



**Grand Montréal**

**Directory of Community and  
Social Services**

ROSEMONT-LA PETITE-PATRIE



2-1-1



[www.211qc.ca](http://www.211qc.ca)

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## **Child and Family**

**CHILD WELFARE**

**DAYCARE AND RESPITE**

**FAMILY SUPPORT**

**MATERNITY SUPPORT AND ADOPTION**

**RECREATIONAL ACTIVITIES**

## Child welfare

### **CENTRE JEUNESSE DE MONTRÉAL - INSTITUT UNIVERSITAIRE**

4675 Bélanger Street East, Rosemont-La Petite-Patrie, Montréal, QC, H1T 1C2

**514 593-3979**

**Website:** [www.centrejeunessedemontreal.qc.ca](http://www.centrejeunessedemontreal.qc.ca)

**Email:** [courrier@cjm-iu.qc.ca](mailto:courrier@cjm-iu.qc.ca)

**Services:** Youth protection. \* Reports reception and assessment for acts of neglect, violence, abuse against a young person or behavioral disorders, under the Act on the Protection of youth.\* Psychosocial adaptation and rehabilitation.\* Services for young offenders under the Youth Criminal Justice Act.\* Housing: foster families, group homes, rehabilitation centers and intermediate resources.\* Adoption services, biological parents search, expertise to the Superior Court.\* Youth in difficulties Research centre.

**Eligibility:** children and teenagers in difficulties, young offenders, parents, guardians, counsellors

**Coverage area:** Montréal

**Financing:** provincial

**Legal status:** parapublic organization

### **INTER-VAL 1175**

Confidential Address

**514 933-8488 Fax:** 514 933-8489

**Website:** [www.inter-val.ca](http://www.inter-val.ca)

**Email:** [admin@inter-val.ca](mailto:admin@inter-val.ca)

**Services:** \* Short-term housing.\* Individual and group counselling with or without housing.\* Discussion and sharing groups.\* Group activities.\* Follow-up with a youth worker and post-housing follow-up.\* Accompaniment and assistance with procedures.\* Referral.\* Domestic and family violence awareness and prevention workshops for victims, community and government agencies.

**Eligibility:** women with children and senior women victims of domestic or family violence

**Capacity:** 15 people

**Coverage area:** Montréal

**Hours:** 24/7

**Fees:** none

**Financing:** provincial, grants, donations

**Legal status:** non-profit organization

### **SERVICE D'INTÉGRATION À LA COLLECTIVITÉ - MAISON ODYSÉE**

5923 Marquette Street, Rosemont-La Petite-Patrie, Montréal, QC, H2G 2Y1

**514 274-6228**

**Email:** [s.i.c@videotron.ca](mailto:s.i.c@videotron.ca)

**Services:** Group home, stay of variable duration. \* Stabilization, assessment, guidance, monitoring and support.\* Presence and supervision of stakeholders 24/7.\* Resource for Youth in partnership with the Centre Jeunesse de Montréal.

**Eligibility:** youth from 13 to 18 years, referred by the Direction de la Protection de la Jeunesse or by the Programme régional d'accueil et d'intégration des demandeurs d'asile (claiming refugee status)

**Capacity:** 12 places

**Coverage area:** Montréal Island

**Hours:** 24 hours, days

**Financing:** provincial

**Legal status:** non-profit organization

## Daycare and respite

### JE ME FAIS UNE PLACE EN GARDERIE

3490 Dandurand Street, Rosemont-La Petite-Patrie, Montréal, QC, H1X 1N1

**514 593-5135**

**Website:** [www.inclusionservedegarde.com](http://www.inclusionservedegarde.com)

**Email:** [jmfpg@live.ca](mailto:jmfpg@live.ca)

**Services:** \* Support and information for parents looking for childcare.\* Networking.\* Training for childcare staff on the integration of children with special needs.\* Support for childcare centres in the integration process.

**Eligibility:** families with a child under 5 years old with a physical impairment, with or without other impairments

**Coverage area:** Montréal

**Financing:** grants, donations

**Legal status:** non-profit organization

## Family Support

### GROUPE D'ENTRAIDE MATERNELLE DE LA PETITE-PATRIE

6848 Christophe-Colomb Avenue, Rosemont-La Petite-Patrie, Montréal, QC, H2S 2H2

**514 495-3494**

**Website:** [www.groupeentraidematernelle.org](http://www.groupeentraidematernelle.org)

**Email:** [info@gem-pp.org](mailto:info@gem-pp.org)

**Services:** Thematic meetings and free weekly meetings to share, help each other and break the isolation. \* Day nursery at meetings and on Friday morning.\* Home assistance visits.

**Eligibility:** meetings: families of children 0 to 5 years old, childcare: children 9 months to 5 years old

**Capacity:** meetings: 12 mothers and their children, childcare: 10 children

**Coverage area:** Greater Montréal

**Hours:** Monday to Friday 9h00 to 16h30

**Fees:** meetings: \$2 to \$6, Friday day nursery: \$4 for 3 hours

**Financing:** provincial, federal, donations

**Legal status:** non-profit organization

### JOUJOUTHÈQUE DE ROSEMONT

5675 Lafond Street, Rosemont-La Petite-Patrie, Montréal, QC, H1X 2X6

**514 722-1851** Fax: 514 722-7384

**Website:** [www.joujoutheque.org](http://www.joujoutheque.org)

**Email:** [joujouthequerosmont@gmail.com](mailto:joujouthequerosmont@gmail.com)

**Services:** Toy lending library for children 0 to 12 years old.

**Eligibility:** children 0 to 12 years old

**Coverage area:** Rosemont

**Hours:** Wednesday 9h30 to 11h30 and 18h30 to 20h30, Saturday 13h00 to 15h00

**Fees:** subscription: \$25 for 2 toys, \$32 for 2 toys with winter park included, \$37 for 4 toys, \$54 for 2 children and 4 toys with winter park included

**Financing:** contributions, self-financing, grants

**Legal status:** non-profit organization

### OXY-JEUNES

2020 de la Visitation Street, Rosemont-La Petite-Patrie, Montréal, QC, H1Y 2J5

**514 728-5297**

**Website:** [www.oxy-jeunes.com](http://www.oxy-jeunes.com)

**Email:** [info@oxy-jeunes.com](mailto:info@oxy-jeunes.com)

**Services:** Support for the artistic expression and development of youth through music, singing, dancing, theatre and media arts. \* Development workshops.\* Mentoring with emerging artists.\* Shows, concerts and exhibitions.\* Cultural outings, activities and meetings.\* Practice studio with access to musical instruments.\* Multimedia studio.

**Eligibility:** youth 12 to 17 years old

**Coverage area:** Montréal

**Hours:** office: Monday to Friday 9h00 to 17h00, activities: Monday to Friday 16h00 to 19h00, Saturday and Sunday 12h00 to 17h00

**Fees:** free

**Financing:** provincial, municipal, donations

**Legal status:** non-profit organization

## Maternity support and adoption

### COURT OF QUÉBEC - YOUTH DIVISION - MONTRÉAL

410 De Bellechasse Street East, Rosemont-La Petite-Patrie, Montréal, QC, H2S 1X3

**514 495-5800 Fax:** 514 864-4149

**Website:** [www.justice.gouv.qc.ca](http://www.justice.gouv.qc.ca)

**Services:** Court constituting the judicial system of Québec. \* Hearing all cases involving a minor.\* Hearing cases of adoption.

**Coverage area:** Montréal Island

**Hours:** Monday to Friday 8h30 to 16h30

**Financing:** provincial

**Legal status:** provincial government agency

### NOURRI-SOURCE - MONTRÉAL

6006 de Bordeaux Street, Rosemont-La Petite-Patrie, Montréal, QC, H2G 2R7

**514 948-5160 Fax:** 514 221-2014

**Website:** [www.nourrisourcemontréal.org](http://www.nourrisourcemontréal.org)

**Email:** [info@nourrisourcemontréal.org](mailto:info@nourrisourcemontréal.org)

**Services:** \* Telephone pairing of mothers with breastfeeding godmothers: support, information.\* Training.\* Breastfeeding drop-in.\* Neighbourhood meetings.\* Outreach activities, promotion of breastfeeding.

**Eligibility:** mothers, fathers and families of breastfed babies

**Coverage area:** Montréal Island

**Hours:** Monday to Thursday 9h00 to 16h00

**Fees:** free

**Financing:** provincial, grants

**Legal status:** non-profit organization

## Recreational Activities

### PLACE DES ENFANTS (LA)

171 Saint-Zotique Street East, Rosemont-La Petite-Patrie, Montréal, QC, H2S 1K9

**514 277-6132 Fax:** 514 277-6132

**Website:** [www.placedesenfants.ca](http://www.placedesenfants.ca)

**Email:** [laplacedesenfants@hotmail.com](mailto:laplacedesenfants@hotmail.com)

**Services:** Place of belonging, creative stimulation and listening for children 5 to 12 years. \* Individual monitoring if required.\* Recreational and educational workshops.\* Summer and winter day camp.

**Eligibility:** children referred by schools or CLSC

**Capacity:** 35

**Coverage area:** La Petite-Patrie

**Hours:** school term: Monday to Friday 15h00 to 18h00, school break days and summer day camp: 8h00 to 16h00

**Legal status:** non-profit organization



## **Community Action**

**ADVISORY AND CITIZEN ACTION ORGANIZATIONS**

**COMMUNITY CENTRES**

**COMMUNITY DEVELOPMENT**

**INFORMATION AND REFERRAL**

**VOLUNTEERING AND VOLUNTEER CENTRES**

## Advisory and citizen action organizations

### ASSOCIATION CANADO-PÉRUVIENNE

6970 Christophe-Colomb Street, Suite 208, Rosemont-La Petite-Patrie, Montréal, QC, H2S 2H5  
**514 966-7378**

**Website:** [www.apc-canada.com](http://www.apc-canada.com)

**Email:** [apc.peru@yahoo.com](mailto:apc.peru@yahoo.com)

**Services:** \* Integration assistance for newcomers.\* Certification of documents.\* Vocational guidance.\* Information and economic development between Peru and Québec: networking, workshops on starting a business, management training.\* Promotion of Peruvian culture: Peruvian festival in Montréal, film forum, food festival.\* Conversation workshops: French and Spanish.

**Eligibility:** Peruvian people, general public

**Coverage area:** Greater Montréal

**Financing:** donations, grants

**Legal status:** non-profit organization

### ATD FOURTH WORLD OF CANADA

6747 Drolet Street, Rosemont-La Petite-Patrie, Montréal, QC, H2S 2T1

**514 279-0468 Fax:** 514 279-7759

**Website:** [www.atdquartmonde.ca](http://www.atdquartmonde.ca)

**Email:** [atdcanada@atdquartmonde.ca](mailto:atdcanada@atdquartmonde.ca)

**Services:** Popular education movement. \* Street library and festival of shared knowledge: culture as a means to fight against poverty.\* Fourth World People's University: formal dialog between citizens of all backgrounds.\* Various activities to enhance the knowledge of people in poverty.

**Coverage area:** in Québec : Montréal, Rouyn-Noranda, Sherbrooke, Thetford-Mines and Saint-Jean-Sur-Richelieu, elsewhere in the world

**Hours:** Office: Monday to Friday 9h00 to 17h00, special activities: evening and weekend

**Fees:** annual membership: \$3

**Financing:** donations, fondation

**Legal status:** non-profit organization

### COALITION MONTRÉLAISE DES TABLES DE QUARTIER

5350 Lafond Street, Rosemont-La Petite-Patrie, Montréal, QC, H1X 2X2

**514 524-1797 ext. 228**

**Website:** [www.tablesdequartiermontreal.org](http://www.tablesdequartiermontreal.org)

**Email:** [cmtq@cdcrosemont.org](mailto:cmtq@cdcrosemont.org)

**Services:** Grouping of 30 neighborhood roundtables. \* Improvement of the quality of life of the local populations.\* Local social development.\* Municipal electoral platform.

**Coverage area:** Montréal

**Legal status:** non-profit organization

### COLLECTIF DES ENTREPRISES D'INSERTION DU QUÉBEC

4100 André-Laurendeau Street, Suite 200, Rosemont-La Petite-Patrie, Montréal, QC, H1Y 3N6

**514 270-4905 Fax:** 514 270-0926

**Website:** [www.collectif.qc.ca](http://www.collectif.qc.ca)

**Email:** [ceiq@collectif.qc.ca](mailto:ceiq@collectif.qc.ca)

**Services:** Grouping of integration enterprise in Québec. Information, promotion, government representation, networking, support to training and marketing. Integration project: funded training within the enterprise for people with difficulties in maintaining a job or speaking French. Cooperative training.

**Eligibility:** integration enterprises, integration project: seniors aged 18 to 35 years old, people from a visible minority and with no high school diploma

**Coverage area:** province of Québec

**Hours:** Monday to Friday 9h00 to 17h00

**Fees:** members contributions

**Financing:** provincial, contributions

**Legal status:** non-profit organization

### **QUÉBEC ASSOCIATION FOR COMMUNITY LIVING**

3958 Dandurand Street, Rosemont-La Petite-Patrie, Montréal, QC, H1X 1P7

**514 725-7245 Fax:** 514 725-2796

**Website:** [www.aqis-iqdi.qc.ca](http://www.aqis-iqdi.qc.ca)

**Email:** [info@aqis-iqdi.qc.ca](mailto:info@aqis-iqdi.qc.ca)

**Services:** \* Advocacy for people with intellectual disabilities and their relatives.\* Information and awareness.\* Organization of training sessions, symposium and discussion forums.\* Research promotion.

**Eligibility:** association of parents and volunteers who want to help people with an intellectual disability

**Coverage area:** Province of Québec

**Hours:** Monday to Friday 8h30 to 12h00 and 13h00 to 16h30

**Fees:** membership fees

**Financing:** self-financing, membership fees, foundation

**Legal status:** non-profit organization

### **REGROUPEMENT DE PROFESSIONNELS POUR LA RÉUSSITE DES JEUNES**

6970 Marquette Street, Rosemont-La Petite-Patrie, Montréal, QC, H2E 2C7

**514 320-0177**

**Website:** [rprej.weebly.com/accueil.html](http://rprej.weebly.com/accueil.html)

**Email:** [regroupement.rprj.2015@gmail.com](mailto:regroupement.rprj.2015@gmail.com)

**Services:** Promotion of the academic and social success of youth from ethnic minority communities. \*

Academic support.\* Listening and support.\* Recreational and artistic activities.\* School guidance.\* Reflexion, debate.\* Social integration.\* Consultation.

**Eligibility:** youth from ethnic minority communities in the last cycle of secondary school or in cégep, teachers and professionals from ethnic minority communities

**Coverage area:** Villeray and La Petite-Patrie

**Hours:** Saturday 10h00 to 12h00

**Fees:** free

**Financing:** grant, donations

**Legal status:** non-profit organization

### **REGROUPEMENT DES MAISONS DE JEUNES DU QUÉBEC**

6502 des Écores Street, Rosemont-La Petite-Patrie, Montréal, QC, H2G 2J7

**514 725-2686**

**Website:** [www.rmjq.org](http://www.rmjq.org)

**Email:** [info@rmjq.org](mailto:info@rmjq.org)

**Services:** \* Encourage the establishment and consolidation of youth centers, ensure their survival, share their experiences and provide a tool for youth claims.

**Eligibility:** Youth Centres

**Coverage area:** Province of Québec

**Hours:** Monday to Friday 8h30 to 12h00 and 13h00 to 16h30

**Fees:** free

**Financing:** provincial, self-financing

**Legal status:** non-profit organization

### **REGROUPEMENT DES TABLES DE CONCERTATION DE LA PETITE-PATRIE**

6839-A Drolet Street, Suite 302, Rosemont-La Petite-Patrie, Montréal, QC, H2S 2T1

**514 419-6072**

**Website:** [www.petitepatrie.org](http://www.petitepatrie.org)

**Email:** [coordination@petitepatrie.org](mailto:coordination@petitepatrie.org)

**Services:** \* Promote information exchange among concertation groups of the neighborhood.\* Improve the quality of life for residents of la Petite-Patrie.\* Generate a popular education work on common issues.\* Promote wellbeing, health, educational aspirations and social justice development for the sake of the neighborhood.

**Eligibility:** residents of la Petite-Patrie

**Coverage area:** la Petite-Patrie

**Hours:** Monday to Thursday 9h00 to 17h00

**Financing:** Centraide Greater Montreal

**Legal status:** non-profit organization

### **REGROUPEMENT PARTAGE**

5789 Iberville Street, Rosemont-La Petite-Patrie, Montréal, QC, H2G 2B8

**514 383-2460** Fax: 514 383-4978

**Website:** [www.regroupementpartage.org](http://www.regroupementpartage.org)

**Email:** [rmpim@bellnet.ca](mailto:rmpim@bellnet.ca)

**Services:** \* Grouping, support and promotion of sharing stores.\* Awareness on poverty issues and its impacts.\* Christmas and back-to-school fundraising campaigns for the benefit of sharing stores.\* Cultiver l'Espoir: urban farming program whose products are distributed to Montrealers through food banks.

**Eligibility:** sharing stores and their beneficiaries, people on a low income

**Coverage area:** Montréal Island

**Hours:** Monday to Thursday 8h30 to 16h30, open on Friday in December

**Financing:** self-financing, L'Oeuvre Léger, Centraide of Greater Montréal, fundraising campaigns, municipal, provincial, donations

**Legal status:** non-profit organization

### **SOCIÉTÉ DE DÉVELOPPEMENT ENVIRONNEMENTAL DE ROSEMONT**

5679 Fullum Street, Rosemont-La Petite-Patrie, Montréal, QC, H2G 2H6

**514 727-6775**

**Website:** [www.soder.qc.ca](http://www.soder.qc.ca)

**Email:** [secretariat@soder.qc.ca](mailto:secretariat@soder.qc.ca)

**Services:** Develop and manage environmental projects with an important social aspect. \* Eco-Quartier program: green alleys development, environmental education, greening projects, citizen mobilization, residual wastes management, zero waste way of life, etc.\* Promote sustainable development.\* Accompaniment of organizations, collectivities and enterprises through their sustainable development process. \* Tandem: urban security program.

**Coverage area:** Rosemont-La Petite Patrie

**Hours:** Monday to Friday 9h30 to 17h00

**Financing:** municipal, grants, self-financing

**Legal status:** non-profit organization

### **SOCIÉTÉ DE SAINT-VINCENT-DE-PAUL - CONSEIL PROVINCIAL DU QUÉBEC**

6450 Christophe-Colomb Avenue, Suite 306, Rosemont-La Petite-Patrie, Montréal, QC, H2S 2G7

**514 525-0232** Fax: 514 525-4225

**Website:** [www.lerevedozanam.org](http://www.lerevedozanam.org)

**Email:** [ssvp-quebec@bellnet.ca](mailto:ssvp-quebec@bellnet.ca)

**Services:** Coordination and consultation of all the chapters of Société de Saint-Vincent-de-Paul throughout the Province of Québec.

**Coverage area:** Province of Québec

**Hours:** Monday to Thursday 8h00 to 12h00

**Financing:** donations, self-financing  
**Legal status:** non-profit organization

### **SOCIÉTÉ LOGIQUE**

3210 Rachel Street East, Rosemont-La Petite-Patrie, Montréal, QC, H1W 1A4  
**514 522-8284** Fax: 514 522-2659  
**Website:** www.societelogique.org  
**Email:** info@societelogique.org

**Services:** Information on universal accessibility. \* Representation.\* Concertation.\* Consulting expertise in architecture and urban development for the accessibility of new or existing premises.

**Eligibility:** owners or managers of buildings, health or development professionals, people with mobility, visual or auditory limitations

**Coverage area:** Province of Québec  
**Hours:** Monday to Friday 9h00 to 17h00  
**Fees:** variable for consulting services  
**Financing:** provincial, self-financing  
**Legal status:** non-profit organization

### **SOLON**

6750 de l'Esplanade Avenue, Suite 102, Rosemont-La Petite-Patrie, Montréal, QC, H2V 4M1  
**514 652-8895**  
**Website:** www.solon-collectif.org  
**Email:** info@solon-collectif.org

**Services:** \* Celsius Project: micro network of collective heat by geothermal energy.\* Nos milieux de vie Project: accompaniment of groups of citizens in their desire to improve their living environment collectively.\* Alley assembly: animation of assembly between neighbors and mobilization support for initiatives aiming to promote the sharing of resources and the protection of the environment.

**Coverage area:** Montréal Island  
**Fees:** free  
**Financing:** municipal, provincial  
**Legal status:** non-profit organization

### **TABLE DE CONCERTATION DES AÎNÉS DE L'ÎLE DE MONTRÉAL**

3958 Dandurand Street, Rosemont-La Petite-Patrie, Montréal, QC, H1X 1P7  
**514 286-8226**  
**Website:** www.tcaim.org  
**Email:** coord@tcaim.org

**Services:** Consultation amongst seniors' organizations. \* Collaboration with decision-makers.

**Eligibility:** seniors' organizations  
**Coverage area:** Montréal  
**Hours:** Monday to Friday 9h00 to 17h00  
**Financing:** provincial, municipal  
**Legal status:** non-profit organization

### **TABLE DE CONCERTATION DES ORGANISMES AU SERVICE DES PERSONNES RÉFUGIÉES ET IMMIGRANTES**

518 Beaubien Street East, Rosemont-La Petite-Patrie, Montréal, QC, H2S 1S5  
**514 272-6060** Fax: 514 272-3748  
**Website:** www.tcri.qc.ca  
**Email:** info@tcri.qc.ca

**Services:** Information, coordination, consultations and training for immigrants and refugees serving organizations. \* Welcome and Integration section.\* Réseau national des organismes spécialisés dans l'intégration en emploi des nouveaux immigrants (ROSINI): management of employment issues related to new immigrants and labor market.\* Women's section.\* Continuous training in intervention for members.\* Youth and Childhood section (ENJEU).\* Protection section.\* Regionalization of immigration section(RORIQ).

**Eligibility:** member organizations

**Coverage area:** Province of Québec

**Hours:** Monday to Friday 9h30 to 16h30

**Financing:** provincial, self-financing

**Legal status:** non-profit organization

## Community centres

### **CARREFOUR COMMUNAUTAIRE DE ROSEMONT - L'ENTRE-GENS, LE REPÈRE 18-35**

5675 Lafond Street, Rosemont-La Petite-Patrie, Montréal, QC, H1X 2X6

**514 722-1851 ext. 406 Fax:** 514 722-7384

**Website:** www.ccreg.org

**Email:** repere@ccreg.org

**Services:** \* Group meeting place by and for young adults.

**Eligibility:** adults 18 to 35 years old

**Coverage area:** Rosemont

**Hours:** Monday to Friday 9h00 to 17h00, variable hours in the evenings

**Financing:** federal, provincial, municipal

**Legal status:** non-profit organization

### **CARREFOUR COMMUNAUTAIRE DE ROSEMONT - MAISON DE LA FAMILLE**

5675 Lafond Street, Rosemont-La Petite-Patrie, Montréal, QC, H1X 2X6

**514 722-1851 ext. 300 Fax:** 514 722-7384

**Website:** www.ccreg.org

**Email:** accueil@ccreg.org

**Services:** Community center. \* Organizational support to corporations: Rosemont toy library, Support group Nidami, Rosemont winter park.\* Individual support.\* Games and outings for families.\* Socialization and networking activities for parents.\* Improving parenting skills.\* Family camp stays.\* Promoting family sport activities.

**Eligibility:** families with children 0 to 8 years old

**Coverage area:** Rosemont

**Hours:** Monday to Friday 9h00 to 17h00, variable for week-end

**Financing:** Centraide of Greater Montréal, provincial

**Legal status:** non-profit organization

### **CARREFOUR COMMUNAUTAIRE DE ROSEMONT L'ENTRE-GENS**

5675 Lafond Street, Rosemont-La Petite-Patrie, Montréal, QC, H1X 2X6

**514 722-1851 Fax:** 514 722-7384

**Website:** www.ccreg.org

**Email:** accueil@ccreg.org

**Services:** Community centre. \* Services to neighborhood groups: room rental, material, animation, organizational support.\* Sport and cultural activities.

**Eligibility:** citizens, organizations and groups

**Coverage area:** Rosemont

**Hours:** Monday to Friday 9h00 to 22h00

**Fees:** variable depending on the activities

**Financing:** Centraide of Greater Montréal, provincial, self-financing, donations

**Legal status:** non-profit organization

### **CENTRE DE RESSOURCES ET D'ACTION COMMUNAUTAIRE DE LA PETITE-PATRIE**

6839 Drolet Street, Rosemont-La Petite-Patrie, Montréal, QC, H2S 2T1

**514 277-4993 Fax: 514 277-7494**

**Website:** www.cracpp.org

**Email:** nathalieb.crac@gmail.com

**Services:** \* Community grocery store.\* Food bank and emergency food assistance.\* Collective kitchens.\* Back-to-school sharing store.\* Tax clinic.\* Educational workshops.\* Christmas baskets.\* Food recovery.

