



Grand Montréal

**Directory of Community and
Social Services**

MRC THÉRÈSE-DE BLAINVILLE



2-1-1



www.211qc.ca

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Child and Family

CHILD WELFARE

FAMILY SUPPORT

MATERNITY SUPPORT AND ADOPTION

Child welfare

CENTRE JEUNESSE DES LAURENTIDES - SAINTE-THÉRÈSE

300 Sicard Street, Suite 100 and 255, Sainte-Thérèse, Laurentides, QC, J7E 3X5

450 971-1718

Website: www.cjlaurentides.qc.ca

Services: * Psychosocial services and outpatient rehabilitation.* Supervised access. * Services for young offenders under the Youth Criminal Justice Act.

Eligibility: children and teenagers in difficulties, young offenders, parents, guardians, counsellors

Coverage area: MRC Thérèse-de-Blainville

Financing: provincial

Legal status: parapublic organization

Family Support

PHARE DES LUCIOLES (LE)

158 des Cèdres Street, Sainte-Anne-des-Plaines, Laurentides, QC, J0N 1H0

438 502-1044

Email: pharedeslucioles@hotmail.com

Services: Listening through confidential mail.

Eligibility: children 5 to 12 years old

Coverage area: Sainte-Anne-des-Plaines

Hours: by appointment

Fees: free

Financing: self-financing

Legal status: non-profit organization

UNITÉ DOMRÉMY SAINTE-THÉRÈSE INC.

56 Turgeon Street, Sainte-Thérèse, Laurentides, QC, J7E 3H4

450 435-0808 Fax: 450 435-2772

Website: www.unitealcotoxico.org

Email: unitealcotoxico@qc.aira.com

Services: * Telephone assistance.* Evaluation.* External individual support.* Mutual Toxicoprevention program for adolescents.* Parent-teen mediation meetings.* Gambling prevention activities.* Group facilitation program.

Eligibility: people with dependency problems and their relatives

Coverage area: Basses-Laurentides

Hours: Monday to Thursday 8h30 to 21h00, Friday 12h00 to 16h30

Fees: free

Financing: provincial, self-financing, Centraide Laurentides

Legal status: non-profit organization

Maternity support and adoption

MAISON DE NAISSANCE DU BOISÉ

15 70th Avenue West, Blainville, Laurentides, QC, J7C 1R6

450 431-8623

Website: www.santelaurentides.gouv.qc.ca

Services: * Childbirth.* Pregnancy follow-up with midwives.* Postnatal follow-up.* Birth preparation sessions.

Eligibility: pregnant women

Coverage area: Laurentides

Hours: Monday to Friday 8h00 to 12h00 and 13h00 to 16h00

Financing: provincial

Legal status: parapublic organization

Community Action

ADVISORY AND CITIZEN ACTION ORGANIZATIONS

CHARITY ORGANIZATIONS

COMMUNITY CENTRES

COMMUNITY DEVELOPMENT

INFORMATION AND REFERRAL

VOLUNTEERING AND VOLUNTEER CENTRES

Advisory and citizen action organizations

PARTENAIRES POUR LA RÉUSSITE ÉDUCATIVE DANS LES LAURENTIDES

229 Turgeon Street, Sainte-Thérèse, Laurentides, QC, J7E 3H2

450 434-7735 Fax: 450 434-9706

Website: www.prel.qc.ca

Email: info@prel.qc.ca

Services: Partnership in the fight against dropping out of school and support for academic success. * Collective awareness and mobilization.

Eligibility: partners within the school environment

Coverage area: Laurentians

Hours: Monday to Thursday 8h30 to 16h30

Financing: provincial

Legal status: non-profit organization

Charity Organizations

CENTRAIDE LAURENTIDES

880 Michèle-Bohec Boulevard, Suite 107, Blainville, Laurentides, QC, J7C 5E2

450 436-1584 Fax: 450 951-2772

Website: www.centraidelaurentides.org

Email: bureau@centraidelaurentides.org

Services: Support to local community organizations through a fundraising campaign and donations collected. * Management of three clothing and furniture stores in Lachute, Saint-Jérôme and Terrebonne.

Eligibility: community organizations

Coverage area: Laurentides: except MRC Antoine-Labelle

Hours: Monday to Friday 9h00 to 12h00 and 13h30 to 17h00

Financing: fundraising campaigns, self-financing

Legal status: non-profit organization

Community centres

CENTRE D'ENTRAIDE THÉRÈSE-DE-BLAINVILLE

245 Leduc Street, Sainte-Thérèse, Laurentides, QC, J7E 0A4

450 435-0199 Fax: 450 435-0516

Email: cetb@bellnet.ca

Services: * Emergency and regular food assistance.* Friendship meals.* Collective kitchens.* Listening, referral.* Directory, conferences.* Summer day camp.

Eligibility: people on a low income

Coverage area: MRC Thérèse-De Blainville, Sacré-Coeur Parish

Hours: Monday to Friday 8h30 to 12h00 and 13h00 to 16h30, food assistance: Wednesday 13h00 to 15h00, friendship meals: Thursday 11h30

Financing: provincial, Centraide Laurentides

Legal status: non-profit organization

Community development

FONDS COMMUNAUTAIRE D'ACCÈS AU MICRO-CRÉDIT

96 Turgeon Street, Suite 200, Sainte-Thérèse, Laurentides, QC, J7E 3H9

450 818-4830 Fax: 450 818-4832

Website: www.fondsmicrocredit.qc.ca

Services: Financing and accompaniment in entrepreneurial projects for people excluded from traditional credit.

* Support to the realization of the business plan.* Advices.* Accompaniment, follow-up, mentoring.* Extra training and activities.* Loans.

Eligibility: people with entrepreneurial projects, excluded from traditional credit

Coverage area: Lanaudière: MRC Les Moulins, MRC L'Assomption, MRC Montcalm, MRC Joliette, MRC D'Autray, Basses-Laurentides: MRC Thérèse-De Blainville, MRC Deux-Montagnes, MRC Mirabel

Financing: grants, self-financing

Legal status: non-profit organization

Information and referral

LORRAINE PUBLIC LIBRARY

31 De Gaulle Boulevard, Lorraine, Laurentides, QC, J6Z 3W9

450 621-1071 Fax: 450 621-6585

Website: www.ville.lorraine.qc.ca

Email: bibliotheque@ville.lorraine.qc.ca

Services: * Loan and consultation of books and audiovisual documents.* Computers and Internet access.*

Biblio-aidants.* Story time.* Early literacy workshops.* Book club for children.* Book club for adults.* Home loan for people with reduced mobility.* Conferences, exhibitions, contests.

Coverage area: Lorraine

Hours: Monday and Tuesday 10h00 to 21h00, Wednesday and Thursday 13h00 to 21h00, Friday 10h00 to 17h00

Financing: municipal

Legal status: municipal agency

ROSEMÈRE PUBLIC LIBRARY

339 de la Grande-Côte Road, Rosemère, Laurentides, QC, J7A 1K2

450 621-3500 ext. 7221 Fax: 450 621-6131

Website: www.ville.rosemere.qc.ca/bibliotheque

Email: biblio@ville.rosemere.qc.ca

Services: * Loan and consultation of books and audiovisual.* Computers and Internet access.* Biblio-aidants.*

Book club for children.* Story time.* Exhibitions, workshops, author meetings.

Coverage area: Rosemère

Hours: Monday to Thursday 13h00 to 21h00, Friday and Saturday 10h00 to 17h00, Sunday 12h00 to 16h30, summer: Monday to Thursday 10h00 to 21h00, Friday 10h00 to 17h00

Fees: subscription: free

Financing: municipal

Legal status: municipal agency

SAINTE-ANNE-DES-PLAINES PUBLIC LIBRARY

155 des Cèdres Street, Sainte-Anne-des-Plaines, Laurentides, QC, J0N 1H0

450 478-4337 Fax: 450 478-6733

Website: www.villesadp.ca/biblio

Email: bibliotheque@villesadp.ca

Services: Loan and consultation of books and audiovisual documents. * Computers and Internet access.* Biblio-aidants.* Early literacy workshops.* Story time.* Book club for children.* Exhibitions, conferences and workshops.

Eligibility: children and adults

Coverage area: Sainte-Anne-des-Plaines

Hours: Tuesday and Thursday 13h00 to 20h30, Wednesday 10h00 to 20h30, Friday and Saturday 10h00 to 15h00, summer: Monday, Tuesday and Thursday 13h00 to 20h00, Wednesday 10h00 to 20h00, Friday 10h00 to 15h00

Fees: free for residents

Financing: municipal

Legal status: municipal agency

Volunteering and volunteer centres

PETIT PEUPLE (LE)

500 Curé-Labelle Boulevard, Blainville, Laurentides, QC, J7C 2L5

450 971-2250

Website: www.lepetitpeuple.org

Email: info@lepetitpeuple.org

Services: Recruitment, training and volunteer involvement of teenagers and young adults. * Humanitarian missions.* Christmas party.* Community breakfasts.* Distribution of school supplies.

Coverage area: Blainville

Hours: Wednesday 19h00 to 21h00, other days by appointment

Fees: free

Financing: donations, self-financing

Legal status: non-profit organization

RESTO POP THÉRÈSE DE BLAINVILLE

61 Blainville Street West, Sainte-Thérèse, Laurentides, QC, J7E 1X4

450 434-0101 Fax: 450 434-1762

Website: www.restopop.org

Email: info@restopop.org

Services: * Low-price meals.* Frozen meals.* Dîner Pop project: delivery of free meals in schools.* Catering services.* Internships.* Community service.* Wage subsidy: employment integration.* Counselling, intervention, assessment, listening and referral.* Meeting and sharing place.* Volunteerism promotion.* Table d'Hôte project against homelessness.* Temporary accommodation.* Shower and laundry.* Nursing services 2 Mondays per month.* Food stability workshops.* Food processing.* Cultive-Toit project: rooftop organic garden.

Eligibility: any person in need, disadvantaged children referred by their schools, people out of the job market, people who are homeless or at risk of homelessness, seniors, general public

Coverage area: MRC Thérèse-De Blainville

Hours: Monday to Friday 7h30 to 16h00, breakfast: 7h30 to 9h30, lunch: 11h30 to 13h30

Fees: meals: \$4 for low-income people, students and seniors, \$8 for workers

Financing: donations, self-financing, municipal, provincial, federal, fundraising campaigns, Centraide Laurentides

Legal status: non-profit organization

Education

DROPOUT

LANGUAGE COURSES

LITERACY

SCHOOL BOARDS

VOCATIONAL TRAINING, CÉGEPS AND UNIVERSITIES

Dropout

CARREFOUR JEUNESSE-EMPLOI THÉRÈSE-DE-BLAINVILLE

100 Ducharme Boulevard, Suite 230, Sainte-Thérèse, Laurentides, QC, J7E 4R6

450 437-1635

Website: cje-tdb.qc.ca

Email: info@cje-tdb.qc.ca

Services: Socioprofessional integration services. * Individual counselling, psychosocial support. * Job search assistance: resume writing, interview techniques, etc. * School and professional guidance. * Youth entrepreneurship program. * School dropout prevention, preparation for returning to school. * Varied workshops and programs, information sessions. * Volunteering. * Multiservice centre: computers and Internet access.

Eligibility: youth 16 to 35 years old

Coverage area: MRC Thérèse-de-Blainville

Hours: Monday 8h30 to 20h00, Tuesday to Friday 8h30 to 16h30

Fees: free

Financing: provincial

Legal status: non-profit organization

Language courses

CENTRE DE PRÉVENTION DU DÉCROCHAGE SCOLAIRE OMÉGA

421-B Curé-Labelle Boulevard, Suite 3, Blainville, Laurentides, QC, J7C 2H4

450 979-7755

Website: www.centreomega.org

Email: info@centreomega.org

Services: * Academic dropout prevention program: accompaniment, support, active listening, animation and education. * Learning activities tailored to the needs of the young ones. * LAO-Desjardins program: homework assistance. * LAO at-home: at-home homework assistance. * PARL'Oméga program: development of social skills. * French learning program.

Eligibility: young people 6 to 14 year olds who are likely to dropout

Coverage area: Basses-Laurentides: MRC Thérèse-De Blainville, MRC d'Argenteuil and MRC Deux-Montagnes

Hours: Monday to Thursday 9h00 to 16h30

Financing: provincial, donations

Legal status: non-profit organization

Literacy

ATELIER ALTITUDE (L')

280, Montée Gagnon, Bois-des-Filion, Laurentides, QC, J6Z 2X2

450 437-5053

Website: atelieraltitudeinc.wordpress.com

Email: atelieraltitudeinc@gmail.com

Services: Popular education for adults with an intellectual disability. * Craft. * Dance and workout. * Community meals. * Literacy. * Cultural and social outings. * Daycamp.

