## Summary

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Child and Family

DAYCARE AND RESpite

FAMILY SUPPORT
Daycare and respite

CENTRE DES FEMMES DE SAINT-LAURENT
685 Décarie Boulevard, Suite 101, Saint-Laurent, Montréal, QC, H4L 5G4
514 744-3513     Fax: 514 744-5609
Website: www.cfstl.org
Email: info@cfstl.org

Services: * Reception, support, listening and referral by phone or in person.* Educational activities: discussion, workshops, personal development workshops, educational outings.* Daycare.* Collective actions.* Promotion of women’s living conditions.

Eligibility: women
Coverage area: Saint-Laurent and surroundings
Hours: Monday to Thursday 9h00 to 16h30
Financing: federal, provincial, municipal, self-financing
Legal status: non-profit organization

SAINT-LAURENT YMCA
1745 Décarie Boulevard, Saint-Laurent, Montréal, QC, H4L 3N5
514 747-5353     Fax: 514 747-9453
Website: www.ymcaquebec.org

Services: YMCA centre offering services and activities for different groups. * Community programs in 4 sections: food, youth, families and seniors.* Toy lending library.* Youth zone and daycare.

Eligibility: children, youth, adults, seniors
Coverage area: Saint-Laurent and surroundings
Hours: Monday to Friday 7h00 to 22h00, Saturday 9h00 to 18h00, Sunday 9h00 to 17h00
Legal status: non-profit organization

Family Support

MAISON DES FAMILLES DE SAINT-LAURENT
1159 Sainte-Croix Avenue, Saint-Laurent, Montréal, QC, H4L 3Z2
514 333-8989 ext. 321
Website: www.maisondesfamilles.org
Email: info@maisondesfamilles.org

Services: Meeting place for parents and socialization place for children.* Parent-child workshops and stimulation activities.* Prenatal classes.* Family outings.* Discussion groups.

Eligibility: families with children between 0 and 5 years, new parents and immigrants
Coverage area: Saint-Laurent
Hours: Monday to Friday 9h00 to 17h00
 Fees: annual membership: $5
Legal status: non-profit organization
Community Action

ADVISORY AND CITIZEN ACTION ORGANIZATIONS

COMMUNITY CENTRES

VOLUNTEERING AND VOLUNTEER CENTRES
Advisory and citizen action organizations

COMITE DES ORGANISMES SOCIAUX DE SAINT-LAURENT
1055 Sainte-Croix Avenue, block G, Saint-Laurent, Montréal, QC, H4L 3Z2
514 748-2000  Fax: 514 748-2003
Website: www.cosssl.org
Email: concertation@cosssl.org

Services: Consultation of neighborhood community resources. * Sharing store 2 times a year: school supplies in September and food for the holiday season.

Eligibility: annual contribution: $35 for community organizations and $100 for institutions, Magasin-Partage: 10% of the common price for residents of Saint-Laurent

Coverage area: Montréal: Saint-Laurent
Hours: Monday to Friday 9h00 to 17h00
Financing: contributions, Centraide of Greater Montreal, grants
Legal status: non-profit organization

FOOD BANKS OF QUÉBEC
6880 Côte-de-Liesse Road, Saint-Laurent, Montréal, QC, H4T 2A1
1 877 478-4040  Fax: 514 344-1833
Website: www.banquesalimentaires.org
Email: info@banquesalimentaires.org

Services: Provincial network of food assistance organizations.

Eligibility: food banks, lines and food assistance groups at the provincial, regional and local levels

Coverage area: Province of Québec
Hours: Monday to Friday 8h30 to 12h00 and 13h00 to 16h30
Financing: donations, self-financing, grants
Legal status: non-profit organization

VERTCITÉ
685 Décarie Boulevard, Suite 100, Saint-Laurent, Montréal, QC, H4L 5G4
514 744-8333
Website: www.vertcite.ca
Email: info@vertcite.ca


Coverage area: Saint-Laurent, Pierrefonds-Roxboro
Hours: Tuesday and Wednesday 12h00 to 18h00, Thursday and Friday 12h00 to 19h00, Saturday 12h00 to 16h00
Fees: none
Financing: grants, self-financing
Legal status: non-profit organization

Community centres

PLACE BENOÎT COMMUNITY CENTRE
155 Place Benoît, Suite 02, Saint-Laurent, Montréal, QC, H4N 2H4
514 744-0897  Fax: 514 744-6205
Website: www.centreboncourage.org
Email: infos@centreboncourage.org
**Community Action**

**Services:** * Academic success and popular education youth programs.* Childhood program.* Seniors program.* Community meals.* Community kitchen.* Occasional buying groups.* Food bank.* Christmas baskets for members.* Neighbourhood committee.* Community radio.* Furniture and household items donation pairing for newcomers.* Tax clinic.

**Eligibility:** multiethnic communities, people on a low income, seniors, families

**Coverage area:** Place-Benoît neighbourhood and surroundings

**Hours:** Monday to Friday 9h00 to 19h00, Saturday 11h00 to 19h00

**Fees:** membership: $5 to $7

**Financing:** donations, federal, provincial, municipal, Centraide of Greater Montréal, foundations

**Legal status:** non-profit organization

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**Volunteering and volunteer centres**

**SAINT-LAURENT VOLUNTEER BUREAU**

910 Sainte-Croix Avenue, Saint-Laurent, Montréal, QC, H4L 3Y6

514 744-5511     Fax: 514 744-1206

**Website:** www.centreabc.org

**Email:** centreabc@bellnet.ca

**Services:** * Volunteers recruitment, guidance and training.* Accompaniment and transportation to medical appointments.* Meals-on-wheels.* Friendly visits and phonecalls.* Shopping assistance.* Respite.* Support group and grieving workshops.* Pairing for new mothers.* L'Apic: accompaniment to recreational activities.* In-home assistance with reading and writing mail.* Support for Montréal community organizations.* Tax clinic.* Distribution of parking stickers for organizations offering accompaniment or transportation.