**Eligibility:** people on a low income

**Coverage area:** La Petite-Patrie

**Hours:** Monday to Thursday 13h00 to 17h00, food bank: Thursday

**Fees:** membership: \$5 per year, food bank: \$4 per visit, other activities: free

**Financing:** donations, self-financing, federal, provincial, municipal

**Legal status:** non-profit organization

### **CENTRE N A RIVE**

6971 Saint-Denis Street, Rosemont-La Petite-Patrie, Montréal, QC, H2S 2S5

**514 278-2157 Fax: 514 278-4374**

**Website:** www.centrenarive.com

**Email:** info@centrenarive.com

**Services:** \* Literacy programs: regular and seniors.\* Francization and literacy-francization programs.\* Physical, recreational, cultural and social activities for seniors.\* Community meals for seniors.\* Employment for 18 to 30 year olds: job search assistance, workshops, information on going back to school.\* Creole and Haitian culture courses.\* Adult employment: job reintegration in cooking, sewing, customer service and office work.\* Creole proofreading and translation.\* Haitian cuisine courses.\* Sewing courses.\* Christmas baskets.

**Eligibility:** people of all origins

**Coverage area:** Montréal

**Hours:** Monday to Saturday 9h00 to 17h00

**Fees:** only for recreational and training classes

**Financing:** federal, donations, provincial, contributions, grants

**Legal status:** non-profit organization

### **CENTRE PÈRE-MARQUETTE**

1600 de Drucourt Street, Rosemont-La Petite-Patrie, Montréal, QC, H2G 1N6

**514 872-8705 Fax: 514 872-3121**

**Website:** www.centreperemarquette.ca

**Email:** mdaponte@centreperemarquette.com

**Services:** \* English and Spanish classes.\* Arts, recreational, sporting and wellness courses for youth and adults.\* Arena at 1605 de Bellechasse Street.\* Swimming pool.\* Special and family activities.\* Summer and spring break day camps.

**Capacity:** variable according to activities

**Coverage area:** Rosemont-La Petite-Patrie

**Fees:** variable

**Financing:** municipal, self-financing

**Legal status:** non-profit organization

### **COMPAGNONS DE MONTRÉAL**

6365 De Saint-Vallier Street, Rosemont-La Petite-Patrie, Montréal, QC, H2S 2P6

**514 727-4444 Fax: 514 727-4738**

**Website:** www.compagnonsdemtl.com

**Email:** info@compagnonsdemtl.com

**Services:** \* Housing for adults with an intellectual disability or an autism spectrum disorder.\* Day activity centre.\* Socioprofessional initiation.\* Computer lab.\* Artistic projects.\* Food aid.\* Room rental.

**Eligibility:** adults with an intellectual disability or an autism spectrum disorder (ASD), food assistance: general public

**Coverage area:** Greater Montréal, food bank: Rosemont  
**Hours:** Monday to Friday 8h30 to 16h30, food assistance: Wednesday 12h30 to 15h00  
**Fees:** membership: \$15, food bank: \$5 per person or family  
**Financing:** self-financing, Centraide of Greater Montréal, provincial, donations  
**Legal status:** non-profit organization

## Community development

### **CORPORATION DE DÉVELOPPEMENT COMMUNAUTAIRE DE ROSEMONT**

5350 Lafond Street, Rosemont-La Petite-Patrie, Montréal, QC, H1X 2X2

**514 524-1797 Fax:** 514 524-9813

**Website:** www.cdcresemont.org

**Email:** info@cdcresemont.org

**Services:** Neighborhood table promoting dialog between community organizations of Rosemont. \* Multisectoral grouping.\* Promotion of social development.

**Eligibility:** community actors

**Coverage area:** Rosemont

**Hours:** Monday to Friday 8h30 to 16h30

**Financing:** provincial, Centraide of Greater Montréal, municipal

**Legal status:** non-profit organization

### **PME - MTL - CENTRE-EST**

6224 Saint-Hubert Street, Rosemont-La Petite-Patrie, Montréal, QC, H2S 2M2

**514 723-0030 Fax:** 514 723-0032

**Website:** pmemtl.com/centre-est

**Email:** info.ce@pmemtl.com

**Services:** \* Business services, including ones of social economy: support, accompaniment, financing, training.\* Coaching and job placement.\* Recruitment assistance.\* Support for various developmental projects in the territory.\* Work placement service.

**Eligibility:** residents and businesses

**Coverage area:** Rosemont-La Petite-Patrie, Mercier-Hochelaga-Maisonneuve, Villeray-Saint-Michel-Park-Extension

**Hours:** Monday to Friday 9h00 to 12h00 and 13h00 to 17h00

**Financing:** federal, provincial, municipal

**Legal status:** non-profit organization

## Information and referral

### **SERÉNA QUÉBEC**

6646 Saint-Denis Street, Rosemont-La Petite-Patrie, Montréal, QC, H2S 2R9

**1 866 273-7362 Fax:** 514 273-7532

**Website:** www.serenaquebec.com

**Email:** coordination@serena.ca

**Services:** Information service on menstrual's cycle health, natural contraception, natural conception, the return of fertility after birth and perimenopause. \* Workshops.\* Conferences.\* Individualized follow-up.\* Professional training.

**Eligibility:** anyone wishing to empower the menstrual cycle and their fertility naturally

**Coverage area:** Province of Québec

**Hours:** Monday to Friday 9h00 to 16h00

**Fees:** voluntary donations

**Financing:** donations, governmental grants

**Legal status:** non-profit organization



## Volunteering and volunteer centres

### ACCÈS BÉNÉVOLAT

2544 Rosemont Boulevard, Rosemont-La Petite-Patrie, Montréal, QC, H1Y 1K4

**514 523-6599** Fax: 514 523-7709

**Website:** [www.accesbenevolat.org](http://www.accesbenevolat.org)

**Email:** [info@accesbenevolat.org](mailto:info@accesbenevolat.org)

**Services:** Promoting volunteerism and community initiatives. \* Reception, training, referral and follow-up of volunteers. \* Providing organizations with volunteer recruitment, selection and referral, management consultation and training services. \* Volunteer accompaniment to medical appointments, either with or without a car.

**Eligibility:** adults and adolescents who want to become volunteers, services or projects with social or humanitarian missions, accompaniment service: adults on a low-income, with loss of autonomy, referred by a health care centre

**Coverage area:** East from Saint-Laurent Boulevard, except Montréal-Nord: Pointe-Aux-Trembles, Montréal-Est, Mercier-Hochelaga-Maisonneuve, Anjou, Saint-Léonard, Rosemont-La Petite-Patrie, Villeray, Saint-Michel, Le Plateau-Mont-Royal

**Hours:** Monday to Friday 9h00 to 17h00

**Fees:** accompaniment to medical appointments in car: \$0,50/km

**Financing:** provincial, Centraide of Greater Montréal

**Legal status:** non-profit organization

### CARE CENTRE FOR LATIN AMERICAN FAMILIES

7075 Saint-Hubert Street, 2nd Floor, Rosemont-La Petite-Patrie, Montréal, QC, H2S 2N1

**514 273-8061** Fax: 514 273-9982

**Website:** [www.cafla.ca](http://www.cafla.ca)

**Email:** [info@cafla.ca](mailto:info@cafla.ca)

**Services:** \* Prevention of school dropout and violence in secondary schools. \* Program for parents with children 0 to 5 years old. \* Psychosocial support. \* Volunteering promotion. \* Support for the integration of newcomers into the job market.

**Eligibility:** youth and families of all origins

**Coverage area:** Greater Montréal

**Hours:** Monday to Friday 9h00 to 12h30 and 13h30 to 17h00

**Financing:** municipal, donations, self-financing, provincial, foundations

**Legal status:** non-profit organization

### LAVOIEDESFEMMES

1030 Beaubien Street East, Suite 402, Rosemont-La Petite-Patrie, Montréal, QC, H2S 1T4

**Website:** [lavoiedesfemmes.wordpress.com](http://lavoiedesfemmes.wordpress.com)

**Email:** [lavoiedesfemmes@yahoo.ca](mailto:lavoiedesfemmes@yahoo.ca)

**Services:** Promotion of women's solidarity and of Muslim women's sociocultural and political involvement. \* Arts. \* Volunteering. \* Conferences and discussion workshops.

**Eligibility:** women, particularly Muslim

**Coverage area:** Montréal

**Legal status:** non-profit organization

### PARRAINAGE CIVIQUE DE L'EST DE L'ÎLE DE MONTRÉAL

5350 Lafond Street, Rosemont-La Petite-Patrie, Montréal, QC, H1X 2X2

**514 255-1054**

**Website:** [www.pceim.ca](http://www.pceim.ca)

**Email:** [info@pceim.ca](mailto:info@pceim.ca)

**Services:** Activities promoting inclusion into the community. \* Development of a multicultural and intergenerational network.\* Development of mutual aid among peers.\* Civic and volunteer activities.\* Involvement of members in decision-making processes.

**Eligibility:** adults living with mental health and social exclusion problems

**Coverage area:** Island of Montréal

**Hours:** Monday to Friday daytime, meetings by appointment

**Fees:** \$5

**Financing:** provincial, Centraide of Greater Montréal, self-financing

**Legal status:** non-profit organization

## **ROSEMONT ACCORDERIE**

5350 Lafond Street, Rosemont-La Petite-Patrie, Montréal, QC, H1X 2X2

**514 524-1797 ext. 242**

**Website:** [accorderie.ca](http://accorderie.ca)

**Email:** [rosemont@accorderie.ca](mailto:rosemont@accorderie.ca)

**Services:** \* Network deals and exchange services: individual, association and collective activities of exchange.

**Eligibility:** to register, the person must offer at least one service, agree to respect the rules of a code of courtesy and have a real ability to service

**Coverage area:** Rosemont-La Petite-Patrie

**Hours:** Monday to Wednesday 9h30 to 12h00 and 13h30 to 16h00, Thursdays: variable schedule, Accorderie is mobile in the neighbourhood

**Fees:** membership: \$2

**Legal status:** non-profit organization

## **Education**

**COMPUTER WORKSHOPS**

**DIFFICULTIES AND LEARNING DISABILITIES**

**DROPOUT**

**HOMEWORK ASSISTANCE AND TUTORING**

**LANGUAGE COURSES**

**LITERACY**

**VOCATIONAL TRAINING, CÉGEPS AND UNIVERSITIES**

## Computer workshops

### **CENTRE D'ORIENTATION PARALÉGALE ET SOCIALE POUR IMMIGRANTS**

1451 Saint-Zotique Street East, Rosemont-La Petite-Patrie, Montréal, QC, H2G 1G9

**438 384-3341** Fax: 438 384-3314

**Website:** copsi.e-monsite.com

**Email:** copsi.org@outlook.com

**Services:** \* Paralegal and social counseling for immigrants and asylum seekers. \* Translation, writing and certification of documents.\* Nobody's Perfect program: workshops for parents of less than 5 years old child.\* Free computer courses.\* Kitchen workshops for children, teenagers, singles, women and seniors.

**Eligibility:** immigrants, newcomers, refugees

**Coverage area:** Greater Montréal

**Hours:** Monday to Friday 9h00 to 17h00

**Financing:** provincial, federal, municipal

**Legal status:** non-profit organization

### **COMMISSION SCOLAIRE DE MONTRÉAL**

3737 Sherbrooke Street East, Rosemont-La Petite-Patrie, Montréal, QC, H1X 3B3

**514 596-6000** Fax: 514 596-7451 TTY: 514 596-3344

**Website:** www.csdm.qc.ca

**Email:** info@csdm.qc.ca

**Services:** Montreal School Board. \* Vocational training and adult education: welcome, referrals, guidance and accompaniment.\* Training centers: adult education, vocational training, services for companies, distance training, french classes, literacy, socio-professional integration, social integration, popular education.\* Educational resource center.\* Other address: 5017 Saint-Hubert Street, H2J 2X9.

**Eligibility:** adults 16 years old and over, organizations and companies

**Coverage area:** Montreal: Cartierville, Ahuntsic-Bordeaux, Saint-Michel, Villeray, Parc-Extension, Petite-Patrie, Rosemont, Tétéreaultville, Mercier-Hochelaga-Maisonneuve, Le Plateau-Mont-Royal, Ville-Marie, Saint-Henri, Petite-Bourgogne, Pointe-St-Charles, Côte-Saint-Paul, Notre-Dame-de-Grâce, Côte-des-Neiges, Westmount

**Hours:** information over the phone: Monday to Thursday 11h00 to 15h00, administration: Monday to Thursday 8h30 to 16h00, July and August: Monday to Thursday 8h30 to 15h00

**Legal status:** parapublic organization

### **GROUPE PLEIN EMPLOI**

5800 Saint-Denis Street, Suite 205, Rosemont-La Petite-Patrie, Montréal, QC, H2S 3L5

**514 274-5522** Fax: 514 274-8541

**Website:** www.pleinemploi.ca

**Email:** info@pleinemploi.ca

**Services:** Job market integration and back to school assistance. \* Job search assistance: individual meetings, assessment, resume and cover letter writing, interview simulation.\* Professional and school guidance.\* Internship opportunities with follow-up.\* Computers.\* Computer classes.\* Business start-up training.\* Budget management workshop.\* Stress management.

**Eligibility:** people 16 years and over having experienced drug, alcohol, gambling or Internet addiction problems

**Coverage area:** Greater Montréal

**Hours:** Monday to Thursday 8h30 to 17h00

**Fees:** free

**Financing:** provincial

**Legal status:** non-profit organization

## Difficulties and learning disabilities

### **CENTRE D'INTÉGRATION SCOLAIRE**

6361 6th Avenue, Rosemont-La Petite-Patrie, Montréal, QC, H1Y 2R7

**514 374-8490** Fax: 514 374-3978

**Website:** [www.centreintegrationscolaire.com](http://www.centreintegrationscolaire.com)

**Email:** [personnel@cisi.qc.ca](mailto:personnel@cisi.qc.ca)

**Services:** Primary and secondary level day school for youth with social and affective misadaptation issues. \* Individualized teaching. \* Educational activities. \* Staff including remedial education specialists, school rehabilitation teachers, specialized educators, psychologists, social workers.

**Eligibility:** boys and girls 6 to 18 years old

**Capacity:** 228 students

**Coverage area:** Montréal region

**Hours:** Monday to Thursday 8h00 to 16h30, Friday 8h00 to 12h00

**Fees:** \$250

**Financing:** provincial, grants

**Legal status:** non-profit organization

## Dropout

### **CARREFOUR JEUNESSE-EMPLOI ROSEMONT PETITE-PATRIE**

1453 Beaubien Street East, Suite 302, Rosemont-La Petite-Patrie, Montréal, QC, H2G 3C6

**514 279-8725** Fax: 514 278-2493

**Website:** [www.cjrosemontpetitepatrie.ca](http://www.cjrosemontpetitepatrie.ca)

**Email:** [accueil@gcsd.qc.ca](mailto:accueil@gcsd.qc.ca)

**Services:** \* Job research tools, placement support. \* Guidance. \* Voltige: school for drop-outs. \* Diversité: workshops and paid internship for newcomers. \* Technical resources and documentation centres. \* Entrepreneurship initiation and start-up coaching. \* Financial literacy program. \* Referral and follow-up.

**Eligibility:** people 16 to 35 years old

**Coverage area:** Rosemont-La Petite-Patrie

**Hours:** Monday to Friday 8h30 to 16h30

**Financing:** provincial

**Legal status:** non-profit organization

### **PERSPECTIVES JEUNESSE**

6839A Drolet Street, Suite 9, Rosemont-La Petite-Patrie, Montréal, QC, H2S 2T1

**514 303-0599**

**Website:** [www.perspectivesjeunesse.org](http://www.perspectivesjeunesse.org)

**Email:** [direction@perspectivesjeunesse.org](mailto:direction@perspectivesjeunesse.org)

**Services:** \* Fight against school drop-out. \* Support for parents. \* Drop-in: support, socialization and action-oriented assistance for young dropouts in a perspective of going back to school or work integration. \* Individual academic or work reintegration follow-up. \* Option project: stay-in school program for youth at risk of drop-out. \* Psychosocial support.

**Eligibility:** Option project: youth in Père-Marquette, Lucien-Pagé and Chomedey-De Maisonneuve secondary schools, drop-in and drop-in+: youth 15 to 24 years old who have dropped out and are in reflexion

**Coverage area:** Rosemont-La Petite Patrie, Villeray-Saint-Michel-Parc-Extension, Le Plateau Mont-Royal, Mercier-Hochelaga-Maisonneuve

**Financing:** grants, donations, fundraising campaigns

**Legal status:** non-profit organization

## Homework assistance and tutoring

### PIAULE (LA) - LOCAL DES JEUNES

6779 Saint-Laurent Boulevard, Rosemont-La Petite-Patrie, Montréal, QC, H2S 3C8

**514 276-8482**

**Email:** [lapiaule2003@hotmail.com](mailto:lapiaule2003@hotmail.com)

**Services:** Animated meeting place. \* Help and referral.\* Homework assistance.\* Sports, cultural, artistic, social and educational activities.\* Cooking workshops.

**Eligibility:** youth 12 to 17 years old

**Capacity:** 50 people

**Coverage area:** Rosemont-La Petite-Patrie

**Hours:** Monday to Friday 15h30 to 21h00, special activities on weekends

**Financing:** grants, self-financing

**Legal status:** non-profit organization

## Language courses

### COLLECTIF

7124 Boyer Street, Rosemont-La Petite-Patrie, Montréal, QC, H2S 2J8

**514 279-4246** Fax: 514 279-8536

**Website:** [www.cfiq.ca](http://www.cfiq.ca)

**Email:** [info@cfiq.ca](mailto:info@cfiq.ca)

**Services:** Accompaniment and reception of newcomers. \* Job seeking assistance services, cyberemploi centre and training.\* Conversation workshops: French and English.\* Intercultural training sessions.\* Women's centre: activities, coffee chats, outings.\* Legal clinic for women.\* Support groups for immigrant mothers with children aged 0 to 5 years old.

**Eligibility:** immigrants women and men, women's centre: immigrant women

**Coverage area:** province of Québec

**Hours:** Monday to Friday 9h00 to 12h00 and 13h00 to 17h00

**Fees:** free

**Financing:** provincial

**Legal status:** non-profit organization

## Literacy

### CENTRE ALPHA-SOURD

6300 du Parc Avenue, Suite 605, Rosemont-La Petite-Patrie, Montréal, QC, H2V 4H8

**514 278-5334** Fax: 514 278-8120

**Website:** [www.casourd.org](http://www.casourd.org)

**Email:** [info@casourd.org](mailto:info@casourd.org)

**Services:** \* Literacy workshops: French, writing and reading, mathematics.\* Computer courses.\* Community kitchen.\* Social and artistic activities.\* Alpha-tactile program for deaf and blind people.

**Eligibility:** deaf and deaf-blind people

**Capacity:** 35 people

**Coverage area:** Greater Montréal

**Hours:** Monday to Thursday 8h00 to 16h00, Monday and Friday by appointment

**Financing:** provincial

**Legal status:** non-profit organization

### **CENTRE AU PUIITS**

3505 Bagot Street, Rosemont-La Petite-Patrie, Montréal, QC, H1X 1C4

**514 843-5004**

**Website:** [www.centreaupuits.org](http://www.centreaupuits.org)

**Email:** [aupuits@videotron.ca](mailto:aupuits@videotron.ca)

**Services:** \* Reading and writing workshops.\* Artistic workshops: dance, choir, theatre.\* Arts and crafts, sewing and knitting workshops.\* Mathematics workshop.\* Computer workshop.\* Nutrition workshop.\* Discussion workshop on press articles and information.\* Self-knowledge and relaxation workshops.\* Social meetings.\* Autonomization group.\* Voluntary cooperation project.

**Eligibility:** people who are lonely 18 years and over, with an intellectual disability or with mental health problems

**Coverage area:** Greater Montréal

**Hours:** Monday to Friday 8h30 to 16h30

**Fees:** membership: \$20, activities: \$25

**Financing:** provincial, donations

**Legal status:** non-profit organization

### **DÉCLIC - INITIATIVES POUR LA FORMATION ET L'EMPLOI DES JEUNES**

6250 des Écores Street, Rosemont-La Petite-Patrie, Montréal, QC, H2G 2J5

**514 277-5559 Fax: 514 277-3553**

**Website:** [www.decllic.ca](http://www.decllic.ca)

**Email:** [info@decllic.ca](mailto:info@decllic.ca)

**Services:** Socio-psycho-educational services for young adults in difficulties who wish to return to school. \* Counseling and psychosocial support.\* Psychotherapy program.\* Skills development and school reintegration program (Intro).\* Literacy development program (Stimulus).

**Eligibility:** young adults aged 18 to 25 with learning disabilities, attention problems or mental health issues

**Coverage area:** Greater Montréal

**Hours:** Monday to Friday 8h30 to 17h00

**Financing:** donations, grants, self-financing

**Legal status:** non-profit organization

### **LETTRES EN MAIN**

5483 12th Avenue, Rosemont-La Petite-Patrie, Montréal, QC, H1X 2Z8

**514 729-3056 Fax: 514 729-3010**

**Website:** [www.lettresenmain.com](http://www.lettresenmain.com)

**Email:** [lem@videotron.qc.ca](mailto:lem@videotron.qc.ca)

**Services:** \* Literacy workshops: basic French, numeracy and computer.\* Production of teaching material.\* Advocacy.

**Eligibility:** adults

**Capacity:** 40 participants

**Coverage area:** Rosemont and surroundings

**Hours:** Monday 9h00 to 21h30, Tuesday 13h00 to 21h30, Wednesday and Thursday 9h00 to 17h00

**Fees:** free

**Financing:** provincial, foundations

**Legal status:** non-profit organization

## Vocational training, Cégeps and Universities

### CÉGEP À DISTANCE

6300 16th Avenue, Rosemont-La Petite-Patrie, Montréal, QC, H1X 2S9

**1 800 665-6400** Fax: 514 864-6400

**Website:** www.cegepadistance.ca

**Email:** educinfo@cegepadistance.ca

**Services:** College devoted to distance education. \* Pre-university and technical programs (DEC) and attestation of collegial studies (AEC). \* Consultation and guidance service for the courses selection. \* Credential recognition and school equivalency for studies outside the province of Québec. \* Educational tools for teachers. \* Enterprises formations.

**Coverage area:** province of Québec

**Hours:** Monday to Friday 8h30 to 16h30, office closed on Friday in July

**Legal status:** parapublic organization

### CENTRE DE RESSOURCES ÉDUCATIVES ET PÉDAGOGIQUES

3000 Beaubien Street East, Rosemont-La Petite-Patrie, Montréal, QC, H1Y 1H2

**514 596-4567**

**Website:** www.icilecrep.qc.ca

**Email:** crep@cscdm.qc.ca

**Services:** Training offered to individuals, organizations and integration companies. \* Social integration\* Project i.S. 2.0.\* Socioprofessionnel integration.\* Francization.\* Popular education.

**Eligibility:** community organizations, schools, companies, institutions, individuals

**Coverage area:** Montréal

**Fees:** variable

**Legal status:** parapublic organization

### COLLÈGE ROSEMONT

6400 16th Avenue, Rosemont-La Petite-Patrie, Montréal, QC, H1X 2S9

**514 376-1620** Fax: 514 376-1440

**Website:** www.crosemont.qc.ca

**Email:** registrariat@crosemont.qc.ca

**Services:** Public higher education institution at a college level. \* Pre-university and technical programs (DEC), attestation of collegiate studies (AEC). \* Ongoing training and services to enterprises. \* Distance learning cégep. \* French learning for newcomers. \* Institut collégial de la littérature financière (ICLF). \* Student residence. \* Early childhood centre (CPE).

**Coverage area:** province of Québec

**Legal status:** parapublic organization

### SERVICE RÉGIONAL D'ADMISSION DU MONTRÉAL MÉTROPOLITAIN

5701 Christophe-Colomb Avenue, Rosemont-La Petite-Patrie, Montréal, QC, H2S 2E9

**1 844 626-2454** Fax: 514 360-2122

**Website:** www.sram.qc.ca

**Email:** info@sram.qc.ca

**Services:** Centralized processing centre for cégep applications. \* Providing information on college and university programs in Québec. \* Processing DEC, ongoing training, evening classes and summer classes registration.

**Eligibility:** applicants in cégeps, students, colleges, college network

**Coverage area:** Greater Montréal

**Financing:** self-financing, grants

**Legal status:** non-profit organization



**TÉLUQ**

5800 Saint-Denis Street, Suite 1105, Rosemont-La Petite-Patrie, Montréal, QC, H2S 3L5

**1 888 843-4333**

**Website:** [www.teluq.ca](http://www.teluq.ca)

**Email:** [info@teluq.ca](mailto:info@teluq.ca)

**Services:** Public distance learning university. \* Undergraduate and postgraduate programs.\* Continuing education and business services.