Eligibility: people with an intellectual disability

Capacity: 38 people

Coverage area: MRC Thérèse-De Blainville

Hours: Monday to Friday 8h30 to 15h00

Fees: membership card: \$10, \$2 per day

Financing: membership, grants

Legal status: non-profit organization

SAINTE-THÉRÈSE PUBLIC LIBRARY

150 du Séminaire Boulevard, Sainte-Thérèse, Laurentides, QC, J7E 1Z2

450 434-1440 ext. 2400 Fax: 450 434-6070

Website: www.sainte-therese.ca/biblio

Email: biblio@sainte-therese.ca

Services: Loan and consultation of books and audiovisual documents. * Computers, Internet access and printing devices. * Home loan for people with reduced mobility. * Computer workshops. * Early literacy workshops. * Story time. * Book club for children. * Exhibitions, conferences and meetings.

Coverage area: Sainte-Thérèse

Hours: Monday to Friday 10h00 to 21h00, Saturday and Sunday 10h00 to 17h00

Fees: free for residents

Financing: municipal

Legal status: municipal agency

School boards

SIR WILFRID LAURIER SCHOOL BOARD

Administrative Centre, 235 Montée Lesage, Rosemère, Laurentides, QC, J7A 4Y6

450 621-5600 Fax: 450 621-7929

Website: swlauriersb.qc.ca

Services: Primary schools, high schools and specialized schools board. * Vocational training. * Adult education. * Vocational training and adult education: help and orientation. * Services to companies.

Coverage area: Laurentians, Lanaudière, Laval

Legal status: parapublic organization

Vocational training, Cégeps and Universities

COLLÈGE LIONEL-GROULX

100 Duquet Street, Sainte-Thérèse, Laurentides, QC, J7E 3G6

450 430-3120 Fax: 450 971-7883

Website: www.clg.qc.ca

Email: info@clg.qc.ca

Services: College public education school. * Pre-University and technical programs (DEC), attestation of collegial studies (AEC). * Continuous training and services to enterprises. * Student residences.

Coverage area: province of Québec

Hours: Monday to Friday 7h00 to 23h00, Saturday and Sunday 8h00 to 21h00 during school year

Legal status: parapublic organization

Employment and Income

BUDGET MANAGEMENT AND CONSUMPTION

BUSINESS DEVELOPMENT

EMPLOYMENT SUPPORT AND TRAINING

EMPLOYMENT SUPPORT FOR IMMIGRANTS

EMPLOYMENT SUPPORT FOR WOMEN

GOVERNMENT SERVICES

TAX CLINICS

VOCATIONAL REHABILITATION AND DISABILITY-RELATED EMPLOYMENT

Budget management and consumption

ASSOCIATION COOPÉRATIVE D'ÉCONOMIE FAMILIALE DES BASSES LAURENTIDES

42-D Turgeon Street, Suite 1, Sainte-Thérèse, Laurentides, QC, J7E 3H4

450 430-2228

Website: www.acefbl.org

Email: acefbl@consommateur.qc.ca

Services: * Budget courses.* Budget counseling.* Telephone assistance on personal finances.* Conferences and workshops.* Consumers' advocacy.

Eligibility: consumers

Coverage area: Basses-Laurentides

Hours: Monday to Thursday 9h00 to 17h00

Fees: free, except for budget courses and for receiving a conference in an organization

Financing: grants, self-financing

Legal status: non-profit organization

Business development

MRC DE THÉRÈSE-DE-BLAINVILLE

33 Blainville Street West, Suite 200, Sainte-Thérèse, Laurentides, QC, J7E 1X1

450 621-5546 Fax: 450 621-2628

Website: www.mrc-tdb.org

Email: reception@mrc-tdb.org

Services: * Administration of land use.* Urban planning regulations* Management of public services: watercourses, waste management and civil security.* Participation in socio-economic development.* Promotion of heritage, culture and tourism.* Carpooling services online.* Foster job creation through businesses development, implementation and consolidation.

Eligibility: residents and businesses

Coverage area: Blainville, Bois-des-Filion, Boisbriand, Lorraine, Rosemère, Sainte-Anne-des-Plaines and Sainte-Thérèse

Hours: Monday to Friday 8h30 to 12h00 and 13h00 to 16h30

Fees: annual membership: \$85 plus tax for corporate members, \$20 plus tax for community members

Financing: municipal, self-financing, provincial

Legal status: municipal agency

Employment support and training

PALETTES FGL

16 Rolland-Brière Street, Blainville, Laurentides, QC, J7C 5N2

450 437-1146 Fax: 450 437-0938

Website: www.palettesfgl.org

Email: info@palettesfgl.org

Services: Training business specialized in the manufacture of wood pallet.* Paid training in a work environment, manual and technical skills development.* Personalized accompaniment, orientation and learning of job searching techniques.* Model on demand or recycled, meeting exportation criteria.

Eligibility: adults with difficulties to find or maintain a job, priority is accorded to last-resort financial assistance beneficiaries (social assistance and social solidarity)

Coverage area: Laurentides

Hours: Monday to Thursday 9h00 to 16h00, Friday 7h30 to 15h00

Financing: grants, self-financing

Legal status: non-profit organization

Employment support for immigrants

SERVICE CANADA CENTRE - SAINTE-THÉRÈSE

100 Ducharme Boulevard, Suite 130, Sainte-Thérèse, Laurentides, QC, J7E 3G7

1 800 622-6232 TTY: 1 800 926-9105

Website: www.canada.ca

Services: Service centre bringing together for programs, services and benefits at the federal level. * Applications for Social Insurance Number.* Information on the labor market.* Job bank.* Record of Employment.* Annuities.* Retirement pension from Canada Pension Plan.* Guaranteed Income Supplement, Old Age Security.* International Benefits.* Career Transition Services for veterans.* Allowance Program.* Special Benefits.* Employment Insurance Regular Benefits.* Career Planning.* Wage Earner Protection Program.* Canada Summer Jobs (CSJ) for youth and students.* Orientation on foreign credentials.* Receiving agents of passports.* Office of complaints.* Employer service centre.* Prevention and reporting of fraud.* Savings plan.

Coverage area: Sainte-Thérèse and surrounding area

Hours: Monday to Friday 8h30 to 16h00

Legal status: federal government agency

Employment support for women

PORTE DE L'EMPLOI THÉRÈSE DE BLAINVILLE (LA)

100 Ducharme Boulevard, Suite 250, Sainte-Thérèse, Laurentides, QC, J7E 4R6

450 435-4565 Fax: 450 435-5586

Website: www.laportedeemploi.com

Email: info@laportedeemploi.com

Services: Accompaniment for people searching for a job or planning to go back to school. * Labor market preparation activities.* Assistance for professional reorientation.* Counselling, guidance.* Internships.* Femmes et métiers gagnants project for women.* Solution Action project: full-time program for people on social assistance.

Eligibility: people out of the labor market searching for a job

Coverage area: MRC Thérèse-de-Blainville, Mirabel, MRC Deux-Montagnes

Hours: Monday to Friday 8h30 to 16h30

Fees: free

Financing: provincial

Legal status: non-profit organization

Government services

CENTRE LOCAL D'EMPLOI DE SAINTE-THÉRÈSE

100 Ducharme Boulevard, Suite 120, Sainte-Thérèse, Laurentides, QC, J7E 4R6

450 435-3667 Fax: 450 430-0128

Website: www.mess.gouv.qc.ca/services-a-la-clientele/centre-local-emploi/

Services: Accompaniment services regarding job market integration process and last-resort financial assistance. * Information and referral.* Job search assistance: redaction of resume and preparation to interview.* Training programs aiming professional skills development for enterprises and specific client group: students, women, youth, young mothers, older workers, disabled people, immigrants or visible minorities.* Multiservices room: access to phone, fax, computers and printing machines.* Last-resort financial and social assistance.* Enterprise services: recruitment assistance.

Eligibility: job seekers, including people who have particular difficulties entering the labour market, individual and families receiving the governmental last-resort assistance or on a low-income, employers

Coverage area: Blainville, Sainte-Thérèse, Lorraine, Saint-Anne-des-Plaines, Bois-des-Filions, Rosemère, Boisbriand

Hours: Monday, Tuesday, Thursday and Friday 8h30 to 12h00 and 13h00 to 16h30, Wednesday 10h00 to 12h00 and 13h00 to 16h30

Financing: provincial

Legal status: parapublic organization

Tax clinics

CENTRE D'ENTRAIDE THÉRÈSE-DE-BLAINVILLE - TAX CLINIC

245 Leduc Street, Sainte-Thérèse, Laurentides, QC, J7E 0A4

450 435-0199 Fax: 450 435-0516

Email: cetb@bellnet.ca

Services: Tax clinic.

Eligibility: people on a low income

Capacity: 20 people per hour

Coverage area: MRC Thérèse-de-Blainville, Sacré-Coeur Parish

Hours: clinic 2018: March 5 to April 30, Monday all day and Friday morning

Fees: voluntary contribution

Financing: provincial, Centraide Laurentides

Legal status: non-profit organization

MAISON DE LA FAMILLE DE SAINTE-ANNE-DES-PLAINES - TAX CLINIC

238 Beaupré Street, Sainte-Anne-des-Plaines, Laurentides, QC, J0N 1H0

450 478-6537

Website: www.maisondelafamillesadp.com

Email: mdf.sadp@videotron.ca

Services: Tax clinic by appointment.

Eligibility: people on a low income

Coverage area: Sainte-Anne-des-Plaines

Hours: by appointment only during March and April 2018

Legal status: non-profit organization

Vocational rehabilitation and disability-related employment

INTÉGRATION - TRAVAIL LAURENTIDES - SAINTE-THÉRÈSE

100 Ducharme Boulevard, Suite 200, Sainte-Thérèse, Laurentides, QC, J7E 4R6

450 979-1640 ext. 554 Fax: 450 951-2519

Website: www.i-tl.org

Email: mfredette@i-tl.org

Services: Vocational reintegration. * Consultation service: employability assessment, self-knowledge, development of a plan of action, preparatory measures for employment, referrals.* Job seeking methods: guidance and support, information on labor market, CV preparation, job interview techniques, accompaniment if necessary, outreach strategies.* Job integration: employers awareness-raising, grants negotiations, employment follow-up.

Eligibility: people living with a disability, people with a criminal record or people who have been struggling with drug problems looking to integrate the labor market, employers

Coverage area: MRC Thérèse-de-Blainville

Hours: Monday to Friday 8h30 to 16h30

Fees: none

Financing: provincial

Legal status: non-profit organization

Food

CHRISTMAS BASKET

COLLECTIVE KITCHENS

COMMUNITY GARDENS AND MARKETS

FOOD ASSISTANCE

FOOD AID FOR PREGNANT WOMEN AND CHILDREN

FOOD ASSISTANCE COORDINATION

LOW COST OR FREE MEALS

Christmas basket

ROSEMÈRE - ROSEMÈRE COMMUNITY SERVICES

325 de la Grande-Côte Road, Rosemère, Laurentides, QC, J7A 1K2

450 621-3500 ext. 7380 Fax: 450 621-0426

Website: www.ville.rosemere.qc.ca/loisirs-et-vie-communautaire

Email: info@ville.rosemere.qc.ca

Services: * Community, sociocultural and sports activities.* Community centre, gym, arena, swimming pool, parks and playgrounds.* Coordination with community organizations.* Summer day camp.* Room rental.* Christmas baskets.

Coverage area: Rosemère

Hours: Monday to Thursday 8h30 to 12h00 and 13h00 to 17h00, Friday 8h00 to 12h00

Fees: variable

Financing: municipal, self-financing

Legal status: municipal agency

Collective kitchens

CENTRE RAYONS DE FEMMES THÉRÈSE-DE-BLAINVILLE

27 Desjardins Boulevard West, Sainte-Thérèse, Laurentides, QC, J7E 1E3

450 437-0890

Website: www.crdf.ca

Email: info@crdf.ca

Services: Day centre for women. * Reception, individual and group assistance, accompaniment and referral.* Evolution and popular education workshop on violence, poverty, discriminations and cultural realities.* Coffee meetings, collective kitchen, weekly knitters meetings.* Collective actions and activities.

Eligibility: women

Coverage area: MRC Sainte-Thérèse-de-Blainville

Hours: Monday to Thursday 9h00 to 12h00 and 13h00 to 16h00

Fees: members: \$10 per year

Financing: provincial, Centraide, contributions, donations

Legal status: non-profit organization

MAISON DE LA FAMILLE DE BOIS-DES-FILION

395 Adolphe-Chapleau Boulevard, Bois-des-Filion, Laurentides, QC, J6Z 1H5

450 965-0666 Fax: 450 621-6400

Email: info@maisondefamillebdf.com

Services: * Reception and referral.* Collective kitchens.* Daycare and respite.* Family activities.* Occasional conferences and workshops.

