Email: reception@justicealternativedusuroit.com

Services: * Enforcement of certain criminal penalties under the Youth Criminal Justice Act: criminal mediation, volunteer work, compensation, apology. * Laws and Consequences and Laws and Drugs programs: social skills development workshops. * Conflict management projects in schools. * GRAFF and DEGRAFF: projects to remove illegal graffiti and create frescoes on authorized sites. * Résoluthèque: documentation centre on healthy conflict management.

Eligibility: young people 12 to 17 years old

Coverage area: MRC de Beauharnois-Salaberry, MRC du Haut-Saint-Laurent, MRC Vaudreuil-Soulanges

Hours: Monday to Friday 8h30 to 12h00 and 13h00 to 16h30, group facilitation: Tuesday evening

Financing: provincial

Legal status: non-profit organization

LIBERTÉ DE CHOISIR

40 Sainte-Cécile Street, Suite 100, Salaberry-de-Valleyfield, Montérégie, QC, J6T 1L7

450 370-3444

Website: www.libertedechoisir.ca

Email: libertedechoisir@cgocable.ca

Services: Promotion of a healthy lifestyle and prevention of drug addiction among youth. * Schools: individual assessment, early intervention, referral and accompaniment. * Prevention workshops animation: 6th grade primary, high school, post-secondary institutions and training for teachers. * Community sector: conferences and support to organizations. * Parents: conferences and training workshops to better understand drug use among teenagers.

Eligibility: youth 12 to 24 years old, parents, community workers, teachers, community organizations

Coverage area: MRC Vaudreuil-Soulanges, MRC Roussillon, MRC Beauharnois-Salaberry, MRC Le Haut-Saint-Laurent

Hours: Monday to Friday 8h00 to 16h00

Fees: none

Financing: donations, provincial

Legal status: non-profit organization

SERVICES D'INTERVENTION PRÉCOCE EN DÉPENDANCE - MONTÉRÉGIE-OUEST - JARDINS-ROUSSILLON - SECTEUR BEAUHARNOIS

142 Saint-Laurent Street, Beauharnois, Montérégie, QC, J6N 1V9

450 429-6455 ext. 203344

Website: <https://santemonteregie.qc.ca/services/dependances>

Email: prevention.dependances.ciassmo16@ssss.gouv.qc.ca

Services: Front-line addiction services. * Information and education on addiction. * Reflection on consumption habits and possible solutions. * Support for loved ones. * Mes choix Alcool. * Mes choix cannabis. * Mes choix toutes substances.

Eligibility: people with questions about alcohol, drug, gambling, or Internet use habits

Coverage area: Montérégie-Ouest: Beauharnois Sector: Beauharnois, Maple-Grove, Melocheville, Saint-Étienne, Saint-Timothée

Legal status: provincial government agency

SERVICES D'INTERVENTION PRÉCOCE EN DÉPENDANCE - MONTÉRÉGIE-OUEST - SECTEUR SUROÎT

71 Maden Street, Salaberry-de-Valleyfield, Montérégie, QC, J6S 3V4

450 371-0143 ext. 203210

Website: <https://santemonteregie.qc.ca/services/dependances>

Email: prevention.dependances.ciassmo16@ssss.gouv.qc.ca

Services: Front-line addiction services. * Information and education on addiction. * Reflection on consumption habits and possible solutions. * Support for loved ones. * Mes choix Alcool. * Mes choix cannabis. * Mes choix toutes substances.

Eligibility: people with questions about alcohol, drug, gambling, or Internet use habits

Coverage area: Montérégie-Ouest: Suroît Sector: Saint-Louis-de-Gonzague, Saint-Stanislas-de-Kostka, Salaberry-de-Valleyfield, Grande Île

Legal status: parapublic organization

Addiction treatment

CENTRE DE RÉADAPTATION EN DÉPENDANCE DE LA MONTÉRÉGIE-OUEST - SALABERRY-DE-VALLEYFIELD

11 de l'Église Street, Salaberry-de-Valleyfield, Montérégie, QC, J6T 1J5

450 373-5934

Website: santemonteregie.qc.ca/services/dependances

Email: accueil.dependance.ciassmo16@ssss.gouv.qc.ca

Services: Second-line addiction services. * Outpatient services for adults and youth of variable duration. * Inpatient services for adults and youth in collaboration with addiction rehabilitation center. * Inpatient detoxification level 3.7 (St-Philippe service point). * Support for cyberaddiction. * OAT services. * Support for relatives: individual and groups meetings. * Referral for social reintegration if necessary.

Eligibility: people aged 12 and over with a substance use disorder, problematic use of the Internet, gambling, their loved ones, people on the substitution program

Coverage area: Montérégie and Montreal (English speaking only - see Foster file)

Hours: Monday and Tuesday 8h30 to 12h00 and 13h00 to 20h00, Wednesday to Friday 8h30 to 12h00 and 13h00 to 16h30, centralized reception: Monday to Wednesday 8h30 to 12h00, 13h00 to 17h00 and 18h00 to 20h30, Thursday and Friday 8h30 to 12h00 and 13h00 to 16h30

Fees: free

Financing: provincial

Legal status: parapublic organization

DU SUROÎT HOSPITAL

150 Saint-Thomas Street, Salaberry-de-Valleyfield, Montérégie, QC, J6T 6C1

450 371-9920 Fax: 450 377-1372

Website: santemonteregie.qc.ca/en/installations/hopital-du-suroit

Services: Hospital centre offering general and specialized cares. * Emergencies and intensive cares. * Surgery. * Obstetrics and pediatrics. * Mother-children centre and support to families living perinatal bereavement. * Geriatrics, palliative care. * Sleep laboratory. * Physical rehabilitation. * Informations for people living with diabetes. * Inpatient psychiatric hospital unit and mental health consultations. * Tests centre. * Detoxification. * Disposal of used syringes and needles. * Distribution of injection equipment to people who use drugs.

Coverage area: Province of Québec

Hours: 24 hours / 7 days

Financing: provincial

Legal status: parapublic organization

SERVICES D'INTERVENTION PRÉCOCE EN DÉPENDANCE - MONTÉRÉGIE-OUEST - JARDINS-ROUSSILLON - SECTEUR BEAUHARNOIS

142 Saint-Laurent Street, Beauharnois, Montérégie, QC, J6N 1V9

450 429-6455 ext. 203344

Website: <https://santemonteregie.qc.ca/services/dependances>

Email: prevention.dependances.cisssmo16@ssss.gouv.qc.ca

Services: Front-line addiction services. * Information and education on addiction. * Reflection on consumption habits and possible solutions. * Support for loved ones. * Mes choix Alcool. * Mes choix cannabis. * Mes choix toutes substances.

Eligibility: people with questions about alcohol, drug, gambling, or Internet use habits

Coverage area: Montérégie-Ouest: Beauharnois Sector: Beauharnois, Maple-Grove, Melocheville, Saint-Étienne, Saint-Timothée

Legal status: provincial government agency

SERVICES D'INTERVENTION PRÉCOCE EN DÉPENDANCE - MONTÉRÉGIE-OUEST - SECTEUR SUROÎT

71 Maden Street, Salaberry-de-Valleyfield, Montérégie, QC, J6S 3V4

450 371-0143 ext. 203210

Website: <https://santemonteregie.qc.ca/services/dependances>

Email: prevention.dependances.cisssmo16@ssss.gouv.qc.ca

Services: Front-line addiction services. * Information and education on addiction. * Reflection on consumption habits and possible solutions. * Support for loved ones. * Mes choix Alcool. * Mes choix cannabis. * Mes choix toutes substances.

Eligibility: people with questions about alcohol, drug, gambling, or Internet use habits

Coverage area: Montérégie-Ouest: Suroît Sector: Saint-Louis-de-Gonzague, Saint-Stanislas-de-Kostka, Salaberry-de-Valleyfield, Grande Île

Legal status: parapublic organization

Community support in mental health**CAMP BOSCO**

663 du Bord-de-l'eau Boulevard, Salaberry-de-Valleyfield, Montérégie, QC, J6S 0B5

450 371-4816 poste 209

Website: www.campbosco.org

Email: info@lafra.com

Services: Summer camp. * Integration programme for children living with a disability or special needs: pairing with a counsellor, sensory stimulation rooms, rest rooms. * Family Vacation Program: accommodation, meals and activities. * Healthy Action Program: recreational and sports activities, cooking workshops. * Real Beauty Program: various workshops on self-esteem, healthy lifestyle, prevention of eating disorders. * Project OUF: respite services for families, recreational activities, strengthening family ties, prevention of physical and psychological abuse.

