



DIRECTORY OF SOCIAL AND COMMUNITY RESOURCES

MONTÉRÉGIE / MRC LES JARDINS-DE-NAPIERVILLE / ALL CITIES



2-1-1



WWW.211.QC.CA

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Child, Youth and Family

DAYCARE AND RESPITE

FAMILY SUPPORT

MATERNITY SUPPORT AND ADOPTION

PARENTING EDUCATION

RECREATIONAL ACTIVITIES

YOUTH CENTRES AND SUPPORT

YOUTH EMPLOYMENT

YOUTH SHELTERS AND SUPPORT

Daycare and respite

SOURIRE SANS FIN

2-A Sainte-Famille Street, Saint-Rémi, Montérégie, QC, J0L 2L0

450 454-5747 Fax: 450 454-5640

Website: www.souriresansfin.org

Email: info@souriresansfin.org

Services: * Collective kitchens. * Meals on wheels. * Affordable food bags. * Cooking workshops. * Petits cuistots workshops: cooking workshops for children 6 to 12 years old during the summer and spring break. * Thrift store for the whole family. * Daycare. * Parenting and early stimulation workshops. * Support groups for parents. * Self-help group for parents of children living with an Autism Spectrum Disorder (ASD). * Psychosocial services for people in distress. * Support for seniors: accompaniment by phone, listening, visits after reporting. * Outreach work initiative for seniors living in a vulnerable situation (ITMAV). * Information, listening and referral. * Christmas baskets.

Eligibility: people on a low income, families, seniors

Capacity: 600 per year

Coverage area: MRC Les Jardins-de-Napierville

Hours: Monday to Friday 8h30 to 16h30, collective kitchen: Monday, Tuesday and Wednesday, meals on wheels: Tuesday 11h30

Fees: collective kitchen: \$1.25 per portion, meals on wheels: \$6 per meal, food bags: \$2 per week per family

Financing: Centraide of Greater Montréal, provincial

Legal status: non-profit organization

Family Support

APPRENDRE EN COEUR

25 Saint-Sauveur Street, Saint-Rémi, Montérégie, QC, J0L 2L0

450 454-0400

Website: www.apprendreencoeur.org

Email: apprendreencoeur@gmail.com

Services: Promotion of language development among children. * Early reading, writing and communication stimulation. * Story time. * Workshops in libraries. * ALI: interactive reading activities. * Stimulation: summer camps.

Eligibility: families with children 0 to 5 years old

Coverage area: MRC Les Jardins-de-Napierville

Hours: Monday to Friday 9h00 to 16h00

Fees: programs and workshops: free, summer camp: \$5 for a half-day

Financing: grants, fundraising campaigns

Legal status: non-profit organization

CHOUPETTES DE ST-MICHEL (LES)

438 Saint-Michel Place, Saint-Michel, Montérégie, QC, J0L 2J0

450 454-5957

Email: leschoupettesdestmichel@hotmail.com

Services: Pre-school.

Eligibility: children 3 to 5 years old

Capacity: 10 children per day

Coverage area: MRC Les Jardins-de-Napierville

Hours: 3-4 years old: Tuesday and Thursday 8h00 to 12h00, 4-5 years old: Monday and Wednesday 8h00 to 15h00, 3-5 years old: Friday 8h00 to 15h00

Fees: half-day: \$8 for residents of Saint-Michel and \$10 for non-residents, full day: \$12 for residents and \$15 for non-residents

Financing: self-financing, fundraising campaigns, municipal

Legal status: non-profit organization

LAIT SOURCE

Confidential Address

438 868-3764

Website: www.laitsource.sitew.com

Email: laitsource@gmail.com

Services: Support for future and new parents. * Prenatal and postnatal twinning. * Telephone and electronic support. * Lait-Rencontre. * Prenatal class. * Godmother-parents meetings. * Haltes allaitement: breastfeeding meetings and discussion between mothers. * Conferences and workshops.

Eligibility: future and new parents

Coverage area: MRC Les Jardins-de-Napierville

Hours: Monday to Sunday 8h00 to 20h00

Fees: free

Financing: municipal

Legal status: non-profit organization

SOURIRE SANS FIN

2-A Sainte-Famille Street, Saint-Rémi, Montérégie, QC, J0L 2L0

450 454-5747 Fax: 450 454-5640

Website: www.souriresansfin.org

Email: info@souriresansfin.org

Services: * Collective kitchens. * Meals on wheels. * Affordable food bags. * Cooking workshops. * Petits cuistots workshops: cooking workshops for children 6 to 12 years old during the summer and spring break. * Thrift store for the whole family. * Daycare. * Parenting and early stimulation workshops. * Support groups for parents. * Self-help group for parents of children living with an Autism Spectrum Disorder (ASD). * Psychosocial services for people in distress. * Support for seniors: accompaniment by phone, listening, visits after reporting. * Outreach work initiative for seniors living in a vulnerable situation (ITMAV). * Information, listening and referral. * Christmas baskets.

Eligibility: people on a low income, families, seniors

Capacity: 600 per year

Coverage area: MRC Les Jardins-de-Napierville

Hours: Monday to Friday 8h30 to 16h30, collective kitchen: Monday, Tuesday and Wednesday, meals on wheels: Tuesday 11h30

Fees: collective kitchen: \$1.25 per portion, meals on wheels: \$6 per meal, food bags: \$2 per week per family

Financing: Centraide of Greater Montréal, provincial

Legal status: non-profit organization

Maternity support and adoption

CLSC JARDIN DU QUÉBEC - NAPIERVILLE

509 Saint-Jacques Street, Napierville, Montérégie, QC, J0J 1L0

450 245-3336 Fax: 450 245-0278

Website: santemonteregie.qc.ca/en/installations/clsc-jardin-du-quebec-napierville

Services: Frontline services for routine health and social services. * Collection centre, blood tests and vaccination. * Support to pregnant women and new parents. * Sexual health clinic. * Youth clinic: sexual health and psychosocial intervention. * Mental health care. * SIDEP: HIV/AIDS and STBBI screening and prevention integrated services. * Disposal of used syringes and needles. * Distribution of injection equipment to people who use drugs. * Alcochoix+ program. * Quit smoking centre. * Chronic disease education centre: individual and group meetings for people with diabetes, high blood pressure or chronic obstructive pulmonary disease (COPD). * Support to people with a loss of autonomy and their caregivers. * Loan of mobility aids to people with a loss of autonomy. * Palliative and end-of-life care.

Coverage area: CISSS de la Montérégie-Ouest area

Hours: Monday, Wednesday and Friday 8h00 to 16h00, Tuesday and Thursday 6h30 to 20h00, Saturday and Sunday: closed but covered by the Saint-Rémi CLSC, holidays 9h00 to 15h30, tests centre: Tuesday and Thursday 6h30 to 9h00

Financing: provincial

Legal status: parapublic organization

CLSC JARDIN DU QUÉBEC - SAINT-RÉMI

2 Sainte-Famille Street, Saint-Rémi, Montérégie, QC, J0L 2L0

450 454-4671 Fax: 450 454-4538

Website: santemonteregie.qc.ca/en/installations/clsc-jardin-du-quebec-saint-remi

Services: Frontline services for routine health and social services. * Collection centre, blood tests and vaccination. * Support to pregnant women and new parents. * Sexual health clinic. * Youth clinic: sexual health and psychosocial intervention. * Mental health care. * SIDEP: HIV/AIDS and STBBI screening and prevention integrated services. * Disposal of used syringes and needles. * Distribution of injection equipment to people who use drugs. * Alcochoix+ program. * Quit smoking centre. * Chronic disease education centre: individual and group meetings for people with diabetes, high blood pressure or chronic obstructive pulmonary disease (COPD). * Support to people with a loss of autonomy and their caregivers. * Loan of mobility aids to people with a loss of autonomy. * Palliative and end-of-life care.

Coverage area: CISSS de la Montérégie-Ouest area

Hours: Monday and Wednesday 8h00 to 20h00, Tuesday, Thursday and Friday 8h00 to 16h00, Saturday and Sunday 9h00 to 15h30, tests centre: Monday and Wednesday 6h30 to 9h00

Financing: provincial

Legal status: parapublic organization

LAIT SOURCE

Confidential Address

438 868-3764

Website: www.laitsource.sitew.com

Email: laitsource@gmail.com

Services: Support for future and new parents. * Prenatal and postnatal twinning. * Telephone and electronic support. * Lait-Rencontre. * Prenatal class. * Godmother-parents meetings. * Haltes allaitement: breastfeeding meetings and discussion between mothers. * Conferences and workshops.

Eligibility: future and new parents

Coverage area: MRC Les Jardins-de-Napierville

Hours: Monday to Sunday 8h00 to 20h00

Fees: free

Financing: municipal

Legal status: non-profit organization

SOURIRE SANS FIN

2-A Sainte-Famille Street, Saint-Rémi, Montérégie, QC, J0L 2L0

450 454-5747 Fax: 450 454-5640

Website: www.souriresansfin.org

Email: info@souriresansfin.org

Services: * Collective kitchens. * Meals on wheels. * Affordable food bags. * Cooking workshops. * Petits cuistots workshops: cooking workshops for children 6 to 12 years old during the summer and spring break. * Thrift store for the whole family. * Daycare. * Parenting and early stimulation workshops. * Support groups for parents. * Self-help group for parents of children living with an Autism Spectrum Disorder (ASD). * Psychosocial services for people in distress. * Support for seniors: accompaniment by phone, listening, visits after reporting. * Outreach work initiative for seniors living in a vulnerable situation (ITMAV). * Information, listening and referral. * Christmas baskets.

Eligibility: people on a low income, families, seniors

Capacity: 600 per year

Coverage area: MRC Les Jardins-de-Napierville

Hours: Monday to Friday 8h30 to 16h30, collective kitchen: Monday, Tuesday and Wednesday, meals on wheels: Tuesday 11h30

Fees: collective kitchen: \$1.25 per portion, meals on wheels: \$6 per meal, food bags: \$2 per week per family

Financing: Centraide of Greater Montréal, provincial

Legal status: non-profit organization

Parenting Education

APPRENDRE EN COEUR

25 Saint-Sauveur Street, Saint-Rémi, Montérégie, QC, J0L 2L0

450 454-0400

Website: www.apprendreencoeur.org

Email: apprendreencoeur@gmail.com

Services: Promotion of language development among children. * Early reading, writing and communication stimulation. * Story time. * Workshops in libraries. * ALI: interactive reading activities. * Stimulation: summer camps.

Eligibility: families with children 0 to 5 years old

Coverage area: MRC Les Jardins-de-Napierville

Hours: Monday to Friday 9h00 to 16h00

Fees: programs and workshops: free, summer camp: \$5 for a half-day

Financing: grants, fundraising campaigns

Legal status: non-profit organization

CLSC JARDIN DU QUÉBEC - NAPIERVILLE

509 Saint-Jacques Street, Napierville, Montérégie, QC, J0J 1L0

450 245-3336 Fax: 450 245-0278

Website: santemonteregie.qc.ca/en/installations/clsc-jardin-du-quebec-napierville

Services: Frontline services for routine health and social services. * Collection centre, blood tests and vaccination. * Support to pregnant women and new parents. * Sexual health clinic. * Youth clinic: sexual health and psychosocial intervention. * Mental health care. * SIDEPE: HIV/AIDS and STBBI screening and prevention integrated services. * Disposal of used syringes and needles. * Distribution of injection equipment to people who use drugs. * Alcochoix+ program. * Quit smoking centre. * Chronic disease education centre: individual and group meetings for people with diabetes, high blood pressure or chronic obstructive pulmonary disease (COPD). * Support to people with a loss of autonomy and their caregivers. * Loan of mobility aids to people with a loss of autonomy. * Palliative and end-of-life care.

Coverage area: CISSS de la Montérégie-Ouest area

Hours: Monday, Wednesday and Friday 8h00 to 16h00, Tuesday and Thursday 6h30 to 20h00, Saturday and Sunday: closed but covered by the Saint-Rémi CLSC, holidays 9h00 to 15h30, tests centre: Tuesday and Thursday 6h30 to 9h00

Financing: provincial

Legal status: parapublic organization

CLSC JARDIN DU QUÉBEC - SAINT-RÉMI

2 Sainte-Famille Street, Saint-Rémi, Montérégie, QC, J0L 2L0

450 454-4671 Fax: 450 454-4538

Website: santemonteregie.qc.ca/en/installations/clsc-jardin-du-quebec-saint-remi

Services: Frontline services for routine health and social services. * Collection centre, blood tests and vaccination. * Support to pregnant women and new parents. * Sexual health clinic. * Youth clinic: sexual health and psychosocial intervention. * Mental health care. * SIDEPE: HIV/AIDS and STBBI screening and prevention integrated services. * Disposal of used syringes and needles. * Distribution of injection equipment to people who use drugs. * Alcochoix+ program. * Quit smoking centre. * Chronic disease education centre: individual and group meetings for people with diabetes, high blood pressure or chronic obstructive pulmonary disease (COPD). * Support to people with a loss of autonomy and their caregivers. * Loan of mobility aids to people with a loss of autonomy. * Palliative and end-of-life care.

Coverage area: CISSS de la Montérégie-Ouest area

Hours: Monday and Wednesday 8h00 to 20h00, Tuesday, Thursday and Friday 8h00 to 16h00, Saturday and Sunday 9h00 to 15h30, tests centre: Monday and Wednesday 6h30 to 9h00

Financing: provincial

Legal status: parapublic organization

LAIT SOURCE

Confidential Address

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Services: Support for future and new parents. * Prenatal and postnatal twinning. * Telephone and electronic support. * Lait-Rencontre. * Prenatal class. * Godmother-parents meetings. * Haltes allaitement: breastfeeding meetings and discussion between mothers. * Conferences and workshops.

Eligibility: future and new parents

Coverage area: MRC Les Jardins-de-Napierville

Hours: Monday to Sunday 8h00 to 20h00

Fees: free

Financing: municipal

Legal status: non-profit organization

SOURIRE SANS FIN

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450 454-5747 Fax: 450 454-5640

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Eligibility: people on a low income, families, seniors

Capacity: 600 per year

Coverage area: MRC Les Jardins-de-Napierville

Hours: Monday to Friday 8h30 to 16h30, collective kitchen: Monday, Tuesday and Wednesday, meals on wheels: Tuesday 11h30

Fees: collective kitchen: \$1.25 per portion, meals on wheels: \$6 per meal, food bags: \$2 per week per family

Financing: Centraide of Greater Montréal, provincial

Legal status: non-profit organization

Recreational Activities

SOURIRE SANS FIN

2-A Sainte-Famille Street, Saint-Rémi, Montérégie, QC, J0L 2L0

450 454-5747 Fax: 450 454-5640

Website: www.souriresansfin.org

Email: info@souriresansfin.org

Services: * Collective kitchens. * Meals on wheels. * Affordable food bags. * Cooking workshops. * Petits cuistots workshops: cooking workshops for children 6 to 12 years old during the summer and spring break. * Thrift store for the whole family. * Daycare. * Parenting and early stimulation workshops. * Support groups for parents. * Self-help group for parents of children living with an Autism Spectrum Disorder (ASD). * Psychosocial services for people in distress. * Support for seniors: accompaniment by phone, listening, visits after reporting. * Outreach work initiative for seniors living in a vulnerable situation (ITMAV). * Information, listening and referral. * Christmas baskets.

Eligibility: people on a low income, families, seniors

Capacity: 600 per year

Coverage area: MRC Les Jardins-de-Napierville

Hours: Monday to Friday 8h30 to 16h30, collective kitchen: Monday, Tuesday and Wednesday, meals on wheels: Tuesday 11h30

Fees: collective kitchen: \$1.25 per portion, meals on wheels: \$6 per meal, food bags: \$2 per week per family

Financing: Centraide of Greater Montréal, provincial

Legal status: non-profit organization

Youth Centres and Support

ADOMISSILE (L') - MAISON DES JEUNES - SAINT RÉMI

100 de la Gare Street, Saint-Rémi, Montérégie, QC, J0L 2L0

450 454-6657 Fax: 450 454-3618

Website: www.adomissile.com

Email: mdj@adomissile.com

Services: Meeting place for youth. * Discussion, information and support. * Music, sports and creative activities.

Eligibility: youth 12 to 17 years old

Coverage area: Saint-Isidore, Saint-Michel, Saint-Rémi, Sainte-Clotilde

Hours: Monday to Thursday 16h00 to 21h00, Friday 16h00 to 22h30

Fees: annual membership: \$5

Financing: provincial, municipal, self-financing

Legal status: non-profit organization

Youth Employment

CARREFOUR JEUNESSE-EMPLOI HUNTINGDON - POINT DE SERVICE SAINT-RÉMI

18 de l'Église Street, Saint-Rémi, Montérégie, QC, J0L 2L0

450 454-5814 Fax: 450 454-3533

Website: cjehuntingdon.org

Email: info-stremi@cjehuntingdon.org

Services: * Job search assistance: resume writing, referral, interview simulation. * School and professional guidance. * Business start-up assistance. * Youth service cooperative. * Desjardins - Jeunes au travail: internship program. * Jeunes volontaires: project realization program. * Self-service centre: documentation, Internet access, technical support, etc. * Meeting point in Napierville. * Services to employers.

Eligibility: youth 16 to 35 years old, youth service cooperative: youth 14 to 17 years old, Jeunes volontaires: youth 16 to 29 years old

Coverage area: MRC Les Jardins-de-Napierville

Hours: Monday to Thursday 8h30 to 12h00 and 13h00 to 16h30, Friday 10h30 to 12h00 and 13h00 to 16h30, evenings by appointment

Fees: free

Financing: provincial, municipal, donations

Legal status: non-profit organization

Youth Shelters and Support

CLSC JARDIN DU QUÉBEC - NAPIERVILLE

509 Saint-Jacques Street, Napierville, Montérégie, QC, J0J 1L0

450 245-3336 Fax: 450 245-0278

Website: santemonteregie.qc.ca/en/installations/clsc-jardin-du-quebec-napierville

Services: Frontline services for routine health and social services. * Collection centre, blood tests and vaccination. * Support to pregnant women and new parents. * Sexual health clinic. * Youth clinic: sexual health and psychosocial intervention. * Mental health care. * SIDEPE: HIV/AIDS and STBBI screening and prevention integrated services. * Disposal of used syringes and needles. * Distribution of injection equipment to people who use drugs. * Alcochoix+ program. * Quit smoking centre. * Chronic disease education centre: individual and group meetings for people with diabetes, high blood pressure or chronic obstructive pulmonary disease (COPD). * Support to people with a loss of autonomy and their caregivers. * Loan of mobility aids to people with a loss of autonomy. * Palliative and end-of-life care.

Coverage area: CISSS de la Montérégie-Ouest area

Hours: Monday, Wednesday and Friday 8h00 to 16h00, Tuesday and Thursday 6h30 to 20h00, Saturday and Sunday: closed but covered by the Saint-Rémi CLSC, holidays 9h00 to 15h30, tests centre: Tuesday and Thursday 6h30 to 9h00

Financing: provincial

Legal status: parapublic organization

CLSC JARDIN DU QUÉBEC - SAINT-RÉMI

2 Sainte-Famille Street, Saint-Rémi, Montérégie, QC, J0L 2L0

450 454-4671 Fax: 450 454-4538

Website: santemonteregie.qc.ca/en/installations/clsc-jardin-du-quebec-saint-remi

Services: Frontline services for routine health and social services. * Collection centre, blood tests and vaccination. * Support to pregnant women and new parents. * Sexual health clinic. * Youth clinic: sexual health and psychosocial intervention. * Mental health care. * SIDEPE: HIV/AIDS and STBBI screening and prevention integrated services. * Disposal of used syringes and needles. * Distribution of injection equipment to people who use drugs. * Alcochoix+ program. * Quit smoking centre. * Chronic disease education centre: individual and group meetings for people with diabetes, high blood pressure or chronic obstructive pulmonary disease (COPD). * Support to people with a loss of autonomy and their caregivers. * Loan of mobility aids to people with a loss of autonomy. * Palliative and end-of-life care.

Coverage area: CISSS de la Montérégie-Ouest area

Hours: Monday and Wednesday 8h00 to 20h00, Tuesday, Thursday and Friday 8h00 to 16h00, Saturday and Sunday 9h00 to 15h30, tests centre: Monday and Wednesday 6h30 to 9h00

Financing: provincial

Legal status: parapublic organization

Community Action

ADVISORY AND CITIZEN ACTION ORGANIZATIONS

COMMUNITY DEVELOPMENT

INFORMATION AND REFERRAL

VOLUNTEERING AND VOLUNTEER CENTRES

Advisory and citizen action organizations

TABLE DE CONCERTATION DES AÎNÉS DES JARDINS-DE-NAPIERVILLE

Confidential Address

450 454-4671 ext. 6218

Email: melanie.courchesne.cisssmo16@ssss.gouv.qc.ca

Services: Grouping of associations and organizations offering services for seniors. * Concertation and representation. * Support to the development of projects targeting living standards improvement.

Eligibility: community organizations from the institutional or parapublic sector working offering services to seniors

Coverage area: MRC Les Jardins-de-Napierville

Financing: municipal

Legal status: non-profit organization

TABLE DE CONCERTATION JEUNESSE MRC JARDINS-DE-NAPIERVILLE

2 Ste-Famille Street, Saint-Rémi, Montérégie, QC, J0L 2L0

450 454-6671 poste 2225

Services: Concertation table composed of organizations, establishments and people working with youth 6 to 17 years and their families. * Information dissemination.

Eligibility: organizations, establishments and people working with youth aged 6 to 17 years old and their families

Coverage area: MRC Les Jardins-de-Napierville

Legal status: non-profit organization

TABLE DE CONCERTATION PETITE ENFANCE PÉRINATALITÉ JARDIN DU QUÉBEC

2 Sainte-Famille Street, Saint-Rémi, Montérégie, QC, J0L 2L0

450 454-4671 ext. 6218

Website: tablepep.org

Services: Concertation table composed of organizations, establishments and individuals offering direct services to early childhood. * Resources guide.