**Eligibility:** people 12 years and over interested in volunteering, seniors 65 years and over with a loss of autonomy

**Coverage area:** Saint-Laurent

**Hours:** Monday, Tuesday, Wednesday and Friday 8h00 to 17h30, Thursday 8h00 to 20h00

**Fees:** $10 per year

**Financing:** Centraide of Greater Montréal, municipal, provincial

**Legal status:** non-profit organization
Education

DIFFICULTIES AND LEARNING DISABILITIES

DROPOUT

HOMEWORK ASSISTANCE AND TUTORING

LITERACY

VOCATIONAL TRAINING, CÉGEPS AND UNIVERSITIES
Difficulties and learning disabilities

PETER HALL SCHOOL
840 de la Côte-Vertu Boulevard, Saint-Laurent, Montréal, QC, H4L 1Y4
514 748-6727  Fax: 514 748-5122
Website: www.peterhall.qc.ca
Email: siegesocial@peterhall.qc.ca

Services: Head office. * Primary and secondary campuses.
Eligibility: English and French-speaking students 4 to 21 years old with a mild, moderate, severe or profound intellectual disability, autism spectrum disorders or psychopathological disorders, with or without associated disabilities
Capacity: 500 for all campuses
Coverage area: Greater Montréal, South Shore and North Shore
Hours: Monday to Friday 8h00 to 16h00
Fees: tuition fees
Financing: provincial
Legal status: non-profit organization

PETER HALL SCHOOL (CÔTE-VERTU)
840 de la Côte-Vertu Boulevard, Saint-Laurent, Montréal, QC, H4L 1Y4
514 747-4075  Fax: 514 747-0164
Website: www.peterhall.qc.ca
Email: cote-vertu@peterhall.qc.ca

Services: Secondary level programs in both French and English.
Eligibility: English and French-speaking students 12 to 21 years old with a mild, moderate, severe or profound intellectual disability, autism spectrum disorders or psychopathological disorders, with or without associated disabilities
Capacity: 250
Coverage area: Greater Montréal, South Shore and North Shore
Hours: Monday to Friday 8h00 to 16h00
Fees: tuition fees
Financing: provincial
Legal status: non-profit organization

PETER HALL SCHOOL (OUIMET)
1455 Rochon Street, Saint-Laurent, Montréal, QC, H4L 1W1
514 748-1050  Fax: 514 748-7544
Website: www.peterhall.qc.ca
Email: ouimet@peterhall.qc.ca

Services: Primary level program in both English and French.
Eligibility: English and French-speaking students 4 to 21 years old with a mild, moderate, severe or profound intellectual disability, autism spectrum disorders or psychopathological disorders, with or without associated disabilities
Capacity: 250
Coverage area: Greater Montréal, South Shore and North Shore
Hours: Monday to Friday 8h00 to 16h00
Fees: tuition fees
Financing: provincial
Legal status: non-profit organization
SUMMIT SCHOOL
1750 Dégueire Street, Saint-Laurent, Montréal, QC, H4L 1M7
514 744-2867 Fax: 514 744-6410
Website: www.summit-school.com
Email: admin@summit-school.com
Services: Private school with adapted programs.* Preschool.* Modified primary.* Modified secondary cycle 1.* Social integration program.* Challenges program.* Work oriented training program.* Support services: occupational therapy, physiotherapy, speech therapy.
Eligibility: students 4 to 21 years old with developmental disabilities including intellectual disorders, behavioral and emotional disturbances, autism spectrum disorders, Down syndrome, anxiety and severe learning disabilities
Capacity: over 600 students
Coverage area: Greater Montréal
Hours: Monday to Friday, school hours: 9h15 to 14h50, office hours: 8h30 to 16h30
Fees: annual registration: $400
Legal status: non-profit organization

Dropout

CENTRE ACCROCHE
1775 Édouard-Laurin Boulevard, 2nd floor, Saint-Laurent, Montréal, QC, H4L 2B9
514 334-7081
Website: www.centreaccroche.ca
Email: centreaccroche@direction.ca
Services: * School drop-out prevention: homework assistance and supervision.* Psychosocial intervention through workshops.* Micro-companies start-up project.
Eligibility: secondary school students
Capacity: 25 people
Coverage area: Montréal
Hours: Monday to Thursday 15h00 to 18h30
Fees: free
Legal status: non-profit organization

Homework assistance and tutoring

SAINT-LAURENT YMCA - TOY LIBRARY AND FAMILY RESOURCE CENTRE
1745 Décarie Boulevard, Saint-Laurent, Montréal, QC, H4L 3N5
514 747-9801 Fax: 514 744-6268
Website: www.ymcaquebec.org/en/children/toy_library
Email: joujoutheque.sl@ymcaquebec.org
Services: Place for meeting and relaxing for children et parents.* Loan of educational toys.* Early childhood stimulation workshops for 0 to 5 year olds.* Homework assistance for 6 to 12 year olds.* Sports and leadership activities for 6 to 12 year olds.* 40 developmental assets: workshops for parents.* Family outings.* Éconogroupe: cooking workshops.
Eligibility: families with children 0 to 12 years old
Coverage area: Saint-Laurent
Hours: variable
Financing: Centraide of Greater Montréal, provincial
Legal status: non-profit organization
Literacy

MARGUERITE-BOURGEOYS SCHOOL BOARD
Head office, 1100 Côte-Vertu Boulevard, Saint-Laurent, Montréal, QC, H4L 4V1
514 855-4500 Fax: 514 855-4749
Website: www.csmb.qc.ca
Email: communications@csmb.qc.ca

Services: Primary schools, high schools and specialized schools board. * Vocational training.* Adult education.* Vocational training and adult education: help and orientation.* French classes, literacy, integration services.* Distance training.* Services to companies.

Coverage area: Montréal: Baie d’Urfé, Beaconsfield, Côte-Saint-Luc, Dollard-des-Ormeaux, Dorval, Kirkland, Lachine, LaSalle, L’Île-Bizard-Sainte-Geneviève, Mont-Royal, Outremont, Pierrefonds-Roxboro, Pointe-Claire, Saint-Laurent, Sainte-Anne-de-Bellevue, Senneville, Verdun

Legal status: parapublic organization

Vocational training, Cégeps and Universities

CÉGEP DE SAINT-LAURENT
625 Sainte-Croix Avenue, Saint-Laurent, Montréal, QC, H4L 3X7
514 747-6521 Fax: 514 748-1249
Website: www.cegepsl.qc.ca
Email: info@cegepsl.qc.ca

Services: Public higher education institution at a college level.* Pre-university and technical programs (DEC), attestation of collegiate studies (AEC).* Ongoing training and services to businesses.* Francization for immigrants.* Student residences.* Early childhood centre (CPE).

Coverage area: province of Québec

Legal status: parapublic organization

VANIER COLLEGE
821 Sainte-Croix Avenue, Saint-Laurent, Montréal, QC, H4L 3X9
1 855 744-7500 Fax: 514 744-7505
Website: www.vaniercollege.qc.ca
Email: info@vaniercollege.qc.ca

Services: Public higher education English language institution at a college level. * Pre-university, career (DEC) and attestation programs (AEC).* Ongoing education.* Language school: French, English, Spanish, Japanese, Italian.