Eligibility: families, individuals

Coverage area: Bois-des-Filion and surroundings

Hours: office: Monday to Friday 8h30 to 16h00, information: 13h00 to 15h30

Fees: membership: \$7 per year

Financing: Centraide, provincial, fundraising campaigns, donations, contributions

Legal status: non-profit organization

MAISON DES MOTS DES BASSES-LAURENTIDES (LA)

4 du Ravin Road, Sainte-Thérèse, Laurentides, QC, J7E 2T2

450 434-9593 Fax: 450 434-5181 TTY: 450 434-9593

Website: www.maisondesmots.com

Email: info@maisondesmots.com

Services: Group workshops. * Reading and writing for hearing or deaf people. * Budget calculation. * Theater. * Computing. * Community kitchen. * Popular education workshops. * Coffee chat. * Advocacy. * Assistance to fill out forms. * Journal of participants.

Eligibility: people aged 16 and over who have difficulty reading and writing, deaf people

Coverage area: Basses-Laurentides

Hours: Monday and Wednesday 8h30 to 21h30, Tuesday, Thursday and Friday 8h30 to 16h30, closed from June 25th to September 1st

Fees: membership: \$2 per year

Financing: Centraide, grants, provincial, contributions, donations

Legal status: non-profit organization

MAISON PARENFAANT DES BASSES LAURENTIDES

310 Montée Sanche, Rosemère, Laurentides, QC, J7A 3R6

450 434-9934 Fax: 450 434-9981

Website: www.maisonparenfant.ca

Email: info@maisonparenfant.ca

Services: * Respite. * Daycare. * Parents and parent-child workshops. * Coffee meetings. * Family activities. * Thematic kitchens.

Eligibility: parents and children

Capacity: 200 families

Coverage area: MRC Thérèse-De Blainville

Hours: Monday to Friday 9h00 to 16h00

Fees: membership: \$5, membership including weekend respite: \$12

Financing: grants, donations, contributions

Legal status: non-profit organization

Community gardens and markets

SAINTE-ANNE-DES-PLAINES - SERVICE DES LOISIRS

141 Sainte-Anne Boulevard, Sainte-Anne-des-Plaines, Laurentides, QC, J0N 1H0

450 478-0211 ext. 2016 Fax: 450 478-5660

Website: ville.ste-anne-des-plaines.qc.ca/fr/page-loisirs-service-des-loisirs.php

Email: loisirs@villesadp.ca

Services: * Community, sociocultural and sports activities. * Community centre, arena, gyms, ice rinks, parks and playgrounds. * Coordination with community organizations. * Summer day camp. * Room rental. * Community garden. * Events and parties. * Exhibitions and movie projections.

Coverage area: Sainte-Anne-des-Plaines

Hours: Monday to Thursday 8h30 to 12h00 and 13h00 to 16h45, Friday 8h00 to 12h00

Fees: variable

Legal status: municipal agency

SAINTE-THÉRÈSE - CULTURE ET LOISIRS

37 Turgeon Street, Sainte-Thérèse, Laurentides, QC, J7E 3H2

450 434-1440 ext. 2540

Website: www.sainte-therese.ca/services-aux-citoyens/sports-et-loisirs

Email: cultureetloisirs@sainte-therese.ca

Services: * Community, sociocultural and sports activities. * Sports and community centres, athletics stadium, swimming pools, arenas and ice rinks, parks and playgrounds. * Coordination with community organizations. * Summer day camp. * Community gardens. * Room rental. * Conferences and shows.

Coverage area: Sainte-Thérèse

Hours: Monday to Thursday 8h00 to 12h00 and 13h00 to 16h30, Friday 8h00 to 12h00

Fees: variable

Legal status: municipal agency

Food Assistance

CENTRE REGAIN DE VIE (LE)

12 Turgeon Street, Sainte-Thérèse, Laurentides, QC, J7E 3H3

450 437-3136 Fax: 450 971-7046

Website: www.centreregaindevie.ca

Email: info@centreregaindevie.ca

Services: * Reception, individual counselling, accompaniment.* Referral, information.* Daycare.* Food distribution.* Collective kitchens.* Community dinners.

Eligibility: individuals and families on a low income

Coverage area: MRC Thérèse-De Blainville

Hours: office: Monday to Wednesday 8h00 to 16h00, Thursday 9h30 to 16h00, Friday 17h00 to 21h00, food distribution for individuals: Thursday 10h00 to 11h30, food distribution for families: Thursday 13h30 to 14h30, popular evenings: Friday 17h00 to 21h00, daycare: Monday to Thursday 8h00 to 16h00, collective kitchen: Wednesday and Thursday

Fees: membership: \$5 per year, food assistance: \$2 per week, collective kitchen: \$7 for 5 meals, daycare: \$4 per child per day

Financing: Centraide, provincial

Legal status: non-profit organization

DÉPANNAGE ALIMENTAIRE SAINTE-ANNE-DES-PLAINES

154-C Sainte-Anne-des-Plaines Boulevard, Sainte-Anne-des-Plaines, Laurentides, QC, J0N 1H0

450 838-7044

Services: * Food bank.

Coverage area: Sainte-Anne-des-Plaines

Hours: by appointment

Fees: free

Legal status: non-profit organization

ENTRAIDE ROSEMÈRE

325 de la Grande-Côte Road, Rosemère, Laurentides, QC, J7A 1K2

450 621-3500 ext. 7380

Email: scimagir@bell.net

Services: Support to families. * Vouchers redeemable in groceries.* Food bags.

Eligibility: families in need

Coverage area: Rosemère

Legal status: non-profit organization

PAROISSE SAINTE-FAMILLE - NOTRE-DAME-DE-L'ASSOMPTION

1015 du Curé-Labelle Boulevard, Blainville, Laurentides, QC, J7C 2M2

450 437-2018 ext. 226

Email: info@paroissesaintefamille.com

Services: Family assistance services. * Food aid.* Christmas baskets.* Help with school supplies.* Clothing bank.* On-site used items recovery: clothing, baby items, small furniture, small appliances, toys, books, jewelry and accessories.

Eligibility: families in need

Coverage area: Blainville

Hours: Tuesday to Thursday 10h00 to 12h00 and 13h00 to 15h00, Saturday 9h00 to 12h00

Legal status: non-profit organization

PAROISSE SAINTE-FAMILLE - SAINT-RÉDEMPTEUR

421 du Curé-Labelle Boulevard, Blainville, Laurentides, QC, J7C 2H4

450 437-2018 ext. 406

Email: info@paroissessaintefamille.com

Services: Family assistance services. * Food aid.* Christmas baskets.* Help with school supplies.* Clothing bank.* On-site used items recovery: clothing, baby items, small furniture, small appliances, toys, books, jewelry and accessories.

Eligibility: families in need

Coverage area: Blainville

Hours: Monday and Friday 10h00 to 12h00 and 13h00 to 16h00, Thursday 16h00 to 20h00, Saturday 9h00 to 12h00

Legal status: non-profit organization

SERVICE D'AIDE ALIMENTAIRE SAINT-MAURICE

388 Adolphe-Chapleau Boulevard, Bois-des-Filion, Laurentides, QC, J6Z 1H6

450 621-5521 ext. 211

Email: nathalie.laforce1@videotron.ca

Services: * Food bank.* School supply distribution for families already benefiting of food assistance.* Christmas baskets.

Eligibility: people on a low income

Coverage area: Bois-des-Filion, Lorraine, Rosemère

Hours: every second Thursday 13h00

Fees: \$2

Financing: Centraide Laurentides, Moisson Laurentides

Legal status: non-profit organization

SERVICES D'ENTRAIDE «LE RELAIS»

305 de la Grande Côte Road, Boisbriand, Laurentides, QC, J7G 1B3

450 939-0501

Website: www.entraidelerelais.org

Email: entraidelerelais@videotron.ca

Services: * Food distribution and emergency assistance.* Collective kitchens.* Popular education.

Eligibility: individuals and families in financial need

Coverage area: Boisbriand

Hours: Monday to Friday 9h00 to 12h00 and 13h00 to 16h00, distribution: Friday

Fees: food assistance: \$1 per visit

Financing: Centraide, grants, fundraising campaigns

Legal status: non-profit organization

Food aid for pregnant women and children

GROUPE MARRAINE TENDRESSE INC. (LE)

3 Blainville Street East, Sainte-Thérèse, Laurentides, QC, J7E 1L4

450 435-6924

Email: lgmt@bellnet.ca

Services: * Respite and accompaniment for families with a child aged between 0 and 1 years old.* Daycare for families with a child aged between 0 and 18 months.* Material assistance: clothing, basic care and food products for babies.* Loan of baby items.

Eligibility: families with children aged 0 to 18 months

Coverage area: MRC Thérèse-de-Blainville

Hours: Monday 9h00 to 17h00, Tuesday to Thursday 8h30 to 17h00 and Friday 9h00 to 15h00

Fees: home visits: free, daycare: according to income

Financing: Centraide, provincial

Legal status: non-profit organization

Food assistance coordination

MOISSON LAURENTIDES

25 Rolland-Brière Street, Blainville, Laurentides, QC, J7C 5R8

450 434-0790 Fax: 450 434-9235

Website: www.moissonlaurentides.org

Email: direction@moissonlaurentides.org

Services: * Collection and distribution of food surplus to organizations offering food assistance.

Eligibility: food assistance organizations

Coverage area: Laurentides, MRC Les Moulins

Hours: Monday to Thursday 8h00 to 16h00, Friday 8h00 to 12h00

Fees: free

Financing: donations, provincial, Centraide Laurentides

Legal status: non-profit organization

Low cost or free meals

DÎNERS DE L'AMITIÉ (LES) - BLAINVILLE

1000 du Plan Bouchard Road, Blainville, Laurentides, QC, J7C 3S9

450 435-0388

Email: gilles.daviault@gmail.com

Services: * Community meals.

Eligibility: people 65 years and over

Coverage area: Blainville

Hours: two Thursdays a month, from September to May

Fees: membership card: \$10, \$7 per meal for members

Financing: municipal

Legal status: non-profit organization

Government services

MUNICIPAL SERVICES

PUBLIC TRANSPORTATION

Municipal services

BLAINVILLE - ÉCOCENTRE DE LA SEIGNEURIE

68 de la Seigneurie Boulevard East, Blainville, Laurentides, QC, J7C 4N1

450 434-5348 Fax: 450 434-5357

Website: www.blainville.ca/services-aux-citoyens/collectes-et-ecocentre/ecocentre-de-la-seigneurie/

Email: travauxpublics@blainville.ca

Services: Waste recovery and reuse site. * Drop-off location.* No waste collection.* Accepted items: cooling and freezing appliances containing halocarbons, appliances, big padded furniture, recyclable wastes, electronics, constructions wastes, hazardous household wastes (paints, oils, sprays, batteries, light bulbs, etc.) and green wastes (leaves, tree branches, etc.)

Eligibility: city's residents

Coverage area: Blainville

Hours: summer (April 15 to November 14): Monday and Thursday 9h00 to 18h00, Friday 9h00 to 20h00, Saturday and Sunday 9h00 to 18h00, winter (November 15 to April 14): Saturday 9h00 to 16h00

Fees: free

Financing: municipal

Legal status: municipal agency

BLAINVILLE - LOISIRS, CULTURE, BIBLIOTHÈQUE ET VIE COMMUNAUTAIRE

Maison des associations, 1001, Plan-Bouchard Road, Blainville, Laurentides, QC, J7C 4N4

450 434-5275 Fax: 450 434-5296

Website: blainville.ca/citoyens/loisirs

Email: loisirs@ville.blainville.qc.ca

Services: * Management and organization of community, cultural and sports activities.* Arenas, ice rinks, pools, home associations, equestrian park, parks and playground.* Coordination with community organizations in the community.* Summer day camp.

Coverage area: Blainville, Lorraine, Rosemère, Sainte-Thérèse

Hours: Maison des associations reception: Monday to Friday 8h00 to 17h00

Fees: variable

Legal status: municipal agency

BOIS-DES-FILION - ÉCOCENTRE

690 de la Sablière Street, Bois-des-Filion, Laurentides, QC, J6Z 4T7

450 621-1460 ext. 162

Website: www.ville.bois-des-filion.qc.ca/travaux-publics-environnement/ecocentre.html

Services: Waste recovery and reuse site. * Drop-off location.* No waste collection.* Accepted items: cooling and freezing appliances containing halocarbons, appliances, big padded furniture, recyclable wastes, electronics, constructions wastes, hazardous household wastes (paints, oils, sprays, batteries, light bulbs, etc.) and green wastes (leaves, tree branches, etc.)

