



Grand Montréal

**IN ORDER
TO HELP YOU
QUICKLY FIND
SOCIO-COMMUNITY
RESOURCES
NEAR YOU**



2-1-1



211qc.ca/en



TO HELP

- ✓ **Seniors**
- ✓ **Families**
- ✓ **Newcomers**
- ✓ **Youth**
- ✓ **People with disabilities**

- *Food Aid*
- *Material Assistance*
- *Housing*
- *Employment and Income*

AND ANY OTHER SOCIAL NEED

**FREE SERVICE, 7 DAYS A WEEK,
MULTILINGUAL SERVICE (200 languages)**

MANAGED BY:



INFORMATION
AND REFERRAL
CENTRE OF GREATER
MONTRÉAL

WITH THE SUPPORT OF



Centrale
of Greater Montréal

Québec 



Communauté métropolitaine
de Montréal