Coverage area: province of Québec

Legal status: parapublic organization
Employment and Income

EMPLOYMENT SUPPORT FOR YOUTH

GOVERNMENT SERVICES
Employment support for youth

CARREFOUR JEUNESSE-EMPLOI SAINT-LAURENT
404 Décarie Boulevard, Suite 300, Saint-Laurent, Montréal, QC, H4L 5E6
514 855-1616     Fax: 514 747-0008
Website: www.cjestlaurent.org
Email: cje@cjestlaurent.org


Eligibility: people 16 to 35 years old

Coverage area: Saint-Laurent

Hours: Tuesday 10h00 to 12h00 and 13h00 to 16h30, Wednesday and Thursday 13h00 to 16h30, Monday and Friday by appointment

Fees: none

Financing: provincial, federal

Legal status: non-profit organization

Government services

REVENU QUÉBEC - MONTRÉAL WEST
Les Galeries Saint-Laurent, 2215 Marcel-Laurin Boulevard, Saint-Laurent, Montréal, QC, H4R 1K4
514 864-6299     Fax: 514 873-7502     TTY: 514 873-4455
Website: www.revenuquebec.ca

Services: * Administrator of Québec's tax system by collecting taxes. * Administration of programs and services related to income: tax credits, housing benefits, work bonuses, maintenance allowances, provisional administration of unclaimed property, the Registraire des entreprises.

Coverage area: Province of Québec

Hours: Monday to Friday 10h00 to 16h30, phone service: Monday to Friday 8h30 to 16h30

Financing: provincial

Legal status: provincial government agency
Food

COLLECTIVE KITCHENS

COMMUNITY GARDENS AND MARKETS

FOOD ASSISTANCE

FOOD AID FOR PREGNANT WOMEN AND CHILDREN

FOOD ASSISTANCE COORDINATION

LOW COST OR FREE MEALS
Collective kitchens

INFORMATION AND SOCIAL AND ECONOMIC REFERRAL CENTRE FOR IMMIGRANTS OF SAINT-LAURENT
774 Décarie Boulevard, Suite 300, Saint-Laurent, Montréal, QC, H4L 3L5
514 748-2007     Fax: 514 748-2766
Website: www.cari.qc.ca
Email: carist@cari.qc.ca


Eligibility: immigrant families and individuals, visible minorities and refugees

Coverage area: Greater Montréal, mostly Saint-Laurent

Hours: Monday to Friday 9h00 to 12h00 and 13h00 to 17h00

Fees: most services are free

Financing: municipal, Centraide of Greater Montréal, provincial

Legal status: non-profit organization

Community gardens and markets

CENTRE DE PÉDIATRIE SOCIALE DE SAINT-LAURENT - AU COEUR DE L'ENFANCE
1159 Sainte-Croix Avenue, Saint-Laurent, Montréal, QC, H4L 3Z2
514 333-8989 ext. 521     Fax: 514 940-3321
Website: www.aucoeurdelenfance.ca
Email: cps@aucoeurdelenfance.ca


Eligibility: children and families

Coverage area: Saint-Laurent

Hours: depending on activities

Fees: none

Financing: fondation, fundraising campaigns

Legal status: non-profit organization

Food Assistance

CENTRE D'ENCADREMENT POUR JEUNES FEMMES IMMIGRANTES
1745 Édouard-Laurin Boulevard, Saint-Laurent, Montréal, QC, H4L 5E9
514 744-2252     Fax: 514 744-0540
Website: www.cejfi.org
Email: contact@cejfi.org

CULTURAL ASSOCIATION FOR LATIN AMERICAN FRIENDSHIP

1357 Saint-Louis Street, Saint-Laurent, Montréal, QC, H4L 2P4
514 748-0796 Fax: 514 748-7210
Website: www.coclamontreal.org
Email: cocla.mtl@gmail.com


Eligibility: any person in need, immigrants and refugees
Coverage area: Saint-Laurent
Hours: Monday to Friday 9h00 to 17h00, food bank and community groceries: Tuesday and Friday 9h00 to 17h00
Fees: food assistance: $5, community groceries: voluntary contribution
Financing: federal, provincial, municipal
Legal status: non-profit organization

LEBANESE, SYRIAN CANADIAN LADIES’ AID SOCIETY (THE)

Confidential Address
514 274-3583

Services: * Emergency food assistance through vouchers.* Temporary financial support for medication and essential services, including school supplies and winter clothing.* Distribution of house items, school supplies and Christmas baskets to those already benefiting from the emergency food assistance.

Eligibility: families from the Middle East
Capacity: between 15 and 25 families at a time
Coverage area: Greater Montréal
Hours: Monday to Friday 9h00 to 15h00
Fees: free
Financing: donations and fundraising campaigns
Legal status: non-profit organization

OASIS DE SAINT-LAURENT (L’)

1895 de l’Église Street, Saint-Laurent, Montréal, QC, H4M 1E6
514 747-7621

Services: * Food bags: perishable and non-perishable goods.
Eligibility: people on a low income
Capacity: about 70 families per week
Coverage area: Saint-Laurent
Hours: Thursday 13h00 to 15h30
Fees: free
Financing: donations
Legal status: non-profit organization
SAINT-LAURENT - BOROUGH
777 Marcel-Laurin Boulevard, Saint-Laurent, Montréal, QC, H4M 2M7
3-1-1     Fax: 514 855-5939
Website: ville.montreal.qc.ca/saint-laurent
Email: saint-laurent@ville.montreal.qc.ca
Hours: Monday, Tuesday, Thursday and Friday 8h30 to 16h30, Wednesday 8h30 to 19h00
Legal status: municipal agency

SAVING ARMY - COMMUNITY AND FAMILY SERVICES - VILLE SAINT-LAURENT
9345 Trans-Canada Highway, Saint-Laurent, Montréal, QC, H4S 1V3
514 254-1123     Fax: 514 254-6650
Website: www.salvationarmy.ca/quebec/family
Services: * Food aid.* Vouchers for the purchase of furniture and clothing in a Salvation Army shop.* Worship assembly.* Christmas baskets.* School supplies.* Family summer camp at Lac de l'Achigan.* Referral to Salvation Army's other resources when needed.
Eligibility: people on a low income
Coverage area: Montréal
Hours: Monday to Friday 8h00 to 12h00 and 13h00 to 15h30, by appointment only
Financing: donations
Legal status: non-profit organization