Eligibility: community organizations, from the institutional and parapublic field, who work with young children and their families

Coverage area: MRC Les Jardins-de-Napierville

Financing: municipal

Legal status: non-profit organization

Community development

CORPORATION DE DÉVELOPPEMENT COMMUNAUTAIRE LES JARDINS DE NAPIERVILLE

840 Notre-Dame Street, Saint-Rémi, Montérégie, QC, J0L 2L0

450 992-1400

Website: www.cdcjdn.org

Email: directeur@cdcjdn.org

Services: Support, grouping and coordination for community organizations. * Training on community development. * Activities related to local and regional development.

Eligibility: community organizations

Coverage area: MRC Jardins-de-Napierville

Fees: free

Financing: provincial

Legal status: non-profit organization

Information and referral

NAPIERVILLE PUBLIC LIBRARY

290 Saint-Alexandre Street, Napierville, Montérégie, QC, J0J 1L0

450 245-0030 Fax: 450 245-3777

Website: www.napierville.ca/fr/la-bibliotheque

Email: napierville@reseaubibliomonteregie.qc.ca

Services: Loan and consultation of books, audiovisual and electronic documents. * Computers and Internet access. * Story time. * Book club for children. * Biblio-aidants. * Conferences, workshops.

Coverage area: Napierville, Saint-Cyprien-de-Napierville

Hours: Tuesday and Thursday 14h00 to 20h30, Wednesday and Friday 14h00 to 17h00, Saturday 10h00 to 12h00

Fees: free for residents

Financing: municipal

Legal status: municipal agency

Volunteering and volunteer centres

SERVICE D'ACTION BÉNÉVOLE AU COEUR DU JARDIN

1030 Notre-Dame Street, Saint-Rémi, Montérégie, QC, J0L 2L0

450 454-6567 Fax: 450 454-6567

Website: www.sabjardin.org

Email: dirsab.stremi@bellnet.ca

Services: * Friendly visits. * Information and referral. * Delivery and on-site sale of healthy frozen meals. * Conferences. * Socialization outings. * Tax clinic and assistance with filling out forms. * PAIR program: safety calls. * Various courses: gymnastics, etc. * Monthly open support group for all caregivers in order to prevent exhaustion. * Monthly breakfast for caregivers and seniors. * Monthly conference for caregivers and seniors. * Medical transportation-accompaniment. * Promotion of volunteerism and support to community organizations. * Minibus grocery shopping: pharmacy, grocery store, financial institution and post office.

Eligibility: volunteers, organizations and people in need, minibus grocery shopping: autonomous people

Coverage area: MRC Les Jardins-de-Napierville

Hours: Monday to Friday 8h30 to 12h00 and 13h00 to 16h30, frozen meal delivery: Tuesday morning, minibus grocery shopping: Friday 8h45

Fees: frozen meals: main meal 3\$, soup \$2, dessert \$1, free delivery every 15 days, minibus grocery shopping: \$4, monthly breakfast: \$3

Financing: Centraide of Greater Montréal, provincial

Legal status: non-profit organization

SERVICE D'ACTION BÉNÉVOLE AU COEUR DU JARDIN - HEMMINGFORD SITE

476 Frontière Street, Hemmingford, Montérégie, QC, J0L 1H0

450 247-2893

Website: www.sabjardin.org

Email: sabhemmingford@hotmail.com

Services: * Friendly visits. * Friendly calls. * Assistance with filling out forms. * Information and referral. * Soft gymnastic classes. * Socialization outings. * Monthly community dinner.

Eligibility: seniors, people in need, volunteers, community organizations

Coverage area: Hemmingford

Hours: Monday to Thursday 8h30 to 12h00 and 13h00 to 16h30

Fees: none

Financing: Centraide of Greater Montréal, provincial

Legal status: non-profit organization

SERVICE D'ACTION BÉNÉVOLE AU COEUR DU JARDIN - NAPIERVILLE SITE

262-A de l'Église Street, Napierville, Montérégie, QC, J0J 1L0

450 245-7868

Website: www.sabjardin.org

Email: sabnap@hotmail.ca

Services: * Friendly visits. * Friendly calls. * Tax clinic and assistance with forms. * Information and referral. * Dinner meeting, meals on wheels, entertainment activities, courses and talks. * Promotion of volunteerism and support to community organizations.

Eligibility: volunteers, organizations, people in need

Coverage area: MRC Les Jardins-de-Napierville

Hours: Monday to Thursday 8h30 to 12h00 and 13h00 to 16h30

Fees: free or variable depending on the service

Financing: Centraide of Greater Montréal, provincial

Legal status: non-profit organization

Disability

AUTISM, PDD, ADHD

MOBILITY AIDS

RECREATION AND CAMPS

RESPIRE, CHILD CARE AND HOUSING

SUPPORT ASSOCIATIONS

SUPPORT AND INTEGRATION ORGANIZATIONS

Autism, PDD, ADHD

SOURIRE SANS FIN

2-A Sainte-Famille Street, Saint-Rémi, Montérégie, QC, J0L 2L0

450 454-5747 Fax: 450 454-5640

Website: www.souriresansfin.org

Email: info@souriresansfin.org

Services: * Collective kitchens. * Meals on wheels. * Affordable food bags. * Cooking workshops. * Petits cuistots workshops: cooking workshops for children 6 to 12 years old during the summer and spring break. * Thrift store for the whole family. * Daycare. * Parenting and early stimulation workshops. * Support groups for parents. * Self-help group for parents of children living with an Autism Spectrum Disorder (ASD). * Psychosocial services for people in distress. * Support for seniors: accompaniment by phone, listening, visits after reporting. * Outreach work initiative for seniors living in a vulnerable situation (ITMAV). * Information, listening and referral. * Christmas baskets.

Eligibility: people on a low income, families, seniors

Capacity: 600 per year

Coverage area: MRC Les Jardins-de-Napierville

Hours: Monday to Friday 8h30 to 16h30, collective kitchen: Monday, Tuesday and Wednesday, meals on wheels: Tuesday 11h30

Fees: collective kitchen: \$1.25 per portion, meals on wheels: \$6 per meal, food bags: \$2 per week per family

Financing: Centraide of Greater Montréal, provincial

Legal status: non-profit organization

Mobility aids

CLSC JARDIN DU QUÉBEC - NAPIERVILLE

509 Saint-Jacques Street, Napierville, Montérégie, QC, J0J 1L0

450 245-3336 Fax: 450 245-0278

Website: santemonteregie.qc.ca/en/installations/clsc-jardin-du-quebec-napierville

Services: Frontline services for routine health and social services. * Collection centre, blood tests and vaccination. * Support to pregnant women and new parents. * Sexual health clinic. * Youth clinic: sexual health and psychosocial intervention. * Mental health care. * SIDEP: HIV/AIDS and STBBI screening and prevention integrated services. * Disposal of used syringes and needles. * Distribution of injection equipment to people who use drugs. * Alcochoix+ program. * Quit smoking centre. * Chronic disease education centre: individual and group meetings for people with diabetes, high blood pressure or chronic obstructive pulmonary disease (COPD). * Support to people with a loss of autonomy and their caregivers. * Loan of mobility aids to people with a loss of autonomy. * Palliative and end-of-life care.

Coverage area: CISSS de la Montérégie-Ouest area

Hours: Monday, Wednesday and Friday 8h00 to 16h00, Tuesday and Thursday 6h30 to 20h00, Saturday and Sunday: closed but covered by the Saint-Rémi CLSC, holidays 9h00 to 15h30, tests centre: Tuesday and Thursday 6h30 to 9h00

Financing: provincial

Legal status: parapublic organization

CLSC JARDIN DU QUÉBEC - SAINT-RÉMI

2 Sainte-Famille Street, Saint-Rémi, Montérégie, QC, J0L 2L0

450 454-4671 Fax: 450 454-4538

Website: santemonteregie.qc.ca/en/installations/clsc-jardin-du-quebec-saint-remi

Services: Frontline services for routine health and social services. * Collection centre, blood tests and vaccination. * Support to pregnant women and new parents. * Sexual health clinic. * Youth clinic: sexual health and psychosocial intervention. * Mental health care. * SIDEPE: HIV/AIDS and STBBI screening and prevention integrated services. * Disposal of used syringes and needles. * Distribution of injection equipment to people who use drugs. * Alcochoix+ program. * Quit smoking centre. * Chronic disease education centre: individual and group meetings for people with diabetes, high blood pressure or chronic obstructive pulmonary disease (COPD). * Support to people with a loss of autonomy and their caregivers. * Loan of mobility aids to people with a loss of autonomy. * Palliative and end-of-life care.

Coverage area: CISSS de la Montérégie-Ouest area

Hours: Monday and Wednesday 8h00 to 20h00, Tuesday, Thursday and Friday 8h00 to 16h00, Saturday and Sunday 9h00 to 15h30, tests centre: Monday and Wednesday 6h30 to 9h00

Financing: provincial

Legal status: parapublic organization

Recreation and camps

VENTS D'ESPOIR DE LA VALLÉE DU SAINT-LAURENT

101-G Lachapelle Street East, Saint-Rémi, Montérégie, QC, J0L 2L0

450 992-0512

Website: ventsdesespoir.org

Email: info.ventsdesespoir@gmail.com

Services: Activity centre for people who live with cranial trauma. * Social integration. * Socialisation. * Physical activities.

Eligibility: people between 18 and 55 years old living with cranial trauma of physical impairment

Capacity: 15 persons per day

Coverage area: Beauharnois, MRC Le Haut-Saint-Laurent, MRC Les Jardins-de-Napierville, MRC Roussillon, MRC Vaudreuil-Soulanges

Hours: day centre: Monday to Thursday 8h30 to 16h00, office: Monday to Wednesday 8h30 to 16h00

Fees: \$7 per day

Financing: self-financing, donations

Legal status: non-profit organization

Respite, child care and housing

CENTRE D'HÉBERGEMENT DE SAINT-RÉMI

110 du Collège Street, Saint-Rémi, Montérégie, QC, J0L 2L0

450 454-4694 Fax: 450 454-3614

Website: santemonteregie.qc.ca/en/installations/centre-dhebergement-de-saint-remi

Services: Public care centre for seniors and people with a loss of autonomy. * Housing and long term cares. * Day Centre offering therapeutic services to maintain the autonomy of seniors living at home.

Eligibility: seniors and people with a loss of autonomy

Coverage area: MRC Roussillon, MRC Les Jardins-de-Napierville

Hours: day centre: Monday to Thursday 8h00 to 16h00

Financing: provincial

Legal status: parapublic organization

CLSC JARDIN DU QUÉBEC - NAPIERVILLE

509 Saint-Jacques Street, Napierville, Montérégie, QC, J0J 1L0

450 245-3336 Fax: 450 245-0278

Website: santemonteregie.qc.ca/en/installations/clsc-jardin-du-quebec-napierville

Services: Frontline services for routine health and social services. * Collection centre, blood tests and vaccination. * Support to pregnant women and new parents. * Sexual health clinic. * Youth clinic: sexual health and psychosocial intervention. * Mental health care. * SIDEPE: HIV/AIDS and STBBI screening and prevention integrated services. * Disposal of used syringes and needles. * Distribution of injection equipment to people who use drugs. * Alcochoix+ program. * Quit smoking centre. * Chronic disease education centre: individual and group meetings for people with diabetes, high blood pressure or chronic obstructive pulmonary disease (COPD). * Support to people with a loss of autonomy and their caregivers. * Loan of mobility aids to people with a loss of autonomy. * Palliative and end-of-life care.

Coverage area: CISSS de la Montérégie-Ouest area

Hours: Monday, Wednesday and Friday 8h00 to 16h00, Tuesday and Thursday 6h30 to 20h00, Saturday and Sunday: closed but covered by the Saint-Rémi CLSC, holidays 9h00 to 15h30, tests centre: Tuesday and Thursday 6h30 to 9h00

Financing: provincial

Legal status: parapublic organization

CLSC JARDIN DU QUÉBEC - SAINT-RÉMI

2 Sainte-Famille Street, Saint-Rémi, Montérégie, QC, J0L 2L0

450 454-4671 Fax: 450 454-4538

Website: santemonteregie.qc.ca/en/installations/clsc-jardin-du-quebec-saint-remi

Services: Frontline services for routine health and social services. * Collection centre, blood tests and vaccination. * Support to pregnant women and new parents. * Sexual health clinic. * Youth clinic: sexual health and psychosocial intervention. * Mental health care. * SIDEPE: HIV/AIDS and STBBI screening and prevention integrated services. * Disposal of used syringes and needles. * Distribution of injection equipment to people who use drugs. * Alcochoix+ program. * Quit smoking centre. * Chronic disease education centre: individual and group meetings for people with diabetes, high blood pressure or chronic obstructive pulmonary disease (COPD). * Support to people with a loss of autonomy and their caregivers. * Loan of mobility aids to people with a loss of autonomy. * Palliative and end-of-life care.

Coverage area: CISSS de la Montérégie-Ouest area

Hours: Monday and Wednesday 8h00 to 20h00, Tuesday, Thursday and Friday 8h00 to 16h00, Saturday and Sunday 9h00 to 15h30, tests centre: Monday and Wednesday 6h30 to 9h00

Financing: provincial

Legal status: parapublic organization

Support Associations

CAMPAGNOL (LE)

94 Saint-André Street, Saint-Rémi, Montérégie, QC, J0L 2L0

450 454-5121 Fax: 450 454-2018

Website: www.lecampagnol.com

Email: entraide@campagnol.qc.ca

Services: Mutual aid group for mental health and living environment. * Activities: training and information workshop, creativity workshop, promotion and awareness workshop. * Listening, support and accompaniment for and by members.

Eligibility: adults living with or who have lived with mental health issues or emotional chaos

Coverage area: MRC Les Jardins-de-Napierville

Hours: Monday to Wednesday 9h00 to 17h00, Thursday 9h00 to 20h00

Fees: membership card: \$5

Financing: grants, self-financing, donations

Legal status: non-profit organization

CLSC JARDIN DU QUÉBEC - NAPIERVILLE

509 Saint-Jacques Street, Napierville, Montérégie, QC, J0J 1L0

450 245-3336 Fax: 450 245-0278

Website: santemonteregie.qc.ca/en/installations/clsc-jardin-du-quebec-napierville

Services: Frontline services for routine health and social services. * Collection centre, blood tests and vaccination. * Support to pregnant women and new parents. * Sexual health clinic. * Youth clinic: sexual health and psychosocial intervention. * Mental health care. * SIDEPE: HIV/AIDS and STBBI screening and prevention integrated services. * Disposal of used syringes and needles. * Distribution of injection equipment to people who use drugs. * Alcochoix+ program. * Quit smoking centre. * Chronic disease education centre: individual and group meetings for people with diabetes, high blood pressure or chronic obstructive pulmonary disease (COPD). * Support to people with a loss of autonomy and their caregivers. * Loan of mobility aids to people with a loss of autonomy. * Palliative and end-of-life care.

Coverage area: CISSS de la Montérégie-Ouest area

Hours: Monday, Wednesday and Friday 8h00 to 16h00, Tuesday and Thursday 6h30 to 20h00, Saturday and Sunday: closed but covered by the Saint-Rémi CLSC, holidays 9h00 to 15h30, tests centre: Tuesday and Thursday 6h30 to 9h00

Financing: provincial

Legal status: parapublic organization

CLSC JARDIN DU QUÉBEC - SAINT-RÉMI

2 Sainte-Famille Street, Saint-Rémi, Montérégie, QC, J0L 2L0

450 454-4671 Fax: 450 454-4538

Website: santemonteregie.qc.ca/en/installations/clsc-jardin-du-quebec-saint-remi

Services: Frontline services for routine health and social services. * Collection centre, blood tests and vaccination. * Support to pregnant women and new parents. * Sexual health clinic. * Youth clinic: sexual health and psychosocial intervention. * Mental health care. * SIDEPE: HIV/AIDS and STBBI screening and prevention integrated services. * Disposal of used syringes and needles. * Distribution of injection equipment to people who use drugs. * Alcochoix+ program. * Quit smoking centre. * Chronic disease education centre: individual and group meetings for people with diabetes, high blood pressure or chronic obstructive pulmonary disease (COPD). * Support to people with a loss of autonomy and their caregivers. * Loan of mobility aids to people with a loss of autonomy. * Palliative and end-of-life care.

Coverage area: CISSS de la Montérégie-Ouest area

Hours: Monday and Wednesday 8h00 to 20h00, Tuesday, Thursday and Friday 8h00 to 16h00, Saturday and Sunday 9h00 to 15h30, tests centre: Monday and Wednesday 6h30 to 9h00

Financing: provincial

Legal status: parapublic organization

LAIT SOURCE

Confidential Address

438 868-3764

Website: www.laitsource.sitew.com

Email: laitsource@gmail.com

Services: Support for future and new parents. * Prenatal and postnatal twinning. * Telephone and electronic support. * Lait-Rencontre. * Prenatal class. * Godmother-parents meetings. * Haltes allaitement: breastfeeding meetings and discussion between mothers. * Conferences and workshops.

Eligibility: future and new parents

Coverage area: MRC Les Jardins-de-Napierville

Hours: Monday to Sunday 8h00 to 20h00

Fees: free

Financing: municipal

Legal status: non-profit organization

SOURIRE SANS FIN

2-A Sainte-Famille Street, Saint-Rémi, Montérégie, QC, J0L 2L0

450 454-5747 Fax: 450 454-5640

Website: www.soupiresansfin.org

Email: info@soupiresansfin.org

Services: * Collective kitchens. * Meals on wheels. * Affordable food bags. * Cooking workshops. * Petits cuistots workshops: cooking workshops for children 6 to 12 years old during the summer and spring break. * Thrift store for the whole family. * Daycare. * Parenting and early stimulation workshops. * Support groups for parents. * Self-help group for parents of children living with an Autism Spectrum Disorder (ASD). * Psychosocial services for people in distress. * Support for seniors: accompaniment by phone, listening, visits after reporting. * Outreach work initiative for seniors living in a vulnerable situation (ITMAV). * Information, listening and referral. * Christmas baskets.

Eligibility: people on a low income, families, seniors

Capacity: 600 per year

Coverage area: MRC Les Jardins-de-Napierville

Hours: Monday to Friday 8h30 to 16h30, collective kitchen: Monday, Tuesday and Wednesday, meals on wheels: Tuesday 11h30

Fees: collective kitchen: \$1.25 per portion, meals on wheels: \$6 per meal, food bags: \$2 per week per family

Financing: Centraide of Greater Montréal, provincial

Legal status: non-profit organization

Support and integration organizations**SOURIRE SANS FIN**

2-A Sainte-Famille Street, Saint-Rémi, Montérégie, QC, J0L 2L0

450 454-5747 Fax: 450 454-5640

Website: www.soupiresansfin.org

Email: info@soupiresansfin.org

Services: * Collective kitchens. * Meals on wheels. * Affordable food bags. * Cooking workshops. * Petits cuistots workshops: cooking workshops for children 6 to 12 years old during the summer and spring break. * Thrift store for the whole family. * Daycare. * Parenting and early stimulation workshops. * Support groups for parents. * Self-help group for parents of children living with an Autism Spectrum Disorder (ASD). * Psychosocial services for people in distress. * Support for seniors: accompaniment by phone, listening, visits after reporting. * Outreach work initiative for seniors living in a vulnerable situation (ITMAV). * Information, listening and referral. * Christmas baskets.

Eligibility: people on a low income, families, seniors

Capacity: 600 per year

Coverage area: MRC Les Jardins-de-Napierville

Hours: Monday to Friday 8h30 to 16h30, collective kitchen: Monday, Tuesday and Wednesday, meals on wheels: Tuesday 11h30

Fees: collective kitchen: \$1.25 per portion, meals on wheels: \$6 per meal, food bags: \$2 per week per family

Financing: Centraide of Greater Montréal, provincial

Legal status: non-profit organization

Education and Literacy

ACADEMIC AND VOCATIONAL GUIDANCE

COMPUTER WORKSHOPS

LANGUAGE COURSES

LITERACY

VOCATIONAL TRAINING, CÉGEPs AND UNIVERSITIES

Academic and vocational guidance

CARREFOUR JEUNESSE-EMPLOI HUNTINGDON - POINT DE SERVICE SAINT-RÉMI

18 de l'Église Street, Saint-Rémi, Montérégie, QC, J0L 2L0

450 454-5814 Fax: 450 454-3533

Website: cjehuntingdon.org

Email: info-stremi@cjehuntingdon.org

Services: * Job search assistance: resume writing, referral, interview simulation. * School and professional guidance. * Business start-up assistance. * Youth service cooperative. * Desjardins - Jeunes au travail: internship program. * Jeunes volontaires: project realization program. * Self-service centre: documentation, Internet access, technical support, etc. * Meeting point in Napierville. * Services to employers.

Eligibility: youth 16 to 35 years old, youth service cooperative: youth 14 to 17 years old, Jeunes volontaires: youth 16 to 29 years old

Coverage area: MRC Les Jardins-de-Napierville

Hours: Monday to Thursday 8h30 to 12h00 and 13h00 to 16h30, Friday 10h30 to 12h00 and 13h00 to 16h30, evenings by appointment

Fees: free

Financing: provincial, municipal, donations

Legal status: non-profit organization

Computer workshops

SAINT-MICHEL MUNICIPAL LIBRARY

440 Saint-Michel Place, Saint-Michel, Montérégie, QC, J0L 2J0

450 454-7995

Website: www.reseaubibliomonteregie.qc.ca/fr/bibliotheques-horaire-et-localisation/b25/bibliotheque-de-saint-michel-claire-lazure

Email: michel@reseaubibliomonteregie.qc.ca

Services: Loan and consultation of books and audiovisual documents. * Computers and Internet access. * Computer workshops. * Book club for children. * Occasional activities.