Coverage area: Bois-des-Filion

Hours: summer (April to October): Monday to Friday 12h00 to 17h00, Saturday 9h00 to 17h00, Sunday 12h00 to 17h00, winter (November to March): Monday to Friday 12h00 to 17h00, Saturday 9h00 to 17h00

Fees: variables, hazardous household wastes: free for residents

Financing: municipal

Legal status: municipal agency

BOIS-DES-FILION - LOISIRS ET CULTURE

479 Adolphe-Chapleau Boulevard, Bois-des-Filion, Laurentides, QC, J6Z 1J9

450 621-1460 ext. 148

Website: ville.bois-des-filion.qc.ca

Email: secloisirs@ville.bois-des-filion.qc.ca

Services: * Management and organization of community, cultural and sports activities.* Sport centre, pool, parks and playground.* Coordination with community organizations in the community.* Summer day camp.
Eligibility: children, youth and adults
Coverage area: Bois-des-Filion
Fees: variables, additional \$15 for non-residents
Legal status: municipal agency

BOISBRIAND - LOISIRS, CULTURE ET BIBLIOTHÈQUE

940 de la Grande Allée Boulevard, ground floor, Boisbriand, Laurentides, QC, J7G 2J7
450 437-2727 Fax: 450 437-9397
Website: www.ville.boisbriand.qc.ca

Services: Management and organization of community, cultural and sports activities. * Arena, ice rinks, pools, Maison du citoyen and Place de la culture, community and cultural centres, parks and playground.* Coordination and support to volunteering within the community of Boisbriand.* Summer day camp.
Coverage area: Boisbriand
Hours: Monday 8h15 to 16h15, Tuesday to Thursday 8h15 to 20h00, Friday 8h00 to 16h00
Fees: variable
Legal status: municipal agency

LORRAINE - SERVICE DES LOISIRS ET DE LA CULTURE

33 De Gaulle Boulevard, Lorraine, Laurentides, QC, J6Z 3W9
450 621-8550 ext. 275 Fax: 450 621-4763
Website: www.ville.lorraine.qc.ca
Email: loisirs@ville.lorraine.qc.ca

Services: * Community, sociocultural and sports activities.* Cultural centre, arena, ice rinks, swimmingpool, parks and playgrounds.* Coordination with community organizations.* Summer day camp.* Parties and events.
Coverage area: Lorraine
Fees: variable
Legal status: municipal agency

RÉGIE INTERMUNICIPALE DE POLICE THÉRÈSE-DE BLAINVILLE

Head Quarter, 150 Ducharme Boulevard, Sainte-Thérèse, Laurentides, QC, J7E 4R6
450 435-2421
Website: www.riptb.qc.ca

Services: Respond to the safety needs of the public. * Protect the lives and property of citizens.* Maintain peace and public safety.* Prevent and combat crime.* Enforce the laws and regulations in effect.
Coverage area: Boisbriand, Lorraine, Rosemère, Sainte-Thérèse
Legal status: municipal agency

ROSEMÈRE - CITY

100 Charbonneau Street, Rosemère, Laurentides, QC, J7A 3W1
450 621-3500 Fax: 450 621-7601
Website: www.ville.rosemere.qc.ca
Email: info@ville.rosemere.qc.ca

Services: Municipal service management. * Municipal tax payment.* Urban-planning department: construction permits.* Public work department: infrastructure maintenance, garbage collection.
Hours: Monday to Thursday 8h30 to 12h00 and 13h00 to 17h00, Friday 8h00 to 12h00
Legal status: municipal agency

SAINTE-ANNE-DES-PLAINES - CITY

139 Sainte-Anne Boulevard, Sainte-Anne-des-Plaines, Laurentides, QC, J0N 1H0

450 478-0211 Fax: 450 478-5660

Website: ville.ste-anne-des-plaines.qc.ca

Email: info@villesadp.ca

Services: Municipal service management. * Municipal tax payment.* Fire department.* Garbage collection.* Public work department.* Urban-planning department: construction permits.

Hours: Monday to Thursday 8h00 to 12h00 and 13h00 to 16h45, Friday 8h00 to 12h00

Legal status: municipal agency

SAINTE-THÉRÈSE - CENTRE DE MULTIRECYCLAGE

105 Blanchard Street, Sainte-Thérèse, Laurentides, QC, J7E 4N4

450 434-1440 ext. 2149

Website: www.ville.boisbriand.qc.ca/services-aux-citoyens/collectes-ou-matieres-residuelles/dechetterie-municipale.html

Services: Waste recovery and reuse site. * Drop-off location.* No waste collection.* Accepted items: cooling and freezing appliances containing halocarbons, appliances, big padded furniture, recyclable wastes, electronics, constructions wastes, hazardous household wastes (paints, oils, sprays, batteries, light bulbs, etc.) and green wastes (leaves, tree branches, etc.)

Coverage area: Sainte-Thérèse, Boisbriand

Hours: summer (April 15 to November 15): Friday 12h00 to 19h00, Saturday and Sunday 9h00 to 18h00, winter (November 16 to April 14): Friday 12h00 to 19h00

Fees: price per drop-off: \$5 per car, \$25 per truck, \$30 per trailer

Financing: municipal

Legal status: non-profit organization

SAINTE-THÉRÈSE - CITY

6 de l'Église Street, Sainte-Thérèse, Laurentides, QC, J7E 3L1

450 434-1440

Website: www.sainte-therese.ca

Email: info@sainte-therese.ca

Services: Municipal service management. * Municipal tax payment.* Fire department.* Garbage collection.* Public work department: infrastructure maintenance.* Urban-planning department: construction permits.

Hours: Monday to Thursday 8h00 to 12h00 and 13h00 to 16h30, Friday 8h00 to 12h00

Legal status: municipal agency

SERVICE DE POLICE DE BLAINVILLE

640 Curé-Labelle Boulevard, Blainville, Laurentides, QC, J7C 2J2

450 434-5300 Fax: 450 434-8294

Website: www.policeblainville.ca

Email: police@blainville.ca

Services: * Maintain peace, order and public security.* Prevention and repression of crimes and infringements.* Awareness activities.* Criminal record check-up.* Coffee with a cop: discussion between a policeman and citizens concerning various subjects and worries.

Coverage area: Blainville

Hours: 24 hours, 7 days, administration: Monday to Friday 8h00 to 17h00

Financing: municipal

Legal status: municipal agency

Public transportation

CONSEIL INTERMUNICIPAL DE TRANSPORT LAURENTIDES

37 Turgeon Street, 3rd floor, Sainte-Thérèse, Laurentides, QC, J7E 3H2

450 433-7873 Fax: 450 430-5092

Website: www.citl.qc.ca

Email: citl@citl.qc.ca

Services: * Regular transit system: bus, taxi bus.* Paratransit: taxi, taxi bus or adapted bus, according to the needs of the user and the resources available.

Eligibility: paratransit: disabled people and people with limitations affecting their mobility

Coverage area: Blainville, Bois-des-Filion, Boisbriand, Deux-Montagnes, Lorraine, Mirabel, Pointe-Calumet, Rosemère, Saint-Eustache, Saint-Jérôme, Saint-Joseph-du-Lac, Sainte-Anne-des-Plaines, Sainte-Marthe-sur-le-Lac and Sainte-Thérèse.

Hours: Service Center: Monday and Thursday 8h30 to 20h00, Tuesday, Wednesday and Friday 8h30 to 18h00, Regular Transport: Monday to Friday 6h00 to 20h00, Saturday, Sunday and national holidays: 9h00 to 12h00 and 13h00 to 17h00, Adapted transport: Monday to Friday 7h00 to 18h00

Fees: variable

Financing: self-financing, provincial

Legal status: parapublic organization

Health

HOSPITALS, CLSC AND COMMUNITY CLINICS

Hospitals, CLSC and community clinics

CENTRE DE PRÉLÈVEMENT DE SAINTE-THÉRÈSE

300 Sicard Street, Sainte-Thérèse, Laurentides, QC, J7E 3X5

450 430-4553

Website: www.santelaurentides.gouv.qc.ca

Services: Blood tests and samples.

Coverage area: MRC Thérèse-de-Blainville

Financing: provincial

Legal status: parapublic organization

CSLC THÉRÈSE-DE-BLAINVILLE

125 Duquet Street, Sainte-Thérèse, Laurentides, QC, J7E 0A5

450 433-2777 Fax: 450 430-0140

Website: www.santelaurentides.gouv.qc.ca

Services: Frontline services for health and social services. * Routine health and social services.* Preventive or medical services.* Rehabilitation and reintegration services.* Public health activities.

Coverage area: Rosemère, Sainte-Anne-des-Plaines, Sainte-Thérèse, Blainville, Boisbriand, Bois-des-Filion, Lorraine

Hours: Monday to Friday 7h30 to 20h00, Saturday, Sunday and holidays 8h30 to 16h30

Financing: provincial

Legal status: non-profit organization

Homelessness

MOBILE UNITS AND STREET WORK

Mobile units and street work

MAISON DES JEUNES DES BASSES-LAURENTIDES

53 Saint-Lambert Street, Sainte-Thérèse, Laurentides, QC, J7E 3J9

450 437-0320 Fax: 450 437-0870

Website: www.mdjbl.org

Email: mdjbasseslaurentides@videotron.ca

Services: Supervised meeting place. * Prevention, promotion, awareness and referral.* Recreational, cultural, sporting and social activities.* Outreach work in parks from June to September.

Eligibility: youth 12 to 17 years old

Coverage area: Sainte-Thérèse and surroundings

Hours: Monday to Friday 17h00 to 22h00, weekend according to activities, office: Monday to Friday 9h00 to 17h00

Financing: provincial, self-financing, fundraising campaigns

Legal status: non-profit organization

MAISON DES JEUNES SADP

225 Sainte-Anne Boulevard, Sainte-Anne-des-Plaines, Laurentides, QC, J0N 1H0

450 478-1011

Website: mdjsadp.wixsite.com/mdjsadp

Email: mdjsadp@videotron.ca

Services: * Recreational and sporting activities.* Street work.

Eligibility: youth 12 to 17 years old

Coverage area: Sainte-Anne-des-Plaines

Hours: Monday to Friday 16h00 to 20h00, Saturday 12h00 to 16h00

Financing: provincial

Legal status: non-profit organization

Immigration and cultural communities

GOVERNMENT SERVICES

Government services

CENTRE LOCAL D'EMPLOI DE SAINTE-THÉRÈSE

100 Ducharme Boulevard, Suite 120, Sainte-Thérèse, Laurentides, QC, J7E 4R6

450 435-3667 Fax: 450 430-0128

Website: www.mess.gouv.qc.ca/services-a-la-clientele/centre-local-emploi/

Services: Accompaniment services regarding job market integration process and last-resort financial assistance. * Information and referral.* Job search assistance: redaction of resume and preparation to interview.* Training programs aiming professional skills development for enterprises and specific client group: students, women, youth, young mothers, older workers, disabled people, immigrants or visible minorities.* Multiservices room: access to phone, fax, computers and printing machines.* Last-resort financial and social assistance.* Enterprise services: recruitment assistance.

Eligibility: job seekers, including people who have particular difficulties entering the labour market, individual and families receiving the governmental last-resort assistance or on a low-income, employers

Coverage area: Blainville, Sainte-Thérèse, Lorraine, Saint-Anne-des-Plaines, Bois-des-Filions, Rosemère, Boisbriand

Hours: Monday, Tuesday, Thursday and Friday 8h30 to 12h00 and 13h00 to 16h30, Wednesday 10h00 to 12h00 and 13h00 to 16h30

Financing: provincial

Legal status: parapublic organization

Indigenous Peoples

GOVERNMENT SERVICES

Government Services

CENTRE LOCAL D'EMPLOI DE SAINTE-THÉRÈSE

100 Ducharme Boulevard, Suite 120, Sainte-Thérèse, Laurentides, QC, J7E 4R6

450 435-3667 Fax: 450 430-0128

Website: www.mess.gouv.qc.ca/services-a-la-clientele/centre-local-emploi/

Services: Accompaniment services regarding job market integration process and last-resort financial assistance. * Information and referral.* Job search assistance: redaction of resume and preparation to interview.* Training programs aiming professional skills development for enterprises and specific client group: students, women, youth, young mothers, older workers, disabled people, immigrants or visible minorities.* Multiservices room: access to phone, fax, computers and printing machines.* Last-resort financial and social assistance.* Enterprise services: recruitment assistance.

Eligibility: job seekers, including people who have particular difficulties entering the labour market, individual and families receiving the governmental last-resort assistance or on a low-income, employers

Coverage area: Blainville, Sainte-Thérèse, Lorraine, Saint-Anne-des-Plaines, Bois-des-Filions, Rosemère, Boisbriand

Hours: Monday, Tuesday, Thursday and Friday 8h30 to 12h00 and 13h00 to 16h30, Wednesday 10h00 to 12h00 and 13h00 to 16h30

Financing: provincial

Legal status: parapublic organization

Intellectual Disability

ADVOCACY FOR PEOPLE WITH AN INTELLECTUAL DISABILITY

AUTISM, PDD, ADHD

RESPITE SERVICES AND HOUSING

SUPPORT AND INTEGRATION ORGANIZATIONS

THERAPY AND REHABILITATION CENTRES

Advocacy for people with an intellectual disability

MOUVEMENT PERSONNE D'ABORD DE SAINTE-THÉRÈSE

12 Saint-Joseph Street, Sainte-Thérèse, Laurentides, QC, J7E 3L6
450 818-1883

Website: www.mpdatherese12.com

Email: mpdatherese@videotron.ca

Services: * Reception, listening and referral, self-help.* Advocacy and promotion of rights and interests.* Popular education and awareness.* Community life, mobilization, representation.* Social activities.