Eligibility: children 4 to 12 years old, families, Family Holidays program: low-income families, Take Action Health program: youth 17 years old and under, their family, Real Beauty program: girls 9 to 12 years old, OUF project: families with a child or children 3 to 12 years old experiencing difficulties

Coverage area: MRC Vaudreuil-Soulanges, MRC du Haut-Saint-Laurent, MRC Beauharnois-Salaberry

Fees: Summer camp: \$70 per week for Salaberry-de-Valleyfield residents, \$91 per week for non-residents, family program: variable depending on income

Financing: self-financing, donations

Legal status: non-profit organization

CENTRE DE SERVICES AMBULATOIRES EN SANTÉ MENTALE DE LA RUE DU MARCHÉ

50 du Marché Street, Salaberry-de-Valleyfield, Montérégie, QC, J6T 1P4

450 373-7321 Fax: 450 371-5044

Website: www.santemonteregie.qc.ca/en/installations/edifice-pierre-deom-centre-de-jour-en-sante-mentale-pour-adultes

Services: Mental health day centre.

Eligibility: adults living with a mental health problem

Coverage area: MRC Beauharnois-Salaberry, MRC Le Haut-Saint-Laurent, MRC Les Jardins-de-Napierville, MRC Roussillon, MRC Vaudreuil-Soulanges

Financing: provincial

Legal status: parapublic organization

CLINIQUE PEP - SALABERRY-DE-VALLEYFIELD, VAUDREUIL-SOULANGES ET HAUT-SAINT-LAURENT

50 du Marché Street, Salaberry-de-Valleyfield, Montérégie, QC, J6T 1P4

579 491-0021 Fax: 450 371-5044

Website: www.santemonteregie.qc.ca/en/west/fep-first-episode-psychosis-team

Services: Specialized clinic for people aged 18 to 35 experiencing an untreated first psychotic episode. * Medical follow-up. * Individual follow-up in the community, aimed at social rehabilitation. * Group interventions. * Intervention with and for family and friends, in collaboration with Le Pont du Suroît to facilitate a group dedicated to family and friends. * Follow-up for up to 3 to 5 years. * Clinical support for front-line workers in identifying and detecting young people experiencing a first psychotic episode.

Eligibility: people aged 12 to 35 with psychotic symptoms or precursors to psychosis who are not being treated for psychosis, or have been for less than 12 months

Coverage area: MRC Vaudreuil-Soulanges, MRC Le Haut-Saint-Laurent, Salaberry-de-Valleyfield

Hours: 7 days, 8h30 to 16h30

Financing: provincial

Legal status: parapublic organization

COURT OF QUÉBEC - CIVIL DIVISION - SALABERRY-DE-VALLEYFIELD

74 Académie Street, Salaberry-de-Valleyfield, Montérégie, QC, J6T 0B8

1 866 536-5140 option 3

Website: www.justice.gouv.qc.ca/en/join-us/find-a-courthouse/salaberry-de-valleyfield-courthouse

Email: informations@justice.gouv.qc.ca

Services: Court constituting the judicial system of Québec. * Hearing of cases where the amount in dispute is less than \$100 000. * Hearing of some cases regarding municipal and school affairs. * Hearing of temporary and authorized confinement cases prior to or following psychiatric assessment. * Exclusive jurisdiction to hear appeals from decisions of certain administrative tribunals, such as the Tribunal administratif du logement. * Voluntary deposit. * Settlement conference chaired by a judge. * Mediation service. * Documents pertinents pour l'ensemble des régions: www.courduquebec.ca/en/centre-de-documentation/relevant-documents-for-all-regions * Horaire des audiences en ligne: www.roles.tribunaux.qc.ca

Eligibility: general public

Coverage area: Beauharnois judicial district: MRC Beauharnois-Salaberry, MRC Vaudreuil-Soulanges

Hours: Monday to Friday 8h30 to 12h45 and 13h45 to 16h30

Financing: provincial

Legal status: provincial government agency

DAHLIA (LE) - GROUPE D'ENTRAIDE EN SANTÉ MENTALE

183 Ellice Street, Beauharnois, Montérégie, QC, J6N 1W9

450 225-0696

Email: dahlia.coordo@outlook.com

Services: Mental health day centre and living environment. * Listening, support, referral and counselling. * Individual or group follow-up. * Training, prevention and awareness. * Various workshops: self-management, self-esteem, sexuality, etc. * Therapeutics activities. * Workshops for men. * Lunches and takeout. * Coffee meetings and outings. * Beauty Days.

Eligibility: people living or having experienced mental health problems or emotional distress

Coverage area: MRC Beauharnois-Salaberry, MRC Roussillon

Hours: Monday to Friday 8h30 to 16h00

Fees: lunches: \$3, takeout: \$2

Financing: provincial, donations

Legal status: non-profit organization

DROIT DI RÊVER

222 Alphonse-Desjardins Street, Suite 203, Salaberry-de-Valleyfield, Montérégie, QC, J6S 2N9

450 747-0213

Website: droitdirever.org

Email: info@droitdirever.org

Services: Organization that offers recreational and training services to help adults living with an intellectual disability or an autism spectrum disorder to develop their autonomy and promote their social inclusion in various spheres of daily life. * Trainings and workshops: hygiene, nutrition, self-esteem, etc. * Physical and cultural activities: theater, dance, yoga, etc. * Volunteer work.

Eligibility: people 21 years old and over living with an intellectual disability or an autism spectrum disorder

Coverage area: Le Suroît

Hours: Monday to Friday, variable hours

Fees: membership card: \$20, variable according to the activity

Financing: fundraising campaigns, donations, grants

Legal status: non-profit organization

PONT DU SUROÎT

88 Alexandre Street, Salaberry-de-Valleyfield, Montérégie, QC, J6S 3J9

450 377-3126

Website: lepont.com/en/

Email: info@lepont.com

Services: * Psychosocial intervention. * Information and documentation centre. * Monthly support and discussion group. * Aider sans filtre project: accompaniment and support for young people close to people living with a mental health problem, awareness. * Assistance with the presentation of a psychiatric assessment request. * Training activities. * Awareness activities.

Eligibility: families and friends of people living with a mental illness, Aider sans filtre project: youth 12 to 29 years old

Coverage area: MRC Vaudreuil-Soulanges, MRC Beauharnois-Salaberry, MRC Le Haut-Saint-Laurent

Hours: Monday to Friday 8h00 to 12h00 and 13h00 to 16h00

Fees: none

Financing: provincial, self-financing, donations

Legal status: non-profit organization

PSYCOHÉSION

100 du Marché Street, Salaberry-de-Valleyfield, Montérégie, QC, J6T 1P7

450 377-2841 Fax: 450 377-0410

Website: www.psycohesion.weebly.com

Email: direction@psycohesion.com

Services: * Support group. * Individual meetings. * Creative and personal development workshops. * Café respite, luncheons and community meals. * Light therapy. * Documentation centre. * Users committee and social club. * Sports and recreational activities: fun games, board games and others. * Summer activities: outings and trips. * Pass-Action program.

Eligibility: people 18 years and over living with or having lived with a mental health problem, Pass-Action program: people ready to reintegrate the job market

Capacity: Pass-Action program: 10 people

Coverage area: MRC de Beauharnois-Salaberry

Hours: Monday and Wednesday 9h00 to 16h00, Tuesday 12h00 to 16h00, Thursday 9h00 to 21h00, Friday 9h00 to 15h00, Saturday and Sunday: call first

Fees: annual membership: \$10

Financing: provincial

Legal status: non-profit organization

Crisis centres and suicide prevention

RESSOURCE DE TRANSITION LE TOURNANT

414 Salaberry Street West, Salaberry-de-Valleyfield, Montérégie, QC, J6T 2K3

1 866 277-3553 Fax: 450 371-2681

Website: www.letournant.org

Email: letournant@letournant.qc.ca

Services: Crisis centre. * Crisis intervention and suicide prevention helpline 24/7. * Temporary accommodations, close monitoring, rehabilitation, telephone follow-up and crisis intervention within the community. * Bereavement support: postvention measures, support groups for people bereaved by suicide. * Variable intensity monitoring (SIV): medium term psychosocial rehabilitation service to increase the independence of people with serious mental disorders. * Training.

Eligibility: people whose mental health is disturbed and who suffer from emotional distress, their relatives, counsellors

Coverage area: MRC Vaudreuil-Soulanges, MRC Beauharnois-Salaberry, MRC Le Haut-Saint-Laurent

Hours: 24 hours / 7 days

Fees: none

Financing: provincial

Legal status: non-profit organization

Helplines

RESSOURCE DE TRANSITION LE TOURNANT

414 Salaberry Street West, Salaberry-de-Valleyfield, Montérégie, QC, J6T 2K3

1 866 277-3553 Fax: 450 371-2681

Website: www.letournant.org

Email: letournant@letournant.qc.ca

Services: Crisis centre. * Crisis intervention and suicide prevention helpline 24/7. * Temporary accommodations, close monitoring, rehabilitation, telephone follow-up and crisis intervention within the community. * Bereavement support: postvention measures, support groups for people bereaved by suicide. * Variable intensity monitoring (SIV): medium term psychosocial rehabilitation service to increase the independence of people with serious mental disorders. * Training.

Eligibility: people whose mental health is disturbed and who suffer from emotional distress, their relatives, counsellors

Coverage area: MRC Vaudreuil-Soulanges, MRC Beauharnois-Salaberry, MRC Le Haut-Saint-Laurent

Hours: 24 hours / 7 days

Fees: none

Financing: provincial

Legal status: non-profit organization

TEL-AIDE RÉGION DU SUROÎT

Confidential Address

1 855 377-0600

Website: telaideregiondusuroit.com

Email: info@telaide.com

Services: * Anonymous and confidential helpline. * Support and referrals.