Coverage area: Saint-Michel

Hours: Monday 14h00 to 17h00, Wednesday and Thursday 18h00 to 20h30, Friday 15h00 to 18h00, Saturday 9h30 to 13h30

Fees: subscription: free

Financing: municipal

Legal status: municipal agency

Language courses

HEMMINGFORD COMMUNITY LIBRARY

552 Goyette Avenue, Hemmingford, Montérégie, QC, J0L 1H0

450 247-0010

Website: mabibliotheque.ca/hemmingford

Email: hemmingford@reseaubibliomonteregie.qc.ca

Services: Loan and consultation of books and documents. * French and Spanish conversation workshops. * Book club for children. * Arts and crafts workshops. * Story time. * Film screening. * Wireless Internet.

Coverage area: Hemmingford

Hours: Tuesday 14h00 to 17h00, Wednesday 14h00 to 20h00, Saturday 10h00 to 14h00, summer: Tuesday 15h00 to 17h00, Wednesday 14h00 to 17h00, Thursday 18h30 to 20h30, Saturday 9h00 to 12h00

Financing: municipal

Legal status: municipal agency

Literacy

APPRENDRE EN COEUR

25 Saint-Sauveur Street, Saint-Rémi, Montérégie, QC, J0L 2L0

450 454-0400

Website: www.apprendreencoeur.org

Email: apprendreencoeur@gmail.com

Services: Promotion of language development among children. * Early reading, writing and communication stimulation. * Story time. * Workshops in libraries. * ALI: interactive reading activities. * Stimulation: summer camps.

Eligibility: families with children 0 to 5 years old

Coverage area: MRC Les Jardins-de-Napierville

Hours: Monday to Friday 9h00 to 16h00

Fees: programs and workshops: free, summer camp: \$5 for a half-day

Financing: grants, fundraising campaigns

Legal status: non-profit organization

Vocational training, Cégeps and Universities

UNIVERSITÉ DU TROISIÈME ÂGE - MONTÉRÉGIE - JARDINS-DE-NAPIERVILLE

Confidential Address

450 245-0468

Website: www.usherbrooke.ca/uta/prog/mtg/jnp

Email: uta.monteregie@usherbrooke.ca

Services: Educational programming distributed in 49 university branches for people aged 50 years and over. * Non-credited educational activities without papers or exams. * Different teaching methods: courses, seminars, lectures, workshops, physical activities. * Student associations promoting integration in cultural and social life.

Eligibility: people 50 years old and over, no prior degree is required

Coverage area: Montérégie

Fees: variable tuition according to the activity, compulsory student fee: \$8, donations are optional

Financing: donations, grants

Legal status: non-profit organization

Employment and Income Support

BUDGET MANAGEMENT AND CONSUMPTION

BUSINESS DEVELOPMENT

EMPLOYMENT SUPPORT FOR YOUTH

TAX CLINICS

Budget management and consumption

SOCIÉTÉ DE SAINT-VINCENT-DE-PAUL - CONFÉRENCE ISOLÉE DE SAINT-CYPRIEN-DE-NAPIERVILLE

470 Saint-Jacques Street, Napierville, Montérégie, QC, J0J 1L0

450 245-3335

Email: info@ecofriperie.com

Services: * Food bank. * Meal cards for students in need. * Help with medical bills payment. * School supplies distribution. * Christmas baskets.

Eligibility: people on a low income

Coverage area: MRC Les Jardins-de-Napierville

Hours: Monday 10h00 to 16h00, Tuesday and Wednesday 10h00 to 17h00, Thursday 12h00 to 20h00, Friday 10h00 to 20h00, Saturday and Sunday 10h00 to 16h00

Financing: self-financing, donations

Legal status: non-profit organization

Business development

CENTRE LOCAL DE DÉVELOPPEMENT DES JARDINS DE NAPIERVILLE

361 Saint-Jacques Street, Napierville, Montérégie, QC, J0J 1L0

450 245-7289 Fax: 450 245-7417

Website: www.cld-jardinsdenapierville.com

Email: info@cld-jardinsdenapierville.com

Services: * Business start-up and development assistance. * Support program for young entrepreneurs. * Support program for self-employed people.

Eligibility: businesses and future entrepreneurs

Coverage area: MRC Les Jardins-de-Napierville

Hours: Monday to Friday 8h30 to 16h30

Financing: provincial

Legal status: non-profit organization

Employment support for youth

CARREFOUR JEUNESSE-EMPLOI HUNTINGDON - POINT DE SERVICE SAINT-RÉMI

18 de l'Église Street, Saint-Rémi, Montérégie, QC, J0L 2L0

450 454-5814 Fax: 450 454-3533

Website: cjehuntingdon.org

Email: info-stremi@cjehuntingdon.org

Services: * Job search assistance: resume writing, referral, interview simulation. * School and professional guidance. * Business start-up assistance. * Youth service cooperative. * Desjardins - Jeunes au travail: internship program. * Jeunes volontaires: project realization program. * Self-service centre: documentation, Internet access, technical support, etc. * Meeting point in Napierville. * Services to employers.

Eligibility: youth 16 to 35 years old, youth service cooperative: youth 14 to 17 years old, Jeunes volontaires: youth 16 to 29 years old

Coverage area: MRC Les Jardins-de-Napierville

Hours: Monday to Thursday 8h30 to 12h00 and 13h00 to 16h30, Friday 10h30 to 12h00 and 13h00 to 16h30, evenings by appointment

Fees: free

Financing: provincial, municipal, donations

Legal status: non-profit organization

Tax clinics

SERVICE D'ACTION BÉNÉVOLE AU COEUR DU JARDIN - NAPIERVILLE SITE - TAX CLINIC

262-A de l'Église Street, Napierville, Montérégie, QC, J0J 1L0

450 245-7868

Website: www.sabjardin.org

Email: sabnap@hotmail.ca

Services: Tax clinic by appointment.

Eligibility: people on a low income

Capacity: 50

Coverage area: MRC Les Jardins-de-Napierville

Hours: 2021 clinic: by appointment

Fees: free

Financing: Centraide of Greater Montréal, provincial

Legal status: non-profit organization

Food

CHRISTMAS BASKET

COLLECTIVE KITCHENS AND COOKING WORKSHOPS

FOOD ASSISTANCE

FOOD AID FOR PREGNANT WOMEN AND CHILDREN

LOW COST OR FREE MEALS

PREPARED MEALS AND MEALS-ON-WHEELS

Christmas basket

COMITÉ D'ENTRAIDE SAINT-MICHEL

Confidential Address

450 454-3186

Services: * Christmas baskets. * Emergency food assistance as purchasing vouchers.

Eligibility: families in need

Coverage area: Saint-Michel

Hours: variable, food assistance: 7 days

Fees: free

Financing: donations

Legal status: non-profit organization

SOCIÉTÉ DE SAINT-VINCENT-DE-PAUL - CONFÉRENCE ISOLÉE DE SAINT-CYPRIEN-DE-NAPIERVILLE

470 Saint-Jacques Street, Napierville, Montérégie, QC, J0J 1L0

450 245-3335

Email: info@ecofriperie.com

Services: * Food bank. * Meal cards for students in need. * Help with medical bills payment. * School supplies distribution. * Christmas baskets.

Eligibility: people on a low income

Coverage area: MRC Les Jardins-de-Napierville

Hours: Monday 10h00 to 16h00, Tuesday and Wednesday 10h00 to 17h00, Thursday 12h00 to 20h00, Friday 10h00 to 20h00, Saturday and Sunday 10h00 to 16h00

Financing: self-financing, donations

Legal status: non-profit organization

SOURIRE SANS FIN

2-A Sainte-Famille Street, Saint-Rémi, Montérégie, QC, J0L 2L0

450 454-5747 Fax: 450 454-5640

Website: www.soupiresansfin.org

Email: info@soupiresansfin.org

Services: * Collective kitchens. * Meals on wheels. * Affordable food bags. * Cooking workshops. * Petits cuistots workshops: cooking workshops for children 6 to 12 years old during the summer and spring break. * Thrift store for the whole family. * Daycare. * Parenting and early stimulation workshops. * Support groups for parents. * Self-help group for parents of children living with an Autism Spectrum Disorder (ASD). * Psychosocial services for people in distress. * Support for seniors: accompaniment by phone, listening, visits after reporting. * Outreach work initiative for seniors living in a vulnerable situation (ITMAV). * Information, listening and referral. * Christmas baskets.

Eligibility: people on a low income, families, seniors

Capacity: 600 per year

Coverage area: MRC Les Jardins-de-Napierville

Hours: Monday to Friday 8h30 to 16h30, collective kitchen: Monday, Tuesday and Wednesday, meals on wheels: Tuesday 11h30

Fees: collective kitchen: \$1.25 per portion, meals on wheels: \$6 per meal, food bags: \$2 per week per family

Financing: Centraide of Greater Montréal, provincial

Legal status: non-profit organization

Collective kitchens and cooking workshops

SOURIRE SANS FIN

2-A Sainte-Famille Street, Saint-Rémi, Montérégie, QC, J0L 2L0

450 454-5747 Fax: 450 454-5640

Website: www.souriresansfin.org

Email: info@souriresansfin.org

Services: * Collective kitchens. * Meals on wheels. * Affordable food bags. * Cooking workshops. * Petits cuistots workshops: cooking workshops for children 6 to 12 years old during the summer and spring break. * Thrift store for the whole family. * Daycare. * Parenting and early stimulation workshops. * Support groups for parents. * Self-help group for parents of children living with an Autism Spectrum Disorder (ASD). * Psychosocial services for people in distress. * Support for seniors: accompaniment by phone, listening, visits after reporting. * Outreach work initiative for seniors living in a vulnerable situation (ITMAV). * Information, listening and referral. * Christmas baskets.

Eligibility: people on a low income, families, seniors

Capacity: 600 per year

Coverage area: MRC Les Jardins-de-Napierville

Hours: Monday to Friday 8h30 to 16h30, collective kitchen: Monday, Tuesday and Wednesday, meals on wheels: Tuesday 11h30

Fees: collective kitchen: \$1.25 per portion, meals on wheels: \$6 per meal, food bags: \$2 per week per family

Financing: Centraide of Greater Montréal, provincial

Legal status: non-profit organization

Food Assistance

BOUTIQUE ÉCO

459 Saint-Jacques Street, Napierville, Montérégie, QC, J0J 1L0

450 245-3335

Website: ecofriperie.com

Email: info@ecofriperie.com

Services: * Recovery and sale of used clothing, books and dishes at low prices, donation in case of emergency. * Food vouchers.

Eligibility: people on a low income, general public

Coverage area: MRC Les Jardins-de-Napierville

Hours: Monday to Wednesday 10h00 to 16h30, Thursday and Friday 10h00 to 20h00, Saturday and Sunday 10h00 to 16h00

Financing: self-financing, donations

Legal status: non-profit organization

COMITÉ D'ENTRAIDE SAINT-MICHEL

Confidential Address

450 454-3186

Services: * Christmas baskets. * Emergency food assistance as purchasing vouchers.

Eligibility: families in need

Coverage area: Saint-Michel

Hours: variable, food assistance: 7 days

Fees: free

Financing: donations

Legal status: non-profit organization

SOCIÉTÉ DE SAINT-VINCENT-DE-PAUL - CONFÉRENCE ISOLÉE DE SAINT-CYPRIEN-DE-NAPIERVILLE

470 Saint-Jacques Street, Napierville, Montérégie, QC, J0J 1L0

450 245-3335

Email: info@ecofriperie.com

Services: * Food bank. * Meal cards for students in need. * Help with medical bills payment. * School supplies distribution. * Christmas baskets.

Eligibility: people on a low income

Coverage area: MRC Les Jardins-de-Napierville

Hours: Monday 10h00 to 16h00, Tuesday and Wednesday 10h00 to 17h00, Thursday 12h00 to 20h00, Friday 10h00 to 20h00, Saturday and Sunday 10h00 to 16h00

Financing: self-financing, donations

Legal status: non-profit organization

SOURIRE SANS FIN

2-A Sainte-Famille Street, Saint-Rémi, Montérégie, QC, J0L 2L0

450 454-5747 Fax: 450 454-5640

Website: www.soupiresansfin.org

Email: info@soupiresansfin.org

Services: * Collective kitchens. * Meals on wheels. * Affordable food bags. * Cooking workshops. * Petits cuistots workshops: cooking workshops for children 6 to 12 years old during the summer and spring break. * Thrift store for the whole family. * Daycare. * Parenting and early stimulation workshops. * Support groups for parents. * Self-help group for parents of children living with an Autism Spectrum Disorder (ASD). * Psychosocial services for people in distress. * Support for seniors: accompaniment by phone, listening, visits after reporting. * Outreach work initiative for seniors living in a vulnerable situation (ITMAV). * Information, listening and referral. * Christmas baskets.

Eligibility: people on a low income, families, seniors

Capacity: 600 per year

Coverage area: MRC Les Jardins-de-Napierville

Hours: Monday to Friday 8h30 to 16h30, collective kitchen: Monday, Tuesday and Wednesday, meals on wheels: Tuesday 11h30

Fees: collective kitchen: \$1.25 per portion, meals on wheels: \$6 per meal, food bags: \$2 per week per family

Financing: Centraide of Greater Montréal, provincial

Legal status: non-profit organization

Food aid for pregnant women and children

CLSC JARDIN DU QUÉBEC - NAPIERVILLE

509 Saint-Jacques Street, Napierville, Montérégie, QC, J0J 1L0

450 245-3336 Fax: 450 245-0278

Website: santemonteregie.qc.ca/en/installations/clsc-jardin-du-quebec-napierville

Services: Frontline services for routine health and social services. * Collection centre, blood tests and vaccination. * Support to pregnant women and new parents. * Sexual health clinic. * Youth clinic: sexual health and psychosocial intervention. * Mental health care. * SIDEP: HIV/AIDS and STBBI screening and prevention integrated services. * Disposal of used syringes and needles. * Distribution of injection equipment to people who use drugs. * Alcochoix+ program. * Quit smoking centre. * Chronic disease education centre: individual and group meetings for people with diabetes, high blood pressure or chronic obstructive pulmonary disease (COPD). * Support to people with a loss of autonomy and their caregivers. * Loan of mobility aids to people with a loss of autonomy. * Palliative and end-of-life care.

Coverage area: CISSS de la Montérégie-Ouest area

Hours: Monday, Wednesday and Friday 8h00 to 16h00, Tuesday and Thursday 6h30 to 20h00, Saturday and Sunday: closed but covered by the Saint-Rémi CLSC, holidays 9h00 to 15h30, tests centre: Tuesday and Thursday 6h30 to 9h00

Financing: provincial

Legal status: parapublic organization

CLSC JARDIN DU QUÉBEC - SAINT-RÉMI

2 Sainte-Famille Street, Saint-Rémi, Montérégie, QC, J0L 2L0

450 454-4671 Fax: 450 454-4538

Website: santemonteregie.qc.ca/en/installations/clsc-jardin-du-quebec-saint-remi

Services: Frontline services for routine health and social services. * Collection centre, blood tests and vaccination. * Support to pregnant women and new parents. * Sexual health clinic. * Youth clinic: sexual health and psychosocial intervention. * Mental health care. * SIDEPE: HIV/AIDS and STBBI screening and prevention integrated services. * Disposal of used syringes and needles. * Distribution of injection equipment to people who use drugs. * Alcochoix+ program. * Quit smoking centre. * Chronic disease education centre: individual and group meetings for people with diabetes, high blood pressure or chronic obstructive pulmonary disease (COPD). * Support to people with a loss of autonomy and their caregivers. * Loan of mobility aids to people with a loss of autonomy. * Palliative and end-of-life care.

Coverage area: CISSS de la Montérégie-Ouest area

Hours: Monday and Wednesday 8h00 to 20h00, Tuesday, Thursday and Friday 8h00 to 16h00, Saturday and Sunday 9h00 to 15h30, tests centre: Monday and Wednesday 6h30 to 9h00

Financing: provincial

Legal status: parapublic organization

Low cost or free meals

CLUB DE L'ÂGE D'OR MOISSON IMPÉRISSABLE

412C Saint-Michel Place, Saint-Michel, Montérégie, QC, J0L 2J0

450 454-3186

Services: Recreational and cultural activities for seniors. * Bimonthly dinner. * Playing cards, bowling, themed parties, dancing nights, petanque, etc. * Christmas dinner.

Eligibility: seniors

Coverage area: Saint-Michel

Hours: dinners: every two months, activities: variable

Fees: membership: \$25, activities: variable

Financing: membership fees

Legal status: non-profit organization

FADOQ - RÉGION SHERRINGTON

234 des Loisirs Street, Saint-Patrice-de-Sherrington, Montérégie, QC, J0L 2N0

450 454-4129

Services: Social and recreational activities for seniors. * Card games, bingo, petanque, Military Whist. * Dance classes, line dancing nights. * Theme outings. * Theme dinners.

Eligibility: seniors 50 years and over

Coverage area: Saint-Patrice-de-Sherrington

Hours: Monday, Tuesday and Thursday 13h00 to 16h00, dance classes: Wednesday 14h00 to 16h00 at the community centre

Fees: membership: \$25

Financing: membership fees

Legal status: non-profit organization

FADOQ - SAINT-RÉMI

25 Saint-Sauveur Street, Saint-Rémi, Montérégie, QC, J0L 2L0

450 992-1388

Email: fadoqstremi@gmail.com

Services: Recreational activities. * Dancing evenings. * Organized trips. * Community lunches. * Monthly supper.

Eligibility: seniors

Coverage area: Saint-Rémi

Hours: variable

Fees: membership fee: \$25

Financing: membership fees

Legal status: non-profit organization

SERVICE D'ACTION BÉNÉVOLE AU COEUR DU JARDIN - HEMMINGFORD SITE

476 Frontière Street, Hemmingford, Montérégie, QC, J0L 1H0

450 247-2893

Website: www.sabjardin.org

Email: sabhemmingford@hotmail.com

Services: * Friendly visits. * Friendly calls. * Assistance with filling out forms. * Information and referral. * Soft gymnastic classes. * Socialization outings. * Monthly community dinner.

Eligibility: seniors, people in need, volunteers, community organizations

Coverage area: Hemmingford

Hours: Monday to Thursday 8h30 to 12h00 and 13h00 to 16h30

Fees: none

Financing: Centraide of Greater Montréal, provincial

Legal status: non-profit organization

SERVICE D'ACTION BÉNÉVOLE AU COEUR DU JARDIN - NAPIERVILLE SITE

262-A de l'Église Street, Napierville, Montérégie, QC, J0J 1L0

450 245-7868

Website: www.sabjardin.org

Email: sabnap@hotmail.ca

Services: * Friendly visits. * Friendly calls. * Tax clinic and assistance with forms. * Information and referral. * Dinner meeting, meals on wheels, entertainment activities, courses and talks. * Promotion of volunteerism and support to community organizations.

Eligibility: volunteers, organizations, people in need

Coverage area: MRC Les Jardins-de-Napierville

Hours: Monday to Thursday 8h30 to 12h00 and 13h00 to 16h30

Fees: free or variable depending on the service

Financing: Centraide of Greater Montréal, provincial

Legal status: non-profit organization

SOCIÉTÉ DE SAINT-VINCENT-DE-PAUL - CONFÉRENCE ISOLÉE DE SAINT-CYPRIEN-DE-NAPIERVILLE

470 Saint-Jacques Street, Napierville, Montérégie, QC, J0J 1L0

450 245-3335

Email: info@ecofriperie.com

Services: * Food bank. * Meal cards for students in need. * Help with medical bills payment. * School supplies distribution. * Christmas baskets.

Eligibility: people on a low income

Coverage area: MRC Les Jardins-de-Napierville

Hours: Monday 10h00 to 16h00, Tuesday and Wednesday 10h00 to 17h00, Thursday 12h00 to 20h00, Friday 10h00 to 20h00, Saturday and Sunday 10h00 to 16h00

Financing: self-financing, donations

Legal status: non-profit organization

Prepared meals and Meals-on-wheels

HEMMINGFORD MEALS-ON-WHEELS

476 Frontière Street, Hemmingford, Montérégie, QC, J0L 1H0
450 247-3330

Services: Home delivery of full meals.

Eligibility: seniors

Coverage area: Hemmingford

Hours: delivery: Thursday 9h00 to 11h00

Fees: meal: \$7, minimum of 3 meals per order

Legal status: non-profit organization

SERVICE D'ACTION BÉNÉVOLE AU COEUR DU JARDIN - NAPIERVILLE SITE

262-A de l'Église Street, Napierville, Montérégie, QC, J0J 1L0
450 245-7868

Website: www.sabjardin.org

Email: sabnap@hotmail.ca

Services: * Friendly visits. * Friendly calls. * Tax clinic and assistance with forms. * Information and referral. * Dinner meeting, meals on wheels, entertainment activities, courses and talks. * Promotion of volunteerism and support to community organizations.

Eligibility: volunteers, organizations, people in need

Coverage area: MRC Les Jardins-de-Napierville

Hours: Monday to Thursday 8h30 to 12h00 and 13h00 to 16h30

Fees: free or variable depending on the service

Financing: Centraide of Greater Montréal, provincial

Legal status: non-profit organization

SOURIRE SANS FIN

2-A Sainte-Famille Street, Saint-Rémi, Montérégie, QC, J0L 2L0
450 454-5747 Fax: 450 454-5640

Website: www.souiresansfin.org

Email: info@souiresansfin.org

Services: * Collective kitchens. * Meals on wheels. * Affordable food bags. * Cooking workshops. * Petits cuistots workshops: cooking workshops for children 6 to 12 years old during the summer and spring break. * Thrift store for the whole family. * Daycare. * Parenting and early stimulation workshops. * Support groups for parents. * Self-help group for parents of children living with an Autism Spectrum Disorder (ASD). * Psychosocial services for people in distress. * Support for seniors: accompaniment by phone, listening, visits after reporting. * Outreach work initiative for seniors living in a vulnerable situation (ITMAV). * Information, listening and referral. * Christmas baskets.