Eligibility: adults with intellectual disabilities

Coverage area: MRC Thérèse-de-Blainville

Hours: Monday, Tuesday and Thursday 8h00 to 15h00, Friday 12h00 to 21h00

Fees: membership: \$5

Financing: provincial

Legal status: non-profit organization

Autism, PDD, ADHD

ASSOCIATION PANDA THÉRÈSE-DE-BLAINVILLE ET DES LAURENTIDES

2 du Ravin Road, Sainte-Thérèse, Laurentides, QC, J7E 2T2
1 877 979-7263 Fax: 450 979-5533 **TTY:** 450 979-7263

Website: www.pandatdb.com

Email: pandastetherese@hotmail.com

Services: * Information, support and referral.* Telephone support.* Individual meetings.* Support to families.* Workshops for parents of children in primary school and for adults.* Papillon program for children 3 to 5 years old and their parents.* Public conferences.* Family activities.* Family winter camps, summer camps.

Eligibility: people with an attention deficit disorder with or without hyperactivity (ADD/H), their families and relatives: field workers, professors, etc.

Coverage area: Laurentides, except for MRC Deux-Montagnes and the South of Mirabel

Hours: Monday to Thursday 8h30 to 16h30, Friday 9h00 to 12h00, possibility of evening meetings

Fees: membership: \$25 per family per year

Financing: provincial, donations

Legal status: non-profit organization

CENTRE DU FLORÈS - THÉRÈSE-DE-BLAINVILLE

140 Grande Côte Road, Rosemère, Laurentides, QC, J7A 1H3
450 433-1958 Fax: 440 433-2616

Website:

www.centreduflores.com/cisssl_centre_du_flores/ou_nous_trouver/adresses_du_centre_du_flores.html

Services: * Specialized adaptation and rehabilitation services promoting social integration of people with an intellectual disability or an autism spectrum disorder.* Support to parents and relatives.* Rehabilitation services for residential and vocational integration for adults with mental health issues.

Eligibility: people with intellectual disabilities or autism spectrum disorders, adults with mental health issues, their families and relatives

Coverage area: Laurentides

Financing: provincial

Legal status: parapublic organization

Respite services and housing

ACCO-LOISIRS

42D Turgeon Street, Suite 4, Sainte-Thérèse, Laurentides, QC, J7E 3H4

450 433-5559 Fax: 450 433-0453

Website: www.accoloisirs.com

Email: accoloisirs@videotron.ca

Services: * Accompaniment.* Adapted recreational and tourism activities.* Respite for teenagers and adults.

Eligibility: people with an intellectual disability, another type of disability or mental health issues

Coverage area: Laurentides

Hours: Monday to Friday 8h30 to 16h00

Fees: variable

Financing: municipal

Legal status: non-profit organization

Support and integration organizations

PARRAINAGE CIVIQUE BASSES-LAURENTIDES

141 Saint-Charles Street, Suite 1, Sainte-Thérèse, Laurentides, QC, J7E 2A9

450 430-8177 Fax: 450 430-8150

Website: parrainagecivique.ca

Email: info@parrainagecivique.ca

Services: Pairing of volunteers with a person living with an intellectual disability. * Group activities, outings, seasonal events.* Social, educational, recreational and artistic workshops.* Special days for sponsored people with reduced mobility.

Eligibility: people of all ages living with an intellectual disability

Coverage area: Basses-Laurentides

Hours: Monday to Friday 8h30 to 16h30

Fees: none

Financing: Centraide, provincial, fundraising campaigns

Legal status: non-profit organization

Therapy and rehabilitation centres

CENTRE DU FLORÈS - ENFANCE DI N-6 ANS

140 Grande Côte Road, Rosemère, Laurentides, QC, J7A 1H3

450 433-1957 Fax: 450 433-2616

Website:

www.centreduflores.com/cisssl_centre_du_flores/ou_nous_trouver/adresses_du_centre_du_flores.html

Services: * Specialized adaptation and rehabilitation services promoting social integration of children of less than 6 years old with an intellectual disability.* Support to parents and relatives.

Eligibility: children with an intellectual disability, their families

Coverage area: Laurentides

Financing: provincial

Legal status: parapublic organization

Justice and Advocacy

CORRECTIONAL SERVICES

INFORMATION AND LEGAL ASSISTANCE

Correctional services

CORRECTIONAL SERVICE CANADA - LAURENTIDES PAROLE OFFICE

955 Michèle-Bohec Boulevard, Door C, Blainville, Laurentides, QC, J7C 5J6

450 430-0794 Fax: 450 430-1709

Website: www.csc-scc.gc.ca

Services: Office under the jurisdiction of The Parole Board of Canada (PBC). * Monitoring offenders serving a part of their sentence under conditional release or restricted parole.

Eligibility: people serving a sentence in a federal detention facility

Coverage area: Laurentides

Legal status: federal government agency

CORRECTIONAL SERVICE CANADA - MEDIUM SECURITY ARCHAMBAULT INSTITUTION

242 Montée Gagnon, Sainte-Anne-des-Plaines, Laurentides, QC, J0N 1H0

450 478-5960 Fax: 450 478-7655

Website: www.csc-scc.gc.ca

Services: Medium security centre responsible of activities related to the detention of offenders. * Offenders assessment and follow-up.* Correctional plans elaboration.* Management of custody, accommodation, supervision and guidance programs.* Transportation, escorts and supervision for court appearances and transfers to other prisons and hospitals.

Eligibility: men offenders sentenced for more than 2 years

Capacity: 284 inmates

Coverage area: province of Québec

Legal status: federal government agency

CORRECTIONAL SERVICE CANADA - MINIMAL SECURITY ARCHAMBAULT INSTITUTION

244 Montée Gagnon, Sainte-Anne-des-Plaines, Laurentides, QC, J0N 1H0

450 478-5933 Fax: 450 478-7077

Website: www.csc-scc.gc.ca

Services: Minimal security centre responsible of activities related to the detention of offenders. * Offenders assessment and follow-up.* Correctional plans elaboration.* Management of custody, accommodation, supervision and guidance programs.* Transportation, escorts and supervision for court appearances and transfers to other prisons and hospitals.

Eligibility: men offenders sentenced for more than 2 years

Capacity: 165 inmates

Coverage area: province of Québec

Legal status: federal government agency

CORRECTIONAL SERVICE CANADA - REGIONAL RECEPTION CENTRE

246 Montée Gagnon, Sainte-Anne-des-Plaines, Laurentides, QC, J0N 1H0

450 478-5977 Fax: 450 478-5899

Website: www.csc-scc.gc.ca

Services: Multi-level security centre responsible of activities related to the detention of offenders. * Offenders assessment and follow-up.* Correctional plans elaboration.* Management of custody, accommodation, supervision and guidance programs.* Reception unit, maximum security unit and special handling unit (SHU).

Eligibility: male offenders sentenced for more than 2 years

Capacity: 283 inmates

Coverage area: province of Québec

Legal status: federal government agency

Information and legal assistance

BLAINVILLE - MUNICIPAL COURT

1000 du Plan-Bouchard Road, Blainville, QC, J7C 3S9

Services: First instance justice Court hearing lawsuits relatively to municipal by-laws, infringements to the Code de la Sécurité routière and some criminal infringements (drunk driving, thefts under \$5000 and misdeeds). * Tickets payment or contestation.* Recovery of unpaid amounts.* Other point of service: 75 Des Châteaux Boulevard, Suite 103.

BOISBRIAND - MUNICIPAL COURT

940, de la Grande-Allée Boulevard, Boisbriand, Laurentides, QC, J7G 2J7

450 435-1954 ext. 271

Services: First instance justice Court hearing lawsuits relatively to municipal by-laws, infringements to the Code de la Sécurité routière and some criminal infringements (drunk driving, thefts under \$5000 and misdeeds). * Tickets payment or contestation.* Recovery of unpaid amounts.

Coverage area: Boisbriand

Hours: Monday to Thursday 8h15 to 12h00 and 13h00 to 16h15, Friday 8h00 to 12h15

Financing: municipal

Legal status: municipal agency

CENTRE COMMUNAUTAIRE JURIDIQUE LAURENTIDES-LANAUDIÈRE

300 Sicard Street, Suite 210, Sainte-Thérèse, Laurentides, QC, J7E 3X5

450 420-4921 Fax: 450 420-3016

Website: www.ccjll.qc.ca

Email: administration@ccjll.qc.ca

Services: Legal aid services, free or at a low cost to eligible individuals, provided by family, matrimonial, youth protection, young offenders, criminal and penal, administrative, social, civil and immigration lawyers or notaries. * Representation before a first instance or appeal court, as plaintiff or defendant.* Assistance in certain cases expressly provided for in the Legal Aid Act.* Legal consultation.* Phone consultation, available 24/7, for detention or custody.* Legal information regarding rights and obligations of legal aid recipients.* Community involvement.

Eligibility: beneficiaries of last resort assistance or eligible individuals depending on their income, assets and liquidity

Coverage area: Lanaudière et Laurentides

Hours: Monday to Friday 8h30 to 12h00 and 13h00 to 16h30, by appointment only, except for emergency

Fees: eligible for free: beneficiaries of last resort assistance, other individuals may be eligible for free legal aid or contributory legal aid

Financing: provincial

Legal status: provincial government agency

LEGAL AID OFFICE - SAINTE-THÉRÈSE

220 Labelle Boulevard, Suite 201, Sainte-Thérèse, Laurentides, QC, J7E 2X7

450 435-6509 Fax: 450 435-3439

Website: www.ccjll.qc.ca

Email: bajther@ccjll.qc.ca

Services: Free or low cost legal services to eligible individuals. * Receive and process legal aid requests.

Eligibility: beneficiaries of last resort assistance or eligible individuals depending on their income, assets and liquidity

Coverage area: Sainte-Thérèse

Hours: Monday to Friday 8h30 to 12h00 and 13h00 to 16h30, by appointment only, except emergency

Fees: eligible for free: beneficiaries of last resort assistance, other individuals may be eligible for free legal aid or contributory legal aid

Financing: provincial

Legal status: provincial government agency

ROSEMÈRE - MUNICIPAL COURT

100 Charbonneau Street, Rosemère, Laurentides, QC, J7A 3W1

450 621-3500 ext. 1247 Fax: 450 621-1022

Website: www.ville.rosemere.qc.ca/cour-municipale

Email: cour@ville.rosemere.qc.ca

Services: First instance justice court hearing lawsuits relative to municipal by-laws, infringements to the Code de la Sécurité routière and some criminal infringements (drunk driving, thefts under \$5000 and misdeeds). * Ticket payment or contestation.* Recovery of unpaid amounts.

Coverage area: Rosemère

Hours: Monday to Thursday 8h30 to 12h00 and 13h00 to 17h00, Friday 8h00 to 12h00

Financing: municipal

Legal status: municipal agency

SAINTE-THÉRÈSE - MUNICIPAL COURT

6 de l'Église Street, Sainte-Thérèse, Laurentides, QC, J7E 3L1

450 434-1440 ext. 2622

Email: cour@sainte-therese.ca

Services: First instance justice court hearing lawsuits relative to municipal by-laws, infringements to the Code de la Sécurité routière and some criminal infringements (drunk driving, thefts under \$5000 and misdeeds). * Ticket payment or contestation.* Recovery of unpaid amounts.

Coverage area: Sainte-Thérèse

Hours: Monday to Thursday 8h00 to 12h00 and 13h00 to 16h30, Friday 8h00 to 12h00

Financing: municipal

Legal status: municipal agency

Material Assistance and Housing

EMERGENCY

HOUSING COOPERATIVES AND CORPORATIONS

HOUSING SEARCH ASSISTANCE

THRIFT STORES

USED ARTICLES DONATION

Emergency

BOIS-DES-FILION - CITY

375 Adolphe-Chapleau Boulevard, Bois-des-Filion, Laurentides, QC, J6Z 1H1

450 621-1460 Fax: 450 621-8483

Website: ville.bois-des-filion.qc.ca

Email: ville@ville.bois-des-filion.qc.ca

Services: Municipal services management. * Collection: heavy items, dead leaves and branches, cardboard surplus and pines, domestic and recyclable wastes.* Online property assessment: [www.portail.accesscite.net/ProfileGovern/\(S\(234axb55ml5xxn45r30spj45\)\)/UEL/WEB_UEL_CITY.aspx?action=styleselection&CityId=73030&language=fr](http://www.portail.accesscite.net/ProfileGovern/(S(234axb55ml5xxn45r30spj45))/UEL/WEB_UEL_CITY.aspx?action=styleselection&CityId=73030&language=fr)* Automatized message system in case of emergencies.* INFO-travaux.* Fire protection and civil security.