SOCIÉTÉ DE SAINT-VINCENT-DE-PAUL - SAINT-HIPPOLYTE
1055 Tassé Street, Saint-Laurent, Montréal, QC, H4L 1P6
514 747-3013
Email: sthipparoisse@gmail.com
Services: * Distribution of food vouchers.* Christmas baskets.* Assistance with school supplies.
Eligibility: people on a low income
Coverage area: Saint-Hippolyte and Saint-Laurent Parishes
Hours: every Monday except for the 1st Monday of the month
Fees: free
Financing: donations
Legal status: non-profit organization

SOCIÉTÉ DE SAINT-VINCENT-DE-PAUL - SAINT-SIXTE
1895 de l'Église Street, Saint-Laurent, Montréal, QC, H4M 1E6
514 747-7621     Fax: 514 747-7776
Services: * Home visits for punctual distribution of food vouchers.* Christmas baskets.* School supplies.
Eligibility: people on a low income, newly arrived immigrants
Capacity: according to our resources
Coverage area: Saint-Sixte Parish
Hours: by appointment
Fees: free
Financing: donations
Legal status: non-profit organization
Food aid for pregnant women and children

SYRIAN CANADIAN COUNCIL
5605 de la Côte-de-Liesse Road, Saint-Laurent, Montréal, QC, H4M 1V2
438 994-6293
Website: www.syriancanadiancouncil.ca
Email: montreal@syriancanadiancouncil.ca
Services: Development of the Syrian community in Canada. * Integration of newcomers.* Support for students.* Donation of baby clothing, food and formula milk.
Eligibility: Syrian community
Coverage area: Province of Québec
Hours: storage: Saturday and Sunday 12h00 to 15h00, phone line: Monday to Friday 9h00 to 14h00
Financing: donations
Legal status: non-profit organization

Food assistance coordination

MOISSON MONTRÉAL
6880 de la Côte-de-Liesse Road, Saint-Laurent, Montréal, QC, H4T 2A1
514 344-4494     Fax: 514 344-1833
Website: www.moissonmontreal.org
Email: info@moissonmontreal.org
Services: Recovery of food and other essentials, sorting and distribution to community organizations.
Eligibility: community organizations offering food assistance to disadvantaged people
Capacity: over 250 organizations
Coverage area: Montréal Island
Hours: Monday to Thursday 7h45 to 15h45, Friday 7h45 to 14h30
Financing: foundations, donations
Legal status: non-profit organization

REGROUPEMENT D’ACHAT DES ORGANISMES COMMUNAUTAIRES
Moisson Montréal, 6880 de la Côte-de-Liesse Road, Saint-Laurent, Montréal, QC, H4T 2A1
514 344-4494 ext. 259
Website: www.commercesolidaire.com
Email: ghajjar@moissonmontreal.org
Services: Development and implementation of a collective purchasing system for the benefit of community organizations. * Partnerships with Québec producers, Moisson Montréal and Commerce Solidaire.
Eligibility: non-profit community organizations
Coverage area: Greater Montréal
Hours: Monday to Thursday 8h00 to 16h00, Friday 8h00 to 15h30
Fees: membership: $23 per year
Legal status: non-profit organization

Low cost or free meals

SALVATION ARMY - EMERGENCY DISASTER SERVICE
9345 Trans-Canada Highway, Saint-Laurent, Montréal, QC, H4S 1V3
514 254-1123 ext. 205     Fax: 514 254-0723
Website: www.salvationarmy.ca/quebec
Email: vanessa_perugien@can.salvationarmy.org
Food

Services: * Mobile canteen.* Food and clothing, intervention, support and referral for homeless people.* Regular routes on some nights.* Emergency response in case of disaster.

Eligibility: homeless people and people in need, disaster victims

Capacity: over 300 people per week

Coverage area: disaster and emergency relief: Province of Québec, street canteen: Montréal

Hours: emergency relief: 24 hours, 7 days, street canteen: Place Émilie-Gamelin on Thursday, Verdun metro station on Wednesday, Hochelaga-Maisonneuve on the last two Mondays of the month, Pelican Park in Rosemont on Tuesday

Financing: fundraising campaigns

Legal status: non-profit organization
Government services

FEDERAL SERVICES

MUNICIPAL SERVICES
Federal services

SAINT-LAURENT PASSPORT CANADA OFFICE
2089 Marcel-Laurin Boulevard, Suite 100, Saint-Laurent, Montréal, QC, H4R 1K4
1 800 567-6868      TTY: 1 866 255-7655
Website: www.cic.gc.ca/english/passport/index.asp
Email: cic-media-relations@cic.gc.ca

Services: Issuance of Canadian passports and other travel documents.
Coverage area: Montréal: Saint-Laurent
Hours: Monday to Friday 7h30 to 16h30
Fees: variable, according to the type of passport
Legal status: federal government agency

Municipal services

MONTRÉAL - CITY - ÉCOCENTRE SAINT-LAURENT
3535 Sartelon Street, Saint-Laurent, Montréal, QC, H4R 1E6
514 872-0384
Website: ville.montreal.qc.ca/ecocentre

Services: Waste recovery and reuse site. * Drop-off location.* No waste collection.* Accepted items: cooling and freezing appliances containing halocarbons, appliances, big padded furniture, recyclable wastes, electronics, constructions wastes, hazardous household wastes (paints, oils, sprays, batteries, light bulbs, etc.) and green wastes (leaves, tree branches, etc.).
Eligibility: citizens of Montréal agglomeration
Coverage area: Montréal agglomeration
Hours: Summer time (April 15th to October 14th): all days 8h00 to 18h00, Winter time (October 15th to April 14th): Tuesday to Saturday 10h00 to 18h00
Fees: free for all residents of the island of Montréal and the owners of a multi-unit building
Legal status: municipal agency

SERVICE DE POLICE DE LA VILLE DE MONTREAL - POLICE STATION 7 - SAINT-LAURENT
1761 Grenet Street, Saint-Laurent, Montréal, QC, H4L 2R6
514 280-0107     Fax: 514 280-0607
Website: www.spvm.qc.ca/en/pdq07
Email: pdq7@spvm.qc.ca