**Coverage area:** province of Québec

**Hours:** reception and information: Monday to Friday 8h30 to 16h30

**Legal status:** parapublic organization

## **Employment and Income**

**ADVOCACY FOR WORKERS AND UNEMPLOYED**

**BUSINESS DEVELOPMENT**

**EMPLOYMENT SUPPORT AND TRAINING**

**EMPLOYMENT SUPPORT FOR IMMIGRANTS**

**EMPLOYMENT SUPPORT FOR YOUTH**

**GOVERNMENT SERVICES**

**TAX CLINICS**

**VOCATIONAL REHABILITATION AND DISABILITY-RELATED EMPLOYMENT**

## Advocacy for workers and unemployed

### AU BAS DE L'ÉCHELLE

6839A Drolet Street, Suite 305, Rosemont-La Petite-Patrie, Montréal, QC, H2S 2T1

**514 270-7878** Fax: 514 270-7726

**Website:** www.aubasdelechelle.ca

**Email:** abe@aubasdelechelle.ca

**Services:** Popular education group. \* Training and information on labor rights and remedies in the event of disagreement with the employer.\* Phone consultations.\* Information meetings.\* Training for organizations and community workers.\* Collective actions to protect and improve labor rights.

**Eligibility:** non-unionized workers, organizations, community workers

**Coverage area:** Greater Montréal

**Hours:** Monday 13h30 to 20h00, Tuesday 13h30 to 17h00, Thursday 9h00 to 12h00 and 13h30 to 17h00

**Financing:** Centraide of Greater Montreal

**Legal status:** non-profit organization

### MOUVEMENT ACTION CHÔMAGE DE MONTRÉAL

6839-A Drolet Street, 3rd Floor, Rosemont-La Petite-Patrie, Montréal, QC, H2S 2T1

**514 271-4099** Fax: 514 271-4236

**Website:** www.macmtl.qc.ca

**Email:** macmtl@macmtl.qc.ca

**Services:** \* Legal information and representation.\* Advocacy.\* Cooperation with unions and community groups.\* Group information meetings.\* Departmental investigation.

**Eligibility:** unemployed people

**Coverage area:** Montréal, Longueuil, Laval

**Financing:** Centraide of Greater Montréal

**Legal status:** non-profit organization

## Business development

### CENTRE INTÉGRÉ UNIVERSITAIRE DE SANTÉ ET DE SERVICES SOCIAUX DE L'EST-DE-L'ÎLE-DE-MONTRÉAL

5415 de l'Assomption Boulevard, Rosemont-La Petite-Patrie, Montréal, QC, H1T 2M4

**514 252-3438** Fax: 514 252-3589

**Website:** ciuss-estmtl.gouv.qc.ca

**Services:** Planning, coordination and organization of social and health services. \* Responsibility of the availability of care to the entire population, including the most vulnerable.\* Management of simplified access to services.\* Handling of complaints regarding dissatisfaction or violation of rights of users.

**Coverage area:** East of Montréal Island

**Financing:** provincial

**Legal status:** parapublic organization

### OFFICE DE LA PROTECTION DU CONSOMMATEUR

Head Office, 5199 Sherbrooke Street East, Suite 3671, Rosemont-La Petite-Patrie, Montréal, QC, H1T 3X2

**514 253-6556** Fax: 514 864-2399

**Website:** www.opc.gouv.qc.ca

**Services:** Responsible for enforcing four laws: Consumer Protection Act, Travel Agents Act, Act respecting certain debt collection, Act respecting prearranged funeral services and sepulture. Reception of complaints from consumers. \* Educates and informs the population.\* Represents the interests of consumers in dealings with public organizations operating in Québec, Canada and worldwide.\* Fosters concerted action among stakeholders of the consumer market (consumers, merchants and the associations representing them). \* Delivers permits for an itinerant merchant.

**Eligibility:** consumers and stakeholders of the consumer market

**Coverage area:** Province of Québec

**Hours:** Office: Monday, Tuesday, Wednesday and Friday 8h30 to 12h00 and 13h00 to 16h30, Thursday 9h30 to 12h00 and 13h00 to 16h30, telephone service: Monday to Friday 8h30 to 16h30

**Financing:** provincial

**Legal status:** provincial government agency

## Employment support and training

### CLINIQUE DE PSYCHOLOGIE VILLERAY-PETITE-PATRIE

7105 Saint-Hubert Street, Suite 301, Rosemont-La Petite-Patrie, Montréal, QC, H2S 2N1

**514 499-0399 ext. 0**

**Website:** [www.clinique-psychologues-montreal.ca](http://www.clinique-psychologues-montreal.ca)

**Services:** Counselling with psychologists and psychotherapists. \* Individual counselling and follow-up.\*

Counselling with supervised doctoral students.\* Career counseling.\* Family mediation.\* Point of service: 150 Jarry Street East (unaccessible to wheelchairs).

**Coverage area:** Montréal Island

**Hours:** Monday to Thursday 8h00 to 16h30, Friday 8h00 to 16h30 and 18h00 to 21h30, Saturday and Sunday 8h00 to 21h30

**Fees:** counselling with students: \$50 to \$70 per session, counselling with psychologists: starting at \$95 per session

**Legal status:** commercial enterprise

### FEMMES REGROUPÉES EN OPTIONS NON TRADITIONNELLES

3958 Dandurand Street, Suite 22, Rosemont-La Petite-Patrie, Montréal, QC, H1X 1P6

**514 944-2030**

**Website:** [www.front.qc.ca](http://www.front.qc.ca)

**Email:** [info@front.qc.ca](mailto:info@front.qc.ca)

**Services:** Support women in their employment process relatively to jobs that are not traditionally occupied by women. \* Information and referrals regarding studies, job access, conditions to maintain employment and promotions.\* Awareness, education and consultation.

**Eligibility:** women

**Coverage area:** Province of Québec

**Hours:** Monday to Friday 8h00 to 14h00

**Fees:** individual member: \$10, community group: \$100, management, union and institutional group: \$150

**Financing:** grants, membership fees

**Legal status:** non-profit organization

### SERVICE D'ENTRETIEN PRO-PRÊT

5500 Fullum Street, Suite 300, Rosemont-La Petite-Patrie, Montréal, QC, H2G 2H3

**514 279-3627 Fax: 514 279-9630**

**Website:** [www.propret.org](http://www.propret.org)

**Email:** [info@propret.org](mailto:info@propret.org)

**Services:** Socioprofessional insertion enterprise. \* General maintenance of offices.\* Industrial and commercial cleaning.\* Human resources outsourcing.

**Coverage area:** Greater Montréal

**Hours:** Monday to Friday 9h00 to 17h00

**Fees:** variable

**Financing:** self-financing

**Legal status:** non-profit organization

## Employment support for immigrants

### GROUPE CONSEIL SAINT-DENIS

1453 Beaubien Street East, Suite 302, Rosemont-La Petite-Patrie, Montréal, QC, H2G 3C6

**514 278-7211** Fax: 514 278-2493

**Website:** www.gcsd.qc.ca

**Email:** accueil@gcsd.qc.ca

**Services:** \* Guidance.\* Academic and career information.\* Skills assessment.\* Job search coaching.\* Support and follow-up.\* Business services.

**Eligibility:** unemployed people 18 to 55 years old, newcomers, people who experienced a burnout, businesses

**Coverage area:** Greater Montréal

**Hours:** Monday to Friday 8h30 to 16h30

**Financing:** provincial

**Legal status:** non-profit organization

## Employment support for youth

### BUFFETS INSÈRE-JEUNES

5188 Beaubien Street East, Rosemont-La Petite-Patrie, Montréal, QC, H1T 1W1

**514 593-7705 ext. 3** Fax: 514 593-7358

**Website:** ww.traiteurbis.qc.ca

**Email:** formation@traiteurbis.qc.ca

**Services:** Social and professional integration enterprise. \* BIS training: 6-month paid work experience in cooking, technical training as assistant cook or assistant pastry chef, individual follow-up, personal and social development workshops, job search assistance.\* Services to employers.\* Catering.

**Eligibility:** youth 16 to 25 years old

**Coverage area:** Montréal

**Hours:** Monday to Friday 7h00 to 16h30

**Fees:** none

**Financing:** provincial, self-financing, donations

**Legal status:** non-profit organization

### HÔTE MAISON - MAISON DE JEUNES (L')

6255 Boyer Street, Rosemont-La Petite-Patrie, Montréal, QC, H2S 2J2

**514 273-0805**

**Website:** www.lhotemaison.com

**Email:** lhote\_maison@hotmail.com

**Services:** Exchange, training and information meeting place. \* Recreational and sports activities: capoeira, improvisation, hip-hop dance, etc.\* OKAFLY: youth work cooperative.\* One-off projects: film workshops, circus workshops, etc.

**Eligibility:** young people 12 to 17 years old

**Coverage area:** Rosemont-La Petite-Patrie

**Hours:** Monday to Friday 14h45 to 21h00

**Financing:** grants, self-financing

**Legal status:** non-profit organization

### IMPRIME-EMPLOI

5500, Fullum Street, Suite 318, Rosemont-La Petite-Patrie, Montréal, QC, H2G 2H3

**514 277-7535** Fax: 514 277-2273

**Website:** www.imprime-emploi.com

**Email:** communications@imprime-emploi.com

**Services:** Training business specialized in printing and finishing printing products. \* 6 months training in binding and finishing: 20 weeks of learning, 4 weeks internship and 2 weeks of job research.

**Eligibility:** adults from 18 to 35 years old distanced from labor market or experiencing difficulties to find or maintain a job

**Coverage area:** Montréal

**Hours:** Monday to Thursday 9h00 to 12h00 and 13h00 to 17h00, Friday 9h00 to 12h00 and 13h00 to 16h30

**Financing:** grants, self-financing

**Legal status:** non-profit organization

## Government services

### REVENU QUÉBEC - MONTRÉAL EAST

Village olympique, 5199 Sherbrooke Street East, Pyramide East, Suite 4000, Rosemont-La Petite-Patrie, Montréal, QC, H1T 4C2

**514 864-6299 Fax:** 514 873-7502 **TTY:** 514 873-4455

**Website:** [www.revenuquebec.ca](http://www.revenuquebec.ca)

**Services:** \* Administrator of Québec's tax system by collecting taxes.\* Administration of programs and services related to income: tax credits, housing benefits, work bonuses, maintenance allowances, provisional administration of unclaimed property, the Registraire des entreprises.

**Coverage area:** Province of Québec

**Hours:** Monday to Friday 10h00 to 16h30, phone service: Monday to Friday 8h30 to 16h30

**Financing:** provincial

**Legal status:** provincial government agency

## Tax clinics

### ALLIANCE SOLUTIONS COMPTABLES - TAX CLINIC

915 Bélanger Street, Rosemont-La Petite-Patrie, Montréal, QC, H2S 1G9

**514 312-6212**

**Website:** [scalliance.ca](http://scalliance.ca)

**Email:** [info@scalliance.ca](mailto:info@scalliance.ca)

**Services:** Tax clinic.

**Eligibility:** retired people, people on social assistance, full-time students

**Coverage area:** Montréal

**Hours:** March 1 to April 30 2018, Monday to Friday 10h00 to 17h00 by appointment, March 17 2018 without appointment

**Fees:** voluntary contribution

**Legal status:** commercial enterprise

### ASSOCIATION CANADO-PÉRUVIENNE - TAX CLINIC

6970 Christophe-Colomb Street, Suite 208, Rosemont-La Petite-Patrie, Montréal, QC, H2S 2H5

**514 554-1272**

**Website:** [www.apc-canada.com](http://www.apc-canada.com)

**Email:** [apc.peru@yahoo.com](mailto:apc.peru@yahoo.com)

**Services:** Tax clinic available all year. \* Walk-in hours during tax season.\* Possibility of in-home service for groups comprising 10 people or more and for people with disabilities.

**Eligibility:** newcomers, students, retired people, people on a low income, unemployed people, self-employed workers, others

**Coverage area:** Greater Montréal

**Hours:** February 15 to May 31 2018: Tuesday, Thursday and Friday 11h00 to 17h00, Saturday 11h00 to 14h00, June 6 2018 to February 6 2019: 1st Wednesday of the month 13h00 to 17h00

**Fees:** basic contribution: \$15, self-employed workers: additional contribution

**Financing:** donations, grants

**Legal status:** non-profit organization

### **CENTRE D'INFORMATION POUR ESPAGNOLS - TAX CLINIC**

1420 Bélanger Street East, Rosemont-La Petite-Patrie, Montréal, QC, H2G 1A4

**514 843-4113**

**Email:** misionsantateresamontreal@gmail.com

**Services:** Tax clinic by appointment.

**Eligibility:** immigrant people, mainly Spanish speakers

**Coverage area:** Greater Montréal

**Hours:** clinic 2018: March and April

**Financing:** self-financing, donations

**Legal status:** non-profit organization

### **CENTRE DE RESSOURCES ET D'ACTION COMMUNAUTAIRE DE LA PETITE-PATRIE - TAX CLINIC**

6839 Drolet Street, Rosemont-La Petite-Patrie, Montréal, QC, H2S 2T1

**514 277-4993 Fax: 514 277-7494**

**Website:** www.cracpp.org

**Email:** nathalieb.crac@gmail.com

**Services:** Walk-in tax clinic.

**Eligibility:** people on a low income, seniors

**Coverage area:** La Petite-Patrie

**Hours:** 2018 clinic: March 5 to April 12, Monday to Thursday 13h00 to 17h00

**Fees:** \$10

**Financing:** donations, self-financing, federal, provincial, municipal

**Legal status:** non-profit organization

### **MAISONNÉE (LA) - ACCUEIL - INTÉGRATION - EMPLOI - TAX CLINIC**

6865 Christophe-Colomb Avenue, Rosemont-La Petite-Patrie, Montréal, QC, H2S 2H3

**514 271-3533 ext. 208 Fax: 514 271-1910**

**Website:** www.lamaisonnee.org

**Email:** info@lamaisonnee.org

**Services:** Tax clinic by appointment.

**Eligibility:** newcomers for less than 5 years, asylum seekers and foreign students on a low income

**Coverage area:** Greater Montréal

**Hours:** March 5 to April 12 2018 on Tuesdays, Wednesdays and Thursdays

**Fees:** \$7 per person, \$12 per family

**Financing:** provincial, municipal, Centraide of Greater Montréal, federal, donations, foundation

**Legal status:** non-profit organization

## **Vocational rehabilitation and disability-related employment**

### **ACTION MAIN-D'OEUVRE**

3320 Rosemont Boulevard, Rosemont-La Petite-Patrie, Montréal, QC, H1X 1K3

**514 721-4941 Fax: 514 721-0937**

**Website:** www.actionmaindoeuvre.ca

**Email:** info@actionmaindoeuvre.ca

**Services:** \* Development of employment skills and individual follow-up.\* Job search assistance and employment counseling.\* Interviews preparation.\* Support in the workplace and negotiation of financial subsidies when required.\* Referrals to adapted job companies.

**Eligibility:** people aged 16 years old and over with a mild intellectual disability or an autism spectrum disorder (ASD) without intellectual disability  
**Coverage area:** Greater Montréal  
**Hours:** Monday to Friday 8h30 to 16h30, Wednesday 8h30 to 20h30  
**Financing:** provincial  
**Legal status:** non-profit organization

### **ARRIMAGE (L')**

1274 Jean-Talon Street East, Suite 204, Rosemont-La Petite-Patrie, Montréal, QC, H2R 1W3  
**514 389-9393 Fax:** 514 389-5776  
**Website:** www.larrimage.ca  
**Email:** infos.mtl@larrimage.ca

**Services:** Job market integration for people living with mental health problems. \* Reception, assessment.\* Information, counselling, guidance.\* Job search techniques.\* Placement and integration into adapted businesses.\* Job retention and follow-up.

**Eligibility:** people with a mental health problem diagnosis  
**Coverage area:** Montréal  
**Hours:** Monday to Friday 8h30 to 12h00 and 13h00 to 16h30  
**Financing:** provincial  
**Legal status:** non-profit organization

### **CENTRE DIDACHE (LE)**

1871 Rosemont Boulevard, Rosemont-La Petite-Patrie, Montréal, QC, H2G 1S7  
**514 274-9358 Fax:** 514 274-7362  
**Website:** www.centredidache.com  
**Email:** centredidache@hotmail.ca

**Services:** \* Information, support and referral.\* Summer day camp for children 6 to 18 years old with autism.\* Day camp for school break.\* Samedis magiques: week-end respite for children 6 to 12 years old.\* Mercure project: adapted recreational activities for teenagers.\* Transition program: community workplace for adults with autism.\* Je cuisine project: cooking lessons for adults.\* Samedis adultes: adapted recreational activities for adults.

**Eligibility:** people with autism or intellectual disabilities, their families  
**Coverage area:** Montréal  
**Financing:** grants, donations, provincial  
**Legal status:** non-profit organization

### **MAIN-FORTE MONTRÉAL INC.**

6602 Papineau Avenue, Rosemont-La Petite-Patrie, Montréal, QC, H2G 2X2  
**514 593-6129**  
**Website:** mainfortemontreal.org  
**Email:** contact@mainfortemontreal.org

**Services:** Self-managed workplace. \* Manual packing and assembly services.\* Customized training according to members' needs.

**Eligibility:** adults with physical disabilities  
**Coverage area:** Montréal  
**Hours:** Monday to Thursday 8h00 to 16h00, Friday 8h00 to 15h00  
**Financing:** donations, fundraising campaigns, self-financing  
**Legal status:** non-profit organization



## **Food**

**COLLECTIVE KITCHENS**

**COMMUNITY GARDENS AND MARKETS**

**FOOD ASSISTANCE**

**LOW COST OR FREE MEALS**

## Collective kitchens

### HALTE LA RESSOURCE

6365 Saint-Vallier Street, Rosemont-La Petite-Patrie, Montréal, QC, H2S 2P6

**514 524-0073**

**Website:** [www.haltelaressource.org](http://www.haltelaressource.org)

**Email:** [info@haltelaressource.org](mailto:info@haltelaressource.org)

**Services:** \* Reception and referrals. \* Parent-child activities.\* Sociocultural activities.\* Sewing workshops.\* Drop-in respite.\* Collective kitchen.\* Exchange and reflection activities.\* Support group for single parents.

**Eligibility:** families, mainly mothers with underage children

**Coverage area:** Greater Montréal

**Hours:** reception: Tuesday to Friday 10h00 to 17h00

**Fees:** variable

**Financing:** fundraising campaigns, grants

**Legal status:** non-profit organization

### OASIS DES ENFANTS DE ROSEMONT (L')

2555 Holt Street, Rosemont-La Petite-Patrie, Montréal, QC, H1Y 1N4

**514 374-9111**

**Website:** [www.oasisdesenfants.com](http://www.oasisdesenfants.com)

**Email:** [info@oasisdesenfants.com](mailto:info@oasisdesenfants.com)

**Services:** Welcome, listening and help for children. \* Various activities: crafts, dress up, board games.\* Help with homework.\* Cooking with the children.\* Drop-in daycare.\* Daily healthy snacks.\* Parent groups.\* Drop-in daycare.\* Summer day camps.

**Eligibility:** children 5 to 12 years old, drop-in daycare: 0 to 5 years old

**Capacity:** drop-in daycare: 12 places, afterschool activities: 30 to 40 children

**Coverage area:** Montréal

**Hours:** drop-in daycare: Monday to Friday 8h00 to 17h00, after-school activities: Monday to Friday 15h00 to 17h30

**Fees:** after-school activities: free registration upon presentation of insurance card, fees for drop-in daycare

**Financing:** fundraising campaigns, donations, provincial

**Legal status:** non-profit organization

## Community gardens and markets

### ROSEMONT-LA-PETITE-PATRIE - BOROUGH

5650 D'Iberville Street, 2nd floor, Rosemont-La Petite-Patrie, Montréal, QC, H2G 2B3

**3-1-1**

**Website:** [www.ville.montreal.qc.ca/rpp](http://www.ville.montreal.qc.ca/rpp)

**Email:** [info-rpp@ville.montreal.qc.ca](mailto:info-rpp@ville.montreal.qc.ca)

**Services:** \* Carte Access Montreal membership: privileges program for residents and owners in Montreal.\* Consultation of public opinion of the committees of the City of Montreal and the Montreal Agglomeration and the related documents.\* Information and documentation. \* Recycling bins (subject to availability) and food waste bins.\* Community Gardens (registration and collection).\* Taking of an oath.\* Property assessment.\* Property taxes (explanations and payment).\* Statement of offense (information and payment).\* Permits animal (cats and dogs).\* Folders creation for intervention requests for municipal services.\* Housing application form at low cost (HLM).\* Housing related grants.\* Parking vignettes.\* Info-travaux: geolocated information about infrastructure works.\* Info-collectes: [www.servicesenligne2.ville.montreal.qc.ca/sel/infocollectes/?lang=eng](http://www.servicesenligne2.ville.montreal.qc.ca/sel/infocollectes/?lang=eng)

**Hours:** Monday to Friday 8h30 to 16h30, permits counter: closed on Wednesday

**Fees:** oath: \$6 per document

**Legal status:** municipal agency

## Food Assistance

### BOUFFE-ACTION DE ROSEMONT

5350 Lafond Street, Suite R-115, Rosemont-La Petite-Patrie, Montréal, QC, H1X 2X2

**514 523-2460** Fax: 514 524-9813

**Website:** www.bouffe-action.org

**Email:** magdalena.schweiger@bouffe-action.org

**Services:** \* Collective kitchens.\* Collective gardens.\* Cooking and nutrition workshops for pregnant women and new parents (baby purées).\* Economic boxes of fruits and vegetables.\* Christmas sharing store.\* Public education workshops.

**Eligibility:** vulnerable people and families (low income, isolation, immigration, single parenthood, physical or mental health problem, etc.), pregnant women and parents of young children

**Coverage area:** Rosemont

**Hours:** Monday to Friday 9h00 to 12h00 and 13h00 to 17h00

**Fees:** membership card: \$5 per year, collective kitchens: 1\$ to \$2 per serving, collective gardens: \$16 for the season, economic boxes: \$8 for small, \$12 medium, \$18 large, sharing store: 10% of the actual cost of groceries

**Financing:** Centraide of Greater Montréal, provincial, federal

**Legal status:** non-profit organization

### CENTRE COMMUNAUTAIRE CEFEDI - AIDE ALIMENTAIRE

6540 Papineau Avenue, Suite 102, Rosemont-La Petite-Patrie, Montréal, QC, H2G 2X2

**514 384-5330**

**Website:** www.cefedi.ca

**Email:** cefedi04@hotmail.com

**Services:** \* Emergency food assistance upon referral.\* Food bank.\* Christmas baskets.

**Eligibility:** open to all

**Coverage area:** Rosemont-La Petite-Patrie, Villeray, Saint-Michel, Parc-Extension

**Hours:** food bank: Thursday 15h00 to 18h30

**Fees:** food bank: \$4

**Financing:** self-financing

**Legal status:** non-profit organization

### CENTRE D'INFORMATION POUR ESPAGNOLS

1420 Bélanger Street East, Rosemont-La Petite-Patrie, Montréal, QC, H2G 1A4

**514 843-4113**

**Email:** misionsantateresamontreal@gmail.com

**Services:** \* Food and clothing assistance. \* Thrift store: sale of clothing, furniture, appliances, small house items, toys and books at low cost.\* Christmas baskets for people already benefiting from the food assistance service.\* Information and referral.\* Needs assessment by a social worker.\* Classes: computer, embroidery and crafts.\* Group activities: outings and trips.\* Coffee chats.\* French courses provided by the CREP.

**Eligibility:** immigrant people, mainly Spanish speakers, donations: refugees

**Capacity:** 300

**Coverage area:** Greater Montréal

**Hours:** Tuesday to Friday 10h00 to 12h00 and 13h00 to 16h00

**Fees:** food basket: \$3

**Financing:** self-financing, donations

**Legal status:** non-profit organization

### **COMPTOIR ALIMENTAIRE DE L'ÉGLISE BAPTISTE ÉVANGÉLIQUE DE ROSEMONT (LE)**

3245 Saint-Joseph Boulevard East, Rosemont-La Petite-Patrie, Montréal, QC, H1Y 2B6

**514 729-5103**

**Website:** www.eglisederosemont.ca

**Email:** bureau@eglisederosemont.ca

**Services:** \* Bi-monthly food program: low-price fruit, vegetables, bread and non-perishable goods.

**Eligibility:** people on a low income

**Capacity:** 150 families

**Coverage area:** Rosemont, La Petite-Patrie

**Hours:** 2nd and 4th Friday of each month at 16h30, first arrived, first served

**Fees:** grocery: \$4

**Financing:** self-financing, donations

**Legal status:** non-profit organization

### **COOPÈRE ROSEMONT**

3958 Dandurand Street, Rosemont-La Petite-Patrie, Montréal, QC, H1X 1P7

**514 419-4736** Fax: 514 419-0646

**Website:** www.coopere.ca

**Email:** info@coopere.ca

**Services:** Support to fathers and families. \* Home environment.\* Hotline and one-on-one meetings.\*

Accompaniment with procedures. information, Internet access, resources and support.\* Community garden,

Prépa lunch enfants program, dinners, collective kitchens.\* School supplies sharing-store.\* Father-child

activities: father-child animated park.\* Gym.\* Fathers' evenings, thematic discussion group for fathers and

activities.\* Awareness workshops: paternity and parenting (fathers, mothers).\* Developing parenting skills.\*

Special and family activities (winter and summer camps, sugar shacks, Christmas spirit, family parties).\* For

families: birth accompaniment in collaboration with CLSC's and community organizations, prenatal and

postnatal individual support.\* Training and awareness among community organizations and partners.\*

Presenting services to CLSC's, research projects and partnerships (Centre de Jeunesse de Montréal, UDM).