Hours: Monday to Thursday 8h00 to 12h00 and 13h00 to 16h30, Friday 8h00 to 12h00

Legal status: municipal agency

BOISBRIAND - CITY

940 de la Grande-Allée Boulevard, Boisbriand, Laurentides, QC, J7G 2J7

450 435-1954 Fax: 450 433-5146

Website: www.ville.boisbriand.qc.ca

Services: Municipal services management. * Collection: heavy items, dead leaves and branches, cardboard surplus and pines, domestic and recyclable wastes, composting.* Rooms rental.* Construction works licenses.* Online property assessment.* SAM system: automatized message system in case of emergencies.* INFO-travaux: geolocalisation of infrastructure works.* Fire protection and civil security.* Tickets' payment.

Hours: Monday 8h15 to 16h15, Tuesday to Thursday 8h15 to 20h00, Friday 8h00 to 16h00

Legal status: municipal agency

LORRAINE - VILLE

33 De Gaulle Boulevard, Lorraine, Laurentides, QC, J6Z 3W9

450 621-8550 Fax: 450 621-4763

Website: www.ville.lorraine.qc.ca

Email: reception@ville.lorraine.qc.ca

Services: Municipal service management. * Municipal tax payment.* Garbage collection.* Emergency notification system.* Urban-planning department: construction permits.* Public work department: infrastructure maintenance.

Hours: Monday to Thursday 8h30 to 12h00 and 13h00 to 17h00, Friday 8h15 to 12h00

Legal status: municipal agency

Housing cooperatives and corporations

OFFICE MUNICIPAL D'HABITATION DE BLAINVILLE

1038 Alain Street, Blainville, Laurentides, QC, J7C 2T8

450 434-1341 Fax: 450 434-5824

Email: omhbl.admin@qc.aira.com

Services: Management and administrstion of housing and housing programs. * Low-rent housing (HLM).* Rent supplement program (PSL).* Québec affordable housing program.* Accès Logis program.* Referral.

Eligibility: individuals and families on a low or moderate income

Coverage area: Communauté Métropolitaine de Montréal

Hours: Monday, Wednesday and Friday 9h00 to 12h00

Legal status: non-profit organization

OFFICE MUNICIPAL D'HABITATION DE BOIS-DES-FILION

437 Édouard-Lafortune Street, Suite 102, Bois-des-Filion, Laurentides, QC, J6Z 4C2

450 621-3722 Fax: 450 621-1487

Email: omhboisdesfilion@bellnet.ca

Services: Management and administration of housing programs. * Low-rent housing (HLM). * Rent supplement program (PSL). * Québec affordable housing program. * Accès Logis program. * Referral.

Eligibility: individuals and families on a low or moderate income

Coverage area: Bois-des-Filion

Legal status: non-profit organization

OFFICE MUNICIPAL D'HABITATION DE SAINTE-ANNE-DES-PLAINES

144 Chaumont Street, Sainte-Anne-des-Plaines, Laurentides, QC, J0N 1H0

450 434-0502 poste 2

Email: omh-labossiere@videotron.ca

Services: Manage and administer housing and housing programs. * Low-rent housing (HLM). * Rent supplement program (PSL). * Québec affordable housing program. * Referral service. * Accès Logis program.

Eligibility: low income or moderate income single individual, seniors and families

Capacity: 28 units

Coverage area: Sainte-Anne-des-Plaines

Hours: Wednesday 9h00 to 12h00 and 13h00 to 15h00

Legal status: non-profit organization

Housing search assistance

SOCIÉTÉ D'HABITATION DE BOIS-DES-FILION

315 montée Gagnon, Bois-des-Filion, Laurentides, QC, J6Z 2X1

514 527-5720 ext. 32

Services: * Management of apartments covered by the Rent supplement program (PSL).

Capacity: 44 apartments

Coverage area: Province of Québec

Financing: grants, self-financing

Legal status: non-profit organization

Thrift stores

COMPTOIR CABRINI

210 de l'Église Street, Rosemère, Laurentides, QC, J7A 2X2

450 621-5521

Website: www.paroisse-st-luc.org

Email: info@paroisse-st-luc.org

Services: Sale of used clothing and items at low prices.

Coverage area: Rosemère

Hours: Wednesday 9h00 to 16h00

Financing: self-financing

Legal status: non-profit organization

COMPTOIR D'AUBAINES NOTRE-DAME-DE-FATIMA

305 de la Grande-Côte Road, Boisbriand, Laurentides, QC, J7G 1B3

450 430-2637

Email: parndpsecretaire@videotron.ca

Services: Sale of used items at low prices: books, dishes, small appliances, clothes, etc. * Donation drop-off box outside the church.

Coverage area: Boisbriand

Hours: Wednesday, Thursday 12h00 to 16h00, Saturday 10h00 to 13h00

Financing: self-financing

Legal status: non-profit organization

COMPTOIR DÉPANNÉ-TOUT STE-THÉRÈSE

110 du Curé-Labelle Boulevard, Suite 7, Sainte-Thérèse, Laurentides, QC, J7E 2X5

450 979-4955 Fax: 450 979-9366

Website: www.comptoirdepanne-tout.com

Email: info@comptoirdepanne-tout.com

Services: * Sale at low prices: clothes, furniture, appliances, mattresses, books, toys and various used household articles.* Donations to organizations and referred families.* Pick-up service: furniture, clothes, office furniture, appliances, mattresses, books and bicycles.

Eligibility: people and families on a low-income

Coverage area: MRC Thérèse-De-Blainville

Hours: office: Monday to Wednesday 10h00 to 18h00, Thursday and Friday 10h00 to 20h00, Saturday and Sunday 10h00 to 17h00

Financing: municipal

Legal status: non-profit organization

COMPTOIR FAMILIAL COEUR-IMMACULÉ-DE-MARIE

7 Desjardins Boulevard West, Sainte-Thérèse, Laurentides, QC, J7E 1C9

450 435-5056

Email: parndpsecretaire@videotron.ca

Services: Sale of used items at low prices: books, dishes, small appliances, clothes, etc. * Donation drop-off box outside the church.

Coverage area: Sainte-Thérèse

Hours: Wednesday to Friday 13h00 to 16h00, Saturday 9h00 to 12h00

Financing: self-financing

Legal status: non-profit organization

MAISON D'HÉBERGEMENT LE PETIT PATRO

48 Desjardins Boulevard East, Sainte-Thérèse, Laurentides, QC, J7E 1C1

450 430-5482 Fax: 450 430-8126

Email: petitpatro@videotron.ca

Services: * Shelter for a maximum of 60 days.* Emergency shelter: 2 nights.

Eligibility: boys and girls 12 to 17 years

Capacity: 9 beds

Coverage area: MRC Thérèse-de-Blainville, including the territory of the Commission scolaire Seigneurie-des-Mille-Iles

Hours: 24 hours, 7 days

Fees: free

Financing: provincial

Legal status: non-profit organization

SOCIÉTÉ D'ENTRAIDE FAMILIALE DE SAINTE-THÉRÈSE

62 Saint-Jean Street, Sainte-Thérèse, Laurentides, QC, J7E 3N4

450 430-5840

Services: Thrift store selling clothing and household items. * Donation to people that are the most in need.*

Reception of donations: clothing, furniture, appliances, mattresses, books and variable items.* Home pick-up of furniture.

Eligibility: people in need

Coverage area: Sainte-Thérèse, Blainville, Rosemère, Lorraine, Sainte-Rose, donations: Sainte-Thérèse seulement

Hours: Thursday to Saturday 12h00 to 16h00

Financing: donations, self-financing

Legal status: non-profit organization

Used articles donation

CENTRE MARIE-ÈVE - SAINTE-THÉRÈSE

7 Desjardins Boulevard West, Sainte-Thérèse, Laurentides, QC, J7E 1C9

450 818-2882

Website: www.centremarieeve.ca

Email: stetherese@centremarieeve.ca

Services: * Support to pregnant women in difficulty through and after the pregnancy.* Workshops, individual accompaniment and emergency material assistance.* Mobile family counter.

Eligibility: pregnant women in difficulty, mothers with children aged 0 to 2 years old

Coverage area: MRC Thérèse-de-Blainville

Fees: none

Financing: grants, donations

Legal status: non-profit organization

Mental Health and addictions

ADDICTION TREATMENT

CRISIS CENTRES AND SUICIDE PREVENTION

SELF-HELP GROUPS FOR MENTAL HEALTH ISSUES

Addiction treatment

CENTRE DE RÉADAPTATION EN DÉPENDANCE DES LAURENTIDES - SAINTE-THÉRÈSE

6 de l'Église Street, Sainte-Thérèse, Laurentides, QC, J7E 3L1

1 888 345-1395 Fax: 450 433-9254

Website: www.depandancelaurentides.com

Services: * Detoxification with medical assistance (light withdrawal only) and psychosocial.* Rehabilitation.* Social and professional reintegration, post-treatment follow-up.* Substitution treatment.* Support for relatives: individual consultations for partners and group meetings for parents.* Evaluation of drivers convicted of impaired driving.

Eligibility: people 12 years and over with an alcohol, drug or gambling addiction, their relatives, pregnant women, deaf or blind people are accepted, as well as people on substitution program or with mental health problems

Coverage area: CLSC Thérèse-de-Blainville

Fees: free

Financing: provincial

Legal status: parapublic organization

Crisis centres and suicide prevention

RÉINSERTION SOCIALE DU SOLEIL LEVANT

Confidential Address

450 430-0284

Website: www.rssoleillevant.org

Email: info@rssoleillevant.org

Services: * Supervised apartments: rehabilitation program for a period of 2 years, psychosocial support and support for everyday life.* Crisis shelter: up to 14 days, daily individual follow-up.* Community Psychotherapy Clinic (CCP): individual, marital or family meetings.

Eligibility: apartments: adults with mental health difficulties, referred by a social worker, crisis shelter: adult who are in psychological distress or in crisis, referred by a social worker, CCP: any person, child, teenager, adult, wishing to undertake psychotherapy

Capacity: 10 crisis beds, 13 supervised apartments and 2000 psychotherapy session per year

Coverage area: Laurentians

Hours: crisis centre: 24 hours, 7 days, CCP: by appointment, Monday to Friday 8h00 to 21h00

Fees: crisis centre: free, CCP: depending on the gross annual family income

Financing: grants, donations

Legal status: non-profit organization

Self-help groups for mental health issues

GROUPE LA LICORNE MRC THÉRÈSE-DE-BLAINVILLE

198 Blainville Street West, Sainte-Thérèse, Laurentides, QC, J7E 1Y5

450 433-9084 Fax: 450 433-7944

Website: groupelalicorne.org

Email: info@groupelalicorne.org

Services: Day centre. * Support group.* Exchange: support, listening and follow-up.* Activities: courses, outings, art workshops.

Eligibility: adults 18 years and over with mental health problems past or present

Coverage area: MRC Thérèse-de-Blainville

Hours: Monday to Friday 9h00 to 15h30

Fees: none

Financing: grants

Legal status: non-profit organization

Physical Disability

DEAF AND HEARING IMPAIRED

MOBILITY AIDS

RESPITE SERVICES AND HOUSING

SUPPORT ASSOCIATIONS

THERAPY AND REHABILITATION CENTRES

Deaf and hearing impaired

SERVICE RÉGIONAL D'INTERPRÉTARIAT DE LANAUDIÈRE - POINT DE SERVICE LAURENTIDES

423 Curé-Labelle Boulevard, Blainville, Laurentides, QC, J7C 2H4

1 866 787-9788 Fax: 450 759-3824 TTY: 450 759-7966

Website: www.sril.ca

Email: interpretariat@sril.ca

Services: * Interpretation: gestual and verbal communication.* Telephone or written communication assistance: making appointments, reading a document, communication with insurers, etc.

Eligibility: people who are deaf or hard of hearing

Coverage area: Laurentides

Hours: interpretation: 7 days, 24 hours, administration: Monday to Friday 8h30 to 16h30, communication assistance: by appointment

Fees: \$50 per hour plus \$0.43 per kilometer (minimum 2 hours)

Financing: provincial, self-financing

Legal status: non-profit organization

Mobility aids

CENTRE DE RÉADAPTATION EN DÉFICIENCE PHYSIQUE LE BOUCLIER - BLAINVILLE

1300 du Curé-Labelle Boulevard, Blainville, Laurentides, QC, J7C 2N8

1 877 545-6001

Website: www.santelaurentides.gouv.qc.ca

Services: Adaptation, rehabilitation and social integration. * Driving assessment and vehicle adaptation.* Residential resources.* Communication assistance and aids.