Eligibility: anyone who feels the need to talk or is experiencing psychological distress

Capacity: 8500 calls per year

Coverage area: Suroît region

Hours: 24 hours / 7 days

Fees: none

Financing: provincial

Legal status: non-profit organization

Mental health advocacy groups

COLLECTIF DE DÉFENSE DES DROITS DE LA MONTÉRÉGIE VALLEYFIELD - CHÂTEAUGUAY AND VALLEYFIELD

107 Jacques-Cartier Street, Suite 21, Salaberry-de-Valleyfield, Montérégie, QC, J6T 4R8

1 866 377-2481 Fax: 450 747-3135

Website: www.cddm.qc.ca/en

Email: valleyfield-chateauguay@cddm.qc.ca

Services: Alternative mental health group. * Assistance and support in promoting and respecting the rights of people who are experiencing or have experienced challenges related to mental health. * Social change and advocacy group.

Eligibility: people experiencing or having experienced mental health challenges

Coverage area: Châteauguay, Salaberry-de-Valleyfield

Hours: Monday to Friday 9h00 to 16h00

Fees: none

Financing: municipal

Legal status: non-profit organization

DAHLIA (LE) - GROUPE D'ENTRAIDE EN SANTÉ MENTALE

183 Ellice Street, Beauharnois, Montérégie, QC, J6N 1W9

450 225-0696

Email: dahlia.coordo@outlook.com

Services: Mental health day centre and living environment. * Listening, support, referral and counselling. * Individual or group follow-up. * Training, prevention and awareness. * Various workshops: self-management, self-esteem, sexuality, etc. * Therapeutics activities. * Workshops for men. * Lunches and takeout. * Coffee meetings and outings. * Beauty Days.

Eligibility: people living or having experienced mental health problems or emotional distress

Coverage area: MRC Beauharnois-Salaberry, MRC Roussillon

Hours: Monday to Friday 8h30 to 16h00

Fees: lunches: \$3, takeout: \$2

Financing: provincial, donations

Legal status: non-profit organization

PONT DU SUROÎT

88 Alexandre Street, Salaberry-de-Valleyfield, Montérégie, QC, J6S 3J9

450 377-3126

Website: lepont.com/en/

Email: info@lepont.com

Services: * Psychosocial intervention. * Information and documentation centre. * Monthly support and discussion group. * Aider sans filtre project: accompaniment and support for young people close to people living with a mental health problem, awareness. * Assistance with the presentation of a psychiatric assessment request. * Training activities. * Awareness activities.

Eligibility: families and friends of people living with a mental illness, Aider sans filtre project: youth 12 to 29 years old

Coverage area: MRC Vaudreuil-Soulanges, MRC Beauharnois-Salaberry, MRC Le Haut-Saint-Laurent

Hours: Monday to Friday 8h00 to 12h00 and 13h00 to 16h00

Fees: none

Financing: provincial, self-financing, donations

Legal status: non-profit organization

PSYCOHÉSION

100 du Marché Street, Salaberry-de-Valleyfield, Montérégie, QC, J6T 1P7

450 377-2841 Fax: 450 377-0410

Website: www.psycohesion.weebly.com

Email: direction@psycohesion.com

Services: * Support group. * Individual meetings. * Creative and personal development workshops. * Café respite, luncheons and community meals. * Light therapy. * Documentation centre. * Users committee and social club. * Sports and recreational activities: fun games, board games and others. * Summer activities: outings and trips. * Pass-Action program.

Eligibility: people 18 years and over living with or having lived with a mental health problem, Pass-Action program: people ready to reintegrate the job market

Capacity: Pass-Action program: 10 people

Coverage area: MRC de Beauharnois-Salaberry

Hours: Monday and Wednesday 9h00 to 16h00, Tuesday 12h00 to 16h00, Thursday 9h00 to 21h00, Friday 9h00 to 15h00, Saturday and Sunday: call first

Fees: annual membership: \$10

Financing: provincial

Legal status: non-profit organization

Psychiatric services

DU SUROÎT HOSPITAL

150 Saint-Thomas Street, Salaberry-de-Valleyfield, Montérégie, QC, J6T 6C1

450 371-9920 Fax: 450 377-1372

Website: santemonteregie.qc.ca/en/installations/hopital-du-suroit

Services: Hospital centre offering general and specialized cares. * Emergencies and intensive cares. * Surgery. * Obstetrics and pediatrics. * Mother-children centre and support to families living perinatal bereavement. * Geriatrics, palliative care. * Sleep laboratory. * Physical rehabilitation. * Informations for people living with diabetes. * Inpatient psychiatric hospital unit and mental health consultations. * Tests centre. * Detoxification. * Disposal of used syringes and needles. * Distribution of injection equipment to people who use drugs.

Coverage area: Province of Québec

Hours: 24 hours / 7 days

Financing: provincial

Legal status: parapublic organization

Self-help groups for addiction issues

SERVICES D'INTERVENTION PRÉCOCE EN DÉPENDANCE - MONTÉRÉGIE-OUEST - JARDINS-ROUSSILLON - SECTEUR BEAUHARNOIS

142 Saint-Laurent Street, Beauharnois, Montérégie, QC, J6N 1V9

450 429-6455 ext. 203344

Website: <https://santemonteregie.qc.ca/services/dependances>

Email: prevention.dependances.cisssmo16@ssss.gouv.qc.ca

Services: Front-line addiction services. * Information and education on addiction. * Reflection on consumption habits and possible solutions. * Support for loved ones. * Mes choix Alcool. * Mes choix cannabis. * Mes choix toutes substances.

Eligibility: people with questions about alcohol, drug, gambling, or Internet use habits

Coverage area: Montérégie-Ouest: Beauharnois Sector: Beauharnois, Maple-Grove, Melocheville, Saint-Étienne, Saint-Timothée

Legal status: provincial government agency

SERVICES D'INTERVENTION PRÉCOCE EN DÉPENDANCE - MONTÉRÉGIE-OUEST - SECTEUR SUROÎT

71 Maden Street, Salaberry-de-Valleyfield, Montérégie, QC, J6S 3V4

450 371-0143 ext. 203210

Website: <https://santemonteregie.qc.ca/services/dependances>

Email: prevention.dependances.cisssmo16@ssss.gouv.qc.ca

Services: Front-line addiction services. * Information and education on addiction. * Reflection on consumption habits and possible solutions. * Support for loved ones. * Mes choix Alcool. * Mes choix cannabis. * Mes choix toutes substances.

Eligibility: people with questions about alcohol, drug, gambling, or Internet use habits

Coverage area: Montérégie-Ouest: Suroît Sector: Saint-Louis-de-Gonzague, Saint-Stanislas-de-Kostka, Salaberry-de-Valleyfield, Grande Île

Legal status: parapublic organization

Self-help groups for mental health issues

RESSOURCE DE TRANSITION LE TOURNANT

414 Salaberry Street West, Salaberry-de-Valleyfield, Montérégie, QC, J6T 2K3

1 866 277-3553 Fax: 450 371-2681

Website: www.letournant.org

Email: letournant@letournant.qc.ca

Services: Crisis centre. * Crisis intervention and suicide prevention helpline 24/7. * Temporary accommodations, close monitoring, rehabilitation, telephone follow-up and crisis intervention within the community. * Bereavement support: postvention measures, support groups for people bereaved by suicide. * Variable intensity monitoring (SIV): medium term psychosocial rehabilitation service to increase the independence of people with serious mental disorders. * Training.

Eligibility: people whose mental health is disturbed and who suffer from emotional distress, their relatives, counsellors

Coverage area: MRC Vaudreuil-Soulanges, MRC Beauharnois-Salaberry, MRC Le Haut-Saint-Laurent

Hours: 24 hours / 7 days

Fees: none

Financing: provincial

Legal status: non-profit organization

Seniors**CAREGIVERS****COMMUNITY AND RECREATION CENTRES****DAY CENTRES AND RESPITE****HOME SUPPORT****SENIORS' ADVOCACY AND ASSISTANCE ASSOCIATIONS****VOLUNTEER TRANSPORTATION**

Caregivers

COUP DE POUCE DES MOISSONS

196 Saint-Louis Road, Beauharnois, Montérégie, QC, J6N 2J1

1 888 429-4229 Fax: 450 429-6364

Website: cpmaide.ca

Email: direction@cpmaide.ca

Services: * Light and heavy housework. * Laundry and ironing. * Preparation of meals without diet. * Personal care. * Respite. * Assistance in boxing for moving purposes.