Eligibility: people on a low income, families, seniors

Capacity: 600 per year

Coverage area: MRC Les Jardins-de-Napierville

Hours: Monday to Friday 8h30 to 16h30, collective kitchen: Monday, Tuesday and Wednesday, meals on wheels: Tuesday 11h30

Fees: collective kitchen: \$1.25 per portion, meals on wheels: \$6 per meal, food bags: \$2 per week per family

Financing: Centraide of Greater Montréal, provincial

Legal status: non-profit organization

Government services

MUNICIPAL SERVICES

MUNICIPALITÉ RÉGIONALE DE COMTÉ (MRC)

PROVINCIAL SERVICES

Municipal services

HEMMINGFORD - TOWNSHIP

505 Frontière Street, Suite 3, Hemmingford, Montérégie, QC, J0L 1H0

450 247-2050 Fax: 450 247-3283

Website: www.hemmingford.ca/canton

Email: canton.township@hemmingford.ca

Services: Municipal service management. * Municipal tax management and payment. * Garbage collection. * Fire department. * Urban-planning department: construction permits. * Dog license.

Coverage area: Hemmingford

Hours: Monday, Wednesday and Friday 9h00 to 12h00 and 13h00 to 16h00

Financing: municipal

Legal status: municipal agency

HEMMINGFORD - VILLAGE

505 Frontière Street, Suite 5, Hemmingford, Montérégie, QC, J0L 1H0

450 247-3310 Fax: 450 247-2389

Website: www.hemmingford.ca

Email: village@hemmingford.ca

Services: Municipal service management. * Municipal tax payment. * Garbage collection. * Public work department: infrastructure maintenance. * Urban-planning department: construction permits. * Dog licence. * Fire department.

Coverage area: Hemmingford

Hours: Monday and Wednesday 9h00 to 12h00 and 13h00 to 16h00, Friday by appointment

Financing: municipal

Legal status: municipal agency

NAPIERVILLE - MUNICIPALITÉ

260 de l'Église Street, Napierville, Montérégie, QC, J0J 1L0

450 245-7210 Fax: 450 245-7691

Website: napierville.ca

Services: Municipal service management. * Municipal tax payment. * Emergency notification system. * Dog and cat license. * Information on garbage collection. * Fire department. * Urban-planning department: construction permits. * Public work department: infrastructure maintenance.

Coverage area: Napierville

Hours: Monday to Thursday 8h30 to 12h00 and 13h00 to 17h00, Friday 8h30 to 12h00

Financing: municipal

Legal status: municipal agency

NAPIERVILLE - SAINT-CYPRIEN-DE-NAPIERVILLE - SERVICE DES LOISIRS

325 Saint-Louis Street, Napierville, Montérégie, QC, J0J 1L0

450 245-3983 Fax: 450 245-7782

Website: www.napierville.ca

Email: glaplante@napierville.ca

Services: * Community, sociocultural and sports activities. * Arena, swimming pool, community centre, parks, sports fields, ice rink. * Summer day camp. * Room rental. * Events.

Coverage area: Napierville, Saint-Cyprien-de-Napierville

Fees: variable

Financing: municipal

Legal status: municipal agency

SAINT-BERNARD-DE-LACOLLE - MUNICIPALITÉ

116 Rang Saint-Claude, Saint-Bernard-de-Lacolle, Montérégie, QC, J0J 1V0

450 246-3348 Fax: 450 246-4380

Website: www.municipalite-de-saint-bernard-de-lacolle.ca

Email: info@mun-sbdl.ca

Services: Municipal service management. * Municipal tax payment. * Construction permits. * Fire department.
* Public work department: infrastructure maintenance.

Coverage area: Saint-Bernard-De-Lacolle

Hours: Monday, Tuesday, Wednesday and Friday 9h00 to 12h00 and 13h00 to 17h00, Thursday 9h00 to 12h00, 13h00 to 17h00 and 18h00 to 20h00

Financing: municipal

Legal status: municipal agency

SAINT-CYPRIEN-DE-NAPIERVILLE - MUNICIPALITY

121 Cyr Road, Napierville, Montérégie, QC, J0J 1L0

450 245-3658 Fax: 450 987-0165

Website: st-cypriendenapierville.com

Email: info@st-cypriendenapierville.ca

Services: Municipal service management. * Municipal tax payment. * Construction permits. * Information on garbage collection.

Coverage area: Saint-Cyprien-De-Napierville

Hours: Monday to Thursday 8h00 to 12h00 and 13h00 to 17h00, Friday 8h00 to 12h00

Financing: municipal

Legal status: municipal agency

SAINT-ÉDOUARD - MUNICIPALITY

405C Montée Lussier, Saint-Édouard, Montérégie, QC, J0L 1Y0

450 454-6333 Fax: 450 454-4921

Website: www.saintedouard.ca

Email: info@saintedouard.ca

Services: Municipal service management. * Municipal tax payment. * Garbage collection. * Construction permits. * Hall rental. * Fire department.

Coverage area: Saint-Édouard

Hours: Monday to Thursday 8h30 to 12h00 and 13h00 to 16h00, Friday 8h30 to 12h00

Financing: municipal

Legal status: municipal agency

SAINT-JACQUES-LE-MINEUR - ÉCOCENTRE

82 Principale Street, Saint-Jacques-le-Mineur, Montérégie, QC, J0J 1Z0

450 347-5446 ext. 203

Website: www.saint-jacques-le-mineur.ca

Email: info@sjlm.ca

Services: Recovery of residual materials. * Wood furniture. * Construction materials.

Eligibility: residents

Coverage area: Saint-Jacques-le-Mineur

Hours: end of May to end of October: Wednesday 13h00 to 16h00 by appointment, May to October: 2nd Saturday of the month 9h00 to 12h00

Fees: 2 free visits per year

Financing: municipal

Legal status: municipal agency

SAINT-JACQUES-LE-MINEUR - LOISIRS ET CULTURE

91 Principale Street, Saint-Jacques-le-Mineur, Montérégie, QC, J0J 1Z0

450 347-5446 Fax: 450 347-5754

Website: www.saint-jacques-le-mineur.ca/loisirs-et-culture.html

Email: info@sjlm.ca

Services: * Sporting and recreational activities. * Playgrounds, parks, baseball field, arena, ice rink.

Coverage area: Saint-Jacques-le-Mineur

Hours: Monday to Friday 9h00 to 12h00 and 13h00 to 16h00

Fees: variable

Financing: municipal

Legal status: non-profit organization

SAINT-JACQUES-LE-MINEUR - MUNICIPALITÉ

91 Principale Street, Saint-Jacques-le-Mineur, Montérégie, QC, J0J 1Z0

450 347-5446 Fax: 450 347-5754

Website: www.saint-jacques-le-mineur.ca

Email: info@sjlm.ca

Services: Municipal service management. * Municipal tax payment. * Fire department. * Construction permits.
* Garbage collection. * Hall rental.

Coverage area: Saint-Jacques-le-Mineur

Hours: Monday to Friday 9h00 to 12h00 and 13h00 to 16h00, summer: Monday to Thursday 9h00 to 12h00 and 13h00 to 16h00, Friday 9h00 to 12h00

Financing: municipal

Legal status: municipal agency

SAINT-MICHEL - LOISIRS, CULTURE ET VIE COMMUNAUTAIRE

1700 Principale Street, Saint-Michel, Montérégie, QC, J0L 2J0

450 454-4502 ext. 105

Website: municipalite-saint-michel.ca

Email: loisirs@mst-michel.ca

Services: * Sporting, recreational and sociocultural activities. * Community centre, parks, sports fields. * Summer day camp. * Hall rental.

Coverage area: Saint-Michel

Fees: variable

Financing: municipal

Legal status: municipal agency

SAINT-MICHEL - MUNICIPALITY

1700 Principale Street, Saint-Michel, Montérégie, QC, J0L 2J0

450 454-4502 Fax: 450 454-7508

Website: municipalite-saint-michel.ca

Email: info@mst-michel.ca

Services: Municipal service management. * Municipal tax payment. * Fire department. * Construction permits.
* Garbage collection. * Dog licences.

Coverage area: Saint-Michel

Hours: Monday to Thursday 8h00 to 12h00 and 12h30 to 16h30, Friday 8h00 to 13h00

Financing: municipal

Legal status: municipal agency

SAINT-PATRICE-DE-SHERRINGTON - LOISIRS ET VIE COMMUNAUTAIRE

Centre des Loisirs, 234 des Loisirs Street, Saint-Patrice-de-Sherrington, Montérégie, QC, J0L 2N0

450 454-0329

Website: www.st-patrice-sherrington.com/Loisirs.aspx

Email: loisirs@sherr.ca

Services: * Community, sociocultural and sports activities. * Community centre, multirecreational centre, leisure centre, parks, ice rink. * Coordination with community organizations. * Summer day camp. * Events.

Coverage area: Saint-Patrice-de-Sherrington

Fees: variable

Financing: municipal

Legal status: municipal agency

SAINT-PATRICE-DE-SHERRINGTON - MUNICIPALITÉ

300 Saint-Patrice Street, Saint-Patrice-de-Sherrington, Montérégie, QC, J0L 2N0

450 454-4959 Fax: 450 454-5677

Website: www.st-patrice-sherrington.com

Email: info@sherr.ca

Services: Municipal service management. * Municipal tax payment. * Fire department. * Information on garbage collection. * Construction permits.

Coverage area: Saint-Patrice-de-Sherrington

Hours: Monday to Thursday 8h30 to 12h00 and 13h00 to 16h30

Financing: municipal

Legal status: municipal agency

SAINT-RÉMI - CITY

105 de la Mairie Street, Saint-Rémi, Montérégie, QC, J0L 2L0

450 454-3993

Website: www.ville.saint-remi.qc.ca

Email: administration@ville.saint-remi.qc.ca

Services: Municipal service management. * Municipal tax payment. * Fire department. * Garbage collection. * Construction permits. * Dog and cat licences.

Coverage area: Saint-Rémi

Hours: Monday to Thursday 8h00 to 12h00 and 13h00 to 16h30, Friday 8h00 to 13h00

Financing: municipal

Legal status: municipal agency

SAINT-RÉMI - SERVICE DES LOISIRS

25 Saint-Sauveur Street, Saint-Rémi, Montérégie, QC, J0L 2L0

450 454-3993 ext. 5345 Fax: 450 454-7978

Website: ville.saint-remi.qc.ca/loisirs

Email: loisirs@ville.saint-remi.qc.ca

Services: * Sports and recreation activities. * Sports centre, parks, sports fields. * Summer day camp. * Hall rental. * Parties and events.

Coverage area: Saint-Rémi

Hours: Monday to Thursday 8h00 to 12h00 and 13h00 to 16h30, Friday 8h00 to 13h00

Fees: variable

Financing: municipal

Legal status: municipal agency

SAINTE-CLOTILDE - MUNICIPALITY

2452 de l'Église Road, Sainte-Clotilde, Montérégie, QC, J0L 1W0

450 826-3129 Fax: 450 826-3217

Website: www.ste-clotilde.ca

Email: info@ste-clotilde.ca

Services: Municipal service management. * Municipal tax payment. * Fire department. * Garbage collection. * Construction permits.

Coverage area: Sainte-Clotilde

Hours: Monday to Thursday 8h00 to 12h00 and 12h30 to 16h30, Friday 8h00 to 12h00

Financing: municipal

Legal status: municipal agency

SÛRETÉ DU QUÉBEC - POSTE MRC LES JARDINS-DE-NAPIERVILLE

522 Saint-Jacques Street, Napierville, Montérégie, QC, J0J 1L0

450 245-0666 Fax: 450 245-3705

Website: www.suretequebec.gouv.qc.ca

Services: * Patrol. * Response to assistance requests. * Monitoring and control of road traffic. * Enforce laws and regulations. * Crime prevention. * Community relations activities.

Coverage area: MRC Les Jardins-de-Napierville

Hours: administration: Monday to Friday 8h30 to 16h30, emergency: 24 hours, 7 days

Financing: provincial

Legal status: provincial government agency

Municipalité régionale de comté (MRC)**MRC LES JARDINS-DE-NAPIERVILLE**

1767 Principale Street, Saint-Michel, Montérégie, QC, J0L 2J0

450 454-0559 Fax: 450 454-0560

Website: mrcjardinsdenapierville.ca

Email: info@mrcjardinsdenapierville.ca

Services: Administration of regional services with supra-local character. * Management of land use and environment. * Assistance with socioeconomic, social and cultural development. * Consultation and collaboration between municipalities. * Property assessment. * Public security and fire prevention.

Coverage area: MRC Les Jardins-de-Napierville

Hours: Monday to Thursday 8h30 to 12h00 and 13h00 to 16h30, Friday 8h30 to 12h00 and 13h00 to 16h00

Financing: municipal, self-financing, provincial

Legal status: municipal agency

Provincial services**SÛRETÉ DU QUÉBEC - POSTE MRC LES JARDINS-DE-NAPIERVILLE**

522 Saint-Jacques Street, Napierville, Montérégie, QC, J0J 1L0

450 245-0666 Fax: 450 245-3705

Website: www.suretequebec.gouv.qc.ca

Services: * Patrol. * Response to assistance requests. * Monitoring and control of road traffic. * Enforce laws and regulations. * Crime prevention. * Community relations activities.

Coverage area: MRC Les Jardins-de-Napierville

Hours: administration: Monday to Friday 8h30 to 16h30, emergency: 24 hours, 7 days

Financing: provincial

Legal status: provincial government agency

Health

FAMILY PLANNING

FUNERAL COOPERATIVES

HOME CARE

HOSPITALS, CLSC AND COMMUNITY CLINICS

PALLIATIVE CARE

PATIENT SUPPORT ASSOCIATIONS

PUBLIC HEALTH

Family planning

CLSC JARDIN DU QUÉBEC - NAPIERVILLE

509 Saint-Jacques Street, Napierville, Montérégie, QC, J0J 1L0

450 245-3336 Fax: 450 245-0278

Website: santemonteregie.qc.ca/en/installations/clsc-jardin-du-quebec-napierville

Services: Frontline services for routine health and social services. * Collection centre, blood tests and vaccination. * Support to pregnant women and new parents. * Sexual health clinic. * Youth clinic: sexual health and psychosocial intervention. * Mental health care. * SIDEP: HIV/AIDS and STBBI screening and prevention integrated services. * Disposal of used syringes and needles. * Distribution of injection equipment to people who use drugs. * Alcochoix+ program. * Quit smoking centre. * Chronic disease education centre: individual and group meetings for people with diabetes, high blood pressure or chronic obstructive pulmonary disease (COPD). * Support to people with a loss of autonomy and their caregivers. * Loan of mobility aids to people with a loss of autonomy. * Palliative and end-of-life care.

Coverage area: CISSS de la Montérégie-Ouest area

Hours: Monday, Wednesday and Friday 8h00 to 16h00, Tuesday and Thursday 6h30 to 20h00, Saturday and Sunday: closed but covered by the Saint-Rémi CLSC, holidays 9h00 to 15h30, tests centre: Tuesday and Thursday 6h30 to 9h00

Financing: provincial

Legal status: parapublic organization

CLSC JARDIN DU QUÉBEC - SAINT-RÉMI

2 Sainte-Famille Street, Saint-Rémi, Montérégie, QC, J0L 2L0

450 454-4671 Fax: 450 454-4538

Website: santemonteregie.qc.ca/en/installations/clsc-jardin-du-quebec-saint-remi

Services: Frontline services for routine health and social services. * Collection centre, blood tests and vaccination. * Support to pregnant women and new parents. * Sexual health clinic. * Youth clinic: sexual health and psychosocial intervention. * Mental health care. * SIDEP: HIV/AIDS and STBBI screening and prevention integrated services. * Disposal of used syringes and needles. * Distribution of injection equipment to people who use drugs. * Alcochoix+ program. * Quit smoking centre. * Chronic disease education centre: individual and group meetings for people with diabetes, high blood pressure or chronic obstructive pulmonary disease (COPD). * Support to people with a loss of autonomy and their caregivers. * Loan of mobility aids to people with a loss of autonomy. * Palliative and end-of-life care.

Coverage area: CISSS de la Montérégie-Ouest area

Hours: Monday and Wednesday 8h00 to 20h00, Tuesday, Thursday and Friday 8h00 to 16h00, Saturday and Sunday 9h00 to 15h30, tests centre: Monday and Wednesday 6h30 to 9h00

Financing: provincial

Legal status: parapublic organization

Funeral cooperatives

CENTRE FUNÉRAIRE DE NAPERVILLE

435 Saint-Jacques Street, Napierville, Montérégie, QC, J0J 1L0

450 245-3355

Website: www.cfgrandmontreal.com

Email: napierville@cfgrandmontreal.com

Services: Funeral cooperative.

Coverage area: Montérégie

Fees: 10% discount on services for members

Financing: self-financing

Legal status: Cooperative

CENTRE FUNÉRAIRE DE SHERRINGTON

226 Saint-Patrice Street, Saint-Patrice-de-Sherrington, Montérégie, QC, J0L 2N0

450 245-3355

Website: www.cfgrandmontreal.com

Email: caroline.cloutier@live.ca

Services: Funeral cooperative.

Coverage area: Montérégie

Fees: 10% discount on services for members

Financing: self-financing

Legal status: Cooperative

Home care**CLSC JARDIN DU QUÉBEC - NAPIERVILLE**

509 Saint-Jacques Street, Napierville, Montérégie, QC, J0J 1L0

450 245-3336 Fax: 450 245-0278

Website: santemonteregie.qc.ca/en/installations/clsc-jardin-du-quebec-napierville

Services: Frontline services for routine health and social services. * Collection centre, blood tests and vaccination. * Support to pregnant women and new parents. * Sexual health clinic. * Youth clinic: sexual health and psychosocial intervention. * Mental health care. * SIDEPE: HIV/AIDS and STBBI screening and prevention integrated services. * Disposal of used syringes and needles. * Distribution of injection equipment to people who use drugs. * Alcochoix+ program. * Quit smoking centre. * Chronic disease education centre: individual and group meetings for people with diabetes, high blood pressure or chronic obstructive pulmonary disease (COPD). * Support to people with a loss of autonomy and their caregivers. * Loan of mobility aids to people with a loss of autonomy. * Palliative and end-of-life care.

Coverage area: CISSS de la Montérégie-Ouest area

Hours: Monday, Wednesday and Friday 8h00 to 16h00, Tuesday and Thursday 6h30 to 20h00, Saturday and Sunday: closed but covered by the Saint-Rémi CLSC, holidays 9h00 to 15h30, tests centre: Tuesday and Thursday 6h30 to 9h00

Financing: provincial

Legal status: parapublic organization

CLSC JARDIN DU QUÉBEC - SAINT-RÉMI

2 Sainte-Famille Street, Saint-Rémi, Montérégie, QC, J0L 2L0

450 454-4671 Fax: 450 454-4538

Website: santemonteregie.qc.ca/en/installations/clsc-jardin-du-quebec-saint-remi

Services: Frontline services for routine health and social services. * Collection centre, blood tests and vaccination. * Support to pregnant women and new parents. * Sexual health clinic. * Youth clinic: sexual health and psychosocial intervention. * Mental health care. * SIDEPE: HIV/AIDS and STBBI screening and prevention integrated services. * Disposal of used syringes and needles. * Distribution of injection equipment to people who use drugs. * Alcochoix+ program. * Quit smoking centre. * Chronic disease education centre: individual and group meetings for people with diabetes, high blood pressure or chronic obstructive pulmonary disease (COPD). * Support to people with a loss of autonomy and their caregivers. * Loan of mobility aids to people with a loss of autonomy. * Palliative and end-of-life care.

Coverage area: CISSS de la Montérégie-Ouest area

Hours: Monday and Wednesday 8h00 to 20h00, Tuesday, Thursday and Friday 8h00 to 16h00, Saturday and Sunday 9h00 to 15h30, tests centre: Monday and Wednesday 6h30 to 9h00

Financing: provincial

Legal status: parapublic organization

Hospitals, CLSC and community clinics

CLSC JARDIN DU QUÉBEC - NAPIERVILLE

509 Saint-Jacques Street, Napierville, Montérégie, QC, J0J 1L0

450 245-3336 Fax: 450 245-0278

Website: santemonteregie.qc.ca/en/installations/clsc-jardin-du-quebec-napierville

Services: Frontline services for routine health and social services. * Collection centre, blood tests and vaccination. * Support to pregnant women and new parents. * Sexual health clinic. * Youth clinic: sexual health and psychosocial intervention. * Mental health care. * SIDEPE: HIV/AIDS and STBBI screening and prevention integrated services. * Disposal of used syringes and needles. * Distribution of injection equipment to people who use drugs. * Alcochoix+ program. * Quit smoking centre. * Chronic disease education centre: individual and group meetings for people with diabetes, high blood pressure or chronic obstructive pulmonary disease (COPD). * Support to people with a loss of autonomy and their caregivers. * Loan of mobility aids to people with a loss of autonomy. * Palliative and end-of-life care.

Coverage area: CISSS de la Montérégie-Ouest area

Hours: Monday, Wednesday and Friday 8h00 to 16h00, Tuesday and Thursday 6h30 to 20h00, Saturday and Sunday: closed but covered by the Saint-Rémi CLSC, holidays 9h00 to 15h30, tests centre: Tuesday and Thursday 6h30 to 9h00

Financing: provincial

Legal status: parapublic organization

CLSC JARDIN DU QUÉBEC - SAINT-RÉMI

2 Sainte-Famille Street, Saint-Rémi, Montérégie, QC, J0L 2L0

450 454-4671 Fax: 450 454-4538

Website: santemonteregie.qc.ca/en/installations/clsc-jardin-du-quebec-saint-remi

Services: Frontline services for routine health and social services. * Collection centre, blood tests and vaccination. * Support to pregnant women and new parents. * Sexual health clinic. * Youth clinic: sexual health and psychosocial intervention. * Mental health care. * SIDEPE: HIV/AIDS and STBBI screening and prevention integrated services. * Disposal of used syringes and needles. * Distribution of injection equipment to people who use drugs. * Alcochoix+ program. * Quit smoking centre. * Chronic disease education centre: individual and group meetings for people with diabetes, high blood pressure or chronic obstructive pulmonary disease (COPD). * Support to people with a loss of autonomy and their caregivers. * Loan of mobility aids to people with a loss of autonomy. * Palliative and end-of-life care.