**Eligibility:** families: fathers, children, mothers

**Coverage area:** Rosemont neighbourhood

**Hours:** Monday, Wednesday and Friday 9h00 to 17h00, Tuesday and Thursday 9h00 to 21h30, pères-enfants workshops: Saturday 9h00 to 12h00, discussion evenings: Thursday 18h00 to 21h00

**Fees:** free or reduced fees

**Financing:** Centraide of Greater Montréal, provincial

**Legal status:** non-profit organization

### **ENTRAIDE PAROISSIALE NOTRE-DAME-DE-LA-DÉFENSE**

6800 Henri-Julien Avenue, Rosemont-La Petite-Patrie, Montréal, QC, H2S 2V4

**514 277-6522**

**Services:** \* Food vouchers.

**Coverage area:** La Petite-Patrie and surroundings

**Hours:** office: Monday to Friday 9h00 to 12h00 and 13h00 to 16h00

**Financing:** donations

**Legal status:** non-profit organization

### **FABRIQUE DE LA PAROISSE NOTRE-DAME-DE-LA-CONSOLATA**

1700 Jean-Talon Street East, Rosemont-La Petite-Patrie, Montréal, QC, H2E 1T2

**514 374-0122**

**Email:** paroisseconsolata@gmail.com

**Services:** \* Bi-annual bazaar.\* Food assistance.

**Eligibility:** families and people in difficulty

**Coverage area:** Montréal

**Hours:** bazaar: spring and fall

**Fees:** food assistance: free  
**Financing:** donations  
**Legal status:** non-profit organization

### **FREE METHODIST CHURCH OF ROSEMONT**

6005 40th Avenue, Rosemont-La Petite-Patrie, Montréal, QC, H1T 2V6  
**450 665-8618**

**Services:** \* Food assistance.  
**Eligibility:** people on a low income of all religions  
**Coverage area:** Rosemont and surroundings  
**Hours:** April to December: Friday 13h00 to 15h00  
**Fees:** suggested contribution of \$7  
**Financing:** donations  
**Legal status:** non-profit organization

### **MAISONNÉE (LA) - ACCUEIL - INTÉGRATION - EMPLOI**

6865 Christophe-Colomb Avenue, Rosemont-La Petite-Patrie, Montréal, QC, H2S 2H3  
**514 271-3533 Fax: 514 271-1910**

**Website:** [www.lamaisonnee.org](http://www.lamaisonnee.org)  
**Email:** [info@lamaisonnee.org](mailto:info@lamaisonnee.org)

**Services:** \* Assistance with administrative procedures.\* Assistance with settlement and integration.\* Legal advice.\* Certification of documents.\* Francization courses.\* English courses.\* Sociocultural activities.\*  
Employment: job search workshops, resume writing, individual monitoring, internship and job placement.\*  
Regular and emergency food assistance.\* Buying groups.\* Housing search assistance.\* Family outings.\*  
Summer day camp.\* Tax clinic.\* Shared housing: pairing of people in search of housing with people looking for a rent share.  
**Eligibility:** food aid: Rosemont-La Petite-Patrie residents and immigrants for less than 5 years, shared housing: for everyone, other services: immigrants for less than 5 years  
**Capacity:** food bank: 130  
**Coverage area:** Greater Montréal  
**Hours:** Monday to Friday 9h00 to 17h00, food assistance: Wednesday starting at 10h00, some activities on evenings  
**Fees:** food assistance: \$4  
**Financing:** provincial, municipal, Centraide of Greater Montréal, federal, donations, foundation  
**Legal status:** non-profit organization

### **MAISONNETTE DES PARENTS (LA)**

6651 Saint-Laurent Boulevard, Rosemont-La Petite-Patrie, Montréal, QC, H2S 3C5  
**514 272-7507 Fax: 514 272-2367**

**Email:** [info@maisonnettedesparents.org](mailto:info@maisonnettedesparents.org)

**Services:** \* Support for families: reception, mutual help.\* Relaxation training for parents.\* Parent-child activities.\* Daycare.\* Recreational and sports activities.\* Food assistance.\* Collective kitchen.\* Meals in schools.\* Cooking workshops for parents, teenagers and children.\* Events and activities.  
**Eligibility:** people on a low income, people from the area  
**Capacity:** collective kitchens: 4 groups of 6 people, 300 meals for 3 schools  
**Coverage area:** La Petite-Patrie  
**Hours:** food aid: Thursday 11h30 to 13h00, collective kitchens: Monday 18h30 to 21h30 and Friday 13h00 to 17h00  
**Fees:** membership card: \$5 per year, food assistance: \$2 per week, kitchens: \$3 per serving  
**Financing:** donations, contributions, grants  
**Legal status:** non-profit organization

### **SALVATION ARMY - COMMUNITY AND FAMILY SERVICES - ROSEMONT**

6735 Pie-IX Boulevard, Rosemont-La Petite-Patrie, Montréal, QC, H1X 2C7

**514 722-8534 Fax:** 514 722-1201

**Website:** [www.salvationarmy.ca/quebec/family](http://www.salvationarmy.ca/quebec/family)

**Services:** \* Food aid.\* Vouchers for purchasing clothing and furniture in a Salvation Army shop.\* Christmas baskets.\* School supplies.\* Family summer camp in Lac de l'Achigan.\* Cultural assemblies.\* Referral towards other Salvation Army resources when needed.

**Eligibility:** individuals and families on a low income, newcomers

**Coverage area:** Montréal

**Hours:** food aid: Wednesday and Thursday 10h00 to 14h00, by appointment

**Fees:** free

**Financing:** donations

**Legal status:** non-profit organization

### **SOCIÉTÉ DE SAINT-VINCENT-DE-PAUL - CONFÉRENCE SAINT-JEAN-VIANNEY (MONTRÉAL)**

6416 26th Avenue, Rosemont-La Petite-Patrie, Montréal, QC, H1T 3K7

**514 251-2208**

**Services:** \* Clothing depot.\* School supplies distribution.\* Food vouchers.\* Christmas baskets.

**Eligibility:** people on a low income

**Coverage area:** Saint-Jean-Vianney (Montréal) Parish and some parishes now merged with Notre-Dame-de-l'Alliance (East Part): Sainte-Bernadette-Soubirous and Saint-Eugène, Saint-Marc

**Hours:** food vouchers: Wednesday 13h00 to 15h45, clothing bank: Wednesday 13h00 to 15h00, bazar: 2nd Saturday of the month (except for July and August)

**Fees:** none

**Financing:** donations, fundraising campaigns, self-financing

**Legal status:** non-profit organization

### **SOCIÉTÉ DE SAINT-VINCENT-DE-PAUL - SAINT-BONAVENTURE**

5205 Saint-Zotique Street East, Rosemont-La Petite-Patrie, Montréal, QC, H1T 1N6

**514 727-3723 Fax:** 514 727-0711

**Email:** [stbonaventure@ssvp-mtl.org](mailto:stbonaventure@ssvp-mtl.org)

**Services:** \* Distribution of non-perishable food baskets and food vouchers.\* Christmas baskets.\* School supplies.

**Eligibility:** people on a low income

**Coverage area:** Saint-Bonaventure Parish

**Hours:** by appointment

**Financing:** fundraising campaign

**Legal status:** non-profit organization

### **SOCIÉTÉ DE SAINT-VINCENT-DE-PAUL - SAINT-FRANÇOIS-SOLANO**

3301 Dandurand Street, Rosemont-La Petite-Patrie, Montréal, QC, H1X 1M6

**514 727-4788**

**Services:** \* Distribution of food vouchers and food baskets.\* Christmas baskets.\* School supplies.\* Clothing bank.

**Eligibility:** people on a low income

**Coverage area:** Saint-François-Solano, Sainte-Gemma, Saint-Albert-le-Grand, Sainte-Bibiane, Saint-Émile merged parishes

**Hours:** food aid: Thursday 13h00 to 16h00, clothing bank: Thursday and Friday 9h00 to 16h00

**Financing:** donations, self-financing

**Legal status:** non-profit organization

## Low cost or free meals

### ÉCHO DES FEMMES DE LA PETITE PATRIE

6032 Saint-Hubert Street, Rosemont-La Petite-Patrie, Montréal, QC, H2S 2L7

**514 277-7445** Fax: 514 277-1689

**Website:** [echodesfemmesdelapetitepatrie.org](http://echodesfemmesdelapetitepatrie.org)

**Email:** [echo@echodesfemmesdelapetitepatrie.org](mailto:echo@echodesfemmesdelapetitepatrie.org)

**Services:** Reception, listening and referral. \* Workshops.\* Monthly soup.\* Documentation centre.\* Choir.\* Involvement and volunteering committees.\* Les Dames de Coeur: intervention and self-help group for mental health.\* Collective actions to improve the living conditions of women.\* Special events.\* Committee for lesbians and women questioning their sexual orientation.\* Workshops and meetings: violence, poverty, sexuality, mental health, isolation, grief and break-ups, etc.

**Eligibility:** women

**Capacity:** about 15 people per group for Les Dames de coeur and workshops

**Coverage area:** Montréal

**Hours:** Monday, Wednesday and Thursday 9h30 to 12h00, Tuesday, Wednesday and Thursday 13h30 to 16h30, Les Dames de Coeur: every second Wednesday 13h30 to 16h00, choir: Wednesday evening, activities for lesbians: Sunday

**Fees:** voluntary contribution

**Financing:** grants, donations

**Legal status:** non-profit organization

**Government services**

**MUNICIPAL SERVICES**

**PUBLIC TRANSPORTATION**



## Municipal services

### **MONTRÉAL - CITY - ÉCOCENTRE LA PETITE-PATRIE**

1100, rue des Carrières, Rosemont-La Petite-Patrie, Montréal, QC, H2S 2A8

**514 872-0384**

**Website:** [ville.montreal.qc.ca/ecocentre](http://ville.montreal.qc.ca/ecocentre)

**Services:** Waste recovery and reuse site. \* Drop-off location.\* No waste collection.\* Accepted items: cooling and freezing appliances containing halocarbons, appliances, big padded furniture, recyclable wastes, electronics, constructions wastes, hazardous household wastes (paints, oils, sprays, batteries, light bulbs, etc.) and green wastes (leaves, tree branches, etc.).

**Eligibility:** citizens of Montréal agglomeration

**Coverage area:** Montréal agglomeration

**Hours:** Summer schedule (April 15th to October 14th): daily 8h00 to 18h00, Winter schedule (October 15th to April 14th): Tuesday to Saturday 10h00 to 18h00

**Fees:** free for all residents of the island of Montréal and the owners of a multi-unit building

**Legal status:** municipal agency

### **SERVICE DE POLICE DE LA VILLE DE MONTRÉAL - POLICE STATION 35 - LA PETITE-ITALIE, LA PETITE-PATRIE, OUTREMONT**

920 Bélanger Street, Rosemont-La Petite-Patrie, Montréal, QC, H2S 3P4

**514 280-0135** Fax: 514 280-0635

**Website:** [www.spvm.qc.ca/en/pdq35](http://www.spvm.qc.ca/en/pdq35)

**Email:** [pdq35@spvm.qc.ca](mailto:pdq35@spvm.qc.ca)

**Services:** Services that respond to local problems and specific needs of citizens. \* For everyone: response to calls that are urgent and less urgent, residential or business visits to give safety and prevention advice, free loan of an engraver to identify valuable items, handling and follow-up of traffic and road safety complaints, handling and follow-up of criminal complaints, local crowd control at events in the neighbourhood.\* For young people: preventive interventions in schools, conferences in schools on various topics (extortion, bullying, drug addiction, street gangs, safety around strangers, graffiti and others), managing school crossings.\* For specific client groups: conferences on women's safety, follow-up with victims of domestic violence, meetings with the elderly for safety talks, community services, participation in citizen committees and round tables, participation in community projects (organization of fundraising campaigns for community and other organizations).\* Available team: community relations officers, responsible VCI - violence conjugale et intrafamiliale, officer assigned to the youth intervention.

**Eligibility:** citizens and residents of the neighborhood

**Coverage area:** La Petite-Italie, La Petite-Patrie, Outremont

**Hours:** Monday to Sunday 9h00 to 19h00

**Legal status:** municipal agency

### **SERVICE DE POLICE DE LA VILLE DE MONTRÉAL - POLICE STATION 44 - ROSEMONT-LA PETITE PATRIE**

4807 Molson Street, Rosemont-La Petite-Patrie, Montréal, QC, H1Y 0A2

**514 280-0144** Fax: 514 280-0644

**Website:** [www.spvm.qc.ca/en/pdq44](http://www.spvm.qc.ca/en/pdq44)

**Email:** [pdq44@spvm.qc.ca](mailto:pdq44@spvm.qc.ca)

**Services:** Services that respond to local problems and specific needs of citizens. \* For everyone: response to calls that are urgent and less urgent, residential or business visits to give safety and prevention advice, free loan of an engraver to identify valuable items, handling and follow-up of traffic and road safety complaints, handling and follow-up of criminal complaints, local crowd control at events in the neighbourhood.\* For young people: preventive interventions in schools, conferences in schools on various topics (extortion, bullying, drug addiction, street gangs, safety around strangers, graffiti and others), managing school crossings.\* For specific client groups: conferences on women's safety, follow-up with victims of domestic violence, meetings with the elderly for safety talks, community services, participation in citizen committees and round tables, participation in community projects (organization of fundraising campaigns for community and other organizations).\* Available team: community relations officers, responsible VCI - violence conjugale et intrafamiliale, responsible for seniors.

**Eligibility:** citizens and residents of the neighbourhood

**Coverage area:** Rosemont-La Petite-Patrie

**Hours:** Monday to Sunday 9h00 to 19h00

**Legal status:** municipal agency

## Public transportation

### TAXI BUREAU (THE)

4949 Molson Street, Rosemont-La Petite-Patrie, Montréal, QC, H1Y 3H6

**514 280-6600** Fax: 514 280-6596

**Website:** [www.ville.montreal.qc.ca](http://www.ville.montreal.qc.ca)

**Email:** [bureaudutaxi@ville.montreal.qc.ca](mailto:bureaudutaxi@ville.montreal.qc.ca)

**Services:** \* Test administration.\* Issuance and renewal of work permits for taxis and limousines and operating permits of different towing companies as well as drivers. \* Ensure compliance with laws and regulations relating to transportation by taxis and limousines.\* Receive and process complaints from the public and the taxi industry.\* Supervise towing activities.

**Coverage area:** Montréal Island

**Hours:** Monday to Friday 8h30 to 16h00, Friday 9h00 to 16h00

**Legal status:** municipal agency

## **Health**

**ALTERNATIVE MEDICINE**

**HOSPITALS, CLSC AND COMMUNITY CLINICS**

**PALLIATIVE CARE**

**SUPPORT ASSOCIATIONS FOR THE SICK**

## Alternative medicine

### BAREFOOT DOCTORS, INTERNATIONAL HUMANITARIAN ASSOCIATION

Confidential Address

**514 746-1944**

**Website:** [www.mapn.ca](http://www.mapn.ca)

**Email:** [francinemapn@gmail.com](mailto:francinemapn@gmail.com)

**Services:** Access to alternative medicine. \* Therapeutic massages on chair or table.\* Reflexology.\* Foot care.\* Counselling.\* Tips and trainings for a healthy diet.\* Massage workshops.\* Animation with seniors.

**Eligibility:** homeless adults, single-parent families, seniors, mothers in difficulty, youth in rehab and other related clientele

**Coverage area:** Greater Montréal

**Hours:** services offered in partner community agencies

**Fees:** variable

**Financing:** self-financing, donations

**Legal status:** non-profit organization

### COLLÈGE ROSEMONT - CLINIQUE D'ACUPUNCTURE

6400, 16th Avenue, Door A-242, Rosemont-La Petite-Patrie, Montréal, QC, H1X 2S9

**514 376-1620 ext. 7849 Fax:** 514 376-3211

**Website:** [www.crosemont.qc.ca/clinique-ecole-acupuncture](http://www.crosemont.qc.ca/clinique-ecole-acupuncture)

**Email:** [pmanly@crosemont.qc.ca](mailto:pmanly@crosemont.qc.ca)

**Services:** \* Affordable acupuncture treatments given by students under the supervision of a training supervisor.\* Other point of service: Cégep Marie-Victorin.

**Coverage area:** Montréal Island

**Fees:** treatment: \$25, \$15 for children

**Financing:** self-financing

**Legal status:** parapublic organization

## Hospitals, CLSC and community clinics

### CLSC DE LA PETITE-PATRIE

6520 de Saint-Vallier Street, Rosemont-La Petite-Patrie, Montréal, QC, H2S 2P7

**514 273-4508**

**Website:** <http://ciusss-nordmtl.gouv.qc.ca>

**Services:** Frontline services for routine health and social services. \* Preventive or medical services.\* Rehabilitation and reintegration services.\* Public health activities.\* Quit smoking centre.

**Coverage area:** Rosemont-La Petite-Patrie

**Hours:** Monday to Friday 8h00 to 20h00

**Financing:** provincial

**Legal status:** parapublic organization

### CLSC DE ROSEMONT

2909 Rachel East Street, Rosemont-La Petite-Patrie, Montréal, QC, H1W 0A9

**514 524-3541**

**Website:** [www.ciusss-estmtl.gouv.qc.ca](http://www.ciusss-estmtl.gouv.qc.ca)

**Services:** Frontline services for routine health and social services. \* Preventive or medical services.\* Rehabilitation and reintegration services.\* Public health activities. \* Medical consultation with or without appointment.\* Youth services 12-24 years old: dedicated nursing cares.\* Quit smoking centre.

**Eligibility:** youth services: from 12 to 24 years old

**Coverage area:** Montréal: Rosemont

**Hours:** Monday to Friday 8h00 to 20h00, youth services without appointment: Monday 15h15 to 18h30 and Friday 13h00 to 16h30

**Financing:** provincial

**Legal status:** parapublic organization

### **CLSC DE ROSEMONT - VILLAGE OLYMPIQUE SERVICE OFFICE**

5199 Sherbrooke Street East, Suite 3175, Rosemont-La Petite-Patrie, Montréal, QC, H1T 3X2

**514 254-4858**

**Services:** Frontline services for routine health and social services. \* Blood sampling.\* Wound care and dressing, as well as, follow-up.

**Coverage area:** Montréal: Rosemont

**Hours:** Tuesday and Thursday 8h00 to 16h00

**Financing:** provincial

**Legal status:** parapublic organization

### **HÔPITAL MAISONNEUVE-ROSEMONT**

5415 de l'Assomption Boulevard, Rosemont-La Petite-Patrie, Montréal, QC, H1T 2M4

**514 252-3400**

**Website:** [www.maisonneuve-rosemont.org/pages/H/index.aspx](http://www.maisonneuve-rosemont.org/pages/H/index.aspx)

**Services:** General and specialized health care centre. \* Emergency.\* General, internal and pediatric medicine.\* Specialized medicine: cardiology, pneumonology, intensive care, endocrinology, etc.\* Obstetric-gynecology and neonatology.\* Psychiatry.

**Hours:** 24 hours, 7 days

**Financing:** provincial

**Legal status:** parapublic organization

### **JACQUES-CANTIN LODGE**

5151 de l'Assomption Boulevard, Rosemont-La Petite-Patrie, Montréal, QC, H1T 4A9

**514 255-5151 Fax: 514 255-2808**

**Website:** [www.cancer.ca](http://www.cancer.ca)

**Email:** [maison@quebec.cancer.ca](mailto:maison@quebec.cancer.ca)

**Services:** Accommodation and transport for people receiving cancer treatments in Montréal. \* Accommodation for people living out of Montréal and receiving treatments against cancer in Montréal (and their companions).\* Transportation of residents to treatment centres.

**Eligibility:** people with cancer and companion

**Capacity:** 50 people

**Coverage area:** Province of Québec

**Hours:** 24 hours, 7 days, except statutory holidays

**Fees:** semi-private room including 3 meals: \$30 per day, private room including 3 meals: \$50 per day, companion: \$50 per day, transportation: \$5 per day

**Financing:** Canadian Cancer Society, donations, provincial, self-financing

**Legal status:** non-profit organization

### **MONTRÉAL HEART INSTITUTE**

5000 Bélanger Street, Rosemont-La Petite-Patrie, Montréal, QC, H1T 1C8

**514 376-3330**

**Website:** [www.icm-mhi.org](http://www.icm-mhi.org)

**Services:** Ultraspecialized hospital in cardiology: care, research, teaching, prevention, rehabilitation, and assessment of new technologies.

**Eligibility:** patients with cardiac problems

**Capacity:** 153 beds

**Financing:** provincial

**Legal status:** non-profit organization

## Palliative care

### LIGHTHOUSE CHILDREN AND FAMILIES (THE)

2725 du Mont-Royal Avenue East, Rosemont-La Petite-Patrie, Montréal, QC, H1Y 0A1

**514 954-4848** Fax: 514 954-0044

**Website:** www.phare-lighthouse.com

**Email:** info@phare-lighthouse.com

**Services:** Palliative care house for children. \* Respite stays.\* Transitional stays following acute hospital care.\* Symptom management stays: an alternative to hospitalization during critical medical situations when comfort care is chosen as an orientation until end of life.\* End of life stays: symptom management stays until end of life.\* Emergency psychosocial stays after a family has gone through a crisis.\* Psychosocial support care all the way through the illness trajectory, including the mourning period.\* Volunteer home respite program.\* Bereavement follow-up.\* Decision-making support and workshops.

**Eligibility:** families with children whose lives are threatened by a serious illnesses requiring complex treatment

**Capacity:** Maison André-Gratton: 12 beds

**Coverage area:** province of Québec

**Hours:** 24 hours, 7 days

**Fees:** free

**Financing:** donations, fundraising campaigns, private foundations, provincial

**Legal status:** non-profit organization

## Support associations for the sick

### ACOUPHÈNES QUÉBEC

6818 Saint-Denis Street, Suite 03, Rosemont-La Petite-Patrie, Montréal, QC, H2S 2S2

**1 877 276-7772**

**Website:** www.acouphenesquebec.org

**Email:** info@acouphenesquebec.org

**Services:** \* Helpline and information on tinnitus.\* Support helpline.\* Referral on regional professional resources.\* Open self-help group every month.

**Eligibility:** people with tinnitus

**Capacity:** support group: 5 to 10 people

**Coverage area:** Province of Québec

**Hours:** Monday to Thursday 8h00 to 16h00, support groups in the evening

**Fees:** membership: \$30 per year, no additional charge for support groups

**Financing:** grants, membership fees, donations

**Legal status:** non-profit organization

## **Homelessness**

**HOUSING FOR PREGNANT WOMEN AND FAMILIES**

**SUPPORTIVE HOUSING**

**TRANSITIONAL HOUSING**

## Housing for pregnant women and families

### **SERVICE D'INTÉGRATION À LA COLLECTIVITÉ - APPARTEMENTS SUPERVISÉS AUGUSTINE-GONZALEZ**

6000 de La Roche Street, Suite 2, Rosemont-La Petite-Patrie, Montréal, QC, H2S 2C7

**514 722-1125**

**Email:** augustine@videotron.ca

**Services:** Supervised apartments: average stay of 2 years. \* Support in learning to be autonomous and the role of motherhood in the form of one on one counselling and group workshops.

**Eligibility:** young women going through first pregnancies, 16 to 23 years old, either pregnant or with a baby, living on a low-income and vulnerable

**Capacity:** 15 apartments

**Coverage area:** Montréal and surroundings

**Fees:** subsidized housing, monthly contribution of about 25% of income

**Financing:** provincial

**Legal status:** non-profit organization

## Supportive housing

### **VILLA EXPRÈS POUR TOI**

4655 Euclide-Brien Street, Suite 1, Rosemont-La Petite-Patrie, Montréal, QC, H1X 3K4

**514 287-9511 ext. 226**

**Email:** vept29@gmail.com

**Services:** Affordable housing.

**Eligibility:** single adults aged 18 years and over, autonomous, in a precarious economic situation and facing issues linked to marginalization

**Capacity:** 29 studios

**Coverage area:** Montréal

**Fees:** 25% of income

**Financing:** grants

**Legal status:** non-profit organization

## Transitional housing

### **CARREFOUR COMMUNAUTAIRE DE ROSEMONT - APPARTEMENTS ENTRE-GENS**

Confidential Address

**514 722-1851 ext. 501** Fax: 514 722-7384

**Website:** www.ccreg.org

**Email:** appart@ccreg.org

**Services:** Supervised transitional housing. \* Information and referral.\* Individual and group support.

**Eligibility:** women and men 18 to 30 years old who are homeless or at risk of homelessness and who have been successfully stable (addictions, mental health) for at least 3 months

**Capacity:** 5 supervised housings

**Coverage area:** Rosemont

**Hours:** Monday to Friday 9h00 to 17h00

**Fees:** rent: \$415 per month, furnished and fitted, meal excluded

**Financing:** federal

**Legal status:** non-profit organization



## **Immigration and cultural communities**

### **GOVERNMENT SERVICES**

### **SETTLEMENT SERVICES FOR NEWCOMERS**

## Government services

### REVENU QUÉBEC - MONTRÉAL EAST

Village olympique, 5199 Sherbrooke Street East, Pyramide East, Suite 4000, Rosemont-La Petite-Patrie, Montréal, QC, H1T 4C2

**514 864-6299** Fax: 514 873-7502 TTY: 514 873-4455

**Website:** www.revenuquebec.ca

**Services:** \* Administrator of Québec's tax system by collecting taxes. \* Administration of programs and services related to income: tax credits, housing benefits, work bonuses, maintenance allowances, provisional administration of unclaimed property, the Registraire des entreprises.