Eligibility: seniors, people who are ill, living with a disability or with a loss of autonomy

Coverage area: MRC Beauharnois-Salaberry, MRC Le Haut-Saint-Laurent, MRC Roussillon

Hours: Monday to Thursday 8h30 to 12h00 and 13h00 to 16h00, Friday 8h00 to 12h00

Fees: variable depending on income and age

Financing: provincial, self-financing

Legal status: non-profit organization

SOCIÉTÉ ALZHEIMER DU SUROÎT - SIÈGE SOCIAL ET POINT DE SERVICE SALABERRY-DE-VALLEYFIELD

340 du Havre Boulevard, Suite 101, Salaberry-de-Valleyfield, Montérégie, QC, J6S 1S6

450 373-0303 Fax: 450 373-0388

Website: www.alzheimer.ca/en/suroit

Email: info@alzheimersuroit.com

Services: * Telephone consultations. * Individual and family consultations. * Post-diagnosis reception and support. * Information and support groups and training for caregivers * Information and support groups and training for people affected. * Brunch meetings for couples and families. * Music and artistic activities. * Respite care at home. * Group respite at the Myosotis activity centres. * Documentation centre. * Information sessions, public conferences, kiosks * Training for health care professionals and workers. * Reference platform for health care workers: <http://referenceaidancequebec.ca>

Eligibility: people living with Alzheimer's disease or dementia, their caregivers and families, health care professionals and practitioners

Coverage area: MRC Beauharnois-Salaberry, MRC Vaudreuil-Soulanges, MRC Haut-Saint-Laurent, Kahnawake, greater Châteauguay, home respite: MRC Beauharnois-Salaberry, MRC Vaudreuil-Soulanges, greater Châteauguay, group respite: Salaberry-de-Valleyfield, Vaudreuil-Dorion, Châteauguay

Hours: Monday to Friday 9h00 to 16h30, group respite: 9h30 to 15h30

Fees: services to individuals and families: free, services to professionals and practitioners: variable

Financing: donations, grants, fundraising campaigns

Legal status: non-profit organization

Community and Recreation Centres

AÎNÉS DE MAISONNEUVE (LES)

550 Victoria Street, Salaberry-de-Valleyfield, Montérégie, QC, J6T 1B8

450 370-4866

Services: * Pool table, shuffleboard, card games, petanque.

Eligibility: people 65 years old and over

Capacity: 85

Coverage area: MRC Beauharnois-Salaberry, MRC Le Haut-Saint-Laurent, MRC Vaudreuil-Soulanges

Hours: Monday to Friday 11h30 to 16h00

Fees: membership: \$40, bbq: variable

Financing: provincial, federal, foundations, membership fees

Legal status: non-profit organization

ASSOCIATION DES RETRAITÉS ET RETRAITÉES DE L'ÉDUCATION ET DES AUTRES SERVICES PUBLICS DU QUÉBEC - SUROÎT

394 Dufferin Street, Suite 202-A, Salaberry-de-Valleyfield, Montérégie, QC, J6S 2A8

450 373-1009

Email: areq.suroit@gmail.com

Services: Advocacy for members and seniors' rights. * Conferences and seminars. * Representation with elected officials. * Social activities.

Eligibility: retired people from public sectors, members

Coverage area: Suroît: MRC Beauharnois-Salaberry, MRC Le Haut-Saint-Laurent, MRC Vaudreuil-Soulanges

Hours: variable

Fees: annual membership

Financing: self-financing

Legal status: non-profit organization

UNIVERSITÉ DU TROISIÈME ÂGE - MONTÉRÉGIE

Confidential Address

1 888 463-1835 ext. 61747

Website: www.usherbrooke.ca/uta/prog/monteregie

Email: uta.monteregie@usherbrooke.ca

Services: Educational programme divided into 30 university branches for seniors. * Open-auditor type educational activities with no assignments or exams and no credits. * Various teaching formulas: courses, seminars, open discussions, workshops, etc. * Student associations that promote integration into cultural and social life. * In-person activities in several towns in the region: Longueuil, Beloeil, Dorion, etc. * Online activities: [click here](#)

Eligibility: people 50 years and over, no prior degree is required

Coverage area: Montérégie

Fees: compulsory student contribution: \$8, tuition fees: variable depending on the activity

Financing: donations, grants

Legal status: non-profit organization

Day centres and respite

COUP DE POUCE DES MOISSONS

196 Saint-Louis Road, Beauharnois, Montérégie, QC, J6N 2J1

1 888 429-4229 Fax: 450 429-6364

Website: cpmaide.ca

Email: direction@cpmaide.ca

Services: * Light and heavy housework. * Laundry and ironing. * Preparation of meals without diet. * Personal care. * Respite. * Assistance in boxing for moving purposes.

Eligibility: seniors, people who are ill, living with a disability or with a loss of autonomy

Coverage area: MRC Beauharnois-Salaberry, MRC Le Haut-Saint-Laurent, MRC Roussillon

Hours: Monday to Thursday 8h30 to 12h00 and 13h00 to 16h00, Friday 8h00 to 12h00

Fees: variable depending on income and age

Financing: provincial, self-financing

Legal status: non-profit organization

Home support

COUP DE POUCE DES MOISSONS

196 Saint-Louis Road, Beauharnois, Montérégie, QC, J6N 2J1

1 888 429-4229 Fax: 450 429-6364

Website: cpmaide.ca

Email: direction@cpmaide.ca

Services: * Light and heavy housework. * Laundry and ironing. * Preparation of meals without diet. * Personal care. * Respite. * Assistance in boxing for moving purposes.

Eligibility: seniors, people who are ill, living with a disability or with a loss of autonomy

Coverage area: MRC Beauharnois-Salaberry, MRC Le Haut-Saint-Laurent, MRC Roussillon

Hours: Monday to Thursday 8h30 to 12h00 and 13h00 to 16h00, Friday 8h00 to 12h00

Fees: variable depending on income and age

Financing: provincial, self-financing

Legal status: non-profit organization

Seniors' Advocacy and Assistance Associations

ASSOCIATION DES RETRAITÉS ET RETRAITÉES DE L'ÉDUCATION ET DES AUTRES SERVICES PUBLICS DU QUÉBEC - SUROÎT

394 Dufferin Street, Suite 202-A, Salaberry-de-Valleyfield, Montérégie, QC, J6S 2A8

450 373-1009

Email: areq.suroit@gmail.com

Services: Advocacy for members and seniors' rights. * Conferences and seminars. * Representation with elected officials. * Social activities.

Eligibility: retired people from public sectors, members

Coverage area: Suroît: MRC Beauharnois-Salaberry, MRC Le Haut-Saint-Laurent, MRC Vaudreuil-Soulanges

Hours: variable

Fees: annual membership

Financing: self-financing

Legal status: non-profit organization

ASSOCIATION QUÉBÉCOISE DE DÉFENSE DES DROITS DES PERSONNES RETRAITÉES ET PRÉRETRAITÉES - VALLEYFIELD-SUROÎT - CAAPA

110 Mathias Street, Suite 101, Salaberry-de-Valleyfield, Montérégie, QC, J6T 3L6

450 807-2232

Website: www.aqdr.org

Email: aqdrvalleyfield@cgocable.ca

Services: Advocacy for seniors in situations where their rights are being infringed upon in order to improve their quality of life. * Assistance and support centre. * Home service if needed.

Eligibility: people aged 50 and over, their relatives

Coverage area: MRC Roussillon, MRC Les Jardins-de-Napierville, MRC Vaudreuil-Soulanges, MRC Beauharnois-Salaberry, MRC Le Haut-Saint-Laurent

Fees: yearly membership: \$20

Financing: self-financing, provincial, federal

Legal status: non-profit organization

LEGAL AID OFFICE - SALABERRY-DE-VALLEYFIELD

151 Salaberry Street West, Salaberry-de-Valleyfield, Montérégie, QC, J6T 2H8

450 370-3064 Fax: 450 370-3068

Website: ccjrs.com/bureaux/salaberry-de-valleyfield

Email: valleyfield@ccjrs.com

Services: Free or low-cost legal services to eligible individuals. * Receives and processes legal aid request.

Eligibility: person or non-profit organization residing in Quebec or forced to remain in Quebec, financially eligible, and with a legal need that is covered by the Law

Coverage area: MRC Beauharnois-Salaberry, Vaudreuil-Dorion

Hours: Monday to Friday 8h30 to 12h00 and 13h00 to 16h30

Fees: people may be eligible for free legal aid or contributory legal aid between \$100 and 800, depending on their financial situation, see scale on website

Financing: provincial

Legal status: non-profit organization

Volunteer Transportation**COUP DE POUCE DES MOISSONS - ACCOMPANIMENT-TRANSPORTATION**

196 Saint-Louis Road, Beauharnois, Montérégie, QC, J6N 2J1

1 888 429-4229 Fax: 450 429-6364

Website: cpmaide.ca

Email: direction@cpmaide.ca

Services: * Accompaniment and transport for running errands by employees.