Services: Services that respond to local problems and specific needs of citizens.* For everyone: response to calls that are urgent and less urgent, residential or business visits to give safety and prevention advice, free loan of an engraver to identify valuable items, handling and follow-up of traffic and road safety complaints, handling and follow-up of criminal complaints, local crowd control at events in the neighbourhood.* For young people: preventive interventions in schools, conferences in schools on various topics (extortion, bullying, drug addiction, street gangs, safety around strangers, graffiti and others), managing school crossings.* For specific client groups: conferences on women's safety, follow-up with victims of domestic violence, meetings with the elderly for safety talks, community services, participation in citizen committees and round tables, participation in community projects (organization of fundraising campaigns for community and other organizations).* Available team: community relations officers, responsable VCI - violence conjugale et intrafamiliale.
Eligibility: citizens and residents of the neighbourhood
Coverage area: Saint-Laurent
Hours: Monday to Sunday 9h00 to 19h00
Legal status: municipal agency
Health

HOSPITALS, CLSC AND COMMUNITY CLINICS

PUBLIC HEALTH

SUPPORT ASSOCIATIONS FOR THE SICK
Hospitals, CLSC and community clinics

**CLSC DE SAINT-LAURENT**
1055 Sainte-Croix Avenue, Saint-Laurent, Montréal, QC, H4L 3Z2
514 748-6381
Website: [http://ciusss-nordmtl.gouv.qc.ca/](http://ciusss-nordmtl.gouv.qc.ca/)
Services: Frontline services for routine health and social services. * Preventive or medical services.* Rehabilitation and reintegration services.* Public health activities.* Quit smoking centre.
Coverage area: Saint-Laurent
Hours: Monday to Friday 8h00 to 20h00, Saturday and Sunday 8h00 to 16h00
Financing: provincial
Legal status: parapublic organization

Public Health

**HÉMA-QUÉBEC**
4045 Côte-Vertu Boulevard, Saint-Laurent, Montréal, QC, H4R 2W7
1 888 666-4362 Fax: 514 832-1025
Website: [www.hema-quebec.qc.ca](http://www.hema-quebec.qc.ca)
Email: info@hema-quebec.qc.ca
Services: * Meets the needs of the Québec population for optimal-quality blood and human biological products.
Coverage area: Province of Québec
Hours: Monday to Friday 8h30 to 16h30
Legal status: non-profit organization

Support associations for the sick

**FONDATION DONESPOIR CANCER**
785 Décarie Boulevard, Saint-Laurent, Montréal, QC, H4L 3L3
Website: [www.donespoircancer.ca](http://www.donespoircancer.ca)
Email: info@donespoircancer.ca
Services: Hair collects donations and gives free wigs to cancer patients.
Eligibility: children with cancer
Coverage area: Province of Québec
Hours: Monday to Friday 11h00 to 16h00
Fees: free
Financing: donations
Legal status: non-profit organization
Homelessness

MOBILE UNITS AND STREET WORK

TRANSITIONAL HOUSING
Mobile units and street work

CENTRE D'INITIATIVES POUR LE DÉVELOPPEMENT COMMUNAUTAIRE L'UNITÉ
812 Sainte-Croix Boulevard, Suite 203, Saint-Laurent, Montréal, QC, H4L 3Z2
514 744-1239
Website: www.centre-unite.com
Email: info@centre-unite.com

Services: * Field intervention: counsellors available in schoolyards, parks and after school.* Play equipment available for youth.* Animated meeting place: organizing outings, activities and projects aiming to raise critical, responsible and active young people.* Prevention and intervention work.* Mieux s'ancrer à Saint-Laurent: school and community intervention project aiming to offer support and accompaniment to parents in all that concerns integration processes and academic success of their children.* Intervention through referral, listening, information workshops, parents-children activities and other school events.

Eligibility: young people aged 8 to 17 years old, parents
Coverage area: Montreal: Saint-Laurent
Hours: office: Monday to Friday 9h00 to 16h00, variable depending on activities
Fees: free
Financing: federal, provincial, self-financing, municipal
Legal status: non-profit organization

Transitional housing

RESSOURCES JEUNESSE DE SAINT-LAURENT - APPARTEMENTS SUPERVISÉS
1550 Élizabeth Street, Suite 100, Saint-Laurent, Montréal, QC, H4L 5N7
514 748-0202 Fax: 514 747-3883
Website: www.rjsl.ca
Email: info@rjsl1410.com

Services: Supervised apartments, * Psychosocial follow-up offering accommodation for a maximum of three years.* Christmas baskets for residents.

Eligibility: men and women from 18 to 25 years, in trouble, with basic knowledge of French, having been stable for the last 3 months
Capacity: 34 3 ½ supervised apartments for bachelors
Coverage area: Montréal
Hours: Monday to Friday 9h30 to 18h00
Fees: 25% of income per month
Financing: provincial, self-financing, donations
Legal status: non-profit organization

RESSOURCES JEUNESSE DE SAINT-LAURENT - MAISON D'HÉBERGEMENT
1410 O'Brien Street, Saint-Laurent, Montréal, QC, H4L 3W4
514 747-1341 Fax: 514 747-7154
Website: www.rjsl.ca
Email: info@rjsl1410.com

Services: Short-term shelter to a maximum of 6 months with meals. * Information and referral phone service.

Eligibility: homeless youth 16 to 22 years old, with a basic knowledge of French
Capacity: 11 beds plus 1 bed for emergencies
Coverage area: Montréal and surroundings
Hours: 24 hours, 7 days
Fees: $8 per day
Financing: provincial, self-financing, donations
Legal status: non-profit organization
Immigration and cultural communities

GOVERNMENT SERVICES

MULTICULTURAL CENTRES AND ASSOCIATIONS

SETTLEMENT SERVICES FOR NEWCOMERS
Government services

REVENU QUÉBEC - MONTRÉAL WEST
Les Galeries Saint-Laurent, 2215 Marcel-Laurin Boulevard, Saint-Laurent, Montréal, QC, H4R 1K4
514 864-6299   Fax: 514 873-7502   TTY: 514 873-4455
Website: www.revenuquebec.ca

Services: * Administrator of Québec's tax system by collecting taxes.* Administration of programs and services related to income: tax credits, housing benefits, work bonuses, maintenance allowances, provisional administration of unclaimed property, the Registraire des entreprises.
Coverage area: Province of Québec
Hours: Monday to Friday 10h00 to 16h30, phone service: Monday to Friday 8h30 to 16h30
Financing: provincial
Legal status: provincial government agency