**Coverage area:** Province of Québec

**Hours:** Monday to Friday 10h00 to 16h30, phone service: Monday to Friday 8h30 to 16h30

**Financing:** provincial

**Legal status:** provincial government agency

## Settlement services for newcomers

### FONDATION LE GÎTE QUÉBEC

6455 Christophe-Colomb Avenue, Suite 300, Rosemont-La Petite-Patrie, Montréal, QC, H2S 2G5

**514 907-5366**

**Website:** www.legit-qc.ca

**Email:** infos@legite.quebec

**Services:** Assistance with immigration procedures. \* Information on sponsorship, permanent residence, refugee status, etc.\* Legal counselling in person, by phone or by videoconference.\* International service points.

**Eligibility:** immigrants and people who wish to immigrate to Canada, international students

**Coverage area:** Canada

**Hours:** Monday to Friday 12h30 to 18h00

**Fees:** fees may apply depending on the need of the person

**Financing:** donations, self-financing

**Legal status:** non-profit organization

# Indigenous Peoples

## GOVERNMENT SERVICES

## Government Services

### REVENU QUÉBEC - MONTRÉAL EAST

Village olympique, 5199 Sherbrooke Street East, Pyramide East, Suite 4000, Rosemont-La Petite-Patrie, Montréal, QC, H1T 4C2

**514 864-6299** Fax: 514 873-7502 TTY: 514 873-4455

**Website:** [www.revenuquebec.ca](http://www.revenuquebec.ca)

**Services:** \* Administrator of Québec's tax system by collecting taxes.\* Administration of programs and services related to income: tax credits, housing benefits, work bonuses, maintenance allowances, provisional administration of unclaimed property, the Registraire des entreprises.

**Coverage area:** Province of Québec

**Hours:** Monday to Friday 10h00 to 16h30, phone service: Monday to Friday 8h30 to 16h30

**Financing:** provincial

**Legal status:** provincial government agency

## **Intellectual Disability**

**ADVOCACY FOR PEOPLE WITH AN INTELLECTUAL DISABILITY**

**AUTISM, PDD, ADHD**

**RECREATION AND CAMPS**

**RESPIRE SERVICES AND HOUSING**

## Advocacy for people with an intellectual disability

### FÉDÉRATION DES MOUVEMENTS PERSONNE D'ABORD DU QUÉBEC

3958 Dandurand Street, Local S-4, Rosemont-La Petite-Patrie, Montréal, QC, H1X 1P7

**514 723-7507** Fax: 514 723-2517

**Website:** www.fmpdaq.org

**Email:** fmpdaq@bellnet.ca

**Services:** Consultation for the defense of rights and interests of people with intellectual disabilities. \* Mobilization and awareness. \* Answers to various government consultations. \* Partnership with other organizations in the community network.

**Eligibility:** adults who live with or have been labeled with an intellectual disability

**Coverage area:** province of Québec

**Hours:** Monday to Thursday 9h00 to 16h00

**Financing:** provincial

**Legal status:** non-profit organization

### REGROUPEMENT POUR LA TRISOMIE 21

3250 Saint-Joseph Boulevard East, Suite 1-A, Rosemont-La Petite-Patrie, Montréal, QC, H1Y 3G2

**514 850-0666**

**Website:** www.trisomie.qc.ca

**Email:** info@trisomie.qc.ca

**Services:** \* Accompaniment and support. \* Conferences. \* Sociocultural activities. \* Early stimulation. \* Intervention with stakeholders and decision-makers from the health care, social services, education and work networks.

**Eligibility:** people living with trisomy 21, their parents

**Coverage area:** Province of Québec

**Hours:** Monday to Friday 9h00 to 12h00 and 13h00 to 16h00

**Fees:** membership: \$20 per family per year

**Financing:** donations, contributions, fundraising campaigns

**Legal status:** non-profit organization

### SOLIDARITÉ DE PARENTS DE PERSONNES HANDICAPÉES

5199 Sherbrooke Street East, Suite 4780, Rosemont-La Petite-Patrie, Montréal, QC, H1T 3X2

**514 254-6067** Fax: 514 254-7983

**Website:** www.spph.net

**Email:** info@spph.net

**Services:** \* Support for parents. \* At-home emergency respite. \* Exchange group and information evenings. \* Sale of incontinence products. \* Awareness. \* Advocacy of individual and collective rights. \* Portal for respite resources for disabled children: www.portailrepit.com.

**Eligibility:** parents of disabled persons 0 to 30 years old living in their family environment

**Coverage area:** Greater Montréal, online database: Province of Québec

**Hours:** Monday to Friday 9h00 to 17h00, emergency respite: 7 days

**Fees:** annual contribution: \$10

**Financing:** provincial, Centraide of Greater Montréal, federal, self-financing, donations

**Legal status:** non-profit organization

## Autism, PDD, ADHD

### ADAPTED MARTIAL ARTS DEVELOPMENT ASSOCIATION

Confidential Address

**514 817-4614**

**Website:** [www.adamacanada.org](http://www.adamacanada.org)

**Email:** [info@adamacanada.org](mailto:info@adamacanada.org)

**Services:** Promotion of people with specific needs inclusion through martial arts. \* Karate classes.\* Support to martial arts club wishing to include people with specific needs.\* Training to parents, interveners, instructors and accompanists.\* Advocacy.

**Eligibility:** child and teenagers living with an autism spectrum disorder, an intellectual disability or a physical limitation

**Coverage area:** Montréal Island

**Legal status:** non-profit organization

### ASSOCIATION DE PARENTS POUR LA DÉFICIENCE INTELLECTUELLE ET LES TROUBLES ENVAHISSANTS DU DÉVELOPPEMENT

3958 Dandurand Street, 1st floor, Suite 5, Rosemont-La Petite-Patrie, Montréal, QC, H1X 1P7

**514 376-6644**

**Website:** [www.apdited.com](http://www.apdited.com)

**Email:** [apdited@gmail.com](mailto:apdited@gmail.com)

**Services:** \* Promotion and protection of rights and interests, representation.\* Information, referrals, advocacy.\* Workshops and monthly themed conferences.

**Eligibility:** parents or caregivers, responsible for children with an intellectual disability or a disorder of the autism spectrum

**Coverage area:** Montréal

**Hours:** Monday to Friday 8h30 to 16h30

**Fees:** membership: \$15 per year

**Financing:** donations, membership fees, provincial

**Legal status:** non-profit organization

### CENTRE INTÉGRÉ UNIVERSITAIRE DE SANTÉ ET DE SERVICES SOCIAUX DE L'EST-DE-L'ÎLE - GUICHET D'ACCÈS DI-TSA-DP CENTRE INTÉGRÉ UNIVERSITAIRE DE SANTÉ ET DE SERVICES SOCIAUX DE L'EST-DE-L'ÎLE - GUICHET D'ACCÈS DI-TSA-DP

2909 Rachel Street East, Suite 411, Rosemont-La Petite-Patrie, Montréal, QC, H1W 0A9

**514 524-3288**

**Website:** [www.santemontreal.qc.ca/population/services/guichet-daccess-di-tsa-dp/#guichet-cuiss](http://www.santemontreal.qc.ca/population/services/guichet-daccess-di-tsa-dp/#guichet-cuiss)

**Email:** [guichet.unique.di-tsa-dp.cemtl@ssss.gouv.qc.ca](mailto:guichet.unique.di-tsa-dp.cemtl@ssss.gouv.qc.ca)

**Services:** Receives and processes requests for specific and rehabilitation services for the entire territory. \* Centralized service covering all installations to facilitate access paths.

**Eligibility:** people with a physical or an intellectual disability or with spectrum autism disorder

**Coverage area:** Anjou, Mercier-Est, Montréal-Est, Rivière-Des-Prairies-Pointe-Aux-Trembles, Saint-Léonard, Saint-Michel, Mercier-Hochelaga-Maisonneuve, Rosemont

**Legal status:** parapublic organization

### COMITÉ RÉGIONAL DES ASSOCIATIONS POUR LA DÉFICIENCE INTELLECTUELLE

6365 De Saint-Vallier Street, Rosemont-La Petite-Patrie, Montréal, QC, H2S 2P6

**514 255-8111**

**Email:** [cradi@cradi.com](mailto:cradi@cradi.com)

**Services:** \* Rights advocacy and promotion of interests.\* Consultation, representation and mobilization.\* Awareness of population and policy makers.

**Eligibility:** people with intellectual disabilities or an autism spectrum disorder, their families, community organizations working in this sector

**Coverage area:** Montréal

**Hours:** Monday to Friday 9h00 to 17h00

**Financing:** provincial

**Legal status:** non-profit organization

## Recreation and camps

### ADMI

4960 7th Avenue, Rosemont-La Petite-Patrie, Montréal, QC, H1Y 2M9

**514 527-7671** Fax: 514 527-7811

**Email:** ldjadmi@hotmail.com

**Services:** \* Recreational, physical and sports, social and cultural activities.\* Summer day camps.\* Open air days.\* Week-end activities.\* Bowling league.\* Week-end respite assistance.\* Information, support and guidance to parents.

**Eligibility:** people with intellectual disabilities aged 6 years old and more

**Coverage area:** Montréal

**Hours:** Monday and Thursday, variable

**Fees:** variable

**Financing:** self-financing

**Legal status:** non-profit organization

### FONDATION COCCINELLE POUR LES ENFANTS HANDICAPÉS (LA)

6630-A Papineau Avenue, Rosemont-La Petite-Patrie, Montréal, QC, H2G 2X2

**514 725-0009** Fax: 514 725-0009

**Email:** fondationcoccinelle@hotmail.ca

**Services:** \* Day Activity Centre.\* Respite.\* Summer camp.\* Holiday camp.

**Eligibility:** children and adults with intellectual or physical disabilities

**Capacity:** Day Centre: 40 people

**Coverage area:** Montréal

**Hours:** Monday to Friday 7h00 to 18h00, Saturday 8h00 to 17h00

**Financing:** fundraising campaigns

**Legal status:** non-profit organization

### SPECIAL OLYMPICS QUÉBEC

1274 Jean-Talon Street East, Suite 200, Rosemont-La Petite-Patrie, Montréal, QC, H2R 1W3

**1 877 743-8778** Fax: 514 843-8223

**Website:** [www.olympiquesspeciaux.qc.ca](http://www.olympiquesspeciaux.qc.ca)

**Email:** [info@olympiquesspeciaux.qc.ca](mailto:info@olympiquesspeciaux.qc.ca)

**Services:** \* Recreational or competition programs designed for people living with an intellectual disability.\* Technical training and professional development opportunities.

**Eligibility:** people of all ages living with an intellectual disability

**Coverage area:** province of Québec

**Hours:** Monday to Friday 9h00 to 17h00

**Financing:** provincial, self-financing

**Legal status:** non-profit organization



## Respite services and housing

### **HABITATIONS HABITOEIL ROSEMONT**

5112, rue De Bellechasse, Rosemont-La Petite-Patrie, Montréal, QC, H1T 2A4

**514 259-9470 ext. 26** Fax: 514 254-5079

**Website:** [www.fondationdesaveugles.org](http://www.fondationdesaveugles.org)

**Email:** [info@aveugles.org](mailto:info@aveugles.org)

**Services:** Apartments for blinds and partially sighted people.

**Eligibility:** blinds and partially sighted people

**Capacity:** 14 apartments

**Coverage area:** Montréal Island

**Hours:** Monday to Thursday 8h00 to 16h30

**Fees:** 25% of income based on provincial notice of assessment

**Financing:** donation, fundraising campaigns, provincial

**Legal status:** non-profit organization

## **Justice and Advocacy**

### **ADVOCACY GROUPS**

### **INFORMATION AND LEGAL ASSISTANCE**

### **PROFESSIONAL ORDERS AND ASSOCIATIONS**

### **SUPPORT FOR OFFENDERS**

## Advocacy groups

### **ACTION AUTONOMIE - COLLECTIVE FOR MENTAL HEALTH ADVOCACY IN MONTRÉAL**

3958 Dandurand Street, 3rd Floor, Rosemont-La Petite-Patrie, Montréal, QC, H1X 1P7

**514 525-5060** Fax: 514 525-5580

**Website:** [www.actionautonomie.qc.ca](http://www.actionautonomie.qc.ca)

**Email:** [lecollectif@actionautonomie.qc.ca](mailto:lecollectif@actionautonomie.qc.ca)

**Services:** \* Helping relationship, support, accompaniment and referral.\* Information on rights and recourses.\* Advocacy of rights, awareness and training.\* Information on formal complaint processes.\* Representation and pressure to change certain practices that violate people's rights.

**Coverage area:** Greater Montréal

**Hours:** Monday to Friday 9h00 to 12h00 and 13h00 to 17h00

**Fees:** none

**Financing:** provincial, Centraide of Greater Montréal

**Legal status:** non-profit organization

### **LIGUE DES DROITS ET LIBERTÉS**

516 Beaubien Street East, Rosemont-La Petite-Patrie, Montréal, QC, H2S 1S5

**514 849-7717** Fax: 514 849-6717

**Website:** [www.liguedesdroits.ca](http://www.liguedesdroits.ca)

**Email:** [info@liguedesdroits.ca](mailto:info@liguedesdroits.ca)

**Services:** Information, research and intervention for the development and defense of individual and collective rights and liberties. \* Member of the International Federation for Human Rights.

**Coverage area:** Province of Québec

**Hours:** Monday to Friday 9h00 to 17h00

**Financing:** donations, membership fees, grants

**Legal status:** non-profit organization

### **MOUVEMENT PHAS**

5199 Sherbrooke Street East, Suite 4780, Rosemont-La Petite-Patrie, Montréal, QC, H1T 3X2

**514 638-4777**

**Website:** [mouvementphas.org](http://mouvementphas.org)

**Email:** [mobilisationphas@yahoo.ca](mailto:mobilisationphas@yahoo.ca)

**Services:** Coalition mobilizing people with disabilities and their families. \* Promotion of access to adapted social and health services.\* Collective advocacy of health care rights.

**Eligibility:** community organizations, people with disabilities, their families

**Coverage area:** Province of Québec

**Financing:** Centraide, donations

**Legal status:** non-profit organization

### **REBOND (LE) - RESSOURCE ALTERNATIVE EN SANTÉ MENTALE DANS LA PETITE-PATRIE**

6510 De Saint-Vallier Street, Rosemont-La Petite-Patrie, Montréal, QC, H2S 2P7

**438 404-9909**

**Website:** [www.lerebond.net](http://www.lerebond.net)

**Email:** [info@lerebond.net](mailto:info@lerebond.net)

**Services:** Meeting and support place for people living with a mental health problem. \* Individualized reception.\* Compulsive Accumulation group.\* Les percepteurs sensoriels: support group for people with sensory perceptions, mainly those who hear voices.\* À la découverte de soi: support group for people living with a mental health problem.\* Group for sharing testimonials.\* Art-therapy: creative writing group, community art-action project.\* Coffee-meeting.\* Samedi d'être ensemble: afternoon of socialization, discussion and sharing.\* Newsletter: administration of the newsletter Le Rebond.\* Collective advocacy.\* Computer room with internet access.

**Eligibility:** people living or having lived with a mental health problem

**Coverage area:** Rosemont-La-Petite-Patrie and surroundings

**Fees:** membership: \$2 per year

**Financing:** provincial, donations, fundraising campaigns

**Legal status:** non-profit organization

## Information and legal assistance

### LEGAL AID OFFICE - YOUTH PROTECTION LAW

5800 Saint-Denis Street, Suite 802, Rosemont-La Petite-Patrie, Montréal, QC, H2S 3L5

**514 864-9833 Fax:** 514 864-9889

**Website:** [www.aidejuridiquedemontreal.ca/en/points-of-service/](http://www.aidejuridiquedemontreal.ca/en/points-of-service/)

**Email:** [baj.jeunesse@ccjm.qc.ca](mailto:baj.jeunesse@ccjm.qc.ca)

**Services:** Legal aid office in youth protection Law.

**Eligibility:** person or non-profit organization residing in Quebec or forced to remain in Quebec, financially eligible, and with a legal need that is covered by the Law

**Coverage area:** Montréal

**Hours:** 8h30 to 12h00 and 13h00 to 16h30

**Fees:** people may be eligible for free legal aid or contributory legal aid, depending on their financial situation, see scale on website

**Legal status:** provincial government agency

### MOUVEMENT ACTION JUSTICE

6970 Christophe-Colomb Street, Suite 202, Rosemont-La Petite-Patrie, Montréal, QC, H2S 2H5

**514 273-4302 Fax:** 514 273-9059

**Website:** [www.maj-quebec.com](http://www.maj-quebec.com)

**Email:** [info@maj-quebec.com](mailto:info@maj-quebec.com)

**Services:** \* Information phoneline.\* Counselling, active listening, psychological support and accompaniment.\* Monthly self-help group for people facing legal issues.\* Advocacy for Duplessis orphans.

**Eligibility:** people facing issues with the legal or police system

**Capacity:** self-help group: 10 to 25 people

**Coverage area:** Province of Québec

**Hours:** Monday, Wednesday and Friday 9h00 to 15h00, Tuesday and Thursday 9h00 to 16h00, self-help group: weekend

**Fees:** none

**Financing:** donations, grants

**Legal status:** non-profit organization

## Professional orders and associations

### ASSOCIATION DES ACUPUNCTEURS DU QUÉBEC

1453 Beaubien Street East, Suite 203, Rosemont-La Petite-Patrie, Montréal, QC, H2G 3C6

**1 800 363-6567**

**Website:** [www.acupuncture-quebec.com](http://www.acupuncture-quebec.com)

**Email:** [info@acupuncture-quebec.com](mailto:info@acupuncture-quebec.com)

**Services:** Professional association. \* Promotes acupuncture.\* Informs the public.\* Directory: [www.acupuncture-quebec.com/trouver-un-acupuncteur.html](http://www.acupuncture-quebec.com/trouver-un-acupuncteur.html)

**Coverage area:** Province of Québec

**Financing:** membership fees

**Legal status:** non-profit organization

## **ORDRE DES INFIRMIÈRES ET INFIRMIERS DU QUÉBEC**

4200 Molson Street, Rosemont-La Petite-Patrie, Montréal, QC, H1Y 4V4

**514 935-2501** Fax: 514 935-1799

**Website:** www.oiiq.org

**Services:** Professional order. \* Professional services, union office, admission to the profession service, documentation centre, archives department.\* Information on the nursing profession.\* Receive complaints.\* Continuous training.

**Eligibility:** public, nurses

**Capacity:** 72400 members

**Coverage area:** province of Québec

**Hours:** Monday to Friday 9h00 to 17h00

**Financing:** membership fees

**Legal status:** non-profit organization

## **Support for offenders**

### **PASSERELLE (LA)**

1819 Rosemont Boulevard, Rosemont-La Petite-Patrie, Montréal, QC, H2G 1S5

**514 270-6633** Fax: 514 270-8585

**Website:** www.tcs83.ca

**Email:** info@tcs83.ca

**Services:** Community monitoring for people on parole.

**Eligibility:** people on parole who have been housed at Maison l'Issue or who have been condemned to a suspended sentence or probation

**Capacity:** 275 people

**Coverage area:** Montréal Island

**Hours:** 24 hours, 7 days

**Legal status:** non-profit organization

### **TRANSITION CENTRE-SUD**

1819 Rosemont Boulevard, Rosemont-La Petite-Patrie, Montréal, QC, H2G 1S5

**514 270-6633** Fax: 514 270-2799

**Website:** www.tcs83.ca

**Email:** info@tcs83.ca

**Services:** Adult delinquency centre. \* Housing intervention for men on parole.\* Community intervention for men on probation.

**Eligibility:** men on parole or on probation

**Capacity:** 30 beds

**Coverage area:** Montréal Island

**Hours:** 24 hours, 7 days

**Legal status:** non-profit organization

## **Material Assistance and Housing**

**HOUSING COOPERATIVES AND CORPORATIONS**

**HOUSING SEARCH ASSISTANCE**

**THRIFT STORES**

**USED ARTICLES DONATION**

## Housing cooperatives and corporations

### COMITÉ DE LOGEMENT ROSEMONT

5350 Lafond Street, Rosemont-La Petite-Patrie, Montréal, QC, H1X 2X2

**514 597-2581** Fax: 514 524-9813

**Website:** [www.comitelogement.org](http://www.comitelogement.org)

**Email:** [info@comitelogement.org](mailto:info@comitelogement.org)

**Services:** \* Defense and advocacy of rights of tenants.\* Support for the development of social housing.\* Legal information.\* Information workshop on the right to housing and social housing.\* Collective actions.\* Participation in local dialogue.\* Associative life activities.

**Eligibility:** tenants

**Coverage area:** Rosemont and surroundings

**Hours:** Monday, Tuesday and Thursday 9h00 to 12h00 and 13h00 to 17h00, Wednesday 13h00 to 17h00

**Fees:** free

**Financing:** Centraide of Greater Montréal, provincial

**Legal status:** non-profit organization

### COMITÉ LOGEMENT DE LA PETITE PATRIE

6839-A Drolet Street, Rosemont-La Petite-Patrie, Montréal, QC, H2S 2T1

**514 272-9006** Fax: 514 272-5338

**Website:** [comitelogementpetitepatrie.org](http://comitelogementpetitepatrie.org)

**Email:** [clpp6839@gmail.com](mailto:clpp6839@gmail.com)

**Services:** \* Advocacy for tenants' rights.\* Promotion of the development of social housing.\* Promotion of people's individual and collective empowerment.\* Support of tenants' solidarity and coordination initiatives.

**Eligibility:** people who are economically or socially disadvantaged

**Coverage area:** La Petite-Patrie

**Hours:** Monday to Thursday 9h30 to 16h30

**Financing:** Centraide of Greater Montréal, provincial

**Legal status:** non-profit organization

### RÉGIE DU LOGEMENT - MONTRÉAL - VILLAGE OLYMPIQUE

Village Olympique, 5199 Sherbrooke Street East, Pyramide West (D), Suite 2095, Rosemont-La Petite-Patrie, Montréal, QC, H1T 3X1

**514 873-2245** Fax: 514 864-8077

**Website:** [www.rdl.gouv.qc.ca](http://www.rdl.gouv.qc.ca)

**Services:** Specialized court that has the authority regarding residential lease matters. \* Information to citizens about their rights and obligations relating to their lease.\* Reaching agreements between landlords and tenants.\* Protection of the rights of tenants.\* Assistance with filling court application forms.\* Calculation for the fixing of rent online: [www.rdl.gouv.qc.ca/fr/calcul-pour-la-fixation-de-loyer/outil-de-calcul](http://www.rdl.gouv.qc.ca/fr/calcul-pour-la-fixation-de-loyer/outil-de-calcul)\* On site: station to consult the Régie's decisions, television, VHS and DVD.

**Eligibility:** landlords, tenants

**Coverage area:** Province of Québec

**Hours:** Monday to Friday 8h30 to 16h30

**Fees:** variable

**Financing:** provincial

**Legal status:** provincial government agency

## Housing search assistance

### HELPING HAND FOR BURN SURVIVORS

2575 Place Chassé, Suite 200, Rosemont-La Petite-Patrie, Montréal, QC, H1Y 2C3

**514 527-7555** Fax: 514 523-3348

**Website:** [www.entraidegb.org](http://www.entraidegb.org)

**Email:** [info@entraidegb.org](mailto:info@entraidegb.org)

**Services:** \* Peer twining support program reuniting a recent burn victim and a burn survivor who has lived through the ordeal.\* Individual interventions.\* Documentation Centre.\* Summer camp during a week for children 7 to 17 years.\* Financial support for burn victims.\* School and work reinstatement.\* Temporary lodging for victims and their families, relocation service after hospitalization.

**Eligibility:** child and adult victims of severe burns and their families, in times of hospitalization or return to their living environment

**Coverage area:** West of the province of Québec

**Hours:** Monday to Friday 9h00 to 17h00

**Financing:** donations, grants

**Legal status:** non-profit organization

### QUÉBEC FOUNDATION FOR THE BLIND

5112 De Bellechasse Street, Rosemont-La Petite-Patrie, Montréal, QC, H1T 2A4

**1 855 249-5112** Fax: 514 254-5079

**Website:** [www.fondationdesaveugles.org](http://www.fondationdesaveugles.org)

**Email:** [info@aveugles.org](mailto:info@aveugles.org)

**Services:** Working to improve the quality of life of blind people. \* Youth program: sporting and recreational activities.\* Housing program: management of two housing complexes for the blind.\* Committee of suitable games for all age groups.\* Prevention and awareness among the public.\* Awakening project on tactile reading for blind children 0 to 5 years.