Eligibility: seniors, people who are ill, living with a disability or with a loss of autonomy

Coverage area: MRC Beauharnois-Salaberry, MRC Le Haut-Saint-Laurent, MRC Roussillon

Hours: Monday to Friday, by appointment

Fees: starting from \$32.50 per hour, transportation: \$0.60/km

Financing: provincial, self-financing

Legal status: non-profit organization

ORGANISME VOUÉ AUX PERSONNES ATTEINTES DE CANCER ET DE MALADIES GRAVE - ACCOMPANIMENT-TRANSPORTATION

253, rue Jacques-Cartier, bureau 200, Salaberry-de-Valleyfield, Montérégie, QC, J6T 4S7

1 866 386-8722 Fax: 450 371-5455

Website: ovpac.org

Email: info@ovpac.org

Services: * Transportation and accompaniment to oncology centres by volunteers.

Eligibility: people living with cancer and a serious illness

Coverage area: MRC Beauharnois-Salaberry, MRC Le Haut-Saint-Laurent, MRC Vaudreuil-Soulanges, MRC Roussillon, MRC Jardins-de-Napierville, appointments: Greater Montreal

Hours: Monday to Thursday 9h00 to 16h00, Friday 8h30 to 12h30

Fees: annual membership: \$20, transportation: \$65 round trip (depending on destination), private transportation: rates on request

Financing: provincial, contributions, self-financing, donations

Legal status: non-profit organization

Sex and gender

LGBTQ ASSOCIATIONS

LGBTQ associations

JEUNES ADULTES GAI-E-S - SALABERRY-DE-VALLEYFIELD SERVICE POINT

107 Jacques-Cartier Street Suite 11, Salaberry-de-Valleyfield, Montérégie, QC, J6T 4R8

1 800 774-1349

Website: lejag.org

Email: info@lejag.org

Services: Community organization that raises awareness, provides support and referrals for anyone affected by or questioning emotional, sexual and gender diversity. * Individual counseling: by phone, in person, by video conference (Messenger or Teams). * Group meetings. * Social activities. * Workshops and conferences in schools and community organizations on the importance of allies and on different sexual orientations and gender diversity. * Training for health, school and community workers. * Representation: stands and round tables.

Eligibility: people affected by or questioning emotional, sexual and gender diversity

Coverage area: Montérégie-West

Hours: Monday to Friday 9h00 to 17h00

Fees: annual membership: free for people 18 years old and lower, \$5 for people 18 years old and over

Financing: membership fees, donations, provincial, municipal

Legal status: non-profit organization

Sports, Recreation and Culture

ARTS AND CULTURE

CLUBS AND SOCIAL EVENTS

COMMUNITY RECREATION CENTRES

DAY CAMPS AND SPECIALIZED CAMPS

HOBBIES

SPORT

SPORTS AND RECREATION FOR PEOPLE WITH A DISABILITY

Arts and culture

TROUPE DE THÉÂTRE ADAPTÉ LES PAS POUR RIRE

222 Alphonse-Desjardins Street, Suite 101, Salaberry-de-Valleyfield, Montérégie, QC, J6S 2N9
438 502-1220

Website: lespaspourrire.com

Email: info@lespaspourrire.com

Services: * Adapted theater workshops. * Creation, preparation and animation of an original play. * Show-assembler for the adapted groups and the work platforms of the school and social network. * Participation in events and activities: festivals, Journées de la culture, la Fête Différente, FRAS challenge, etc.

Eligibility: people living with an intellectual disability and adjustment difficulties

Coverage area: MRC Beauharnois-Salaberry, MRC Le Haut-Saint-Laurent, MRC Vaudreuil-Soulanges

Hours: Tuesday 19h00 to 21h00, September to June

Fees: membership card: \$5, theater workshop: \$7

Financing: donations, grants

Legal status: non-profit organization

Clubs and social events

AÎNÉS DE MAISONNEUVE (LES)

550 Victoria Street, Salaberry-de-Valleyfield, Montérégie, QC, J6T 1B8
450 370-4866

Services: * Pool table, shuffleboard, card games, petanque.

Eligibility: people 65 years old and over

Capacity: 85

Coverage area: MRC Beauharnois-Salaberry, MRC Le Haut-Saint-Laurent, MRC Vaudreuil-Soulanges

Hours: Monday to Friday 11h30 to 16h00

Fees: membership: \$40, bbq: variable

Financing: provincial, federal, foundations, membership fees

Legal status: non-profit organization

ASSOCIATION DES RETRAITÉS ET RETRAITÉES DE L'ÉDUCATION ET DES AUTRES SERVICES PUBLICS DU QUÉBEC - SUROÎT

394 Dufferin Street, Suite 202-A, Salaberry-de-Valleyfield, Montérégie, QC, J6S 2A8
450 373-1009

Email: areq.suroit@gmail.com

Services: Advocacy for members and seniors' rights. * Conferences and seminars. * Representation with elected officials. * Social activities.

Eligibility: retired people from public sectors, members

Coverage area: Suroît: MRC Beauharnois-Salaberry, MRC Le Haut-Saint-Laurent, MRC Vaudreuil-Soulanges

Hours: variable

Fees: annual membership

Financing: self-financing

Legal status: non-profit organization

DIOCÈSE DE VALLEYFIELD

11 de l'Église Street, Salaberry-de-Valleyfield, Montérégie, QC, J6T 1J5
450 373-8122 Fax: 450 371-0000

Website: www.diocesevalleyfield.org/fr/homepage

Email: accueil@diocesevalleyfield.org

Services: Diocesan activities. * List of parishes: www.diocesevalleyfield.org/fr/paroisses

Coverage area: MRC Beauharnois-Salaberry, MRC Le Haut-Saint-Laurent, MRC Vaudreuil-Soulanges, Châteauguay, Hemmingford

Hours: Monday to Thursday 9h00 to 12h00 and 13h30 to 16h30

Financing: donations

Legal status: non-profit organization

JEUNES ADULTES GAI-E-S - SALABERRY-DE-VALLEYFIELD SERVICE POINT

107 Jacques-Cartier Street Suite 11, Salaberry-de-Valleyfield, Montérégie, QC, J6T 4R8

1 800 774-1349

Website: lejag.org

Email: info@lejag.org

Services: Community organization that raises awareness, provides support and referrals for anyone affected by or questioning emotional, sexual and gender diversity. * Individual counseling: by phone, in person, by video conference (Messenger or Teams). * Group meetings. * Social activities. * Workshops and conferences in schools and community organizations on the importance of allies and on different sexual orientations and gender diversity. * Training for health, school and community workers. * Representation: stands and round tables.

Eligibility: people affected by or questioning emotional, sexual and gender diversity

Coverage area: Montérégie-West

Hours: Monday to Friday 9h00 to 17h00

Fees: annual membership: free for people 18 years old and lower, \$5 for people 18 years old and over

Financing: membership fees, donations, provincial, municipal

Legal status: non-profit organization

UNIVERSITÉ DU TROISIÈME ÂGE - MONTÉRÉGIE

Confidential Address

1 888 463-1835 ext. 61747

Website: www.usherbrooke.ca/uta/prog/monteregie

Email: uta.monteregie@usherbrooke.ca

Services: Educational programme divided into 30 university branches for seniors. * Open-auditor type educational activities with no assignments or exams and no credits. * Various teaching formulas: courses, seminars, open discussions, workshops, etc. * Student associations that promote integration into cultural and social life. * In-person activities in several towns in the region: Longueuil, Beloeil, Dorion, etc. * Online activities: [click here](#)

Eligibility: people 50 years and over, no prior degree is required

Coverage area: Montérégie

Fees: compulsory student contribution: \$8, tuition fees: variable depending on the activity

Financing: donations, grants

Legal status: non-profit organization

Community recreation centres

MAISON DE LA JEUNESSE 12-17 DE VALLEYFIELD

42 Anderson Street, Salaberry-de-Valleyfield, Montérégie, QC, J6S 0L1

450 373-6788

Website: mdjvalleyfield.com

Email: info@mdjvalleyfield.com

Services: Meeting place for young people. * Food assistance. * Homework assistance. * Assistance in case of runaways. * Help in finding temporary lodging. * Street intervention. * Cultural, creative, preventive, community and recreational activities. * Animation of the downtown area. * Education of democratic life and fundraising campaigns. * Information and raising awareness on healthy lifestyle habits. * Referrals to local organizations.

Eligibility: youth 12 to 24 years old

Capacity: 100

Coverage area: Salaberry-de-Valleyfield

Hours: reception and administration: Monday to Friday 9h00 to 16h00, regular intervention and animation schedule: Monday to Thursday 16h30 to 21h00, Friday 16h30 to 22h00, summer intervention and animation schedule: Monday to Thursday 13h00 to 21h00, Friday 13h00 to 22h00

Financing: self-financing, donations

Legal status: non-profit organization

Day camps and specialized camps

CAMP BOSCO

663 du Bord-de-l'eau Boulevard, Salaberry-de-Valleyfield, Montérégie, QC, J6S 0B5

450 371-4816 poste 209

Website: www.campbosco.org

Email: info@lafras.com

Services: Summer camp. * Integration programme for children living with a disability or special needs: pairing with a counsellor, sensory stimulation rooms, rest rooms. * Family Vacation Program: accommodation, meals and activities. * Healthy Action Program: recreational and sports activities, cooking workshops. * Real Beauty Program: various workshops on self-esteem, healthy lifestyle, prevention of eating disorders. * Project OUF: respite services for families, recreational activities, strengthening family ties, prevention of physical and psychological abuse.