Coverage area: CISSS de la Montérégie-Ouest area

Hours: Monday and Wednesday 8h00 to 20h00, Tuesday, Thursday and Friday 8h00 to 16h00, Saturday and Sunday 9h00 to 15h30, tests centre: Monday and Wednesday 6h30 to 9h00

Financing: provincial

Legal status: parapublic organization

COOP DE SOLIDARITE-SANTÉ HEMMINGFORD ET RÉGION

476 Frontière Street, Hemmingford, Montérégie, QC, J0L 1H0

450 247-2667

Website: www.coopsantehemmingford.com

Email: coopdesante@outlook.com

Services: Complete and complementary range of health and social services cooperative. * Health consultation with a nurse. * Doctor on-site for patient care and emergencies.

Coverage area: Hemmingford and surroundings

Hours: Monday to Thursday 8h30 to 16h30

Fees: social share: \$20, membership: \$115 per year per adult, \$57.50 per year per child from 14 to 17 years old

Financing: self-financing, donations

Legal status: Cooperative

Palliative care

CLSC JARDIN DU QUÉBEC - NAPIERVILLE

509 Saint-Jacques Street, Napierville, Montérégie, QC, J0J 1L0

450 245-3336 Fax: 450 245-0278

Website: santemonteregie.qc.ca/en/installations/clsc-jardin-du-quebec-napierville

Services: Frontline services for routine health and social services. * Collection centre, blood tests and vaccination. * Support to pregnant women and new parents. * Sexual health clinic. * Youth clinic: sexual health and psychosocial intervention. * Mental health care. * SIDEPE: HIV/AIDS and STBBI screening and prevention integrated services. * Disposal of used syringes and needles. * Distribution of injection equipment to people who use drugs. * Alcochoix+ program. * Quit smoking centre. * Chronic disease education centre: individual and group meetings for people with diabetes, high blood pressure or chronic obstructive pulmonary disease (COPD). * Support to people with a loss of autonomy and their caregivers. * Loan of mobility aids to people with a loss of autonomy. * Palliative and end-of-life care.

Coverage area: CISSS de la Montérégie-Ouest area

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Financing: provincial

Legal status: parapublic organization

CLSC JARDIN DU QUÉBEC - SAINT-RÉMI

2 Sainte-Famille Street, Saint-Rémi, Montérégie, QC, J0L 2L0

450 454-4671 Fax: 450 454-4538

Website: santemonteregie.qc.ca/en/installations/clsc-jardin-du-quebec-saint-remi

Services: Frontline services for routine health and social services. * Collection centre, blood tests and vaccination. * Support to pregnant women and new parents. * Sexual health clinic. * Youth clinic: sexual health and psychosocial intervention. * Mental health care. * SIDEPE: HIV/AIDS and STBBI screening and prevention integrated services. * Disposal of used syringes and needles. * Distribution of injection equipment to people who use drugs. * Alcochoix+ program. * Quit smoking centre. * Chronic disease education centre: individual and group meetings for people with diabetes, high blood pressure or chronic obstructive pulmonary disease (COPD). * Support to people with a loss of autonomy and their caregivers. * Loan of mobility aids to people with a loss of autonomy. * Palliative and end-of-life care.

Coverage area: CISSS de la Montérégie-Ouest area

Hours: Monday and Wednesday 8h00 to 20h00, Tuesday, Thursday and Friday 8h00 to 16h00, Saturday and Sunday 9h00 to 15h30, tests centre: Monday and Wednesday 6h30 to 9h00

Financing: provincial

Legal status: parapublic organization

Patient support associations

CLSC JARDIN DU QUÉBEC - NAPIERVILLE

509 Saint-Jacques Street, Napierville, Montérégie, QC, J0J 1L0

450 245-3336 Fax: 450 245-0278

Website: santemonteregie.qc.ca/en/installations/clsc-jardin-du-quebec-napierville

Services: Frontline services for routine health and social services. * Collection centre, blood tests and vaccination. * Support to pregnant women and new parents. * Sexual health clinic. * Youth clinic: sexual health and psychosocial intervention. * Mental health care. * SIDEPE: HIV/AIDS and STBBI screening and prevention integrated services. * Disposal of used syringes and needles. * Distribution of injection equipment to people who use drugs. * Alcochoix+ program. * Quit smoking centre. * Chronic disease education centre: individual and group meetings for people with diabetes, high blood pressure or chronic obstructive pulmonary disease (COPD). * Support to people with a loss of autonomy and their caregivers. * Loan of mobility aids to people with a loss of autonomy. * Palliative and end-of-life care.

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Financing: provincial

Legal status: parapublic organization

CLSC JARDIN DU QUÉBEC - SAINT-RÉMI

2 Sainte-Famille Street, Saint-Rémi, Montérégie, QC, J0L 2L0

450 454-4671 Fax: 450 454-4538

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Coverage area: CISSS de la Montérégie-Ouest area

Hours: Monday and Wednesday 8h00 to 20h00, Tuesday, Thursday and Friday 8h00 to 16h00, Saturday and Sunday 9h00 to 15h30, tests centre: Monday and Wednesday 6h30 to 9h00

Financing: provincial

Legal status: parapublic organization

Public Health

CLSC JARDIN DU QUÉBEC - NAPIERVILLE

509 Saint-Jacques Street, Napierville, Montérégie, QC, J0J 1L0

450 245-3336 Fax: 450 245-0278

Website: santemonteregie.qc.ca/en/installations/clsc-jardin-du-quebec-napierville

Services: Frontline services for routine health and social services. * Collection centre, blood tests and vaccination. * Support to pregnant women and new parents. * Sexual health clinic. * Youth clinic: sexual health and psychosocial intervention. * Mental health care. * SIDEPE: HIV/AIDS and STBBI screening and prevention integrated services. * Disposal of used syringes and needles. * Distribution of injection equipment to people who use drugs. * Alcochoix+ program. * Quit smoking centre. * Chronic disease education centre: individual and group meetings for people with diabetes, high blood pressure or chronic obstructive pulmonary disease (COPD). * Support to people with a loss of autonomy and their caregivers. * Loan of mobility aids to people with a loss of autonomy. * Palliative and end-of-life care.

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Financing: provincial

Legal status: parapublic organization

CLSC JARDIN DU QUÉBEC - SAINT-RÉMI

2 Sainte-Famille Street, Saint-Rémi, Montérégie, QC, J0L 2L0

450 454-4671 Fax: 450 454-4538

Website: santemonteregie.qc.ca/en/installations/clsc-jardin-du-quebec-saint-remi

Services: Frontline services for routine health and social services. * Collection centre, blood tests and vaccination. * Support to pregnant women and new parents. * Sexual health clinic. * Youth clinic: sexual health and psychosocial intervention. * Mental health care. * SIDEPE: HIV/AIDS and STBBI screening and prevention integrated services. * Disposal of used syringes and needles. * Distribution of injection equipment to people who use drugs. * Alcochoix+ program. * Quit smoking centre. * Chronic disease education centre: individual and group meetings for people with diabetes, high blood pressure or chronic obstructive pulmonary disease (COPD). * Support to people with a loss of autonomy and their caregivers. * Loan of mobility aids to people with a loss of autonomy. * Palliative and end-of-life care.

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Hours: Monday and Wednesday 8h00 to 20h00, Tuesday, Thursday and Friday 8h00 to 16h00, Saturday and Sunday 9h00 to 15h30, tests centre: Monday and Wednesday 6h30 to 9h00

Financing: provincial

Legal status: parapublic organization

Homelessness

MOBILE UNITS AND STREET WORK

Mobile units and street work

CLSC JARDIN DU QUÉBEC - NAPIERVILLE

509 Saint-Jacques Street, Napierville, Montérégie, QC, J0J 1L0

450 245-3336 Fax: 450 245-0278

Website: santemonteregie.qc.ca/en/installations/clsc-jardin-du-quebec-napierville

Services: Frontline services for routine health and social services. * Collection centre, blood tests and vaccination. * Support to pregnant women and new parents. * Sexual health clinic. * Youth clinic: sexual health and psychosocial intervention. * Mental health care. * SIDEP: HIV/AIDS and STBBI screening and prevention integrated services. * Disposal of used syringes and needles. * Distribution of injection equipment to people who use drugs. * Alcochoix+ program. * Quit smoking centre. * Chronic disease education centre: individual and group meetings for people with diabetes, high blood pressure or chronic obstructive pulmonary disease (COPD). * Support to people with a loss of autonomy and their caregivers. * Loan of mobility aids to people with a loss of autonomy. * Palliative and end-of-life care.

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Financing: provincial

Legal status: parapublic organization

CLSC JARDIN DU QUÉBEC - SAINT-RÉMI

2 Sainte-Famille Street, Saint-Rémi, Montérégie, QC, J0L 2L0

450 454-4671 Fax: 450 454-4538

Website: santemonteregie.qc.ca/en/installations/clsc-jardin-du-quebec-saint-remi

Services: Frontline services for routine health and social services. * Collection centre, blood tests and vaccination. * Support to pregnant women and new parents. * Sexual health clinic. * Youth clinic: sexual health and psychosocial intervention. * Mental health care. * SIDEP: HIV/AIDS and STBBI screening and prevention integrated services. * Disposal of used syringes and needles. * Distribution of injection equipment to people who use drugs. * Alcochoix+ program. * Quit smoking centre. * Chronic disease education centre: individual and group meetings for people with diabetes, high blood pressure or chronic obstructive pulmonary disease (COPD). * Support to people with a loss of autonomy and their caregivers. * Loan of mobility aids to people with a loss of autonomy. * Palliative and end-of-life care.

Coverage area: CISSS de la Montérégie-Ouest area

Hours: Monday and Wednesday 8h00 to 20h00, Tuesday, Thursday and Friday 8h00 to 16h00, Saturday and Sunday 9h00 to 15h30, tests centre: Monday and Wednesday 6h30 to 9h00

Financing: provincial

Legal status: parapublic organization

Housing

EMERGENCY

Emergency

NAPIERVILLE - MUNICIPALITÉ

260 de l'Église Street, Napierville, Montérégie, QC, J0J 1L0

450 245-7210 Fax: 450 245-7691

Website: napierville.ca

Services: Municipal service management. * Municipal tax payment. * Emergency notification system. * Dog and cat license. * Information on garbage collection. * Fire department. * Urban-planning department: construction permits. * Public work department: infrastructure maintenance.

Coverage area: Napierville

Hours: Monday to Thursday 8h30 to 12h00 and 13h00 to 17h00, Friday 8h30 to 12h00

Financing: municipal

Legal status: municipal agency

Justice and Advocacy

COURTHOUSES AND TRIBUNALS

LEGAL ASSISTANCE AND INFORMATION

SUPPORT FOR OFFENDERS

Courthouses and tribunals

SAINT-RÉMI - MUNICIPAL COURT

105 de la Mairie Street, Saint-Rémi, Montérégie, QC, J0L 2L0

450 454-3993 ext. 3960 Fax: 450 454-6898

Website: <https://ville.saint-remi.qc.ca/services-municipaux/cour-municipale>

Email: jgdurand@ville.saint-remi.qc.ca

Services: First-instance justice court hearing lawsuits relative to municipal by-laws, infringements to the Code de la sécurité routière and some criminal infringements (drunk driving, thefts under \$5,000 and misdeeds). * Ticket payment or contestation. * Recovery of unpaid amounts. * Compensatory work.

Coverage area: MRC Les Jardins-de-Napierville, Saint-Valentin

Hours: Monday to Thursday 8h00 to 12h00 and 13h00 to 16h30, Friday 8h00 to 13h00

Financing: municipal

Legal status: municipal agency

Legal assistance and information

SAINT-RÉMI - MUNICIPAL COURT

105 de la Mairie Street, Saint-Rémi, Montérégie, QC, J0L 2L0

450 454-3993 ext. 3960 Fax: 450 454-6898

Website: <https://ville.saint-remi.qc.ca/services-municipaux/cour-municipale>

Email: jgdurand@ville.saint-remi.qc.ca

Services: First-instance justice court hearing lawsuits relative to municipal by-laws, infringements to the Code de la sécurité routière and some criminal infringements (drunk driving, thefts under \$5,000 and misdeeds). * Ticket payment or contestation. * Recovery of unpaid amounts. * Compensatory work.

Coverage area: MRC Les Jardins-de-Napierville, Saint-Valentin

Hours: Monday to Thursday 8h00 to 12h00 and 13h00 to 16h30, Friday 8h00 to 13h00

Financing: municipal

Legal status: municipal agency

Support for offenders

SAINT-RÉMI - MUNICIPAL COURT

105 de la Mairie Street, Saint-Rémi, Montérégie, QC, J0L 2L0

450 454-3993 ext. 3960 Fax: 450 454-6898

Website: <https://ville.saint-remi.qc.ca/services-municipaux/cour-municipale>

Email: jgdurand@ville.saint-remi.qc.ca

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Coverage area: MRC Les Jardins-de-Napierville, Saint-Valentin

Hours: Monday to Thursday 8h00 to 12h00 and 13h00 to 16h30, Friday 8h00 to 13h00

Financing: municipal

Legal status: municipal agency

Mental Health and addictions

ADDICTION PREVENTION

ADDICTION TREATMENT

COMMUNITY SUPPORT IN MENTAL HEALTH

MENTAL HEALTH ADVOCACY GROUPS

SELF-HELP GROUPS FOR MENTAL HEALTH ISSUES

Addiction prevention

CLSC JARDIN DU QUÉBEC - NAPIERVILLE

509 Saint-Jacques Street, Napierville, Montérégie, QC, J0J 1L0

450 245-3336 Fax: 450 245-0278

Website: santemonteregie.qc.ca/en/installations/clsc-jardin-du-quebec-napierville

Services: Frontline services for routine health and social services. * Collection centre, blood tests and vaccination. * Support to pregnant women and new parents. * Sexual health clinic. * Youth clinic: sexual health and psychosocial intervention. * Mental health care. * SIDEP: HIV/AIDS and STBBI screening and prevention integrated services. * Disposal of used syringes and needles. * Distribution of injection equipment to people who use drugs. * Alcochoix+ program. * Quit smoking centre. * Chronic disease education centre: individual and group meetings for people with diabetes, high blood pressure or chronic obstructive pulmonary disease (COPD). * Support to people with a loss of autonomy and their caregivers. * Loan of mobility aids to people with a loss of autonomy. * Palliative and end-of-life care.

Coverage area: CISSS de la Montérégie-Ouest area

Hours: Monday, Wednesday and Friday 8h00 to 16h00, Tuesday and Thursday 6h30 to 20h00, Saturday and Sunday: closed but covered by the Saint-Rémi CLSC, holidays 9h00 to 15h30, tests centre: Tuesday and Thursday 6h30 to 9h00

Financing: provincial

Legal status: parapublic organization

CLSC JARDIN DU QUÉBEC - SAINT-RÉMI

2 Sainte-Famille Street, Saint-Rémi, Montérégie, QC, J0L 2L0

450 454-4671 Fax: 450 454-4538

Website: santemonteregie.qc.ca/en/installations/clsc-jardin-du-quebec-saint-remi

Services: Frontline services for routine health and social services. * Collection centre, blood tests and vaccination. * Support to pregnant women and new parents. * Sexual health clinic. * Youth clinic: sexual health and psychosocial intervention. * Mental health care. * SIDEP: HIV/AIDS and STBBI screening and prevention integrated services. * Disposal of used syringes and needles. * Distribution of injection equipment to people who use drugs. * Alcochoix+ program. * Quit smoking centre. * Chronic disease education centre: individual and group meetings for people with diabetes, high blood pressure or chronic obstructive pulmonary disease (COPD). * Support to people with a loss of autonomy and their caregivers. * Loan of mobility aids to people with a loss of autonomy. * Palliative and end-of-life care.

Coverage area: CISSS de la Montérégie-Ouest area

Hours: Monday and Wednesday 8h00 to 20h00, Tuesday, Thursday and Friday 8h00 to 16h00, Saturday and Sunday 9h00 to 15h30, tests centre: Monday and Wednesday 6h30 to 9h00

Financing: provincial

Legal status: parapublic organization

Addiction treatment

CLSC JARDIN DU QUÉBEC - NAPIERVILLE

509 Saint-Jacques Street, Napierville, Montérégie, QC, J0J 1L0

450 245-3336 Fax: 450 245-0278

Website: santemonteregie.qc.ca/en/installations/clsc-jardin-du-quebec-napierville

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Financing: provincial

Legal status: parapublic organization

CLSC JARDIN DU QUÉBEC - SAINT-RÉMI

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Coverage area: CISSS de la Montérégie-Ouest area

Hours: Monday and Wednesday 8h00 to 20h00, Tuesday, Thursday and Friday 8h00 to 16h00, Saturday and Sunday 9h00 to 15h30, tests centre: Monday and Wednesday 6h30 to 9h00

Financing: provincial

Legal status: parapublic organization

Community support in mental health

CAMPAGNOL (LE)

94 Saint-André Street, Saint-Rémi, Montérégie, QC, J0L 2L0

450 454-5121 Fax: 450 454-2018

Website: www.lecampagnol.com

Email: entraide@campagnol.qc.ca

Services: Mutual aid group for mental health and living environment. * Activities: training and information workshop, creativity workshop, promotion and awareness workshop. * Listening, support and accompaniment for and by members.

Eligibility: adults living with or who have lived with mental health issues or emotional chaos

Coverage area: MRC Les Jardins-de-Napierville

Hours: Monday to Wednesday 9h00 to 17h00, Thursday 9h00 to 20h00

Fees: membership card: \$5

Financing: grants, self-financing, donations

Legal status: non-profit organization

Mental health advocacy groups

CAMPAGNOL (LE)

94 Saint-André Street, Saint-Rémi, Montérégie, QC, J0L 2L0

450 454-5121 Fax: 450 454-2018

Website: www.lecampagnol.com

Email: entraide@campagnol.qc.ca

Services: Mutual aid group for mental health and living environment. * Activities: training and information workshop, creativity workshop, promotion and awareness workshop. * Listening, support and accompaniment for and by members.

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Coverage area: MRC Les Jardins-de-Napierville

Hours: Monday to Wednesday 9h00 to 17h00, Thursday 9h00 to 20h00

Fees: membership card: \$5

Financing: grants, self-financing, donations

Legal status: non-profit organization

CLSC JARDIN DU QUÉBEC - NAPIERVILLE

509 Saint-Jacques Street, Napierville, Montérégie, QC, J0J 1L0

450 245-3336 Fax: 450 245-0278

Website: santemonteregie.qc.ca/en/installations/clsc-jardin-du-quebec-napierville

Services: Frontline services for routine health and social services. * Collection centre, blood tests and vaccination. * Support to pregnant women and new parents. * Sexual health clinic. * Youth clinic: sexual health and psychosocial intervention. * Mental health care. * SIDEP: HIV/AIDS and STBBI screening and prevention integrated services. * Disposal of used syringes and needles. * Distribution of injection equipment to people who use drugs. * Alcochoix+ program. * Quit smoking centre. * Chronic disease education centre: individual and group meetings for people with diabetes, high blood pressure or chronic obstructive pulmonary disease (COPD). * Support to people with a loss of autonomy and their caregivers. * Loan of mobility aids to people with a loss of autonomy. * Palliative and end-of-life care.

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Financing: provincial

Legal status: parapublic organization

CLSC JARDIN DU QUÉBEC - SAINT-RÉMI

2 Sainte-Famille Street, Saint-Rémi, Montérégie, QC, J0L 2L0

450 454-4671 Fax: 450 454-4538

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Services: Frontline services for routine health and social services. * Collection centre, blood tests and vaccination. * Support to pregnant women and new parents. * Sexual health clinic. * Youth clinic: sexual health and psychosocial intervention. * Mental health care. * SIDEP: HIV/AIDS and STBBI screening and prevention integrated services. * Disposal of used syringes and needles. * Distribution of injection equipment to people who use drugs. * Alcochoix+ program. * Quit smoking centre. * Chronic disease education centre: individual and group meetings for people with diabetes, high blood pressure or chronic obstructive pulmonary disease (COPD). * Support to people with a loss of autonomy and their caregivers. * Loan of mobility aids to people with a loss of autonomy. * Palliative and end-of-life care.

Coverage area: CISSS de la Montérégie-Ouest area

Hours: Monday and Wednesday 8h00 to 20h00, Tuesday, Thursday and Friday 8h00 to 16h00, Saturday and Sunday 9h00 to 15h30, tests centre: Monday and Wednesday 6h30 to 9h00

Financing: provincial

Legal status: parapublic organization

Self-help groups for mental health issues

CAMPAGNOL (LE)

94 Saint-André Street, Saint-Rémi, Montérégie, QC, J0L 2L0

450 454-5121 Fax: 450 454-2018

Website: www.lecampagnol.com

Email: entraide@campagnol.qc.ca

Mental Health and addictions

Services: Mutual aid group for mental health and living environment. * Activities: training and information workshop, creativity workshop, promotion and awareness workshop. * Listening, support and accompaniment for and by members.

Eligibility: adults living with or who have lived with mental health issues or emotional chaos

Coverage area: MRC Les Jardins-de-Napierville

Hours: Monday to Wednesday 9h00 to 17h00, Thursday 9h00 to 20h00

Fees: membership card: \$5

Financing: grants, self-financing, donations

Legal status: non-profit organization

Seniors

CAREGIVERS

COMMUNITY AND RECREATION CENTRES

DAY CENTRES AND RESPITE

FRIENDLY VISITS AND SAFETY CALLS

HOME SUPPORT

HOUSING FOR SENIORS

INTERGENERATIONAL ACTIVITIES

MEALS ON WHEELS

SENIORS' ADVOCACY AND ASSISTANCE ASSOCIATIONS

VOLUNTEER TRANSPORTATION

Caregivers

CLSC JARDIN DU QUÉBEC - NAPIERVILLE

509 Saint-Jacques Street, Napierville, Montérégie, QC, J0J 1L0

450 245-3336 Fax: 450 245-0278

Website: santemonteregie.qc.ca/en/installations/clsc-jardin-du-quebec-napierville

Services: Frontline services for routine health and social services. * Collection centre, blood tests and vaccination. * Support to pregnant women and new parents. * Sexual health clinic. * Youth clinic: sexual health and psychosocial intervention. * Mental health care. * SIDEP: HIV/AIDS and STBBI screening and prevention integrated services. * Disposal of used syringes and needles. * Distribution of injection equipment to people who use drugs. * Alcochoix+ program. * Quit smoking centre. * Chronic disease education centre: individual and group meetings for people with diabetes, high blood pressure or chronic obstructive pulmonary disease (COPD). * Support to people with a loss of autonomy and their caregivers. * Loan of mobility aids to people with a loss of autonomy. * Palliative and end-of-life care.