**Eligibility:** blind people

**Coverage area:** Province of Québec

**Hours:** Monday to Thursday 8h00 to 16h30, Friday 8h00 to 11h00

**Financing:** donations, fundraising campaigns

**Legal status:** non-profit organization

## Thrift stores

### COMPAGNONS DE MONTRÉAL - ANNEXE (L')

6365 De Saint-Vallier Street, Rosemont-La Petite-Patrie, Montréal, QC, H2S 2P6

**514 727-4444 ext. 237**

**Website:** [www.compagnonsdemontreal.com](http://www.compagnonsdemontreal.com)

**Email:** [info@compagnonsdemontreal.com](mailto:info@compagnonsdemontreal.com)

**Services:** \* Collection and sale of second-hand clothing, items and small furniture at low prices.

**Coverage area:** Greater Montréal

**Hours:** Monday to Saturday 10h00 to 16h30, bazar: 1st Tuesday of the month 10h00 to 15h00

**Financing:** self-financing, grants, provincial, donations

**Legal status:** non-profit organization

### GROSSESSE-SECOURS

79 Beaubien Street East, Rosemont-La Petite-Patrie, Montréal, QC, H2S 1R1

**514 271-0554** Fax: 514 271-0718

**Website:** [www.grossesse-secours.org](http://www.grossesse-secours.org)

**Email:** [info@grossesse-secours.org](mailto:info@grossesse-secours.org)



**Services:** \* Helpline for all pregnancy-related questions.\* Pregnancy tests.\* Individual meetings.\* Clothing bank.\* 5@7 for teenagers.\* Awareness-raising in schools.\* Housing for young pregnant women.\* Emergency distribution of diapers and starter kits.

**Eligibility:** pregnant teenagers and women, single or on a low income, men concerned with pregnancy

**Coverage area:** Montréal area

**Hours:** Monday to Friday 9h00 to 17h00

**Financing:** grants, donations, Centraide of Greater Montréal, provincial

**Legal status:** non-profit organization

## **INSERTECH ANGUS**

4820 Molson Street, Rosemont-La Petite-Patrie, Montréal, QC, H1Y 3J8

**514 596-2842 Fax:** 514 596-2893

**Website:** www.insertech.ca

**Email:** insertech@insertech.ca

**Services:** Social integration enterprise specialized in reuse of computer equipment. \* Store in Rosemont and store online offering refurbished computer equipment for people on a low-income and non-profit organization.\* Repair shop on site and remote technical support.\* Introductory coding workshops with scratch for children from 8 to 12 years old.\* Private or small group computer courses.\* Free computer courses for seniors.\* Donations accepted: computers, monitors and digital tablets.

**Eligibility:** computer store, repair workshop, computer courses: people of all ages, integration program: people 18 to 35 years youth at risk, very far from the labour market, computer courses for seniors: 55 years and over, coding workshops: children 8 to 12 years

**Coverage area:** province of Québec

**Hours:** computer shop and repair shop: Monday, Tuesday and Wednesday 10h00 to 18h00, Thursday and Friday 10h00 to 19h00, Saturday 10h00 to 17h00, administration and insertion: Monday to Friday 9h00 to 16h45

**Fees:** refurbished equipment, repairs and courses: net price (no taxes). 10% discount for our partners and NPO'S, coding workshops: \$5

**Financing:** provincial, self-financing

**Legal status:** non-profit organization

## **MAISON INTERNATIONALE DES FEMMES**

425 Beaubien Street East, Rosemont-La Petite-Patrie, Montréal, QC, H2S 1S4

**514 815-8825**

**Website:** www.mifcanada.org

**Email:** mifcanada@yahoo.com

**Services:** \* Cooking workshops and education for the food security of women on a low income.\* Workshops developing the ability to communicate in a non-violent manner.\* Used items recycling: clothes and school supplies.

**Eligibility:** immigrant women from ethnocultural communities

**Coverage area:** Montréal

**Hours:** Tuesday to Saturday 9h00 to 17h00

**Financing:** donations

**Legal status:** non-profit organization

## **PUITS DU LIVRE (LE)**

2587 Masson Street, Suite A, Rosemont-La Petite-Patrie, Montréal, QC, H1Y 1V7

**514 728-7124**

**Website:** www.puitsdulivre.ca

**Email:** info@puitsdulivre.ca

**Services:** Community library. \* Recovery of used books.\* Donation of children's books.

**Coverage area:** Montréal

**Hours:** Tuesday to Sunday 11h00 to 18h00

**Legal status:** non-profit organization

### **SALVATION ARMY - NORTH END STORE**

7066 Saint-Hubert Street, Rosemont-La Petite-Patrie, Montréal, QC, H2S 2M9

**514 276-0349 Fax:** 514 276-0283

**Website:** [www.salvationarmy.ca/quebec](http://www.salvationarmy.ca/quebec)

**Services:** \* Reception and sale of donated goods to finance Salvation Army social programs.

**Eligibility:** people and families on a low-income

**Coverage area:** Villeray, Saint-Michel, Parc-Extension and surroundings

**Hours:** Monday to Friday 9h00 to 21h00, Saturday 9h00 to 17h00

**Legal status:** non-profit organization

## **Used articles donation**

### **ALTERNATIVE NAISSANCE**

6006 de Bordeaux Street, Rosemont-La Petite-Patrie, Montréal, QC, H2G 2R7

**514 274-1727 Fax:** 514 274-2432

**Website:** [www.alternative-naissance.ca](http://www.alternative-naissance.ca)

**Email:** [info@alternative-naissance.ca](mailto:info@alternative-naissance.ca)

**Services:** Perinatal care services. \* Information and referrals by phone.\* Support at birth: 3 prenatal meetings, telephone follow-up, presence during childbirth, 2 postnatal visits.\* Prenatal information meetings.\* Massage courses adapted to babies.\* Training for birth.\* Clothing counter.

**Eligibility:** expecting women and couples

**Coverage area:** Montréal

**Hours:** office: Monday to Thursday 9h30 to 15h30, clothing counter: Wednesday 9h30 to 12h00 on appointment only

**Fees:** prenatal information meetings: \$150 per couple, clothing counter: \$2 per bag of clothes

**Financing:** grants, donations

**Legal status:** non-profit organization

## **Mental Health and addictions**

**ADDICTION TREATMENT**

**COMMUNITY SUPPORT IN MENTAL HEALTH**

**MENTAL HEALTH HOUSING**

**SELF-HELP GROUPS FOR ADDICTION ISSUES**

**SELF-HELP GROUPS FOR MENTAL HEALTH ISSUES**

## Addiction treatment

### ALCOHOLICS ANONYMOUS

3920 Rachel Street East, Rosemont-La Petite-Patrie, Montréal, QC, H1X 1Z3

**514 350-3444** Fax: 514 374-2250

**Website:** [www.aa-quebec.org](http://www.aa-quebec.org)

**Email:** [area@aa87.org](mailto:area@aa87.org)

**Services:** \* Phone support.\* Weekly self-help groups, self-moderated or moderated by a peer.\* Online list of meetings: [www.aa-quebec.org/aaqc\\_wp](http://www.aa-quebec.org/aaqc_wp). \* Some meetings are accessible to people with an hearing impairment.

**Eligibility:** men and women of all ages with an alcohol addiction problem

**Capacity:** 10 participants and more per meeting

**Coverage area:** Province of Québec

**Hours:** Monday and Friday 10h00 to 16h00, Tuesday to Thursday 10h00 à 19h00

**Fees:** voluntary contribution

**Financing:** donations

**Legal status:** non-profit organization

### CENTRE D'AIDE DE BORDEAUX

6777 de Bordeaux Street, Rosemont-La Petite-Patrie, Montréal, QC, H2G 2S3

**514 374-3445**

**Website:** [www.centredaidedebordeaux.com](http://www.centredaidedebordeaux.com)

**Services:** One on one and couple psychotherapy offered by psychologists, psychotherapists and interns in psychology. \* Treated issues: depression, anxiety, phobia, adaptation difficulties, burnout, relationship difficulties, grief, post-traumatic stress disorder, power abuse, lack of self-esteem and self-confidence, addictions and journey to personal growth and self-awareness.

**Eligibility:** people on a low-income 16 years old and over

**Coverage area:** Montréal

**Hours:** depending on the psychologist in service

**Fees:** one on one therapy: adjusted price, couple therapy: regular price

**Financing:** self-financing, donations

**Legal status:** non-profit organization

### I QUIT NOW

5151 de l'Assomption Boulevard, Rosemont-La Petite-Patrie, Montréal, QC, H1T 4A9

**1 866 527-7383** Fax: 514 259-9856

**Website:** [www.jarrete.qc.ca](http://www.jarrete.qc.ca)

**Email:** [ligne\\_jarrete@quebec.cancer.ca](mailto:ligne_jarrete@quebec.cancer.ca)

**Services:** Helpline to quit smoking. \* Information and referral.\* Phone follow-up and online help.

**Coverage area:** Province of Québec

**Hours:** Monday to Thursday 8h00 to 21h00, Friday 8h00 to 20h00

**Fees:** free

**Financing:** provincial

**Legal status:** non-profit organization

### MAISON L'EXODE (LA) - PAVILLON ALPHA

6400 Clark Street, Rosemont-La Petite-Patrie, Montréal, QC, H2S 3E6

**514 508-6900** Fax: 514 508-6910

**Website:** [www.maison-exode.org](http://www.maison-exode.org)

**Email:** [info@maison-exode.org](mailto:info@maison-exode.org)

**Services:** Center for sobering up and respite. \* Assistance and support with recovering from intoxication.

**Eligibility:** adults who are homeless or at risk of homelessness and showing signs of intoxication or problematic behaviour

**Capacity:** 12 beds  
**Coverage area:** Montréal  
**Hours:** 24 hours, 7 days  
**Fees:** none  
**Financing:** provincial, donations  
**Legal status:** non-profit organization

## Community support in mental health

### CRIME VICTIMS ASSISTANCE CENTRE OF MONTRÉAL - YOUTH DIVISION

410 de Bellechasse Street East, Suite 1.045, Rosemont-La Petite-Patrie, Montréal, QC, H2S 1X3  
**1 866 532-2822**

**Website:** [www.cavacmontreal.qc.ca](http://www.cavacmontreal.qc.ca)  
**Email:** [communication@cavacmontreal.qc.ca](mailto:communication@cavacmontreal.qc.ca)

**Services:** Confidential frontline services, adapted to every step of the legal process. \* Needs assessment.\* Post-traumatic, psycho and socio-legal intervention.\* Information about rights and remedies and referral to specialized services.\* Assistance and technical help with various forms.\* Greeting of witnesses and accompaniment to court.\* Information about the legal process and preparation for testifying.\* Information programs for crime victims: INFOVAC-PLUS, CAVAC-INFO and CAVAC-INFO jeunesse.\* Police intervention and referral.

**Eligibility:** victims of crime, whether or not the perpetrator of the crime is identified, arrested, charged or found guilty, their families, and witnesses of crime

**Coverage area:** Montréal  
**Hours:** Monday to Friday 9h00 to 17h00  
**Fees:** free

**Financing:** provincial, donations  
**Legal status:** non-profit organization

## Mental health housing

### MAISON LE PARCOURS

6899 Papineau Avenue, Apartment 227, Rosemont-La Petite-Patrie, Montréal, QC, H2G 2X6  
**514 276-6299** Fax: 514 507-5895

**Website:** [www.maisonleparcours.ca](http://www.maisonleparcours.ca)  
**Email:** [maisonleparcours@videotron.ca](mailto:maisonleparcours@videotron.ca)

**Services:** Medium and long term housing. \* Group home.\* Supervised apartments.\* Rooming house with community support as part of Accès-Logis program.\* Daily guidance.

**Eligibility:** adults with mental health problems

**Capacity:** supervised apartments: 24, group home: 9 persons, rooming house: 28 rooms

**Coverage area:** Montréal  
**Hours:** 24 hours, 7 days

**Fees:** variable  
**Financing:** donations, provincial, municipal  
**Legal status:** non-profit organization

## Self-help groups for addiction issues

### GAMBLERS ANONYMOUS

3300 Rosemont Boulevard, Suite 224, Rosemont-La Petite-Patrie, Montréal, QC, H1X 1K2

**1 866 484-6664**

**Website:** [www.gaquebec.org](http://www.gaquebec.org)

**Email:** [info@gaquebec.org](mailto:info@gaquebec.org)

**Services:** Self-help groups for compulsive gamblers with an adapted approach based on the 12 steps of the Alcoholics Anonymous organization. \* List of meetings on the website.

**Eligibility:** people with a compulsive gambling problem

**Coverage area:** province of Québec

**Fees:** free

**Financing:** donations

**Legal status:** non-profit organization

## Self-help groups for mental health issues

### ÉCOUTE ENTRAIDE

Confidential Address

**514 278-2130 Fax: 514 278-5677**

**Website:** [www.ecoute-entraide.org](http://www.ecoute-entraide.org)

**Email:** [direction@ecoute-entraide.org](mailto:direction@ecoute-entraide.org)

**Services:** \* Active listening and referral by phone.\* Support groups.

**Eligibility:** any person preoccupied with their mental health, with depression or heavier mental health problems

**Coverage area:** Province of Québec

**Hours:** 8h00 to 0h00, 7 days

**Fees:** free

**Financing:** provincial, self-financing

**Legal status:** non-profit organization

### OUTREMANGEURS ANONYMES - INTERGROUPE FRANÇAIS DE MONTRÉAL

312 Beaubien Street East, Rosemont-La Petite-Patrie, Montréal, QC, H2S 1R8

**1 877 509-1939 Fax: 514 490-1724**

**Website:** [www.outremangeurs.org](http://www.outremangeurs.org)

**Email:** [reunions@outremangeurs.org](mailto:reunions@outremangeurs.org)

**Services:** Recovery and mutual support for compulsive overeaters. \* Support groups based on the 12 steps.

**Eligibility:** people who wish to stop eating compulsively

**Coverage area:** Greater Montréal and surroundings

**Fees:** voluntary contribution

**Financing:** donations

**Legal status:** non-profit organization

## **Physical Disability**

**RECREATION AND CAMPS**

**RESPIRE SERVICES AND HOUSING**

**SUPPORT ASSOCIATIONS**

## Recreation and camps

### ADMI

4960 7th Avenue, Rosemont-La Petite-Patrie, Montréal, QC, H1Y 2M9

**514 527-7671** Fax: 514 527-7811

**Email:** ldjadmi@hotmail.com

**Services:** \* Recreational, physical and sports, social and cultural activities.\* Summer day camps.\* Open air days.\* Week-end activities.\* Bowling league.\* Week-end respite assistance.\* Information, support and guidance to parents.

**Eligibility:** people with intellectual disabilities aged 6 years old and more

**Coverage area:** Montréal

**Hours:** Monday and Thursday, variable

**Fees:** variable

**Financing:** self-financing

**Legal status:** non-profit organization

### FONDATION COCCINELLE POUR LES ENFANTS HANDICAPÉS (LA)

6630-A Papineau Avenue, Rosemont-La Petite-Patrie, Montréal, QC, H2G 2X2

**514 725-0009** Fax: 514 725-0009

**Email:** fondationcoccinelle@hotmail.ca

**Services:** \* Day Activity Centre.\* Respite.\* Summer camp.\* Holiday camp.

**Eligibility:** children and adults with intellectual or physical disabilities

**Capacity:** Day Centre: 40 people

**Coverage area:** Montréal

**Hours:** Monday to Friday 7h00 to 18h00, Saturday 8h00 to 17h00

**Financing:** fundraising campaigns

**Legal status:** non-profit organization

### SPECIAL OLYMPICS QUÉBEC

1274 Jean-Talon Street East, Suite 200, Rosemont-La Petite-Patrie, Montréal, QC, H2R 1W3

**1 877 743-8778** Fax: 514 843-8223

**Website:** www.olympiquesspeciaux.qc.ca

**Email:** info@olympiquesspeciaux.qc.ca

**Services:** \* Recreational or competition programs designed for people living with an intellectual disability.\* Technical training and professional development opportunities.

**Eligibility:** people of all ages living with an intellectual disability

**Coverage area:** province of Québec

**Hours:** Monday to Friday 9h00 to 17h00

**Financing:** provincial, self-financing

**Legal status:** non-profit organization

## Respite services and housing

### HABITATIONS HABITOEIL ROSEMONT

5112, rue De Bellechasse, Rosemont-La Petite-Patrie, Montréal, QC, H1T 2A4

**514 259-9470 ext. 26** Fax: 514 254-5079

**Website:** www.fondationdesaveugles.org

**Email:** info@aveugles.org

**Services:** Apartments for blinds and partially sighted people.

**Eligibility:** blinds and partially sighted people

**Capacity:** 14 apartments



**Coverage area:** Montréal Island  
**Hours:** Monday to Thursday 8h00 to 16h30  
**Fees:** 25% of income based on provincial notice of assessment  
**Financing:** donation, fundraising campaigns, provincial  
**Legal status:** non-profit organization

## Support Associations

### ASSOCIATION DES BÈGUES DU CANADA

6970 Christophe-Colomb Street, Suite 203, Rosemont-La Petite-Patrie, Montréal, QC, H2S 2H5  
**1 877 353-1042**

**Website:** www.abcbegaieiment.com

**Email:** abcbegaieiment@bellnet.ca

**Services:** Support for people who stutter. \* Self-help group held twice a month.\* Referrals.\* Helping relationship.\* Conferences.\* Publications.

**Eligibility:** adults with stuttering-related speech difficulties

**Capacity:** 8 to 10 persons per meeting

**Coverage area:** Canada

**Hours:** meetings: 2nd and 4th Wednesday of the month

**Financing:** donations and subsidies

**Legal status:** non-profit organization

### ASSOCIATION QUÉBÉCOISE DES PERSONNES DE PETITE TAILLE

6300 Parc Avenue, Suite 430, Rosemont-La Petite-Patrie, Montréal, QC, H2V 4H8  
**514 521-9671 Fax: 514 521-3369**

**Website:** www.aqppt.org

**Email:** info@aqppt.org

**Services:** \* Information and support for short-statured people (dwarfism), their parents.\* Self-help group.\* Advice for adaptation and technical aids.\* Advocacy.\* Social activities.\* Visual and written publications.\* Training.

**Eligibility:** short-statured people with dwarfism, their family, supporting members

**Coverage area:** Province of Québec

**Hours:** Monday to Thursday 9h00 to 17h00

**Fees:** membership: \$25 for households with one short-statured person and for support members, \$50 for organizations and for households with two or more short-statured people

**Financing:** provincial, membership fees, donations

**Legal status:** non-profit organization

### CANADIAN CANCER SOCIETY - MONTREAL REGIONAL OFFICE

5151 de l'Assomption Boulevard, Rosemont-La Petite-Patrie, Montréal, QC, H1T 4A9  
**1 888 939-3333 Fax: 514 255-2808 TTY: 1 866 786-3934**

**Website:** www.cancer.ca

**Email:** asalah@quebec.cancer.ca

**Services:** \* Documentation.\* Loan of wigs, turbans and scarves.\* Donation of temporary breast prosthesis.

**Eligibility:** cancer patients, general public

**Coverage area:** Montréal

**Hours:** Monday to Friday, by appointment

**Fees:** \$20 non refundable loan fee is requested for wigs

**Financing:** fundraising campaigns, donations

**Legal status:** non-profit organization

### **CANADIAN CANCER SOCIETY - QUÉBEC DIVISION**

5151 de l'Assomption Boulevard, Rosemont-La Petite-Patrie, Montréal, QC, H1T 4A9

**514 255-5151 Fax: 514 255-2808**

**Website:** www.cancer.ca

**Email:** info@sic.cancer.ca

**Services:** Public awareness and support to people victims of cancer and their relatives. \* Specialized information service and referrals to resources. \* Psychosocial support. \* Online community at www.cancerconnection.ca where people touched by cancer can discuss and get support. \* Peer support service: visualisation and art expression workshops. \* Phone twinning with a person who has gone through a similar experience. \* Help to quit smoking. \* Wigs loan and temporary breast prostheses donations. \* Financial help for transportation and rehabilitation for people with low-income. \* Education and prevention.

**Eligibility:** people living with cancer and their relatives, public, health professionals, caregivers

**Coverage area:** Province of Québec

**Hours:** Monday to Friday 8h00 to 18h00

**Financing:** fundraising campaigns, donations

**Legal status:** non-profit organization

### **ILEOSTOMY AND COLOSTOMY ASSOCIATION OF MONTRÉAL**

5151 de l'Assomption Boulevard, Rosemont-La Petite-Patrie, Montréal, QC, H1T 4A9

**514 255-3041 Fax: 514 645-5464**

**Website:** www.aicm-montreal.org

**Email:** info@aicm-montreal.org

**Services:** Education and rehabilitation to a normal life after a stoma. \* Technical and psychological assistance.

**Eligibility:** people living with a stoma and their relatives

**Capacity:** 150 members

**Coverage area:** Greater Montréal

**Hours:** 24 hours a day, 7 days a week

**Fees:** membership: \$20 per year

**Financing:** donations, membership fees

**Legal status:** non-profit organization

### **REGROUPEMENT DES AVEUGLES ET AMBLYOPES DU QUÉBEC**

3958 Dandurand Street, Rosemont-La Petite-Patrie, Montréal, QC, H1X 1P7

**1 800 363-0389**

**Website:** www.raaq.qc.ca

**Email:** info@raaq.qc.ca

**Services:** \* Information and referral. \* Advocacy of rights and interests for people with visual disabilities.

**Eligibility:** people with visual disabilities

**Coverage area:** Province of Québec

**Hours:** Monday to Friday 8h30 to 16h30

**Financing:** provincial, foundation

**Legal status:** non-profit organization

### **REGROUPEMENT LANGAGE QUÉBEC**

3958 Dandurand Street, Rosemont-La Petite-Patrie, Montréal, QC, H1X 1P7

**1 800 495-4118 Fax: 514 495-8637**

**Website:** www.dysphasie.qc.ca

**Email:** info@langagequebec.ca

**Services:** \* Promotion of a better knowledge of dysphasia and language disorders among support organizations and public. \* Defense of rights of people with dysphasia or language disorders. \* Implementation of assistance services and promotional tools to member organizations.

**Eligibility:** people with dysphasia and other language disorders, their close relatives as well as education and health professionals

**Coverage area:** Province of Québec

**Hours:** Monday to Friday 9h00 to 17h00

**Financing:** provincial

**Legal status:** non-profit organization

## **Psychosocial support**

**CAREGIVERS**

**DOMESTIC VIOLENCE**

**THERAPY AND COUNSELLING**

## Caregivers

### ASSOCIATION QUÉBÉCOISE DES LARYNGECTOMISÉS

5565 Sherbrooke Street East, 5th Floor, Rosemont-La Petite-Patrie, Montréal, QC, H1N 1A2

**1 844 285-2335** Fax: 514 259-8946

**Website:** www.fqlar.qc.ca

**Email:** fqlar@fqlar.qc.ca

**Services:** \* Information by phone, online or in person.\* Visits in hospitals for people who are about to be operated.\* Self-help and social meetings.\* Documentation.\* Symposiums.

**Eligibility:** laryngectomized people, their relatives, health professionals

**Coverage area:** Province of Québec

**Hours:** Monday to Thursday 9h30 to 15h00, monthly meeting: 3rd Wednesday of the month

**Financing:** provincial, donations, contributions

**Legal status:** non-profit organization

### REGROUPEMENT DES AIDANTES ET AIDANTS NATURELS DE MONTRÉAL

1030 Beaubien Street East, Suite 204, Rosemont-La Petite-Patrie, Montréal, QC, H2S 1T4

**514 374-1056** Fax: 514 374-3040

**Website:** www.raanm.net

**Email:** info@raanm.net

**Services:** \* Reception, active listening and referral.\* Awareness and promotion.\* Lectures on the realities faced by caregivers.\* Balancing work and caregiving responsibilities.

**Eligibility:** caregivers, health care providers of a relative with loss of autonomy, a degenerative disease or nearing the end of life

**Coverage area:** Montréal Island

**Hours:** administration: Monday to Thursday 9h00 to 12h30 and 13h30 to 17h00

**Fees:** annual membership: individual membership \$10, corporatif membership \$20

**Financing:** self-financing, provincial, grants

**Legal status:** non-profit organization

## Domestic violence

### MAISON SECOURS AUX FEMMES DE MONTRÉAL

Confidential Address

**514 593-6353** Fax: 514 593-7241

**Email:** maisonsecours@videotron.ca

**Services:** Support to women victims of domestic violence. \* Shelter.\* Information and referral.\* Listening, phone or extrnal counselling.\* Post-housing follow-up, accompaniment.\* Interpretation.\* Awareness and prevention.