Eligibility: children 4 to 12 years old, families, Family Holidays program: low-income families, Take Action Health program: youth 17 years old and under, their family, Real Beauty program: girls 9 to 12 years old, OUF project: families with a child or children 3 to 12 years old experiencing difficulties

Coverage area: MRC Vaudreuil-Soulanges, MRC du Haut-Saint-Laurent, MRC Beauharnois-Salaberry

Fees: Summer camp: \$70 per week for Salaberry-de-Valleyfield residents, \$91 per week for non-residents, family program: variable depending on income

Financing: self-financing, donations

Legal status: non-profit organization

Hobbies

AÎNÉS DE MAISONNEUVE (LES)

550 Victoria Street, Salaberry-de-Valleyfield, Montérégie, QC, J6T 1B8

450 370-4866

Services: * Pool table, shuffleboard, card games, petanque.

Eligibility: people 65 years old and over

Capacity: 85

Coverage area: MRC Beauharnois-Salaberry, MRC Le Haut-Saint-Laurent, MRC Vaudreuil-Soulanges

Hours: Monday to Friday 11h30 to 16h00

Fees: membership: \$40, bbq: variable

Financing: provincial, federal, foundations, membership fees

Legal status: non-profit organization

Sport

DROIT DI RÊVER

222 Alphonse-Desjardins Street, Suite 203, Salaberry-de-Valleyfield, Montérégie, QC, J6S 2N9

450 747-0213

Website: droitdirever.org

Email: info@droitdirever.org

Services: Organization that offers recreational and training services to help adults living with an intellectual disability or an autism spectrum disorder to develop their autonomy and promote their social inclusion in various spheres of daily life. * Trainings and workshops: hygiene, nutrition, self-esteem, etc. * Physical and cultural activities: theater, dance, yoga, etc. * Volunteer work.

Eligibility: people 21 years old and over living with an intellectual disability or an autism spectrum disorder

Coverage area: Le Suroît

Hours: Monday to Friday, variable hours

Fees: membership card: \$20, variable according to the activity

Financing: fundraising campaigns, donations, grants

Legal status: non-profit organization

Sports and recreation for people with a disability

AU MOULIN DE LA SOURCE - CENTRE VALLEYFIELD

226 Montcalm Street, Salaberry-de-Valleyfield, Montérégie, QC, J6T 2E4

450 377-5254

Website: www.moulindelasource.com

Email: info@moulindelasource.com

Services: Day centre for people living with a physical disability. * Respite. * Social activities to achieve self-sufficiency. * Sociocultural education and animation.

Eligibility: people living with a physical disability, parents, beneficiaries, close ones

Coverage area: MRC Beauharnois-Salaberry, MRC Le Haut-Saint-Laurent, MRC Vaudreuil-Soulanges

Hours: Monday to Friday 8h30 to 16h00

Fees: \$5 per visit

Financing: provincial, fundraising campaigns, donations

Legal status: non-profit organization

CLUB JOIE DE VIVRE POUR PERSONNE VIVANT AVANT UNE DI/TSA

748 Grande-Île Avenue, Salaberry-de-Valleyfield, Montérégie, QC, J6S 3N8

450 377-1213

Website: clubjoiedevivre.net

Email: admin@clubjoiedevivre.net

Services: Leisure club for people living with an intellectual disability or autistic people. * Leisure, educational and socialization activities. * Promotion of social integration and maintenance of autonomy. * Occasional themed parties.

Eligibility: people 21 years old and over living with an intellectual disability, autistic people 21 years old and over

Coverage area: MRC Beauharnois-Salaberry, MRC Le Haut-Saint-Laurent, MRC Vaudreuil-Soulanges

Hours: Monday to Friday 9h00 to 15h00, Saturday 9h00 to 15h00

Fees: none

Financing: donations, grants

Legal status: non-profit organization

DROIT DI RÊVER

222 Alphonse-Desjardins Street, Suite 203, Salaberry-de-Valleyfield, Montérégie, QC, J6S 2N9

450 747-0213

Website: droitdirever.org

Email: info@droitdirever.org

Services: Organization that offers recreational and training services to help adults living with an intellectual disability or an autism spectrum disorder to develop their autonomy and promote their social inclusion in various spheres of daily life. * Trainings and workshops: hygiene, nutrition, self-esteem, etc. * Physical and cultural activities: theater, dance, yoga, etc. * Volunteer work.

Eligibility: people 21 years old and over living with an intellectual disability or an autism spectrum disorder

Coverage area: Le Suroît

Hours: Monday to Friday, variable hours

Fees: membership card: \$20, variable according to the activity

Financing: fundraising campaigns, donations, grants

Legal status: non-profit organization

PSYCOHÉSION

100 du Marché Street, Salaberry-de-Valleyfield, Montérégie, QC, J6T 1P7

450 377-2841 Fax: 450 377-0410

Website: www.psycohesion.weebly.com

Email: direction@psycohesion.com

Services: * Support group. * Individual meetings. * Creative and personal development workshops. * Café respite, luncheons and community meals. * Light therapy. * Documentation centre. * Users committee and social club. * Sports and recreational activities: fun games, board games and others. * Summer activities: outings and trips. * Pass-Action program.

Eligibility: people 18 years and over living with or having lived with a mental health problem, Pass-Action program: people ready to reintegrate the job market

Capacity: Pass-Action program: 10 people

Coverage area: MRC de Beauharnois-Salaberry

Hours: Monday and Wednesday 9h00 to 16h00, Tuesday 12h00 to 16h00, Thursday 9h00 to 21h00, Friday 9h00 to 15h00, Saturday and Sunday: call first

Fees: annual membership: \$10

Financing: provincial

Legal status: non-profit organization

SOCIÉTÉ ALZHEIMER DU SUROÎT - SIÈGE SOCIAL ET POINT DE SERVICE SALABERRY-DE-VALLEYFIELD

340 du Havre Boulevard, Suite 101, Salaberry-de-Valleyfield, Montérégie, QC, J6S 1S6

450 373-0303 Fax: 450 373-0388

Website: www.alzheimer.ca/en/suroit

Email: info@alzheimersuroit.com

Services: * Telephone consultations. * Individual and family consultations. * Post-diagnosis reception and support. * Information and support groups and training for caregivers * Information and support groups and training for people affected. * Brunch meetings for couples and families. * Music and artistic activities. * Respite care at home. * Group respite at the Myosotis activity centres. * Documentation centre. * Information sessions, public conferences, kiosks * Training for health care professionals and workers. * Reference platform for health care workers: <http://referenceaidancequebec.ca>

Eligibility: people living with Alzheimer's disease or dementia, their caregivers and families, health care professionals and practitioners

Coverage area: MRC Beauharnois-Salaberry, MRC Vaudreuil-Soulanges, MRC Haut-Saint-Laurent, Kahnawake, greater Châteauguay, home respite: MRC Beauharnois-Salaberry, MRC Vaudreuil-Soulanges, greater Châteauguay, group respite: Salaberry-de-Valleyfield, Vaudreuil-Dorion, Châteauguay

Hours: Monday to Friday 9h00 to 16h30, group respite: 9h30 to 15h30

Fees: services to individuals and families: free, services to professionals and practitioners: variable

Financing: donations, grants, fundraising campaigns

Legal status: non-profit organization

Thrift store and material aid

THRIFT STORES

Thrift Stores

FONDATION DE LA BANQUE ALIMENTAIRE DU SUROIT

42 Edmond Street, Salaberry-de-Valleyfield, Montérégie, QC, J6S 1L8

450 377-8597

Website: ohangar.ca

Email: info@ohangar.ca

Services: Thrift store. * Recovery of material goods on site and resale at low prices: clothing, furniture, household items, etc.

Coverage area: MRC Vaudreuil-Soulanges, MRC Beauharnois-Salaberry, MRC Le Haut-Saint-Laurent

Hours: Monday to Friday 9h00 to 18h00, Saturday 9h00 to 17h00

Financing: provincial, self-financing, grants, donations

Legal status: non-profit organization

Transportation

ACCOMPANIED TRANSPORT

ACCOMPANIED TRANSPORT FOR MEDICAL REASONS

PARATRANSIT

Accompanied transport

COUP DE POUCE DES MOISSONS - ACCOMPANIMENT-TRANSPORTATION

196 Saint-Louis Road, Beauharnois, Montérégie, QC, J6N 2J1

1 888 429-4229 Fax: 450 429-6364

Website: cpmaide.ca

Email: direction@cpmaide.ca

Services: * Accompaniment and transport for running errands by employees.