Coverage area: CISSS de la Montérégie-Ouest area

Hours: Monday, Wednesday and Friday 8h00 to 16h00, Tuesday and Thursday 6h30 to 20h00, Saturday and Sunday: closed but covered by the Saint-Rémi CLSC, holidays 9h00 to 15h30, tests centre: Tuesday and Thursday 6h30 to 9h00

Financing: provincial

Legal status: parapublic organization

CLSC JARDIN DU QUÉBEC - SAINT-RÉMI

2 Sainte-Famille Street, Saint-Rémi, Montérégie, QC, J0L 2L0

450 454-4671 Fax: 450 454-4538

Website: santemonteregie.qc.ca/en/installations/clsc-jardin-du-quebec-saint-remi

Services: Frontline services for routine health and social services. * Collection centre, blood tests and vaccination. * Support to pregnant women and new parents. * Sexual health clinic. * Youth clinic: sexual health and psychosocial intervention. * Mental health care. * SIDEP: HIV/AIDS and STBBI screening and prevention integrated services. * Disposal of used syringes and needles. * Distribution of injection equipment to people who use drugs. * Alcochoix+ program. * Quit smoking centre. * Chronic disease education centre: individual and group meetings for people with diabetes, high blood pressure or chronic obstructive pulmonary disease (COPD). * Support to people with a loss of autonomy and their caregivers. * Loan of mobility aids to people with a loss of autonomy. * Palliative and end-of-life care.

Coverage area: CISSS de la Montérégie-Ouest area

Hours: Monday and Wednesday 8h00 to 20h00, Tuesday, Thursday and Friday 8h00 to 16h00, Saturday and Sunday 9h00 to 15h30, tests centre: Monday and Wednesday 6h30 to 9h00

Financing: provincial

Legal status: parapublic organization

NAPIERVILLE PUBLIC LIBRARY

290 Saint-Alexandre Street, Napierville, Montérégie, QC, J0J 1L0

450 245-0030 Fax: 450 245-3777

Website: www.napierville.ca/fr/la-bibliotheque

Email: napierville@reseaubibliomonteregie.qc.ca

Services: Loan and consultation of books, audiovisual and electronic documents. * Computers and Internet access. * Story time. * Book club for children. * Biblio-aidants. * Conferences, workshops.

Coverage area: Napierville, Saint-Cyprien-de-Napierville

Hours: Tuesday and Thursday 14h00 to 20h30, Wednesday and Friday 14h00 to 17h00, Saturday 10h00 to 12h00

Fees: free for residents

Financing: municipal

Legal status: municipal agency

Community and Recreation Centres

CLUB DE L'ÂGE D'OR MOISSON IMPÉRISSABLE

412C Saint-Michel Place, Saint-Michel, Montérégie, QC, J0L 2J0

450 454-3186

Services: Recreational and cultural activities for seniors. * Bimonthly dinner. * Playing cards, bowling, themed parties, dancing nights, petanque, etc. * Christmas dinner.

Eligibility: seniors

Coverage area: Saint-Michel

Hours: dinners: every two months, activities: variable

Fees: membership: \$25, activities: variable

Financing: membership fees

Legal status: non-profit organization

FADOQ - NAPIERVILLE

262B de l'Église Street, Napierville, Montérégie, QC, J0J 1L0

450 245-0468

Email: fadoq.napierville@gmail.com

Services: Social and recreational activities. * Bingo, card games, petanque, etc.

Eligibility: people 50 years and over

Coverage area: Napierville

Hours: Tuesday and Thursday

Fees: membership: \$25

Financing: contributions

Legal status: non-profit organization

FADOQ - RÉGION SHERRINGTON

234 des Loisirs Street, Saint-Patrice-de-Sherrington, Montérégie, QC, J0L 2N0

450 454-4129

Services: Social and recreational activities for seniors. * Card games, bingo, petanque, Military Whist. * Dance classes, line dancing nights. * Theme outings. * Theme dinners.

Eligibility: seniors 50 years and over

Coverage area: Saint-Patrice-de-Sherrington

Hours: Monday, Tuesday and Thursday 13h00 to 16h00, dance classes: Wednesday 14h00 to 16h00 at the community centre

Fees: membership: \$25

Financing: membership fees

Legal status: non-profit organization

FADOQ - SAINT-ÉDOUARD

405 Montée Lussier, Saint-Édouard, Montérégie, QC, J0L 1Y0

450 454-1915

Services: Social and recreational activities for seniors.

Eligibility: seniors 50 years old and over

Coverage area: Saint-Édouard

Hours: variable

Fees: annual membership: \$25

Financing: membership fees, self-financing

Legal status: non-profit organization

FADOQ - SAINT-RÉMI

25 Saint-Sauveur Street, Saint-Rémi, Montérégie, QC, J0L 2L0

450 992-1388

Email: fadoqstremi@gmail.com

Services: Recreational activities. * Dancing evenings. * Organized trips. * Community lunches. * Monthly supper.

Eligibility: seniors

Coverage area: Saint-Rémi

Hours: variable

Fees: membership fee: \$25

Financing: membership fees

Legal status: non-profit organization

SERVICE D'ACTION BÉNÉVOLE AU COEUR DU JARDIN

1030 Notre-Dame Street, Saint-Rémi, Montérégie, QC, J0L 2L0

450 454-6567 Fax: 450 454-6567

Website: www.sabjardin.org

Email: dirsab.stremi@bellnet.ca

Services: * Friendly visits. * Information and referral. * Delivery and on-site sale of healthy frozen meals. * Conferences. * Socialization outings. * Tax clinic and assistance with filling out forms. * PAIR program: safety calls. * Various courses: gymnastics, etc. * Monthly open support group for all caregivers in order to prevent exhaustion. * Monthly breakfast for caregivers and seniors. * Monthly conference for caregivers and seniors. * Medical transportation-accompaniment. * Promotion of volunteerism and support to community organizations. * Minibus grocery shopping: pharmacy, grocery store, financial institution and post office.

Eligibility: volunteers, organizations and people in need, minibus grocery shopping: autonomous people

Coverage area: MRC Les Jardins-de-Napierville

Hours: Monday to Friday 8h30 to 12h00 and 13h00 to 16h30, frozen meal delivery: Tuesday morning, minibus grocery shopping: Friday 8h45

Fees: frozen meals: main meal 3\$, soup \$2, dessert \$1, free delivery every 15 days, minibus grocery shopping: \$4, monthly breakfast: \$3

Financing: Centraide of Greater Montréal, provincial

Legal status: non-profit organization

SERVICE D'ACTION BÉNÉVOLE AU COEUR DU JARDIN - HEMMINGFORD SITE

476 Frontière Street, Hemmingford, Montérégie, QC, J0L 1H0

450 247-2893

Website: www.sabjardin.org

Email: sabhemmingford@hotmail.com

Services: * Friendly visits. * Friendly calls. * Assistance with filling out forms. * Information and referral. * Soft gymnastic classes. * Socialization outings. * Monthly community dinner.

Eligibility: seniors, people in need, volunteers, community organizations

Coverage area: Hemmingford

Hours: Monday to Thursday 8h30 to 12h00 and 13h00 to 16h30

Fees: none

Financing: Centraide of Greater Montréal, provincial

Legal status: non-profit organization

SERVICE D'ACTION BÉNÉVOLE AU COEUR DU JARDIN - NAPIERVILLE SITE

262-A de l'Église Street, Napierville, Montérégie, QC, J0J 1L0

450 245-7868

Website: www.sabjardin.org

Email: sabnap@hotmail.ca

Services: * Friendly visits. * Friendly calls. * Tax clinic and assistance with forms. * Information and referral. * Dinner meeting, meals on wheels, entertainment activities, courses and talks. * Promotion of volunteerism and support to community organizations.

Eligibility: volunteers, organizations, people in need

Coverage area: MRC Les Jardins-de-Napierville

Hours: Monday to Thursday 8h30 to 12h00 and 13h00 to 16h30

Fees: free or variable depending on the service

Financing: Centraide of Greater Montréal, provincial

Legal status: non-profit organization

UNIVERSITÉ DU TROISIÈME ÂGE - MONTÉRÉGIE - JARDINS-DE-NAPIERVILLE

Confidential Address

450 245-0468

Website: www.usherbrooke.ca/uta/prog/mtg/jnp

Email: uta.monteregie@usherbrooke.ca

Services: Educational programming distributed in 49 university branches for people aged 50 years and over. * Non-credited educational activities without papers or exams. * Different teaching methods: courses, seminars, lectures, workshops, physical activities. * Student associations promoting integration in cultural and social life.

Eligibility: people 50 years old and over, no prior degree is required

Coverage area: Montérégie

Fees: variable tuition according to the activity, compulsory student fee: \$8, donations are optional

Financing: donations, grants

Legal status: non-profit organization

Day centres and respite

CENTRE D'HÉBERGEMENT DE SAINT-RÉMI

110 du Collège Street, Saint-Rémi, Montérégie, QC, J0L 2L0

450 454-4694 Fax: 450 454-3614

Website: santemonteregie.qc.ca/en/installations/centre-dhebergement-de-saint-remi

Services: Public care centre for seniors and people with a loss of autonomy. * Housing and long term cares. * Day Centre offering therapeutic services to maintain the autonomy of seniors living at home.

Eligibility: seniors and people with a loss of autonomy

Coverage area: MRC Roussillon, MRC Les Jardins-de-Napierville

Hours: day centre: Monday to Thursday 8h00 to 16h00

Financing: provincial

Legal status: parapublic organization

CLSC JARDIN DU QUÉBEC - NAPIERVILLE

509 Saint-Jacques Street, Napierville, Montérégie, QC, J0J 1L0

450 245-3336 Fax: 450 245-0278

Website: santemonteregie.qc.ca/en/installations/clsc-jardin-du-quebec-napierville

Services: Frontline services for routine health and social services. * Collection centre, blood tests and vaccination. * Support to pregnant women and new parents. * Sexual health clinic. * Youth clinic: sexual health and psychosocial intervention. * Mental health care. * SIDEPE: HIV/AIDS and STBBI screening and prevention integrated services. * Disposal of used syringes and needles. * Distribution of injection equipment to people who use drugs. * Alcochoix+ program. * Quit smoking centre. * Chronic disease education centre: individual and group meetings for people with diabetes, high blood pressure or chronic obstructive pulmonary disease (COPD). * Support to people with a loss of autonomy and their caregivers. * Loan of mobility aids to people with a loss of autonomy. * Palliative and end-of-life care.

Coverage area: CISSS de la Montérégie-Ouest area

Hours: Monday, Wednesday and Friday 8h00 to 16h00, Tuesday and Thursday 6h30 to 20h00, Saturday and Sunday: closed but covered by the Saint-Rémi CLSC, holidays 9h00 to 15h30, tests centre: Tuesday and Thursday 6h30 to 9h00

Financing: provincial

Legal status: parapublic organization

CLSC JARDIN DU QUÉBEC - SAINT-RÉMI

2 Sainte-Famille Street, Saint-Rémi, Montérégie, QC, J0L 2L0

450 454-4671 Fax: 450 454-4538

Website: santemonteregie.qc.ca/en/installations/clsc-jardin-du-quebec-saint-remi

Services: Frontline services for routine health and social services. * Collection centre, blood tests and vaccination. * Support to pregnant women and new parents. * Sexual health clinic. * Youth clinic: sexual health and psychosocial intervention. * Mental health care. * SIDEP: HIV/AIDS and STBBI screening and prevention integrated services. * Disposal of used syringes and needles. * Distribution of injection equipment to people who use drugs. * Alcochoix+ program. * Quit smoking centre. * Chronic disease education centre: individual and group meetings for people with diabetes, high blood pressure or chronic obstructive pulmonary disease (COPD). * Support to people with a loss of autonomy and their caregivers. * Loan of mobility aids to people with a loss of autonomy. * Palliative and end-of-life care.

Coverage area: CISSS de la Montérégie-Ouest area

Hours: Monday and Wednesday 8h00 to 20h00, Tuesday, Thursday and Friday 8h00 to 16h00, Saturday and Sunday 9h00 to 15h30, tests centre: Monday and Wednesday 6h30 to 9h00

Financing: provincial

Legal status: parapublic organization

Friendly visits and safety calls

SERVICE D'ACTION BÉNÉVOLE AU COEUR DU JARDIN

1030 Notre-Dame Street, Saint-Rémi, Montérégie, QC, J0L 2L0

450 454-6567 Fax: 450 454-6567

Website: www.sabjardin.org

Email: dirtsab.stremi@bellnet.ca

Services: * Friendly visits. * Information and referral. * Delivery and on-site sale of healthy frozen meals. * Conferences. * Socialization outings. * Tax clinic and assistance with filling out forms. * PAIR program: safety calls. * Various courses: gymnastics, etc. * Monthly open support group for all caregivers in order to prevent exhaustion. * Monthly breakfast for caregivers and seniors. * Monthly conference for caregivers and seniors. * Medical transportation-accompaniment. * Promotion of volunteerism and support to community organizations. * Minibus grocery shopping: pharmacy, grocery store, financial institution and post office.

Eligibility: volunteers, organizations and people in need, minibus grocery shopping: autonomous people

Coverage area: MRC Les Jardins-de-Napierville

Hours: Monday to Friday 8h30 to 12h00 and 13h00 to 16h30, frozen meal delivery: Tuesday morning, minibus grocery shopping: Friday 8h45

Fees: frozen meals: main meal 3\$, soup \$2, dessert \$1, free delivery every 15 days, minibus grocery shopping: \$4, monthly breakfast: \$3

Financing: Centraide of Greater Montréal, provincial

Legal status: non-profit organization

SERVICE D'ACTION BÉNÉVOLE AU COEUR DU JARDIN - HEMMINGFORD SITE

476 Frontière Street, Hemmingford, Montérégie, QC, J0L 1H0

450 247-2893

Website: www.sabjardin.org

Email: sabhemmingford@hotmail.com

Services: * Friendly visits. * Friendly calls. * Assistance with filling out forms. * Information and referral. * Soft gymnastic classes. * Socialization outings. * Monthly community dinner.

Eligibility: seniors, people in need, volunteers, community organizations

Coverage area: Hemmingford

Hours: Monday to Thursday 8h30 to 12h00 and 13h00 to 16h30

Fees: none

Financing: Centraide of Greater Montréal, provincial

Legal status: non-profit organization

SERVICE D'ACTION BÉNÉVOLE AU COEUR DU JARDIN - NAPIERVILLE SITE

262-A de l'Église Street, Napierville, Montérégie, QC, J0J 1L0

450 245-7868

Website: www.sabjardin.org

Email: sabnap@hotmail.ca

Services: * Friendly visits. * Friendly calls. * Tax clinic and assistance with forms. * Information and referral. * Dinner meeting, meals on wheels, entertainment activities, courses and talks. * Promotion of volunteerism and support to community organizations.

Eligibility: volunteers, organizations, people in need

Coverage area: MRC Les Jardins-de-Napierville

Hours: Monday to Thursday 8h30 to 12h00 and 13h00 to 16h30

Fees: free or variable depending on the service

Financing: Centraide of Greater Montréal, provincial

Legal status: non-profit organization

SOURIRE SANS FIN

2-A Sainte-Famille Street, Saint-Rémi, Montérégie, QC, J0L 2L0

450 454-5747 Fax: 450 454-5640

Website: www.souriresansfin.org

Email: info@souriresansfin.org

Services: * Collective kitchens. * Meals on wheels. * Affordable food bags. * Cooking workshops. * Petits cuistots workshops: cooking workshops for children 6 to 12 years old during the summer and spring break. * Thrift store for the whole family. * Daycare. * Parenting and early stimulation workshops. * Support groups for parents. * Self-help group for parents of children living with an Autism Spectrum Disorder (ASD). * Psychosocial services for people in distress. * Support for seniors: accompaniment by phone, listening, visits after reporting. * Outreach work initiative for seniors living in a vulnerable situation (ITMAV). * Information, listening and referral. * Christmas baskets.

Eligibility: people on a low income, families, seniors

Capacity: 600 per year

Coverage area: MRC Les Jardins-de-Napierville

Hours: Monday to Friday 8h30 to 16h30, collective kitchen: Monday, Tuesday and Wednesday, meals on wheels: Tuesday 11h30

Fees: collective kitchen: \$1.25 per portion, meals on wheels: \$6 per meal, food bags: \$2 per week per family

Financing: Centraide of Greater Montréal, provincial

Legal status: non-profit organization

Home support

CLSC JARDIN DU QUÉBEC - NAPIERVILLE

509 Saint-Jacques Street, Napierville, Montérégie, QC, J0J 1L0

450 245-3336 Fax: 450 245-0278

Website: santemonteregie.qc.ca/en/installations/clsc-jardin-du-quebec-napierville

Services: Frontline services for routine health and social services. * Collection centre, blood tests and vaccination. * Support to pregnant women and new parents. * Sexual health clinic. * Youth clinic: sexual health and psychosocial intervention. * Mental health care. * SIDEPE: HIV/AIDS and STBBI screening and prevention integrated services. * Disposal of used syringes and needles. * Distribution of injection equipment to people who use drugs. * Alcochoix+ program. * Quit smoking centre. * Chronic disease education centre: individual and group meetings for people with diabetes, high blood pressure or chronic obstructive pulmonary disease (COPD). * Support to people with a loss of autonomy and their caregivers. * Loan of mobility aids to people with a loss of autonomy. * Palliative and end-of-life care.

Coverage area: CISSS de la Montérégie-Ouest area

Hours: Monday, Wednesday and Friday 8h00 to 16h00, Tuesday and Thursday 6h30 to 20h00, Saturday and Sunday: closed but covered by the Saint-Rémi CLSC, holidays 9h00 to 15h30, tests centre: Tuesday and Thursday 6h30 to 9h00

Financing: provincial

Legal status: parapublic organization

CLSC JARDIN DU QUÉBEC - SAINT-RÉMI

2 Sainte-Famille Street, Saint-Rémi, Montérégie, QC, J0L 2L0

450 454-4671 Fax: 450 454-4538

Website: santemonteregie.qc.ca/en/installations/clsc-jardin-du-quebec-saint-remi

Services: Frontline services for routine health and social services. * Collection centre, blood tests and vaccination. * Support to pregnant women and new parents. * Sexual health clinic. * Youth clinic: sexual health and psychosocial intervention. * Mental health care. * SIDEPE: HIV/AIDS and STBBI screening and prevention integrated services. * Disposal of used syringes and needles. * Distribution of injection equipment to people who use drugs. * Alcochoix+ program. * Quit smoking centre. * Chronic disease education centre: individual and group meetings for people with diabetes, high blood pressure or chronic obstructive pulmonary disease (COPD). * Support to people with a loss of autonomy and their caregivers. * Loan of mobility aids to people with a loss of autonomy. * Palliative and end-of-life care.

Coverage area: CISSS de la Montérégie-Ouest area

Hours: Monday and Wednesday 8h00 to 20h00, Tuesday, Thursday and Friday 8h00 to 16h00, Saturday and Sunday 9h00 to 15h30, tests centre: Monday and Wednesday 6h30 to 9h00

Financing: provincial

Legal status: parapublic organization

HEMMINGFORD MEALS-ON-WHEELS

476 Frontière Street, Hemmingford, Montérégie, QC, J0L 1H0

450 247-3330

Services: Home delivery of full meals.

Eligibility: seniors

Coverage area: Hemmingford

Hours: delivery: Thursday 9h00 to 11h00

Fees: meal: \$7, minimum of 3 meals per order

Legal status: non-profit organization

SERVICE D'ACTION BÉNÉVOLE AU COEUR DU JARDIN - NAPIERVILLE SITE

262-A de l'Église Street, Napierville, Montérégie, QC, J0J 1L0

450 245-7868

Website: www.sabjardin.org

Email: sabnap@hotmail.ca

Services: * Friendly visits. * Friendly calls. * Tax clinic and assistance with forms. * Information and referral. * Dinner meeting, meals on wheels, entertainment activities, courses and talks. * Promotion of volunteerism and support to community organizations.

Eligibility: volunteers, organizations, people in need

Coverage area: MRC Les Jardins-de-Napierville

Hours: Monday to Thursday 8h30 to 12h00 and 13h00 to 16h30

Fees: free or variable depending on the service

Financing: Centraide of Greater Montréal, provincial

Legal status: non-profit organization

SOURIRE SANS FIN

2-A Sainte-Famille Street, Saint-Rémi, Montérégie, QC, J0L 2L0

450 454-5747 Fax: 450 454-5640

Website: www.soupiresansfin.org

Email: info@soupiresansfin.org

Services: * Collective kitchens. * Meals on wheels. * Affordable food bags. * Cooking workshops. * Petits cuistots workshops: cooking workshops for children 6 to 12 years old during the summer and spring break. * Thrift store for the whole family. * Daycare. * Parenting and early stimulation workshops. * Support groups for parents. * Self-help group for parents of children living with an Autism Spectrum Disorder (ASD). * Psychosocial services for people in distress. * Support for seniors: accompaniment by phone, listening, visits after reporting. * Outreach work initiative for seniors living in a vulnerable situation (ITMAV). * Information, listening and referral. * Christmas baskets.