**Eligibility:** women victims of domestic violence with or without children

**Capacity:** 15 people

**Coverage area:** Montréal and surroundings

**Hours:** 24 hours, 7 days

**Financing:** provincial

**Legal status:** non-profit organization

### PRO-GAM - CENTRE D'INTERVENTION ET DE RECHERCHE EN VIOLENCE CONJUGALE ET FAMILIALE

1453 Beaubien Street East, Suite 205, Rosemont-La Petite-Patrie, Montréal, QC, H2G 3C6

**514 270-8462** Fax: 514 270-8849

**Website:** www.pro-gam.ca

**Email:** info@pro-gam.ca

**Services:** Group psychotherapy for men with abusive or violent behaviours. \* Individual meetings.\* Crisis intervention.\* Information and referral for spouses.\* Professional training and conferences.

**Eligibility:** adult men with abusive or violent behaviours

**Capacity:** 6 groups per week

**Coverage area:** Greater Montréal

**Hours:** Monday to Friday 9h00 to 17h00

**Fees:** according to the income

**Financing:** Centraide of Greater Montréal, provincial, self-financing

**Legal status:** non-profit organization

## Therapy and counselling

### LEVIER (LE) - SERVICES DE PSYCHOTHÉRAPIE ACCESSIBLES

435 Beaubien Street East, Rosemont-La Petite-Patrie, Montréal, QC, H2S 1S4

**514 273-7365**

**Website:** [www.lelevier.ca](http://www.lelevier.ca)

**Email:** [lelevier@lelevier.ca](mailto:lelevier@lelevier.ca)

**Services:** Psychotherapy.

**Eligibility:** people on a low income

**Capacity:** 15 professionals

**Coverage area:** Greater Montréal

**Hours:** Monday to Saturday 9h00 to 17h00, availabilities in the evening

**Fees:** subscription: \$10, meeting: depending on the income, minimum of \$30

**Financing:** self-financing, donations

**Legal status:** non-profit organization

## **Seniors**

**CAREGIVERS**

**COMMUNITY AND RECREATION CENTRES**

**HOME SUPPORT**

**HOUSING FOR SENIORS**

**INTERGENERATIONAL ACTIVITIES**

**INTERVENTION WITH SENIORS SUBJECTED TO ABUSE**

**SENIORS' ADVOCACY AND ASSISTANCE ASSOCIATIONS**

**VOLUNTEER TRANSPORTATION**

## Caregivers

### ASSOCIATION QUÉBÉCOISE DES LARYNGECTOMISÉS

5565 Sherbrooke Street East, 5th Floor, Rosemont-La Petite-Patrie, Montréal, QC, H1N 1A2

**1 844 285-2335** Fax: 514 259-8946

**Website:** [www.fqlar.qc.ca](http://www.fqlar.qc.ca)

**Email:** [fqlar@fqlar.qc.ca](mailto:fqlar@fqlar.qc.ca)

**Services:** \* Information by phone, online or in person.\* Visits in hospitals for people who are about to be operated.\* Self-help and social meetings.\* Documentation.\* Symposiums.

**Eligibility:** laryngectomized people, their relatives, health professionals

**Coverage area:** Province of Québec

**Hours:** Monday to Thursday 9h30 to 15h00, monthly meeting: 3rd Wednesday of the month

**Financing:** provincial, donations, contributions

**Legal status:** non-profit organization

### REGROUPEMENT DES AIDANTES ET AIDANTS NATURELS DE MONTRÉAL

1030 Beaubien Street East, Suite 204, Rosemont-La Petite-Patrie, Montréal, QC, H2S 1T4

**514 374-1056** Fax: 514 374-3040

**Website:** [www.raanm.net](http://www.raanm.net)

**Email:** [info@raanm.net](mailto:info@raanm.net)

**Services:** \* Reception, active listening and referral.\* Awareness and promotion.\* Lectures on the realities faced by caregivers.\* Balancing work and caregiving responsibilities.

**Eligibility:** caregivers, health care providers of a relative with loss of autonomy, a degenerative disease or nearing the end of life

**Coverage area:** Montréal Island

**Hours:** administration: Monday to Thursday 9h00 to 12h30 and 13h30 to 17h00

**Fees:** annual membership: individual membership \$10, corporatif membership \$20

**Financing:** self-financing, provincial, grants

**Legal status:** non-profit organization

## Community and Recreation Centres

### AIDE AUX VILLAGEOIS DU VILLAGE OLYMPIQUE

5199 Sherbrooke Street East, Suite 3439, Rosemont-La Petite-Patrie, Montréal, QC, H1T 3X2

**514 254-9953** Fax: 514 254-9953

**Website:** [aideauxvillageois.wix.com/aide-aux-villageois](http://aideauxvillageois.wix.com/aide-aux-villageois)

**Email:** [aideauxvillageois@gmail.com](mailto:aideauxvillageois@gmail.com)

**Services:** Services for senior people. \* Home assistance for various light house work.\* Accompaniment and transportation for medical appointments, shopping and outings.\* Loans of crutches, walking sticks, wheelchairs.\* Conferences,\* Recreational and sports activities.\* Community luncheons.

**Eligibility:** residents of the Olympic Village, seniors, people who are disabled, sick or isolated

**Coverage area:** Olympic Village

**Hours:** Monday and Tuesday 8h30 to 16h00, Wednesday and Friday 9h00 to 15h00, Friday 9h00 to 12h00

**Financing:** grants, provincial, donations

**Legal status:** non-profit organization

### BUREAU DE LA COMMUNAUTÉ HAÏTIENNE DE MONTRÉAL

6970 Marquette Street, Rosemont-La Petite-Patrie, Montréal, QC, H2E 2C7

**514 725-9508** Fax: 514 725-9830

**Website:** [www.bchm.ca](http://www.bchm.ca)

**Email:** [info@bchm.ca](mailto:info@bchm.ca)



**Services:** \* Reception and assistance.\* Accompaniment with public and parapublic services.\* Parental support.\* Mediation and intervention in schools.\* Sharing and mutual aid network.\* Family and community kitchen.\* Educational, sociocultural, recreational and sporting activities for youth.\* Summer camps.\* Seniors drop-in centre.\* Sharing and information network for seniors.\* Community meals.\* Physical and intellectual stimulation activities for seniors.\* Respite for caregivers of seniors.\* Information and support for single mothers.\* Self-esteem workshops for women.\* Self-help group for women.

**Eligibility:** immigrant families, including grand-parents

**Coverage area:** Greater Montréal

**Hours:** Monday to Friday 9h00 to 18h30

**Financing:** provincial, federal, Centraide of Greater Montréal, foundations

**Legal status:** non-profit organization

### **CARREFOUR COMMUNAUTAIRE MONTROSE**

5350 Lafond Street, Suite R-170, Rosemont-La Petite-Patrie, Montréal, QC, H1X 2X2

**514 521-7757 Fax:** 514 524-9813

**Website:** [www.carrefourmontrose.org](http://www.carrefourmontrose.org)

**Email:** [responsabledemilieu@carrefourmontrose.org](mailto:responsabledemilieu@carrefourmontrose.org)

**Services:** \* Telephone listening.\* Medical transportation.\* Accompaniment for groceries and shopping.\* Intergenerational activities.\* Collective kitchens.\* Community parties.\* Friendly visits and phonecalls.\* Support for elders victims of abuse.\* Physical activities.\* Various conferences and trainings.

**Eligibility:** activities: seniors 50 years and over, accompaniment, transportation and friendly phonecalls: seniors 60 years and over

**Coverage area:** Rosemont

**Hours:** Monday to Friday 9h00 to 12h00 and 13h00 to 16h00

**Fees:** classes: variable, transportation and accompaniment: voluntary contribution

**Financing:** provincial

**Legal status:** non-profit organization

### **CARREFOUR COMMUNAUTAIRE MONTROSE - POINT DE SERVICE 6060**

6060 29th Avenue, Rosemont-La Petite-Patrie, Montréal, QC, H1T 3G9

**514 903-4231**

**Website:** [www.carrefourmontrose.org](http://www.carrefourmontrose.org)

**Email:** [responsabledemilieu@carrefourmontrose.org](mailto:responsabledemilieu@carrefourmontrose.org)

**Services:** Meeting place. \* Various activities.

**Eligibility:** seniors 50 years and over

**Coverage area:** Rosemont

**Hours:** Monday, Tuesday and Thursday 13h30 to 16h00

**Fees:** free

**Financing:** municipal

**Legal status:** non-profit organization

### **CLUB L'ACCUEIL DORÉ**

387 Beaubien Street East, Suite 100, Rosemont-La Petite-Patrie, Montréal, QC, H2S 1S2

**514 961-9833**

**Services:** \* Social and recreational activities: cards, bingo, etc.\* Outings.

**Eligibility:** seniors, adults

**Coverage area:** Rosemont-La Petite-Patrie and surroundings

**Hours:** Wednesday

**Fees:** variable

**Financing:** self-financing

**Legal status:** non-profit organization

### **DYNAMIQUES DU VILLAGE OLYMPIQUE (LES)**

5199 Sherbrooke Street East, Suite B3440, Rosemont-La Petite-Patrie, Montréal, QC, H1T 3X2

**514 257-0678**

**Website:** lesdynamiques.org

**Email:** dvo@videotron.ca

**Services:** Leisure for elders. \* Bingo.\* Musical evenings, dancing.\* Lunch and dinners.\* Choir.\* Outings.

**Eligibility:** people 50 years and over

**Capacity:** 90

**Coverage area:** Village Olympique residents

**Hours:** Monday and Wednesday 10h00 to 15h00, closed on June, July and August

**Fees:** membership card: \$8, variable for activities

**Financing:** self-financing

**Legal status:** non-profit organization

## **Home support**

### **ENTRAIDE SAINT-ESPRIT**

5415 5th Avenue, Rosemont-La Petite-Patrie, Montréal, QC, H1Y 2S8

**514 376-3920 ext. 110**

**Email:** upsf@bellnet.ca

**Services:** \* Distribution of food vouchers.\* Christmas baskets.\* School supplies.\* Bazaar.\* Meals-on-wheels.\* Room rental.

**Eligibility:** people on a low income

**Coverage area:** Saint-Esprit, Sainte-Bibiane and Sainte-Gemma parishes

**Hours:** assistance: 3rd Thursday of the month 10h00 to 12h00 and 13h00 to 15h00, closed during Christmas holidays, bazaar: Tuesday and Wednesday 10h00 to 15h00, meals-on-wheels: Tuesday and Thursday 10h30 to 13h00

**Financing:** donations

**Legal status:** non-profit organization

### **GROUPE L'ENTRE-GENS (LE)**

6240 Christophe-Colomb Avenue, Suite 100, Rosemont-La Petite-Patrie, Montréal, QC, H2S 2G7

**514 273-0560 Fax: 514 273-0713**

**Website:** www.groupeentre-gens.ca

**Email:** groupeentre-gens@bellnet.ca

**Services:** \* Meals-on-wheels.\* Assistance with shopping.\* Accompaniment to medical appointments.\* Listening, help and referral.\* Tax clinic.\* Social work within social housing and in various places frequented by seniors.\* Special events, outings, sugar shack and apple picking outings.

**Eligibility:** people 18 years and over who are in convalescence, disabled or with a permanent or temporary loss of autonomy

**Capacity:** meals-on-wheels: 25 meals per day

**Coverage area:** Petite-Patrie, meals-on-wheels: territory bordered by Saint-Hubert Street to the East, by Clark Street to the West, by des Carrières Street to the South and by Jean-Talon Street to the North

**Hours:** Monday to Thursday 9h00 to 16h30

**Financing:** provincial, municipal, grants, donations

**Legal status:** non-profit organization

### **GROUPE PART (PROGRAMME D'APPRENTISSAGE RETOUR AU TRAVAIL)**

4100 André-Laurendeau Avenue, Rosemont-La Petite-Patrie, Montréal, QC, H1Y 3N6

**514 526-7278 Fax: 514 526-7569**

**Website:** www.groupepart.ca

**Email:** mthomas@groupepart.ca

**Services:** Job reintegration. \* PART du Chef: integration enterprise with paid employment, institutional cooking training. \* PART projects: integration group with possibility to pursue secondary school studies in French and math, computer workshop, cultural and physical activities, individual psychosocial follow-up. \* Delivery of healthy frozen meals. \* Catering and cafeterias. \* Individual psychosocial support. \* Job search assistance and internships. \* Assistant cook certificate.

**Eligibility:** people 18 years and over with psychosocial or mental health problems, receiving medical or psychosocial care, frozen meals, cafeteria and catering: all

**Capacity:** part du chef: 34 people, part projects: 32 people

**Coverage area:** Greater Montréal

**Hours:** Monday to Friday 6h30 to 15h00, PART projects: 20 hours per week, PART du Chef: 35 hours per week

**Financing:** provincial

**Legal status:** non-profit organization

## **MULTI-ETHNIC ASSOCIATION FOR THE INTEGRATION OF PERSONS WITH DISABILITIES**

6462 Saint-Laurent Boulevard, Rosemont-La Petite-Patrie, Montréal, QC, H2S 3C4

**1 866 318-0680 Fax:** 514 272-8530

**Website:** www.ameiph.com

**Email:** secretariat@ameiph.com

**Services:** \* Aid for the integration: information and referral about public services, assistance with forms, moral support, follow-up, interpreting, mediation, administering of oaths. \* French courses. \* Art workshop. \* Women's group. \* Monthly coffee meeting. \* Information sessions. \* Social events. \* Promotion and advocacy of social integration.

**Eligibility:** people with disabilities from ethno-cultural communities and their families

**Coverage area:** Province of Québec

**Hours:** Monday to Thursday 8h30 to 16h30, Friday 9h00 to 13h00

**Financing:** provincial, Centraide of Greater Montréal

**Legal status:** non-profit organization

## **PALLIATIVE HOME-CARE SOCIETY OF GREATER MONTRÉAL**

1110 Jean-Talon Street East, Suite 301, Rosemont-La Petite-Patrie, Montréal, QC, H2R 1V9

**514 272-7200 Fax:** 514 272-0134

**Website:** www.palliativecaresociety.com

**Email:** info@societedesoinspalliatifs.com

**Services:** Clinical follow-ups of the patients done by specialized nurses. \* Pain management. \* Nursing care. \* Volunteer support to the patients and families. \* Hygienic care of the patients. \* Home respite for caregivers (day, evening, night). \* Family support services. \* Transportation service for medical appointments. \* Medical supplies and equipment available. \* Professional psychological support at home and bereavement services.

**Eligibility:** patients in pre-terminal or terminal phases, people who are bereaved and their families

**Coverage area:** Montréal Island

**Hours:** administration: Monday to Friday 8h00 to 16h00, home care services: 7 days, 8h00 to 00h00

**Fees:** free, except for transport

**Financing:** foundation, grants, donations

**Legal status:** non-profit organization

## **SOCIÉTÉ DE SAINT-VINCENT-DE-PAUL - NOTRE-DAME-DU-FOYER**

5999 40th Avenue, Rosemont-La Petite-Patrie, Montréal, QC, H1T 2V6

**514 259-9019**

**Services:** \* Home visits and distribution of food vouchers. \* Christmas baskets.

**Eligibility:** people on a low income

**Coverage area:** Notre-Dame-du-Foyer Parish

**Hours:** by appointment

**Financing:** donations

**Legal status:** non-profit organization

## **UKRAINIAN MUTUAL AID OF MONTRÉAL**

3244 Beaubien Street East, Suite 201, Rosemont-La Petite-Patrie, Montréal, QC, H1Y 1H7

**514 729-9540** Fax: 514 729-2745

**Email:** entraid1@bellnet.ca

**Services:** \* Help with job or housing search.\* Information and referrals.\* Translation services and help in filling out forms.\* Pairing of volunteers with seniors: visits during holidays, friendly calls.\* Meals-on-wheels.

**Eligibility:** Ukrainians, newcomers, seniors, especially people who are ill or on a low income

**Coverage area:** Greater Montréal

**Hours:** Monday to Friday 10h00 to 16h00

**Financing:** provincial

**Legal status:** non-profit organization

## **Housing for seniors**

### **CENTRE D'HÉBERGEMENT AUCLAIR**

6910 Boyer Street, Rosemont-La Petite-Patrie, Montréal, QC, H2S 2J7

**514 272-3011**

**Website:** www.ciusss-nordmtl.qc.ca

**Services:** Public care centre for seniors and people with a loss of autonomy. \* Housing and long term cares.

**Eligibility:** seniors and people with a loss of autonomy

**Coverage area:** La Petite-Patrie, Villeray

**Financing:** provincial

**Legal status:** parapublic organization

### **CENTRE D'HÉBERGEMENT DU ROUSSELOT**

5655 Sherbrooke Street East, Rosemont-La Petite-Patrie, Montréal, QC, H1N 1A4

**514 254-9421**

**Website:** www.ciusss-estmtl.gouv.qc.ca

**Services:** Public care centre for seniors and people with a loss of autonomy. \* Housing and long term care.

**Eligibility:** seniors and people with a loss of autonomy

**Coverage area:** Mercier-Hochelaga-Maisonneuve, Rosemont-La Petite-Patrie

**Financing:** provincial

**Legal status:** parapublic organization

### **CENTRE D'HÉBERGEMENT J.-HENRI-CHARBONNEAU**

3095 Sherbrooke Street East, Rosemont-La Petite-Patrie, Montréal, QC, H1W 1B2

**514 523-1173**

**Website:** www.ciusss-estmtl.gouv.qc.ca

**Services:** Public care centre for seniors and people with a loss of autonomy. \* Housing and long term cares.\* Day Hospital offering therapeutic services to maintain the autonomy of seniors living at home.\* Intensive rehabilitation unit.

**Eligibility:** seniors and people with a loss of autonomy

**Coverage area:** Mercier-Hochelaga-Maisonneuve, Rosemont-La Petite-Patrie

**Financing:** provincial

**Legal status:** parapublic organization

### **CENTRE D'HÉBERGEMENT LES QUATRE-SAISONS**

6767 Cartier Street, Rosemont-La Petite-Patrie, Montréal, QC, H2G 3G2

**514 722-3000**

**Website:** www.ciusss-nordmtl.qc.ca

**Services:** Public care centre for seniors and people with a loss of autonomy. \* Housing and long term cares.

**Eligibility:** seniors and people with a loss of autonomy

**Coverage area:** La Petite-Patrie, Villeray

**Financing:** provincial

**Legal status:** parapublic organization

### **CENTRE D'HÉBERGEMENT MARIE-ROLLET**

5003 Saint-Zotique Street East, Rosemont-La Petite-Patrie, Montréal, QC, H1T 1N6

**514 729-5281**

**Website:** [www.ciusss-estmtl.gouv.qc.ca](http://www.ciusss-estmtl.gouv.qc.ca)

**Services:** Public care centre for seniors and people with a loss of autonomy. \* Housing and long term cares.

**Eligibility:** seniors and people with a loss of autonomy

**Coverage area:** Rosemont, Saint-Léonard

**Financing:** provincial

**Legal status:** parapublic organization

### **CENTRE D'HÉBERGEMENT PAUL-GOUIN**

5900 Saint-Vallier Street, Rosemont-La Petite-Patrie, Montréal, QC, H2S 2P3

**514 273-3681**

**Website:** [www.ciusss-nordmtl.qc.ca](http://www.ciusss-nordmtl.qc.ca)

**Services:** Public care centre for seniors and people with a loss of autonomy. \* Housing and long term cares.\*

Day Centre offering therapeutic services to maintain the autonomy of seniors living at home.

**Eligibility:** seniors and people with a loss of autonomy

**Coverage area:** Rosemont-La Petite-Patrie, Villeray

**Financing:** provincial

**Legal status:** parapublic organization

### **CENTRE D'HÉBERGEMENT ROBERT-CLICHE**

3730 Bellechasse Street, Rosemont-La Petite-Patrie, Montréal, QC, H1X 3E5

**514 374-8660**

**Website:** [www.ciusss-nordmtl.qc.ca](http://www.ciusss-nordmtl.qc.ca)

**Services:** Public care centre for seniors and people with a loss of autonomy. \* Housing and long term cares.

**Eligibility:** seniors and people with a loss of autonomy

**Coverage area:** Rosemont-La Petite-Patrie

**Financing:** provincial

**Legal status:** parapublic organization

### **CITÉ DES RETRAITÉS N.D.F.**

6555 Pontoise Street, Rosemont-La Petite-Patrie, Montréal, QC, H1T 3S9

**514 254-3551**

**Website:** [citedesretraites.com](http://citedesretraites.com)

**Services:** Private autonomous residence for seniors. \* Studio, 2½ and 4½ for 2 people.\* Adapted housing for disabled people.\* Presence of nursing aid 24/7.\* Heating and electricity.

**Eligibility:** people 55 years and over, autonomous, on a low or modest income

**Capacity:** 323 apartments

**Coverage area:** Montréal Island

**Hours:** Monday to Friday 8h30 to 12h00 and 13h00 to 16h00

**Fees:** from \$550 to \$1,150 per month

**Legal status:** non-profit organization

### **HABITATION LOGIQUE SAINT-JOSEPH**

3210 Rachel Street East, Rosemont-La Petite-Patrie, Montréal, QC, H1W 1A4

**514 522-3190**

**Website:** www.societelogique.org

**Email:** info@shapem.org

**Services:** Universally accessible housing. \* Habitations Logique Quesnel, Perras, Saint-Jacques, Saint-Joseph and Regain-de-vie.\* Adapted housing for disable people.

**Eligibility:** families, single people and autonomous seniors, on a low income

**Capacity:** 166 apartments

**Coverage area:** Montréal Island

**Hours:** Monday to Friday 9h00 to 17h00

**Fees:** subsidized housing: 25% of income

**Financing:** provincial, self-financing

**Legal status:** non-profit organization

### **HABITATIONS LES II VOLETS**

6001 Christophe-Colomb Avenue, Suite 100, Rosemont-La Petite-Patrie, Montréal, QC, H2S 2G3

**514 279-9292**

**Email:** interventionm1@habitations2volets.ca

**Services:** Subsidized housing for seniors who are autonomous or with a slight loss of autonomy. \* Medical alarm.\* Community meals.\* Recreational activities.\* Christmas dinner.

**Eligibility:** seniors 65 years and over

**Capacity:** 95 apartments

**Coverage area:** Montréal Island

**Hours:** Monday to Friday 9h00 to 16h00

**Fees:** 25% of the income according to the provincial assessment notice, services: \$252 per month

**Financing:** provincial, self-financing

**Legal status:** non-profit organization

### **HABITATIONS LOGGIA-PÉLICAN (LES)**

2535 Place Pierre-Falardeau, Rosemont-La Petite-Patrie, Montréal, QC, H1Y0B4

**514 503-8118**

**Website:** www.loggiapelican.ca

**Email:** info@loggiapelican.ca

**Services:** Subsidized and non-subsidized housing for people 50 years and over. \* 5 suppers per week.\* Recreation committee. \* Surveillance and maintenance. \* Subsidized component is currently full.

**Eligibility:** people 50 years and over

**Capacity:** 179 apartments

**Coverage area:** Greater Montréal

**Hours:** Monday to Friday 9h00 to 17h00

**Fees:** non-subsidized housing: starting at \$831 per month with services

**Financing:** grants, self-financing

**Legal status:** non-profit organization

### **HABITATIONS NOUVELLES AVENUES**

3950 Beaubien Street East, Suite 101, Rosemont-La Petite-Patrie, Montréal, QC, H1X 3M8

**514 376-9141 ext. 100**    **Fax:** 514 376-7305

**Website:** www.habitations-nouvelles-avenues.com

**Email:** hna@bellnet.ca

**Services:** Subsidized and non-subsidized housing for seniors. \* 3½ et 4½ apartments.\* Service package: lunches provided during the week, surveillance, janitorial services, community support. \* Bingo, gymnastics, painting, etc.

**Eligibility:** seniors 60 years and over, autonomous or with slight loss of autonomy

**Capacity:** 130 apartments

**Coverage area:** Montréal, priority to Rosemont-La-Petite-Patrie, subsidized units: postal codes H1T, H1X, H1Y, H2S, H2G, H2A

**Hours:** Monday to Friday 9h00 to 12h30 and 13h00 to 16h00

**Fees:** subsidized units: 25% of income, other units: \$643 per month, mandatory service package: \$262 per year

**Financing:** contributions, municipal, self-financing, grants

**Legal status:** non-profit organization

### **HÔPITAL SANTA CABRINI**

5655 Saint-Zotique Street East, Rosemont-La Petite-Patrie, Montréal, QC, H1T 1P7

**514 252-6000**

**Website:** [ciusss-estmtl.gouv.qc.ca/installations/centres-hospitaliers/hopital-santa-cabrini](http://ciusss-estmtl.gouv.qc.ca/installations/centres-hospitaliers/hopital-santa-cabrini)

**Email:** [santacabrinidante@ssss.gouv.qc.ca](mailto:santacabrinidante@ssss.gouv.qc.ca)

**Services:** Hospital for general and specialized care. \* General and internal medicine.\* Surgery.\* Gynecology.\*

Centre d'accueil Dante: residential and long-term care and day centre.