Eligibility: seniors, people who are ill, living with a disability or with a loss of autonomy

Coverage area: MRC Beauharnois-Salaberry, MRC Le Haut-Saint-Laurent, MRC Roussillon

Hours: Monday to Friday, by appointment

Fees: starting from \$32.50 per hour, transportation: \$0.60/km

Financing: provincial, self-financing

Legal status: non-profit organization

ORGANISME VOUÉ AUX PERSONNES ATTEINTES DE CANCER ET DE MALADIES GRAVE - ACCOMPANIMENT-TRANSPORTATION

253, rue Jacques-Cartier, bureau 200, Salaberry-de-Valleyfield, Montérégie, QC, J6T 4S7

1 866 386-8722 Fax: 450 371-5455

Website: ovpac.org

Email: info@ovpac.org

Services: * Transportation and accompaniment to oncology centres by volunteers.

Eligibility: people living with cancer and a serious illness

Coverage area: MRC Beauharnois-Salaberry, MRC Le Haut-Saint-Laurent, MRC Vaudreuil-Soulanges, MRC Roussillon, MRC Jardins-de-Napierville, appointments: Greater Montreal

Hours: Monday to Thursday 9h00 to 16h00, Friday 8h30 to 12h30

Fees: annual membership: \$20, transportation: \$65 round trip (depending on destination), private transportation: rates on request

Financing: provincial, contributions, self-financing, donations

Legal status: non-profit organization

Accompanied transport for medical reasons

ORGANISME VOUÉ AUX PERSONNES ATTEINTES DE CANCER ET DE MALADIES GRAVE - ACCOMPANIMENT-TRANSPORTATION

253, rue Jacques-Cartier, bureau 200, Salaberry-de-Valleyfield, Montérégie, QC, J6T 4S7

1 866 386-8722 Fax: 450 371-5455

Website: ovpac.org

Email: info@ovpac.org

Services: * Transportation and accompaniment to oncology centres by volunteers.

Eligibility: people living with cancer and a serious illness

Coverage area: MRC Beauharnois-Salaberry, MRC Le Haut-Saint-Laurent, MRC Vaudreuil-Soulanges, MRC Roussillon, MRC Jardins-de-Napierville, appointments: Greater Montreal

Hours: Monday to Thursday 9h00 to 16h00, Friday 8h30 to 12h30

Fees: annual membership: \$20, transportation: \$65 round trip (depending on destination), private transportation: rates on request

Financing: provincial, contributions, self-financing, donations

Legal status: non-profit organization

Paratransit

SOCIÉTÉ DE TRANSPORT DE SALABERRY DE VALLEYFIELD - PARATRANSIT

57 Sainte-Cécile Street, Salaberry-de-Valleyfield, Montérégie, QC, J6T 1L6

450 370-0155

Website: stsv.ca

Email: ta@stsv.ca

Services: Paratransit service. * Application form: www.stsv.ca/wp-content/uploads/2019/07/formulaire-transport-adapte-anglais.pdf * Online reservation: www.stsv.ca/transport-adapte-formulaire-de-reservation/

Eligibility: people with disabilities, people with reduced mobility including: an inability to walk 400 metres on even ground, to climb a step 35 centimetres high with support or descend without support, to make an entire trip using regular public transit, to keep track of time or find their bearings, to handle situations or behaviour that could compromise their own safety or that of others

Coverage area: Coteau-du-Lac, Les Coteaux, Rivière-Beaudette, Saint-Louis-de-Gonzague, Saint-Polycarpe, Saint-Stanislas-de-Kosta, Saint-Zotique, Salaberry-de-Valleyfield

Hours: reservation Monday to Friday from 7h00 to 5h00, transportation: 7 days

Fees: variables

Financing: municipal, provincial

Legal status: parapublic organization

Violence and abuse

CHILD ABUSE

DOMESTIC VIOLENCE: SHELTERS AND SUPPORT

PREVENTION OF VIOLENCE AND CRIME

SEXUAL ASSAULT AND INCEST

SUPPORT FOR PERPETRATORS OF VIOLENCE AND THEIR FAMILIES

SUPPORT FOR VICTIMS AND THEIR FAMILIES

THERAPY AND COUNSELLING

Child abuse

ESPACE SUROÎT

394 Dufferin Street, Suite 202, Salaberry-de-Valleyfield, Montérégie, QC, J6S 2A8

450 371-8096

Website: espacesansviolence.org/suroit

Email: info@espacesuroit.ca

Services: Prevention and awareness on child abuse. * Programs and educational workshops in primary schools and daycares.

Eligibility: children 3 to 12 years old, parents, teachers, counsellors

Coverage area: MRC Beauharnois-Salaberry, MRC Le Haut-Saint-Laurent, MRC Vaudreuil-Soulanges

Hours: September to June, Monday to Friday 8h30 to 16h30

Fees: none

Financing: donations

Legal status: non-profit organization

Domestic violence: shelters and support

LEGAL AID OFFICE - SALABERRY-DE-VALLEYFIELD

151 Salaberry Street West, Salaberry-de-Valleyfield, Montérégie, QC, J6T 2H8

450 370-3064 Fax: 450 370-3068

Website: ccjrs.com/bureaux/salaberry-de-valleyfield

Email: valleyfield@ccjrs.com

Services: Free or low-cost legal services to eligible individuals. * Receives and processes legal aid request.

Eligibility: person or non-profit organization residing in Quebec or forced to remain in Quebec, financially eligible, and with a legal need that is covered by the Law

Coverage area: MRC Beauharnois-Salaberry, Vaudreuil-Dorion

Hours: Monday to Friday 8h30 to 12h00 and 13h00 to 16h30

Fees: people may be eligible for free legal aid or contributory legal aid between \$100 and 800, depending on their financial situation, see scale on website

Financing: provincial

Legal status: non-profit organization

VIA L'ANSE

340 du Havre Boulevard, Suite 203, Salaberry-de-Valleyfield, Montérégie, QC, J6S 1S6

450 370-3200 ext. 1 Fax: 450 370-0143

Website: vialanse.com/en/vialanse-en

Email: mario.trepanier@vialanse.com

Services: Intervention with people at risk of violent behaviour in family situations. * Prevention of domestic and family violence. * Awareness, research and training activities. * Intervention activities for people with violent behaviour. * Group and individual monitoring.

Eligibility: people with violent behaviour in their marital and family relationships; men victims of violence

Coverage area: Vaudreuil-Soulanges, MRC Le Haut-Saint-Laurent, Beauharnois-Salaberry

Hours: administration: Monday to Friday 9h00 to 16h00

Fees: none

Financing: provincial

Legal status: non-profit organization

Prevention of violence and crime

MAISON DE LA JEUNESSE 12-17 DE VALLEYFIELD

42 Anderson Street, Salaberry-de-Valleyfield, Montérégie, QC, J6S 0L1

450 373-6788

Website: mdjvalleyfield.com

Email: info@mdjvalleyfield.com

Services: Meeting place for young people. * Food assistance. * Homework assistance. * Assistance in case of runaways. * Help in finding temporary lodging. * Street intervention. * Cultural, creative, preventive, community and recreational activities. * Animation of the downtown area. * Education of democratic life and fundraising campaigns. * Information and raising awareness on healthy lifestyle habits. * Referrals to local organizations.

Eligibility: youth 12 to 24 years old

Capacity: 100

Coverage area: Salaberry-de-Valleyfield

Hours: reception and administration: Monday to Friday 9h00 to 16h00, regular intervention and animation

schedule: Monday to Thursday 16h30 to 21h00, Friday 16h30 to 22h00, summer intervention and animation

schedule: Monday to Thursday 13h00 to 21h00, Friday 13h00 to 22h00

Financing: self-financing, donations

Legal status: non-profit organization

VIA L'ANSE

340 du Havre Boulevard, Suite 203, Salaberry-de-Valleyfield, Montérégie, QC, J6S 1S6

450 370-3200 ext. 1 **Fax:** 450 370-0143

Website: vialanse.com/en/vialanse-en

Email: mario.trepanier@vialanse.com

Services: Intervention with people at risk of violent behaviour in family situations. * Prevention of domestic and family violence. * Awareness, research and training activities. * Intervention activities for people with violent behaviour. * Group and individual monitoring.

Eligibility: people with violent behaviour in their marital and family relationships; men victims of violence

Coverage area: Vaudreuil-Soulanges, MRC Le Haut-Saint-Laurent, Beauharnois-Salaberry

Hours: administration: Monday to Friday 9h00 to 16h00

Fees: none

Financing: provincial

Legal status: non-profit organization

Sexual assault and incest

CENTRE D'AIDE ET DE LUTTE CONTRE LES AGRESSIONS À CARACTÈRE SEXUEL - LA VIGIE

Confidential Address

450 371-4222 **Fax:** 450 371-9590

Website: calacslavigie.org

Email: info@calacslavigie.org

Services: Support and prevention relative to sexual assaults. * Direct assistance: listening, information, referral, individual meetings and support groups. * Support to families and friends of women victim of sexual assault. * Education, prevention and training. * Advocacy, accompaniment in the legal procedures and actions to address the issue of sexual violence.