Eligibility: people on a low income, families, seniors

Capacity: 600 per year

Coverage area: MRC Les Jardins-de-Napierville

Hours: Monday to Friday 8h30 to 16h30, collective kitchen: Monday, Tuesday and Wednesday, meals on wheels: Tuesday 11h30

Fees: collective kitchen: \$1.25 per portion, meals on wheels: \$6 per meal, food bags: \$2 per week per family

Financing: Centraide of Greater Montréal, provincial

Legal status: non-profit organization

Housing for seniors

CENTRE D'HÉBERGEMENT DE SAINT-RÉMI

110 du Collège Street, Saint-Rémi, Montérégie, QC, J0L 2L0

450 454-4694 Fax: 450 454-3614

Website: santemonteregie.qc.ca/en/installations/centre-dhebergement-de-saint-remi

Services: Public care centre for seniors and people with a loss of autonomy. * Housing and long term cares. * Day Centre offering therapeutic services to maintain the autonomy of seniors living at home.

Eligibility: seniors and people with a loss of autonomy

Coverage area: MRC Roussillon, MRC Les Jardins-de-Napierville

Hours: day centre: Monday to Thursday 8h00 to 16h00

Financing: provincial

Legal status: parapublic organization

Intergenerational activities

SAINT-RÉMI PUBLIC LIBRARY

25 Saint-Sauveur Street, Saint-Rémi, Montérégie, QC, J0L 2L0

450 454-3993 ext. 2419

Website: ville.saint-remi.qc.ca/services-municipaux/bibliotheque

Email: bibliotheque@ville.saint-remi.qc.ca

Services: Loan and consultation of books and audiovisual documents. * Computers and Internet access. * Story time. * Book club for children. * Générations@branchées: introduction to computer technology for seniors by pairing with a teenager-teacher. * Activities and conferences.

Coverage area: Saint-Rémi

Hours: Tuesday and Wednesday 14h00 to 20h00, Thursday and Friday 9h00 to 12h00 and 14h00 to 20h00, Saturday 10h00 to 13h00

Fees: free

Financing: municipal

Legal status: municipal agency

Meals on Wheels

HEMMINGFORD MEALS-ON-WHEELS

476 Frontière Street, Hemmingford, Montérégie, QC, J0L 1H0

450 247-3330

Services: Home delivery of full meals.

Eligibility: seniors

Coverage area: Hemmingford

Hours: delivery: Thursday 9h00 to 11h00

Fees: meal: \$7, minimum of 3 meals per order

Legal status: non-profit organization

SERVICE D'ACTION BÉNÉVOLE AU COEUR DU JARDIN - NAPIERVILLE SITE

262-A de l'Église Street, Napierville, Montérégie, QC, J0J 1L0

450 245-7868

Website: www.sabjardin.org

Email: sabnap@hotmail.ca

Services: * Friendly visits. * Friendly calls. * Tax clinic and assistance with forms. * Information and referral. * Dinner meeting, meals on wheels, entertainment activities, courses and talks. * Promotion of volunteerism and support to community organizations.

Eligibility: volunteers, organizations, people in need

Coverage area: MRC Les Jardins-de-Napierville

Hours: Monday to Thursday 8h30 to 12h00 and 13h00 to 16h30

Fees: free or variable depending on the service

Financing: Centraide of Greater Montréal, provincial

Legal status: non-profit organization

SOURIRE SANS FIN

2-A Sainte-Famille Street, Saint-Rémi, Montérégie, QC, J0L 2L0

450 454-5747 Fax: 450 454-5640

Website: www.souriresansfin.org

Email: info@souriresansfin.org

Services: * Collective kitchens. * Meals on wheels. * Affordable food bags. * Cooking workshops. * Petits cuistots workshops: cooking workshops for children 6 to 12 years old during the summer and spring break. * Thrift store for the whole family. * Daycare. * Parenting and early stimulation workshops. * Support groups for parents. * Self-help group for parents of children living with an Autism Spectrum Disorder (ASD). * Psychosocial services for people in distress. * Support for seniors: accompaniment by phone, listening, visits after reporting. * Outreach work initiative for seniors living in a vulnerable situation (ITMAV). * Information, listening and referral. * Christmas baskets.

Eligibility: people on a low income, families, seniors

Capacity: 600 per year

Coverage area: MRC Les Jardins-de-Napierville

Hours: Monday to Friday 8h30 to 16h30, collective kitchen: Monday, Tuesday and Wednesday, meals on wheels: Tuesday 11h30

Fees: collective kitchen: \$1.25 per portion, meals on wheels: \$6 per meal, food bags: \$2 per week per family

Financing: Centraide of Greater Montréal, provincial

Legal status: non-profit organization

Seniors' Advocacy and Assistance Associations

TABLE DE CONCERTATION DES AÎNÉS DES JARDINS-DE-NAPIERVILLE

Confidential Address

450 454-4671 ext. 6218

Email: melanie.courchesne.ciassmo16@ssss.gouv.qc.ca

Services: Grouping of associations and organizations offering services for seniors. * Concertation and representation. * Support to the development of projects targeting living standards improvement.

Eligibility: community organizations from the institutional or parapublic sector working offering services to seniors

Coverage area: MRC Les Jardins-de-Napierville

Financing: municipal

Legal status: non-profit organization

Volunteer Transportation

SERVICE D'ACTION BÉNÉVOLE AU COEUR DU JARDIN - ACCOMPANIMENT-TRANSPORTATION

1030 Notre-Dame Street, Saint-Rémi, Montérégie, QC, J0L 2L0

450 454-6567 Fax: 450 454-6567

Website: www.sabjardin.org

Email: sab.stremi@bellnet.ca

Services: * Medical transportation and accompaniment by volunteers.

Eligibility: autonomous seniors and people living with an illness

Coverage area: MRC Les Jardins-de-Napierville, appointments: according to the need

Hours: day, evening and weekend according to availabilities

Fees: \$4 minimum, 39 km or less: \$0.50 per km, 40 km or more: \$0.45 per km

Financing: Centraide of Greater Montréal, provincial

Legal status: non-profit organization

SERVICE D'ACTION BÉNÉVOLE AU COEUR DU JARDIN - NAPIERVILLE SITE - ACCOMPANIMENT-TRANSPORTATION

262-A de l'Église Street, Napierville, Montérégie, QC, J0J 1L0

450 245-7868

Website: www.sabjardin.org

Email: sabnap@hotmail.ca

Services: * Medical transportation and accompaniment by volunteers.

Eligibility: people in need

Coverage area: MRC Les Jardins-de-Napierville, appointments: according to the need

Hours: day, evening and weekend according to availabilities

Fees: \$5 minimum, 39 km or less: \$0.50 per km, 40 km or more: \$0.45 per km

Financing: Centraide of Greater Montréal, provincial

Legal status: non-profit organization

SERVICE D'ACTION BÉNÉVOLE AU COEUR DU JARDIN - POINT DE SERVICE HEMMINGFORD - ACCOMPANIMENT-TRANSPORTATION

476 Frontière Street, Hemmingford, Montérégie, QC, J0L 1H0

450 247-2893 Fax: 450 247-2893

Website: www.sabjardin.org

Email: sabhemmingford@hotmail.com

Services: * Medical transportation and accompaniment by volunteers.

Eligibility: people in need

Coverage area: MRC Les Jardins-de-Napierville, appointments: according to the need

Hours: by appointment

Fees: \$4 minimum, 39 km or less: \$0.50 per km, 40 km or more: \$0.45 per km

Financing: Centraide of Greater Montréal, provincial

Legal status: non-profit organization

Sex and gender

WOMEN'S CENTRES

WOMEN'S ASSOCIATIONS

Women's centres

CENTRE DE FEMMES LA MARG'ELLE

87 Perras Street, Saint-Rémi, Montérégie, QC, J0L 2L0

450 454-1199 Fax: 450 454-6910

Website: www.centrefemmeslamargelle.org

Email: info@centrefemmeslamargelle.org

Services: Day centre. * Individual or group interventions. * Workshops. * Coffee-chats. * Court accompaniment. * Helpline.

Eligibility: women 14 years old and over

Capacity: 40

Coverage area: MRC Les Jardins de Napierville

Hours: Monday to Friday 8h30 to 12h00 and 13h00 to 16h30

Fees: very small fees

Financing: provincial

Legal status: non-profit organization

Women's associations

CENTRE DE FEMMES LA MARG'ELLE

87 Perras Street, Saint-Rémi, Montérégie, QC, J0L 2L0

450 454-1199 Fax: 450 454-6910

Website: www.centrefemmeslamargelle.org

Email: info@centrefemmeslamargelle.org

Services: Day centre. * Individual or group interventions. * Workshops. * Coffee-chats. * Court accompaniment. * Helpline.

Eligibility: women 14 years old and over

Capacity: 40

Coverage area: MRC Les Jardins de Napierville

Hours: Monday to Friday 8h30 to 12h00 and 13h00 to 16h30

Fees: very small fees

Financing: provincial

Legal status: non-profit organization

Sports, Recreation and Culture

ARTS AND CULTURE

CLUBS AND SOCIAL EVENTS

COMMUNITY RECREATION CENTRES

HOBBIES

LIBRARIES

MUNICIPAL SPORTS AND RECREATION SERVICES

SPORTS AND RECREATION FOR PEOPLE WITH A DISABILITY

Arts and culture

INFO HEMMINGFORD COMMUNITY BULLETIN

Confidential Address

450 247-2479

Website: infohemmingford.org

Email: infohemmingford@gmail.com

Services: Community bulletin. * Promotion of sustainable development.

Eligibility: citizens, community organizations and businesses

Coverage area: Hemmingford

Fees: subscription: \$5 per year or \$20 for life

Financing: provincial, municipal, contributions, self-financing

Legal status: non-profit organization

SAINT-PATRICE-DE-SHERRINGTON - MUNICIPAL LIBRARY

234 des Loisirs Street, Saint-Patrice-de-Sherrington, Montérégie, QC, J0L 2N0

450 454-0474

Website: www.st-patrice-sherrington.com/Loisirs/Bibliotheque.aspx

Email: patrice@reseaubibliomonteregie.qc.ca

Services: * Loan and consultation of books and audiovisual documents. * Computers, Internet access, photocopier and printers. * Story time. * Exhibitions and workshops.

Coverage area: Saint-Patrice-de-Sherrington

Hours: Tuesday 15h00 to 17h30, Thursday 18h00 to 20h30, Saturday 14h00 to 16h30

Fees: residents: free, non-residents: \$15 per year

Financing: municipal

Legal status: municipal agency

Clubs and social events

CLUB DE L'ÂGE D'OR MOISSON IMPÉRISSABLE

412C Saint-Michel Place, Saint-Michel, Montérégie, QC, J0L 2J0

450 454-3186

Services: Recreational and cultural activities for seniors. * Bimonthly dinner. * Playing cards, bowling, themed parties, dancing nights, petanque, etc. * Christmas dinner.

Eligibility: seniors

Coverage area: Saint-Michel

Hours: dinners: every two months, activities: variable

Fees: membership: \$25, activities: variable

Financing: membership fees

Legal status: non-profit organization

FADOQ - NAPIERVILLE

262B de l'Église Street, Napierville, Montérégie, QC, J0J 1L0

450 245-0468

Email: fadoq.napierville@gmail.com

Services: Social and recreational activities. * Bingo, card games, petanque, etc.

Eligibility: people 50 years and over

Coverage area: Napierville

Hours: Tuesday and Thursday

Fees: membership: \$25

Financing: contributions

Legal status: non-profit organization

FADOQ - RÉGION SHERRINGTON

234 des Loisirs Street, Saint-Patrice-de-Sherrington, Montérégie, QC, J0L 2N0

450 454-4129

Services: Social and recreational activities for seniors. * Card games, bingo, petanque, Military Whist. * Dance classes, line dancing nights. * Theme outings. * Theme dinners.

Eligibility: seniors 50 years and over

Coverage area: Saint-Patrice-de-Sherrington

Hours: Monday, Tuesday and Thursday 13h00 to 16h00, dance classes: Wednesday 14h00 to 16h00 at the community centre

Fees: membership: \$25

Financing: membership fees

Legal status: non-profit organization

FADOQ - SAINT-ÉDOUARD

405 Montée Lussier, Saint-Édouard, Montérégie, QC, J0L 1Y0

450 454-1915

Services: Social and recreational activities for seniors.

Eligibility: seniors 50 years old and over

Coverage area: Saint-Édouard

Hours: variable

Fees: annual membership: \$25

Financing: membership fees, self-financing

Legal status: non-profit organization

FADOQ - SAINT-RÉMI

25 Saint-Sauveur Street, Saint-Rémi, Montérégie, QC, J0L 2L0

450 992-1388

Email: fadoqstremi@gmail.com

Services: Recreational activities. * Dancing evenings. * Organized trips. * Community lunches. * Monthly supper.

Eligibility: seniors

Coverage area: Saint-Rémi

Hours: variable

Fees: membership fee: \$25

Financing: membership fees

Legal status: non-profit organization

Community recreation centres**ADOMISSILE (L') - MAISON DES JEUNES - SAINT RÉMI**

100 de la Gare Street, Saint-Rémi, Montérégie, QC, J0L 2L0

450 454-6657 Fax: 450 454-3618

Website: www.adomissile.com

Email: mdj@adomissile.com

Services: Meeting place for youth. * Discussion, information and support. * Music, sports and creative activities.

Eligibility: youth 12 to 17 years old

Coverage area: Saint-Isidore, Saint-Michel, Saint-Rémi, Sainte-Clotilde

Hours: Monday to Thursday 16h00 to 21h00, Friday 16h00 to 22h30

Fees: annual membership: \$5

Financing: provincial, municipal, self-financing

Legal status: non-profit organization

FADOQ - SAINT-ÉDOUARD

405 Montée Lussier, Saint-Édouard, Montérégie, QC, J0L 1Y0

450 454-1915

Services: Social and recreational activities for seniors.

Eligibility: seniors 50 years old and over

Coverage area: Saint-Édouard

Hours: variable

Fees: annual membership: \$25

Financing: membership fees, self-financing

Legal status: non-profit organization

SERVICE D'ACTION BÉNÉVOLE AU COEUR DU JARDIN

1030 Notre-Dame Street, Saint-Rémi, Montérégie, QC, J0L 2L0

450 454-6567 Fax: 450 454-6567

Website: www.sabjardin.org

Email: dirsab.stremi@bellnet.ca

Services: * Friendly visits. * Information and referral. * Delivery and on-site sale of healthy frozen meals. * Conferences. * Socialization outings. * Tax clinic and assistance with filling out forms. * PAIR program: safety calls. * Various courses: gymnastics, etc. * Monthly open support group for all caregivers in order to prevent exhaustion. * Monthly breakfast for caregivers and seniors. * Monthly conference for caregivers and seniors. * Medical transportation-accompaniment. * Promotion of volunteerism and support to community organizations. * Minibus grocery shopping: pharmacy, grocery store, financial institution and post office.

Eligibility: volunteers, organizations and people in need, minibus grocery shopping: autonomous people

Coverage area: MRC Les Jardins-de-Napierville

Hours: Monday to Friday 8h30 to 12h00 and 13h00 to 16h30, frozen meal delivery: Tuesday morning, minibus grocery shopping: Friday 8h45

Fees: frozen meals: main meal 3\$, soup \$2, dessert \$1, free delivery every 15 days, minibus grocery shopping: \$4, monthly breakfast: \$3

Financing: Centraide of Greater Montréal, provincial

Legal status: non-profit organization

SERVICE D'ACTION BÉNÉVOLE AU COEUR DU JARDIN - HEMMINGFORD SITE

476 Frontière Street, Hemmingford, Montérégie, QC, J0L 1H0

450 247-2893

Website: www.sabjardin.org

Email: sabhemmingford@hotmail.com

Services: * Friendly visits. * Friendly calls. * Assistance with filling out forms. * Information and referral. * Soft gymnastic classes. * Socialization outings. * Monthly community dinner.

Eligibility: seniors, people in need, volunteers, community organizations

Coverage area: Hemmingford

Hours: Monday to Thursday 8h30 to 12h00 and 13h00 to 16h30

Fees: none

Financing: Centraide of Greater Montréal, provincial

Legal status: non-profit organization

SERVICE D'ACTION BÉNÉVOLE AU COEUR DU JARDIN - NAPIERVILLE SITE

262-A de l'Église Street, Napierville, Montérégie, QC, J0J 1L0

450 245-7868

Website: www.sabjardin.org

Email: sabnap@hotmail.ca

Services: * Friendly visits. * Friendly calls. * Tax clinic and assistance with forms. * Information and referral. * Dinner meeting, meals on wheels, entertainment activities, courses and talks. * Promotion of volunteerism and support to community organizations.

Eligibility: volunteers, organizations, people in need

Coverage area: MRC Les Jardins-de-Napierville

Hours: Monday to Thursday 8h30 to 12h00 and 13h00 to 16h30

Fees: free or variable depending on the service

Financing: Centraide of Greater Montréal, provincial

Legal status: non-profit organization

SOURIRE SANS FIN

2-A Sainte-Famille Street, Saint-Rémi, Montérégie, QC, J0L 2L0

450 454-5747 Fax: 450 454-5640

Website: www.souiresansfin.org

Email: info@souiresansfin.org

Services: * Collective kitchens. * Meals on wheels. * Affordable food bags. * Cooking workshops. * Petits cuistots workshops: cooking workshops for children 6 to 12 years old during the summer and spring break. * Thrift store for the whole family. * Daycare. * Parenting and early stimulation workshops. * Support groups for parents. * Self-help group for parents of children living with an Autism Spectrum Disorder (ASD). * Psychosocial services for people in distress. * Support for seniors: accompaniment by phone, listening, visits after reporting. * Outreach work initiative for seniors living in a vulnerable situation (ITMAV). * Information, listening and referral. * Christmas baskets.

Eligibility: people on a low income, families, seniors

Capacity: 600 per year

Coverage area: MRC Les Jardins-de-Napierville

Hours: Monday to Friday 8h30 to 16h30, collective kitchen: Monday, Tuesday and Wednesday, meals on wheels: Tuesday 11h30

Fees: collective kitchen: \$1.25 per portion, meals on wheels: \$6 per meal, food bags: \$2 per week per family

Financing: Centraide of Greater Montréal, provincial

Legal status: non-profit organization

Hobbies

SAINT-MICHEL MUNICIPAL LIBRARY

440 Saint-Michel Place, Saint-Michel, Montérégie, QC, J0L 2J0

450 454-7995

Website: www.reseaubibliomonteregie.qc.ca/fr/bibliotheques-horaire-et-localisation/b25/bibliotheque-de-saint-michel-claire-lazure

Email: michel@reseaubibliomonteregie.qc.ca

Services: Loan and consultation of books and audiovisual documents. * Computers and Internet access. * Computer workshops. * Book club for children. * Occasional activities.

Coverage area: Saint-Michel

Hours: Monday 14h00 to 17h00, Wednesday and Thursday 18h00 to 20h30, Friday 15h00 to 18h00, Saturday 9h30 to 13h30

Fees: subscription: free

Financing: municipal

Legal status: municipal agency

SOURIRE SANS FIN

2-A Sainte-Famille Street, Saint-Rémi, Montérégie, QC, J0L 2L0

450 454-5747 Fax: 450 454-5640

Website: www.souiresansfin.org

Email: info@souiresansfin.org

Services: * Collective kitchens. * Meals on wheels. * Affordable food bags. * Cooking workshops. * Petits cuistots workshops: cooking workshops for children 6 to 12 years old during the summer and spring break. * Thrift store for the whole family. * Daycare. * Parenting and early stimulation workshops. * Support groups for parents. * Self-help group for parents of children living with an Autism Spectrum Disorder (ASD). * Psychosocial services for people in distress. * Support for seniors: accompaniment by phone, listening, visits after reporting. * Outreach work initiative for seniors living in a vulnerable situation (ITMAV). * Information, listening and referral. * Christmas baskets.

Eligibility: people on a low income, families, seniors

Capacity: 600 per year

Coverage area: MRC Les Jardins-de-Napierville

Hours: Monday to Friday 8h30 to 16h30, collective kitchen: Monday, Tuesday and Wednesday, meals on wheels: Tuesday 11h30

Fees: collective kitchen: \$1.25 per portion, meals on wheels: \$6 per meal, food bags: \$2 per week per family

Financing: Centraide of Greater Montréal, provincial

Legal status: non-profit organization

Libraries

HEMMINGFORD COMMUNITY LIBRARY

552 Goyette Avenue, Hemmingford, Montérégie, QC, J0L 1H0

450 247-0010

Website: mabibliotheque.ca/hemmingford

Email: hemmingford@reseaubibliomonteregie.qc.ca

Services: Loan and consultation of books and documents. * French and Spanish conversation workshops. * Book club for children. * Arts and crafts workshops. * Story time. * Film screening. * Wireless Internet.

Coverage area: Hemmingford

Hours: Tuesday 14h00 to 17h00, Wednesday 14h00 to 20h00, Saturday 10h00 to 14h00, summer: Tuesday 15h00 to 17h00, Wednesday 14h00 to 17h00, Thursday 18h30 to 20h30, Saturday 9h00 to 12h00

Financing: municipal

Legal status: municipal agency

NAPIERVILLE PUBLIC LIBRARY

290 Saint-Alexandre Street, Napierville, Montérégie, QC, J0J 1L0

450 245-0030 Fax: 450 245-3777

Website: www.napierville.ca/fr/la-bibliotheque

Email: napierville@reseaubibliomonteregie.qc.ca

Services: Loan and consultation of books, audiovisual and electronic documents. * Computers and Internet access. * Story time. * Book club for children. * Biblio-aidants. * Conferences, workshops.

Coverage area: Napierville, Saint-Cyprien-de-Napierville

Hours: Tuesday and Thursday 14h00 to 20h30, Wednesday and Friday 14h00 to 17h00, Saturday 10h00 to 12h00

Fees: free for residents

Financing: municipal

Legal status: municipal agency

SAINT-ÉDOUARD PUBLIC LIBRARY

405B Montée Lussier, Saint-Édouard, Montérégie, QC, J0L 1Y0

450 454-6333 ext. 26

Website: www.reseaubibliomonteregie.qc.ca/fr/bibliotheques-horaire-et-localisation/b29/bibliotheque-de-saint-edouard

Email: biblio@saintedouard.ca

Services: Loan and consultation of books and audiovisual documents. * Computers and Internet access. * Book club for children. * Story time. * Workshops, conferences.