**Eligibility:** centre d'accueil Dante: seniors and people with a loss of autonomy from the Italian community

**Financing:** provincial

**Legal status:** parapublic organization

### **INSTITUT CANADIEN-POLONAIS DU BIEN-ÊTRE**

5655 Bélanger Street East, Rosemont-La Petite-Patrie, Montréal, QC, H1T 1G2

**514 259-2551** Fax: 514 259-9948

**Website:** [www.instpolo.org](http://www.instpolo.org)

**Email:** [mgkielczewska@gmail.com](mailto:mgkielczewska@gmail.com)

**Services:** Residential and long-term care centre.

**Eligibility:** seniors and people with a loss of autonomy from Polish and Slavic communities

**Capacity:** 126 beds

**Coverage area:** Montréal

**Financing:** provincial

**Legal status:** parapublic organization

### **OFFICE MUNICIPAL D'HABITATION DE MONTRÉAL - RESIDENCES ENHARMONIE - RESIDENCE PIERO-CORTI**

3131 Sherbrooke Street East, Rosemont-La Petite-Patrie, Montréal, QC, H1W 1B2

**514 277-9141**

**Website:** [www.residencesenharmonie.qc.ca/residences/residence-piero-corti](http://www.residencesenharmonie.qc.ca/residences/residence-piero-corti)

**Email:** [info.pc@omhm.qc.ca](mailto:info.pc@omhm.qc.ca)

**Services:** Affordable housing: studios, one-bedrooms or two-bedrooms. \* Included in monthly rent: 5 meals a week in the dining hall, 2 breakfasts on weekends, security cameras, around-the-clock surveillance, controlled access, cable television, telephone service, electricity, heating and hot water, various community activities, free use of laundry room.\* Additional services: parking, hall rental, Internet access in the apartment, hair salon.\* Common areas: air-conditioned dining hall and common room, computer stations with free Internet access, home cinema.

**Eligibility:** seniors 60 years and over on a low income (less than \$28,000 for an individual or a couple and less than \$33,000 for two people not living as a couple)

**Capacity:** 97 apartments

**Coverage area:** Greater Montréal

**Hours:** 7 days, 9h00 to 17h00

**Financing:** federal, provincial, municipal

**Legal status:** non-profit organization

**OFFICE MUNICIPAL D'HABITATION DE MONTRÉAL - RESIDENCES ENHARMONIE -  
RESIDENCE SAINT-EUGÈNE**

3500 Beaubien Street East, Rosemont-La Petite-Patrie, Montréal, QC, H1X 1G7

**514 376-7373**

**Website:** [www.residencesenharmonie.qc.ca/residences/residence-saint-eugene](http://www.residencesenharmonie.qc.ca/residences/residence-saint-eugene)

**Email:** [info.se@omhm.qc.ca](mailto:info.se@omhm.qc.ca)

**Services:** Affordable housing: studios, one-bedrooms or two-bedrooms. \* Included in monthly rent: 5 meals a week in the dining hall, 2 breakfasts on weekends, security cameras, around-the-clock surveillance, controlled access, cable television, telephone service, electricity, heating and hot water, various community activities, free use of laundry room.\* Additional services: outdoor parking, hall rental, Internet access in the apartment.\*

Common areas: air-conditioned dining hall, computer stations with free Internet access, home cinema.

**Eligibility:** seniors 60 years and over on a low income (less than \$28,000 for an individual or a couple and less than \$33,000 for two people not living as a couple)

**Capacity:** 163 apartments

**Coverage area:** Greater Montréal

**Hours:** 7 days, 9h00 to 17h00

**Financing:** federal, provincial, municipal

**Legal status:** non-profit organization

**PHARE PROVIDENCE (LE)**

5605 Beaubien Street, Rosemont-La Petite-Patrie, Montréal, QC, H1T1X4

**514 254-4991**

**Website:** [www.lesresidencesprovidence.com](http://www.lesresidencesprovidence.com)

**Email:** [location@providencendg.com](mailto:location@providencendg.com)

**Services:** Senior housing group belonging to the Soeurs de la Providence.

**Eligibility:** seniors 55 years and over

**Coverage area:** Montréal

**Financing:** self-financing

**Legal status:** non-profit organization

**PHARE PROVIDENCE (LE) - LES APPARTEMENTS PROVIDENCE**

5605 Beaubien Street East, Rosemont-La Petite-Patrie, Montréal, QC, H1T1X4

**514 254-4991**

**Website:** [www.lesresidencesprovidence.com](http://www.lesresidencesprovidence.com)

**Services:** Housing for autonomous seniors. \* 3 meals a day, 7 days.\* Recreational activities.\* Available on place: laundry, hair salon and foot care, parking.\* Daily mass.\* Security 24 hours, 7 days.

**Eligibility:** seniors of 55 years old over, fully autonomous

**Capacity:** 19

**Coverage area:** Greater Montréal

**Hours:** Monday to Friday 8h00 to 15h30

**Fees:** between \$612 and \$638 per month

**Financing:** self-financing

**Legal status:** non-profit organization

**PLACE POUR RESTER (UNE)**

4820 Saint-Michel Boulevard, Rosemont-La Petite-Patrie, Montréal, QC, H1Y 3G3

**514 527-5720 ext. 32**

**Services:** Subsidized housing for seniors. \* Studios.\* Adapted housing for disabled people.

**Eligibility:** people aged 65 years and over, autonomous or with a slight loss of autonomy, on a low-income

**Capacity:** 22 studios

**Coverage area:** Montréal Island

**Hours:** Monday to Thursday 9h00 to 17h00, Friday 9h00 to 12h00



**Fees:** 25% of income based on provincial notice of assessment

**Financing:** provincial

**Legal status:** non-profit organization

### **RESIDENCE UKRAINIENNE DE MONTRÉAL**

6300 8th Avenue, Rosemont-La Petite-Patrie, Montréal, QC, H1Y 3E6

**514 374-6300 Fax:** 514 374-7299

**Email:** ukresidence@bellnet.ca

**Services:** Subsidized housing for seniors autonomous. \* Two elevators.\* Laundry room.\* Community Hall, garden and terrace.

**Eligibility:** autonomous seniors

**Capacity:** 55 subsidized units, 28 units at regular price

**Coverage area:** Rosemont-La Petite-Patrie

**Hours:** Monday to Friday 10h00 to 16h00

**Legal status:** non-profit organization

### **UKRAINIAN VILLA OF MONTREAL**

6400 8th Avenue, Rosemont-La Petite-Patrie, Montréal, QC, H1Y 3H4

**514 374-6400 Fax:** 514 374-7299

**Email:** ukvilla@qc.aibn.com

**Services:** Housing with services for seniors who are autonomous or with a slight loss of autonomy. \* 3 meals per day, heating and electricity included.\* Auxiliary nurse, caregivers and doctor, medical visit once a month.\* Security, 24-hour surveillance, automatic sprinklers, smoke and heat detectors, elevator and parking.\* Laundry room, housekeeping.\* Garden, patio.\* Shrine and library.\* Community, dining and gaming halls.\* Activities.

**Eligibility:** autonomous or semi-autonomous seniors

**Capacity:** 54 studios

**Coverage area:** Rosemont-La Petite-Patrie

**Hours:** information: 10h00 to 15h00

**Legal status:** non-profit organization

## **Intergenerational activities**

### **CARREFOUR FAMILIAL L'INTERMÈDE**

Centre communautaire Marcel-et-Gabrielle-Lapalme, 5350 Lafond Street, Suite R-150, Rosemont-La Petite-Patrie, Montréal, QC, H1X 2X2

**514 527-5188 Fax:** 514 524-9813

**Website:** www.intermede.ca

**Email:** cfi@videotron.ca

**Services:** \* Active listening, referral and information.\* Drop-in respite.\* Bazaar.\* Collective kitchens, thematic lunches.\* Summer family camp, events, intergenerational and family outings.\* Educational outings.

**Eligibility:** children from 0 to 5 years old and their families, seniors

**Coverage area:** Rosemont-La Petite-Patrie and the surroundings

**Hours:** drop-in respite: Monday 8h30 to 11h30 or 16h00, Tuesday and Wednesday 8h30 to 16h00, Thursday 9h00 to 12h00

**Fees:** members: \$10 per year, drop-in respite: variable depending on the family income

**Financing:** provincial, Centraide, federal, grants, donations

**Legal status:** non-profit organization

### **CLUB INTERGÉNÉRATION LA PETITE-PATRIE**

5718 Saint-André Street, Rosemont-La Petite-Patrie, Montréal, QC, H2S 2K1

**514 278-0281 Fax:** 514 278-9526

**Email:** clipp@videotron.ca

**Services:** \* Homework help and academic support for children aged 6 to 12 in 13 primary schools of the CSDM.\* This project is managed by parents and grandparents.

**Eligibility:** all generations

**Coverage area:** Rosemont, La Petite-Patrie, Villeray

**Hours:** Monday to Thursday 10h00 to 17h00, Friday 9h00 to 13h00 (no on site services, services are provided only in partner schools)

**Fees:** membership card: \$5 per year

**Financing:** donations, provincial

**Legal status:** non-profit organization

## Intervention with seniors subjected to abuse

### RÉSEAU D'INTERVENTION AUPRÈS DES PERSONNES AYANT SUBI LA VIOLENCE ORGANISÉE

6865, Christophe-Colomb Avenue, Suite 300-309, Rosemont-La Petite-Patrie, Montréal, QC, H2S 2H3

**514 282-0661 Fax:** 514 282-0661

**Website:** [www.rivo-resilience.org](http://www.rivo-resilience.org)

**Email:** [info@rivo-resilience.org](mailto:info@rivo-resilience.org)

**Services:** \* Individual psychotherapy.\* Counselling.\* Massage therapy.\* Training.

**Eligibility:** refugees, or anyone affected by organized violence, ideally referred by a qualified professional

**Coverage area:** Greater Montréal

**Hours:** administration: Monday to Friday 9h00 to 17h00, therapy and counselling: variable

**Fees:** free

**Financing:** donations, provincial

**Legal status:** non-profit organization

## Seniors' Advocacy and Assistance Associations

### ASSOCIATION DE LOISIRS POUR PERSONNES À AUTONOMIE RÉDUITE

5350 Lafond Street, Rosemont-La Petite-Patrie, Montréal, QC, H1X 2X2

**514 524-7328 Fax:** 514 524-9813

**Website:** [www.alpar.ca](http://www.alpar.ca)

**Email:** [info@alpar.ca](mailto:info@alpar.ca)

**Services:** \* Social, recreational, cultural and sporting activities.\* Education: aging and gerontology.\* Program that promotes closer intercultural bonds.\* Support groups and support for seniors and their caregivers.

**Eligibility:** seniors aged 55 and older with physical limitations due to age, illness or disability, their caregivers

**Coverage area:** Greater Montréal

**Hours:** activities: Wednesday and Friday 13h00 to 16h00

**Fees:** members: regular \$12, associations \$50, citizens support \$20, supporters \$50, honor support \$100

**Financing:** provincial, membership fees, fundraising campaigns, municipal, donations

**Legal status:** non-profit organization

### ASSOCIATION QUÉBÉCOISE DE DÉFENSE DES DROITS DES PERSONNES RETRAITÉES ET PRÉRETRAITÉES

7105 Saint-Hubert Street, Suite 304, Rosemont-La Petite-Patrie, Montréal, QC, H2S 2N1

**1 877 935-1551**

**Website:** [www.aqdr.org](http://www.aqdr.org)

**Email:** [info@aqdr.org](mailto:info@aqdr.org)

**Services:** Advocacy of rights for retired and pre-retired people: income, housing, home care, transportation and health.

**Eligibility:** pre-retired and retired people 50 years and over

**Coverage area:** Province of Québec

**Hours:** Monday to Friday 9h00 to 16h30

**Fees:** \$20 per person per year

**Financing:** provincial, contributions

**Legal status:** non-profit organization

## **ASSOCIATION QUÉBÉCOISE DE DÉFENSE DES DROITS DES PERSONNES RETRAITÉES ET PRÉRETRAITÉES - ROSEMONT**

5350 Lafond Street, Suite 1.320, Rosemont-La Petite-Patrie, Montréal, QC, H1X 2X2

**514 725-0183**

**Website:** [www.aqdr.org](http://www.aqdr.org)

**Email:** [info@aqdrrosemont.com](mailto:info@aqdrrosemont.com)

**Services:** Collective advocacy in terms of housing, health, ill-treatment, abuse, transportation and other issues regarding seniors.

**Eligibility:** preretired and retired people 50 years old and over

**Coverage area:** Rosemont and surrounding areas

**Hours:** Tuesday, Wednesday, Thursday 10h00 to 12h30 and 13h30 to 16h30

**Fees:** annual contribution: \$20

**Financing:** contributions, provincial, self-financing

**Legal status:** non-profit organization

## **SOUTIEN AUX AÎNÉS VICTIMES D'ABUS**

5350 Lafond Street, Suite R1.430, Rosemont-La Petite-Patrie, Montréal, QC, H1X 2X2

**514 885-6757**

**Email:** [sava@carrefourmontrose.org](mailto:sava@carrefourmontrose.org)

**Services:** Accompaniment and assistance for seniors victims of violence, abuse or ill treatment through denunciation, mediation or legal procedures. \* Carrefour communautaire Montrose pilot project.

**Eligibility:** seniors victims of physical or psychological violence, abuse or neglect, their relatives

**Coverage area:** Island of Montréal

**Hours:** Monday to Friday 9h00 to 16h00

**Financing:** provincial

**Legal status:** non-profit organization

## **Volunteer Transportation**

### **BON PILOTE (LE)**

5112 de Bellechasse Street, Rosemont-La Petite-Patrie, Montréal, QC, H1T 2A4

**514 593-5454** Fax: 514 419-6954

**Website:** [www.lebonpilote.com](http://www.lebonpilote.com)

**Email:** [lebonpilote@videotron.ca](mailto:lebonpilote@videotron.ca)

**Services:** \* Accompaniment and transportation to medical appointments.\* Referral.\* Assistance with daily activities: by shopping, groceries, bank, pharmacy, reading the mail.

**Eligibility:** priority to people with visual impairment, seniors and people with reduced mobility who are referred

**Coverage area:** Montréal, Longueuil, Boucherville, Brossard, Saint-Bruno-de-Montarville, Saint-Lambert

**Hours:** appointments, at least 48 hours in advance: Monday to Friday 9h00 to 17h00, accompaniment: Monday to Friday 8h00 to 17h00, priority to medical appointments

**Fees:** people with visual impairments: \$20 per year, \$10 for transportation, othes: \$50 per year, \$15 for transportation, accompaniment for people with a visual disability: \$12 per hour, the first half-hour is free, accompaniment for others: \$15 per hour, the first half-hour is free

**Financing:** self-financing, provincial, fund-raising campaigns, membership fees

**Legal status:** non-profit organization

## **Sex and gender**

### **WOMEN'S CENTRES**

## Women's centres

### **CENTRE DES FEMMES DE ROSEMONT**

5350 Lafond Street, Suite R110, Rosemont-La Petite-Patrie, Montréal, QC, H1X 2X2

**514 525-3138** Fax: 514 525-2386

**Website:** [www.centredesfemmesderosemont.org](http://www.centredesfemmesderosemont.org)

**Email:** [c.femmes.rsmt@videotron.ca](mailto:c.femmes.rsmt@videotron.ca)

**Services:** \* Living environment providing educational activities to help women break out of isolation while promoting their autonomy and improving their living conditions.\* Intervention.\* Support group for women who have been victims of sexual and other types of assaults, for women with violent behaviors and women having survived sexual abuse.

**Eligibility:** women 18 years and over

**Coverage area:** Rosemont and surroundings

**Hours:** Monday to Thursday 8h30 to 16h00

**Fees:** membership card: \$10

**Financing:** provincial

**Legal status:** non-profit organization

## **Sports and Recreation**

**ARTS AND CULTURE**

**COMMUNITY RECREATION CENTRES**

**LIBRARIES**

## Arts and culture

### ARTOTHÈQUE

5720 Saint-André Street, Rosemont-La Petite-Patrie, Montréal, QC, H2S 2K1

**514 278-8181** Fax: 514 278-3044

**Website:** www.artotheque.ca

**Email:** info@artotheque.ca

**Services:** Works of art library, member of the Société des musées québécois (SMQ). \* Rentals of original works of art.\* Rental of exhibition room.\* Exhibitions.

**Eligibility:** general public, companies, institutions and audiovisual production companies

**Capacity:** over 3000 works of art

**Coverage area:** Montréal Island

**Hours:** Wednesday, Thursday and Saturday 11h00 to 17h00, Friday 11h00 to 19h00

**Fees:** variable

**Financing:** self-financing

**Legal status:** non-profit organization

### PRODUCTIONS BONSAÏ

6679 Drolet Street, Rosemont-La Petite-Patrie, Montréal, QC, H2S 2S9

**514 495-4024**

**Website:** www.productionsbonsai.com

**Email:** prod.bonsai@gmail.com

**Services:** \* Film production for community organizations.

**Eligibility:** community organizations, community-based groups, public institutions, unions

**Coverage area:** Greater Montréal

**Fees:** variable

**Financing:** self-financing

**Legal status:** non-profit organization

## Community recreation centres

### ACCÈS-CIBLE JEUNESSE ROSEMONT

5365 1st Avenue, Rosemont-La Petite-Patrie, Montréal, QC, H1Y 2Z8

**514 723-6723**

**Website:** www.acjr.ca

**Email:** nicoleacjr@hotmail.com

**Services:** \* Free recreational activities: sports, games.\* Directed activities: improvisation, thematic evenings, outings.

**Eligibility:** teenagers aged 12 to 17 years old

**Capacity:** 45

**Coverage area:** Rosemont

**Hours:** youth center: Monday to Friday 15h30 to 21h00, administration: Tuesday to Friday 13h30 to 16h00

**Fees:** variable depending on activities

**Financing:** municipal, provincial

**Legal status:** non-profit organization

### CARREFOUR COMMUNAUTAIRE DE ROSEMONT - MAISON DE JEUNES LE BUNKER

5675 Lafond Street, Rosemont-La Petite-Patrie, Montréal, QC, H1X 2X6

**514 722-1851 ext. 403** Fax: 514 722-7384

**Website:** www.ccreg.org

**Email:** bunker@ccreg.org

**Services:** Youth centre. \* Meeting place.\* Cultural, social and sports activities.\* Recording studio.

**Eligibility:** boys and girls 12 to 17 years old

**Coverage area:** Rosemont

**Hours:** Tuesday 15h30 to 19h30, Wednesday 15h30 to 20h30, Thursday and Friday 15h30 to 21h00

**Financing:** municipal, Centraide of Greater Montreal, provincial, grants, foundations

**Legal status:** non-profit organization

## Libraries

### **BIBLIOTHÈQUE ET ARCHIVES NATIONALES DU QUÉBEC - LEGAL DEPOSIT**

2275 Holt Street, Rosemont-La Petite-Patrie, Montréal, QC, H2G 3H1

**1 800 363-9028** Fax: 514 873-4310

**Website:** [www.banq.qc.ca/services/depot\\_legal](http://www.banq.qc.ca/services/depot_legal)

**Email:** [depot@banq.qc.ca](mailto:depot@banq.qc.ca)

**Services:** Section in charge of the legal deposit as required by the Act respecting Bibliothèque et Archives nationales du Québec, which stipulates that publishers must deposit free of charge copies (usually two) of all works published in Quebec within seven days of their publication. \* Gathering, preservation and promotion of Quebec's published heritage materials in its entirety.

**Eligibility:** publishers

**Coverage area:** Province of Québec

**Hours:** Tuesday to Friday 9h00 to 17h00

**Financing:** provincial

**Legal status:** provincial government agency

### **BIBLIOTHÈQUE ET ARCHIVES NATIONALES DU QUÉBEC - ROSEMONT-LA PETITE-PATRIE**

2275 Holt Street, Rosemont-La Petite-Patrie, Montréal, QC, H2G 3H1

**1 800 363-9028** Fax: 514 873-7168

**Website:** [www.banq.qc.ca/a\\_propos\\_banq/informations\\_pratiques/centre\\_conservation/](http://www.banq.qc.ca/a_propos_banq/informations_pratiques/centre_conservation/)

**Email:** [collectionspeciale@banq.qc.ca](mailto:collectionspeciale@banq.qc.ca)

**Services:** Head office of Bibliothèques et Archives nationales du Québec. \* Technical services (including legal deposit, ISBN and CIP). \* Special collections in the reading room.

**Coverage area:** Province of Québec

**Hours:** Monday to Friday 8h30 to 17h30, reading room: Tuesday to Friday 9h00 to 17h00

**Fees:** variable costs for photocopies, telecopies and other services

**Financing:** provincial

**Legal status:** provincial government agency

### **MONTRÉAL PUBLIC LIBRARIES NETWORK - LA PETITE-PATRIE LIBRARY**

6707 De Lorimier Avenue, Rosemont-La Petite-Patrie, Montréal, QC, H2G 2P8

**514 872-1733**

**Website:** [www.bibliomontreal.com](http://www.bibliomontreal.com)

**Services:** \* Loan and consultation of books and audiovisual documents.\* Computers, Internet access and printing devices.\* Toys and educative games.\* Story time.\* Book club for children.\* Home loan for people with reduced mobility.\* Workshops, conferences and exhibitions.

**Eligibility:** children, youth and adults

**Coverage area:** Montréal: Rosemont, La Petite-Patrie

**Hours:** Monday 13h00 to 18h00, Tuesday 13h00 to 20h00, Wednesday 10h00 to 20h00, Thursday 10h00 to 19h00, Friday 10h00 to 18h00, Saturday and Sunday 10h00 to 17h00

**Fees:** variable

**Financing:** municipal, provincial

**Legal status:** municipal agency



### **MONTRÉAL PUBLIC LIBRARIES NETWORK - MARC-FAVREAU LIBRARY**

500 Rosemont Boulevard, Rosemont-La Petite-Patrie, Montréal, QC, H2S 0C4

**514 872-7272**

**Website:** [www.bibliomontreal.com](http://www.bibliomontreal.com)

**Services:** \* Loan and consultation of books and audiovisual documents.\* Computers, Internet access and printing devices.\* Story time.\* Book club for children.\* Workshops, conferences and exhibitions.

**Eligibility:** children, youth and adults

**Coverage area:** Rosemont, La Petite-Patrie

**Hours:** Monday 10h00 to 19h00, Tuesday 10h00 to 20h00, Wednesday and Thursday 13h00 to 20h00, Friday 13h00 to 19h00, Saturday and Sunday 10h00 to 17h00

**Fees:** variable

**Financing:** municipal, provincial

**Legal status:** municipal agency

### **MONTRÉAL PUBLIC LIBRARIES NETWORK - ROSEMONT LIBRARY**

3131 Rosemont Boulevard, Rosemont-La Petite-Patrie, Montréal, QC, H1Y 1M4

**514 872-4701**

**Website:** [www.bibliomontreal.com](http://www.bibliomontreal.com)

**Services:** \* Loan and consultation of books and audiovisual documents.\* Computers, Internet access and printing devices.\* Toys and educative games.\* Story time.\* Book club for children.\* Home loan for people with reduced mobility.\* Workshops, conferences and exhibitions.

**Eligibility:** children, youth and adults

**Coverage area:** Rosemont, La Petite-Patrie

**Hours:** Monday and Tuesday 13h00 to 20h00, Wednesday and Friday 10h00 to 18h00, Thursday 10h00 to 19h00, Saturday and Sunday 10h00 to 17h00

**Fees:** variable

**Financing:** municipal, provincial

**Legal status:** municipal agency

## **Youth**

### **JUVENILE DELINQUENCY**

### **YOUTH CENTRES AND SUPPORT**

## Juvenile Delinquency

### **TRAJET INC.**

3566 Bélanger Street, Rosemont-La Petite-Patrie, Montréal, QC, H1X 1A7

**514 521-2000** Fax: 514 521-1166

**Website:** [www.trajetoja.org](http://www.trajetoja.org)

**Email:** [info@trajetoja.org](mailto:info@trajetoja.org)

**Services:** Development and application of alternative judicial practices. \* Citizen mediation and management of conflict situations by the community.\* Workshops for the presentation of the Youth Criminal Justice Act (YCJA) in schools and community organizations.

**Eligibility:** young offenders 12 to 17 years, citizens living a conflict

**Coverage area:** Montréal, except for West Island and Notre-Dame-de-Grâce

**Hours:** Monday to Wednesday 9h00 to 18h00, Thursday and Friday 9h00 to 17h00, summer time: Monday to Friday 9h00 to 17h00

**Financing:** provincial

**Legal status:** non-profit organization

## Youth Centres and Support

### **CERCLES DES JEUNES NATURALISTES (LES)**

4101 Sherbrooke Street East, Suite 132, Rosemont-La Petite-Patrie, Montréal, QC, H1X 2B2

**514 252-3023** Fax: 514 254-8744

**Website:** [www.jeunesnaturalistes.org](http://www.jeunesnaturalistes.org)

**Email:** [jeunesnaturalistes@gmail.com](mailto:jeunesnaturalistes@gmail.com)

**Services:** Promotion of the discovery and interpretation of nature through natural sciences among youth. \* Training for personal research.\* Development of observation skills, critical sense, sense of initiative and communication in a group.\* Awareness of environmental issues and protection.\* Family circles.

**Eligibility:** boys and girls 5 to 17 years old, adult facilitators and members of family circles, individual members

**Coverage area:** Canada

**Hours:** Monday to Friday 9h00 to 17h00

**Financing:** self-financing, grants

**Legal status:** non-profit organization

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