Multicultural centres and associations

AMAL-CENTER FOR WOMEN
903 Décarie Boulevard, Suite 204, Saint-Laurent, Montréal, QC, H4L 3N3
514 855-0330   Fax: 514 360-4105
Website: www.amalwomencenter.ca
Email: info@amalwomencenter.ca

Services: Center promoting the individual and familial welfare of women. * Psychosocial support for domestic violence or familial conflicts victims, individual counseling.* Workshops on issues faced by Muslim women and domestic abuse in visible minority communities.* Information and referral, accompaniment to legal and health appointments.* Art-therapy workshops.* Counseling on multicultural cases to community organizations, * Awareness concerning domestic violence.
Eligibility: women, especially those from an immigrant population or from Arabic, North-African and South-Asian communities
Coverage area: Greater Montréal
Hours: by appointment
Fees: free
Financing: donations
Legal status: non-profit organization

ARMENIAN GENERAL BENEVOLENT UNION
805 Manoogian Street, Saint-Laurent, Montréal, QC, H4N 1Z5
514 748-2428   Fax: 514 748-6307
Website: www.agbumontreal.org
Email: info@agbumontreal.org

Services: Community centre. * Social, cultural and sports activities.* Scouting.
Eligibility: people of Armenian origin, youth, young professionals, seniors
Coverage area: Greater Montréal
Hours: Monday to Friday 9h00 to 16h00
Financing: contributions, donations
Legal status: non-profit organization

TEKEYAN ARMENIAN CULTURAL ASSOCIATION
825 Manoogian Street, Saint-Laurent, Montréal, QC, H4N 1Z5
514 747-6680   Fax: 514 747-6162
Website: tekeyanmontreal.ca
Email: centretekeyan@bellnet.ca
**Services:** *Cultural activities: theater, arts, literature, traditional dance.* *Social activities.* *Summer day camps.* *Armenian books library.* *Abaka weekly newspaper.* *Vision Créative Tekeyan: variety shows with cultural themes.* *Hay Pem theater company.* *Annual bazaar.* *Weekly community dinners.* *Operation of the Tekeyan Center.* *Hall rental.*

**Eligibility:** people from the Armenian community

**Coverage area:** Montréal

**Hours:** community meals: Friday evening

**Fees:** membership: $25 for students and people aged 65 years old and up, $40 regular, activities: variable

**Financing:** donations, self-financing

**Legal status:** non-profit organization

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**Settlement services for newcomers**

**SAINT-JACQUES SYRIAC ORTHODOX CHURCH**

4375 Henri-Bourassa Boulevard, Saint-Laurent, Montréal, QC, H4L 1A5

514 334-6993

Email: stjacques@syrianorthodoxchurch.com

**Services:** Help and support to the Syrian immigrants. *Sponsoring of refugees.* *Donations matching service: matching between donators and people who may need household items or furniture, possibility of transportation if needed.*

**Eligibility:** Syrian newcomers

**Coverage area:** Montréal

**Hours:** on appointment

**Financing:** donations

**Legal status:** non-profit organization
Government Services

REVENU QUÉBEC - MONTRÉAL WEST
Les Galeries Saint-Laurent, 2215 Marcel-Laurin Boulevard, Saint-Laurent, Montréal, QC, H4R 1K4
514 864-6299  Fax: 514 873-7502  TTY: 514 873-4455
Website: www.revenuquebec.ca

Services: * Administrator of Québec's tax system by collecting taxes.* Administration of programs and services related to income: tax credits, housing benefits, work bonuses, maintenance allowances, provisional administration of unclaimed property, the Registraire des entreprises.

Coverage area: Province of Québec

Hours: Monday to Friday 10h00 to 16h30, phone service: Monday to Friday 8h30 to 16h30

Financing: provincial

Legal status: provincial government agency
Intellectual Disability

RECREATION AND CAMPS
Recreation and camps

HANDICAPÉS DE SAINT-LAURENT
1375 Grenet Street, Saint-Laurent, Montréal, QC, H4L 5K3
514 855-6110 ext. 4937

Eligibility: independant disabled people
Coverage area: Saint-Laurent and surroundings
Hours: Wednesday 9h30 to 15h00, cultural outings in summer
Fees: membership: $7 per year, meals: $1, variables for outings
Financing: financing campaigns, provincial, municipal, contributions
Legal status: non-profit organization
Housing cooperatives and corporations

COMITÉ LOGEMENT SAINT-LAURENT
1775 Édouard-Laurin Boulevard, Suite 6, Saint-Laurent, Montréal, QC, H4L 2B9
514 331-9898     Fax: 514 331-9864
Website: www.comitelogeement-saintlaurent.org
Email: comitelogement.saintlaurent@gmail.com

Services: * Assistance and support concerning housing.* Advocacy for tenants.* Promotion of social and affordable housing.

Eligibility: tenants
Coverage area: Saint-Laurent borough
Hours: Monday to Friday 9h00 to 17h00, consultations: Tuesday to Thursday, by appointment only
Fees: free
Financing: grants, donations
Legal status: non-profit organization

CORPORATION DES PROPRÉTAIRES IMMOBILIERS DU QUÉBEC
750 Marcel-Laurin Boulevard, Suite 131, Saint-Laurent, Montréal, QC, H4M 2M4
1 800 548-1921     Fax: 514 748-1604
Website: www.corpiq.com
Email: corpiq@corpiq.com


Eligibility: property owners
Coverage area: Province of Québec
Hours: Monday to Friday 8h30 to 16h30
Financing: membership fees
Legal status: non-profit organization

Housing search assistance

KANGALOU
750 Marcel-Laurin Boulevard, Saint-Laurent, Montréal, QC, H4M 2M4
514 748-1921
Website: www.kangalou.com
Email: info@kangalou.com

Services: Housing online tool. * Search tool to find rental apartments or condos.