Eligibility: people of all ages with a visual, language, motor or hearing disability

Coverage area: Laurentides

Financing: provincial

Legal status: parapublic organization

Respite services and housing

ACCO-LOISIRS

42D Turgeon Street, Suite 4, Sainte-Thérèse, Laurentides, QC, J7E 3H4

450 433-5559 Fax: 450 433-0453

Website: www.accoloisirs.com

Email: accoloisirs@videotron.ca

Services: * Accompaniment.* Adapted recreational and tourism activities.* Respite for teenagers and adults.

Eligibility: people with an intellectual disability, another type of disability or mental health issues

Coverage area: Laurentides

Hours: Monday to Friday 8h30 to 16h00

Fees: variable

Financing: municipal

Legal status: non-profit organization

Support Associations

ASSOCIATION DES PERSONNES AVEC PROBLÈMES AUDITIFS DES LAURENTIDES

421-B Curé-Labelle Boulevard, Blainville, Laurentides, QC, J7C 2H4

1 866 434-2135 Fax: 450 434-4120 TTY: 450 434-2135

Website: www.appal.ca

Email: info@appal.ca

Services: * Reception, information and referral.* Support and self-help groups.* Recreational activities and workshops.* Conferences.* Meetings.* Video library with documents in Québec sign language (QSL). * Services in QSL.

Eligibility: deaf, deafened, hard of hearing, deaf blind people and their families

Coverage area: Laurentides

Hours: reception: Monday to Friday 9h00 to 16h30, support and activities: Monday to Thursday 9h00 to 16h00, by appointment

Fees: annual membership: \$10

Financing: contributions, provincial, donations

Legal status: non-profit organization

Therapy and rehabilitation centres

CENTRE DU FLORÈS - ENFANCE DI N-6 ANS

140 Grande Côte Road, Rosemère, Laurentides, QC, J7A 1H3

450 433-1957 Fax: 450 433-2616

Website:

www.centreduflores.com/cisssl_centre_du_flores/ou_nous_trouver/adresses_du_centre_du_flores.html

Services: * Specialized adaptation and rehabilitation services promoting social integration of children of less than 6 years old with an intellectual disability.* Support to parents and relatives.

Eligibility: children with an intellectual disability, their families

Coverage area: Laurentides

Financing: provincial

Legal status: parapublic organization

Psychosocial support

CAREGIVERS

DOMESTIC VIOLENCE

SEXUAL ASSAULT AND INCEST

SUPPORT FOR VICTIMS

Caregivers

SERVICE DE RELATION D'AIDE LAVAL-LAURENTIDES

5 du Marquis Street, Blainville, Laurentides, QC, J7C 4K7

514 990-2619

Website: www.srall.ca

Services: Counseling services. * Consultation for personal, work related or relational difficulties. * Individual, group or couple consultation. * Self-help groups and consultation for caregivers.

Coverage area: Laval, Laurentides

Hours: on appointment

Fees: subscription: \$15, consultation: \$25 for the first 4 weeks, according to the income after

Financing: L'APPUI, grants, self-financing

Legal status: non-profit organization

Domestic violence

MITAN (LE)

92 Blainville Street East, Sainte-Thérèse, Laurentides, QC, J7E 1L8

450 435-3651 Fax: 450 435-3653

Website: www.lemitan.com

Services: * Housing and psychosocial support.* Hotline.* Individual counselling and occasional helping relationship.* Domestic violence prevention and awareness.* External awareness group.

Eligibility: women victims of domestic violence and their children

Capacity: 16 people

Coverage area: Province of Québec

Hours: 24 hours, 7 days

Financing: provincial, self-financing

Legal status: non-profit organization

Sexual assault and incest

TOIT POUR SE RECONSTRUIRE (UN)

Confidential Address

514 688-5644

Website: www.untoitpoursereconstruire.jimdo.com

Email: untoitpoursereconstruire@gmail.com

Services: Resources for victims of sexual violence. * Training, workshops, conferences.* Self-defense classes.* Development of a project including a living environment and short and long-term housing.

Eligibility: victims of sexual violence who have developed traumatic memory, general public, organizations, associations

Coverage area: Basses-Laurentides

Hours: by appointment

Fees: variable

Financing: self-financing, fundraising campaigns, donations

Legal status: non-profit organization

Support for victims

MESURES ALTERNATIVES DES BASSES-LAURENTIDES

209 de la Grande-Côte Road, Boisbriand, Laurentides, QC, J7G 1B6

450 437-9903 Fax: 450 437-8293

Website: www.mabl.ca

Email: mabl@b2b2c.ca

Services: Prevention, awareness and information program in relation with the Youth Criminal justice Act. * Offers alternative sentencing for the traditional justice system and solutions for conflict management.* Citizen mediation service.

Eligibility: teenagers aged 12 to 17 years old who have been prosecuted under the criminal or criminal procedure Code, general population

Coverage area: Basses-Laurentides

Hours: Monday to Friday 8h30 to 16h30

Legal status: non-profit organization

Seniors

CAREGIVERS

COMMUNITY AND RECREATION CENTRES

HOME SUPPORT

HOUSING FOR SENIORS

INTERGENERATIONAL ACTIVITIES

SENIORS' ADVOCACY AND ASSISTANCE ASSOCIATIONS

Caregivers

SERVICE DE RELATION D'AIDE LAVAL-LAURENTIDES

5 du Marquis Street, Blainville, Laurentides, QC, J7C 4K7

514 990-2619

Website: www.srall.ca

Services: Counseling services. * Consultation for personal, work related or relational difficulties. * Individual, group or couple consultation. * Self-help groups and consultation for caregivers.

Coverage area: Laval, Laurentides

Hours: on appointment

Fees: subscription: \$15, consultation: \$25 for the first 4 weeks, according to the income after

Financing: L'APPUI, grants, self-financing

Legal status: non-profit organization

Community and Recreation Centres

ASSOCIATION DE L'ÂGE D'OR DE BOIS-DES-FILION

Confidential Address

450 420-3448

Website: www.agedorbdf.com

Email: g.flanagan@videotron.ca

Services: Recreational and social activities for seniors. * Bingo, cards and bowling.* Dance classes.* Outings: casino, sugar shack, theater, apple picking.* Community meals.

Eligibility: people aged 50 years and over

Coverage area: Bois-des-Filion and surroundings

Hours: Tuesday 9h00 to 16h00, one Wednesday a month 18h00 to 21h30, Thursday 12h00 to 16h00

Financing: self-financing

Legal status: non-profit organization

ASSOCIATION HORIZON ROSEMÈRE (L')

202 de la Grande-Côte Road, Rosemère, Laurentides, QC, J7A 1H4

450 434-5770

Email: info@associationhorizonrosemere.com

Services: Leisure for seniors. * Community dinners.* Dancing, zumba, yoga, Tai-Chi.* Knitting club.* Scrabble, card games: Bridge, Crib.* Bingo, pool table.

Eligibility: people 50 years and over

Capacity: 200

Coverage area: Rosemère

Legal status: non-profit organization

CENTRE 50+ BLAINVILLE

1015-A Curé-Labelle Boulevard, Blainville, Laurentides, QC, J7C 2M2

450 435-1708 Fax: 450 435-3003

Website: centre50plusblainville.qc.ca

Email: info@centre50plusblainville.qc.ca

Services: Seniors centre. * Language classes: English and Spanish.* Fitness: stretching, crossfit, Swiss ball, tap dance.* Computer classes.* Arts: painting, stained glass, dancing and theatre.* 3rd Age University.

Eligibility: seniors 50 years and over

Coverage area: Basses-Laurentides

Hours: Monday to Friday 9h00 to 12h00 and 13h15 to 16h00

Fees: variable

Financing: self-financing, contributions

Legal status: non-profit organization

CENTRE D'AIDE ET DE RÉFÉRENCE DE SAINTE-ANNE-DES-PLAINES

181 3rd Avenue, Sainte-Anne-des-Plaines, Laurentides, QC, J0N 1H0

450 838-8288 Fax: 450 838-7025

Email: lecar3@hotmail.com

Services: Day centre for seniors. * Information and referral.* Social activities.* Occasional respite.* Medical and legal transportation and accompaniment. * Food bank for low-income people.* Community meals.* Collective kitchen.* Lunch box delivered at school for children.* Training on the caregiver role and on preventing burnout.* Self-help group facilitated by a social worker or a guest speaker.

Eligibility: seniors, people with a loss of autonomy, caregivers

Coverage area: Sainte-Anne-des-Plaines, services for caregivers: MRC de Thérèse-De Blainville

Hours: Monday to Thursday 8h30 to 16h30, community meals: every Thursday

Fees: annual membership: \$10, meetings and trainings: free of charge for members

Financing: Centraide Laurentides, L'Appui, provincial

Legal status: non-profit organization

CERCLE D'AMITIÉ DE STE-THÉRÈSE (LE)

Maison du Citoyen, 37 Turgeon Street, Sainte-Thérèse, Laurentides, QC, J7E 3H2

450 435-6925

Services: * Social meetings.* Recreational activities: card games and bingo.

Eligibility: seniors 50 years and over

Coverage area: Sainte-Thérèse

Hours: Monday 11h30 to 16h00

Fees: membership card: \$12 per year, activities: \$1 for members and \$2 for non-members, snacks included

Financing: self-financing

Legal status: non-profit organization

CLUB DE L'ÂGE D'OR LE BLAINVILLOIS

1000 du Plan-Bouchard Road, Blainville, Laurentides, QC, J7C 3S9

450 435-1543

Email: nicole.perreault@hotmail.fr

Services: * Recreational and social activities: dance, zumba, board games and cards.* Bingo.* Cultural outings and trips.

Eligibility: people 45 years and over

Coverage area: Blainville

Hours: Monday 9h15 to 16h00, dance: Wednesday evening, bingo: 3rd Friday of the month 13h00, zumba: Friday 10h00

Fees: residents: \$10, non-residents: \$55

Financing: self-financing

Legal status: non-profit organization

CLUB DE L'ÂGE D'OR LORR'AÎNÉS

4 de Montbéliard Boulevard, Lorraine, Laurentides, QC, J6Z 4L1

450 965-2247

Website: www.clublorraines.com

Email: clublorraine@outlook.com

Services: Social and recreational activities for elders. * Card games, scrabble, military whist, pool, bowling and bocce.* Sports activities: physical conditioning and stretching.* Thematic meals.* Artistic workshops.* Book club.* Conferences.* Outings, shows and trips.

Eligibility: people 50 years and over

Coverage area: Lorraine
Hours: Monday to Thursday 8h00 to 17h00
Financing: self-financing
Legal status: non-profit organization

JOYEUX AÎNÉS THÉRÉSIENS (LES)

37 Turgeon Street, Sainte-Thérèse, Laurentides, QC, J7E 3H4
514 794-7082

Website: www.fadoqsth.com

Services: Social and recreational activities. * Computer workshops.* Fitness, petanque and Tai Chi.* Bingo, military whist, shuffleboard, etc.* Thematic meals.* Outings and trips.

Eligibility: people 50 years and over

Coverage area: Sainte-Thérèse

Fees: membership: \$25 per year

Financing: self-financing

Legal status: non-profit organization

POPOTE À ROLAND (LA)

421 du Curé-Labelle Boulevard, Blainville, Laurentides, QC, J7C 2H4
450 435-9707

Email: lapopote Roland@live.ca

Services: Meals and activities adapted to break the isolation of the elderly.

Capacity: 40 people

Coverage area: Blainville

Hours: mid-september to mid-may, Wednesday 10h00 to 15h00

Fees: 6\$ per day, including meals

Financing: municipal, provincial, donations, self-financing

Legal status: non-profit organization

SÉNIORS DE BLAINVILLE (LES)

1000 du Plan-Bouchard Road, Blainville, Laurentides, QC, J7C 3S9
450 625-4892

Email: seniorsdeblainvillefadoq@live.ca

Services: Recreational, social and sports activities for seniors. * Bingo and card games.* Line dancing, Tai Chi, Qi gong, etc.* Thematic meals.* Shows.

Eligibility: seniors 50 years and over

Coverage area: Blainville

Fees: membership card: \$25 per year

Financing: self-financing

Legal status: non-profit organization

Home support

BLAINVILLE - CITY

1000 Plan-Bouchard Road, Blainville, Laurentides, QC, J7C 3S9
450 434-5200 Fax: 450 434-8295

Website: blainville.ca

Email: accueil@blainville.ca

Services: Municipal services management. * Collection: heavy items, dead leaves and branches, cardboard surplus and pines, domestic and recyclable wastes.* Construction works, pets, pools, etc. licenses.* Online property assessment: www.e-services.acceo.com/immosoft/controller/ImmoNetPub/U4051/trouverParAdresse?fourn_seq=49* INFO-travaux: geolocalisation of infrastructure works.* Fire protection and civil security.* PAIR Program.* Payment of tickets.
Hours: Monday to Friday 8h00 to 17h00
Legal status: municipal agency

CIBLE-EMPLOI

100 Ducharme Boulevard, Suite 230, Sainte-Thérèse, Laurentides, QC, J7E 4R6
450 435-5462 Fax: 450 435-2406
Website: www.cible-emploi.qc.ca
Email: info@cible-emploi.qc.ca

Services: * Job seeking club.* CV and cover letters writing.* Career guidance.* Programs for people aged 50 to 64 years old.* Preparation for Secondary School Equivalency Tests (TENS).* Initiation computer workshops for job searching.* Program for people in physical rehabilitation.* Reclassification assistance committee.* Pre-selection of workers for the Service Employment Paycheque program.