Coverage area: Saint-Édouard

Hours: Tuesday 13h00 to 16h00, Wednesday and Thursday 18h00 to 20h00

Fees: free

Financing: municipal

Legal status: municipal agency

SAINT-JACQUES-LE-MINEUR PUBLIC LIBRARY

89 Principale Street, Saint-Jacques-le-Mineur, Montérégie, QC, J0J 1Z0

450 347-5446 ext. 400 Fax: 450 347-5754

Website: www.reseaubibliomonteregie.qc.ca/fr/bibliotheques-horaire-et-localisation/b31/bibliotheque-de-saint-jacques-le-mineur

Email: biblio@sjlm.ca

Services: Loan and consultation of books and documents. * Internet access. * Various activities.

Eligibility: residents

Capacity: 30 persons

Coverage area: Saint-Jacques-le-Mineur

Hours: Monday 18h30 to 20h30, Wednesday 13h00 to 16h30 and 18h30 to 20h30, Saturday 10h30 to 12h00

Fees: free

Financing: municipal

Legal status: municipal agency

SAINT-MICHEL MUNICIPAL LIBRARY

440 Saint-Michel Place, Saint-Michel, Montérégie, QC, J0L 2J0

450 454-7995

Website: www.reseaubibliomonteregie.qc.ca/fr/bibliotheques-horaire-et-localisation/b25/bibliotheque-de-saint-michel-claire-lazure

Email: michel@reseaubibliomonteregie.qc.ca

Services: Loan and consultation of books and audiovisual documents. * Computers and Internet access. * Computer workshops. * Book club for children. * Occasional activities.

Coverage area: Saint-Michel

Hours: Monday 14h00 to 17h00, Wednesday and Thursday 18h00 to 20h30, Friday 15h00 to 18h00, Saturday 9h30 to 13h30

Fees: subscription: free

Financing: municipal

Legal status: municipal agency

SAINT-PATRICE-DE-SHERRINGTON - MUNICIPAL LIBRARY

234 des Loisirs Street, Saint-Patrice-de-Sherrington, Montérégie, QC, J0L 2N0

450 454-0474

Website: www.st-patrice-sherrington.com/Loisirs/Bibliotheque.aspx

Email: patrice@reseaubibliomonteregie.qc.ca

Services: * Loan and consultation of books and audiovisual documents. * Computers, Internet access, photocopier and printers. * Story time. * Exhibitions and workshops.

Coverage area: Saint-Patrice-de-Sherrington

Hours: Tuesday 15h00 to 17h30, Thursday 18h00 to 20h30, Saturday 14h00 to 16h30

Fees: residents: free, non-residents: \$15 per year

Financing: municipal

Legal status: municipal agency

SAINT-RÉMI PUBLIC LIBRARY

25 Saint-Sauveur Street, Saint-Rémi, Montérégie, QC, J0L 2L0

450 454-3993 ext. 2419

Website: ville.saint-remi.qc.ca/services-municipaux/bibliotheque

Email: bibliotheque@ville.saint-remi.qc.ca

Services: Loan and consultation of books and audiovisual documents. * Computers and Internet access. * Story time. * Book club for children. * Générations@branchées: introduction to computer technology for seniors by pairing with a teenager-teacher. * Activities and conferences.

Coverage area: Saint-Rémi

Hours: Tuesday and Wednesday 14h00 to 20h00, Thursday and Friday 9h00 to 12h00 and 14h00 to 20h00, Saturday 10h00 to 13h00

Fees: free

Financing: municipal

Legal status: municipal agency

SAINTE-CLOTILDE PUBLIC LIBRARY

2452 de l'Église Road, Sainte-Clotilde, Montérégie, QC, J0L 1W0

450 826-3129 Fax: 450 826-3217

Website: www.reseaubibliomonteregie.qc.ca/fr/bibliotheques-horaire-et-localisation/b101/bibliotheque-de-sainte-clotilde

Email: biblio@ste-clotilde.ca

Services: Loan and consultation of documents. * Computers and Internet access.

Coverage area: Sainte-Clotilde

Hours: Tuesday 18h30 to 20h30, Wednesday 13h00 to 15h00, Saturday 10h00 to 20h00

Fees: free

Financing: municipal

Legal status: municipal agency

Municipal sports and recreation services**NAPIERVILLE - SAINT-CYPRIEN-DE-NAPIERVILLE - SERVICE DES LOISIRS**

325 Saint-Louis Street, Napierville, Montérégie, QC, J0J 1L0

450 245-3983 Fax: 450 245-7782

Website: www.napierville.ca

Email: glaplante@napierville.ca

Services: * Community, sociocultural and sports activities. * Arena, swimming pool, community centre, parks, sports fields, ice rink. * Summer day camp. * Room rental. * Events.

Coverage area: Napierville, Saint-Cyprien-de-Napierville

Fees: variable

Financing: municipal

Legal status: municipal agency

SAINT-JACQUES-LE-MINEUR - LOISIRS ET CULTURE

91 Principale Street, Saint-Jacques-le-Mineur, Montérégie, QC, J0J 1Z0

450 347-5446 Fax: 450 347-5754

Website: www.saint-jacques-le-mineur.ca/loisirs-et-culture.html

Email: info@sjlm.ca

Services: * Sporting and recreational activities. * Playgrounds, parks, baseball field, arena, ice rink.

Coverage area: Saint-Jacques-le-Mineur

Hours: Monday to Friday 9h00 to 12h00 and 13h00 to 16h00

Fees: variable

Financing: municipal

Legal status: non-profit organization

SAINT-MICHEL - LOISIRS, CULTURE ET VIE COMMUNAUTAIRE

1700 Principale Street, Saint-Michel, Montérégie, QC, J0L 2J0

450 454-4502 ext. 105

Website: municipalite-saint-michel.ca

Email: loisirs@mst-michel.ca

Services: * Sporting, recreational and sociocultural activities. * Community centre, parks, sports fields. * Summer day camp. * Hall rental.

Coverage area: Saint-Michel

Fees: variable

Financing: municipal

Legal status: municipal agency

SAINT-PATRICE-DE-SHERRINGTON - LOISIRS ET VIE COMMUNAUTAIRE

Centre des Loisirs, 234 des Loisirs Street, Saint-Patrice-de-Sherrington, Montérégie, QC, J0L 2N0

450 454-0329

Website: www.st-patrice-sherrington.com/Loisirs.aspx

Email: loisirs@sherr.ca

Services: * Community, sociocultural and sports activities. * Community centre, multirecreational centre, leisure centre, parks, ice rink. * Coordination with community organizations. * Summer day camp. * Events.

Coverage area: Saint-Patrice-de-Sherrington

Fees: variable

Financing: municipal

Legal status: municipal agency

SAINT-RÉMI - SERVICE DES LOISIRS

25 Saint-Sauveur Street, Saint-Rémi, Montérégie, QC, J0L 2L0

450 454-3993 ext. 5345 Fax: 450 454-7978

Website: ville.saint-remi.qc.ca/loisirs

Email: loisirs@ville.saint-remi.qc.ca

Services: * Sports and recreation activities. * Sports centre, parks, sports fields. * Summer day camp. * Hall rental. * Parties and events.

Coverage area: Saint-Rémi

Hours: Monday to Thursday 8h00 to 12h00 and 13h00 to 16h30, Friday 8h00 to 13h00

Fees: variable

Financing: municipal

Legal status: municipal agency

Sports and recreation for people with a disability

VENTS D'ESPOIR DE LA VALLÉE DU SAINT-LAURENT

101-G Lachapelle Street East, Saint-Rémi, Montérégie, QC, J0L 2L0

450 992-0512

Website: ventsdespoir.org

Email: info.ventsdespoir@gmail.com

Services: Activity centre for people who live with cranial trauma. * Social integration. * Socialisation. * Physical activities.

Eligibility: people between 18 and 55 years old living with cranial trauma of physical impairment

Capacity: 15 persons per day

Coverage area: Beauharnois, MRC Le Haut-Saint-Laurent, MRC Les Jardins-de-Napierville, MRC Roussillon, MRC Vaudreuil-Soulanges

Hours: day centre: Monday to Thursday 8h30 to 16h00, office: Monday to Wednesday 8h30 to 16h00

Fees: \$7 per day

Financing: self-financing, donations

Legal status: non-profit organization

Thrift store and material aid

CLOTHING

SCHOOL SUPPLIES

THRIFT STORES

USED ITEM DONATION RECOVERY PROGRAMS

Clothing

BOUTIQUE ÉCO

459 Saint-Jacques Street, Napierville, Montérégie, QC, J0J 1L0

450 245-3335

Website: ecofriperie.com

Email: info@ecofriperie.com

Services: * Recovery and sale of used clothing, books and dishes at low prices, donation in case of emergency. * Food vouchers.

Eligibility: people on a low income, general public

Coverage area: MRC Les Jardins-de-Napierville

Hours: Monday to Wednesday 10h00 to 16h30, Thursday and Friday 10h00 to 20h00, Saturday and Sunday 10h00 to 16h00

Financing: self-financing, donations

Legal status: non-profit organization

School supplies

SOCIÉTÉ DE SAINT-VINCENT-DE-PAUL - CONFÉRENCE ISOLÉE DE SAINT-CYPRIEN-DE-NAPIERVILLE

470 Saint-Jacques Street, Napierville, Montérégie, QC, J0J 1L0

450 245-3335

Email: info@ecofriperie.com

Services: * Food bank. * Meal cards for students in need. * Help with medical bills payment. * School supplies distribution. * Christmas baskets.

Eligibility: people on a low income

Coverage area: MRC Les Jardins-de-Napierville

Hours: Monday 10h00 to 16h00, Tuesday and Wednesday 10h00 to 17h00, Thursday 12h00 to 20h00, Friday 10h00 to 20h00, Saturday and Sunday 10h00 to 16h00

Financing: self-financing, donations

Legal status: non-profit organization

Thrift Stores

BOUTIQUE ÉCO

459 Saint-Jacques Street, Napierville, Montérégie, QC, J0J 1L0

450 245-3335

Website: ecofriperie.com

Email: info@ecofriperie.com

Services: * Recovery and sale of used clothing, books and dishes at low prices, donation in case of emergency. * Food vouchers.

Eligibility: people on a low income, general public

Coverage area: MRC Les Jardins-de-Napierville

Hours: Monday to Wednesday 10h00 to 16h30, Thursday and Friday 10h00 to 20h00, Saturday and Sunday 10h00 to 16h00

Financing: self-financing, donations

Legal status: non-profit organization

FRIPERIE ÉCO 100% LOCAL

2-A Sainte-Famille Street, Saint-Rémi, Montérégie, QC, J0L 2L0

450 454-1331 Fax: 450 454-5640

Website: www.souriresansfin.org

Email: info@souriresansfin.org

Services: * Thrift store. * On-site recovery of clothing (men's, women's, children's), toys, children's items and kitchen items. * Bins available for deposits.

Coverage area: Montérégie

Hours: Monday to Saturday

Fees: low prices

Financing: Centraide of Greater Montréal, provincial

Legal status: non-profit organization

Used item donation recovery programs**BOUTIQUE ÉCO**

459 Saint-Jacques Street, Napierville, Montérégie, QC, J0J 1L0

450 245-3335

Website: ecofriperie.com

Email: info@ecofriperie.com

Services: * Recovery and sale of used clothing, books and dishes at low prices, donation in case of emergency. * Food vouchers.

Eligibility: people on a low income, general public

Coverage area: MRC Les Jardins-de-Napierville

Hours: Monday to Wednesday 10h00 to 16h30, Thursday and Friday 10h00 to 20h00, Saturday and Sunday 10h00 to 16h00

Financing: self-financing, donations

Legal status: non-profit organization

FRIPERIE ÉCO 100% LOCAL

2-A Sainte-Famille Street, Saint-Rémi, Montérégie, QC, J0L 2L0

450 454-1331 Fax: 450 454-5640

Website: www.souriresansfin.org

Email: info@souriresansfin.org

Services: * Thrift store. * On-site recovery of clothing (men's, women's, children's), toys, children's items and kitchen items. * Bins available for deposits.

Coverage area: Montérégie

Hours: Monday to Saturday

Fees: low prices

Financing: Centraide of Greater Montréal, provincial

Legal status: non-profit organization

SOCIÉTÉ DE SAINT-VINCENT-DE-PAUL - CONFÉRENCE ISOLÉE DE SAINT-CYPRIEN-DE-NAPIERVILLE

470 Saint-Jacques Street, Napierville, Montérégie, QC, J0J 1L0

450 245-3335

Email: info@ecofriperie.com

Services: * Food bank. * Meal cards for students in need. * Help with medical bills payment. * School supplies distribution. * Christmas baskets.

Eligibility: people on a low income

Coverage area: MRC Les Jardins-de-Napierville

Thrift store and material aid

Hours: Monday 10h00 to 16h00, Tuesday and Wednesday 10h00 to 17h00, Thursday 12h00 to 20h00, Friday 10h00 to 20h00, Saturday and Sunday 10h00 to 16h00

Financing: self-financing, donations

Legal status: non-profit organization

Transportation

ACCOMPANIED TRANSPORT

ACCOMPANIED TRANSPORT FOR MEDICAL REASONS

Accompanied transport

SERVICE D'ACTION BÉNÉVOLE AU COEUR DU JARDIN - ACCOMPANIMENT-TRANSPORTATION

1030 Notre-Dame Street, Saint-Rémi, Montérégie, QC, J0L 2L0

450 454-6567 Fax: 450 454-6567

Website: www.sabjardin.org

Email: sab.stremi@bellnet.ca

Services: * Medical transportation and accompaniment by volunteers.

Eligibility: autonomous seniors and people living with an illness

Coverage area: MRC Les Jardins-de-Napierville, appointments: according to the need

Hours: day, evening and weekend according to availabilities

Fees: \$4 minimum, 39 km or less: \$0.50 per km, 40 km or more: \$0.45 per km

Financing: Centraide of Greater Montréal, provincial

Legal status: non-profit organization

SERVICE D'ACTION BÉNÉVOLE AU COEUR DU JARDIN - NAPIERVILLE SITE - ACCOMPANIMENT-TRANSPORTATION

262-A de l'Église Street, Napierville, Montérégie, QC, J0J 1L0

450 245-7868

Website: www.sabjardin.org

Email: sabnap@hotmail.ca

Services: * Medical transportation and accompaniment by volunteers.

Eligibility: people in need

Coverage area: MRC Les Jardins-de-Napierville, appointments: according to the need

Hours: day, evening and weekend according to availabilities

Fees: \$5 minimum, 39 km or less: \$0.50 per km, 40 km or more: \$0.45 per km

Financing: Centraide of Greater Montréal, provincial

Legal status: non-profit organization

SERVICE D'ACTION BÉNÉVOLE AU COEUR DU JARDIN - POINT DE SERVICE HEMMINGFORD - ACCOMPANIMENT-TRANSPORTATION

476 Frontière Street, Hemmingford, Montérégie, QC, J0L 1H0

450 247-2893 Fax: 450 247-2893

Website: www.sabjardin.org

Email: sabhemmingford@hotmail.com

Services: * Medical transportation and accompaniment by volunteers.

Eligibility: people in need

Coverage area: MRC Les Jardins-de-Napierville, appointments: according to the need

Hours: by appointment

Fees: \$4 minimum, 39 km or less: \$0.50 per km, 40 km or more: \$0.45 per km

Financing: Centraide of Greater Montréal, provincial

Legal status: non-profit organization

Accompanied transport for medical reasons

SERVICE D'ACTION BÉNÉVOLE AU COEUR DU JARDIN - ACCOMPANIMENT-TRANSPORTATION

1030 Notre-Dame Street, Saint-Rémi, Montérégie, QC, J0L 2L0

450 454-6567 Fax: 450 454-6567

Website: www.sabjardin.org

Email: sab.stremi@bellnet.ca

Transportation

Services: * Medical transportation and accompaniment by volunteers.

Eligibility: autonomous seniors and people living with an illness

Coverage area: MRC Les Jardins-de-Napierville, appointments: according to the need

Hours: day, evening and weekend according to availabilities

Fees: \$4 minimum, 39 km or less: \$0.50 per km, 40 km or more: \$0.45 per km

Financing: Centraide of Greater Montréal, provincial

Legal status: non-profit organization

SERVICE D'ACTION BÉNÉVOLE AU COEUR DU JARDIN - NAPIERVILLE SITE - ACCOMPANIMENT-TRANSPORTATION

262-A de l'Église Street, Napierville, Montérégie, QC, J0J 1L0

450 245-7868

Website: www.sabjardin.org

Email: sabnap@hotmail.ca

Services: * Medical transportation and accompaniment by volunteers.

Eligibility: people in need

Coverage area: MRC Les Jardins-de-Napierville, appointments: according to the need

Hours: day, evening and weekend according to availabilities

Fees: \$5 minimum, 39 km or less: \$0.50 per km, 40 km or more: \$0.45 per km

Financing: Centraide of Greater Montréal, provincial

Legal status: non-profit organization

SERVICE D'ACTION BÉNÉVOLE AU COEUR DU JARDIN - POINT DE SERVICE HEMMINGFORD - ACCOMPANIMENT-TRANSPORTATION

476 Frontière Street, Hemmingford, Montérégie, QC, J0L 1H0

450 247-2893 Fax: 450 247-2893

Website: www.sabjardin.org

Email: sabhemmingford@hotmail.com

Services: * Medical transportation and accompaniment by volunteers.

Eligibility: people in need

Coverage area: MRC Les Jardins-de-Napierville, appointments: according to the need

Hours: by appointment

Fees: \$4 minimum, 39 km or less: \$0.50 per km, 40 km or more: \$0.45 per km

Financing: Centraide of Greater Montréal, provincial

Legal status: non-profit organization

Violence and abuse

SUPPORT FOR VICTIMS AND THEIR FAMILIES

THERAPY AND COUNSELLING

Support for victims and their families

CENTRE DE FEMMES LA MARG'ELLE

87 Perras Street, Saint-Rémi, Montérégie, QC, J0L 2L0

450 454-1199 Fax: 450 454-6910

Website: www.centredefemmeslamargelle.org

Email: info@centredefemmeslamargelle.org

Services: Day centre. * Individual or group interventions. * Workshops. * Coffee-chats. * Court accompaniment. * Helpline.

Eligibility: women 14 years old and over

Capacity: 40

Coverage area: MRC Les Jardins de Napierville

Hours: Monday to Friday 8h30 to 12h00 and 13h00 to 16h30

Fees: very small fees

Financing: provincial

Legal status: non-profit organization

Therapy and counselling

CAMPAGNOL (LE)

94 Saint-André Street, Saint-Rémi, Montérégie, QC, J0L 2L0

450 454-5121 Fax: 450 454-2018

Website: www.lecampagnol.com

Email: entraide@campagnol.qc.ca

Services: Mutual aid group for mental health and living environment. * Activities: training and information workshop, creativity workshop, promotion and awareness workshop. * Listening, support and accompaniment for and by members.

Eligibility: adults living with or who have lived with mental health issues or emotional chaos

Coverage area: MRC Les Jardins-de-Napierville

Hours: Monday to Wednesday 9h00 to 17h00, Thursday 9h00 to 20h00

Fees: membership card: \$5

Financing: grants, self-financing, donations

Legal status: non-profit organization

CLSC JARDIN DU QUÉBEC - NAPIERVILLE

509 Saint-Jacques Street, Napierville, Montérégie, QC, J0J 1L0

450 245-3336 Fax: 450 245-0278

Website: santemonteregie.qc.ca/en/installations/clsc-jardin-du-quebec-napierville

Services: Frontline services for routine health and social services. * Collection centre, blood tests and vaccination. * Support to pregnant women and new parents. * Sexual health clinic. * Youth clinic: sexual health and psychosocial intervention. * Mental health care. * SIDEP: HIV/AIDS and STBBI screening and prevention integrated services. * Disposal of used syringes and needles. * Distribution of injection equipment to people who use drugs. * Alcochoix+ program. * Quit smoking centre. * Chronic disease education centre: individual and group meetings for people with diabetes, high blood pressure or chronic obstructive pulmonary disease (COPD). * Support to people with a loss of autonomy and their caregivers. * Loan of mobility aids to people with a loss of autonomy. * Palliative and end-of-life care.

Coverage area: CISSS de la Montérégie-Ouest area

Hours: Monday, Wednesday and Friday 8h00 to 16h00, Tuesday and Thursday 6h30 to 20h00, Saturday and Sunday: closed but covered by the Saint-Rémi CLSC, holidays 9h00 to 15h30, tests centre: Tuesday and Thursday 6h30 to 9h00

Financing: provincial

Legal status: parapublic organization

CLSC JARDIN DU QUÉBEC - SAINT-RÉMI

2 Sainte-Famille Street, Saint-Rémi, Montérégie, QC, J0L 2L0

450 454-4671 Fax: 450 454-4538

Website: santemonteregie.qc.ca/en/installations/clsc-jardin-du-quebec-saint-remi

Services: Frontline services for routine health and social services. * Collection centre, blood tests and vaccination. * Support to pregnant women and new parents. * Sexual health clinic. * Youth clinic: sexual health and psychosocial intervention. * Mental health care. * SIDEPE: HIV/AIDS and STBBI screening and prevention integrated services. * Disposal of used syringes and needles. * Distribution of injection equipment to people who use drugs. * Alcochoix+ program. * Quit smoking centre. * Chronic disease education centre: individual and group meetings for people with diabetes, high blood pressure or chronic obstructive pulmonary disease (COPD). * Support to people with a loss of autonomy and their caregivers. * Loan of mobility aids to people with a loss of autonomy. * Palliative and end-of-life care.

Coverage area: CISSS de la Montérégie-Ouest area

Hours: Monday and Wednesday 8h00 to 20h00, Tuesday, Thursday and Friday 8h00 to 16h00, Saturday and Sunday 9h00 to 15h30, tests centre: Monday and Wednesday 6h30 to 9h00

Financing: provincial

Legal status: parapublic organization

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