Eligibility: landlords and tenants
Coverage area: province of Québec
Fees: free
Legal status: non-profit organization

Thrift stores

CULTURAL ASSOCIATION FOR LATIN AMERICAN FRIENDSHIP - USED ITEMS RECOVERY
1357 Saint-Louis Street, Saint-Laurent, Montréal, QC, H4L 2P4
514 748-0796     Fax: 514 748-7210
Website: www.coclamontreal.org
Email: coclamontreal@gmail.com

Services: * Donations pick-up: food, clothing and household items.* Recovery of items on site.
Coverage area: Montréal Island
Hours: Monday to Friday 9h00 to 17h00, food bank and community groceries: Tuesday and Friday 9h00 to 17h00
Fees: contributions
Financing: federal, provincial, municipal
Legal status: non-profit organization

SYRIAN CANADIAN COUNCIL - USED ITEMS RECOVERY
5605 de la Côte-de-Liesse Road, Saint-Laurent, Montréal, QC, H4M 1V2
438 994-6293
Website: www.syriancanadiancouncil.ca
Email: montreal@syriancanadiancouncil.ca
Services: Collection of clothing donations. * Home pick-up available for large quantities.
Coverage area: Province of Québec
Hours: Saturday and Sunday 12h00 to 15h00
Financing: donations
Legal status: non-profit organization
Mental Health and addictions

CRISIS CENTRES AND SUICIDE PREVENTION

SELF-HELP GROUPS FOR MENTAL HEALTH ISSUES
Crisis centres and suicide prevention

ASSOCIATION IRIS - BORDEAUX-CARTIERVILLE-SAINT-LAURENT
1900 Thimens Boulevard, Saint-Laurent, Montréal, QC, H4R 2K2
514 293-1009
Website: associationiris.ca
Email: bcv@associationiris.ca
Services: * Crisis intervention.* Individual or family meetings.* Community monitoring.
Eligibility: adults with severe or persistent mental health problems, either with or without medical referral, people 14 years old and over, in crisis situations
Coverage area: Bordeaux-Cartierville, Saint-Laurent
Hours: 10h00 to 18h30
Financing: self-financing, donations, provincial
Legal status: non-profit organization

Self-help groups for mental health issues

ASSOCIATION DE PARENTS POUR LA SANTÉ MENTALE DE SAINT-LAURENT-BORDEAUX-CARTIERVILLE
1900 Thimens Boulevard, Suite 210, Saint-Laurent, Montréal, QC, H4R 2K2
514 744-5218
Website: aidemaladiementale.com
Email: apsm@videotron.ca
Services: * Reception, listening.* Telephone support.* Individual meetings and follow-ups.* Training on borderline personality disorder (BPD).* Self-help group for the relatives of those coping with borderline personality disorder.* Various psychosocial workshops.* Teleconferences.* Writing of request for a psychiatric assessment.* Christmas dinner.* Weekend respite for members.* Art-therapy workshops.* Yoga workshops.
Eligibility: families or relatives of people living with mental health issues
Capacity: training and self-help groups: 8 to 10 participants
Coverage area: Montréal: Saint-Laurent, Bordeaux-Cartierville
Hours: Monday to Friday 9h00 to 16h30
Fees: free
Financing: provincial, municipal, foundations, donations
Legal status: non-profit organization
Physical Disability
RECREATION AND CAMPS
Recreation and camps

HANDICAPÉS DE SAINT-LAURENT
1375 Grenet Street, Saint-Laurent, Montréal, QC, H4L 5K3
514 855-6110 ext. 4937


Eligibility: independant disabled people

Coverage area: Saint-Laurent and surroundings

Hours: Wednesday 9h30 to 15h00, cultural outings in summer

Fees: membership: $7 per year, meals: $1, variables for outings

Financing: financing campaigns, provincial, municipal, contributions

Legal status: non-profit organization
Psychosocial support
CAREGIVERS
Caregivers

CLSC SAINT-LAURENT - SUPPORT GROUP FOR CAREGIVERS
CLSC Saint-Laurent, 1055 Sainte-Croix Avenue, Saint-Laurent, Montréal, QC, H4L 3Z2
514 331-2572    Fax: 514 331-6185
Website: www.csssb cstl.qc.ca
Email: jennifer.warwick.bcsvl@ssss.gouv.qc.ca

Services: Groups on different topics to help caregivers and prevent exhaustion, in english.
Eligibility: caregivers taking care of people followed by the home support services of the CLSC Saint-Laurent
Capacity: closed group: average of 10 participants
Coverage area: CLSC Saint-Laurent
Hours: 10 meetings weekly in the afternoon
Financing: provincial
Legal status: parapublic organization
Seniors

CAREGIVERS

COMMUNITY AND RECREATION CENTRES

HOUSING FOR SENIORS

SENIORS' ADVOCACY AND ASSISTANCE ASSOCIATIONS
Seniors

Caregivers

CLSC SAINT-LAURENT - SUPPORT GROUP FOR CAREGIVERS
CLSC Saint-Laurent, 1055 Sainte-Croix Avenue, Saint-Laurent, Montréal, QC, H4L 3Z2
514 331-2572     Fax: 514 331-6185
Website: www.cssbcsstl.qc.ca
Email: jennifer.warwick.bcsstl@ssss.gouv.qc.ca

Services: Groups on different topics to help caregivers and prevent exhaustion, in english.  
Eligibility: caregivers taking care of people followed by the home support services of the CLSC Saint-Laurent  
Capacity: closed group: average of 10 participants  
Coverage area: CLSC Saint-Laurent  
Hours: 10 meetings weekly in the afternoon  
Financing: provincial  
Legal status: parapublic organization

Community and Recreation Centres

CARREFOUR DES ÂNÉS DE SAINT-LAURENT
1375 Grenet Street, Saint-Laurent, Montréal, QC, H4L 5K3
514 748-0943     Fax: 514 748-2264
Email: carrefouraines@hotmail.com

Services: * Recreational activities for seniors.  
Eligibility: seniors 50 years and over  
Capacity: 1000 people  
Coverage area: Saint-Laurent  
Hours: Monday to Thursday 9h00 to 17h00  
Financing: municipal  
Legal status: non-profit organization

CLUB DE L’ÂGE D’OR DE SAINT-SIXTE
1895 de l’Église Street, Saint-Laurent, Montréal, QC, H4M 1E6
514 339-1948

Eligibility: people 50 years and over  
Capacity: 70 members  
Coverage area: Saint-Laurent  
Hours: September to April  
Fees: membership: $8 per year  
Financing: contributions  
Legal status: non-profit organization

CLUB DE L’ÂGE D’OR ST-HIPPOLYTE (VILLE ST-LAURENT)
1415 Filion Street, Saint-Laurent, Montréal, QC, H4L 4E7
514 747-4300

Services: * Physical exercise.* Community meals.* Outings.* Conferences.  
Eligibility: people 50 years and over  
Coverage area: Saint-Laurent and surroundings  
Hours: physical activity: Tuesday and Thursday morning  
Fees: membership: $8  
Financing: provincial, municipal, donations, contributions  
Legal status: non-profit organization
Seniors