Coverage area: MRC Thérèse-De-Blainville, MRC Deux-Montagnes and MRC Mirabel

Hours: Monday to Friday 8h30 to 16h30

Financing: provincial

Legal status: non-profit organization

COOPÉRATIVE DE SOLIDARITÉ BON MÉNAGE DES BASSES-LAURENTIDES

755 Curé-Boivin Boulevard, Suite 101, Boisbriand, Laurentides, QC, J7G 2J2
450 979-2372 Fax: 450 979-2373
Email: info@coopdesbasseslaurentides.org

Services: * Home support: household chores, seasonal cleaning, light and heavy work.* Shopping assistance.* Meal preparation.* Respite for caregivers.

Eligibility: seniors with a loss of autonomy, caregivers, people 65 years and under referred by a CIUSSS, people with disabilities or having had surgery, new mothers

Coverage area: MRC Thérèse-de-Blainville, MRC Deux-Montagnes, South of Mirabel

Hours: office: Monday to Friday 8h30 to 16h00, services: Monday to Friday 8h00 to 18h00

Fees: household chores: hour rate adapted to the income, credited by the RAMQ for the financial exoneration program, respite: \$14 for 4 hours, \$24.50 for 7 hours

Financing: self-financing, grants, provincial

Legal status: non-profit organization

Housing for seniors

CENTRE D'HÉBERGEMENT DRAPEAU-DESCHAMBAULT

100 du Chanoine-Lionel-Groulx Street, Sainte-Thérèse, Laurentides, QC, J7E 5E1
450 437-4267 Fax: 450 437-0788
Website: www.santelaurentides.gouv.qc.ca

Services: Public care centre for seniors and people with a loss of autonomy. * Housing and long term cares.

Eligibility: senior or people with a loss of autonomy

Coverage area: MRC Thérèse-De Blainville

Financing: provincial

Legal status: parapublic organization

CENTRE D'HÉBERGEMENT HUBERT-MAISONNEUVE

365 de la Grande-Côte Road, Rosemère, Laurentides, QC, J7A 1K4

450 430-4267

Website: www.santelaurentides.gouv.qc.ca

Services: Public care centre for seniors and people with a loss of autonomy. * Housing and long term cares.

Eligibility: seniors or people with a loss of autonomy

Coverage area: MRC Thérèse-De Blainville

Financing: provincial

Legal status: non-profit organization

FONDATION ROSEMÈRE

325 de la Grande-Côte Road, Rosemère, Laurentides, QC, J7A 1K2

450 621-9841

Email: cguerin@ville.rosemere.qc.ca

Services: * Financial assistance up to \$1000 per person: drugs, mobility aids, housing adaptation, etc.

Eligibility: children and teenagers with disabilities and seniors for housing adaptation

Coverage area: Rosemère

Fees: none

Financing: self-financing

Legal status: non-profit organization

MANOIR BLAINVILLE

14 70th Avenue West, Blainville, Laurentides, QC, J7C 0K7

450 951-6194 Fax: 450 951-6195

Email: manoir.blainville@videotron.ca

Services: Seniors' housing.

Eligibility: seniors 75 years and over, autonomous or with a slight loss of autonomy

Capacity: 70 units

Coverage area: Blainville

Hours: Monday to Friday 9h00 to 15h00

Financing: self-financing

Legal status: non-profit organization

OFFICE MUNICIPAL D'HABITATION DE BOISBRIAND

280 de la Grande-Côte Road, Boisbriand, Laurentides, QC, J7G 2P6

450 437-4146 Fax: 450 437-5418

Email: omhboisbriand@videotron.ca

Services: Management and administration of housing and housing programs. * Low-rent housing (HLM). * Rent supplement program (PSL). * Québec affordable housing program. * Accès Logis program. * Referral.

Eligibility: seniors on a low or moderate income

Capacity: 48 units

Coverage area: Boisbriand

Legal status: non-profit organization

OFFICE MUNICIPAL D'HABITATION DE ROSEMÈRE

66 Bouthillier Boulevard, Rosemère, Laurentides, QC, J7A 3V1

450 434-0502 Fax: 450 437-4133

Email: terrasserosemere@bellnet.ca

Services: Manage and administer housing and housing programs: Low-rent housing (HLM), Rent supplement program (PSL), Québec affordable housing program, Referral service, Accès Logis program.

Eligibility: seniors on a low and moderate income

Capacity: 80 housing whose 2 are adapted

Coverage area: Rosemère

Legal status: non-profit organization

OFFICE MUNICIPAL D'HABITATION DE SAINTE-THÉRÈSE

6 de l'Église Street, Suite 330, Sainte-Thérèse, Laurentides, QC, J7E 3L1

450 434-0502 ext. 110 Fax: 450 434-4570

Email: info@omhsaintetherese.ca

Services: Management and administration of housing and housing programs. * Low-rent housing (HLM). * Rent supplement program (PSL). * Accès Logis program. * Referral.

Eligibility: individuals, seniors and families on a low or moderate income

Capacity: 221 units

Coverage area: MRC Thérèse-de-Blainville

Hours: Monday to Thursday 9h00 to 12h00 and 13h30 to 16h00, Friday 9h00 to 12h00

Financing: provincial, municipal

Legal status: municipal agency

Intergenerational activities

MAISON DE LA FAMILLE DE SAINTE-ANNE-DES-PLAINES

238 Beaupré Street, Sainte-Anne-des-Plaines, Laurentides, QC, J0N 1H0

450 478-6537

Website: www.maisondelafamillesadp.com

Email: mdf.sadp@videotron.ca

Services: Child and family services. * Reception, listening and referral. * Daycare. * Clothing depot. * Workshops for child, parents and parent-child. * YAPP: development of parental abilities. * Friendship coffee, collective kitchens, shared meals, etc. * Activities, outings, conferences. * Intergenerational activities. * Yoga. * Line dancing. * Knitting.

Eligibility: single people, families, couples

Coverage area: Sainte-Anne-des-Plaines

Hours: Monday to Thursday 8h30 to 16h00

Fees: various, daycare: free during activities, respite: \$5 for half a day or \$10 entire day

Financing: self-financing, grants

Legal status: non-profit organization

Seniors' Advocacy and Assistance Associations

CENTRE D'ACTION BÉNÉVOLE SOLANGE-BEAUCHAMP

388 de la Grande-Côte Road, Suite 200, Rosemère, Laurentides, QC, J7A 1K7

450 430-5056 Fax: 450 430-0203

Website: www.cab-solange-beauchamp.com

Email: info@cabsb.org

Services: * Friendly visits and calls. * Medical transportation-accompaniment. * Community transportation. * Assistance with forms. * Meals-on-wheels. * RAPPID-OR: information and safety home visits with distribution of safety kits. * Caregivers: counselling, support groups, training and workshops. * Community worker for vulnerable or at-risk persons.

Eligibility: seniors 65 years and over, people with a loss of autonomy or recovering

Coverage area: MRC Thérèse-de-Blainville, RAPPID-OR program: Laval and Laurentides

Hours: Monday to Friday 8h30 to 16h00

Fees: variable

Financing: grants, donations

Legal status: non-profit organization

Sex and gender

WOMEN'S ASSOCIATIONS

Women's associations

ASSOCIATION FÉMININE DE LORRAINE (L')

Centre culturel Laurent G. Belley, 4 de Montbéliard Boulevard, Lorraine, Laurentides, QC, J6Z 4L1
450 621-5948

Website: www.associationfemininedelorraine.com

Services: Social activities for women. * Outings, shows.* Conferences.* Cooking workshops.* Thematic meals.* Arts Day: artistic activities and various shows.* Women's Day: conference by a woman with a particular professional or personal background.

Eligibility: women

Coverage area: MRC Thérèse-de-Blainville, Ville de Lorraine in priority

Hours: variable

Fees: membership: \$85 per year

Financing: contributions

Legal status: non-profit organization

Sports and Recreation

LIBRARIES

Libraries

BLAINVILLE PUBLIC LIBRARY

1003 de la Mairie Street, Blainville, Laurentides, QC, J7C 3C7

450 434-5275 Fax: 450 434-5378

Website: www.biblio.ville.blainville.qc.ca

Email: bibliotheque@blainville.ca

Services: * Loan and renewal: access to books and audio-visual documents for children and adults.* On-site consultation, home service. * Computers, Internet access and printing devices.* Computer workstations, viewing and video game stations, office rooms.* Databases.* Animations and reading activities for any ages.* Fontainebleau branch: 75 des Châteaux Boulevard, Suite 103, Blainville.* La Renaissance branch: 370 D'Annecy Boulevard, Blainville.

Eligibility: children, youth and adults

Coverage area: Blainville

Hours: Monday to Friday 10h00 to 21h00, Saturday and Sunday 10h00 to 17h00, La Renaissance branch: Monday and Tuesday 13h00 to 21h00, Wednesday to Thursday 17h00 à 21h00, Friday and Saturday 10h00 to 12h00 and 13h00 to 17h00, Fontainebleau branch: Tuesday to Friday 12h00 to 21h00, Saturday 10h00 à 12h00 and 13h00 to 17h00

Fees: free subscription for the residents of Blainville showing their citizen card, annual fee for non-residents: \$75

Financing: municipal

Legal status: municipal agency

BOIS-DES-FILION - LIBRARY

60 36th Avenue, Bois-des-Filion, Laurentides, QC, J6Z 2G6

450 621-1460 ext. 160 Fax: 450 621-8483

Website: ville.bois-des-filion.qc.ca

Email: secloisirs@ville.bois-des-filion.qc.ca

Services: * Loan and renewal: access to books and audio-visual documents for children and adults.* On-site consultation.* Computers, Internet access.* Databases.* Animations and reading activities for any ages.

Eligibility: children, youth and adults

Coverage area: Bois-des-Filion

Hours: Monday and Friday 13h00 to 17h00, Tuesday, Wednesday and Thursday 13h00 to 17h00 and 18h30 to 21h00, Saturday 10h00 to 12h30, summer: Saturday closed

Fees: membership: free for citizens of Bois-des-Filion, for non-residents: \$100 per family or \$60 per person

Financing: municipal

Legal status: municipal agency

BOISBRIAND PUBLIC LIBRARY

901 de la Grande-Allée Boulevard, Boisbriand, Laurentides, QC, J7G 1W6

450 435-7466 Fax: 450 435-0627

Website: www.ville.boisbriand.qc.ca

Email: biblio@ville.boisbriand.qc.ca

Services: * Loan and renewal: access to books and audio-visual documents for children and adults.* Computers, Internet access and printing devices.* Study rooms.* Databases.* Animations and reading activities for any ages.* Battery, cellular and glasses recycling.* Story time.

Eligibility: children, youth and adults

Coverage area: Boisbriand

Hours: Monday to Friday 10h00 to 21h00, Saturday and Sunday 10h00 to 17h00

Fees: variable

Financing: municipal

Legal status: municipal agency

Youth

YOUTH CENTRES AND SUPPORT

Youth Centres and Support

MAISON DES JEUNES DE BLAINVILLE (LA)

1177 Curé-Labelle Boulevard, Blainville, Laurentides, QC, J7C 2N3

450 435-8866

Website: www.mdjblainville.com

Email: info@mdjblainville.com

Services: Meeting, belonging and gathering place. * Anonymous and confidential service for reception, listening, personalized referral, accompaniment, frontline intervention, animation and prevention.* Ease family tensions and relationship difficulties.

Eligibility: youth 12 to 17 years old

Coverage area: Blainville

Hours: Monday, Tuesday and Thursday 18h00 to 21h00, Friday 18h00 to 22h30

Financing: self-financing, provincial

Legal status: non-profit organization

MAISON DES JEUNES SODARRID DE BOISBRIAND

989 de la Grande-Allée Boulevard, Boisbriand, Laurentides, QC, J7G 1W6

450 434-3104

Website: www.adobase.qc.ca

Services: Living environment for youth. * Socialization and support for youth.* Intervention in prevention and helping relationship.* Information and training on all topics concerning teenagers.

Eligibility: teenagers 12 to 17 years old, their parents

Coverage area: Boisbriand

Hours: Tuesday to Thursday 17h00 to 21h00, Friday 17h00 to 22h00, Saturday 16h00 to 22h00

Financing: provincial, federal, municipal, fundraising campaigns

Legal status: non-profit organization

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