Eligibility: victims of sexual assault, direct assistance: self-identified women, high school teens, trans and non-binary people who have experienced sexual assault, prevention, awareness and advocacy: general population

Coverage area: MRC Beauharnois-Salaberry, MRC Le Haut-Saint-Laurent, MRC Vaudreuil-Soulanges

Hours: Monday to Friday 8h00 to 16h00

Fees: none

Financing: provincial

Legal status: non-profit organization

Support for perpetrators of violence and their families

VIA L'ANSE

340 du Havre Boulevard, Suite 203, Salaberry-de-Valleyfield, Montérégie, QC, J6S 1S6

450 370-3200 ext. 1 Fax: 450 370-0143

Website: vialanse.com/en/vialanse-en

Email: mario.trepanier@vialanse.com

Services: Intervention with people at risk of violent behaviour in family situations. * Prevention of domestic and family violence. * Awareness, research and training activities. * Intervention activities for people with violent behaviour. * Group and individual monitoring.

Eligibility: people with violent behaviour in their marital and family relationships; men victims of violence

Coverage area: Vaudreuil-Soulanges, MRC Le Haut-Saint-Laurent, Beauharnois-Salaberry

Hours: administration: Monday to Friday 9h00 to 16h00

Fees: none

Financing: provincial

Legal status: non-profit organization

Support for victims and their families

CENTRE D'AIDE ET DE LUTTE CONTRE LES AGRESSIONS À CARACTÈRE SEXUEL - LA VIGIE

Confidential Address

450 371-4222 Fax: 450 371-9590

Website: calacslavigie.org

Email: info@calacslavigie.org

Services: Support and prevention relative to sexual assaults. * Direct assistance: listening, information, referral, individual meetings and support groups. * Support to families and friends of women victim of sexual assault. * Education, prevention and training. * Advocacy, accompaniment in the legal procedures and actions to address the issue of sexual violence.

Eligibility: victims of sexual assault, direct assistance: self-identified women, high school teens, trans and non-binary people who have experienced sexual assault, prevention, awareness and advocacy: general population

Coverage area: MRC Beauharnois-Salaberry, MRC Le Haut-Saint-Laurent, MRC Vaudreuil-Soulanges

Hours: Monday to Friday 8h00 to 16h00

Fees: none

Financing: provincial

Legal status: non-profit organization

JUSTICE ALTERNATIVE DU SUROÎT

52 Larocque Road, Salaberry-de-Valleyfield, Montérégie, QC, J6T 4A2

1 800 377-3576 Fax: 450 377-4394

Website: justicealternativedusuroit.com

Email: reception@justicealternativedusuroit.com

Services: * Enforcement of certain criminal penalties under the Youth Criminal Justice Act: criminal mediation, volunteer work, compensation, apology. * Laws and Consequences and Laws and Drugs programs: social skills development workshops. * Conflict management projects in schools. * GRAFF and DEGRAFF: projects to remove illegal graffiti and create frescoes on authorized sites. * Résoluthèque: documentation centre on healthy conflict management.

Eligibility: young people 12 to 17 years old

Coverage area: MRC de Beauharnois-Salaberry, MRC du Haut-Saint-Laurent, MRC Vaudreuil-Soulanges

Hours: Monday to Friday 8h30 to 12h00 and 13h00 to 16h30, group facilitation: Tuesday evening

Financing: provincial

Legal status: non-profit organization

Therapy and counselling

AIRE OUVERTE DE SALABERRY-DE-VALLEYFIELD

320 Larocque Road, Salaberry-de-Valleyfield, Montérégie, QC, J6T 3Z3

1 888 440-2473

Website: santemonteregie.qc.ca/ouest/aire-ouverte

Email: aireouverte.cisssmo16@ssss.gouv.qc.ca

Services: Various confidential services for youth aged 12 to 25. * Individual psychosocial follow-up. * Sexual health clinic. * Prevention, education and information on the use of alcohol, drugs, gambling and problematic use of the Internet, etc. * Housing support. * Training, employment and finances: educational and professional orientation, help in finding a job, prevention of school drop-out, etc. * General legal assistance.

Eligibility: people 12 to 25 years old

Coverage area: Montérégie-Ouest

Hours: Monday 8h30 to 18h00, Tuesday 8h30 to 16h30, Wednesday 8h30 to 18h00, Thursday 8h30 to 20h00, Friday 8h30 to 18h00, Saturday 12h00 to 18h00

Financing: provincial

Legal status: provincial government agency

CENTRE DE ZOOTHERAPIE COMMUNAUTAIRE

2025 Hébert Boulevard, Suite 803, Salaberry-de-Valleyfield, Montérégie, QC, J6S 5Y4

450 560-0910

Website: zoothérapie.com/english-greetings

Email: centredezoothérapiecommunautaire@gmail.com

Services: * Adapted zootherapy programs. * Animal boarding.

Eligibility: children, teenagers, seniors, people living with a disability

Coverage area: Laurentians, Montérégie, Laval

Hours: Monday to Friday 9h00 to 17h00

Fees: \$90 per hour

Financing: self-financing, fundraising campaigns

Legal status: non-profit organization

COURT OF QUÉBEC - CIVIL DIVISION - SALABERRY-DE-VALLEYFIELD

74 Académie Street, Salaberry-de-Valleyfield, Montérégie, QC, J6T 0B8

1 866 536-5140 option 3

Website: www.justice.gouv.qc.ca/en/join-us/find-a-courthouse/salaberry-de-valleyfield-courthouse

Email: informations@justice.gouv.qc.ca

Services: Court constituting the judicial system of Québec. * Hearing of cases where the amount in dispute is less than \$100 000. * Hearing of some cases regarding municipal and school affairs. * Hearing of temporary and authorized confinement cases prior to or following psychiatric assessment. * Exclusive jurisdiction to hear appeals from decisions of certain administrative tribunals, such as the Tribunal administratif du logement. * Voluntary deposit. * Settlement conference chaired by a judge. * Mediation service. * Documents pertinents pour l'ensemble des régions: www.courduquebec.ca/en/centre-de-documentation/relevant-documents-for-all-regions * Horaire des audiences en ligne: www.roles.tribunaux.qc.ca

Eligibility: general public

Coverage area: Beauharnois judicial district: MRC Beauharnois-Salaberry, MRC Vaudreuil-Soulanges

Hours: Monday to Friday 8h30 to 12h45 and 13h45 to 16h30

Financing: provincial

Legal status: provincial government agency

JEUNES ADULTES GAI-E-S - SALABERRY-DE-VALLEYFIELD SERVICE POINT

107 Jacques-Cartier Street Suite 11, Salaberry-de-Valleyfield, Montérégie, QC, J6T 4R8

1 800 774-1349

Website: lejag.org

Email: info@lejag.org

Services: Community organization that raises awareness, provides support and referrals for anyone affected by or questioning emotional, sexual and gender diversity. * Individual counseling: by phone, in person, by video conference (Messenger or Teams). * Group meetings. * Social activities. * Workshops and conferences in schools and community organizations on the importance of allies and on different sexual orientations and gender diversity. * Training for health, school and community workers. * Representation: stands and round tables.

Eligibility: people affected by or questioning emotional, sexual and gender diversity

Coverage area: Montérégie-West

Hours: Monday to Friday 9h00 to 17h00

Fees: annual membership: free for people 18 years old and lower, \$5 for people 18 years old and over

Financing: membership fees, donations, provincial, municipal

Legal status: non-profit organization

PSYCOHÉSION

100 du Marché Street, Salaberry-de-Valleyfield, Montérégie, QC, J6T 1P7

450 377-2841 Fax: 450 377-0410

Website: www.psycohesion.weebly.com

Email: direction@psycohesion.com

Services: * Support group. * Individual meetings. * Creative and personal development workshops. * Café respite, luncheons and community meals. * Light therapy. * Documentation centre. * Users committee and social club. * Sports and recreational activities: fun games, board games and others. * Summer activities: outings and trips. * Pass-Action program.

Eligibility: people 18 years and over living with or having lived with a mental health problem, Pass-Action program: people ready to reintegrate the job market

Capacity: Pass-Action program: 10 people

Coverage area: MRC de Beauharnois-Salaberry

Hours: Monday and Wednesday 9h00 to 16h00, Tuesday 12h00 to 16h00, Thursday 9h00 to 21h00, Friday 9h00 to 15h00, Saturday and Sunday: call first

Fees: annual membership: \$10

Financing: provincial

Legal status: non-profit organization

TROUPE DE THÉÂTRE ADAPTÉ LES PAS POUR RIRE

222 Alphonse-Desjardins Street, Suite 101, Salaberry-de-Valleyfield, Montérégie, QC, J6S 2N9

438 502-1220

Website: lespaspourrire.com

Email: info@lespaspourrire.com

Services: * Adapted theater workshops. * Creation, preparation and animation of an original play. * Show-assembler for the adapted groups and the work platforms of the school and social network. * Participation in events and activities: festivals, Journées de la culture, la Fête Différente, FRAS challenge, etc.

Eligibility: people living with an intellectual disability and adjustment difficulties

Coverage area: MRC Beauharnois-Salaberry, MRC Le Haut-Saint-Laurent, MRC Vaudreuil-Soulanges

Hours: Tuesday 19h00 to 21h00, September to June

Fees: membership card: \$5, theater workshop: \$7

Financing: donations, grants

Legal status: non-profit organization

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