UNIVERSITÉ DU TROISIÈME ÂGE - MONTRÉAL - MARGUERITE-BOURGEOYS NORD
Centre des loisirs de Saint-Laurent, 1375 Grenet Street, Saint-Laurent, Montréal, QC, H4L 5K3
514 366-7509 Fax: 819 821-8044
Website: www.usherbrooke.ca/uta/prog/mtl/mbn
Email: a.c.belliveau@sympatico.ca

Services: Educational programming distributed in 29 university branches for people aged 50 years and over.* Non-credited educational activities without papers or exams.* Different teaching methods: courses, seminars, lectures, workshops, physical activities.* Student associations promoting integration in cultural and social life.
Eligibility: people 50 and over, no prior degree is required
Coverage area: Montréal
Fees: variable tuition according to the activity, compulsory student fee, donations are optional
Financing: donations, grants
Legal status: non-profit organization

Housing for seniors

CEDARS HOME FOR ELDERLY PEOPLE
1275 de la Côte-Vertu Boulevard, Suite 200, Saint-Laurent, Montréal, QC, H4L 4V2
514 389-1023 Fax: 514 389-0581
Website: www.centrelescedres.ca
Email: info@centrelescedres.ca

Services: * Residential long-term care centre.* Meals-on-wheels with Lebanese and Oriental meals.* Day centre: external respite, social and recreational activities.
Eligibility: seniors of the Middle East Christian community, meals-on-wheels: seniors 65 years and over, housing: people in need of over 3 hours care per day
Capacity: housing: 32 beds
Coverage area: Montréal
Hours: 9h00 to 16h30
Legal status: non-profit organization

CENTRE D’HÉBERGEMENT SAINT-LAURENT
1275 Côte-Vertu Road, Saint-Laurent, Montréal, QC, H4L 4V2
514 744-4981 Fax: 514 744-0895
Website: www.ciusss-nordmtl.qc.ca

Services: Public care centre for seniors and people with a loss of autonomy. * Housing and long term cares.* Day Centre offering therapeutic services to maintain the autonomy of seniors living at home.
Eligibility: seniors and people with a loss of autonomy
Coverage area: Saint-Laurent
Financing: provincial
Legal status: parapublic organization

DEMEURES SAINTE-CROIX
1225 Sainte-Croix Avenue, Saint-Laurent, Montréal, QC, H4L 3Z2
514 744-0591 Fax: 514 744-2653
Email: dsc1@videotron.ca

Services: Subsidized and non-subsidized housing for seniors. * Studio, 3½, 4½.* Phase I at 1125 Sainte-Croix Avenue.* Phase II at 1175 Sainte-Croix Avenue.* Phase III at 1165 Sainte-Croix Avenue.* Adapted housing for disabled people.* Tax clinic for residents.
Eligibility: people 65 years and over, autonomous and on a low income
Capacity: 103 subsidized apartments
Coverage area: Montréal Island
Seniors

**Hours:** administration: Tuesday and Thursday 9h00 to 16h00, Wednesday 9h00 to 13h00
**Fees:** subsidized apartments: 25% of income based on provincial notice of assessment
**Financing:** municipal, provincial
**Legal status:** non-profit organization

**Seniors’ Advocacy and Assistance Associations**

**SENIORS ACTION QUÉBEC**
781 Décarie Boulevard, Suite 204, Saint-Laurent, Montréal, QC, H4L 3L3
438 386-1944
**Website:** www.seniorsactionquebec.ca
**Email:** info@seniorsactionquebec.ca

**Services:** Promotion of English-speaking seniors’ priorities. * Information and referral.* Promotion of access to information.* Promotion and development of seniors’ leadership.* Advocacy.

**Eligibility:** English-speaking seniors

**Coverage area:** Province of Québec

**Fees:** membership: $20

**Financing:** donations, contributions, federal

**Legal status:** non-profit organization
Arts and culture

NATIONAL FILM BOARD OF CANADA
3155 Côte-de-Liesse Road, Saint-Laurent, Montréal, QC, H4N 2N4
1 800 267-7710     Fax: 514 283-7564
Website: www.nfb.ca
Email: webmaster@nfb.ca

Services: * Production and distribution of documentary, animation, and interactive works.*  * Educational content and activities linked to cinema.*  * Online store.

Eligibility: general public, education sector, arts and culture sector, film and television sector, digital sector, public libraries

Coverage area: Canada

Hours: Monday to Friday 9h00 to 19h00

Financing: federal

Legal status: federal government agency

Libraries

MONTRÉAL PUBLIC LIBRARIES NETWORK - DU BOISÉ LIBRARY
2727 Thimens Boulevard, Saint-Laurent, Montréal, QC, H4R 1T4
514 855-6130
Website: www.bibliomontreal.com


Eligibility: children, youth and adults

Coverage area: Saint-Laurent

Hours: Monday to Wednesday 11h00 to 21h00, Thursday and Friday 11h00 to 20h00, Saturday and Sunday 10h00 to 17h00, summer: Monday to Friday 11h00 to 20h00, Saturday and Sunday 10h00 to 16h00

Fees: variable

Financing: municipal, provincial

Legal status: municipal agency

MONTRÉAL PUBLIC LIBRARIES NETWORK - VIEUX-SAINT-LAURENT LIBRARY
1380 de l’Église Street, Saint-Laurent, Montréal, QC, H4L 2H2
514 855-6130
Website: www.bibliomontreal.com


Eligibility: children, youth and adults

Coverage area: Saint-Laurent

Hours: Monday to Wednesday 10h00 to 21h00, Thursday and Friday 10h00 to 18h00, Saturday and Sunday 10h00 to 17h00, summer: Monday to Wednesday 10h00 to 19h00, Thursday and Friday 10h00 to 18h00, Saturday and Sunday 10h00 to 16h00

Fees: variable

Financing: municipal, provincial

Legal status: municipal agency
Youth

YOUTH CENTRES AND SUPPORT
Youth Centres and Support

GIRL GUIDES OF CANADA - QUÉBEC COUNCIL
100 Alexis-Nihon Boulevard, Suite 270, Saint-Laurent, Montréal, QC, H4M 2N7
1 800 565-8111  Fax: 514 933-7591
Website: www.girlguides.ca/qc-en/
Email: info@guidesquebec.ca

Services: * Promotion of girls' confidence, responsibility, initiative and courage through an age-appropriate program.* Recognition-based activities.* Ecological projects.

Eligibility: girls 5 to 18 years old

Coverage area: Province of Québec

Hours: office: Monday to Friday 9h00 to 17h00

Fees: variable

Financing: membership fees, self-financing

Legal status: non-profit organization
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